

THE BEACON

U.S. Naval Support Activity Souda Bay, Greece

October 2020





The Beacon

Warfighting First, Operate Forward, Be Ready

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Story submissions must be routed through tenant command or departmental senior leadership.
Security and policy review must be completed before submissions can be considered for publication.



Contents



A harbor security patrol boat simulates loss of propulsion due to a simulated fire and is towed by a fellow harbor security boat back to shore during an Antiterrorism Training Team drill Sept. 29 at the Marathi NATO Pier Facility. Photo by MC2 Kelly Agee, Public Affairs.

4

Triad Corner:
CMC Brian McDonough

6

Around NSA Souda Bay

12

Earthquakes

14

Souda Spotlight

16

A Day in the Life:
Fire & Emergency Services

26

Word on the Street:
How long have you been
in the Navy?

Front Cover: Machinist Mate 2nd Class Frankie Perez, the 9/11 Remembrance Ceremony bell ringer, observes a moment of silence during the ceremony on Sept. 11. Photo by Joel Diller, Public Affairs.

The Parting Shot: Sailors from NSA Souda Bay volunteered to clean up the area around the lighthouse in Chania's Venetian Harbor on Sept. 19. Photo by Culinary Specialist First Class Cristopher Taccaban.

Triad Corner



Team Souda,

October propels us into a new season as summer is now behind us, and into a new fiscal year filled with promise. While our environment changes as the weather cools and tourists leave, our mission remains the same – support the Fleet’s warfighting capability through the EURAFCENT area of operations by providing superior facilities and services. You EXCEL at this every day despite facing many challenges – especially the COVID-19 pandemic, which will be part of our operating environment for the foreseeable future. You have fought through it for eight months – keep pushing forward!

On October 13 we will keep with tradition in celebrating the Navy’s 245th birthday. It will look different this year, but it will not replace how we honor our service’s storied history. The Navy Birthday Committee is working hard to make this year memorable while adhering to the COVID-19 guidelines. Stay tuned for what they have planned, and please get involved as there will be many opportunities to do so. Stay tuned in and be on the lookout!

This year, in addition to celebrating our Navy’s 245th birthday, we also are honored to celebrate NSA Souda Bay’s 40th year as a base in Crete! On October 1, 1980, the Naval Detachment Souda Bay was formally

disestablished, and Naval Support Activity Souda Bay was commissioned as a base, supporting operations for U.S. and NATO forces in this strategic location in the eastern Mediterranean. During the past 40 years, thousands of Sailors, Airmen, U.S. civilians, and Greek nationals have worked together through countless challenges to provide superior support and enable strategic missions that have helped to protect and sustain the U.S. and our allies, without compromise. “Team Souda” has been getting the job done for 40 years, Shipmates!

Warriors, when I reflect on what is most on my mind, it is how Team Souda is coping with the additional stresses of living and working within the COVID environment. Do not give into destructive decisions! Be deliberate about making the right choices! Ask yourself if your alcohol consumption has increased? Are you taking more risks like driving after you’ve consumed alcohol? Do you have a liberty buddy and a plan when you go out? Are you keeping an eye out for your teammates? Asking yourself these questions is even more important now because COVID restrictions can act as a stress multiplier!

You can positively deal with your stress in many ways. If you find a need to talk to someone, the Fleet

and Family Support Center counselors and Chaplain Spoke want you to visit them. If you want to, come over and even sit down with me; I’m a good listener.

My final words, Team Souda, are to take it one day at a time and focus on what you can control. If we take care of ourselves, our families, and each other, we

will keep accomplishing GREAT things amidst these times, for the foreseeable future, and for another 40 years!

Hooyah Team Souda!!

~CMC McD

HAPPY 40TH ANNIVERSARY TEAM SOUDA



Oct. 1, 1980 to Oct. 1, 2020

**FOR MORE INFORMATION ON OUR HISTORY VISIT
CNIC.NAVY.MIL/SOUDABAY**

Around NSA Souda Bay

Congratulations Senior!

Photos by Chief Mass Communications Specialist Benjamin Farone, American Forces Network



Newly-promoted Senior Chief Master-at-Arms Franky Cooper received his updated anchors and combo cover with a star from Capt. Rafael C. Facundo, commanding officer, and Command Master Chief Brian McDonough during a ceremony on Sept. 16.

Cooper, a native of Laurel, Miss., has been in the Navy for 20 years and at NSA Souda Bay since August. He said he was on pins and needles the weekend before the Navy released its Fiscal Year 2021 Active-duty E-8 Advancement Selection Board Results.

“CMC [McDonough] called me around 2000 on Monday [Sept. 15] and I was pretty excited when I heard his voice because I knew the results were coming out around that time,” said Cooper. “So when he called me I was hoping he was calling me to tell me I made it.”

Cooper, who will serve as the Security Department’s leading chief petty officer of operations, looks forward to leading Sailors by ensuring they have everything they need to be successful. “As long as they’re successful, it makes my tour successful,” he said. A senior chief petty officer, commonly addressed

as “senior chief” or less formally as “senior”, is the eighth of nine enlisted ranks in the U.S. Navy and typically work with department heads as department chiefs, have a heavier voice within the Chiefs Mess, and are largely responsible for training new chiefs.



Meritorious Advancements

Photos by Joel Diller, Public Affairs

Capt. Rafael C. Facundo, NSA Souda Bay commanding officer, frocked four Sailors during a ceremony Sept. 10 in front of Building 1.



