

THE BEACON

U.S. Naval Support Activity Souda Bay, Greece

January 2020





The Beacon

Warfighting First, Operate Forward, Be Ready

Commanding Officer, NSA Souda Bay

Capt. Ryan T. Tewell

Executive Officer

Cmdr. Werner Rauchenstein

Command Master Chief

CMDCM Brian McDonough

Public Affairs Office

Carolyn Jackson	Public Affairs Officer, DSN 266-1244
Joel Diller	Assistant Public Affairs Officer, DSN: 266-1392
Kostas Fantaousakis	Community Relations and The Beacon Designer, DSN: 266-1348
MC2 Kelly Agee	Public Affairs Specialist and The Beacon Assistant Designer, DSN: 266-1642
Contact Email (All PAO personnel):	SoudaBayPAO@eu.navy.mil

The Beacon is the professional online newsletter of NSA Souda Bay Public Affairs. Information contained in The Beacon does not necessarily reflect the official views of the U.S. Government, the Department of Defense or the Department of the Navy. Editorial content is prepared by the Public Affairs Office of NSA Souda Bay.

Articles for publication in The Beacon should be submitted to SoudaBayPAO@eu.navy.mil. Story submissions must be routed through tenant command or departmental senior leadership. Security and policy review must be completed before submissions can be considered for publication.



Contents



A photo of a Neoria, a building where ships were repaired during the winter, in Chania's old harbor. A large number of Neoria were constructed in Chania during the Venetian occupation of Crete from 1204 to 1669. Today, a group of seven continuous domes are preserved along with another one farther to the west, called the Grand Arsenal (Source: www.chaniatourism.com). Photo by Kostas Fantaousakis, Public Affairs.

4	6	8
Triad Corner by CMC Brian McDonough	The Gouge	Souda Spotlight
10	16	22
Feature Story: Greek Representatives Office	Awards Ceremony	Word on the Street: What are you excited for in the New Year?

Cover Photo: A scenic sunset in Chorafakia, Chania. Photo by Joel Diller, Public Affairs.

Triad Corner



Team Souda,

On behalf of CAPT Tewell and CDR Rauchenstein, I'd like to wish you a very Happy New Year! I'm excited to see what 2020 will bring for us, the NSA Souda Bay family, and I hope you are, too.

In this time, when many of us reflect on the past year and set goals and resolutions for the New Year, I am proposing to challenge everyone on the Team – our Sailors, our Navy Civilians and Contractors, our Host Nation Employees and the our Tenant Commands – to take part in a common resolution. Let's devote time this year creating additional opportunities for community involvement outside, as well as inside, our fence-line.

There are three things I propose for us to resolve as a team this year.

First, let's commit to volunteer in our surrounding communities. It can be an hour or an afternoon, or something that we do on a regular basis. The Chaplain's Office and the Public Affairs Office sponsored 38 community relations projects in 2019 and they will be offering even more this year. In addition to beach and park cleanups, visits to the animal shelter, and painting projects, they are

committed to providing long-term projects that let us get involved and stay involved throughout the year. When our new Chaps (LT Mike Spoke) stops by to say hello and ask what we are interested in, please share your ideas with him. Volunteering in our community makes us good neighbors – plus, it feels great!

Next, I'm challenging Team Souda to participate in one "New to You" event this year. Take a class, join an organization, learn a new skill, try a new sport, travel to a new place – whatever you decide to do, you'll be expanding your world and experience. If you are not sure where to start, you don't have to look further than the MWR Team. You can learn Auto Skills, take Greek language classes, join an intramural sports team, take a hike, take a trip on a ferry ... there are plenty of opportunities to create a new adventure!

For the third part of our resolution, let's commit to meeting members of Team Souda that we don't know. It might be comfortable to live within our social bubble but that means missing out on getting to know some remarkable people. If you've been reading the Souda Spotlight feature in The Beacon, you know what I mean. Team Souda is made up of people with a multitude of backgrounds and interests. Step outside your routine and make a point of meeting someone

new each week.

Each of you contribute to making Team Souda special. You're the reason we have such an incredible community here in Souda Bay. Through our collective efforts, working toward a shared resolution, I know that 2020 will be a productive year full of amazing experiences and opportunities that are all the more

memorable because YOU made them happen!

Kim and I wish everyone the very best throughout this New Year!

~CMC McD



In the 14th episode of "On the Horizon: Navigating the European and African Theaters," Adm. James G. Foggo III discusses Chief of Naval Operations Adm. Mike Gilday's new guidance, U.S. Navy increased presence in Europe and Africa, High-end Warfighting, the importance of Africa's stability and exercises conducted throughout the year.

The podcast is available on the following platforms:

<https://www.spreaker.com/show/on-the-horizon>

<https://www.c6f.navy.mil/Press-Room/Podcast/>

<https://www.stitcher.com/podcast/public-affairs-officer/on-the-horizon-navigating-the-european-and-african-theaters>

<https://podcasts.apple.com/us/podcast/on-the-horizon/id1435476433?mt=2>

THE GOUGE

EVENTS - FLIGHTLINE ACTIVITY - PORT OPERATIONS

U.S. AMBASSADOR VISITS SOUDA BAY



U.S. Ambassador to Greece Geoffrey Pyatt visited Naval Support Activity Souda Bay, Greece, Dec. 9, 2019, to meet with command leadership and tour the facilities. Pyatt also visited the Marathi NATO Pier Facility, where he met with the Commander, Hellenic Navy Base Souda, and boarded the Ohio-class cruise missile submarine USS Florida (SSGN 728).

