SIndianhead



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October 24, 2008

2ID stands ready for influenza season

Story by Cpl. Bo park
Staff Writer

Immunization against the influenza virus is now being conducted across the 2nd Infantry Division. All 2ID Soldiers, selected Reserve personnel, Airmen, KATUSAs and assigned Civilians are required to be vaccinated through their individual units before Thanksgiving.

Outbreaks of influenza typically occur in late fall and during the winter months. In the United States, an average of approximately 226,000 influenza-associated hospitalizations occur, and approximately 36,000 people die from influenza or its complications every year. Immunization remains the primary method for preventing influenza and its complications.

"The flu virus changes from year to year," said Lt. Col. Dale Gatlin, 2ID Surgeon. "It is important to get updated virus protection every year.

The vaccination is developed depending on strains of the virus that have been detected from surveillance in the world."

There are two methods to the vaccination, Flu Mist and Fluzone. Flu mist is an inhalant or nasal spray, which is appropriate for people ages 2 to 50 years old. The alternative way to get vaccinated is through Fluzone, which is a standard injection process. It can be given to infants as young as 6 months old and people more than 50 years of age.

Medical personnel will prescreen individuals for any allergies and/or medical conditions that may impair the vaccination.

"All active-duty personnel are required to get the vaccines, and we strongly encourage Family members and civilians to get protected against the flu as well," said Gatlin.

Individual units will fully support the vaccination process prior to the influenza season. According to Capt. Chris Choi, commander of Headquarters and Headquarters Company, Division Special Troops Battalion, the company has already scheduled a collective immunization day. The company will also use other available channels to disseminate the information, such as the Family Readiness Group.

Gatlin said that the division has received plenty of supplies. Anyone who is authorized to get medical care in the Troop Medical Centers are all eligible for the vaccination and strongly encouraged to do so before Nov. 26.

For more information, contact your company first sergeant.

MASCAL tests readiness of Area 1 medics

Story and photo by Sgt. Scott Kim Ist HBCT Public Affairs

Area 1 Soldiers and Civilians participated in an Adaptive Focus Antiterroris

Adaptive Focus Antiterrorism Exercise along with Servicemembers from United States Forces Korea and civilian Fire Emergency Services Response units Oct. 15-16.

During the exercise, a "vehicle-born improvised explosive device" went off, wounding a large number of Soldiers.

"Today's mission was to test our Soldiers' capabilities during the most strenuous time that they're going to have as medics, and that's conducting a mass casualty," said 1st Sgt. Luke Alphonso,



Spc. Natasha Medlock, a dental specialist for 618th Dental Co., 168 MMB, helps transport a 'wounded' Soldier for medical help during an Area 1-wide Adaptive Focus Training Exercise at Camp Casev Oct. 16.

629th Medical Company Area Support, 168th Multifunctional Medical Battalion.

"As a dental hygienist you don't normally get to experience this," said Spc. Natasha Medlock, a dental specialist for the 618th Dental Company. "This type of training makes you more knowledgeable and proficient in the medical field as a

whole."

No matter how many times a Soldier can go through this type of training, there is always something more to learn.

"This is the type of stuff we do when we deploy as medical personnel," said Staff Sgt. Mellissa Jackson, a medic and NCOIC for the clinic for the 629th Medical Company Area Support, 168 MMB. "You can do this type of thing over and over again and you always learn something different every time you do it."

Throughout the training, 'wounded' and 'dying'

See MASCAL, page 4

OPINION



COMMANDER'S CORNER: Still Second to None after 91 years

of the buildup for the Normandy invasion. On June 7, 1944, the 2nd Infantry Division landed at Omaha Beach and fought a very determined enemy through the hedgerows of Normandy. The Division fought tooth and nail from Normandy through Germany all the way to Czechoslovakia by the end of World War II.

Following World War II, the Division. after a series of stateside moves found resiat Fort Lewis, Washington honing their skills until the outbreak of hostilities on the Korean Peninsula.



