


NEWS

A3


3rd ABCT executes CALFEX training



LIVING

B1

Store offers books, booze, blast of fun



# Forging partnerships



Photos by Ayumi Davis, Sentinel Editor

**TOP LEFT**, Kawika Smith, instructor with the Medical Simulations Training Center, explains to Texas legislative staff the various manikins used in medical training, what medics are trained in and some basic first aid during Texas Legislative Day Friday at Fort Cavazos. **LEFT**, Cash Rugely, legislative aide for Texas State Rep. Brad Buckley (TX-54), looks out from the turret atop a M1126 Stryker infantry carrier vehicle during Texas Legislative Day Friday at Fort Cavazos. **ABOVE**, Texas State Rep. Joanne Shofner (TX-11) Shofner converses with Soldiers at a static display during Texas Legislative Day Friday at Fort Cavazos.

## The Great Place hosts Texas Legislative Day

**BY AYUMI DAVIS**  
Sentinel Editor

About 100 Texas government officials and staff attended Texas Legislative Day Friday at Fort Cavazos, interacting with Soldiers and learning about some of the training conducted at

the installation.

Participants received hands-on experience with a variety of military equipment and facility tours, providing the opportunity to learn about the operations and trainings done at the installation, as well as their importance to Army readiness.

The event began with a briefing from Lt. Gen. Kevin D. Admiral, commanding general of Fort Cavazos and III Armored Corps.

“I want to thank you for the support that you’re providing to us,” Admiral said to the legislators.

*See Texas Legislative Day, A6*

# Job fair takes Soldiers from camo to careers



Job seekers mingle with potential employers at the Mega Career fair, hosted by the Fort Cavazos Transition Assistance Program, Jan. 28 at the Lone Star Conference Center at Fort Cavazos.

**BY BLAIR DUPRE**  
Sentinel News Editor

More than 2,000 job seekers met and spoke with potential employers, representing a plethora of career fields, Jan. 28 at the Lone Star Conference Center at Fort Cavazos.

The biannual Mega Career fair, hosted by the Fort Cavazos Transition Assistance Program, aims to connect transitioning service members with employers in order to assist them in their shift from military to civilian life. The job fair also connects military dependents and anyone else with installation access with job opportunities.

At the Mega Career Fair, 180 employers representing organizations from multiple states and industries were offering a combined 75,000 positions to job seekers.

“With a Mega Career Fair it is opened up to a wider variety of employers,” said Owen Alexander, TAP liaison officer. “Not just from Texas or the Killeen, Harker Heights

*See Job fair, A6*

NEWS BRIEFS

**Housing inspections begin**

Housing inspections on post have begun. Those who have yet to schedule an appointment can do so by using the QR code or by visiting [assetcalc.net/?redirect=army](https://assetcalc.net/?redirect=army) and following instructions. Appointments are available Monday through Friday, and there are five appointments slots per day to choose from.

Someone over 18 and on the lease will need to be at the unit during the inspection.

Further information can be found in the Jan. 16 edition of the Fort Cavazos Sentinel

or by visiting [cavazossentinel.com/news/housing-inspections-begin-feb-3-appointment-scheduler-open-now/article\\_2d4bf23e-d909-11ef-977d-c31d-cf3f3c58.html](https://cavazossentinel.com/news/housing-inspections-begin-feb-3-appointment-scheduler-open-now/article_2d4bf23e-d909-11ef-977d-c31d-cf3f3c58.html).

Questions about scheduling an inspection can be directed to the RER Solutions and Jones Lang Lasalle Help Desk at [army@housinginspections.info](mailto:army@housinginspections.info).



**Post hosts Super Bowl party**

There will be a Super Bowl LIX watch party beginning at 4 p.m. Sunday at Samuel Adams Brewhouse, located at Bldg. 5782, 24th Street. There will be food and drinks for purchase and free popcorn during the event. The event is free and open to anyone. Minors must be accompanied by adults.

**Legends Way temporarily closes**

Legends Way between 72nd Street

and Pleiku Drive will close 9:55-11 a.m. Feb. 13 and Feb. 28. Please plan accordingly for any potential detours.

**Scholarship applications open**

The Fort Cavazos Family Scholarship Fund application period is open through Feb. 17. High school students and military spouses seeking undergraduate and/or graduate degrees are eligible to apply.

Visit [fortcavazosscholarship.org](https://fortcavazosscholarship.org) for more information or how to apply.



# This we'll defend: Army celebrates 250th birthday this year

BY COL. KAMIL SZTALKOPER  
III Armored Corps Public Affairs Director

On June 14, the U.S. Army will celebrate its 250th birthday. One year older than the nation it defends, the U.S. Army has dedicated itself to fighting and winning the nation's wars for 250 years.

U.S. Army Soldiers, families and Army civilians have supported our nation, bearing true faith and allegiance to the country, the U.S. Constitution, the Army, their units and fellow team members. In honor of the Army's 250th birthday III Armored Corps and Fort Cavazos will celebrate the occasion with a military ball June 13 at the Killeen Civic and Conference Center at Killeen, Texas.

The year gives us an opportunity to reflect on the rich history and legacy of service, sacrifice and dedication. From the Revolutionary War to present-day missions, our Soldiers have consistently demonstrated their resolve to defend freedom at home and abroad.

This year also marks the 80th anniversary of the capture of the Ludendorff Bridge at Remagen, Germany. This defining moment for III

Armored Corps saved thousands of lives and helped end World War II. The courage displayed by those Phantom Warrior Soldiers in 1945 continues to inspire us today. Their heroic service shows us courage, initiative and resilience are crucial to Soldiers of all eras.



Kamil Sztalkoper

microsite for more information on the Army's 250th birthday. Happy 250th Birthday, Army!

## January ceremony honors recent retirees



Photo by Derika Upshaw, Fort Cavazos Public Affairs

III Armored Corps and Fort Cavazos recognized five retirees during the January 2025 retirement ceremony Friday at the Lone Star Conference Center at Fort Cavazos. The retirees were Col. Charles W. McPhail, 1st Sgt. Rebecca R. Conway, Sgt. 1st Class Ronnie L. Richardson, Staff Sgt. Stephen J. Saenz and Gayle R. Davis.

## GREAT PEOPLE AT THE GREAT PLACE

BY SGT. ASHER ATKINSON  
III Armored Corps Public Affairs

Capt. Cameron Washington, 62nd Engineer Battalion, 36th Engineer Brigade, and member of the Fort Cavazos Phantom Warriors Basketball Men's team, was named the Most Valuable Player of the Battle of Texas Basketball Tournament hosted at Fort Sam Houston, Texas, Dec. 15, 2024.

The Battle of Texas Basketball Tournament is a competition held between Fort Bliss, Fort Cavazos, Fort Sam Houston and Lackland Air Force Base to see who has the best team across the state.

Washington was born and raised in Atlanta, Georgia; is 6 feet, 6 inches tall; plays the position of power forward and center and works in military intelligence. He joined the service to help pay for college through Army tuition assistance and attended Georgia Tech University, where he majored in criminal justice. While attending school he participated in the Kennesaw State Reserve Officers' Training Corps, which is also held at Georgia Tech, commissioned in May 2018 and became active duty in October 2019.

Originally, Washington wanted to join the FBI or Drug Enforcement Administration and knew obtaining a top secret clearance from the military service would look good on his resume, but, after joining the service, he began enjoying his lifestyle where he found opportunities for extracurricular activities and decided to stay in the service.

"I love my job in military intelligence, but it's cool to know that's not the only thing I can do while serving my country," Washington expressed.

"I think it would help with retention. I know that playing basketball is part of the reason that I want to stay in the Army," he added.

Washington never played organized basketball in high school or college, only pick-up games. While stationed at Joint Base Lewis-McChord, Washington, a lieutenant introduced the idea to play for the post basketball team and submit a packet to join the All-Army team. He went on to become part of the JBLM post team and, after making it through five rounds of cuts, was selected for the All-Army basketball team that won a gold medal in San Diego, California, in October 2022.