Newly-frocked Master-at-Arms 3rd Class Adam Holman

Holman, a native of Falling Waters, W.Va., has been in the Navy for 18 months and at NSA Souda Bay for 1 year and 4 months.



Newly-frocked Master-at-Arms 3rd Class Johamed Rodriguez

Rodriguez, a native of Houston, has been in the Navy for 18 months and at NSA Souda Bay for 15 months.



Newly-frocked Boatswain's Mate 2nd Class Jayner Eseberre

Eseberre, a native of San Diego, has been in the Navy for 5 years and at NSA Souda Bay for 2 years.



Newly-frocked Master-at-Arms 2nd Class Nakia Hanley

Hanley, a native of Kansas City, has been in the Navy for 3 years and at NSA Souda Bay for 2 years.

Around NSA Souda Bay

Reenlistments

Photos by MC2 Kelly Agee, Public Affairs



Senior Chief Master-at-Arms Benjamin Ames recites the Oath of Reenlistment given by Chief Warrant Officer 3 Gary Groesbeck, security officer, during his reenlistment ceremony on Sept. 25 outside the security building. Ames, a native of San Diego, has been in the Navy for 20 years and 6 months and at NSA Souda Bay for 9 months.

Ames is the senior enlisted Sailor for the security department, ensuring the Sailors of the Security Department receive the training and qualifications they need to stand the watch.

“I love my job, we have great Sailors and it is a great security department. It is one of the best in the Navy,” said Ames.

Ames said that Sept. 25 marks an important anniversary in his Navy career, “I decided to reenlist to take me out to 26 years of service ... today would actually have been my first day of boat camp back in 1995. It is kind of unique in that matter, so that is why I chose today to reenlist today.”



Master-at-Arms 2nd Class Kyle Lugo recites the Oath of Reenlistment given by Chief Warrant Officer 3 Gary Groesbeck, security officer, during his Sept. 18 reenlistment ceremony in the security classroom. Lugo, a native of El Paso, Texas, has been in the Navy for 3 years and at NSA Souda Bay for 1 year.

Lugo is part of the Security Department where he stands the watch by checking the identification of people entering the base and conducting roving patrols, making sure Team Souda is kept safe.

Lugo said he is excited to be reunited with his wife and daughter at his next duty station. “I wanted to fulfill my orders so I can be with my family in Japan again.”



Utilitiesman 3rd Class Jake Stoffel recites the Oath of Reenlistment given by Lt. Michael Spoke, command chaplain, during his Sept. 11 reenlistment ceremony at the Malaxa cell tower. Stoffel has been in the Navy for 4 ½ years and at NSA Souda Bay for 9 months. He reenlisted in the Navy for 5 more years.

Stoffel said he decided to have his reenlistment at Malaxa for the view of Souda Bay and to have the place where he worked in the background of his reenlistment photos.

Courtesy photo provided by UT3 Jake Stoffel

Public Affairs gets Adobe Certified

Photo by Mass Communications Specialist Seaman Jacob Vernier



Joel Diller, deputy Public Affairs Officer; Kostas Fantaousakis, public affairs specialist; and Mass Communications Specialist 2nd Class Kelly Agee completed online training and successfully passed the Adobe Certified Associate test for Visual Design using Adobe Photoshop. Diller and Fantaousakis also received certification for Print and Digital Media Publication using in Adobe InDesign. The Adobe Certified Associate (ACA) certification is an industry-recognized credential that effectively validates one’s expertise in the Adobe Creative Cloud suite. This certification enables Public Affairs personnel to perform desktop and online publishing tasks such as designing The Beacon newsletter using the most up-to-date technology.

Around NSA Souda Bay

Community Outreach



Sailors from NSA Souda Bay volunteered to clean up the area around the lighthouse in Chania’s Venetian Harbor on Sept. 19. This was a great opportunity to give back to the community by protecting the environment and lending a helping hand to the great work being done by the local authorities to preserve a monument that is part of the rich Cretan heritage. Photo by Culinary Specialist First Class Cristopher Taccaban.



Volunteers from NSA Souda Bay helped clean up the scenic beach in Stavros, Chania, on Sept. 12 and Sept. 26. Stavros is a seaside village located northeast of Chania, at the northernmost edge of the Akrotiri peninsula. Zorba’s mountain is rising behind our volunteer team; it was made famous by the Academy Award-winning film Zorba the Greek, which was released in 1964. Photos by Lt. Michael Spoke, Command Chaplain (left) and MC2 Kelly Agee, Public Affairs



Volunteers from NSA Souda Bay delivered school supplies, toiletries and food donations to the Chania Municipal Community Support Market, a facility that supports local families, on Sept. 23. Eleni Zervoudaki, the deputy mayor of Hania who is in charge of the Department of Social Policy, welcomed the Sailors and thanked Lt. Michael Spoke, Command Chaplain, for the base's ongoing support to the local community. Photo by Kostas Fantaousakis, Public Affairs

Disasters Don’t Wait.

Photos by MC2 Kelly Agge, Public Affairs



The Emergency Management team helped NSA Souda Bay team members get ready for emergencies as part of National Preparedness Month in September. They manned a series of booths at various locations around the base and provided information on disasters and hazards in Crete, how to get emergency alerts, and where to go if an evacuation is needed.