During the visit, Pyatt said that Souda Bay is an important facility with a critically important mission at a time when the U.S.-Greece military relationship is at a high point, noting that the two nations revised and expanded their Military Defense Cooperation Agreement in October 2019 during Secretary of State Mike Pompeo's visit to Greece.

"We work together all around this critical theater from Alexandroupoli to Larissa to Stefanovikeio – but Souda Bay really is the flagship of our military cooperation" said Pyatt.

NSA Souda Bay is a unique facility with access to both an all-weather airfield, which is shared with the Hellenic Air Force's 115th Combat Wing and Chania International Airport, and a deep-water pier that can accommodate an aircraft carrier.

"It's a unique asset. Unique in the 6th Fleet (area of responsibility), but also important not just to European Command, but also to Central Command and Africa Command," said Pyatt. "It's located in a strategically vital Eastern Mediterranean region where we are dealing now with the return of the great power competitions."

Pyatt said another thing that sets Souda Bay apart is the quality of partnership it has with its Greek military allies.

"We couldn't do anything without the support and enabling capacity that our Greek allies provide," said Pyatt. "So we're really grateful for that as well."

VFW COMMANDER MEETS WITH TEAM SOUDA

William "Doc" Schmitz, commander, Veterans of Foreign Wars of the United States, visited NSA Souda Bay Dec. 20, 2019, to meet with leadership, Sailors, and retirees.



CAREER WEEK AT LOCAL SCHOOL



Members of Team Souda from Fire and Emergency Services, Fleet and Family Support Center, Naval Criminal Investigative Service and Public Affairs visited the Theodoropoulos International School in Chania Dec. 3, 2019, to speak to school children about their careers during the school's career week. The children were able to hear about first-hand experiences and ask questions about careers as a mental health therapist, photographer, firefighter and emergency responder, pastry chef and NCIS agent.

Story and photos by Joel Diller and MC2 Kelly Agee Public Affairs

**Logistics Specialist Seaman
Keith Amarillo**



**Post Office
Mail Handler**

Originally from Manila, in the Philippines, Logistics Specialist Seaman Keith Amarillo moved with his family in 2007 to the small town of Forney, Texas. After high school he decided to join the Navy because he wanted to do something different. He has now been in the Navy a little shy of three years. Prior to coming to NSA Souda Bay a month ago, he was stationed in Fleet Logistics Support Squadron 30 (VRC 30) in Coronado, California. Now he helps to deliver Souda Bay's mail and mail for the fleet.

What does a typical day working in the Post Office look like for you?

In the morning I pick up mail from the airport, come back to the post office and then sort through the mail to get it

ready for customers to pick up. In the middle of the work day I accept official and registered mail. At the end of the day I send out mail and pick up more mail from the airport.

What differs from being a Squadron LS to being stationed in NSA Souda Bay?

Here I am dealing with mail for ships and the command. As a squadron LS I was ordering supplies for the squadron, anything from the smallest pen to write with to new wheels for the aircraft.

What is the best part of your job?

It is a very small command so everyone is more like a family. We are a hard working family that makes sure all

your mail gets here as quickly as possible.

What is the most challenging part of your job?

The amount of mail that comes in for the ships. When a carrier comes in you have thousands of Sailors that want their mail and we are the halfway point in the process of them receiving it.

When you're not at work, what do you enjoy doing?

Anything that involves the ocean. I love exploring the waters in Crete and free diving.

What is the best advice you have about being an LS?

Be good at learning, listening and taking constructive criticism.

Michalis Chatzidakis



**Protocol Office
VIP Assistant and Driver**

Michalis Chatzidakis has been with the installation since 1980 and has watched Team Souda grow from 38 Americans and 16 Greek host nation employees to the more than 900 personnel we have today. Effie Papadakis, NSA Souda Bay's protocol officer, said Michalis was selected in 1991 to become the VIP and CO's driver due to his phenomenal attitude and professionalism.

Tell us the story of how you got started in this job.

I started as a maintenance man and electrician at Public Works. Then in 1991 I was selected to be the VIP and commanding officer's driver. I drove a black Ford Escort.

What changes have you seen here in the past 40 years?

The installation itself. All the infrastructure and buildings have changed. It's increased in size a lot. We are also working together now with the Greek military far more than before, there is more movement and more support today. And we have many, many more visitors now.

In addition to driving, what else do you do in the Protocol Office?

Whatever I must (laughter). I help setup for the conferences by setting up the tables, meet and greet people. I also take care of all the security people and the police escorts by taking them on dry runs.

When you're not at work, what do you enjoy doing?

I am into agriculture and working the land. I have my own olive trees and vineyards. I grow my own grapes and make my own wine and raki. I also enjoy being with my friends in the village of Sirili.

Do you have any favorite stories you would like to share?

In 1992 the air conditioning went out in the bullet-proof hard-car during a visit by a 2-star admiral in the month of August when it was very hot outside. If you see me or Effie around, ask us about it and we will tell you how it turned out.