1950, the 2nd Infantry Division became the first unit to reach Korea directly from the United States. The Indianhead Division led the break out of the Pusan perimeter and led the Eighth Army drive north to the Manchurian border. Once Chinese forces entered the war, the Division protected the rear of Eighth Army during its retirement to the south. The Division proved instrumental in stopping the communist spring offensive in April and May 1951. Once the armistice was signed, the Division redeployed to the United States on August 20, 1954, a little more than four years after entering the war. An increase in tensions on the Korean peninsula necessitated the return of the Warrior Division to Korea in July

Since 1965 the 2nd Infantry Division has remained the most forward deployed unit within our Army's arsenal. Our Division has not wavered in our commitment to deterring aggression, helping our ROK Allies maintain peace and stability, and being ready to "Fight Tonight" and win if deterrence fails.

Today, Warriors wearing the "Big Black Patch" are spread out across the world. Reflecting the Warrior Ethos of today's highly trained, modular fighting force; the 2nd Infantry Division is a melting pot of experience and warfighting expertise as we face the dangerous threat posed by the communist North Korea and global terrorism.

At the end of the day our presence here on the Korean peninsula represents the commitment of America to vital interests in this part of the world. On this 91st anniversary as we remember and celebrate our glorious past, let us also take stock of our present and continue to hone those skills necessary to prepare for a even more glorious future. Second To None!

Indianhead

Maj. Gen. John W. Morgan III mander, 2nd Infantry Division

Command Sgt. Maj. Antoine C. Denson Acting Command Sergeant Major, 2nd Infantry Division

Sgt. 1st Class Rhonda Lawson Managing Editor rhonda.m.lawson@korea.army.mil

Newspaper staff

Sgt. Leith Edgar Editor leith.edgar@korea.army.mil

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Staff Sgt. Antoine Doss Co. C, 4-7 Cav.





"A nice big party; a get-together."

Pvt. Margarite Hulk HHC DSTB

"A day for the division for team building among the Soldiers."

Warrant Officer 1 Ryan Allen HHC, 302d BSB



Maj. Vince Mitchell Public Affairs Officer vincent.mitchell3@korea.army.mil

Capt. Vance Fleming Deputy Public Affairs Officer vance.fleming@korea.armv.mil

Master Sgt. Donald L. Sparks Public Affairs NCOIC donald.lapatrick.sparks@korea.army.mil

www.2id.korea.army.mil

Cpl. Kim, Hyo Joong KATUSA Editor hyojoong.kim@korea.army.mil

Cpl. Bo Park Pfc. Lee, Eun Hong Pvt. Brian Glass Staff Writers

Mr. Kim, Hyon Sok Public Affairs Specialist

Mr. Yu, Hu Son Staff Photographer

Individuals can submit articles by the following means: email rhonda.m.lawson@korea.army.mil; EAID-PA APO AP 96258-5041 Attn: Indianhead; or drop by the office located in building T-507 on Camp Red Cloud. To arrange for possible coverage of an event, call 732-8856.

News

Bridging the Gap: Wildcards, 601st ROK aviators exchange technical, cultural expertise

Story and photo by Sgt. 1st Class Krishna M. Gamble 2nd CAB Public Affairs

The 2nd Battalion, 2nd Aviation (Air Assualt) Regiment, also known as, Wildcards, hosted several members of the Republic of Korea 601st Aviators Battalion Oct. 9 as part of an ongoing officer professional development and exchange program.

The ROK 601st Avn. Bn. is based at Guem Wang, South Korea. Both battalions fly the UH-60 Blackhawk helicopter and perform similar missions.

"The US footprint is much smaller these days so it requires us to think more combined in our operational assessments," said Lt. Col. Matthew Lewis, 2-2 commander. "We are working toward the goal of safely integrating both ROK and U.S. Soldiers into our future training and operations. With our partnership unit, we are learning about the capabilities and operational planning considerations that we must take into account to effectively employ and command and control these operations."

