

Star Spangled Salute Air Show

May 20-21



TINKER

TAKE OFF

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STAR SPANGLED SALUTE AIR SHOW

May 20-21 • 8 a.m. - 5 p.m.

Free entry and parking

Enjoy performances by the Air Force Thunderbirds, Wings of Blue, F-18 Hornet, a Vietnam reenactment and more! Static displays and children's activities will make this a family event not to be missed. Visit <http://www.tinker.af.mil/Home/Star-Spangled-Salute-Air-Show> for more information.

Air show volunteers needed

Anyone interested in volunteering should contact Senior Master Sgt. Aavram Powell at 734-9597 or aavram.powell@us.af.mil.

Senate confirms Wilson as AF Secretary

Secretary of the Air Force Public Affairs

WASHINGTON — Heather Wilson will be the next secretary of the Air Force, following her confirmation by the Senate May 8, 2017.

Wilson, who is stepping down from her position as the president of the South Dakota School of Mines & Technology to take the post, is expected to be sworn in within a week.

"We live in a remarkable country, protected by innovators and intrepid Airmen who take great risks on our behalf," said Wilson. "I look forward to getting to work, focusing on readiness, modernization, development of leaders and research for the future."

Wilson graduated from the U.S. Air Force Academy in the third class to include women. After graduating from USAFA in 1982, she earned masters and doctoral degrees as a Rhodes Scholar at Oxford University in England. She served as an Air Force officer in Europe during the Cold War and on the National Security Council Staff under President George H.W. Bush during the fall of the Berlin Wall, and the collapse of the Warsaw Pact. She has also worked as an adviser to several large defense and scientific organizations both before and after serving for a decade in the U.S. Congress.

The daughter and granddaughter of



Air Force photo by Scott M. Ash

Heather Wilson was confirmed as the new Secretary of the Air Force by the Senate May 8, 2017.

aviators, Wilson is an instrument rated private pilot.

Wilson becomes the second confirmed appointee in the Defense Department and will be responsible for organizing, training and equipping the U.S. Air Force of 660,000

Active-duty, Guard, Reserve and civilian Airmen, as well as managing its \$132 billion budget.

Wilson replaces Lisa Disbrow, who has been Acting Secretary of the Air Force since Jan. 20, 2017.

A page in HISTORY



Commentary:

The Berlin Airlift, the first great triumph

Howard E. Halvorsen

Air Force Sustainment Center Historian

Editor's note: This is part one of a four-part story on the history of the Berlin Airlift.

The Berlin Airlift was the first great triumph by the brand new military service, the United States Air Force. It was the opening round of the Cold War. The brilliance of our leadership, pilots, and

all involved worked to prevent World War III so soon after World War II had ended. The question is: how did this come about?

After WWII, what had been temporary zones of occupation to disarm former foes in Asia and Europe slowly hardened into permanent borders and sources of contention. While Western Europe struggled to rebuild, Eastern Europe came under Soviet domination. As early as 1946, Britain's wartime

See Airlift page 10.



Photos courtesy of the Tinker History Office

United States Air Force Europe rounded up all of the C-47 Skytrains, affectionately called Gooney Birds, to fly cargo into West Berlin. One of the first to fly over was "Operation Vittles" as West Berliners wait in the rubble for supplies.

Tinker Air Force Base



GAM-77 "Hound Dog" missile, 1961.

Boeing AGM-28 'Hound Dog' missile

Greg L. Davis

72nd Air Base Wing Public Affairs

The AGM-28 "Hound Dog" missile was a massive air-breathing missile designed exclusively for carriage under the wings of the B-52 Stratofortress bomber. Powered by a single Pratt & Whitney J52 turbojet the missiles were carried on specially built pylons with one missile under each wing.

Originally designated the GAM-77 for Ground Attack Missile, the "Hound Dog" is reportedly named after the popular Elvis Presley song of the same name. The design was a response by North American to the U.S. Air Force's request for proposals in 1956 for an air-to-surface missile to give the B-52 extended stand-off capability as the Cold War intensified. The missile proposed by North American had a short developmental life with the first aerial launch from a B-52 in April 1959 and delivery of the first production example to the Strategic Air Command Commander, Gen. Thomas S. Power, on Dec. 21, 1959.

Tinker's role with the "Hound Dog" missile centered on the design, installation and maintenance of the special pylons which attached the missile to the aircraft. The pylons were semi-permanent fixtures and were installed in two work surges at Tinker beginning on Feb. 14, 1960, when, "maintenance personnel began modifying B-52 bombers to transport and launch GAM-77 Hound Dog missiles," according to Tinker's history files. A second workload entered the maintenance complex on Aug. 20, 1961. Unlike most weapons pylons which simply hold the weapon in place, these robust pylons allowed the missiles' engine to be started and fueled from the aircrafts' internal fuel supply and gave the aircraft augmented take-off and in-flight thrust, if so desired. It is safely presumed part of the workload for pylon installation involved significant modifications to the fuel system in the B-52's wings.

The missile was operational with 29 B-52 squadrons by August 1963, but was never used in combat. It instead served as a potent deterrent weapon based on its W28 4 megaton nuclear warhead and 700-mile range which would keep the B-52 well away from the final target. Operationally, the missile would be launched at approximately 45,000 feet, climb to a higher altitude approaching 60,000 feet

See Hound Dog page 11.

This week in Tinker history

May 17, 1943 - Oklahoma City Air Depot Control Area Command becomes the Oklahoma City Air Service Command.

May 12, 1945 - Work on the B-29 Eagle Project is completed.

May 18, 1962 - The Tinker Diagonal Highway

is dedicated.

May 15, 2002 - North Atlantic Treaty Organization Airborne Warning and Control System aircrews depart Tinker AFB after a seven-month visit to support U.S. homeland defense during Operation NOBLE EAGLE.

Key events scheduled in 2017:



May 20-21: Star Spangled Salute Air Show

June 23: Tinker 75th Anniversary Golf Tournament

Sept. 16: Air Force Ball

Oct. 13: Capstone Event

Manufacturer: North American

Missile type: AGM-28

Nickname: Hound Dog

Power plant: single Pratt & Whitney J52 engine creating 7,500 pounds of thrust

In-service dates: 1959-1978

Number produced: Approx. 700

Tinker connection: management, maintenance and repair

STARBASE

Supporting STEM in schools with mentoring

Jillian Coleman
Staff Writer

Mentors from Tinker Air Force Base participated in a STARBASE 2.0 graduation ceremony with Carl Albert Middle School on April 19.

STARBASE 2.0 is a mentoring program emphasizing science, technology, engineering and mathematics education. Targeting sixth, seventh and eighth grade students, STARBASE 2.0 prioritizes schools with high percentages of at-risk students.

Aiming to support STEM in schools, the mentoring club meets twice a month at Carl Albert Middle School. “STARBASE’s great success is attributed to our mentors. We are able to have smaller groups because we’ve had such a significant number of mentors. That allows for more one-on-one time between a mentor and mentee. Tinker has always given us awesome mentors, and this year was certainly no exception,” said Trevor Pratt, STARBASE mentor.

Carl Albert Middle School has hosted STARBASE 2.0 the last six years and has assumed the flagship role, conducting projects from remote control airplanes to Lego Mindstorms EV3 robots.

Longtime STARBASE mentor and STEM advocate Chad Unruh, an electronics engineer with the 555th Software Maintenance Squadron at Tinker, described mentoring comparable to farm work.

“Part of our jobs as mentors and as educators is to plow a field,” he said. “Water it, and allow us to plant the seeds of ideas for future life.” In working in very technical environments, the engineer said it is important for mentors to plant those seeds and to continue to invest in the growing generations. He encouraged his mentees, regardless of the career path they should choose, to learn how to address and approach problems and apply skills learned from STARBASE in future endeavors.

According to the Department of Defense program, 21 percent of Oklahoma fourth graders and 34 percent of eighth graders do not meet the basic science standards, per the 2015 National Assessment of Education Progress. Scores in math reflected similar trends, with 16 percent below the basic requirements in fourth grade and 33 percent below by eighth grade.

Its mission is to combine STEM activities with a relationship rich, school-based environment to provide a missing link for at-risk youth making the transition from elementary to middle school. Extending the positive impact of STARBASE through a team mentoring approach solidifies a student’s attachment to, and engagement with school.

For more information visit www.dodstarbase.org or www.starbaseok.org.



Air Force photo by Kelly White

Chad Unruh, right, electronics engineer with the 555th Software Maintenance Squadron, watches students from Carl Albert Middle School as they attempt to make their robotics project work. The seventh and eighth grade students meet twice a week with STARBASE and Tinker mentors to learn about STEM related subjects. Unruh has volunteered with STARBASE for four years and was recently recognized at State Mentor Day at the Oklahoma State Capitol as an outstanding mentor.

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Air Force photo by Kelly White

Tinker Child and Youth Programs host hiring event

A hiring event for Tinker Child and Youth Programs was held April 29 at the Reed Conference Center. Staff from the three base Child Development Centers, Youth Center and Airman & Family Readiness Center were on-hand to help applicants fill out job applications, as well as conduct interviews. Pictured here, Lisa Beeman, second from right, and Kathy Davis, standing, assist an applicant with her application. Fifty-nine applicants were interviewed during the event, with 40 offered employment with the four centers. Mindy Whittington, director of the Tinker Youth Center, said, “it was a very successful event, even with the cold, rainy weather that day. We made a lot of positive, professional connections and are looking forward to getting the new employees on-board.” Applications are still being accepted at www.NAFjobs.org.



To celebrate Tinker’s 75th Anniversary, we are including little blasts from the past straight from the pages of historical Tinker Take Offs that were shared with our staff. This photo appeared in a Tinker Take Off from April 25, 1952. The caption that accompanied the photo reads, “THIS PICTURE... of Staff Photographer George Hale was snagged by Zena George, his assistant, while George was reading a letter from Omar.” See right for story.

A blast from the past... Our George Receives Letter from Omar — *Pleased as Punch with Pix*

A personal letter from Gen. Omar N. Bradley, chairman, Joint Chiefs of Staff, was received this week by George Hale, Tinker staff photographer, for exceptional photographic service rendered the General and his aunt, Mrs. B.G. Kean, during his recent visit to Oklahoma City. The letter reads:

“Thank you very much for forwarding the extra prints of pictures you took during my stopover at Tinker AFB last month. I am delighted to have them and they turned out especially well.

“My aunt thought it was quite wonderful, and it surprised me too, that you could take the pictures upon our arrival and have them ready within such a short time. She was most happy to have copies that were sent to me just before our departure from the base.

“Your thoughtful kindness made us all very happy and I deeply appreciate it.”

The pictures furnished General Bradley before his departure were all quick shots taken by George while the General and his aunt were on their way from the airplane to their car. The pictures were developed and returned to Operations for delivery in 20 minutes.

Tinker Take Off

Tinker Take Off Office
(405) 739-5780

How to find us:

Enter Tinker Gate off of Interstate-40, turn left at the stoplight on Arnold Street. The 72nd Air Base Wing Headquarters, Bldg. 460, will be on the right. Enter the southwest wing. Once inside the building, turn right and then right down the first hallway. The Tinker Take Off office is in the Public Affairs Office, Room 127, at the end of the hall.

Deadlines:

The deadline for newspaper submissions is Wednesdays at 4:30 p.m. for the next week’s issue. Stories can be e-mailed to tinker.takeoff@us.af.mil.

Advertising:

Call 278-2820 for display ad information.

Advertising deadlines:

Display ads: Fridays at noon.

Classified ads: Classified ads must be turned in to the Journal Record by noon Wednesdays.

Classified ads:

Free classified ads can be placed online at www.tinkertakeoff.com.

Free ad forms can also be turned in at the Tinker Take Off office in Bldg. 460, Room 127. Call the Journal Record at 278-2866 to place a paid ad. Paid ads cannot be accepted in the Tinker Take Off office on base. Free ads are for current or retired Tinker employees (restrictions apply).

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www.tinkertakeoff.com • www.tinker.af.mil

Community College of the AF Graduation

Jillian Coleman
Staff Writer

Tinker graduates from the Community College of the Air Force received their diplomas during the spring’s formal ceremony May 4. The graduating class of 133 earned degrees in various fields, including aviation maintenance technology, criminal justice, human resource management, information systems technology and education and training management. The graduates from the spring 2017 class earned 141 diplomas. Eight graduates received more than one degree.

As a worldwide program, the spring 2017 class earned more than 11,000 associate and applied sciences degrees. In expanding its partnership with higher education, the Community College of the Air Force enhances the skills and capabilities to strengthen both the United States and the Air Force.

The Tinker class adds to the legacy of more than 400,000 graduates and half a million degrees awarded since the college’s inception in 1975. The enlisted men and women who have earned the associate and applied sciences degrees add to the 35 percent of enlisted force holding at least one degree. Ninety percent of the force’s degree holders maintain rank of Master Sgt. or above, proving to be a critical asset in an Airman’s career progression.

Commending and praising the honorees was guest speaker Chief Master Sgt. Randy L. Kay II, the operations group chief for the 552nd Operations Group. Serving as the principle commander and seven squadron commanders on matters concerning morale, welfare, utilization, readiness, professional development career progression and training of over 1,200 enlisted assigned students, Chief Kay credits his success to earning his first CCAF degree in 2004.