After he was stationed at Fort Cavazos in September 2024, Washington joined the post team. The Battle of Texas

Tournament was the first time he played with the team, and he believes the team has serious potential, especially after emerging as champions.

"This is my first tournament with the team as well, so it couldn't have gone better from the jump," Washington said. "Everybody just wants to win. Everybody's rooting for everybody. The chemistry is great, and I think as we play together more and more there, we'll all be like brothers."

After winning the championship game with his fellow Phantom Warriors, Washington and his teammates were presented with a trophy and individual rings as winners of the tournament. Washington received an additional ring for being named MVP of the tournament.

"It was a big honor, and I appreciate it," Washington said. "It could have gone to multiple people on our team. I'm very, very honored, but I think my teammates had a lot to do with it too."

The Fort Cavazos Phantom Warriors Men and Lady Phantom Warriors Women basketball teams are power ranked No. 1 in the entire military and will continue building on their hard work as they face other teams in future tournaments.



Photo by Sgt. Asher Atkinson, III Armored Corps Public Affairs

Capt. Cameron Washington, 62nd Engineer Battalion, 36th Engineer Brigade, and member of the Fort Cavazos Phantom Warriors Men's basketball team, displays his Championship and Most Valuable Player rings Dec. 16, 2024, at Fort Cavazos after playing in and winning the Battle of Texas Basketball Tournament hosted at Fort Sam Houston, Texas.



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# Forging readiness:

## 3rd ABCT executes CALFEX training



Photo by Spc. Josefina Garcia, 7th MPAD

The 1st Battalion, 12th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Cavalry Division, conducts a Table VI qualification during a combined arms live-fire exercise Jan. 16 at Jack Mountain at Fort Cavazos.

BY SPC. KATIE FREITAS  
7th MPAD

Soldiers from 1st Cavalry Division began a combined arms live-fire exercise, or CALFEX, to prepare for upcoming missions Jan. 13 at Fort Cavazos. After planning for months to execute a large training exercise, units from the 1st Cav. Div. departed to the field to start a major field operation that combined live fire with different military tactics.

The complex exercise involved infantry, mortars, cavalry scouts and fire and air support teams from the 3rd Armored Brigade Combat Team, 1st Cav. Div., with support from other units within the division.

“The purpose of this combined arms live-fire exercise is to qualify companies and batteries on live-fire tables,” said Capt. Christopher Kellier, assigned to 3rd Battalion, 8th Cavalry Regiment. “We’re an armored brigade. We have the Abrams tanks, the Bradleys, we have Paladins and a whole bunch of sustainers, which are essential fighting vehicles.”

For the exercise, 1st Cav. Div. Soldiers focused on practicing standard field operational skills and table qualifications within the area of operations. These tasks were accomplished by the utilization of direct and indirect fire to give forces the tactical advantage to successfully complete the mission.

The Headquarters and Headquarters Battery, 2nd Battalion, 82nd Field Artillery Regiment, also participated in the training exercise.

“We are the fire support engine for this exercise,” said Sgt. 1st Class Marshall Grier, assigned to the “Steel Dragon” field artillery regiment. “We give them the ability to take out more targets for other assets.”

Grier continued explaining how his Soldiers work to tie in more fire and air assets, as well as field artillery guns.

The CALFEX training helped Soldiers learn how to work together to attack the enemy using helicopters, drones and included teams that observed the enemy with laser-guided weapons. Leaders were also able to see how well the Soldiers could refuel, acquire new supplies and reload their weapons.

“The purpose of today’s event is to integrate armor, mechanized infantry, light infantry, dismounted engineers and aviation assets to ensure we are able to conduct more fighting functions as a brigade armored combat team,” said Sgt. 1st Class Dominic Butler, 3rd ABCT, 1st Cav. Div.

Butler elaborated on the land and air tactics used during the division’s CALFEX.

“A unique capability that the 3rd Armored Brigade Combat Team brings to the fight is our ability to integrate both direct fire and indirect fires — aviation, such as Apache fire, artillery fire — in conjunction with Abrams and Bradley maneuvers as well,” Butler said.

Although field training exercises are common, each one provides unique training that serves as a learning and practice experience for Soldiers and leaders to prepare for everyday operations, and be ready at a moment’s notice to deploy and defend.



Photo by Maj. Brian Sutherland, 7th MPAD

1st Battalion, 12th Cavalry Regiment, 3rd Armored Brigade Combat Team, 1st Cavalry Division, conducts live-fire proficiency training with a mine-clearing line charge rocket during the Grey Wolf combined arms live-fire exercise Jan. 16 at Jack Mountain at Fort Cavazos.



Photo by Sgt. Nicholas LaRocco, 7th MPAD

An AH-64 Apache helicopter with 1st Battalion, 227th Aviation Regiment, 1st Air Cavalry Brigade, 1st Cavalry Division, fires machine-gun rounds during a combined arms live-fire exercise Jan. 22 at Jack Mountain at Fort Cavazos.

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# Keeping Soldiers safe, ready:

# Fort Cavazos conducts prescribed burns



Photos by Scott Summers, DPW NCRMB

From left to right, Directorate of Public Works Natural Resources Fire Crew Burn Manager Virginia Sanford holds a drip torch used to ignite brush piles in training areas while posing for a picture with Carl Schwope, U.S. Fish and Wildlife Service Burn boss; Tyler Rios, USFWS wildland firefighter; and Johnn Padilla, USFWS firefighter, while conducting prescribed burns Sunday at a training area at Fort Cavazos. The purpose of prescribed burns is to reduce fuel loads in training areas to improve military training flexibility, reduce wildfire risk and improve habitats for native wildlife.



A large cedar brush burns Saturday at a training area at Fort Cavazos. The fire crew ignites large piles of cedar so the fuels back burn into the wind, reducing fire burn intensity.




A pile burns down to a hot bed of coals Saturday at a training area at Fort Cavazos. Piles are created by personnel from Integrated Training Area Management, Range Operations, Directorate of Plans, Training, Mobilization and Security, to remove woody plants that encroach meadows, improving training landscapes. ITAM coordinates with the Directorate of Public Works Natural and Cultural Resources Management Branch to identify areas that are not endangered species habitat, thus improving species biodiversity throughout Fort Cavazos.



# Dining Facility Operations Schedule

Feb. 2025

**PHANTOM CENTRALIZED HUB**

Building #41018  
Old Ironside & 77th St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
2	3	4	5	6	7	1
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: 5-6:30 p.m. Monday-Friday  
WR Manager SFC Philpott: 954-654-1083

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.  
(BRUNCH/SUPPER): 5-6:30 p.m.  
HOLIDAY: 11 a.m.-3 p.m.

**BLACK JACK**

Building #34002  
Old Ironsides Ave. & Pyongyang Dr.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
2	3	4	5	6	7	1
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: 5-6:30 p.m. Monday-Friday  
CMD Food Advisor W01 Leon: 928-345-8178

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.  
(BRUNCH/SUPPER): 5-6:30 p.m.  
(HOLIDAY): 11 a.m.-3 p.m.


**ALWAYS READY**

Building #91226  
HQ Ave., West Fort Cavazos

SUN	MON	TUES	WEDS	THUR	FRI	SAT
2	3	4	5	6	7	1
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: 5-6:30 p.m. Monday-Friday  
WR Manager: 254-288-9538

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.  
(BRUNCH/SUPPER): 5-6:30 p.m.  
(HOLIDAY): 11 a.m.-3 p.m.

**CULINARY OUTPOST FOOD TRUCK 1**

The Lonestarr  
Conference Center

Closed due to services and maintenance

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: Closed  
WR Manager SFC Philpott: 954-654-1083

**OPERATION IRAQI FREEDOM**

Building #21020  
Battalion & 58th St.

Closed due to renovation. Tentatively scheduled for completion in May.

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: 5-6:30 p.m. Monday-Friday  
Food Program Manager Ms. Sturdivant: 254-287-6595

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.  
(BRUNCH/SUPPER): 5-6:30 p.m.  
(HOLIDAY): 11 a.m.-3 p.m.

**PATRIOT INN**

Building #12007  
Old Ironside & 33rd St.

