

## UH Military Appreciation Day to 'touch down' at Aloha Stadium

Joint Base Pearl Harbor-**Hickam Public Affairs** 

The University of Hawaii's ninth annual Military Appreciation Day will begin at 4:30 p.m. Saturday as the Rainbow Warriors host the United States Air Force Academy at Aloha Stadium.

The pre-game show will fea-

also honor a number of local Vietnam veterans.

For anyone interested in purcounted tickets are available. Active duty, Reservists, retired members of the military and Department of Defense civilians

a key spouse from each branch adult tickets (maximum of eight) of service. The ceremony will to the game on military night.

A valid military identification card is required when purchasing tickets at the Stan Sheriff chasing tickets to the Military Center Box Office in advance or Appreciation Day game, dis- at the Aloha Stadium box office in advance or on game day. Tickets are in special sections and supplies are limited.

The Air Force Academy Assoture the Navy League honoring will receive 50 percent off select ciation of Graduates (AOG) will

also hold a tailgate party from 3 Force Academy athletic departto 4:30 p.m. Saturday at Aloha Stadium.

AOG members and \$40 for adult non-members; \$15 for children ages 5 to 20, and free for children ages 4 and under. Parking is \$10. The tailgate party will include food, beverages and entertainment.

In addition, the U.S. Air

ment will hold a pep rally beginning at 3 p.m. today in front of Cost of the party is \$35 for the Missing Man Formation at Joint Base Pearl Harbor-Hickam. This is a family friendly event and will include both the academy's cheerleaders and dance team.

> For more information, email scott.heinlein@us.af.mil.

## Women's Symposium discusses 'progress and possibilities'

Story and photos by MC3 Katarzyna Kobiljak

Navy Public Affairs Support Element Detachment Hawaii



ter Chief Suz Whitman, right, me a story about the time answers questions from the audience during 2015 Navy and certain rates just Hawaii Women's Symposium opened up to women. Senior at Ford Island Conference chief told me men would Center.

U.S. Pacific Fleet Force Mas- (engineman), and she told when she first came to the make her work in a pit with a coverall tied around her waist, so they could look at her because she was a woman."

"The question isn't who is going to let me; it's who is go-ing to stop me," said U.S. Pacific Fleet Force Master Chief Suz Whitman as she quoted Ayn Rand, an American novelist and playwright, during the 2015 Hawaii Women's Symposium held Oct. 26 at Ford Island Conference Center at Joint Base Pearl Harbor-Hickam.

The theme of the symposium was "Progress and Possibilities: Embrace Our Future Now" and included interactive leadership panels, uniform brief with "do's and don'ts" fashion show, networking lunch and speed mentoring.

"I think symposiums are a great tool, not only to bring females together but to bring

services as well, to see what a parent to how to choose bewe all have gone through and where we are headed," Whitman said.

Whitman was one of the six members of a leadership panel who answered many questions from the audience. Questions ranged from how to balance life between being males together and other a military member and being guided-missile destroyer

tween right assignments and whether or not to stay in the Navy.

"For me personally, it's a motivation to see so many females and males attending," said Chief Cryptologic Technician (Collection) Virginia Sanders, assigned to the



Senior Chief Information Specialist Chanda Clifton introduces panelists during 2015 Hawaii Women's Symposium.

USS Preble (DDG 88), also a panelist.

Sanders said this sympo-

sium is important because it gives everyone a chance to see other people going through the same issues and struggles. It hits you when someone else starts to talk about his or her problems, she said.

alone," Sanders said.

When asked about what drives her in her professional and had it so much worse. life, Sanders said, "On my previous ship, I worked with have to deal with such isa senior chief who was EN sues."

She also said the thought of women before her, who dealt with equality issues and quality work, always motivates her.

"How do I dare to be "Then you see you are not here, in this place in vain?" Sanders asked. "There are women who came before me Thanks to them, I don't

## Skits teach sexual assault prevention

## Navy Region Hawaii Public Affairs

sponse Office (SAPRO) 6 to bring the SAPR mesof Defense civilians here.

Through interactive Praxis will present several programs to emphasize the importance of sexual assault prevention and strategies for intervention. Pure Praxis is a socially adaptive performance group contracted with

DON SAPRO. Together, they work with Sailors and Marines both domestically and internationally.

sational theater to allow tially result in a sexual asaudience members to sault," said Loftus. "The The Navy Sexual As- rehearse for difficult life next step is knowing what sault Prevention and Re- situations. During the to do when you find yourperformances, audience self in that situation." team will be visiting members are given the Hawaii from Nov. 1 to Nov. chance to rehearse bystander intervention and sage to military service assertive communication members and Department strategies that are key to sexual assault prevention. Because the entire show skits and messages, Pure is guided by the audience's participation, it makes every performance

unique. Jill Loftus, director of DON SAPRO, said the goal is to train service members to feel comfortable to walk into a situation and intervene

doing sexual assault Hawaii, Kaneohe Bay, base awareness training to spot theater

The troupe uses improvi- situations that could poten-

The scheduled presentations for Pure Praxis in Hawaii are:

