



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



Link directly to the
NSASP Facebook
page on your
smart phone

INSIDE:

Donors urged
to help the
Red Cross
maintain
blood supply
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First Line Technology employee demonstrates the application of the Dahlgren Decontamination solution, known as Dahlgren Decon, for decontaminating a fire suit. Dahlgren Decon was invented and developed by NSWCDD to defend warfighters against chemical, biological, and radiological agents. In July 2015, the command signed an exclusive license agreement with First Line Technology, a Virginia-based small business, permitting it to manufacture the life-saving decontamination technology for warfighters and first responders nationwide.

Federal Laboratory Consortium Selects 'Dahlgren Decon' for 2018 Excellence in Tech Transfer Award

By **JOHN JOYCE**,
NSWC Dahlgren Division
Corporate Communications

The Federal Laboratory Consortium for Technology Transfer (FLC) selected the Navy's "Dahlgren Decon" technology for a 2018 Excellence in Technology Transfer Award, Naval Surface Warfare Center Dahlgren Division (NSWCDD) announced, Feb. 2.

The FLC award – presented annually to employees from more than 300 federal laboratories for outstanding work in transferring federally developed technology – will be awarded to NSWCDD for the first time at the FLC national meeting in Philadelphia, Pa., April 25.

"This award represents a culmination of years of successful research and development activities, collaborations across the DOD (Department of Defense), and partnerships with academia and industry, resulting ultimately in increased capability in the hands of the warfighter," said Kathleen Jones, NSWCDD chief technology officer. "It's a stellar example of why Dahlgren is here. I could not be more proud of the efforts of our team."

Dahlgren Decon – a decontamination solution developed to defend warfighters against chemical, biological, and radiological agents – is protected under

several patents by the Navy.

"This year, your laboratory is one of a select number of recipients, an indication that your nomination was truly of the highest caliber," John Dement, FLC chair, and Donna Bialozor, FLC Awards Committee chair, wrote to Lorraine Harting, NSWCDD Office of Research and Technology Applications manager, in a letter.

"We are honored to receive this prestigious national award from the Federal Laboratory Consortium," said Lorraine Harting, NSWCDD Office of Research and Technology Applications manager. "This technology transfer not only provides the decontamination product to warfighters off-the-shelf, it will also be incorporated into products supporting first responders and the general public."

FLC is the formally chartered, nationwide network of over 300 federal laboratories, agencies and research centers that foster commercialization best practice strategies and opportunities for accelerating federal technologies out of the labs and into the marketplace.

NSWCDD researchers worked for more than a decade to develop and test Dahlgren Decon as a revo-

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Naval Support Facility Dahlgren, Virginia Installation Restoration Program – Five-Year Review

NAVFAC Washington has initiated the Five-Year Reviews for seven Environmental Restoration sites at Naval Support Facility Dahlgren, VA (NSF Dahlgren): Sites 2, 9, 10, 12, 17, 20/23 and 37. Five-Year Reviews are required for Federal Environmental Restoration sites pursuant to the Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA) §121 and the National Oil and Hazardous Substances Pollution Contingency Plan (NCP).

The public will receive notification at the conclusion of the Five-Year Review process, anticipated in late 2018, and will be invited to review the completed Five-Year report, when available, at NSF Dahlgren public repository.

For more information, contact:

Ms. Jeron Hayes, Public Affairs Officer,
Naval Support Activity South Potomac (540) 653-8153.

CSCS Welcomes New Executive Director

By **BARBARA WAGNER**
South Potomac Pilot

The Center for Surface Combat Systems (CSCS) welcomed aboard a new executive director in December — Ms. Robin Zapert — who comes to CSCS from Program Executive Office Integrated Warfare Systems, at the Washington Navy Yard. She spent the last four years there working in acquisitions developing combat systems computing equipment for the surface Navy. No stranger to the AEGIS Combat System, Zapert has been a part of Naval Sea Systems Command (NAVSEA) since 2010 and has worked on numerous projects within the Surface Warfare Systems (SWS) community, including PMS 339 Surface Training Systems.

A native of Rochester, N.Y., Zapert holds a degree in Microelectronic Engineering from the Rochester Institute of Technology, a Master of Science in Materials Science and Engineering from the University of Virginia



OFFICIAL NAVY BIO

CSCS Welcomes New Executive Director Robin Zapert

and a Masters in Business Administration from the University of Maryland's Robert H. Smith School of Business.

Prior to her work with NAVSEA, Zapert worked in the semiconductor industry. Reflecting on the differences in the two sectors, Zapert noted that working within the military environment "feels like you are really making a difference with what you do."

Zapert was able to settle in over the recent holiday season at CSCS and has been working with her team to develop a vision for 2018 that she feels will resonate organization-wide.

"What we would really like to see is an agile, adaptive and innovative organization that leverages technologies to achieve the mission," Zapert said.

In today's challenging warfare environment, Zapert noted that it is essential to invent and implement tomorrow's technology in as rapid a fashion as possible, aligning with the CSCS mission statement to develop and deliver surface ship combat systems

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Award

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lutionary response to chemical and biological warfare agents.

“This is the ‘home run’ of technology transfer and doesn’t happen without a lot of contributors,” said Chris Hodge, NSWCDD scientist and Dahlgren Decon inventor. “Just about everybody in the branch (an NSWCDD chemical, biological and radiological defense group), plus collaborators in every service as well as industry and academia, contributed to making this happen. I’m thankful for their hard work and very proud to represent the team.”

