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NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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18th SPCS Det 1 Welcomes New Commander, Says Goodbye to Lt. Col. Dunagan

By **ANDREW REVELOS,**
NSASP DEPUTY PUBLIC
AFFAIRS OFFICER

Members of the Air Force 18th Space Control Squadron Detachment One (18th SPCS Det 1) said goodbye to Lt. Col. Eric Dunagan and welcomed Maj. Joshua Lane during a June 1 change of command ceremony at Naval Support Facility (NSF) Dahlgren presided over by Lt. Col. Mia Walsh, commander of the 18th SPCS.

Dunagan took command of the 18th SPCS Det 1, then called the 614th Air Operations Center (AOC) Det 1, in June of 2015. The name change was far from the only significant event to occur on her watch and she received a long list of accolades for the unit's accomplishments during her tenure, though Dunagan was quick to credit the Airmen and civilian employees of the detachment.

Dunagan's accomplishments in leadership included providing analysis for 76 launches, 115 maneuvers and 71 reentries, as well as her outstanding performance through three major inspections. She "brilliantly executed" a \$1.3 million budget in support of 15 joint contracts, guaranteeing sustainment of a \$13 million mission capability, and initiated



U.S. NAVY PHOTO BY ANDREW REVELOS

Lt. Col. Mia Walsh, left, commander, 18th Space Control Squadron (SPCS), presents Lt. Col. Erin Dunagan, right, with the citation for the Meritorious Service Medal during a change of command ceremony June 1 at Naval Support Facility (NSF) Dahlgren, Va. Dunagan received accolades for her outstanding performance leading the detachment since 2015.

ed a small team that coordinated a solution with 10 multiservice agencies, according to the citation.

"Furthermore, Lieutenant Colonel Dunagan directed the creation of 3,060

Navy products for 250 customers, providing intelligence for the Satellite Vulnerability Program, which protected 274 naval vessels," the citation continued. "Finally, her phenomenal com-

mand of a \$3 billion space surveillance network safeguarded assets valued at \$80 billion."

For her leadership, Walsh presented Dunagan with the Meritorious Service Medal.

"The 18th Space Control Squadron Detachment One is an amazing unit with a long history in space operations going back to 1961, when they were stood up as the Space Fence under the Navy's Space Surveillance System," said Walsh.

While the 18th SPCS Det 1 is often referred to as the backup command and control facility, Walsh emphasized that it is so much more. "It is a mission in run in parallel with incredible tasking and processing capability, as well as the additional Navy Satellite Vulnerability Program and the laser clearing house missions."

Throughout her tour, Dunagan demonstrated "strength and integrity" and made accomplishment of the 18th SPCS Det 1's incredibly difficult mission "look easy," Walsh said.

"She has definitely left her mark on this unit," Walsh continued. "From the construction of the new lobby, to the opening of the new operations floor, from power upgrades to communica-

See **Commander**, Page 3

FY17 Economic Impact Survey of NSF Dahlgren, NSF Indian Head Released

By **ANDREW REVELOS,**
DEPUTY PUBLIC AFFAIRS OFFICER

Naval Support Activity South Potomac (NSASP) released its annual report May 8 measuring the economic and demographic impacts of Naval Support Facility (NSF) Dahlgren and NSF Indian Head, Md., during Fiscal Year 2017 (FY17) on the local communities surrounding the installations.

The report is based on a survey completed by the commands and activities at both bases; information collected includes the number of federal employees and service members assigned to each command on base, as well as contractor employees who support base missions (both on and off base). These personnel numbers represent a snapshot of employment,

though it must be noted that this number fluctuates constantly with attrition and hiring. The survey also collects locality information about where employees who serve NSF Dahlgren and NSF Indian Head reside, as well as total salary for service members and federal employees, incoming funds and budget authorizations, and total and local contract spending of commands at each base.

NSF Dahlgren showed steady growth in personnel, from 10,823 in the FY16 snapshot to 11,017 in FY17. Both the Naval Surface Warfare Center Dahlgren Division (NSWCDD), the base's largest command, and the installation command, NSASP, led the increase, reporting more federal employees and contractors compared to FY16.

The reported number of permanent service members assigned to NSF Dahlgren declined slightly, from 393 to 365, though the command with the largest number of uniformed personnel, the AEGIS Training and Readiness Center (ATRC), attributed this to normal manning fluctuations. In addition to reporting the total number of permanent personnel actually onboard at present, the command also reported its total number of billets (positions) allotted to it to provide a fuller economic picture. As a training command, ATRC also hosts approximately 1,000 students per year.

Federal employees and service members assigned

See **Demographics**, Page 5

NSWCDD Biomedical Engineer Teams Up with High School STEM Champion to Mentor Students — ‘Fun Twist on Math’



PHOTOS COURTESY NSWCDD CORPORATE COMMUNICATIONS

Fourteen students (and 12 parents) from Potomac Elementary School, King George Elementary School, and home schools participated in a Naval Surface Warfare Center Dahlgren Division (NSWCDD) sponsored science, technology, engineering and mathematics (STEM) event at the Dahlgren Heritage Museum, May 12. NSWCDD biomedical engineer Chelsey Lawson and Nathan Sullins, a high school junior STEM champion, mentored the second to sixth-grade students who learned that strawberries have eight genome copies in every cell, making it easier to see the mass when it's extracted using dish detergent and isopropyl alcohol.

“We take a fun twist on math by learning about statistics using starbursts,” said Jon Dachos, HSI Surface Combat System Lead and STEM mentor who coordinated the event. “The students categorized and graphed the contents of their candy samples and we discussed other ways that statistics are useful. Finally, the students practiced principles of physics and civil engineering by building the tallest tower they could out of dry spaghetti and mini marshmallows. In order to engage students in different STEM careers, a poster is displayed that shows potential career paths based on their STEM interests.”

Colonial Beach Remembers Fallen Heroes

By **ANDREW REVELOs**,
DEPUTY PUBLIC AFFAIRS OFFICER

Family, friends and neighbors gathered May 28 at Colonial Beach for the town's annual Memorial Day ceremony at the World War II memorial. Throngs of patriotically-attired citizens marked the occasion by waving flags, singing and placing wreaths at the memorial in remembrance of local citizens and all Americans who gave their full measure in defense of the nation.

Tommy Edwards, American Legion Post 148, served as Master of Ceremonies and Quinn Robertson, Colonial Beach town manager, welcomed guests and citizens. Capt. Michael O'Leary, commanding officer of Naval Support Activity South Potomac (NSASP), was the ceremony's guest speaker, and the Sailors from the AEGIS Training and Readiness Center (ATRC) served as the color guard.

O'Leary thanked the town and citizens for not only the invitation, but for the dignity of the annual ceremony. Like Robertson, who recounted his service in the Army in the Middle East, O'Leary briefly discussed his time as a naval aviator.

