



CACOM COURIER

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COMMANDING GENERAL

BRIG. GEN. ALAN STOLTE

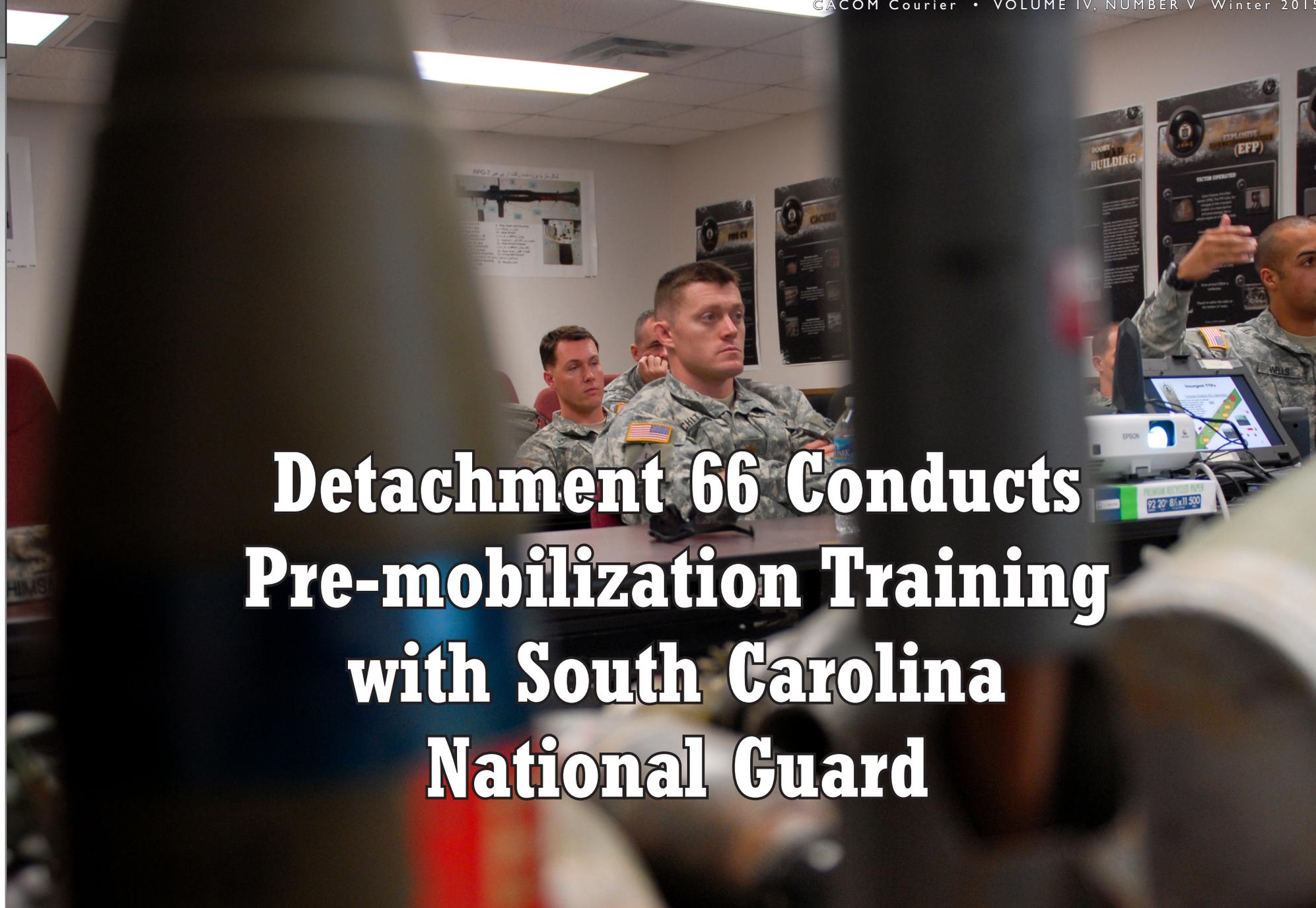
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Detachment 66 Conducts Pre-mobilization Training with South Carolina National Guard