In July 2015, NSWCDD signed an exclusive patent license agreement with a Virginia-based small business, permitting it to manufacture the Dahlgren Decon life-saving decontamination technology for warfighters and first responders worldwide.

“A lot of inventors from the Dahlgren side made a powerful decontaminant and now it’s just a matter of getting it out to the market,” said Amit Kapoor, president of First Line Technology, LLC, after signing the exclusive license agreement. “We want to bridge the gap and take it out to the first responders and help the warfighter, ensuring they have the best of the best.”

In effect, NSWCDD worked through Cooperative Research and Development Agreements with First Line Technology – a disadvantaged and minority-owned small business and Solvay Chemicals, Inc., manufacturer of the active ingredient in the decontamination solution– to develop a transition plan for providing U.S. first responders with technology that defends the general public from hazardous threats.

The formulation has a variety of potential applications as a commercial antimicrobial or pesticide.

The Dahlgren Decon solution will neutralize a wide range of substances, from toxic industrial chemicals and materials to chemical warfare and biological agents. The new decontamination solution has a moderate pH and does not generate toxic byproducts.

Moreover, it’s proven to be the most effective decontamination

technology against chemical and biological agents. With a neutralization and kill time of just a few minutes, Dahlgren Decon is now the fastest reacting decontamination agent when compared to other commercial products on the market or in development.

Hodge ensured the peroxygen-based chemical and biological decontamination formulation is friendly to equipment, users, and the environment without sacrificing speed and efficacy.

Competing technologies are effective. However, many are either highly corrosive to equipment or require contact times as long as 30 minutes. In addition, most available solutions contain components that are harsh on equipment, users, and the environment.

Dahlgren Decon, extensively tested by Hodge and his team since 1999, minimizes those issues while maintaining high efficacy against a wide panel of chemical and biological threats.

“The solution is easy to use,” Hodge points out. “The active ingredient ships as an easy-to-handle solid and stores well. Activation is fast — just add water. The active solution’s peracid oxidizers tackle an array of targets in minutes without solvents and without sacrificing useable life once mixed.”

A large body of data, including live-agent testing results, is available to support additional development efforts and registration filings.

This example of U.S. industry’s capability to expand NSWCDD-developed technology reflects the Navy’s technology transfer objective to actively share its dual-use technology, facilities, and expertise with the U.S. public and private sector, and incorporate into the Navy commercially available technology that supports mission-related needs.

“Through American taxpayers’ investment in our federal laboratories’ research and development efforts, scientific and technological breakthroughs can take place and return dividends to our economy,” according to the FLC website, <https://www.federallabs.org>. “The new industries, businesses, and jobs that can be created when a new technology is brought to market are just a few of the successes that take effect through technology transfer, and the FLC is here to promote, facilitate, and educate labs and industry about that process.”



U.S. NAVY PHOTO

Navy scientist Chris Hodge is the inventor of “Dahlgren Decon” – a decontamination solution developed to defend warfighters against chemical, biological, and radiological agents.

NSWC Dahlgren Division is a premier research and development center that serves as a specialty site for weapon system integration. The command’s unique ability to rapidly introduce new technology into complex warfighting systems is based on its longstanding competencies in science and technology, research and development, and test and evaluation.

Donors Urged to Help the Red Cross Maintain Blood Supply

Severe winter weather, flu disrupting blood donations



Winter storms and the flu don’t just mean a lot of people are missing work and school – it also means they can’t keep their American Red Cross blood and platelet donation appointments. The Red Cross is urging healthy donors of all blood types to roll up a sleeve to help maintain the blood supply for patients in need.

In 2018, severe winter weather forced about 600 blood drives to cancel, resulting in more than 17,500 uncollected blood and platelet donations. And, widespread flu across the U.S. has resulted in lower turnout at blood drives.

Blood and platelet donations are needed in the coming days to help replenish the blood supply and ensure patients continue to receive lifesaving treatments. Donors can help even more patients when they invite a loved one, friend or co-worker to give with them.

Make an appointment to donate this winter by downloading the free Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS (1-800-733-2767).

How to donate blood

Simply download the American Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver’s license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at redcrossblood.org/RapidPass or use the Blood Donor App.

Upcoming Blood Donation Opportunities Feb. 16-28

- Warrenton**
2/17: 8:30 a.m. — 12:30 p.m., Vint Hill Community Center, 4235 Aiken Drive
2/19: 1 p.m. — 7 p.m., St John’s Catholic Church, 271 Winchester Street
- Fredericksburg**
2/22: 1 p.m. — 5 p.m., England Run Library, 806 Lyons Blvd
2/25: 9 a.m. — 2 p.m., Riverside First Church of God, 3461 Fall Hill Ave
2/27: 1 p.m. — 7 p.m., Ferry Farm Baptist Church, 1 Westmoreland Drive
- Spotsylvania**
2/19: 10 a.m. — 3 p.m., Spotsylvania Towne Center, 137 Spotsylvania Mall
2/21: 1 p.m. — 7 p.m., Spotsylvania Towne Center, 137 Spotsylvania Mall
2/26: 10 a.m. — 3 p.m., Spotsylvania Towne Center, 137 Spotsylvania Mall
2/28: 1 p.m. — 7 p.m., Spotsylvania Towne Center, 137 Spotsylvania Mall
2/18: 9 a.m. — 1 p.m., St Joseph Parish Center, 8200 Robert E Lee Drive
- Stafford**
2/20: 3:45 p.m. — 6:45 p.m., Sweet Frog — North Stafford, 315 Garrisonville Road, Suite 101
2/22: 2 p.m. — 6 p.m., Onelife Fitness, 315 Garrisonville Road
2/28: 9 a.m. — 11:45 a.m., AG Wright Middle School, 100 Wood Drive
2/28: 2:15 p.m. — 5:15 p.m., Best Buy- Stafford, 1455 Stafford Market Place