Andrea Lindsay



**Fleet and Family Support Center
Program Assistant & Civilian Victim Advocate**

Andrea "Andi" Lindsay and her family have been a part of the NSA Souda Bay family for almost five years. During this time she has been a very active member in the volunteer community through initiatives such as Mailbox to Santa, Children's Charity Bake Sales, and the Fire Department Association's Holiday Treat Drive. However, now she is in the Souda Spotlight for the work she does to support Team Souda at the Fleet and Family Support Center.

Why did you decide to work at FFSC?

So I think Fleet and Family Support kind of fits me and my family because we've done a lot since we've been at Souda to support Souda, so it fits to be in a position at Souda to help support the community and the Sailors and the people who are here at Souda Bay.

What does a typical day working at FFSC look like for you?

We don't really have a typical day. We come into work anticipating what it might look like, but really we respond to the needs of the community. We do a lot of training. We do a lot with the victim advocates, just informing them of what's happening and what's going on with being a victim advocate. We get quite a few people coming in for the lending locker to borrow items that they need.

What do you enjoy most about your job?

Helping people and the outreach to the community. That's probably the biggest part that brings me the most satisfaction. I also like to find answers for people. So when someone comes to me with a question I don't know the answer to I like to find the answer and be able to give

them what they need to succeed.

When you're not at work, what do you enjoy doing?

I like to spend time with my kids and my family, they're a big part of my life. I know it's tough and it's difficult to stay here without family, so for my family we like to extend that family and include everybody that we can. I also bake a lot and we play a lot of board games.

What do you want Team Souda to know about the FFSC?

A lot of people don't know FFSC is here to support everyone on base. We're here for the entire community, everyone on base and their dependents, near and far, and I feel that's just really important for everyone to know.



Greek

Representatives

Office

Story and photos by Joel Diller, Public Affairs

Occupying a stretch of road on the north side of the Hellenic Air Force's 115th Combat Wing Air Base, NSA Souda Bay relies on its Hellenic military partner to accomplish its support operations and to keep up the reputation of being a "kilometer of excellence". Thankfully, there is the Greek Representatives Office to help make this possible.

The Greek Representatives Office acts as a liaison between NSA Souda Bay and the 115th Combat Wing. While the 115th CW's commanding officer, Hellenic Air Force Col. Evangelos Tzikas, assumes the official title of Greek representative, he relies on the assistant Greek representatives located in NSA Souda Bay's Command Administration building to be

his eyes and ears to the activities taking places on this side of the installation

Hellenic Air Force Col. Stelios Leivaditakis, assistant Greek representative, said that the Greek Representatives Office is there to "support every routine or urgent requirement from the United States Armed Forces" to coordinate activities with the 115th Combat Wing by following the guidelines of the agreements between the U.S. Navy and the Hellenic Air Force.

The Greek Representatives Office, also composed of a Hellenic Air Force major and four sergeants, receives requests every day from many departments (air operations, security, maintenance, training, fire department, public affairs, etc.) which



LEFT PHOTO: Hellenic Air Force Col. Evangelos Tzikas, commander, 115th Combat Wing Souda Air Base, Crete, Greece. **RIGHT PHOTO:** Assistant Greek Representatives: Hellenic Air Force Col. Stelios Leivaditakis (left) and Hellenic Air Force Maj. Antonis Renieris (right).

require coordination with the 115th Combat Wing to complete their work.

“We follow the data input from the [U.S.] Armed Forces and then we put the data into a loop of information in order to solve whatever necessary needs clarification,” said Leivaditakis. “Then we return that information back to the United States Armed Forces for everything to be functional here.”

These routine tasks may be related to an aircraft landing here for refueling or a specific mission, or Team Souda personnel requiring a base access pass. They also support the installation’s exercise program by coordinating access to the firing range and the Joint Fire Training Center.

Leivaditakis said in addition to their routine requirements, there are also urgent requirements that may exist which require someone to always be in the office 24 hours a day, seven days a week. The four sergeants work a 24-hour shift program to be available should Team Souda need assistance outside of normal business hours.

“Anything that needs to be like a deviation from the ordinary program that needs to be fulfilled, (the sergeants) call me and they call the central operations center of the 115th,” said Leivaditakis. “We give them the guidelines in order to proceed after working hours, whenever we have something.”

Work Hard, Play Hard

In the office, Hellenic Air Force Maj. Antonis Renieris, assistant Greek representative, said his role is the same as the deputy Greek representative, which is to “represent my country to ensure that we comply with bilateral agreements with the U.S. government.” Outside the office, Renieris is an avid long-distance runner, having completed 12 marathons and several other half-marathon, 10K and 5K races.

“Many people watch me around running and say ‘What are you crazy or something?’” said Renieris. “But this relaxes me. This is my happiness.”

In 2019, Renieris completed the Crete Marathon 42K race in Chania and competed in a 5K race in Paleochora, where he finished in second place for his

The four sergeants of the Greek Representatives Office, clockwise from top left: Sgt. Georgios Giannoulakis, Sgt. Roussos "Akis" Bantsis, Sgt. Dimitrios Paikos, Sgt. Emmanuel Gkagkaoudakis.



age group. He does not have any plans yet to compete in any races in 2020 as he has competed in many marathons in a row and is now focusing on his maintenance.