The exchange of officers started earlier in the year with Capt. Chip Cox, platoon leader with Company B; Capt. Tae Kim, platoon leader with Co. A; and Chief Warrant Officer 4 Scott Staver, maintenance test pilot with Co. A, flying a Blackhawk to the home of the ROK 601st. During their visit, the Wildcard representatives and the ROK 601st leadership addressed issues as specific as the techniques of conducting certain maintenance checks on a UH-60 Blackhawk helicopter, and broader issues such as developing a physical fitness program that would accommodate Soldiers on both day or night shifts.

Shortly after the Wildard aviators' visit, three ROK 601st platoon leaders flew to K-16 to see the Wildcards train. Korean Officers, Capt. Park, Capt. Kim, and Capt. Chae had an opportunity to



Warrant Officer Seol, In-Sun explains the communications system of a Korean aircraft to 2nd Bn., 2nd Avn. (Air Assualt) Regt. S-6 1st Lt. Brian Remison.

fly in the UH-60 Simulator, talk to U.S. Soldiers, and observe a Bambi Bucket fire fighting training mission with Co. A.

"(It was) a rare chance to see and learn from one another so that both units will be better prepared to fight tonight," Cox said.

"All these guys have more experience and are rated in multiple aircraft," said Chief Warrant Officer 2 Nicholas Quinn, Blackhawk pilot with Co. A. "They fly three times more than we do."

"We do things very different. Air assaults are different, loading and unloading procedures are different, but just because it's different, does not mean it is less," said Chief Warrant Officer 2 Jason Peck, Blackhawk pilot with Co. A. "These pilots have thousands of hours of experience doing it their way. It's difficult at times, but it is necessary in training. It's been a great experience so far, and we have formed solid friendships."

ROK Col. Lee, guest presenter during the OPD, explained the general status of ROK Aviation in Korea. In the next exchange, the focus will be on logistics, communication, and pilot-incommand planning.

"Although these exchanges are for one week at a time, it creates long-term relationships and invaluable comradery with our Korean Army counterparts," Lewis said.

Editor's note: The 2nd Bn., 2nd Avn. (Air Assault) Regiment Public Affairs Representative contributed to this article.

In Memoriam





Pfc. Taylor Norris, 27, was an AH-64D Apache mechanic assigned to Company D, 4th Aviation Regiment, 2nd Combat Aviation Brigade, 2nd Infantry Division. He is remembered by the leaders and Soldiers of his unit for his knack of cheering people up. No matter what the situation was, or how bad the day went, Norris continuously attacked it with optimism and a smile on his face. His motivated attitude was extremely contagious.

Helping Hand

Soldiers from 2nd Battalion, 9th Infantry Regiment, 1st Heavy Brigade Combat Team help fill out an English crossword puzzle at the 2008 Dongducheon Volunteering Expo Oct. 11. On behalf of the 2nd Infantry Division, 15 Soldiers ran an English booth at the expo in association with the Camp Casey USO.

Courtesy photo

NEWS

Warriors work together for WPI

Story and photo by Pfc. Lee, Eun Hong Staff Writer

Every Soldier is encouraged to use teamwork to accomplish the mission successfully no matter how hard it is. In combat, the need for teamwork increases greatly.

During the War Path I exercise at Camp Casey, 210th Fires Brigade's Thunder Inn Dining Facility Soldiers received reinforcement from Headquarters and Headquarters Support Company, Division



Sgt. Helthor Cubangbang, Kilbourne Dining Facility Shift manager chops onions to prepare for the next meal at the Thunder Inn Dining Facility during Warpath 1.

Special Troops Battalion's Kimbourne Dining Facility at Camp Red Cloud.

The facility's patronage increased dramaticallydue to the exercise since the Division's main Tactical Operations Center was set up right next to the Thunder Inn.