Closed for conversion to a bistro. Tentatively scheduled for completion in summer.

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: 5-6:30 p.m. Monday-Friday  
WR Manager: 254-288-9538

(BRUNCH/SUPPER): 9:30 a.m.-1 p.m.  
(BRUNCH/SUPPER): 5-6:30 p.m.

**CULINARY OUTPOST FOOD TRUCK 2**

1-44/4-5 ADA BN  
area parking lot

SUN	MON	TUES	WEDS	THUR	FRI	SAT
2	3	4	5	6	7	1
9	10	11	12	13	14	8
16	17	18	19	20	21	22
23	24	25	26	27	28	


Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: Closed  
WR Manager SFC Philpott: 954-654-1083

**CULINARY OUTPOST KIOSK**

Old Ironsides and  
Pyongyang Drive

SUN	MON	TUES	WEDS	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Monday- Friday 2 p.m.-7 p.m.  
(WNK): 8 a.m.-6 p.m.  
CMD Food NCO1 MSG Kim: 253-677-9877

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West Fort Cavazos

SUN	MON	TUES	WEDS	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	


BRK, LUN, DIN: 2-7 p.m. Monday-Friday  
(WNK): 9 a.m.-5 p.m.  
On Jan. 9, the kiosk will operate on weekend hours.  
WR Manager: 254-288-9538

**CULINARY OUTPOST FOOD TRUCK 3**

Installation  
Rotation

Closed due to services and maintenance

Breakfast: 7:30-9 a.m. Monday-Friday  
Lunch: 11:30 a.m.-1 p.m. Monday-Friday  
Dinner: Closed  
WR Manager SFC Philpott: 954-654-1083

**THEODORE ROOSEVELT**

Building #9205  
Battalion & 21st St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

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Dinner: 5-6:30 p.m. Monday-Friday  
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(BRUNCH/SUPPER): 5-6:30 p.m.  
(HOLIDAY): 11 a.m.-3 p.m.

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SUN	MON	TUES	WEDS	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

BRK, LUN, DIN: 8 a.m.-7 p.m. Monday-Friday  
(WNK): 9 a.m.-5 p.m.  
CMD Food Advisor CW2 Harrison: 254-368-9214

**NORTH FORT CAVAZOS**

Building #56320  
Garand St.

SUN	MON	TUES	WEDS	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Breakfast: 5:30-8:30 a.m. Sunday-Saturday  
Lunch: 11:30 a.m.-1:30 p.m. Sunday-Saturday  
Dinner: 5-7:30 p.m. Sunday-Saturday  
COR: Richard Johnson: 254-535-6845

(HOLIDAY): 11 a.m.-3 p.m.  
Building #56447 is only for overflow.

OPEN (Breakfast, Lunch & Dinner)

OPEN (Brunch & Supper)

CLOSED

HOLIDAY

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Food Program Manager: 287-6595  
III Armored Corps Food Service: 368-9214  
1st Cav. Div. Food Service: 287-3634

[www.cavazossentinel.com](http://www.cavazossentinel.com)





Photos by Ayumi Davis, Sentinel Editor

Texas Legislative staff explore a M1A2 Enhancement Package version 4 Abrams during Texas Legislative Day Friday at Fort Cavazos.

# Texas legislators, staff learn about Army training, operations, life

**Texas Legislative Day:** *Continued from A1*

“Every year, we get some funding here to help with our energy resiliency; the money that you provide for the local community; the airport, which is critically important for our ability to deploy; with the railhead support, for us to be able to send Bradleys and all the other combat systems.

“Thank you for your service and taking care of the people of Texas,” Admiral concluded.

From there, legislators and staff were split into four groups. Each group had the opportunity to see and interact with static displays of a M1A2 Enhancement Package version 4 Abrams, M109A7 Paladin, MIM-104 Patriot, M-1070 heavy equipment transporter, M2A4 Bradley, SGT STOUT M-SHORAD, Stryker infantry carrier vehicle, an all-terrain vehicle outfitted for military police and an AH-64 Apache.

The groups also toured the Warrior Skills Training Center, learning and experiencing some of the simulators Soldiers use to train; Medical Simulations Training Center, hearing about the hands-on medical training and seeing the manikins used for instruction; and used the Reconfigurable Virtual Collective Trainer to see, observe and try out some of the control systems for military vehicles.

Texas State Rep. Hillary Hickland (TX-55) enjoyed the day. “It’s great for other members at the state level, to be here to see face to face boots on the ground (and) what we’re fighting for,” she expressed. “It’s important to understand the needs and the partnership of our military with the state and how it affects our communities and statewide. So, it’s always good to get a greater understanding of those needs.”

Georgia Page, a legislative aide for Texas State Sen. Bryan Hughes (TX-1), noted it was good to learn more about Fort Cavazos and the funding necessary to operate and provide for its community.

“I thought it was interesting looking at the simulations from a standpoint of trying to save money,” she said. “And I think that’s cool to have technology that can help people train easier.”

Morgan Register, legislative director for State Rep. Joanne Shofner (TX-11), also appreciated the opportunity to see some of the training Soldiers conduct.

“Just seeing the inner workings, it’s really great that the Army has allowed us to come out here and be a part of this,” he said. “I hope that we can also provide for the men and women who protect us.”

Each team of legislative staff had a Soldier escort, leading them to each location and answering any questions they had. One escort, Master Sgt. Marvin Blaise, 20th Engineer Battalion, 36th Engineer Brigade, enjoyed interacting with his group.

“I think it’s a good opportunity to meet young men and women making a positive impact in the state at the macro level when it comes to legislation but (also) having the opportunity to allow them to see what we do every day and see some of the laws that they implemented and how that’s impacting service members,” Blaise said. “And I’m thankful for how they appreciate the things that we do every day and we, of course, as a community, appreciate the things they do for us as well.”

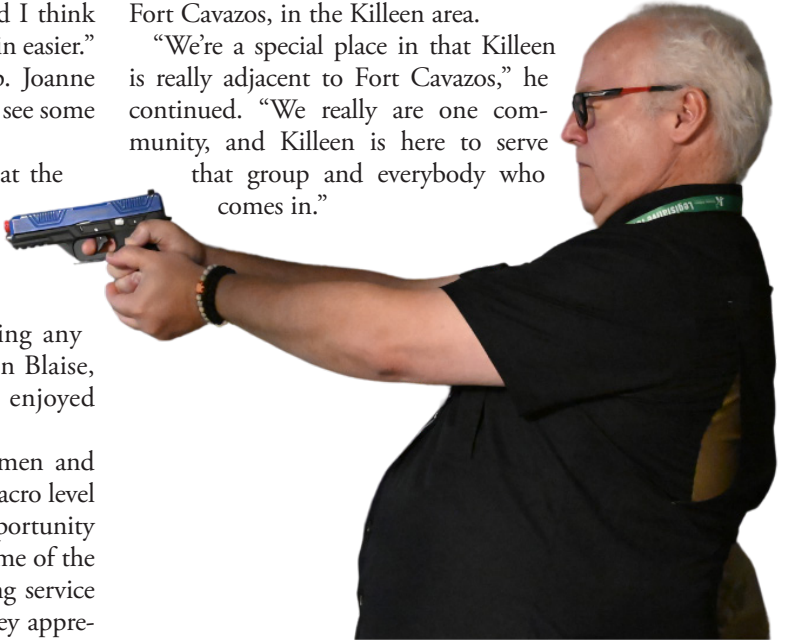
Between tours and static displays, participants had lunch with community leaders at Phantom Warrior Center.

Scott Connell, president of the Greater Killeen Chamber

of Commerce, gave remarks on the relationship between the installation and the city of Killeen.

“It is our pleasure to share with you something that maybe not everybody gets to see,” he said, “but it’s terribly important that you’re aware of what you have here in Fort Cavazos, in the Killeen area.

“We’re a special place in that Killeen is really adjacent to Fort Cavazos,” he continued. “We really are one community, and Killeen is here to serve that group and everybody who comes in.”



Chip Howell, Central Texas liaison for State Sen. Peter Flores (TX-24), participates in an augmented-reality training situation during Texas Legislative Day Friday at the Warrior Skills Training Center at Fort Cavazos.

