



TRIDENT TRIBUTE

Fiscal Year 2022

Volume 4 - JUL/AUG

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Captain's Corner



Capt. Mark W. Yates
Commanding Officer

The Department of Defense's enduring mission is to provide combat-credible military forces to deter war and protect the security of our nation.

Should deterrence fail, the Joint Force is prepared to win.

Teammates and Warriors, we are facing increased global disorder. Disorder that is characterized by the decline in the long-standing rule-based international order. Creating an environment more complex and volatile to security than we have ever experienced in recent memory.

One need to look no further than Russia's encroachment on the free people of Ukraine and China calling the U.S "bullies" over our position that Taiwan should not be invaded.

"History shows the Navy which adapts, learns, and improves the fastest gains an enduring warfighting advantage. The essential element is fostering an ecosystem—a culture—that assesses, corrects, and innovates better than the opposition."

- Adm. Michael Gilday, Chief of Naval Operations

The gap between our best and our worst performance of our duties is too great. To remain the Navy's premiere maintenance and logistic support to the Nation's submarine force, we must have a consistent and strong performance. "Get Real - Get Better" is a call to action for every Navy

leader to apply a set of Navy-proven leadership and problem solving best practices which can empower our people to achieve exceptional performance.

Utilize these tips as part of your "Get Real – Get Better" approach.

- Integrate and build upon real Navy learning and best practices amassed over many years.
- Continue self-assessing, self-correcting, and learning.
- Empower the team to find and fix problems—and innovate—at their level, from deckplate to senior leader.
- Challenge leaders to remove barriers for their teams and unleash the power of our people, not burden them with unnecessary extra requirements, policies, or bureaucracy.
- Set clear expectations and standards.
- Reward improvement over "all green" reporting every time.
- Leverage organization changes to help you identify problem areas and share best practices

Finally, as the days heat up, take care of yourself and your teammates. Please place high emphasis on getting enough rest and water, every day, as lack of either can make for a bad day. ~

**Keeping our Warships – War Ready!
Character, Competence, Connections and Service
Every Person Vital – Every Job Important!**

TRF-KB Nominated as Top Maintenance Facility

By TRF-KB Public Affairs

KINGS BAY, Ga. - The Chief of Naval Operations (CNO) has named TRIDENT Refit Facility, Kings Bay (TRF-KB) a "large command" winner for the best maintenance facility in the Navy.

TRF-KB will now compete against other outstanding maintenance facilities across the Department of Defense (DoD) for the Phoenix Award which recognizes the top-maintenance facility in the DoD.

"This is yet another validation of the exceptional dedication to mission success that each and every one of you display on a daily basis," said Capt. Mark Yates, Commanding Officer, TRF-KB, in a message to the TRF-KB workforce.

A Secretary of Defense (SECDEF) Selection Board comprised of senior maintenance leaders from each service will evaluate nominated submissions from all the services and

select six field-level winners (two per category), and one depot-level winner.

From these six winning units, one will be selected as the "best of the best" and named the annual SECDEF Phoenix Award winner.

All SECDEF Maintenance Award winners will be recognized by the Office of the SECDEF at a formal awards ceremony scheduled later this year. ~

CMC's Message

CMDCM(SS) Jeff Hiscocks
Command Master Chief



Rolling into the summer months, our combined workload at TRF/NRMD-KB never seems to ease up. We, as a Team, continue to answer the Navy's call to provide the quality craftsmanship required to complete any assignment to keep our Kings Bay Fleet ready for our Nation's tasking.

In keeping with Capt. Yates discussion of "Get Real – Get Better" and our relentless pursuit of process improvement, combined with our Team's personal and professional growth, I wanted to address how one might rise to the occasion after receiving negative feedback.

Each instance of procedural non-compliance at TRF/NRMD-KB is critiqued. In order to achieve a better return from these critiques I offer for thought the below excerpt from a Forbes article.

It can be difficult to take criticism. When we're receiving negative feedback, it's common to flashback to past negative experiences. Some experts say our reaction to being criticized is similar to the emotions felt while being physically assaulted.

To more effectively absorb and use feedback, try working through the following three stages.

