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CFAY

Weekly
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This Week at Fleet Activities Yokosuka



Photos by James Kimber and Airman Yolimar E. Lara, CFAY Public Affairs



**IN THIS
ISSUE:**

Inside the Emergency Operations
Center: Weathering the Storm

NOAC Yokosuka's 24/7 Typhoon
Watch/
Beyond the Gate

AROUND CFAY



Inside the Emergency Operations

Center: Weathering the Storm Together

By CFAY Public Affairs

Commander, Fleet Activities Yokosuka stands ready as the Tropical Cyclone Conditions of Readiness (TCCOR) season kicks into gear June 1. Within the installation's Emergency Operations Center (EOC), personnel do not wait for a storm to arrive before they begin preparing.

Throughout the year, the EOC actively trains and runs practice drills, building the shared experience and teamwork needed to respond quickly, work together smoothly and keep the community safe.

Pre-Storm: Purposeful Preparation

When forecasters confirm a storm is heading toward Yokosuka, the EOC shifts from routine operations into a deliberate, disciplined rhythm.

"Everyone has a well-rehearsed role, and the entire team focuses on one unified mission, protecting the community," said Emily L. Von Vasold, EOC manager.

The team executes three critical first actions:

1. Gather the right experts in the room
2. Bring in the latest forecasts from the Naval



CFAY Incident Management Team (IMT) members conduct an update brief during training exercise April 27, 2026.

Oceanography Anti-Submarine Warfare Center (NOAC) Yokosuka

3. Give the community maximum warning time
To advise the installation commander on changing TCCOR levels, the EOC relies on hard facts rather than guesswork. It pairs the forecasts NOAC provides with the time the base needs to secure itself. "We take NOAC's weather picture and weigh it against the physical time required to protect people, ships and equipment," Von Vasold added. "The commander makes the final call on the TCCOR level, and the EOC pushes it out across the installation."

During the Storm: The Brain of the Installation

As destructive winds arrive and the base locks down, the work inside the EOC changes character. The preparation gives way to focused, deliberate monitoring – the calm at the center of the storm. "Inside the operations center, we keep the noise to a deliberate minimum, so the information that matters reaches the whole team and gets acted on without anyone talking over each other," Von Vasold explained. "We shift from preparing the base to tracking exactly what the storm is doing."

While the community shelters safely, the EOC acts as the installation's brain. Personnel track vital systems in real time, from power and water to roads and facilities. This ensures leadership has a complete picture of base safety and knows exactly what teams must fix first when the winds subside.

"Managing a crisis from inside the EOC requires staying calm amid chaos," said Von Vasold. "We take in a flood of information – like weather updates and power alerts – and use our training to turn a powerful storm into a series of organized, solvable problems."

Post-Storm Recovery

Immediately after the storm passes, the installation enters the TCCOR Recovery phase. During this critical

window, the community must remain sheltered while response teams go to work. The weather might look perfectly fine from a living room window, but appearances can be deceiving.

Before leadership issues the "All Clear," CFAY Public Works and Security crews sweep the entire base for hazards, with the EOC tracking their progress. Staying inside keeps residents safe and out of the way while those crews clear roads and address hidden hazards such as downed power lines, fallen trees and flooding. "When we finally issue the 'All Clear,' our goal is for the community to step outside without a single worry regarding their safety," Von Vasold said.

A Community Partnership

The EOC coordinates the installation's response and tracks every hazard-clearing effort, giving the commander the information needed to call the "All Clear." In return, personal preparation plays a crucial role in that success.

"When residents follow safety instructions and maintain emergency kits, our emergency teams can focus entirely on fixing major damage and returning the base to normal operations," Von Vasold explained.

Follow these steps to maximize your emergency preparedness:



Preparedness Guideline	Recommendation Details
Shelter Duration	Plan to shelter-in-place for a minimum of 72 hours during and after the storm.
Emergency Supplies	Maintain a 7-day supply of emergency items (highly recommended for OCONUS living). See Emergency Preparedness Kit checklist below.
Be In-The-Know	Understand what each TCCOR level means and stay informed by registering for the CFAY Emergency Management AtHoc Notification System. This system reaches all registered personnel through text message, email, and the AtHoc app, providing updates on storm conditions, gate closures, and other pertinent information.

"Seeing that year-round planning successfully protects our service members, civilians and families is the most

rewarding part of the EOC mission," Von Vasold said. "By combining the EOC's vigilant monitoring with the community's personal preparedness, we ensure our installation stands ready to weather any storm together."