U.S. Army National Guard photo by Staff Sgt. Roberto Di Giovine/RELEASED

As I walk and work with people as a Pastor of Community Outreach and as a Chaplain, I am struck by how much pain there is in this world. Even people who look beautiful, successful, and happy on the outside, are often carrying really deep burdens in the present and even deeper wounds from the past. In popular culture, music, art, and theatre, the themes of pain and bitterness are often in conversation but without a lot of hope. Meanwhile, the advertisements all around us portray happy, pain-free people who invite us to an apparently fulfilled life, if we just buy this particular product or purchase this wonderful new experience. We are tempted ... but we know this is not really the solution to the very real pain in our lives.

Many times, I hear people tell me the stories of their pain, sorrow, trial and/or suffering, and I have to say, “I can only imagine what that feels like.” But increasingly, as the years go on and my own pain experiences broaden and deepen, I can say, “I know what you are going through. I have been there. May I share with you the comfort I received from God in that hard place?”

Henri Nouwen – who was a Dutch-born Catholic priest, professor and writer - has given us the words to walk with each other as people who can bring healing, not in spite of our pain, but because of our pain. This is a mystery, but it is very real.



**Chaplain (Lt. Col.)
Nicolas Camacho**

God comforts us in all our troubles, so that God comforts us in all our troubles so that we can comfort those in any trouble

with the comfort we ourselves receive from God. 2Corinthians 1:5,6

Awards & Promotions

Camp Robinson, Arkansas -- Congratulations to the members of the U.S. Army Civil Affairs & Psychological Operations Command (Airborne) Pistol Team who won the Inaugural Army Reserve Small Arms Team Championship and the Pistol Team Championship in October 2014. Team members include Cpt. Johnathan Everiss, 450th Civil Affairs Battalion (A), First Lt. Davy Simanjaya, HHC USACAPOC (A), Sgt. 1st Class PJ Negron, Sgt. Aaron Bardwell, and Spc. Tyler Miller, from HHC 1 Psychological Operations Group. Pictured with the team are Sgt. Maj. James Mauer, NCOIC for the USAR Marksmanship Team and Brig. Gen. David Weeks, commander of the 413th Theater Engineer Command. (Courtesy Photo)



The 450th Civil Affairs Battalion (Airborne) bid farewell in October 2014 to Command Sgt. Maj. Ron McGraw who took on the role of command sergeant major for the 402nd Quartermaster Battalion in New Castle, Pennsylvania. The 450th thanked McGraw and his wife, Karen, for their years of selfless service to the Soldiers and families of the 450th CA BN (A). (Courtesy Photo)

Awards & Promotions

360th Civil Affairs Brigade (Airborne)



Civil Liaison Team 120 of the 360th Civil Affairs Brigade, recognizes Spc. Rodney Wingard, on his November 2014 graduation from Warrior Leaders Course at Eastover, South Carolina. (Courtesy Photos)



Col. Isaac Johnson, 360th Civil Affairs Brigade Commander, recognizes 1st. Sgt. Dwayne Eaddy, on his selection for the position of Command Sergeant Major at the 412th Civil Affairs Battalion (Airborne), in Whitehall, Ohio, November 2014. (Courtesy Photo)

Awards & Promotions



Soldiers from the 450th Civil Affairs Battalion (Airborne) celebrate their completion of Airborne School in Fort Benning November 2014. 450th CA BN Commander, Lt.Col Jeffrey Farris was there to share the moment with his new Paratroopers. (From left to right, Capt. Ryan Toft, Capt. James Williams, Spc. Stanley Williams, Lt. Col. Jeffrey Farris, Maj. Cecil Piazza, Capt. Anthony Caldwell, Sgt. Curtis Berry, Spc. Tony Galdamez and Staff Sgt. Martin Mann).