“The job was incredible in every way- it was exciting, rewarding and terrifying at the same time,” he said. “But words don't really capture the essence of the experience. A writer once observed that everyone knows they will one

day die, but nobody really believes it until the moment is nigh.

“To turn that phrase a bit, everyone knows that freedom is not free, but it can be hard to believe it until we are personally affected,” O'Leary continued. “I've seen the true cost of freedom first hand and it is a scar that I'll wear for the rest of my days. When I think of how such sacrifice must weigh on the families of the fallen, I can't even begin to find the words that would capture the essence.”

Each one of the estimated 1.3 million Americans who died serving their country is a tragedy, O'Leary said, noting that such numbers are really too high to comprehend. Grasping the magnitude of such losses is difficult, but the picture becomes clearer if one starts the process of comprehension locally, at the community level.

The Northern Neck region, home to Colonial Beach and Naval Support Facility (NSF) Dahlgren, has never been short of patriots and its sons and daughters have fought for American ideals for as long as America has existed, O'Leary said. Some of the names – Washington, Monroe, Madison, Lee – speak for themselves, but it is common citizens of the Northern Neck who truly paid freedom's debt.

O'Leary highlighted only two local heroes among the many thousands, but their stories



U.S. NAVY PHOTO BY ANDREW REVELOs

Tom Constantine, a Colonial Beach resident and retired military officer, renders a salute as the AEGIS Training and Readiness Center (ATRC) Color Guard retires the colors at the conclusion of the Colonial Beach Memorial Day ceremony.

See **Memorial Day**, Page 10

Meet the Fleet — NSWC IHEODTD Employees See Systems, Sailors Supported on Navy Ships at Norfolk

By NSWC IHEODTD PUBLIC AFFAIRS

More than 30 civilian engineers, operators and administrative support technicians from Naval Surface Warfare Center Indian Head EOD Technology Division's (NSWC IHEODTD) Energetics Manufacturing Department took a field trip to see the guided-missile destroyer USS Ramage (DDG 61), and the fast-attack submarine USS Boise (SSN 764), May 10, at Naval Station Norfolk, Va.

Energetics Manufacturing (M) Department Head Ray Geckle said the field trip was a product of one of the command's "People Initiatives" — to build morale, motivation and esprit de corps.

Planning for the project started at the beginning of the fiscal year, but the trip received a boost in its development from Capt. Angus Anderson, executive officer of NSWC IHEODTD's Navy Reserve Support Unit. "He lent us a big hand with logistics," said Geckle. "He served as liaison with the ships in Norfolk and helped with transportation arrangements. He rode with us during the entire trip, made sure we were on schedule and arrived back at Indian Head safely."

NSWC IHEODTD Command Officer Capt. Scott Kraft rendezvoused with the group at the pier and was also on hand for the tour. Once aboard the ship, USS Ramage CO, Cmdr. Paul O'Brien, welcomed the entire contingent from Indian Head aboard.

"Ask the crew questions," said O'Brien. "This is your opportunity to interact with the end-users of the systems and components you deliver not only to us, but across the Fleet."

The Energetics Manufacturing group enjoyed lunch on the mess deck, toured the ship, and interacted with ship's crew.

"I was really excited to see the ship's crew working on some of the systems we support," said Kevin Gross, an engineering technician with M Department. "The crew interaction put a face to the warfighter we manufacture our energetic products for. I enjoyed seeing the ship life experience from the Sailor's perspective."



U.S. NAVY PHOTO BY MATT POYNOR

USS Ramage Fire Controlman 2nd Class James E. Vodan shows members of Energetics Manufacturing (M) Department the systems the department employees support, during the field trip to Norfolk, May 10.

The group seemed impressed with the crew's energy while performing daily routines.

"Meeting the Sailors whose lives depend on the quality of the products we produce was really enlightening," said Gross. "Seeing the crew members in their own unique work environments with the systems we support was an invaluable opportunity for every one of us."

Sailors who served as tour guides and subject matter experts for the ship's equipment and systems likewise said they enjoyed the opportunity to interact with their guests from Indian Head.

"It was pretty special for us too, to see the folks who play a major role in putting together the systems that we work with every day," said Fire Controlman 2nd Class James E. Vodan. "Making the trip out here to see us shows that they really care."

USS Ramage (DDG 61) is an Arleigh Burke-class guided-mis-



U.S. NAVY PHOTO BY MATT POYNOR

NSWC IHEODTD Command Officer Capt. Scott Kraft chats with USS Ramage CO, Cmdr. Paul O'Brien, during Energetics Manufacturing Department's field trip to Norfolk Naval Base, May 10. The tour focused on systems and spaces that the department employees support.

sile destroyer. The ship is named for Vice Admiral Lawson P. "Red" Ramage, a notable submarine commander and Medal of Honor recipient from World War II. Ramage is the eleventh Arleigh Burke-class guided-missile destroyer.

USS Boise (SSN-764) is a Los Angeles-class fast attack submarine. One of 35 remaining Los Angeles SSNs, she was commissioned in 1992 as one of the 688i (Improved) variants of this well-proven submarine. Carrying Mk-48 torpedoes, Tomahawk land-attack cruise missiles, and Harpoon anti-ship cruise missiles, Los Angeles-class submarines are optimized for anti-submarine warfare and are also capable of anti-surface and strike warfare platforms.

Commander

Continued from page 1

tions renovations, Erin's hard work, dedication and drive pushed this unit to improvements across every part of the mission."

For her part, Dunagan credited her Airmen and staff for the detachment's strong performance and thanked Walsh for her leadership and mentorship.

"To Det 1, this is a tough one for me," Dunagan said. "It's been three years... and we've overcome a lot."

Two members of the detachment passed away unexpectedly during Dunagan's tour; the team's perseverance inspired her, even as she and the rest of the crew mourned the tragic loss of friends and coworkers.

"The one thing that comes to mind is resiliency," Dunagan said.

For that and all the other outstanding qualities demonstrated by the detachment, Dunagan offered thanks.

"I thank you for allowing me into your lives, to be able to get to know you and hopefully you

guys have gotten to know me as well," she said. "Thank you for coming today and I wish you all the best."

After exchanging the 18 SPCS Det 1 guidon, Lane addressed his new command.

"I'm truly honored and humbled to be here," he said. "It's been six years that I've been away from space and I've been longing to come back ever since I left. It's a wonderful thing to be here in front of you."

Lane thanked both Walsh and Dunagan. "I am honored to be able to take the baton and keep things moving forward."

Lane also thanked his family, including his wife, a fellow Air Force officer, for their unwavering support.

He also spoke about both the importance and elite nature of Air Force space operations. "[It's] everything from your routine GPS navigation to get to your favorite restaurant, to over 15 million ATM transactions per day globally, to safety of life to some of our NASA personnel operating in and around the International Space Station. You as space operators represent less than one percent of the 670,000 Air Force professionals we have. It's an elite few... very elite."



