## Chaplain's Corner

It is early November as I write this and plans are underway for the "Over the Hump" Party in a couple of weeks. I suppose the passing of time is relative depending on our perspective and attitude, but I think for most of us the first half of the deployment has gone by quite fast

There is no doubt that getting "over the hump" is a big morale boost for the Regiment and I'm sure for all of you at home as well. Believe me when I say that I am not at all ungrateful, but at my age, my one problem with being "over the hump" is that it sounds too much like being "over the hill." Nonetheless, we all have cause to be very thankful to now be more than halfway toward home and family reunions.

Perhaps not so coincidentally, our "Over the Hump"
Party and the Thanksgiving holiday were only five days apart. A shipmate and I were just talking about how
Thanksgiving has become our favorite holiday. Christmas has become so commercialized, gift oriented, and hectic with last minute shopping that it can be more stressful than joyful. However, Thanksgiving has maintained its focus on family, counting our blessings, enjoying a good meal together with loved ones, and thanking God for all His goodness to us.

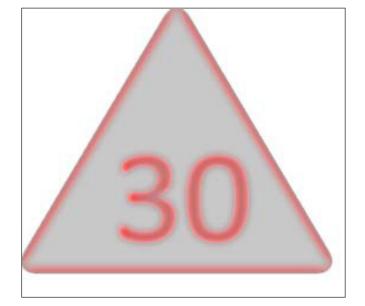
Psalm 92:1 says, "It is good to give thanks to the Lord," and Psalm 107:1 tells us why when it says, "O give thanks to the Lord for He is good." I trust that as you rejoice in being "over the hump" and enjoy the Thanksgiving holiday you remember to pause, bow your head in humble thanks, and pray, "It is good to give thanks to the Lord ... O give thanks to the Lord for He is good!"





## Note from the Ombudsman: Get and stay connected

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Happy Holidays

Welcome To The 30 NCR
Mackenzie Jane Bonifer Born on
October 7th 2011
8 lbs 11oz
Congratulation to Chief Bonifer and Family to
a new healthy baby.



## The Command Face Book page is up and running.

Type in 30th Naval Construction Regiment then click on the like icon and you are in and good to go.

Enjoy the photos and remember that it to help every one stay in touch during the deployment.