Build Your Emergency Preparedness Kit

Category	Items	Purpose
Water and Food	A minimum of 7-day supply of both water (one gallon per person per day), non-perishable food and a manual can opener.	To stay nourished and hydrated. Ready-to-eat canned meats, fruits, and vegetables are excellent choices. While a 72-hour kit is a common standard, a 7-day kit is recommended for OCONUS locations.
Light and Communication	Battery-powered or hand-crank radio, flashlights, and plenty of extra batteries.	To stay informed with weather updates and provide safe lighting during a power outage.
First Aid	A complete first-aid kit, a 7-day supply of any prescription medications, and over-the-counter drugs like pain relievers.	To handle minor injuries and manage health needs at home.
Sanitation	Moist towelettes, garbage bags with plastic ties, toilet paper, and hand sanitizer	To maintain personal hygiene and keep your living space clean and healthy.
Important Documents	Copies of insurance policies, identification, and bank records stored in a waterproof container.	To ensure you have access to critical information needed for post-storm recovery.
Tools and Safety	Wrench or pliers, dust masks, duct tape, and a fire extinguisher.	To help you manage your immediate surroundings and stay safe.

CFAY EMERGENCY NOTIFICATIONS

**Emergency Information,
Gate Closures, Exercise
Announcements on your phone**

go.mil/cfay-athoc

Eye on the Storm: NOAC Yokosuka's 24/7 Typhoon Watch

By CFAY Public Affairs

As another typhoon season approaches, a specialized team of Navy forecasters is already locked in a high-stakes battle against the Pacific's most unpredictable storms.

At the forefront of this effort is the Naval Oceanography Anti-Submarine Warfare Center (NOAC) Yokosuka, which stands ready to provide the critical weather intelligence required during the Tropical Cyclone Conditions of Readiness (TCCOR) season. Operating around the clock, the command fulfills a dual mission: keeping Navy ships safe at sea and protecting military communities ashore.

NOAC provides weather forecasting for installations throughout the Indo-Pacific. "Because the 7th Fleet

region is so vast, NOAC's watch floor monitors the oceans 24 hours a day, 365 days a year," said Ensign Ethan J. Tomczyk, unit public affairs representative for NOAC Yokosuka. "On average, a typhoon forms somewhere in the region every three weeks. When a storm sets its sights on Japan, NOAC kicks into high gear to protect the base."

During the Northern Hemisphere typhoon season, an average of 14 individual typhoons occur which directly impact U.S. military installations in the Indo-Pacific. "Our watch team is supplemented with an additional team of forecasters whenever a typhoon is forecast to impact Japan," Tomczyk said. "Their task is to monitor the storm's development and compile important information for base and regional commanders to make decisions regarding implementation of safety measures."

Tracking a large storm is a complex process. Forecasters use satellite data to study ocean temperatures and atmospheric conditions, feeding that information into advanced computer programs. By comparing multiple computer models, they can confidently predict a storm's most likely path.

This vital work is a collaborative endeavor, drawing on a network of regional and national partners. "Whenever a storm system develops which has the potential to evolve into a typhoon, NOAC and Joint Typhoon Warning Center (JTWC) in Hawaii work together to develop forecasts and pass crucial information to decision makers," said Petty Officer 2nd Class Wilson, an aerographer's mate at NOAC Yokosuka.

When a storm officially tracks toward Japan, these weather experts meet every six hours to update the forecast. For the Yokosuka community, NOAC's most important job is figuring out exactly when dangerous weather will arrive and when it will leave.

"The key piece of information for the public



Airman Sara Clark of Naval Oceanography Anti-Submarine Warfare Center (NOAC) Yokosuka demonstrates the Kestrel May 27, 2026. The Kestrel is a rugged, handheld weather meter and environmental data logger designed to measure and track specific atmospheric conditions including wind speed and direction, temperature, pressure, and altitude, among other data points. The NOAC Yokosuka team tracks the weather to protect Fleet Activities Yokosuka Sailors, military families, and the places they live and work while serving as a critical resource for asset protection and risk management for Commander, U.S. Naval Forces Japan/Region Japan (CNFJ/RJ) ashore forces and U.S. 7th Fleet afloat personnel and ships. (Photo by James Kimber, CFAY Public Affairs)

is the onset and offset of destructive winds,” Wilson said. “These are defined as winds at speeds greater than 50 knots, which are preceded by damaging winds of 34-49 knots. Because TCCOR indicate how much time remains until a typhoon impacts a location, we analyze the time damaging and destructive winds will reach that location and make TCCOR recommendations accordingly.”

These TCCOR levels are the direct signals base residents use to prepare. They range from TCCOR V (destructive winds possible within 96 hours) down to TCCOR I (destructive winds expected within 12 hours or actively occurring). Whenever the base moves to a new TCCOR level, it is a direct result of the continuous tracking and data provided by NOAC.

While NOAC works tirelessly behind the scenes to track the storm, they emphasize that true readiness starts at home. “The utility of a well-developed and understood family emergency plan cannot be understated,” Tomczyk said. “Preparing now with sufficient emergency supplies will eliminate the need to leave a safe location as a typhoon approaches Yokosuka, or any installation in 7th Fleet.”

NOAC weather experts serve as Yokosuka’s first line of defense, transforming storm predictions into the life-saving alerts that protect the entire community. By pairing NOAC’s round-the-clock vigilance with proactive household preparation, the CFAY community remains ready to safely weather whatever this typhoon season may bring.



