INDIANHEAD NEWCOMER'S EDITION



INDIANHEAD

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INDIANHEAD

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WELCOME LETTER

David A. Lesperance

Commanding General



C ongratulations on your assignment to the 2d Infantry Division/ROK-U.S. Combined Division. You are now a part of the only permanently forward stationed and combined division in the United States Army.

Our division has a long and distinctive history serving the U.S. since October 26, 1917. During your tour, you will have the chance to understand the history and shape the future of this combined division. While our division has continuously served on the Korean Peninsula since 1965, we have only been combined since 2015, bringing together the best from both the ROK and U.S. Armies. We look forward to your contributions, especially the unique experiences and technical expertise you bring.

This is an Assignment of Purpose. From Camp Humphreys, the largest power projection platform in the Pacific, to Camp Casey, located 13 miles from the Demilitarized Zone, our units have one singular focus—remain ready to deter aggression and maintain peace on the Korean

Peninsula; and if deterrence fails, "Fight Tonight" in support of the U.S.-ROK Alliance.

We are committed to providing any assistance that you may require before and throughout your transition period to the Warrior Division. Our units are prepared to welcome you and your Family and provide the resources necessary to be a self-reliant and resilient member of the Warrior Family. We are confident that you will find this assignment professionally challenging and personally rewarding.

Finally, please be patient and flexible during your transition here. We are here to support you during your move and want to ensure you are successful in your new role. We extend our best wishes during your transition and look forward to meeting you.

INDIAMEAD JUNE 2022

2d Infantry Division ROK-U.S. Combined Division

*

O n October 26, 1917 in Bourmont, France, the 2d Infantry Division was born, quite literally, on a battlefield. Through every major U.S. engagement in 'The War to End All Wars', the Indianhead Division served with distinction and was awarded the French 'Croix de Guerre' three times, signified by a special lanyard on modern dress uniforms.

UNIT HER

After World War I, the unit moved to Fort Sam Houston, but soon found itself back in France. This time landing on Omaha Beach as part of Operation Overlord and the liberation of Europe from Nazi control. Fighting from Normandy to the Rhine, from Leipzig to Pilsen, the 2nd Infantry Division was in combat from their first day in France to V.E. Day on May 4, 1945. After the war, they were stationed at Fort Lewis, Washington, but would not have long to rest.

June 25, 1950, the Korean War started with an assault by the North Korean People's Army into the South. The 2nd Infantry Division landed in Korea on July 23 - the first unit to reach Korea from the United States - and relieved the 24th Infantry at the Naktong River Line a month later. The Battle of Naktong was the first trial for the Division; a grueling 16-day offensive that tested the U.S. and Korean forces. But, the Division held and on September 16 joined in the breakout of the Pusan Perimeter and the northward offensive, taking back Seoul and reaching the 38th Parallel on October 1. 1950.

The Korean War came to a statemate on July 27, 1953 with the establishment of the Korean Demilitarized Zone, and the 2d Infantry Division took on a training and support role until they redeployed to Fort Lewis in 1954. The Division returned to Korea in 1965 to counter a growing threat from North Korean attacks on the DMZ and attempts to cross the border, taking control of the Joint Security Area in Panmunjom.

Since that time, the 2d Infantry Division has been a consistent partner to the Republic

of Korea Army and the communities that grew and thrived in the post-war boom. From the JSA and Camp Casey in Dongducheon, to the former headquarters at Camp Red Cloud in Uijeongbu, the Indianhead Division trained, fought and lived beside their Korean counterparts. Even when members of the 2d Infantry Division deployed from Korea to Iraq as part of the War on Terror, the Division continued to train and prepare against North Korean aggression.

On June 3, 2015, the 2d Infantry Division partnered with the ROK 16th Mechanized Brigade to become the ROK/U.S. Combined Division, the first of its kind in the Army. Today, the Division is the last permanently forward-stationed Division in the Army, showing its commitment to our partners in the Republic of Korea, our determination against a continuing threat, and our capability to "Fight Tonight".





INIT HERITAGE: ROTATIONA

1st Armored Brigade Combat Team (Rotational)

B eginning in 2015, the U.S. Army began augmenting its only permanently forward and combined division with a unique capability: a rotational brigade combat team. The current unit is the "Ready First" 1st Armored Brigade Combat Team, 1st Armored Division. These brigades are assigned to 2ID/RUCD for nine-month rotations, consistently bringing the best of the Army to Korea, and benefitting from the combined environment and training opportunities found here.

