



September 28, 2018
Vol. 11, No. 18

The Real McCoy®

Published for Fort McCoy, Wis. — Proudly Serving America's Army Since 1909

Air Force, Army hold Exercise Turbo Distribution on post in early September

BY AIRMAN 1ST CLASS CHRISTIAN CONRAD
60th Air Mobility Wing Public Affairs

Airmen, Soldiers, and officials with the Defense Logistics Agency (DLA) were sent to Fort McCoy from Sept. 7 to 14 as part of Exercise Turbo Distribution 18-02, a Joint Task Force-Port Opening (JTF-PO) simulation designed to hone joint service interoperability in austere locations.

Airmen assigned to the 821st Contingency Response Group, 621st Contingency Response Wing (CRW) of Travis Air Force Base, Calif.; Soldiers assigned to the 688th Rapid Port Opening Element out of Joint Base Langley-Eustis, Va.; and DLA officials were deployed to the fictitious country of Badgeristan for the exercise.

The JTF-PO team was deployed to demonstrate its ability to arrive in an austere location, build and secure an airfield, receive airlifted cargo, and move the cargo via truck to a forward-operating location to be staged for distribution.

In addition to C-130J Super Hercules sorties dropping real-world cargo (See **EXERCISE**, Page 3)



Photo by Airman 1st Class Christian Conrad/60th Air Mobility Wing Public Affairs

Airmen with the 621st Contingency Response Wing of Travis Air Force Base, Calif., work to build tents Sept. 2 during Exercise Turbo Distribution 18-02 at Fort McCoy.



Photo by Spc. John Russell/86th Training Division

Sgt. Peter Raab, 943rd Engineer Detachment, 416th Engineer Command, operates an M5-Concrete Mobile Mixer on Aug. 16 during work on a troop project on North Post near Range 2 during Combat Support Training Exercise 86-18-02 at Fort McCoy.

Work on 2018 McCoy troop projects progresses after summer exercises

BY SCOTT T. STURKOL
Public Affairs Staff

Going into 2018, numerous troop projects were on a to-do list at Fort McCoy. After the summer's training exercises, when most of the troop-project work is done, good progress has been made, said Troop Project Coordinator Larry Morrow with the Directorate of Public Works.

"Most all of the work for this year's troop projects was during the Combat Support Training

Exercises in June and August," Morrow said. "There was a lot of work to do, especially with smaller projects, and we saw quite a bit of that work completed."

Troops built a picnic shelter at building 2171 and finished building a connection between two buildings at Whitetail Ridge Ski Area, Morrow said. Troops also finished putting in a concrete pad and fence at the Fort McCoy Physical Fitness Training Site.

"There also was demolition and rebuild work done at building 550,"

Morrow said. "And the storage building, building 1024, is about 75 percent complete."

Morrow said the training troops built four bunkers for training and then tore them down after the training was done. "It was work they had to do as part of their annual training requirements," he said.

New parking-lot lighting was installed near building 2173, and troops also continued specialized work, such as wiring (See **PROJECTS**, Page 7)

Inside
This
Edition:

New storage
building
at airport
Page 5



181st MFTB
Best Warrior
named
Page 8



Archaeology
and
public lands
Page 11



McCoy
Ten-Miler team
ready to run
Page 15



NEWS

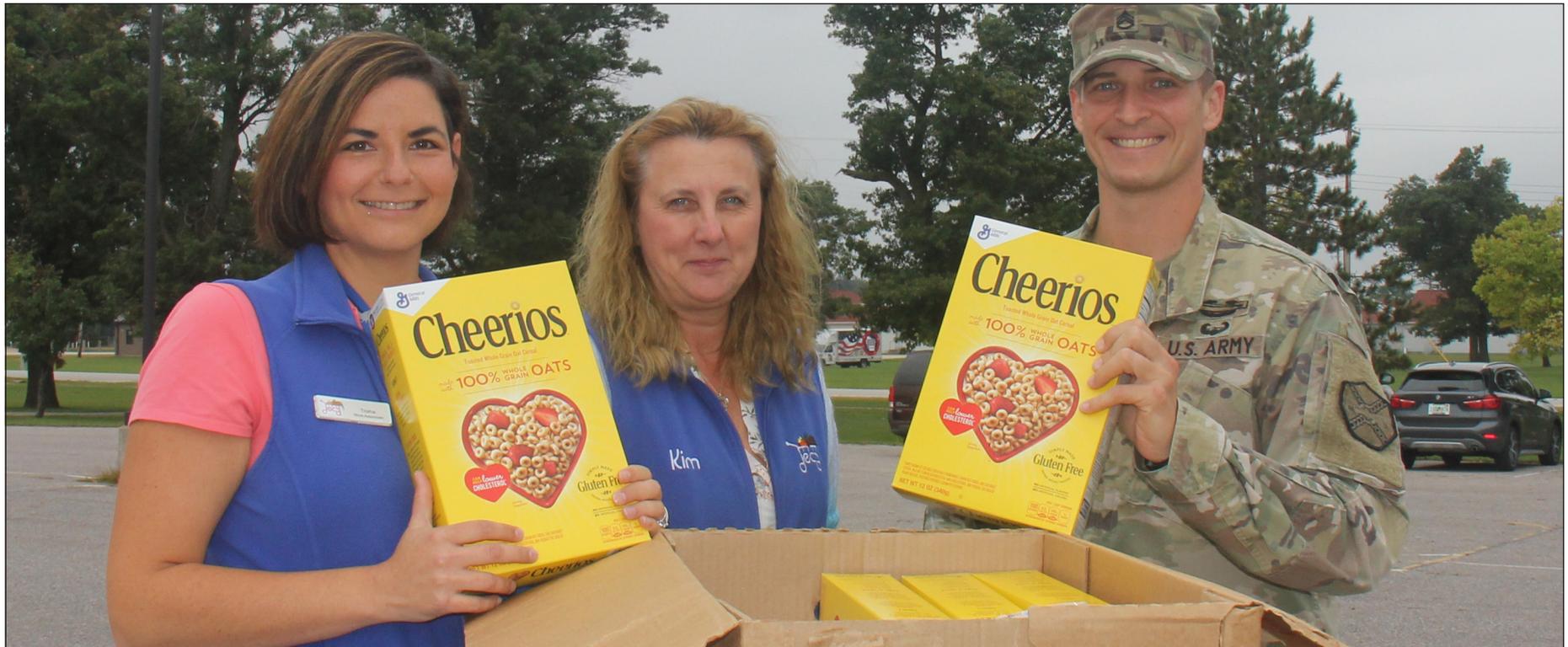
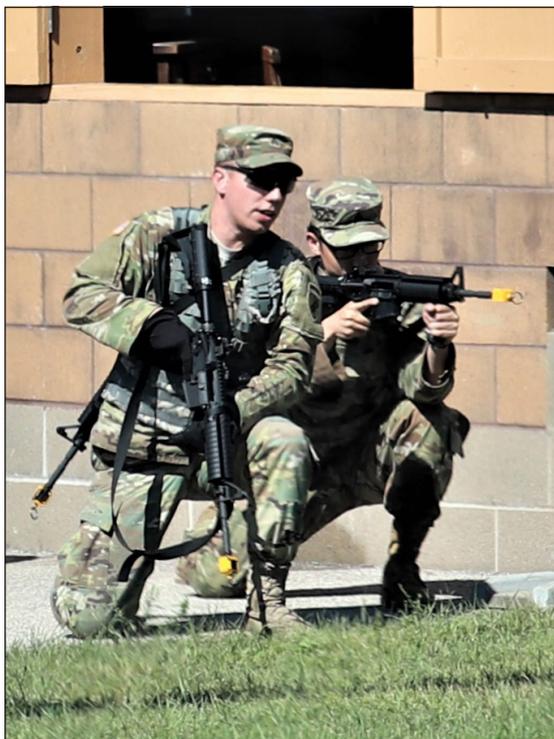


Photo by Aimee Malone

Feds Feed Families food drive

Store Associate Trisha France and Secretary Kim Graham with the Fort McCoy Commissary and Staff Sgt. Lance Holtgeerts with Headquarters and Headquarter Company, U.S. Army Garrison Fort McCoy, stop for a photo with food donated Sept. 18 to the Feds Feed Families food drive. The food drive is a federal initiative to help keep local food pantries stocked; all federal agencies are encouraged to participate. Fort McCoy donations are distributed to Tomah and Sparta food pantries in alternating years. The 2018 drive continues through Oct. 15.