Hellenic Air Force Sgt. Roussos “Akis” Bantsis, who has been working in the Greek Representatives Office for the past six years, is also active outside the office when he isn’t manning the desk during a 24-hour shift.

“I am a trainer in Brazilian Ju-Jitsu – I am a brown belt. I also work in a gym downtown,” said Bantsis. “We teach Judo, Brazilian Jiu Jitsu, and wrestling. I’ve been doing this for the last 11 years, Brazilian Jiu Jitsu specifically. It’s my hobby.”

Bantsis’ focus on his hobby has led him to become a certified trainer and has allowed him to compete in several competitions throughout Greece and Europe. In October 2019, he competed in an all-Greece Jiu Jitsu submission competition in Chania – and won.

“It was a professional fight so I competed with a black belt,” said Bantsis. “It was a 17-minute fight but actually I won the fight.”

Bantsis said he is preparing for the European Master Championship in Barcelona, Spain, in May 2020, which he hopes will be his next competition.

“I have to lift weights and cross train a lot,” said Bantsis. “(I need to) have good conditioning and special training to be ready to go to the championship.”

Regardless of the issue, the Greek Representatives Office is a vital member of Team Souda and is here to help ensure mission success.

Caring for the Community: 2019 Holiday Gift Delivery

Photos by MC2 Kelly Agee, Public Affairs



Volunteers gather with the boys of the Daily Care Center for Children and Young Adults of Chania after the gift presentation ceremony.



Volunteers from NSA Souda Bay delivered holiday gifts to the boys of the Daily Care Center for Children and Young Adults of Chania (top photos) and the girls at the Agios Nektarios Girls Care Center (right) on December 20, 2019. This holiday gift collection was a Team Souda Community Relations Project.

Thank you Team Souda for giving back to the community!



Volunteers pose with the President of the St. Nektarios Greek Orthodox Church Association and a social worker at the St. Nektarios Girls Care Center.



Volunteers deliver wrapped presents to the Boys Care Center of Chania.

Awards at Quarters

Photos by MC2 Kelly Agee, Public Affairs



December Awardees:

Navy and Marine Corps Commendation Medal

Lt. Laura Jacobson
Chief Warrant Officer 3 Gary Groesbeck
Chief Master-at-Arms Maritza Richardson

Flag Letter of Commendation

Master-at-Arms 3rd Class Donovan Manderson
Aviation Boatswain's Mate (Equipment) 3rd Class
Hunter Rice

Navy and Marine Corps Achievement Medal

Lt. j.g. John Bethell
Machinist's Mate 2nd Class Miranda Chavez
Master-at-Arms 2nd Class Vanessa Jacobs
Master-at-Arms 2nd Class Samantha Swartz
Master-at-Arms 2nd Class Douglas Somers Jr.
Master-at-Arms 3rd Class Savannah Hughes

Letter of Commendation

Air Traffic Controller 3rd Class Zachary Beharry
Master-at-Arms 3rd Class Niya Fulton
Master-at-Arms Seaman Rayleen Silva



December Frockees:

Master-at-Arms 1st Class Arthur Hrostowski
Master-at-Arms 2nd Class Ryan Clem
Master-at-Arms 2nd Class Kevin Johnson
Master-at-Arms 2nd Class Selby Franklin
Master-at-Arms 2nd Class Wyatt Hartford
Master-at-Arms 2nd Class Tia Hernandez
Master-at-Arms 2nd Class Patrick McCarthy
Master-at-Arms 2nd Class Winder Pena
Master-at-Arms 2nd Class Jerry Savage Jr.
Master-at-Arms 2nd Class Nathan Taylor
Aviation Boatswain's Mate (Handling) 2nd Class Devyn States
Master-at-Arms 3rd Class Arlend Alford
Master-at-Arms 3rd Class Stephen Gagnier
Master-at-Arms 3rd Class Rebecca Lane
Master-at-Arms 3rd Class Anthony Santamaria
Master-at-Arms 3rd Class Cordell Smith
Master-at-Arms 3rd Class Emily Tucker



**Navy Region Europe, Africa Central's
2019 Junior Sailor of the Year**
Master-at-Arms 3rd Class Erick Garza



**Navy Region Europe, Africa Central's
2019 Blue Jacket of the Year**
Air Traffic Controller 3rd Class Emily Tucker

Reenlistments

Photos by MC2 Kelly Agee, Public Affairs



Lt. Cmdr. Travis Semones presents the Certificate of Reenlistment to Master-at-Arms 2nd Class Courtney Nelson on Dec. 3, 2019, during a ceremony in Guardian Hall.

New Year, New You: Mental Health Tips for 2020

Story by Kirsten Diller, Fleet and Family Services Center

The beginning of 2020 provides the perfect opportunity to reflect on our lives, identify the things that are important, find ways in which we can improve, and commit to the things we would like to accomplish.

As a mental health therapist, there are a few “problem areas” I see consistently that can negatively impact our goals but can be addressed with a few simple techniques which yield amazingly big results.

