



My

# CFAY

Weekly

週刊

Volume 9, Issue 23

令和8年6月18日

June 18, 2026

## This Week at Fleet Activities Yokosuka



Photos by Ryo Isobe and Sheryl Sullivan, CFAY Public Affairs



**IN THIS ISSUE:**

**CFAY Conducts Water Line Repair**

**Local Youth Wins National Recognition in Boys & Girls Clubs Art Contest**

# AROUND CFAY



## CFAY Targets Mold Ahead of Kanto Plain Rainy Season

By MC2 Quinton A. Lee, CFAY Public Affairs

With Japan's rainy season approaching, Commander, Fleet Activities Yokosuka (CFAY) is mounting a coordinated response against one of the installation's most persistent threats to housing and readiness: mold.

Nearly \$20 million in housing infrastructure improvements are underway across the installation,

paired with guidance from medical and safety officials to give residents the tools to keep mold out of their homes before humidity peaks.

A \$15 million renovation of Unaccompanied Housing (UH) Building 1530 is currently in progress, and a \$4 million contract is replacing exterior doors and high-efficiency window seals in UH Buildings 1393, 1516, and 3333 to reduce moisture intrusion. Aging carpet in Building 3333 has been replaced with tile to eliminate trapped moisture and allergens – structural upgrades targeting the conditions that make Yokosuka housing particularly vulnerable when outdoor humidity regularly exceeds 90 percent.

"The upgrades mentioned and other improvements are geared to directly support family stability," said Bob Campbell, Housing Facilities Director for FLEACT. "When homes stay dry, efficient, and reliable, families deal with fewer disruptions – and that steadiness helps our Sailors stay focused on the mission."

"Any mold presence must be addressed to ensure maximum personnel readiness," said Lt. Richard Okpani, Industrial Hygiene Department Head, U.S. Naval Hospital Yokosuka. "Because individual sensitivities vary and there is no universal airborne concentration standard, waiting to see if symptoms develop is not an acceptable approach."

Okpani noted that mold exposure can cause nasal congestion, coughing, wheezing, and fatigue – symptoms that disrupt sleep, limit physical training, and reduce effectiveness on watch. Those with asthma, respiratory conditions, or weakened immune systems face the greatest risk.

Installation officials identified condensation – not leaks – as the leading cause of mold in base housing. Running the air conditioner on low while windows or

### MOLD

For more than a decade, mold has been in the news. People are talking about the effect on population health and damage to the building. But what are the risks and issues? A number of agencies have guidelines that include protective measures for mold remediation and cleaning.

#### WHAT IS MOLD?

Mold is a common term for fungi that are found virtually everywhere in nature, including in soil and on plants, food, and wet materials.

#### HOW DO I KNOW IF I HAVE A MOLD PROBLEM?

If you notice water stains, discoloration on walls, floors or ceilings, building, concrete or parking paint or wallpaper, then you may be dealing with mold.

If you do not see any of these signs, but smell a musty odor, mold may be growing underneath or behind water-damaged materials, such as walls, ceiling, or wallpaper.

#### WHERE IS MOLD FOUND?

Mold is found everywhere in all environments all around the world. In indoor environments, mold is most often associated with damp, musty locations such as bathrooms, basements, and attics.

#### WHO DOES MOLD AFFECT?

Some people can be affected by outdoor mold spore exposure. People who may be affected more severely and frequently than others include:

- Individuals with preexisting conditions, allergies or asthma.
- The elderly and young children.
- People with weakened immune systems.

#### WHAT ARE SOME OF THE HEALTH PROBLEMS CAUSED BY MOLD?

Exposure to molds can lead to symptoms such as sneezing, runny nose, red eyes, and skin rash. People with serious mold allergies may have more severe reactions, including shortness of breath.

#### HOW CAN YOU CLEAN UP MOLD?

If the growth is less than 10 square feet, you can take these steps to help eliminate the mold:

1. identify and correct the source of moisture
2. clean and discard the affected area
3. ensure the area is thoroughly dried

If the area of mold growth is greater than 10 square feet, you should consider hiring an industrial hygienist and/or mold remediation.

For expert advice on mold contamination, it is recommended that you contact AIHA or an AIHA listed consultant.

#### HOW TO KEEP MOLD AWAY

The key to preventing and stopping indoor mold growth is to control excessive moisture and condensation. Keep susceptible areas in the home clean and dry, clean and repair gutters regularly, make sure the ground slopes down and away from the home's foundation, use a dehumidifier in basements and other areas that are chronically damp, and keep air conditioner drip pans and drain lines clean.

