

A NOTE FROM THE EDITOR AND STAFF

Every month, we focus on the Navy's mission-focused people and technologies. As we survey how our naval forces continue to train, fight, and equip the world's toughest Sailors, we look at our advantage at sea and the capabilities of Sailors deployed around the world.

It is our mission to reach Sailors, so please share this issue, scan the QR codes, and follow our social media channels for the latest information for Sailors by Sailors.

This month, we cover Military Family Month, updates on the Mediterranean, and give advice to prep for the coming winter. We wish you all a happy holiday season!

IN THIS ISSUE

ALL HANDS MAGAZINE

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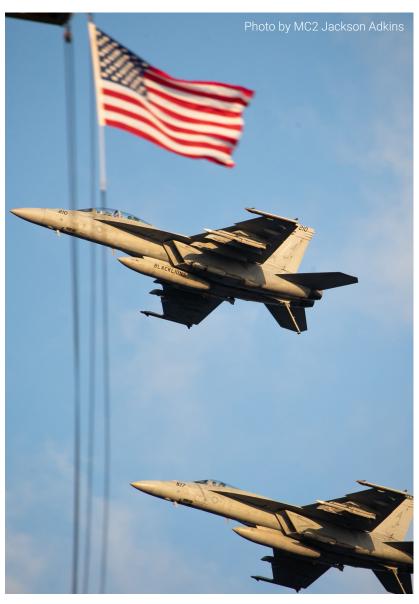
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STRIKE GROUP ARRIVES IN MEDITERRANEAN SEA

USS GERALD R. FORD CARRIER STRIKE GROUP ARRIVES IN THE EASTERN MEDITERRANEAN SEA







From Courtney Pollock

PUBLISHED OCT 11 2023 – The USS Gerald R. Ford Carrier Strike Group arrived in the Eastern Mediterranean Sea yesterday, in order to deter any actor seeking to escalate the situation or widen this war. The forces in the area include the U.S. Navy aircraft carrier USS Gerald R. Ford (CVN 78), with its eight squadrons of attack and support aircraft, and the Ticonderoga class guided missile cruiser USS Normandy (CG 60), as well as the Arleigh Burke class guided missile destroyers USS Thomas Hudner (DDG 116), USS Ramage (DDG 61), USS Carney (DDG 64), and USS Roosevelt (DDG 80).

Efforts to increase U.S. posture continue, including the rapid movement into theater of U.S. Air Force F-15s, F-16s and A-10s to augment existing fighter squadrons in the region.

"The arrival of these highly capable forces to the region is a strong signal of deterrence should any actor hostile to Israel consider trying to take advantage of this situation," said General Michael "Erik" Kurilla, commander, U.S. Central Command.



WINTER SAFETY

Have an emergency kit with essential supplies, including flashlights, batteries, blankets, and non-perishable food, in case of power outages.

Dress in layers to retain body heat. Make sure to wear a hat, gloves, and a scarf to protect your extremities from the cold.

Be cautious of icy sidewalks and slippery surfaces. Wear proper footwear with good traction, and take small

If you're using a space heater, ensure it's in good working condition and placed away from flammable materials. Never leave it unattended, and turn it off before going to bed.

If you're driving in winter conditions, make sure your vehicle is winter-ready. Check your tires, brakes, and fluid levels regularly. Keep an emergency kit in your car with essentials like blankets, snacks, and a



NAVY LEADERS FROM FVEY NATIONS MEET TO COLLABORATE



From Lt. Cmdr. Anthony Ivester

Leaders from the navies of Australia, Canada, New Zealand, the United Kingdom, and the United States met in Sydney to discuss strategic partnerships, exchange valuable insights, and address key challenges faced in the ever-evolving global maritime landscape, Nov. 10, 2023. The event fostered collaboration, strengthened alliances, and enhanced maritime security among the intelligencesharing nations, known as FVEYs or the Five Eyes Alliance.

"This meeting was a testament to our unwavering commitment to protect our shared interests, and provided a unique opportunity to enhance cooperation, exchange knowledge, and collectively address the challenges that lay ahead," said Rear Adm. Tom Moninger, the U.S. Navy's Director for Plans, Policy & Integration.