Graduating from high school in small-town Oklahoma, Kay was the first male to graduate in his family. Claiming he had no skills, Kay just wanted to join and serve in the Air Force. After seven and a half



Air Force photo by Kelly White

Chief Master Sgt. Randy L. Kay II, superintendent of the 552nd Operations Group, was the guest speaker at the Community College of the Air Force Graduation May 4. 133 graduates received 141 degrees during the ceremony.

years in, working as a boom operator, he decided he wanted something different – he wanted more.

In June 1999, Kay enrolled in his first CCAF course. Completing his degree of 60-hours spanned over the course of five years, the former boom operator spoke to the confidence that came from receiving his first degree.

“I started to believe I could do it,” he said. “I was much more capable and had more skills than I thought I did. The Air Force expects you to get the degree, so I achieved something the Air Force wanted me to do, and I also found that I enjoyed taking those college classes. A win-win.”

Two years after Kay completed his CCAF degree, he went on to earn a bachelor’s degree. Graduating with a 3.94 GPA, the chief’s only B came from a “NOT easy art class.” He explained the second-order effects that a degree brings – an education.

“This taught me how to focus, how to study, to write

papers, and ultimately how to be a better test-taker,” Kay said. “I started getting promoted faster and I was moving up the ranks.” He attributed his current chief role to his success in attaining degrees, stating that without them, he wouldn’t be in the position he is in now. After earning a bachelor’s degree, the chief went on to work on his master’s degree, out of passion and drive not obligation. In following form, he passed those classes with honors.

“Every one of you will get out of the Air Force at some point in the future,” he ended. “Taking that first step and getting your CCAF degree will help you, it will make you more marketable. Keep going, keep fighting, and don’t procrastinate. Time is the only thing that speeds up, and though it is often stolen from us, time gives you experience. Congratulations on this amazing accomplishment, we are all so proud of you.”

The Commander’s Action Line



Col. Kenyon K. Bell
72nd Air Base Wing
Commander

The Commander’s Action Line serves as a direct link for Tinker personnel to bring questions or concerns to the 72nd Air Base Wing commander’s attention, in the case that a timely resolution of issues through facility management or unit chain of command doesn’t occur.

Items of interest to the installation overall will be published in the Tinker Take Off to effect positive change across Tinker and lead to improvements in safety, working conditions, quality of life and a better understanding of base programs and processes. Below are some helpful telephone numbers to assist you in trying to resolve an issue.

To submit an Action Line, visit the Commander’s Action Line tab on Tinker’s internal home page. Those who don’t have access to the home page can send an email directly to **CommandersActionLine@us.af.mil** and a response should be received in a timely manner.

Suicide Prevention Assistance

Base Chapel734-2111
Suicide Prevention - Lifeline1-800-273-8255
Military Mental Health 582-6603
Civilian Health Promotion Services..... 582-6817

Sexual Assault Response

Sexual Assault 24-hr line 734-7272
Military Family Life Counselors 432-6311
Domestic Abuse Hotline & Services..... 256-2825

Key Numbers

Base Legal Office.....	739-5811	IG Complaints (for appt.).....	739-2051
Base Safety Office.....	739-3511	Military Equal Opportunity.....	739-2104
Base Restaurants	734-3161	Military Pay	739-5768
Civil Engineering	734-3451	Public Affairs	739-2026
Civilian Personnel.....	739-3334	Retirement (civilian)	1-800-525-0102
DOD Fraud, Waste and Abuse Hotline	800-424-9098	Security Forces.....	734-2878
Equal Employment Office.....	739-7889	Force Support.....	734-3566
Fraud, Waste and Abuse.....	739-3922	Alternate Dispute Resolution.....	736-2151



STAR SPANGLED SALUTE

What to see and do

Don't miss the Air Force Performance Lab! It's the newest asset in the mobile fleet featuring a futuristic experience full of challenges and self-discovery, all wrapped in innovative technology. Each challenge features various skills and interests that correlate to an Air Force career. Activities include an Oculus Rift flight simulator, pull-up bar challenge, touchscreen challenge games, career iPad wall and more.

Air acts include the Air Force Thunderbirds, F-35A, P-51 Heritage Flight, F-18 Hornet, Wings of Blue. Additionally, there will be a Vietnam reenactment featuring an F-4 and C-7 Caribou, Jelly Belly, Adam Baker, the DH-100 Vampire and Matt Younkin's Twin Beech 18.

Kids Zone

There are children's fun activities, purchases, and also a t-shirt.

'Safe Box' information

During the aerial demonstrations, certain buildings and roadways on base will be cleared for safety.

Thunderbirds "hot times"

- May 19, 2:30 to 4 p.m.
- May 20, 3:30 to 4:30 p.m.
- May 21, 3:30 to 4:30 p.m.

Areas affected during Thunderbird "hot times"

- 72nd OSS/KC-135 PDM/513th ACG/CAP/Historian: Bldg. 240
- Navy CSCW-1 Complex: Bldgs. 817, 825, 838, 820, 829, 819
- 552nd ACW: Bldgs. 976, 985, 986, 963, 964, 988
- Alert Facility/966th AACs: Bldg. 989
- DLA facilities: Bldgs. 1132, 1140, 1145, 1146
- Tower/Simulator: Bldg. 935 and Tower Sim (Bldg. 935A)
- Hush House: Bldg. 926
- Air Logistics Complex: Bldg. 200, 210, 213, 214
- 72nd ABW/CE Utilities: Bldg. 821, 243, 241
- 72nd SFS: Bldg. 987
- 72nd MSG/LRD: Bldg. 247, 250, 251, 339
- 72nd MSG/SV-MWR: Bldg. 244
- Fire Department: Bldg. 117
- Bldg. 820: east corner only
- 552nd MXG-Bldg 230: no personnel outside Docks 1 and 3
- Romeo ramp: no maintainers/refueling-all spots
- Birdcage: spots A-7, A-8, A-9, A-10, B-7, B-8, B-9
- Tango ramp: T-1, T-2
- Trim pads: J-1, J-2, J-3
- Arnold Street: south of Arnold and east of Avenue B
- 72nd LRS/LGR: Bldg. 290, 997, 995

All other performers "hot times"

- May 19, 2 to 5 p.m.
- May 20, 11 a.m. to 3:30 p.m.
- May 21, 11 a.m. to 3:30 p.m.

Areas affected during all other performers "hot times"

- DLA facilities: Bldgs. 1132, 1140, 1145, 1146
- 72nd OSS: Bldg. 935 and Tower Sim (Bldg. 935A)
- Hush House: Bldg. 926



F-18 Hornet



Adam Baker's Playful Extruder



U.S.A.F. Thunderbirds

Driving & Parking

As you approach Tinker Air Force Base from Interstate 40 or I-240, look for signs directing you to the entrance. Parking and shuttles from the parking areas are free.

Driving from the west side of the base to the east side will be restricted.

Public Entry Points/Parking: On the south end of the installation, Bldg. 9001 (the old General Motors Plant off of SE 74th Street) will have access points open to enter into the

parking area south of and Lancer Gates w/ lots north and east of

Authorized personnel: Pe and Gott Gates. Pe Group, Bldg. 1094, Shuttles from Bldg. to 5 p.m.

JTE: enjoying the show

There will be several activities and attractions for everyone. The Kids Zone area will have inflatables and activities planned throughout the day. Parents may use a wrist band that will be good all day. There is a tent near the children's area for lost parents.



a 330

Bring this:

- Hearing protection (especially for young children)
- Sunscreen
- Comfortable walking shoes
- Water bottle or canteen (free water available)
- Camera/video recorder
- Binoculars
- Lawn chairs or blanket (limited seating)
- Strollers, diaper bags, purses and small hand carried items are permitted, but are subject to search.

Not this:

- Firearms (it is illegal to bring a firearm of any kind onto a military facility)
- Toys that resemble firearms
- Fireworks
- Spray silly string or paint
- Glass containers
- Alcohol
- Illegal drugs
- Bicycles
- Skateboards, roller blades/skates
- Coolers
- Large umbrellas or portable tents (personal weather umbrellas are permitted)
- Backpacks, ruck sacks
- Pets
- **NO SMOKING** is permitted anywhere on the air show event ramp.

of Bldg. 9001. On the east side, Hruskocy will be open for public entry into parking of Bldg. 3001.

Personnel can enter through the Tinker, Vance personnel can park at the 72nd Medical and take the free shuttle to the event area. Bldgs. 1094 and 9001 will run from 8 a.m.

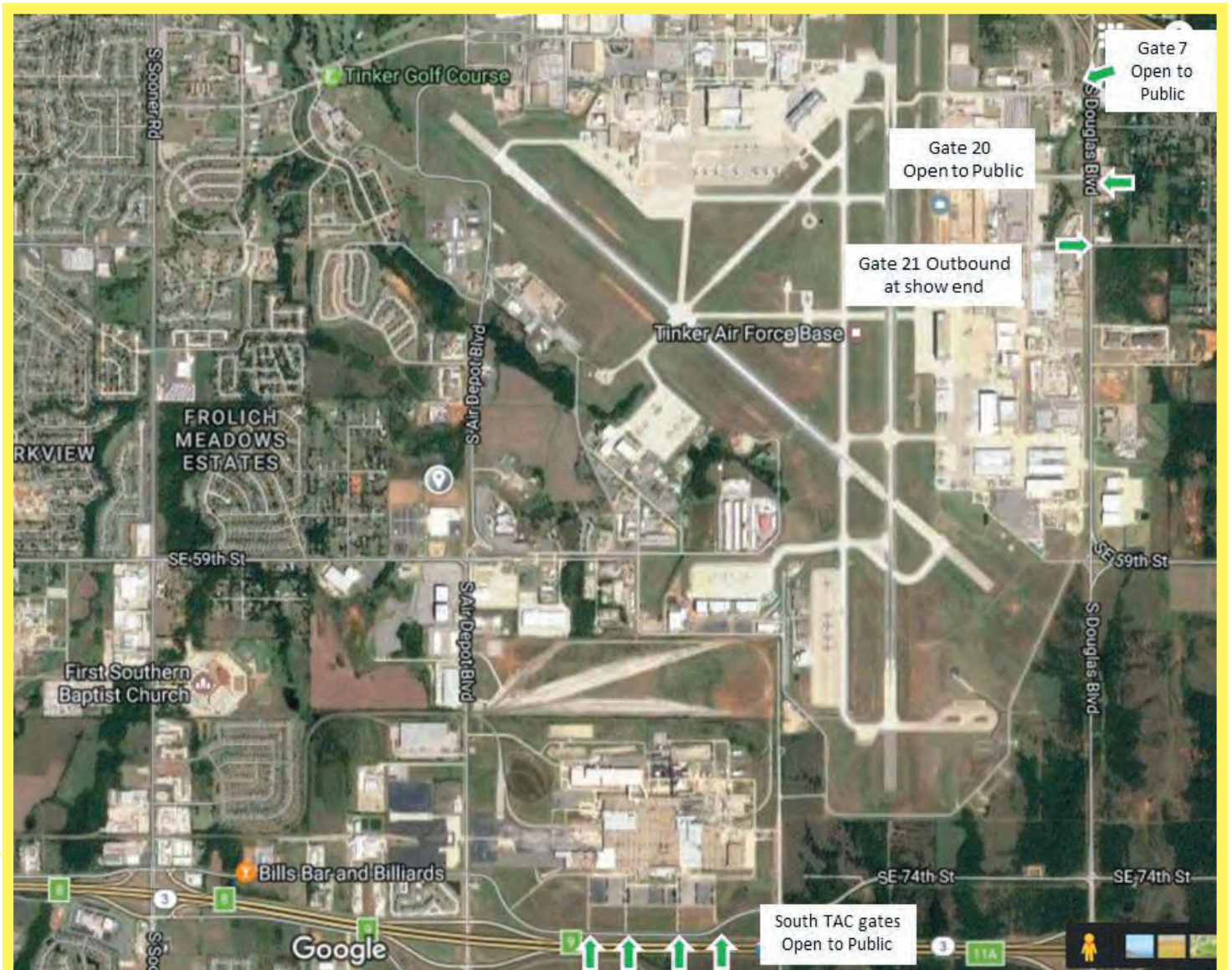
For your safety

- Be prepared to follow signs to alternate parking if designated parking areas become full.
- Park vehicles in designated areas and proceed to the gated entryway or shuttle bus stop. Buses will run continuously to transport guests back and forth from the parking lots to the event.
- **Motorcycle riders** are reminded that they, and any passengers, must be wearing personal protective equipment to include helmet, gloves, long-sleeve shirts, full length pants as well as enclosed, hard-soled footwear to enter Tinker AFB.
- Unauthorized possession/transportation of firearms, dangerous weapons or fireworks/explosives onto military installations is a federal crime.
- Concealed carry of firearms under the Oklahoma Self Defense Act is strictly prohibited while on the installation.
- Use extreme caution when walking around and under static display aircraft. Many aircraft have low wings and protrusions that create potential hazards.
- In the event of an accident, severe weather or potential natural disaster situation, the airshow emergency plan will be activated. Personnel will be given direction via the airshow public address system. Please follow the directions given so the installation's emergency responders can respond.
- Found children will be taken to a safe area in the Children's Activity Zone on the north end of the show ramp. It is easily identifiable by the large children's inflatables.
- In the event of severe weather (thunderstorms, lightning



or tornado), you will be directed to either proceed to your personal vehicle or directed to take shelter in one of the buildings on the airshow grounds. Do not take shelter from severe weather under an aircraft.