Civil affairs Soldiers hold battle-drill training at Fort McCoy



(Left) Army civil-affairs Soldiers complete training Sept. 6 at the Combined Arms Collective Training Facility at Fort McCoy.

(Right) Military vehicles assigned to Army civil-affairs Soldiers are lined up for a convoy Sept. 6 on the cantonment area.

Civil-affairs specialists are required to identify critical requirements needed by local citizens in combat or crisis situations.

These specialists also are primarily responsible for researching, coordinating, conducting, and participating in the planning and production of civil-affairs-related documents while enabling the civil-military operations of the supported commander.

Civil-affairs units train regularly on post.

Photos by Scott T. Sturkol



NEWS

EXERCISE

from Page 1

and around-the-clock schedule of cargo shipments, the JTF-PO team also had to contend with simulated chemical attacks, simulated attacks by militants, and frequent alarms in order to test the team's ability to operate under stress, sleep-deprivation, and full "battle-rattle," from ballistic plate vests and helmet to a full mission-oriented protective posture.

This exercise tests the port-opening capabilities, said Lt. Col. Taylor Johnston, 921st Contingency Response Squadron (CRS) commander.

"This exercise is just one of four the 621st Contingency Response Wing will be conducting this year," he said. "Since we have four (contingency response) squadrons within the 621st CRW, including the 921st CRS, it's vital each squadron stays up to date on its training."

Over the course of the exercise, 29 Air Force specialties were put through their paces.

"It's not uncommon in environments like these to find yourself wearing three or four different hats," said Capt. Christian Acevedo, 621st CRW legal adviser. "It's not our job to nitpick over what we're supposed to be doing — our job is to get the mission done by any means necessary. That's what being part of the CRW is about, and that's why every single one of us is in full 'battle-rattle' right now. We're a team."

Contingency-response units are self-sufficient and can deploy with all personnel, equipment, and supplies to execute the mission. As a global reach laydown force, the 621st CRW bridges the gap between seizure forces and follow-on sustainment forces.

A CRW is prepared to execute a mission for up to 45 days and, once redeployed home, is reconstituted within 72 hours and ready to once again answer the nation's call.



Photo by Scott T. Sturkol

An Airman at Fort McCoy for training in Exercise Turbo Distribution 18-02 drives an extreme-terrain forklift Sept. 13 in preparation to move cargo at the Sparta-Fort McCoy Airport.



Photo by Airman 1st Class Christian Conrad/60th Air Mobility Wing Public Affairs

Airmen with the 621st Contingency Response Wing await bus transport to the designated exercise area as part of Exercise Turbo Distribution on Sept. 8 at Fort McCoy. The exercise helped to hone the Airmen's core port-opening competencies as well as provide upgrade training for participating Airmen.

NEWS



Soldiers at Fort McCoy for training operate Humvees in a convoy on the cantonment area Sept. 20. Thousands of troops trained on the installation in September and many more are expected to train on post during October in institutional, battle-drill, and extended combat training events.

Thousands of troops to train on Fort McCoy in October

STORY & PHOTO BY SCOTT T. STURKOL
Public Affairs Staff

From June through September, the number of troops training on post was in the tens of thousands as numerous exercises and other training took place.

That busy theme continues into October as thousands of service members are scheduled to train on post for battle-drill and extended-combat training as well as for institutional training, said Training Coordination Branch Chief Craig Meeusen with the Directorate of Plans, Training, Mobilization and Security.

The October training calendar is filled with a variety of training, including battle-drill training for hundreds in early October with the 1st Squadron, 105th Cavalry and in mid-October with the 1st Battalion, 147th Aviation Regiment — both with the Wisconsin National Guard. The units, all part of Wisconsin's 32nd Infantry Brigade Combat Team, complete training on post every year.

Also training on post in October are a number of Army Reserve units, including the 428th Engineer Company of Wausau, Wis., and the 339th Military Police (MP) Company of Davenport, Iowa.

In August, hundreds of MPs trained on post as part of the 86th Training Division's Combat Support Training Exercise 86-18-02 where they built on Lethal Warrior skills. This same type of training often takes place during battle-drill training sessions as well.

In a story by Staff Sgt. Ryan Lothspeich about the August training with the MPs, Sgt. Caleb Whitney, a corrections and detention specialist with the 367th Military Police Company of Horsham, Pa., said it's good to refresh basic warrior skills.

"It gives me an opportunity to stretch myself and go out of my normal skillset," Whitney said in the article.

October will also see dozens of law-enforcement personnel coming to post to train, Meeusen said. Traditionally, their

*"From the leadership
on down, we all know
that taking care of
the people
who train here
is our top priority."*

CRAIG MEEUSEN

Directorate of Plans, Training,
Mobilization and Security

training includes use of live-fire ranges for weapons qualification as well as training at the Combined Arms Collective Training Facility (CACTF).

Sgt. Michael Valencia, lead training

instructor and a patrol sergeant and SWAT team leader with the La Crosse (Wis.) County Sheriff's Department, said the CACTF is ideal for law-enforcement training scenarios.

"(The CACTF) is a great facility for us to train in," Valencia said during a past training session at the facility. "We try to come here between four and five times a year."

October also is the beginning of a new fiscal year, and many Fort McCoy tenant organizations will be restarting their institutional training calendars. This includes training by the Fort McCoy Noncommissioned Officer Academy, Regional Training Site (RTS)-Medical, RTS-Maintenance, and others.

No matter what kind of training that takes place or what month it is, Meeusen said the Fort McCoy team is always ready to support.

"Our team is a team that works together to do well at completing its mission," Meeusen said. "From the leadership on down, we all know that taking care of the people who train here is our top priority."

NEWS

New storage building under construction at Sparta-Fort McCoy Airport

Contractors are building a new \$838,000 6,000-square-foot maintenance building at the Sparta-Fort McCoy Airport.

Work on the project began in late spring, and the building's completion is slated for November, said Construction Inspection Branch Chief Dan Hanson with the Directorate of Public Works.

Nuvo Construction of Brookfield, Wis., was awarded the contract to complete the building.

"This is a pre-engineered steel building," Hanson said. "The contractor started the design work as early as last fall."

The new building is going up next to the hangar on the Fort McCoy side of the airport.

Jim Hubbard, Airfield Division chief with the Directorate of Plans, Training, Mobilization and Security, said the new facility will free up space for training availability — especially this coming winter.

"The new building will be utilized for roads and grounds equipment during the winter to free up the hangar for winter-training opportunities for units like the 2nd Marine Air Wing and the 147th Aviation Battalion," Hubbard said.

"The building may also be utilized for aircraft rescue firefighting-support vehicles during the nonwinter months," he said.

The new building is a continuation of improvements that have been completed at the airport in recent years.

In 2015, work was completed to repair and repave a runway to handle larger aircraft, such as the Air Force C-17 Globemaster III. Since then, numerous C-17s have landed at the airport, including most recently for the Patriot Warrior exercise in August.

Also in 2015, work was completed to repair concrete apron turnarounds at the airport. The project repaired concrete at each end of the runway and replaced all of the joint seals, according to DPW. The hangar doors on building 6050 also were replaced in 2015.

