

Volume 3, Issue 21

Contingency Operating Base Basra, Iraq



Sgt. 1st Class Emmanuel Martinez (center), a Soldier with the 36th Infantry Division, teaches Spc. Lionel Brown (right) and Sgt. Ruben Gonzalez Jr. (left), both with the 422nd Military Police Company, proper breathing and hand placement techniques during a Basic Life Support course at Contingency Operating Base Basra.

Photo by Sgt. James Kennedy Benjamin

By Sgt. James Kennedy Benjamin 305th MPAD, USD-S Public Affairs

BASRAH, Iraq – Soldiers on Contingency Operating Base Basra are refining their lifesaving skills by taking a free Basic Life Support course that started May 12 at the Education Center.

Sgt. 1st Class Emmanuel Martinez, a 36th Infantry Division, Texas National Guard Soldier, took the initiative to spread the awareness of lifesaving skills to Soldiers and civilians on COB Basra.

"The goal of the classes is to train people with the basic skills they need to sustain somebody that has had either a cardiac arrest or pulmonary arrest until the medics can come and get them to advance life support," Martinez said.

The four-hour course certified Soldiers in adult, child and infant cardiopulmonary resuscitation (CPR), and taught them how to use an automated external defibrillator (AED).

Spc. Lionel Brown, an Army Reserve Soldier with 2nd Platoon, 422nd Military Police Company out of Bakersfield, Calif., said taking the training while deployed is valuable. Even while deployed, he added, there is the possibility of Soldiers choking or needing CPR. He said he is confident that he will be able to respond to emergencies he learned during the course.

The Basic Life Support course has evolved over time, said Martinez. April 1 was when the new American Heart Association program guidelines came into effect.

"They [AHA] went from airway, breathing, and circulation," Martinez said, to "breathing, airway, and circulation."

The slight variation takes away from responders having to look, listen, and feel for signs of life for 10 seconds.

"They [AHA] felt compressions were more important than immediately giving rescue breathing," Martinez added. "Compressions are the most important thing to keep blood flowing to the brain."

The first part of the course taught Soldiers how to give CPR to adults, children and infants. The second part taught Soldiers how to use an AED on adults and children.

Air Supply

Soldiers to sharpen **CPR** skills

For those who have never worked with an AED before, the device is easy to use, Martinez said. The AED will talk you through the whole process from turning it on, to where to place the pads and so forth.

Martinez said that when a person has a heart attack, getting early defibrillation increases the person's chances of living.

At the end of the training, students do a skills test and a written exam.

For Martinez, being able to teach lifesaving skills for almost six years has been rewarding. "It is a passion to teach medical skills," he said.

He urged all personnel on COB Basra to take the training because it can save a life, and it costs nothing to get trained. The course, which can take up to 12 students per class, will continue every Thursday, until the 36th Inf. Div. redeploys.

TALIL, Iraq – Many of Contingency Operating Base Adder's resources arrive by shipment from the U.S.; however, water is one of only a handful of resources collected locally.

Every week, Soldiers with G Forward Support Company, Task Force 2nd Battalion, 82nd Field Artillery Regiment, 3rd Advise and Assist Brigade, 1st Cavalry Division, hit the road to provide critical services in support of COB Adder and Operation New Dawn.

One of these services includes providing fuel for and maintaining the generators that provide water to the base.

On May 14, the "Gunfighters" provided a replacement generator for one of the pumps to Sheikh Mahmoud, who oversees the operation of the pump.

There are three pumps that provide water to COB Adder: two pump directly from the Euphrates River to a series of canals and one pumps water from the canals to COB Adder.

Everyone uses this water for drinking, cooking at the dining facilities, showers and even flushing the toilets.

Generators power these pumps, and local sheikhs contracted by the Iraqi Security Forces oversee the daily operation of the pumps, generators and water canals.

On the day of the replacement, Iraqi Police escorted troops to the pump site where the maintenance platoon and distribution platoon worked together to replace the old generator with the new one.

While they were there, the Soldiers socialized with locals (particularly the children who came to watch the exchange of generators) who live near the pumps.

This provided a great opportunity to build a relationship between the community and the GREYWOLF Brigade at the "grass-roots" level.

"The kids are really comfortable with us; coming up and talking to us. It felt great to see the kids smiling, playing and having a good time." said Spc. Tarik Milner from Atlanta, Ga.

Gunfighter troops turn on the water works



Soldiers with Forward Support Company, Task Force 2nd Battalion 82nd Field Artillery Regiment, 3rd Advise and Assist Brigade, 1st Cavalry Division, talk with Sheikh Mahmoud, who is responsible for a water pump site near Nasiriyah, Iraq.

