

THE ANVIL INSIDER



A Newsletter from the 28th Expeditionary Combat Aviation Brigade



4-4th ARB deployment complete, heads home

Authority of the attack battalion mission switched hands last week in northern Iraq. We welcome the 1-82nd Attack Reconnaissance Battalion as they arrive in the region and wish good luck to the 4-4th ARB as they head home!

IN THIS ISSUE

- ICYMI
- Around CENTCOM
- Soldier Spotlights
- Battalion Updates



Apache units swap in Iraq

ERBIL AIR BASE, Iraq -- The 1-82nd Attack Reconnaissance Battalion, operating as Task Force Wolfpack, formally took control of their role in support of Combined Joint Task Force-Operation Inherent Resolve during a transfer of authority ceremony here.

The ceremony included the uncasing of the 1-82nd ARB's colors, a battalion rallying flag. They are taking over the mission from the 4-4th ARB who is preparing to return home after being deployed to the Middle East since June 2020.

1-82nd ARB will serve as part of the 28th Expeditionary Combat Aviation Brigade who is supporting the fight against Daesh, maintaining a U.S. military posture in Southwest Asia and enhancing partnerships with U.S. allies. 1-82nd ARB's primary roles are aviation operations using AH-64 Apache helicopters.

"As with most transfer of authority ceremonies, we say goodbye to one great organization and welcome another one," said Col. Howard Lloyd, commander of the 28th ECAB. "The 1-82nd ARB comes from a storied organization and I have no doubt in their ability to carry on the legacy of the battalions before them."

Uncasing the battalion colors symbolizes that the unit is actively participating in a mission. During the ceremony, the 4-4th ARB cased their colors.

The ceremony was also an opportunity to recognize 4-4th ARB Soldiers for a job well done.

"4-4th ARB should be very proud of their incredible accomplishments," said Lloyd. "The bottom line is that we were truly blessed to have them as our attack battalion and running operations in the northern part of our area of operations."

During their deployment, 4-4th ARB managed over 7400 flight hours, 1.3 million pounds of cargo, 5800 passengers and 55 medevac missions. Their fuelers pumped 2.5 million gallons of fuel at various refueling points and their Apache crews engaged Daesh numerous times.

The 28th ECAB and its attached units are in the Middle East to provide aviation assets and capabilities to help increase regional security and peace in the region while serving U.S. interests.









AROUND THE MIDDLE EAST

DOD Statement on Rocket Attack at Al Asad

by Pentagon Press Secretary John F. Kirby March 3, 2021



We can confirm that early this morning (March 3, 2021) the air base at Al Asad in Iraq came under rocket attack.

Preliminary indications are that approximately ten rockets were fired from points of origin east of the base.

There are no current reports of U.S. servicemember injuries and all are accounted for. A U.S. civilian contractor suffered a cardiac episode while sheltering and sadly passed away shortly after.

Iraqi security forces are on scene and investigating. We cannot attribute responsibility at this time, and we do not have a complete picture of the extent of the damage. We stand by as needed to assist our Iraqi partners as they investigate.

Al Asad's Counter-Rocket, Artillery, Mortar (C-RAM) missile defensive systems engaged in defense of our forces.

Secretary Austin was briefed by his team and is closely monitoring the situation.

We extend our deepest condolences to the loved ones of the individual who died.









Sgt. Emily Rivas is fluent in Arabic and enjoys learning about Arab culture. She is deployed as an Arabic cryptologic linguist after studying at the Defense Language Institute Foreign Language Center.

Her duties are mainly for intelligence purposes but she also assists with preparing the brigade's public communications in Arabic.

She originally joined the military to receive unique training opportunities and to help pay for college. Her favorite part of deployment has been making new friends and having new experiences, but she looks forward to living alone for a while when she gets home.

Rivas says the best care package she has received is her favorite frosted sugar cookies from Walmart that her younger sister sent.



(Spotlight by Spc. Lindsey Buskirk and Spc. Mikaela Bolker)

Sgt. Emily Armel is a combat medic here and a nurse in her civilian career. Being in the medical field, she hopes to help people and make a positive impact on both civilians and Soldiers.