The meeting proved to be a significant milestone in strengthening the FVEYs' collective efforts towards ensuring regional and global security, providing a platform for leaders to share best practices, forge closer ties, and explore joint initiatives that will further bolster maritime security and stability.

"With the escalation of conflict in the world, it is more important than ever to gather with our FVEY partners to exchange invaluable insights and collectively address the rising challenges of the moment. Together, we reaffirm the enduring strength of our defense partnerships and our commitment to working together in securing the seas for a safer and more stable future," said Royal Canadian Navy Rear-Admiral Chris Robinson, Commander Maritime Forces

Deputy Chief of the Royal Australian Navy, Rear Admiral Jonathan Earley CSC, RAN, hosted the historic gathering, and emphasized that the meeting served as a catalyst for further collaboration among the FVEYs.

"We are confident that the outcomes of this meeting will strengthen our collective resolve to ensure the safety and security of our maritime domains," said Earley.

Formally established shortly after the end of World War II, the FVEYs partnership continues to play a significant role in global security, aiming to uphold the rules-based international order.

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NAVAL EDUCATION CONNECTION



From MCSN Chris Neilsen

Are you wondering if you are eligible to earn your associate-level degree at no cost out of pocket? If you are an active duty member of the United States Navy, Coast Guard, or Marine Corps and have internet access then the answer is ves.

The United States Naval Community College (USNCC) was formally founded in 2019, with the vision to develop warfighters across the fleet who are committed to lifelong learning, have sound leadership qualities, ethical decisionmaking ability, and have a deep understanding of the complex maritime environment in which they operate.

"In 2018 the Department of the Navy did an education for seapower study, and in it, they found that we were not doing enough for enlisted education," said Senior Chief Mass Communication Specialist Alexander Gamble, Public Affairs Officer of the USNCC. "Enlisted education is really important, because as we put more and more responsibility on lower and lower pay grades, we are expecting more."

"We developed the U.S. Naval Community College to improve warfighting readiness and enhance operational capabilities through the journey of lifelong learning so that we can ensure that the Sailors at the junior level making those decisions that could impact national security, do so from a more critically thinking area of mind," said Gamble. The college currently offers seven Navy-related associate degree programs, and by the 2026 fiscal year, their goal is to offer 15 programs. Of the 60 credits required for an

associates degree. 15 of those credits will go towards completing a Naval Study Certificate.

"All of our degrees come with a built-in Naval Study Certificate," said Gamble. "It is a five-course program where we've taken the general education component and we've navalized them. Instead of taking a history course where you learn about medieval history, you're going to take a business school approach to history, learning about battles and heroes from our naval history, and using those as case studies to apply to how we can be better leaders today."

These programs are completely funded, which means that anyone who enrolls in the college does so at no personal cost, which means they can save their Tuition Assistance, G.I. Bill, and other military-provided education benefits for higher-level degree programs.

The programs have been created to be as flexible and asynchronous as possible. Coursework is delivered online, which means there is no requirement for time away from one's duties.

"I highly encourage everybody to seek education because it's only going to make you more competent at your job," said Gamble. "It's only going to make you a better leader and our entire service better because a rising tide floats all boats."

For more information visit United States Naval Community College (USNCC).

NATIONAL VETERAN AND MILITARY FAMILY MONTH

TO CELEBRATE MILITARY VETERAN AND FAMILIY MONTH. HERE ARE JUST A FEW RESOURCES AVALIBLE FROM FLEET AND FAMILY READINESS SUPPORT TO HIGHLIGHT THEIR SACRIFICES

Deployment and Readiness Support

FFR provides information on deployment-related topics, like what to expect during a deployment, how to communicate with a deployed service member, and how to utilize support resources during separations. FFR staff members are available to assist families with practical matters before and during deployments, like how to fill out paperwork, financial planning, and communication resources.

Emergency Assistance: In case of emergencies or unexpected situations. FFR provides a support system to help families cope and find assistance.