The Ready First Combat Team provides an armor capability on the peninsula with the M1A2 Abrams Tank, M2A3 Bradley Fighting Vehicle, M109A7 Paladin Self-Propelled Howitzers and other combat equipment - all part of the United States' commitment to peace in Korea and deterring aggression in the region.

The rotational force is the first line in the "Fight Tonight" team; the unit brings the latest in training, tactics, and equipment to the ROK-U.S. Combined Division. Rotational brigades comprise much of the ground combat power of the 2d Infantry Division; a ready, trained, and cohesive team able to take on any mission. Training does not stop once the unit arrives to the Republic of Korea – the unit gets to continue practicing its essential tasks and missions while on the peninsula. The roles and opportunities available in Korea provide a fantastic opportunity for the unit to continue to enhance readiness, and to continue to demonstrate the U.S. firm, enduring commitment to the alliance.

OLD IRONSIDE

Having a rotational force in Korea is truly a winwin. In addition to improving readiness and providing a capable force to the commander, the unit gets to experience Korea's amazing culture and history and develop friendships with teammates and the alliance. Korean Augmentation to the U.S. Army Soldiers are integrated into the unit's squads and crews, becoming part of the rotational team, and building bonds crossing language and culture. Additionally, Republic of Korea Army leaders and units are integrated into everyday processes and exercises, furthering the combined environment, and showing Soldiers from both countries how to effectively work together.

The rotational brigade brings additional capability/ RUCD and flexibility to the whole 2ID team and stands ready to take on any mission at any time – whether in war or peace. UNIT HERITAGE: 210 FAB







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210th Field Artillery Brigade

The 210th Field Artillery Brigade is the U.S. Army's only permanently forward deployed field artillery brigade. that provides a crucial and strategic capability.

The 'Thunder Brigade' is an incredible team of field artillery professionals and operates in support of and alongside their ROK Army counterparts every single day. 210 FAB adds to as well as benefits from the expertise from Combined Forces Command, Group Component Command's Counter Fire Task Force, 2d Infantry Division/ ROK-U.S. Combined Division, Eighth Army, U.S. Forces Korea, and the individual Soldiers on the line.

The Thunder Brigade is capable of delivering precision fires with incredible accuracy. It has no equal on the Korean peninsula. From the Joint Security Area, to the Multiple Launch Rocket Systems crewmen on the line, 210 Field Artillery Brigade stands Second to None.

On order, the 210th Field Artillery Brigade alerts and assembles, uploads, deploys and provides fires in support to the 2nd Infantry Division, Combined Forces Command and the Ground Component Commander Counter Fire Task Force to destroy enemy long range artillery.

Whether assigned to 210th FAB Headquarters and Headquarters Battery, 1st Battalion, 38 Field Artillery Regiment "Steel Behind the Rock", 6th Battalion, 37th Field Artillery Regiment "On the Minute", 70th Brigade Support Battalion or one of the rotational units attached to 210th FAB, it's an honor to be a part of the Thunder Family. UNIT HERITAGE: 2CAB

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2d Combat Aviation Brigade

The 2d Combat Aviation Brigade is the 2d Infantry Division's dedicated air unit, providing fire and support for the ROK-U.S. alliance. Consisting of over 180 aircraft, from cargo and attack helicopters to unmanned aerial vehicles, the Talon Brigade covers a wide range of missions across the Republic of Korea and in cooperation with ROK Army allies.

"Talon Warriors" consists of the 2nd Assault Helicopter Battalion, 2nd Aviation Regiment located at Seoul Air Base, the 3rd General Support Aviation Battalion, the 4th Attack Aviation Battalion, the 5th Air Cavalry Squadron, 17 Cavalry Regiment, and the 602d Aviation Support Battalion.

In armistice, the 2d Combat Aviation Brigade deters aggression and strengthens the ROK/U.S. Alliance. Talon stands ready to assist their Korean partners at all times. In the past they have provided assistance by fighting wildfires across the peninsula, responding to calls for aviation medical evacuation and building lasting relationships with the local community through outreach events.

5

In contingency operations, 2CAB conducts air-ground operations and noncombatant evacuation in the Korean Theater of Operations to defend the Republic of Korea. They Train To "Fight Tonight," year-round through various exercises such as the Maritime Counter Special Forces Exercise with the U.S. and ROK Navy and Air Forces, air assaulting with the rotational brigade during validation exercises and various forms of gunnery on all helicopter platforms.

