Indianhead



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6-37 FA blasts off

Story and photo by Cpl. Huh, Ho Jin KATUSA Indianhead Editor

A thunderous fireball from a Multiple Launch Rocket System sends rocket munitions followed by a stream of smoke soaring down range. The 6th Battalion, 37th Field Artillery Regiment, 2nd Infantry Division separates the blue sky, sending one rocket after another at Rocket Valley March 19.

The MLRS is a cannon weapon that delivers a strong rocket in a short time against enemies. It is a free-flight artillery rocket system that provides counter attack and suppression of enemy air defenses and unit targets.

The battalion organized this training to familiarize Soldiers with their equipment and check its operability, said Lt. Col. Robert M. Hanley, commander, 6th Bn., 37th FA.

"It is a great training opportunity," he said. "One of the purposes of this exercise is to qualify the MLRS crews and to test the livefire rockets."

See MLRS, page 3

A rocket launched from an MLRS vehicle flies through the air during a live-fire exercise for 6-37 FA March

2ID Soldier teaches civil servants English

Story and photo by Pfc. Bo Park Staff Writer

Staff Sgt. Lamont Atkinson can be described as a musician, adventurer, business entrepreneur, and now English instructor. Every Thursday, he visits Gyeonggido Provincial Office 2 to teach English to employees.

Atkinson, a member of the 2ID Band, began teaching English in February at the encouragement of his friend, Kim, Chang Hoon, whom he met at the Korea-U.S. Friendship Concert at Camp Red Cloud in September



"I felt that this would be a chance to get to understand Korean people, their culture and learn Korean a lot quicker," he said. "It's kind of self-gratification. I enjoy teaching people and it makes me feel good that other people are benefiting from me."

He is fascinated by Korean culture. He said that the Korean culture is a respectful and intimate culture that brings out the contrast to the American culture.

Staff Sgt. Lamont Atkinson, 2ID Band, DSTB, conducts an English class at the Gyeonggido Provincial Office 2, March 24.

See **TEACHER**, page 4

OPINION





I wanted to get away from the farm and pay for college. 1st Sgt. Sammy Barbour, HHC, 2nd Combat Aviation Brigade

To be able to take care of my family. Capt. Jerrold Dwayne Castro Co. A, DSTB





I wanted to travel abroad and experience what the Army had to offer. Staff Sgt. Viola Perez HHSC, DSTB

To serve my country and become a better person. 1st Lt. Gregory Ludeman Co. A, 602nd Aviation Support Battalion





After high school, I wanted to do something worthwhile in my life. Pvt. Cody M. Randall, Co. G, 302nd BSB **COMMANDER'S CORNER:** Summertime safety is every single Soldier's responsibility

By Maj. Gen. John W. Morgan III Second Infantry Division Commander

The summer season is approaching and it is time for us to focus our efforts on preventing hot weather-related accidents and mitigating the hazards associated with summertime activities. As the division safety officer, I require all leaders at echelon to be engaged in safety. My goal is zero fatalities and serious injuries.

The commander's and leader's personal involvement sets the tone for success, but total success depends on all of us. The entire division must be engaged and aggressively work to prevent unsafe acts. Commanders at all levels involved in training and mission support operations must conduct risk assessments, set safety conditions and conduct operations and training to standard.

We must pay particular interest to the following areas:

Heat Injuries:

Leaders and Servicemembers must be aware that prevention of hot weather injuries is vital in sustaining combat power. Leaders must be constantly aware of the conditions of their personnel and remain alert for the symptoms and signs of heat injuries.

All Servicemembers must be responsible for their buddies' condition as well as their own. Using the composite risk management process to identify the risks associated with any given activity can prepare one to take appropriate actions to prevent warm-weather related accidents and to ensure a happy, accident-free summer season.

Water Activities:

Serious injuries and death occur when people fail to observe water safety precautions. Water related accidents normally result from poor judgment. The ability to swim is the greatest water hazard insurance you can have. There is no substitute for knowing how to swim to protect yourself and others.



