

National Park Service

Navy Region Hawaii and the National Park Service have scheduled a series of upcoming events to observe the 74th anniversary of Pearl Harbor Remembrance Day with the theme "Pathway to Reconciliation — From Engagement to Peace." Events include:

• The National Park Service and the United States Navy will co-host the 74th commemoration of the attack on Pearl Harbor from 7:45 to 9:15 a.m. Dec. 7 at Kilo Pier, Joint Base Pearl Harbor-Hickam. Historian David Kennedy will give the keynote address. Those with base access and their sponsored guests may enter through Nimitz or Makalapa Gate and may park in general parking areas near Kilo Pier.

required to park at Aloha Stadium with free ADA questions regarding the

after the ceremony, from 10 a.m. to noon.

Due to strict security measures, guests are not allowed to bring handbags, purses, camera bags or other items that offer concealment to the ceremony. No bag storage will be available, so please plan accordingly. Small personal cameras, cell phones, wallets and bottled water are allowed. A photo ID is required

for all attendees.

For guests not able to attend the ceremony at Kilo Pier, a live stream of the ceremony will be available for viewing in the Pearl Harbor Visitor Center theaters (7 to 9:30 a.m.) and online.

Pearl Harbor survivors or World War II veterans, contact the Joint Base Pearl Harbor-Hickam The general public is Public Affairs office for special arrangements or shuttle transportation to ceremony and access to

7:15 a.m. and with return 1173 or 473-2880 or via shuttles to Aloha Stadium email at cnrh.pao@navy. mil.

> • The live stream of the National Pearl Harbor Remembrance Commemoration will be held online from 7 a.m. to 5 p.m. Dec. 7. The live stream includes three live events with 10 hours of educational and historical programming and begins at 7 a.m. (Hawaii Standard Time.)

> This will include the live and interactive 74th anniversary commemoration, with park educators and volunteers standing by to answer questions in a live chat, a live broadcast of the USS Oklahoma ceremony, and a special live broadcast from the USS Arizona Memorial as Pearl Harbor survivor Joseph Langdell is interred back in the ship. For a complete live stream schedule, visit the http:// www.pearlharborevents. com/live-stream/ site.

emony at the Atterbury Circle historic flagpole at 7:55 a.m. Dec. 7 to honor the 189 killed and 303 wounded during the attacks at Hickam Field. The ceremony is open to those with base access and their sponsored guests.

• Due to ongoing ceremonies throughout the day, public programs on Dec. 7 to the USS Arizona Memorial will operate on a special schedule. The first public program will begin at 11 a.m. with the last program at 2 p.m. Programs run every 15 minutes and include a 23-minute movie followed by a short boat ride and visit to the memorial.

Tickets to the USS Arizona Memorial programs are free and will be distributed on a first-come, first-served basis only from the visitor center ticket and information counter. No reserved tickets will be available • The 15th Wing will via recreation.gov. Ticket

Kilo Pier from 6 a.m. to Kilo Pier by calling 473- host a remembrance cer- distribution begins at 10 free shuttle departing eva.m. and will continue until tickets are depleted.

> • A ceremony from 1:30 to 2:30 p.m. Dec. 7 at the USS Oklahoma Memorial on Ford Island will honor and commemorate the loss of the USS Oklahoma (BB-37) and 429 of its crew. Members of the public who wish to attend the ceremony may catch a

ery 15 minutes from the **USS** Bowfin Submarine Museum & Park, which is adjacent to the Pearl Harbor Visitor Center.

Other events leading up to the Dec. 7 ceremonies include:

• The Army 25th Infantry Division Military

See DEC. 7 page A-7



Harbor-Hickam Public Affairs

All lanes of the Ford Island Bridge will be closed from 9:15 to 10:45 a.m. today for rehearsal operations in support of Dec. 7 ceremonies.

All lanes of the bridge will also be closed from 7 to 10 a.m. Dec. 7 for operations in support of the Dec. 7 ceremonies. All motorists and pe-

destrians are reminded to plan accordingly for those two days.

The small craft gate will be closed during bridge opening evolution to minimize collision hazard present when roadway pontoon is in motion. All boat traffic under the causeway will

be suspended during these

events.

Fox Sports events planned for JBPH

Joint Base Pearl Harbor-Hickam Public Affairs





welcome to bring their own beach chair or blanket.

Fox Sports Pearl Harbor Invitational basketball games will be held Dec. 7 at Bloch Arena, Joint Base Pearl Harbor-Hickam.

Limited free ticket distribution to military and DoD ID card-holders is available at the Fleet Store Information, Tickets and Travel office.

The event will include men's Division 1 NCAA basketball games.

The first game will begin at 2 p.m., featuring Villanova University vs. the University of Oklahoma.

The second game will feature the U.S. Naval Academy vs. the University of Oregon.

Admission gates will open at 12:30 p.m. Food, beverages, souvenirs and programs will be available for purchase at the event.

There will be a limit of four tickets per military and Department of Defense ID card holder, ages 18 and older. Each ticket provides access to both games. Ticket acceptance needs to be made in person. Phone orders will not be taken. Distribution is on a first-come, first-served basis while supplies last. No exchanges will be offered. Because tickets are complimentary, seat location requests will not be taken.



attendance at the games are required to wear service dress whites, summer whites or the equivalent short-sleeved class B^{U.S.} Marine Corps or class A U.S. Army uniforms.

Besides the basketball games, baseball fans will have an opportunity to see Major League Baseball players live at Joint Base Pearl Harbor-Hickam.

The Fox Sports MLB All-Star Event will begin at 9 a.m. Saturday at Ward Field, JBPHH. The event will be a discussion/meet and greet with an autograph session for youth to follow.

Among the players scheduled to appear are Mitch Harris of the St. Louis Cardinals. Harris attended the United States Naval Academy from 2005 to 2008 and is the first Naval Academy graduate to play in the major leagues since 1921.

Also scheduled to appear is two-time all-star and Hawaii native Shane Victorino. Twice All active duty military in a World Series champion, VicPhoto by Keith Allison

Hawaii's own Shane Victorino will be on hand at the Fox Sports MLB All-Star Event taking place Dec. 5 at Ward Field, JBPHH.

torino is from Wailuku, Maui and has played in the majors for 12 years.

Fox MLB's award-winning analyst Harold Reynolds will host the event. Before becoming a broadcaster, Reynolds played 10 seasons in the major leagues and is a two-time all star.

Other players, not announced at press time, will also make appearances

The event is free and is open to all military-affiliated personnel and their sponsored guests.

seating is limited and is first come, first in. Patrons are greatlifehawaii.com.

The following parking lots will be secured during the following times in support of the Fox Sports preparations and events that will occur from now through Dec. 7:

• The front and rear parking areas of Bloch Arena including the parking lots near building 1722 and a portion of the parking area between building 1722 and building 1370.

• The parking area on Fifth Street and A Avenue will be closed from now to 8 p.m. Dec. 8.

• The Mike Pier parking lot on North Avenue across from Club Pearl will be closed from 4 p.m. today to 11 p.m. Dec. 7.

• The Delta parking lot located on Paul Hamilton Road will be closed from 4 p.m. today to 10 p.m. Saturday.

• The Battleship Missouri Memorial parking lot, located at F-5 Pier, will be closed from 6 p.m. Saturday to 8 a.m. Sunday, excluding the Federal Fire Department building parking lot for authorized personnel.

 The Ford Island Child Development Center parking lot and a portion of the Ford Island airfield will be closed from 6 p.m. today to 8 p.m. Sunday.

For more information in-No tickets are needed, but cluding updates on items authorized for entry, visit www.





Brave Americans made sacrifices to defend freedom See page A-3



PMRF finds new ways to protect endangered species See page A-4

Live dive scheduled for Dec. 8 See page A-6



Holiday harmonies to happen at Hale Koa See page B-1



Exchanges to celebrate events with Santa See page B-6

December 4, 2015 Hoʻokele A-2 'sterling' insights in life of Pearl Harbor survivor

Review by Bill Doughty

Another Pacific Historic Parks (2014) booklet focuses on "A True American: The Story of a Pearl Harbor Survivor, World War II, Korean and Vietnam War Veteran." Here are 10 insights in a remarkable life of a member of the "Greatest Generation" narrated by Sterling R. Cale to his son Sterling V. Cale.