To help ease the extra workload, Sgt. Helthor Cubangbang and six Warriors from Kimbourne Dining Facility, were dispatched Sept. 30 and helped Thunder Inn until Oct. 11.

"I was sent to shift with the Camp Red Cloud staff in order to show them the standards of what we expected," said Spc. Anthony Branch, Company E, 1st Battalion, 43rd Air Defense Artillery Regiment, 210th Fires Brigade. "Overall, as we wished, CRC members' work was awesome. We got the job done. We met the standards. No matter how many Soldiers came through the door, we supplied their needs."

During this mission, Soldiers from both units taught each other.

"I think the strongest part of Thunder Inn members is teamwork," said Spc. Barry Brock, HHSC, DSTB. "They stick together. They have strong bonds with each other and know a lot about each other, and each one of them is cool to us. It helped in creating a teamwork atmosphere."

According to Branch, at the end of the exercise, CRC Soldiers not only met the Thunder Inn's standards, but exceeded them.

He said he admired their professionalism.

"Each person was assigned to an area and they got the food out and prepared the food on time," said Branch. "They accomplished the mission."

"I think the strongest point of Thunder Inn D-Fac was leadership," said Spc. Susan Molnar, HHSC, DSTB. "I really appreciate Sgt. 1st Class (Ramonia) Brown. She taught me a lot, such as a new way of cooking. She is a good leader, good manager."



Pfc. Natosha Leas, a cook at the Thunder Inn Dining Facility prepares eggs for breakfast, Leas worked with Soldiers from Kilbourne Dining Facility on CRC to feed participants in Warpath.

"We are grateful for the CRC team's work," said Sgt. 1st Class Brown, Thunder Inn manager and Noncommissioned Officer in Charge. "They fit my standard. They worked really hard and we are grateful for that. I hope they are coming again for War Path II, too."

"Since they've been here, they were always, no matter how hard the time, still coming and being motivated," she continued. "That's teamwork, all in one; stay motivated."

MASCAL

from Page 1

Soldiers streamed into the TMC, which could have led to chaos, but leaders and senior medical personnel were there to ensure things went as smoothly as possible while junior Soldiers worked hard and delivered during the time of crisis.

"I learned how hectic things can get, but also how easily it can be deciphered when you have the right leadership," Medlock said.

Medical personnel from different companies also came together in order to lend a helping hand and share knowledge with one another.

"We didn't just have Soldiers from 629 MCAS, we had medics from 210th Fires Brigade, 1st Heavy Brigade Combat Team and others working in a joint effort to make it all work," said Jackson.

Although some Soldiers may find these exercises time consuming and inconvenient, many others agree that it is necessary training for all Soldiers.



"I've been here for two years and I wish Korea would have more of these exercises to train people in wartime scenarios," said Medlock.

"I'm sure a lot of new Soldiers have gained a lot of experience throughout this whole exercise."

Photo by PV2 Brian Glass

Medics from the 168th MMB remove a litter to assist the wounded during the Anti-Terrorism Force Protection Exercise, which also took place on Camp Red Cloud Oct. 16.

COMMUNITY

WARRIOR NEWS BRIEFS

5K Run/Walk

5K Run/Walk for a Drug Free Army will take place at Carey Fitness Center Oct. 25.

Registration hour is from 7:00 a.m. to 7:45 a.m. and race will begin at 8:00 a.m.

Awards for 1st, 2nd and 3rd Place Unit Winners, 1st, 2nd and 3rd Place Female and Male Individual Winners and 1st, 2nd and 3rd Place Winners for Families with Strollers.

For more information, call 730-4144.

Icheon Rice Cultural Festival

MWR is sponsoring 10th Annual Icheon Rice Cultural Festival Oct. 25.

Free transportation and lunch will be provided. There are limited number of seats available so you need to sign-up at your local Comunity Activity Center as soon as possible.

For more information, call 730-3628.