Alcohol and Substance Abuse:

The chain of command is responsible to prevent alcohol and substance abuse. All 2ID Soldiers will practice responsible alcohol consumption.

Irresponsible over-consumption of alcohol can result in not only a terrible incident or death, but also in a negative national level Alliance incident. Also, drunkenness and disorderly behavior do not reflect Army values and standards. Indeed, they represent the opposite. A 2ID Soldier who is incapacitated by alcohol cannot be prepared to "fight tonight."

Such a Soldier is letting down the Army, the nation and his or her fellow Soldiers.

Wellness Issues:

When Soldiers are separated from Family and home, it can be difficult. We, as leaders, must understand the risks involved in separation, recognize the warning signs of suicide and provide support to all of our Soldiers and their Families.

The time to start preparing for summer is now. There is no greater priority than the safety of the people with whom we are privileged to serve. We are all accountable and responsible. Let's have a great, safe, incident-free summer.

Second to None!

Stay hydrated and stay safe! Prevent heat related injuries to yourself and your battle buddies.

Indianhead

Maj. Gen. John W. Morgan III Commander, 2nd Infantry Division Newspaper staff Pfc. Phillip Adam Turner

Editor phillip.a.turner@korea.army.mil

The Indianhead is an authorized publication for members of the Department of Defense. Editorial Content is the responsibility of the 2nd Infantry Division Public Affairs Office. Contents of the newspaper are not necessarily the official views of, or endorsed by, the U.S. Government.

It was mandatory, but I am enjoying the Army life.

> Cpl. Lee, Joon Chul HSC, 602nd Aviation Support Battalion



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Command Sgt. Maj.

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NEWS

Families experience 6-37 MLRS live-fire

Story and photo by Pfc. Bo Park Staff Writer

A bus full of civilian women and children pulls up in the dust and haze of Rocket Valley. Soldiers holding M-16s greet them with big smiles as they get off the bus. They move toward a bridge where some people are already standing around to see rockets blasting.

Toddlers and baby buggies are not the most common scene in the field, but on March 19, kids mingled with heavy tactical vehicles and ate MREs in the company of thundering rockets.

The Family Day took place during 6th Battalion, 37th Field Artillery's Multiple Launch Rocket System live-fire exercise. Soldiers' Families were invited to have a day out in the field while their dads and spouses trained so they could get insight into Army life.

"I want (the Families) to understand what (Soldiers) are here for, so that we get full support from the Families," said 1st Sgt. Kirk Hamlin, Battery B, 'The Bushmasters' of 6th Bn., 37th FA.

One of the first sergeant's duties includes making sure that the Soldiers are well in touch with their Families. The first sergeant of Battery B, 6th Bn., 37th FA, ensured that all the Soldiers were present whose Family members came to see them.

"I would have been very excited myself if my wife was here today, because I don't think she knows much other than the fact that I am in the field. She doesn't know, for example, how I have to sleep with the seat straight up in the vehicle," said Hamlin.

Prior to the live fire, kids were invited to climb into the MLRS and have a closer look.

"Our focus is always safety, but having the Family out here gives me an extra incentive to ensure safety," said Cpl. Jay Robinson, Battery B, 6th Bn., 37th FA, an MLRS section chief.

For some, it was not the first time. The Mendez family had been to a similar event back at Fort Sill, Okla., but to have the chance to see a real firing event was worth the travel from Yongsan.

"It's pretty cool to see everything in the field," said Mikaela Mendez, 13-year-old daughter of Capt. Marty Mendez, Battery C commander, 6th Bn., 37th FA. "I am here to experience the sounds and the sights."

Capt. Marty Mendez said he is happy with his Family seeing the execution part of the MLRS mission. In order to fire rockets successfully, there are many steps behind the scene. Even though his bat-

Sgt. Allan Bancroft, Battery C, 6-37 FA shows the driver's seat of the MLRS to his 6-year-old son, R.J. Bancroft, who visited him during Family Day at Rocket Valley March 19.

tery did not take part, he explained to the Family the coordination process, such as fire missions coming from the fire direction center.