# Mega Career Fair facilitates networking, connection

**Job fair:** *Continued from A1*

(or) Copperas Cove area, but from across the United States. We have employers that come from Colorado, Arizona, just to name a few.

“The reason we call it ‘mega’ is because of the volume, the quantity of employers that come to provide employment opportunities,” he continued. “Not just for transitioning service members, but their dependents and anyone who’s able to get on the installation. So the surrounding community benefits from the mega fair by the volume of positions and employers that’s available.”

Alexander said some job seekers could potentially leave the career fair with a job.

“There are some employers that are actually hiring on the spot,” he said. “If a Soldier came prepared, they have a resume, they have that discussion with the employer, there’s a possibility they could do an on the spot interview and actually hire that person.

Alexander continued, saying Soldiers who attended the job fair that were not close to transitioning yet had the opportunity to network and connect with resources that are available to them.

“They get the opportunity to meet various companies, various recruiters and hiring managers and get an understanding of the feel for the requirements of the profession that they’re interested in, or the skills needed for the job they are seeking,” he shared. “In addition to the employers, we also have support agencies, like ACS (Army Community Service), EFMP (Exceptional Family Member Program), just to name a few. That gives a Soldier the opportunity to meet these supporting agencies that could also assist them with resources as they transition from the military.”

Sgt. 1st Class Jerry Klatt, 7th Battalion, 17th Cavalry Regiment, 1st Air Cavalry Brigade, is in the process of transitioning out of the Army and attended the Mega Career Fair looking for job opportunities in the mechanical and maintenance field. He said the career fairs hosted by TAP are very important for transitioning Soldiers.

“(Soldiers) wouldn’t know all of this was out there,” he said, adding job searching online doesn’t compare to attending the job fair. “I mean, there’s a lot of opportunities.”



Photos by Blair Dupre, Sentinel News Editor

Soldiers attend the Mega Career Fair Jan. 28 at the Lone Star Conference Center at Fort Cavazos. Employers representing different career fields including law enforcement, technology and packaging were present at the career fair.

Alexander said the hard work TAP puts into hosting the career fairs is always palpable.

“It’s an opportunity for everyone to come together, to take care of Soldiers, to support Soldiers as they transition,” Alexander said. “Every now and again you stop and spot check a Soldier or talk to someone and you ask them ... was (the career fair) beneficial, and they say, ‘I made contact,’ or ‘I was able to find a job.’ Getting that type of feedback lets you know that the effort put into it is worthwhile. You can actually see the fruits of the effort that’s put into it, knowing that Soldiers have all these resources available to them, they can make connections and actually get employed.”

For more information on TAP, visit [facebook.com/FortCavazosTransitionAssistanceProgram/](https://facebook.com/FortCavazosTransitionAssistanceProgram/) or call 254-288-2227.

The TAP office is located in room B308 on the third floor of the Copeland Soldier Service Center.



Sgt. 1st Class Jerry Klatt, 7th Battalion, 17th Cavalry Regiment, 1st Air Cavalry Brigade, speaks with one of many potential employers at the Mega Career Fair Jan 28 at the Lone Star Conference Center at Fort Cavazos.



# SECDEF directs creation of task force to restore America’s fighting force

BY C. TODD LOPEZ  
DOD News

WASHINGTON — In a memorandum sent to leaders across the U.S. military Jan. 29, Secretary of Defense Pete Hegseth announced the creation of a task force to oversee the strengthening of a military based entirely on merit.

“The Department of Defense has an obligation to the American public to ensure their sons and daughters serve under the best leadership we can provide them,” Hegseth said. “Doing so is a national security imperative. A foundational

tenet of the DOD must always be that the most qualified individuals are placed in positions of responsibility in accordance with merit-based, color-blind policies.”

The “Restoring America’s Fighting Force” Task Force, the secretary said, will be established by the undersecretary of defense for personnel and readiness and is charged with overseeing department efforts to eliminate organizations, offices and policies that perpetrate non-merit factors such as sex, race or ethnicity over factors such as lethality, meritocracy, accountability, standards or readiness.

“To ensure DOD focuses on its core mission of providing

the military forces needed to deter war and ensure our nation’s security, the department will ensure all decisions related to hiring, promotion and selection of personnel for assignments are based on merit, the needs of the department, and lastly, the individual’s desires,” Hegseth said in the memorandum.

As part of its mission, the task force will oversee the standing down of Diversity, Equity and Inclusion offices across the department and military services along with the cessation of actions initiated by those offices which promote, among other things, ideologies related to systemic racism or gender fluidity.

The secretary has set a March 1 deadline for an initial report

from the task force regarding its activities and June 1 as the deadline for a final report.

As part of the memorandum, Hegseth spelled out clearly an array of ideas the DOD will adhere to going forward, and which the task force will in part help it achieve.

Among those is DOD will no longer regard an individual’s sex, race, or ethnicity when considering that person for promotion, command or special duty. At the same time, the department will eliminate sex, race or ethnicity-based goals for organizational composition, academic admission and career fields.

When it comes to training the force, including within military service academies, the secretary said the department would no longer provide instruction on concepts such as critical race theory (CRT), DEI or gender ideology.

Finally, advisory boards, councils and working groups related to gender ideology, DEI and CRT will stand down.

On Jan. 27, President Donald J. Trump released an executive order titled “Restoring America’s Fighting Force,” which prohibits any preference or disadvantage for an individual or a group within the armed forces on the basis of sex, race or ethnicity. The task force will ensure the department meets the goals set out by the president.

“The DOD mission is to win the nation’s wars,” Hegseth said. “To do this, we must have a lethal fighting force that rewards individual initiative, excellence and hard work based on merit.”



Army combat engineers with the 3rd Brigade Engineer Battalion, 3rd Armored Brigade Combat Team, 1st Cavalry Division, discuss movement plans during an Urban Operations Training System for Soldiers to conduct tactical movement drills during a collective training exercise Oct. 23, 2024, at Fort Cavazos.



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Chairs and a sofa surround a table in front of an electric fireplace at Blackbird Books & Spirits at Belton, Texas. The venue sells books, drinks and other bookish goodies.

# Blackbird Books & Spirits: Store offers books, booze, blast of fun

BY AYUMI DAVIS  
Sentinel Editor

**BELTON, Texas** — I devour books as if they were vital to my existence, if I were putting it lightly. Any place that includes books with other activities immediately intrigues me, and Blackbird Books & Spirits is a perfect combination of books, drinks and fun.

Located in downtown Belton, the bookstore, bar and event venue is hidden in the building housing a pizza joint called Pizza PieRos in front. You walk into the establishment and into a hallway on the back left corner.

The door is a giant, sliding portrait of a woman in an ornate, weathered-looking frame. Beyond is a sleek, warm and inviting space, darkly lit with a wide, electric fireplace.

There is plenty of seating, with a variety of comfy chairs and a plush sofa surrounding the fireplace, stools lining the bar and an array of tables and chairs on the right side of the venue.

Blackbird offers a myriad of boozy creations, along with mocktails for those who don't wish to imbibe, and a small assortment of food to snack on. However, those wishing for a larger meal

are welcome to bring food in from the pizzeria up front or the creperie named Early Light Creperie inside the building as well.

There is also, of course, plenty of books ranging from genres of fantasy to history, lining shelves around the store, and lots of bookish goodies and other items are set in-between, like earrings, fun mugs and totes.

The store regularly holds a number of events, including Tarot Night, cocktail-making classes, book-release parties, writer meetups, afternoon tea and themed trivia.

Sentinel News Editor Blair Dupre, her friend Jessica Rodriguez and I went for Harry Potter trivia. We did a quick practice round beforehand (we discovered that Hogwarts has 142 staircases, but unfortunately, the need for the information never presented itself) and then we were ready to take on the other teams.

To tide my thirst over during the game, I ordered a mocktail named Southside, a "mint and lime blend with hints of juniper," the menu describes. It was refreshingly minty, bright and sweet.