Stage I: Acceptance

- Sit tight. Rather than following the natural human instinct to protest, rationalize and explain—or run away—try to encourage the giver by directly asking for feedback. First, an explicit request can make the giver feel more comfortable, helping them to be more clear and more constructive. By asking explicitly, you'll feel more in charge of what's happening and are therefore more likely to accept the feedback rather than instinctively resisting it.
- Express appreciation. This shows both respect and commitment to improvement. You can make it quick and to the point. "Thank you for telling me this. I'm going to go think about it now. Perhaps we can discuss more of the specifics in a couple of days."

Stage II: Planning

- Go away and process. It's normal to want to be comforted after a tough critique, but to be effective and improve, we need to hear the truth. Instead of commiserating with people who will make you feel better by confirming your distressed or hostile view, find a "loving critic." This person can help you work through

the feedback's meaning and plan how best to respond, while simultaneously affirming you as a person.

- Be curious about what the giver is trying to accomplish. I asked another director to focus on how different their perception was from what the other receiver actually wanted. The director became interested in differentiating between the reasons for the receiver's requirements and the actions that were necessary to implement them. That enabled us to prep for a conversation in which they could express their intention to deliver, the receiver's desire to understand more fully what the senior leader wanted, and to inquire about how they could best fulfill those needs.

Stage III: Delivery

- Commit and question. Once you've gotten curious about what the other is trying to accomplish and how they want you to accomplish it, it's easier to commit to both their goals and their plans (at least, their plans for what you will do differently). Now you can verify the particulars: "Is this what you're looking for? I think you're asking me to take a more exploratory approach, and to work toward an outcome that looks like X. Is that right? Propose small additions or alternatives. Stay close to the source of feedback. It's natural to want to withdraw and even avoid the person who's given you feedback. You might react this way even if you know you need to change. But the feedback giver can read that response as opposition or noncompliance. They may write you off, or critique you even more negatively.
- Accepting and applying feedback may never seem completely fair or reasonable. It's not easy to change what you're doing when you thought it was working fine. Plus, it takes real effort and positive intention to tolerate personal reactions of failure and disappointment.

Following this three-stage model of acceptance, planning and delivery, you're more likely to extract the maximum value from the feedback and improve your performance and your relationship with the person who critiqued you.

Read the entire article on ***Rising to the Occasion of Negative Feedback*** at the following link: <https://www.forbes.com/sites/lizkislik/2019/03/28/how-to-rise-to-the-occasion-after-negative-feedback/amp/> ~

Safety Sponsors VPP Awareness Poster Contest

Winner Receives Time-Off Award

By Michael Miller, TRF-KB OSHA VPP Evaluator and Program Administrator

To revitalize TRF-KB's commitment to the Voluntary Protection Program (VPP), and to prepare for the upcoming recertification process, the Safety Department is sponsoring a VPP Recertification Awareness Campaign with a unique opportunity for TRF-KB employees to participate and be recognized for their contribution.

VPP Star Status is not granted indefinitely; the Occupational Safety and Health Administration (OSHA) periodically re-evaluates Star sites to determine if a site meets the requirements to continue in the program.

A variety of benefits are afforded VPP Star Sites. In addition to exemptions from some OSHA inspections, and access to a national network of sites that have achieved safety excellence, VPP Star Sites enjoy lower direct and indirect costs, report fewer accidents and injuries, and employees typically enjoy greater job satisfaction.

For TRF-KB to continue to enjoy these benefits, we must demonstrate to OSHA that we are able to maintain a world-class safety and health management program. Our OSHA recertification inspection is looming on the horizon, just over 12-months away.

The first phase of the campaign will be a graphic information campaign, and we need your help!

In each major building at TRF-KB, in conspicuous areas, wall space will be designated for a TRF-KB VPP Infographic.

The infographic is full of information that employees need to know about VPP, and it will also be paired with an awesome awareness poster that we hope will increase the overall impact and effectiveness.

This is where you come in.

Your poster submission/design will be judged on

creativity, relevance to safety and health, and should be topically aligned to the VPP re-evaluation process.

The print format is in tabloid (ANSI size B, 11 x 17) portrait. Your submission must be scalable to these dimensions.

All poster submissions must be received no later than July 15, 2022.

The submissions will be judged by a panel of selected safety committee members. The winning artist will receive a four-hour time off award and will be featured along with the winning poster in an upcoming issue of the TRIDENT Tribute.

Submissions will not be returned and may be retained for future safety promotional campaigns.

Submit your poster to the VPP Program Administrator, Michael Miller, in-person or through email at michael.c.miller288.civ@us.navy.mil.

