

MannyShow Athletic Development Press Release

MannyShow Athletic Development, a fitness and wellness program featuring professional football players Manny Arceneaux and Derrick Jerome Martin, is returning to tour with Armed Forces Entertainment (AFE). The one-day-only special event will take place on March 31, 2026, in Japan.

Arceneaux's journey in the world of football is nothing short of extraordinary. Born and raised in Alexandria, Louisiana, his love for the game propelled him to pursue a bachelor of arts degree in psychology from Alcorn State University in Lorman, Mississippi, setting the stage for a remarkable career ahead.

His impact in the Canadian Football League as a standout player for the British Columbia Lions was undeniable, earning him recognition and respect across the league. This success caught the eye of the National Football League, leading Arceneaux to sign with the Minnesota Vikings in 2011, where he continued to showcase his exceptional skills on a new platform.

Beyond his on-field accomplishments, Arceneaux is deeply committed to giving back to his community. Through mentoring youth in North Texas, Greater Vancouver in Canada and Alexandria Public Schools in Virginia, he inspires and uplifts the next generation, leaving a lasting positive influence wherever he goes. His certification as a speed and agility coach with the National Sports Performance Association and his Level 1 Certification in USA Weightlifting further exemplify his dedication to excellence and highlight his commitment to personal growth and helping others reach their full potential.

Born on May 16, 1985, Martin is a former American football safety. After playing for Thomas Jefferson High School in Denver, Colorado, he played college football at the University of Wyoming. He was selected by the Baltimore Ravens in the sixth round of the 2006 NFL draft.

In addition to his career with the Ravens, he played for the Green Bay Packers, New York Giants, New England Patriots and Chicago Bears. With the Packers, he won Super Bowl XLV over the Pittsburgh Steelers, and the following year, with the Giants, he won Super Bowl XLVI over the Patriots.

AFE delivers world-class entertainment to U.S. troops and their families overseas, strengthening their resilience, boosting morale and contributing to readiness. These engaging experiences connect servicemembers to home, foster a sense of belonging, ease the challenges of deployment and support mental health. For more information about this event, visit armedforcesentertainment.com.