Nov. 2

• 9-10:30 a.m., 1 to 2:30 p.m. – Sharkey Theater, JBPHH

Nov. 3

• 9-10:30 a.m., 1 to 2:30 p.m. - Sharkey Theater, JBPHH

Nov. 4

• 9-10:30 a.m., 1-2:30 p.m. - Camp Smith SemperFit Center Nov. 5

• 9-10:30 a.m., 1-2:30 "Previously, we've been p.m. – Marine Corps Base



USS Preble, HSM-37 return home See page A-2



Makahiki celebration set for Nov. 7 at Hickam Harbor Beach See page A-2



JBPHH plans college graduation ceremony Nov. 6 See page A-2

NAVSUP FLC Pearl Harbor concludes Feds Feed Families food drive See page A-7



Halloween events planned for today, tomorrow See page B-1



Navy chief by day, vampire by night See page B-6



## **USS** Preble returns from independent deployment

#### Navy Region Hawaii and Naval Surface **Group Middle Pacific Public Affairs**

The guided-missile destroyer USS Preble (DDG 88) returned Oct. 23 to Pearl Harbor after an independent deployment to the western Pacific Ocean.

Deployed since March, the crew of more than 300 Sailors steamed a total of itime Strike Squadron 48,550 nautical miles across the U.S. 3rd and U.S. 7th Fleet areas of operation. While deployed, Preble conducted various theater security operations and goodwill MH-60R Seahawk heliactivities with partner nations.

"The Preble team performed with distinction throughout a seven-month independent deployment, where we accomplished a wide variety of missions," said Cmdr. Jeffrey L. Heames, commanding officer

of Preble Sailors and Preble families, who supported us across every sea mile. I am incredibly proud of their hard work, professionalism and the respectful manner

in which they represented our nation," Heames said. Embarked aboard Preble during the deployment was Detachment 5, the "Expendables," of Helicopter Mar-(HSM) 37, which also returned Oct. 23 to Marine Corps Base Hawaii. The "Expendables" flew more than 1,100 hours with two copters in support of multinational exercises and presence operations.

Preble participated in northern patrol, ship anti-submarine warfare readiness and evaluation measurement (SHAREM) 180, Talisman Sabre 2015, Cooperation Afloat Readiness and Training (CARAT) "The success was made Indonesia, South China Sea http://ow.ly/TYlxB.)

possible by a fantastic group Patrol and an East China Sea Patrol building partnerships to increase stability in the Indo-Asia region.

> Preble Sailors engaged in several community relations projects including volunteering at orphanages, distributing supplies to shelters and hospitals, and beautifying the surrounding community. Host nations included Korea, Australia, Singapore, the Philippines and Guam.

Preble is a multi-mission ship designed to operate independently or with an associated strike group. The ship is assigned to Destroyer Squadron 23 and is homeported in Hawaii within the U.S. 3rd Fleet area of operations.

U.S. 3rd Fleet leads naval forces in the eastern Pacific and provides the realistic, relevant training necessary for an effective global Navy.

(For more information, visit the ship's website at

## HSM-37 Detachment Five returns home to Hawaii

Lt. j.g. McKenzie Brannon

Helicopter Maritime Strike Squadron 37

The "Expendables" of Helicopter Maritime Strike Squadron 37 (HSM-37) Detachment (Det) Five returned home Oct. 22 to Marine Corps Base Hawaii, Kaneohe Bay, culminating a sevenmonth deployment onboard the USS Preble (DDG-88).

Lt. Cmdr. Ken Sheffield and Lt. Cmdr. Meagan Barnett, officers in charge, led Det Five's 29 Sailors, completing 946 operational flight hours in support of Commander, U.S. 7th Fleet objectives.

Preble and Det Five took part in multiple exercises prior to their Pacific Theater deployment. In February 2015, both units aviation team training (ISATT), independent deployers certification exercise (IDCERTEX) and Submarine Commanders Course (SCC) along with the USS Chafee (DDG-90) and USS Chosin (CG-65). These exercises pro-

vided Det Five and Preble training on the integration of surface, subsurface, and aviation assets, and operating in a simulated combat environment, ultimately proving Det Five's and Preble's ability to project naval power at sea in dense threat environments.

The "Expendables" engaged in several multi-national exercises over the course of their U.S. 7th Washington (CVN-73), sovereignty claims in the Fleet deployment, includ- USS Bonhomme Richard region.



U.S. Navy photo by MC3 Katarzyna Kobiljak

participated in initial ship Lt. Landon Goodell, assigned to the Easyriders of Helicopter Maritime Strike Squadron (HSM) 37 Detachment 4 at Marine Corps Base Hawaii, talks to his daughter during a homecoming Oct. 22. (Additional photos on page A-5.)

> Sabre 2015 and CARAT Indonesia. These exercises served to strengthen ties with partner nations and increase the capability for coordinated antisubmarine warfare (ASW), anti-surface warfare (ASUW), ship-handling, cross-deck landings, and visit, board, search and seizure (VBSS) operations

Det Five further supported operational objec- freedom of navigation in tives in the form of escort duties for the USS George to contesting invalid

ing Sharem 180, Talisman (LHD-6) and USS Ronald Reagan (CVN-76). They contributed to numerous intelligence products reaching the highest levels of the U.S. naval intelligence infrastructure.