U.S. NAVY PHOTO BY ANDREW REVELOS

The 18th Space Control Squadron Detachment One (SPCS Det 1) held a change of command ceremony June 1 at Naval Support Facility (NSF) Dahlgren, Va. Outgoing commander Lt. Col. Erin Dunagan relinquished command to incoming commander Maj. Joshua Lane (pictured) in a ceremony presided over by Lt. Col. Mia Walsh, commander, 18th SPCS.

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BASE HAPPENINGS

Dahlgren

Catholic Services at Dahlgren Chapel

Monday — Thursday: Rosary at 1200 in Back Chapel
Friday: Liturgy of the Hours and Rosary at noon in Back Chapel

Saturday: Sunday Celebration in the Absence of a Priest, vigil, 1700 in Main Chapel

Child Development Center I Has Spaces Available!

The Dahlgren CDC I has space available for parents to enroll children. For more information on how to enroll contact the center at 540-653-4994 or stop by at 727 Sampson Road, building 437.

Dahlgren Sea Kings Chess Club

Want to learn how to play the world's oldest game like the masters? Weekly lessons are free, and all skill levels are welcome. Group will meet Wednesdays from 4 — 6:30 p.m. Please call or email for more information, Lt. Brian T. Curran, V23, (540)653-1941, brian.curran1@navy.mil.

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @Dahlgren-SecondTour

Indian Head

FFSC Relocated aboard NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1. The School Liaison Office (SLO) has also relocated to the Mix House. SLO will be available on Tuesdays and Thursdays from 8:30 a.m. to 4 p.m.

Market Fresh Bistro Soup of The Day

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is now serving soup. The soup for the week of June 11 is Broccoli Cheddar for \$3.75. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Dahlgren

Wolf Trap's Children's Theater on the Woods

From June through early August, Wolf Trap hosts Children's Theatre in the Woods! Performances are at 10 a.m. Tuesdays through Saturdays. For details of all the amazing upcoming shows including everything from Bollywood Dancing, a Willy Wonka's "Wonder Show!" to the Wizard of Oz, visit <https://www.wolftrap.org/tickets/ctitw.aspx>

Mid-Atlantic Girls Collaborative (MAGiC) Project

Mid-Atlantic Girls Collaborative (MAGiC) Project The Mid-Atlantic Girls Collaborative (MAGiC) Project is committed to engaging 9,600 STEM mentors over the next three years across the states of Delaware, the District of Columbia, Maryland, and Virginia as part of the Million Women Mentors movement. We are working to build a strong group of STEM professionals ready to mentor and serve as needed role models to encourage girls to consider STEM majors and careers. For a list of projects in Virginia visit <http://ngcproject.org/node/140/programs>, or for more information on how to be a mentor or other information visit <https://www.millionwomenmentors.com/>

CYT Theater Performs Les Misérables School Edition at King George High School

Performances June 15 — 24 with matinee and evening times. Ticket price: \$15 online / \$17 door, for more information, visit <https://www.cytfredericksburg.org/shows/Les-Miserables-School-Edition/10> or contact Allison Mayberry at

allison@cytfred.org/540-429-5748. Les Mis is the winner of over 100 international awards and seen by over 65 million people worldwide is an epic and uplifting story about the survival of the human spirit. Now adapted for high school performers, Les Misérables School Edition features one of the most memorable scores of all time and some of the most memorable characters to ever grace the stage!

King George Animal Rescue League Seeking Volunteers

The King George Animal Rescue League is looking for volunteers to help socialize animals, walk dogs, and take pictures at King George Animal Control (the county animal shelter). Volunteering at the shelter is a very rewarding way to give back to the local community; it is beneficial to the volunteer's mental and physical health, and it has a direct impact on the lives of homeless animals in our area. To learn more, visit <http://www.kgarl.org/info/display?PageID=15746>, email shelterhelp@kgarl.org, or contact the shelter directly at 540-775-2120.

Indian Head

Million Women Mentors

Does your organization want to mentor girls? Do you have a daughter needing a mentor? Million Women Mentors in Maryland mission is to create a network of private & public sector organizations across Maryland committed to building a sustainable mentoring ecosystem to motivate girls & young women to pursue and persist in careers in STEM. For more info, please visit www.millionwomenmentors.org.

Tri-County Animal Shelter Coming to an Area Near You

The shelter will be out in your neighborhood with animals available for adoption. Stop by and meet the animals available for adoption on Saturday, May 12 from 10 a.m. to 3 p.m. at the St. Charles Towne Center (11110 Mall Circle, Waldorf).

Free Spay/Neuter Clinics

Are you income-disadvantaged and own pets? You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Paws to Read

Come give the shelter pups some extra love and enrichment by reading to them. Bring your favorite book or read one of ours. You can visit the animals Mondays through Fridays from noon to 5 p.m. and Saturdays 10 a.m. to 3 p.m.

Tags and Licenses

Remember to keep identification tags on your dogs and cats. It could be your pet's ticket to getting back home. Be sure your pets wear a collar with an identification tag, a county license, and a rabies tag. Microchipping your pet with up-to-date information is a great practice as well. To learn more about licensing your pet, visit www.CharlesCountyMD.gov/ES/Animal-Control/Animal-Control.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.

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DELIVERY SERVICES 866-894-9338 • SUBSCRIBE@CHESPUB.COM

Management

President: David Fike
dfike@chespub.com

Publisher: Art Crofoot
acrofoot@chespub.com | 301-848-0175

Regional Circulation Director: Doug McAvoy
dmcavoy@chespub.com

Regional Plant & Production Director: Mike Bowen
mbowen@chespub.com

Regional IT & Pagination Director: David Alltop
dalltop@chespub.com

Regional HR Director: Tom Cloutier
tcloutier@chespub.com

Editorial

Commanding Officer:
Capt. Michael O'Leary

Public Affairs Officer
Jeron Hayes

Editor
Andrew Revelos
Andrew.Revelos1@navy.mil

Staff Writer
Barbara Wagner
bwagner@dcmilitary.com

Layout Designer
Matt Getz

Advertising

Publisher:
Art Crofoot
acrofoot@chespub.com
301-848-0175

Classifieds
chesAds@chespub.com
1-800-220-1230

Legal / Public Notices
legals@somdnews.com
1-877-659-2190

Naval Support Facility Indian Head
Current Economic Impact

Current Employment

- 2,423 Civilian Employees
- 596 Military Personnel
- 425 Contractors

TOTAL: 3,444

Annual Civilian Payroll
\$273 Million

Annual Military Payroll
\$19.73 Million

Contracts & Small Purchases
\$328.75 Million

Data current as of May 2018

Naval Support Activity South Potomac 1

Naval Support Facility Dahlgren
Current Economic Impact

Current Employment

- 5,686 Civilian Employees
- 365 Military Personnel
- 4,966 Contractors

TOTAL: 11,017

*More than 1,000 temporary military students/year

Annual Civilian Payroll
\$710.8 Million

Annual Military Payroll
\$47 Million

Contracts & Small Purchases
\$1.9 Billion

Data current as of May 2018

Naval Support Activity South Potomac 2

U.S. NAVY/RELEASED

U.S. NAVY/RELEASED

Demographics

Continued from page 1

to NSF Dahlgren continue to overwhelmingly reside in King George County (34 percent), with Spotsylvania County (17.5 percent), Stafford County (9.7 percent) and the City of Fredericksburg (9.3 percent) comprising the next most popular areas of residence.