During Women's History Month, she says she is thankful for the empowerment of women and how far equality has come. After deployment, she looks forward to getting a tattoo and seeing her dogs, Gunner and Layla. She says her favorite food is pierogis and her favorite cartoon character is Jimmy Neutron.

Armel is currently deployed with Bravo Company, 628th ASB.



(Spotlight by Spc. Stanford Toran IV)

Spc. Ashley Moran is a medical social worker in her civilian career. She loves helping people, including the homeless and elderly, and says the military has helped her be detail-oriented and organized when helping people.

Moran attended Kutztown University of Pennsylvania and recently earned her master's degree from the University of Pittsburgh.



After deployment, she plans to get another master's degree and commission as an officer.

The Tasmanian Devil is her favorite cartoon character and she prefers anything with cheese in a meal.

Moran is deployed as an automated logistical specialist with Alpha Company, 628th ASB.

(Spotlight by Spc. Stanford Toran IV)



1st Lt. Claudia Morin is a UH-60 Black Hawk pilot but currently serves with 4-4 ARB, an Apache unit. She is a battle captain and organizes much of the chaos that comes through the battalion's tactical operations center.

Although she doesn't fly Apaches, she says seeing things from her "lift" perspective has helped her learn the bigger picture of Army aviation missions.

She was inspired to become a Black Hawk pilot in middle school during a career day where she heard from an Army Black Hawk pilot. After completing ROTC at Indiana University she was able to fulfill her dream.

Besides flying, she also loves hiking. She says her favorite hiking spot is Mount Elbert, CO and has a goal to hike the entire Appalachian Trail.

Today's homefront hero is **Gabby**, wife of Sgt. Joe Pramuka.

During the deployment, Gabby has been working on her associate's degree at Stark State College, maintaining a perfect 4.0 GPA with plans to graduate in May. All while taking care of their five kids by herself, helping with THEIR homework and ensuring they've had happy birthdays while their dad is away.

Thank you for holding down the homefront, Gabby!

(Submitted by Sgt. Joe Pramuka)

See the flyer below if you know a homefront hero who deserves a shout out.



HOMEFRONT HEROES

Soldiers and families,

We know there are many ways our families "hold down the homefront" and <u>we want to</u> share their stories.

If you'd like to recognize a family member back home please do one of the following:

- Send a message to the 28th ECAB Facebook page with a photo of the family member and a short paragraph describing why they deserve a shout out.
- Email your FRG leader with a photo of the family member and a short paragraph describing why they deserve and shout out.
- 3) Contact the brigade PAO or your UPAR for assistance



Ideas include...

- A child who reads bedtime stories to their younger siblings
- A niece or nephew who sent care packages to their Soldier's unit
- A parent or in-law who has been stepping up to take care of the kids.
- A child who broke a personal record at a recent track meet
- A spouse who threw a party for their child's birthday on their own (yikes)
- A spouse or parent who picked up a new skill or earned a degree

"The strength of the armed forces of the United States is as much about its families as it is about its combat capability."

Gen. Martin Dempsey



Follow the link below for the latest AFN TV schedule

https://v3.myafn.dodmedia.osd.mil/



https://www.facebook.com/28ECAB/



https://www.dvidshub.net/unit/28cab



For the latest Army news, visit the Army News Service at https://www.army.mil/ARNews



Want to send a shoutout to your favorite team? Contact your company UPAR or the brigade PAO

The Anvil Insider: a publication by the 28th ECAB and Task Force Anvil public affairs office

28th Expeditionary Combat Aviation Brigade

Commander: Col. Howard Lloyd

Senior Enlisted Advisor: Command Sgt. Maj. Sean Livolsi



STAY SHARP





SHARP Professional of the Month

Captain Johnathan P. Moore has been named the SHARP Professional of the Month for February 2021. CPT Moore currently serves as the 1-137 AHB S1 Officer and performs collateral duty as a SHARP Victim Advocate. He works well with our team and has been actively participating in the planning of Sexual Assault Awareness and Prevention Month (SAAPM) events. He is a valuable member of the TF Anvil SHARP Team.