Dr. Daniel F. Wallace, Technical Warrant Holder for Displays and Human Factors Engineering, Surface Ship Warfare Systems (SEA 05W) at NSWC Dahlgren Division

Technical Warrant Holders (TWHs) are Navy engineers and recognized technical experts in their fields across specific technical domains. TWHs are the independent technical conscience for the Navy to make sure systems being designed, produced and delivered to the Fleet areas technically sound and as safe as possible.

What is your educational background?

My undergraduate degree is a Bachelor's of Arts in mathematics and psychology from Cedarville University, and my master's and Ph.D. are from the University of Maryland in cognitive/experimental psychology with an emphasis in human factors engineering. Education should never stop, of course, so I continue to take online classes and read a lot. There is also continual "on-the-job training" as I interact with subject matter experts and Fleet representatives on a regular basis. That is one of the fun parts of my job: I'm always able to learn something new.

What was your career path prior to becoming TWH?

Right out of graduate school I considered taking the academic route and had a stint as a professor at the University of Maryland teaching statistics, and I also worked for IBM in its Usability Testing Lab. But I soon had an opportunity to do some research and development and human factors engineering at a defense contractor, supporting a Navy customer in Dahlgren, Va. That gave me a solid understanding of the contractor side of the world. In 1996, my Navy customer asked if I'd be willing to work for the government. I did and have never looked back. Over the years I've worked on a wide variety of programs; ship platforms (e.g., DDG 1000, LCS, SSC), combat systems (e.g., Aegis, SSDS), combat elements (e.g., AIEWS/SEWIP, Phalanx BLK(1B)), and research efforts (e.g., Manning Affordability Initiative, Human Performance Laboratory). This background in research, academia, corporate, contractor, and government has served me well in being able to see the many facets to issues and solutions.



Dr. Daniel Wallace, Technical Warrant Holder for Displays and Human Factors Engineering-Surface Ship Warfare Systems (SEA 05W)

How did you become interested in your particular field of expertise?

I was on a mechanical engineering track in undergraduate school and took "Psychology 101" to complete a breadth

requirement. A paper was assigned to write about "How is Psychology Applicable to Your Discipline." At the time, my assumption was that psychology was all about Sigmund Freud and "Why do you hate your mother?" – how could that deal with engineering? Well, I did a literature review and found out that there was an area called engineering psychology, or human factors engineering, that addresses how to design systems that take into consideration the inherent capabilities and limitations of the human user. These factors could be physiological or psychological, but they all still deal with the "fit" to the human. This made great sense to me and I got hooked; 35 years later, it still excites me.

What does a TWH do?

We balance our technical knowledge against the programmatic constraints of cost, schedule, and performance to render a judgment as to whether the system design meets the needs of the Navy and the user within an acceptable risk. Where there is residual risk, we characterize that risk and make recommendations as to how it can be mitigated. We write and maintain specifications and standards for our warranted technical area.

Why is the role of TWH important to the Fleet?

The TWH serves as the independent technical conscience for the Navy. In the case of human factors, it is critical to have an advocate to ensure that the operators are efficient and effective in their jobs, and that is realized through a design that is tailored to the physiology and cognitive abilities of the actual Sailors that will use it. This reduces errors and accidents and improves warfighting effectiveness.

What goals do you have in your position as TWH?

Systems that are designed with the Fleet operators and maintainers in mind. Designers and acquisition community who are sensitive to the needs of the user community and who understand that engineers do not always think about the system in the same way as the Fleet users.

Craftech Has Your Valentine Covered!



Valentine's Day is just six days away! Be prepared to "surprise your sweetie" with a token of love from NSF Dahlgren Craftech. Let them know you care with red roses, a balloon bouquet, a candy gram or chose from a wide assortment of cuddly stuffed critters with sweet sentiments! Prices range from \$3 — \$22 and delivery on base is available!

Drop in to Craftech, located in Building 2007 on Jenkins Road, behind the Naval Health Clinic between 9 a.m. & 5 p.m. Monday through Friday or contact the staff at 540-653-1730 to place your order today.

Orders will be accepted until Feb. 13 at 4 p.m. For best selection — order early!

BASE HAPPENINGS

Dahlgren

African American — Black History Month Program

NSF Dahlgren will hold an African American — Black History Month Program on Feb. 14 from 1100-1200 at University of Mary Washington Dahlgren Campus, Room 110 University Hall. Guest speaker will be Dr. Frank Smith, Director of the African American Civil War Museum in Washington, D.C. All are invited to attend!

Catholic Services at Dahlgren Chapel

Monday — Thursday: Rosary at 1200 in Back Chapel
Friday: Liturgy of the Hours and Rosary at noon in Back Chapel
Saturday: Sunday Celebration in the Absence of a Priest, vigil, 1700 in Main Chapel

Dahlgren Chapel will hold an Ash Wednesday mass on Feb 14 at 5 p.m. The service is open to all with base access.