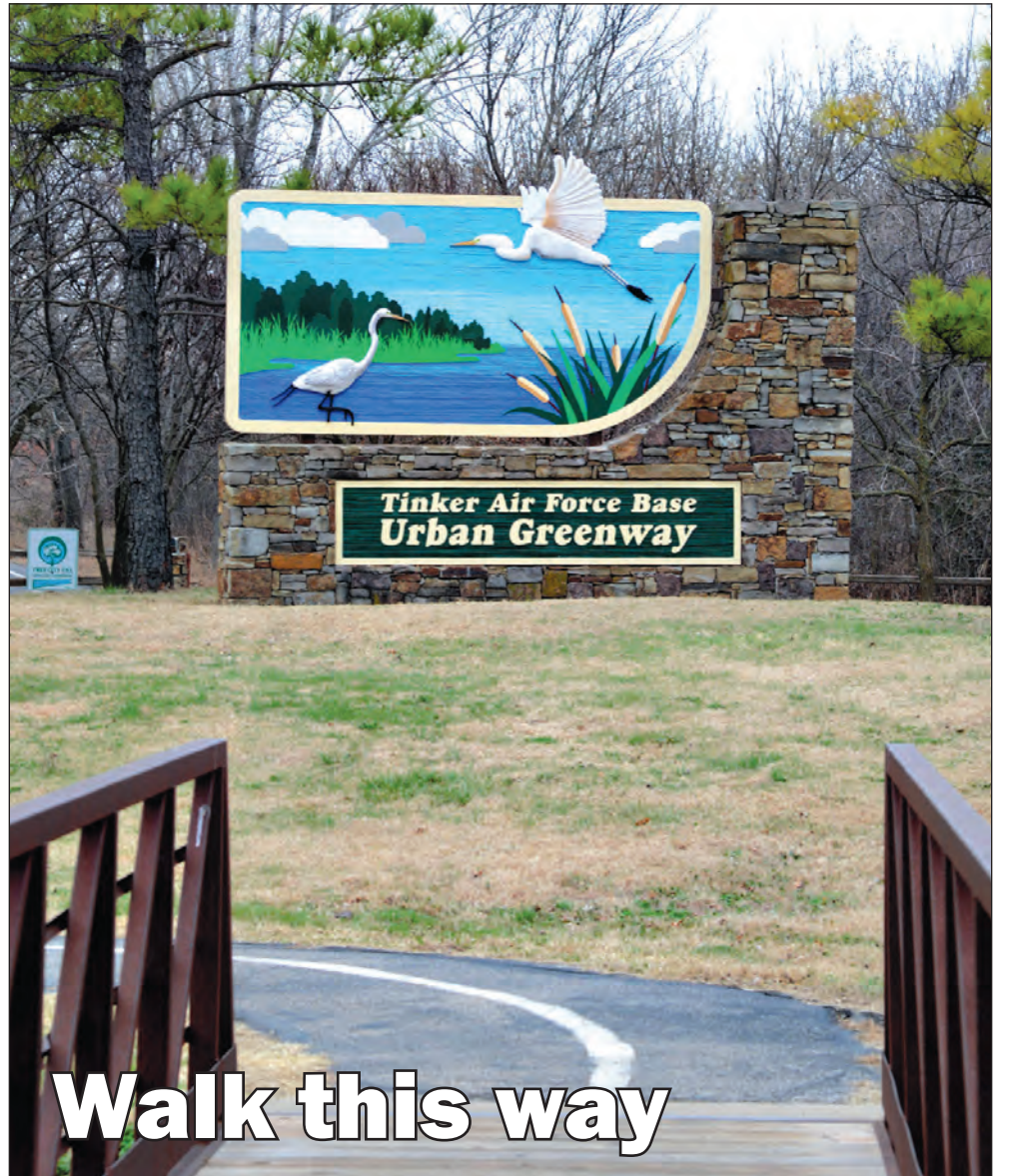
- In the event of a suspicious package or disturbance involving personnel on the airshow grounds you will be asked to proceed to a safe location.
- Wear comfortable shoes and clothing.
- Shade is limited. Please bring sunscreen and hats for protection from the sun.
- Guests are encouraged to drink plenty of fluids to prevent dehydration. There will be several vendors selling beverages and water buffaloes will offer fresh water free of charge.
- Know the variety of symptoms associated with heat-related illnesses. If you feel dehydrated or faint, notify someone immediately. Symptoms may come on gradually and can include headache, weakness, nausea, lightheadedness, muscle aches or cramps and agitation.



Keeping Tinker free of debris



Master Sgt. Nic Husted and Master Sgt. Don Botkins helped pick up trash from the Scissortail Trail area of the Urban Greenway April 28.



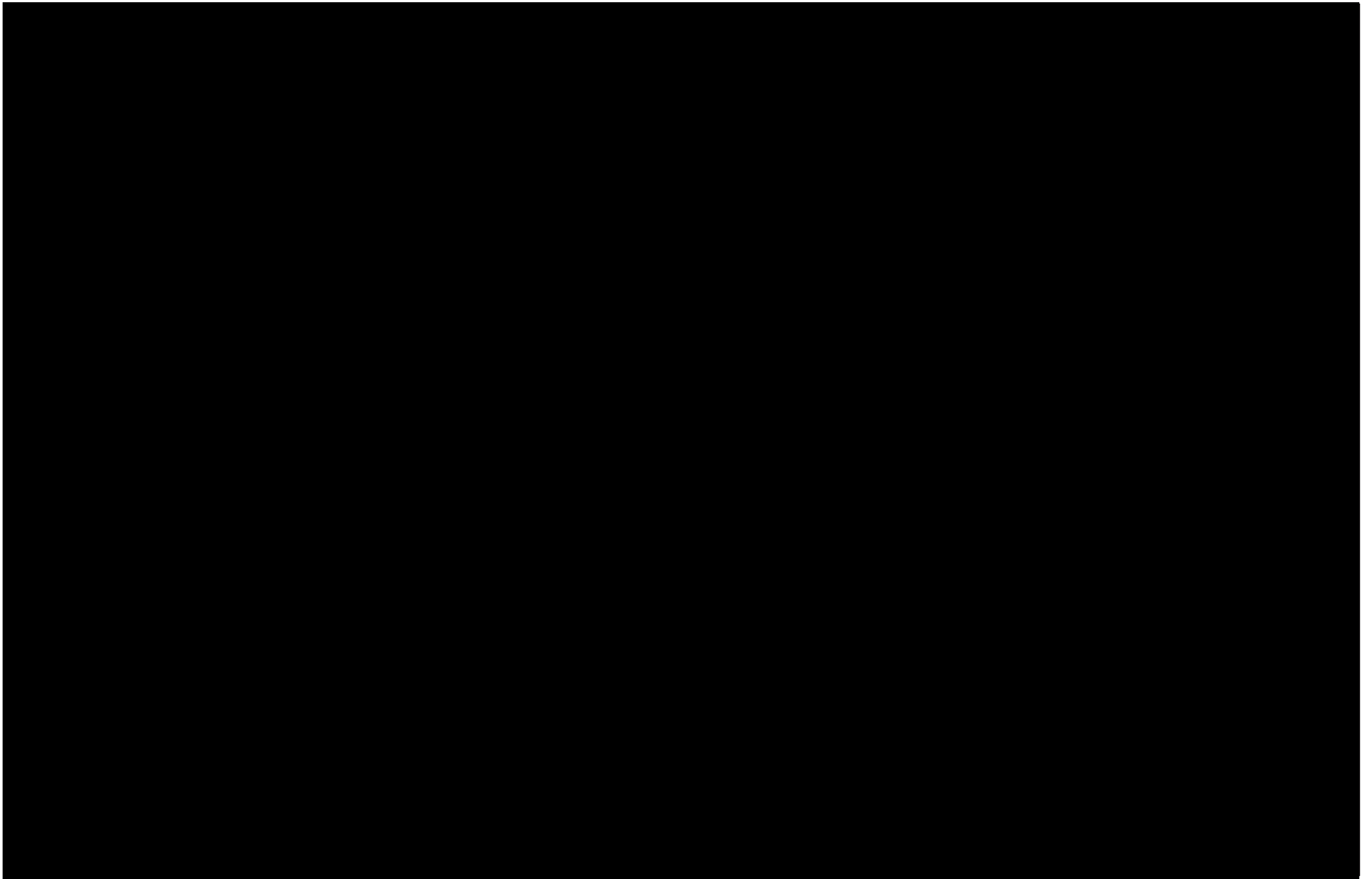
Walk this way

The new Urban Greenway sign stands proud at the entrance to the scenic walking trail, located at Mitchell Ave. and Reserve Rd. The old sign, installed in 1995, had deteriorated beyond repair and the new one was recently installed in January of this year. The 3-dimensional sign was redesigned with a more durable aluminum frame backing (minimum 25 percent recycled content) and the actual sign is made of high-density urethane board with a minimum 15 percent post-consumer content or recovered materials content. The HDU is water and rot-proof and is painted with a durable, commercial-grade automotive-quality topcoat, making it resistant to discoloration, fading, peeling and cracking when exposed to the unpredictable Oklahoma weather. The brilliant colors were intended to invite trail-goers into Tinker's refreshing green space network. The white birds are Great Egrets, a common large wading bird native to Oklahoma. The sign is expected to last about 40 years with proper care.



Air Force photos by Kelly White

Volunteers from Pratt & Whitney, 72nd Civil Engineering-Housing, 552nd Air Control Wing and even a couple of military spouses and their children helped Natural Resources personnel in a trash cleanup of the Urban Greenway area around base housing and the Scissortail Trail area April 28. Two cubic yards of trash and debris were removed from the area, which was a vast improvement from 2014, the first year Natural Resources held a voluntary cleanup of the area, when they collected 33 cubic yards.



Air Force photo by Kelly White

Teziah Davis, 1-year-old, grabs a sticker and crayon from Master Sgt. Tiffany Griego, while her mother, Petty Officer 3rd Class Otisa Williams, with Strategic Communications Wing ONE, and Staff Sgt. Alan Nham, look on. Master Sgt. Griego and Staff Sgt. Nham, both with the 72nd Aerospace Medicine Squadron, handed out goodies and educational materials at the Child Development Center West on April 5 during Public Health Week.

Tinker Public Health Flight's extensive reach

Jillian Coleman
Staff Writer

Public Health Week was recognized April 3-7, and the PH Flight set up informational booths in various locations around the installation, such as the 72nd Medical Group, the Base Exchange and Commissary, the Child Development Centers and the Youth Centers.

Topics of discussion included everything from proper hygiene to pregnancy, to entomology and hearing conservation. In promoting prevention for non-battle injuries and illness, the week is intended to educate the public on precautionary measures as well as treatments. The PH Flight was dispersed throughout the installation informing the public on the various programs offered.

As 72nd AMDS public health technicians, Staff Sgt. Shelby Platt and Airman 1st Class Brianna Milhouse explained just how extensive their flight is.

Food and sanitation programs comprise a significant portion, as that entails inspections of every food and public facility on the installation. This includes, but is not limited to, the gyms, commissary, Base Exchange, shoppettes, youth and

child development centers and golf course. The inspection itself seeks to identify not only expired products but also chemicals, solutions and bugs. If something has been recalled, the flight is responsible for making sure the entire product has been pulled from the shelves and returned to its vendor. Additionally, the techs ensure that employees are properly trained.

Another program offered is the community health program.

“When Zika happened, Public Health was really involved in making sure people on base were well-informed and educated on the disease,” Platt said. While individuals are not required to visit the flight for TDY or vacations, they are required to be cleared for deployments in order to receive briefings on any current threats in the area. The PH Flight tracks increases in codes, which allows them to detect and be aware when higher reports of diseases occur.

“It’s like being a detective in a medical capacity, and I love it,” the sergeant expressed.

The technicians perform active and passive surveillance in which they look for commonalities within illnesses. In order to prevent an outbreak from occurring, the flight prioritizes catching a disease or an infection before it

becomes a trend. With sexually transmitted diseases, Platt explained, the technicians make sure patients have the right treatment, dosage and medication as well as making sure the patient understands how they can protect themselves properly.

Other programs under the PH Flight’s scope is entomology, which encompasses all things related to insects. With a keen interest to mosquitos in particular, Airman Milhouse expounded upon the process in place.

“We go to different parts of the base and set up traps in areas that we believe will accumulate the most mosquitos. Places like the golf course, family campgrounds and base housing traps have seen as many as 100 mosquitos, and we also see the larvae in standing water,” she said.

Traps are comprised primarily of dry ice and light, which attracts the mosquitos. Once obtained, the mosquitos are placed under a microscope. As female mosquitos are the culprits in transmitting the diseases, the males are typically disposed of. The flight also performs tick drags. Ticks, however, are preferred alive, with punctured human flesh to examine and receive the best results.