Photo by 1st Lt. Meagan McClellan



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By Maj. William Mott

1st Bn., 12th Cav. Regt., 3rd AAB, 1st Cav. Div.

BASRAH, Iraq - Iraq is exercising its democracy in the form of freedom of speech, and using peaceful demonstrations to voice that new freedom. Sometimes, demonstrations are peaceful only because highly trained commandos and Emergency Response Units exercise their civil disturbance training.

Stability Transition Team Enforcer coordinated riot control training for the Basrah Operations Command (BaOC) commandos through its counterpart, the Iraqi Police ERU, to ensure the commandos could operate as an auxiliary force to the IPs in the event that a demonstration did turn into a riot.

At the request of the BaOC Commander, Staff Lt. Gen. Muhammad Juwad Al-Huwaidy, Team Enforcer coordinated a four-day, three-hour civil disturbance training session for the IPs to train the commandos. Maj. Steve Cooper, senior advisor to the Commando Battalion, facilitated the locations and scheduling and attended the sessions from May 10-12.

Iraqi Army Maj. Rey'ad, Commando Battalion Executive Officer said, "I want to take full advantage of this special training so I brought forty other Soldiers to watch and learn while the others trained. I plan to have them train the rest of my battalion."

With shin guards and elbow pads strapped on, face shield helmets, rubber batons, and full-length transparent plexiglass shields in hand the training began. Thirty-eight IA commandos and nine highly trained professional Iraqi Police took to the field in 100-degree temperature to build on their earlier classroom instruction.

Scrimmaging against each other, they took turns throwing rocks and cement and kicking at the shields, and when commandos and Soldiers get together for riot training, it takes excellent IP instructors to keep the scenario a scenario. The teams had fun testing each other's ranks despite the rough and realistic training.

Lt. Col. Gregory Stokes, STT Enforcer Commander, was pleased with the program.

"The third-order effect of this training

is the cooperation between the IA and IP. We want to encourage more collaboration between the forces to strengthen the bond between them," Stokes said.

In a rare cultural exchange, Maj. Rey'ad called the police chief to say how pleased he was with the training.

"The bond built in just four days was so strong that the IA Maj. Rey'ad recommended a day-off reward for the IP instructors. It was great to see the IA praise the IP for their professionalism," said Cooper.



Iraqi Police test the strength of the Iraqi Army sheilds by kicking them to create a realistic civil disturbance and riot control training scenario.

Sappers set Soldier standard in southern Iraq

By Staff Sgt. Mark Albright 3rd ACR Public Affairs

BABIL PROVINCE, Iraq – Some units meet every requirement, everything asked of them by their command. The very best units set the standards that others aspire to achieve. Soldiers in 43rd Combat Engineer Company, "Sappers," fall in the latter group.

The "Sappers" have taken on their mission of route clearance in the 3rd Armored Cavalry Regiment with relentless drive. Every aspect of their day-to-day operations is carefully examined and adjusted to ensure the safety of Soldiers on the roads.

The unit has refined their route clearance actions, to include the identification of improvised explosive device emplacement as well as the suspected "trigger man." Their successful techniques have been adopted by other units in 3rd ACR and throughout Iraq.

"They are one of the best route clearance units that I have seen as far as command emphasis, Soldier involvement," said Sgt. Maj. Harold McVicker, Joint Improvised Explosives Defeat the Device Organization senior noncommissioned officer and native of Mannington, W. Va. "By far, they have the best route clearance package here in Iraq."

McVicker travels throughout Iraq observing engineer unit's practices and techniques. He then makes an evaluation of their performance and gives feedback on what to improve. "I go down to the unit and meet their leadership, I sit through their operations briefs and then go out on a route clearance mission with them," said McVicker. "The 43rd Engineer's leaders have taken the lessons learned in previous deployments and incorporated them into today's fight."

The Sapper Soldiers work together to create a detailed checklist that prepares them to complete their challenging mission. The leaders hold pre-mission checks and briefs, making sure that the troops know their part.

"We have specific and comprehensive checklists we follow that have been developed by our Soldiers and leaders," said Capt. Brandon Harper, commander of the 43rd Combat Engineer Company and native of League City, Texas.

The leaders strive to have a high impact on the quality of each mission conducted.

"The NCOs in this company have high standards," said Sgt. Nicholas Coughlin, squad leader from Columbus, Ohio. "We strive for perfection. We are professional Soldiers and conduct ourselves accordingly. If we don't, someone gets hurt."

