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# INDIANHEAD





# INDIANHEAD

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July 2022 / VOL. 59, ISSUE. 7, NO. 705

# CONTENTS

- 1 4TH OF JULY GALLERY
  - 3 WARRIORS ON THE STREET
  - 5 CHAMPION NCO NAMED USARPAC BEST WARRIOR
  - 7 DOORS OFF, GUNS OUT!
  - 9 THUNDER SOLDIERS PARTICIPATE IN ARMY HERITAGE 10K RUCK MARCH
  - 11 NOODLES WITH LOVE: LOCAL ORGANIZATION SERVES LUNCH TO THUNDER
  - 12 CROSSWORD: INDEPENDENCE DAY
  - 13 KOREAN CULTURE: CHUNCHEON
  - 15 KOREAN CUISINE: DAK-GALBI
  - 16 AUGUST OUTLOOK
-



# 4TH OF JULY

Celebrating Independence Day





4th of July



INDIANHEAD JULY 2022



Photos courtesy of USAG Humphreys PAO



# WARRIORS ON THE STREET

**Sgt. Luis Trasvina**

Salt Lake City, Utah  
580th Forward Support Company, 1st Battalion, 38th  
Field Artillery Regiment

"I usually spend time with my Family, shooting off fireworks and grilling. I'm sad I am going to miss seeing my kids smiling and having a good time, but I'll be home with them next year."

**Spc. Christopher Goforth**

Minco, Oklahoma  
Bravo Battery, 2nd Battalion, 18th Field Artil-  
lery Regiment

"I go to my dad's house every year on the 4th of July and cook some good food. Unfortunately, my dad is sick this year and I'm in Korea, so I would like to send him prayers and well wishes this 4th of July."





## HOW DO YOU CELEBRATE INDEPENDENCE DAY BACK HOME?



### **Staff Sgt. Christopher Pindro**

Uniontown, Pennsylvania  
Bravo Battery, 6th Battalion, 37th Field Artillery Regiment

"I like to shoot off fireworks with my children, and enjoy a good BBQ, of course! My kids really love sparklers. I miss you guys!"



### **1st Lt. Taylor Graham**

Fayetteville, North Carolina  
2nd Battalion, 3rd Field Artillery, 1st Armored Brigade Combat Team, 1st Armored Division

"The 4th of July is a great opportunity to visit my Family and spend time with them. We can get to cook out and watch fireworks together."



### **Spc. Bernard Morgan**

Chicago, Illinois  
6th Squadron, 1st Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Armored Division

"The best way to spend the 4th of July is easy. Cook out during the day, and watch fireworks at night. All with your Family."





Command Sgt. Maj. Scott A. Brzak, U.S. Army Pacific senior enlisted advisor, introduces Staff Sgt. Calvin Miller, a combat engineer assigned to the 2nd Infantry Division stationed at Camp Humphreys, Republic of Korea, as the 2022 USARPAC Noncommissioned Officer June 9 at Schofield Barracks, Hawaii, during the awards ceremony for the USARPAC Best Warrior Competition. The BWC is an annual week-long competition consisting of competitors from multiple units across the Indo-Pacific. The noncommissioned officers and junior enlisted Soldiers are evaluated in several categories such as general military knowledge, basic Soldier skills, and physical fitness. (U.S. Army photo by Pfc. Mariah Aguilar, 25th Infantry Division)

## Champion NCO Named USARPAC Best Warrior

CAMP HUMPHREYS, Republic of Korea — Soldiers stationed in the United States Army Pacific region recently competed in the U.S. Army Pacific's annual "Best Warrior Competition," on June 5 - June 9, 2022, at Schofield Barracks, Hawaii. The competition tested junior enlisted Soldiers, noncommissioned officers, officers, and warrant officers on many different skill sets such as weapons proficiency, physical endurance, and doctrinal knowledge.

Staff Sgt. Calvin R. Miller of the 630th Clearance Company, 11th Engineer Battalion, 2nd Infantry Division Sustainment Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, won first place in the NCO category, earning the title of USARPAC BWC NCO of the Year.

Miller, a Minot, North Dakota native, said the road to the competition was a long-fought uphill battle. Before arriving at Schofield Barracks for the competition, he took part in the 11th Engineer Battalion's annual ruck march back in April in memory of one of the battalion's Medal of Honor recipients, Sgt. 1st Class Paul R. Smith.

"I carried the .50 caliber machine gun the longest out of anyone during the ruck," said Miller. "Carrying the weapon was in honor of Sgt. 1st Class Smith and what he had to

endure during combat. After this event, I was asked if I wanted to take part in the 2ID Best Warrior Competition, and I said, 'absolutely!'"

To prepare for the 2ID BWC, Miller took his Soldiers to compete as a squad, which involved a rigorous and lengthy train-up.

"Everyone I chose for my squad, I chose for a reason," said Miller. "We got along great! We trained together well and put in the extra time and energy to do well for the competition, which paid off. We even trained on the weekends."

The training proved to be highly effective as Miller and his squad earned first place at the 2ID BWC, advancing to the 8th Army BWC, with very little time to recover between the two competitions. To keep himself motivated, Miller turned to his squad member, Sgt. Woonghe Choi, for inspiration.

"First off, he is my best friend," said Miller. "His skill set compliments my skill set in a way that allows both of us to teach and influence our Soldiers in different ways. Without him, I would not have made it this far; not even close."





Staff Sgt. Calvin Miller, a combat engineer assigned to the 2nd Infantry Division stationed at Camp Humphreys, Republic of Korea, jumps over wooden planks June 7 at Lightning Academy, Schofield Barracks East Range, Hawaii, during the obstacle course for the 2022 USARPAC Best Warrior Competition. The BWC is an annual week-long competition consisting of competitors from multiple units across the Indo-Pacific. The Obstacle Course, one of the events, required competitors to navigate a series of physically demanding challenges while being timed. (U.S. Army photo by Pfc. Mariah Aguilar, 25th Infantry Division)

As his squad proceeded to the Eighth Army Best Warrior and Squad Competition, May 8 - 14, Miller noticed his Soldiers were feeling the effects from the competitions, enduring long days and short nights with little rest. He needed to find a way to inspire his squad.