Measures of spending associated with NSF Dahlgren – civilian and military payroll, incoming funds and budget authorizations, and total and local contracts – showed strong to moderate growth in every category.

Total civilian payroll increased from \$555 million in FY16 to \$710 million in FY17; total military payroll increased from just under \$37 million in FY16, to more than \$47 million in FY17.

Budget authorization, which represents a command's incoming funds, increased slightly at NSF Dahlgren, from \$3.076 billion to \$3.097 billion. Total contracts also increased slightly, from \$1.8 billion in FY16 to \$1.9 billion in FY17.

It is important to note, however, that budget authorization and total contract numbers do not necessarily imply local economic impact; depending on a given command's structure, these figures often represent total incoming funds and contracts across parent and/or subordinate commands located around the globe.

Local contracts are defined in the survey as contract money spent in the localities around each base; the figure provides a more accurate representation of local economic impact, along with salary information.

Local contract spending in the area immediately around NSF Dahlgren increased from nearly \$520 million in FY16, to nearly \$529 million in FY17.

Year-to-year comparisons this year for NSF Indian Head are inexact by one measure: the largest command on the base, the Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division (NSWC IHEODTD), over reported its federal employee number for FY16 (1,935) and spending measures (civilian and military payroll) by including personnel who are assigned to the command, but who do not work and re-

side in the area. For example, one NSWC IHEODTD detachment is assigned to Picatinny Arsenal, N.J., and though the survey seeks to exclude non-local data, this is not always possible.

NSWC IHEODTD provided a local-only federal employee number for this year's survey, coming in at 1,603. Comparison to last year's erroneous number gives the impression that federal employment has declined but all available evidence shows that this measure actually held steady; the "decline" only reflects the difference between local NSWC IHEODTD personnel and all NSWC IHEODTD personnel located across the country.

This caused the overall employment number for NSF Indian Head to slip from 3,574 in FY16 to 3,444 in FY17, though every other command (excluding NSWC IHEODTD) held steady or slightly increased its overall numbers. NSASP, the Naval Ordnance Safety and Security Activity (NOSSA), Naval Facilities Engineering Command (NAVFAC) Indian Head Site and the Naval Sea Logistics Center Indian Head all reported moderate growth in the number of federal employees.

The number of service members at NSF Indian Head also grew slightly, from 586 in FY16 to 596 in FY17. The number of contractors at NSF Indian Head showed strong growth, from 296 in FY16 to 425 in FY17. NSWC IHEODTD led the expansion, adding more than 100 contractors to its reported total from FY16.

Charles County (37.2 percent) and the Town of Indian Head (19 percent) were the leading localities of residence for NSF In-

dian Head employees and service members, followed by King George County, Va. (9.4 percent), St. Mary's County (5.9 percent) and Prince Georges County (5.9 percent).

NSF Indian Head federal employees and service members took home more than \$273 million and \$19 million, respectively, in salary in FY17. Budget authorizations and incoming funds at NSF Indian Head increased from \$903 million in FY16 to more than \$1 billion in FY17, while total contracts decreased from \$393 million in FY16 to \$329 million in FY17.

However, local contracts, which provides a more accurate measure of non-salary, local economic impact, showed strong growth at NSF Indian Head, from more than \$31 million in FY16 to more than \$72 million in FY17.

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NEX to Sell Commissary Gift Cards

COURTESY NAVAL SUPPLY SYSTEM COMMAND

The Navy Exchange Service Command (NEXCOM) and the Defense Commissary Agency (DeCA) have teamed up to sell commissary gift cards at a NEX near you! Monday, June 4, marked the official launch of commissary gift cards at 43 NEX locations.

Rear Adm. Robert J. Bianchi (Ret), Chief Executive Officer, NEXCOM, and interim director and Chief Executive Officer, DeCA, announced this collaboration and participated in joint launch event on Monday, June 4 at NEX Oceana. "NEXCOM and DeCA teams have provided a win-win for our shared patrons," said Bianchi. "This coordinated effort seeks to provide our deserving customers additional convenience and throughout the year our teams will be continuing the collaboration on other joint opportunities and events for our service members and their families."

The DeCA gift card can be loaded with an amount range of \$5-\$300. These gift cards will be located at NEX registers at the front of the stores. This is a great partnership for NEX and Commissary co-patrons," said Melissa Dodson-Dozier, NEXCOM, District Vice President of Tidewater region. "At NEXCOM we strive to provide quality goods at a savings and by serving those who serve us!"

DeCA's Bob Bunch, agency gift card program manager, agreed. "This is a major move forward for our program, and we are happy to work with the Navy Exchange to provide another opportunity to give the gift of groceries to our military and their families."

NSWC Commander Admiral Anderson Tours NSWC Dahlgren Division



NSWC DAHLGREN DIVISION CORPORATE COMMUNICATIONS

Naval Surface Warfare Center Dahlgren Division (NSWCDD) Chief Innovation Officer Nelson Mills demonstrates the Colossus multi-touch table for NSWC Commander Rear Adm. Thomas Anderson, left, at the NSWCDD Innovation Laboratory (iLab). The admiral experienced a virtual tour of the NSWCDD Potomac River Test Range via Colossus. He also observed the Lightweight Interstitial Toolkit for Mission Engineering Using Simulation also known as LIT-MUS – an agent-based modeling and simulation warfare concept tool. Navy innovators are able to think more creatively at the iLab as they develop conceptual ideas via the multi-touch table's visualization and interactive capabilities. NSWCDD Commanding Officer Capt. Godfrey "Gus" Weekes looks on from the center. Standing behind the admiral is NSWCDD Technical Director John Fiore and standing behind Mills is NSWCDD Deputy Technical Director Dale Sisson.

Free Admission to Museums Nationwide for Military This Summer

More Than 2,000 Museums Nationwide Participate in Blue Star Museums



A collaboration among the National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 2,000 museums across America.

arts.gov/bluestarmuseums

For the ninth year, the National Endowment for the Arts and Blue Star Families announce that museums nationwide have signed on for Blue Star Museums, a program which provides free admission to our nation's active-duty military personnel this summer—Memorial Day weekend through Labor Day 2018. Military can find the list of participating museums at arts.gov/bluestarmuseums.