OCTOBER IS ENERGY AWARENESS MONTH

From turning off a vehicle when not in use to turning off a light switch at the end of the day...

Energy efficiency starts with one simple choice.



How to Stay Safe

When an EARTHQUAKE Threatens

Information provided by ReadyNavy.mil and the Federal Emergency Management Agency

Earthquakes are the sudden, rapid shaking of the earth, caused by the breaking and shifting of underground rock. Earthquakes can collapse buildings and cause heavy items to fall, resulting in injuries and property damage. The Greek word for earthquake is seismos, and Crete is located in the area of the Mediterranean basin with the most seismic activity, so it is very important to know what to do in case we have an earthquake here.



Secure items such as televisions and objects that hang on walls. Store heavy and breakable objects on low shelves.

Identify a safe place in every room of your home where nothing can fall on you, such as under a table, against an inside wall, or in a doorway.

Practice Drop, Cover, and Hold On with family and coworkers. Drop to your hands and knees. Cover your head and neck with your arms. Crawl only as far as needed to reach cover from falling materials. Hold on to any sturdy furniture until the shaking stops.

Build an emergency supply kit that includes enough food and water for at least three days, a flashlight, a fire extinguisher, and a whistle. Consider each person's specific needs, including medication. Do not forget the needs of pets. Have extra batteries and charging devices for phones and other critical equipment.

Make an evacuation plan and create a family emergency communication plan in case family members are separated during an earthquake. Plan where to meet if you get separated.



If you are indoors:

Do not run outside. There may be falling debris.

If possible, DROP to the ground; take COVER under a table or sturdy piece of furniture; and HOLD ON until the shaking stops.

If you are not near any sturdy furniture, cover your face and head with your arms and crouch in an inside corner of the building or in a load-bearing doorway where there is less of a chance of things falling on you.

Stay away from windows, light fixtures, unstable furniture, or anything that could fall.

If in bed, stay there and cover your head and neck with a pillow.

Stay inside until the shaking stops and you are absolutely sure it is safe to go outside.

If you are in a high-rise building, expect fire alarms and sprinklers to go off. Do not use elevators.

If you are outdoors:

Move away from buildings, street lights, and utility wires or anything that could fall.

If near slopes, cliffs, or mountains, be alert for falling rocks and landslides.

Once in an open area, stay there until the shaking stops.

Statistics show that the most injuries in earthquakes are caused by falling debris. The greatest danger exists directly outside buildings, at exits, and alongside exterior walls.

If you are in a moving vehicle:

Stay in the vehicle.

Stop as soon as you can in a clear area, away from buildings, overpasses, utility wires, or anything that could fall.

Proceed very slowly once shaking stops.

Avoid roads, bridges, or ramps that might have been damaged by the earthquake, and anticipate traffic light outages.



Expect aftershocks, which can come minutes, hours, or days after an earthquake.

If an aftershock happens, "Drop, Cover, and Hold On."

Check yourself and others for injuries.

If in a damaged building, go outside and quickly move away from the building.

Do not enter damaged buildings.

Open cabinets cautiously. Beware of objects that can fall off shelves.

Be very careful of falling debris in homes or outdoors. This is how most injuries occur.

If you are trapped beneath debris:

Do not light a match for light. There may be gas leaks in the area.

Do not move around or kick up dust.

Cover your mouth with a handkerchief or piece of clothing to reduce dust inhalation.

Tap on a pipe or use a whistle if you have one to help rescuers find you.

Shout only as a last resort as it will increase dust inhalation.

Look for and extinguish small fires. Fire is the most common hazard after an earthquake.

Use the telephone only for emergency calls.

If you live near the ocean, be aware of possible tsunamis, which are caused by earthquakes off the coast.

Once you are in a safe place, muster with your command.

Air Traffic Controller 2nd Class Emily Feldman



Career Counselor

Air Traffic Controller 2nd Class Emily Feldmann, from Anamos, Iowa, joined the Navy in February 2015. She began working for Air Operations in October 2018. Now she is the command's career counselor, helping guide Sailors in their careers.

What family connections do you have with the military?

My dad was in the Marine Corps where he fixed radios that went onto planes during the Vietnam War. Both of my grandparents were in World War II.

What do you do day-to-day as the command's career counselor?

I come into the office and check emails in the morning to see if any requests have to be sent up to PERS (Navy Personnel Command) or if anyone has come back with answers. I then check to see if Sailors are good with their C-way*. I help people check in and out of the command. Also, I work on separation paperwork. It varies, it really depends on who needs help with what.

What is the most important thing when it comes to your role as a career counselor?

George Papasifakis



Environmental Protection Technician

George Papasifakis, who started working on Team Souda as an environmental protection technician six months ago, takes pride in the positive impact his work has on the environment by disposing of the hazardous waste accumulated on the installation.

Why did you want to join Team Souda?

I was working downtown for years (as a computer and network technician) and this is a really big change in my life working here, but I knew some people who were working here and it was a stable position ... I like changes, so I like it here, I really like it.

What do you do in the Environmental Division of the Public Works Department?

I am an environmental protection technician. I am a hazardous waste disposer. So me and Sotiris, he has worked here for four years in this office, are responsible for every hazardous waste in the base. We have several accumulation points in some places here and down at Marathi and we provide them with empty drums and stuff. And we're responsible for making sure that everything is done according to the plan. We don't

Making sure that nothing gets lost. People are constantly routing paperwork for reenlistments, extensions, OTEIP (Overseas Tour Extension Incentive Program.) Just keeping track of everything and making sure that nothing gets lost is the most important thing.