For additional information or questions, call 573-4249. ~

VPP RECERTIFICATION COMING SOON

Management Leadership

- Establish a strong safety culture that is visible and measurable.
- Communicate the importance of safety to all employees.
- Provide resources and training to ensure employees are equipped to work safely.
- Encourage employees to report safety concerns without fear of reprisal.

Employee Involvement

- Encourage employees to participate in safety activities.
- Establish safety committees or employee safety teams.
- Provide training and resources to ensure employees are equipped to work safely.
- Encourage employees to report safety concerns without fear of reprisal.

Worksite Analysis

- Identify and eliminate potential hazards in the workplace.
- Conduct regular safety audits and inspections.
- Provide training and resources to ensure employees are equipped to work safely.
- Encourage employees to report safety concerns without fear of reprisal.

Hazard Prevention & Control

- Identify and eliminate potential hazards in the workplace.
- Conduct regular safety audits and inspections.
- Provide training and resources to ensure employees are equipped to work safely.
- Encourage employees to report safety concerns without fear of reprisal.

Safety & Health Training

- Provide regular safety training to all employees.
- Encourage employees to participate in safety activities.
- Establish safety committees or employee safety teams.
- Provide training and resources to ensure employees are equipped to work safely.
- Encourage employees to report safety concerns without fear of reprisal.

Revised: 06/26/2022
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Your
Poster
Here

Infographic Layout 1 Design for VPP Awareness Campaign

History of Independence Day



America Celebrates 246th Birthday

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution.

On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson.

From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues.

When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical.

By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the bestselling pamphlet “Common Sense,” published by Thomas Paine in early 1776.

On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence

Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies’ independence.

Amid heated debate, Congress postponed the vote on Lee’s resolution, but appointed a five-man committee—including Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania and Robert R. Livingston of New York—to draft a formal statement justifying the break with Great Britain.

The Continental Congress voted on July 2nd in favor of Lee’s resolution for independence in a near-unanimous vote (the New York delegation abstained, but later voted affirmatively).

On that day, John Adams wrote to his wife Abigail that July 2 “will be celebrated, by succeeding Generations, as the great anniversary Festival” and that the celebration should include “Pomp and Parade...Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other.”

On July 4th, the Continental Congress formally adopted the Declaration of Independence, which had been written largely by Jefferson. Though the vote for actual independence took place on July 2nd, from then on the 4th became the day that was celebrated as the birth of American independence.~ (Courtesy of www.history.com)

Dept. Of Energy Team Tours TRF-KB

By TRF-KB Public Affairs

KINGS BAY, Ga. - A team from the Department of Energy/National Nuclear Security Administration (DOE/NNSA) visited TRIDENT Refit Facility, Kings Bay, recently where they learned about submarine maintenance planning and execution.

The team also toured the TRF-KB Refit Industrial Facility (RIF) and the Command and Control Systems (CCS) complex and learned how TRF-KB recruits and maintains our

workforce with the skills demanded by the scope of the work we perform here.

Sponsored by the Strategic Weapons Facility, Atlantic (SWFLANT), the group also visited several areas on the Kings Bay waterfront that included a stop onboard the Ohio-class ballistic-missile submarine USS Wyoming (SSBN 742). ~



Quarterly/Annual Award Recipients

Jason Atkin

Code 700

Production Employee of the Quarter



Stephany Gosselin

Code 300

Production Support Employee of the Quarter

LSS1 Alan Johnson

Code 500

2021 Sailor of the Year

Randell Duncan

Code 600

Administrative Employee of the Quarter

TM2 Justin Hicks

Code 700

2021 Junior Sailor of the Year

Bennie Jennings

Code 700

Production Supervisor of the Quarter

MT1 Robert Gallopo

Code 700

Sailor of the Quarter

Phillip Hood

Code 500

Production Support Supervisor of the Quarter

ND2 Devon Gilman

Code 300

Junior Sailor of the Quarter

Laklyn Dickman

Code 700

Apprentice of the Quarter

ND3 Jason Marshall

Code 300

Blue Jacket of the Quarter & Year

Special Achievement

YNSCS Donald Widener **Code 100**

MMN1 Bryce Goldensmith **Code 300**

MMA2 William Gregoire **Code 300**

MM2 Nicholas Powers **Code 300**

ITS1 Darius Hutchins **Code 700**

MM1 Brandon McIntosh **Code 300**

MMA2 Ryan Fine **Code 300**

MMA3 Daron Gagnon **Code 300**



BRAVO ZULU!