(Front row from left to right) AG2 Celestial Wilson, Airman Sara Clark, (second row from left to right) AG1 Batuhan Vural, AR Corey Ogle, and AN Andie Miller all of Naval Oceanography Anti-Submarine Warfare Center (NOAC) Yokosuka pose on top of the command's local headquarters with Tokyo Bay in the background May 27. (Photo by James Kimber, CFAY Public Affairs)

<p>TCCOR 5</p> <p>STORM WATCH</p> <p>Storm close enough to require additional monitoring</p> <p>FOLLOW CHAIN OF COMMAND INSTRUCTION</p>	<p>TCCOR 5</p> <p>PREPARE</p> <p>Destructive winds possible within 96 hours</p> <p>REVIEW EMERGENCY PLAN & BUILD "GO BAG"</p>	<p>TCCOR 4</p> <p>STOCK UP</p> <p>Destructive winds possible within 72 hours</p> <p>STOCK UP ON FOOD, WATER, & MEDICINE</p>	<p>TCCOR 3</p> <p>CHECK</p> <p>Destructive winds possible within 48 hours</p> <p>FILL UP GAS. CHARGE BATTERIES. CHECK GO BAGS</p>	<p>TCCOR 2</p> <p>SECURE</p> <p>Destructive winds possible within 24 hours</p> <p>SECURE OUTDOOR FURNITURE. SECURE ALL WINDOWS</p>
<p>TCCOR 1</p> <p>FINAL CHECK</p> <p>Destructive winds possible within 12 hours</p> <p>GO BAGS IN REACH. PETS INSIDE & STAY INDOORS</p>	<p>TCCOR 1</p> <p>EMERGENCY</p> <p>Destructive winds are occurring. Stay indoors except for:</p> <p>EMERGENCY & MISSION ESSENTIAL PERSONNEL ONLY</p>	<p>TCCOR 1</p> <p>RECOVERY</p> <p>No destructive winds, but hazards present. Stay indoors except for:</p> <p>EMERGENCY & MISSION ESSENTIAL PERSONNEL ONLY</p>	<p>TCCOR</p> <p>ALL CLEAR</p> <p>Storm has passed. No additional hazards in the forecast</p> <p>BEGIN CLEAN-UP & RESUME NORMAL ACTIVITIES</p>	

TCCOR

TROPICAL CYCLONE CONDITIONS OF READINESS
 COMMANDER, FLEET ACTIVITIES YOKOSUKA
 CFAY
 FLEET • FAMILY • ALLIANCE

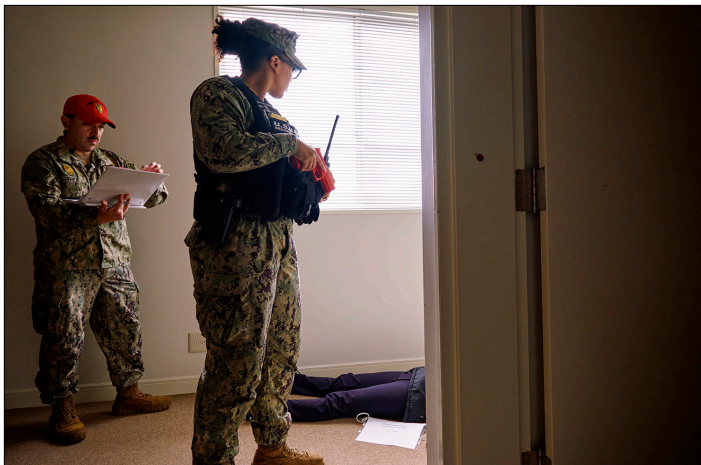
CFAY Completes a Command Assessment for Readiness and Training Exercise

By MC1 James R. Mitchell, CFAY Public Affairs

Commander, Fleet Activities Yokosuka (CFAY) completed a Command Assessment for Readiness and Training (CART) exercise May 21. CART is designed as a command-administered self-evaluation of standard operating procedures, pre-planned responses and post orders, as well as antiterrorism and physical security plans. The assessment helps ensure base security forces, fire departments and emergency teams are prepared to respond.

The certification cycle is administered by Commander, Navy Installations Command (CNIC) to test the emergency response capabilities of Navy bases and naval air stations and assess CFAY's ability to train its personnel in various force protection evolutions.

CART is the first phase of a three-year certification cycle and precedes the second phase, known as Regional Assessment (RASS). RASS is a mid-cycle assessment that validates CFAY's training teams and response capabilities. The final phase, the Final Evaluation Problem (FEP), is a scenario-driven evaluation of CFAY's combat and antiterrorism readiness.