1. Medical: Cale served as a pharmacist's mate, forerunner to Navy hospital corpsmen. Early in his career, he passed out during a circumcision when the patient, supposedly anesthetized, started screaming. He thought of himself first as a farm boy from Illinois, but he had dreams of one day becoming a surgeon, dreams that were cut short later in life when he injured his thumb.

2. Dec. 7, 1941: Cale worked the night shift at the Pearl Harbor naval dispensary, a shift that ended in the morning of Dec. 7. He



said he walked outside to witness Japanese planes attacking Battleship Row. He broke into the armory and helped hand out Springfield rifles to fellow Sailors.

3. Rescue: During the attack, Cale rushed toward USS Oklahoma and helped with the rescue of Sailors from the waters of Pearl Harbor. "Some of them were already dead, some burned. some wounded and some were just tired," he remembers.

4. Recovery: After the attack, he was assigned-

-to "ride out to the USS Arizona and start recovering bodies." Cale climbed into a heavy suit and diver's helmet, something out of Jules Verne's "Twenty Thousand Leagues Under the Sea." His description of what he finds beneath the surface is disturbing and haunting.

5. Risk: Cale took risks. He was written up for breaking into the armory (even though Pearl Harbor was under attack). And he was court-martialed (but cleared) for keeping a war diary. " I meticulously recorded the precise location of every item and body part" to help with identification. He eventually earned commendation instead of condemnation; luckily, common sense would trump military bureaucracy.

6. Action: During World War II, he served with the 1st Marine Division at Guadalcanal, then saw action at Saipan, Tinian, Bougainville and Espiritu Sato, later serving aboard USS

"the U.S. gunboat that had been sunk [by Imperial Japan's military] in Chinese waters."

7. Love: Sterling Cale met beautiful Victoria Vienna Ventula in Honolulu in 1941. They courted, married and started a family. "We managed to live with two children on my \$21 monthly military salary," he said. Cale shares poignant family photos in the booklet.

8. Korea: Cale left the Navy for the Army "with no break in military service" and headed to Korea with the 5th Regimental Combat Team, serving with the 24th (later 25th) Infantry Division as a field medic. "The North Koreans booby trapped everything: cans, bodies, vehicles and foxholes ... I remember sleeping with a grenade in each hand because North Korean soldiers would come in to the sleeping areas to slit throats." It's no wonder that Cale was affected. "Later in life. my family could not touch Pacific.

along with 10 other men $\,$ Panang (AG 41), named for $\,$ me when I was asleep or I $\,$ would jump up, prepared to kill them." He faced and overcame "post traumatic stress disorder.

9. Vietnam: Like the war itself, Cale's involvement in Vietnam was complicated. It started in 1955 and continued through the '60s, with assignments that included military advisor, intelligence, logistics, medic and hospital administrator. Cale briefly discusses his work in Da Nang and support missions to the Philippines, Taiwan and Hong Kong.

10. Legacy: "A True American" concludes with an epilogue from Sterling Cale that shows his acceptance of the realities of life. "Pearl Harbor haunted me, but I did my best to put the past behind me, focus on the present and be positive about everything. Today, Sterling Cale volunteers at the Pearl Harbor Visitor Center where he can talk about his role in the Pacific War and other wars in the

This booklet offers other interesting tidbits about Cale's life: as an orphan, working with the Tom Mix circus, book binding and repair at the public library, musician (trumpet and drums), Eagle Scout, Navy "frogman" training, partying with "gold hair" tobacco heiress Doris Duke aboard her yacht, and serving as NCOIC of the honor guard and burial detail at National Cemetery of the Pacific (Punchbowl).

Thanks, once again, to YNCM (ret.) Jim Taylor, Pearl Harbor survivors Liaison and honorary USS Utah survivor, for recommending this read. See a related Navy Reads post about another PHVC volunteer, Uncle Herb Weatherwax: "From Street Gang to WWII Veteran."

(Doughty writes and posts to Navy Reads www.navy reads.blogspot.com on weekends. The Navy Reads blog supports the CNO's professional reading program and related books.)

USS Jacksonville changes command, Cmdr. Faulk takes helm

Story and photo by **MC1 Jason Swink**

Submarine Force Pacific Public Affairs

Command of the Los Angeles-class fast attack submarine USS Jacksonville (SSN 699) was passed Nov. 25 as Cmdr. Steven Faulk relieved Cmdr. Matthew Boland as commanding officer during a eremony at the historic submarine piers at Joint Base Pearl Harbor-Hickam.

Boland said submarining is a team sport and expressed how proud he was of his crew, comparing them to playing on a Major League team like the New York Mets.

'Every member of my team is elite and well trained," said Boland. "We have a challenging schedule with no off season, and you play to win."



Cmdr. Matthew Boland is piped ashore following a successful tour as commanding officer of the Los Angeles-class fast attack submarine USS Jacksonville (SSN 699).

While in command, Boland led Jacksonville through its 16th deployment, completing operations in support of U.S. 7th Fleet and conducting port to the crew for the last time in

calls in Kota Kinabalu, Malaysia; Stirling, Australia; Singapore and Guam.

Boland expressed his thanks

his role as commanding officer.

"Being your captain for the last three years has been an incredible experience," said Boland. "I will be bragging about your accomplishments for years to come."

Capt. Timothy Rexrode, commodore of Submarine Squadron One and the ceremony's guest speaker, praised Boland for overcoming significant challenges.

"The performance, both professional and personal, of the officers and crews assigned under their captain, in rough times as well as good ones, is the ultimate measure of his leadership," said Rexrode.

'Under their captain, Jacksonville's crew served as ambassador in four separate ports, accomplishing numerous community and bilateral military relations, reflecting the highest credit on our nation as an ally in the Pacific," he said.

During the ceremony, Boland was awarded the Meritorious Service Medal for his performance aboard Jacksonville from August 2013 to November 2015.

As Faulk assumed command, he thanked Boland for turning over a great, classic ship and addressed the crew.

"Thank you for the warm welcome, your aloha spirit and can-do attitude," said Faulk. "You set the standard for these other boats with your deployment accomplishments, and I am lucky to inherit this ship and crew.'

Faulk challenged his crew to start preparing for their next deployment now.

Own your piece, take care of each other and fight hard," said Faulk. "We are going to have a fantastic ride on 'The Bold One."



How do you plan to avoid putting on holiday pounds?



CTI3 Lisa Pham NIOC

"I like to work out every day. It keeps me feeling great and healthy through the year."

Tech. Sgt. Travis Gotch 8th Intelligence Squadron

"I plan on maintaining my current workout plan and just having fun with the family. We plan on doing some active events."





STG3 Quijan Otis USS Port Royal (CG 73)

"I plan to keep PT'ing a lot to burn lots of calories. My ship has been using a program called NoFS for the last few months which has worked great.'

Mai. Regina Komine 154th Logistics Readiness Squadron

"I have absolutely no plan on how to avoid putting on the holiday pounds. I say eat up and worry about it after the new year, unless you have a PT test coming up."





IS2 Christopher Ryan NIOC



a schedule. Consistently working out keeps your body fit and burns

Tech. Sgt. Kon Lee HQ PACAF

"I usually go to the gym six to seven times a week, so I am not too worried about gaining weight."





NIOC "I encourage people to work with their command ACFL (assistant

CTN2 Timothy Taylor II



Celebrate holiday season safely

Ashton B. Carter

Secretary of Defense

It is a chance to enjoy a break away from our daily stresses while recharging ourselves to prepare for a new year of challenges and opportunities. Sadly, the holidays are also a time when we see a spike in traffic accidents and off-duty mishaps. As more people take to the road, speeding and not wearing seat Ashton B. Carter



deaths.