When you are not at work what do you enjoy doing?

I have two dogs that I rescued on island. They are a year and a half old now. Hermes and Athena, I love them.

You are also the president of the Navy Ball Committee - why did you want to be president?

I was the treasurer last year. I loved being in the committee last year. I threw my hat in for the president. We have a good cabinet and a bunch of volunteers.

What do you like about being the command's career counselor?

want to pollute the environment so we're handling waste oil, or waste fuel, or fire extinguishers, or batteries, and lamps or toners – anything that is harmful for the environment.

Do you need any specialized training for your work?

Yes, because I am new here I have to do some trainings regarding safety, regarding risk management, regarding cyber awareness, there are things that everybody that works here has to do. Also, because of my position I'm doing some trainings such as hazardous material handling, or hazardous substance incident response management, HSIRM, that is a very big, long training.

How does the waste get taken from the base?

We collect [the waste] here and about every six or seven months we are calling [Defense Logistics Agency] to come. They coordinate with the base and they [send] a contractor.

I love being a [Navy Counselor] because I love working with people. I really like that as a [Navy Counselor] people come to me because they want to, they want to reenlist. Or if they are getting out, I make sure that they are ready and prepared and that is what they want to do.

Do you plan on changing your rate from Air Traffic Controlman to Navy Career Counselor?

Yes, I originally wanted to be an [Air Traffic Controlman] because I wanted to have a career outside of the Navy if I decided to get out ... but I fell in love with career counseling and that is what I decided I wanted to do.

* C-Way stands for The Career Waypoints, a system that provides a mechanism for matching personnel inventory to requirements with the best performing Sailors. A Sailor must be approved in C-Way before they can reenlist.

Do you need a special license to transport hazardous material?

Yes, of course, it is called an ADR (European Agreement concerning the International Carriage of Dangerous Goods by Road) license, I have this one.

What do you like to do when you are not working?

I have two children and they are going to school now. They have some after school activities. My wife is also working so when I go home I probably get involved with family activities. Like they have dancing, they have athletics and stuff. So I think I am kind of busy with my children. But we take some walks like in the mountains and stuff. Mostly with family. My girls, yes, I have two girls (ages 4 and 7). But I like hanging out with my buds and drinking some beer and seeing a football game.

Tess Anderson



Installation Accountable Property Officer
Finance

Tess Anderson is Team Souda's accountable property officer who tracks all assets purchased with Commander, Naval Installation Command funds. She arrived at NSA Souda Bay in 2019 with her husband, Roger, who works in the IT department, and has been part of the team for almost five months.

How do you keep track of accountable property?

Anything classified, anything sensitive – that gets inventoried annually. All non-capitalized accountable [general equipment] ... \$1 million and below threshold and the accountable [general equipment] is \$5,000 and below, those are inventoried tri-annually, so every three years. And all [general equipment] ... must be inventoried upon change of custodian. All property must be inventoried anytime there is a suspected loss, or at the request of the ... commanding officer.

Were you prior active duty?

Yes, I was in the Navy for 8 years, 1 month, and 13 days – from February 1998

to March 2006. I was in disbursing ... so in Finance. I did the whole nine yards – doing PCS, doing travel. My last duty in the military, I was the deputy disbursing officer for CNA U.K., that is Commander Naval Activity in London. That was my last position in the Navy. I was a DK2. That was a disbursing clerk, [which] has switched to or migrated to PS, personnel support.

What do you like to do outside the office?

Visit all kinds of beaches! Like last Sunday we were in Almyrida and [we were] so lucky that we were there the last day [the restaurant] was open. It is just so nice going around Crete so far.

Do you have a favorite beach on Crete?

Ah yes! Falasarna ... and Elounda ... Of course, Marathi is my

favorite. That is my first beach. I swam there March 21, 2019. It was about 17 degrees, but it's okay. I was the first crazy to swim there that year! The sun was up and the background was still snow, that was so beautiful and you're swimming and the snow on the background was awesome. You cannot get that anywhere else.

What you do want Team Souda to know about accountable property?

Everything that we have here we must keep in good condition. We have to care for (it) because it is our tax dollar money. We have to care. It doesn't matter how small or how big. If it goes to waste, that's a no-no. It is actually my responsibility to make sure that it doesn't go to waste, not abused, and not going to fraud. That is my responsibility ... to avoid those fraud, waste and abuse (issues).



A Day In The Life: Fire & Emergency Services

Story and photos by Joel Diller, Public Affairs

One minute. That is the time a firefighter has to put on their protective bunker gear consisting of pants, coat, hood, helmet, mask, breathing apparatus, and gloves upon an emergency dispatcher's notification of a fire call.

"The tones will go off and [the dispatcher] will usually say 'Stand by structural, stand by structural' to let everyone who's out know that we have a call," said Greg Manglona, fire captain. "Then they'll ring it again ... and then they'll do a quick description of what the emergency is."

NSA Souda Bay's Fire & Emergency Services works each day with Team Souda to prevent fires and

emergencies through inspections and education, but are prepared to respond to medical, structural, and flight line emergencies, if required. Manglona said there is a fire panel in the station that lights up and provides information about the emergency. A red light indicates a structural call, which could be triggered by a smoke detector, a pull station, or a problem with the fire suppression system. A flashing blue and red light indicates a medical call and a green light indicates there is an emergency on the flight line.