Here are three tips you can employ to improve your mental health in 2020:

• Tip #1: Deep Breathing

This is so extremely simple (and free!), yet is a commonly neglected mental health strategy. When we get stressed, angry, upset, or (insert any other strong emotion here), our rational brain becomes clouded with negativity. An easy way to de-fog our brain quickly is to step outside and engage in deep, intentional breaths for at least a minute or two. During this time, you’re feeding your brain oxygen, giving yourself the space to think things through, and bring executive power back to your rational brain. And guess what? When our rational brain is in charge, we typically make better decisions and have improved control of our responses.

• Tip #2: Gratitude

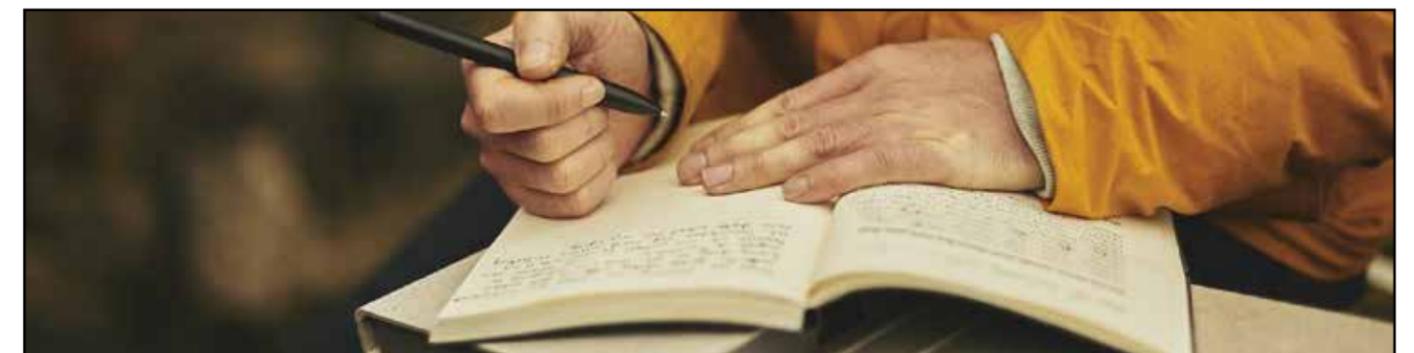
This is my favorite tip: just wake up every day and write down five things for which you are grateful. That’s it! Starting the day off with a positive focus, such as a heart of gratitude, can alter a person’s

attitude and focus for the rest of the day. Keep in mind, though, that you need to write down five DIFFERENT things each day (do not keep re-using the same ones over and over). To do this, it helps to be super specific, i.e. do not simply be thankful for “this island of Crete”, but be thankful for the majesty of the Omalos mountains, the colors of the sunrise in the morning, the rustic village where you live, etc. That way, you force yourself to recognize all of the little things in your life and avoid simply lumping life into large categories that get lost in your brain space.

• Tip #3: Find Connection

Humans are made for connection, it’s just in our DNA. So, if you are lacking in this area, you can expect your mental health to suffer. Thus, my challenge to you is to FIND CONNECTION. Find a group or organization that shares your beliefs, initiate more social events with your friends and co-workers, engage in a new hobby, be adventurous and explore this incredible island, save up for a trip to mainland Europe. If this strategy brings you particular difficulty, feel free to talk to a counselor at Fleet and Family or our Chaplain. We LOVE to help people make connections because we understand how very important they are.

Hopefully, these tips are useful and easy to apply in your life. Trust me: investing just a few minutes a day in deep breathing, writing down five things for which you are grateful, and being more intentional in making connections could boost your mood, increase your productivity, and provide new meaning to your life. And who doesn’t want those things in 2020? Join me in a mentally healthy New Year, Team Souda!



What to Do If You Are Involved In a Traffic Accident

Story and photo by Yiannis Karabetos, Criminal Investigations Division/Security Department

The moments following a car accident can be confusing. The following five steps are essential after an accident:

1. Stay calm

It is important to remain calm after an accident, otherwise you may forget to get important information or do a critical task.

2. Check for injuries

If you are able to move, get out of the car and move around. Check yourself for injuries, signs of blood, joint tightness or soreness. If you have doubts, call dispatch and request medical assistance.

3. Move

If you are able, move your car to the side of the road but ONLY if the accident is minor. If it is bigger than a simple fender bender, you shouldn't move the vehicle in case the police need to investigate. In either case, take photographs of the vehicle with your cell phone, BEFORE you move it to a safer location.

4. Think Safety

Turn on your hazard lights so that others know to use caution. Place your vehicle's safety triangle, or any other safety devices available, especially at night time.

5. Call Dispatch

EVEN if the accident is minor, call dispatch and report it, stating any injuries, damages to public or private property, and other occupants or vehicles involved. DO NOT leave the scene until local police and/or CID arrives on scene.

Here's what you can expect when the Hellenic Police respond to the traffic accident:

Arrival of Police on Scene

When a police officer arrives at an accident, the priority is to:

- Ensure that all occupants move to a safe area out of traffic's way.
- Call for additional responders, including firefighters, paramedics, or other police officers.
- Begin to control traffic by putting out cones or hand-directing traffic.
- Record any damages to public or private property.