Welcome to the Talon team, home to trusted professionals!









HAM

2d Division Sustainment Brigade

The 2d Infantry Division/ROK-U.S. Combined Division Sustainment Brigade is a multifunctional fighting force, providing support to the warfighters of the United States and our allies, as well as providing logistical support to the 2d Infantry Division and all U.S. Army units garrisoned on the Korean Peninsula. Formerly the 501st Sustainment Brigade, it was reflagged as the 2ID DSB, and became a direct reporting unit to the 2nd Infantry Division July 7. 2015.

The 2ID DSB 'Champion Brigade' consists of four battalions: the Division Special Troops Battalion, 11th Engineer Battalion, 23d Chemical, Biological, Radiological, and Nuclear Battalion, and the 194th Division Sustainment Support Battalion.

On September 16, 2020, the brigade was converted into the U.S. Army's first division sustainment brigade. Under this force design update, the brigade was assigned to the 2d Infantry Division/ROK-U.S. Combined Division and reorganized with organic functional companies, which provide the division increased mobility, distribution, fuel, and forward maintenance capabilities. With this conversion and growth, the Champion Brigade furthers the Warrior Division's capability to close with and destroy the enemy and fight our Nation's wars.

The DSB manages the flow of logistics into the area of operations and provides support to other services for common logistics like fuel, ammo, medical supplies, and repair parts of wheeled vehicles. In addition, the brigade is primarily concerned with the continuous management and distribution of stocks, human resources support, execution of financial management support, and allocation of critical supplies in the area of operations to provide operational reach to maneuver commanders. FAMILIES AND COMMUNITY



Finding Korea With Family

oving during a permanent change of station comes with its own stresses and going overseas adds hoops to jump through to accomplish that move. If you've recently arrived here, congratulations! You've somehow survived the amount of stress that comes with getting those orders, scheduling transportation, figuring out what to do with your car, settled the question of when to give up your lease or sell your home, to passports and pets, you name it. We want to welcome you to the Land of the Morning Calm.

Now that you've made it to the other side of the world you sit down and wonder, "what do I do now"? How do I make friends? What is with this driving through blinking red lights? Why are people using their hazards in the middle of traffic? Why do coffee shops not open till 10am? Workout equipment on a mountain hiking path? What is a photo zone?

While moving to a new duty station can be scary, moving to another country brings on a whole new level of intimidation.

So, how does one make friends? Get involved! There are tons of organizations on the installation, from the United Service Organization, Red Cross, Army Community Service, Spouses' Club, chapel, and the place I hold dear to my heart, unit Soldier & Family Readiness Groups. If you've got kids, go to the park. If not, go to the gym, check out the classes and start working on that beach body.

Most of the time if you ask someone whether they've been here long they'll tell you and then probably go into some of their favorite places to check out. However, if you never put yourself out there with the first question who knows what you might be missing. It's not easy for everyone to do this but try and it may open new doors.

After making a friendly connection, don't be afraid to get out there. The spouses' and expatriates Facebook pages have tons of suggestions for things to do. Use translation apps to communicate if need be. If you are a little daunted by going out, start out local. Staying local means you can get the lay of the land, the culture, and how things generally work. Check out the 3/8 market in the ville, a market for fresh produce, fish, and other vummies on dates that end with a 3 or an 8. Whether you live on post or off, get out!





While hiking in Korea you will come across the occasional workout equipment. Take a moment to catch your breath and get your pump on. While out and about, you will come across the occasional photo zone. These places have been labeled so they make a great spot for you to flex your photo skills, make some memorable moments, and show your friends and family back home some of the sights of your new duty station. Check out the themed cafes or the themed museums such as the Color Pool Muse-



um in Seoul or Trick Eye Museum in Jeju. If you want to go biking, there are tons of bike paths. If you're really feeling enthusiastic you can take a trip by bike from Incheon to Busan.

There is so much more I could go on about what I love and enjoy doing in Korea, so get out and make the most of your stay. I've enjoyed our time here and am sad we are on our last year. However, the military is funny, and you never know what is around the next corner. I hope you get out there and



enjoy Korea to the fullest.