Continued airport improvements also align with Fort McCoy's master plan to continuously improve airfield operations at Fort McCoy, Hanson said. The projects also align with the Fort McCoy strategic objective to modernize Fort McCoy's infrastructure.

(Article prepared by the Fort McCoy Public Affairs Office.)



Photos by Scott T. Sturkol

(Above) Contractors with Nuvo Construction of Brookfield, Wis., work on building a new storage building Aug. 14 at Sparta-Fort McCoy Airport. **(Below)** By Sept. 13, work on the building included some roofing and siding installed.



NEWS**Dozens of post members participate in Sparta Military Appreciation Night**

Photos by Bill Coppernoll

(Above and below) Dozens of Fort McCoy community members and members of the general public gather for a meal during the Sparta Military Appreciation Night on Sept. 20 at the Eagles Club in Sparta, Wis. The event is hosted by the Sparta Chamber and businesses for military troops whose duty station is Fort McCoy and is held the third Thursday of September. Troops and their family members were served salad, a spaghetti dinner, brownies, and beverages. Door prizes also were handed out.



NEWS



Photo by Spc. John Russell/86th Training Division

Soldiers with the 943rd Engineer Detachment, 312th Engineer Company, and 465th Engineer Company, 416th Engineer Command, spread concrete on the floor of a storage building Aug. 16 near Range 2 on North Post at Fort McCoy. The building was started as a troop project in 2017.

PROJECTS

from Page 1

and plumbing, on a shower facility at Improved Tactical Training Base Freedom on South Post.

Staff Sgt. Chad Spencer, noncommissioned officer in charge with the 409th Vertical Construction Company of Windsor, Colo., was one of more than 30 Soldiers with the 409th who installed the new parking-lot lighting at building 2173. He said it was his unit's main project while training on post.

"Every time we worked (on the project), we had about 29 people on site," Spencer said at the time of the training. "It worked out well and was good training for all of us."

The company installed several light poles, which included not only installing the poles but also all of the ground infrastructure and wiring. Spencer said they had some challenges after some heavy rains filled ditches with water that were going to hold wiring for the new lights.

"The water was an issue, but we found a way to remove the water and get the work done anyway," Spencer said.

The 409th Soldiers as well as troops who did other projects used various types of equipment to complete their work, including hand tools and heavy equipment. Morrow said all the work equates to troops getting the training they need and the installation getting work completed that improves the post's infrastructure.

Plans are already underway for what troop projects will need to be addressed in fiscal year 2019.



Photo by Scott T. Sturkol

Soldiers with the 284th Engineer Company work on a troop project June 22 to build a pavilion next to the Directorate of Public Works headquarters at Fort McCoy.

NEWS

181st MFTB holds Best Warrior competition

Staff Sgt. Brandon High with the 3rd Battalion, 340th Training Support Battalion, earned the enlisted Best Warrior title during the 181st Multi-Functional Training Brigade's (MFTB) Best Warrior competition in mid-September.

Capt. James Forbes with the 1st Battalion, 310th Brigade Engineer Battalion, earned the officer Best Warrior title in the same competition. High will represent the brigade at the First Army Division West competition in November. Both winners were presented with Army Achievement Medals from Col. James Schultze, 181st MFTB commander.

The competition included a number of events, including day and night land navigation, pistol and rifle qualification using the Engagement Skills Trainer simulator, Warrior Tasks and drills, and more.

According to the Army, the Best Warrior competition "recognizes Soldiers who demonstrate commitment to the Army values, embody the Warrior Ethos, and represent the force of the future."

The 181st MFTB, a tenant organization at Fort McCoy, partners with Army Reserve and Army National Guard units to advise, assist, and train Army formations throughout their complete sustainable readiness model cycle to achieve collective training readiness in support of worldwide requirements.

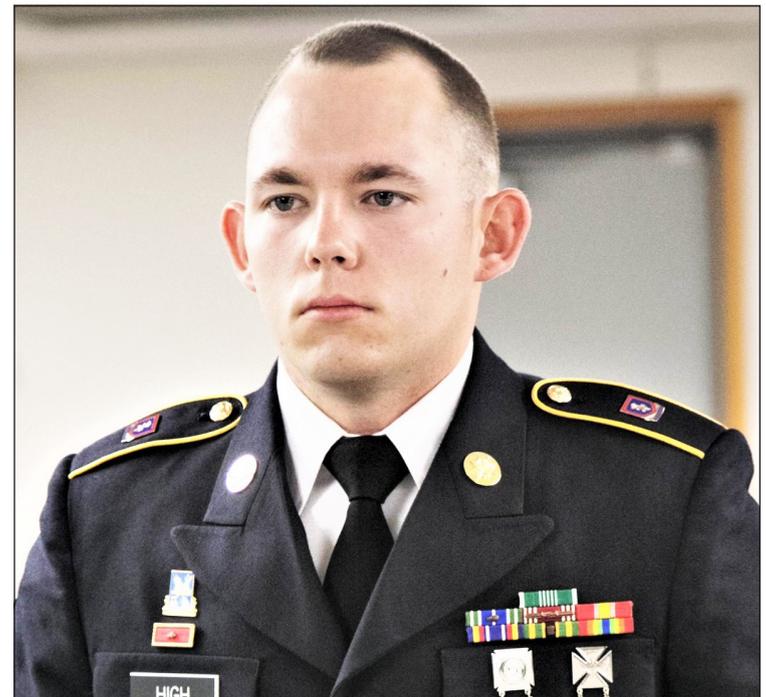
(Article prepared by the Fort McCoy Public Affairs Office and the 181st Multi-Functional Training Brigade.)



A competitor in the 181st Multi-Functional Training Brigade Best Warrior competition participates in an event Sept. 11 at Fort McCoy. *Photos courtesy of the 181st Multi-Functional Training Brigade*



The final four competitors for both the officer and enlisted Best Warrior titles prepare for an event at a training area Sept. 12 at Fort McCoy.



Staff Sgt. Brandon High with the 3rd Battalion, 340th Training Support Battalion, stands before the command sergeants major board during the 181st Multi-Functional Training Brigade Best Warrior competition Sept. 13 at Fort McCoy. High won the competition.

NEWS

Tomah VA Medical Center holds summit at Fort McCoy



Photo by Scott T. Sturkol

Fort McCoy Garrison Commander Col. Hui Chae Kim welcomes dozens of people attending the Tomah Veterans Affairs Medical Center Mental Health Summit on Sept. 20 at building 220 at the installation. The day-long summit featured many guest speakers, demonstrations of Fort McCoy simulations systems, and more.



Photo by Scott T. Sturkol

Victoria Brahm, director of the Tomah Veterans Affairs Medical Center in Tomah, Wis., discusses ongoing work in mental health at the center Sept. 20 during the summit.



Photo by Bill Coppernoll

Attendees learn how the Reconfigurable Vehicle Tactical Trainer, a simulation training system, is used Sept. 20 as part of the summit.

ADS

FEATURE

National Public Lands Day:**Archaeology helps in historical understanding of post's public lands**

STORY & PHOTOS BY SCOTT T. STURKOL

Public Affairs Staff

More than 30-plus years of archaeology work on the nearly 60,000 acres of public land at Fort McCoy has helped build a picture of the installation's recent and distant past.

The work reflects some of the core reasons many Americans celebrate National Public Lands Day every September. According to the National Environmental Education Foundation, the day is celebrated annually at public lands across the United States on the fourth Saturday of September. The day promotes both popular enjoyment and conservation of public lands.

"Over those past 30(-plus) years, archaeologists working at Fort McCoy recovered a rich cultural tapestry covering more than 10,000 years of human occupation in the Fort McCoy area," said Alexander Woods, Ph.D., an archaeologist with Colorado State University's Center for Environmental Management of Military Lands under contract with Fort McCoy.