Please remind your team members about the importance of exercising good judgment and looking out for one another, so that we can ensure the holidays are a safe and happy time for all.

The holidays are also a time for us to honor those serving our country overseas, away from families and friends. It is the sacrifice and hard work of these Soldiers, Sailors,

belts lead to needless Airmen, Marines and Department of Defense civilians who give us the opportunity to enjoy the holidays with our loved ones.

> As we begin this season, I would like to personally offer my sincere gratitude for the outstanding accomplishments we have achieved and to extend my warmest wishes for a happy holiday season.

Thank you and happy holidays!

Brave Americans made sacrifices to defend freedom Capt. Stanley Keeve Jr. dom and democracy, that

Commander, Joint Base Pearl Harbor-Hickam

Commentary -

This coming Dec. 7 is a special day here on Oahu.

On Monday we commemorate 74 years since the attack on America at Pearl Harbor. As a point of reference, most of us still have tangible memories of the 9-11 attacks in New York, Washington, D.C. and Pennsylvania, and can all remember where we were and what we were doing. In fact, many younger members of the armed services today serve because they were inspired to action from their memories of that day.

Our country forever changed that day. Like Sept. 11, 2001, Dec. 7, 1941 is a day no less important in our nation's history, as we were also changed that day. The attack at Pearl Harbor not only surprised our country, but also it subsequently challenged us to stand up for the ideas, principles and values we hold dear.

We had to prove that we truly cared and would fight for the values of freewe would stand up to aggression, that we would support friends and allies, and that we would strive to help create a better future through the idea of democracy.

The Dec. 7 attack also changed Hawaii as well. Then just an American territory, the Hawaiian islands were dramatically changed. The attack brought martial law restrictions to the Hawaiian islands and placed Oahu at the forefront of the fighting in the Pacific theater.

As a principal staging base for ships, submarines, aircraft and troops, Hawaii played a leading role in preparing the military for battles such as Midway, Coral Sea and others. Ultimately, these events shaped and helped shape Hawaii's transition from territory to our 50th state.

None of this would be possible without the men and women who fought bravely that day on Dec. 7 as well as throughout the remainder of the war.

As we approach this 74th anniversary of the attacks, we are fortunate to have Pearl Harbor sur- nies throughout the day liberties we have today.



Capt. Stanley Keeve Jr.

vivors still in our ranks. Although their numbers get smaller and smaller each passing year, we should be grateful we have living links to the past that remind us of the sacrifice they endured to ensure the freedom we have today.

I invite each of you to attend this year's Dec. 7 commemoration ceremonies happening throughout Joint Base Pearl Harbor-Hickam. This Monday morning we will have the main ceremony at Kilo Pier featuring the PACOM commander Adm. Harry Harris and historian professor David Kennedy, keynote speaker. We will also have ceremoto remember the attacks on former Hickam Airfield, USS Utah and USS Oklahoma.

Finally, appreciating and honoring the sacri-fice of past WWII heroes and also of today's service members in the U.S. armed forces, the Fox Sports network for the first time will be broadcasting from Joint Base this weekend to promote Dec. 7 remembrance and appreciation. This Sunday, Fox Sports will bring their award-winning broadcast team to the Battleship Missouri Memorial to broadcast their NFL pregame and halftime shows.

On Monday afternoon, they also will be televising two NCAA basketball games at the "Pearl Harbor Classic" in Bloch Arena. Major League baseball players and the World Champion U.S. Women's Soccer Team will also visit Joint Base.

I hope each of you are able to support one of our Dec. 7 commemoration events to honor those brave Americans who 74 years ago sacrificed their lives all here in Hawaii, in defense of the freedom and

Gun manned after Dec. 7 attack



command fitness leader) if they are having trouble keeping their weight down. Working with a group encourages accountability for

working out and losing weight.'

Senior Airman Korina Myers 535th Airlift Squadron

"I plan on continuing my weekly gym routine of five days a week and eating as healthy as possible over the holidavs.'



Provided by Lt. Paul Fylstra and David D. Underwood Jr.

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil



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- YOU CAN REMAIN ANONYMOUS REMEMBER TO USE YOUR

CHAIN OF COMMAND FIRST

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Photo courtesy of state of Hawaii Department of Transportation, Airports Division

A hastily constructed gun emplacement in front of hangar 5 is manned by Private 1st Class Raymond Perry and Cpl. Howard Marguardt shortly after the Dec. 7, 1941 Imperial Japanese raid on Hickam Field, as shown in this historical photo.

HO'OKELE

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finds new ways to protect endangered species MRF

Story and photo by MC2 Gabrielle Joyner

Navy Public Affairs Support Element Detachment Hawaii

KAUAI, Hawaii-Located on the lush and quiet island of Kauai is the world's largest instrumented multi-environmental range, Pacific Missile Range Facility Barking Sands (PMRF). PMRF simultaneously supports surface, subsurface, air and space training and testing operations. But PMRF also has undertaken an additional responsibility: being a good steward of the environment.

Kauai, the oldest of the main Hawaiian Islands, is known for its tropical wilderness and wildlife, but unlike the hustle and bustle of city its environmental conlife that can be found on its close neighbor, Oahu, life on Kauai is slower. more rural, more laidback. It's a feature that many of its inhabitants value and might argue makes Kauai so unique.

Despite this, Kauai is still continually changing. Human development is increasing on the quiet island and, unfortunately, has been slowly impacting the natural wildlife on this island. For this reason, those who call Kauai home, including those who live and work at PMRF, want to protect the natural environment. PMRF has been recognized by state legislatures, the local community and the Navy for



John Nelson, installation environmental program director at Pacific Missile Range Facility (PMRF) Barking Sands on Kauai, explains a graph used to keep track of night operations during the fledging season of the Newell's shearwater.

servation efforts.

This year, the military installation has been kicking it up a notch, especially when it comes to the Newell's shearwaters, an endangered seabird.

"Kauai is changing all the time," said Tom Savre, PMRF environmental specialist with Naval Facilities Engineering Command Hawaii.

"There are more people and more development, and over time it has brought some challenges in trying to protect the native wildlife," he said.

On Kauai alone, one can find three different species of shearwaters, but the Newell's shear-

water's population, specifically has fared the worst in recent years. Nesting in the most remote mountains and ridges of Kauai, Newell's shearwaters are pelagic sea birds, meaning they spend most of their lives at sea, only flying over land in total darkness.

Unfortunately, there is not enough known about these mysterious birds to understand for sure why this is, but, according to Savre, it could be to avoid predators or it could be to

maximize their time at sea. But what is known is the adults come in after dark and they leave in the morning before light, and similarly the young fledglings will fly out to sea for the first time ever in total darkness. Armed with

only their inborn navigational skills, the young shearwaters use the stars and moon to find their way to the

"Unfortunately, human development, with all of our artificial lighting, has caused these young fledgling birds to be confused when they are trying to fly to the ocean for the first time ever," said Savre.

"All they have is a mental map of the stars and these lights confuse things, and that's the origin for the shearwater fallout problem in Kauai.'

"Fallout," Savre described, happens when the birds get confused from non-natural light and either fly into standing obstacles, like power lines or, in their confusion, fly into the ground.

The shearwater fallout phenomenon has been a concern in Kauai for years, which has motivated PMRF to jumpstart several different programs to mitigate negative impacts on the Newell's shearwater population.

"So here at PMRF we have implemented numerous conservation measures to reduce the likelihood of impacting shearwaters flying over or near our base," said John Nelson, installation environmental program director at PMRF.

(Below) The Navy's Pacific Missile Range Facility provides protected habitat for a colony of wedge-tailed shearwaters.

Photo by John Burger

HOOKELE Online http://www.hookelenews.com/ or visit https://www.cnic.navy.mil/Hawaii



Pearl Harbor-Hickam Highlights

Pearl Harbor Naval Shipyard is hosting USS Halsey (DDG 97) for its first dry dock availability. During the availability, Halsey will undergo preservation and life cycle repairs.