Master-at-Arms Seaman Angelina Semodo inspects a bedroom during a simulated active shooter drill May 21, 2026 during Fleet Activities Yokosuka, Japan's Command Assessment of Readiness and Training (CART). CART is part of the Commander, Navy Installations Command (CNIC) Navy Security Force shore assessment and certification cycle. This cycle occurs over a three-year span and is broken into three phases: CART, the Regional Assessment (RASS), and the Final Evaluation Problem (FEP). (Photo by James Kimber, CFAY Public Affairs)

"CART is an opportunity where we show how to hold ourselves to the standard on a daily basis before anyone else does," said Lt. j.g. Byron Hunt, CFAY's assistant security officer. "We're consistently pressure-testing our own procedures to find the gaps now, in training, rather than during a real-world event."

The security department prepared for CART through force protection training and administrative readiness, including monthly drills and confirming all qualifications were current.

During the week, CFAY's security department responded to numerous simulated events across the installation, including a simulated improvised explosive device, an active shooter and terrorist threats. Additionally, the installation's emergency management team staffed the Emergency Operations Center (EOC) to serve as the command hub for the exercise.

"What impressed me most was how the watch teams adjusted when a scenario didn't unfold the way they expected," Hunt said. "Nobody hesitated. They communicated with each other, adapted and continued the response."

The CART exercise is an essential milestone in the certification cycle. With the assessment complete, CFAY will shift its focus to preparing for RASS.

"I never doubted how our response teams would perform, and they proved me right," Hunt said. "Everything we put in front of them this week, they handled the way they've trained for it – deliberately and without losing their composure."

"The part people don't see is the coordination – security, fire and emergency management all have to operate as one, with the EOC tying it together," Hunt said. "Sustaining that for a full week is no small task, and our people made it look routine."

The CART exercise highlights the dedication and professionalism of the security forces and emergency management teams. Their commitment to ensuring the safety and security of the installation and its personnel reflects their readiness to meet any challenge as CFAY moves on to the cycle's next phase, RASS.

Purdy Fitness Center Set for 24 Hour Operations June 1

By James Kimber, CFAY Public Affairs
By Sheryl Sullivan, CFAY Public Affairs

Japan-In a continued push to enhance Sailor readiness and community well-being, Commander, Fleet Activities Yokosuka's (CFAY) Purdy Fitness Center is scheduled to shift to 24-hour operations beginning Monday, June 1.

Facilities on the first floor remain available after the center's regular hours, though access is restricted to authorized personnel 18 years or older. Patrons 17 and under are not permitted in the facility outside of the fully staffed regular hours.

The expansion to around-the-clock access follows a similar transition at the James D. Kelley Fleet Recreation Center Gym in 2024 ensuring forward-deployed Sailors have flexible access to fitness facilities regardless of their operational schedules.

The modernization effort reflects a Navy-wide initiative to support the physical and mental health of all Sailors and their family members.

"These improvements are directly tied to how we boost morale and quality of life throughout the Yokosuka

community," said Momo Harris, CFAY Fleet and Family Readiness director. "Providing top-tier facilities that our Sailors and families can access on their own schedules is a major part of building a resilient and healthy force."

The local push at Yokosuka heavily aligns with the Commander, Navy Installations Command (CNIC) Global Quality of Life Initiative. Under this directive, CNIC has explicitly framed 24/7 unstaffed gym access not as a luxury, but as a "must-have" resource. The mandate states that if Sailors are required to maintain strict physical readiness for deployment, the Navy must provide the continuous, uninhibited resources for them to do so.

"Our Sailors and their families are forward-deployed thousands of miles from home, and they deserve world-class facilities that reflect the significance of their service," said Capt. Jonathan Hopkins, Commander, Fleet Activities Yokosuka. "This is a direct investment in the readiness and resilience of our force."

The fitness directive is just one pillar of a broader Department of the Navy focus. Other ongoing projects throughout the installation target quality-of-life improvements, including sweeping upgrades and critical funding injections into Unaccompanied Housing (UH) and enhanced galley nutrition standards to parallel the emphasis on physical fitness.



COMMANDER FLEET ACTIVITIES YOKOSUKA TOWN HALL

IKEGO

8:00 A.M. – JUNE 11

NIKKO TOWER COMMUNITY ROOM

YOKOSUKA

5:30 P.M. – JUNE 11

AOB/ICR Classroom – 4th Floor CRC

PURDY FITNESS CENTER, 1st FLOOR

NOW OPEN 24/7!

	Day	Staffed Hours (Full Services)	Unstaffed 24/7 Access Hours
Facility Hours & Services	Monday – Thursday	5:30 a.m. – 9 p.m.	9 p.m. – Friday 5:30 a.m.
	Friday	5:30 a.m. – 9 p.m.	9 p.m. – Saturday 8 a.m.
	Saturday	8 a.m. – 4 p.m.	4 p.m. – Sunday 8 a.m.
	Sunday	8 a.m. – 4 p.m.	4 p.m. – Monday 5:30 a.m.
	Federal Holidays		Open 24 Hours (Unstaffed)

Unstaffed Hours Rules:

- Patrons acknowledge that there will be no supervision or emergency assistance onsite during unstaffed hours and are expected to behave in accordance with fitness center rules and within the standards of conduct and discipline.