Due to safety, the Families were not allowed near the MLRS during live-fire. Instead, they enjoyed the view from a distance, looking over the valley.

"I liked today because they get to see what my job really entails and it gives them a snapshot of what I do," said Mendez.

MLRS

from page 1

For this gunnery exercise, which takes place three times a year, the "Bushmasters" of Battery B, 6th Bn., 37th FA, operated six launchers. With three rockets firing per launcher, 18 rockets were fired toward a target 13 kilometers away. morale and positive training. Through that communication I provide them pretty much everything and make sure everything is done correctly."

The unit uses this training as a way to prepare Soldiers for situations they could encounter during a wartime scenario. All 6-37 Soldiers faced the same hardships here during peace-time training as they would down range, but understand the importance of the "field" for day-today operations. take a shower for five days, and sometimes that's what it takes to do our mission. This training helps me sustain my skill as I go through these kinds of exercises more."

This training would be of extra significance as 6-37 Soldiers would receive plenty of visitors during the day. Brig. Gen. Joe E. Ramirez Jr., Assistant Division Commander (Maneuver), 2nd Infantry Division and Oh, Se Chang, mayor of Dongducheon city, visited Rocket Valley to see the MLRS live-fire exercise and boost the Soldiers' morale.

However for Soldiers of this battalion, the most important and distinguished visitors they received would be the ones they hold dearest– their Families.

"The main key for training is the communication," said Cpl. Jay Robinson, an MLRS chief, Battery B, 6th Bn., 37th FA. "Good communication with the crew maintains good

"What we are doing here is our real job," said Robinson. "I couldn't - annie of

"I am so excited that we're doing live-fire exercise with our Family," said 1st Sgt. Kirk Hamlin, Battery B, 6th Bn., 37th FA.

"This event, for Soldiers and their Families, makes Soldiers motivated because Soldiers' Families are going to understand what and why we do what we do, and why we are here."

NEWS

121 medical teams perform field surgery

Story and photo by Pfc. Naveed Ali Shah IHBCT Public Affairs Office

The 135th Forward Surgical Team from Yongson Garrison's 121st Combat Support Hospital performed several field surgeries in a forward-deployed environment March 20 at USAG - Casey's TMC.

The surgical exercise was designed to show 135th FST's sister units its capacity, as well as test its personnel's readiness.

"We came up to Camp Casey for a week-long surgical exercise where we offered briefings for commanders on our capabilities, and today we had our surgical day where we performed three minor surgical procedures," said Maj. Michael Heuman, commander, 135th FST.

The team consisted of one surgeon, one anesthesia provider, one nurse and three operating room technicians. They performed three surgeries in a DRASH tent set up with a prep area, an operating room, and a recovery area.

"This is the first time we've done a surgical exercise away from the hospital, and we chose some Soldiers from the 2nd Infantry Division to participate," said Heuman.

Sgt. Maj. Miguel L. Martinez, signal sergeant major, Company A, Division Special Troops Battalion, volunteered to have the field surgery and give the team an opportunity to sharpen their skills on him.

"We removed small, benign tumors called lymphomas from the sergeant major," said Heuman.

The newest member of the crew, Pvt. Blanca Mobley, performed part of the surgery on her own, with a little coaching from the team.

"This is a good exercise for our brand new Soldier; she gets to see what it's



Pvt. Blanca Mobley and Spc. Chad Roberts, operating room techs, 135th FST, assist Maj. Michael Heuman, general surgeon and commander, 135th FST, in the operating room during their SURGEX March 20 at USAG - Casey's TMC. This was Mobley's first field surgery.

like," said Sgt. John C. Harden, senior operating room technician, 135th FST. "Teamwork is very important in the FST," said Heuman.

Overall, the team enjoyed coming out to 2ID's area of operations and successfully completing their mission.