"The archaeologists examined ancient quarries where the first people to enter the state mined stone for their weapons and tools, documented the homes and farmsteads of pioneer families, and rediscovered the remains

of the very first infantry maneuvers from Camp Emory Upton in 1909-10."

According to history, Fort McCoy was first called the Sparta Maneuver Tract when it opened in 1909.

It was divided into a maneuver camp named Camp Emory Upton and an artillery camp known as Camp Robinson. The installation wasn't very large when it opened, but by World War II, it grew to the size it is today.

Through archaeology, the work benefits both the installation and researchers, said Fort McCoy Archaeologist Kira Kaufmann with the Directorate of Public Works Environmental Division Natural Resources Branch (NRB).

For example, knowing the locations of sensitive archaeological sites prior to project planning saves the installation time and money. Projects can be approved much more quickly because the archaeological surveys already have been completed.

"We surveyed every safe-to-dig-and-walk inch of Fort McCoy," Woods said. "Fort McCoy has been very proactive in making sure cultural resources are preserved and understood. That's why there was more than three decades of field work."

The decades of archaeology work has generated tens of thousands of artifacts — some of which are displayed at the Fort



An ancient Native American arrow head found at Fort McCoy is shown Sept. 11, 2017, at an archaeology lab in Tomah, Wis.

McCoy History Center, building 902, in the Commemorative Area. Others are cared for by the Mississippi Valley Archaeology Center at

the University of Wisconsin-La Crosse.

"Archaeological surveys and digs at Fort McCoy have produced ... artifacts, some more than 10,000 years old, that show how the earliest of peoples inhabited the Driftless Area of Wisconsin and more specifically around Fort McCoy," Woods said.

Other artifacts document military history and compared to those that show what the post was like thousands of years ago.

In 2017, the first phase III archaeological dig took place on South Post.

A mock cultural training site was added to the site area.

"Mock cultural sites are used as training aids for troops while they protect cultural resources at the same time," Kaufmann said. The site now is set up with mock ruins and internationally recognizable signs noting the area is a cultural site.

In the spirit of National Public Lands Day, which was Sept. 22, the Fort McCoy team will continue to do its part to conserve and care for the installation's public lands, said NRB Chief Mark McCarty.

"The installation team has a big job ensuring that land is sustainable and vibrant for future generations," he said.

National Public Lands Day was first launched in 1994. By 2017, participation grew to include thousands of sites across the country, according to the National Environmental Education Foundation.

Learn more about Fort McCoy online at www.mccoy.army.mil, on Facebook by searching "ftmccoy," and on Twitter by searching "usagmccoy."



Members of the Colorado State University's Center for Environmental Management of Military Lands under contract with Fort McCoy work on a phase III archaeology dig June 27, 2017, at an area on South Post at Fort McCoy.

FEATURE

Fort McCoy ArtiFACT: Ranney's 'Wisconsin's Finest' ice cream carton

Archaeologists from Colorado State University's Center for Environmental Management of Military Lands recovered six plastic ice-cream carton fragments at a Fort McCoy homestead site that was last occupied prior to World War II.

Ice cream has been a delicacy for more than 2,000 years. Its history goes back to the time of the Romans, who combined ice with fruit; the ancient Greeks, who would mix honey and fruit with snow; and the Chinese, who combined ice with milk. Ice cream came to the United States in the late 1700s, and American colonists are believed to have coined the phrase "ice cream."

The ice cream packaging recovered at Fort McCoy is in poor condition, but the brand name "Ranney's" is clearly discernible. Ranney's Dairy was opened in Tomah, Wis., in 1922 by A.L. Ranney, who had previously been a butter maker in the New Lisbon (Wis.) Creamery. In 1927, Ranney's Dairy was the first business to provide pasteurized milk to the city of Tomah, and the company was using mechanical refrigeration trucks at least as early as 1935 to make deliveries.

Ranney's Dairy was one of many dairy businesses that contributed to the local economy and provided jobs in the region; numerous autobiographical accounts were found archived on the internet which described life in Tomah from this time period and include mention of the author getting their first job at Ranney's Dairy.

Ranney sold his retail milk business in 1928 to Max Neuman to focus on production of ice cream and sweet

cream but merged interests with Neuman 11 years later to form the Ranney Neuman Milk and Ice Cream Co. This merger prompted a move from the old Goodyear Lumber Co. office on North Glendale Ave. to a downtown Tomah location at 900 Superior Ave., where the company remained until they were acquired by Dolly Madison sometime around 1965.

In the interim, Ranney retired to California and handed over leadership of the company to I.B. Bell, one of his first delivery drivers. Retirement did not agree with Ranney, so he returned to the company a few years later to continue chasing his passion for ice cream.

Operations moved once more after the acquisition by Dolly Madison to 109 East La Crosse St., and the milk was eventually sold under the Kemp's label until production ceased sometime around 1969.

All archaeological work conducted at Fort McCoy was coordinated by the Directorate of Public Works Environmental Division Natural Resources Branch.

Visitors and employees are reminded they should not collect artifacts on Fort McCoy or other government lands and leave the digging to the professionals.

Any person who excavates, removes, damages, or otherwise alters or defaces any historic or prehistoric site, artifact, or object of antiquity on Fort McCoy is in violation of federal law.

The discovery of any archaeological artifact should be reported to the Directorate of Public Works Environmental Division Natural Resources Branch at 608-388-8214.

(Article prepared by Colorado State University Center for Environmental Management of Military Lands.)

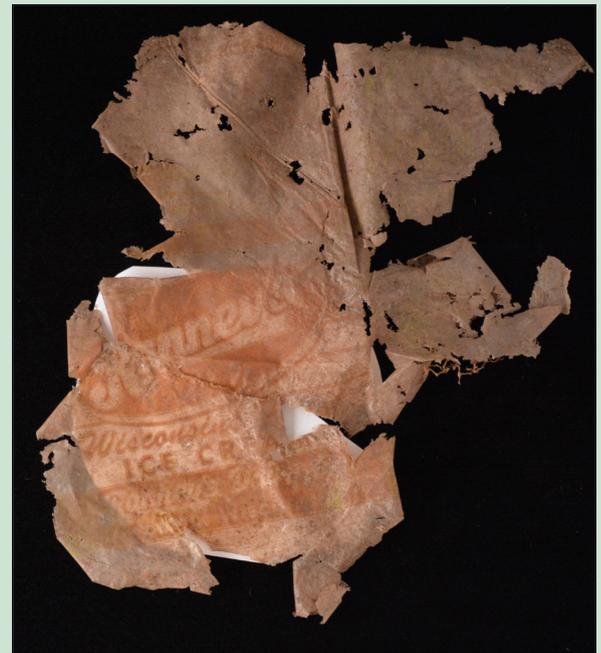


Photo by Colorado State University Center for Environmental Management of Military Lands

Shown is a piece of an ice cream carton for Ranney's ice cream that was found at Fort McCoy at a past archaeological dig.



Photo by Scott T. Sturkol

Archaeology flashback

Archaeologists Mitch Johnson and Sarah Tillet work in an area of the cantonment area July 23, 2014, at Fort McCoy, Wis. They are part of a team of archaeologists under contract with Fort McCoy that searches several areas of the post for artifacts as part of historical preservation. Artifacts they have found include Native American arrow and spear heads that date between 13,000 and 500 years ago.

FEATURE

Community celebrates Fort McCoy Day for Kids



Photos courtesy of the Directorate of Family and Morale, Welfare and Recreation

Fort McCoy youth take off at the start of a color run during festivities for the Fort McCoy Day for Kids on Sept. 15 at the installation. A variety of activities were held at the School Age Center/Youth Center in addition to the color run., including games, a rock wall, inflatables, and a DJ. Lunch also was served during the five-hour event.