"All of us were sore, and our junior enlisted Soldiers were especially burnt out," said Miller. "The good thing about my squad is we're good at feeding off each other's energy. When someone is down, it's easy for us to pick each other back up."

The Eighth Army Best Warrior and Squad Competition was a week-long competition consisting of many different events to test the participants' general Army knowledge and skills. After the long week, Miller came out on top and was selected to compete in the U.S. Army Pacific Best Warrior Competition.

"After we finished the Eighth Army competition, I was asked to compete for the individual portion for the USARPAC Best Warrior Competition," said Miller. "I couldn't say no!"

After winning the USARPAC BWC and earning the title of Best Warrior, Miller offers advice to Soldiers who want to go above and beyond by competing in future events.

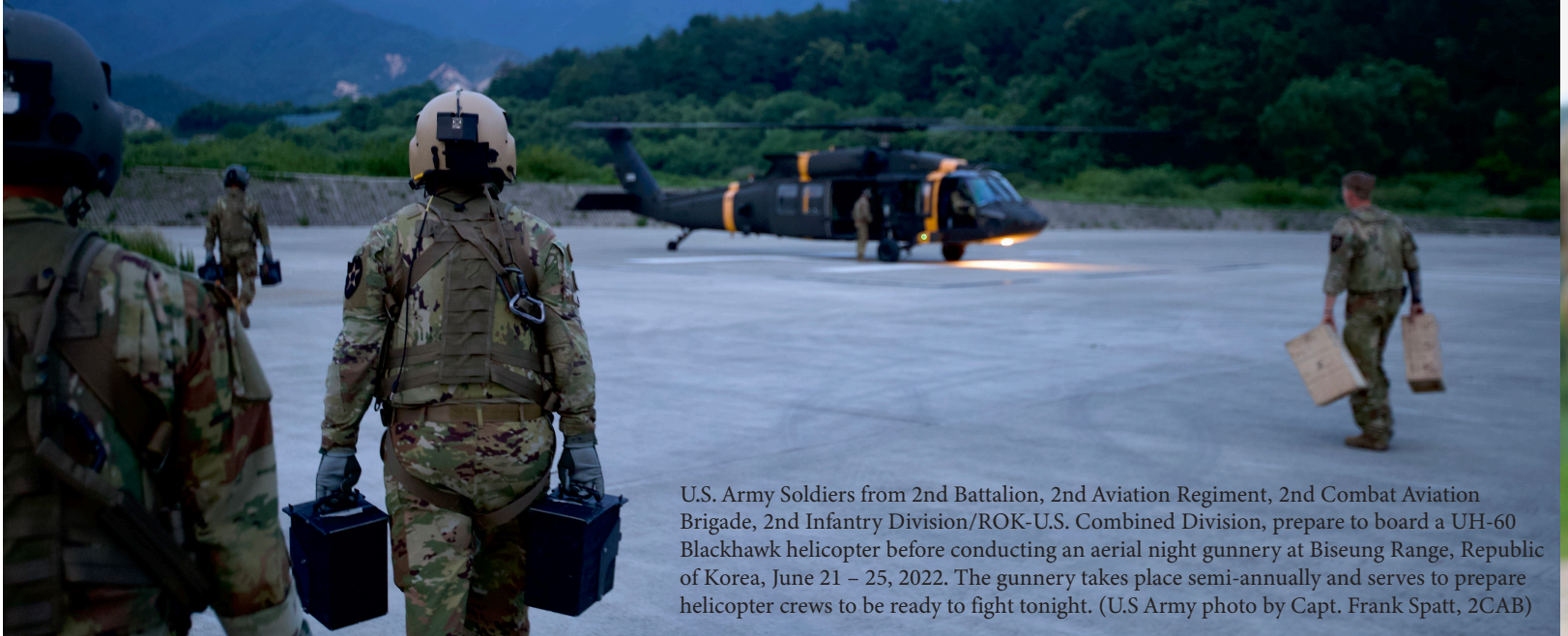
"If you get the opportunity to compete in a best warrior competition, don't let it pass you by," said Miller. "Give it your best effort and just focus for a while. You might be surprised to see what you can accomplish once you give something a hundred percent."

Story By:  
Sgt. Seth Aaron  
2nd DSB PAO

Command Sgt. Maj. Scott A. Brzak, U.S. Army Pacific senior enlisted advisor, and USARPAC Best Warrior Competition participants pose for a group photo June 9 at Schofield Barracks, Hawaii, during the awards ceremony for the 2022 USARPAC Best Warrior Competition. The BWC is an annual week-long competition consisting of competitors from multiple USARPAC units across the Indo-Pacific. The winners of the competition will go on to represent USARPAC at the Army level BWC. (U.S. Army photo by Pfc. Mariah Aguilar, 25th Infantry Division)







U.S. Army Soldiers from 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, prepare to board a UH-60 Blackhawk helicopter before conducting an aerial night gunnery at Biseung Range, Republic of Korea, June 21 – 25, 2022. The gunnery takes place semi-annually and serves to prepare helicopter crews to be ready to fight tonight. (U.S Army photo by Capt. Frank Spatt, 2CAB)

# Doors Off, Guns Out!



**B**ISEUNG RANGE, South Korea — U.S. Soldiers from 2nd Attack Helicopter Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, participate in dual door gunnery during their semi-annual door gunnery training exercise from June 21 – 25, 2022.

“The goal of the training is to maximize combat power in order to gain currency for every crew member so we can maintain fully manned combat crews,” said Staff Sgt. Minseok Choi, the battalion standardization noncommissioned officer for 2-2 AHB.

“The new guys have never touched a M240 before and certainly not from the air. Today is a perfect opportunity for them to practice with live ammunition at an aerial gunnery.”

The gunnery lasted four days in intense summer heat and monsoon rainstorms. Even though the environment did not favor their success, all crew members were able to gain proficiency and certify as a combat crew.

Aerial gunnery, just like any other range, requires multiple firing tables to prepare, evaluate and certify the capabilities of the crew members and pilots. Unlike a range on the ground, aerial gunnery requires an immense amount of teamwork between the pilots and the crew members for success.

“The aerial gunnery consists of the individual table and the collective table,” said Choi. “The crew members will train

starting with a familiarization fire, move to a single ship day-and-night fire and end with a multi-ship target handover engagement.”