"It's always a pleasure to work with 2ID; we love seeing the Blackhawks take off with our patients and know that they're safe," Heuman said.

TEACHER

from page 1

Being an adventurer, he is not bound to the walls around Camp Red Cloud. He goes out to explore Uijeongbu and Seoul, finding jazz bars and hanging out with his local friends.

Atkinson's class has about 15 students who work in various departments under the Gyeonggido provincial government. The number varies depending on business trips and other commitments, but the students are very keen and interactive during the class. "It's a shame that we don't have a budget available for this class from the government," said Kim, Dae Kyung, Gyeonggido military relations officer. "Students are very eager to learn and very appreciative of the work that Staff Sgt. Atkins is putting in."

Atkinson carries a laptop, a projector and a few books borrowed from the library to the class. But, more importantly, he brings professionalism and passion to the classroom. He spends a few hours preparing for his class, researching on the Internet, meeting with Kim, and preparing his lesson plan.

"Staff Sgt. Atkinson seems to be a lot better in teaching English compared to those who taught us previously," said Lee, Kang Hyuck, a student from the class. "He is very accommodating and aware of his students' needs."

"(The students) are awesome, very attentive and eager to learn," said Atkinson. "They are a group of adults so they are mature and receptive. We understand each other's positions."

The English class is another aspect of the Division's Good Neighbor program.

"It adds to the Army's efforts to bring a closer relationship with Korea," said Atkinson.

"Being a band member, I understand somewhat more. Having this opportunity is like kicking it up a notch. I hope to continue to be the line that's being connected between Koreans and Americans."



Join the CG's Mess, and enjoy more than just a great meal!!



The Commanding General's Mess, the only dining facility of its kind left in the Army, is currently holding an open

membership call to all Servicemembers of the 2nd Infantry Division. Members of this historical organization are waived the waiter's fee normally charged for eating there, and get advance notification of all special events, such as Mardi Gras and Karaoke nights. Members can also reserve their steaks early for weekly steak nights, and purchase a CG's Mess coin for extra discounts. Memberships are \$30 per month for E-8s and above, and \$15 per month for E-7s and below. Those not living on CRC can obtain an associate membership for \$15, regardless of rank. For more information, contact Headquarters Commandant 2nd Lt. Angela Gonzalez at 732-7430.

COMMUNITY

WARRIOR NEWS BRIEFS

Area I Duathalon Championship

MWR is sponsoring the "Warrior Country" Area I Duathalon Championship May 10 at the Camp Hovey Physical Fitness Center.

The event is open to active-duty Servicemembers assigned to Warrior Country.

The sequence and distances are as follows:

•5 KM Run

●30 KM Bike

•5 KM Run

For more information, contact the Warrior (Area I) Sports Office at DSN 732-6927.

Annual Volunteer Recognition Luncheon

The annual Volunteer Recognition Luncheon will be held at the Camp Casey Warrior's Club April 28 from 11:30 a.m.-1 p.m.

Army Community Service is rich in the tradition of volunteerism and offers a wide range of volunteer opportunities that significantly impact the military community.

The ACS volunteer staff augments paid staff and expands program capabilities through the donation of time and service.

For more information, call DSN 732-7314.

Jenny Boyle Band Concert

The Jenny Boyle Band concert will be held at the Camp Hovey Ion Triangle Club April 15 at 7 p.m. Jenny Boyle is an internationally acclaimed, guitar wielding, Indie Pop/Rock singer/songwriter who has traveled the world for the past five years with her band of musicians.

For more information, call DSN 730-3400.

Wrestling Tournament

MWR is sponsoring the Warrior Invitational Wrestling Tournament April 12 at the Camp Stanley Fitness Center.

The event is open to active-duty Servicemembers assigned to USFK installations.

For more information, contact CRC Enclave Sports at DSN 732-7757 and 6309 or Warrior (Area I) Sports at DSN 732-6927.

