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# The Real McCoy®

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## 148,733 troops train at Fort McCoy in fiscal year 2018

**STORY & PHOTOS BY SCOTT T. STURKOL**  
Public Affairs Staff

Fort McCoy continues to be a high-volume training venue as 148,733 personnel trained at the installation in fiscal year (FY) 2018 — just a few thousand under the record number of troops who trained on post in FY 2017.

Training statistics reflect many types of training opportunities that take place at the installation by active- and reserve-component forces and other governmental agencies, said Directorate of Plans, Training, Mobilization and Security (DPTMS) Training Division Chief Ed Carns.

DPTMS personnel document the training statistics each month of the fiscal year. This involves combining numbers of the entire training population, which encompasses reserve- and active-component military forces as well as other training agencies, such as law-enforcement agencies or the Wisconsin Challenge Academy.



**Students in the 89B Ammunition Supply Course connect a mock ammunition pallet to a Chinook helicopter June 27 as part of sling-load training at Sparta-Fort McCoy Airport. The course is taught by the 13th Battalion, 100th Regiment at Fort McCoy.**

The FY 2018 training statistics were split between extended combat training (ECT) and battle drills. The

ECT total for the fiscal year was 91,073, which includes institutional, civilian, and law-enforcement

training and major exercises. The battle drill (weekend training) total for FY 2018 was 57,660.

It was a very busy training year that could have been much higher if Wisconsin's 32nd Infantry Brigade Combat Team (IBCT) and Illinois' 33rd IBCT had completed their annual training at Fort McCoy this year, Carns said.

"The loss of those units completing annual training here was the only factor keeping us from having another record year," Carns said.

During fiscal year 2018, Fort McCoy held its highest level of winter training in many years with hundreds of service members completing the Cold-Weather Operations Course (CWOC) and more than 1,200 Marines participating in the 2nd Marine Aircraft Wing's Ullr Shield exercise in January.

Capt. Andrew Fabre with Marine Air Control Group 28 participated in the CWOC at Fort McCoy in December and came back in January for Ullr Shield. He said Fort McCoy is a great place for the cold-weather training they wanted to accomplish.

(See **TROOPS**, Page 3)

## Post runners capture 2nd-, 4th-place finishes during 2018 Army Ten-Miler

Team Fort McCoy sent two teams of runners to the 2018 Army Ten-Miler competition Oct. 7 at the Pentagon and came away with second- and fourth-place finishes in the Reserve Mixed category.

The Army Ten-Miler, conducted by the U.S. Army Military District of Washington, is a 10-mile race that starts and finishes near the Pentagon and takes runners through the streets of Washington. More than 35,000 runners from all 50 states and 19 countries, registered for the 2019 event, making it the third-largest 10-mile road race in the world, according to organizers.

"I love the camaraderie of our team,"

said Team Fort McCoy coach Lt. Col. Mark Woommavovah with the 181st Multi-Functional Training Brigade. "We motivated and encouraged each other the entire way. That gives us that boost we needed to keep running and do well in this competition."

Of all the runners, Lt. Col. Tony Steinhoff, who will coach the 2019 Team Fort McCoy Ten-Miler group and who is from the 88th Readiness Division, was the fastest male runner for the team at 1:06:32. Staff Sgt. Beatriz Sanchez with the 311th Expeditionary Sustainment Command was the fastest female runner at 1:18:42.

(See **TEN-MILER**, Page 13)



*Contributed photo*

**Fort McCoy 2018 Army Ten-Miler team members are shown in a team picture with their second-place trophy they won in the Reserve Mixed category Oct. 7 at the Pentagon.**

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## NEWS

# Army Reserve preparing to fight on new battlefield

STORY & PHOTO BY SGT. AUDREY HAYES

200th Military Police Command

WASHINGTON — “We’ve been fighting a certain type of way for the last 17 years and the next fight may look very different,” said Chief of the Army Reserve Lt. Gen. Charles D. Luckey during a panel Oct. 9.

The panel, hosted by Luckey, took place at the annual Association of the United States Army Annual Meeting and Exposition held in Washington, D.C.

The overarching theme included how the Army Reserve, alongside the active and National Guard components, is preparing to fight and win future wars as one well-oiled machine.

“This is about going to high-end contingency operations in the most contested environment in the history of civilization and having to surge — in our case, that’s (mobilizing) 42,000 to 45,000 Soldiers very quickly,” Luckey said. “The Army’s never had to fight that way before.”

Panel members who addressed the question of what it takes to operate in a constantly



Reserve Soldiers Pfc. Jeremy Jackson (left) and Sgt. Josh Soroky, 342nd Military Police Company, 200th Military Police Command, provide security Aug. 14 during Combat Support Training Exercise 86-18-02 at Fort McCoy.

changing, complex battle space included Lt. Gen. Christopher Cavoli, commanding general of U.S. Army Europe; Lt. Gen. Michael D. Lundy, commanding general of U.S. Army Combined Arms Center; and Lt. Gen. Aundre Piggee, deputy chief of staff for U.S. Army

logistics.

The U.S. Army Combined Arms Center is planning major training events for the Army that will involve multiple units, starting at the brigade level and higher, simultaneously mobilizing and operating under the same Army doctrine — but under very different scenarios, said Lundy. This will help identify shortfalls in capabilities, particularly with respect to setting up a theater in a combat environment, perhaps on multiple fronts.

“An often-overlooked aspect of a well-set theater is what the Army Reserve puts into (it),” Cavoli said. “My demands are more dynamic than the active component has the elasticity to fill.”

Generating the decisive combat power required to win the nation’s wars is Luckey’s top priority. Two years into his tenure, he is shifting the culture of the Army Reserve in order to be the most capable, combat-ready, and lethal reserve force in U.S. history.

“Frankly, I take it very personally,” Luckey said. “We’re making sure we’re able to get after it and making sure this component of the Army is ready to roll when we’ve got to move.”

## Fort McCoy team shares ideas during Garrison-Tenant Staff Meeting

STORY & PHOTO BY AIMEE MALONE

Public Affairs Staff

The semiannual Fort McCoy Garrison-Tenant Meeting was held Oct. 11 in building 905.

The meeting offers garrison and tenant organization leadership a chance to provide updates, share ideas, and network with one another.

“I want to see more communication,” said Command Sgt. Maj. Frank Mathias, Fort McCoy command sergeant major. “Whether you have concerns or issues ... or you have initiatives you want to communicate to us so we can help.

“This is an opportunity for you to provide us information ... so we can assist you,” Mathias said.

The meeting also highlighted news from various directorates, including:

- Directorate of Plans, Training, Mobilization and Security Director Brad Stewart spoke about upcoming training events, including the Cold Weather Operations Course and Operation Cold Steel III. He also spoke about the post’s support and assistance to flooding in Monroe County in late August.

- Directorate of Public Works (DPW) Director Liane Haun reminded everyone that tenants and organizations are responsible for clearing their own sidewalks when the snow begins. Ice melt is available through DPW; call the Help Desk at 608-388-4357 for assistance.

- Director Patric McGuane with the Directorate of Family and Morale, Welfare, and Recreation (DFMWR) said DFMWR is hiring for a number of seasonal and permanent positions. Visit [www.usajobs.gov](http://www.usajobs.gov) and search “Fort McCoy, WI” to see available jobs. He also highlighted upcoming events, including trips to the Henry Vilas Zoo in Madison and the Mall of America in Minneapolis and family Halloween celebrations Oct. 26 at Rumpel Fitness Center and McCoy’s Community Center.

- Directorate of Emergency Services (DES) Director Mark Fritsche spoke about the upcoming hunting season and firearm registration requirements. All weapons must be registered with DES, according to Army Regulation 190-11. For more information, see article on page TBD.

The next Fort McCoy Garrison-Tenant Staff Meeting is planned for April 2019.



Fort McCoy Deputy to the Garrison Commander James A. Chen speaks to garrison and tenant leadership Oct. 11 at the semiannual Garrison-Tenant Meeting.

## NEWS



Sgt. 1st Class Timothy Phillips, senior instructor and curriculum writer with Regional Training Site-Maintenance, drives an M88A1 Medium-Tracked Recovery Vehicle during operations for the Tracked Vehicle Recovery Course on July 19 at a training area on North Post at Fort McCoy.

## TROOPS

from Page 1

“Fort McCoy is a top-notch training facility and base,” Fabre said. “Our mission cannot be completed without our Marines operating at a high level. (The CWOC and other cold-weather) training (allowed) us to prepare for any environment with cold extremes, which also allows us to remain focused on the threat and the mission instead of the environment.”

Other big training events during the year included three Combat Support Training Exercises and Operation Cold Steel II, as well as smaller exercises.

Two of the CSTXs were coordinated by the 84th Training Command and the 86th Training Division as part of the Army Reserve’s Combat Support Training Program (CSTP).

According to the 84th Training Command, CSTP exercises are large-scale training exercises in which units experience tactical training scenarios specifically designed to replicate real-world missions.