- Patrons acknowledge that there may not be anyone onsite to respond to an emergency. However, in case of any emergency, please consult the posted emergency action plans. An emergency phone is located on the 1F Reception Counter along with an AED.

- During unstaffed hours, it is recommended that you exercise with a partner.

- **Patrons under 18 are not permitted, except active duty members 17 and older.**

- Patrons will sign in upon entering using the iPad and sign-in sheet located near the reception desk.

- The only accessible rooms are the Exercise Room, Cardio Room, portions of the racquetball courts and 1F locker rooms. The Free-Weight Room, Martial Arts Room/Group X Room, Weightlifting Room (Last Racquetball court), Reception Counter, Gear Issue, 2F Locker Rooms, and Seahawk Natatorium will be closed during unstaffed hours.

- Patrons may not bring in guests during unstaffed hours.

- Please assist us in keeping trash and equipment picked up around and inside the facility. Be a good Samaritan and help keep this policy in place. If you see something that should not be taking place, please report it to security (DSN: 243-2300).

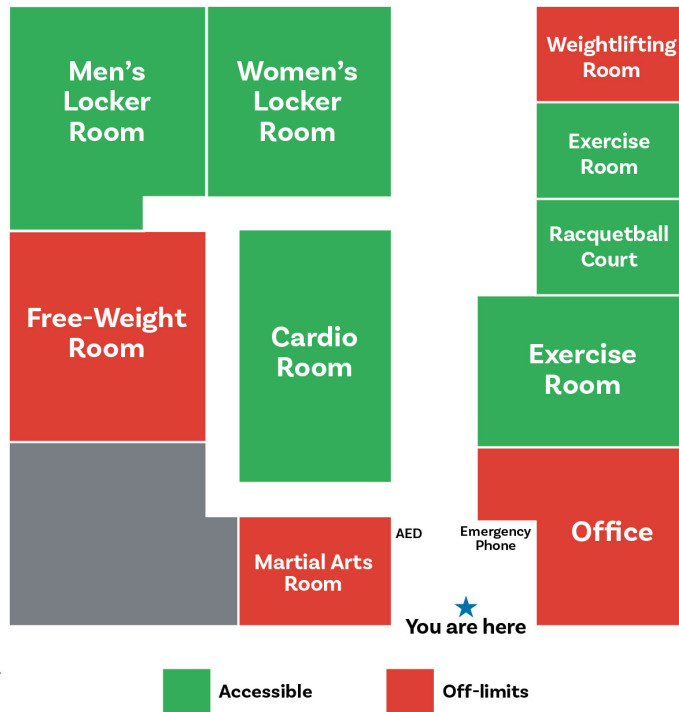
- All patrons must ensure the door closes fully and securely behind their entry and exit.

- All other Purdy Fitness Center rules remain in effect.

- Actions such as theft, defacement of or intentional damage to government property, sexual assault, inappropriate sexual behavior, and violation of rules will not be tolerated and are subject to UCMJ action where applicable, and to civil or administrative consequences up to loss of facility privileges.

- In accordance with CNICINST 1710.1, the following equipment is not acceptable in unstaffed facilities: free-weight plates, plate-loaded machines, Olympic racks, Smith machines, Olympic bars, dumbbells in excess of 100 lbs, and homemade equipment.

- Failure to comply will result in loss of facility privileges.



For more information, please contact us during office hours

046-816-5398



Did You Know: Traffic Safety Trivia

A. Sound a horn

1.



B. Track driving allowed

2.



C. Exclusive bus lane

3.



D. Motorized vehicle only

4.



Answers: A-3, B-1, C-4, D-2



American Red Cross Classes CPR Training, Basic Life Support, and Babysitting Basics

All classes are blended learning classes. Classes may be added based on community need and instructor availability. Enroll today!

CPR/AED/First Aid Course (\$18)

- Tuesday, June 2, 9 a.m.-1 p.m.
- Saturday, June 6, 9 a.m.-1 p.m.
- Saturday, June 27, 9 a.m.-1 p.m.
- Tuesday, June 30, 9 a.m.-1 p.m.

BLS: Basic Life Support (\$12)

- Thursday June 4, 8:30 a.m.-12:30 p.m.

Babysitting Basics/Pediatric CPR (\$18)

- Tuesday July 9, 8 a.m.-6 p.m.

To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course.

Headspace App

Mental Health and Wellness Support Resources are Waiting for You!

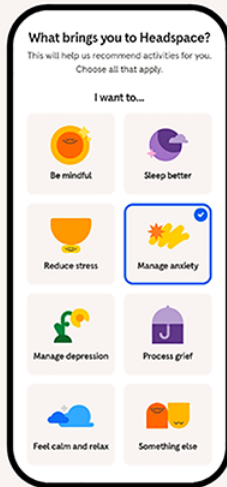
Support your mind. Strengthen your mission.

Life in the Navy can be tough—taking care of your mental health shouldn't be. With Headspace, you and your loved ones get access to meditation, sleep resources, and mental health coaching. These tools are completely confidential and available at no cost.