Talking with Occupants

After ensuring everyone is safe, the officer will:

- Work to determine if one or more individuals violated a traffic law.
- Speak separately with each driver, passengers, and other witnesses about the accident.
- Record his/her observations of an individual's physical

and mental state.

Traffic Collision Report

The police will:

- Issue a traffic collision report annotating all drivers' & vehicles' information, insurance, directions of vehicles, posted traffic signs, and vehicles' sustained damages.
- Request all drivers to sign the traffic collision report.
- Provide a copy to each driver for their insurance claim purposes.
- Accidents with injuries have a different processing.

Required Driving Documents

Upon request of the on scene police officer, be prepared to provide:

- Your U.S. driver's license.
- Vehicle insurance (up to date and valid for Greece).
- Vehicle registration, which is on the back side of your base vehicle pass.
- Failure to display any of the above documents may result in citations and fines.

Be Compliant - Avoid Disputes

During your interaction with local police, be aware that:

- The Hellenic Police have sole jurisdiction for all incidents occurring off base.
- Failure to follow an officer's instructions may result in detainment and escort to the local police station.



Living in Greece: Basic Words and Phrases

by Kostas Fantaousakis, Public Affairs

PHRASES FOR TRAVELERS

Where is the bathroom: “Πού είναι η τουαλέτα” (Poo EEnay ee tuaLEHtah)?

“Where is...?” “Πού είναι...” (Poh EEnay). You can use this incomplete phrase in order to ask for help with locating something by saying this while pointing to a specific location in your guidebook or on a map.

Do you speak English? “Μιλάτε αγγλικά;” (MeeLAHteh agleeKAH?)

How much is it? “Πόσο κάνει αυτό” (POHsoh KAHnee afTOH?)

You can get by with asking “POHsoh KAHnee” (How much?). Adding the “afTOH” just means “How much is it?”

I don't understand: “Δεν καταλαβαίνω” (Then KahtahlahVEHnoh)

I love Greece: “Αγαπώ την Ελλάδα” (AhgahPOH teen EhLAHtha)

Oops!/Whoa!: “Ωπα” (OHpa)

Originally meaning “oops” or “whoops,” it's also used frequently as an expression of enthusiasm or joy in celebrations or to show appreciation for music and dancing.

VARIOUS WISHES

Birthdays

May you live long! “Να ζήσεις!” (na zeesees)

May you live up to a hundred!

“Να τα εκατοστήσεις!” (na ta ekatoSTEEsees)

Name Days

May you rejoice your name: “Να χαιρέσαι το όνομά σου!” (na HEErese to Onoma soo)

Weddings

Before the ceremony:

May the time of marriage be good and lucky:

“Η ώρα η καλή!” (ee ora ee kaLEE)

After the ceremony:

May you both live long: “Να ζήσετε!” (na ZEEsete)

Congratulations: “Συγχαρητήρια!” (seehareeTEERia)

Birth

May your child live a long and healthy life:

“Να σου ζήσει!” (na soo ZEEsee)



The Virgin Mary Cathedral located Chania's old town. It was originally built between 1850 and 1860. (Source: Wikipedia). Photo by Kostas Fantaousakis, Public Affairs.

Kris Kelly
Library



"It's my last year of adventures from Crete. I'm going on two cruises. One down the Nile and Baltic Sea and the other is to visit St. Petersburg."

Utilities Technican 3rd Class
Evan Duran
Public Works



"I'm excited to travel around Europe. Also, since I picked up third class to earn more money."

George Vogiatzis
Recreation Center



"To have more goals at my job and to maybe promote because I recently got married and had a kid."

Chief Master-at-Arms
Maritza Richardson
Security



"Being reunited with my family."

Yeoman 3rd Class
Dante Miner
Admin



"Learning new things such as job requirements, skills and new trades."

Kouridakis Manousos
Fire Department



"A trip to the other Greek islands and time with my family."