Nick Stratoudakis, fire captain, said ensuring people's safety is their first priority when responding to a call.

"We'll try to evacuate the building, that's the first thing," said Stratoudakis. "Then we'll do our 360 [building inspection]. Then we'll go in with the crew chiefs, with a firefighter, and inspect the building. We'll see the fire panel [in the building] to see where exactly [it is] – that helps a lot. It will show you Room 102 second floor ... so you know where to go."

Manglona said that once a scene is controlled and everything is safe, the fire chief in-charge will let the firefighters know the job is completed.

The following is what a typical day looks like for a firefighter at NSA Souda Bay:

7:30 a.m. Arrive at the Fire Station

Firefighters start coming in around 7:30 a.m. to get ready for their shift by changing into the uniform and setting out their bunker gear, said Manglona.

7:50 a.m. Roll Call and Turnover

About 10 minutes before the shift change at 8 a.m., Manglona said the station captains or assistant chiefs will take a head count of who is present to identify if anyone is missing or has called in sick. The on-coming shift is informed of important things they need to know, such as: are there any fire hydrants or trucks out of service? Were there any calls that happened during their shift?

"It's pretty much a face-to-face with my counterpart



LEFT: Firefighters participate in a team meeting and morning shift change turnover at the Fire Station on Sept. 15.



RIGHT: Greg Manglona, fire captain, points to the display on a fire panel in the Fire Station on Sept. 15.

on the engine crew, or [ambulance], or any of the crash trucks," said Manglona. "So that gives us maybe a good 10 minutes to pass on whatever we need."

8 a.m. Shift Change and Team Meeting

The NSA Souda Bay Fire Department is staffed with both U.S. and Greek firefighters. The U.S. firefighters work 48-hour shifts and the Greek firefighters work 8-hour shifts.

The entire team meets during the morning shift change with the off-going shift and on-coming shift standing in lines facing each other. At this time the fire chief, assistant chiefs, and station captains talk about any training, drills, appointments, or specific programs that must be accomplished that day.

8:10 to 8:45 a.m. Equipment Check

Manglona said after the team meeting, everyone breaks and goes to their trucks to check that their equipment is in place and that the truck is running and has water and fuel.

While on shift, the firefighters are assigned to either a fire engine truck, crash truck (airport rescue and

firefighting truck), or ambulance.

9:30 a.m. to 11 a.m. Classes

Each day the firefighters attend training classes on a variety of topics that are scheduled throughout the year by the training chief. The firefighters who are certified to instruct on that topic will teach the class, said Manglona.

"We can have a class on EMS [that includes] heat stress, hypothermia, hyperthermia, and that would be the focus on this day," said Manglona. "So the next day we would have an aircraft [training]... so we'll focus on the C-130 and break that down and go over setup and rescue."

12 to 1 p.m. Lunch Break

1 p.m. Training and Program Management Manglona said in the afternoon each firefighter works on their assigned program, such as purchasing, prevention, bunker testing, hazardous material, and emergency medical services.

"Depending on what program we're in, we could be busy until 6 (or) 7 at night just on the computer or

going out and inspecting during the day and coming back and doing the paperwork and the computer work."

3:30 p.m. Physical Training

Manglona said many firefighters will go to the gym to do their physical training in the afternoon. Since the COVID-19 pandemic has affected the gym's availability, some firefighters have started exercising in the truck stalls by lifting weights and kettlebells.

4 p.m. Day shift turnover with swing shift

The Greek firefighters who work the swing shift from 4 p.m. to 12 a.m. arrive and receive turnover information from the Greek day shift crew.

"They will usually have the shift roster posted in the stalls," said Manglona. "So when the oncoming shift comes they just look at what truck they are assigned to and then talk to the counterpart that was on it, and then go from there."

6 p.m. Dinner

Manglona said the U.S. and Greek firefighters who

are working usually try to eat dinner together several times a week.

"There's a couple Greeks that like to cook and there are certain dishes that we request them to make," said Manglona. "But the U.S. [firefighters], we all try to take turns."

When asked which firefighters were the better cooks, Karl Chen, firefighter, pointed to Manglona.

"He's grill master Greg," said Chen.

12 a.m. Swing shift turnover with night crew

The Greek firefighters who work the night shift from 12 a.m. to 8 a.m. arrive and receive turnover information from the swing shift crew.

Fire Prevention

According to NSA Souda Bay's Fire Chief John Rodgers, he and his Fire Department are trying to identify the unknown things that are "lying in wait" and could cause a fire. In turn, sound Fire & Emergency Services prevention practices are the foundation of an effective fire protection and life



Karl Chen, firefighter, inspects the light on a fire engine during a morning shift change turnover at the Fire Station on Jan. 7, 2020.

safety program, according to the Navy's Fire and Emergency Service Program instruction.

Included in the prevention practices of NSA Souda Bay's Fire Department are National Fire Prevention Week events which will be held across the installation Oct. 5 – 9. This year's NFPW theme is "Serve Up Fire Safety In The Kitchen."

Stratoudakis said that the most common call the Fire Department responds to is related to cooking in the barracks. He said by being a little more careful and not distracted while preparing food can prevent smoke alarms from being set off by forgetting food in the microwave or in frying pans on the stove top.