Black & White Ball

Camp Stanley BOSS is sponsoring the 3rd Annual Black & White Ball at Camp Casey Warriors Club Nov. 8.

Awards will be presented to the best dressed in all white, all black and black & white.

Since limited seating is available and no ticket sales at the door, purchase your tickets at your local Community Activity Center ASAP.

For more information, call 732-5366 or 732-5367.

2ID 92nd **Celebration Cookbook**

A 2ID cookbook is now in the works to commemorate the Division's 91st birthday, which will be celebrated Oct. 26, 2009.

The cookbook committee will collect the recipes, create a cover, and choose photos. Submissions must be made through your unit Family Readiness Support Group by Jan. 15, by filling out a recipe form that includes the recipe, as well as the Servicemember's name and unit. All recipes must have personal, original names, and be clearly understood.

For more information on submission requirements, contact Jo Ann Golden at 736-5469 or joann.golden@us.army.mil.

Golf Club Championship

The Camp Casey Golf Course is sponsoring Golf Club Championship Oct. 25 & 26. Entry fee is \$40 for US mem-

bers and \$50 for Korean national members, including maintenance

fee, dinner at Golf Club on October 26th and chances to win door prizes, golf bags, hats, balls, and more.

All players must register at Casey Golf Course Pro Shop by Oct. 24. For more information, call 730-

4884.

Go-Kart Track

Family, Morale, Welfare and Recreation is sponsoring the Go-Kart Track at Camp Casey. It is located next to the main dining facility (Bldg. T-2161) and opens every Saturday, Sunday and U.S. holiday.

For 10 Go-Karts, the price is \$250 and requires a five-day advance reservation.

For more information, call 730-4853.

8th Army Wrestling Championship

Family, Morale, Welfare and Recreation is sponsoring the Eighth U.S. Army Wrestling Championship Oct. 25 at Camp Casey's Carey Fitness Center.

The event is open to all activeduty Servicemembers assigned to Eighth U.S. Army installations in Korea.

For more information, contact the Warrior Sports (Area I) Office at 732-6927.



October 26 ... Beverly Hills Chihuahua October 27 ... Mirrors October 28 ... No Showing October 29 ... Quarantine October 30 ... Star Wars: The Clone Wars October 31 ... Death Race Tropic Thunder November 1 ... Body of Lies The Longshots November 2 ... Body of Lies

Camp Humphreys Show times: Sat.- Sun. 3:30, 6:30 & 9 p.m., Mon.-Tues., Thur.-Fri. 6:30 p& 9 p.m October 24 ... Body of Lies October 25 ... The Longshots

Body of Lies

Protestant: 11 a.m. Sunday **Catholic**: 11:30 a.m. M-F 9 a.m. Sunday **KATUSA**

7 p.m. Sunday COGIC 12:30 p.m. Sunday

Camp Casey

Camp Red Cloud

KATUSA: 6:30 p.m. Tuesday

11 a.m. Sunday

West Casey Chapel **Protestant**: 10:30 a.m. Sunday **Catholic**: 12 p.m. Sunday **KATUSA**: 6:30 p.m. Thursday LDS:

2 p.m. Sunday Jewish:

11 a.m. Sunday **KATUSA:** 6 p.m. Tuesday

Crusader Chapel **Protestant:** 11 a.m. Sunday

Camp Stanley

Protestant: 10 a.m. Sunday Gospel: 12:30 a.m. Sunday 10 a.m. Sunday **KATUSA**: 6 p.m. Tuesday

Camp Jackson Auditorium

KATUSA: 9 a.m. Sunday

Points of Contact: USAG-Red Cloud: 732-6073/6706 CRC Catholic: 732-6016

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FEATURE

Breaching doors let Soldiers feel impact

Story and photos by Sgt. Scott Kim

1st HBCT Public Affairs

The best training a Soldier can receive in the Army is as realistic as possible. That's why Company E, 1st Battalion, 72nd Armored Regiment used live demolitions during urban operations training Oct. 9 at the Combined Arms Collective Training Facility at Rodriguez Live Fire Complex.