“CSTP exercises prepare ... Army

Reserve units to be combat-ready by immersing them in realistic scenarios where they train as they would fight,” states an 84th document about the exercises. “These exercises are developed to improve ... units’ training readiness and to assess how they perform in a dynamic operational environment.”

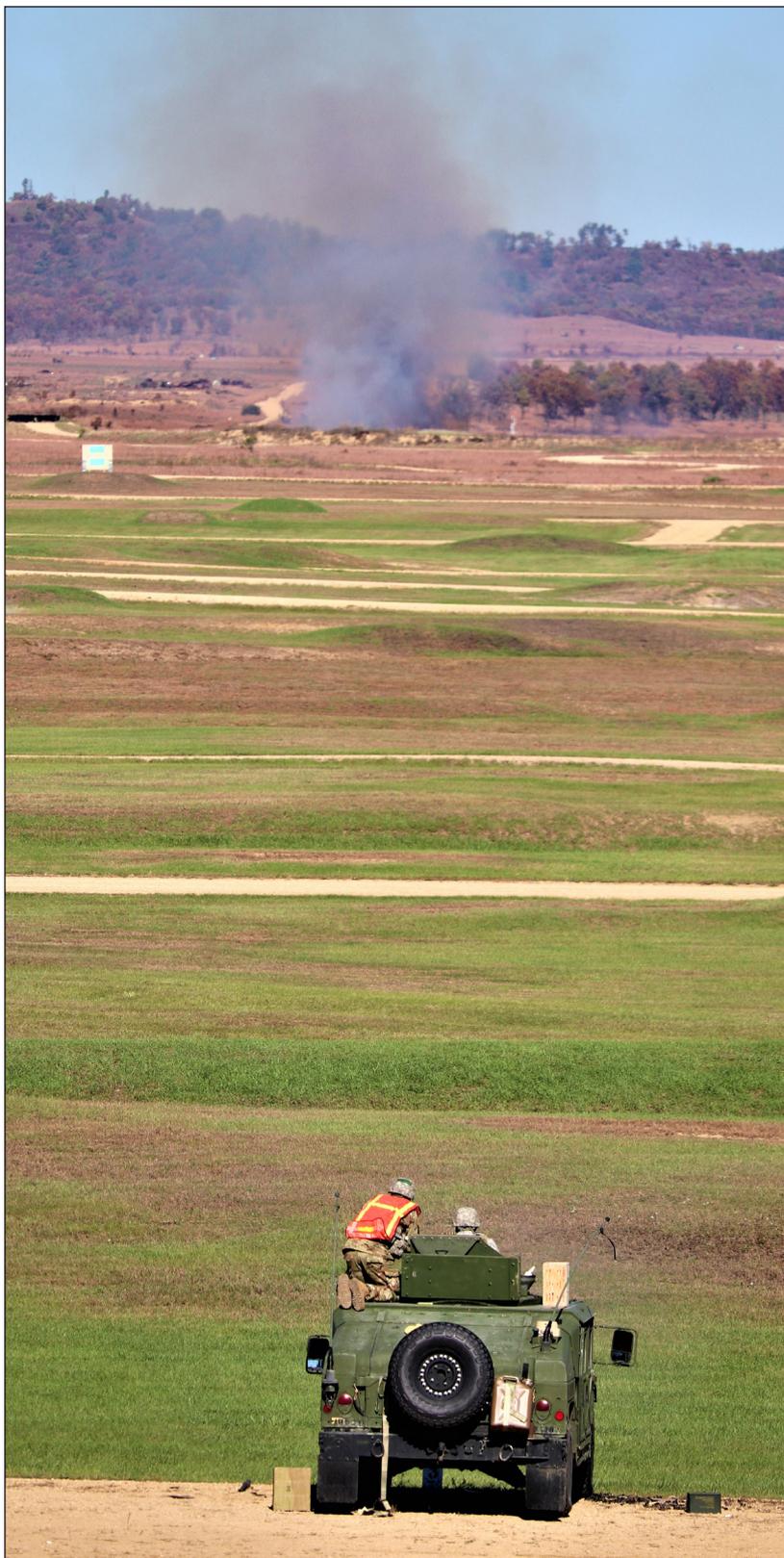
For fiscal year 2019, Fort McCoy will continue to see high numbers of troops training on post, said DPTMS Director Brad Stewart. This will include numerous CWOC classes throughout the winter, Operation Cold Steel III taking place, and much more.

“Fort McCoy will continue to have a direct impact by helping thousands of troops train in a four-season climate,” Stewart said. “Fort McCoy is truly becoming the year-round Total Force Training Center we know it can be.”

Fort McCoy first broke the 100,000 troop training level in fiscal year 1985. An annual training record of 155,975 was set in fiscal year 2017.



A student in Cold-Weather Operations Course Class 18-06 participates in cold-water immersion training March 14 at Big Sandy Lake on South Post at Fort McCoy.

**NEWS****2nd, 106th Cavalry Soldiers complete range training at Fort McCoy**

A Soldier with the 2nd Battalion, 106th Cavalry provides direction to training unit Soldiers on Oct. 18 from the range tower at Range 2 on North Post on Fort McCoy.



2nd Battalion, 106th Cavalry Soldiers carry .50-caliber ammunition for the M2 machine gun during training Oct. 18 at Range 2 on Fort McCoy's North Post.

*Photos by Scott T. Sturkol*

Soldiers with the 2nd Battalion, 106th Cavalry (2nd, 106th) of the Illinois National Guard's 33rd Infantry Brigade Combat Team complete training with Humvee-mounted M2 .50-caliber machine guns Oct. 18 on Range 2 at Fort McCoy. Dozens of 2nd, 106th Soldiers made their way to Fort McCoy for extended combat training over several days in mid-October.

## NEWS

# Post police employ new parking-enforcement system

The Fort McCoy Directorate of Emergency Services Police Department has acquired a new tool called a Barnacle to help police officers enforce parking rules.

The Barnacle parking-enforcement device is a yellow rectangle that is attached to the windshield of a vehicle through the use of suction cups. The device prevents a vehicle from being moved by restricting the view through the front windshield. Each Barnacle unit is clearly marked with a warning to not move the vehicle because of the hazardous conditions caused by limited visibility.

The device attaches and removes easily without the risk of damage to a vehicle. The device is also highly visible, which acts as a deterrent to other motorists.

The ease of deployment reduces the time required for an officer to place the device, creating a safer environment for the officer as opposed to the previous method of placing a boot on the vehicle.

Each device also has a large decal providing instructions on how to have the device removed. The driver must call police at 608-388-2266 and request an officer. An officer will respond with a key and begin the removal process.

Prior to the implementation of the Barnacle, officers had to wait at the vehicle for the operator, place a violation notice under the windshield, or attempt to attach a wheel-locking device.

The goal of using the Barnacles is to improve compliance with parking laws and increase the safety of the installation.

Fort McCoy is the first Installation Management Command installation to use these devices.

Any questions about the Barnacle can be directed to the Police Department at 608-388-2266.

*(Article prepared by the Directorate of Emergency Services Police Department.)*



*Photo courtesy of the Directorate of Emergency Services*

**Fort McCoy Garrison Commander Col. Hui Chae Kim and Officer George McNeal with the Directorate of Emergency Services Police Department demonstrate the use of the Barnacle parking-enforcement device Oct. 16 at Fort McCoy.**

## Army CID advises personnel to beware of 'hijacked' webcam scams

QUANTICO, Va. — U.S. Army Criminal Investigation Command (CID) is warning individuals to be on the lookout for cybercriminals who are attempting to blackmail victims with compromising videos.

According to special agents with CID's Computer Crime Investigative Unit (CCIU), the scam involves criminals claiming to have remotely accessed victims' personal computers, hijacked their webcams, and captured compromising videos of the victims or their families. The criminals threaten to release the videos if they don't receive a ransom.

"This scam relies on shock value and exploits our innate human forgetfulness, thus allowing cybercriminals to exploit their victim's conscience," said CCIU Director Special Agent Daniel T. Andrews. "It also capitalizes on people's fear of public embarrassment and the even more frightening prospect of ruined professional standing in the community and with employers."

Andrews said the cybercriminals will threaten to send the compromising video to a spouse, relatives, friends, and/or an employer; however, in exchange for a payment, the criminal will offer to destroy the video and tell no one.

"This is a scam. Do not send any payment



to the blackmailer even if you receive an email specifically addressed to you," Andrews said. "Sometimes the email includes one or more of your real usernames and seems to directly target you."

Although this may be alarming, keep in mind that it's not difficult to figure out your username — as it might be part of your email

address. This blackmail scam may seem even more convincing if it includes one of your current or former passwords, according to agents.

CCIU agents said individuals should take the necessary precautions by covering devices' webcams, updating software and hardware with the latest versions, running automatic

updates, turning on firewalls, and using other devices to change passwords.

Something as simple as covering a webcam lens with something will prevent the camera from capturing anything, but it should not be the only thing you do. Some other basic security practices are to invest in strong security software, be careful of opening links or attachments sent via email or through social media networks, use and enable two-factor authentication, and back up data.

Additionally, protect sensitive data, log out of accounts, and never leave devices unattended.