Personal Financial Management

FFR conducts financial education workshops and training sessions to help Sailors and their families enhance their financial literacy. FFR also provides one-on-one financial counseling sessions with certified financial counselors. This assists Sailors in developing and maintaining a budget tailored to their individual financial situations and provides guidance on managing and reducing debt. In times of financial crisis, FFR can assist in finding solutions, such as emergency financial assistance programs, to help service members and their families overcome unexpected financial challenges.

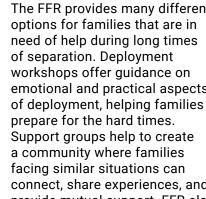
Counseling, Advocacy, and Prevention

FFR offers many different types of counseling to help active-duty service members as well as their families during hardships life throws their way. One-on-one counseling services to address a wide range of personal and family issues, including stress, relationship problems, grief, loss, and emotional wellbeing. FFR also offers family counseling, marriage and couples counseling, and child youth counseling. Aside from these options, FFR has programs to assist with mental health by conducting prevention programs to address debilitating issues such as substance abuse, suicide prevention, and domestic violence prevention.



The Navy's **Ombudsman Program**

The Navy's Ombudsman Program provides support and resources to Sailors' families, acting as a liaison between services including relaying important information from the command to families, providing assistance during deployments, families and the command in find the contact information



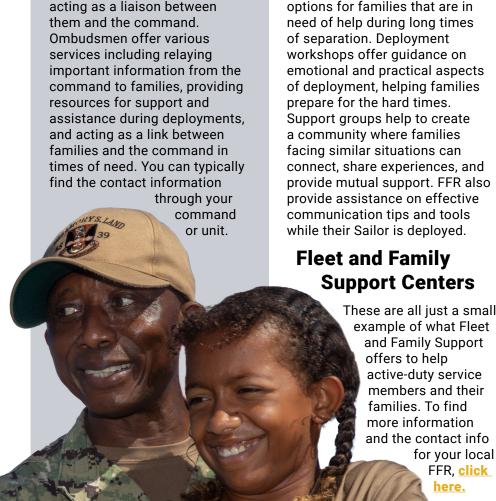
These are all just a small example of what Fleet and Family Support offers to help active-duty service members and their families. To find more information and the contact info

DAV.org

Hire Heroes USA:

Offers career counseling, job placement assistance, and other resources for veteran employment.

HireHeroesUSA.org



Support for Coping with Separation

The FFR provides many different emotional and practical aspects of deployment, helping families connect, share experiences, and provide mutual support. FFR also provide assistance on effective

> Phone: 1-800-273-TALK (1-800-273-8255) **VeteransCrisisLine.net**

Disabled American

Veterans (DAV):

Assists disabled veterans with benefits claims and provides various support programs.

VETERANS

Department of Veterans

resources, educational

Veterans Crisis Line:

Provides confidential

support for veterans in

and online chat.

crisis, including a helpline

benefits, home loans, and

various support services.

Affairs (VA):

VA.gov

Offers healthcare

RESOURCES

SAILOR TO SAILOR

THE OFFICIAL NEWSLETTER OF MYNAVY HR

OCTOBER 2023

If you or someone you know is in crisis, call the Veterans Crisis Line.



EVENT DATES:

Nov. 1 - 30: National American Indian Heritage Month

Nov. 7-9: CDS Hawaii

Nov. 30: 2023 PRT Cycle End

DEADLINES:

Nov. 1

FY23 Copernicus Award Nominations

Nov. 21

2023 Workplace Gender Relations Survey *Extended*

Dec. 1

Navy Esports Team **Applications**

Dec. 15

JAG ISPP Applications

Dec. 31

2023 Defense Organizational **Climate Survey**

AY24-25 Enlisted Cyber M.S.

SECNAV Tours with Industries Community Submissions 2023 Defense Organizational Climate Survey *Extended*

CHIEF OF NAVAL PERSONNEL:

VADM Richard J. Cheeseman Jr.

FLEET MASTER CHIEF OF PERSONNEL, MANPOWER, AND TRAINING:

FLTCM Delbert Terrell Jr.