Training Coordinator Alex Rivera-Torres with the Directorate of Emergency Services Police Department helps a youth secure his helmet Sept. 15 while teaching bicycle safety during the Day for Kids event.



A youth has his face painted during the Day for Kids event Sept. 15.

COMMUNITY

Army observes September as Suicide Prevention Month

The Army is committed to the health, safety, and well-being of its Soldiers, Department of the Army civilians, and families.

To emphasize this commitment, the Army is joining the nation in observing September as National Suicide Prevention Month.

Every person has a responsibility and commitment to reach out and help fellow Soldiers, civilians, or family members who need the strength of the Army.

Together, a difference can be made by helping those who are at risk and suicides can be prevented.

Effective suicide prevention requires everyone to be aware of the risk factors for suicide and know how to respond.

If a person seems suicidal, the time to take action is now. Talk to that person before it is too late. Be direct and talk openly. Listen, and allow them to express their feelings.

Battle buddies are the front line in surveillance and detection of high-risk behavior.

Be a buddy, learn the warning signs of suicide, and find out how to help someone threatening suicide.

Employ ACE

Ask, care, escort, or ACE, is an easy-to-remember acronym that any Soldier, leader, family member, or civilian can use.

- Ask your buddy — Have the courage to ask the question, but stay calm. Ask the question directly, “Are you thinking of killing yourself?”

- Care for your buddy — Remove any means that could be used for self-injury. Calmly control the situation; do not use force. Actively listen to produce relief.

- Escort your buddy — Never leave your buddy alone.

Escort to the chain of command, a chaplain, a behavioral health professional, or a primary care provider.

Know the signs

Do you know the warning signs for suicide? If anyone you know exhibits the following signs, get help as soon as possible by contacting a mental health professional or by calling the National Suicide Prevention Lifeline at 800-273-TALK.

- Threatening to hurt or kill oneself or talking about wanting to hurt or kill oneself.

- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means.

- Talking or writing about death, dying, or suicide when these actions are out of the ordinary for the person.

- Feeling hopeless.

- Feeling rage or uncontrolled anger or seeking revenge.

- Acting reckless or engaging in risky activities.

- Feeling trapped.

- Increasing alcohol or drug use.

- Withdrawing from friends, family, and society. This includes feeling anxious or agitated, being unable to sleep, or sleeping all the time. It also includes experiencing dramatic mood changes or seeing no reason for living or having no sense of purpose in life.

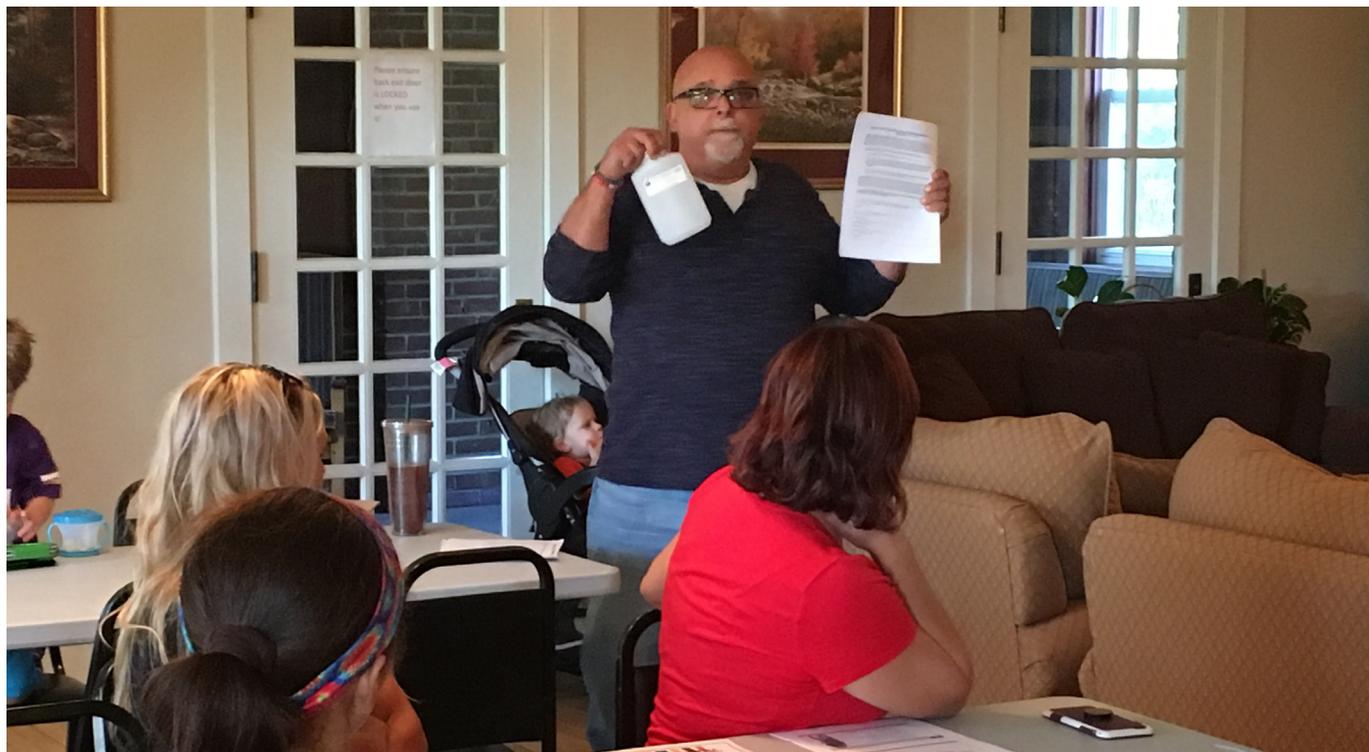
For more information on what to look for and what help is available at Fort McCoy, call 608-388-2441. People can also go online to <https://suicidepreventionlifeline.org>, www.sprc.org, <https://afsp.org>, or www.facebook.com/SuicidePreventionResourceCenter.

(Article prepared by Army OneSource, National Suicide Prevention Lifeline, and the Fort McCoy Public Affairs Office.)



Photo by Scott T. Sturkol

Terry Rogalla with the Directorate of Human Resources teaches a suicide prevention class Sept. 17 at Fort McCoy. The Army observes September is National Suicide Prevention Month.



Fort McCoy town hall

Mike Miller, Fort McCoy Directorate of Public Works (DPW) supervisory environmental protection specialist, explained water sampling to Fort McCoy housing residents during a town-hall event Sept. 13 on South Post.

Public works employees also assured residents that the houses they live in were built after contractors stopped using lead paint in 1978, and therefore, the residential houses do not have lead-based paint.

Photo by Tonya Townsell

SPORTS

Fort McCoy Army Ten-Miler coach: 'We're ready'

Members of Fort McCoy's Army Ten-Miler team have been training for months to prepare for the race in October. The team's coach, Lt. Col. Mark Woommavovah with the 181st Multi-Functional Training Brigade (MFTB), said the team is looking good and is ready to compete.

"Our team is looking good as we get closer to the 2018 Army Ten-Miler," Woommavovah said. "Our vision, purpose, and goal are all coming together."

Fort McCoy will field two teams of eight runners for the 2018 Army Ten-Miler, which will be held at 8 a.m. Oct. 7 at the Pentagon. "All teams contain a combination of both male and female runners (six male and two female)," Woommavovah said.

The coach said everyone has learned to be adaptable to one another.

"We know each other every well, and we have learned that it is important to support one another," Woommavovah said. "No two runners are alike. As a result, we are a united team, and we constantly focus on our vision and goal. Our team has high energy — we are enthusiastic runners. We give energy to one another with excitement and drive to achieve our goal."

Team members have competed regularly in local running competitions as part of the training regimen, and many have done well, Woommavovah said.