Lastly, with the largest hearing

conservation program in the Air Force, Tinker is equipped with an audiology department who performs testing for active duty members and civilians as well as an occupational medicine clinic to accompany the PH Flight, focusing on hearing education.

“We examine people annually,” Platt said. “Baseline testing is done before entering a hazardous work environment, and a termination exam is done to see if there has been any loss in hearing.”

Having a hand in multiple areas across the installation, the PH Flight serves as an important resource and checkpoint. For deployments, techs give intel briefings and discuss protection and treatments. Each person has to be cleared by every clinic in the medical group, including dental, primary care physicians and gynecologists. The flight is the point of contact for both parties as well, so they make sure members have checked all boxes and are appropriately cleared.

Through education and awareness, the PH Flight dedicates a week for public health to help prevent disease, disability and death. For questions or more information, contact 582-6542.

Auto fire near Bldg. 9001

Tinker Fire and Emergency Services responded to a vehicle fire near Bldg. 9001 at approximately 2:30 pm May 4. The fire was quickly and safely extinguished using water and powder, while traffic was diverted along an alternate route as workers completed their shifts. There were no injuries. The vehicle involved was a total loss after having been consumed by fire.



Air Force photo by Greg L. Davis

Airlift continued from page 2

Prime Minister, Winston Churchill, in a speech in Fulton, Mo., warned: “From Stettin on the Baltic to Trieste in the Adriatic, an iron curtain has descended across the continent.” Behind that curtain, Soviet control tightened; a sphere of influence became a ring of satellite states, as happened to Czechoslovakia in February 1948 when a Communist faction seized control of the government.

Germany had also been divided into zones of occupation with Berlin being within the Soviet zone. There was a 20-mile wide land corridor allowing the non-communist allies to feed and supply the citizens of West Berlin. Tensions all over the world mounted between the former allies of the capitalist and communist nations. The Soviet Union found it difficult to impose their will on Berlin with half being free. They decided to challenge the free world by blockading all land routes from the west to Berlin, which they did on June 24, 1948. The only avenue of supply was by air.

There were many ways the Soviet Union could win this conflict. One way would be the war weary and hungry West Berliners would give up; that they would trade their freedom for food, which had been in short supply for years anyway. The second way they could win is, if we attempted an airlift, it was nearly universally seen as an act of sheer folly certain to fail. A third way was that the war weary allies consisting of free nations would give up if faced with another war. Last, if war came, Stalin would be free to conquer the rest of Europe before the West could be ready to face the communist horde. It became clear to everyone that the Soviet Union would have no qualms in starving the 2 million people in West Berlin to get what they wanted.

President Truman and the United States decided to stand firm. As he later decided in the Korean War, he would deter the foe while doing his best to avoid WWII. Truman was running for re-election and was thought to be doomed to lose the presidency. Thus, it has been said that Truman stood firm for political

reasons and that could indeed be the case. There is also the chance that our president simply saw his actions as the right thing to do. Thus, the president did not follow the advice of General Lucius Clay, commander of all United States forces in Europe, that ground forces should break through the blockade to bring in needed supplies to the West Berliners. That plan was more likely to lead to a shooting war. Instead, Truman decided to start as a stopgap to supply by air.

On one thing the Soviet Union and both American and British leadership agreed; an airlift to feed and heat and clothe the 2 million people in West Berlin would not work. There were not enough cargo planes. Nothing was set up to handle them even if there were enough planes. Where would the allies get the planes, the pilots, the mechanics, the air traffic controllers and all of the equipment and supplies they would need? Then there was the infamous weather of that part of Germany. The only air strips available in that part of the city were at Gatow and Tempelhof, the latter, even on the clearest day, could challenge the bravest pilot. Landing at Tempelhof meant just missing a 400 foot brewery smokestack and skimming just above apartment buildings. In the winter, the cloud cover was often quite low and radar was not what it is today. Simply put, the best German flying weather was worse than the worst flying weather anywhere in the United States. Besides, instances of successful large scale aerial resupply were limited to the “Hump” operation from India to China during the recent war.

The airlift began anyway, despite its long-term prospects being so bleak. United States Air Force Europe rounded up all of the C-47 Skytrains, affectionately called Gooney Birds, to fly cargo into West Berlin. USAFE commander Curtis LeMay appointed Brig. Gen. Joseph Smith commander of the special airlift task force on June 29. Smith was not an airlift expert and his staff was as qualified as he. The assignments were only temporary, but it was Smith who named the airlift “Operation Vittles” because, as he said, “we’re hauling grub.” For their airlift, the British chose a play on words, “Operation Plainfare.” Every aspect of the airlift, air control, supply, maintenance, and the lack of

aircraft and trained cargo pilots soon staggered under unprecedented demands. Even the runways started to come apart, with brave men dashing out onto the runways in-between landings to fill holes with gravel and pound PSP planks into place, only to run out of the way before the next landing took place.

Soon improvements were made. C-54 Skymasters supplemented the sturdy Gooney Birds and were able to carry three times as much cargo. Communications procedures were also streamlined. For instance, C-54s were “Big” and C-47s were “Little” while eastbound planes were “Easy” and westbound “Willie.” So just hearing “This is Big Willie 5219” told everyone it was a westbound C-54. Ingenuity was also key. Coal was soon transported in old G.I. duffel bags. Salt, which corroded most planes, was transported in seaplanes. However, the biggest improvement was to expand the airlift, convert the air fleet to nearly all C-54s, and most importantly, to assign Lieutenant Gen. William H. Tunner and a handpicked task force headquarters to lead the operation. Tunner was the one man who, in leading the “Hump” operation in WWII, led the only successful major airlift in history.

Both sides of this airlift readied themselves up for a siege that appeared to have the deadline of the first of October. It was universally thought that the airlift, difficult in any season given local weather, could not continue in winter. Local citizens, who for years reacted with fear when hearing airplanes knowing they brought heavy bombardment, now knew the sound of planes as reassuring. American and British pilots initially had mixed feelings. It seemed odd to aid such a recent foe, while others had lingering feelings of guilt over bombing enemy industrial cities knowing civilians were also being killed – the airlift to them was cathartic. What it also was thought to be, was coming to a head; what would happen in winter? Would there be war? Read part two of four, in next week’s Tinker Take Off.

Sources include: *The Air Force History Support Office, History.com, “The Air Force Can Deliver Anything” by Daniel Harrington, “The Berlin Candy Bomber” by Gail Halvorsen, The Office of the Historian Department of State, The Berlin Airlift Historical Society*

‘Hound Dog’

continued from page 2

and then dive to impact the target from above. The missile was redesignated AGM-28 for Air to Ground Missile when the military sought to standardize weapon and aircraft designations under a common naming convention.

The AGM-28 “Hound Dog” was 42 feet 6 inches long, had a 12 feet 2 inch wingspan, was 9 feet 4 inches high and weighed 10,147 pounds in operational configuration. This makes it the largest American air-to-surface missile ever built.

The U.S. Air Force accepted almost 700 missiles during the program’s life. The AGM-28 “Hound Dog” missile was finally phased out in 1978.



Photo courtesy of the Tinker History Office

The AGM-28 “Hound Dog” missile was designed exclusively for carriage under the wings of the B-52 Stratofortress bomber.

Can You Spare Some Leave?

To donate, call the point of contact. Those needing to make changes to this list must call Kathye Michaelis, VLTP manager, at 736-7365.

Recipient	Point of contact	Recipient	Point of contact	Recipient	Point of contact	Recipient	Point of contact
Lyndon D. Armour	Frank Lopez, 734-4025	Rickey Harris	David Deal, 582-4158	Whitney Mitchell	Chris Kern-Garcia, 739-7408	DeLynne Teoli	Dianna Hutzell, 734-0268
	Floyd Lenox, 736-5820	Timothy Huff	Aaron Martinez, 736-3678	Julianne McCornack	Rachel Hinson, 582-9849	Jeannie Tidwell	Rachel Golden, 734-6276
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Richard Burnham	Lorenza Smith, 582-4070	Nisha Justus	Jane Deviney, 736-4237	Hallie Schroder	Craig Smith, 361-8591	Marilyn Winter	Juan Medrano, 465-8005
Cynthia Carpenter	Casey Burwell, 736-2545	Randall Kenyon	Jonathan Brown, 582-4679	Amanda Sieler	Crystal Johnson, 622-7772		
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Terlyn Harkey-Murphy	Capt. Acosta, 582-6023	Byron Lisenbee	MSgt Hudson, 739-4385	Sarah Streets	Shelly Young, 734-2493		
Angela Harris	Jean-Claude Clicquot, 831-0603	Shelby Mancello	Ronald Hobbs, 739-5329	Kristi Strickland	1st Lt. Raelyn Bates, 582-6338		

Outside Agency Listing

(POC for all: Kathye Michaelis, 736-7365)

Tiffany Mauldin, Vance AFB, OK
Pamela Barber, AFLCMC/WWMF



CURRENT TRAFFIC ADVISORIES:

Road/Lane Closure: Arnold Ave from “A” to “F” in 3 Phases - Phase 1 until May 21 at 4 p.m., Phase 2 on May 22 from 6 a.m. until Aug. 20 at 4 p.m. and Phase 3 on Aug. 21 from 6 a.m. until Nov. 19 at 4 p.m. for contractor to perform a full depth repair and replacement of roadway in 3 Phases. Detours will be posted during each phase. Two-way traffic will be maintained during Phases 2 & 3.

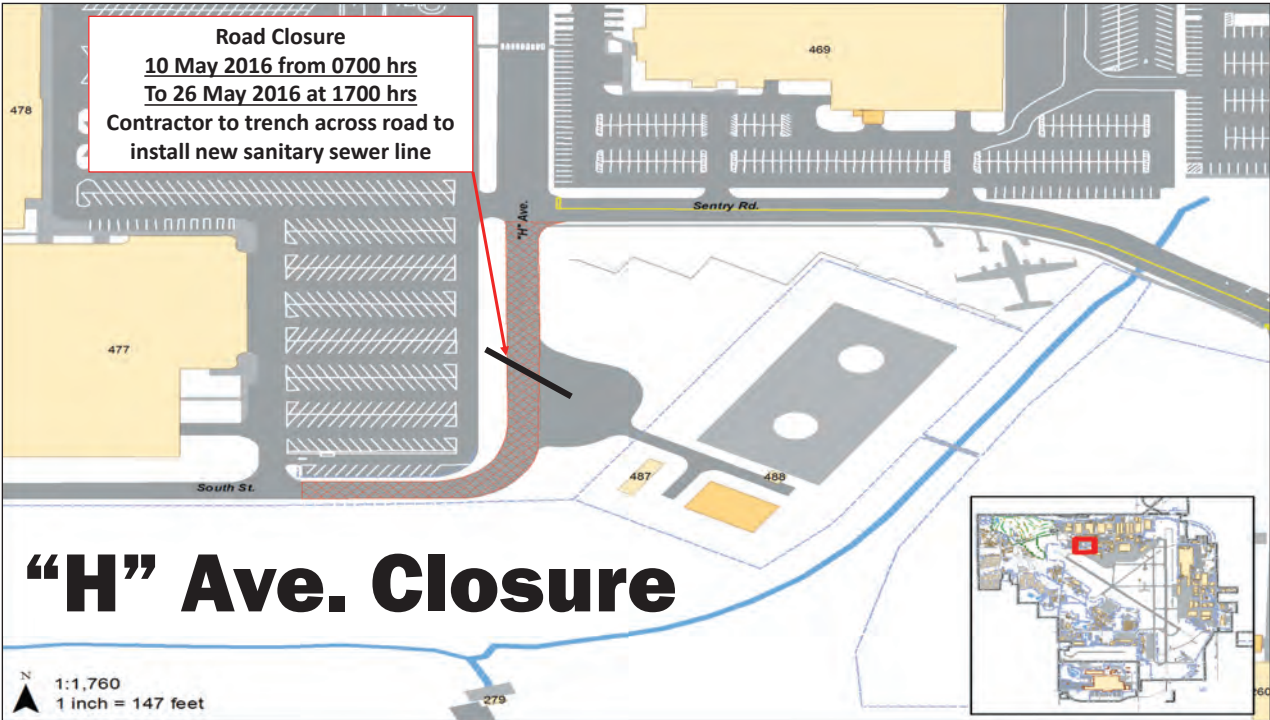
Road Closure: “H” Ave. between south parking entrance to Bldg. 477 & Sentry Rd. until May 26 at 5 p.m. for contractor to trench across “H” Ave to install new sanitary line.

Bridge Closure: Bridge on Cook Ave. between Rawlings Ave. and Mitchell Ave. was revised to be closed May 22 at 7 a.m. until Aug. 15 at 5 p.m. to allow repair of the concrete spillway at the bridge.