UPDATES TO THE ENLISTED LEADER DEVELOPMENT PROGRAM

NAVADMIN 237/23 I FACT SHEET

All E-6 and E-7 candidates will be required to complete the Intermediate Leader Development Course and the Advanced Leader Development Course, respectively, before taking the advancement exam in 2025. Command leaders are responsible for ensuring their Sailors understand the ELD framework. This NAVADMIN provides clarification on the ELD courses, requirements for qualifying fleet facilitators, and updates for command training officers/departments. Visit the ELD website for more information:

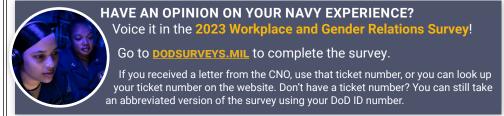
https://www.netc.navy.mil/ELD/

GMT REQUIREMENTS FOR FY24

NAVADMIN 236/23 | FACT SHEET

NAVADMIN 236/23 announces FY24 General Military Training requirements for all Sailors, which include seven mandatory topics: 1) Controlled Unclassified Information, 2) Records Management in the DON: Everyone's Responsibility, 3) NCIS Counterintelligence and Insider Threat Awareness and Reporting, 4) DOD Cyber Awareness Challenge 2024, 5) FY24 Operations Security, 6) Sexual Assault Prevention and Response Awareness, and 7) Suicide Prevention.

NAVADMINS CONTINUED ON PAGE 2





and a list of representatives who will be on site!



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Year 2: Support Job

Year 3: On Push

For more information on requirements and benefits, visit:

HTTPS://WWW.MYNAVYHR.NAVY.MIL/CAREER-MANAGEMENT/DETAILING/ENLISTED/SHORE-SPECIAL/RDC/

LEGISLATIVE FELLOWSHIP 2025: CALL FOR APPLICATIONS

NAVADMIN 240/23

This NAVADMIN solicits applications for the 2025 Navy Legislative Fellows Program. The program allows naval officers (0-3 to 0-5), senior enlisted (E-7 to E-9), and Department of the Navy civilian employees (GM/GS-13 above or equivalent) to broaden their understanding of the legislative process and the operation of the U.S. Congress through a year-long, full-time assignment to the office of a member of the House of Representatives or the Senate. Military applications are due to the Office of Legislative Affairs no later than Dec. 22, 2023.

Hear from Navy legislative fellows about their experiences: https://www.dvidshub.net/video/884497/navy-legislative-fellows

SELRES ADVANCEMENT TO WARFIGHTING POSITIONS PROGRAM PHASE II

NAVADMIN 239/23 | FACT SHEET

NAVADMIN 239/23 announced the Advancement to Warfighting Positions (A2WP) Program Phase II for E-4 and E-5 Selected Reserve Sailors. This program advances eligible E-4 and E-5 SELRES Sailors who volunteer and are selected for critical inactive duty training billets in operational units with pre-planned activations.

CALL FOR FY25 CMDCM AND CMDCS APPLICATIONS

NAVADMIN 243/23

This NAVADMIN announces guidance for the FY25 Command Master Chief (CMDCM) and Command Senior Chief (CMDCS) Screen Board. The deadline to apply to the CMDCM/CMDCS program in order to be considered by the board is Dec. 1, 2023. The FY25 CMDCM and CMDCS Screen Board is scheduled for Jan. 30, 2024.

ARE YOU CALCULATING YOUR

FINAL MULTIPLE SCORE FOR ADVANCEMENT?