(Courtesy Photo)



Congratulations to Command Sgt. Maj. Daniel F. Benedict for becoming the new Command Sgt. Maj. for the 450th Civil Affairs Battalion (Airborne). Benedict previously served as the Command Sgt. Maj. at the 403rd Civil Affairs Battalion. His prior assignments include serving in the 814th Supply Company, 416th Civil Affairs Battalion (Airborne), 404th Civil Affairs Battalion (Airborne), and the 304th Civil Affairs Brigade. He is a veteran of deployment to Operation Iraqi Freedom and Operations Desert Shield/Storm.

(Courtesy Photo)



Five Enlisted Soldiers of the 450th Civil Affairs Battalion(Airborne) competed at the battalion level in November to see who would advance to the U.S. Army Civil Affairs & Psychological Operations Command (Airborne) Best Warrior Competition. Staff Sgt. Martin Mann and Spc. Sol Lee took top spots to move forward to the USACAPOC(A) level. (Courtesy Photo)



U.S. Army Photo by Sgt. Erick Yates

Doctor, Teacher, Soldier

Story by Lt. Col Patty Brewer

Fort Meade, Maryland -- U.S. Army Reserve Soldiers pride themselves on their unique training, skills and experience they practice daily in the civilian sector. This is showcased by Dr. Alexander Garza, also known as Lt. Col. Alexander Garza, surgeon for the 352nd Civil Affairs Command in Fort. Meade, Maryland. *Story continued on page 7*

Doctor, Teacher, Soldier

U.S. Army Photo by Lt. Col. Patty Brewer



Dr. Alexander Garza briefs Soldiers of the 352nd Civil Affairs Command on the Ebola Virus October 19, 2014, at Fort Meade, Maryland. The 352nd is a U.S. Army Reserve unit located in Fort Meade, Maryland. In addition to his civilian occupation, Garza is also a U.S. Army Reservist assigned to the 352nd.

Garza, a board-certified Emergency Medicine physician with a master's degree in public health, applied this training in his role as a public health officer in the U.S. Army Civil Affairs. As a Soldier, Garza served as public health team chief with the 418th Civil Affairs Battalion during Operation Flintlock in Dakar, Senegal and Operation Iraqi Freedom. Garza helped to rebuild the healthcare sector and coordinated the development of a web site to facilitate the donation of more than one million medical books to medical schools and hospitals in central Iraq. While deployed, he also served as a special investigator and medical expert for then Maj. Gen. Raymond Odierno of the Fourth Infantry Division.

"Each deployment gave me the opportunity to apply the many lessons I learned in emergency medical care and public health" said Garza. "We solved problems by getting folks to focus on the same issue, reconcile conflicting priorities and ensure civilians received the medical care they needed and addressed public health issues affecting the population."

In civilian life, Garza is the Associate Dean for Public Health Practice and Associate Professor of Epidemiology and Emergency Medicine at St. Louis University College for Public Health and Social Justice. Prior to that, Garza was appointed by President Obama and confirmed by the U.S. Senate as the Assistant Secretary for Health Affairs and Chief Medical Officer for the U.S. Department of Homeland Security. He was the lead for Homeland Security on such issues as the H1N1 pandemic, the Fukushima Disaster and addressing the health effects to various natural disasters. He has lectured nationally and internationally on health and security issues. He has been instrumental addressing issues such as weapons of mass destruction, emerging infectious disease and their effect on security as well as

operational and occupational health.

In an October 3 opinion for the New York Times, Garza encouraged a more vigorous Ebola response by the U.S. Government, to include airport screening for incoming passengers, which was later adopted by the administration. Since then, Garza has been in demand as an Ebola subject matter expert for CNN, Fox News, CNBC and the Dallas Morning News, as well as local and specialty news providers such as Fox2now and EMS1.

During a recent interview with KSDK Channel 5, St. Louis, Garza confirmed that much of his time is currently spent "answering questions and giving some thoughts on how to deal with this [Ebola]."