Bon Voyage YD-251!

By TRF-KB Public Affairs

KINGS BAY, Ga. - A 112-ton (224,000 pound) floating crane that served TRIDENT Refit Facility, Kings Bay (TRF-KB) for more than 12 years was towed to sea June 13 on its way for repairs and a new temporary home in Curtis Bay, Md.

The floating crane, known as YD-251 before it was decommissioned, was brought to Kings Bay in 2006 to serve as the primary crane at Site VI/Lay berth for maintenance support of guided-missile submarines (SSGNs) and various other visiting units.

The YD-251 also served as a backup for the large waterfront K-4 crane which at the time was the only heavy lift portal crane at TRF-KB. It provided the needed flexibility to ensure ballistic-missile submarine (SSBN) maintenance was completed on-time to support U.S. strategic deterrence missions.

During its 12 years of service at TRF-KB, YD-251 performed crane lifts for Naval Submarine Base Kings Bay (NSBKB), Strategic Weapons Facility, Atlantic (SWFLANT), and most notably, served to install and remove the dry-deck shelter for visiting boats.

In 2018, YD-251 suffered extensive damage from an EF3 tornado, and due to the substantial cost of repairs, was stricken from the Navy's registry and approved for sale at auction.

Having outlived its mission in Kings Bay, the formerly designated YD-251 was sold to a private contractor in March 2022 through the General Services Administration (GSA) auction process. After repairs, it will serve as a heavy lift crane for its new owner. ~



KINGS BAY, Ga. - The YD-251, a 112-ton floating crane that served TRF-KB for more than a decade, was towed to sea June 13 on its way for repairs and a temporary home in Curtis Bay, Md.

TRF-KB Distinguished Visitors

Naval Inspector General Visits TRF-KB



KINGS BAY, Ga. - Vice Adm. John Fuller (second from left), the Naval Inspector General, visited TRIDENT Refit Facility, Kings Bay (TRF-KB), June 7 to learn about TRF-KB's maintenance capabilities. (Photo by Kimberly K. Menzies)

KINGS BAY, Ga. - Vice Adm. John Fuller, the Naval Inspector General, visited TRIDENT Refit Facility, Kings Bay (TRF-KB), June 7 and toured the Refit Industrial Facility (RIF) to learn about TRF-KB's maintenance capabilities.

Fuller's visit to TRF-KB was part of a trip to Naval Submarine Base Kings Bay which also included a visit to Submarine Group Ten (CSG-10) and the Strategic Weapons Facility Atlantic (SWFLANT). ~

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DCNO for Fleet Readiness Visits TRF-KB

TRF-KB Distinguished Visitors (continued from page 6)

Story by Jay Cope, Commander, Navy Region Southeast

JACKSONVILLE, Fla. - The importance of Navy Region Southeast installations was underscored recently by Vice Adm. Ricky Williamson's visit to four installations in early June.

Williamson, Deputy Chief of Naval Operations for Fleet Readiness and Logistics (OPNAV N4), visited Submarine Base Kings Bay June 9 which included a tour of the TRIDENT Refit Facility, Kings Bay (TRF-KB), Magnetic Silencing Facility (MSF), the Refit Industrial Facility (RIF), and the Command and Control Systems (CCS) complex.

"Our shore enterprise enables Fleet readiness which has a tremendous impact on our aviation, surface and sub-surface combatants," Williamson said. "The hard work and dedication of the installation teams enable our warfighting units to be able to man, train, and equip our forces which allow us to ensure persistent logistics in unpredictable operational environments."

As OPNAV N4, Williamson serves as the resource sponsor for operational logistics and supply chain support. His staff also supervises requirements for depot maintenance, ship support, fleet training and training ranges and is the primary resource sponsor for shore capabilities.