“We’re not just a gunnery, we’re an air crew as well,” said Choi. “So we have to coordinate with the pilots doing our job as a crew member while also shooting the gun. It will be challenging for the new crew members, but will really benefit them.”

Crew members must still clear the aircraft of hazards and engage targets on the ground while flying. Choi compared it to having a ground guide for tactical vehicles, but in the air.

“Clearing the aircraft while the pilot is flying is like being their rearview camera, letting them know if it’s clear to turn left or right,” said Choi.

Maintaining proficiency on door gunnery is integral to any UH-60 Black Hawk operations, whether it’s conducting sling loads or a tactical insertion of personnel.

“We are the only defensive mechanism the UH-60 has,” said Choi. “When we pick up or drop off personnel, we are the only defense. Maintaining proficiency is essential to keeping the enemy suppressed while we keep the aircraft and the personnel boarding safe.”

Story by:  
Capt. Frank Spatt  
2nd Combat Aviation Brigade



A crew member from 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, learns how to fire the M240 light machine gun as part of a familiarization fire during the unit's semi-annual gunnery at Biseung Range, Republic of Korea, June 21 – 25, 2022. (U.S. Army photo by Capt. Frank Spatt, 2CAB)



A UH-60 Blackhawk helicopter from 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, takes off after refueling during the daytime portion of the unit's semi-annual gunnery at Biseung Range, Republic of Korea, June 21 – 25, 2022. (U.S. Army photo by Capt. Frank Spatt, 2CAB)



A crew member from 2nd Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, fires a M240 light machine gun from the prone position as part of a familiarization fire during the unit's semi-annual gunnery at Biseung Range, Republic of Korea, June 21 – 25, 2022. (U.S. Army photo by Capt. Frank Spatt, 2CAB)





Soldiers from Headquarters Battery, 210 Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined Division assist their teammates during the Army Heritage 10-kilometer Ruck March on Camp Casey, June 25, 2022. The ruck march pays homage to the Army's 247th birthday during Army Heritage Month. (US Army photo by Staff Sgt. Felix Mena, 210 FAB PAO)

## Thunder Soldiers Participate in Army Heritage 10K Ruck March



A large group of Soldiers take their first steps from the start-finish line during the 210 Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, Army Heritage 10-kilometer Ruck March on Camp Casey, June 25, 2022. A total of 182 Soldiers competed in four divisions with awards being presented to the top finishers. (US Army photo by Sergeant Willis Hobbs, 210 FAB PAO)





A Soldier with 210 Field Artillery Brigade, 2nd Infantry Division/ ROK-U.S. Combined Division rests on top of his ruck sack at the end of the Army Heritage 10-kilometer Ruck March on Camp Casey, Republic of Korea, June 25, 2022. Soldiers competed in four divisions (Men’s Individual, Women’s Individual, Men’s Team and Combined Team) to earn the 1st, 2nd, and 3rd place times for the event.

CAMP CASEY, Republic of Korea - Soldiers from the 210 Field Artillery Brigade, 2nd Infantry Division/ROK-U.S. Combined Division, took part in the Army Heritage 10-kilometer Ruck March put on by the 210 FAB Equal Opportunity Office on June 25, 2022.

A total of 182 Soldiers from across Thunder Brigade stepped off from the Carey Gym parking lot at 0800 for the demanding 10k ruck march in honor of Army Heritage Month. The route took participants around Camps Casey and Hovey, as well as through the scenic hills located off-post to the east of Camp Hovey. Teams of Soldiers were split into four divisions; men’s individual, women’s individual, all-male team, and a combined team.

“I would have to say this ruck march was one of the most strenuous events I have ever participated in,” said Private First Class Kiernan Armitage, who finished third place in the men’s division. “Participating in an event like this help me grasp how far I was willing to push myself.”

The ruck march honors Army Heritage Month, which ties into the Army’s 247th birthday on June 14. The Army originally consisted of volunteer Soldiers with roots to the Continental Army and was formed to fight the Revolutionary War. Today, as the largest branch of the U.S. Military, the proud men and women of the U.S. Army continue to provide peace and security while working alongside our allies on the peninsula.

“The event was successful in paying homage to our Army heritage and our involvement in the Korean War.” said Sgt. 1st Class Joseph House, 210 FAB Equal Opportunity Advisor and organizer of the event. “It was great to see every single one of the 182 participants finished the event.”

The event concluded with an awards ceremony held inside the Carey Gym. Medals were presented for 1st, 2nd and 3rd place in each of the four divisions.

Story by:  
Staff Sgt. Felix Mena  
210 Field Artillery Brigade

Divisions	1st	2nd	3rd
Men’s Individual	HHC USAG, CPT White, Brandon (1:00:16)	61 MCAS, 2LT Pelaez, Alberto (1:01:54)	579 FSC, 210 FAB, PFC Armitage, Kieran (1:02:12)
Women’s Individual	HHB 1-38 FAR, 1LT Caternor, Nako (1:25:25)	70 BSB, 2LT Navarez, Ann Marie (1:32:25)	C Det 176 FMSU, SPC Ortiz, Valenting (1:42:27)
All-male Team	A 2-18 FAR, 210 FAB (1:29:23)	A 6-37 FAR, 210 FAB (1:31:45)	604 AOS (1:36:25)
Combined Team	HHB 210 FAB (1:32:36)	1 BTRY 2-3 FAR (1:33:17)	C 194 DSSB (1:33:51)





Col. Wade Germann, the 210 Field Artillery Brigade Commander, enjoys a bowl of noodles with the "Stepping Stones of Love" director Mr. Lee Soo Young on Camp Casey, South Korea, 22 June, 2022. Lee owns a noodle restaurant and started the group "Stepping Stones to Love" to use noodles to show appreciation to people in the community. (U.S. Army photo by Staff Sgt. Felix Mena, 210 FAB PAO)

# Noodles with Love:

## Local Organization Serves Lunch to Thunder

CAMP CASEY, Republic of Korea - Soldiers from the 210 Field Artillery Brigade 2nd Infantry Division/ROK-U.S. Combined Division, were treated to a Black Bean Noodle lunch put on by a local community volunteer group at Camp Casey, South Korea, 22 June, 2022.