U.S. Navy photo by Danielle Jones



A member of the Naval Facilities Engineering Command (NAVFAC) environmental program at Pacific Missile Range (PMRF) Facility, Barking Sands on Kauai, starts up the ornithology radar used to keep track of flight patterns of the Newell's shearwater. (*Related story about how the Navy is protecting endangered species is on page A-4.*)

U.S. Navy photo by MC2 Gabrielle Joyner

(Right) Navy Chaplain Lt. Matthew Riley from the USS Port Royal (CG 73) led a command tour of Port Royal Sailors to the USS Arizona Memorial. The objective of the tour was to honor the Sailors lost on the Arizona, provide information about a significant Navy historical event, and prepare the Port Royal Sailors for their deployment in 2016.

Photo by April Riley







Sailors aboard the guided-missile destroyer USS Chung-Hoon (DDG 93) man operator consoles in Chung-Hoon's sonar control center.

U.S. Navy photo by MC3 Jonathan Jiang

(Below) Capt. Stanley Keeve Jr., commander, Joint Base Pearl Harbor-Hickam, provides opening remarks at the annual Thanksgiving Day meal Nov. 26 at the Hale Aina Dining Facility at Joint Base. The meal at the dining facility is an annual event where JBPPH leaders serve junior-enlisted members of the military on Thanksgiving Day.

U.S. Air Force photo by Capt. Nicole White



SS Chung-Hoon participates in sustainment exercise

Ensign Amber Lowman

USS Chung-Hoon (DDG 93) Public Affairs

In order to maintain readiness for deployed operations, USS Chung-Hoon (DDG 93) transitioned to the southern California operating area to participate in a 10-day sustainment exercise with the other ships of the John C. Stennis Strike Group.

During the exercise, Chung-Hoon participated in multiple tactical evolutions including multi-ship anti surface, anti-submarine and air defense exercises. The sustainment exercise provided one last opportunity for the John C. Stennis Strike Group to hone critical interoperability skills before deployment to the western Pacific.

Chung-Hoon participated in a live undersea warfare event which was another chance for Chung-Hoon, the 2013 Pacific Fleet Bloodhound award winner, to prove

The guided-missile destroyer USS Chung-Hoon (DDG 93) fires an SM-2 missile Nov. 10 during a live-fire exercise.

it had not lost its edge in Fleet ship each year Chung-Hoon looks foranti-submarine warfare. Award is the award pre- anti-submarine warfare sented to one Atlantic (ASW) proficiency, pre-Fleet and one Pacific paredness and training.

for exceptional perfor-The Bloodhound mance in the areas of

ward to retaking this prestigious award sometime in the near future. Chung-Hoon also con-

had been trained, confidently knowing the coordination would pay off," said Fire Controlman 2nd Class Garrett Sloan, the fire controlman who shot the missile. The missile engaged the target and displayed Chung-Hoon's advanced war fighting capabilities.

"This missile shoot represented the culmination of 12 months on intensive unit level and strike group level training," said Lt. Christopher Danley, operations officer on Chung-Hoon.

We can now confidently say that both our tactical watch standers and our Aegis combat systems stand ready to defend U.S. interests anywhere in the world," he said

As Chung-Hoon prepares to deploy to the western Pacific in the following months, the crew is confident it is prepared to face whatever lies ahead. The sustainment exercise enhanced the readiness of Carrier Strike Group 3.

defense exercise using

missile engagement, close in weapon system and gun engagements. "Tensions were high

ducted a live fire air but I performed as I

Smoking poses major risks to women's reproductive health

Military Health System and Defense Health Agency

The risks to human health from smoking are well documented: damage to the lungs and heart, increased chances of stroke and various cancers throughout the body. Women face additional, unique health risks.

Dr. Angeline Lazarus, staff pulmonologist at Walter Reed National Military Medical Center, said the most obvious risk to women is in reproduction.

"People who smoke may have fertility issues because smoking can affect their ability to conceive," she said, adding that smoking also affects their babies if they are able to get pregnant. "It can cause pre-



U.S. Navy photo

Women who smoke may have fertility issues because smoking can affect their ability to conceive.

fects, such as cleft pallets military, women's smoking and complications with the placenta that passes nutrients from mother to child."

Lazarus, a retired Navy doctor now working as a civilian, said there are more women in the military than mature birth or low birth when she entered 40 years military members. She said

weights, certain birth de- ago. As with men in the rates are higher than their civilian counterparts.

Lazarus said that could be due to the peer pressure women in the military get from the overall higher smoking instances for all

the key is education and the earlier the better.

"Education [is important] right from the time they get into the military," she said.

But too often, when women give up smoking for a pregnancy, they unfortunately take it up again after the baby is born.

"Then they are exposing the baby to secondhand smoke, and that has a longterm effect on the child."

There are resources available to help women and men to stop smoking. The military's ucanquit2. org website provides a variety of stop smoking tools, including information about local tobacco cessation programs and even a 24/7 live support chat option. Lazarus also pointed out that women need to be aware of challenges their own bodies might pose in trying to quit smoking.

"The timing of starting a in his or her health. Lazarus smoking cessation program is important," said Lazarus, recommending women start after their latest period. "It's very difficult during the menstrual cycle or pre-menstrual cycle because of hormonal challenges."

Lazarus added that women need to be aware that quitting smoking could prompt them to eat more and gain weight, which can serve as a major disincentive for quitting smoking. Diets need to be adjusted accordingly.

She noted women can be more receptive to counseling and support, perhaps because of the impact of smoking on reproduction for women.

Once anyone quits smoking, there are improvements said those who quit smoking can see improvements in lung function within six months, as well as reducing risks of cardio-vascular disease over a longer period of time. She said it's just a matter of starting and sticking with it.

"The earlier women quit smoking, the better it is for them in the long run," said Lazarus. "We just need to educate them early of the dangers.'

(Editors note: Beginning Jan. 1, 2016, it will be against the law in the state of Hawaii for anyone under 21 to buy or use tobacco products, including electronic nicotine delivery devices.)

(For more information, visit www.health.mil.)

ive dive scheduled for Dec. 8 On Dec 8, World War Pacific National Monu- trate life aboard the vessel center theater (150 walk-in

II Valor in the Pacific Na- ment, will be underwater in battle and peace, as well tional Monument's Park Education team will partner with the National questions live from the aging this hallowed ground Park Service Submerged theater audience and Face-Resources Center to bring book. New shipboard loca-

on the USS Arizona.

as understand the world-Participants will answer class science behind manfor future generations.

The theater will open at Place. the public a live dive pre- tions previously not shown 3:45 p.m. Hawaii Standard Time. The dive will start at 4 p.m. Visitors can watch the nps.gov/valr/learn/educalive broadcast in the visitor

seats), or online via Adobe Connect. There will be free parking at the Pearl Harbor Visitors Center located at 1 Arizona Memorial

For more information

U.S. Navy photo by MC3 Jonathan Jiang

sentation.

Scott Pawlowski, chief of cultural resources for public experience the World War II Valor in the

will also be featured.

The goal is to help the wreck as it is today, illusand to register with Adobe Connect visit http://www. tion/learning/live-dive.htm.



Meritorious Advancement Program termed success for PACFLT Sailors

MC2 Tamara Vaughn

U.S. Pacific Fleet Public Affairs

U.S. Pacific Fleet (PAC-FLT) played a major role in the implementation of the Meritorious Advancement Program (MAP), helping to catapult the number of on-the-spot advancement quotas used Navy-wide to 99.5 percent in fiscal year 2015.

According to PACFLT Master Chief Career Counselor Tyrone Jiles, in fiscal years 2013 and 2014, only 41 and 47 percent of quotas were reported, respectively, to PERS-8.