Sailors looking to advance use the FMS Calculator App to explore "what if" scenarios. Download it today from the Navy App Locker: https://dvidshub.net/r/fglx3o

























A BEAGLE ON THE BRIDGE

From MC2 Samuel Tyson





For thousands of years, mariners around the world have accepted furry, four-legged friends as their seafaring shipmates. The U.S. Naval Institute proposes that ancient Egyptians may have been among the first to welcome cats aboard their ships and boats as unofficial members of the crew. However, these were not one-sided arrangements.

her experience while serving as an active duty-mobilized

planted the first seed of what would become a passion

project more than fifteen years in the

reservist with the Infantry Training Brigade at Fort Benning

Cats played a vital role for millennia in keeping vessels free of pesky vermin that might have otherwise jeopardized the integrity of the crafts. A modern Sailor might be hard-pressed to find a frisky feline aboard a US Navy vessel today, but that does not necessarily mean their ship will not be home to a different breed of trusty, tail-toting companion sometime soon! Mutts with a Mission is a Virginia Beach-based nonprofit organization founded in 2008 by Brooke Corson, an Army veteran who saw firsthand just how helpful a happy-go-lucky dog can be for those in uniform. She said

KNOWLEDGE SHARING. **PROFESSIONAL** DEVELOPMENT. **NETWORKING. AND TEAM BUILDING THROUGHOUT OUR WORKFORCE ARE ALL** IMPORTANT FACTORS FOR A HEALTHY CULTURE AT **NIWC PACIFIC."**

EXECUTIVE CHAMPION MACHNIAK

"INCREASED AWARENESS.

out and volunteer their time," Brooke said. "The nice thing is that they really connect with the Sailors. The best part is that you see the phones go away- if anything, they are taking pictures or they will call their spouses and say, 'Look, the dogs are onboard today.' When we do repeat visits, they come back and reconnect with everyone, and my Puppy Raisers remember them. The Sailors love it. We always hear comments like, 'This is the best day on the ship." Given that Mutts with a Mission is trailblazing this implementation of service dogs aboard Navy vessels, they have the unique opportunity of paving the way for other organizations to follow suit. "It is one of the criteria for building this program.

sending out with them." Brooke said

"I have incredible Puppy Raisers who come

We are coming up with best practices in what we are doing here to make the dogs successful so that, if another ADIaccredited program approaches and says they would like to offer some dogs to ships in their area, we can share what worked and has not worked, what equipment we are sending out with them, and what our veterinarians are

alongside the crew at sea- a goal that just might already

be within reach. Brooke and her team have been working

facility for a while already. The Puppy Raisers have been

making visits to ships in the greater Norfolk area for over

a year, and so far there appear to be no signs of things

slowing down.

with Navy ships homeported near the Mutts with aMission

she is thankful for being able to help give these mutts this new mission. "We are grateful for the opportunity to be able to work with the Navy on this," she said, "and to be a part of their push to better the mental health of their Sailors. If we can put a dog on a ship and help five thousand Sailors with their mental health, then on the back end we do not have to place five thousand service dogs with Sailors who need them."

You can find out more about Brooke and her team at www.muttswithamission.

org, or connect with them on social media via Facebook, Instagram, and YouTube.

making. "I started losing friends to PTSD," she recalled. "I know the power of dogs. I grew up training dogs. So, I decided to start an organization after my husband said, 'Either do something or stop talking about it,' and here we are fifteen vears later." Today, Brooke and her aptly named Puppy Raisers visit police stations, fire departments, the homes of veterans, and US Navy ships. Mutts with a Mission is an accredited member of Assistance Dogs International (ADI), a collection of nonprofit programs responsible for training service doas the world over, and Brooke's goal is to use their accreditation to place service dogs

on Navy vessels

FROM SHIP TO SHORE

NAVY MEDICINE GETS REAL AND BETTER ABOUT PATIENT MOVEMENT



Even under ideal conditions, the urgent or emergent movement of ill or injured Sailors and Marines from ship to shore can be a complex operation. These transfers can occur at night and in poor weather conditions, adding an extra layer of challenges. Furthermore, the unplanned nature of these medical movements can impact the degree of operational risk management associated with planned movement missions.

These factors can lead to increased safety risks, accountability issues, information gaps, and incomplete or difficult communications with the originating command. Additionally, once a Service Member is received by a Military Treatment Facility (MTF), privacy concerns, communication constraints, complicated command structures, and simple geography or communication restrictions can be contributing factors to a lack of parent command situational awareness.