The "Stepping Stones to Love" organization is a local community volunteer group who provides meals to groups to show appreciation for their services. For the event on Camp Casey, the group provided a food truck which served black bean jajangmyeon noodles to over 200 Soldiers. This event was put on as a way to show thanks to the U.S. Soldiers for their service in the Republic of Korea.

"This is the way for our community partners to show their appreciation to American Soldiers serving in the Republic of Korea," said Capt. Kyle O'Grady, the 210 Field Artillery Brigade Civil Affairs Officer. "This is my first time trying jajangmyeon so I am really looking forward to it!"

Jajangmyeon is a traditional South Korean dish where noodles are served with a sauce made from black beans, and has been enjoyed for hundreds of years.

The event was held inside of a warehouse located on Camp Casey where the food truck was set up to serve

the service members. After a speech from the Stepping Stones to Love Director, Mr. Lee Soo Young, those in attendance enjoyed the meals that were prepared for them.

"I am the owner of a restaurant that specializes in jajangmyeon, so this event here at Camp Casey is a way for me to give something back to the U.S. Soldiers who are here defending the Republic of Korea," said Lee.

"Americans typically eat pasta noodles with a red or white sauce, so to have noodles with black bean sauce might be something new to them. We have served this to Soldiers at the Joint Security Area and they loved it, so I am sure they will also love it here."

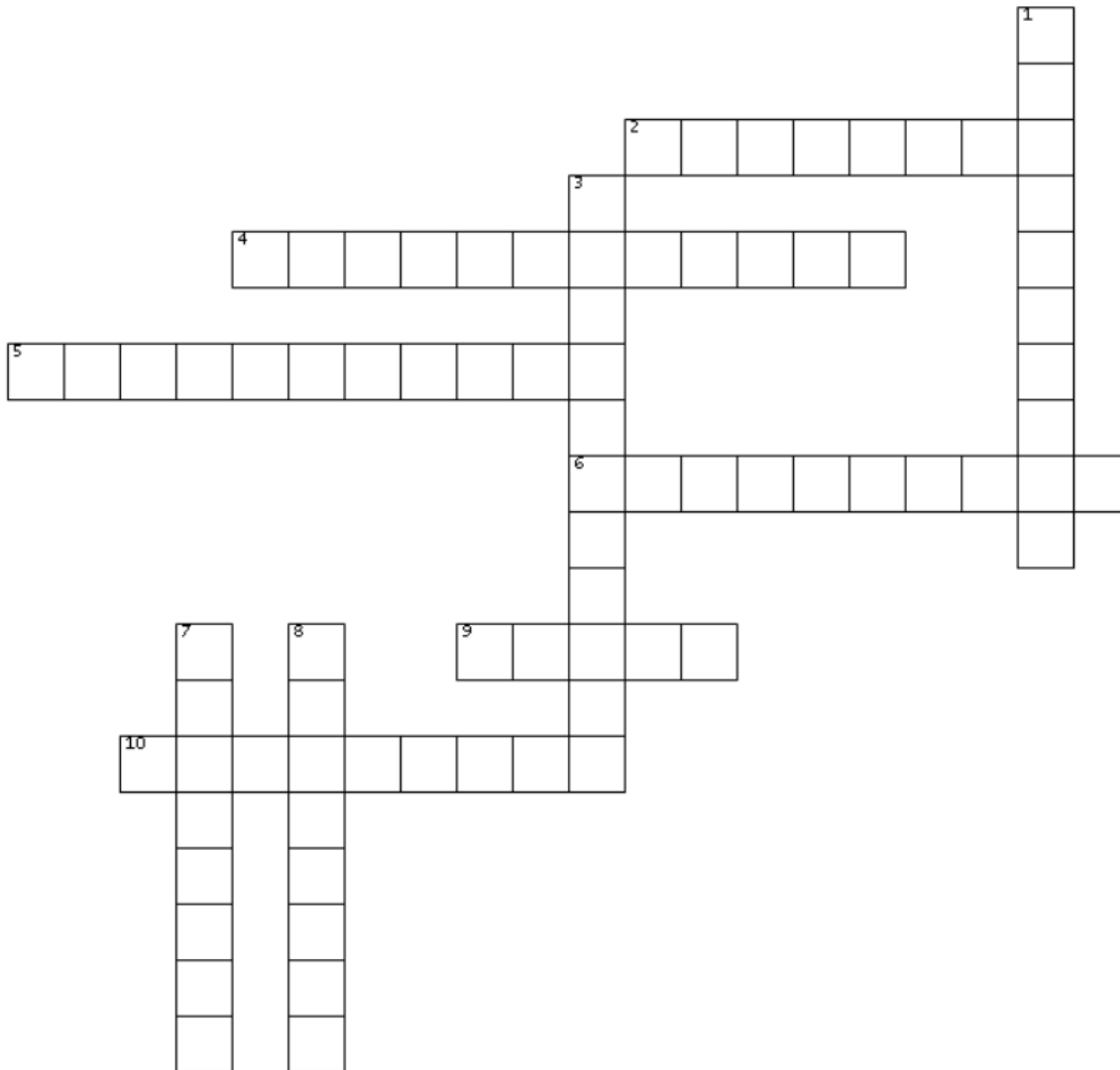
The event concluded with the Soldiers as well as the Stepping Stones to Love team members having full stomachs and hearts. The food as well as the company was very much appreciated by the personnel in attendance and showed them what they do day in and day out is important to people.