Blue Star Museums is an initiative of the National Endowment for the Arts in collaboration with Blue Star Families, the Department of Defense, and more than 2,000 museums nationwide, including children's museums, fine art museums, history and science museums, zoos, and nature centers.

"Visiting a museum is a great way to get to know a community—whether it's in your hometown or a stop on a road trip," said NEA Chairman Jane Chu. "We appreciate the enthusiasm of museums all across the country who open their doors for military and their families to spend time together and have new arts experiences."

Blue Star Museums is one way our nation's museums can express appreciation to our military for their service and share with them America's cultural treasures. Blue Star Museums also provides a way for military families to feel connected to their community, especially

for those families who have recently relocated through a change of station.

"As many military families spend the summer months moving from one duty station to another, or reconnecting with a parent who has returned from deployment, Blue Star Museums helps service members and their families create memories," said Blue Star Families Chief Executive Officer Kathy Roth-Douquet. "Blue Star Families has a great appreciation for the generosity of the museums across the country who roll out the red carpet for the families who serve alongside their service members. We are thrilled with the continued growth of the program and the unparalleled opportunities it offers."

"Blue Star Museums represents an exciting opportunity for military families to learn and have fun together," said A.T. Johnston, deputy assistant

secretary of defense for Military Community and Family Policy. "The Defense Department congratulates Blue Star Families and the National Endowment for the Arts on nine years of service to the military community and offers our sincere gratitude to the more than 2,000 museums across the country for opening your doors through this wonderful program. Your patriotism and generosity have enriched the lives and experiences of our military families."

Museums may sign up at any point during the summer to participate; contact bluestarmuseums@arts.gov for more information. This year's Blue Star Museums program welcomes many new participating museums, such as the Indianapolis Motor Speedway Museum in Indiana and the GulfQuest National Maritime Museum in Mobile, Alabama. These museums will join long-time participants such as the Plains Art

Museum in Fargo, North Dakota, the National Museum of Women in the Arts in Washington, DC, and the New Children's Museum in San Diego, California.

The free admission program is available for those currently serving in the United States Military—Army, Navy, Air Force, Marine Corps, Coast Guard as well as Active Duty and Reservists, National Guardsman (regardless of status), U.S. Public Health Commissioned Corps, NOAA Commissioned Corps, and up to five family members. Qualified members must show a Geneva Convention common access card (CAC), DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card for entrance into a participating Blue Star Museum.

Keep up with news about Blue Star Museums this summer by following #bluestarmuseums on Twitter and Instagram. You can also follow @NEAarts and @BlueStarFamily on Twitter, and National Endowment for the Arts and Blue Star Families on Facebook.

Leadership support for Blue Star Families programming and promotional materials has been provided by MetLife Foundation. The effort to recruit museums has involved partnerships with the American Alliance of Museums, the Association of Art Museum Directors, the Association of Children's Museums, the American Association of State and Local History, and the Association of Science-Technology Centers. For a Map of Participating Museums visit: <https://www.arts.gov/national/blue-star-museums>

Navy Observes LGBT Pride Month

COURTESY NAVY OFFICE OF INFORMATION

Throughout the month of June, the Navy joins the nation in observing Lesbian, Gay, Bisexual and Transgender (LGBT) Pride Month.

The Navy is committed to fostering an actively inclusive environment that values the diversity of its force, and recognizes that service members and civilians achieve optimal performance when each and every member of One Navy Team is treated with dignity and respect.

Initially established as "Gay and Lesbian Month" by Presidential Proclamation in 2000, LGBT Pride Month recognizes the

accomplishments of the lesbian, gay, bisexual and transgender community, and acknowledges their continued struggle to achieve equality.

The Navy and DoD have demonstrated their commitment to gender equality and inclusion by implementing the repeal of the "Don't Ask, Don't Tell" policy in 2011, enabling gay, lesbian and bisexuals to openly serve in the armed forces, and by instituting a 2016 policy change to enable transgender personnel to serve as their preferred gender.

In support of the Navy's primary mission of deterring and defeating adversaries in all domains across all spectrums of war-

fare, the Navy is committed to building and maintaining force comprised of the most capable and qualified Sailors regardless of ethnicity, gender, sexual orientation, class or background.

In accordance with ALNAV 007/18, Navy commands are encouraged to participate in LGBT Pride Month and all special observances throughout the year in recognition of the service and dedication of the men and women who contribute their diverse skills, perspectives, talents and backgrounds to strengthen One Navy Team.

For more information about LGBT Pride Month, visit: <http://www.deomi.org/human-relations/special-observances.cfm>.

Team Navy Competes in 2018 Warrior Games

By **MASS COMMUNICATION
SPECIALIST 1ST CLASS (SW/AW)
MARCUS L. STANLEY**

Team Navy kicked off its participation in the annual Department of Defense (DoD) Warrior Games June 1 during the opening ceremony at the United States Air Force Academy in Colorado Springs, marking a return to the inaugural home of the competition.

Comprised of 40 athletes from Navy Wounded Warrior-Safe Harbor, Team Navy joins approximately 210 other service members and veterans from the Army, Marine Corps, Coast Guard, Air Force, and Special Operations Command. Athletes from the United Kingdom Armed Forces, Australian Defense Force, and Canadian Armed Forces are also competing in the games.

"It is truly humbling to be here cheering on the athletes of Team Navy," said Vice Adm. Mary Jackson, commander, Navy Installations Command. "The athletes competing at the Warrior Games are the epitome of toughness, tapping all sources of strength and resilience."

The Warrior Games were established in 2010 as a way to enhance the recovery and rehabilitation of wounded, ill and injured service members and expose them to adaptive sports.

During the event, which is scheduled to take place through June 9, athletes will test their abilities in 11 adaptive sports, including archery, cycling, shooting, sitting volleyball, swimming, track and field, and wheelchair basketball. Additionally, for the first time in Warrior Games history, athletes will compete in indoor rowing, powerlifting, and time-trial cycling.

"Learning how to compete using adaptive equipment has reinforced that I am still capable of accomplishing great things and giving back to my country, my community and my Sailors," said Chief Navy Diver Julius McManus. "The Warrior Games have re-kindled my desire for competition and have helped me to remember that I am more than my injuries."