Start small with a quick breathing exercise to feel more focused and ready for the day ahead.



Scan the QR code now to enroll. Once enrolled, you will be prompted to download the Headspace app. Then simply login to start your Headspace journey!



*Users must sign up using the QR Code to be eligible for this free content. For more installation resources, see: <https://cnrj.cnjc.navy.mil/Installations/CFA-Yokosuka/>

Deployment can be one of the most challenging transitions for military families. This guide provides practical tools, expert-informed advice, and real-life stories to help sailors and their loved ones prepare emotionally and practically—supporting healthy communication with children, strengthening family connections, and helping spouses and caregivers navigate life at home.

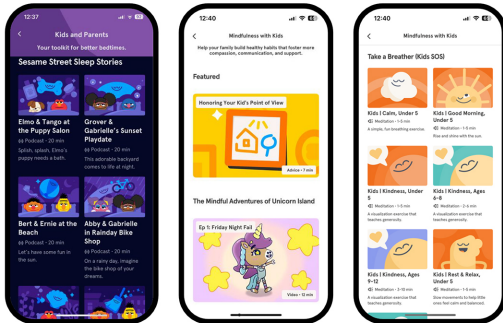
Headspace MH and Wellness App is available to all CFAY Navy Sailors and up to 5 of their loved ones for FREE!

Includes:
Real-time and Text Mental Health Coaching
Plus, Exercises and Activities aimed at:

- Stress Management
- Nutrition and Physical Fitness
- Parenting and Kids
- Sleep
- Focus
- Relaxation
- And much more!



Support for Kids



Headspace offers tools to help kids and teens build healthy minds and emotional resilience — at home or wherever military life takes them.

For children 12 and under - Mindful moments with Sesame Street, guided meditations, sleep stories, and fun exercises that you can share to help kids build focus, confidence, and emotional resilience

For adolescents 13+ - Support for teens including exercises on stress, self-esteem, and anxiety — plus access to specialized one-on-one mental health coaching with parental consent and visibility.

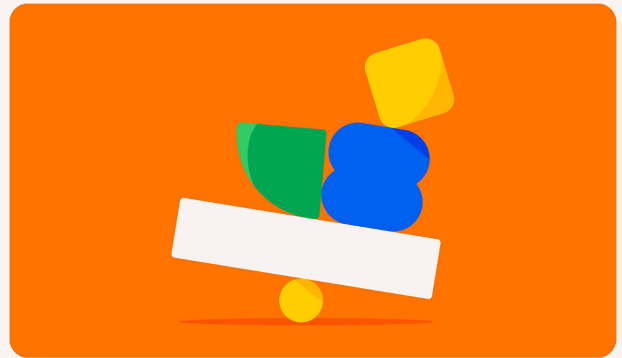
Because mental wellness matters at every age.



To get started scan the QR code or visit the URL below
work.headspace.com/usnavy/join

To invite loved ones 13+ to your family plan:

1. Active Duty Sailors should enroll in the Headspace benefit using the Navy's unique enrollment link by scanning the QR code.
2. Download the Headspace App when prompted and login using the account created in step 1.
3. Click on the member profile tab in the bottom right corner of the app navigation bar.
4. Scroll down and select "Send Invites"
5. Input email addresses for invitees and tap "Send Invite".



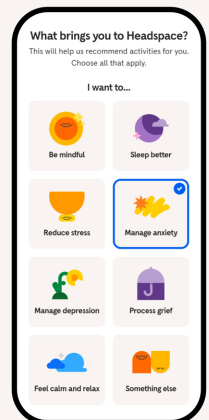
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Scan the QR code now to enroll. Once enrolled, you will be prompted to download the Headspace app. Then simply login to start your Headspace journey!





SY 26-27 RE-REGISTRATION

Re-Register online @
DoDEA Student Information System- Aspen

Required
Information:

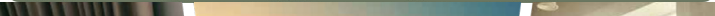
- Updated Orders
- Updated Lease or Housing Letter
- Updated Contact Information & Emergency Contacts
- Physical & Mailing Address Required