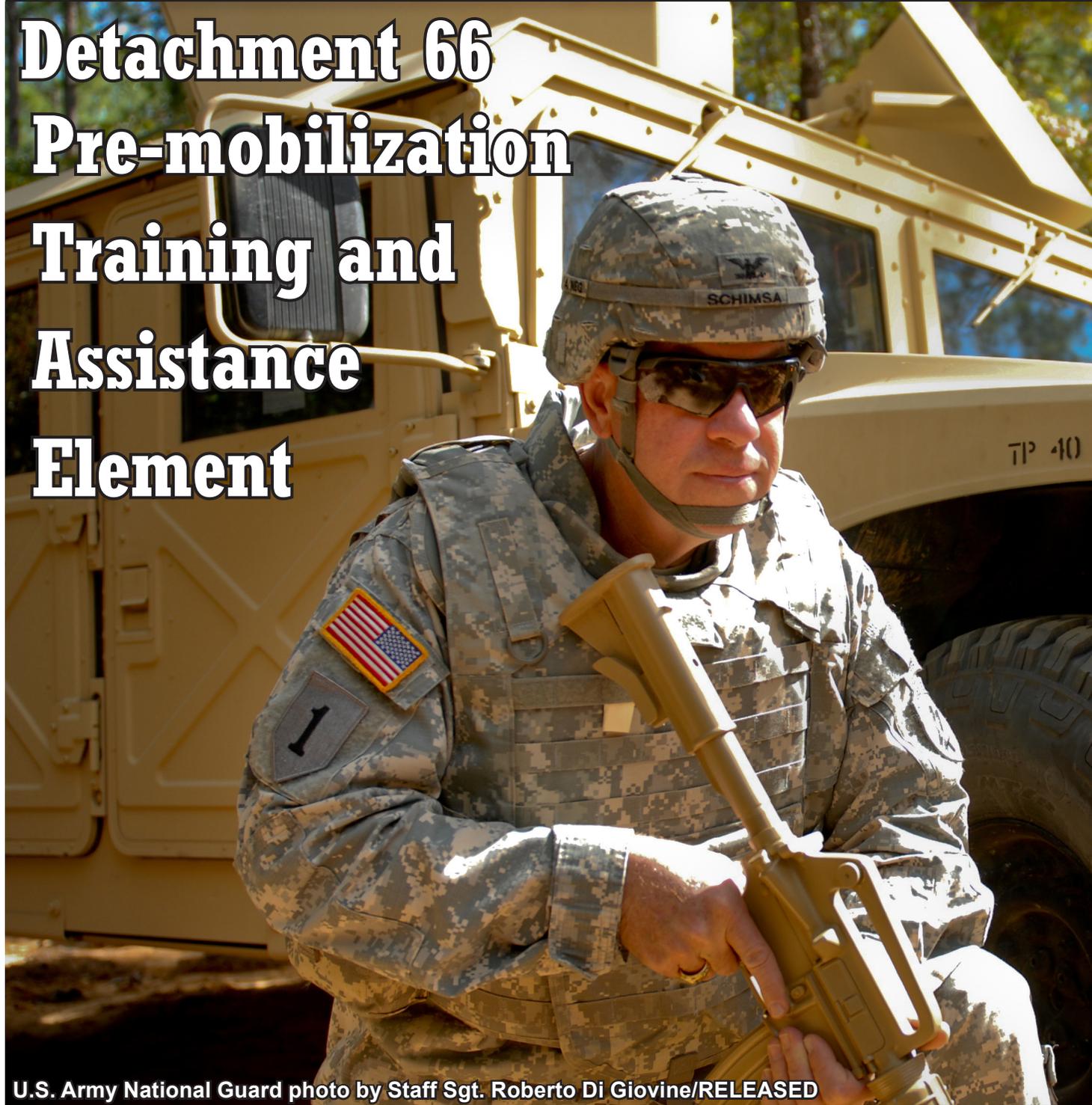
During his interviews, the knowledge and experience gained through years of military and public service helped him communicate his message: Ebola is a frightening disease, we have to understand the facts to fight smartly, and we must have a clear, articulate battle plan.