Child Development Center I Has Spaces Available!

The Dahlgren CDC I has space available for parents to enroll children. For more information on how to enroll contact the center at 540-653-4994 or stop by at 727 Sampson Road, building 437.

Dahlgren Sea Kings Chess Club

Want to learn how to play the world's oldest game like the masters? Weekly lessons are free, and all skill levels are welcome. Group will meet Wednesdays from 4 — 6:30 p.m. Please call or email for more information, Lt. Brian T. Curran, V23, (540)653-1941, brian.curran1@navy.mil.

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Indian Head

FFSC Relocated aboard NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Market Fresh Bistro Soup of The Day

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is offering Minestrone Soup this week. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Community Notes

Dahlgren

LOVEworks Design Contest

King George County Tourism Advisory Committee is sponsoring a contest for the creation of our County's LOVEworks display. Deadline is March 30, 4:30 pm. Submit your sketch and application form by mail or hand delivery to Tourism Advisory Committee King George County Administration 10459 Courthouse Drive, Suite 200 King George, VA 22485 or via email to: annie@yeskinggeorge.com.

New Nice Bridge Project

The public comment period for the new Nice Bridge project ends February 20, 2018, at 11:45 pm. It is encouraged to submit comments concerning the Bike/Ped shared use path. Your input is important and will be considered by the Maryland Transportation Authority (MDTA) New Nice Bridge Project Team. You can provide input at newnicebridge.com by email at info@newnicebridge.com or by mail to:

Maryland Transportation Authority
Attn: William N. Pines, PE
Director of Project Development
Office of Engineering and Construction

8019 Corporate Drive, Suite F
Nottingham, Maryland 21236

For additional information about the project visit: http://www.mdt.maryland.gov/Capital_Projects/NewNiceBridge-Project/Home

Spring 2018 National Security Lectures

ISIS From Space: Using Remote Sensing To Assess the Economic Impact of Islamic State Governance in Iraq and Syria will be presented on Mar. 15, by Sean Mann, Policy Analyst, RAND Corporation at the UMW University Hall (room 110). Was the Islamic State capable of effectively governing and managing the economy of its self-styled caliphate in Iraq and Syria? RAND investigated the

ability of the Islamic State to govern, control, and profit off of its territory using a novel methodological approach relying upon remote sensing data and commercial satellite imagery. The lecture is open to the public, and there is no charge to attend. Refreshments starting at 8 a.m., and the lecture at 8:30 a.m. To register, visit us online at <http://dahlgren.umw.edu/lecture-series>

Father-Daughter Princess Ball

Bring your little princesses to meet the Disney Princesses at this semi-formal fancy dress ball on Saturday, Feb. 24 from 5:30-8:30 p.m. She'll feel like the belle of the ball meeting Belle and the other Disney Princesses at this event! Semi-formal attire is required and tickets are \$30.00 for one adult and one child (aged 4-6) and \$15.00 for each additional child. Tickets must be purchased in advance. Stop by the King George Parks and Recreation office 8076 Kings Highway or call 540-775-4FUN

King George Animal Rescue League Seeking Volunteers

The King George Animal Rescue League is looking for volunteers to help socialize animals, walk dogs, and take pictures at King George Animal Control (the county animal shelter). Volunteering at the shelter is a very rewarding way to give back to the local community; it is beneficial to the volunteer's mental and physical health, and it has a direct impact on the lives of homeless animals in our area. To learn more, visit <http://www.kgarl.org/info/display?PageID=15746>, email shelterhelp@kgarl.org, or contact the shelter directly at 540-775-2120.

Vendor Blender & Yard Sale at KGHS

Saturday, March 17, 9 a.m.-2 p.m. Shop vendors, crafters and yard sales at this event held at King George High School from 9 a.m. to 2 p.m. and food will be available! Space is still available, con-

tact kgdeca@gmail.com for a registration form. The event supports the King George High School DECA competitive trip to ICDC in Atlanta, Ga.

Scholarship Available For Active Duty, Spouses and Vets at UMW

UMW is offering a scholarship providing qualified active duty service members, spouses, or honorably discharged veterans the opportunity to receive a 25% military tuition scholarship for graduate degree programs: Master of Business Administration or Education and Master of Science in Geospatial Analysis. Please contact the Office of Graduate Admissions for more info at 540-286-8000 or email graduate@umw.edu.

KG Alert

Sign up for KG alert offered by the King George County Emergency Services to notify you of important information due to an emergency, disaster, road closure or inclement weather. To sign up for free, go to <https://www.kgalert.com/Portal.htm>

Indian Head

Free Income Tax Preparation for Seniors and Low to Moderate-Income Adults

The Senior Information and Assistance staff is scheduling appointments for the Income Tax Preparation Program starting on Monday, Feb. 5, and continuing each Monday, Wednesday, and Friday through April 17. Services are free for seniors and low to moderate-income adults who meet the eligibility guidelines. All appointments will be held at the Richard R Clark Senior Center (1210 East Charles Street in La Plata). To schedule an appointment, persons Age 60 and over call 301-609-5712, and persons between the ages of 18-59 call 301-609-5704. Citizens with special needs may contact the Maryland Relay Service at 711, or Relay

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SOUTH POTOMAC PILOT

www.dcmilitary.com/south_potomac_pilot

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Letters and submissions

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AUTO SKILLS

540-653-4900
Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour, includes one bay, tools, equipment and fluid disposal.