Music on the Green

The Division Chaplain's Office is sponsoring a free concert featuring the 2ID Band's Jazz Quartet with special music May 29 at 6:30 p.m. at Camp Red Cloud's Village Green.

The concert is open to Servicemembers, Families, DoD civilians and contractors.

For more information, call DSN 732-6466 and 7469.

USFK Information Assurance Conference

The U.S. Forces Korea J6 is hosting the fourth annual information assurance conference at the Osan Air Force Base Officer's Club May 6-8.

The goal of the USFK information assurance conference is to provide a forum for collaboration among U.S. and ROK IA professionals. The information shared and presented at the conference enhances ROK/U.S. cooperation and competency on matters related to IA.

It is being hosted by the USFK J6 Assistant Chief of Staff, Col. Frederick W. Mooney, and will have a keynote address from Robert F. Lentz, director for IA in the Assistant Secretary of Defense office.

For more information, call DSN 723-3516 or email j6iamail@korea.army.mil.

USAG Red Cloud Retiree Council

The recently approved Retiree Council will hold a Quarterly General Membership and Information meeting April 12 at the Camp Casey Digital Conference Center from 10 a.m. to noon.

The meeting will focus on increasing visibility and membership in the Council. A briefing on all current, up-to-date DEERS information by Eugene Williams and a comprehensive TRICARE-Retiree information briefing from Haleh Rollerson from the Yongsan TRICARE office.

A free lunch will follow the meeting, and coupons and certificates will be awarded.



Camp Red Cloud

Protestant: 11 a.m. Sunday Catholic: 11:30 a.m. M-F 4 p.m. Saturday 9 a.m. Sunday KATUSA 7 p.m. Sunday COGIC 12:30 p.m. Sunday Gospel: 11 a.m. Sunday KATUSA: 6 p.m. Tuesday

West Casey Chapel KATUSA: 6:30 p.m. Thursday Protestant: 10:30 a.m. Sunday Catholic: 12 p.m. Sunday LDS:

KATUSA: 6 p.m. Tuesday

Crusader Chapel Protestant: 11 a.m. Sunday

Camp Stanley

Protestant: 10 a.m. Sunday Gospel: Points of Contact: USAG-Red Cloud: 732-7469 CRC Catholic: 732-6428 Hovey Chapel: 730-5119 Memorial Chapel 730-2594 West Casey: 730-3014 Stapley: 732-5238



	LDD.	11 a.m. Sunday	Stuffey: 152 5250	
Camp Casey	2 p.m. Sunday	Catholic:	Humphreys: 753-7952	April 12 Juno 21
Stone Chapel	Camp Hovey	1 p.m. Sunday KATUSA:	Castle: 730-6889	April 13 Juno 21 April 14 The Eye
Protestant:		7 p.m. Tuesday	Saint Nicholas	April 15 The Eye
10 a.m. Sunday KATUSA:	Hovey Chapel Catholic:	Camp Castle	athedral: 753-3153	April 16 Welcome Home Roscoe Jenkins April 17 Welcome Home Roscoe Jenkins April 18 Nim's Island
6:40 p.m. Tuesday	9:30 a.m. Sunday		LDS: 730-5682	April 19 Nim's Island
1 5	Protestant:	KATUSA:		Juno For additional movie times visit:
Memorial Chapel	11 a.m. Sunday	6 p.m. Tuesday		www.aaffes.com

COMMUNITY

World of travel: visit top of Seoul

Commentary and photo by Pfc. Bo Park Staff Writer

The first thing that probably comes to people's mind when asked about the landmark of Seoul is the Seoul Tower. It's the most visible and well-known structure in Seoul's skyline, yet one of the hardest places to visit due to its location.

Traditionally, metropolitan cities around the world have towers for purposes like telecommunications, but they attract many tourists at the same time. They come in different shapes and sizes, but often become city landmarks such as the Eiffel Tower in Paris, CN tower in Toronto and the Tokyo Tower in Tokyo. These towers can provide a bird's eye view and romance.

