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Soldiers at Fort McCoy for Combat Support Training Exercise 86-18-04 move vehicles to a training area from the cantonment area June 12 during exercise operations.

Thousands train on post for CSTX 86-18-04

STORY & PHOTOS BY SCOTT T. STURKOL
Public Affairs Staff

More than 6,000 troops from across the United States are training at Fort McCoy for the 86th Training Division's Combat Support Training Exercise (CSTX) 86-18-04 through June 29.

The 86th is conducting the exercise, which began June 9, as part of the 84th Training Command. During training year 2018, the 84th is hosting four CSTXs and a chemical, biological, radiological, and nuclear response exercise. CSTX 86-18-04 is the first of two CSTXs that will take place at Fort McCoy this year.

According to the 84th, a CSTX is part of its Combat Support Training Program (CSTP). CSTP exercises are large-scale training exercises where units-of-action experience tactical training scenarios specifically designed to replicate real-world missions.

"CSTP exercises prepare ... Army Reserve units to be combat-ready by immersing them in realistic scenarios where they train as

they would fight," an 84th document about the exercises states. "CSTP exercises are an important step in building the most capable, combat-ready and lethal ... Reserve force in history. These exercises are developed to improve each unit's training readiness and to assess how they perform in a dynamic operational environment."

For CSTX 86-18-04, troops are operating all over the installation, including at multiple live-fire ranges as well as other training areas, said Training Coordination Branch Chief Craig Meeusen with the Directorate of Plans, Training, Mobilization and Security (DPTMS). Improved Tactical Training Bases (TTBs) Liberty and Freedom and TTBs Independence, Justice, and Valor are all serving as hubs of operation for training scenarios as well.

"The presence of troops is noticeable throughout the installation," Meeusen said. "We've also got troops operating from Cranberry, Warrens, and Badger training areas as well as smaller areas."

At Big Sandy Lake on South Post, quartermaster troops are also

(See **CSTX**, Page 3)

Fort McCoy celebrates 243rd Army birthday

Fort McCoy celebrated the 243rd Army birthday on June 14 with several special events.

The day started with a free drive-thru breakfast at McCoy's Community Center at 6:30 a.m. Fort McCoy community members could pick from fresh fruit, yogurt, or doughnuts and coffee, orange juice, or milk. Army birthday T-shirts were also given away.

The Commander's 5K Challenge started at 7 a.m. Participants who beat the commander's time received certificates, and all participants received T-shirts.

Free car washes and bowling were available to Fort McCoy community members throughout the day.

The highlight of the day was the Army Birthday Luncheon at McCoy's Community Center. Col. John Swanberg of the Installation Legal Office, Deputy Garrison Commander Lt. Col. Jared Corsi, and a Soldier participating in annual training at Fort McCoy cut the official Army birthday cake.

(See **BIRTHDAY**, Page 6)



Photo by Scott T. Sturkol

Post community members take part in a free lunch at McCoy's Community Center as part of the installation's observance and celebration of the Army birthday June 14.

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NEWS

Fort McCoy CIF, 86th Training Division partner to improve armor issuing process for CSTX

STORY & PHOTOS BY SCOTT T. STURKOL

Public Affairs Staff

The Fort McCoy Central Issue Facility (CIF) and 86th Training Division, with support of contractors, worked together to do something that's never been done before between the organizations — combine an entire issue of 8,000 sets of body armor vests and plates on one receipt.

The organizations accomplished that feat June 9-11 when \$16.9 million of personal armor sets were issued for Combat Support Training Exercise (CSTX) 86-18-04.

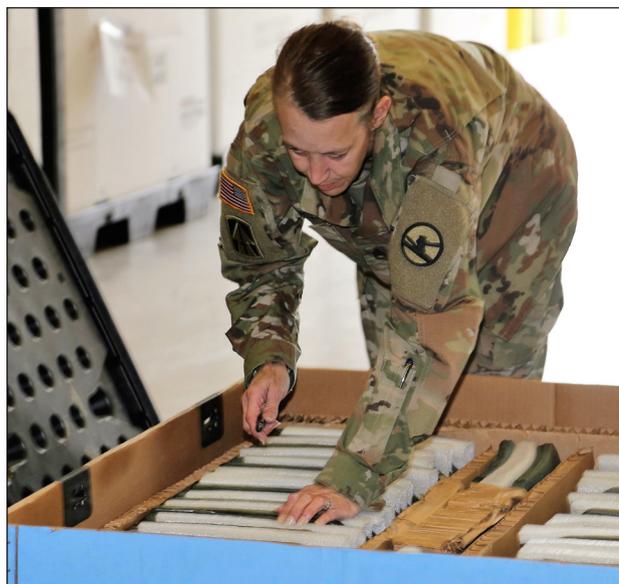
“This is the largest hand receipt we've ever done since I've been here,” said CIF Property Book Officer Thomas Lovgren. “This really was a team effort of many of us working together to have this large issue completed. This effort saves on time and the amount of bulk issues we would have completed for the exercise.”

Sgt. 1st Class Cassandra Hill, property book officer with the 86th, drafted a plan and method to have the items issued over a three-day period over the start of the exercise through the exercise's Reception, Staging, Onward Movement, and Integration (RSOI) area at Improved Tactical Training Base Freedom on Fort McCoy's South Post.

“This is a large bulk issue and we wanted to streamline this to allow for easier issuing, so (the 86th) signed for it at the CIF and then we brought it to the RSOI, where it is issued to each Soldier (in the exercise),” Hill said.

Getting the thousands of pieces of armor moved from the CIF to the RSOI area required 11 semi tractor-trailer loads with 492 pallets over three days. Twenty-plus contractors with Veterans Range Solutions and numerous Soldiers with the 86th helped prepare the armor for shipment to ITTB Freedom and issue the armor at the RSOI.

