



COMMANDER'S PRIORITIES

GLOBAL MISSION READINESS

FLAWLESSLY PERFORM OUR STATE MISSION

RECRUIT, DEVELOP, AND RETAIN OUR AIRMEN

VISION

Expertly Trained Air National Guard Professionals Providing Global Mission Capabilities and Readiness to Local, State and National Leaders, now and into the Future

MISSION

ONE TEAM PROVIDING DEDICATED, DISCIPLINED AND DIVERSE GUARDSMEN READY TO DEFEND OUR STATE, NATION AND LOCAL COMMUNITIES FROM ANY THREATS THAT COMPROMISE THE SAFETY, SECURITY AND WELL-BEING OF OUR CITIZENS AND ALLIES



On Guard is proudly published for the members of the 163d Attack Wing and their families.

Public Affairs Office

1st Lt. Jessica Huerta

Senior Master Sgt. Stanley Thompson

Master Sgt. Neil Ballecer

Master Sgt. (CA) Greg Solman

Tech. Sgt. Joseph McKee

Tech Sgt. Julianne Showalter

Staff Sgt. Paul Duquette

Staff Sgt. Cynthia Vega

Staff Sgt. Rene McKinney

Senior Airman Neil Mabini

Senior Airman Crystal Housman

Airman 1st Class Michelle Ulber

Special thanks to:

Kat Lange, On GUARD logo designer

The On GUARD is the official magazine of the 163d Attack Wing, March Air Reserve Base, California.

The contents of On GUARD are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Air Force or the 163d Attack Wing.

OUR Mission

To be one team providing dedicated, disciplined and diverse Guardsmen ready to defend our state, nation and local communities from any threats that compromise the safety, security and well-being of our citizens and allies.



Wing Commander
Col. Sean Navin



Vice Wing Commander Col. Carrie Colas



Command Chief Chief Master Sgt. Gilbert Sanchez

163throwback



Members of the 163d Civil Engineer Squadron deploy to GITMO, Cuba, March 3, 2009. (U.S. Air National Guard photo by Master Sgt. Joseph Prouse)



15-17 MARCH 2019 STERONS BONDS

MARRIAGE RETREAT

Strong Bonds || Building Ready Families

"Laughter is one on the greatest avenues of reaching people's hearts and stimulating them to open up to fresh, new ideas...."

REGISTRATION and CONTACT INFORMATION

Ch Shannon Dong 909-374-8892 Shannon.y.dong.mil@mail.mil

Brian Ellsworth 951-655-5404 Brian.c.Ellsworth.mil@mail.mil "Laughter is an effective tool which lowers defenses, opens minds, and makes the message more memorable!"

THIS EVENT IS SPONSORED BY:



A Wildly
Entertaining and
Informative
Marriage Event

Rekindle Romance
in Marriage
Relationships

LAUGH YOUR WAY TO A BETTER MARRIAGE

Bring Hope and
Positive Change to
Marriage

Better
Communication
Better Connection

HILTON

SAN DIEGO/DEL MAR

15575 Jimmy Durante Blvd., Del Mar, CA 92014



Strength of the Military family



By Master Sqt. Neil Ballecer

163d Attack Wing Public Affairs

On February 14th, 2019, the Air National Guard's top leadership visited March Air Reserve Base (ARB), to see the men and women of the 163d Attack Wing (ATKW) in action. Lt. Gen. L. Scott Rice, Director of the Air National Guard, and his wife, Nancy Rice, traveled together as has been their tradition, visiting ninety wings together.

Rice had the opportunity to see the amazing work done by wing members and during his visit he commented on the virtues of family and its role in today's Air National Guard.

"Less than 2 to 3 percent of the American population has served in the military," said Gen. Rice, "but I venture to say that metric is wrong, because if we add our spouses, kids, parents, and siblings, there is a lot more serving the military."

Rice also talked about what it means to sacrifice in the name of service to our country and spoke eloquently about the service of his wife, Nancy.

"I was pretty lucky to have met Nancy, I'm surprised she's still with me after all the adventures we've been on," said Gen. Rice. "My wife and family do so much more than support me. They serve right alongside me."

"As Airmen, we have chosen our life, but many times, our families have not. What we do in the military is a consequence to our family -positive and negative-," said 163d ATKW Command Chief Master Sgt. Gilbert Sanchez. "For Gen. Rice and Mrs. Rice to take on the mission together sends a powerful message to our Airmen."