For more information, visit our Mold Resource Center at [bit.ly/AIHAMoldResources](http://bit.ly/AIHAMoldResources)

doors remain open creates a temperature differential that produces moisture near the A/C units, often without residents realizing it. Warm, humid outdoor air contacting cooler interior surfaces, including the backs of furniture pushed against concrete exterior walls, condenses into water that readily colonizes mold.

"Identifying and fixing the moisture source is essential for prevention," said Miki Komesu, CFAY Indoor Environmental Quality program manager. "Replacing damaged materials without identifying the root cause allows the mold to return."

Residents are advised to keep indoor humidity below 60 percent using dehumidifiers and exhaust fans, and to monitor moisture levels with a hygrometer – an inexpensive device Komesu identified as the most underused tool recommended to base families. Furniture, mattresses, and storage containers should be kept at least two inches from exterior concrete walls to prevent stagnant air pockets where mold damage to uniforms, leather goods, and wooden furniture is most common. Portable dehumidifiers can extract up to 18 liters of water daily and should be emptied regularly to prevent automatic shut-off.


Portable dehumidifiers can extract up to 18 liters

of water daily and must be emptied regularly to prevent automatic shut-off. Residents can request a portable dehumidifier through the Housing Service Center's Self Help office, conveniently located next to Ume Heights.



Mold on hard surfaces covering fewer than 10 square feet can be self-remediated using one cup of household bleach per gallon of water. Residents should wear an N95 respirator, protective gloves, and eye protection during cleanup. Growth exceeding 10 square feet, appearing on porous surfaces, or recurring after cleaning requires a work order through the Building Information and Emergency Management representative or the PWD Work Request Desk.

For comprehensive guidance on Indoor Environmental Quality and mold prevention, residents can access resources through the Navy and Marine Corps Force Health Protection Command (NMCFHPC) via the Navy Medicine website at [www.med.navy.mil](http://www.med.navy.mil). For immediate local assistance, including work orders for mold exceeding 10 square feet, residents should contact the CFAY Housing Service Center or submit a ticket to the Public Works Department (PWD) Yokosuka Trouble Desk.

## Did You Know: Traffic Safety Trivia

<b>A.</b> <i>Left turn only</i>	1. 
<b>B.</b> <i>One way street</i>	2. 
<b>C.</b> <i>Left turn designated lane</i>	3. 
<b>D.</b> <i>Left turn ahead</i>	4. 

Answers: A-2, B-4, C-1, D-3



# Local Youth Wins National Recognition in Boys & Girls Club Art Contest

Story and photo by AN Lara Llabres,  
CFAY Public Affairs

**A** local Yokosuka youth has earned national recognition for her artwork depicting the strength of family, heritage, and community.

Riley M. won recognition in the Boys & Girls Clubs of America's 2025-26 National Arts Contest. This year's contest, themed "The Power of Us," drew submissions from military youth worldwide.

Riley's winning piece, titled "Koi," uses traditional Japanese Shodou (calligraphy) to reflect on how her family, friends, and the Yokosuka community have positively impacted her growth. "When thinking about [the theme], I thought about my family and friends, because they've always been there for me, and they're always supporting me," Riley said. "It's thanks to them that I always have the motivation and the power to try new things and keep going and not giving up."

To represent that support, Riley painted the Japanese kanji for love.

"With this kanji, which is love, I thought, since they're always here for me and I really love them, I would do this," Riley said. "And I hope that's shown from it." Riley, of Japanese descent, chose to work with traditional charcoal ink and washi paper rather than Western art mediums. She began practicing calligraphy during elementary and junior high school.

"It was something that I really enjoyed, because it was calming," Riley said. "It's like an experience that a lot of people don't get to experience unless you go to a Japanese school or take specific lessons to do it."

The physical process of creating the piece brought back fond memories of taking weekly calligraphy lessons with her sister during her fifth and sixth grade years. "Walking there from school or from

home with my sister and talking and enjoying it, was really fun," Riley said. "Since I don't really hang out with my siblings that much, because I'm always doing my own stuff, or she's doing her own stuff, I really treasure the moments I have with her."

Looking to the future, Riley plans to keep art as a central part of her life. Her next goal is to return to painting, a passion she shared with her mother when they lived in Guam.

"Back when I used to live in Guam, me and my mom would go outside into our yard and paint things like the sky or trees, and I really enjoyed that," Riley said. "I do see a big role in it in my future, because it's something that I really enjoy doing and have enjoyed doing since I was young."