“(Sgt. 1st Class) Hill really put together a great plan to do this,” Lovgren said. “We all discussed this in a meeting nearly



Sgt. 1st Class Cassandra Hill, property book officer for the 86th Training Division, counts individual plates of body armor June 6 at the Fort McCoy Central Issue Facility.



Contractors with Veterans Range Solutions and Soldiers with the 86th Training Division work to prepare body armor for shipment June 6 at the Central Issue Facility at Fort McCoy.

two months prior to the exercise. As we got closer, she really stepped up and worked out this plan for this issue to be done this way. This has saved us many, many hours in time and effort alone.”

More than 6,000 troops from across the United States are training at Fort McCoy for CSTX 86-18-04 through June 29. Right after the exercise is done, the same armor will be returned to the CIF much in the same way it was issued.

“When you have 16,000 plates of armor that have to be moved, it makes sense to streamline that movement as much as possible,” Hill said. “I think we were able to do that.”

Operating out of a 62,548-square-foot facility in building 780, CIF personnel have plenty of space to store equipment and support customers. Lovgren said that since 2011, the Fort McCoy CIF has been issuing Reserve Soldiers their entire Organizational Clothing and Individual Equipment needs.

“We've been in this building for more than two years now, and our customers have more space to process through and receive equipment,” Lovgren said. “We have two waiting areas near the entry and exit areas and a streamlined setup that helps create a smooth flow for CIF operations.”

“Our facility makes the issuing process a nice experience for Soldiers as they visit here to receive their equipment, especially at busy times,” said Lovgren, who noted the CIF issued more than 387,000 pieces of equipment, worth more than \$33 million, to thousands of troops who trained at Fort McCoy during fiscal year 2017.

The 86th Training Division is a tenant organization at Fort McCoy and is leading the coordination for CSTX 86-18-04 and will host another CSTX at the installation in August.



A forklift operator hauls boxes of body armor June 6 while loading a truck at the Central Issue Facility.

NEWS



Soldiers prepare for a training event June 12 at an operations area for Combat Support Training Exercise 86-18-04 on Fort McCoy's North Post.

CSTX

from Page 1

operating Reverse Osmosis Water Purification Units (ROWPU) to provide water for the exercise.

A ROWPU can provide potable water from any water source and can process up to 3,000 gallons an hour, according to Army specifications. A ROWPU can not only draw water from a lake, but also from rivers, oceans, or even holes in the ice. The system is built on to an Army trailer and includes its own generator and essentially a lab to operate the system from inside a covered enclosure. The system uses a variety of chemicals and membranes to filter and purify the water.

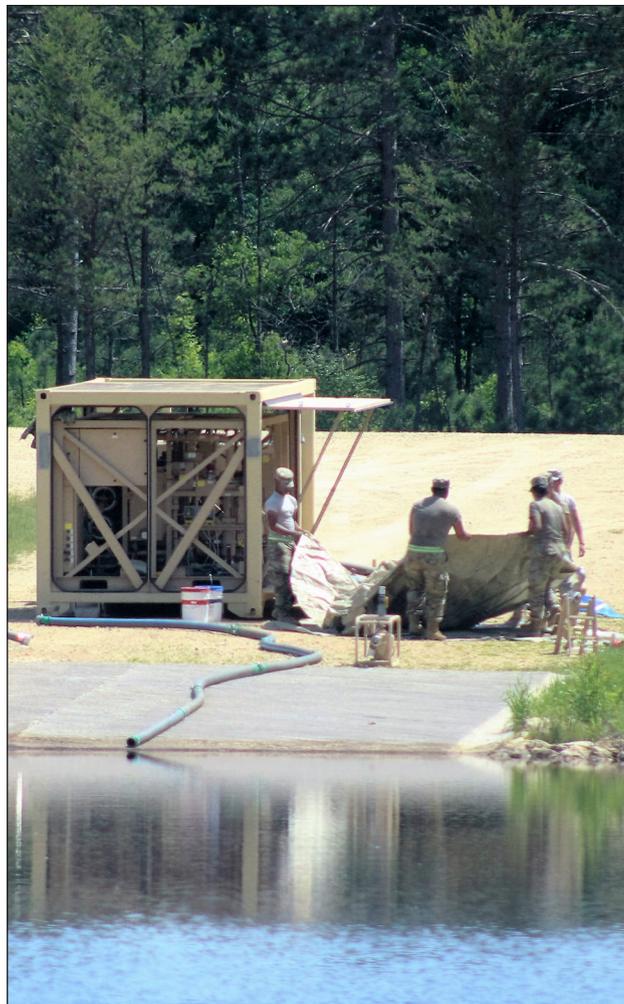
And, in addition to hundreds of quartermaster troops participating, there's also medical, military police, engineer, transportation, fuels, and other service members in the exercise.

"Coordination for this exercise has been months in the planning, and we have the facilities, training areas, and support functions to help make this exercise a success," Meeusen said.

DPTMS Director Brad Stewart said the Fort McCoy team steadily prepares for large training events like this CSTX. The installation is also always looking to expand the post's training capability and capacity through the installation's five-year Strategic Business Plan. During fiscal year 2017, a record 155,975 personnel trained at Fort McCoy.

"This training support system enterprise that we have at Fort McCoy comes together every year to work this training synchronization in a superb manner," Stewart said. "Everyone involved in this enterprise across the installation should be proud of the work that's been done."

CSTX 86-18-04 also is another indicator of how Fort McCoy continues to help the Army meet its operational demands in support of combatant commanders across the globe, Stewart said.



Quartermaster Soldiers set up a Reverse Osmosis Water Purification Unit to pump water to be used for the exercise June 6 at Big Sandy Lake on South Post.



Soldiers prepare vehicles June 12 on the cantonment area to take them out to the field for the exercise.



Military trucks are lined up near Improved Tactical Training Base Freedom on June 7 on South Post at Fort McCoy prior to being turned over to units to be used in the exercise.