There were plenty of teams for

competition. The three of us named our team "The Snitches." The trivia game was organized in two 45-minute sessions. The questions were fun, ranging from easy to difficult. We actually did pretty well in the first half, but gloriously fell short in the second half. Regardless, Dupre, Rodriguez and I had lots of fun and laughs.

I'm excited to go back for another

trivia night (I ardently hope for Percy Jackson trivia!) or a writers meetup and try out more of their mocktails. I highly recommend Blackbird Books & Spirits to any other local bibliophiles in the area.

Visit [blackbirdbooksandspirits.com](http://blackbirdbooksandspirits.com) for more information. To learn more about upcoming events, visit [facebook.com/blackbird254](https://www.facebook.com/blackbird254).



Earrings, lip balms, mugs and candles sit by the register at Blackbird Books & Spirits at Belton, Texas.



**LEFT**, A nonalcoholic drink called Southside sits on a table at Blackbird Books & Spirits at Belton, Texas. The drink is refreshingly minty and sweet. **ABOVE**, Displayed books line a shelf at Blackbird Books & Spirits. The store sells books ranging in genres from romance to horror to self help.



# MONTY'S SPORTS CORNER



Photo by Evan Brockett, Unsplash



Photo by Senior Airman Thomas Barley, 509th Bomb Wing  
Master Sgt. James Kirksey, quality assurance weapons armament inspector, 442nd Maintenance Group, Whiteman Air Force base, is awarded a Kansas City Chiefs' football before the start of a Kansas City Chiefs football game Nov. 11, 2018, at GEHA Field at Arrowhead Stadium at Kansas City, Missouri.

## First is not always best

BY MONTY CAMPBELL  
Fort Cavazos Public Affairs

By now, most professional football fans, er, sports fans, know the Kansas City Chiefs have the opportunity to do something extremely rare — actually something that has never been accomplished — by winning its third straight Vince Lombardi Trophy and subsequent Super Bowl title Sunday in Super Bowl LIX at New Orleans.

The Chiefs would go down in history as the first NFL team to win three straight Super Bowls.

This would theoretically make the Chiefs the best ever, right? Before I broach that subject, let's learn about what has transpired thus far.

Saquon Barkley and the Philadelphia Eagles may have something to say about the Chiefs and their place in history, though, and by the way they have rolled through their National Football Conference foes in the playoffs, Philly has a legitimate shot at derailing the Chiefs.

The Eagles (17-3) lost three games in the regular season, controlled the Green Bay Packers, 22-10, in the wild-card game, squeaked by the Los Angeles Rams, 28-22, in the divisional playoff and dominated the Washington Commanders, 55-23, in the NFC Championship Game.

I say all of that to say the Philadelphia Eagles will not go down without a fight in the Caesars Superdome at New Orleans. With Barkley averaging 22 carries for 147 yards and two rushing touchdowns a game in the playoffs, the Chiefs defense will have to step up and slow this monster down to come out victorious.

On the other hand, all the Kansas City Chiefs have done is win. And when I say win, that is what this juggernaut has accomplished over the course of the past three seasons. The Chiefs are legitimately what many pundits have called a dynasty, and if they happen to pull this

game out and win, I have to agree.

The Chiefs (17-2) earned the No. 1 seed in the American Football Conference and bye in the wild-card round of the playoffs by winning its first nine games of the season before losing to the Buffalo Bills at Orchard Park, New York.

Kansas City continued its winning ways after that loss to the Bills and defeated their next six opponents, albeit by the slimmest of margins on many occasions, before resting many of their starters in the season finale — a 38-0 loss to the Denver Broncos.

The Chiefs' starters came back for the playoffs and after a lengthy break beat the Houston Texans, 23-14, in the divisional playoff and rebounded against the Bills in the AFC Championship Game, winning 32-29. And above all else, the Chiefs have Patrick Mahomes as their star quarterback. Mahomes had an average regular season by his standards but still led Kansas City to the top seed in the conference.

In the playoffs, Mahomes has averaged only 211 yards passing with one touchdown passing. It's not the numbers that make him incredible, though, it's the fact he doesn't beat his own team by turning the ball over, allowing no interceptions this post-season. And, he has driven the Chiefs to two consecutive world championships already.

So, does becoming the first threepeat Super Bowl champions automatically deem the Kansas City Chiefs as the best NFL team ever? Ummm ... absolutely not.

Have you heard of the 1972 Miami Dolphins? Yes, that team was the best team ever with a perfect season.

Earl Morall and Bob Griese quarterbacked the Dolphins to an unblemished record and defeated the then-Washington Redskins 14-7 in Super Bowl VII for the perfect record.

And while we are at it, will Travis Kelce propose after this Super Bowl?

As always, be safe!

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### Carolina

1-yr-old, Carolina dog mix, white & brown, female.



### Elsa

2-yr-old, black mouth cur mix, brown, female.



### Everest

4-yr-old, Great Pyrenees mix, brown & white, female.



### Nipsey

6-yr-old, Rhodesian ridgeback/black mouth cur mix, brown & black, male.



### Dozer

2-yr-old, Labrador retriever mix, white, neutered male.



### Mitis

1-yr-old, pit bull, gray & white, male.



### Cheeto

2-yr-old, domestic short-haired tabby, orange & white, male.



### Frank

3-mo-old, pit bull mix, black & white, male.



### Richard

3-yr-old, domestic short-haired tabby, brown, male.



### Velma

9-mo-old, border collie/pit bull, black & white, female.



### Brownie

1-yr-old, border collie mix, brown, female.





Photo by Airman 1st Class Daniel Brosam. 512th Airlift Wing

An Airman begins to fill out a tax return Feb. 9, 2017, at Malmstrom Air Force Base, Montana.

# MilTax free tax services now available

BY 445TH AIRLIFT WING PUBLIC AFFAIRS

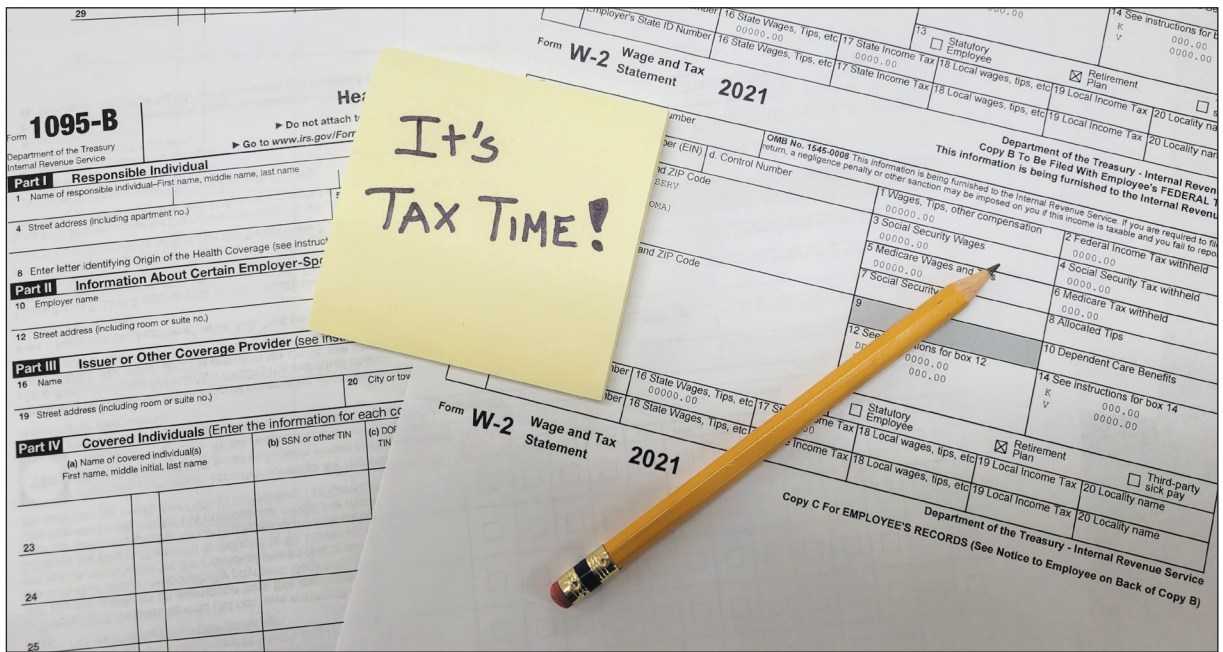
WRIGHT-PATTERSON AIR FORCE BASE, Ohio — The Department of Defense’s free tax preparation and e-filing software for service members and their families is now available for the 2025 tax season.