"We are attracting other runners and Soldiers at Fort McCoy and in the local surrounding communities because of our high energy level," he said. "People want to be part of us."

For the competition, the goal is to compete and do well. Woommavovah said that to be successful, they all will have to continue to do what they've been doing all along and provide strong support for each other.

"There is no 'I' in team," Woommavovah said. "Each team member has given up their personal time so that our goal can be achieved, and we understand the importance of being committed to our vision and goal."

"We also communicate well with one another, and we understand the importance of constant communication," he said. "Constant communication means that bonds are kept strong. It means that misunderstandings are minimized. It means that everyone understands each other at a deeper level."

"To sum it up, we are focused on our goals and results and we know everyone must contribute their fair share," Woommavovah said. "We always support each other; our team members are diverse; we have good leadership; we are very well organized; and most importantly, we have fun. We're ready for this."

Team members, in addition to Woommavovah, include:



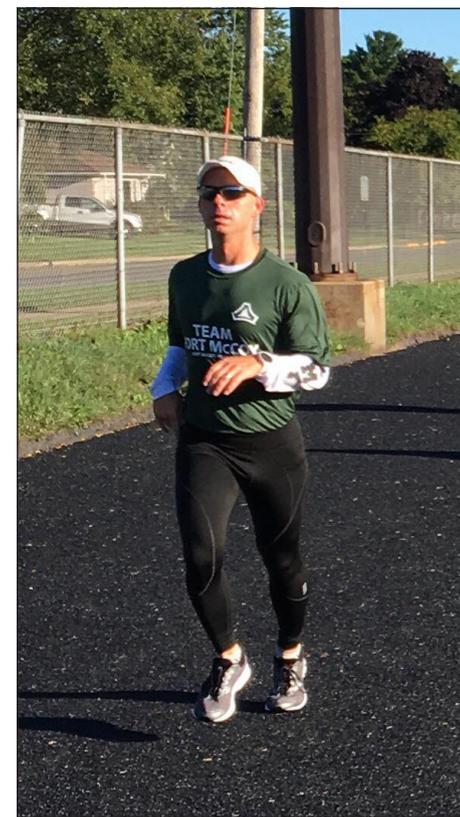
Photos courtesy Fort McCoy Army Ten-Miler team

Sgt. 1st Class Sarah Johnson, member of the Fort McCoy Army Ten-Miler team, crosses the finish line during the Roadkill 5k Run on Sept. 12 near Rumpel Fitness Center.

- **Maj. Tony Steinhoff**, assistant coach with the 88th Readiness Division (RD)
- **Chaplain (Maj.) Erik Spicer**, 181st MFTB
- **Capt. William "Bill" Thomson**, 1st Battalion, 310th Brigade Engineer Battalion
- **Capt. Daniel "Dan" Frantz**, 1st Battalion, 291st Brigade Support Battalion
- **1st Lt. Jerel Villanueva**, 1st Battalion, 338th (1st, 338th) Training Support Battalion
- **Master Sgt. Nicholas Vance**, Fort McCoy Noncommissioned Officer (NCO) Academy
- **Sgt. 1st Class Jolaina Falkenstein**, 88th RD
- **Sgt. 1st Class Sarah Johnson**, 94th Training Division
- **Staff Sgt. Beatriz Sanchez**, 311th Expeditionary Sustainment Command
- **Capt. Adan Rivas**, 1st Battalion, 351st Brigade Support Battalion
- **Staff Sgt. Yahaira Lescana**, 1st, 338th
- **Staff Sgt. James Teague**, NCO Academy
- **Staff Sgt. Donald Flintroy**, 181st MFTB
- **Sgt. Melissa Gore**, 102nd Division
- **Pfc. Yousif Abdelmagid**, Regional



Some of the team members stop for a photo after their participation in the Roadkill 5k Run on Sept. 12.



Fort McCoy Ten-Miler team member Staff Sgt. James Teague gets in some practice running Sept. 22 with other team members.

Training Site-Medical

Alternate is **Sgt. 1st Class Nicholas Gimson**, 108th Training Command.

The Army Ten-Miler is the second largest 10-mile race in the United States, according to the Army.

Each year, tens of thousands of runners and spectators participate in the race. Proceeds from the race support Army Morale, Welfare and Recreation.

(Article prepared by the Fort McCoy Public Affairs Office and the Fort McCoy Army Ten-Miler Team.)



Team members pose for a shot during an event in August. The coach said the team has developed great camaraderie, and they have "fun wherever they compete."

NEWS NOTES

DJ Trivia held weekly at McCoy's

McCoy's Community Center, building 1571, holds DJ trivia from 5 to 7 p.m. Thursdays.

There is no cost to enter, and advance registration is not required.

The competition is open to Fort McCoy employees and their guests who are at least 18 years old.

For more information, call 608-388-4161.

Flu shots available starting Oct. 2

Flu vaccinations will be available at the Fort McCoy Occupational Health Clinic, building 2669, to essential personnel starting Oct. 2.

Essential personnel include Child and Youth Services, Police Department, and Fire Department employees.

After mandated personnel have been vaccinated, the remaining shots will be available to other civilian employees.

Clinics will be 8 a.m. to noon and 1 to 2 p.m. Oct. 2, 4, 9, 11, 16, and 18 and Nov. 6, 8, 13, and 15.

Call the clinic at 608-388-3209 for more information or to make an appointment.

Connect the Tots play group meets Oct. 2

The "Connect the Tots" play group will meet at 9:30 a.m. Oct. 2 at Army Community Service Family Building, building 2161.

The play groups are for children 5 years old or younger.

Through play, transitions, circle time, songs, activities, and informal conversations, parents learn about developmental ages and stages and gain tools to help understand their children's behavior.

ACS events are open to military members, retirees, civilian workforce, Family members, and registered Fort McCoy volunteers.

Additional play groups are scheduled for Oct. 2, 16, and 30; Nov. 6, 13, and 27; and Dec. 4 and 11.

For more information or to register, call 608-388-2412.

Consumer rights class scheduled for Oct. 3

A Consumer Rights class is scheduled for 1 to 2:30 p.m. Oct. 3 at Army Community Service, building 2111.

The class explains the importance of understanding consumer rights and protection laws.

Contracts, misleading advertising, scams, and how to file consumer complaints will be covered.

Registration is required. The workshop is open to military members, retirees, civilian workforce, Family members, and registered Fort McCoy volunteers.

For more information or to register, call 608-388-3540.

The Real McCoy newspaper is published for people like:

Jeffrey A. Winkler

Management
Analyst,
Fort McCoy Plans, Analysis,
and Integration Office

- Winkler began working
at Fort McCoy in April 2009.
He previously served in the Air
Force as a logistic management
superintendent for 21 years,
retiring as a master sergeant.



Photo by Jobi Spolum/Plans, Analysis and Integration Office

Meet at McCoy Mingle 1st Wednesday every month

McCoy Mingle, a chance to socialize with other Fort McCoy community members, is held 4-5 p.m. the first Wednesday of each month at McCoy's Community Center, building 1571.

Food and drink specials will be available. The event is open to the entire Fort McCoy community.

Upcoming dates include Oct. 3, Nov. 7, and Dec. 5.

Bike rodeo planned Oct. 4 on South Post

A bike rodeo is scheduled for 5 to 7 p.m. Oct. 4 at South Post Community Center.

The event is sponsored by Friends and Spouses of Fort McCoy, USO-Wisconsin, and the Directorate of Emergency Services. Four bikes will be given away through a raffle. Tickets are available at the Family Housing Office.

The event will feature bicycle safety information and skills. Child and Youth Services, USO-Wisconsin, and scouting organizations will also have informational booths set up at the event.

For more information, call 608-388-2412.

Financial Peace University starts Oct. 9 at RSO

The Religious Support Office (RSO) will host Financial Peace University classes starting Oct. 9.