NEWS

Unit trains to rapidly mobilize Reserve Soldiers from McCoy

BY CAPT. ELIZABETH BLOOMFIELD

649th Regional Support Group

The 649th Regional Support Group (RSG) is one of a few military organizations assigned to be a Mission Support Force (MSF) at Fort McCoy. MSFs have a unique and critical role in the current national defense strategy — Focused Ready Units (FRUs), also known as Ready Force X.

Units that may mobilize are identified as Focused Ready Units, and these units make up more than 40 percent of the Army Reserve. The MSFs are made up of Reserve units from across the United States, and the 649th RSG has been assigned to stand up the MSF site at Fort McCoy.

The 649th RSG has engaged in a variety of battle drills designed to prepare Soldiers for the mission. The training is essential to the mobilization process, allowing the Army Reserve to mobilize thousands of Soldiers, possibly from Fort McCoy, quickly and efficiently.

“I want to provide deploying Soldiers with the most challenging training while providing them the support they need so they are prepared to decisively fight and win America’s wars,” said Brig. Gen. Tony Wright, deputy commanding general of the 88th Readiness Division. “Our Soldiers will face some challenging combat environments, and I believe we owe them our best.”

The training also focuses on increasing unit readiness to mobilize and deploy forces against a near-peer adversary, a country with the similar military capabilities.

Col. Jeffrey Pugh, 649th RSG commander, said he will empower MSF Soldiers to fully and competently support the FRU training.

“I am confident the 649th and its subordinate units are mission ready and capable of providing quality readiness support at Fort McCoy if called upon,” Pugh said. “This will allow the mobilizing units the maximum time possible to train with the 181st (Multi-Functional Training Brigade) prior to deploying for contingency operations.”

While at Fort McCoy, FRUs participate in individual and crew training and upgrade their equipment, if eligible. FRU training is partially focused on reducing the time required during the pre- and post-mobilization process.

“The impact for the RSG is that they must adapt and train to become an organization that is ready to conduct a new mission that has not been done in our lifetimes, which is a no-notice or minimal-notice mobilization,” Wright said. “Col. Pugh and his staff had to develop a plan to train for this nonstandard mission.”

The MSF’s mission could not be successful without the “Total Force Training Center” known as Fort McCoy, 649th officials said. This is where soldiers can prepare for their forward combat missions. Fort McCoy’s primary responsibility is to support the training and readiness of military personnel and units of all branches and components of the armed forces.

“I can’t say enough about the level of teamwork across the enterprise here at Fort McCoy. I am excited to witness the RSG, garrison, and 181st come together and attack issues in a unified manner that creates synergy in tackling tough challenges,” Wright said. “I believe together we are uniquely prepared to deliver trained and ready units to meet the future needs of the combatant commanders.”



Photo by Staff Sgt. Mark McKinley/649th Regional Support Group

Spc. Emillie Carson ground guides as Soldiers with the 948th Transportation Company work to load a container onto a vehicle during training March 8 at Fort McCoy. The 948th Transportation Company Soldiers were training to prepare to become a Mobilization Support Force.



Photo by 1st Lt. John Carlisle/649th Regional Support Group

Spc. Lorraine Irizarry (right) instructs **Spc. Emillie Carson** (left), both with the 490th Quartermaster Company, on how to assemble a rucksack in support of Central Issue Facility operations March 9 at Fort McCoy. Soldiers with the 490th also were training in preparation to become part of a Mobilization Support Force.

NEWS

Construction for new spillways, slope repair underway at post lakes

Contractor Terra Engineering of Madison, Wis., is completing construction for new spillways and slope repair for Stillwell and East Silver lakes on Fort McCoy's South Post.

John Adams, general engineer with the Directorate of Public Works (DPW), said the new spillways will consist of reinforced concrete drop inlets with stop logs for flow control, a reinforced concrete box culvert for water conveyance, and reinforced concrete outlet boxes for dissipating the velocity of the outflow of water.

"Both facilities will have the same style drop inlets," Adams said. "Fort McCoy has one facility at Swamp Pond that already has a similar drop inlet that's been in service for several years."

The slope repair for both facilities involves reconstruction of the dam embankments by making slopes flatter, Adams said.

"This improves the stability of the embankments and allows them to be better maintained by mowing equipment," Adams said. "The slope repair will also have rip rap toe protection to contain and convey any water seepage to the outlet."

Adams said the Army inspects dams and provides recommendations for repairs every four years.

"Previous inspections identified the steep slopes and the minor seepage at the toe of the downstream slopes for both (Stillwell and East Silver)," Adams said. "Fort McCoy retained the design services of Short, Elliot, Hendrickson, Inc. to provide the design and specifications of the improvements.

"When completed, the facilities will have safer embankment slopes, additional traffic-safety measures such as guard rails, and should produce a final product that can be safely



Photo by Scott T. Sturkol

A coffer dam is shown set up at Stillwell Lake on South Post on June 7 at Fort McCoy. Stillwell is one of two lakes scheduled to have improvements made to the spillways and slopes for the lakes this summer.

inspected in the future," Adams said.

Terra Engineering was awarded the \$1.8 million contract in 2017, said Dan Hanson,

DPW Construction Inspection Branch chief.

The projects are expected to be completed by Sept. 30.

(Article prepared by the Fort McCoy Public Affairs Office and the Directorate of Public Works.)

Contract awarded to build new 1,428-person dining facility at installation

STORY & PHOTO BY SCOTT T. STURKOL

Public Affairs Staff

The Louisville, Ky., office of the U.S. Army Corps of Engineers (USACE) awarded a \$12.3 million contract May 24 for the construction of a new 1,428-person annual training/mobilization dining facility in the 2400/2500 block at Fort McCoy.