"Duty, honor, country," stated Garza when asked why he continued his life as a Soldier. "I don't mean that to sound flippant, I truly believe it. I believe in service to my country."

With all his civilian responsibilities, Garza continues his service to the U.S. Army Reserves. He attended battle assembly with the 352nd CACOM in October 2014 and helped organize a Soldier Readiness Program. The SRP ensured unit members had the proper physical evaluations, including flu shots and dental exams, required for the coming year. He also briefed the officers of the command on the current Ebola outbreak in Western Africa.

Featured News

Detachment 66 Pre-mobilization Training and Assistance Element



Story and Photo by Sgt. 1st Class Joe Cashion Friday,
October 10, 2014 EASTOVER, S.C. –

Detachment 66 of the 352nd Civil Affairs Command (CACOM) based at Fort Jackson, South Carolina took part in Counter Improvised Explosive Device (CIED) training that is critical to saving lives in dangerous environments.

“Counter IED training is huge,” said Staff Sgt. Brian Richards, a trainer with of the Pre-mobilization Training and Assistance Element (PTAE) at the South Carolina National Guard’s McCrady Training Center. “That’s where most of our casualties come from. So we make sure we cover CIED intensively for all units. We cover all the bases.”

Col. David Schimsa, commander of Det. 66, said the training was extremely beneficial for his Soldiers.

“It’s certainly good for situational awareness,” said Schimsa. “Some of it is a refresher as all but one of our Soldiers has deployed before to either Afghanistan or Iraq. However, the enemy continues to change their tactics so we need to continue to evolve with those changes.”

In addition to the CIED training, the PTAE will train Det. 66 on a variety of other tasks prior to their departure to the assigned mobilization station.

“We’ll train them in Combatives and Drivers training as well as other critical tasks to get them ready for their combat deployment,” said Richards. “We’ll sink everything we know into them to try to get them ready to go overseas.”

If it seems unusual for an Army active duty or Army reserve unit, as Det. 66 is, to use the S.C. National Guard for deployment training, it really isn’t. It’s actually quite common for the PTAE to train units from other components, making them a very valuable resource and showing their ability to work jointly.

U.S. Army National Guard photo by Staff Sgt. Roberto Di Giovine/RELEASED



Sgt. Maj. Edward Carrington, Command Sgt. Maj. for the 401st Civil Affairs Battalion in Webster, New York, and formerly with the 352nd Civil Affairs Command, was featured in a Veteran's Day ad campaign for the Baltimore Police Department. The ad highlights Sgt. Maj. Carrington's service as a member of the police force and as a U.S. Army Reserve Soldier.

Around the CACOM

Field Training with the 450th CIVIL AFFAIRS BATTALION

Fort AP Hill, Virginia – Spc. John C. Shin, a Civil Affairs Specialist with the 450th Civil Affairs Battalion Alpha company, discusses Small Unit Tactics during September 2014 Battle Assembly. (Courtesy Photo)