"Now that we shifted gears to fiscal year 2016, we have a better process,² Jiles said. "We have more accountability with the MAP certification letter and more accuracy and timeliness of submissions, all critical for proper execution of this program recognize their best Sailand key to why we were ors. The MAP program

quota utilization." During a speech in May at the Naval Academy, Secretary of the Navy (SECNAV) Ray Mabus committed to radically boosting the number of spot advancement opportunities and revamping

the out-of-date Command Advancement Program (CAP). "One of SECNAV's

discussion topics talked about replacing CAP with MAP, which would allow commanding officers (CO) to petition for more of these advancements quotas," Jiles said. "Sailors are chosen for MAP by their chain of command, in which the commanding officer has final approval. Like CAP, MAP is a tool to recognize top talent in an effort to retain our best and brightest Sailors," he said.

The process change should place commands in a better position to able to get 99.5 percent is designed to give com- Sailor of the quarter or is just one of the many

manders a greater ability to promote their highest performing Sailors, to allow command leadership another avenue for promotion of high-performing Sailors, instead of solely relying on traditional advancement testing.

Commands may also have more opportunities to advance new petty officers or add chevrons to existing petty officers because COs can now request more quotas via MAP. Through the redistribution of unused quotas, 111 additional PACFLT Sailors were advanced during the fiscal year 2015 MAP redistribution season.

"MAP provides our command the opportunity to advance our top Sailors,' said USS O'Kane (DDG 77) Command Master Chief Charles Thomas.

"Each department will submit an eligible candidate. The chief petty officer's mess will have a MAP board similar to a Sailor of the year board, and send the commanding officer recommendations of the best candidates,' Thomas said.

Jiles said his experience meeting PACFLT's newly promoted MAP Sailors, who are praising the effectiveness of the program, has been inspir-

ing. "MAP has made a positive impact on the PAC-FLT area of operations," Jiles said. "I traveled throughout PACFLT during the MAP season and met with Sailors that were advanced through the program, and let me tell you that they were all smiling ear to ear. Pacific Fleet advanced roughly 900 Sailors through the MAP program and big Navy's numbers overall were 2,277 advanced."

Personnel Specialist 3rd Class Jennifer Dicostanzo, who was advanced through the MAP program aboard USS Theodore Roosevelt (CVN 71),

Sailors Jiles referred to. "I felt vindicated. My chain of command truly

believed in me and because of that I was chosen," Dicostanzo said. "I was honored, humbled and elated."

Command quotas are based on size. A command with 100 or fewer enlisted billets can spot advance two Sailors, one to E-5 and one to E-6. Those with more than 100, but fewer than 1,000, get two E-5 quotas and one for E-6.

Commands between 1,000 and 2,000 get four E-5s and two E-6s. The biggest sea duty commands, such as aircraft carriers, can spot-advance six E-5s and two E-6s. There are no quotas for E-4, so a command can use E-5 or E-6 billets to advance members to E-4.

"Since we are rebalancing more of the fleet to the Pacific, you will see that there will be more advancement opportunities for Sailors through

this program," Jiles said. "It is simple math. As we shift our focus to increasing the Navy's presence in the Pacific, our number of quotas will increase for candidates whose commands feel they are ready for the next paygrade.'

Additionally, the MAP program will expand its promotion quota numbers to some shore-based commands, with further guidance coming out next fiscal year.

"We will look at all the ratings on shore duty that have the opportunity to [utilize] MAP," Jiles said.

"We understand that we have some outstanding Sailors doing some great things on shore duty, and [they] should have the same opportunities as Sailors on sea-duty platforms with the MAP. And that is one of the reasons SECNAV wanted to expand this program to shore commands as well," Jiles said.

Dec. 7 events to include educational programs

Continued from page A-1

Band will perform from 8:45 to 10 a.m. today at the Pearl Harbor Visitor Center lanai.

• An Afternoon in the Park event will be held from 4 to 5 p.m. today in held from 6:30 to 7 p.m. the Pearl Harbor Visitor Center Theater. Guests can join Scott Pawlowski, chief of cultural resources, for an inside look into the new underwater world of 3-D scanning from 7:15 to 8:45 p.m. and photography of the

of key cultural program highlights that occurred in 2015.

Park event featuring an the Pearl Harbor Visitor evening with Professor David Kennedy will be today at the Pearl Harbor Visitor Center Theater. The event will include a book signing for the Pulitzer Prize-winning book, "Freedom from Fear"

• The Pacific Fleet sunken remains of the Band will perform from Mast Field Commemora-USS Arizona. The event 8:45 to 10 a.m. Saturday tion will begin at 10 a.m. pearlharborevents.com.

will discuss a number at Pearl Harbor Visitor Sunday at Ewa Field, Center lanai.

• From 8 a.m. to 4 p.m. Saturday and 8 • An After Dark in the a.m. to 2 p.m. Sunday at of the local community Center education building classroom, the local chapter of International Plastic Modelers Society will have a free public display of ships, planes and vehicles related to those used during the attack on Oahu and Pearl Harbor.

An Ewa Mooring

across from the Hawaiian Railway Museum, West Oahu. Members and veterans will participate in the annual observance of the attack on Ewa Mooring Mast Field, which was defended by the U.S. Marines.

The ceremony honors those who were killed that day, both Marines and civilians.

For complete information, visit http://www.



Holiday harmonies to happen at Hale Koa

Navy Region Hawaii Public Affairs

free, open-to-the-public holiday concert by the U.S. Pacific Fleet Band will begin at 5 p.m. Dec. 12 at the Hale Koa Hotel.

The outdoor concert will take place under the large banyan tree in the courtyard of the hotel, located at 2055 Kalia Road in Waikiki.

No tickets are required, as seating is open. Casual/holiday attire is encouraged.

The event will include music and entertainment from the Pacifc Fleet Band's wind ensemble to get the audience in the holiday spirit.

Guests can tap their feet to the band's newest group, Starboard Swing. In addition, the celebration will feature a showcase of jazz music, with arrangements from the band's musicians. Under the operational control of the commander, United States Pacific Fleet, Pacific Fleet Band is dedicated to providing musical support throughout a 100 million square mile area of responsibility for official functions, morale and retention programs, community outreach performances, and Navy recruiting initiatives. Annual band highlights include deployments in support of Pacific Partnership, the largest humanitarian and disaster response preparation mission in the Indo-Asia-Pacific, and public outreach performances throughout the region. Representing the United States Navy in Hawaii for more than 75 years, the professional military musicians of Pacific Fleet Band continue as ambassadors for the nation and an outreach organization for the United States Pacific Fleet. (For more information, call U.S. Pacific Fleet Band Oper-ations at 474-3693 or email ops.pacfltband@navy.mil. Visit the band's website at http://www.cpf.navy.mil/cpfband/index.shtml or https:// www.facebook.com/Pacific-Fleet-Band-157493485668/.)



Photos by MU2 (SW) Alex Ivy

December 4, 2015 Ho'okele B-1

Top and above, MU3 (SW) Steven Lamonica sings as Lt. Patrick Sweeten, pictured below, conducts the Pacific Fleet Band at a recent event.





thinkstock.com

U.S. Navy photo Above, The Pacific Fleet Band prepares to play at a community event.

MHO'OKELE SPORTS

Civil Engineer Squadron 'Bull-ish' in lopsided win

Randy Dela Cruz Sports Editor, Ho'okele

Story and photo by

One week before the championship game, the 647th Civil Engineer Squadron (647 CES) Bulls delivered a strong message to teams around Joint Base that this season's intramural flag football title might have to go through the 647 CES.

In a dominating performance over Commander, Navy Region Hawaii/ Middle Pacific (CNRH/ MIDPAC), the 647 CES broke out to a 26-0 lead at halftime before cruising to a 41-6 Red Division victory on Dec. 1 at Ward Field, Joint Base Pearl Harbor-Hickam.

On Dec. 5, the Bulls will open play in the postseason with a showdown versus 735th Air Mobility Squadron (735 AMS) at Earhart Field, starting at 4 p.m. "We feel great," said

Bulls wide receiver Staff Sgt. Josh Smith, who caught three passes for touchdowns in the team's win over CNRH/MIDPAC. "Last year at the end of the playoffs, we had a bad loss and we felt we could have won it then. So when we came in this season, we definitely had high hopes. As long as our defense holds up, I don't see any team beating us."