"Always remember that everyone is a target to hackers. Remain vigilant and protect yourself," said Christopher Grey, CID's spokesman. "If you believe you are at risk or the threat is genuine, contact your local law-enforcement agency or report the incident to the Internet Crime Complaint Center at <https://www.ic3.gov/default.aspx>."

For more information about computer security, other computer-related scams, and to review previous cybercrime alert notices, visit the Army CID website at [www.cid.army.mil/cciuadvisories.html](http://www.cid.army.mil/cciuadvisories.html).

*(Article prepared by the U.S. Army Criminal Investigation Command.)*

## NEWS

# Privately owned firearms must be registered before use at Fort McCoy

Fort McCoy requires that all privately owned firearms brought on to the installation be registered through the Directorate of Emergency Services (DES) Physical Security. This includes the entirety of the federal land, including the training and housing areas.

This requirement pertains to anyone with a privately owned firearm in their possession who is on Fort McCoy for any reason, including hunting, fishing, trapping, camping, shooting range events, or visiting members of the Fort McCoy community.

The firearms registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition," which states, "Personnel who bring a firearm onto the installation to engage in authorized activities will register it."

Firearms are required to be registered with the physical security prior to entrance or immediately upon entering any lands identified as Fort McCoy property. The registration is completed by using a form provided by the DES Physical Security Office.

The user who brings a firearm for the purpose of engaging in authorized activities onto the installation is responsible for its registration.

In the case of juveniles, a parent or legal guardian over the age of 18 is responsible for the firearm registration.

Firearms that are registered with physical security are entered into the Army Law Enforcement Reporting and Tracking System (ALERTS) weapons-registration module. ALERTS is utilized by and available only to



Photo courtesy of the Directorate of Family and Morale, Welfare and Recreation

**A shooter participates in a past competition at Sportsman's Range at Fort McCoy. Privately owned firearms used in competitions at the range must be registered with the Directorate of Emergency Services.**

Army law-enforcement professionals.

Formal background checks will not be conducted as part of the firearms-registration process.

Military personnel who fail to comply with the provisions of this new policy are subject to judicial or nonjudicial action under the Uniform Code of Military Justice (UCMJ), or appropriate administrative action.

Civilian and non-Department of Defense civilians who fail to comply with the provisions of this policy may be subject to disciplinary and/or administrative action.

Firearms used, possessed, transported, or stored in violation of this policy also may be permanently confiscated by authorized law-enforcement personnel or proper command authority.

Disposition of confiscated weapons will be determined through due process following appropriate UCMJ, disciplinary, or administrative actions.

Each person who registers firearms will receive a firearm-registration record. Anyone engaged in authorized activities that require possession or transportation of a firearm must

have the firearm registration record in their possession, and the record must be presented to law-enforcement personnel upon request.

Once completed, firearm registrations will be valid on Fort McCoy indefinitely unless otherwise changed by regulation.

If a registrant no longer has a firearm on the registry, they should contact physical security to have the firearm removed from the registry.

Firearm-registration forms are available electronically via the Fort McCoy i-Sportsman website at <https://ftmccoy.isportsman.net> and in hard copy at the Pine View Campground office, Visitor Control Center office in building 35, the Fort McCoy Police Department in building 1681, the Permit Sales Office in building 2168, and at the hunter sign-in building near the installation rail yard next to Highway 21.

Registration forms can be processed during normal business hours within building 35 at the Visitor Control Office or during nonduty hours at the Fort McCoy Police Department.

Upon successful registration, a firearms-registration record will be provided to the registrar or can be emailed.

For more information about hunting, fishing, and trapping opportunities at Fort McCoy, call the Permit Sales Office at 608-388-3337 or go online to <https://ftmccoy.isportsman.net>.

For more information about the firearms-registration process, call physical security at 608-388-2266.

*(Article prepared by the Directorate of Emergency Services.)*



## Weekend training

**Soldiers at Fort McCoy for training drive military vehicles in a small convoy on Quarry Hill Road on Oct. 20 on South Post.**

**During October, thousands of service members have trained at the installation during the start of a new fiscal year, which began Oct. 1.**

**Fort McCoy's motto is to be "The Total Force Training Center."**

*Photo by Scott T. Sturkol*

## NEWS

# Garrison commander shares climate survey results

STORY & PHOTOS BY AIMEE MALONE

Public Affairs Staff

Garrison Commander Col. Hui Chae Kim held a town hall for garrison employees Oct. 12 in building 905 to discuss the results of the Command Climate Survey that was conducted in August.

The main purpose a climate survey is to gather information on an organization to help managers and commanders clarify the positive and negative views by members of an organization. These findings are used to create action plans to improve the organization's climate.

Kim explained the results from the survey, saying that while the survey was mostly positive, there were areas that needed improvement.

He said 84 percent of survey respondents expressed a sense of significance, enthusiasm, and pride in their work while the Department of Defense (DOD) average was only 74 percent.

And 78 percent of respondents said they perceive the organization as operating well and delivering high-quality output when pressured by demanding deadlines while the DOD average was only 67 percent.

"We have a lot of engaged, enthusiastic workers," Kim said.

On the negative side, Kim said, 67 percent of the survey respondents said they felt their perspectives and opinions weren't valued, and 66 percent said they were confused about roles, goals, and priorities.

Some of the recommendations the garrison plans to implement include:

- assessing the current internal communication strategy.
- informing and educating personnel about mentoring programs to encourage management and employees to learn from each other.
- hosting more open forums, town hall meetings, or senior leader Q&A sessions.

"Really, my top priority is investment in the workforce. If we invest in the workforce, we will be able to support our (troops)," Kim said.

As part of the town hall, Kim asked garrison employees and leaders to share some positives in their lives.

"I'm grateful for the fantastic workforce that we have. It makes my job pretty easy," said Deputy to the Garrison Commander James Chen.

"The team here and the directorates are dedicated to improving the workforce environment. They support you. I support you," Kim said.

"The backbone (of Fort McCoy) is sitting in here."

Questions about the Command Climate Survey can be directed to the Equal Opportunity adviser at 608-388-6153.

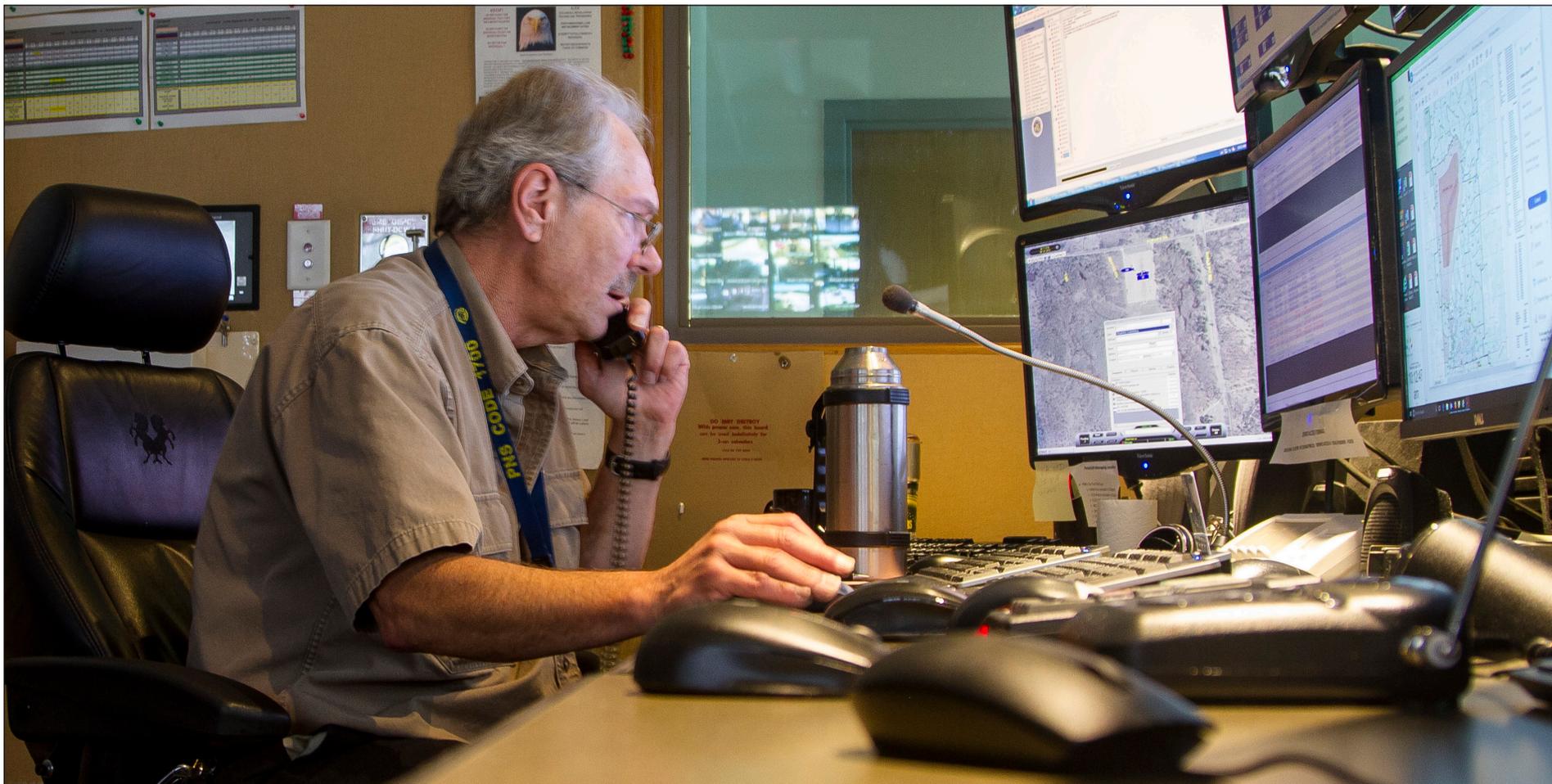


Fort McCoy garrison employees and Soldiers attend a town hall Oct. 12 at building 905.