Story by:  
Sgt. Willis Hobbs  
210 Field Artillery Brigade



# Crossword

## Independence Day

**ACROSS**

2. Thirteen \_\_\_\_\_ that founded the nation
4. City where the declaration was signed
5. Second \_\_\_\_\_ Congress
6. American \_\_\_\_\_, the secession from British rule
9. Thomas \_\_\_\_\_, author and advocate for independence
10. Thomas \_\_\_\_\_, principal author of the declaration

**DOWN**

1. George \_\_\_\_\_, general, signatory and founder
3. \_\_\_\_\_ of Independence
7. After the introduction, where 'all men are created equal' is found
8. Number of delegates that signed the first declaration



# CHUNCHEON

## 춘천

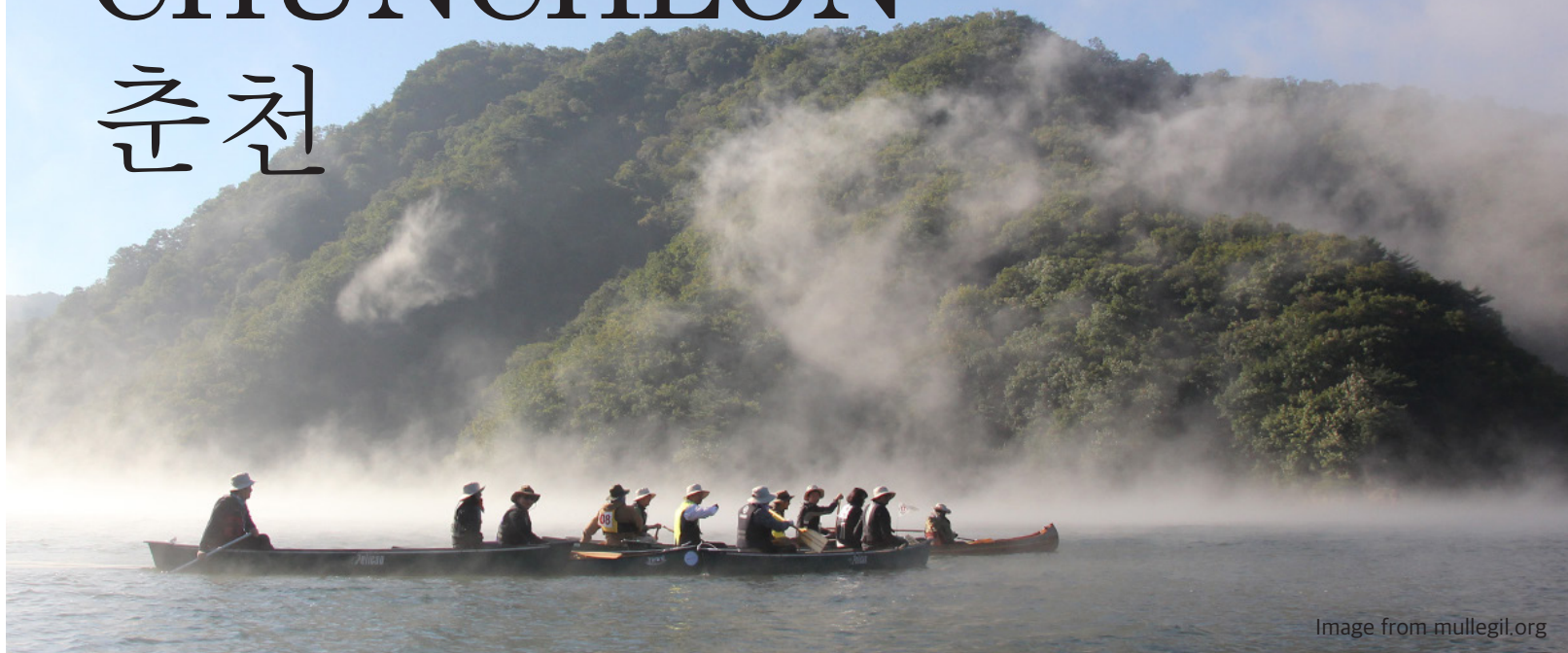


Image from mullegil.org

Chuncheon, a city located in the province of Gangwon-do, is widely known as the 'City of Lakes'. A variety of cultural attractions and a harmonious co-existence between the artificial and natural environments make this city a uniquely charming place.

Chuncheon is surrounded by Uiam, Chuncheon, and Soyang lakes, which are artificial lakes created from the construction of dams. A "Mule-Gil" (course for water sports) runs along the lakes, and it is mainly used for canoe courses which are great for taking in both the cityscape and nature at the same time. Islands such as Nami island or Jung-do have become popular tourist spots through rich natural sceneries or enjoyable activities like the ones that can be found at Jung-do's LEGOLAND.

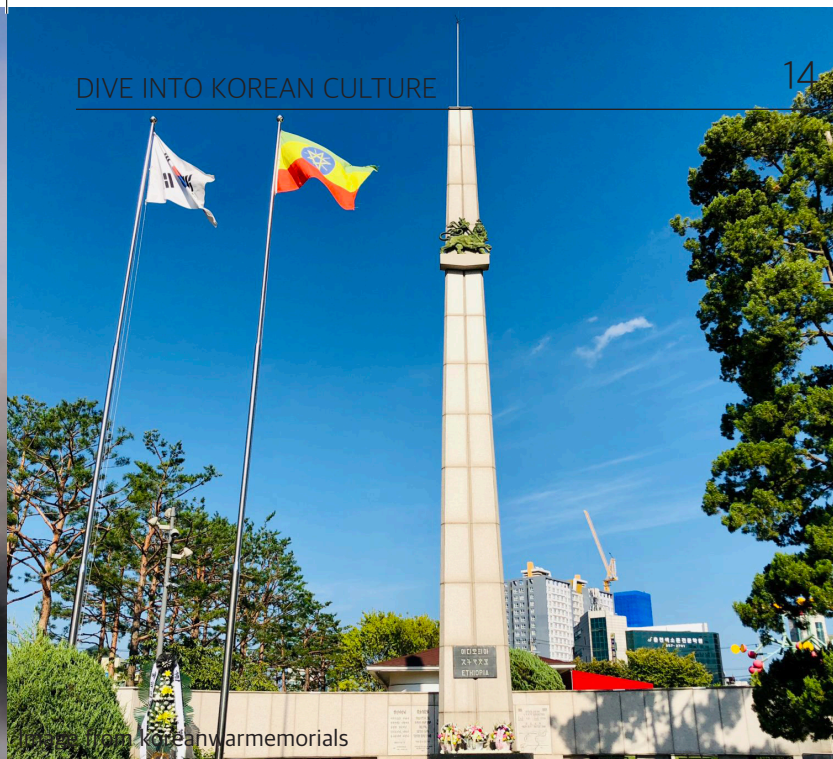


Image from joongang.co.kr



Image from joongang.co.kr





There are many museums and memorial sites in Chuncheon for students of history. The Memorial Hall for Ethiopian Veterans in the Korean War commemorates the accomplishments of Ethiopian Soldiers and raises awareness regarding Ethiopian culture and history. Another historically significant place is the Cheongpyeong-sa, a Buddhist temple built during the Goryeo dynasty. Learning the local legends of a princess and a love-sick snake, a turtle-shaped rock predicting the temple's prosperity, and a Guseong waterfall believed to create nine different sounds while touring the temple proves to be a engaging experience.