Kimberley Williams

Senior Family Readiness Group Leader Headquarters Support Company, 2ID



CAMP HUMPHREYS

Constructed as the Pyeongtaek Airfield in 1919 and renamed after Chief Warrant Officer Benjamin K. Humphreys in 1962, Camp Humphreys has grown from a support node for the bases in the region to the home of Eighth Army, United States Forces Korea, and the 2d Infantry Division. As the largest U.S. overseas base and with a full range of DoDEA schools, entertainment venues and housing on and off base for Families, Camp Humphreys is a symbol of the commitment to the ROK/U.S. Alliance.

Downtown Square, next to the PX and commissary, includes a bowling alley, MWR facility, theater, Texas Roadhouse restaurant and fully furnished crafts center for all ages.





Five gyms, a water park and nature trails on and off base help Soldiers and Families remain active and fit to 'fight tonight'.





Just outside the pedestrian gate is Anjeong-Ri, locally known as the 'ville'. The immediate area outside the gate has a wide variety of stores and services for Soldiers looking for a quick trip, as well as new apartments for those living offpost.

One of the fastest growing ports in Korea, Pyeongtaek is a rapidly changing city that offers a variety of things to do and see for those who come to Camp Humphreys. From temples to malls to theater halls, Pyeongtaek has its share of sights.







CAMP CASEY



One of the oldest U.S. bases in Korea, Camp Casey has always been a part of the history of the 2d Infantry Division on the peninsula. Named for Maj. Hugh Boyd Casey in 1952, Camp Casey has stood the test of time and is now home to the 210th Field Artillery Brigade and the rotational units assigned to the Warrior Division.







Right outside the Camp Casey gate is Dongducheon, and close to post is Mt. Soyosan, both important cultural centers for the province. Dongducheon is well known for its maple and rock festivals, and Soyosan is a tourist attraction that brings in visitors from across Korea.





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Q: I have recently arrived to Korea, what are some of the most common entitlements I should be checking for on my LES to ensure I am getting paid correctly?

Some common entitlements are hardship duty pay (HDP), overseas cost of living allowances (COLA), family separation pay and the overseas housing allowance if you live off-post.
First, check the ADSN at the top of your LES to make sure it says 6411. If it says 9999, you haven't been in-processed.
Second, check to make sure you're getting HDP (\$150 for Area 1, \$50 for all other areas), COLA (varies based on your 'DEPENS' in your LES), and BAH/FSA if you left Family in the states.

Q: I am really enjoying Korea and all the fun things this country has to offer and would like to extend my tour. What are my options?

- The assignment incentive program (AIP) is specific to Korea and you can get up to \$6000 if your MOS meets the requirements. Ask your leadership for a list of critical MOS slots.

- An In Place Consecutive Overseas Tour (IPCOT) will add an additional tour length to your tour, and the Army will pay for a travel entitlement back to your home of record.

- A Foreign Service Tour Extension (FSTE) allows you to extend for any length of time up to a year.

- An Intra-Theater Transfer Consecutive Overseas Tour (ITTCOT) gives you the ability to serve in another unit on the Peninsula for a year tour extension with the benefits of an IPCOT.

Q: I am here unaccompanied but would like to bring my Family over. How do I go about doing so?

- Ask your leadership about the Command Sponsorship Program. If approved, the Army will pay for your Family to travel to Korea, transport house hold goods and a vehicle,

FAQ with Sgt. Maj. Orr, Senior Human Resource SGM

entitle your Family to all the services on post and extend your tour to either a two-year tour or one year from arrival of your Family (whichever is greater). Please visit the 8th Army CSP website for more information.

Q: I applied for command sponsorship but was denied. I still plan on bringing my Family over non-command sponsored. Am I able to, and if so, how?

- This is not encouraged as you will have to pay for their travel to Korea, your Family won't be entitled to on-post services, and the post might not have necessary medical services.

Q: I am dual military, but my spouse is in another area. How do we ensure we are together?

- If one of you hasb't arrived yet, make sure to express that to your sponsor and gaining 1SG. They will use the chain of command to divert one of you to the same area.

- If you've both already arrived, use your chain of command to get one of you moved to the other's location. This will require a low-cost move, which requires a little more paperwork

- 2ID will make every effort to keep married spouses together.

Q: I am a single Soldier here in Korea and decided to get married to another service member. What steps do I need to take to ensure my spouse and I are able to PCS together?

- First, you need to enroll in the Married Army Couple Program (MACP). If you both have the same battalion commander, only one of you needs to apply.