Looking to clean up their game before the postseason, the Bulls punctuated their intent by picking up six points on the first play of the game.

With the ball at his own 15, quarterback Staff Sgt. Chris Miranda flipped a short flair toward the direction of Smith, who made the catch and some-



Staff Sgt. Josh Smith focuses on the ball before making a secure grab in the end zone for a touchdown.

how got out of traffic to score on a 65-yard, passand-catch for a 6-0 lead.

"We like to start it off nice and easy to get the game going," Smith said. The corner bit on it, I turned and there was a wide-open field."

On the Bulls' next set of downs, Miranda got the

ball at midfield at the 40, and four plays later, went back to Smith, who broke to the right side of the end zone.

The ball got tipped, but Smith, despite having the ball ricochet off of his knee, managed to reach down and secure the ball for his second touchdown

vantage.

A two-touchdown game would be huge for any receiver, but on this night the duo of Miranda and Smith, when on the team's next possession, hooked up for their third touchdown in a row.

Instead of duplicat-

of the night and 12-0 ad- ing one of the previous two scores, Miranda and Smith found another way to reach the end zone.

This time, the QB just went over the top and lobbed a 35-yard bomb to Smith for an 18-0 lead in the first half.

"Josh has been doing that all season long," said Miranda about his favorite receiver. "I've been lucky to be able to just throw the ball and he's been making big plays all year."

While most games are nearly impossible to call as over with a whole half of football left to play, the Bulls may have put this one away early as Mi-randa connected on his fourth touchdown pass of the game just before halftime.

With only seconds on the clock until intermission, Miranda went fourfor-four during a 76-yard drive that ended on a catch in the end zone by Senior Airman Ty Robinson to increase the lead to 24-0.

The Bulls then finished off a two-point conversion to make it 26-0 at the break.

Halftime did nothing to dull the Bulls attack, as the team punched in two more touchdowns on back-to-back possessions to start off the second half.

MIDPAC's only score came late in the game on a short pass from Lt. Cmdr. Paul Murch to Senior Chief Sonar Technician Charles Paul.

Following the win, Miranda said that although the game didn't mean anything to the overall standings and seeds heading into the playoffs, the Bulls needed to come out sharp to prepare for the tough competition ahead.

After a strong regular season, Miranda said that this year's playoffs are all about redemption for the Bulls.

"We're here to avenge our loss from last year," he pointed out. "We just want to come out this year, play hard. We just can't wait for the playoffs."

Port Royal Rip City must wait for playoff berth

Story and photo by **Randy Dela Cruz**

Sports Editor, Ho'okele

Entering the final day of the regular season in the Afloat Division, three teams stood on the bubble to learn if their destiny included a ticket to the big dance.

While the landscape has cleared up a bit, two teams are still in limbo and must wait for the final decision by Morale, Welfare and Recreation intramural sports to see which squad will join USS Asheville (SSN 758), USS Chosin (CG 65) War Dragons and USS Port Royal (CG 73) as the fourth and final seed from the Afloat Division.

While one of the two teams, USS O'Kane (DDG-77), was expected to be in the hunt for a postseason spot, the second team waiting in the wings, USS Port Royal (CG 73) Rip City, a last-minute entry into the Afloat Division, is the biggest surprise of the season on Joint Base.

season almost as an afterthought, when a few Sailors on Port Royal realized that their playing time would be severely limited if they signed up to battle for a spot on the ship's "A" squad.



Gas Turbine System (Electrical) 3rd Class Jacob Gonzales reaches out for a pass.

day to take on all challengers from the 15-team Rip City entered the Afloat Division, Rip City came to play with only one thought on their minds: have fun.

After opening with a win in their first game of the season, Rip City did more than just have fun and on Nov. 28, the team

win over USS Chung-Hoon (DDG 93) at Ward Field, Joint Base Pearl Harbor-Hickam to finish the regular season with a 6-3 record and in a tie with O'Kane for the fourth and final seed.

"We want to continue the season," said Damage Controlman 3rd Class Ja-Meeting every Satur- pulled out an overtime cob Min, who scored the struggled to generate any-

game-winning touchdown in overtime. "We made this team from scratch and we didn't know that we're going to make it this far, but now we just want to keep going.'

Due to the importance of the game, Rip City may have pressed too much against Chung-Hoon and

thing on offense in the first half.

Quarterback Seaman Hans Hauge had Port Royal knocking on the door late in the first half, but his pass into the end zone was picked off by Yeoman 3rd Class Courtney Sims, who ran the football coast-to-coast for an 80-yard pick six and 6-0 going into halftime.

Picking up right where they left off in the first half, Chung-Hoon kept the momentum going in their favor with a threeplay, 65-yard drive for a touchdown.

Sims scored his second touchdown of the game on a 19-yard rush into the end zone.

The converted point after touchdown made it 13-0 in favor of Chung-Hoon, but Hauge soon erased the zero with a five-play-scoring drive of his own.

After moving the football from his own 20 to the Chung-Hoon one on four plays, Hauge nosed the ball over the goal line for Rip City's first score.

Port Royal got its ex-tra point to pull to within six at 13-7, and then after forcing Chung-Hoon to hand the ball over on downs, Hauge had one final shot to keep the game going.

36, Hauge moved the ball to the nine on a 23vard rush with 1:02 left to go in the game.

On second and goal from the nine, Hauge connected on a pass inside the end zone to Gas Turbine System (Electrical) 3rd Class Jacob Gonzales to tie and send the game into overtime.

In overtime, each team gets to run four plays from 10 yards out of the end zone.

Chung-Hoon got the ball first and although the team scored a touchdown on a toss from quarterback Ensign Jarrel Boyce to Operations Specialist Seaman Apprentice Matthew Feeler on the team's second down, Hauge gave Port Royal the win when he connected with Min on Rip City's first play from scrimmage.

"The whole time, Min was doing the post and he was open," Hauge said. "And it happened, at that time, he was wide open so that worked out for us."

While the focus of the season was always to come out and have fun, Hauge said, things really picked up once players began to settle in their positions.

One of the more recent add-ons is Ensign Obi Uzoma, who was a fouryear player at linebacker for Naval Academy.

This is really sweet," Starting from his own Hauge said. "At least we're in the talks for the playoffs. That's pretty good for us."

Asheville nails down Afloat Division's top seed

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

USS Asheville (SSN 758) locked up the Afloat Division's top seed in the upcoming playoffs by defeating USS Michael Murphy (DDG 112), 20-12, on Nov. 28 at Ward Field, Joint Base Pearl Harbor-Hickam.

Electrician's Mate 2nd Class Michael Fajardo, Asheville quarterback, accounted for all three of the team's touchdowns with two coming via the air and one on a keeper to improve Asheville's record to 9-1, while Michael Murphy's season ended with a mark of 3-7.

Asheville will be 16 teams to compete in cian (Submarine) Seaman the Joint Base intramural flag football championship, which will be held at Ward Field from Dec. 5-7. Fajardo said he was pleased that the team's hard work paid off with the division's No. 1 seed, but added that from here on in, everyone's record is the same.

near-spotless record. "We still got to come out, execute and do what we've been doing all season, which is rely on our defense and score when we can.'

Against Michael Murphy, as Asheville has done all season, the team didn't dazzle, but just came out and played solid football.

On Asheville's first play of the game, Fajardo took the snap from the 18 and broke out on a long gainer that covered 55 yards to the Michael Murphy seven-yard line.

A short completion on first down made it second and goal from the three, then Fajardo connected on a scoring pass into the end zone to Sonar Techni Aaron Murphy for a 6-0 lead.



make it 13-6 at halftime. After the break, it didn't take Fajardo long before he helped his team lock up the win for good.

On the team's second possession, Fajardo came up with a second and final touchdown toss of the day.