Col. Hui Chae Kim, Fort McCoy garrison commander, speaks to the Fort McCoy community Oct. 12 at a town hall. Kim updated the community on the results of an organizational assessment that was conducted shortly after he took command earlier in 2018.

## FEATURE



Lawrence Modjeska, a public safety dispatcher answers a 9-1-1 call at the Directorate of Emergency Services Dispatch Center on Aug. 8 at Fort McCoy.

## Dispatchers keep Fort McCoy personnel, Soldiers safe every day

**STORY & PHOTOS BY THOMAS MOORE**  
*Army Reserve Exercise News Day*

Dispatchers at the Fort McCoy Directorate of Emergency Services (DES) make sure personnel get where they are needed promptly by answering phones and monitoring systems to help keep everyone safe.

Lawrence Modjeska, a public-safety dispatcher, said he receives all kinds of calls, from the ordinary to the extraordinary.

“We take all of the routine calls that would come in for police, fire, and (general) questions and all of the emergency calls coming in,” Modjeska said. “Whether it was a traffic accident, injury, hazardous condition, light pole down, (or) hazmat spill, we get all of those calls.”

The biggest challenge Modjeska said he faces are emergency calls from the Red Cross when there is a family emergency for a Soldier who is training at Fort McCoy.

“Typically, the Red Cross will call

here saying they have an emergency message for a Soldier somewhere on Fort McCoy. We have to do all the research to try and find (that) Soldier,” Modjeska said.

“Sometimes we strike it easy, and we can get the message to them in minutes. But there are times it has taken hours of research trying to track a person down.”

The people running the system are the key to success, said Communication Division Chief Alan Blencoe with DES in an April 2018 article for *The Real McCoy*. It takes a certain mentality to be a successful operator and dispatcher, he said. They have to be problem solvers, counselors, and authority figures. They also need to have a good working knowledge of laws, regulations, geography, and medicine.

“We surround ourselves with a lot of technology, and the technology helps us do our jobs, but the key is the people,” Blencoe said. “Getting the job done is much more complex

than just answering the phone.

“A dispatcher has to know a lot about being a cop. A dispatcher has to know a fair amount about being a fireman. A dispatcher has to know a fair amount about physical security (and) things like that,” he said.

A dispatcher with a good handle on these topics can save a lot of time figuring out where to send a call or by advising personnel on the scene who’d have to take time to look up or request a regulation, Blencoe said.

Modjeska said he understands that training is the most important focus for the military personnel coming to Fort McCoy.

“If something comes up, regardless of whether it is an emergency or ... routine damage to a government vehicle, we are going to get people on it to get it taken care of so they can continue their training because that is what they are here for,” Modjeska said.

*(Information contributed for this article by the Fort McCoy Public Affairs Office.)*



A dispatcher monitors various systems and communications equipment Aug. 8 at the Directorate of Emergency Services Dispatch Center at Fort McCoy.

## FEATURE



Photo by Colorado State University Center for Environmental Management of Military Lands

(Above and right) Shown is a biface cache of stone tools found during a 2014 archaeological dig at Fort McCoy. These tools are more than 1,800 years old.

# Fort McCoy ArtiFACT: Biface cache

Archaeologists with Colorado State University's Center for Environmental Management of Military Lands encountered a rare type of feature in 2014 while investigating a prehistoric site on Fort McCoy.

A tightly clustered pile of 22 stone tools was found roughly 18 inches below the ground surface. Their appearance and arrangement made them of significant interest to because they were collected together in what is commonly referred to as a cache.

Caching is basically storing things in bulk and has been documented throughout history. Modern examples of this type of behavior include "doomsday preppers" who stockpile food, water, and other supplies in anticipation of a cataclysmic event, but also mundane examples such as purchasing supplies at a wholesale retailer

to save money.

Most prehistoric caching behavior has been attributed to either utility, in which a person or group can return to retrieve the cached items at a later time, or ceremony, in which finely crafted items are intentionally placed or left behind, frequently as grave goods.

Leaving things behind, especially heavy items such as stone tools, was a useful practice for prehistoric people who would travel long distances every year to places where seasonal resources would be abundant.

These people returned to the same general areas every year, in a sort of loop archaeologists refer to as an "annual round." In some cases, these annual rounds spanned hundreds of miles.

The cache found in 2014 was made up of more than five pounds of early stage tools called bifaces, which can be further modified to become projectile points (spear points),

knives, animal hide-scraping tools, drills, or other tools.

This tactic could save hours of work, as a small group of hunters could travel to a regular hunting spot without having to carry in or search for raw cobbles of stone, as well as reducing the need to carry numerous sharpened stone tools that could accidentally injure a hunter on the journey.

The bifaces in the Fort McCoy cache were likely not manufactured where they were found but at a different location.

They most likely originated from somewhere within or near the north half of the installation, where a type of stone suitable for producing tools known as silicified sandstone was readily available.

According to radiocarbon dating of the excavation unit in which the cache was found, as well as evidence collected from elsewhere at the site, the cache was left in place

approximately 1,800 years ago.

All archaeological work conducted at Fort McCoy was coordinated with the Directorate of Public Works Environmental Division Natural Resources Branch.

Visitors and employees are reminded they should not collect artifacts on Fort McCoy or other government lands and leave the digging to the professionals. Any individual who excavates, removes, damages, or otherwise alters or defaces any historic or prehistoric site, artifact, or object of antiquity on Fort McCoy is in violation of federal law.

The discovery of any archaeological artifact should be reported to the Directorate of Public Works Environmental Division Natural Resources Branch at 608-388-8214.

*(Article prepared by the Colorado State University Center for Environmental Management of Military Lands.)*



## Fall colors at Veterans Memorial Plaza

Trees with leaves changing color are shown Oct. 19 at Veteran's Memorial Plaza at the Commemorative Area at Fort McCoy.

The 900 block of the installation and the 11-acre area surrounding it are at the hub of the fort's history-preservation efforts.

Veterans Memorial Plaza is a tribute to all of the men and women who have served the nation during each era of Fort McCoy's history.

Photo by Scott T. Sturkol

**ADS**

## ABOUT POST



Photo by Lt. Chris Hanson/U.S. Navy

### Navy MOBEX at Fort McCoy

Information Technology Specialist 2nd Class Nichole Wirtz from Navy Operational Support Center (NOSC) Madison conducts M-9 pistol familiarization training Oct. 14 with other Sailors in the Engagement Skills Trainer at Fort McCoy during Mobilization Exercise (MOBEX) 2018. NOSC Madison holds MOBEX each year to provide Sailors a change of pace from a regular drill weekend and help ensure each Sailor is familiar with training required for them to mobilize for a deployment.



Photo by Aimee Malone

### Financial Peace University

Community members participate in a Financial Peace University class on Oct. 16 at the Religious Support Office (RSO). The course is a biblically based curriculum that teaches people how to handle money. RSO organized the course and provided lunch for participants.



Photo by Aimee Malone

### Blood drive

Fort McCoy community members donate blood during an American Red Cross blood drive Oct. 9 at McCoy's Community Club. An average of 60 pints of donated blood is collected at each drive. According to the Red Cross, someone in the United States needs blood every two seconds. More than 41,000 blood donations are needed every day, and a total of 30 million blood components are transfused each year in America.

## SPORTS

# Fort McCoy community supports Old Glory Relay

**STORY & PHOTOS BY STAFF SGT. ROBERT LARSON**  
181st Multi-Functional Training Brigade Public Affairs

On Oct. 11, Soldiers and civilians from the Fort McCoy community came together at Riverside Park in La Crosse Wis., to support Team RWB and the Old Glory Relay.

The relay, which is in its fifth year, started Sept. 11 at Fenway Park in Boston and will cross 24 states and 4,300 miles before finishing in San Diego on Veterans Day, Nov. 11.

“It’s the fifth time we’re crossing the country, and it just gets better every time thanks to the amazing group of veterans, supporters, sponsors and communities engaged along the course,” said J.J. Pinter, executive director of Team RWB. “This journey aims to send a message that our country is stronger and better when we are unified, connected and helping veterans transition for success.”