TF Anvil MEO and UMT Recognized

MSG Luis Toro, Brigade Military Equal
Opportunity Advisor, Chaplain Douglas Knepp,
Brigade Chaplain, and SGT Joshua Auer,
Brigade Religious Affairs Specialist were
inducted as Honorary Members of the TF Anvil
SHARP Team. We all work closely together with
the common goal of supporting our Soldiers.
They constantly show support to us and help
raise awareness of the Army SHARP program.

Sexual Assault is a Crime. Intervention is a Choice, Make the Right One.

Notice the Event — Watch out for risky behavior (verbal and non-verbal). Do not minimize it.

Interpret it as a Problem — Will this deter mission accomplishment?

Feel Responsible for Solving It — How will my inaction impact my Soldiers and unit?

Choose How to Intervene — Are you the best person to take action? Communicate assertively.

Impact vs. Intent

How Soldiers interpret your words and actions matter. When dealing with Sexual Harassment, we consider the impact of your words or actions first, rather than what you may have meant by them.

MSG JP Karpovich TF Anvil SARC 570-709-2325 Signal App



SSG Andrea Whelan TF Anvil VA 717-609-5598 Signal App

SPONSORED BY TASK FORCE ANVIL SHARP TEAM



Back of Shirt should have logos and words on it

Front of Shirt should have Ribbon with logo in it

Sexual Assault Awareness and Prevention Month (SAAPM) 10 Mile Walk / Ruck

April 11th 2021

Step off at 0300, then enjoy breakfast together.

Photo will be taken prior to starting our journey.

For details and shirt orders:

SFC Mark Good (628 ASB Victim Advocate)

for details and to order a shirt

mark.s.good.mil@mail.mil/VENMO@MarkGood79

Shirts will cost \$15.00

Shirts run one size smaller than normal

Not Raising any Money, Just Raising Awareness



The Wile E. Weekly.ish

On the Trail with Task Force Coyote, 2-104th GSAB

March 9th, 2021

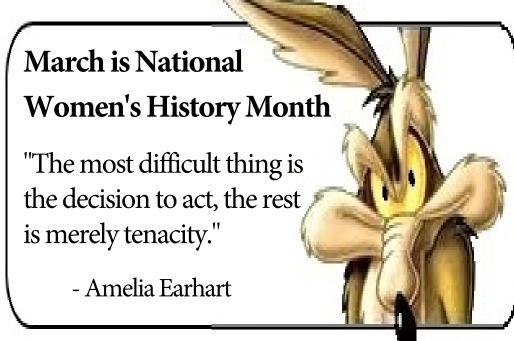
Volume 2, Issue 6





ABOVE: SPC Katarina Foster of E Co, 2-104 GSAB prepares to serve during the company's last season volleyball game at Camp Buehring, Kuwait.

Photo by SPC Jennifer Raley



One Last Stand

BELOW: E Co 2-104 GSAB's "Tuscan Raiders" volleyball team plays their last game. The Soldiers spent their season enjoying time with one another, and earned a winning record in team cohesion. Team roster: 1LT Edward Dorner, 1SG Brandon Soles, SSG Evelyn Ayala, SGT Kevin Freeman, SPC Christopher O'Sullivan, SPC Katarina Foster, SPC Isaac George, SPC Alexa Stephens, SPC Joel Benitez, PFC Scott Lex. Photo by SPC Jennifer Raley





LEFT: CPT Nathan Baker, Commander of D Co 2-104th GSAB, takes moment to pose for a photo while working with his Soldiers on the flightline.

Photo by SPC Jose Brown

RIGHT: SPC Andreas Fuentes of B Co 2-104 GSAB "swears in" outside of Chili's restaurant at Camp Arifjan, Kuwait. The oath was administered by 1LT Plotzke.

Photo by CPT Christina Broomell





LEFT: SPC Shipman, 1LT Johnson, and CW2 Helderman enjoy their flight from the best seat in the house on the ramp of a CH-47.