Whether capturing the sky of her childhood memories or the traditional ink brushstrokes of Japanese calligraphy, Riley's artistic journey remains rooted in the connections that shape her. With "Koi" now recognized on a national stage, she has shown the Yokosuka community and the world just how powerful those connections can be.



*Riley M. Holds her award-winning artwork, "Koi" at the commander, Fleet Activities Yokosuka Teen Center June 9. Her piece, created with traditional Japanese calligraphy, earned national recognition in the Boys & Girls Clubs of America's 2025-26 National Arts Contest, which was themed "The Power of Us."*

# CELEBRATE AMERICA'S 250<sup>TH</sup> *Anniversary*

**July 4 • Berkey Field • 3 - 8 p.m.**  
**Fireworks at 7:30 p.m.**



**Live Entertainment • Carnival Games • Family Games & Activities  
Food & Beverages for Purchase\* • Fireworks • Nerf Battle**

\*Please bring both credit card and cash (USD/Yen) for purchases. Payment may vary by vendor, and some vendors may accept cash only while others may accept card payments.

**Nerf Battle:**

3 - 4:30 p.m. (Ages 5 - 8) | 5:30 - 7 p.m. (Ages 9 - 12)  
Sign-ups can be made at the event.

**Free Carnival Games (water slides & water games):**

Patrons are encouraged to bring swimsuits. Changing rooms will be available. Free Admission.

**Home-Based Business Vendor Market:**

Are you a home-based business and interested in being a vendor? Email us at

**[MWR\\_Yokosuka\\_Special\\_Events@us.navy.mil](mailto:MWR_Yokosuka_Special_Events@us.navy.mil)**  
for more information. Scan the CFAY Legal QR code for required documents.

**Participation fee: \$100.** Limited space available.



CFAY Legal

**Rain Date:  
Sunday, July 5**  
Fireworks only  
at 7:30 p.m.



For more information, please visit our website at [navymwryokosuka.com](http://navymwryokosuka.com) or call 046-896-5060.

The Department of the Navy does not endorse any company, sponsor or their products or services.

# BEYOND THE GATE



## Yokosuka Morning Market June 20 (Saturday) - 22 (Sunday)

9 a.m. to 12 p.m. | Ichigo Yokosuka Port Market (10-minute walk/3-minute drive from Yokosuka Base Womble Gate)  
Find a wide variety of local products like freshly picked vegetables, seafood, and a quality selection of meat.



## Summer Purification Ceremony

June 30 (Tuesday)

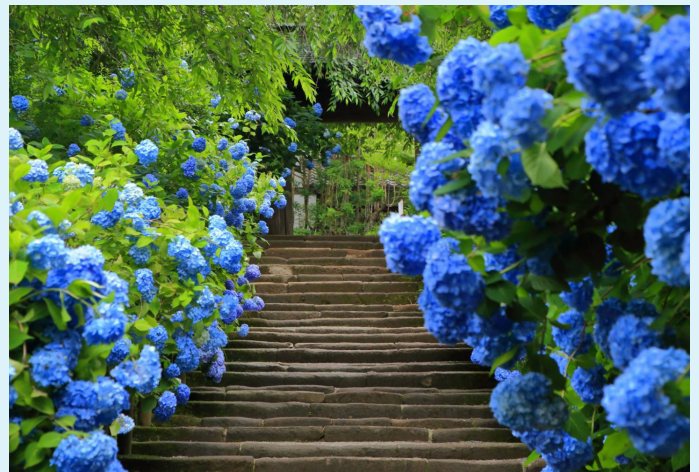
Two ceremonies will take place at 4 p.m. and 6 p.m. | Yokosuka Otsu Suwa Shrine (5-minute walk from Keikyu Shin-Otsu Station, KK-65)  
Enjoy an invigorating summer purification ceremony at the community shrine. Pass through a large ring of Japanese grass, and receive purification from disaster or calamities.



## Citta's Festival

June 19 (Friday) - 21 (Sunday)

11 a.m. to 9 p.m. (Until 8 p.m. on June 21) | La Cittadella (7-minute walk from Keikyu Kawasaki Station, KK-20/5-minute walk from JR Kawasaki Station, JT-04, JK-16)  
This year, the festival will be held alongside the traditional Sanno Festival of Inage Shrine, blending urban culture with tradition. Set in a European-style streetscape, it will feature mikoshi processions, traditional ceremonies, street food, interactive activities, and a popular night market with over 100 food and game stalls, enjoyed from day to night.