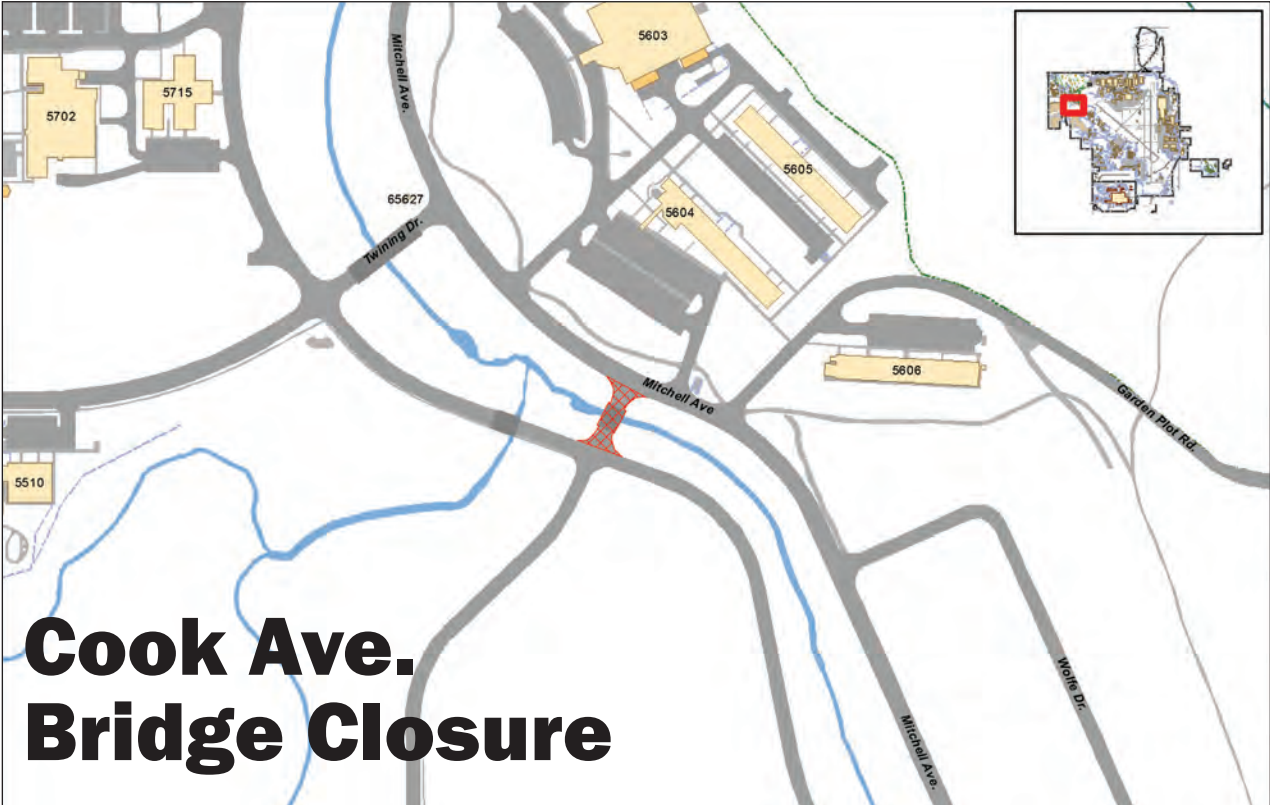
Lane/Road Closure: East Dr. from Bradley to Turbine Dr. to be done in 3 Phases. **Phase 1** on May 22 from 6 a.m. to Sept. 4 at 6 a.m. (Phase 1 will include a lane closure for the west half of East Dr. between Bradley & Entrance Rd. “A” and northwest corner of intersection.) **Phase 2** on Sept. 4 from 6 a.m. to Jan. 18, 2018 at 6 a.m. (Phase 2 will include a lane closure for east half of East Dr. between Bradley & Entrance Rd. “A” and northeast corner of intersection. Two-way traffic will be maintained through Phases 1 & 2.) **Phase 3** on Jan. 18 from 6 a.m. to March 18 at 6 a.m. (Phase 3 will include a road closure of East Dr. between Entrance Rd. “A” and Turbine & south half of intersection - There will be a detour around Bldg. 3705 during Phase 3 to allow the contractor to perform a full depth repair and replacement of roadway in 3 phases.

CONFIRMED UTILITY OUTAGES

Electrical Outage: Bldg. 825 postponed to tomorrow from 8 a.m. to 5 p.m. for contractor to tie-in E4 duct bank to existing manhole.



“H” Ave. Closure



Cook Ave. Bridge Closure



The Planer Team

Sarah Planer, Broker Associate, CRS • Mobile: 405-818-7377
Susan Planer Phillips, Realtor®, CRS • Mobile: 405-202-7928
Theresa Canup, Realtor® • Mobile: 405-245-1070

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3912 ELLA CLAIRE COURT

2714 sq. ft. mol.

4 beds, 3 baths, 2 dining, 1 living, game/media room, walk-in-pantry, granite kitchen counter tops, His & hers master closets & 3 car garage. Carl Albert Schools. \$379,900.

58 QUAIL HOLLOW

3340 sq. ft. mol.

In the Quail Hollow Addition located ¼ mile East of Anderson Rd. on Reno. 3 beds, 3 baths, 2 dining, 1 living, game room, study, huge pantry, 4 car garage, Choctaw Schools.

14025 S.E. 37TH

3118 sq. ft. mol.

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Tick season has arrived

Tinker Public Health

Ticks are very prevalent through the spring and summer months, depending on the weather. Ticks are small arachnids and ectoparasites, which live on the outside of their host and feed on the host's blood. Their hosts vary from humans, pets, livestock or wild animals. There are more than 800 species of ticks throughout the world.

Most ticks have a four-stage lifecycle: 1. egg, 2. larva, 3. nymph and 4. adult. After they hatch from an egg they must consume blood through each life stage in order to survive. A tick's lifecycle may take as many as three years to complete. However, most will die off because they don't find a host to feed on.

While ticks may be very small, they are not to be underestimated. Ticks can spread a variety of bacteria and viruses, which may lead to disease. In this part of the country, these diseases include Lyme disease, Rocky Mountain spotted fever, southern tick-associated rash illness, tularemia and tick-borne relapsing fever. Under most circumstances a tick bite may be harmless, however, they may spread tick-borne illnesses. Symptoms related to tick-borne illnesses or allergic reactions may include pain, swelling or burning of the bite area including difficulty breathing, fever, swollen lymph nodes, stiffness of the neck or body rash. It is best to seek medical attention to ensure that you receive the proper care and treatment.

Where do ticks live? Ticks may be found in wooded and grassy areas. They tend to thrive in environments that are damp and they are not as active in hot and dry weather climates. You are more likely to come in contact with a tick while doing outdoor activities close to tall vegetation. More specifically, ticks may be found in moist woodlands, hiking trails and areas with lots of weeds. The best way to avoid a tick is to avoid walking or playing in areas where you are in direct contact with tall grass, shrubs, and trees, especially along jogging trails, game trails, etc.

Avoid getting a tick bite by using a 20 percent DEET repellent product on exposed skin or clothing for good protection. A permethrin product can also be used to treat boots, camping equipment and outdoor clothing. Certain permethrin products can even be effective after multiple washings.

If you find a tick on yourself or your pet, use small forceps and grasp the tick as close as possible to the skin of its host and its mouth. Pull upward with even pressure and make sure not to squeeze the body of the tick. When the tick has been removed, clean the bitten area and your hands with soap and water, rubbing alcohol, or you may also use an iodine scrub. It is important to take precautions to prevent ticks from attaching because they have the ability to feed without you feeling them, much like a mosquito and this is when they may transmit disease, which could lead to illness.

Public Health offers a variety of educational services on all locally transmitted diseases including preventive care. All ticks located on base may be turned in to the Public Health Flight to be tested. For more information, contact the Tinker Public Health staff at 582-6536.



Air Force photo by John Parker

72nd Security Forces QB Eric Huston takes aim at Letrelle Hunter as Five-O moved on to a 25-0 defeat May 2 of Reserve White at the intramural field north of the dorms.

Five-O cuffs Reserve White

John Parker
Staff Writer

Security Forces roared off to their first TD in just a few plays and didn’t stop the onslaught until topping off a 25-0 shutout of Reserve White May 2.

On first possession, “Five-O” quarterback Eric Huston connected early with Christian Anderson, who slipped past three would-be tacklers for a 55-yard gain to Reserve White’s 25. Darrius Miller turned a fade route into six points soon afterward.

Reserve White, which was down several key players for the game, made it to mid-field from the 20 and registered a first down, later punting to White’s 31-yard line.

Five-O scored in three plays on a Huston long bomb to Miller for a 70-yard gain. SFS didn’t convert any extra points all evening, resulting in a 12-0 lead.

Security Forces’ defense played well, too, as

Michael Braxton intercepted on White’s next march, setting up his team at White’s 42.

Facing two-minute-mark pressure, Huston went long again on first down. The ball sailed toward closely-covered Letrelle Hunter, who jumped leaning backward and brought the ball to the ground in his chest at White’s 4-yard line. White’s defense held the line three plays before a six-point reception. SFS led 18-0 at the half.

Reserve White delivered its best drive of the game next. Quarterback Ralph Hawkins hit three consecutive passes, rapidly moving White to the Five-O’s 41. Three more aerial connections marched the team to the seven before SFS took over on downs from there.

Five-O unleashed lightning on its second play, Huston hitting up Hunter for an 85-yard score. SFS later won on the point spread of 25-0.

FOOTBALL STANDINGS

(as of May 2)

	W	L
Reserve Gold	7	0
72nd SFS	6	1
Med Group	5	2
552nd AMXS	4	3
Reserve White	3	4
424th SCMS	3	4
552nd MXS	2	5
72nd CPTS	2	6
552nd MOF	0	7

May 2 scores

72nd SFS 7 – 552nd AMXS 0
72nd Med Group 27 – 552nd MXS 12
72nd SFS 25 – Reserve White 0
Reserve Gold 30 – 552nd AMXS 8
424th SCMS 12 – 72nd CPTS 7

Round One playoffs games at
5:30, 6:30, 7:30 and 8:30 p.m.

Chess anyone?

Did you get checkmate in three moves? If not, here’s the solution:

1. Rxf8+!...Bxf8
2. Qf7+Kh8
3. Qxf8# mate 1-0)



Hazards? Near misses? Saves?

VPP

Provides a hotline for Team Tinker to anonymously find, fix and resolve safety issues. Callers should be as descriptive as possible.

739-SAFE

552nd AMXS shooter excels in tourney

Stephen Warns

Air Force Installation and Mission Support Center

JOINT BASE SAN ANTONIO-LACKLAND, Texas — A member of the 552nd Aircraft Maintenance Squadron at Tinker Air Force Base recently finished 11th out of 60 competitors in the open division at the Multi-Gun Nationals in Boulder City, Nev.

Tech. Sgt. Eric Crotsley, the 552nd AMXS section chief, competed as part of the four-person U.S. Air Force Action Pistol Team.

The April 12-17 tournament was broken down into three days of competition, and the Air Force team started on the hardest four stages. Physical fitness was also key for the shooters. Even on a half-day format, the shooters were on the range from 6:30 a.m. to 2 p.m.

Crotsley returned from a deployment March 21 and only had three weeks to prepare. Still, he was pleased with his result.

“Coming off of a deployment and literally going to a national-level match is a bold move,” Crotsley said. “I hadn’t touched a gun since Oct. 2016. Shooting at the Air Force level is a perishable skill set, and there is always room for improvement.”

One area where Crotsley said he could’ve done better is switching his firearms when he was being timed.

“I personally lost a lot of time switching from my rifle to my pistol, or my shotgun to my rifle, etc.,” he said. “That’s something I’ll be working on for future events.”

Despite the challenging environment, the Airmen’s readiness and resiliency shone through during the three days of competition.

“We used our resiliency to improve our performance on the range to propel each other up the scoreboard,” Crotsley said. “Our team is very resilient in a sense that we used each other to bounce back and get back in the game. Lessons learned on the range can easily be translated to in-office mentoring. I always love shooting with the team because we are all like-minded individuals with common Air Force goals.”

Also in the open division, Master Sgt. Mark Ziebart of the 27th Special Operations Maintenance Squadron at Cannon Air Force Base, N.M., finished seventh out of 60 competitors.

In the tactical division, 1st Lt. Casey Ryan of the 55th Security Forces Squadron at Offutt AFB, Neb., finished 25th, and Maj. Nick Siesser of the 5th Special Operations Squadron at Hurlburt Field, Fla., was 30th.



Tech Sgt. Eric Crotsley of the 552nd Maintenance Squadron at Tinker Air Force Base, competes in the open division of the Multigun Nationals on April 12-17 in Boulder City, Nev. Crotsley finished 11th.

Courtesy photo.



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Welcome to the ‘Connection’

DeCA announces new blog for commissary news, shopping tips, videos, patron feedback

DECA Shopper Insights Division

FORT LEE, Va. — Customers now have another way of staying connected to their commissary benefit, even when they’re not in the store.

That’s because the Defense Commissary Agency is launching an official blog managed by its consumer advocate, Courtney Rogers, who will regularly post about topics of interest to commissary customers. Featured content may include commissary news, human interest stories, shopping tips, videos and notifications about programs or events.

The blog, called “Commissary Connection,” is hosted on DoDLive, the Department of Defense WordPress blogging network. Many commissary customers will be familiar with the “Commissary Connection” name because DeCA’s flagship e-newsletter has communicated with customers

under the same name for more than a decade.

The agency hopes the blog will build on the success of the Commissary Connection newsletter by providing a public home for DeCA’s customer-centric content and engaging with customers in a two-way conversation about their commissary benefit. In turn, the blog posts will serve as an additional content source for the patron newsletter to be shared with as many customers as possible.