Senior Chief Master-at-Arms David Mills,



U.S. NAVY PHOTO BY MASS COMMUNICATION SPECIALIST 3RD CLASS MORGAN K. NALL/RELEASED

Hospital Corpsman 3rd Class Susan Guzowski, right, from Simi Valley, Calif., fist bumps her competitor prior to the start of the 100-meter cycling event at the 2018 Department of Defense Warrior Games at the U.S. Air Force Academy in Colorado Springs, Colo. Team Navy is comprised of athletes from Navy Wounded Warrior-Safe Harbor, the Navy's sole organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guard members, providing resources and support for their families.

who is participating in the games for the first time, said being a part of the event has brought on a wave of emotions.

"Participating in the Warrior Games is a very humbling experience for me," Mills said. "I think about it a lot, and I get emotional at times. I am not only representing myself and 39 other people on Team Navy, I am representing the Navy as a whole, and those who served before."

Navy Wounded Warrior-Safe Harbor is the

Navy's sole organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen and providing resources and support to their families. Through proactive leadership, the program provides individually tailored assistance designed to optimize the success of the wounded warriors' recovery, rehabilitation and reintegration activities.

To learn more about Navy Wounded War-

rrior-Safe Harbor, visit www.navywoundedwarrior.com.

For more information about the 2018 DoD Warrior Games, visit <http://www.dodwarrior-games.com/>.

For more information, visit www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

For more news from Navy Public Affairs Support Element, visit www.navy.mil/local/npasehq/.

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CHILD & YOUTH PROGRAMS

CDC I 540-653-4994 /
CDC II 540-653-4342
YAC 540-653-8009

www.navymwrdaahlgren.com/child-youth

Military Child Care Open Enrollment

Request School Age Care (SAC) and Summer Camp all year long through Military-ChildCare.com. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

COMMUNITY RECREATION

540-653-8785

www.navymwrdaahlgren.com/recreation

-TICKETS-

Kings Dominion Tickets

One Day Pass (ages 3+) \$39.25, valid any one day through Oct. 28. Parking not included.

Gold Season Pass \$85.00, valid for unlimited admission to Kings Dominion, Soak City, Dinosaurs Live, Halloween Haunt, new WinterFest, free parking and more.

Free Pre-K Season Pass (ages 3-5) redeem at the park or online.

All New Busch Gardens Williamsburg Military Annual Pass

All military and family members and DoD civilians are eligible to purchase. Valid for unlimited admission to Busch Gardens Williamsburg, Water Country USA and Busch Gardens Williamsburg's Christmas Town on regularly scheduled operating days through December 31. Pass includes general parking. Cost: \$98.50

Washington Nationals Tickets

Order your tickets no later than 5 p.m. on Tuesdays for your order to be placed that week. All orders are special ordered. Food and beverage vouchers are included with most tickets.

Left/Right Baseline: \$56.25
Left/Right Field Corner: \$39.00
Left/Right Mezzanine: \$32.50
Upper Infield Gallery: \$16.25

AUTO SKILLS

540-653-4900

Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour, includes one bay, tools, equipment and fluid disposal.

CANNONBALL LANES BOWLING CENTER

540-653-7327

Games: Military \$3.50/Civilians \$4.50. Hourly Bowling: Military \$22.50/Civilian \$27.50. Shoes: Military: \$2.00/Civilian \$2.50. Ask about our birthday party packages!

Father's Day Super Hero Bowling

June 17, 11 a.m. to 1 p.m. Wear your favorite superhero apparel and bowl with Dad! Cost: \$15 per lane per hour, including shoes

-DAILY BOWLING SPECIALS- Sunday Special

Sundays, 11 a.m. - 5 p.m. Join us every Sunday for \$2.50 games and \$1.50 shoe rentals!

Tuesday Special

Tuesdays, 2 - 9 p.m. Every Tuesday, get a lane for one hour of bowling for only twelve dollars!

BOGO Wednesdays

Wednesdays, 2 - 9 p.m. Every Wednesday, buy one game; get the second game for FREE!

All-U-Can Bowl Fridays

Fridays, 7 - 10 p.m. Join us every Friday for a two hour, all you can bowl special! Cost: Military \$7.25/person; Civilian \$8.25/person. Both rates include shoe rental.

Cosmic Bowling

Saturdays, 7 p.m. - 10 p.m. Enjoy music and lights while bowling!

Youth Learn to Bowl

First Saturday, 2 - 4 p.m. Children between the ages of 5-12 with base access will receive individual sessions on basic bowling. Cost: \$7.50 per child, includes shoes



Dahlgren Movie Theater

540-653-7336

Price of Shows — Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00. E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.
*Movies shown in 3D will cost an additional \$1 to the ticket price.

Friday, June 8, 7 p.m. **Life of the Party PG-13**
Saturday, June 9, 4 p.m. **Breaking In PG-13**
Saturday, June 9, 7 p.m. **Avengers: Infinity War PG-13**
Sunday, June 10, 1 p.m. **I Feel Pretty PG-13**
Sunday, June 10, 4 p.m. **Overboard PG-13**
Friday, June 15, 7 p.m. **Deadpool 2 R**
Saturday, June 16, 4 p.m. **Life of the Party PG-13**
Saturday, June 16, 7 p.m. **Breaking In PG-13**
Sunday, June 17, 1 p.m. **Book Club PG-13**
Sunday, June 17, 4 p.m. **Avengers: Infinity War PG-13**

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater.

IFLY Indoor Skydiving Virginia Beach Tickets

Add indoor skydiving to your Virginia Beach vacation plans! Tickets are now available for purchase at the Tickets & Travel office. For more information, visit www.inflyworld.com/virginia-beach/ Cost: \$59.50

-TRIPS-

Rehoboth Beach, Delaware Trip

June 23. Departs at 7 a.m. Spend the day at the beach, walk the boardwalk, rent a jet ski, enjoy shopping, dining and more at Rehoboth Beach, Delaware! Register at Tickets & Travel by June 9. Transportation cost: \$30 per person

-CRAFTS & CLASSES-

Old Glory on Wood Painting

June 27, 6 - 8:30 p.m. Location: Gray's Landing Paint the American flag on wood for a piece of patriotic artwork for your home, inside or outside! Open to all with base access, 15+. Register at Crafterch by June 21. Cost: \$30

-PROGRAMS-

Great Navy Campout

June 22-24 Location: Solomons Rec Center, Solomons, MD

The event includes a scavenger hunt, arts and crafts, how to set up a tent and build a campfire, beginner stand up paddle lessons, an outdoor movie, tie-dye and s'mores! Check-in is at 5 p.m. on June 22 and check out is 11 a.m. on June 24. Cost: \$20 per person (ages 3 and under are free), includes tent, lantern, all meals, activities and Saturday leisure passes

CRAFTECH

540-653-1730

Crafterch offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www.NavyMWRDahlgren.com/recreation and select Crafterch.

Dahlgren Centennial Collector Items

Order your exclusive Centennial collector items from Crafterch all year long. Items include insulated travel and coffee mugs, playing cards, challenge coins, t-shirts, clocks, pens and holders, lanyards and much more!