KINGS BAY, Ga. - Michael Badorf, Deputy Weapons Repair Officer, TRIDENT Refit Facility, Kings Bay (pictured center), explains the mission and capabilities of the Command and Control Systems facility to Rear Adm. Wes McCall, Commander, Navy Region Southeast (pictured left) and Vice Adm. Ricky Williamson, Deputy Chief of Naval Operations for Fleet Readiness and Logistics (OPNAV N4) (pictured far right). Vice Adm. Williamson visited Naval Submarine Base Kings Bay June 9, 2022, for manpower discussions and tours of base facilities. Pictured from left: Rear Adm. Wes McCall, Michael Badorf, Cmdr. Shamar Gray, Weapons Repair Officer, TRIDENT Refit Facility, Kings Bay, and Vice Adm. Ricky Williamson. (Photo by Keith R. Boydston)



KINGS BAY, Ga. - Scott Eels, General Foreman, Code 321, TRIDENT Refit Facility, Kings Bay (pictured left), briefs Vice Adm. Ricky Williamson, Deputy Chief of Naval Operations for Fleet Readiness and Logistics (OPNAV N4), (pictured right), about the Apprenticeship Program and the mission and capabilities of the Refit Industrial Facility (RIF) during a June 9, 2022, visit to Naval Submarine Base Kings Bay. (Photo by Keith R. Boydston)

The facilities visited ranged widely from Hurricane Sally damaged Unaccompanied Housing in NAS Pensacola, to TRF-KB in NSB Kings Bay and warehouse facilities in NAS Jacksonville. Conversations were also held detailing energy infrastructure, water utilities, base buffering initiatives, transportation programs and waterway management.

Comparable to small cities, naval installations are major components of the shore establishment and are complex enterprises in their own right. Most have airports or harbors with maintenance depots, housing, hospitals, retail establishments and much more. Having access to the officer who directs allocation for the scarce resources available to improve shore capabilities, the visit was vital for the region leadership and installation commanding officers.

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TRF-KB Distinguished Visitors

DCNO Visits TRF-KB (cont. from page 7)

“Shore installations provide maintenance, training and logistics to the Fleet. Our effective shore-based management strategies provide the backbone for the U.S. Navy to meet our national defense mission,” Rear Adm. Wesley McCall, Commander, Navy Region Southeast said.

“Having him here in person gave us the ability to articulate our challenges and opportunities to better serve the

Fleet.”

Commander, Navy Region Southeast manages and oversees shore installations support and execution for 18 installations within the United States from South Carolina to Texas and from Tennessee to Florida and includes Naval Station Guantanamo Bay, Cuba. ~



KINGS BAY, Ga. - Ankit Sur, Magnetic Silencing Facility (MSF) Technician at TRIDENT Refit Facility, Kings Bay (pictured left), briefs Vice Adm. Ricky Williamson, Deputy Chief of Naval Operations for Fleet Readiness and Logistics (OPNAV N4), (pictured center), about the mission and capabilities of the MSF during a June 9, 2022, visit to Naval Submarine Base Kings Bay. Pictured from left: Ankit Sur, Capt. Mark Yates, Commanding Officer, TRIDENT Refit Facility, Kings Bay, Cmdr. James Dohm, Public Works Officer, Naval Submarine Base Kings Bay, Cmdr. Shamar Gray, Weapons Repair Officer, TRIDENT Refit Facility, Kings Bay, Vice Adm. Ricky Williamson, Michael Badorf, Deputy Weapons Repair Officer, TRIDENT Refit Facility, Kings Bay, Rear Adm. Wes McCall, Commander, Navy Region Southeast, Scott Bassett, Public Affairs Officer, Naval Submarine Base Kings, Capt. Chris Bohner, Commanding Officer, Naval Submarine Base Kings Bay and Capt. Miguel Dieguez, Commanding Officer, Naval Facilities Command Southeast. (Photo by Keith R. Boydston)



KINGS BAY, Ga. - Mr. Andrew Haeuptle, Director of Navy Staff (DNS), Office of the Chief of Naval Operations (pictured center), Capt. Mark Yates, Commanding Officer, TRF-KB (pictured left), and Cmdr. Wendell Holmes, Repair Officer, TRF-KB (pictured right), tour the Refit Industrial Facility (RIF) during a May 26 visit to TRF-KB. (Photo by Keith R. Boydston)

Director of Navy Staff Visits TRF-KB

KINGS BAY, Ga. - Mr. Andrew Haeuptle, Director of Navy Staff, Office of the Chief of Naval Operations, visited TRIDENT Refit Facility, Kings Bay (TRF-KB), May 26 to learn about TRF-KB’s maintenance capabilities which also included a tour of the Refit Industrial Facility (RIF) and the Command and Control Systems (CCS) complex.

Mr. Haeuptle’s visit to TRF-KB was part of a trip to Naval Submarine Base Kings Bay, a visit to Commander, Submarine Group 10 (CSG-10), the Trident Training Facility, and a stop by the Dry Dock for an overview and update on the recapitalization project. ~

Are You Prepared for a Hurricane?