Basic Car Care

Feb. 22, 4:30 p.m.
Learn basic DIY skills that will keep your vehicle running longer such as acknowledge warning signs, changing a flat, maintaining fluid levels and checking tire tread and pressure. Maximum class size is 25 participants. Cost: Free

CANNONBALL LANES BOWLING CENTER

540-653-7327
Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00 Shoe Rental: Military \$1.50, Civilian \$2.50. Ask about our birthday party packages!

Valentine's Day Pin Decorating

Feb. 14, 5 p.m.
Decorate your own bowling pin in sweetheart attire and bowl a game for only \$10.00, including shoes.

Sweetheart Bowl

Feb. 17
Celebrate Valentine's Day bowling for an hour with your sweetheart. Military, \$15 per pair. Civilian, \$20 per pair. Shoe rental included.

DAILY BOWLING SPECIALS-Sunday Special

Sundays, 11 a.m. – 9 p.m.
Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

11 a.m. – 9 p.m.
Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

11 a.m. – 9 p.m.

Every Wednesday, buy one game; get the second game for Free!

All-U-Can Bowl Fridays

Fridays, 7 p.m. – 11 p.m.
Join us every Friday for a two hour, all you can bowl special! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Saturdays, 7 p.m. – 11 p.m.
Enjoy music and lights while bowling!

CHILD & YOUTH PROGRAMS

CDC I 540-653-4994 /
CDC II 540-653-4342
YAC 540-653-8009
www.navymwrdahlgren.com/child-youth

Military Child Care Open Enrollment

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Summer Camp Counselor/Program Assistant Employment

CYP is accepting applications now through Feb. 21, for NSF Dahlgren Summer Day Camp. Must be 18 years of age and possess a high school diploma or equivalent. Prior experience working with children and/or youth preferred but not required. For more information and to apply, visit www.NavyMWRDahlgren.com/welcome-aboard/jobs

COMMUNITY RECREATION

540-653-8785
www.navymwrdahlgren.com/recreation

TICKETS-

E-Tickets Available at Tickets & Travel

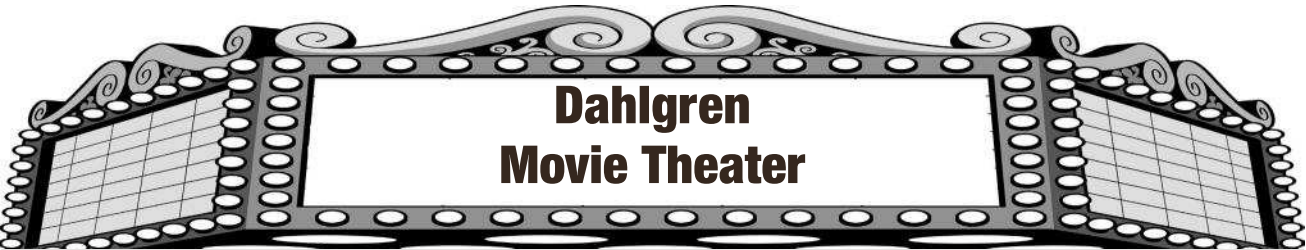
Shawnee Mountain Ski Area, East Stroudsburg, PA. Cost varies between \$27.00-\$82.72

Graceland Tickets, Memphis, TN. See where Elvis lived and tour the home of the King. Cost: Adult \$45.50, Child \$24.00

Disney on Ice: Frozen Tickets

Discover the magic of Fro-

The South Potomac Pilot



540-653-7336

Price of Shows — Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00. E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): Free.
*Movies shown in 3D will cost an additional \$1 to ticket price

Friday, Feb. 9 7 p.m.	Paddington 2 PG
Saturday, Feb. 10 4 p.m.	Princess & the Frog (FREE ADMISSION) G
Saturday, Feb. 10 7 p.m.	The Post PG-13
Sunday, Feb. 11 2 p.m.	The Greatest Showman PG
Sunday, Feb. 11 4:30 p.m.	Jumanji: Welcome To The Jungle PG-13
Friday, Feb. 16 7 p.m.	Paddington 2 PG
Saturday, Feb. 17 4 p.m.	12 Strong R
Saturday, Feb. 17 7 p.m.	The Greatest Showman PG
Sunday, Feb. 18 2 p.m.	The Commuter PG-13
Sunday, Feb. 18 4:30 p.m.	All The Money In The World R

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater.
Ask about our birthday party packages!

zen like never before at Disney on Ice presents Frozen! Dazzling ice skating, special effects and unforgettable music will transport you to wintry Arendelle. Cost:\$21.00 per person

Great Wolf Lodge Specials

Great Wolf Lodge dates are available now at Tickets & Travel! If rooms are no longer available, ask for alternative pricing for other dates. Package includes one night, two days, standard rooms, six water park bands and \$8 arcade credit. Check-in is at 4 p.m. and check-out is 11 a.m., however, the waterpark is still available for use. Cost: \$217

CRAFTS & CLASSES-

Valentine's Day Deliveries

Feb. 14, 9 a.m. – 3 p.m.
Let Craftech take the stress out of Valentine's Day! We are delivering your choice of balloons, gifts and goodies on base to co-workers, friends or someone special. Prices range from \$8.00-\$25.00. Place your order with Craftech by Feb. 13.