- Second, the service member with the earliest DEROS needs an FSTE to align with their spouse's DEROS.

- If only one or neither are on assignment, once enrolled in MACP, both spouses' branch managers will ensure they are placed on assignment to the same location, if possible.

- If both are on assignment to different locations, the SMs need to contact their branch managers to delete one and assign that one to the others' location. This may require a deletion of assignment personnel action, approved through their brigade commander and sent to HRC.

Q: My spouse is back in the U.S., and we are expecting our first child. Am I entitled to parental leave while in Korea? If so, am I able to take it mid tour, or do I have to wait until I PCS?

- Parental leave may be taken while stationed in Korea, but the Army won't pay for your travel home. Your unit should not disapprove parental leave. Make sure to talk with DEERS about enrolling your child as well.



Getting Connected	If you need a new phone or new plan, the Post Exchange Maude Hall, and shoppette have licensed dealers from LG and KT who can get you connected with a Korean SIM card. The LG Desk can also get you set with internet for your room or apartment, making sure you can stay connected with family back home.
Caring for your Kids	Enrolling your children in school is as easy as heading to one of the DODEA schools on post. For extracirricular activities and child care, Parent Central in Maude Hall can get you connected to your new home here in Korea.
Living Items	Waiting on household goods? Need to replace a few things? Army Com- munity Service at Maude Hall can get you connected to the Lending Clos- et for items you may need while you transition. The Thrift Shop on post can help you replace those things you had to leave behind.
Off-Post Housing	If you and your family live off-post, the Maude Hall Housing Office main- tains a list of accredited realtors who will make sure you find the perfect place to stay during your time in Korea.
Finding a deal	Looking for a car? Trying to find something for your family? The post offices on post and the PX have notice boards where you can look for people selling all sorts of items, and community groups on Facebook can get you connected to those PCSing out of Korea and looking to sell some things before they go.

Apps that can help you navigate Korea (apps not endorsed by the DoD)





papago Translation app Flitto or Papago



Navigation app: T Map or Naver Map or KAKAO map



Metro Navigation: with the KAKAO Metro app



The USAG Humphreys Garrison App will keep you up to date on post



For more information, look for 'DMZ to the Sea' to get an in-depth PCS guide.

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South Korea has one of the most extensive subway and rail systems in the world, and their modern train infrastructure allows travelers to reach cities like Seoul, Busan and Daegu quickly with the KTX and SRT lines.



KTX Rail Network



SRT high-speed rail



Gangnam

16

Gangnam is a high-end district with lots of underground shopping and designer stores. Gangnam's location also makes it a convenient place for meeting up with others thanks to its metro connections and public transportation options.



Hongdae

Hongdae is a gathering place for street performers called buskers, and there are many streets like Eoulmadang-ro for viewing performances. The artsy nature of Hongdae extends to various businesses like cafes, clubs, and bars, with many of them having a unique theme.

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Apgujeong

17

Apgujeong is a cultural hub where you can find the latest fashion trends. It is one of the best places to visit for shopping, with streets like Apgujeong Rodeo street having many renowned stores for clothing brands and other high-end items.

Apgujeong rodeo station - Suin Bundang line

Apgujeong station

ltaewon

Itaewon is a melting pot of the various cultures and ethnicities within Seoul. Enjoy cuisines from around the world, participate in the active nightlife scene, or go shopping whilst walking down the antique furniture street.

Halloween

Itaewon station

Yongin

Yongin offers a variety of entertaining activities. From modern theme parks like Everland and Caribbean Bay to traditional Korean folk villages, there is a wide selection of enjoyable places to visit and experience the culture of Korea.

인 Jeondae Everland station - Yongin Ever line

Chuncheon

Multiple cultural attractions and a harmonious co-existence between artificial and natural environments make Chuncheon a unique, charming place. Whether visiting popular tourist spots like Nami Island to leave with images of beautiful sceneries or the various museums, there's a lot to see and do in Chuncheon.

론 Chuncheon Station - Gyeongchun line

Busan

Busan is the second-largest metropolis in South Korea and it is a harbor city serving as the hub for international trade. Walk down the shores of Haeundae beach and enjoy the ocean, or visit the various temples and Gamcheon culture village to leave with colorful photographs of some of the prettiest sights South Korea has to offer.