The nine-week course will be held 11:30 a.m. to 1 p.m. Tuesdays at RSO, building 2675. Lunch will be provided.

The course covers financial management from a spiritual resilience perspective.

The class is open to Fort McCoy civilian employees, military members, and families.

Registration is required by Oct. 5.

For more information or to register, call 608-388-3528 or email ryan.t.pritchett.mil@mail.mil.

Blended Retirement class planned for Oct. 9

An overview of the Blended Retirement System for military members is scheduled for 1 to 3 p.m. Oct. 9 at Army Community Service (ACS), building 2111.

The Blended Retirement System went into effect Jan. 1.

ACS events are open to military members, retirees, civilian workers, family members, and registered Fort McCoy volunteers.

Registration is required by Oct. 2. Call 608-388-3540.

Parenting workshop set for Oct. 11

"Strengthening Parenting Practices for the Military Family" is scheduled for 11:30 a.m. to 12:30 p.m. Oct. 11 at Army Community Service (ACS), building 2111.

In this workshop, parents will learn the three R's, tools for solving everyday problems, how to talk to children about military lifestyle issues based on their developmental level, and how to manage emotions when disciplining children.

ACS events are open to military members, retirees, civilian workers, family members, and registered Fort McCoy volunteers.

Registration is required by Oct. 1. Call 608-388-7262.

Port Huron brewery tour scheduled for Oct. 13

A tour of Port Huron Brewing Co. in Wisconsin Dells is scheduled for noon to 7 p.m. Oct. 13.

The tour will depart from and return to McCoy's Community Center, building 1571. It costs \$25 per person and includes transportation, a brewery tour, and beer samples.

The event is open to Fort McCoy employees and their guests who are at least 21 years old.

Registration is required by Oct. 5. Call 608-388-3011.

'Taste of Fitness' event runs Oct. 15-19

Rumpel Fitness Center, building 1122, is offering free classes during its Taste of Fitness event, Oct. 15-19.

The free classes are offered at either 11:30 a.m. or 3:30 p.m. Some of the free classes include Liquid Gears, 4x4 Cardio, and Zumba Step.

Call the fitness center at 608-388-2290 for details on classes and times.

Hidden Trails Trip planned for Oct. 20

Take a trip to West Salem's Hidden Trails at 1 p.m. Oct. 20.

The trip will depart from Pine View Campground. Families can enjoy a wagon ride, visit the corn maze, and pick out pumpkins.

The trip costs \$7 for 4-10-year-olds and \$10 for those 11 and older. Children 3 years old and younger are free.

Registration is required. Call 800-531-4703.

Exchange rolling out sports nutrition shops

The Army & Air Force Exchange Service is rolling out sports nutrition concept shops within Exchange stores that feature everything service members need to maintain an active lifestyle.

The shops feature pre- and post-workout supplements, sports drinks, vitamins, and high-protein snacks all in one place.

Previously, the products were located in various departments — such as health and beauty, fitness, and grocery — throughout the store.

The Exchange has already opened ten sports nutrition shops and plans to open more than 20 more by the end of October.

New employees at Fort McCoy

New employees started working in several post organizations in September.

Welcome to the following new employees:

- **Jessica Dekan** — 86th Training Division.

- **Yolanda Manning-Joyce** and **Christopher Thompson** — 88th Readiness Division.

Next issue of The Real McCoy

The next issue of The Real McCoy will be published Oct. 12. The deadline for submissions to be considered for publication is noon Oct. 3.

For more information, call 608-388-4128.

Recreation

Automotive Skills Center: Building 1763. Open 1-9 p.m. Thurs.-Fri. and 9 a.m.-5 p.m. Sat. Call 608-388-3013.

Better Opportunities for Single Soldiers (BOSS): Meets 4:30 p.m. third Thurs. of each month at McCoy's Community Center. Call 608-388-3200.

McCoy's Community Center: Building 1571. Offers books, arcade, gaming area, and bowling. Manager has discretion on closing time. Call 608-388-7060.

Bowling Center: Open 11 a.m.-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Extreme bowling 4-9 p.m. Fri.

Leisure Travel Services Office: Open 10 a.m.-5:30 p.m. Mon.-Fri. Call 608-388-3011.

Pine View Campground/Recreational Equipment Checkout Center: Building 8053. Open 8 a.m.-6 p.m. Sun.-Thurs. and 8 a.m.-9 p.m. Fri.-Sat. Call 608-388-2619.

Rumpel Fitness Center: Building 1122. Open 5 a.m.-8 p.m. Mon.-Thurs., 5 a.m.-7 p.m. Fri., and 6 a.m.-2 p.m. Sat.-Sun. Call 608-388-2290.

Indoor swimming pool, atrium, sauna and steamroom: Open 6 a.m.-7 p.m. Mon.-Thurs., 6 a.m.-6:30 p.m. Fri., and 9 a.m.-1:30 p.m. Sat.-Sun.

Sportsman's Range: Open 3-7 p.m. Fri. and 9 a.m.-5 p.m. Sat.-Sun. Call 608-388-9162/3517.

Tactics Paintball & Laser Tag: Open 12:30-4:30 p.m. Mon.-Fri. Reservations available. Call 800-531-4703.

Dining

Fabrew Coffee: Building 1538. Open 6 a.m.-2 p.m. Mon.-Sat. and 7 a.m.-2 p.m. Sun. Call 608-343-6257.

McCoy's Community Center: Building 1571. Catering/administration, call 608-388-2065.

Primo's Express: Open 11 a.m.-9 p.m. Mon.-Fri., 4-11 p.m. Sat., and 4-10 Sun. Buffet (pizza, pasta, and rotating hot dishes) available 11 a.m.-1 p.m. Mon.-Fri. Call 608-388-7673.

Sports bar: Open 4-11 p.m. Mon.-Fri. and

4-10 p.m. Sat.-Sun. Manager has discretion on closing time.

Snack Avenue: Building 1538. Located inside Express. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604 or 608-388-4343.

Specialty Express Food Court: Building 1538. Open 10 a.m.-6 p.m. Mon.-Fri. Call 608-269-5615, ext. 303.

Whitetail Ridge Chalet: Building 8061. Closed for the season. Chalet available year-round for private parties. Call 608-388-3517.

Services

Alteration Shop: Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

Barber Shop (Exchange): Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1710.

Car Rentals (Enterprise): Info available at the Exchange, building 1538. Use the phone at the Enterprise sign. Call 608-782-6183 or 800-654-3131; use CDP# 1787245.

Car Wash: Building 1568. Offers self-service and automatic bay. Open 24/7. Accepts cash, tokens, or credit cards. Token machine on site. Call 608-388-3544.

Commissary: Building 1537. Open 10 a.m.-6 p.m. Mon.-Sat. Early bird/self-checkout open 9-10 a.m. Mon.-Fri. Call 608-388-3542/3543.

CWT (Carlson Wagonlit Travel) SatoTravel: Building 2180. Open 7:30 a.m.-4 p.m. Mon.-Fri. Call 608-388-2370, 608-269-4560, or 800-927-6343.

Education/Learning Center: Building 50, room 123. Open 8 a.m.-4 p.m. Mon.-Fri. Call 608-388-7311.

Exchange: Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 101 or ext. 4343.

ID Card/DEERS Section: Building 35. Open 7:30 a.m.-3 p.m. Mon.-Fri. Call 608-388-4563 to verify ID Section is operational.

facilities services

This schedule is projected through **Oct. 11, 2018**. **Bold, italic typeface** indicates a change since the last publication. Call facilities to verify hours. To report updates, call 608-388-2769.

IHG Army Hotels: Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

Launderette/Dry Cleaning: Building 1538. Open 10 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

Laundry Facilities: Buildings 651, 755, 1671, 1735, 1856, 2002, 2568, 2671, 2763, and 2877. Open 24/7. Exclusively for use by Soldiers training on Fort McCoy. Civilians and retired military are not authorized to use these facilities. Call 608-388-3800.