Military OneSource MilTax is designed to handle complex military-specific tax scenarios, such as deployments and multistate filings and includes free one-on-one help from specially trained tax experts. With MilTax, service members and immediate family members can file their federal return and up to three state tax returns for free. Survivors are eligible for MilTax, and recent veterans can access it up to 365 days from their separation or retirement.

“Our goal is to empower members of the military community to remain focused and mission-ready by addressing life’s challenges efficiently,” said Kelly Smith, associate director of Military Community Support Programs, Office of the Deputy Assistant Secretary of Defense for Military Community and Family Policy. “During tax season, financial stress can weigh heavily on service members and their families. That’s why Military OneSource MilTax is here to ease the burden with free consultations, tax preparation and e-filing services.”

Eligibility is verified through the Defense Enrollment Eligibility Reporting System, or DEERS.

For more information, visit [militaryonesource.mil/financial-legal/taxes/mil-tax-military-tax-services](https://militaryonesource.mil/financial-legal/taxes/mil-tax-military-tax-services) or call 800-342-9647.



Graphic by Michael Strasser, Fort Drum Garrison Public Affairs

With the start of tax season, it’s important to gather all pertinent documents, receipts and information to make it easier when filing a tax return.



## FORT CAVAZOS CHAPEL SERVICES



### CATHOLIC

**Sunday Mass**, 9 a.m., Main Chapel, [facebook.com/FrCavazosRomanCatholic](https://www.facebook.com/FrCavazosRomanCatholic)  
**Noon Mass**, Monday through Friday, Main Chapel  
**Confession after Mass or by appointment**, call 254-286-6749, Main Chapel

### PROTESTANT

**St. George Parish (Anglican, Lutheran, Episcopalian)**, Sunday, 9 a.m., Old Post Chapel, [facebook.com/SaintGeorgeFortCavazos](https://www.facebook.com/SaintGeorgeFortCavazos)

### SPANISH PROTESTANT

**Alcance**, Sunday, 1:30 p.m., Veterans OIF Chapel.

### GOSPEL CONGREGATION

**Gospel Service**, Sunday, 11 a.m., Memorial Chapel, [facebook.com/ComancheHappeningsNow](https://www.facebook.com/ComancheHappeningsNow)

### TRADITIONS

**Traditions Service**, Sunday, 10 a.m., Ironhorse Chapel, [facebook.com/groups/fhtpws/](https://www.facebook.com/groups/fhtpws/)

### CHAPEL NEXT

**Contemporary Service**, Sunday, 11:15 a.m., Main Chapel, [facebook.com/FortCavazosChapelNext](https://www.facebook.com/FortCavazosChapelNext)

### OPEN TABLE

**All-Inclusive Christian Chapel**, [facebook.com/OpenTableChapel](https://www.facebook.com/OpenTableChapel)

### WFC PROTESTANT

**Non-Denominational Protestant**, Sunday, 11:00 a.m., West Fort Cavazos Chapel

### JEWISH

**Shabbat Service**, Friday, 6 p.m., Lucky 16 Chapel

### MUSLIM

**Friday Jumma Prayers** at 1:30 p.m., 25th Street Chapel

### OPEN CIRCLE

**Camp Finlayson**, contact Linn Vodisek, [vodiseklinn@gmail.com](mailto:vodiseklinn@gmail.com)

### BUDDHIST

**Soku Gakkai International (SGI) Nichiren**, Online, contact Martin Bonner, 254-258-0844  
**Theravada**, Thursday, 10:00 a.m., Rugged Spirit Chapel, Contact Chap. Guan Zhen, 213-281-1927

### NORTH FORT CAVAZOS

Call 254-286-5223 for service schedule and Bible study

### ADDITIONAL SERVICES/STUDY

**Children in the Middle**, call 254-288-1913 to reserve, Family Life Chaplain Training Center  
**Men of Honor**, Contact Ken Wooten, 254-466-6254  
**Protestant Women of the Chapel (PWOC)**, Tuesday, 9-11:30 a.m., Main Chapel, [facebook.com/FortCavazosPWOC](https://www.facebook.com/FortCavazosPWOC)  
**Mothering Bluebonnets**, [facebook.com/FortCavazosMotheringBluebonnets](https://www.facebook.com/FortCavazosMotheringBluebonnets)  
**Club Beyond-High School**, Contact Frank Ayala, [fayala@clubbeyond.org](mailto:fayala@clubbeyond.org)  
**Club Beyond-Middle School**, Contact Frank Ayala, [fayala@clubbeyond.org](mailto:fayala@clubbeyond.org)

**Catholic Women of the Chapel (CWOC)**, Tuesdays from 9:30-11:30 a.m., bimonthly  
**Thursdays 5-7 p.m.**, Main Chapel. [Facebook: Fort Cavazos CWOC \(Catholic Women of the Chapel\)](https://www.facebook.com/FortCavazosCWOC)  
**Catholic Youth Ministry-Crusaders**, 8-12 grades, Contact Maria Fuavia, 573-842-8181  
**Catholic Religious Education-CCE**, Wednesday, 5:30-7:30 p.m., Main Chapel, Contact Maria Fuavai, 254-287-0241

\* Holiday hours and events are posted on the Garrison Chaplain’s Facebook page, [facebook.com/FortCavazosChaplain](https://www.facebook.com/FortCavazosChaplain)\*

If you have any questions or concerns, please contact our Religious Support Operations office at 254-288-6545.

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HEALTH

Army provides Soldiers, families variety of mind, body resources

BY SHANNON COLLINS  
Army News Service

WASHINGTON — As the new year continues, Soldiers, their families and Army civilians have a variety of tools and programs available to support their overall well-being. From Holistic Health and Fitness, or H2F, initiatives to spiritual readiness resources, free counseling, sleep assistance and family support programs, the Army is committed to fostering resilience. These resources ensure a comprehensive approach to strengthening mind and body for the challenges ahead.

The Army's H2F system, provides training and education to improve and maintain the readiness, resilience and performance of the total Army.

The H2F Performance Team is comprised of military professionals from the medical, dietary and religious support fields within the Army. The teams implement an interdisciplinary, holistic approach to the management of the physical and mental health of Soldiers, while also monitoring their well-being, and performance.

The effort seeks to optimize physical and nonphysical performance, reduce injury rates and improve rehabilitation after injury, ultimately increasing the overall readiness of the total Army.

Spiritual readiness is one component of the approach. This includes the development of personal qualities needed to sustain a person in times of stress, hardship or tragedy, according to the H2F Handbook. Spiritual readiness is not just about religion, although religion could play a key role for some.

Spiritual readiness is about finding one's purpose, believing in something, connecting with others, forgiving oneself and moving on from mistakes, getting along with others, living one's values and serving selflessly.

Chaplains and religious affairs specialists provide various types of counseling and training for the command stemming from religious, spiritual, relational and general life training. They can provide various resources to connect people with their spiritual core to build the human spirit, body and mind.

**Military family life consultants**

The Military and Family Life Counseling Program provides free, confidential non-medical counseling to service members, their families and survivors on or near installations. Trained to work with the military community, military and family life counselors deliver valuable counseling services, briefings and presentations to the military community.

Counselors can help with improving relationships at home and work, stress management, adjustment difficulties, parenting and grief or loss.

Adult, as well as child and youth, behavioral counselors are assigned to units, schools, child development centers and other locations worldwide.

**Health.mil**

Health.mil is the official website of the



Soldiers take a moment of silence and prayer prior to the start of the 304th Military Police Battalion's Holistic Health and Fitness 5K run and ruck march Sept. 9, 2023, at Nashville, Tennessee. Chaplains and religious affairs specialists provide various types of counseling and training for the command stemming from religious, spiritual, relational and general life training. They can provide various resources to connect people with their spiritual core to build the human spirit, body and mind.