FITNESS CENTER

540-653-8580

www.navymwrdaahlgren.com/fitness-sports

-RACE SERIES- Super Hero 5K

June 13, 11 a.m. Bring your cape to run in our Super Hero 5K! Dress up in your favorite superhero apparel for this race. Awards for best male and female costume. Register by 10:50 a.m. race day. Cost: Active duty, Free. All others, \$5.

-SPORTS-

Summer Intramural Sports: Women's Softball - Volleyball - Soccer

League play begins in June. Register your teams today!

Cost: Military & contractors with fitness membership, Free. Military dependents & retirees, \$15. DoD civilians, \$30. Contractors without fitness memberships and off-base civilians, \$40.

Beat the Heat Dodgeball Tournament

June 14, 4:30 p.m. Join us indoors for a dodgeball tournament. Must have 10 teams. Cost: Active duty, Free. All others, \$2.

-INCENTIVE-

Powerhouse Competition

June 2018 Accumulate points in June. Awards for top male and female competitors for max weight, max reps and overall champions. June: Do as many push-ups, pull-ups and sit-ups. Cost: FREE

MWR Iron Competition

June 1 - 30 Any and everyone can participate in this MWR Iron Challenge! Accumulate miles for swimming, running and biking all month long and make this goal a reality. Already a competitive pro? Complete the MWR Iron Competition on Friday, June 1 to receive a special prize. Cost: Free

Family Boot Camp

June 16, 9 - 11 a.m. Challenge yourself with a boot camp class for the whole family! Register at the Fitness Center by June 13. Cost: Free

-AQUATICS-

Lap Swim Mile Club

May 28 - Sept. 30 Swimmers that track their laps Memorial Day through the end of September will re-

ceive prizes at miles 25, 50, 75 and 100.

Summer Swim Lessons

June 4 - June 14 Classes will be held Monday, Tuesday, Wednesday and Thursday. Minimum enrollment of 3 participants per class. Parent/Child: 9:30 a.m. and 4:15 p.m. PS Level I/II (Ages 4-5): 9:30 a.m. and 4:15 p.m. Level I/II (Ages 6+): 10:15 a.m. and 5 p.m. Level III/IV: 10:15 a.m. and 5 p.m. Cost: E1-E5 Active duty, retirees and dependents, \$45. All others, \$50

Summer Open Rec Swim: Welcome Summer Luau

June 23, 6 - 9 p.m. Open Rec Swim: Welcome Summer Luau

Join us at the Aquatics Center as we welcome summer with a luau celebration! Food will be served at \$5 per plate. Regular admission rates apply.

GENERAL LIBRARY

540-653-7474

Donuts with Dad

June 16, 10:30 a.m. - 12:30 p.m.

Dads, sit back and relax while your children make you an awesome Father's Day gift and enjoy a donut or two! Cost: FREE

Summer Reading Program

June 18, 3:30 - 5:30 p.m. Location: Cannonball Lanes Bowling Center

Start the summer off right with Reading Takes You Everywhere! Win weekly or biweekly prizes for reading!

MWR

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Open to all ages from babies to adults. Register online & log your reading by clicking on the link at www.NavyLibraryDahlgren.org. Join us for our kick-off party at Cannonball Lanes for free bowling and pizza. T-Shirts for children and teens will be given out on a first come, first served basis starting at the kick-off party.

- LIBRARY SPECIALS- Learn Japanese

Active duty only – Mondays at 2:30 p.m. All others Monday at 4:30 p.m. and Wednesday at 5:15 p.m.

Learning a new language boosts brain power, improves memory, and expands career potential. Join us at the Library as we learn Japanese! Cost: FREE

Paws for Reading

Second Tuesday, 3:45 – 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four-legged companion. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library. Cost: FREE

S.T.E.A.M. Pre-School Literacy Classes

Wednesdays, 5 p.m.

Our S.T.E.A.M. classes are geared toward pre-school and kindergarten-aged children. They will develop their literacy skills as well as engage in the arts and learning experiments. Siblings are always welcome! Cost: FREE

Early Literacy at your Library

Fridays, 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Storytime and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday storytimes are a great way to

meet other caregivers in the area. Cost: FREE

Sensory Sensitive Saturdays

Saturdays, 1 – 3 p.m.
Be sure to join our caring staff for Sensory Sensitive Saturdays! Cost: FREE

LIBERTY CENTER 540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

NASCAR Sundays

Racers, start your engines! Join us to watch the NASCAR races.

Domino's Pizza & Movie Night

Last Tuesday of the month at 3:30 p.m. enjoy pizza and a movie.

Wing Wednesday & Trivia

Third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia.

Board Game Night

Play one of our many board games or featured game every Thursday!

Free Movie Friday

Second Friday of the month at 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Fourth Friday of the month at midnight enjoy a game of bowling!

Shenandoah National Park Hiking Trip

June 9. Depart at 8 a.m.
We will be hiking Old Rag Mounting in Shenandoah National Park. Free

Outdoor Game Night

June 12, 6 p.m.
Liberty is hosting outdoor games with horseshoes and corn hole.

Brown Bag Bingo

June 13, 6 p.m.
Come out and win a prize playing brown bag bingo!

Fire Pit

June 16, 6 p.m.
Horse Shoe Tournament
June 19, 6 p.m.

Do you have what it takes? Play horseshoes at Liberty.

Tubing the Rappahannock River

June 23, Departs 11 a.m.
Go on a Liberty trip the Fredericksburg and enjoy the afternoon tubing on the Rappahannock River. Cost: \$10



Indian Head Child & Youth

CDC 301-744-4458
CYP 301-743-5456

Youth Open Recreation

Every 2nd and 4th Friday
7 – 10:30 p.m.

Open to all children ages 5-12 and who are enrolled at the Youth Center. For more information, contact the YAC at 301-743-5456.

Teen Open Recreation

Every 1st, 3rd and 5th Friday
7 – 10:30 p.m.

Open to all teens ages 13-18 and still in high school. Teens must be enrolled at the Youth Center. For more information, contact the YAC at 301-743-5456.

Indian Head Community Recreation

301-744-4850

Wine Glass Painting

June 8, 4:30 p.m.
Mix House

Come celebrate Best Friends Day with Community Recreation! Bring your bestie to celebrate with drinks from the Tiki Bar and painting a memorable wine glass. Register by June 1. by calling 301-744-4850. Cost \$5. Open to everyone with base access.

Color Fun Run

June 23, 10 a.m.
Ben Rand Field

Get messy with color and enjoy the day out with your family. Be sure to wear white or light-colored clothing to get the full effect. There will be moon bounces, food, music and more! Cost \$5; Free for active-duty. Register at the Weight House Fitness Center prior to race day. There will be same day registration at Ben Rand Field. Race packet pick-up will be held June 18-22 at the fitness center. Open to everyone with base access.