"They put some oil in [a frying pan] and it smokes and then the alarm goes off," said Stratoudakis. "I think people are paying attention but then sometimes ... you get a phone call and forget this, and that is how it happens, usually."

Manglona said another important prevention tip is being aware of how much smoke a type of food gives off when cooked.

"If you know you have something that smokes up

when you're cooking, let's say sausage or meat, know that it is going to smoke up a little," said Manglona. "So you may want to open up a window or a door to prevent that."

And if you wondered whether the Fire Department responds every time a smoke detectors goes off – the answer is yes.

"If a smoke detector goes off it will automatically send it to dispatch and yeah, we'll know," said Manglona. "We'll go there and we will know exactly what room and everything."

If you would like to learn more fire prevention tips, visit www.nfpa.org or attend one of the demonstrations Team Souda's firefighters will be holding around the installation Oct. 5 – 9.



Friday, October 2

Fire Prevention Week Proclamation Signing
1 p.m. at the Fire Station

Monday, October 5

Meet and Greet with Inflatable Firefighter
6:30 a.m. - 8 a.m. at Mouzouras Gate

Tuesday, October 6

Sidewalk CPR Demonstration and Fire Engine Static Display
10 a.m. - noon at the Navy Exchange

Wednesday, October 7

Blood Pressure Checks and Fire Extinguisher Training
Demonstration
10 a.m. - noon at the Navy Exchange

Thursday, October 8

Fire Station Open House including a Smoke Detector Class,
Extrication and Fire Extinguisher Demonstration
10 a.m. - noon at the Fire Station

Team Souda, Here's What Your Fire Department Wants You To Know!



John Rodgers
Fire Chief

“Be more cognizant of housekeeping of items [such as] storage of items in stairwells, candles in the barracks – just step up your fire safety readiness.”

“We are heavily weighted and staffed by local national Greek firefighters. In fact we have 61 [firefighters] – 40 are local national Greek firefighters and the other part is the U.S. The big thing about that is some of these Greek firefighters maintain some of our most valuable programs, life safety programs, like the respiratory protection and some of our major pieces of equipment. So they are the continuity for sure.”



Greg Manglona
Fire Captain

“Check your smoke detectors. Check your fire extinguishers. Know the proper rules on what to cook and what to do if you’re in the [barracks].

“Make sure that everything works around your common area. That’s the big thing that you don’t want to be complacent. You want to check everything. If you have any questions, if you’re not sure on anything dealing with the fire regulations or anything, come by the station – we’re open 24/7.”



Karl Chen
Firefighter

“Treat the alarms like they are real. I know there are a lot drills and everything but there is going to be that time when it’s real and we’re going to need you to leave your barracks room or your office and follow the directions to evacuate and go to your meeting point.”



Nick Stratoudakis
Fire Captain

“I think that they should know that we are like a family in here and we are all for the same purpose here. There is nothing to separate us. Greeks or Americans, we’re all for the same purpose in here – try to have the base safe and people safe. That’s the whole thing and what we try to do.”



Stelios Saravelakis
Firefighter

"You just have to watch out for your food. Be [physically] there in your room and if you think that the smoke will affect the alarm, open your window [and] ventilate your room.”

9/11 Remembrance Ceremony

Photos by Joel Diller, Public Affairs



NSA Souda Bay held a 9/11 Remembrance Ceremony in front of Building 1 on Sept. 11 to pay tribute to the victims of the attacks on Sept. 11, 2001.

“Today, as we take time to mourn victims, I also want us to honor the courage of those who put themselves in harm’s way to save complete strangers,” said Capt. Rafael C. Facundo, commanding officer. “I want us to recognize the legacy of duty, selflessness and

sacrifice.” During the ceremony, Chief Air Traffic Controlman Cameron Collier recounted the day’s events, and Chief Warrant Officer 3 Gary Groesbeck, security officer; Hospital Corpsman 1st Class Nicole Matera; and Fire Chief Jonathon Rodgers laid wreaths to symbolize the lives lost and to stand as a reminder for the sacrifices that followed.



From right to left, Chief Warrant Officer 3 Gary Groesbeck, security officer; Hospital Corpsman 1st Class Nicole Matera; and Fire Chief Jonathon Rodgers observe a moment of silence after placing wreaths during the ceremony



Capt. Rafael C. Facundo, NSA Souda Bay commanding officer, delivers remarks during the ceremony.

Secretary of State Mike Pompeo Visits Souda Bay

Photos and story by Joel Diller, Public Affairs



Capt. Rafael C. Facundo, commanding officer; Capt. Timothy Keller, defense attaché at the U.S. Embassy Athens; Secretary of State Mike Pompeo and Greek Prime Minister Kyriakos Mitsotakis walk together on the installation Sept. 29.

Secretary of State Mike Pompeo spent time with the Naval Support Activity Souda Bay team Sept. 29 as part of his visit to Crete, Greece, where he met with Greek Prime Minister Kyriakos Mitsotakis and Foreign Minister Nikos Dendias.

Capt. Rafael C. Facundo, commanding officer, NSA Souda Bay, briefed Pompeo on the installation’s strategic mission and ongoing projects. NSA Souda Bay serves as the premier intermodal logistics hub for the Fleet and the Joint Force by providing 24/7 access to a major airport, protected deep water pier facility, and fuel and supplies from a strategically important location.