Professionalism is the main ingredient that makes the Sappers good at their job. Their special attention to even the smallest details of the mission makes all the difference.

"We hold our responsibilities as NCOs and leaders near and dear to our heart," said Coughlin. "The attention to detail just follows through with everything we do."



Capt. Brandon L. Harper, commander of the 43rd Combat Engineer Company, 1st Squadron, 3rd Armored Cavalry Regiment speaks to his Soldiers before a mission from Contingency Operating Site Kalsu. Sgt. Maj. Harold McVicker, of the Joint Improvised Explosives Defeat the Device Organization, described the Soldiers as one of the best route clearance units in Iraq.



SGT TIFFANY WILSON

Joint Visitors Bureau Administrative NCO



Name: Wilson, Tiffany Primary Military Specialty: Human Resource Information Sergeant Secondary Military Specialty: None Hometown: Detroit, MI Grade: E-5

Wilson enlisted in the Texas National Guard in May 2005 and earned an associates degree in Nursing at Central Texas College in Killeen, Texas. She is working toward her bachelors in Criminal Justice through Kaplan University and will be applying for Warrant Officers Candidate School after completing her deployment here in Basrah.

While she considers preparing for key-leadership engagements a remarkable and gratifying Army experience, her participation in the Hurricane Rita recovery in Houston is the one closest to her heart. "Just helping out people who've been through a horrific, dreadful experience, and knowing that you're making a difference in their lives means a lot."

SGT ARTURO REYES

Joint Visitors Bureau Event Planner



Name: Reyes, Arturo Primary Military Specialty: Infantryman Secondary Military Specialty: Military Police Hometown: Kyle, TX

Grade: E-5

With two decades of military service, Reyes has several deployments under his belt, to include Desert Storm and Guantanamo Bay. His last active-duty assignment was to the U.S. Disciplinary Barracks at Fort Leavenworth, KS. His first deployment with the National Guard was to Kosovo in 2005-07, followed by Egypt and now Iraq.

Reyes has spent the last 14 years working at the Travis County Sherriff Office. He is dual-licensed in the State of Texas as a peace officer and corrections officer. Reyes' best Army experience has been his deployments. "Those are the best memories, from the first back in '91, taking showers in the desert with a canteen cup, to seeing the pyramids.

SGT YVONNE ONTIVEROS

Intelligence Analyst



Name: Ontiveros, Yvonne Primary Military Specialty: Intelligence Analyst Secondary Military Specialty: None Hometown: Hondo, TX

Grade: E-5

With dreams of becoming a teacher, Ontiveros joined the Army in 2007 to help pay for school. She then discovered another passion as an intelligence analyst and is crossing her fingers on landing a job at Army North Command. She enjoys playing the trumpet and has picked up guitar lessons while on her first deployment in Basrah, Iraq.

She has volunteered her time coaching volleyball and T-ball and taught religious classes, volunteered as a Girl Scout leader, and volunteered at a food bank in San Antonio. "We handed out food to the less fortunate where I was raised, and I had my kids involved so they can give back to the community," she said.

CHOW

Midnight • 0000 - 0130 Breakfast • 0530 - 0830 Lunch • 1130 - 1400 **Dinner •** 1700 - 2000

We may need YOU to save your battle buddy's life.

COB Basra Troop Medical Clinic Lab Department. Call Monday to Saturday for a screening appointment from 0830-1130 or 1300-1600. Walk-ins welcome!

> NIPR: 858-4832 SIPR: 241-2426

"Give blood, and give the gift of life."

Chaplain Programs and Religious Services

Holy Joe's Coffee (Coffee Bar and Fellowship) Monday - Saturday 0600 - 2200 william.culver@irag.centcom.mil

Rosary Prayer Tuesday at 2000 COB Basra Chapel arturo.rodriguez.jr@irag.centcom.mil

Mid-Week Prayer with Chaplain Mays

Wednesday at 1200 COB Basra Chapel wayne.mays@irag.centcom.mil

Basra Chapel Bible Studies Thursday 1900 - New Believers Bible Study 2000 - Bible Study Classes

Protestant Services

Sunday COB Basra Chapel 0930 - Traditional Service 1100 - Contemporary Service 1400 - Gospel Service 1700 - Liturgical Protestant

The Church of Jesus Christ of Latter Day Saints (LDS)

Sunday Old PX Building 0900 - Sacrament Service

Roman Catholic

Saturday COB Basra Chapel 2000 - Rosary/Vigil Service Sunday COB Basra Chapel 0800 - Catholic Service

LEGAL ASSISTANCE

Having family issues and need to seek legal advice? Need a will or a power of attorney? The Legal Assistance office is here to help you.