The contract, totaling \$12,384,200, was awarded to L.S. Black Constructors Inc. of Saint Paul, Minn., according to the USACE. This is the same contractor constructing a similar dining facility in the 1800/1900 block at the installation.

According to the contract scope of work, the new facility will be built with food preparation and cooking areas; an entrance/control area; and serving, dining, dishwashing, administration, and locker areas. It will also have a state-of-the-art waste-disposal system, a receiving and loading dock, cold and dry storage, and more.

Once completed, this dining facility will be the sixth brick-and-mortar dining facility on post. The contractor should break ground on the project yet this summer, and the current planned completion date is August 2019, said Nathan Butts, contract



This area, shown June 12, is between the 2400 and 2500 blocks where a new dining facility will be built.

oversight representative with the Fort McCoy Project Office of the USACE.

Fort McCoy Food Service Manager Andy Pisney with the Logistics Readiness Center Supply and Services Division said the new dining facility, just like the one under construction at the 1800/1900 block, is needed and will increase food service capabilities.

Pisney's office oversees the food-service contract for Fort McCoy dining facilities.

"This facility also will likely be a unit-operated dining facility," Pisney said. He said it will work well for larger units

that currently might sign out two or three World War II-era facilities to feed troops.

Fort McCoy has 32 transient training dining facilities. The post's cantonment area, built during World War II in "cookie-clutter blocks," puts a dining facility within walking distance of wherever a unit is billeted, Pisney said.

Units that sign out a dining facility develop their own food service schedules and menus and feed their troops on the unit's schedule in a location convenient for their personnel.

"Now they'll only have to sign out one facility when these new facilities are done," Pisney said.

NEWS

BIRTHDAY

from Page 1

Chaplain (Maj.) Joe Grace II of the 84th Training Command gave the invocation, and the 451st Army Band of Fort Snelling, Minn., played live music during the celebration. A free luncheon was served to Fort McCoy community members, including cake and ice cream.

The U.S. Army was founded June 14, 1775, when the Continental Congress authorized enlistment of expert riflemen to serve the United Colonies for one year, according to the U.S. Army Center of Military History. George Washington received his appointment as commander in chief of the Continental Army the next day and formally took command July 3, 1775, in Boston.

“Back then, we were a group of ragtag patriots who took on the

world’s strongest military to become the world’s strongest military,” Corsi said during the birthday luncheon. “And Fort McCoy is a part of that.” Army installations celebrate the anniversary by hosting special events and celebrations.

The Directorate of Family and Morale, Welfare, and Recreation organized the events at Fort McCoy with the assistance of local sponsors and volunteers.

For more information about the Army birthday and branch birthdays, visit <https://history.army.mil/html/faq/branches.html>. For information about DFMWR events at Fort McCoy, visit <https://mccoy.armymwr.com/>.

(Article prepared by the Fort McCoy Public Affairs Office.)



Photos by Scott T. Sturkol

A volunteer prepares to give a free Army birthday T-shirt to a community member June 14 at McCoy’s Community Center at Fort McCoy. The shirts were handed out during a free drive-thru breakfast, also at McCoy’s Community Center.



The birthday cake is cut to start the official mid-day celebration at McCoy’s Community Center on June 14.



Members of the 451st Army Band of Fort Snelling, Minn., play a song selection June 14 in the outdoor patio area of McCoy’s Community Center, where food was being served.



Free car washes were available to community members as part of the Fort McCoy Army birthday celebration June 14. Here a community member takes part at the car wash operated by the Directorate of Family and Morale, Welfare and Recreation.

NEWS

Invasive species working group holds field day at Fort McCoy



Photos by Scott T. Sturkol

Endangered Species Biologist Tim Wilder with the Directorate of Public Works Environmental Division Natural Resources Branch explains how invasive plant species are controlled at Fort McCoy on June 14 at Pine View Campground as part of the Monroe County Invasive Species Working Group Field Day. The coordination for the event included not only Fort McCoy but also the Wisconsin Department of Natural Resources. The event included an equipment display, numerous briefings about invasive species and how to control them, and updates from landowners currently fighting invasive species on their lands. More than 40 people attended the free, public event.

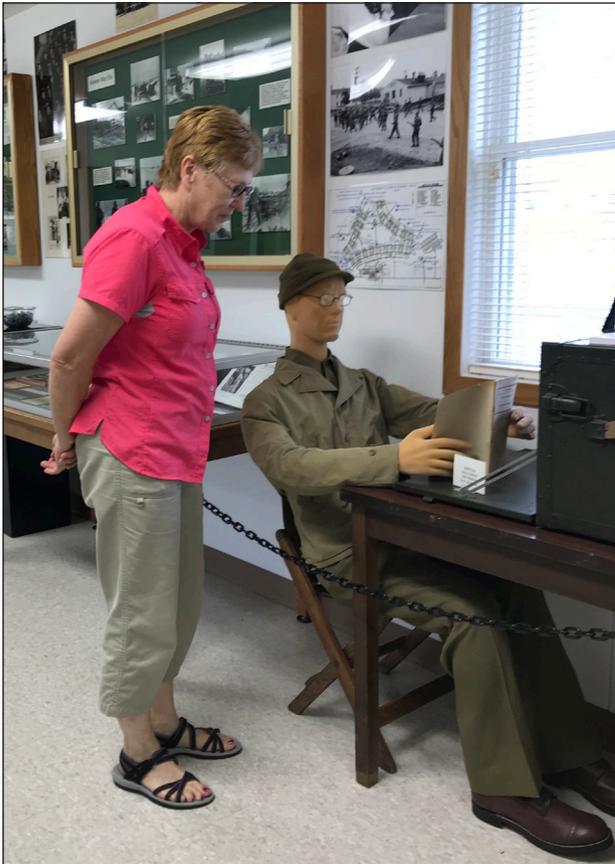


Field day attendees listen to an instructor discuss the best ways to decrease invasive species June 14 during the event at Pine View Campground.