Activity / Sport	Open Registration Sign-up Period	Session Dates	Ages	Session Times	Cost
Golf Camp (Level 1 - Beginner)	May 4 - until filled	June 15 - June 18	9 - 15	10 - 11:30 a.m.	\$20
BFA Soccer Camp (Yoko & Ikego)	May 4 - until filled	July 15 - July 19	5 - 8	9 - 11 a.m.	\$60
BFA Soccer Camp (Yoko Only)	May 4 - until filled	June 15 - June 19	9 - 15	1 - 4 p.m.	\$60
Start Smart Camp (Yoko & Ikego)	May 4 - until filled	June 15 - June 18	3 - 5	5 - 6 p.m.	\$20
Golf Camp (Level 2 - Advanced)	May 4 - until filled	June 23 - June 26	9 - 15	10 - 11:30 a.m.	\$20
Start Smart Camp (Yoko & Ikego)	May 4 - until filled	June 23 - June 26	3 - 5	4 - 5 p.m.	\$20
Snag Golf	June 1 - until filled	July 6 - July 10	5 - 8	9 - 10:30 a.m. (Yoko) / 2 - 3:30 p.m. (Ikego)	\$25
Yokosuka Outdoor Camp	June 1 - until filled	July 6 - July 10	13 - 18	9 - 11 a.m.	\$25
Ikego Outdoor Camp	June 1 - until filled	July 6 - July 10	13 - 18	1 - 3 p.m.	\$25
Fitness Camp	June 1 - until filled	July 20 - July 24	9 - 15	9 - 10:30 a.m.	\$20
Global Pipeline Basketball Camp	June 29 - until filled	July 27 - July 31	5 - 8	9 - 11 a.m. (Yoko) / 2 - 4 p.m. (Ikego)	\$60
Global Pipeline Basketball Camp	June 29 - until filled	Aug 3 - Aug 7	9 - 15	9 a.m. - 12 noon	\$60
Cheerleading Camp (Yoko Only)	June 29 - until filled	Aug 3 - Aug 7	10 - 15	9 - 11 a.m.	\$25

Steps to Register for Youth Sports Activities and Programs:

- Complete a Navy Child & Youth Program Registration Packet: www.navy.mil/youthsports
- Complete a PAYS orientation training - Link to PAYS training: <https://www.navy.org/paysonline/>
- Email Forms and PAYS Certification to: CFAYOUTHSPORTS@us.navy.mil
- Login information to sign-up for our sports activities will be given through email once forms are reviewed and verified.
- Registration link: <https://myfmrnavy.mil/yokosuka.aspx.html> Forms can be picked up and/or dropped off at our Youth Sports Office from 10 a.m. - 5:30 p.m. For more information call 241-2952 or 046-806-2952



Questions? Contact the Ikego Elementary registrar at:
Yukiko.abe@dodea.edu

ADULT SPORTS

To register, please email MWR_Yokosuka_Adult_Sports@us.navy.mil
For details, please call Adult Sports office at 046-816-2052.

CAPTAIN'S CUP EVENTS

Players must play for their own command during Captain's Cup events.
Players from other commands must submit a waiver to the Adult Sports office.

- Captain's Cup Pickleball League**
Season • June 9 - August 8 • Fleet Recreation Center
Registration: May 1 - 31
Participants will compete in men's, women's and mixed doubles.
Games will be played on Mondays and Wednesdays.
- Captain's Cup 4 Person Co-Rec Bowling**
Season • June 10 - August 12 • Yokosuka Bowling Center
Registration: May 4 - June 5
Commands will compete against each other in this 4v4 co-rec bowling league. Games will be played on Wednesdays.

INTRAMURAL TOURNAMENTS

Each team must submit a roster and event waiver to the Adult Sports office prior to the start of the season.
The league is an open-division competition available to individuals over the age of 16 who are attached to CFAY or tenant commands.

- Intramural Summer Softball League**
Season • June 9 - August 15 • Main Softball Field
Registration: May 1 - 31
Games will be played on Mondays and Wednesdays.
- Intramural Summer Soccer League**
Season • June 9 - August 15 • Berkeley Field
Registration: May 1 - 31
Games will be played on Tuesdays and Thursdays.
- Intramural Summer Volleyball League**
Season • June 9 - August 15 • Fleet Recreation Center
Registration: May 1 - 31
Games will be played on Tuesdays and Thursdays.



UNLOCK YOUR POTENTIAL GET SCREENED AND START MOVING BETTER

FUNCTIONAL MOVEMENT SCREENING

Functional Movement Screening (FMS) helps the community move better, prevent injuries, and improve performance by identifying movement limitations and imbalances.

Schedule your **FREE** screening today
with an MWR Fitness Specialist.



For more information, please contact MWR Fitness Office.
046-896-4486



BEYOND THE GATE



Yokosuka Vehicle Festa May 30 (Saturday) - 31 (Sunday)

9:30 a.m. to 4 p.m. | Verny Park, JR Yokosuka Station, JMSDF Yokosuka Base, Coaska Bayside Stores
See, ride and experience all kinds of vehicles on display in Yokosuka. There will be a variety of automobiles, construction equipment, police car and motorcycle, fire engine, JR trains, Keikyu bus, JMSDF ship tours, traffic safety events and more! There will also be many booths selling souvenirs and food.



Iris Festival Until June 21 (Sunday)

9 a.m. to 7 p.m. | Yokosuka Shobuen Iris Garden (Direct bus from Keikyu Shioiri Station, KK-60, or #25 bus from JR Yokosuka station, JO-03)
Yokosuka Shobuen is one of Japan's renowned iris gardens. It boasts 140,000 irises of 412 varieties covering approximately 9 acres.