By Corey Wilhite, Sr., TRF-KB Emergency Manager

June 1 marked the official start of the Atlantic Hurricane Season. The 2022 Hurricane Season is predicted to be very active, so it's important for personnel and their families in the Kings Bay area to be prepared.

Planning for hurricane season and other potential disasters can be stressful, and because COVID-19 is still with us, it could be even more challenging. Listed below are some tips that can help you prepare:

Planning – You should plan for two scenarios ... Staying home or in case you have to evacuate.

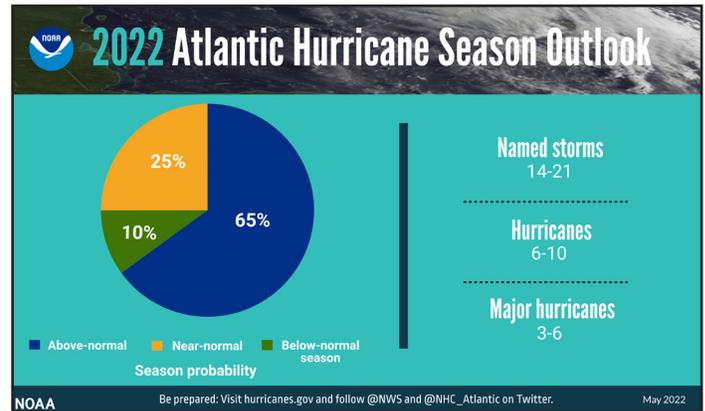
If you have to evacuate:

- Grab your emergency supply kit (<https://www.ready.gov/kit>) and bring only what you really need (cell phone, chargers, medicine, cash, and identification documents like a military ID, passport or driver's license).
- Bring supplies for COVID-19 (masks, hand sanitizer, bleach wipes).
- Fill your vehicles with gas, and fill up extra gas cans in case stations run out or closed.
- Unplug your appliances. If you have time, turn off the gas, electricity, and water.
- Know your hurricane evacuation route.
- If possible, make hotel reservations at least 48 hours prior to the storm impacting the area. Hotels will book up fast because other states and areas that also may be evacuating.
- Update your information online in the Navy Family Accountability and Assessment System (NFAAS) at <https://navyfamily.navy.mil> or by using the NFAAS Mobile App available in Google Play, the App Store or the Navy App Locker at <https://www.applocker.navy.mil/#!/apps>
- Follow the roads that emergency officials recommend even if there's traffic. Other routes might be blocked or flooded. Never drive through flooded area – cars and other vehicles can be swept away or may stall in just six inches of water.
- Contact your local emergency management office and ask if they offer accommodations for owners and their pets at the local shelter.

If you have to stay home:

During and after a hurricane you may need extra supplies to keep your family safe and healthy. Remember that a hurricane could cut off your power and water supply.

- Tune in to local radio and/or TV outlets for



updates on the storm. Follow the National Hurricane Center for the latest information at <https://www.nhc.noaa.gov/>

- Official TRF-KB information, to include information about the evacuation and recall of personnel, will be distributed as follows:

- o TRF-KB Facebook page <https://www.facebook.com/TRIREFFAC/> and the SUBASE Kings Bay Facebook page <https://www.facebook.com/nsbkings-bay/>
- o Local media stations (Radio/TV)
- o Email
- o Recall rosters (by phone)

- Stay inside. Even if it appears calm, don't go outside. Wait until you hear or see an official message that the hurricane is over. Sometimes weather gets calm in the middle of a storm, but then quickly turns bad again.

- Stay away from windows – you could get hurt by pieces of broken glass or flying debris during a storm. Stay in a room with no windows or go inside a closet.

- Be ready to evacuate. If emergency authorities order you to leave or if your home is damaged, you may need to go to a shelter or a neighbor's house.

- Three to seven days of food and water. Plan for at least one gallon of water per person and stock foods that won't spoil.

- Emergency medical kit in a place you can easily access.

- Charcoal or propane to cook.

- Emergency power sources such as generator, flashlights, batteries, portable radio, and battery charger for cell phones and other devices.

- Safety and personal items such as medication, supplies for COVID-19, cleaning items, and

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Are You Prepared for a Hurricane? (cont. from page 9)

personal hygiene items.