Led by the 181st Multi-Functional Training Brigade (MFTB) commander, Col. James M. Schultze, 13 Soldiers from Fort McCoy, ran through the rolling hills along the Mississippi River from La Crosse to Alma, Wis., a total of 54.2 miles.

Lt. Col. Mark Woommavovah, 181st MFTB deputy commander and Fort McCoy Army Ten-Miler coach, also ran with several members of the Fort McCoy Ten-Miler team.

“It’s a great honor to participate in this event and be a part of something greater than ourselves,” Woommavovah said. “We are enriching the lives of America’s veterans by connecting them to their community through physical and social activity. Our goal is to represent the installation, our units, and the state of Wisconsin. I truly believe the greatness



**Thirteen Soldiers from Fort McCoy and members of Team RWB stand with the Old Glory Relay flag at Riverside Park in La Crosse on Oct. 11. The Soldiers ran 54 miles from La Crosse to Alma, Wis., as part of the 4,300-mile relay from Boston to San Diego.**

of a community is most accurately measured by the compassionate actions of its members.”

Team RWB is a nonprofit organization

founded in 2010 with the mission to help bring together veterans and their communities by providing physical activities and meaningful

social interaction. The organization has more than 200 chapters and 140,000 members nationwide.



## 86th Training Division Ten-Miler team

Members of the 86th Training Division 2018 Army Ten-Miler team are shown Oct. 7 with Lt. Gen. Charles D. Luckey, chief of the Army Reserve and commanding general, U.S. Army Reserve Command, after finishing ninth in the Reserve Mixed category at the event in Washington, D.C.

Pictured are (from left): Staff Sgt. Andrew Dailey, Staff Sgt. Kelsi Anderson, Maj. Roger S. Paige, Luckey, Lt. Col. Eric McGowen, Lt. Col. Joseph Wanat, Lt. Col. Brian Woodford, and Master Sgt. Michael W. Olson.

*Contributed photo*

## SPORTS

## TEN-MILER

from Page 1

Fort McCoy Team 2 earned the second place overall finish with a time of 4:54:45. Fort McCoy Team 1 placed fourth with a time of 5:11:52. Both teams had the best overall finish for Fort McCoy in several years when including all runners involved.

"The humidity slowed many runners, but it did not slow Team Fort McCoy," Woommavovah said. "It felt as if we were breathing through a mask, but that didn't stop encouragement from our teammates. During the race, we couldn't help but feel overwhelmed by the support as we saw fellow Soldiers and Wounded Warriors participating."

Woommavovah said the team's excellent finish was due to everyone on both teams working together to do their best.

"We didn't achieve our success by accident," Woommavovah said. "We achieved by dedication, hard work, and having a common goal. ... It started with a vision and a plan for success. We selected our team base on time trials, past performance, and potential future performance."

"Once the team was selected and established, we had a plan and way to employ our plan based on dedication and hard work," he said.

Team Fort McCoy used Rumpel Fitness Center as the team's training headquarters once again.

"We divide our training plan into three phases: base phase, preparation phase, and peak phase," Woommavovah said. "The base phase develops endurance, the foundation of any distance-running plan. Phase two, preparation, adds a layer of speed by introducing tempo runs and long repeats. The peak phase is characterized by short, fast workouts that simulate racing."

Team members constantly tested their training regimen by entering local running events in surrounding communities, such as Sparta, Tomah, New Lisbon, Oakdale, West Salem, and La Crosse, Woommavovah said. Races ranged from 5k and 10k

events to half marathons (13.1 miles).

"Our team met three days a week for key workouts," Woommavovah said. "On our other days of training it was easy runs, plus we added cross training and strength training, aqua running, and using the elliptical machine."

In addition to Woommavovah, Steinhoff, and Sanchez, other team members who competed were:

- Chaplain (Maj.) Erik Spicer, 181st MFTB.
- Capt. William "Bill" Thomson, 1st Battalion, 310th Brigade Engineer Battalion.
- Capt. Daniel "Dan" Frantz, 1st Battalion, 291st Brigade Support Battalion.
- 1st Lt. Jerel Villanueva, 1st Battalion, 338th (1st, 338th) Training Support Battalion.
- Master Sgt. Nicholas Vance, Fort McCoy Noncommissioned Officer (NCO) Academy
- Master Sgt. Sarah Johnson, 94th Training Division.
- Master Sgt. Jolaina Falkenstein, 88th RD.
- Capt. Adan Rivas, 1st Battalion, 351st Brigade Support Battalion.
- Sgt. 1st Class James Teague, NCO Academy.
- Sgt. 1st Class Nicholas Gimson, 3rd Battalion, 334th Regiment.
- Staff Sgt. Yahaira Lescana, 1st, 338th.
- Staff Sgt. Donald Flintroy, 181st MFTB.
- Sgt. Melissa Gore, 102nd Division.

Woommavovah said the members of the 2019 Ten-Miler team wanted to send special thanks to several people and organizations for support during the past year, including the Fort McCoy Garrison's command team and Headquarters and Headquarters Company; the Directorate of Family and Morale, Welfare and Recreation (DFMWR); Patric McGuane, DFMWR



U.S. Army photo

Thousands of participants line up for the start of the 2018 Army Ten-Miler on Oct. 7 near the Pentagon in Washington, D.C.

director; Sara Wiedenfeld, Christy Stelzner, and Elizabeth Faber, DFMWR staff members; the Fort McCoy Public Affairs Office; and Rumpel Fitness Center personnel, especially Jeff Utesch and Julie Pressler.

(Article prepared by the Fort McCoy Public Affairs Office and the 2018 Fort McCoy Army Ten-Miler Team.)



U.S. Army photo

Competitors take off Oct. 7 at the beginning of the Army Ten-Miler.



Contributed photo

Team members Master Sgt. Sarah Johnson, Lt. Col. Mark Woommavovah, Staff Sgt. Yahaira Lescana, and Sgt. Melissa Gore show off their "guns" Oct. 7 after completing the Ten-Miler race. All team members said this year's team was great to be a part of because everyone had a great attitude and had fun.

## SAFETY

# Prepare for winter weather by learning about alerts

Winter storms can bring heavy snow, ice, strong winds, and freezing rain. A major winter storm can be lethal, in addition to causing structural damage to buildings and power outages. Preparing for cold-weather conditions and responding effectively can reduce cold-weather and winter dangers.

The National Weather Service issues four tiers of alerts to inform the community of impending hazardous weather.

Outlooks include hazardous weather outlooks and “weather story” graphics. They’re issued up to seven days in advance when significant wintry weather is possible but not guaranteed. Monitor forecasts for additional information.

Advisories are issued within 24 to 36 hours of a forecast event. Advisories (typically for winter weather or wind chill) are for weather events that are not expected to pose a significant risk to life or property but could still affect travel or other activities. When these are issued, exercise caution when traveling and be prepared for possible effects.

Watches include winter-storm watches and wind-chill watches. These are issued two to three days before an event when meteorologists are fairly confident that dangerous winter weather will occur that could threaten life or property. When these are issued, start taking necessary precautions.

Warnings are issued when meteorologists are very confident of a wintry weather event that could threaten life or property. They are typically issued within 24 to 48 hours of an event. Winter storms, blizzards, ice storms, and wind chills are some of the categories that receive warnings. When these are issued, continue preparing for the forecast storm and monitor for updated warning statements.

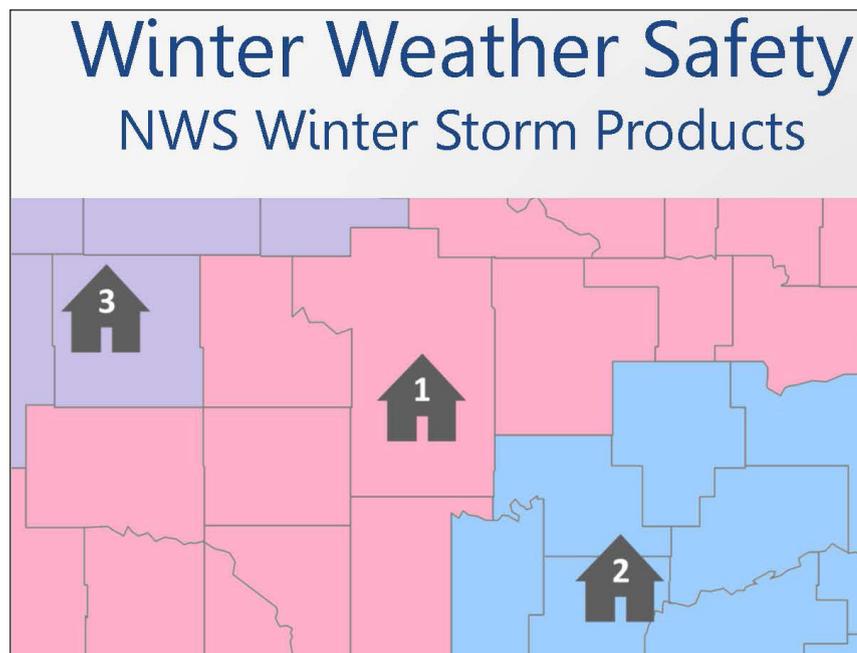
The National Weather Service in La Crosse, Wis., issues warnings for the surrounding area, including Fort McCoy.