The consumer advocacy mission falls under DeCA’s shopper insights, a division within business development.

“Ensuring that we understand and serve our customers goes to the core of who we are as a military benefit,” said Delbert Myrick, director of business development. “We want to strengthen that connection with our customers so we can keep them informed, but know what’s on their minds, too.”



Consequently, the blog will grow and evolve based on feedback from customers. Rogers encourages customers to visit the blog, read the posts and share their comments. Gathering this feedback is key because creating content that is interesting, relevant and useful for the agency’s customers is a priority.

“We value the military community and we’re proud to be part of it,” Rogers said. “We’re creating this blog because we want to build a community online that celebrates our connection with our military customers and adds value for them, so we hope they’ll join us and share their comments.”

Commissary Fast Facts

Defense Commissary Agency Public Affairs

Special events take center stage for commissary savings in May.

Whether it’s for case lot sales, Mother’s Day, Memorial Day or more, commissaries are offering special savings throughout May for Military Appreciation Month. “We want to thank our military members and their families for their service,” said Tracie Russ, director of sales for the Defense Commissary Agency. “One way for us to do this at your local commissary is to offer the ever-popular Customer Appreciation Case Lot Sale — it’s bulk shopping with significant savings.” DECA’s industry partners — vendors, suppliers and brokers — are collaborating with commissaries in May to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs. Patrons can also see the Sales Flyer at www.commissaries.com or get a copy at the store entrance. Go to https://commissaries.com/press_room/press_release/2017/DECA_23_17.cfm for more details.

Commissary store brand names unveiled.

The Defense Commissary Agency has chosen the names “Freedom’s Choice™” and “HomeBase™” for its private label product assortment. Private label, also known as store brands, will begin appearing on commissary shelves toward the end of May. “Commissary patrons have been telling us for quite some time that they want to take advantage of the value offered by store brands, but commissaries have not had their own brand until now,” said Joseph H. Jeu, DECA director and CEO. Freedom’s Choice will be the commissary brand name for food items and HomeBase for nonfood items such as paper products and other household items. “Our private label products will also be equal or lower in price to commercial grocery store brands,” he added. For more on DECA’s store brand program, go to https://commissaries.com/documents/contact_deca/faqs/private-label.cfm.

Surcharge helps renovate, build, maintain commissaries

The commissary surcharge, the 5 percent added

to every customer’s bill to build, modernize and maintain commissary facilities, continues to serve its purpose as the Defense Commissary Agency begins implementing its business transformation changes this year. “At DECA, we are making significant changes to help maintain current patron savings while improving the shopping experience and reducing our operating costs,” said DECA Director and CEO Joseph H. Jeu. “However, these changes do not affect the surcharge amount, which continues to allow patrons to invest in the construction of new and the renovation of old commissaries.” The impact of the surcharge is highly visible. In early April, a new \$38 million commissary, the largest in DECA, opened at Fort Belvoir, Virginia. In February, a new \$36 million commissary opened at Naval Air Station Jacksonville, Florida, and in 2016 a new \$26 million commissary opened at Spangdahlem Air Base Germany. “It’s not a tax,” said DECA Historian Dr. Pete Skirbunt. “With the surcharge, commissary customers through their purchases help maintain key aspects of the commissary benefit.”

Exchange News

• Mother’s Day specials at your Tinker Main Exchange

- Clinique (while supplies last) Goodbyes-and Great Buys! 50 percent off an exclusive selection now through July 1. Stop by your Tinker Exchange Clinique counter for more details.

- 30 percent off select Yankee Products now through Sunday.

• Military Star card promotions

- \$25 off your fine jewelry and/or watch purchase of \$250 or more with Military Star card until Sunday.

- Major appliances zero percent promotion through May 18. Receive 12 months no interest or payments on major appliance purchases of \$599 or more with Military Star card. Participating brands include: LG, Samsung, Whirlpool, Maytag, Amana, Kenmore and Midea.

- Memorial Day furniture zero percent promotion through June 1.

Receive 18 months no interest or payments on Ashley and/or Serta purchases of \$1,299 or more with Military Star card. Customers can also save up to 20 percent on all Ashley purchases. Ashley brands include: Benchcraft, Sierra Sleep and Signature Design by Ashley.

- Samsung appliances zero percent promotion May 19 through June 1. Receive 12 months no interest or payments on Samsung major appliance purchases of \$599 or more with Military Star card. Excludes electronics and smartphones.

- Memorial Day Outdoor Living zero percent promotion May 19 through June 1. Receive 6 months no interest or payments on outdoor living purchases of \$299 or more with Military Star card. Limited to grills, patio furniture, outdoor storage, lawn, garden and pool products.

- Sony electronics zero percent promotion May 26 through June 1. Receive 12 months no interest or payments on Sony electronics purchases of \$699 or more with Military Star card. Excludes PlayStation products.

- Summer Beauty Bar May 26 through June 8. Save \$20 on beauty product purchases of \$100 or more with Military Star card. Limited to cosmetics, fragrances, bath and body, hair care, skin care and nail products. Coupon required.

• Shopmyexchange.com

Through May 18, Kimberly Clark and the Exchange will offer Exchange customers worldwide the opportunity to enter the WK 20 Kimberly Clark Salute to Savings sweepstakes for a chance to win 1 of 10 \$1,000 Exchange Gift Cards.

• Exchange mobile food truck schedule for May

Mondays: Skillet King and Food To Go at Exchange, Littlefeather Farms at Bldg. 1083, C’est Si Bon at Bldg. 3220,

Love & Hope at Bldg. 3220 (except May 15 and 22)

Tuesdays: Skillet King, Food To Go and Littlefeather Farms at Exchange, C’est Si Bon at Bldg. 1083, Twister Dogs at Bldg. 3220, May 16 Chef Ray’s Street Eats at Bldg. 3220, May 23 Blue Donkey Café at Bldg. 3220, May 30 Chef Ray’s Street Eats at Bldg. 3220

Wednesdays: C’est Si Bon and Food To Go at Exchange, Twister Dogs at Bldg. 1083, Rolling Café at Bldg. 3220, Love & Hope Inc. at Bldg. 3220 (except May 17 and 24)

Thursdays: Smokey Ray’s BBQ and Food To Go at Exchange, Rolling Café at Bldg. 1083, Littlefeather Farms at Bldg. 3220 (except May 25), May 25 Skillet King at Bldg. 3220, May 18 Twister Dogs at WR ANG, May 25 Little Feather at WR ANG, June 1 C’est Si Bon at WR ANG

Fridays: Smokey Ray’s BBQ, Food To Go, Rolling Café at Exchange, Twister Dogs and Jamaican Thunder at Bldg. 3220

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Tinker Calendar Recurring Events

Above the Belt Class: Every Monday, 11:30 a.m. to 12 p.m. This free class works on tone, sculpt, and building strong lean muscles. A variety of equipment will be used including your own body resistance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

AB-Tastic: Every Monday, 3:30 to 4 p.m. This free class is the perfect core strengthening solution. Use your bodyweight and a variety of equipment to build a strong core. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Active Parenting of Teens Class: Learn how to establish mutual respect and cooperation, decrease power struggles and mold values. Parents will also find out how to help their children make positive choices in life to prevent risky behavior, as well as how to guide them to develop skills and character they need as they gain independence. For details, call 582-6604.

Baby Basics Class: This four-session class is for new and expectant parents. Topics include infant health care, labor and delivery, coping with crying, "How to Budget for a Baby," baby/child safety, breastfeeding, infant nutrition, bathing and swaddling your baby, post-partum depression and a special break-out session for dads. For more details, call 582-6604.

Basic Auto Maintenance: Thursdays, 3:45 p.m. The Basic Auto Maintenance Course is required to be certified at Tinker Auto Hobby. Individual times can be arranged as necessary. Information: Auto Hobby, Bldg. 6002, 734-5616.

Beginning Crochet: Every Tuesday, 11:30 a.m. to 12:30 p.m. and Every Thursday, 4 p.m. to 5 p.m. Come learn the basics of crochet. Each student will be given one on one instruction. Cost of the class is \$20 per person. Information: Tinker Arts & Crafts, Bldg. 478, 734-5615.

Better Body. Better Life. This eight-week healthy eating/weight management program meets once per week for 1 hour. BBBL is designed to help individuals seeking to lose and maintain their weight and enjoy an overall healthy lifestyle. Participants will identify personal goals, understand behavior change, and gain knowledge on nutrition while working to achieve their personal goals. Minimum of 6 classes must be completed to receive a Form 108 certificate.

Bootcamp Fitness: Every Monday, 6:15 to 7:15 a.m. This adrenaline-pumping cardio and strength session couples plyometrics with high volume resistance training for an aerobic workout to challenge any fitness level. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

BodPod Assessment Appointments: The BodPod is the premier system for measuring body fat and lean mass using air displacement technology. Testing will not be permitted without the appropriate attire. Appointments are 30 minutes. Visit <https://org.eis.afmc.af.mil/sites/72MDG/BodPod/default.aspx> to schedule an appointment.

Cardio Sculpt: Every Tuesday, 4:15 to 5 p.m. This free class is an infusion of cardio intervals, strength and core training designed to maintain optimal heart rate levels, burn maximum calories, and firm your entire body. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Cholesterol and Glucose Screenings: Free cholesterol and glucose screenings open to all Department of Defense civilians available. Bring an up-to-date Health Risk Assessment from AFMCwellness.com. For details, call CHPS at 582-6817.

Color Pin Day at Tinker Lanes: Every Tuesday, 10 a.m. to 3 p.m. Join Tinker Lanes for Color Pin Day! Make a strike with a color pin in the head position and win 1 free game

coupon. Limit 3 per bowler. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Communications Basics: Learn how your personality impacts your communication style. For more information, call 582-6604.

Dollar Mondays at Tinker Lanes: Every Monday, All day Monday's are dollar days at Tinker Lanes. That means dollar games and shoes. Information: Tinker Lanes, Bldg. 5703, 734-3484.


Family Day Bowling: Every Saturday, 1 to 5 p.m. The cost is \$30 per lane and includes two hours of bowling. Up to six people are allowed per lane with shoe rentals. Information: Tinker Lanes, Bldg. 5703, 734-3484.

FIT Basic: This eight-week progressive program meets three days a week for 1 hour. This program is designed for military members on a profile and/or recovering from an injury. The program will focus on functional movement and mobility improvement through strength, cardio, core and flexibility conditioning that will be adjusted and based on each individuals profile limitations or area of injury/weaknesses. One day each week will be dedicated to nutrition/behavior modification. Workout attire is required. Example Schedule: Tuesday - Strength Conditioning; Wednesday - Nutrition Education; Thursday - Core/Yoga Stretching.

FIT — Health & Human Performance: This eight-week progressive program that meets 5 days a week Mon-Fri for 1 hour. This program will enhance Active Duty member's human performance through fitness, nutrition and behavior change. Classes include run, strength, core, flexibility, cardio and functional movement conditioning; in addition,

See more recurring events on page 7a.

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Recurring Events continued from page 6a

one day each week will be dedicated to nutrition/behavior modification. Pre/Post health and fitness assessments conducted. All participants must sign program memorandum prior to the program start date. Members cannot be on a profile. Example Schedule: Monday - Run Conditioning; Tuesday - Nutrition Education; Wednesday - Strength Training; Thursday - Run Conditioning; Friday - Bootcamp.

Goal Setting: This workshop is designed to help participants establish goal setting habits, remove mental roadblocks and get on the road to achieving goals. For more information, call the Airman and Family Readiness Center at 739-2747.

Group Lifestyle Balance: This lunch class is a 12-week group weight loss program that provides education, coaching, and encouragement to help you create behaviors for a healthier, active life. Classes are free, supportive, interactive, and fun! For more information, call 582-6541.

Health and Happiness: Is being happy something that we can practice and get better at? Can being happy help us be healthier? Come explore the relationship between emotions and health. For more information, call 582-6817.

Healthy Thinking, Anger, Stress (H.A.S.) Class: This four-session class teaches better ways of expressing and reducing feelings of anger. Practice techniques to help deal with stress, and learn how unproductive thinking patterns may have been causing problems in your life. Remind yourself how to create more balance in your life and practice better self-care. For more information, call 582-6604.

Importance of Sleep: Come learn about the health benefits of sleep, tips for getting enough sleep, and when to see a doctor about your sleep concerns. For more information, call CHPS at 582-6817.

Lunch Break Bowling: Every Tuesday through Friday, 10:30 a.m. to 1 p.m. Come in during your lunch break for \$1.50 games. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Lunch Specials at the Tinker Club: 11 a.m. to 1 p.m. Tuesdays through Fridays at the Tinker Club. The club serves up a buffet and a soup and salad bar. Themed lunches are offered on Wednesdays. Themes include Mongolian, Mexican and 'A Taste of Italy' pasta lunch.

Memory Loss: We all misplace our keys, but how can we tell normal forgetfulness from something more serious? We will discuss what affects memory loss, how to reduce the risk of developing memory loss, and tips to remember everyday things like new names or where we left those keys. For information, call CHPS at 582-6817.