Mrs. Rice asked to visit with the Key Spouses during her visit to the wing and spoke about many issues wing members face.

"Nancy has a pulse on the needs of the families, through all the rank structure, from enlisted to officer," said Kimmy Dao, Grizzly Key Volunteer. "She had a clear understanding of the needs of every organization in the guard and how they differed in each location she visited. She understood the differences of active duty assets versus traditional guardsmen who commute and are able to utilize key spouses and key volunteers."

The team mentality that the Rices displayed was meant to resonate with all members and spouses across the wing.

"She was an active duty wife, a traditional wife. She knows what it means to help the mission. She's been there. She's done it," said Dora Holt, Key Spouse. "She visited almost 90 bases and they chose to do it together like a team, by using their own resources and their own time, it meant that they cared enough to do it on their own."

"Gen. Rice and Nancy's efforts and down-to-earth personalities embody the guard family reputation the Air National Guard is known for," said Ms.

Emerald Diehl, 163d ATKW Airman and Family Readiness Program Manager." It was so rewarding for Nancy's recognition of the support and involvement of the
163d ATKW Grizzly Key Spouses and volunteers."

DANG visits The Mighty 163d Attack Wing



By Master Sgt. Neil Ballecer

163d Attack Wing Public Affairs

Under a dark and stormy sky, Lieutenant General L. Scott Rice, Director of the Air National Guard, and his wife Nancy, visited the 163d Attack Wing (ATKW) here on February 14th, 2019.

Members of the 163d and other units of March Air Reserve Base showed Team Rice lots of love this Valentine's Day, proudly escorting them around the wing on a tour of their facilities, briefing them on the mission sets the 163d ATKW executes on a day-to-day basis.

Gen. Rice personally thanked the 452nd Air Mobility Wing Commander, Brig. Gen. Matthew Burger for ensuring the success of the 163d at March.

"The 163d is not just an excellent wing, it's one of the most outstanding wings in the Air National Guard." said Rice, "The resiliency and professionalism displayed on a daily basis at this unit is second to none."

Col. Carrie Colas, Vice Wing Commander of the 163d ATKW, had the opportunity to highlight many of the innovations the 163d has brought to the remotely piloted aircraft mission, as they toured the Hap Arnold Innovation Center.

"We are very fortunate to have had visionary leaders like Brig. Gen. Hessheimer that leaned towards innovation," said Colas. "Our wing has fully embraced the hard work and technology required to not only bring that vision to fruition but surpass it and bring it to the next level."

"As an Remotely Piloted Aircraft unit, we push the envelope and look for what's next by partnering with civilian agencies and using and reusing existing technology to expand the mission," said 163d ATKW Command Chief Master Sgt. Gilbert Sanchez. "Not only are we innovating, but we are saving money. We are the blue going green. There aren't any other wings, Active or Reserve, that do this type of innovation in the RPA world."

Gen. Rice had the opportunity to brief the entire wing at March's Cultural Center, where he discussed the future of the Air National Guard, both short and long term.

"You are very important to the mission, but so is your family," said Gen. Rice.

"It was refreshing to see the highest members of the Air National Guard not just say that family was important, but actually show it," said 163d Production Recruiter, Staff Sgt. Sarah Falcone. "They visited over 84 of the 90 wings together as Team Rice proved what the guard stands for: family."

The pouring rain did little to affect the high spirits of wing members during the DANG's visit. The men and women of the 163d, ever vigilant in the execution of their mission, were honored to have the highest ranking members of the Air National Guard visit the wing.

(SARC) Cassie Campbell 951-318-0292



(Alternate SARC)
Captain Lee Nichols
951-318-0292



163d Attack Wing

SARC

Sexual Assault Response Coordinator

If You Have Been Sexually Assaulted:

Go to a safe location away from the attacker.

Call 911 or the Riverside Rape Crisis Center 24/7 Hotline 951-686-7273,

Or

enter your zip code to locate the nearest Rape Crisis Center at:

www.calcasa.org

You do not have to report a sexual assault through your military chain of command unless you choose to do so.