- Important documents including medical files, wills, passports, and personal identification documents.
- Extra cash.
- Fire extinguisher.

- Florida Division of Emergency Management at <https://www.floridadisaster.org/>; Plan and Prepare. Each Florida county has a designated emergency management program, and residents, businesses, and visitors should visit their county's emergency management site for the most up-to-date and locally pertinent information.

Georgia and Florida have great resources on how to **PLAN AND PREPARE** your family and home.

- Georgia Emergency Management and Homeland Security at <https://gema.georgia.gov/>; Ready Georgia provides further guidance on the three most important steps you can take to protect yourself and those in your care.

For additional information on hurricane preparedness, visit the FEMA website at <http://www.fema.gov> or contact the TRIDENT Refit Facility Emergency Manager, Mr. Corey Wilhite at corey.l.wilhite.civ@us.navy.mil, 573-4241 or Amanda Buttinghausen at amanda.n.buttinghausen.civ@us.navy.mil, 573-4453. ~

Welcome Home CMAV Team!



BRAVO ZULU and WELL DONE to our Continuous Maintenance Availability (CMAV) Team after a 30-day maintenance period in support of the forward deployed guided-missile submarine USS GEORGIA (SSGN 729) in Souda Bay, Crete (Greece). Truly a TEAM effort, the on-site CMAV crew, which numbered more than 70 (military and civilian), was comprised of and/or supported by personnel from virtually every Department/Code in TRF-KB, the Performance Monitoring Team (PMT), and our Navy Divers. (Photo by Souda Bay Public Affairs) ~

End of Summer Safety Message

Back-to-School Safety Tips

By Myron Ramirez, TRF-KB Safety Training Administrator

We know what everyone is thinking. "We just started summer break, so why are we talking about going back to school already?" Well the Camden County school year begins August 01, 2022. That is in a month! Crazy how time flies when you are having fun. Now let's take a look at what we can do to make the return to school a little safer for everyone.



SLOW DOWN: Back to school means sharing the road. Schools re-opening brings congestion on the roadways: school buses picking up and dropping off, kids on their bicycles hurrying to get to school and home, parents dropping off before work and picking them up afterwards. It is never more important for drivers to slow down and pay attention to their surroundings, especially than when children are present, particularly before and after school.

DROPPING OFF AND PICKING UP: Schools often have specific drop-off and pick-up procedures, make sure you know your schools requirements for the safety of all kids.

- Refrain from double parking; it can block visibility for other vehicles and children
- Avoid loading or offloading across the street from the school
- Carpool, if possible, to reduce the number of vehicles in the school area

SHARE THE ROAD: According to the National Safety Council, most children that lose their lives in bus related incidents are between 4 and 7 years old, and they are walking. They are struck either by the bus or by a motorist illegally passing a stopped school bus.

Here are a few precautions that can go a long way toward keeping children safe:

- Steer clear of blocking crosswalks when stopped at a red light or waiting to make a turn, forcing pedestrians to go around you; this could put them in the path of moving traffic.
- Stop and yield to pedestrians in the crosswalk or intersection in a school zone when flashers are blinking.
- Always stop for a school patrol officer or crossing guard holding a stop sign.
- Take extra time and care to look for children in school zones, near playgrounds and parks, and in residential areas.
- Avoid honking your horn or revving your engine to scare pedestrians.
- Refrain from passing a vehicle stopped for pedestrians.

If you are behind a bus, allow for a greater following distance than if you were driving behind a car. It will give you more time to stop once the yellow lights begin flashing. It is illegal in all 50 states to pass a school bus that is stopped to load or unload children.

- At no time should you pass a school bus, stopped to load or off load children, from behind or from either direction if you are on an undivided road.
- If the yellow or red lights are flashing and the stop arm is extended, traffic must stop.
- Be alert. Children are often unpredictable, and they tend to ignore or overlook hazards.

On most roads, bicyclists have the same rights and responsibilities as vehicles, but bikes can be hard to see. Children riding bikes create special problems for drivers because they usually do not properly determine traffic conditions. The most common cause of a vehicle and bicycle collision is the driver turning left in front of the bicyclist.