Monday-Saturday, 0800-1700 *Closed Mondays 1030-1300 Bldg #26G03 COB Basra, Iraq

"A legal assistance SOLDIER'S attorney; we represent command!"





Go to the home page on the SIPR computer web portal. Click "Effects" on the drop-down menu, and scroll down to Public Affairs. Then click on the PAO Asset Request button! Follow the directions and submit your request.



Spc. Genevie Plaza

Paralegal Specialist 858.4098 (VOIP) 768.0213 (S-VOIP) genevie.plaza@iraq.centcom.mil attorney is the YOU, not your

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36th Infantry Division Equal Opportunity Advisors Cell

"Contact us if you are the victim of an Equal Opportunity or Sexual Harassment Complaint."

Capt. Lisa Ann Lerma

COB Basra **Resiliency Campus** 858-4672

lisa.lerma@iraq.centcom.mil

Anonymous Tip Hotline on NIPR https://msc.forces.iraq.centcom.mil/usds/default.aspx





Across

- 1. "The Wind in the Willows" fellow
- 4. Potatoes
- 9. Rover's buddy
- 13. Agcy. of the U.N.
- 14. Pirogue
- 15. Cerebral achievement
- 16. Supine
- 19. Light bulb measures
- better to have loved ..." 20. ''
- 21. Something to bank on?
- 23. Delete
- 24. "Hold up!" 26. Regarding
- 27. Caused to go
- 28. Sound like a dove
- 29. Locale for Christmas stockings
- 31. Judicatures
- 34. Knight ride
- 35. SWAT team specialists
- 38. Go after
- 39. Panic
- 40. Jim Varney role
- 42. Circle section
- 43. Corp. officer 47. Young chaps
- 48. Race car type
- 50. Sports venue
- 51. CD forerunners
- 52. Mayberry notable
- 53. Like Orbison's woman
- 54. Museum focus, often
- 58. Shepherd's charges
- 59. Tragic role
- 60. Golfer Trevino
- 61. Would-be DA's worry
- 62. Solemnly promised
- 63. Plaines leader?

- Down
- 1. Searches through
- 2. Attraction
- 3. Without exception
- 4. Biscuitlike cake
- 5. Hardly recommends
- 6. Dos preceder
- 7. Put on
- 8. Take care of
- 9. Whoppers
- 10. Actress Lupino
- 11. Wine bottle
- 12. Red and white, among others
- 17. Precedent setters, often
- 18. Name of a kingdom until 1939
- 22. Blend
- 24. Most revolting
- 25. Impetuous one
- 26. Shed some light on
- 28. Stanley or Dixie, e.g.
- 30. Regarding
- 32. Unrefined metals
- 33. Having second thoughts
- 35. Explosive shell 36. Some carpentry tools
- 37. Tolkien cannibal
- 38. Space at the end of a sentence?
- 41. Layer
- 44. Like many a tale
- 45. Dinner selection 46. Give permission
- 49. Approaches
- 50. Firefighter's bane
- 52. Boom alternative
- 53. Fishing spot
- 55. It's bagged in the supermarket
- 56. Cattle call?
- 57. Med. group

Sudoku

6	3			5				
4								5
	8	9		2	3			4
7		8				5	4	
3	1		2			8	7	
			3			1		
				1			6	
			7					
	5						8	1



[JNITED STATES DIVISION-SOUT] INSPECTOR GENERAL

You may remain anonymous

To complain without fear of reprisal is the right of any Soldier, Civilian or Family Member seeking IG help.

COB Basra

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Photo of the Week



Photo by Staff Sgt. Garrett Ralston

Command Sgt. Maj. Jonathan J. Hunt, the 3rd Armored Cavalry Regiment senior enlisted advisor, salutes the Operation New Dawn memorial wall during the regiment's Memorial Day observance, May 30. The Regiment is currently serving its fourth deployment in Iraq since 2003 in support of Operation Iraqi Freedom and Operation New Dawn.

Think your photos are good enough for the Photo of the Week? Send them in! Just e-mail us your photo in a high-quality format, along with your full name and rank and a description of what your photo is about and when it was taken. Remember to include full name, rank and job title of each person in your photo. We look forward to seeing what you can do.

Send your photos to: 36idpao@gmail.com

Want your family and friends to see just how awesome you look in full gear?

They can find you on the internet!



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