Military Health System. The Military Health System has many resources available to help service members, families or veterans who are struggling with mental health challenges.

Military families' lives have unique challenges. Service members may be subject to frequent relocations, deployments and stressful experiences due to combat and time away from their families. Families cope with additional stressors when their loved ones are deployed, managing family life on the home front. Traumatic events such as combat, assault or disasters can have long-lasting negative effects like trouble sleeping, increased anger, nightmares, anxiety and alcohol and drug abuse. This website offers tips and resources to help.

**Military OneSource**

Military OneSource provides links to transition assistance advisors to assist Army National Guardsmen and Reservists who are transitioning out of the military.

It also provides links to Department of Veterans Affairs benefits and counselors to Army veterans. The support on this site provides employment assistance, relocation assistance, education and training, physical and mental health well-being, health and life insurance, finances, disabled veteran benefits, legal assistance and federal benefits available to them. There is free chat support on the site 24/7. Visit [militaryonesource.mil](https://militaryonesource.mil).

**Armed forces wellness center**

There are currently 35 armed forces



The Holistic Health and Fitness system is the Army's primary investment in Soldier readiness and lethality. It seeks to optimize physical and nonphysical performance, reduce injury rates, and improve rehabilitation after injury, ultimately increasing the overall readiness of the total Army.

wellness centers, or AFWC, located at Army installations, including Fort Cavazos, offering programs and services to Soldiers, family members, retirees and Department of Army civilians.

AFWCs are known for being innovative in the use of testing technology for health, wellness and physical performance. They provide fitness testing, health education classes, metabolic testing, stress management, exercise prescription, body composition test-

ing, classes and health coaching.

Clients set their own goals in these programs with AFWC staff creating individualized programs to help meet the goals. The AFWC approach to service is holistic. AFWC staff members take into account all of an individual's physical, psychological and social circumstances when providing services.

For more information, call the Fort Cavazos AFWC at 254-553-6196 or visit at 657 Wratten Dr., Bldg. 36031.



Sgt. John Dumetz, a noncommissioned officer with 2nd Battalion, 87th Infantry Regiment, 2nd Brigade Combat Team, 10th Mountain Division, demonstrates the proper movement for a goblet squat to a group of recently arrived Soldiers at Fort Drum, New York. During in-processing, Soldiers received an introduction to Holistic Health and Fitness from strength and conditioning coaches and other professionals inside the Nash Testing and Training Facility. Dumetz completed his H2F internship earlier in December.



SPORTS

Group participates in fitness challenge



Photos by Samantha Harms, Command Information Chief

Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison Fort Cavazos command sergeant major, speaks with Great Fitness Challenge participants after completing a 20-minute row Jan. 16 at the Applied Functional Fitness Center at Fort Cavazos. January's Great Fitness Challenge was to see how far a participant can row in 20 minutes. Rhoades' record to beat was 4,487 meters.



Participants swing kettlebells as part of their warmup during an all-encompassing strength and conditioning class Jan. 16 at the Applied Functional Fitness Center at Fort Cavazos. This group class is available at 9 a.m. Monday-Saturday, noon weekdays and 6 p.m. Monday-Thursday. This class focused on deadlifts and the Great Fitness Challenge's "Row Rumble."



**TOP**, Emily Cox, fitness program specialist with the Directorate of Family and Morale, Welfare and Recreation's Athletics, Fitness and Aquatics, coaches Command Sgt. Maj. Loyd Rhoades, U.S. Army Garrison Fort Cavazos command sergeant major, on the proper form of a deadlift Jan. 16 at the Applied Functional Fitness Center at Fort Cavazos. **ABOVE**, Cox coaches a participant on the proper form for a row Jan. 16 at the Applied Functional Fitness Center at Fort Cavazos. Participants of a group class took on the "Row Rumble," January's challenge from the Great Fitness Challenge, a new installation-wide fitness competition. Each month, a new exercise designed for all fitness levels is issued to all Department of Defense ID cardholders. To learn more about the rules, requirements and February's challenge, visit [cavazos.armymwr.com/happenings/great-fitness-challenge](https://cavazos.armymwr.com/happenings/great-fitness-challenge).

TN

Department of Health

TDH is your gateway to a fulfilling and impactful career in public health!

Career Opportunities

The Tennessee Department of Health offers a wide variety of career opportunities across the state. The services we provide are essential to the people of Tennessee. In the Tennessee Department of Health, you will spend each day performing vital work impacting the health and well-being of people all in Tennessee. Thank you for your interest in joining us in the meaningful work to build a healthier Tennessee.

OPEN POSITIONS

If you're looking for an opportunity to serve your community in public health, consider joining the TN Department of Health.

- Physicians
- Dentists
- Nurses (both LPN and RN's)

Contact

Luis Sung  
Luis.Sung@tn.gov  
Tennessee Department of Health  
[tn.gov/health/careers](https://tn.gov/health/careers)

710 James Robertson Parkway,  
Andrew Johnson Tower, 5th Floor  
Nashville, TN 37243

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# Classifieds

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[www.CavazosSentinel.com](http://www.CavazosSentinel.com)

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Quitting smoking was hard.  
**Screening for lung cancer is easy.**

If you smoked, you may still be at risk, but early detection could save your life.  
Get **SavedByTheScan.org**

American Lung Association ad

**Monaghan Apartments, LLC**  
Quiet 1 bedroom  
**\$470-\$520**  
Electric, gas & water paid

1702 N. 2nd - Killeen  
254-526-4445

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Explore VA Benefits | [VA.gov](http://VA.gov)

**THESE THREE DIGITS COULD SAVE A LIFE**

**988**  
SUICIDE & CRISIS LIFELINE

CALL 988 and Press 1 to reach the Military Crisis Line  
TEXT 838255  
CHAT [988lifeline.org/chat](https://988lifeline.org/chat)

U.S. ARMY

**LAST WEEK'S CROSSWORD ANSWERS**

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18			
N	O	S	D	E	H	S		S	W	A	G	E	T	V	W		A	R	I	V
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**AUTOMOTIVE**

FOR SALE: 1929 Ford roadster hot rod new motor/transmission radiator chromed accessories etc for sale/interesting trades or will trade down for Harley panhead.. local car near post Cavazos call for appointment to view-mark, Call (254) 370 7973.

FOR SALE: 2 Wheel Leaf Cart \$20; Enclosed Car Top Carrier \$35; Empty Cartridge Brass 40 S&W, 308, 30-06 Lead from Wheel Weights Pls. Call (512) 540-6179.

FREE: GOLDEN RETRIEVER PUPPIES To Forever Homes due to relocating: 1 Male, 1 Female, Excellent Temperament, House Trained. Will Not Re-home To Just Anyone! Preferably email me first at: [stephaniechristensen59@gmail.com](mailto:stephaniechristensen59@gmail.com) before Text (541) 655-9477.

**MISCELLANEOUS**

FOR SALE: Used machine shop anvil \$400. Georgetown. 512-970-0003.

FOR SALE: Frankoma Pottery, Mooy Pottery, Avon collection, Hotwheels. Collectibles: sports cards, albums, toys, pottery, racing magazines. Miscellaneous: tools, weights equipment. More collectibles: Elvis, Princess Diana, Beanie Babies, and Star Wars. Please TEXT ONLY 254.479.8471.

FOR SALE: 18ft Suntracker Pontoon Boat- 75 hp \$18,500 254-295-6886.

FOR SALE: 1 oz. Gold Bar, \$2750.00 (512) 540-6179.

pipe: Rubber Garden Hoses; 5-6 Drawer Wood Dresser; Used Telephone Poles; Pls Call: (512) 540-6179.

**REAL ESTATE**

FOR RENT: Single family residence, 410 Ali Dr. Killeen, TX 76542; First Month's Rent free. \$1,900 a month after. (757) 805-4611.