DIY Wine Glass Painting

Feb. 21, 6 p.m. at Gray's Landing

Paint a wine glass with Community Rec just in time for Valentine's Day. Register at Tickets & Travel by Feb. 16. Cost: \$10

DIY Jewelry Making

Feb. 27 at 5 p.m. at the Multipurpose Room

Learn how to create your own jewelry to match your personal tastes! Register at Tickets & Travel by Feb. 23. Cost: \$10

SPECIALS- The Dating Game at Gray's Landing

Feb. 14 at 6 p.m. Register at Tickets & Travel by Feb. 9

Determine how well you know your spouse or significant other with fun questions! Refreshments will be available for purchase. Open to all with base access. Must have a minimum of 4 couples and maximum of 10 couples register. Must be 21 years and older to purchase and consume alcohol.

CRAFTECH

540-653-1730
Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www.NavyMWRDahlgren.com/recreation and select Craftech.

Dahlgren Centennial Collector Items

Order your exclusive Centennial collector items from Craftech all year long. Items include insulated travel and coffee mugs, playing cards, challenge coins, t-shirts, clocks, pens and holders, lanyards and much more!

FITNESS CENTER

540-653-8580
www.navymwrdahlgren.com/fitness-sports

Sprint Triathlon – Registration Now Open

Saturday, April 21
Register at www.Dahlgren-SprintTri.eventbrite.com. Must have at least 25 registered participants by Mar. 23 to compete. Check in at 7 a.m.; start time is 8 a.m. and awards will be at 10:30 a.m. Awards will be given to male and female first place winners in each age division: 17 and under, 18-24, 25-39, and 40 plus. Cost: 17 & under, \$20. Active duty, \$20. All others, \$30

RACE SERIES- Heart & Sole 1.5 Mile Challenge

Feb. 14, 11 a.m.
Get your heart pumping with this run challenge and complete obstacles along the 1.5 miles road race course. Cost: Active duty military, Free. All others, \$5.00

SPORTS- Lunchtime Pickle Ball

Mondays in February 11 a.m. – 1 p.m.
Relieve workday stress and join us for a friendly game of pickleball! Free

No Glove Softball

Begins Mar. 12. Register by Feb. 19.

Join us at Duke Field for a game that evens the playing field! Must have six teams to compete. Cost: Active duty, Free. All others, \$5

Spring Intramural Sports

Soccer League – Organization Meeting Mar. 5, 11:30 a.m.
Co-Ed and Men's Softball League – Organization Meeting Mar. 6, 11:30 a.m.

Flag Football – Organization Meeting Mar. 7, 11:30 a.m.

League play begins in April. Cost: Active duty & contractors with fitness membership, Free. Retirees & dependents, \$15. DoD Civilians, \$30. Contractors without fitness membership & off-base civilians \$40

INCENTIVE- Walk Across America

Feb. 1 – Sept. 30, Open registration at the Fitness Center.

Count your steps to collect trips and earn points! Choose a trip from our list of cities and earn points and a stamp in your passport when you reach your destination. All participants who complete at least three trips and earn at least 7 points will receive a Walk Across America t-shirt. Steps must be recorded on your passport at your convenience during any of the Fitness Center's staffed hours. For more information on rules and regulations, call the Fitness Center at 540-653-8580. Cost: Active duty \$5, All others, \$10

AQUATICS

540-653-8088
Dive-In Movie Date Night
Feb. 9, 8 p.m.

Float with your sweetie for a dive-in movie night at the Aquatics Center featuring My Big Fat Greek Wedding. Cost: Active duty/retired military, Free. DoD civilians, \$5.00. Contractors/guests, \$6.00. Children 5 years old and under, Free.

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Winter Swim Lessons

Feb. 12 – Mar. 18

Parent and Child, Level I, II, III and IV age groups are available for swim lessons Tuesdays and Thursdays. Minimum enrollment of three participants per class. Cost: Military, \$45.00. All others, \$50.00

Movie & Family Float Night

Feb. 16, 5 p.m.

Bring your inflatable and float your way into the weekend! Featured movie will be Beauty and the Beast. Cost: Active duty/retired military, Free. DoD civilians, \$5.00. Contractors/guests, \$6.00. Children 5 years old and under, Free.

GENERAL LIBRARY

540-653-7474

Princess & The Frog Party

Feb. 10, 1 p.m.

Join us for a special Mardi Gras party with crafts, games and more! Stop by the Theater afterward for a Free showing of the Princess & the Frog at 4 p.m. Concessions will be available for purchase.

Blind Date with a Book

Feb. 12-18

Don't judge a book by its cover! Go on a mystery date with one of our covered books carefully selected or one of your library staff's favorite. Cost: Free

- LIBRARY SPECIALS - Learn Japanese

Active duty only – Mondays at 2:30 p.m. All others Monday at 4:30 p.m. and Wednesday at 5:15 p.m.

Learning a new language boosts brain power, improves memory, and expands career potential. Join us at the Library as we learn Japanese! Cost: Free

Paws for Reading

Second Tuesday, 3:45-5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four-legged companion. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library. Cost: Free

S.T.E.A.M. Pre-School Literacy Classes

Wednesdays, 5 p.m.