Chuncheon's famous foods include mak-guksu and chicken galbi. There is even a museum dedicated to mak-guksu. It covers information regarding buckwheat, the ingredients behind mak-guksu, as well as the recipe. The museum provides an academic experience for those interested in learning more about Korean cuisine. For those who want to enjoy nature alongside food, they could visit the Yonghwa mountain forest lodges. Among the man-made coniferous and natural broad-leaved forests, one can enjoy hiking, camping, or leisure sports in the Leisure Sports Experience Center recently built by the Korea Forest Service to build up an appetite before eating.

Story by:  
KPfc. Rho, Yoonsung  
2nd Infantry Division/ROK-U.S Combined Division  
Public Affairs Office





# Dak-Galbi



image from m.convenii

flickr

## Ingredients

- 500g chicken breast
- 1 onion
- 1 carrot
- 1 cabbage
- 1 potato
- 10 sesame leaves
- 2Tbsp cooking oil
- 5Tbsp soy sauce
- 3Tbsp chilli pepper paste
- 3Tbsp chilli pepper powder
- 3Tbsp cooking wine
- 2Tbsp sugar
- 2Tbsp perilla oil
- 0.5Tbsp curry powder
- 1Tbsp diced garlic
- Salt and pepper to taste

## Instructions

1. Prepare the chicken breast by cutting it into bite-sized portions and place in a sealable container or kitchen bag.
2. Cut the onion, carrot, potato, sesame leaves, and cabbage into small pieces. Make sure to cut the potato into thin slices. Set aside.
3. Mix chilli pepper paste, soy sauce, chilli pepper powder, cooking wine, sugar, diced garlic, pepper, curry powder, and perilla oil to make the seasoning sauce.
4. Pour the seasoning sauce over the chicken, close the container and let the chicken marinate for 30 minutes in the refrigerator.
5. Preheat the frying pan with cooking oil on medium heat, then add the seasoned chicken to the pan and cook for five minutes. Add the potato, onion, cabbages and carrot until vegetables are soft and chicken is completely cooked.
6. Reduce heat and add the sesame leaves. Allow the food to cool down for at least a minute. Add salt and pepper to taste and serve with rice.



# August OUTLOOK

**02****Themed-Story Tuesdays**

Story time that's all about your favorite classic books!

**05****Auto Skills Safety Orientation**

This is a required safety orientation in order to utilize the equipment in this facility.

**07****Framing Studio (Basic Orientation)**

Learn the art of frame making and glass fitting.

**12****Auto Skills Safety Orientation**

This is a required safety orientation in order to utilize the equipment in this facility.

**20****BOSS "The Ville" Clean-up**

Show support for our host nation community!

**24****Wednesday Scramble**

Cost is \$10 for entree plus applicable golf fees.

**30****Themed-Story Tuesdays**

Story time that's all about your favorite classic books!

The above schedule is tentative. For the latest information, visit Humphreys Family and Morale, Welfare and Recreation (MWR - QR code on the right).

\*All participants are required to adhere to the current HPCON measures, which includes wearing a mask and / or practicing social distancing.





# 인 디 언 헤 드

THE INDIANHEAD MAGAZINE / KOREAN EDITION





# 인 디 언 헤 드

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인스타그램:  
<https://www.instagram.com/2ndinfantrydivision/>

페이스북:  
<https://www.facebook.com/pg/2IDKorea/>

트위터:  
<https://www.twitter.com/2infdv/>





## 인디언헤드

2022년 7월호 / 제 59권, 제 7호, 통권 제 705호

# CONTENTS

- 1 챔피언 부사관이 미국 태평양 육군 베스트 워리어로 선정되다
- 3 문을 열고 총을 조준하라
- 5 한국 문화 속으로 : 춘천

조정현

인디언헤드지 총 편집장  
병장 조정현

인디언헤드지 부 편집장  
상병 조희원

노운성

인디언헤드지 그래픽 디자이너  
일병 노운성



캠프 험프리스, 제2보병사단 소속 전투공병 칼빈 밀러 하사 코필드 막사에서 열린 미 태평양 육군베스트 워리어 대회으로 선정된 뒤 서 있다. 미 태평양 육군베스트 워리어 대회는 러 유닛의 경쟁자들로 구성되어 1주일간 열리는 대회이다. 군사지식, 기초병사능력, 체력 등 여러 부문에서 평가를 받 (사진 출처: 일병 마리아 아길라르, 제25보병사단)

# 챔피언 부사관이 미국 태평양 육군 베스트 워리어로 선정되다

**대** 한민국, 캠프 험프리스 - 태평양 지역에 주둔하는 장병들이 최근 하와이, 스코필드 막사에서 매년 열리는 "베스트 워리어 대회"에 2022년 6월 5일부터 6월 9일까지 참여했다. 대회는 사병, 부사관, 준위, 장교들의 무기 숙련도, 지구력, 그리고 군사 지식과 같은 다양한 능력들을 시험했다.

한미연합사단/제2보병사단 제2보병사단 지원여단 제11공병대대 제630공병중대 소속 칼빈 R. 밀러 하사는 대회의 부사관 부문에서 1위를 차지하며 올해의 'USARPAC BWC NCO'라는 칭호를 얻었다.

노스다코타주 미노트 도시 출신인 밀러 하사는 대회에 참가하기까지의 과정을 오르막길을 올라가는 것과 같은 길고 힘든 싸움이었다고 회고했다. 대회를 위해 스코필드 막사에 도착하기 전 그는 2022년 4월 4일 열린 제11공병대대의 연례 행진에 참가해 대대의 명예 훈장 수여자 중 한 명인 폴 R. 스미스 중사를 추모했다.

"50구경 기관총을 누구보다 가장 오랫동안 운반했습니다," 라고 밀러 하사가 말했다.

"무기를 운반한 건 스미스 중사가 전투 중 겪었을 고충을 기리기 위해서였습니다. 행사가 끝난 뒤 제2보병사단 베스트 워리어 대회에 참가할 의향이 있는지 질문을 받았는데, 저는 '당연하다'고 답했습니다."