Seoul N Tower, the official name of the Seoul Tower, sits right on top of Namsan, the mountain in

its height about 480 meters (approximately 1,600 feet) from the sea level, which includes the height of the mountain, it gives a great 360-degree view of Seoul, which can stretch as far as Incheon or Gaesung, North Korea on a clear day.

the center of Seoul. With

There are two floors of observation decks on the tower. One floor has directional points indicating how many kilometers you are away from international cities, and the other floor has brief explanations and histories of buildings and sites in Seoul. Even the bathroom provides a view of the city.

At night, even though you won't be able to see as much as you would in the daylight, you will see loads of lit buildings in the center of Seoul and colorfully lit bridges over the River Han. In fact, the tower has more visitors at night. You will perhaps realize the slowmoving traffic can be something of an art rather

than just a plain pain.

The tower accommodates over-priced revolving restaurants and gift shops, which seem to be the prerequisite of landmark towers. However, it does have perky contemporary art set up on the ground and around the lobby to please everyone's eyes. Also, if you are an outdoor person, you could actually walk up the mountain to reach the tower instead of using a bus or cable car.

So if you haven't yet done the 'obligatory' visit to the top of Seoul, this Spring would be a perfect time!

Admission: The tower is open year-round, including holidays. The observatory is open from 10 a.m. to 11 p.m., and all other facilities are open until 10 p.m.

How to Get There: Travel to Itaewon Station on Seoul Metro Line #6, (must change from Line #1 if travelling from Uijeongbu or Donducheon

Station), come to Exit 2 and the bus stop is right in front of you, across from the Hamilton Hotel. Take Bus #3, a yellow bus specially designed for Seoul N Tower with a circular route. If you are looking to walk or take the cable car, get off at Myungdong Station onLine #4, from Exit 3 is a ten-minute walk to the Namsan cable car station following the narrow paths up the hill. If walking, just follow the trail after arriving at the cable car station toward the big steps on the opposite side of the street. Expect at least a 30-minute hike.

He is Risen : Soldiers at Humphreys celebrate Easter

Story and photo by **Stacy A. Oullette** USAG-Humphreys Public Affairs Office

USAG-HUMPHREYS -

"He is not here, For He is Risen, as He said," - Matthew 28:6

More than 100 members of the Humphreys Community gathered in the Community Activity Center for a Collective Christian Easter Sunrise Service March 23.

Opening the celebration was Col. John E. Dumoulin, Jr., USAG Humphreys garrison commander.

"We come together as one community, honoring Christ together on one of the most holy Christian days. Easter Resurrection is a joyous celebration because death in the grave could not hold Jesus," said Dumoulin.

Beginning at 6:30 a.m., the pro-



Attendees at the Easter Sunrise Service sing in praise at the USAG-Humphreys Community Activity Center March 23. More than 100 people attended this collective Christian celebration held annually across the military

Christian belief of Jesus Christ's res- (Maj.) James E. O'Neal, Headquarters, Headquarters Company, USAG Humphreys, and After the invocation by Chap. Chap. (Capt.) Louis Kruger, Jr., 3-2 General Support Aviation Battalion. Chap. (1st Lt.) Christina Cogen, 4-2 Aviation Battalion also read an Easter prayer of celebration..

preached on "Why You are Here." The topic discussed the challenges of being a Christian in a world with non-believers.

"The resurrection of Jesus Christ is the most important event in the history of the world- your world," said Jackson. "For most of the world what we are doing this morning is scandalous and offensive."

Jackson explained how many people are placing more importance on earthly things such as the upcoming presidential election rather than taking time to relate to God.

"We see it through the eyes of faith and believe. The resurrection of Jesus Christ stamps forever an understanding that no matter what we try to do, men and women are spiritually and morally bankrupt," said Jackson. By ourselves there is no hope. God took the initiative. Jesus is the Savior who came to redeem, to reconcile." The service closed with a hymn of dedication led by Kitchen and the benediction from Chap. (Capt.) Stanley Smith, 3rd Military Intelligence Battalion. Sponsored by the USAG-Humphreys Chaplain's Office, the service was followed by a free breakfast buffet at Tommy D's Club.

gram included songs, Biblical verses, prayer and fellowship for all attendees. Members from the four Christian congregations here gathered with all seven USAG-Humphreys Chaplains taking part in the annual service.