Our S.T.E.A.M. classes are geared toward pre-school and kindergarten-aged children. They will develop their literacy skills as well as engage in the arts and learning experiments. Siblings are always welcome! Cost: Free

One-on-One Computer Help

First Tuesday by appointment

Need help and don't know where to start? Sign up for a one on one session to work on whatever you'd like! Cost: Free

Early Literacy at your Library

Friday, 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Storytime and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday storytimes are a great way to meet other caregivers in the area. Cost: Free

Sensory Sensitive Saturdays

Saturdays, 1-3 p.m.

Be sure to join our caring staff for Sensory Sensitive Saturdays! Cost: Free

Note: Military families with infants and toddlers looking for assistance and evaluations can call 703-784-1741 to speak with the Educational and Developmental Intervention Services team at Quantico. EDIS is a program offered that provides support and assistance to children with developmental concerns and their families. Their goal is to support and assist families in providing their children opportunities for optimal development, wherever they may be assigned to serve.

LIBERTY CENTER

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Wing Wednesday & Trivia

Every third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia.

Free Movie Friday

Every second Friday of the month at 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Every fourth Friday of the

month at midnight enjoy a game of bowling!

Free Movie Friday

Feb. 9

Take your pick from our list and watch a free movie.

Whitetail Ski/Snowboard Trip

Feb. 10

We're heading to Whitetail Ski Resort in Pennsylvania. Take advantage of the east coast slopes with Liberty!

MYO Valentine's Day Cards

Feb. 12 – 14

Make a Valentine's Day card for a special someone in your life!

Valentine's Day Movie Marathon

Feb. 14

Watch romantic movies all day!

Wal-Mart Shuttle

Feb. 15, 6:30 p.m.

Quick trip to Wal-Mart? Let us drive you.

Ladies' Night: Manis and Pedis

Feb. 16

Calling all ladies! Head to Liberty for a mani and pedi. Gentlemen are welcome too!

Rush Hour Live Escape Games

Feb. 17

We're taking you to Fred-

ericksburg for a live escape room game.



Indian Head Child & Youth

CDC 301-744-4458

CYP 301-743-5456

Start Smart

Mar. 6 – April 16

Start Smart held on Mondays from 10-11 a.m. at the Youth Center. Registration begins Feb. 1. A parent orientation is scheduled for Feb. 26 at 10 a.m. For more information contact the Youth Center at 301-743-5456.

Start Smart Basketball

Mar. 5 – April 16

Start Smart Basketball held on Tuesdays from 5:30-6:30 p.m. at the Youth Center. Registration begins Feb. 1. A parent orientation is scheduled for Feb. 27 at 5:30 p.m. For more

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information contact the Youth Center at 301-743-5456.

Youth Open Recreation

Feb. 9, 7-10:30 p.m.
Belly double circle tag. Open to all children ages 5-12 and are enrolled at the Youth Center. For more information please contact the Youth Center at 301-743-5456.

Indian Head Teen Center

CDC 301-744-4458
CYP 301-743-5456
Teen Snow Tubing
Feb. 10, 9 a.m. – 9 p.m.
Snow tubing at the Liberty Mountain Ski Resort. Parents must register their children at the Youth Center and sign all permissions slips/waivers. Open to teens ages 13-18

and still in high school. This event is FREE but must bring money for dinner and souvenirs. Space is limited and will be filled on a first come, first served basis. For more information please call the Youth Center at 301-743-5456.

Teen Time

Feb. 15, 4-7 p.m.
Location: Teen Center
Valentine's slingshot STEM Challenge. Open to teens ages 13-18 and still in high school.. For more information please call the Youth Center at 301-743-5456.

Teen Time

Feb. 16, 4-7 p.m.
Location: Teen Center
Homework help. Open to teens ages 13-18 and still in high school. For more information please call the Youth Center at 301-743-5456.

Teen Open Recreation

Feb. 16, 7-10:30 p.m.

Location: Teen Center

Pool Tournament. Open to teens ages 13-18 and still in high school. For more information please call the Youth Center at 301-743-5456.

Indian Head Community Recreation

301-744-4850

Murder Mystery Night

Feb. 10, 5-7 p.m.
Location: Mix House
Come dressed as your favorite 80's music icon and help us solve this murder mystery. The theme is Karaoke Killed the Radio Star. Must be 21 and older to drink. Open to everyone with base access.

Indian Head Library

301-744-4850

Yoga for Kids

Thursdays in Feb. 2 p.m.
Stretch, bend, and pose with

us through stories and music. Open to all homeschool and preschool children with base access. FREE.

Market Fresh Bistro

Hours: Monday-Friday;
6 a.m. – 2:30 p.m.
Market Fresh Bistro, located inside the Community Recreation Center is happy to be providing breakfast, lunch, and Starbucks coffee products to NSF Indian Head.

Now serving soup! Soup is made fresh daily and served from 10:30 a.m. to 1:30 p.m. The bistro will be serving Minestrone soup for the week of Feb. 12.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Lunch Time Bowling

Wednesdays, 11 a.m. – 1 p.m.

Cosmic Bowling

2nd and 4th Saturday, 5 p.m. – 10 p.m.

Open Bowling

Fridays and Saturdays,
5 p.m. – 10 p.m.
All shoe rentals \$1
Military \$2/game
Civilian \$3/game

Indian Head Weight House Fitness Center

301-744-4661

Zumba Class

Feb. 12, 11:30 a.m.
Come join the Zumba craze over at the Weight House Fitness Center. All classes are free for active-duty, retired military, and dependents. All others are \$4. Open to everyone with base access.