The purpose of using live explosives is to teach Soldiers how to gain entry into a building safely and effectively in order to complete the mission.

"The door breach is made using a silhouette charge with detonation cord so that the dismounted infantry can go in and conduct their searches and raids," said Sgt. Denzel Annan, a combat engineer for Co. E, 1-72.

For some, this was their

first experience using live explosives in conjunction with training in an urban environment

"I'm straight from AIT where you get told everything that you're going to do and what to expect, but it's nothing compared to when you actually use live demo," said Pvt. Alfred Leato, a combat engineer for Co. E. "I'd never put up a silhouette charge before today and it was more intense than I thought it'd be."

With live explosives being used, the importance of communication is emphasized, as carelessness could result in injury or even death.

"Communication is what will get you killed in this business," said 2nd Lt. Jared Demello, executive officer and 1st platoon leader for Co. E. "If you don't use it effectively, especially during demolition, you're going to lose people."

The CACTF environment

itself is another great tool for training, as it is equipped with state of the art technology in order to give Soldiers a sense of being on an actual battlefield.

"They have the buildings wired with sound generators that can play everything from gunfire to children's laughter, and smell generators that can simulate burning gasoline to fresh baked bread," said Staff Sgt. Timothy Sperber, acting first sergeant of Co. E. "It adds a level of realism to the training."

The training ground also has cameras and microphones in almost every room and building, which allow leaders the ability to spot flaws and errors during the mission and then go over them with the Soldiers during the After Action Review.

"It's like playing a football game. You get to watch the tape, see what you did and make improvements for down



Soldiers from Co. E prepare to clear a room during urban operations training.



Soldiers from Co. E clear a stairwell during urban operations training.

the road," Demello said. "We have a lot of great training resources here and we're utilizing them to the best of our abilities."

Although this type of training was a new experience for some of the Soldiers, leaders of Co. E are more than satisfied with the outcome of the

training.

"The new Soldiers performed exceptionally well, they had great noncommissioned officers that did a fantastic job of training them and I have full confidence when they do eventually deploy they'll come back safe," Demello said.

G8 team strives to meet 2ID's financial needs

By Cpl. Sohn, Joon Hyung Staff Writer

When the 2nd Infantry Division Resource Management Office (G8) provides financial and manpower services to their Soldiers and Servicemembers, they work together as a team.

The G8 office's everyday job is to provide financial analysis and information, and maintain the 2ID Headquarters financial records.

Ko, Un Yong, the Budget Officer, recently earned the Certified Defense Financial Manager (CDFM) license.

This exam covers three modules: Resource Management Environment; Budget and Cost Analysis; and Accounting and Finance.

The exam requires testers to be skilled and familiar in many financial areas.

The CDFM exam is sponsored by teaches



Ko, Un Yong, the budget officer for 2ID Resource Management office evaluates the annual budget plan for the division at his office in Freeman Hall, **Camp Red Cloud**

Since their first language is not English, the class can be difficult, but Ko

"A smarter workforce is a stronger, more capable workforce."

results, just for now.

"I will keep pushing them to take the CDFM exam," he said. day," said Sgt. Jung, Da Hyun, assistant budget analyst. "When I first came here, I did not know what was going on in the office. However, all the Soldiers and civilian workers helped me and now I know how the office really operates. Capt. Earl Vegafria, budget officer, is my best teacher. Because of him, I learned a variety of financial and manpower management skills."

Ko and Vegafria are currently two of 2ID's Lean Six Sigma candidates.

Lean Six Sigma is a campaign to improve manufacturing processes and eliminate deficiency down to 0.0003.

"We must cross-train our people and learn as much as we can from each other," said Lt. Col. Stephen Kent, G8 budget officer.