An annual Easter Sunrise Service is a tradition held across the military honoring and celebrating the

urrection, said Chap. (Maj.) Klon K. Kitchen, USAG-Humphreys chaplain.

(Capt.) Yan N. Xiong, 194th Combat Sustainment Support Battalion, a responsive reading was presented by Chap. (Maj.) Raymond Robinson, 2nd Combat Aviation Brigade, confirming "He has risen indeed!" Scriptures were read by Chap.

Guest speaker for this event was Chap. (Lt. Col.) Franklin L. Jackson, 2nd Infantry Division Chaplain, who

Soldiers lend helping hand at Foal Eagle

By Marine Cpl. G.P. Ingersoll *1st Marine Division*

RODRIGUEZ LIVE-FIRE COMPLEX -

They fought at Chapultepec, helping Marines earn their bloodstripe. They fought the Chinese Boxers, earning the name "Manchu" and helping ensure Dan Daly received his first Medal of Honor personally rather than posthumously.

Now the Army's 2nd Battalion, 9th Infantry Regiment is providing much needed support and hospitality to the Marines taking part in Operation Foal Eagle.

"Almost everything it takes for us to be here, they've arranged," said Marine Capt. John-Michael D. Elms, camp commandant for Rodriguez Live-Fire Complex during Foal Eagle.

Almost everything.

Except for ammo, 2-9 has supplied two of the

three essential "B's:" Beans and bandages. Aside from cooking approximately 1,000 meals per day, they'll patch up any critically injured Marines and put out any fires they start.

They provide Foal Eagle with serious medical and fire emergency services, and they act as a liaison into the Army's top notch support system, said Elms.

"They've really bent over backwards to make this happen," Elms said. "They've been consummate professionals."

To the Soldiers working here, 'it's the least they can do,' considering they've been fighting beside Marines for more than a century.

"What I like about our history is it speaks directly to our mission today," said Army Lt. Col. Mike W. Rauhut, commanding officer, 2nd Bn., 9th Inf. Regt. "The equipment, the weapons, they change, but there are enduring fundamentals, and it's a theme here, and that theme is teamwork." Rauhut, references a historical fight at the Nactong River in Korea, when the Corps' combined arms attack helped soldiers and Marine riflemen overrun enemy positions.

"We would not have been able to do what we did, without their help. The real strength of the Marine Corps is in their combined arms," Rauhut said.

Just like today, without Army support, 7th Marines would not be able to hone their combined arms skills during Operation Foal Eagle.

"Our mission here is simple, and that's to allow you to focus on training," said Rauhut. By taking care of all the basic needs, such as food, housing, chow and even toilet paper, Marines only have one thing worry about, Rauhut added.

"We don't want you to be distracted; we want you to train here," Rauhut said. "Not only that, but we want to learn from you. Different uniforms, same mission."

So, your battle buddy is old enough to serve his country

Old enough to serve, old enough to drink! If you are old enough to die for your country, you should be able to drink in your country! Dont worry about it, I will purchase your drinks for you!

April is Alcohol Awareness Month

• Always abide by Policy Letter # 11.

PURCHASING ALCOHOL FOR A MINOR IS A CRIME PUNISHABLE UNDER THE UCMJ

ONLY ONE THING.

Helpful tips for responsible drinking

• If you know you are going to be drinking, eat something before and during the consumption of alchol.

• Do not exceed the .10 blood alcohol content directive for all USFK personnel.

• NEVER drink alone. Always have a "Battle Buddy" for any occasion. • Drink water between drinks to help you stay hydrated and to help flush out consumed alcohol quicker.

• Know your limit and stick to it. Never ''chug'' alcohol or forcefully drink more than you can handle.