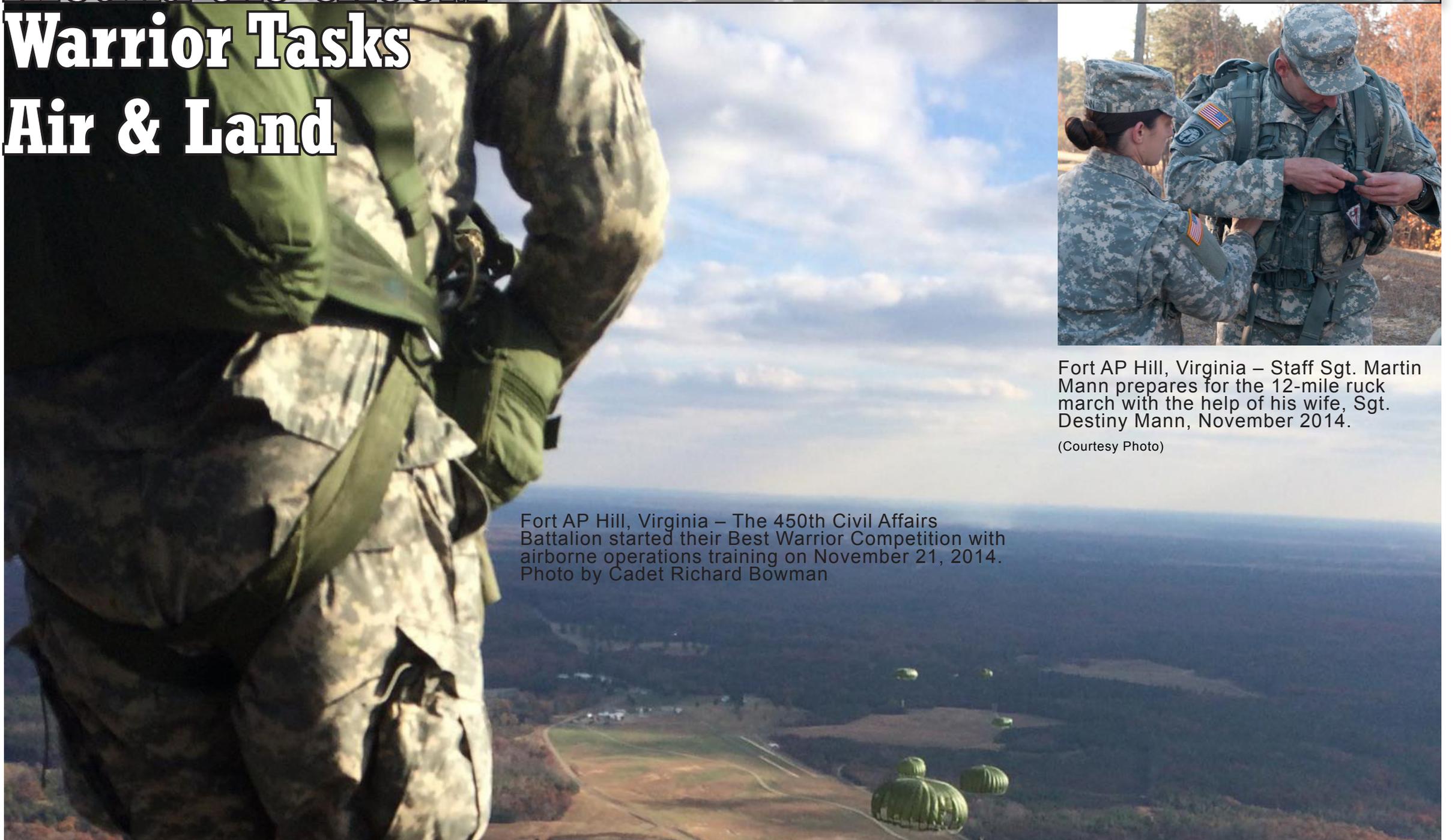
Fort AP Hill, Virginia – Sgt. 1st Class Shaun Chandler prepares to land during the 450th Civil Affairs Battalion Airborne Operation in September 2014. (Courtesy Photo)



Fort AP Hill, Virginia – Spc. Daniel Kwon was promoted to Sgt. by Maj. Sam Kang during September 2014 Battle Assembly. (Courtesy Photo)