Kings Dominion Trip

June 30, Depart at 9 a.m.
It's Military Appreciation Day at Kings Dominion. Enjoy a free ride to enjoy this fun-filled day at the park. Free

for active-duty, inactive or retired military. Must have ID or DD214. Civilian cost is \$39.25.

Washington Nationals Tickets

All tickets must be ordered 5 business days in advance.
Left/Right Baseline- \$56.25
Left/Right Corner- \$39.00
Left/Right Mezzanine- \$32.50
Upper Infield- \$16.25

Indian Head Library

301-744-4850

Summer Reading Kickoff Party

June 13, 5:30 p.m.

Stars & Strikes Bowling Center

We are kicking off our summer reading program at Stars & Strikes Bowling Center. Sign up for the Summer Reading Program and get a FREE game of bowling, pizza and a "Summer Reading" T-shirt. Save time and register online at IndianHead.BeanStack.Org.

Gifts for Dad

June 14, 5:30 p.m.

DIY Lawn Ornament

June 21, 5:30 – 7:30 p.m.
Mix House

Spruce up your garden this summer with a DIY lawn ornament! Turn an old bowling ball

into a beautiful new garden decoration. All supplies will be provided. Register at Community Recreation by June 15.

Market Fresh Bistro

Hours: Monday-Friday: 6:00 a.m. – 2:30 p.m.

Soup is served daily from 10:30 a.m. – 1:30 p.m.

The soup for the week of:

June 11 is Broccoli Cheddar \$3.75

June 18 is Minestrone \$3.50

June 25 is Chicken Noodle \$3.75

Indian Head Tiki Bar

Hours: Monday- Friday 4:30-10 p.m.

Go Fishing Day

June 18

Join us for Go Fishing Day and enjoy fish-themed games and specials.

Sunglasses Day

June 27

Join us as we create our very own cool and funky shades.

Indian Head Weight House Fitness Center

301-744-4661

Closest to the Pin Competition

June 8, 10 a.m.

Book your tee time today! Earn points by landing within

the targeted area. Active-duty is free. All others \$5.

Each participant will be given 5 practice balls and 10 competition balls for an opportunity to hit the 100-yard target.

Tee times will be scheduled every 20 minutes. Total scores at the end of the day will determine first and second place winners.

Winners will be announced at 2 p.m. at the driving range. Open to everyone with base access.

3 vs 3 Sand Volleyball Tournament

June 25, 10 a.m. – 2 p.m.

Register at the Weight House Fitness Center from May 21- June 21. Prizes will be awarded to the first and second place teams. Free for active-duty, \$5 all others. Open to everyone with base access.

Independence Day 5K

June 28, 7 a.m.

Join the Weight House Fitness Center in celebrating America's freedom with the Independence Day 5K! Prizes will be awarded to the first and second place male/female finishers, as well as the runner

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MWR

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with the most red, white and blue spirit! Register by 6:30 a.m. on race day. Active-duty is free, \$5 all others. Open to everyone with base access.

Indian Head Aquatics Center

301-744-4616

Dive-In Movie Nights

Wednesdays at 7:30 p.m.

June 13, July 11, Aug. 8

June 27, July 25, Aug. 25

Summer nights are best enjoyed while floating in the pool watching a movie! Movies are free for active-duty and \$4 for

all others. Don't forget your pool floats!

Indian Head Stars & Strikes Bowling Center

301-744-4761

Father's Day Bowling Special

June 16, 5 – 10 p.m.

Dads enjoy one FREE game of bowling plus a shoe rental! Open bowling rates apply. Open to everyone with base access.

Cosmic Bowling

Every 2nd and 4th Saturday of the month.

5-10 p.m.

Lunchtime Bowling

Wednesdays

11 a.m. – 1 p.m.
Open Bowling Rates:
All shoe rentals \$1
Military \$2/game
Civilian \$3/game

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Hershey Park Trip

June 9, Depart at 7:30 a.m.

Cost \$25. Sign up by June 8 at the Liberty Center.

Darts Tournament

June 11, 6:00 p.m.

Compete for a chance to win



U.S. NAVY PHOTO BY ANDREW REVELOUS

The AEGIS Training and Readiness Center (ATRC) Color Guard advances the colors during the Memorial Day ceremony May 28 in Colonial Beach.

Memorial Day

Continued from page 2

illustrate the sacrifice undertaken by citizens of the Northern Neck on America's behalf.

Douglas Gray, from just outside the base, was a well-known and well-loved playmate for an entire generation of Dahlgren residents and spent much of his childhood aboard the base. He was killed in action in Vietnam in 1969; the base dining facility is named in his honor.

"His family lives on and still grieves his loss, as all Gold Star families," O'Leary said. "When I hear the stories about this remarkable citizen, I can only barely begin to fathom the depth of the sorrow of his loss. We must do our best to share that burden with his family and all Gold Star families, and support them as only good neighbors can."

Nick Mason, another local son, gave his full measure in Iraq in 2004, when the 20-year-old was killed in action. "Mason served in the National Guard, the modern day equivalent of the

militias that protected the first settlers in the Northern Neck," O'Leary said. "He was by all accounts a remarkable young man. His loss was earth-shattering to those around him and to this community. We are left to dry our tears and wonder what might have been, but we must also honor Mason and Gray by giving our full measure of devotion as citizens."

O'Leary told the crowd that their presence at the ceremony is one great example of that devotion, as well as the town's support for veterans and veteran-affiliated motorcycle clubs.

"We honor the fallen by keeping up their memorials and by passing on the personal stories of their lives," he said. "We honor them, above all, by living as they lived and serving our fellow citizens; by caring for our fellow Americans when the chips are down and by crying with them when our hearts are torn with loss. Freedom truly is not free and it is up to us to honor our neighbors whose sacrifice paid our debt. Thank you, and may God Bless our Fleet, God Bless Colonial Beach and the Northern Neck, God Bless our Fallen Heroes and God Bless America."

Sailors Commemorate Battle of Midway with Races and Friendly Rivalry



U.S. NAVY PHOTO BY ANDREW REVELOSO

From left to right, Naval Support Activity South Potomac (NSASP) Command Master Chief Jacob Bristow, NSASP Commanding Officer Capt. Michael O'Leary, and from the AEGIS Training and Readiness Center (ATRC) FCA2 Stormy Wofford, FCA1 William Kercher, FCA3 Dillon Gettrost and FCA3 Austin Vaughn. Kercher and Wofford took top honors in the race, with O'Leary and Bristow coming in second, and Gettrost and Vaughn in third.



U.S. NAVY PHOTO BY ANDREW REVELOSO

Sailors assigned to commands at Naval Support Facility (NSF) Dahlgren compete in a canoe race and battle "reenactment" commemorating the Battle of Midway.



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