Irene Kotsifaka
Navy Exchange

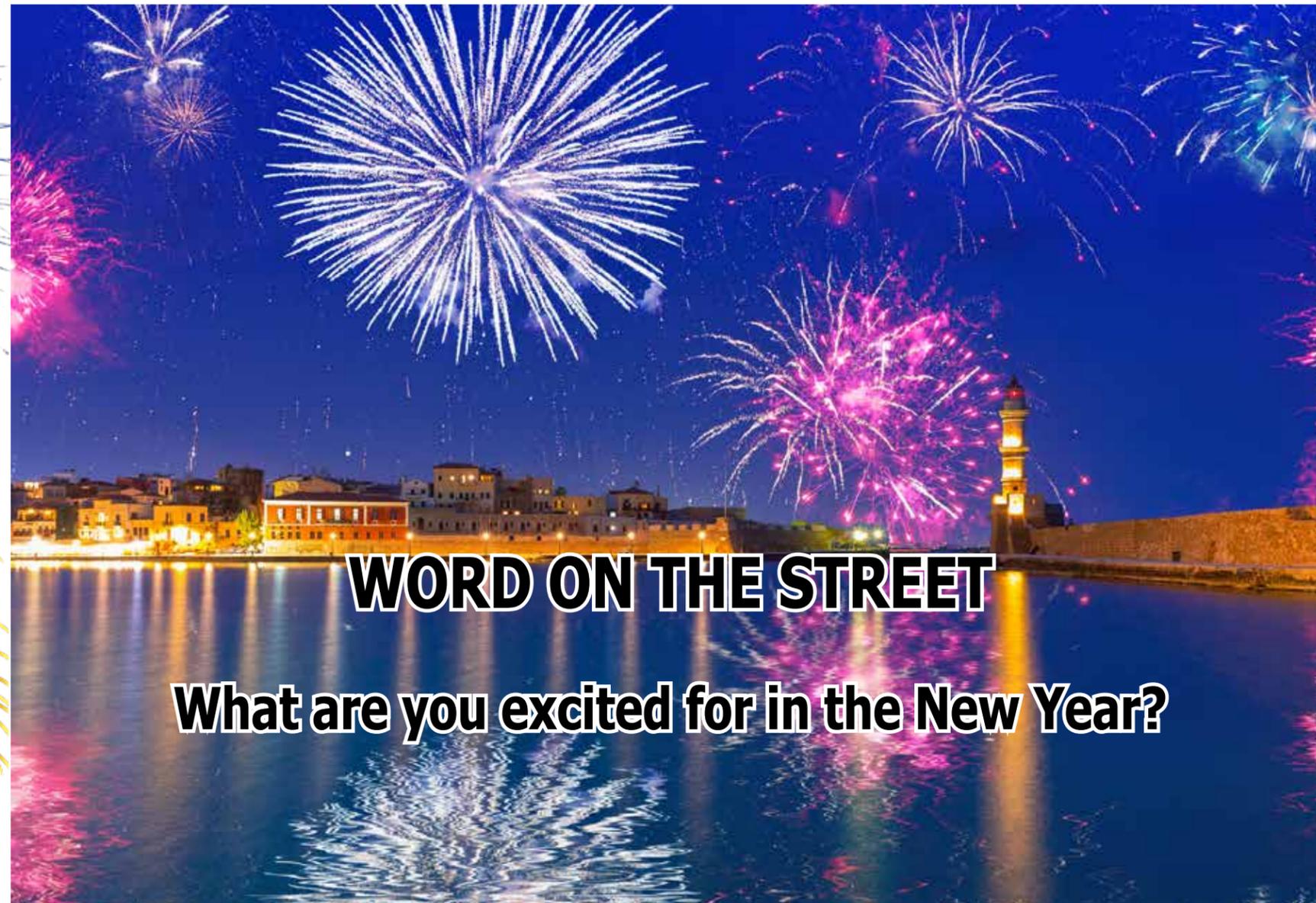


"Famiy, working out more and a trip to Egypt."

Logistics Specialist Seaman
Daanzae Blandwarren
Post Office



"Traveling to Indonesia."



WORD ON THE STREET

What are you excited for in the New Year?



What are you excited for in the New Year?

Jenny Drakki
Public Works



“Communicating with people and helping to solve their problems to help people have a better quality of life.”

Boatswain’s Mate 3rd Class
Teshan Troyquash
Port Operations



“My OTEIP, so being in Crete longer and My Navy Assignment for order selections.”

Master-at-Arms 2nd Class
Tia Hernandez
Security



“Career Management System Interactive Detailing having more choices for orders and the command ball caps.”

Air Traffic Controller Airman
Elias Legorreta
Air Ops



“I’m new to the Navy so learning more about Navy knowledge. Getting my qualifications and career started.”

Patrick Fleming
Fire Department



“Traveling and seeing more countries including Spain.”

Lt. Alicia McClintock
Medical



“Buying my first home and feeling the comfort of southern hospitality again.”

Despina Koutsoumaui
Housing



“To be more healthy by actively exercising and changing my diet.”

Amy Parker
ID Lab



“A new local cat shelter being introduced in Crete by Maria’s Cathouse.”

Master-at-Arms Seaman
Jaylene Lopez
Harbor Security



“I’m excited to learn all about my job and new blessings with my best friends.”

Staff Sgt. Gary Taylor
95th Reconnaissance Squadron



“Exploring Europe’s countries and discovering if America’s nerd conventions are the best.”

Aviation Boatswain’s Mate (Handling)
3rd Class Christian Prior
T-Line



“To travel Europe more.”



What are you excited for in the New Year?

**Master-at-Arms 2nd Class
Brittany Adkins
Security**



“Traveling Europe more. I want to go to Romania. Also, my mother is visiting next year.”

**Aviation Boatswain’s Mate (Fuels) 2nd Class
Daniel Shirley
Naval Supply Systems Command**



“Traveling and enjoying another summer in Crete.”

**Eletleria Tsapaki
Shipmates**



“Going to Sweden with my family.”

**Boatwain’s Mate Seaman
Cassandra Hernandez
Port Operations**



“My next duty station, Spain. It will also be my first ship so learning more about my job field.”

**Andrea Lindsey
Fleet and Family Services**



“My family and I are planning a trip to Sweden and Ireland.”

**Chief Air Traffic Controller
Cameron Collier
Air Operations**



“Traveling to Switzerland and utilizing My Navy Assignment to pick orders. Also, seeing what we accomplish here at Team Souda.”