Pompeo visited NSA Souda Bay’s facilities, which are hosted on board the Hellenic Air Force 115th Combat Air Wing military base. He also traveled to the Marathi NATO Pier Facility where he toured a Naval Special Warfare Combatant Craft Medium boat and the Hellenic Navy Frigate H.S. Salamis (F-445). “Today, I am in Crete to showcase one of America’s strongest military relationships throughout all of Europe,” said Pompeo during a press briefing. “We, the Americans, look to Greece for a true pillar of stability and prosperity in the Eastern Mediterranean

and we are incredibly proud to support its leadership.” According to the U.S. State Department, Secretary Pompeo’s visit renewed the shared commitment to advance security, peace, and prosperity in the Eastern Mediterranean and celebrate the strongest U.S.-Greek relationship in decades.

“I think it is very safe to say that the relationship between our two countries is at an all-time high, it is getting stronger,” said Pompeo.



U.S. Secretary of State Mike Pompeo, Greek Prime Minister Kyriakos Mitsotakis, U.S. Ambassador to Greece Geoffrey R. Pyatt, and other distinguished visitors discuss mission capabilities with special operators from Naval Special Warfare during their visit to the Marathi NATO Pier Facility on Sept. 29.

Chief Aviation Boatswain's Mate (Handling)
John Alayon
Air Operations



13 and 1/2 years

"My best memory is the day I joined the world's greatest Navy, Dec. 7, 2006, which was the day Pearl Harbor was attacked 65 years ago. It also was the very first time I had ever seen snow in my life."

Sam Maropis
Morale, Welfare and Recreation



30 years

"Team Souda pulls together everyday and it is more apparant when we have large groups and visitors such as an aircraft carrier. Being able to provide services to thousands of deserving heroes is a thrill and an honor."

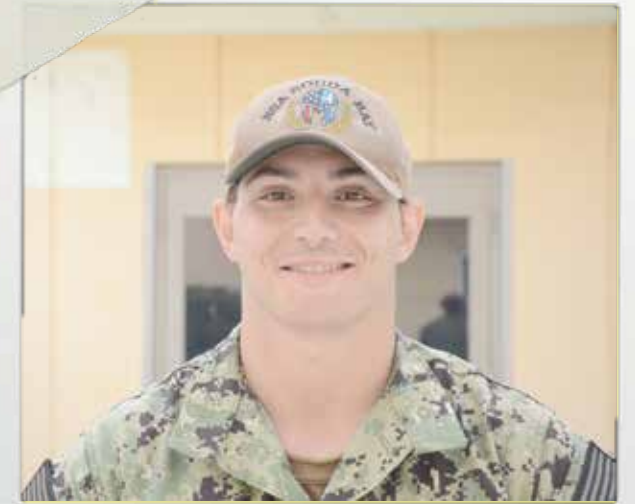
Chrisa Marmariysaki
Public Works



17 years

"Playing volleyball at Tersanas Beach with the Seabees and civilians during a hail and farewell. It really brought everyone together."

Machinist's Mate 2nd Class
Frankie Perez
Port Operations



5 years

"The fondest memories I have are the many nights I spent working in the pit (main space on a ship) with my awesome coworkers until 3 a.m., making the work more enjoyable."

Word on the Street

How long have you been involved with the military?
Do you have a favorite memory?



Teresita Anderson
Finance



17 years

"I was in the Navy for 8 years, 1 month and 13 days. I got to travel to 15 countries. Naples, Italy, was my favorite. All 8 years in the Navy I spent overseas."

Word on the Street

How long have you been involved with the military?

Do you have a favorite memory?



Hospital Corpsman 2nd Class
Jordan Belthrop
Medical



9 and 1/2 years

"Coming back from the 13th Marine Expeditionary Unit deployment in 2016. My whole platoon was packed inside of an MV-22 Osprey and we flew off the ... flight deck of the USS New Orleans back to Camp Horno on Camp Pendelton, Calif., to be reunited with our family and friends."

Gina Loizides
Navy Exchange



21 years

"Something I remember when I started working on base was my first change-of-command ceremony. It was very sentimental watching the ceremony when the spouse pins the incoming commanding officer and also his children were a part of the ceremony."

Logistics Specialist 2nd Class
Henry Diaz
Navy Systems and Supply Command



4 and 1/2 years

"My best memories include my first three years in Japan, driving to various prefectures to enjoy food, culture and various activities."

Richard Lafile
Galley



14 years

"The first time I did my first 100 percent validity with no discrepancies, wall-to-wall inventory at the galley with Food Service Officer Chief Floyd."

Lendwood Williams
Customs



27 years

"In our office we always celebrate everyone's birthdays and name days. It always brings our department together."

Word on the Street

How long have you been involved with the military?

Do you have a favorite memory?



Air Traffic Controller Airman Apprentice
Johnathan Franklin
Air Operations



1 year

"My first 96, because being able to get a break off of work every once in a while is nice."

Carly Spoke
Spouse



3 years
(Married to military member)

"The Build a Boat competition event at Camp Lejeune. People from base built a boat then raced each other. People really got into it."

Anna Farley
Medical



27 years

"I have too many pleasant memories, even the unpleasant ones become pleasant because I keep a positive attitude."

John Norrell
Housing



34 years

"In Saudia Arabia during Desert Storm, having that relationship with my brothers and sisters in the military because all we had was each other during that 10 months."