For information on what to do, you can call the following personnel with confidentiality:

SARC 163d ATKW Chaplain Director of Psychological Health Military One Source



(Victims Advocate) Senior Master Sgt. Lana Miller (951)-655-7713



951-318-0292

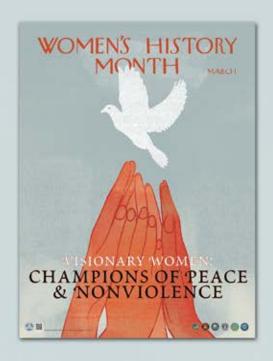
909-289-6525

951-655-7625

1-800-854-3019

(Victims Advocate) Master Sgt. Erika Saunders (951)-655-3867





FACTS

Growing out of a small-town school event in California in 1978, Women's History Month honors and celebrates the struggles and achievements of women throughout the history of the United States.

In 1980, the first presidential proclamation declaring the week of March 8th as National Women's History Week was issued. The U.S. Congress followed suit the next year, passing a resolution establishing a national celebration.

In 1987, at the request of the National Women's History Project, also known as NWHP, Congress expanded the week to a month, and Congress has issued a resolution every year since.

This year's theme is: Visionary Women: Champions of Peace & Nonviolence.

From the beginning of our nation's history, women have championed the use of inclusive, democratic and active means to reduce violence, achieve peace, and promote the common good. By enabling our environment—through legal defense and public education, to direct action and civil disobedience—their influence is undeniable.

In 2017, the Women, Peace, and Security Act was signed into law. The act strengthens the continuing efforts to prevent, mitigate, and resolve conflict by increasing women's participation in negotiation and mediation processes to advance stability.

Research on the effectiveness of including women in military peace-building and conflict resolution negotiations found that peace agreements between civil society groups are 64 percent more likely to succeed — and 35 percent more likely to last at least 15 years — than agreements that did not include the female perspective.

To promote these findings, the Department of Defense is taking the necessary steps to be a global leader by setting a key example for international partners.

Throughout history, women have driven humanity forward on the path to a more equal and just society, contributing in innumerable ways to our character and progress as a people. Today's world requires a diversity of qualifications and resources to ensure that peace and security are achieved and maintained.



This is the Wing Commander's communication tool to stay in touch with the wing. There are two ways to voice your opinions or concerns:

- 1. Call the hotline above, or
- 2. Send a private message to the 163d ATKW facebook, which will be forwarded to the commander

If the commander has information to put out, you can find it on either the Wing facebook (www.163atkw.ang.af.mil) or the hotline.



Multiple DSG Positions Available in 163 ATKW Command Post! Ready for a change?

163d Headquarters has three part-time openings for up to SMSgt to become Command Post Controllers.

The Command Post is the Wing Commander's focal point for mission-essential communications to and from higher headquarters; such as orders, situational awareness, and critical readiness reporting. If you'd like to join the team, obtain a top-secret clearance, and be "in-the-know", send contact information for at least two unit-level character references, current fitness test results, current personnel RIP via vMPF, and your resume to

Maj Jason Flowers, 163 ATKW/XP,

jason.m.flowers4.mil@mail.mil by 8 March 2019.

163D ATTACK WING SAFETY

Personal Safety Reminder

Be aware of your surroundings!

Don't walk or jog alone at night



Park in well-lit areas close to the building, and avoid waiting alone

If you are out alone, make sure to have flashlight, and stable shoes

Lock your car door immediately upon entering your vehicle

Keep valuables under the seat.



Suspicious Activity

If someone or something looks suspicious call the Eagle Eye 951-655-7777 or call the police if outside March ARB.

When you leave a store or any other building at night, scan the area before heading for your vehicle and arrange for an escort., report any suspicious activity.

If you suspect anyone is in your home, report your suspicion to the police or if on Base call Security forces.

Personal Safety Tips

If you get a ride from someone, ask them to wait until you are inside of your home.

Have the door key in hand so you can open the door immediately when you return home.



Know who is at your door before opening it.

By taking a few simple precautions, you can reduce the risk to yourself, and your family. As well discourage those who attempt such crimes.

Airman and Family Support Changes



By Staff Sgt. Cynthia Vega

163d Attack Wing Public Affairs

"There are new changes coming to job statuses on base starting this spring," said Technical Sgt. Emerald Diehl. "So, I think this is a perfect time to talk about employment resources for military members and their dependents."

Diehl, a drill-status Services Craftsman at the 163d Attack Wing, March Air Reserve Base, California, also works as the Airman and Family Readiness Program Manager full time on base.