- When passing a bicyclist, proceed in the same direction slowly and leave 3 feet between your car and the bicycle.
- When turning left and a bicyclist is approaching from the opposite direction, wait for the rider to pass.
- If your turning right and a bicyclist is approaching from behind on the right side, let the rider go through the intersection first.
- Watch for riders turning in front of you without signaling or looking, children have a tendency to do this.
- Check your side mirrors before opening doors.
- Be extra vigilant in school zones. ~



Shop of the Month



SHOP 71A

Paint Shop

Code 343

(Photos by TRF-KB Public Affairs)



Shop 71A (Code 343), or commonly known as the Paint Shop, boasts 65 employees including six supervisors; and features several different trades such as Painters, Industrial Equipment Mechanics, Material Handlers and Apprentices.

The shop is tasked with maintaining the structural integrity of Ohio-class submarines like the critical coated areas including the pressure hull, exterior tanks, voids and recesses. The shop is also responsible for training ship's company on the use of Wheeler Units which allows them to pump the boat's interior tanks.

Shop 71A Painters are also qualified to conduct all levels of preservation to include Slurry Blasting of the bow dome, removal of MIP Area rubber using Hydro Lancing, operation of the Hydro-Cat Flow system for exterior hull restoration, and full preservation of the normal fuel oil tank using the Multi-Jet Cleaning Head.

Effective communication and a great work ethic has allowed Shop 71A to consistently and safely complete heavy workload packages including a first-time preservation on a submarine LV area, more than 150 full preservation jobs, and over 1000 paint ticket requirements totaling some 25,000 man-hours. For their outstanding efforts over the last 30-months, the shop has been recognized for their safety excellence receiving two Captain's Quarterly Safety Recognition awards.

Shop 71A also manages the largest Consolidated Paint and Sandblasting Facility (CPSBF) in the Southeast Region.

In addition to blasting and spray painting items, the CPSBF preserves and epoxy coats critical components like pumps, piping, sea water valves, trim and drain systems, and stuffing box shaft seals totaling more than \$15 million in annual savings for the Department of the Navy. ~



Safety Excellence in the Workplace

**BRAVO ZULU to the TRF-KB Paint Shop (Shop 71A) and IBE Maintenance Shop (Shop 06B)!
Thank you for making SAFETY a top priority!**

Congratulations and well done to the TRF-KB Paint Shop (Code 343/Shop 71A) for earning the Captain's Quarterly Safety Recognition Award for the 1st Quarter, Fiscal Year 2022.

Throughout the quarter, the Paint Shop excelled in meeting the command's safety goals which featured 100% completion of their assigned safety inspections resulting in no safety deficiencies and no incidents involving property damage.

The shop participated in all scheduled command Safety Committee meetings while also increasing personnel participation in shop safety meetings and executing several new safety initiatives.

Additionally, the Paint Shop received 40 positive "safety kudos" during the 1st Quarter, significantly more than any other TRF-KB workshop, had zero environmental compliance deficiencies, and had no overdue inspection deficiency notices. ~



Capt. Mark Yates, Commanding Officer, TRIDENT Refit Facility presents the Captain's Quarterly Safety Recognition Award May 24 to Mr. Willie Thompson, Safety Committee Representative, Code 343/Shop 71A (Paint Shop). The award marks the shop's outstanding safety accomplishments during the 1st Quarter, Fiscal Year 2022. (Photo by Keith R. Boydston)

Congratulations and well done to the TRF-KB Industrial Plant Equipment (IPE) Maintenance Shop (Code 316/Shop 06B) for earning the Captain's Quarterly Safety Recognition Award for the 2nd Quarter, Fiscal Year 2022.

Shop 06B repairs and maintains all the equipment and machinery that repairs our submarines.

The shop excelled this quarter in meeting one of the command's safety goals of reducing leg injuries by 25% while having no reported injuries during the quarter and none for the fiscal year. The shop also had zero reported incidents involving property damage.

Shop 06B reported 100% completion of their Safety Inspections for the quarter, with no deficiencies in their work spaces, and participated in all scheduled command Safety Committee meetings while also increasing personnel participation in shop safety meetings.

Additionally, the shop received 26 positive "safety kudos" during the 2nd Quarter and had no overdue inspection deficiency reports. ~



Capt. Mark Yates, Commanding Officer, TRIDENT Refit Facility presents the Captain's Quarterly Safety Recognition Award June 16 to Mr. Bill Jensen, Safety Committee Representative, Refit Industrial Facility (Code 316/Shop 06B). The award marks the shop's outstanding safety accomplishments during the 2nd Quarter, Fiscal Year 2022. (Photo by Keith R. Boydston)