Muscle Make-Over Class: Every Thursday, 4:15 to 5 p.m. This free class is a head to toe muscle condition workout to tone, sculpt, and build strong lean muscles. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Open Revolving Senior League Bowling: Every Wednesday, 12 p.m. Seniors can bowl three games 9 pin no tap for \$6 per bowler. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Overcoming Gym Intimidation: See the benefits of being active, the components of an exercise program and how often to exercise, plus learn ways to overcome gym intimidation and overcoming barriers to being physically active. For more information, call 582-6817.

Panini Thursdays at the Tinker Club: Every Thursday, 11 a.m. to 1 p.m. If you're in the mood for a delicious sandwich

made panini style, you're in luck. Stop by every Thursday for some delicious panini favorites. Information: Tinker Club, Bldg. 5603, 405-734-3418.

Performance Run Class: This interactive eight-week program meets 2 days a week for 1 hour. This class is designed to improve running technique and performance. The course will review running fundamentals and will implement a progressive running program. Workout attire and running shoes required.

Personal Goal Setting for a Healthy Lifestyle: In this class we'll discuss health-related goals that people commonly make, how good and bad habits can make or break our success of reaching our goal, and learn several tips and tactics for keeping our goal. For information, call Civilian Health Promotions Services at 582-6817.

Pilates at 3705: Every Wednesday, 11:30 a.m. to 12 p.m. The class is free to all participants. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Pilates at the Gerrity: Every Thursday, 6 to 7 p.m. The Pilates class will be every Tuesday and Thursday starting at 6 p.m. The class is free to all participants. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Portion Distortion: In this Civilian Health Promotions Class, participants will discuss how the amount of food people eat has changed over time, and how eating bigger portion sizes affects their health. For more information, call 582-6817.

Power Pump: Every Monday, Wednesday, & Friday, 9:15 to 10:15 a.m. The Power Pump class is free to all participants and starts at 9:15 a.m. each Mon., Wed., and Fri. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Power to Change Class: Power to Change is a 5-week educational class facilitated by the Tinker Family Advocacy Domestic Abuse Victim Advocate. It is designed to provide domestic violence education in a group setting. Topics include an overview of domestic violence, effects of the violence on self and other family members, coping with the effects, why it is difficult for victims to leave abusive situations, self-esteem, recovery, healthy relationships, healthy boundaries, assertiveness, safety, red flags and more. The class is currently open to females with base access. A men's class will be offered upon request. Classes are held Wednesday afternoons from 2 to 3:30 p.m. in the Chapel's Religious Education Bldg. Library. (Alternate class days/times could be available by request.) Call Family Advocacy at 582-6604 to sign up or to request a men's class.

Pre-Deployment: Every Tuesday, 8 to 10 a.m. and Every Friday, 1 to 3 p.m. The A&FRC provides individual and group briefings to ensure military members and their families have completed necessary preparations for deployment. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Pregnancy Resource Briefing: The information presented in this briefing includes prenatal fitness and nutrition, dental care while pregnant, the New Parent Support Program, TRICARE and community resources. Spouses or partners are encouraged to attend with the expectant mother. For more information or to sign up, call 582-6604.

PREP Class: The Prevention and Relationship Enhancement Program class is for any couple wanting to improve communication, learn problem solving as a team

and start having fun together again.

Pre-Separation: Every Wednesday, 1:30 to 4 p.m. This mandatory counseling is to ensure all active duty separating service members have the opportunity to be made aware of the transition services and benefits available to them. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Reintegration Briefing: Every Thursday, 8 to 10 a.m. The A&FRC provides group briefings ensuring military members and their families have necessary information for a smooth reunion. Tapes and handouts available for all on tips for a successful reunion. Information: Airman & Family Readiness Center, Bldg. 6001, 739-2747.

Résumé Writing Workshop participants will learn valuable information on private industry résumé writing techniques, formats and guidelines, cover letters and more. The second half of the workshop goes into more detail on federal résumés. For more information, call the Airman and Family Readiness Center at 739-2747.

Rhythm Kids/Playgroup: Rhythm Kids offers singing, dancing and parachute play to parents and children under 5 years old. Bring your children for an exuberant experience for both of you. After the active fun of Rhythm Kids, relax and watch the kids play while you make new friends at Playgroup. No sign-ups needed. For more information, call 582-6604.

Senior Day Bowling: Every Wednesday, 10 a.m. to 3 p.m. Wednesday is Senior Day at Tinker Lanes. Seniors 55+ can bowl for \$1.25 a game. Information: Tinker Lanes, Bldg. 5703, 734-3484.

Simple Strategies to Manage Stress: This class will review three stress management techniques (focusing, calming, balanced living practices) so participants leave feeling more empowered to manage their stress. For more information, call CHPS at 582-6817.

Smooth Move: PCSing soon? This is one class you can't miss. You will learn how to make your move as smooth as possible whether you are going to the next state or overseas. For more information, call the A&FRC at 739-2747.

Social Hour at the Tinker Club: Every Friday, 4:30 – 5:30 p.m. Social hour is free for all club members and only \$5 for non-members. Includes food and rotating drink specials every Friday. Information: Tinker Club, Bldg. 5603, 734-3418.

Spin Class: Every Tues. & Thurs., 11:30 a.m. and Wed. at 12 p.m. This free class is a fun way to get a great workout in. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Spin-Cycle: Every Monday, 4:10 to 4:50 p.m. This free high energy non-impact workout is guaranteed to raise your heart rate. Follow your instructor on a simulated ride through terrains, hills, and jumps while controlling your own resistance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Story Time at the Tinker Library: Every Tuesday, 10:30 a.m. Join the fun at the Tinker Library as Mr. Peter reads exciting stories. Information: Tinker Library, Bldg. 5702, 734-2626.

Story Time/Playgroup: Join the group for stories, then relax at Playgroup. For parents and kids under 5 years old. Held at the Balfour Beatty Community Center on the first and third Thursdays. For information, call Family Advocacy at 582-6604.

Strength and Conditioning Class: 11 a.m. to noon Tuesdays and Thursdays at Bldg. 216 Fitness Annex. Come

See more recurring events on page 9a.

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Recurring Events

continued from page 7a

to these free strength and conditioning classes and make a 180 change. For more information and to sign up for the class, call 734-2163.

Taco Tuesdays at the Tinker Club: Every Tuesday, 11 a.m. to 1 p.m. This is a lunch to ‘taco’ bout with your friends because it’s delicious. Information: Tinker Club, Bldg. 5603, 734-3418.

Taekwondo: Every Tuesday & Thursday, 6 to 7 p.m. Taekwondo provides athletic training with the combination of combat, self-defense, and balance. Classes are available for ages 6 to adult. Family rates are available. Information: Tinker Youth Center, Bldg. 5520, 734-7866.

Tinker Family Orientation: Base in-processing briefings (A&FRC, Commander, Chief, Housing, Education, Legal, IG, EFMP, SLO, EO, Readiness, Safety, Marketing, MFLC, Chapel, etc.) for active duty personnel and families newly assigned to Tinker AFB. For more information, call 739-2747. For Navy members, this is coordinated by the administrative section.

Tobacco Cessation Individual Consults: Create a quit plan, discuss tobacco-use triggers, and coping strategies. Consults are 30 minutes. Call 734-5506 to schedule.

Transition GPS: Mandatory course for all separating members of the Armed Forces. Topics include VA Benefits, GI Bill, TRICARE, employment, résumé writing, interview skills, budget and TMO. Spouses encouraged, but must pre-register. For details, call 739-2747.

VA Career Track 2-Day Class: The Career Technical Training Track is designed to assist you in:

- Defining technical career goals
- Identifying required credentials
- Finding career technical training opportunities
- Identifying local Veteran resources
- Utilizing your VA education benefits

Participants must complete the Core GPS program in order to attend this class. For more information, call 739-2747.

Walking for Your Health: The Basics: Come learn the reasons why you should start walking for exercise and some tips for sticking with it. For more information, call CHPS at 582-6817.

Wings & Things Fridays at the Tinker Club: Every Friday, 11 a.m. to 1 p.m. This delicious lunch features a variety of wings along with other things. Information: Tinker Club, Bldg. 5603, 734-3418.

Yoga: Every Tuesday & Thursday, 3 to 4 p.m. The free yoga classes use gentle movements to improve flexibility, balance, strength, and posture. This class may incorporate basic poses for various yoga styles. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Yoga Flow: Every Tuesday (Intermediate to Advanced Level) and every Thursday (Beginner to Intermediate Level) 3:30 to 4:10 p.m. This free class will get you into the flow with this invigorating style of Vinyasa flow yoga. This class ties postures together with breath and movement, into a flowing combination of strength, flexibility, and balance. Information: Fitness Center 3705, Bldg. 3705, 734-4664.

Zumba: Every Monday, Wednesday, & Friday, 4 to 5 p.m. With free Zumba fitness classes, you can lose yourself in the music and find yourself in shape. Zumba dance workout classes feature exotic rhythms and high-energy Latin and international beats. Information: Gerrity Fitness Center, Bldg. 6004, 734-5607.

Tinker Chapel Recurring Events

CATHOLIC

For more information, call Jim Black at 734-8158 or the chapel at 734-2111.

Weekend Mass: Saturday at 5 p.m. and Sunday at 9 a.m.

Sunday School: 10:30 a.m. to noon Sundays.

Daily Mass starts at 11:30 a.m. Mondays, Wednesdays and Fridays at the chapel.

Holy Days of Obligation: Mass at 11:30 a.m. and 7 p.m.

Fellowship is held the second weekend of the month after Saturday and Sunday Mass.

Confession is from 3:30 to 4:30 p.m. Saturdays at the chapel or by appointment.

Catholic Women of the Chapel meet at 9 a.m. for fellowship and 9:30 a.m. for business the first Friday of the month.

Religious Education: 10:30 a.m. Sunday in the R.E. Bldg. For more information, call Julie Bierne at 734-2111.

Rite of Christian Initiation for Adults (RCIA): Classes for those interested in coming into communion with the Catholic church are held at 9 a.m. Sundays. For more details, call the chapel at 734-2111.

Rosary Prayer Group: Before Mass at 11 a.m. Mondays, Wednesdays and Fridays.

Ladies Rosary Guild starts at 1 p.m. Thursdays in chapel rooms 1 and 2.

Pre-Baptism Class starts at 12:15 p.m. the last Sunday of the month.

Choir Rehearsals Wednesdays at 6:30 p.m. and 8:30 a.m. Sundays for the 9 a.m. Mass.

Catholic Pastoral Council starts at 12:15 p.m. the first Sunday of every other month.

PROTESTANT

For more information on Protestant events, call Janina Peter at 734-8986.

General Protestant Service: 11 a.m. to noon, with Children’s Church for kids ages 4 years old to fourth graders.

Communion: First Sunday of the month.

Sunday school: 9:30 to 10:30 a.m. Sundays in the R.E. Bldg. Sunday school is available for adults and children of all ages at the chapel. Call Brandi Briscoe at 734-2111 for details.

Wee Church is offered for children 6 months to 3 years during Protestant Bible studies from 6 to 8 p.m. Wednesdays and during Sunday service.

Fellowship Sunday: Third Sunday of the month after the service.

Weekly Fellowship Dinner: Groups meet for fellowship at 6 p.m. Wednesdays. Dinner is provided. All groups, including children’s programs, follow.

Protestant Retirees of the Chapel meet at 5 p.m. every second Sunday at various restaurants. Call 734-2111 for details.

Protestant Women of the Chapel meet for Bible study at 7 p.m. Wednesdays in room 4 and rooms 1 and 2. A children’s program is provided. Call 734-2111 for details.

Tinker Youth of the Chapel is for sixth to 12th graders. Meet for Bible Study Wednesdays in the R.E. Bldg. For details on youth events, call 734-2111.

Protestant Men of the Chapel meet at 7 p.m. Wednesdays in the fellowship hall. For information, call 734-2111.

Protestant Children of the Chapel: Elementary age children meet at 7 p.m. Wednesdays in the R.E. Bldg. For more details, call Brandi Briscoe at 734-2111.

Choir rehearsals are held every Tuesday in the sanctuary. The praise team rehearses at 6 p.m. and the vocal choir rehearses at 7 p.m. Call David Briscoe at 734-2111 for more information.

Protestant Parish Council starts at noon the second Sunday of each month in classrooms 1 and 2.

Baptism - Call the chapel at 734-2111.

ECUMENICAL

Chapel Weddings – Couples wanting to be married at the base chapel must call 734-2111 four months before the wedding. The prospective bride and groom must go through four to six weeks of counseling to be married by a chaplain.

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Sunday Morning Worship Service: 10:30am
Sun. School: 9:15am; Sun. Evening Focus Groups: 5:45pm
Wednesday Evening Prayer Service and AWANA at 6:00 p.m.

To advertise in the Worship Directory,
call Wendy Duncan at **405-278-2831.**

Lutheran



GOOD SHEPHERD

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Rev. Ron Simpson

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Display Ad Deadline: Noon, Tuesdays Line Ad Deadline: Noon, Wednesdays

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This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.



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Duplex for rent in MWC
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One bedroom, w/d, hup, garage and yard.
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In December 2014, Brandi had a case of strep throat which resulted in the diagnosis of dilated cardiomyopathy. Unable to tolerate any of the medications to treat it, she was told that ultimately a heart transplant would be needed to save her life. Her health began to decline daily, and she spent nearly a month in the Intensive Care Unit before she received a new heart. Brandi's life was saved by a selfless donor, and is now able to exercise, travel and enjoy time with her friends and family.