Diehl's primary duties as a program manager are to ensure Airmen of the 163d are connected to the many resources available to them and their families so they are able to contribute their best to the mission.

"There are too many members that do not realize, or take advantage, of beneficial resources," said Diehl. "Some of those resources are right here on base, but what I want to talk about right now is the veteran's program with the Employment Development Department."

Diehl explained that this program will get you connected with either a disabled veterans outreach program specialist or a local veterans employment representative who will help you, or eligible spouses, through your employment search.

Diehl read directly from the EDD's resource flyer that these representatives are to "help to identify potential barriers to employment, and determine what services the veteran requires to improve their employability."

She explained this program isn't the only employment program available to service members and their families; there are many more. For example, the Employment Resource Center, which is similar to the veteran's program but without the veteran representatives.

If you would like more information on any of these programs, employment in general, or additional information on support services, the AFRP is currently located in the Logistics Readiness Squadron building.

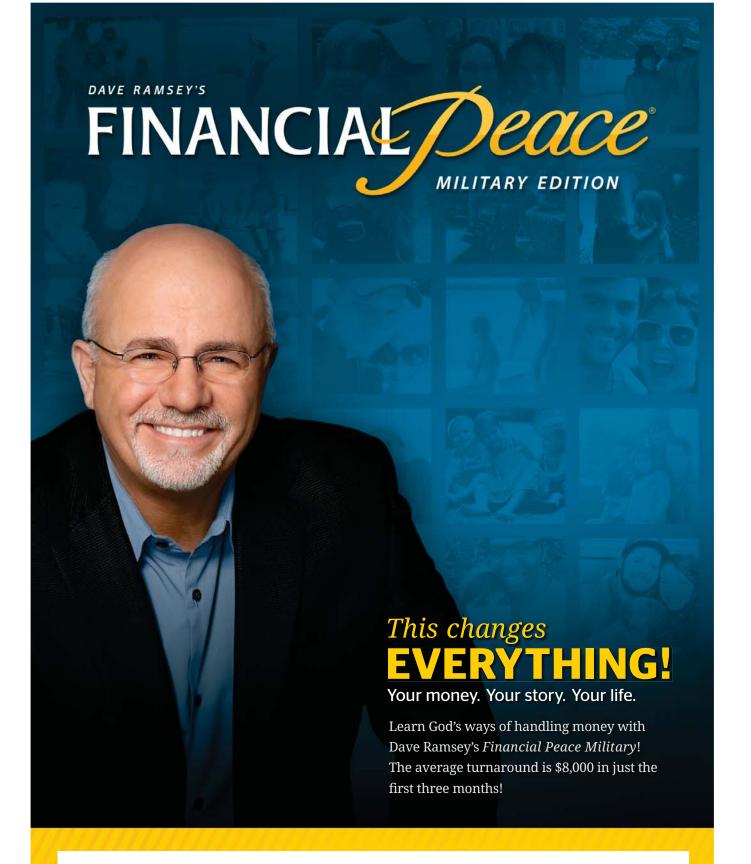
"You never need an appointment to talk about resources with me. Please come by anytime during office hours." said Diehl.



U.S. Air Force Senior Master Sgt. Donald Hedge and Master Sgt. Eric Hurley, both of the 163d Attack Wing; Master Sgt. Ashley Davis of the 195th Wing; and Airman 1st Class Kimberly Self of the 144th Fighter Wing are presented with California Commendation medals by Maj. Gen. Clay Garrison, and Command Chief Master Sgt. Steven Pyszka. The medals were presented during California Military Department Service Member of the Year Banquet, Feb. 9, 2019, in Anaheim, California. (U.S. Air National Guard photo by Airman 1st Class Michelle Ulber)

The Director of the Air National Guard, Lieutenant General L. Scott Rice, visits the 163d Attack Wing, March Air Reserve Base, California, on Feb. 14, 2019. During his visit, General Rice and his wife, Nancy Rice, had lunch with 15 of the wing's Airmen. (U.S. Air National Guard photo by Airman 1st Class Michelle Ulber)





More Info

This course will start on Tuesday, March 5th in the Wing Conference room at 1100.

Please register by calling 951-655-7625.

All spouses and significant others are encouraged to attend.

Participants should bring their lunch.



YESTERDAY. TODAY. TOMORROW.