"It is our duty to build a smarter, more lethal workforce. A smarter workforce is a stronger, more capable workforce."

the American Society for Military Comptrollers and the Department of Defense, and covers 12 core competencies.

Ko not only passed every core the first time, but is also teaching CDFM classes to other Korean civilian employees in the G8 office.

During the class, he teaches them with a challenging environment.

with effort and recommends they take exams. The Korean employees are financial and manpower ana-

them

lysts.

Many of them passed in certain modules and Ko is satisfied with the

They have the potential to pass Lt. Col. Stephen Kent, the test. If they G-8. 21D earn the CDFM license, it is good for them, but also good for 2ID. This

> means we are reliable and certified financial experts."

"I like to work at this office every

We work hard every day as a team to ensure the work gets done in a timely but very professional manner," said Yi, Sung Kwon, Korean budget analyst. "Each member is a valuable asset. After we all earn the CDFM, the G8 office definitely can serve the 2ID as financial experts. We are committed to the success of the mission and to the standard of 2ID."

Sports



Airman proves Army Strong

CAMP HUMPHREYS, Korea - After three rounds of competition and a combined total weight of 1,425 pounds, Lucian Boyles was declared the overall winner at the 8th Army Powerlifting Competition held here Oct. 11.

Boyles, an Air Force master sergeant with the Defense Energy Center at Camp Walker, beat out two competitors in his weight class of 220 +.

Trophies were given to first and second place in each weight class. Winners are as follows:

Women's Division

Sgt. 1st Class Anita Faust, HHC, 3rd MI Bn., Camp Humphreys

Men's 132-148 Division Spc. Gene Martin, Co. A, FSC, 7th BSB, Camp Castle

Men's 148-165 Division Spc. Kevin Sanchez, HHC, 3rd MI Bn., Camp Humphreys

Men's 165-181 Division Staff Sgt. Damarchitzy White, Co. A FSC, 7th BSB, Camp Castle

Men's 181-198 Division Sgt. Robert Veloz, Co. C, 3-2 ADA, Suwon

Sgt. 1st Class Krishna M. Gamb

Sgt. 1st Class Anita Faust, Headquarters and Headquarters Company, 3rd Military Intelligence Battalion, benches 155 lbs as judge Lonnie Herring looks on during the 8th Army Powerlifting Competition held Oct. 11 at Camp Humphreys.

Men's 220+ Division Air Force Master Sgt. Lucian Boyles, Defense Energy Center, Camp Walker



Heisman Head Hunter

Head Hunter quarterback 1st Sgt. Terence Woodliff, assigned to 362nd Sig. Co., 41st Sig. Bn., 1st Signal Bde., runs the ball while Spc. Joshua Johns, also of the Head Hunters, blocks Skymaster defender Spc. Jon Fozard, assigned to Co. F, 3rd Aviation Bn., 2nd Combat Avn. Bde., during a football game on K-16 Air Base Oct. 11. The Head Hunters beat the Skymasters 34-32 in the morning and then defeated 595th Maintenance Co., 30-12 in the afternoon. The K-16 team with the best record represents K-16 in the finals at Yongsan.

SPORTS



Spc. Jihrleah Showman, (left) an intel analyst for HHC, 1st HBCT who played right and center fields and Staff Sgt. Kathleen Hedges, (right) a health care specialist for HHC, 1BSTB, enjoy the level of competiton they play at the All-Army level.

Soldiers step up to bat for All-Army Softball

Story and photo by Sgt. Scott Kim

1st HBCT Public Affairs

Being able to play for an All-Army sports team is an honor that few have the skills or opportunity achieve.

Yet, the 1st Heavy Brigade Combat Team had two Soldiers participate in the 2008 All-Army Women's Softball team Aug. 20 - Sept. 18.

Soldiers from all over endured a difficult process where only the best of the best were chosen. Only 15 made the cut, including Spc. Jihrleah Showman and Staff Sgt. Kathleen Hedges.