Around the CACOM Warrior Tasks Air & Land



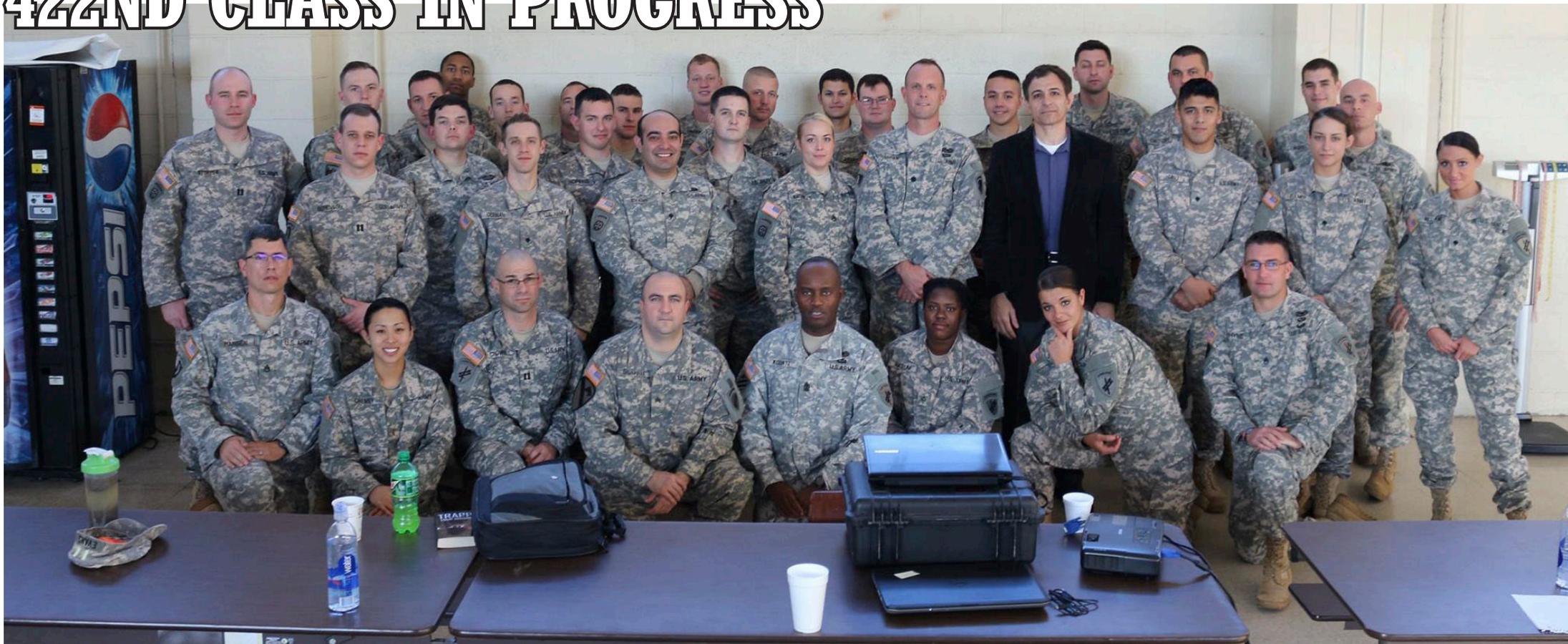
Fort AP Hill, Virginia – Staff Sgt. Martin Mann prepares for the 12-mile ruck march with the help of his wife, Sgt. Destiny Mann, November 2014.

(Courtesy Photo)

Fort AP Hill, Virginia – The 450th Civil Affairs Battalion started their Best Warrior Competition with airborne operations training on November 21, 2014. Photo by Cadet Richard Bowman

Around the CACOM

422ND CLASS IN PROGRESS



Greensboro, North Carolina – Soldiers with the 422nd Civil Affairs Battalion welcomed guest speaker Sam Wazan, during the November 2014 Battle Assembly. Wazan is the founder of MindsRising™, a best-selling author, inspirational speaker, founder of Parenting for Humanity and a uniquely qualified resource for leaders. Wazan gave a 90 minute presentation on his personal history growing up in Lebanon during their civil war and described the mindset of residents caught in a cross-fire between competing forces. This stimulated a lengthy Q&A about psychology of such populations, what happens behind closed doors, and how to go through the peace-making process with middle-eastern cultures of all religions. The presentation was focused on helping Civil Affairs soldiers understand the cultural environment when they are deployed into similar conflict zones. The Soldiers appreciated the insight and his personal experience and felt it added to their perspective. Lt.Col. Richard Brown, 422nd Civil Affairs Battalion Commander, presented Wazan with a unit coin and certificate of appreciation. (Courtesy Photo)