Happy Hearts Partner Run

Feb. 13, 11 a.m.
Can you run a 2.1-mile course while holding hands

with your partner? Pairs must remain linked together throughout the course. Prizes will be awarded to the first and second place pairs. Free for active-duty, \$5 all others. Register by 10:30 a.m. on race day at the fitness center. Open to everyone with base access.

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Mardi Gras Lunch

Feb. 13, 11 a.m. – 2p.m.
Come over to the Liberty Center for a FREE Mardi Gras lunch (while supplies last).

FIFA 18 Tournament

Feb. 14, 6p.m.
Sign up in the Liberty Free Event Binder.



Classifieds

Call 301-645-0900

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Visit Us Online www.dcmilitary.com

Notes

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Service TDD: 866-269-9006. Services are provided by AARP Volunteer Tax Professionals.

Charles County Department of Health Offers Free Flu Vaccinations

The Charles County Department of Health is offering free flu vaccinations Monday- Friday from 8:00 a.m. – 5:00 p.m. No appointment needed. The Center for Disease Control (CDC) recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. The CDC recommends that everyone 6 months of age and older should get a flu vaccine by the end of October, if possible. To learn more about ways to protect yourself and your family from the flu, visit the CDC website at www.cdc.gov/flu/prevent/index.html. For additional information about flu clinics, visit www.CharlesCountyHealth.org or call the

Charles County Department of Health at 301-609-6900.

Chocolate Fest — Save the Date!

Port Tobacco River Conservancy presents ChocolateFest on Feb. 9, at the Waldorf Jaycees building, 3090 Crain Highway. Doors open at 7 p.m. for an evening of live music by Groove Span, dancing, romance, a silent auction, cash casino and of course chocolate! Tickets are \$50 and can be purchased at www.portTobaccoRiver.org.

Charles County Government Citizen Notification System (CNS)

Sign up for the Charles County Government Citizen Notification System for notification of important information. All citizens are urged to register for the new system online. Register today at www.CharlesCountyMD.gov/CNS.

Tri-County Animal Shelter February Monthly Promotions and Reminders:

Tri-County Animal Shelter Announces Spay/Neuter Awareness Month February Promotions

To celebrate this special month, the shelter is reducing the adoption fee for all shelter fe-

lines to \$20.18. All felines adopted during this special promotion will receive the same great incentives of a regular adoption including spay/neuter, rabies vaccination, veterinary physical exam, deworming, FIV/FELV test, and microchip. Come adopt a fabulous feline today!

Free Spay/Neuter Clinics

You may qualify for the free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Dog Training Education Month

Training has been shown to be the single most important factor in keeping a dog in his or her forever home and strengthens the bond between owner and pet. S & D K-9 Rehabilitation and Think Like a Dog both offer a free training session for dogs adopted from the Tri-County Animal Shelter. You can also inquire about additional training at your local PetSmart or Petco. Celebrate the month by signing up your furry friend.

Love Your Pet Day (Feb. 20)

Share some extra love and consider adopting a pet of your own or signing up as a volunteer

at the shelter. Take a dog for a walk, brush some cats, or give out treats. You can also support the shelter by coming to the Prince Frederick IHOP (680 North Prince Frederick Boulevard, Prince Frederick) on Feb. 20 and enjoy a nice meal. IHOP will donate a portion of the proceeds to the shelter if you mention Tri-County Animal Shelter to your server.

Tags and Licenses

Remember to keep identification tags on your dogs and cats. It could be your pet's ticket to getting back home. Be sure your pets wear a collar with an identification tag, a county license, and a rabies tag. Microchipping your pet with up-to-date information is a great practice as well. To learn more about licensing your pet, visit www.CharlesCountyMD.gov/ES/AnimalControl/Animal-Control.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.

Director

Continued from page 1

training to achieve surface warfare superiority. "It's an exciting time to be a part of the Navy's mission," Zapert said. "There's a real momentum to become more agile and innovative... to stay ahead of the threat."

Part of that comes from working closely with the combat systems developers, Zapert explained, which creates a high-velocity learning environment in which curriculum evolves in parallel with the weapon development before the weapon is ever delivered to the fleet.

Zapert's leadership style is grounded in a number of influences, but two that she shared include "Getting to Yes" by Roger Fisher and

William L. Ury, and "Start with Why" by Simon Sinek.

"Getting to Yes" is about separating the people from the problem," Zapert explained. "How are we working together to achieve goals, by focusing on interests and not positions. We're all working to achieve the same goal... for the Navy."

Taking a page from the "Start With Why," Zapert explained that in any business or command, people often know the how's and the what's but don't often fully understand the why. Zapert hopes to create a culture where all of her team understands the importance of their "why."

"It's critical to understand our 'why' to deliv-


er the best product," Zapert said. "We need to instill a 'culture of ask.' If you don't understand what your why is, ask."

Pleasantly surprised with the open and inviting environment at CSCS, she is looking forward to her future there.

"I am really excited to be here and to work with the team of great folks we have," Zapert said.

Zapert and her husband Tyler live in Washington, D.C. and are avid Nationals fans. She enjoys biking and running in her off time and looks forward to the warmer weather aboard Naval Support Facility (NSF) Dahlgren and taking advantage of some scenic running routes.

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