Winter-weather advisories are issued when 3-5 inches of snow are expected within 12 hours, freezing rain is expected to result in a glaze less than 1/4 inch thick, 1/2 inch of sleet or less is expected within 24 hours, or blowing snow will result in visibility occasionally reduced to 1/4 of a mile.

Under these conditions, drive with caution. Drive at a safe speed with plenty of space between vehicles. Watch for slick spots. Use care when walking on steps and sidewalks and clear sidewalks and driveways.

Winter-storm warnings are issued when at least 6 inches of snow is expected in 12 hours, at least 8 inches of snow is expected in 24 hours, more than 1/2 inch of sleet is expected in 24 hours, or a combination of the above with freezing rain and/or winds of at least 25 mph.

Consider postponing nonessential driving. Those who must drive should carry a winter survival kit in their vehicles and be prepared for delays. Make sure to have the proper snow-removal equipment to clear sidewalks and driveways. If a lot of snow is forecast, be



#### 1 Winter Storm Warning

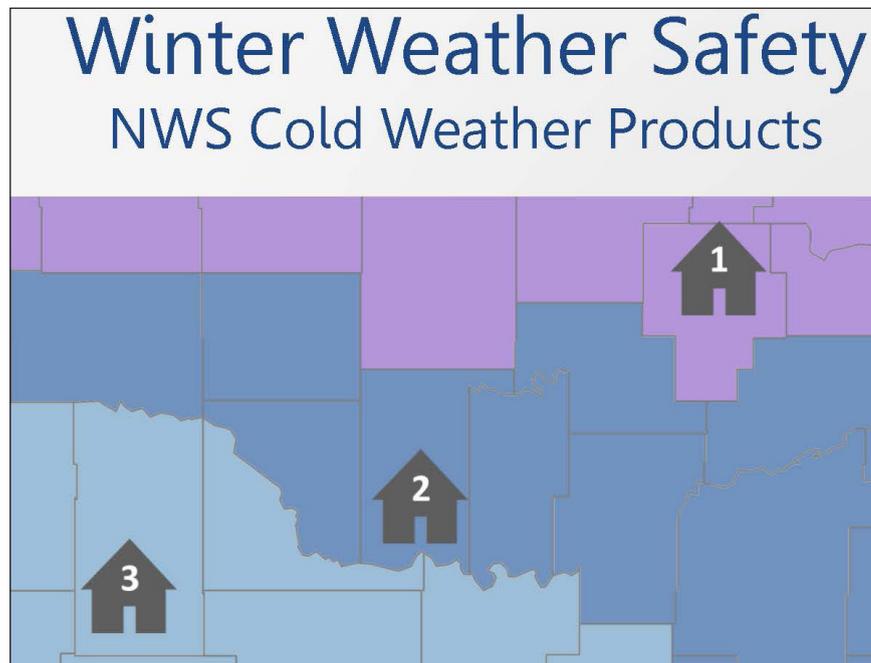
Snow, sleet, or ice expected! Take Action! Confidence is high that a winter storm will produce heavy snow, sleet or freezing rain and cause significant impacts.

#### 2 Winter Storm Watch

Snow, sleet, or ice possible! Be prepared. Confidence is medium that a winter storm could produce heavy snow, sleet, or freezing rain and cause significant impacts.

#### 3 Winter Weather Advisory

Wintry weather expected. Exercise caution. Light amounts of wintry precipitation or patchy blowing snow will cause slick conditions and could affect travel if precautions are not taken.



#### 1 Wind Chill Warning

Dangerous cold expected! Plan ahead. Confidence is high that very cold air and strong wind could lead to frostbite or hypothermia in a matter of minutes. Limit time outside, dress in layers, and cover up exposed skin.

#### 2 Wind Chill Watch

Dangerous cold possible. Be prepared. Confidence is medium for very cold air and strong wind. Check the forecast, and make sure your loved ones are prepared if dangerous cold weather does occur.

#### 3 Wind Chill Advisory

Cold weather expected. Exercise Caution. Cold and breezy conditions could cause frostbite or hypothermia if precautions are not taken. Dress in layers and cover up exposed skin.

prepared to remain at home for a day or two.

A blizzard warning is issued when a combination of sustained winds or frequent wind gusts of at least 35 mph and visibility of less than 1/4 of a mile due to snow are expected for at least three hours.

Refrain from driving except in emergency situations. Always carry a winter survival kit. High winds and white-out conditions will make driving extremely dangerous. Be prepared to remain at home for a few days, especially if living in a rural area. Snow drifts may be higher than 10 feet. An ice-storm warning is issued when freezing rain is expected to accumulate and form a layer at least 1/4 inch thick.

Refrain from driving except in emergency

situations. Roads will likely be treacherous, and maintaining control of a vehicle will be very difficult. Be prepared for the possibility of long-duration power outages, and refrain from walking on ice-covered surfaces outside.

A wind-chill advisory means wind-chill values (the feel of the air as opposed to the actual temperature) are expected to fall to between minus 20 Fahrenheit and minus 34 F with at least 5 mph winds.

Pack extra clothes and blankets in addition to a winter survival kit in vehicles. When going outdoors, dress accordingly by wearing well-insulated hats and gloves and putting on extra layers of clothing to keep warm. Frostbite could take place in as little as 30 minutes.

A wind-chill warning is issued when wind-chill values are expected to fall to minus 35 F or less with at least 5 mph winds. Pack extra clothes and blankets in addition to a winter survival kit in vehicles. Seriously consider postponing outdoor plans. Wear well-insulated clothing if going outside. Frostbite could take place in as little as 10 minutes.

For more information on winter-weather awareness, visit the National Weather Service La Crosse website at [www.weather.gov/arx/wintersafety](http://www.weather.gov/arx/wintersafety) or call the Fort McCoy Emergency Management Office at 608-388-2763.

*(Article prepared by the Fort McCoy Emergency Management Office and Fort McCoy Public Affairs Office.)*

**OBSERVANCES**

# October is Cybersecurity Awareness Month

The increasing online connectivity of many aspects of our lives has made everything from paying bills to controlling the temperature in our homes easier to manage. However, it has also opened new ways for criminals to target victims.

To help encourage people to be vigilant and to learn how they can act to protect themselves online, Gov. Scott Walker has declared October Cybersecurity Awareness Month in Wisconsin.

"The internet has revolutionized the world we live in," said Maj. Gen. Don Dunbar, Wisconsin's adjutant general and homeland security adviser. "However, it has also created many new threats to our personal and professional lives. Cybersecurity awareness is everyone's responsibility."

"Simply performing basic cyber hygiene on a continual basis can dramatically reduce your chances of intrusions and attacks from impacting you," said David Cagigal, chief information officer with the Wisconsin Department of Administration's Division of Enterprise Technology.

To help improve cybersecurity, take the following steps:

- Beware ransomware and malware. Malicious programs downloaded onto computers and other internet-connected devices can give criminals easy access to sensitive. Make sure to routinely scan for unauthorized programs and only open files from trusted sources. Be cautious about opening links in emails.

- Learn about internet-based scams. Criminals frequently use emails that appear to be from a known company. Known as "phishing," this tactic often asks someone to verify account information by clicking a link in an email. Never access accounts through a link sent in an unsolicited email. Always go to the company's site by using an existing bookmark or manually entering the web address.

- Back up important information. Make sure to regularly copy information to a cloud-based storage service or a portable hard drive.

- Protect social media accounts. Social media is an important tool that many people use to interact with the world. Those accounts can also be used by criminals. Make sure to have strong passwords in place and be wary of accepting friend requests. Never post information online that could be used to access online accounts, such as the answers to common security questions.

- Keep your home cybersecure. Make sure routers and other access points have strong passwords on home wireless networks. Be careful about who is allowed access to networks. Video streaming devices, computers, and even appliances are now utilizing wireless technologies. Regularly check to see which devices are connected to a network.

For more information about cybersecurity, visit <http://readywisconsin.wi.gov/cyber>.

*(Article prepared by ReadyWisconsin.)*



## Keep private information safe by securing online accounts

From paying bills to interacting with friends, online accounts have become a crucial part of modern life. October is Cybersecurity Awareness Month, and it's a good time to secure those accounts.

"Online banking, social media, and email are all essential services in our daily lives," said Maj. Gen. Don Dunbar, Wisconsin's adjutant general and homeland security adviser. "Since these services handle our most sensitive information, it's essential to take every possible precaution to ensure those accounts remain secure."

There are several steps people can take to protect their

accounts from cyber criminals:

- Use strong passwords. Set a unique password for each account you use. Passwords should be 10-12 characters and include a mix of capital and lowercase letters, numbers, and nonnumeric characters. Regularly change the passwords on all accounts.

- Use two-step authentication. Two-step authentication can offer an extra layer of protection and prevent someone from logging in to an account on an unknown device. Check the security settings on accounts to see what options are available.