제2보병사단 베스트 워리어 대회를 준비할 때 밀러 하사는 그의 병사들을 같이 데려가 분대로서 경쟁했는데, 길고 철저한 훈련들이 이 병사들의 앞날에 있었다.

"제가 분대원으로 선택한 모든 사람 뒤에는 모두 이유가 있습니다," 라고 밀러 하사는 말했다. "우리 매우 잘 지냈습니다. 대회에서 최고의 모습을 보여주기 위해 항상 함께 훈련하며 여분의 시간과 에너지를 쏟아 부었고, 노력의 결실을 같이 누렸습니다. 저희는 주말에도 같이 훈련했습니다!"

밀러 하사와 그의 선수단이 제2보병사단 베스트 워리어 대회에서 1위를 차지한 후 바로 제8군 베스트 워리어 대회로 진출하면서 그의 훈련의 효력은 증명됐다. 이때 밀러 하사는 의욕을 계속 불태우기 위해 그의 분대원인 최웅하 병장에게 의지했다.

"그는 제 가장 친한 친구입니다," 라고 밀러 하사가 말했다. "그의 능력은 제 능력을 보충하기에 저희 둘은 병사들을 같이 가르치며 서로의 부족한 점을 채워줍니다. 그가 없었다면 저는 지금 이 순간까지 도달하지 못했을 거라 확신합니다."

밀러 하사는 그의 분대가 5월 8일부터 5월 14일까지 제8군 베스트 워리어와 스쿼드 대회에 참가하게 되면서 병사들이 긴 날들을 보냈음에도 거의 쉬지 못하는 짧은 밤들 때문에 지치고 있음을 파악했다. 그는 팀을 고무시킬 방법을 찾아야 했다.

"모두 몸이 쑸고, 하급 병사들이 특히 지친 상태였습니다," 라고 밀러 하사는 말했다. "저희 팀의 장점은 서로 에너지를 공급한다는 겁니다. 누군가가 쓰러져 있어도 서로 다시 일으켜 세울 수 있었습니다."

제8군 베스트 워리어와 스쿼드 대회는 참가자들의 군사 지식 및 기술을 시험하기 위한 다양한 행사들로 구성된 일주일간의 대회였다. 기나긴 한 주 후에 밀러 하사는 정상에 남아있었고, 그는 태평양 육군 베스트 워리어 대회에 참여자로 선택되었다.

"8군 대회를 마친 후, 미국 태평양 육군 베스트 워리어 대회 개인 부문에 참여할 기회가 주어졌습니다," 라고 밀러 하사가 말했다. "도저히 거절할 수 없었습니다!"

밀러 하사는 미국 태평양 육군 베스트 워리어 대회에서 우승해 베스트 워리어 타이틀을 얻은 후 미래에 열릴 행사에서 그와 같이 경쟁을 하며 평균을 뛰어넘어 그 이상에 닿고



하사가 6월 9일 하와이 스코필드 막사 이스트레인지의 라이트닝 아카데미에서 열린 2022 미 태평양 베스트 워리어 대회 부사관 부문에 참가했다. 부사관과 하급 사병들은 군사지식, 기초병사능력, 체력 등 여러 부문에서 평가를 받는다.

싶어 하는 장병들에게 조언을 했다.

"만약 여러분이 베스트 워리어 대회에서 경쟁할 기회를 얻는다면, 그 기회를 절대 놓치지 마세요," 라고 밀러 하사는 말했다. "본인의 최선을 다하고, 그 순간에만 집중하세요. 자신의 백 퍼센트를 바쳤을 때 어떤 일을 해낼 수 있는지 알게 되면 놀랄 겁니다."

병장 세스 애런 / 기사  
제2 DSB 공보부

일병 노윤성 / 번역  
한미연합사단 /제2보병사단 공보참모처

미 태평양군 선임고문인 주임원사 스콧 A. 브르작이 제2보병사단 소속 전투공병 칼빈 밀러 하사를 미 태평양 베스트 워리어 대회 부사관 부문의 우승자로 소개하고 있다. 미 태평양 육군베스트 워리어 대회는 인도-태평양 지역의 여러 유닛의 경쟁자들로 구성되어 1주일간 열리는 대회이다. 부사관과 하급 사병들은 군사지식, 기초병사능력, 체력 등 여러 부문에서 평가를 받는다.

(사진 출처: 일병 마리아 아길라르, 제25보병사단)



인디언헤드 2022년 7월



미국 하와이 스코필드 막사 이스트레인지의 라이트닝 아카데미에서 열린 2022 미 태평양 베스트 워리어 대회 장애물 코스 도중 캠프 험프리스, 미 2보병사단 전투공병 칼빈 밀러 하사가 나무 판자를 뛰어넘고 있다. 미 태평양 베스트 워리어 대회는 인도-태평양 지역의 여러 유닛의 경쟁자들로 구성되어 1주일간 열리는 대회이다. 부사관과 하급 사병들은 군사지식, 기초병사능력, 체력 등 여러 부문에서 평가를 받는다.

(사진 출처: 일병 마리아 아길라르, 제25보병사단)



제2대대 제2항공연대 제2전투항공여단 한미연합사단/제2보병사단의 장병들이 2022년 6월 21일부터 25일까지 공용화기 사수 실사격 훈련에 참여했다. 승무원 한명이 M240 경기관총을 UH-60M 블랙 호크 헬리콥터 문 밖으로 사격하고 있다. (사진 출처: 대위 프랭크 스팟, 제2전투항공여단)

## 문을 열고 총을 조준하라

**대** 한민국, 비승 자격장 - 한미연합사단/제2보병사단, 제2전투항공여단, 제2항공연대, 제2 공격헬기대대의 미군들은 2022년 6월 21일부터 25일까지 진행된 공용화기 사수 실사격 훈련에 참여했다.

“이 훈련의 목표는 모든 승무원의 능력을 입증해 전력을 극대화하여 전투태세가 준비되어 있는 전투 부대를 유지하는데 있습니다.”라고 제2전투항공여단, 제2항공연대, 제2 공격헬기대대의 부사관 최민석 하사가 말했다.