Military Clothing: Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 203.

Patriot Outfitters: Building 1538. Open 9 a.m.-6 p.m. Mon.-Fri. and 9 a.m.-4 p.m. Sat.-Sun. Call 608-269-1115.

Permit Sales: Building 2168. Open 7 a.m.-3:30 p.m. Mon.-Fri. Call 608-388-3337.

Retirement Services Office: Building 35. Open 7:30 a.m.-3 p.m. Mon.-Tues. and Thurs.-Fri. Call 608-388-3716.

R.I.A. Credit Union: Building 1501. Open 9 a.m.-1 p.m. Mon.-Wed. and 9 a.m.-1 p.m. and 2-5 p.m. Thurs.-Fri. ATMs are located in building 1501 (available 24/7); McCoy's, building 1571; Exchange, building 1538; and IHG Army Hotels, building 51 (available 24/7). Call 608-388-2171.

Service Station/Express/Class VI:

Building 1538. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-388-4343. Pay-at-the-pump gas is open 24/7. ATM inside. Cash transactions available during Express hours.

Visitor Control Center: Building 35. Call 608-388-4988 for hours.

Family Support

Army Community Service: Building 2111. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-3505.

Army Substance Abuse Program: Building 1344. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-2441.

Child Development Center: Building 1796. Open 6:30 a.m.-5:15 p.m. Mon.-Fri. Call 608-388-3534/2238.

Military and Family Life Consultant Program (MFLC): Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential. Available 8 a.m.-4 p.m. Mon.-Fri. or by appointment. **Call 608-388-8068 or 815-793-0148**

Red Cross: Fort McCoy active-duty Soldiers and Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313 or 608-788-1000.

School Age/Youth Center: Building 1792. Activities for youth grades kindergarten through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. Open nonschool days 6:30 a.m.-5:30 p.m. or 2:30-5:30 p.m. Mon.-Fri. for After School Program. Call 608-388-4373.

Health Care

Alcoholics Anonymous: For more information, call 608-388-5955/2441.

Fort McCoy Civilian Employee Assistance Program: Screening and referral services for civilian employees and Family members experiencing difficulties due to problems related to substance abuse, mental health, marital/Family discord, or other causes. Call 608-388-2441/5955.

Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP): 24/7 hotline: 608-388-3000.

Occupational Health Clinic: Building 2669. Open 7 a.m.-3 p.m. Mon.-Fri. Call 608-388-2414.

TRICARE: TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or visit www.tricare.mil.

Troop Medical Clinic: Building 2669. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days. Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

Worship

Catholic: Chapel 10, building 1759. Mass at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675. Call 608-388-3528.

Jewish: Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

Mormon: Church of Jesus Christ of Latter-day Saints, 702 E. Montgomery St., Sparta,

Wis. Services from 10 a.m.-1 p.m. Sun. Call 608-269-3377.

Protestant: Chapel 1, building 2672. Protestant worship at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675.

Protestant Women of the Chapel: Building 2675. Bible study, 8:30-10:30 a.m. Wed.

Spanish Language: Catholic services in Norwalk at 4 p.m. Sun.; call 608-823-7906. Seventh-Day Adventist services in Tomah; call 608-374-2142.

Call 608-388-3528 for worship schedules in surrounding communities. If you have an emergency, call 608-388-2266, and the on-call duty chaplain will be contacted.

Organizations

American Federation of Government Employees (AFGE), Local 1882: Building 1411. Open 7 a.m.-4 p.m. Mon.-Fri. Meets at 5 p.m. second Tuesday of each month. Call 608-388-1882.

American Society of Military Comptrollers: Meets several times throughout the year. For more information, call Maureen Richardson at 608-269-1912.

Association of the United States Army - AUSA (Robert B. McCoy Chapter): For information on meetings, visit www.mccoysusa.org.

Friends and Spouses of Fort McCoy: Meets third Wednesday of each month. For info, email fsfomccoy@gmail.com.

Reserve Officers Association, Fort McCoy-Readiness 43: For more information, call 920-535-0515 or email justdave49@centurylink.net.

USO Wisconsin at Fort McCoy: Building 1501. Open 10 a.m.-4 p.m. Mon., Wed., Fri. For more information or to volunteer, call 414-477-7279 or email ehazlett@usowisconsin.org.

Warrant Officers Association, Chapter 0317: For more information, email usawoamccoy@outlook.com.

GIANT VOICE EMERGENCY-NOTIFICATION SIGNALS

CONDITION	IF YOU HEAR	THIS INDICATES	INDIVIDUAL ACTIONS
Natural Disaster	3- to 5-minute steady tone or voice announcement	Disaster imminent or in progress. Examples: Tornado, flash flood, hazardous-materials release, wildfire.	Be alert. Ensure all personnel are warned. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location. Tune in to local radio or TV stations for emergency information.
Attack	30-sec. to 5-min. wavering tone or voice announcement	Attack imminent or in progress. Examples: Vehicle bomb, terrorist action, release of biological or radioactive materials.	Be alert. Ensure all personnel are warned. Implement force-protection condition (FPCON) procedures as indicated. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location.
All Clear	Voice announcement	Immediate threat from disaster or attack is over.	Be alert for secondary hazards. Account for all personnel. Check building. Await instructions on FPCON level. Report fires, injuries and other hazards.

DAILY BUGLE CALLS

5:50 a.m. – First Call • 6 a.m. – Reveille • 6:45 a.m. – Assembly • 7 a.m. – Breakfast • Noon – Mess Call (Dinner) • 5 p.m. – Retreat/To the Colors • 5:45 p.m. – Mess Call (Supper) • 10:30 p.m. – Tattoo • 11 p.m. – Taps

This civilian enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of The Real McCoy are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or Fort McCoy. The Real McCoy is published semimonthly using offset presses by the Public Affairs Office, Fort McCoy, WI 54656-5263, (608) 388-4128. Minimum printed circulation is 4,000.

All photos are U.S. Army photos unless otherwise credited.

Everything advertised in this publication shall be made available to purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, users or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of The Real McCoy is prepared, edited, provided and approved by the Public Affairs Office at Fort McCoy. The Real McCoy is printed by the River Valley Newspaper Group, a private firm in no way connected with the Department of the Army, under exclusive



written contract with Fort McCoy. The civilian enterprise printer is responsible for commercial advertising.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army, Fort McCoy or the River Valley Newspaper Group of the products or services advertised.

Send news items to the Public Affairs Office, ATTN: (IMMC-PA), 100 E. Headquarters Road, Fort McCoy, WI 54656-5263, or call 608-388-4128 or 2769 or send e-mail to usarmy.mccoymailcentral.list.pao-admin@mail.mil

Send advertising inquiries to River Valley Newspaper Group, P.O. Box 4008, La Crosse, WI 54601 or call 608-374-7786/877-785-7355.

- Garrison CommanderCol. Hui Chae Kim
- Public Affairs OfficerTonya Townsell
- Deputy Public Affairs Officer.....Bill Coppernoll
- Editor.....Scott T. Sturkol
- Public Affairs SpecialistTheresa R. Fitzgerald
- Editorial Assistant.....Aimee Malone
- Commemorative Area CaretakerRobin R. Michalski
- Editorial Content608-388-2769

Read this publication online at <http://www.mccoymail.com>

FIREARM REGISTRATION POLICY

All privately owned firearms brought on the installation must be registered through the Directorate of Emergency Services (DES) Police Department. Firearm registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition." Firearms are required to be registered prior to entrance or immediately upon entering any lands identified as Fort McCoy property. For more information, call 608-388-2266.

Looking for work on the installation? Search for Fort McCoy jobs at www.USAJOB.S.gov.