ADS

FEATURE

Hundreds of visitors see Fort McCoy's historic Commemorative Area



Sparta native Patricia Suhr Sendelbach looks over a display in the History Center at the Commemorative Area on June 16 at Fort McCoy. Sendelbach was born at then-Camp McCoy in the hospital in 1952. Throughout June, hundreds of people have stopped to see the many different historical items available at the Commemorative Area.



World War II veteran Gerald Halderson of Onalaska, Wis., shakes hands with a Soldier June 16 during a visit to the Fort McCoy Commemorative Area. It was Halderson's first visit back to the installation since he left then Camp McCoy in December 1945. Halderson enlisted in the Army in 1942 and served with the 127th Infantry, 32nd Infantry Division. During the war, he served overseas in Australia, New Guinea, the Philippines, and Luzon.

Photos by Theresa Fitzgerald



Soldiers with the 9th Legal Operations Detachment of Ohio look over a display in one of the historic buildings at the Commemorative Area on June 8.

FEATURE

Fort McCoy ArtiFACT: Pharmaceutical bottles

Archaeologists with Colorado State University's Center for Environmental Management of Military Lands often discover an assortment of bottles at post-contact homesteads and farmsteads.

Bottles were used for beverages (both alcoholic and nonalcoholic); food and canning; and household, chemical, and pharmaceutical purposes.

Pharmaceutical bottles come in all sorts of shapes and sizes. Some have very distinct markings, such as embossing or labels that allow archaeologists to identify what the bottle contained.

The first example is an aqua-colored Fletcher's Castoria bottle fragment (top row, left). In 1871, Charles H. Fletcher formed the Centaur Company and purchased the rights to manufacture Pitcher's Castoria, a formula created by Dr. Samuel Pitcher in 1868. Fletcher's Castoria was renamed to Fletcher's Laxative, an oral syrup containing a stimulant laxative and ingredients to soothe the stomach. The Castoria rights were bought by the Barnes Company in 1872, which Fletcher worked for and

later became company president of in 1888.

Another type of pharmaceutical bottle recovered is a Vicks VapoRub jar (top row, right). The jar glass has a distinctive cobalt blue color, which is still used today, but as a plastic container. The base of the glass jar is embossed with a triangle inside a larger triangle, which was the maker's mark of Vicks VapoRub during the early 20th century.

The third bottle is a clear (middle row) and embossed with the following information: "Blood & Rheumatism Remedy, No. 6088, Matt. J. Johnson Co., St. Paul Minn."

Advertisements for this remedy were placed in newspapers throughout the Northwest and the Midwest, including Wisconsin, Minnesota, and North Dakota. Matthew J. Johnson began manufacturing the remedy in 1899 with an unknown end date. He was a prominent druggist in Duluth, Minn.

The last bottle pictured (bottom row) is a "Dr. Pierce's Favorite Prescription" bottle. Multiple bottles of this prescription were located at one post-contact archaeological site at Fort McCoy.

The aqua pharmaceutical bottle is embossed with the following

information: "Dr. Pierce's Favorite Prescription; R.Y. Pierce, M.D.; Buffalo, N.Y." Dr. Pierce's was introduced in the late 19th century as a treatment for "women's conditions" and contained primarily alcohol and laudanum (tincture of opium).

All archaeological work conducted at Fort McCoy was coordinated by the Directorate of Public Works Environmental Division Natural Resources Branch.

Visitors and employees are reminded they should not collect artifacts on Fort McCoy or other government lands and leave the digging to the professionals.

Any person excavates, removes, damages, or otherwise alters or defaces any historic or prehistoric site, artifact, or object of antiquity on Fort McCoy is in violation of federal law.

The discovery of any archaeological artifact should be reported to the Directorate of Public Works Environmental Division Natural Resources Branch at 608-388-8214.

(Article prepared by Colorado State University Center for Environmental Management of Military Lands.)



Photo by Colorado State University Center for Environmental Management of Military Lands
These bottles were found during past archaeological digs at Fort McCoy.



Photo by Aimee Malone

USO happenings

(Left) Huckleberry the dog relaxes June 13 at USO Wisconsin's Fort McCoy office in building 1501. USO Wisconsin brings Huckleberry into the office for play time. Huckleberry can also visit units or Soldiers in the field by request.

(Right) Soldiers at Fort McCoy for Combat Support Training Exercise 86-18-04 visit the USO Wisconsin truck at one of the tactical training bases June 12 on North Post. During training, the truck brings various items to service members in the field.



Photo by Scott T. Sturkol

SPORTS**Hundreds slog their way through course during Fort McCoy Mud Assault**

Photos by Christie B. Clark/Directorate of Family and Morale, Welfare and Recreation

Children and some of their parents take off for the children's race during the Fort McCoy Mud Assault event June 9 at Whitetail Ridge Ski Area at Fort McCoy. More than 350 people participated in the Mud Run, which included a 1-mile course for children and a 3-mile course for adults.



Adult competitors take turns at an obstacle June 9 along the 3-mile course for adults.



Competitors start off the adult race of the Mud Run on June 9 with a run through a mud pit at Whitetail Ridge Ski Area.



Mud runners make their way through one of the tougher mud obstacles June 9 along the adult course at Whitetail Ridge Ski Area.

NEWS NOTES

DJ Trivia held weekly at McCoy's

McCoy's Community Center, building 1571, holds DJ trivia from 5 to 7 p.m. Thursdays.

There is no cost to enter, and advance registration is not required. Prizes are awarded weekly to the top teams. The competition is open to all Fort McCoy employees and their guests who are at least 18 years old.

For more information, call 608-388-4161.

Archery shoot set for June 23

Lost in the Woods Archery Shoot is scheduled for 10 a.m. to 3 p.m. June 23 at Sportsman's Range.