This time, the QB went over the top one more time and hit Culinary Specialist 3rd Class Laguan Jones for a commanding 19-6 lead.

As the team prepares for the playoffs, Murphy said that as long as the team continues to have fun and pays attention to details, Asheville should do well against any team.

For Fajardo, the key probably lies in the team's bilitv to maintain an

"We can't let it get to us, but it is exciting," said

On his first set of downs, Michael Murphy quarterback Culinary Specialist 3rd Class Terrance Sample misfired on his first two passes but used his legs to move the ball 35 yards on three carries to the Asheville 30.

Then, on first down, Sample rolled to his right Fajardo about the team's and lofted the ball over

Electrician's Mate 2nd Class Michael Fajardo leaps up in front of Electronics Technician 3rd Class Thaddeus McKinney to intercept a pass.

the defense and into the hit Murphy in stride down hands of Culinary Specialist Seaman Javier Savary, who made the catch and cruised into the end zone to tie the score at 6-6.

Back the other way, Fajardo unleashed a long bomb of his own, which the right sideline.

Although Murphy had clear sailing to the end zone, he stopped short and even backed away from the goal line before Michael Murphy defenders converged on him and pulled his flag at the five.

"I thought I made it, but I guess not," Murphy said. "I was upset a little about it at first, but you can't do anything."

It's a good thing for Murphy that Fajardo covered his teammate's error by taking it into the end zone on a short run to other."

even keel and be consistent.

"We try to stay level, regardless of what happens," he explained. "Big plays, bad plays, we just got to stay level and execute our game plan. We don't try to get too ahead of ourselves. We're just a bunch of guys playing football and doing what we love. We work hard and we play for each

Joint Base hosts Special Olympics

Photos by Senior Airman Khin Myat Thu Tun and Courtesy of Special Olympics Hawaii

Joint Base Pearl Harbor-Hickam Public Affairs

Special Olympics Hawaii hosted its Holiday Classic, Nov. 21 and 22, at venues including Club Pearl and the Hickam bowling lanes at Joint Base Pearl Harbor-Hickam and at Marine Corps Base Hawaii.

The Holiday Classic is a multi-competition event where teams from neighboring islands and Oahu gather to compete in sports. The event brought together members of the community with military from all branches of service. Volunteers and coordinators worked for months to put on the event for the Special Olympics athletes.

According to www.specialolympicshawaii.org, the mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.

It gives them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Clockwise from left, Staff. Sgt Justin Klukan from 647 SFS/S5P, one of the coordinators, and a participant open the ceremony by lighting the Olympic torch. They both were selected for the honor. Participants in the Special Olympics Hawaii event at Joint Base Pearl Harbor-Hickam enjoy the activities.

Holiday tower lighting celebration scheduled for next week



MWR Marketing photo There will be a variety of activities for kids at the Freedom Tower Lighting Celebration on Dec. 11.

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

A holiday tradition returns to Joint Base Pearl Harbor-Hickam next week with the 46th annual holiday lighting of the Freedom Tower on Dec. 11.

There will be a variety of attractions this year, including several activities for kids, including bounce houses, an interactive trampoline exhibition and craft building.

"It's definitely one for the family, with so many activities you may not be able to get through every-

Lara Katine, JBPHH Morale, Welfare and Recreation's special events.

There will also be food booths offering a variety of meals available for purchase. Live musical entertainment will be provided by the Air Force Band of the Pacific throughout the evening.

One of the most anticipated features of the Freedom Tower Lighting is the free photo with Santa Claus. MWR's marketing department will take a high quality photo that customers can later

download for free. with the lighting of Free-

thing while there," said dom Tower. Hundreds of lights are strung up on the tower, resembling a Christmas tree. The tower will remain lit every evening through the holidays.

The 46th annual Freedom Tower Lighting Celebration will begin at 4:30 p.m. Customers are welcome to bring a blanket or lawn chairs. Pets are not authorized at the event. MWR will provide a free round-trip shuttle service from the Hickam BX Garden Shop, beginning at 4:15 p.m. The lighting of the tower takes place at 7 p.m.

(For more information, The evening concludes go to www.greatlifehawaii.com.)

MWR's Honolulu City Lights tour begins Sunday

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale. Welfare and Recreation

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) Information Tickets and Travel (ITT) department is once again hosting its annual Honolulu City Lights holiday tour throughout the month of December. The tour takes patrons on a ride through Honolulu, with a stop to see the large holiday displays at Honolulu Hale.

Tours leave from both the Hickam ITT office or Bloch Arena, each with different tour dates, departure times and prices.

The Hickam tour dates are from Dec. 6 to 22, with two departure times per day. The first departure is at 6 p.m. and costs \$15 per person, ages 5 years and up. The second departure time is at 8:30 p.m.

and costs \$10 per person. Transportation for these tours will be aboard the Hickam ITT Trolley.

The Pearl Harbor tour dates are Dec. 13, 17, 18, 21, 22 and 23, with departures times at 6 p.m. and 6:30 p.m. The cost is \$20 per person, ages 5 years and older. Transportation for these tour dates will be aboard a double decker bus.

One child, 4 years of age and under, sitting on an adult's lap, is allowed free admission per paying adult. No large strollers or carriers are allowed (umbrella type are permitted). Reservations can be made at any ITT location. Call any location for more information and tour availability:

- Fleet Store ITT:
- 473-0792• Hickam ITT: 448-2295
- Pearl Harbor Navy
- Exchange ITT: 422-2757 • Barbers Point ITT:
- 682-2019
- Wahiawa Annex ITT: 564-4445/4446

Switchfoot performs at JBPHH



MWR Marketing photo by Maria Sittre-Fujii

National recording artists Switchfoot performed at a Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation (MWR) concert Nov. 22. Switchfoot is known for hits such as "Dare You to Move," "Love Alone is Worth the Fight" and "Dark Horses." The performance was presented by Armed Forces Entertainment.

DECEMBER

TEMPORARY BRIDGE CLOSURES

TODAY, 7 — All lanes of the Ford Island Bridge will be closed from 9:15 to 10:45 a.m. today for rehearsal operations in support of ceremonials. All lanes of the Ford Island Bridge will be closed from 7 to 10 a.m. Dec. 7 for operations in support of the ceremonies. Motorists and pedestrians should plan accordingly for those two days. The small craft gate will be closed during bridge opening. All boat traffic under the causeway will be suspended during these events. FMI: Andrew.mcpherson.4@usaf.mil or 449-3105.

FOX SPORTS MLB ALL-STAR EVENT

SATURDAY — The Fox Sports Major League Baseball All-Star Event will begin at 9 a.m. at Ward Field, Joint Base Pearl Harbor-Hickam. The event will feature meet-and-greet opportunities with professional baseball players and an autograph session for kids. The event is free and open to all military-affiliated personnel and their sponsored guests. FMI: www.greatlifehawaii.com.

SALUTE TO THE TROOPS

SATURDAY — USO Hawaii will hold a Salute to the Troops from 10:30 a.m. to 5 p.m. at Wet 'n Wild Hawaii. The event will feature free admission to all active duty military, Reserve and retired military and their families. The cost of onsite parking is \$8 per vehicle. The park will be closed to the general public during the event. FMI: Facebook.com/HawaiiUSO or 422-1213.

SNEAK PREVIEW

SATURDAY — A free sneak preview of the movie "In the Heart of the Sea" in 3D will begin at 7 p.m. at Sharkey Theater. The movie is free for the first 400 authorized patrons. The ticket booth and doors will open at 5:30 p.m. Active-duty military may receive up to four tickets. Retired military, military family members and Department of Defense card holders may receive up to two tickets. The movie is rated PG-13. FMI: 473-0726.

PEARL HARBOR REMEMBRANCE DAY

7 — Navy Region Hawaii and the National Park Service World War II Valor in the Pacific National Monument will co-host a joint ceremony from 7:45 to 9:15 a.m. observing the 74th anniversary of Pearl Harbor Day at Kilo Pier, Joint Base Pearl Harbor-Hickam. Historian David Kennedy will give the principal address.