Photo by CPT Christina Broomell

Preparing to Return Home

Soldiers from E Co 2-104th
GSAB prepare non-essential
military vehicles to be hauled to
port for shipment back to the
United States. The first part of
the process is to move vehicles
through the "wash rack,"
during a pre-wash phase that is
intended to remove large
quantities of dirt, dust, and
other contaminants that are
not permitted to accompany
the vehicle back to the
Continental United States
(CONUS).

Photos by SPC Jennifer Raley







Join your company's FRG Facebook group, the battalion Facebook group, and the brigade page for updates.

Seasonal Reminder

Most air filter manufacturers recommend that customers replace air filters every 3-6 months. In such austere conditions as the Middle East, any Soldiers who use air filters in their housing units should consider replacing the filter at twice the frequency as recommended in order to maintain a better air quality in their living quarters. In some cases, air in certain regions has been known to contain particulates that are harmful when inhaled for prolonged periods. Consult with your local medical section if you believe you have visited one of those areas.

See below for a link to the VA Airborne Hazards and Open Burn Pit Registry:

https://www.publichealth.va.gov/exposures/burnpits/registry.asp

BELOW: A used air filter sits beside a replacement air filter in Soldier housing. Photo by SGT Jeffrey Guckin



The Wile E. Weekly Staff

Regular contributors (UPARs)

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1-137 AHB UPDATE

Facebook: @taskforcechickenhawk



Motto:

"Rule #1: Don't talk about Flight Club."





AWARDS AND RE-ENLISTMENT!

Our three Staff Weather Officers say their goodbyes as they begin to depart theater and receive Army Achievement/Army Commendation Medals for their work as part of the TF Chickenhawk (Picture Top) and SGT Lebron salutes HHC Commander LT Waller during a reenlistment ceremony conducted on the flight line. (Picture Bottom)

03.07.2021 Issue XXII



To all the friends and family of the 1-137 AHB, we would like to thank you for your continued support. As always, we remind all soldiers, friends, and family to stay in touch with loved ones. For many soldiers, this can be a challenging time, being away from friends and family.

Announcement: It is strongly recommended that families not send mail to solders past March 17, 2021.

If you have not already please follow the Task Force Chickenhawk Facebook Group. This is where you can stay up to date with the 1-137 AHB. Please, if you have any questions, feel free to reach out through the group for more information.

We look forward to keeping you updated on all things Task Force Chickenhawk!

TF Chickenhawk Talk:





CW3 Danny Love sprints to outrun a canine in a protective suit designed for training exercises with Military Police Officers and dogs. It wasn't too long before the dog caught up to him and tried to wrestle him to the ground! (Picture Top) (Photo Credit: CW5 Dave Corbi)

SSG Chase Isenberger of Gulf Company gets "Mic'd Up" for his Joint Kuwaiti/ US Forces MED 101 Class. More pictures to come soon!!



CABOUNNED

Task Force Roadrunner Newsletter



Congratulations to SPC Payne and SPC Whritenour of B Co. on their recent promotion to the rank of Specialist.





YEARBOOK INFORMATION

Congratulations to the Soldiers of B Co. who were recently awarded with the Senior and Master Aviation Badges and the Master Aviator Badge.

Senior Aviation Badge Requirements:

- Display complete competence in the principal duty or duties performed leading to this award
- Attain the grade of sergeant/E-5 or higher
- Be recommended by the unit commander of the unit to which they are presently assigned
- 10 years of experience

Master Aviation Badge:

Same requirements as the Senior Aviation Badge requirements, except with 17 years of experience rather than 10

Master Aviator Badge Requirements:

At least 2000 hours and 180 months of DoD aviator flight time, which MUST include flight time as a pilot in command

(Photos submitted by MAJ Bertsch)

TF Anvil soldiers should be remembered for their efforts this deployment:

The yearbook is now available to order! It is \$23.10 (before tax) or you can have it shipped to your home for \$33.60.

Steps for Ordering:

- 1) Go to commpe.pictavo.com http://commpe.pictavo.com
- 2) Put 95050 in the School ID#
- 3) Select "Shop My School"
- 4) Both options are the same yearbook but one is for delivery to your home
- 5) Check out and pay attention to the instructions in the Delivery tab.