'You spend the first two and a half weeks stateside trying to make the team," said Showman, an intelligence analyst for Headquarters and Headquarters Company, 1st HBCT, who played right and center fields.

then they cut two more players the following week."

The team also went through a grueling schedule where Soldiers were constantly tested to their limits.

"We had PT in the morning, two practices after that, two scrimmages every night and you play seven days a week so it's physically draining," Showman said.

Soldiers didn't mind the hard training, as they knew that they were playing with the elite.

"It was a good experience playing with a higher level of players and at higher level of competitiveness," said Hedges, a health care specialist for HHC, 1st Brigade Special Troops Battalion, who played outfield.

For some, this was not just their first time playing at the All-Army level, but in the game of softball as well.

"It's kind of funny, but this is my first year play-"During the first week they cut four players, and ing softball," said Showman. "I've been playing

baseball and in high school I played mostly basketball but I've always been into athletics so I decided to give softball a try."

Although Army placed second in the tournament behind the Air Force, with the Marines and Navy placing third and fourth respectively, it will be the experience of playing the sport of softball with members of the armed forces that will be remembered most by these players.

"It was nice to be brought together with people from different branches," Hedges said. "And it was a nice break for me because I've been deployed twice, so it was great to represent the Army in a more recreational manner."

Hedges also credited the Morale, Welfare and Recreation programs for supporting Soldiers and providing them opportunities like these.

"MWR's programs help keep Soldiers from burning out and helping them stay healthy," she said. "We swing the bats and play the game only because they make it possible.'

Golf Club Hosts Annual Friendship Tournament

Story by

Spc. Marcus Gable

2nd CAB Public Affairs

Soldiers from Headquarters and Headquarters Co. (HHC), 2nd Combat Aviation Brigade (CAB), joined in with more than 60 other golf enthusiasts Oct. 17 at the Sung Nam Golf Club tournament, sponsored by the Second To None Soldier's Support Group.

Sung Nam Golf Course is a multi-million dollar

With the approval from my supervisor, I set out to make a name for myself in the Korean golf world.

Finding a teammate for the four-man best-ball tournament was no problem. Sgt. Alvin Francisco, a mail clerk with HHC, 2 CAB, arrived at Camp Humphreys little more than three months ago, with clubs in hand.

together and managed to squeeze in a couple rounds

We have spent some time on the driving ranges

Perfect weather and clear skies greeted us as we signed in at Sung Nam Golf Club. Francisco and I met with our teammates, Kim, Bok Sok and Lim, Mo Ung, both members at the golf club. Along with our caddie, Choi, Byung Chun, we set off for Hole 7, our first in the shotgun-style tournament.

At the end of the day we posted a respectable 67 and finished in 6th place. The winning score was a 59, which, realistically, was way out of our range. Even though we didn't win, Sgt. Francisco and I made lasting friendships with our teammates, caddie

complex, and is no stranger to Soldiers and Servicemembers.

It has hosted tournaments in the past and even welcomed Servicemembers in 2001 when they helped renovate the world-class golf course. But enough about the course.

What about the team that represented HHC, 2 CAB? As an avid golfer, the tournament seemed like a great idea for a sports story.

Solid off the tee, and never leaving a putt short; he is a perfect yin to my masterful approach shotmaking and Tiger-esque short game yang.

at Osan's golf course.

On the eve of the tournament, Francisco and I hopped a cab from Camp Humphreys to Sung Nam at a cost that was nothing short of prohibitive. We arrived shortly after 2 p.m. and were able to squeeze in 13 holes before the sun set.

Feeling confident with our individual games, we retired to the city for the evening.

and those who work at Sung Nam Golf Club.

"The tournament was great, and our teammates Mr. Lim and Mr. Kim were awesome," said Francisco. "I'm definitely getting up to Sung Nam Golf Club more often."

The Second To None Soldier's Support Group golf tournament ended with a formal dinner where prizes were given for longest drive, closest to the pin and overall lowest score.