- Update software often. Make sure to use the latest versions

of web browsers or mobile apps when accessing online accounts. Enable automatic updates so security patches can be implemented right away. Be careful about accessing accounts on public or shared devices.

- Beware phishing attempts. Be suspicious of unsolicited emails asking you to log in to your accounts. Avoid clicking links in those emails, which could lead to an imposter site or download malware to a device. Only log in through the website or app you typically use.

Visit <http://readywisconsin.wi.gov> for more information.

*(Article prepared by ReadyWisconsin.)*

## NEWS NOTES

### DJ Trivia held weekly at McCoy's

McCoy's Community Center, building 1571, holds DJ trivia from 7 to 9 p.m. Thursdays.

There is no cost to enter, and advance registration is not required. The competition is open to Fort McCoy employees and their guests who are at least 18 years old.

For more information, call 608-388-4161.

### Flu shots available at Fort McCoy health clinic

Flu vaccinations are available at the Fort McCoy Occupational Health Clinic, building 2669, to essential personnel.

Essential personnel include Child and Youth Services, Police Department, and Fire Department employees. After mandated personnel have been vaccinated, shots will be available to other civilian employees.

Clinics will be 8 a.m. to noon and 1 to 2 p.m. Nov. 6, 8, 13, and 15.

Call the clinic at 608-388-3209 for more information or to make an appointment.

### Connect the Tots play group meets Oct. 30

The "Connect the Tots" play group will meet at 9:30 a.m. Oct. 30 at Army Community Service Family Building, building 2161.

The play groups are for children 5 years old or younger.

Through play, transitions, circle time, songs, activities, and informal conversations, parents learn about developmental ages and stages and gain tools to help understand their children's behavior.

ACS events are open to military members, retirees, civilian workforce, Family members, and registered Fort McCoy volunteers.

Additional play groups are scheduled for Nov. 6, 13, and 27 and Dec. 4 and 11.

For more information or to register, call 608-388-2412.

### 3-on-3 basketball league starts Nov. 1

A three-on-three basketball league will play at 5 p.m. Thursdays in November at Rumpel Fitness Center, building 1122.

Three players are required. Prizes will be awarded to the top team. The league is open to eligible Directorate of Family and Morale, Welfare, and Recreation patrons.

Call 608-388-2029 to register.

### Volunteer-appreciation event scheduled for Nov. 2

A volunteer-appreciation "Create a Memory" workshop is scheduled for 11:30 a.m. to 3:30 p.m. Nov. 2 at Army Community Service Family Building, 2161.

Registered Fort McCoy volunteers (who have volunteered for an event on or after Jan. 1, 2017) are invited to create a scrapbook or

## *The Real McCoy* newspaper is published for people like:

### Karla M. Rynes

*Recreation Specialist/Facility  
Manager McCoy's  
Community Center,  
Directorate of Family and  
Morale, Welfare  
and Recreation*

- Rynes began working  
at Fort McCoy in 1993.  
She has previously worked as  
the Fort McCoy Community  
Activity Center manager.



scrapbook calendar. Volunteers may bring one guest.

Registration is required. Call 608-388-6507 or email [lorie.l.retzlaff.civ@mail.mil](mailto:lorie.l.retzlaff.civ@mail.mil).

### Caregiving class scheduled for Nov. 5

"Caregiving and the Sandwich Generation" is scheduled for 11 a.m. to 1 p.m. Nov. 5 at Army Community Service (ACS), building 2111.

According to the AARP, the "sandwich generation" is traditionally defined as those who have a living parent and are either raising a child under age 18 or supporting an adult child.

This class will offer caregivers helpful information and tips. Topics include changing roles and responsibilities, coping with stress, communication challenges, finding support and services, and the importance of self-care.

ACS events are open to military members, retirees, civilian employees, registered Fort McCoy volunteers, and family members.

Registration is required by Oct. 29. Call 608-388-2412.

### Meet at McCoy Mingle 1st Wednesday every month

McCoy Mingle, a chance to socialize with other Fort McCoy community members, is held 4-5 p.m. the first Wednesday of each month at McCoy's Community Center, building 1571.

Food and drink specials will be available. The event is open to the entire Fort McCoy community.

Upcoming dates include Nov. 7 and Dec. 5.

### PCS Open House set for Nov. 7

The PCS Open House is scheduled for 11

a.m. to 1 p.m. Nov. 7 at McCoy's Community Center, building 1571.

Army Community Service representatives will answer questions about the PCS process and to hand out materials.

For more information, call 608-388-2359.

### Wooden pen workshops scheduled for Nov. 9, 30

Wooden pen workshops are scheduled for 1 to 4 p.m. Nov. 9 and 30 at the wood shop, building 1133.

Spending time together as a family to build resilience. Create a own wooden pen for each member of the family. Single and geographical bachelors are welcome.

ACS events are open to military members, retirees, civilian employees, registered Fort McCoy volunteers, and family members.

Call 608-388-3505 to register.

### Fowl 5k planned for Nov. 14

The Fowl 5k is scheduled for 11:30 a.m. Nov. 14 at Rumpel Fitness Center, building 1122.

The event is open to eligible Directorate of Family and Morale, Welfare, and Recreation patrons.

Registration is required by 11 a.m. Nov. 14. Call 608-388-2029 or stop by the fitness center.

### Holiday card workshop scheduled for Nov. 16

A holiday card workshop is scheduled for 10 a.m. to 3 p.m. Nov. 16 in honor of Month of the Military Family.

Supplies will be available for Christmas and other seasonal holidays. Families can register for two- to three-hour blocks of times. A one-hour early start is available to those in the Ex-

ceptional Family Member Program.

Registration is required by Nov. 13. Call 608-388-7262.

### Ornaments requested for holiday tree honoring troops

Wisconsin Gov. Scott Walker and first lady Tonette Walker invite family members of Wisconsin service members to send a holiday ornament dedicated to their loved ones for this year's "Tribute to our Troops" holiday tree.

The ornaments will be displayed on one of the large evergreen trees in the executive residence during December's holiday season. The ornaments can be plain or fancy, as well as personalized to honor service members, living or deceased.

The governor and first lady encourage as many families as possible of Soldiers, Sailors, Airmen, Marines, and Coast Guard members to take part in decorating the trees.

To be included as part of the 2018 "Tribute to our Troops" tree, ornaments should be received no later than Nov. 9 at Wisconsin National Guard Service Member Support Division; ATTN: Ms. Deborah Severson; 2400 Wright Street; Madison, WI, 53704.

Ornaments will not be returned.

The "Tribute to our Troops" tree will be decorated Nov. 15, but ornaments received later may be added to the tree.

The tree can be seen during public tours held from 10 a.m.-2 p.m. Dec. 1; 10 a.m.-noon Dec. 8; and noon-2 p.m. Dec. 12, 13, 19, and 20.

### Nominations open for Military Child of the Year

Nominations are open for the 2019 Military Child of the Year.

The annual awards recognize outstanding children, ages 13 to 18, for their scholarship, volunteerism, leadership, extracurricular involvement, and other criteria while facing the challenges of military family life.

All seven Military Child of the Year Award recipients will be flown with a parent or guardian to Washington, D.C., to be recognized at the April 2019 gala, during which senior leaders of each branch of service will present the awards. They also will receive \$10,000 each, a laptop computer, and other donated gifts.

Anyone may nominate a child for the award. Children must be legal military dependents; status will be confirmed by military ID or DEERS enrollment form.

Nominations will be accepted through Dec. 5. For more information about eligibility requirements or to nominate a military child, visit [www.militarychildoftheyear.org](http://www.militarychildoftheyear.org).

### Next issue of The Real McCoy

The next issue of The Real McCoy will be published Nov. 8. The deadline for submissions to be considered for publication is noon Oct. 31.

For more information, call 608-388-4128.

**Recreation**

**Automotive Skills Center:** Building 1763. Open 1-9 p.m. Thurs.-Fri. and 9 a.m.-5 p.m. Sat. Call 608-388-3013.

**Better Opportunities for Single Soldiers (BOSS):** Meets 4:30 p.m. third Thurs. of each month at McCoy's Community Center. Call 608-388-3200.

**McCoy's Community Center:** Building 1571. Offers books, arcade, gaming area, and bowling. Manager has discretion on closing time. Call 608-388-7060.

**Bowling Center:** Open 11 a.m.-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Extreme bowling 4-9 p.m. Fri.

**Leisure Travel Services Office:** Open 10 a.m.-5:30 p.m. Mon.-Fri. Call 608-388-3011.

**Pine View Campground/Recreational Equipment Checkout Center:** Building 8053. 9 a.m.-5 p.m. Mon.-Fri. Call 608-388-2619.

**Rumpel Fitness Center:** Building 1122. Open 5 a.m.-8 p.m. Mon.-Thurs., 5 a.m.-7 p.m. Fri., and 6 a.m.-2 p.m. Sat.-Sun. Call 608-388-2290.