In 2019, the Pacific Fleet surgeon requested Navy Medicine support to apply Get Real, Get Better principles to improve Patient Movement (PM) safety, communications, and outcomes, while protecting privacy, when Service Members are moved for medical reasons from at-sea units (to include units in port) to any shore-based civilian or MTF across the enterprise.

"This project had been piloted down in Third Fleet with Naval Medical Center (NMC) San Diego," explained Capt. Joon Yun, Commander, Task Force (CTF)-80Surgeon, Fleet Forces Command, who has played a pivotal role as member of the PM action team along with representatives from the Bureau of Medicine and Surgery (BUMED), Tripler Army Medical Center, Naval Medical Center (NMC) Portsmouth, NMC San Diego, Naval Hospital (NH) Camp Pendleton and other Subject Matter Experts (SMEs). Collectively, this action team identified a multitude of improvements to the ship-to-shore PM process and then worked with NMC San Diego to initiate a pilot program to test and implement improvements in pre-coordination. The impact was immediate.

From November 2019 to February 2020, Third Fleet completed 25 successful ship-to-shore medical transfers to NMC San Diego using a pre-coordination system.

"If a member is concerned if a skin lesion could be melanoma, we can coordinate the care, make sure they have a dermatology appointment or the dermatologist on call is aware of them and can coordinate when and where to show up so that they can get care," said Yun. "Afterwards they can go back to their ship quickly so they can perform their jobs."

Under the new PM process both Fleet and Operational Forces Medical Liaison Services (OFMLS) must complete special checklists to ensure adherence of transfer guidelines. Requirements include ensuring that there is "docto-doc" communication, and the Fleet surgeon is notified prior to disposition and completed checklist is uploaded to the Global Teleconsultation Portal (GTP).

"We now have a way to use a standard process that must be used by all ships in the fleet as well as any Navy Medicine Readiness and Training Command (NMRTC) regardless of their location or time zone," said Brian McCormick, Director, Improvement Sciences, Chief Improvement Science Officer for Navy Medicine, and a charter member of the PM action team. "This standard practice now allows Navy Medicine to be able to track these sailors, ensure they receive the right care, and keep operational commands informed of their Sailors condition and status within 30 minutes of arrival at a definitive care facility."

Built on the successes of the pilot program, phase 2 saw enterprise-wide implementation of processes including improved systematic data collection allowing to better monitor process performance. As of June 2023, all OFMLS – CONUS and OCONUS – at NMRTCs have implemented and validated PM processes.

"As we're starting to see the data come in, we are learning that this is a good process," said Cmdr. Elegant Bigornia, Director for Executive Medicine at NMRTC San

"IT IS IMPROVING COMMUNICATION AND CLOSING UP A LOT OF THOSE GAPS IN COMMUNICATION WHILE ALLOWING FOR FEEDBACK FOR CONTINUOUS IMPROVEMENT."

CMDR. ELEGANT BIGNORNIA

Diego and Chair of the BUMED Operational Forces Medical Liaison Service Clinical Sub-Community. "It is improving communication and closing up a lot of those gaps in communication while allowing for feedback for continuous improvement."

The process has also helped minimize cases of socalled "displaced" Sailors and Marines. At NMC San Diego alone, over 92 percent of patients evacuated arrive with a non-medical attendant ("battle buddy"), and up to 78 percent of them have travel orders and government travel charge cards (GTCC) prior to movement; this compares to just 50 percent having battle buddies and 15 percent travelling with orders and a GTCC prior to launching Phase 2 in December 2022.

For Yun this PM evolution has been significant. "It's closed loop in communication," said Yun. "It's seeing that we know the person's coming. We can set up. We can make sure that the appropriate specialist is aware on the MTF side."

What's next for the project? With Phase 2 now complete Cmdr. Bigornia sees the future as sustainment and institutionalization.

"We are working on embedding this process in instruction on both the fleet and the BUMED side so that it is codified," said Bigornia. "We operate in very dangerous environments and unexpected injuries and illness happen. We have to have a good process to make sure that we identify the issues quickly and can communicate the need and get that Sailor or Marine to the level of care that the need in a timely manner."