Busan station

Jeonju

Jeonju is home to South Korea's largest Hanok village - a village built in the traditional Korean style with slanted rooftops and ondol used for underfloor heating. Visit this city for an opportunity to both learn and experience Korean traditions firsthand.

Jeonju station

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Cultural Festivals of KOREA

20



Seollal is the Korean Lunar New Year, lasting for three days in late January or early February.

In the Spring, the cherry and plum blossoms bring tourists from around the globe to see the fleeting sight. Buddha's birthday is also celebrated nationally.





For the summertime, the Boreyong Mud Festival and Sincheon Water Gun Festival help keep people cool in the heat, while the Muju Firefly festival helps light up the night.

Autumn is the season of Chuseok, one of Korea's most important observances dating back over a millenia. Similar to Thanksgiving Day, it is three days for food and family.



WELCOME TO U.S. ARMY GARRISON HUMPHREYS!

INDIANHEAD JUNE 2022



WHAT IS FAMILY AND MWR?

Committed to Service • Enhancing Readiness • Foundation of the Army Culture

Serving the U.S. Army Community is nothing new for us! Under Army Regulation 215-1, The Directorate of Family and Morale, Welfare and Recreation (MWR) is a quality-of-life program under the Installation Management Command that directly supports readiness by providing a variety of Community, Soldier, and Family support programs, activities and services.

Programs and Services offered at USAG Humphreys

- Army Community Service (ACS)
- Child & Youth Services (CYS)
- Better Opportunities for Single Soldiers (BOSS)
- Sports Fields and Fitness Centers
- Community Events and Festivals
- Outdoor Recreation Trips
- Army Library Center and Programs
- Recreation Centers
- Food, Beverage and Entertainment Complexes
- and more!



For a full list of our programs and events, visit our website!







FORCE BEHIND THE FORCES



USO CAMP HUMPHREYS

With two USO locations at USAG Humphreys, we are now better able to help strengthen connections to home, provide up-to-date technology in our business centers and implement fun and educational programs for service members and their families.

OUR AMENITIES

- Free Wi-Fi and printing services
- Computers with internet access
- CAC card readers
- USA, Canada, and Mexico phone calling & Fax Machines
- Video Games PS4/Xbox1
- Large screen TVs in open living areas
- Dining areas with your favorite drinks & snacks
- Books, board games, and other fun gifts

For current events and programs: www.facebook.com/uso.humphreys

Or

https://korea.uso.org/

USO Humphreys Maude Hall

At Maude Hall, Building 6400 Lounge RM# P103 Business Center RM# H105 DSN: 757-8025/8026 camphumphreysnorth@uso.org Mon-Fri: 0800-1600, Sat & Sun: Closed

USO Humphreys Sentry Village

Sentry Village, Building P301 Located Near Humphreys Lodging DSN: 757-3713 usocamphumphreys@uso.org Mon-Fri: 0900-2100, Sat 1000-1600 Sun: Closed

Korean Greetings and Basic Expressions

- Hello, how are you?
 안녕하세요?
 annyeonghaseyo
- · **My name is Ryan.** 저는 라이언 입니다. jeoneun Ryan imnida
- It's nice to meet you.
 반갑습니다.
 ban-gapseumnida.
- · **Goodbye.** 안녕히 가세요. annyeonghi gaseyo
 - Thank you. 감사합니다. gamsahamnida.
- · **Sorry.** 미안합니다. mianhamnida
- · Excuse me. 실례합니다. sillyehamnida.

DIVE INTO KOREAN CUISINE

E qual parts heritage and social gathering, dining in Korea is a unique experience best shared with friends and family. From dishes to manners, we're here to help you navigate Korean food with one of the most popular options: Korean BBQ, or gogigui.

First step, find a spot! Many BBQ restaurants are easily found by their tables, which have grills set in the center to cook the meat. Take some friends and sit down to order.

Next, choose your meat. Beef dishes like bulgogi, galbi ribs and sirloin, pork samgeyopsal and chicken dakgalbi are popular choices.

Once you've ordered, you can expect to be served banchan side dishes before the food arrives. These are meant to be shared, and most BBQs have their own variety. Expect rice, kimchi and other traditional snacks.



You cook the meat yourself, so take time to enjoy the side dishes and your company! Once it's done, place the meat, sides and sauce on a lettuce leaf, roll it up, and enjoy!

If you are looking for more ways to enjoy Korean food, look for the Indianhead magazine for a new recipe every month.