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Join us for these upcoming special events!

Star-Spangled Salute Air Show
May 20-21, Tinker Air Force Base

Tinker Inter-Tribal Council Pow-Wow
June 10, Joe B. Barnes Regional Park

Made in Oklahoma Fest
June 17, Sheraton Midwest City Hotel
at the Reed Conference Center

Tribute to Liberty
July 4, Joe B. Barnes Regional Park



TINKER Events

2017

Friday, May 12

Community

Cholesterol and Glucose Screening

Bldg. 3001 LH Office (O73), 7 to 11 a.m.

See description on page 6a-9a.

Master the Scale

Bldg. 3001 PK C/R (2AH-78A), 11 a.m. to 12 p.m.

See description on page 6a-9a.

Diabetes Support Group Meeting

Tinker Wellness Center, Bldg. 5922, 1:30 to 2:30 p.m.

Monthly support group involving many aspects of living with diabetes. Topics include nutrition, activity, stress management, dental health, foot care, and much more. For more information, call 736-2169.

Monday, May 15

Community

Cholesterol and Glucose Screening

Bldg. 3001 LH Office (O73),

7 to 11 a.m.

See description on page 6a-9a.

Infant Massage class (1 of 5)

Tinker AFB Homes Balfour Beatty Community Center, 11 a.m.

See description on page 6a-9a.

Tobacco Cessation

Individual Consults

Tinker Wellness Center, Bldg. 5922,

1 to 3:30 p.m.

See description on page 6a-9a.

Active Parenting of Teens Class (5 of 6)

72nd MDG, Family Advocacy office, 1:30 to 3:30 p.m.

See description on page 6a-9a.

Tuesday, May 16

Community

Group Lifestyle Balance Lunch Class

Tinker Wellness Center

Bldg. 5922, 11 a.m. to 12 p.m.

See description on page 6a-9a.

Cholesterol and Glucose Screening

Bldg. 3001 W101 B/R, 7:30 to 10:30 a.m.

See description on page 6a-9a.

Infant Massage class (2 of 5)

Tinker AFB Homes Balfour Beatty Community Center, 11 a.m.

See description on page 6a-9a.

H.A.S. class (3 of 4)

72nd MDG, Family Advocacy office, 12 to 2 p.m.

See description on page 6a-9a.

PREP class (for couples) (3 of 4)

Base Chapel's Religious Education Bldg., 3 to 5 p.m.

See description on page 6a-9a.

Baby Basics class (3 of 4)

72nd MDG, Heritage Hall, 6 to 8 p.m.

See description on page 6a-9a.

Wednesday, May 17

Community

Cholesterol and Glucose Screening

Bldg. 3001 LH Office (O73), 7 a.m. to 5:30 p.m.

See description on page 6a-9a.

Infant Massage class (3 of 5)

Tinker AFB Homes Balfour Beatty Community Center, 11 a.m.

See description on page 6a-9a.

Baby Basics class (4 of 4)

72nd MDG, Heritage Hall, 6 to 8 p.m.

See description on page 6a-9a.

Thursday, May 18

Community

Cholesterol and Glucose Screening

Bldg. 1 Door 6, 7:30 to 10:30 a.m.

See description on page 6a-9a.

Tobacco Cessation

Individual Consults

Tinker Wellness Center, Bldg. 5922, 7:30 to 9:30 a.m.

See description on page 6a-9a.

Story Time/Play Group

Tinker AFB Homes Balfour Beatty Community Center,

10 a.m.

See description on page 6a-9a.

Infant Massage class (4 of 5)

Tinker AFB Homes Balfour Beatty Community Center, 11 a.m.

See description on page 6a-9a.

H.A.S. class (4 of 4)

72nd MDG, Family Advocacy office, 12 p.m. to 2 p.m.

See description on page 6a-9a.

PREP class (for couples) (4 of 4)

Base Chapel's Religious Education Bldg., 3 to 5 p.m.

See description on page 6a-9a.

Group Lifestyle Balance Evening Class

Tinker Wellness Center Bldg. 5922, 5 p.m. to 6 p.m.

See description on page 6a-9a.

Friday, May 19

Community

Cholesterol and Glucose Screening

See more events page 2b.

BASK IN THE REWARDS



COMING SOON:

DWIGHT YOAKAM - JUNE 24

TRAVIS TRITT - JULY 14

JEFFREY OSBORNE & THE WHISPERS - JULY 15

\$50,000 MAY DAZE

EVERY FRIDAY FROM 7 PM TO 11:30 PM, TWO PATRONS CAN WIN UP TO \$1,000 EACH HALF-HOUR — OR GET DAZED WITH THE \$5,000 MIDNIGHT GRAND PRIZE! TRIPLE ENTRIES MONDAYS.

TOP OF THE STRETCH

WIN A SHARE OF \$1,000 ON MAY 20 BY ENTERING YOUR LOSING TICKETS INTO A DRAWING FROM 9 AM TO 6 PM. RANDOM CASH DRAWINGS WILL OCCUR FROM 1:30 PM TO 6 PM.

SPRING IN TOURNAMENT

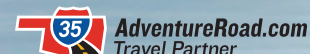
WIN A SHARE OF \$1,000 EACH SATURDAY BY EARNING FIVE POINTS ON YOUR WILD CARD OR PAY \$20 TO REGISTER BETWEEN 11 AM AND 1 PM. PLUS, YOU COULD WIN ONE OF FIVE HOT SEAT DRAWINGS FOR \$500 BONUS PLAY STARTING AT 10 AM!



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Continued from page 1b.

Bldg. 3001 LH Office (O73),
7 a.m. to 11 a.m.
See description on page 6a-9a.

Monday, May 22
Community
Cholesterol and Glucose Screening
Bldg. 3001 LH Office (O73),
7 to 11 a.m.
See description on page 6a-9a.

Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Active Parenting of Teens Class (6 of 6)
72nd MDG, Family Advocacy
office, 1:30 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, May 23
Community
Cholesterol and Glucose Screening
Bldg. 3001 DLA/DLR C/R
Post X-95 West Mezz,
7:30 a.m.
See description on page 6a-9a.

Group Lifestyle Balance Lunch Class
Tinker Wellness Center
Bldg. 5922, 11 a.m. to 12 p.m.
See description on page 6a-9a.

Wednesday, May 24
Community
Cholesterol and Glucose Screening
Bldg. 3001 LH Office (O73),
7 a.m. to 5:30 p.m.
See description on page 6a-9a.

Thursday, May 25
Community
Cholesterol and Glucose Screening
Bldg. 3001 LH Office (O73),
7:30 to 10:30 a.m.
See description on page 6a-9a.

Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Rhythm Kids/Play Group
Tinker AFB Homes Balfour
Beatty Community Center,
10 a.m.
See description on page 6a-9a.

Group Lifestyle Balance Evening Class
Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Tuesday, May 30
Community
Cholesterol and Glucose Screening
Bldg. 3001 LH Office (O73),
7:30 to 10:30 a.m.
See description on page 6a-9a.

Group Lifestyle Balance Lunch Class
Tinker Wellness Center
Bldg. 5922, 11 a.m. to 12 p.m.
See description on page 6a-9a.

Wednesday, May 31
Community
Cholesterol and Glucose Screening
Bldg. 3001 LH Office (O73),
7 a.m. to 5:30 p.m.
See description on page 6a-9a.

Thursday, June 1
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Group Lifestyle Balance Evening Class
Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Monday, June 5
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, June 6
Community
Group Lifestyle Balance Lunch Class
Tinker Wellness Center

Bldg. 5922, 11 a.m. to 12 p.m.
See description on page 6a-9a.

Thursday, June 8
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Group Lifestyle Balance Evening Class
Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Friday, June 9
Community
Diabetes Support Group Meeting
Tinker Wellness Center,
Bldg. 5922, 1:30 to 2:30 p.m.
See description on page 6a-9a.

Monday, June 12
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, June 13
Community
Group Lifestyle Balance Lunch Class
Tinker Wellness Center
Bldg. 5922,
11 a.m. to 12 p.m.
See description on page 6a-9a.

Thursday, June 15
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922,
7:30 a.m. to 9:30 a.m.
See description on page 6a-9a.

Group Lifestyle Balance Evening Class
Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Monday, June 19
Community
Tobacco Cessation Individual Consults
Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, June 20
Community
Group Lifestyle Balance Lunch Class
Tinker Wellness Center
Bldg. 5922, 1
11 a.m. to 12 p.m.
See description on page 6a-9a.

Thursday, June 22
Community
Group Lifestyle Balance Evening Class
Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

See more events page 3b.

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Continued from page 2b.

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922,
7:30 to 9:30 a.m.
See description on page 6a-9a.

Monday, June 26

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, June 27

Community

**Group Lifestyle Balance
Program**

Tinker Wellness Center
Bldg. 5922,
11 a.m. to 12 p.m.
See description on page 6a-9a.

Thursday, June 29

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922,
7:30 to 9:30 a.m.
See description on page 6a-9a.

**Group Lifestyle Balance
Evening Class**

Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Thursday, July 6

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922,
7:30 to 9:30 a.m.
See description on page 6a-9a.

**Group Lifestyle Balance
Evening Class**

Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Monday, July 10

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, July 11

Community

**Group Lifestyle Balance
Lunch Class**

Tinker Wellness Center
Bldg. 5922, 11 a.m. to 12 p.m.
See description on page 6a-9a.

Thursday, July 13

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

**Group Lifestyle Balance
Evening Class**

Tinker Wellness Center
Bldg. 5922, 5 to 6 p.m.
See description on page 6a-9a.

Friday, July 14

Community

**Diabetes Support Group
Meeting**

Tinker Wellness Center,
Bldg. 5922, 1:30 to 2:30 p.m.
See description on page 6a-9a.

Monday, July 17

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Tuesday, July 18

Community

**Group Lifestyle Balance
Lunch Class**

Tinker Wellness Center
Bldg. 5922, 11 a.m. to 12 p.m.
See description on page 6a-9a.

Thursday, July 20

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Monday, July 24

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Thursday, July 27

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Monday, July 31

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Thursday, August 3

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922,
7:30 to 9:30 a.m.
See description on page 6a-9a.

Monday, August 7

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Thursday, August 10

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Friday, August 11

Community

**Diabetes Support Group
Meeting**

Tinker Wellness Center,
Bldg. 5922, 1:30 to 2:30 p.m.
See description on page 6a-9a.

Monday, August 14

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.

Thursday, August 17

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 7:30 to 9:30 a.m.
See description on page 6a-9a.

Monday, August 21

Community

**Tobacco Cessation
Individual Consults**

Tinker Wellness Center,
Bldg. 5922, 1 to 3:30 p.m.
See description on page 6a-9a.



Come Join Us...

DEL CITY
Chamber of Commerce

Saturday, May 13, 2017

10:00 A.M.

As We Celebrate The 32nd Annual Armed Forces Day & Shriners Parade
Colonel David Gaedecke – Grand Parade Marshal



For additional information call the City at (405) 670-7312 or email gcarrington@cityofdelcity.org or call the Chamber at (405) 677-1910 or email delcitychamber@coxinet.net. For Parade Application go to www.cityofdelcity.com/armed-forces-day-parade and submit online or print and drop off at City Hall. Applications may also be picked up at City Hall, 3701 S.E. 15th Street, in the lobby area, Del City Community Center lobby, 4505 S.E. 15th Street or Del City Chamber of Commerce/Welcome Center, 5501 S.E. 15th Street, Del City, Oklahoma.

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*The engine horsepower and torque information are provided by the engine manufacturer to be used for comparison purposes only. Actual operating horsepower and torque will be less. Refer to the engine manufacturer's website for additional information.
†Before operating or riding, always refer to the safety and operating information on the vehicle and in the operator's manual. Actual vehicle top speed may vary based on belt wear, tire selection, vehicle tow weight, fuel condition, terrain and other environmental factors. (1) Offer valid on new 3025E Compact Tractor purchases made between 5/1/2017 and 5/31/2017. Subject to approved installment credit with John Deere Financial. Up to a 20% down payment may be required. Example: based on a purchase of \$13,500 with \$2,700 down payment, monthly payment of \$129 at 0% APR for 84 months. Taxes, freight, set up and delivery charges could increase the monthly payment. Price and model availability vary by dealer. Valid only at participating US dealers.
(2) \$250 retail bonus available with purchase of any new Z500 Series ZTrak mower from an authorized John Deere dealer from May 2, 2017, through May 31, 2017. Must present completed, official Test Drive Request form to an authorized John Deere dealer at the time of purchase. Available at participating John Deere dealers. Retail bonus will be deducted from the purchase price. Forms available at JohnDeere.com/TakeYourTurn. Limit of one form per person per purchase. See your John Deere dealer for further details. (3) Offer valid from May 2, 2017, through May 31, 2017, on the purchase of any new full-size XUV800 Series Gator Utility Vehicle. Get \$500 off any full-size XUV800 Series Gator Utility Vehicle. Offer, prices and savings are in U.S. dollars and available in the U.S. only. Ask your dealer for details.



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