The competition will be a 27-target 3D archery shoot with three divisions: hunter, youth, and known distance. Prizes will be awarded to the top shooter in each division.

It costs \$25 for nonmembers, \$20 for members, and \$15 for the known-distance shoot.

For more information or to register, call 608-388-3517.

Armed Forces Voters Week is June 29 to July 7

Armed Forces Voters Week is June 29 to July 7. Election Day is Nov. 6, so it's time to make sure you're registered.

The Fort McCoy Voting Assistance Office can help answer voter registration questions. Call 608-388-4222 or stop by building 2187 and ask for Trudy Ward or Ronald Weiss.

Voters can also visit www.fvap.gov for information and assistance.

Commemorative Area open 3 dates in July

The Fort McCoy Commemorative Area will be open to walk-in visitors noon to 4 p.m. July 13 and 27 and 9 a.m. to 3 p.m. July 21.

The Commemorative Area consists of the Equipment Park, five World War II-era buildings with historical displays, the History Center, and Veterans Memorial Plaza. The History Center and World War II-era buildings contain artifacts dating from Fort McCoy's inception in 1909 up to present day.

Members of the public must present valid photo IDs at the Main Gate (accessible off of Highway 21) to get a visitor's pass. For information on visitors' passes, call the Visitor Control Center at 608-388-4988.

Groups of 15 or more may schedule tours from 7:30 a.m. to 4 p.m. Monday through Friday.

For more information, call the Public Affairs Office at 608-388-2407.

Leinenkugel's Brewery tour planned for July 14

A trip to tour Leinenkugel's Brewery in Chippewa Falls, Wis., is scheduled for July 14.

The cost is \$25 per person, which covers transportation, the tour, beer tasting, and a



Photo by Aimee Malone

Birthday parade

Students and staff members of the Fort McCoy Child and Youth Services march down South F Street during a parade celebrating the Army Birthday on June 15 at the installation. Children attending the Child Development Center and the School Age Center/Youth Center's summer camp programs put on the parade for parents and Fort McCoy community members in honor of the Army's 243rd birthday.

souvenir glass. The bus will depart the parking lot of McCoy's Community Center, building 1571, at 9 a.m. and return at 6 p.m.

The trip is open to all Fort McCoy employees and their guests who are at least 21 years old. Registration is required by June 30.

For more information, call 608-388-3011.

Ho-Chunk Gaming trip set for July 24

A bus trip to Ho-Chunk Gaming in Black River Falls is scheduled for 5 p.m. July 24.

The cost is \$20 per person, which covers transportation. The bus will depart the parking lot of McCoy's Community Center, building 1571, at 5 p.m. and return at 9 p.m.

The trip is open to all Fort McCoy employees and their guests who are at least 21 years old. Registration is required by July 13.

For more information, call 608-388-3011.

Old World Wisconsin trip scheduled for Aug. 4

A trip to Old World Wisconsin, a historical recreation site and museum in Eagle, Wis., is scheduled for 7:30 a.m. to 6 p.m. Aug. 4.

Old World Wisconsin showcases life from the 1840s through the 1910s. It features more than 60 historic structures, ranging from farmsteads to small-town villages.

The site gives visitors a hands-on approach to learning history, allowing them to help with chores, try old-fashioned crafts and trades, and play games.

Army Community Service (ACS) will do the driving and provide free transportation for the trip. Admission for military members and Family is free through the Blue Star Museums program. Admission fees for others are available online at oldworldwisconsin.wisconsin-history.org.

Families may pack their own lunches or

purchase food at the site.

Space is limited, and advance registration is required. ACS events are open to military members, retirees, civilian workers, Family members, and registered Fort McCoy volunteers.

For more information or to register, call 608-388-3505 or email carrie.a.olson.civ@mail.mil.

Vernon Vineyards tour set for Aug. 12

The Vernon Vineyards winery tour is scheduled for Aug. 12.

The trip will depart from McCoy's Community Center at noon and return at 6 p.m. It costs \$15 per person, which includes transportation, the tour, and wine tasting.

Dinner will be available at an additional cost.

The trip is open to all Fort McCoy employees and their guests who are at least 21 years old. Registration is required by Aug. 1.

For more information, call 608-388-3011.

Para-athletic 3-gun match scheduled for Aug. 18

A para-athletic three-gun match is scheduled for 9 a.m. Aug. 18 at Sportsman's Range.

The event will feature five categories: Paralympic, unlimited, practical, factory, and heavy optics.

Prizes will be awarded to the top shooter in each division.

Wisconsin 3 Gun and Sportsman's Range rules will be followed at all times. Firearms are available for rent at the range, and rented firearms must use ammunition purchased at the range.

Registration costs \$25 for members, \$30 for preregistration, and \$35 the day of the event. For more information, call 608-388-3517.

DECA offers tips on handling fresh produce

Commissary patrons are advised to wash raw produce before "that apple a day" one day beckons a trip to the emergency room.

"From farm to store shelf, the Defense Commissary Agency is on guard against potential foodborne illnesses that could affect our produce," said Chris Wicker, public health adviser for the Defense Commissary Agency's public health and safety directorate. "However, it's vital for our patrons to do their part in protecting themselves from harmful bacteria by thoroughly cleaning the fruits and vegetables they buy before consuming them."

Because produce may have been grown in soil or water that contained harmful bacteria, it's necessary to clean fruits and vegetables thoroughly to avoid contaminants that lead to foodborne illnesses.

The following food-safety tips can help ensure that produce is safe to eat:

- Keep produce separate from other grocery purchases in the shopping cart, the check-out line, and the drive home.
- Wash and sanitize drawers or shelves in refrigerators where produce is stored.

Don't handle or prepare any food while sick.

- Wash hands with warm water and soap for at least 20 seconds before and after handling food.

- Wash all produce thoroughly under running water before preparing and eating, including produce grown at home or brought from a grocery store or farmer's market.