For a schedule of national Pearl Harbor remembrance day events, please refer to page A1 and go to pearlharborevents.com.

PEARL HARBOR DAY MEMORIAL PARADE

7 — The fifth annual Pearl Harbor Memorial Parade will take place in Waikiki with opening ceremonies at 5 p.m. followed by the parade at 6 p.m. Pearl Harbor survivors are scheduled to participate in the event.

FOX SPORTS PEARL HARBOR INVITATIONAL

7 — Fox Sports Pearl Harbor Invitational basketball games will be held Dec. 7 at Bloch Arena, Joint Base Pearl Harbor-Hickam. Free ticket distribution is at the Fleet Store Information, Tickets and Travel office. The event will include men's Division 1 NCAA basketball games. The first game will begin at 2 p.m., featuring Villanova University vs. the University of Oklahoma. The second game will feature the U.S. Naval Academy vs. the University of Oregon. Admission gates will open at 12:30 p.m. FMI: www. greatlifehawaii.com.

TECHNOLOGY EXPO

7-11 — A Tactical Advancements for the Next Generation (TANG) technology innovation expo will be held at Lockwood Hall. The technology showcase event is open to anyone with Joint Base access.

FLOAT NIGHT

11 — A float night event will be held from 5 to 7 p.m. at Scott Pool. Joint Base Morale, Welfare and Recreation patrons who bring a wrapped donation for Toys for Tots to the event will get a free root beer float and Christmas treats. Then, they can lounge in the pool with their floaties, inflatables and rubber duckies. Personal-sized flotation devices are allowed only. FMI: 473-0394 or www.greatlifehawaii.com.

CHRISTMAS CONCERT

12 — InspirationStudios, known for their inspirational music with ukulele and other instruments, will perform at noon at the Hickam BX. FMI: 423-7885.

HOLIDAY CONCERT

12 — A free, open-to-the-public holiday concert by the U.S. Pacific Fleet Band will begin at 5 p.m. at the Hale Koa Hotel. The outdoor concert will take place under the large banyan tree in the courtyard of the hotel, located at 2055 Kalia Road in Waikiki. No tickets are required, as seating is open. Casual/holiday attire is encouraged. FMI: U.S. Pacific Fleet Band Operations at 474-3693 or ops.pacfltband@navy.mil.





OUR BRAND IS CRISIS

A battle-hardened American political consultant is sent to help re-elect a controversial president in Bolivia, where she must compete with a long-term rival working for another candidate.

SHARKEY THEATER

TODAY - 12/4 7:00 PM Spectre (PG-13)

SATURDAY - 12/5 2:30 PM Love The Coopers (PG-13) 7:00 PM The Heart of the Sea (3-D) (Free sneak preview) PG-13

SUNDAY - 12/6 6:00 PM Revenant (Free sneak preview) (R)

THURSDAY - 12/10 7:00 PM Burnt (R)

HICKAM MEMORIAL THEATER

TODAY - 12/4 6:00 PM The Last Witch Hunter (PG-13)

SATURDAY - 12/5 2:00 PM Hotel Transylvania 2 (PG) 6:00 PM Goosebumps (PG)

SUNDAY - 12/6 2:00 PM The Martian (PG-13) 6:00 PM Our Brand Is Crisis (R)

THURSDAY - 12/10 7:00 PM Our Brand is Crisis (R)

Holiday chapel events scheduled

Joint Base Pearl Harbor-Hickam chapels will hold a variety of events celebrating Christmas, Hanukkah and New Year's Day.

Catholic Services at Hickam Chapel Center

• Dec. 8, 11:30 a.m. and 6 p.m., Immaculate Conception Mass (Holy Day of Obligation)

• Dec. 24, 5 p.m., Christmas Eve Family Mass

• Dec. 24, 11 p.m., Christmas Eve Family Mass

• Dec. 25, 11 a.m., Christmas Day Mass

• Jan. 1, 11 a.m., New Year's Day Mass

Catholic Services at Pearl Harbor Memorial Chapel

• Dec. 8 11:30 a.m. and 6 p.m., Immaculate Conception Mass (Holy Day of Obligation)

• Dec. 24, 8 p.m., Christmas Eve Family Mass

• Dec. 25, 9 a.m., Christmas Day Mass

• Jan. 1, 9 a.m., New Year's Day Mass

Protestant Services at Hickam Chapels

• Dec. 24, 7:30 p.m., Christmas Eve Candlelight Service, Hickam **Chapel Center**

• Dec. 31, 10 p.m., Gospel Watchnight Service, Hickam Nelles Chapel

Protestant Services at Pearl Harbor Memorial Chapel

• Dec. 20, 4:30 p.m., Christmas Family Concert

• Dec. 24, 6:30 p.m., Christmas Eve Candlelight Service

Jewish Services at Aloha Jewish Chapel • Dec. 11, 7:30 p.m.,

Shabbat Hanukkah Service.

(For other religious observances, call Pearl Harbor Memorial Chapel at 473-3971 and Hickam Chapel Center at 449-1754.)

Exchanges to celebrate events with Santa

Kids can tell Santa their Christmas wishes at the Hickam Exchange Bxtra beginning at 11 a.m. on Saturday and again on Dec. 12. (For more information, call

423-1304.) In addition, breakfast with Santa

Claus will be held from 8 to 9 a.m. Dec. 12 at the Pearl Harbor Navy Exchange food court lanai, second floor. The cost

thinkstock.com of the event is \$12 per child for a meal of pancakes and bacon, a goody bag, a picture with Santa, glitter tattoos, holiday activities, craft making, door prizes and balloon twisting. The cost of the event is \$8 per adult for pancakes and bacon, with coffee or tea and door prizes. Participants should arrive by 7:45 a.m. because doors will close promptly at 8 a.m. (For more information, call 423-3287 or Stephanie.Lau@nexweb.org.)



John Burns, administrative support assistant for Navy Region Hawaii, took this photo of the Grand Canyon during a recent mainland visit. How to submit: Send your (non-posed) photos to editor@hookelenews.com.

MFSC schedules upcoming classes

The Joint Base Pearl Harbor-Hickam Military and Family Support Center (MFSC) has scheduled upcoming events.

• A stress management class will be held from 8 to 11 a.m. Dec. 8 at MFSC Pearl Harbor. Participants can learn how stress affects personal and professional lives, how to decrease stress, how to interrupt the stress cycle and use relaxation techniques.

• A federal resume writing class will be held from 1 to 3 p.m. Dec. 9 at MFSC Hickam. Participants can gain information on the federal employment process, learn how to search for job openings, interpret visit www.greatlifehawaii. vacancy announcements, com or call 474-1999.)

recognize key words and build a proficient and well-organized federal resume.

• A workshop called Smooth Move will be held from 8 to 11:30 a.m. Dec. 10 at MFSC Hickam. This workshop features speakers from various departments to give participants a better understanding of the permanent change of station (PCS) process such as: entitlements, shipping a vehicle, filling out necessary paperwork, researching new base and location and financial planning.

Participants can register for all classes online.

(For more information,

Upcoming blood drives 🌔

• Dec. 9, 9 a.m. to 1 p.m., 8th Special Troops Battalion, Macomb Road, building X0625, room 115, Fort Shafter.

• Dec. 14 and 15, 9 a.m. to 1 p.m., Military Police, 455 Wilson Ave., Schofield Barracks.

• Dec. 21, 9 to 11 a.m., Health Clinic, building 683, Schofield Barracks.

• Jan. 6, 10 a.m. to 2 p.m., Schofield Barracks Tropics, Schofield Barracks.

• Jan. 7, 9 a.m. to 1 p.m., SEAL Division Team-1 SDVT-1 classrooms.

(For more information, contact Michelle Lele-Himalaya, Armed Services Blood Program, Tripler Army Medical Center, at 433-6699 or email Michelle.Lele.civ@mail.mil.)