**Indoor swimming pool, atrium, sauna and steamroom:** Open 6 a.m.-7 p.m. Mon.-Thurs., 6 a.m.-6:30 p.m. Fri., and 9 a.m.-1:30 p.m. Sat.-Sun.

**Sportsman's Range:** 9 a.m.-5 p.m. Sat.-Sun. Call 608-388-9162/3517.

**Tactics Paintball & Laser Tag:** By appointment. Call 800-531-4703.

**Dining**

**McCoy's Community Center:** Building 1571. Catering/administration, call 608-388-2065.

**Primo's Express:** Open 11 a.m.-9 p.m. Mon.-Fri., 4-11 p.m. Sat., and 4-10 Sun. Buffet (pizza, pasta, and rotating hot dishes) available 11 a.m.-1 p.m. Mon.-Fri. Call 608-388-7673.

**Sports bar:** Open 4-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Manager has discretion on closing time.

**Snack Avenue:** Building 1538. Located inside Express. Open 6 a.m.-7 p.m. Mon.-Sat.

and 8 a.m.-3 p.m. Sun. Call 608-269-5604 or 608-388-4343.

**Specialty Express Food Court:** Building 1538. Open 10 a.m.-6 p.m. Mon.-Fri. Call 608-269-5615, ext. 303.

**Whitetail Ridge Chalet:** Building 8061. Closed for the season. Chalet available year-round for private parties. Call 608-388-3517.

**Services**

**Alteration Shop:** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Barber Shop (Exchange):** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1710.

**Car Rentals (Enterprise):** Info available at the Exchange, building 1538. Use the phone at the Enterprise sign. Call 608-782-6183 or 800-654-3131; use CDP# 1787245.

**Car Wash:** Building 1568. Offers self-service and automatic bay. Open 24/7. Accepts cash, tokens, or credit cards. Token machine on site. Call 608-388-3544.

**Commissary:** Building 1537. Open 10 a.m.-6 p.m. Mon.-Sat. Early bird/self-checkout open 9-10 a.m. Mon.-Fri. Call 608-388-3542/3543.

**CWT (Carlson Wagonlit Travel) SatoTravel:** Building 2180. Open 7:30 a.m.-4 p.m. Mon.-Fri. Call 608-388-2370, 608-269-4560, or 800-927-6343.

**Education/Learning Center:** Building 50, room 123. Open 8 a.m.-4 p.m. Mon.-Fri. Call 608-388-7311.

**Exchange:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 101 or ext. 4343.

**ID Card/DEERS Section:** Building 35. Open 7:30 a.m.-3 p.m. Mon.-Fri. Call 608-388-4563 to verify ID Section is operational.

**IHG Army Hotels:** Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

**Launderette/Dry Cleaning:** Building 1538.

# facilities services

This schedule is projected through **Nov. 8, 2018**. **Bold, italic typeface** indicates a change since the last publication. Call facilities to verify hours. To report updates, call 608-388-2769.

Open 10 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Laundry Facilities:** Open 24/7. Exclusively for use by Soldiers training on Fort McCoy. Civilians and retired military are not authorized to use these facilities. **Call 608-388-3800 for which buildings are open.**

**Military Clothing:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 203.

**Patriot Outfitters:** Building 1538. Open 9 a.m.-6 p.m. Mon.-Fri. and 9 a.m.-4 p.m. Sat.-Sun. Call 608-269-1115.

**Permit Sales:** Building 2168. Open 7 a.m.-3:30 p.m. Mon.-Fri. Call 608-388-3337.

**Retirement Services Office:** Building 35. Open 7:30 a.m.-3 p.m. Mon.-Tues. and Thurs.-Fri. Call 608-388-3716.

**R.I.A. Credit Union:** Building 1501. Open 9 a.m.-1 p.m. Mon.-Wed. and 9 a.m.-1 p.m. and 2-5 p.m. Thurs.-Fri. ATMs are located in building 1501 (available 24/7); McCoy's, building 1571; Exchange, building 1538; and IHG Army Hotels, building 51 (available 24/7). Call 608-388-2171.

**Service Station/Express/Class VI:** Building 1538. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-388-4343. Pay-at-the-pump gas is open 24/7. ATM inside. Cash transactions available

during Express hours.

**Visitor Control Center:** Building 35. Call 608-388-4988 for hours.

**Family Support**

**Army Community Service:** Building 2111. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-3505.

**Army Substance Abuse Program:** Building 1344. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-2441.

**Child Development Center:** Building 1796. Open 6:30 a.m.-5:15 p.m. Mon.-Fri. Call 608-388-3534/2238.

**Military and Family Life Consultant Program (MFLC):** Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential. Available 8 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-8068 or 815-793-0148

**Red Cross:** Fort McCoy active-duty Soldiers and Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313 or 608-788-1000.

**School Age/Youth Center:** Building 1792. Activities for youth grades kindergarten

through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. Open nonschool days 6:30 a.m.-5:30 p.m. or 2:30-5:30 p.m. Mon.-Fri. for After School Program. Call 608-388-4373.

**Health Care**

**Alcoholics Anonymous:** For more information, call 608-388-5955/2441.

**Fort McCoy Civilian Employee Assistance Program:** Screening and referral services for civilian employees and Family members experiencing difficulties due to problems related to substance abuse, mental health, marital/Family discord, or other causes. Call 608-388-2441/5955.

**Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP):** 24/7 hotline: 608-388-3000.

**Occupational Health Clinic:** Building 2669. Open 7 a.m.-3 p.m. Mon.-Fri. Call 608-388-2414.

**TRICARE:** TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or visit www.tricare.mil.

**Troop Medical Clinic:** Building 2669. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days. Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

**Worship**

**Catholic:** Chapel 10, building 1759. Mass at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675. Call 608-388-3528.

**Jewish:** Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

**Mormon:** Church of Jesus Christ of Latter-day Saints, 702 E. Montgomery St., Sparta, Wis. Services from 10 a.m.-1 p.m. Sun. Call 608-269-3377.

**Protestant:** Chapel 1, building 2672. Protestant worship at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675.

**Protestant Women of the Chapel:** Building 2675. Bible study. 8:30-10:30 a.m. Wed.

**Spanish Language:** Catholic services in Norwalk at 4 p.m. Sun.; call 608-823-7906. Seventh-Day Adventist services in Tomah; call 608-374-2142.

Call 608-388-3528 for worship schedules in surrounding communities. If you have an emergency, call 608-388-2266, and the on-call duty chaplain will be contacted.

**Organizations**

**American Federation of Government Employees (AFGE), Local 1882:** Building 1411. Open 7 a.m.-4 p.m. Mon.-Fri. Meets at 5 p.m. second Tuesday of each month. Call 608-388-1882.

**American Society of Military Comptrollers:** Meets several times throughout the year. For more information, call Maureen Richardson at 608-269-1912.

**Association of the United States Army - AUSA (Robert B. McCoy Chapter):** For information on meetings, visit www.mccoysusa.org.

**Friends and Spouses of Fort McCoy:** Meets third Wednesday of each month. For info, email fsofmcocoy@gmail.com.

**Reserve Officers Association, Fort McCoy-Readiness 43:** For more information, call 920-535-0515 or email justdave49@centurylink.net.

**USO Wisconsin at Fort McCoy:** Building 1501. Open 10 a.m.-4 p.m. Mon., Wed., Fri. For more information or to volunteer, call 414-477-7279 or email ehazlett@usowisconsin.org.

**Warrant Officers Association, Chapter 0317:** For more information, email usawoamccoy@outlook.com.

GIANT VOICE EMERGENCY-NOTIFICATION SIGNALS			
CONDITION	IF YOU HEAR	THIS INDICATES	INDIVIDUAL ACTIONS
Natural Disaster	3- to 5-minute steady tone or voice announcement	Disaster imminent or in progress. Examples: Tornado, flash flood, hazardous-materials release, wildfire.	Be alert. Ensure all personnel are warned. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location. Tune in to local radio or TV stations for emergency information.
Attack	30-sec. to 5-min. wavering tone or voice announcement	Attack imminent or in progress. Examples: Vehicle bomb, terrorist action, release of biological or radioactive materials.	Be alert. Ensure all personnel are warned. Implement force-protection condition (FPCON) procedures as indicated. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location.
All Clear	Voice announcement	Immediate threat from disaster or attack is over.	Be alert for secondary hazards. Account for all personnel. Check building. Await instructions on FPCON level. Report fires, injuries and other hazards.

**DAILY BUGLE CALLS**

5:50 a.m. – First Call • 6 a.m. – Reveille • 6:45 a.m. – Assembly • 7 a.m. – Breakfast • Noon – Mess Call (Dinner) • 5 p.m. – Retreat/To the Colors • 5:45 p.m. – Mess Call (Supper) • 10:30 p.m. – Tattoo • 11 p.m. – Taps

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**FIREARM REGISTRATION POLICY**

All privately owned firearms brought on the installation must be registered through the Directorate of Emergency Services (DES) Police Department. Firearm registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition." Firearms are required to be registered prior to entrance or immediately upon entering any lands identified as Fort McCoy property. For more information, call 608-388-2266.

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