- Wash cutting boards, dishes, utensils, and countertops with hot, soapy water after preparing each food item.

- After washing, use a clean cloth or paper towel to dry produce.

Additional information is available at www.fda.gov/education/resourcelibrary, www.cdc.gov/foodsafety/prevention.html, and www.foodsafety.gov/keep/foodkeeperapp/index.html.

New employees at Fort McCoy

New employees started working in several post organizations in June.

Welcome to the following new employees:

- **Breanna Newman** and **Rhonda Von-Haden** — Civilian Personnel Advisory Center.

- **Andrew Johnston** — Directorate of Emergency Services.

- **Sarah Brueggen** — Directorate of Plans, Training, Mobilization and Security.

- **Travis Gill, Thomas Ventura, David Wolff, and Christopher Zachow** — Equipment Concentration Site-67.

Next issue of The Real McCoy

The next issue of The Real McCoy will be published July 13. The deadline for submissions to be considered for publication is noon July 3.

For more information, call 608-388-4128.

Recreation

Automotive Skills Center: Building 1763. Open 1-9 p.m. Thurs.-Fri. and 9 a.m.-5 p.m. Sat. Call 608-388-3013.

Better Opportunities for Single Soldiers (BOSS): Meets 4:30 p.m. third Thurs. of each month at McCoy's Community Center. Call 608-388-3200.

McCoy's Community Center: Building 1571. Offers books, arcade, gaming area, and bowling. Manager has discretion on closing time. Call 608-388-7060. **Closed June 30-July 4.**

Bowling Center: Open 11 a.m.-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Extreme bowling 4-9 p.m. Fri.

Leisure Travel Services Office: Open 10 a.m.-5:30 p.m. Mon.-Fri. Call 608-388-3011.

Pine View Campground/Recreational Equipment Checkout Center: Building 8053. Open 8 a.m.-6 p.m. Sun.-Thurs. and 8 a.m.-9 p.m. Fri.-Sat. Call 608-388-2619.

Rumpel Fitness Center: Building 1122. Open 5 a.m.-8 p.m. Mon.-Thurs., 5 a.m.-7 p.m. Fri., and 6 a.m.-2 p.m. Sat.-Sun. Call 608-388-2290.

Indoor swimming pool, atrium, sauna and steamroom: Open 6 a.m.-7 p.m. Mon.-Thurs., 6 a.m.-6:30 p.m. Fri., and 9 a.m.-1:30 p.m. Sat.-Sun.

Sportsman's Range: Open 3-7 p.m. Fri. and 9 a.m.-5 p.m. Sat.-Sun. Call 608-388-9162/3517.

Tactics Paintball & Laser Tag: Open 12:30-4:30 p.m. Mon.-Fri. Reservations available. Call 800-531-4703.

Dining

Fabrew Coffee: Building 1538. Open 6 a.m.-2 p.m. Mon.-Sat. and 7 a.m.-2 p.m. Sun. Call 608-343-6257.

McCoy's Community Center: Building 1571. Catering/administration, call 608-388-2065. **Closed June 30-July 4.**

Primo's Express: Open 11 a.m.-9 p.m. Mon.-Fri., 4-11 p.m. Sat., and 4-10 Sun. Buffet (pizza, pasta, and rotating hot dishes) available 11 a.m.-1 p.m. Mon.-Fri. Call 608-

388-7673.

Sports bar: Open 4-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Manager has discretion on closing time.

Snack Avenue: Building 1538. Located inside Express. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604 or 608-388-4343.

Specialty Express Food Court: Building 1538. Open 10 a.m.-6 p.m. Mon.-Fri. Call 608-269-5615, ext. 303.

Whitetail Ridge Chalet: Building 8061. Closed for the season. Chalet available year-round for private parties. Call 608-388-3517.

Services

Alteration Shop: Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

Barber Shop (Exchange): Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1710.

Car Rentals (Enterprise): Info available at the Exchange, building 1538. Use the phone at the Enterprise sign. Call 608-782-6183 or 800-654-3131; use CDP# 1787245.

Car Wash: Building 1568. Offers self-service and automatic bay. Open 24/7. Accepts cash, tokens, or credit cards. Token machine on site. Call 608-388-3544.

Commissary: Building 1537. Open 10 a.m.-6 p.m. Mon.-Sat. Early bird/self-checkout open 9-10 a.m. Mon.-Fri. Call 608-388-3542/3543.

CWT (Carlson Wagonlit Travel) SatoTravel: Building 2180. Open 7:30 a.m.-4 p.m. Mon.-Fri. Call 608-388-2370, 608-269-4560, or 800-927-6343.

Education/Learning Center: Building 50, room 123. Open 8 a.m.-4 p.m. Mon.-Fri. Call 608-388-7311.

Exchange: Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 101 or ext. 4343.

ID Card/DEERS Section: Building 35. Open 7:30 a.m.-3 p.m. Mon.-Fri. Call 608-388-4563

facilities services

This schedule is projected through **July 12, 2018.**
Most offices closed July 4 for Independence Day.
Bold, italic typeface indicates a change since the last publication.
Call facilities to verify hours. To report updates, call 608-388-2769.

to verify ID Section is operational.

IHG Army Hotels: Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

Launderette/Dry Cleaning: Building 1538. Open 10 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

Laundry Facilities: Buildings 651, 755, 1671, 1735, 1856, 2002, 2568, 2671, 2763, and 2877. Open 24/7. Exclusively for use by Soldiers training on Fort McCoy pursuant to military orders. Civilians and retired military are not authorized to use these facilities. Call 608-388-3800.

Military Clothing: Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 203.

Patriot Outfitters: Building 1538. Open 9 a.m.-6 p.m. Mon.-Fri. and 9 a.m.-4 p.m. Sat.-Sun. Call 608-269-1115.