Master-at-Arms 3rd Class
Johomad Rodriguez
Security



1 year and 5 months

"During patrol traning when I was hiding behind a door during a building search and being found by one of the K9 dogs. The dog had progressed profoundly."

Domestic Violence Awareness Month: Knowing How You Can Help

Story by Kirsten Diller, Fleet and Family Support Center Director and Sexual Assault Response Coordinator



I am sure we all have an idea of what domestic violence “looks” like, but did you know it is more than just physical assault and/or battery? It also includes willful intimidation and a pattern of power and control committed by one intimate partner toward another. In addition, intimate partner stalking is lumped in this category for its significant link to escalating, violent behavior. However, DV is one of those crimes that is not always obvious and is definitely not commonly discussed, yet it is the leading cause of injury for women in the U.S – surpassing the injuries sustained from car accidents annually!

While the total number of female victims of DV (1 in 4) is higher, I bet you were not expecting this fact: 1 in 9 men experience SEVERE physical violence, sexual violence and/or stalking by an intimate partner. Also, keep in mind that victims are not always the one being harmed physically, as it is also worth noting that children who witness domestic violence are

more likely to struggle to accomplish developmental milestones and may suffer from an increased risk of mental health issues.

So, how can we help? Military ONESOURCE has developed an easy checklist to help us assist friends suffering from domestic abuse.

- (1) Ask to Connect – find a safe way to have a conversation with your friend to make sure they’re OK and feel comfortable speaking with you, judgment free.
- (2) Stay in Touch – be creative identifying reasons to check up on your friend that provides a safe place for them to communicate without raising suspicion.
- (3) Support and Believe – be empathetic and let them know it’s not their fault, that you are there by their side to make sure their needs are met and that they find safety.

(4) Chat about Options – ensure your friend knows about available options, whether it is a victim advocate, a police report, shelter, financial assistance, etc.

(5) Share hotline information – there are SO many options, so have them ready to go. If you need help here at Souda Bay, you can call Fleet and Family Support Center at +30 694-043-1174 and the Chaplain's Office at +30 694-043-1151

You can also get help by calling the National Domestic Violence Hotline at 800-799-7233 and en Español at 800-787-3224.

Keep in mind, for victims to identify a pattern of abuse and make the decision to leave an intimate partner can be extremely hard. From an outside perspective, it may seem like a “no-brainer” to get away from the situation, but here are some barriers that keep folks in abusive relationships for far too

long: financial stress (not being self-sustaining without the abuser), having nowhere else to go, the threat of violence if they try to leave, physical distance and/or strained relationships with their support system (leading to believe they do not have anyone they can ask for help), and feelings of guilt and shame.

So, let’s keep one another safe by checking in, asking some difficult questions and knowing who to recommend as a resource – NOT just because October is DV Awareness Month, but EVERY MONTH. Denise Prendergast, Chaplain Spoke and I are here to help and are NEVER a wrong door for any questions or concerns you have regarding this issue. We can even walk you through what a healthy relationship should look and feel like, so you know you are being a healthy partner and also have a greater understanding of warning signs for which to be on the lookout.

"OHI" Day: Celebrating Greece's Day of "No"

Information and images: Encyclopedia.com, Wikipedia

October 28, a day of national celebration in Greece, is remembered as the day Greek Prime Minister Ioannis Metaxas rejected an ultimatum from Italian dictator Benito Mussolini in Oct. 1940. It is named "Ohi" (Greek word for "No") Day in remembrance of the Greek resistance to the Italian invasion during World War II. On this day, military and student parades take place in Athens and in all major cities across Greece.

A History Lesson

In the summer of 1940, Italian dictator Benito Mussolini adopted an increasingly menacing stance toward Greece, authorizing the torpedoing of the Greek cruiser Elli, stationed off the island of Tenos, on Aug. 15.

On the eve of Oct. 28, 1940, Italy's ambassador in Athens handed an ultimatum from Mussolini to Metaxas demanding free passage for Italian troops to occupy unspecified "strategic points" inside Greek territory. Metaxas rejected the ultimatum with the words "Alors, c'est la guerre" (French for "Then, it is war."). In this he echoed the will of the Greek people to resist, a will which was popularly expressed in one word: "Ohi" (Όχι). Within hours, Italian troops began attacking Greece from Albania.

The Italian invasion of northwest Greece was quickly repulsed by Greek forces, who captured a substantial area of southern Albania before coming to a halt due to atrocious weather. The Italian forces were stronger in artillery and mortars than the Greeks and enjoyed absolute superiority in air forces – but the Italians did not exploit their advantage properly. The Greek army spent all their available resources on defense and counterattack and as a consequence put up little resistance to Operation Marita (the German attack on the Greek mainland) in April 1941.

Despite the ultimate triumph of the Axis powers during their campaign in Greece, the Greek resistance to the Italian invasion, according to several historians, greatly affected the course of World War II. More specifically, it has been argued that the need for a German intervention in the Balkans delayed Operation Barbarossa (code name for the German invasion of the Soviet Union), and caused losses, especially in

aircraft and paratroopers, during the airborne invasion of Crete.

The Greek struggle received exuberant praise at the time — most prominently from Winston Churchill, who said: "Hence we will not say that Greeks fight like heroes, but that heroes fight like Greeks."



Greek soldiers celebrating New Year on the Albanian Front, January 1, 1941.



Painting of Alexandros Alexandrakis, depicting Greek soldiers in the Greek-Italian War (1941) during a bayonet charge.

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