News You Can Use:

PHARMACIES

A&P
Albertsons
Allina Health System
American Associated Druggist/United
American Pharmacy Networks Solutions
American Associated Druggists
American Drug Store
Aurora Pharmacy
Bergen Brunswig Corporation Pluscar
BI-LO
Bi-Mart Corporation
Brooks/Maxi Drug
Brookshire Grocery
Busch's
C&K Express
Cardinal Health
Carr-Gottstein Foods Company
Costco Wholesale
Curators of the University of Missouri
CVS Corporation
CVS Procure Pharmacy
Discount Drug Mart
Doc's Drugs
Eckerd
Epic Pharmacy Network
Family Care Network
Familycare Plus
Farm Fresh
Fred's

Giant Food Stores
Giant of Maryland
Haggen
Hannaford Brothers
Harris Teeter
Hy-Vee Food Stores
Kerr Drug
Klingensmith's Drug Store
Kmart
Kroger Central
Kroger East
Kroger West
KS Management Services
K-VA-T Food Stores
Longs Drug Store
Majorvalue Pharmacy Network
Marc Glassman
Med-Fast Pharmacy
Medicap Pharmacy
Medicine Shoppe
Meijer Pharmacy
Northeast Pharmacy Service
POC Management Group
PPOK/Rxselect Pharmacy Network
PPOK/Rxselect Pharmacy Network
Price Chopper Pharmacy
Professional Pharmacy Services
Publix Super Markets
Raley's

Ritzman Pharmacies
Safeway
Sav-Mor Franchising
Sedell
Shaws Supermarkets
Shopko Stores
Southern Family Markets
Stop & Shop Pharmacy
Strategic Health Alliance
Supervalu Pharmacies
Target
Third Party Station-CP
Thrifty White Stores
Truecare
University of Utah Pharmacies
Wakefern Food
Wayne Oakland Pharmacy
Weis Markets

Tricare Vaccination Information

Family Tricare is accepted for flu vaccinations at all of these locations.

**For more information see:
<http://www.tricare.mil/vaccine>**

Convenient Choices For You And Your Family

News You Can Use: Notes from JAG

TPU Access to Legal Assistance

The active component has access to "legal assistance" (that is, free legal counseling provided by attorneys on personal legal matters) in the Office of the Staff Judge Advocate (OSJA). Assistance with non-judicial and judicial punishment under the UCMJ and administrative separations (or any adverse action allowing a hearing before a board) is provided by Trial Defense Service (TDS) offices.

TPU Soldiers who are on active duty for 29 days or less are only eligible for assistance in Active Component SJA offices on a space and resources available basis. TPU Soldiers receive legal assistance from a "TPU judge advocates." If you are not AGR or on orders for more than 29 days and need legal assistance, send your request to be assigned an attorney to the USAR Legal Command via their website: <http://www.usar.army.mil/ourstory/commands/USARLC/Pages/Legal-Assistance.aspx>

Soldiers click on the link to complete their online request at the following website:

[http://www.usar.army.mil/resources/Media/Army20RC20Legal20Assistance20Services20Request20Form20\(June202014\).pdf](http://www.usar.army.mil/resources/Media/Army20RC20Legal20Assistance20Services20Request20Form20(June202014).pdf)

USAR Legal Command processes the request by assigning the task to subordinate Legal Operational Detachments (LODs) located near the requesting USAR Soldier. LODs are O6 JAG units. The LOD will in turn assign a particular USAR JA who will contact the Soldier. Normally, the assigned JA provides the assistance while in IDT status.

Although most legal assistance that TPU Soldiers receive from TPU judge advocates involves (1) estate planning (wills, powers of attorney), (2) matters negatively impacting readiness for deployment or (3) caused by a deployment (landlord-tenant disputes), assistance is also provided for nearly all adverse military administrative matters.