Permit Sales: Building 2168. Open 7 a.m.-3:30 p.m. Mon.-Fri. Call 608-388-3337.

Retirement Services Office: Building 35. Open 7:30 a.m.-3 p.m. Mon.-Tues. and Thurs.-Fri. Call 608-388-3716.

R.I.A. Credit Union: Building 1501. Open 9 a.m.-1 p.m. Mon.-Wed. and 9 a.m.-1 p.m. and 2-5 p.m. Thurs.-Fri. ATMs are located in building 1501 (available 24/7); McCoy's, building 1571; Exchange, building 1538; and

IHG Army Hotels, building 51 (available 24/7). Call 608-388-2171.

Service Station/Express/Class VI: Building 1538. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-388-4343. Pay-at-the-pump gas is open 24/7. ATM inside. Cash transactions available during Express hours.

Visitor Control Center: Building 35. Call 608-388-4988 for hours.

Family Support

Army Community Service: Building 2111. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-3505.

Army Substance Abuse Program: Building 1344. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-2441.

Child Development Center: Building 1796. Open 6:30 a.m.-5:15 p.m. Mon.-Fri. Call 608-388-3534/2238.

Military and Family Life Consultant Program (MFLC): Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential. Available 8 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-469-1432.

Red Cross: Fort McCoy active-duty Soldiers

and Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313 or 608-788-1000.

School Age/Youth Center: Building 1792. Activities for youth grades kindergarten through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. Open nonschool days 6:30 a.m.-5:30 p.m. or 2:30-5:30 p.m. Mon.-Fri. for After School Program. Call 608-388-4373.

Health Care

Alcoholics Anonymous: For more information, call 608-388-5955/2441.

Fort McCoy Civilian Employee Assistance Program: Screening and referral services for civilian employees and Family members experiencing difficulties due to problems related to substance abuse, mental health, marital/Family discord, or other causes. Call 608-388-2441/5955.

Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP): 24/7 hotline: 608-388-3000.

Occupational Health Clinic: Building 2669. Open 7 a.m.-3 p.m. Mon.-Fri. Call 608-388-2414.

TRICARE: TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or visit www.tricare.mil.

Troop Medical Clinic: Building 2669. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days. Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

Worship

Catholic: Chapel 10, building 1759. Mass at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675. Call 608-388-3528.

Jewish: Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

Mormon: Church of Jesus Christ of Latter-day Saints, 702 E. Montgomery St., Sparta, Wis. Services from 10 a.m.-1 p.m. Sun. Call 608-269-3377.

Protestant: Chapel 1, building 2672. Protestant worship at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675.

Spanish Language: Catholic services in Norwalk at 4 p.m. Sun.; call 608-823-7906. Seventh-Day Adventist services in Tomah; call 608-374-2142.

Call 608-388-3528 for worship schedules in surrounding communities. If you have an emergency, call 608-388-2266, and the on-call duty chaplain will be contacted.

Organizations

American Federation of Government Employees (AFGE), Local 1882: Building 1411. Open 7 a.m.-4 p.m. Mon.-Fri. Meets at 5 p.m. second Tuesday of each month. Call 608-388-1882.

American Society of Military Comptrollers: Meets several times throughout the year. For more information, call Maureen Richardson at 608-269-1912.

Association of the United States Army - AUSA (Robert B. McCoy Chapter): For information on meetings, visit www.mccoysusa.org.

Friends and Spouses of Fort McCoy: Meets third Wednesday of each month. For info, email fsofmcocoy@gmail.com.

Reserve Officers Association, Fort McCoy-Readiness 43: For more information, call 920-535-0515 or email justdave49@centurylink.net.

USO Wisconsin at Fort McCoy: Building 1501. Open 10 a.m.-8 p.m. Mon., Wed., Fri. and 10 a.m.-4 p.m. Sat.-Sun. For more information or to volunteer, call 414-477-7279 or email ehazlett@usowisconsin.org.

Warrant Officers Association, Chapter 0317: For more information, email usawoamccoy@outlook.com.

GIANT VOICE EMERGENCY-NOTIFICATION SIGNALS

CONDITION	IF YOU HEAR	THIS INDICATES	INDIVIDUAL ACTIONS
Natural Disaster	3- to 5-minute steady tone or voice announcement	Disaster imminent or in progress. Examples: Tornado, flash flood, hazardous-materials release, wildfire.	Be alert. Ensure all personnel are warned. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location. Tune in to local radio or TV stations for emergency information.
Attack	30-sec. to 5-min. wavering tone or voice announcement	Attack imminent or in progress. Examples: Vehicle bomb, terrorist action, release of biological or radioactive materials.	Be alert. Ensure all personnel are warned. Implement force-protection condition (FPCON) procedures as indicated. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location.
All Clear	Voice announcement	Immediate threat from disaster or attack is over.	Be alert for secondary hazards. Account for all personnel. Check building. Await instructions on FPCON level. Report fires, injuries and other hazards.

DAILY BUGLE CALLS

5:50 a.m. – First Call • 6 a.m. – Reveille • 6:45 a.m. – Assembly • 7 a.m. – Breakfast • Noon – Mess Call (Dinner) • 5 p.m. – Retreat/To the Colors • 5:45 p.m. – Mess Call (Supper) • 10:30 p.m. – Tattoo • 11 p.m. – Taps

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Send advertising inquiries to River Valley Newspaper Group, P.O. Box 4008, La Crosse, WI 54601 or call 608-374-7786/877-785-7355.

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Read this publication online at <http://www.mccoymail.com>

FIREARM REGISTRATION POLICY

All privately owned firearms brought on the installation must be registered through the Directorate of Emergency Services (DES) Police Department. Firearm registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition." Firearms are required to be registered prior to entrance or immediately upon entering any lands identified as Fort McCoy property. For more information, call 608-388-2266.

Looking for work on the installation? Search for Fort McCoy jobs at www.USAJOBS.gov.