Hama Fes Y167 May 30 (Saturday) - 31 (Sunday)

Kannai, Yamashita-cho, Motomachi and surrounding area (JR Kannai Station, JK-10/Minatomirai Line Motomachi-Chukagai Station, MM-06/Minatomirai Line Nihon-Oodori Station, MM-06)

One of the great attractions of HamaFes is that you can enjoy both the excitement of the event and the charm of sightseeing in Yokohama at the same time. At the event, visitors can enjoy Yokohama gourmet food, live music, dance performances, and other entertainment. In addition, sightseeing transportation such as water buses and other marine transit options are popular attractions themselves, allowing visitors to enjoy both the event and exploring the city.

Yokohama Dragon Boat Race May 30 (Saturday) - 31 (Sunday)

Yamashita Park (18-minute walk from JR Kannai Station, JK-10/ 5-minute walk from Minatomirai Line Motomachi-Chukagai Station, MM-06)

Dragon boat racing is an ancient Chinese sport. In its modern incarnation, teams of rowers climb into a long, low boat adorned with a dragon's head and tail on the front and back. Each dragon-shaped boat consists of a crew of 15 to 20 members. The race will take place in front of Yamashita Park.

Poppy and Nemophila Festival

Until May 31 (Sunday)

10 a.m to 3 p.m. | Kurihama Flower Park (30-minute drive from Yokosuka main base/20-minute walk from JR Kurihama, JO-01 or Keikyu Kurihama Station, KK-67)
This luxurious park utilizes the natural terrain and features seasonal flowers throughout the year. The park also offers playgrounds for children. Free poppy picking will be held on May 30 and 31.

NEWS AND NOTICES

POST OFFICE SERVICE NOTICE

The Yokosuka and Ikego Post Offices will be closed Friday, June 5 for a team building event. Building G-59 and Ikego Parcel Mail Lockers will remain available 24/7 for pickup. All services will resume on Saturday, June 6.

CFAY PROACTIVELY MODERNIZING WATER SYSTEM

Commander Fleet Activities Yokosuka (CFAY) has issued notices regarding the ongoing modernization of the drinking water infrastructure. While the tap water on base remains safe to drink and continues to meet all U.S. Environmental Protection Agency (USEPA) standards, some older water service lines have been identified for replacement.

Two types of service lines are being addressed:

- Confirmed galvanized lines: These are made of galvanized material that may have absorbed lead over time.
- Unknown material lines: The material of these lines is unconfirmed but may potentially be lead or galvanized pipe.

Notices have been sent to specific buildings where these lines are located. Although there is no evidence of lead service lines or lead levels exceeding the action level in the drinking water, these replacements are a proactive measure to ensure continued safety and compliance. For more information, including the specific list of affected buildings, please refer to the official notices at:

cnrj.cnic.navy.mil.

VRO ROAD TAX EXTENDED HOURS SUPPORT

Vehicle Registration Office (VRO) is offering extended hours on May 30 from 8 a.m. to 12 p.m. to process the remaining personnel requiring road tax decals.

- Extended hours for decal issuance only.
 - If necessary, line cut off time is 11:30 a.m.
 - Personnel must pay road tax at Yokosuka City Hall and bring all required documents to VRO.
 - Personnel owning multiple vehicles must satisfy requirements for all vehicles prior to receiving decals.
 - Vehicle entry denials (turnarounds) will commence promptly on June 1.
- For more information call VRO at 243-5011/9143.

PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- June 2 from 4 to 5 p.m. in the Community Resource Center, 1st floor, Library
- July 7 from 11:45 a.m. to 12:45 p.m. in the Naval Hospital's Command Auditorium, 3rd floor.

If there is a specialty or any medical personnel you are hoping to meet, please let us know so we can try our best to ensure attendance. You can also send in questions beforehand to our distro email:

dha.yokosuka.yokosuka-nh.list.pfpc@health.mil

CONSTRUCTION AND CLOSURES

Yokosuka: Vehicle gate traffic modification.

- Howard Street partial road closure from 9 a.m. to 3 p.m. for the following days. May 23 - 29 and June 5 - 30.
 - Clement Street partial road closure from 7 p.m. to 4 a.m., June 1 to July 3.
 - High traffic lane modification from 5 to 8:30 a.m. Outbound traffic merges into one lane in front of the CPO Club. Inbound traffic will shift to the two middle lanes creating a two lane inbound pattern in front of Bldg. 1997.
 - Duncan Street partial road closure until May 29.
 - Partial road closure on Howard Street until May 31 on weekends.
 - Partial Road Closures are required for cleaning of CHT lines at various locations on base. Two-Way Traffic will be maintained through flagmen. Partial closures will occur in one area at a time.
 - Turner Street: Until May 20.
 - Sampson Avenue: Until May 29.
 - San Diego Street: Until June 19.
 - Base taxi parking area near King Street: Until June 1.
 - Perry Avenue and Macdonough Avenue: Until June 10.
 - The parking lot in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction.
- Ikego:** Imattumi Road partial closure for general excavation work until Dec. 30.

 Commander Fleet Activities Yokosuka

 @CFAY_Japan

 cfay-information@us.navy.mil

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