SPORTS & LEISURE



Television star Tachina Arnold visited Servicemembers across the Korean Peninsula during a USO tour March 27.

Tichina Arnold visits Korea

Story and photo by Spc. Alun Thomas USAG-RC Public Affairs

USAG-CASEY - Actress Tichina Arnold, best known for her roles on the T.V. shows 'Martin' and 'Everybody Hates Chris,' visited the United Service Organization March 27 as part of a goodwill tour to Korea and Japan.

Arnold was also awarded a commemorative pair of medals by James Richardson, Deputy Garrison Commander, USAG-Casey, in honor of her visit.

Arnold said she decided to visit overseas troops to try and show her appreciation for everything they do for their country.

"For the most part I am here because I want to be," Arnold said. "It is my duty and my honor to be here, and my responsibility also. I keep telling the troops I've met that I'm tired of seeing things from the media's perspective and being a hands on kind of girl. So, you know you always hear about our troops, but you never get to see them up close."

"For all the incredible men and women who serve our country, we owe it to them to come out and make our presence felt and let them know they are still loved and respected," Arnold continued. "I appreciate all they do for us and their country and this is the least I can do." Arnold said she had been to Japan before arriving in Korea, and was pleased to see not just Soldiers, but their Families also.

During the autograph session, Arnold posed for photos with Soldiers, signed various memorabilia such as 'Martin' DVD's, and was given several gifts from Soldiers, including an Army bag, binder and coffee mug.

James Allen, USAG-Casey, USO manager, said Arnold was handpicked to come to Asia by the USO, who constantly strives to bring popular entertainers to visit the troops overseas.

"This is a USO-sponsored celebrity visit," Allen said. "The USO sends celebrities here frequently, and all over the world also. The USO works consistently with the top entertainers to bring them here and this is an example of how the USO spends its money to support the troops."

Arnold said her trip had been educational in teaching her about how the military functions on a daily process, adding she had asked Soldiers as many questions as they had asked her.

"This trip has been very educational and I'm happy I have had the chance to talk directly to the Soldiers and hear what's on their minds," Arnold said. "There's a lot going on in the world today, a lot of things happening, and I felt it my part, that I had to be part of it."

2008 Eighth Army Indoor Swimming Championship



Catherine Miller, from Camp Hovey, competes in the 50-Meter backstroke, finishing second with a time of 54.88 seconds.

WINNERS

50-M Freestyle: Sang Hyun Jang (Men) Kristina Smith (Women) 100-M Freestyle: Gregory Scully (Men) Kristina Smith (Women) 50-M Backstroke: Gregory Scully (Men) Kimberly Aytes (Women) 100-M Backstroke: Gregory Scully (Men) Kristina Smith (Women) 50-M Breaststroke: Bennett Baldwin (Men) Gina Gairnese (Women) Warriors from the 2nd Infantry Division dominated the annual 8th Army Indoor Swimming Championships at Camp Hovey March 29, winning more than 20 events. The championship included 50and 100-Meter Freestyle, 50- and 100-Meter Backstroke, 50- and 100-Meter Breaststroke, 50- and 100-Meter Butterfly, 200-Meter Individual Medley, 200-Meter Medley Relay, and the 200-Meter Freestyle.



100-M Breaststroke: Joon Hwa Kim (Men) Gina Gairnese (Women) 50-M Butterfly: Sang Hyung Jang (Men) Erika Porter (Women)

100-M Butterfly: Sang Hyung Jang (Men)

200-M Individual Medley: Gregory Scully (Men) Erika Porter (Women) 200-M Medley: Sang Hyun Jang, Michael Tan, Erika Porter, Kimberly Aytes

200-M Freestyle: Kimberly Aytes, Erika Porter, Sang Hyun Jang ,Michael Tan

Cpl. Huh, Ho Jin

Bennett Baldwin, from Camp Casey, competes in the 50-Meter breaststroke, finishing third during the 8th Army indoor swimming championships.