**Audrey Champagne
Training Office**



“Improving myself and becoming the best person I can by exercising more, eating healthy and smiling more.”

**Staff Sgt. Allen Jackson
95th Reconnaissance Squadron**



“I look forward to finding new adventures with the people that I love and creating memories on the way.”

**Hospitalman 3rd Class
Lori Romanuk
Medical**



“I’m excited to see how much America has changed within the last two years.”

**Robert Beck
Military Auto Source**



“Helping people learn more about this valuable military benefit so they can really save money.”

**Master-at-Amrs 3rd Class
Kyle Lugo
Topside Security-Marathi**



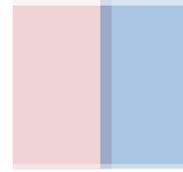
“To see family and meet my newborn child.”

Upcoming Events | Εκδηλώσεις

Jan 2: Scrabble Tournament

Where: Liberty Center at 5 p.m.

Rack your brains and flex your mental muscles for an intense competition.



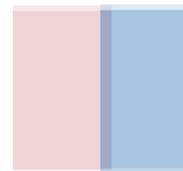
Jan 5: Religious Services (Every Sunday)

Where: Base Chapel

Contemporary Christian Service at 10 a.m.

The Church of Jesus Christ of Latter-day Saints at 12 p.m.

Catholic Mass at 5 p.m.



Jan. 6: BINGO

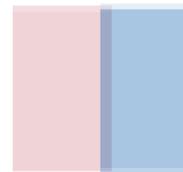
Where: Liberty Center at 5 p.m.

Come out and play this game of chance and you just might win one of many prizes.

Jan. 7: Cards Against Humanity

Where: Liberty Center at 5 p.m.

The party game for horrible people! A hysterical way to get to know your shipmates.



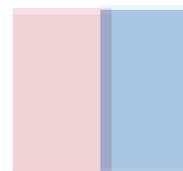
Jan 9: Awards at Quarters

Where: Gym at 9:30 a.m.

Jan. 9: Escape from the Liberty Center

Where: Liberty Center at 6 p.m.

Can you keep your cool under pressure? Work together to solve puzzles and find hidden clues to escape the Liberty Center before time runs out.



Jan. 10 & 24: Super Smash Brothers Tournament

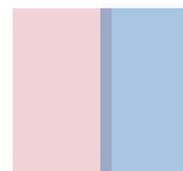
Where: Liberty Center at 6 p.m.

Play this classic video game while enjoying a smashing night.

Jan. 14: Children's Story Time

Where: Library at 4 p.m.

Bring the kids for some winter stories and a snowflake craft.



Jan. 14: New Year's Resolution 5K Run

Where: Fitness Center

Burn off any extra calories left over from 2019 in this fun run.

Jan. 16: 8-Ball Tournament

Where: Shipmates at 9 p.m.

Are you the next pool shark of Souda Bay? Come prove your skills.

Jan 19: "Lord of the Rings" Movie Marathon

Where: Liberty Center from 11 a.m. to 7 p.m.

Jan. 20: Crock Pot Cooking Class

Where: Liberty Center at 5 p.m.

Cook with MWR as they show you the secret success with a slow cooked ziti pasta dish.

Jan. 21: Special Meal: Martin Luther King Jr. Day

Where: Galley from 11 a.m. to 1 p.m.

Jan. 23 & 28: Valentine Wreath

Where: Library at 3 p.m.

Come make an easy mesh and ribbon heart wreath to keep or share.

Jan. 28: Gardening 101

Where: Liberty Center at 5 p.m.

Got a green thumb? Want a green thumb? MWR will teach you how to grow your own herbs and vegetables.

Jan. 29: Mission Nutrition Seminar

Where: Fire Department Training Room from 8 a.m. to 12 p.m.

Register by Jan. 23 to learn about good nutritional information.

Topics include grocery shopping, weight control and balance, fueling for performance, the effects of emotional eating and many other relevant subjects for discussion.

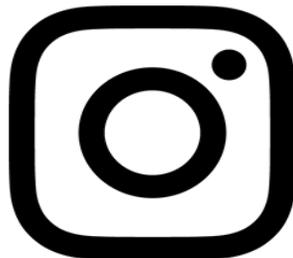
Public Affairs Office

We Tell Team Souda's Story

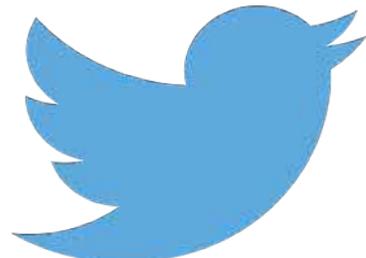
Follow Us Online!



@NSASoudaBay



@NSASoudaBay



@NSA_SoudaBay



issuu.com/SoudaPAO



cnic.navy.mil/SoudaBay

Here's How We Support You:

Photo and Story Coverage

Group Photos, Events,
Reenlistments & Awards

Volunteer Opportunities

Beach Clean-ups,
Animal Shelter, Boys Center,
and more

Contact Us

DSN: 266-1642/1392
SoudaBayPAO@eu.navy.mil

Studio Photos

Official Portraits:
Tue / Wed 9 a.m. to 3 p.m.
Package & Passport Photos:
Fri 9 a.m. to 3 p.m.