FOR RENT: Quiet country setting, 2 miles to Belton Walmart, High school or College. 2 story 3 bedrooms, 2 baths on 2nd floor. 2 living areas & fireplaces. Kitchen and Pantry built into hill create your own storm shelter. Electronic gate controls privacy. Available January 15, \$2500 per mo. 3004 Oaklawn Dr. Belton Tx Call: 254-760-9820 or Email: [bgnurse.1946@gmail.com](mailto:bgnurse.1946@gmail.com).

FOR SALE: House for Sale- 5 Bedroom 5 Bath, 3 Car garage 4500 sq. ft. Patriots Bluff Temple, Tx 254-295-6886.

WANTED: Senior Lady in Need of honest, mature, dependable, responsible FEMALE (ONLY) to assist with light household cleaning. Covid Tested 2x a month @ \$50.00 for four hours service. (254) 213-1830.

WANTED: 6ft Steel Fence posts, shovels, rake & pvc

**WORD SLEUTH • SALT —**

R U R O L I E B Y V S Q N K H

E B Y P R F L W T D R O L J G

E B Y W R A L U R E P N K I G

D B Z X K O G A T P V S Q O M

K I G E E C D E T O C E A Y W

U S Q P N L I U N S N J H F E

R C A Y R D X L C I Y V U S Q

P E N E E M K J M T V R H F E

C B T E Z W O R K S I D C Y X

X A R E K A H S R A M O N V O

W F U T P R E P P E P D N A B

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Wednesday's unlisted clue hint: SALT — CITY

And pepper  
Deposits  
Marsh  
Shaker  
And vinegar  
Flats  
Mine  
Water  
Box  
Free diet  
Peter  
Works  
Crystal  
Lick  
Production

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**JUMBLE**

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

TURSM

WFONR

RIEPMR

YELEMR

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

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“ ”

one because it was their — “PREFER-RENTS”

Answer: They chose to lease a home instead of buying

Jumbles: STRUM FROWN PRIMER MERELY

THAT SCRAMBLED WORD GAME By David L. Hoyt and Jeff Knurek

If you're ever interested in buying this house, let me know.

Our first choice is not to buy until we know where we want to settle.

We'll see after a year.

THEY CHOSE TO LEASE A HOME INSTEAD OF BUYING ONE BECAUSE IT WAS THEIR ---

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to Fort Cavazos personnel and retirees

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For more information, call **254-634-6666**.

The following advertising classification or categories **DO NOT QUALIFY AS FREE CLASSIFIED ADS:** residential or commercial real estate listed for sale or lease with a broker or agent; self-employment, such as childcare providers, food, jewelry, personal services, and messages; commercial business or money making ventures that are not personal property; group, organization, unit, or division garage sales, other than “Village-Wide” garage sales.

**We DO NOT ACCEPT** the following advertising classification or categories: gambling, alcohol ads that promote over indulgence; gentleman clubs; pawn shops, who do not fully disclose their terms; payday lending companies; tobacco ads of any kind; political ads; ads considered offensive or inappropriate for readers.

SCAN HERE

**PREMIER CROSSWORD/ By Frank A. Longo**

**SCI-FI OBSERVATION**

**ACROSS**

1 Burning crime  
6 Hi — (old LP players)  
9 “Etta —” (old comic strip)  
13 “Enough already!”  
19 Prefix with brewery  
20 A gutter may enable it  
22 Red salad staple  
23 Start of a riddle  
25 Warnings  
26 Hold in custody  
27 Caviar source  
28 Brand of taco kits  
30 Riddle, part 2  
37 PalmPilot, e.g., for short  
40 Germany's Helmut  
41 As well  
42 Friendliness  
43 1989 rom-com with Tom Selleck and Paulina Porizkova  
46 Eve's partner  
48 How some games finish  
49 Riddle, part 3

53 Riga resident, old-style  
54 Coil of yarn  
55 Reasonable  
56 Gaucho's shawl  
58 Lyric after “Jumpin’ Jack Flash”  
61 Egotist's love  
63 “Game of Thrones” heroine Stark  
64 Mutt's threat  
67 “— will not!”  
68 Riddle, part 4  
71 British lav  
72 Student transcript fig.  
73 Glitz  
74 Actress Ward  
75 Gizmos  
77 Roving floor vacuum  
79 Missy Elliott's “— What I’m Talkin’ About”  
81 Has the gall  
82 Brand of teas and juices  
85 Riddle, part 5  
89 Charles of CBS News  
91 First-rate  
92 Cause to feel queasy  
93 GI tract bacterium  
94 IRS IDs  
96 Start to wake

97 Airport uniform inits.  
98 End of the riddle  
104 Himalayan climbing guide  
105 3 R's org.  
106 Geisha's robe  
110 Nicole Kidman's role in “Moulin Rouge!”  
112 Riddle's answer  
117 “Yeah, but still ...”  
118 Listen to by chance  
119 Big road rigs  
120 Lime sections  
121 Shopping site  
122 007, e.g.  
123 Like many survey questions

1 In the hub of  
2 Abundant  
3 “Shoo, kitty!”  
4 Killer whales  
5 Perfectly pitched, in baseball  
6 32nd prez  
7 Writer Levin  
8 Of a pelvic bone  
9 Pants parts

10 Part of ENT (eatery)  
11 — Fridays  
12 Operatic heroes, often  
13 Ohio, e.g.  
14 Certain Ohio native  
15 Lowest guy in a group hierarchy  
16 Cat flea, e.g.  
17 Hairy cousin of Morticia  
18 Talking — (scoldings)  
21 “Like — not!”  
24 Leia's father and Obi-Wan's apprentice  
29 “Cat People” studio  
31 Lead-in to call or Cop  
32 Fanciful ideas  
33 Crying infant's noise  
34 Actor Edward James —  
35 Toiling away  
36 Word of refusal in Rostov  
37 Gradually introducing, with “in”  
38 Office computer

39 City in Los Angeles County  
44 La Scala solo  
45 Far back in time  
46 “Hondo” actor  
47 Thought about a lot  
48 Response to “Must we stand for this?”  
50 Simple  
51 Anemic  
52 Brand of deodorant  
57 Many-tiered temples  
59 No-holds-barred  
60 Bog  
62 Vitamin B9  
64 Stare down  
65 Mice and beavers, e.g.  
66 Arm of the Antarctic Ocean  
69 Prefix with -dextrous  
70 Pledge  
76 Comedian Chappelle  
77 Genuine article  
78 Viswanathan of chess

80 — message to (contacted)  
82 Give a bias to  
83 Cry of pain  
84 Cooked by combining two methods  
86 Comic Daniel or musician Peter  
87 “Lucas” actor Corey  
88 “I’ve got it!”  
90 Driver's ID  
94 Dine  
95 Skiing event  
96 Rattlers and boas  
99 Two-color cookies  
100 Unreactive  
101 Get-together, informally  
102 Itsy- — (wee)  
103 Toastmaster  
107 Units of resistance  
108 Word of refusal in Rostock  
109 Thereabouts  
110 Stitch clothes  
111 “— Maria”  
113 Old Dominion coll.  
114 Prefix with plop or plunk  
115 Talk shrilly  
116 Dryly funny

Average time of solution: 67 minutes

## SLYLOCK FOX

BY BOB WEBER JR.

While scuba diving, Slylock Fox observed sick sea creatures. He suspects that toxins are leaking from illegally dumped chemical drums. Wanting to collect a water sample for analysis, Slylock found an old bottle on the ocean floor. However, the bottle, still corked, is filled with wine. How will he empty the bottle and replace the wine with water?

**HOW TO DRAW a hungry pug**

**YOUR DRAWING**

Today's terrific artist is Joey, age 15

Submit your drawing to [www.slylockfox.com](http://www.slylockfox.com)

The scrambled words are sea creatures. How many can you unscramble?

1) LSEHJFYLI  
2) NOHLIPD  
3) RTELUT  
4) ASOHSRE

Answer -- 1) Jellyfish 2) Dolphin 3) Turtle 4) Seahorse

Spot six differences between these panels.

Answer -- Hair, skate, broom handle, eyes, button and dog collar.

Have fun solving a new comic puzzle every day at [www.slylockfox.com](http://www.slylockfox.com)







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