*You must purchase your book by April 2.

The deployment yearbook will be used to supplement historical documentation obligations, as well as for Soldiers and their families to enjoy.

If any Soldiers are interested in submitting content or designing some pages, please contact CPT Travis Mueller or their UPAR.

Happy Birthday This Coming Week To...

PFC Beard SPC Ranck SPC Amspacher **SPC Rouse SPC Bobb** SGT Wickard SPC Gibson, J SSG Dumas **SPC Griest** SSG Reyes, O **SPC Hart** SFC Berlew SPC Polichetti

Get To Know Your Soldiers...

Name/Rank: SPC Tatianna Arce Hometown: Reading, PA

Age: 27

MOS: 92F (Petroleum Fuel

Specialist)

Hobbies: She enjoys singing, cooking, and spreading the gospel. Her favorite sport to watch is baseball.

Goal After Deployment: She plans on extending her contract to fully use her education benefits. She would also like to become an entrepreneur in the food business.

Roadrunner Review Staff

HSC- SPC Zachary Wynn, SGT Zach Mateja

A Co.- SPC Kayla Harley

B Co.- SPC Joyce Avila, SGT Francis Calabro

C Co.- SPC Jason Kopp

S.H.A.R.P.

SSG Taryn Harris conducts a SHARP (Sexual Harassment/Assault Response and Prevention) Briefing for Soldiers to remind them of who their representatives are and the different reporting options available to them. Doing this shows the Soldiers that there are people here to help and support them.

Sexual Harassment Reporting Options:

- Anonymous (Note to VA), Informal (Direct or Third Party Approach), and Formal (Filed in Writing)

Sexual Assault Reporting Options:

Restricted and Unrestricted

One big point that SSG Harris would like others to know is that "Confidential Communication" applies to records that the SARC or VA maintain pertaining to communications with the victim. These communications with the SARC or VA and their associated records are considered privileged and are NOT to be released to others, including commanders or law enforcement personnel.

(Photos submitted by CPT Justin Thomas)



Member of A Co's Supply section, SPC Kyla McManigal, moves supplies around with a forklift.

(Photos submitted by SSG Joseph Yackera)

Have a story, Soldier to highlight, cool photo, or something else for the newsletter? Reach out to your company level Roadrunner Review staff member or email 628thPublicAffairs@gmail.com



If anyone wants to learn more or get in contact with their SARC/VA, please check out the additional help/contact information:

SFC Mark Good: BN VA Phone: 717-769-8943

Email: mark.s.good.mil@mail.mil

24/7 DoD Safe Helpline: 877-995-5247

SSG Taryn Harris: BN VA Phone: 570-590-3166

Email: taryn.c.harris.mil@mail.mil

Website: www.safehelpline.org

Military Family Education Programm (MFEP)

Important information about education benefits for military families:

- Can be used for degree or certificate granting curriculum
- Up to 100% flat in-state tuition for full time PA students
- Benefit can go to one dependent or split among more than one/ 120 credits total
- Spouse can use assigned MFEP benefit up to 6yrs after Guard member's separation
- Children can use assigned MFEP benefit before reaching 26 yrs of age
- MFEP website is now live (www.pheaa.org)
- Service Members can apply, monitor, and adjust credit hours within the site
- SMs who have already been approved for MFEP will have their info manually migrated to the site by PHEAA

*ASB Company Commanders and 1SGs have additional documents and forms for information

MFEP Contact Information:

Phone #: 717-861-9959

Email: ng.pa.paarng.list.jfhq-g1-mfep@mail.mil



PEGASUS POST

Checking in with HHC

March 9, 2021





Congratulations to all HHC Soldiers who were promoted, awarded or patched in the past two weeks.

Reminders

"BATTLE OF THE BATTALIONS" CORNHOLE TOURNAMENT
MARCH 15
1600-2200
SIGN UP WITH SPC BUSKIRK NLT MARCH 11.

PANCAKE BREAKFAST MARCH 26 0700-1000