그는 “신입들은 M240을 공중에서는 커녕 아예 만져본 적이 없습니다. 오늘은 이 공용화기 사수 실사격 훈련을 통해 그들이 실탄으로 훈련할 수 있는 완벽한 기회입니다.” 라고 말했다.

공용화기 사수 실사격 훈련은 강렬한 여름 더위와 계절풍 폭풍우 속에서 4일 동안 지속되었다. 비록 쉽지 않은 환경이었지만, 모든 인원들은 온 힘을 다해 참여하며 실력을 발전시킬 수 있었다.

다른 사격 훈련과 마찬가지로 공용화기 사수 실사격 훈련도 승무원과 조종사의 능력을 준비, 평가, 인증하기 위한 여러 개의 발사대가 있다. 지상에서의 사격장과는 달리공용화기 사수 실사격 훈련이 성공을 하기 위해서는 조종사와 승무원들 사이의 엄청난 양의 팀워크를 필요로 한다.

“공용화기 사수 실사격 훈련은 개인 테이블과 집단 테이블로 구성되어 있습니다.”라고 최민석 하사가 말했다. 그는 또한 “승무원들은 평소 사격으로 시작한 후 주야간 단일 사격, 마지막으로 다함 표적 인양 전투로 훈련을 끝냅니다.” 라고 말했다.

최민석 하사는 “우리는 단지 포병대가 아니라, 항공 승무원이기도 합니다. 그래서 우리는 총을 쏘면서 승무원으로서 우리의 임무를 수행하는 조종사들과 합을 맞춰야 합니다. 이것은 새로운 승무원들에게는 힘들 수 있지만, 많은 도움이 될 것입니다.” 라고 말했다.

이들은 비행 중 항공기의 위험을 제거하고 지상의 표적을 교전해야 한다. 최민석 하사는 이를 전술용 차량용 지상 안내기와 비교했다.

“조종사가 비행하는 동안 항공기의 위험 요소를 확인하는 것은 그들의 백미러가 되어 좌회전이나 우회전하는 것이 분명한지를 알려주는 것과 같습니다.”라고 최민석 하사는 말했다.

공용화기 사수 실사격 훈련의 숙달은 UH-60 블랙호크 작전에서 필수적이다. 슬링 운반을 수행하든, 전술적 투입을 하든 말이다.

“우리는 UH-60블랙호크가 가진 유일한 방어 장치입니다.”라고 최민석 하사가 말했다. 그는 또한 “우리가 인원을 태울 때나 내려줄 때, 우리가 방어를 합니다. 숙달도를 유지하는 것은 우리가 항공기와 탑승 인원을 안전하게 유지하는 동안 적을 억제하는데 필수적입니다.” 라고 말했다.

프랭크 스팟 대위 / 기사  
제2전투항공여단

상병 조희원 / 번역  
한미연합사단/제2보병사단 공보참모처





제2대대 제2항공연대 제2전투항공여단 한미연합사단/제2보병사단의 UH-60 블랙호크 헬기콥터가 2022년 6월 21일부터 25일까지 대한민국 비승 사격장에서 낮 시간대의 공용화기 사수 실사격 훈련을 위해 급유를 마치고 이륙하고 있다.

(사진 출처: 대위 프랭크 스팟, 제2전투항공여단)



제2대대 제2항공연대 제2전투항공여단 한미연합사단/제2보병사단의 미 육군 병사들이 2022년 6월 21일부터 25일까지 대한민국 비승 사격장에서 진행된 야간 공용화기 사수 실사격을 실시하기 전 UH-60 블랙호크 헬기에 탑승할 준비를 하고 있다.

(사진 출처: 대위 프랭크 스팟, 제2전투항공여단)

제2대대 제2항공연대 제2전투항공여단 한미연합사단/제2보병사단의 대원들이 2022년 6월 21일부터 25일까지 대한민국 비승 사격장에서 공용화기 사수 실사격 훈련의 일환으로 엎드린 자세에서 M240 경기관총을 발사하고 있다.

(사진 출처: 대위 프랭크 스팟, 제2전투항공여단)







## 호반의 도시 춘천





**춘**천은 널리 '호반의 도시'로 알려진 강원도의 도시다. 다채로운 문화 콘텐츠, 그리고 인공적 환경과 자연적 환경의 조화는 춘천의 특별한 매력들이다.

춘천은 의암호, 춘천호, 소양호가 둘러싸고 있는데, 이 세 호수는 댐의 건설로 인해 만들어진 인공 호수들이다. 호수를 따라 흐르는 물레길은 춘천의 시가지와 자연경관을 한 번에 둘러볼 수 있는 카누 코스들을 제공한다. 호수 위 남이섬 또는 중도와 같은 섬들은 수려한 자연환경이나 레고랜드와 같은 다양한 콘텐츠를 통해 인기 있는 관광지가 되었다.

역사를 좋아하는 이들은 춘천의 다양한 박물관과 기념관을 방문할 수 있다. 그중 하나는 에티오피아 한국전 참전기념관이다. 이 기념관은 한국전쟁 당시 에티오피아 참전군의 활약, 그리고 에티오피아의 역사와 문화를 알리고 있다. 또 다른 역사적 공간으로는 고려 시대에 지어진 사찰인 청평사가 있다. 이 사찰에 얹혀 있는 공주와 상사뱀에 대한 이야기, 청평사의 번창을 예언한 거북 바위, 그리고 아홉 가지의 소리가 난다는 구성 폭포와 같은 민속 설화들을 알게 된다면 더욱 흥미진진한 관람을 할 수 있다.

Image from joongang.co.kr



Image from cheongpyeongsa.co.kr



춘천의 유명한 음식은 바로 막국수와 닭갈비다. 막국수체험 박물관은 한국 메밀에 관한 정보와 막국수의 조리법을 다루기 때문에 한식에 관심이 있는 사람들에게는 유익한 경험이 될 수 있다. 자연 광경을 즐기면서 춘천의 음식을 즐기고 싶다면 용화산자연휴양림을 찾을 수 있다. 인공 침엽수림과 자연 활엽수림이 공존하는 자연에서 산책, 캠핑 또는 산림청이 최근에 개설했던 산림 레포츠 체험시설에서 레저 스포츠를 즐긴 다음 먹는 음식은 더욱 맛있게 다가올 것이다.

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