## Hydrangea Temple Gardens in Kamakura

**Hasedera** | 8 a.m. to 5:30 p.m. (3-minute walk from Enoden Hase Station, EN-12).  
**Meigetsuin** | 9 a.m. to 4:30 p.m. (10-minute walk from JR Kita-Kamakura Station, JO-08).  
**Tokeiji** | 9 a.m. to 4 p.m. (3-minute walk from JR Kita-Kamakura Station, JO-08).  
**Jojuin** | 8 a.m. to 5 p.m. (5-minute walk from Enoden Gokurakuji Station, EN-11).

# NEWS AND NOTICES

## STUDENT SPORTS PHYSICALS

DoWEA student-athletes, get ready for the upcoming sports season! U.S. Naval Hospital (USNH) Yokosuka will host a Sports Physical Day on July 22 to help students complete the physicals required for participation in DoWEA-sponsored athletics.

- July 22, from 2:30 to 4:30 p.m.
  - USNH Yokosuka Pediatric Clinic
- Appointments are open to TRICARE beneficiaries and Space-Available patients. Before your appointment:
- Complete all required sports physical paperwork.
  - Unaccompanied minors age 14 and older must have parental consent on file to be seen without a parent or guardian present.
- To schedule an appointment, call 243-5352. Don't wait until the last minute, secure your appointment early and make sure you're ready for the first day of practice

## NAVY EXCHANGE SERVICE CLOSURES

Food bar and car wash will be closed from June 17 to 21 due to water line repair.

## POOLS CLOSURE

Purdy and Green Beach Pools will be closed until June 23.

## PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- July 7 from 11:45 a.m. to 12:45 p.m. in the Naval Hospital's Command Auditorium, 3<sup>rd</sup> floor.

If there is a specialty or any medical personnel you are hoping to meet, please let us know so we can try our best to ensure attendance. You can also send in questions beforehand to our distro email: [dha.yokosuka.yokosuka-nh.list.pfpc@health.mil](mailto:dha.yokosuka.yokosuka-nh.list.pfpc@health.mil)

## CONSTRUCTION AND CLOSURES

**Yokosuka:** Carney Gate will be reduced to one inbound and two outbound vehicle lanes during following maintenance periods:

- June 18, until 6 p.m.
  - Two partial road and one parking lot closure between Main Street Food Court and the NEX Home Gallery is scheduled Saturday, June 6 continuing through the fall of 2026 for construction of the new bowling center and food court.
  - Howard Street partial road closure from 9 a.m. to 3 p.m. until June 30.
  - Clement Street partial road closure from 7 p.m. to 4 a.m., until July 3.
  - High traffic lane modification from 5 to 8:30 a.m. Outbound traffic merges into one lane in front of the CPO Club. Inbound traffic will shift to the two middle lanes creating a two lane inbound pattern in front of Building 1997.
  - Partial Road Closures are required for cleaning of CHT lines at various locations on base. Two-Way Traffic will be maintained through flagmen.
  - San Diego Street: Until June 19.
  - The parking lot in front of Afloat Training Group Western Pacific is secured through 2027 in support of the Navigation, Seamanship and Shiphandling Trainer construction.
- Ikego:** Imattumi Road partial closure for general excavation work until Dec. 30.

## American Red Cross Classes

### CPR Training, Basic Life Support, and Babysitting Basics

All classes are blended learning classes. Classes may be added based on community need and instructor availability. Enroll today!

#### CPR/AED/First Aid Course (\$18)

- Saturday, June 27, 9 a.m.-1 p.m.
- Tuesday, June 30, 9 a.m.-1 p.m.
- Monday, July 7, 9:30 a.m.-1 p.m.
- Saturday, July 18, 9 a.m.-1 p.m.

#### Basic Life Support (\$12)

- Thursday, July 9, 8 a.m.-6 p.m.

#### Babysitting Basics/Pediatric CPR (\$18)

- Thursday, July 9, 8 a.m.-6 p.m.

To register, email: [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org) with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

Email to sign up:  
[Yokosuka@redcross.org](mailto:Yokosuka@redcross.org)

 Commander Fleet Activities Yokosuka

 @CFAY\_Japan

 cfay-information@us.navy.mil

Receive My CFAY Weekly by email! Subscribe at [cfay-information@us.navy.mil](mailto:cfay-information@us.navy.mil), subject line: Subscribe