The most valuable aspect of their deployment was Det Five's completion of Pacific presence operations in the East and South China Seas. This evolution continues to be a vital tool in protecting international waters and

## Makahiki celebration set for Nov. 7 at Hickam Harbor Beach

#### Joint Base Pearl Harbor-**Hickam Public Affairs**

of Defense personnel, their families and sponsored guests are invited to celebrate the annual makahiki, ing and was a time of peace contact Patty Colemon, or ancient Hawaiian festival of Thanksgiving, beginning deity, Lono, for agricultural ronmental outreach coordiat 9 a.m. Nov. 7 at Hickam bounties and games of nator, at 473-0369 or Grace Harbor Beach at Joint Base strength and skill played," Hewlen, Joint Base Pearl

Facilities Engineering Com-Military and Department mand Hawaii, is a key planmakahiki parallels the western tradition of Thanksgiv-

Jeff Pantaleo, cultural re- tional Native Hawaiian sources manager for Naval games of skill, including ulu maika (stone rolling), moa pahe'e (dart tossing), haka ner for the event. "The moa (one leg wrestling) and maka ihe (spear tossing).

For more information, and thanks to the Hawaiian Navy Region Hawaii envi-



Participants of a previous annual makahiki begin the event with the arrival at Joint Base Pearl Harbor-Hickam. The makahiki has been held on the shores of Hickam Harbor Beach and Ford Island for more than 10 years.

Pearl Harbor-Hickam.

The annual makahiki at Kapuaikaula (ancient name for the Hickam area) provides a unique opportunity for guests to travel back in time to experience Hawaii's rich heritage and play ancient mahakiki games, a popular part of the festival in which families can participate. The event is free and open to personnel with base access and their sponsored guests.

Organized by the Oahu Council of Hawaiian Civic Clubs in partnership with Joint Base and Navy Region Hawaii, this celebration symbolizes a time when Native Hawaiians tory of makahiki and comput aside their differences pete for prizes given for and gave thanks.

Pantaleo said. "Makahiki started at Pearl Harbor 14 years ago at Ford Island and has helped improve relationships between the Navy/Air Force

and the Native Hawaiian

community," he said. The Hawaiian deity, Lono, will journey from Iroquois Point to Hickam Beach via canoes from the Kamaha`o Canoe Club. At 9 a.m. a blast of the pu (conch shell) will announce the arrival, and a procession from the beach to the grassy area in front of Sam Choy's Island Style Seafood and Grille will begin the makahiki

Guests will learn the hisperformance in the tradi-

Harbor-Hickam Public Affairs officer, at 473-2926.



## JBPHH plans college graduation ceremony Nov. 6

Joint Base Pearl Harbor-**Hickam Public Affairs** 

The Joint Base Pearl Harbor-Hickam (JBPHH) Military Recognition ceremony for college graduates is scheduled to begin at 9 a.m. Nov. 6 at the Historic Hickam Officers Club lanai at JBPHH.

Recognizing the educational achievements of service members assigned to JBPHH, a total of 60 graduates from the Navy and Air Force at JBPHH will participate in the formal graduation ceremony. It will honor service members who earned or will earn an associate, bachelor, master or doctorate degree between September 2014 and December 2015.

Capt. Stanley Keeve, JBPHH commanding officer, will be the guest speaker. Emcees for the ceremony will us.af.mil or 449-0719.

be Air Force Chief Master Sgt. Jerry L. Williams and Navy Chief Culinary Specialist Kenneth Bohan. College representatives from the University of Maryland University College, Central Texas College, University of Oklahoma, American Military University, Thomas Edison State College, Chaminade Univer-

sity, Wayland Baptist University, Columbia College, Argosy University, Excelsior College and Honolulu Community College will participate in a college fair at the ceremony.

For more information regarding the ceremony, contact Chief Intelligence Specialist Eduardo Rueda at eduardo.rueda@navy.mil or 472-8881, ext. 333 or Senior Master Sgt. Donna Mottley at donna.mottley@



#### What is the scariest movie you've ever seen?



Staff Sgt. Joshua Blaschke 324th Intelligence Squadron

"'The Sixth Sense;' I see dead people!"

MA2 Jamal Brown JBPHH Security

freaked me out.'

"My favorite scary movie is 'The Candy Man.' The movie's suspense really



Airman 1st Class Marco Brown 690th Cyberspace Operations Squadron

"'It.' Clowns are scary and evil! Only psychos enjoy clowns.'

#### MA2 Andre Castro JBPHH Security

"My favorite scary movie is 'The Howling.' It is the original werewolf movie, which I love and set the precedent for current movies."



Chief Master Sgt. Russell Ducosin 154th Aircraft Maintenance Squadron

"'The Exorcist.' Just not into the devil."

**BMSN Peter Graham** USS Chafee (DDG 90)

"The scariest movie I have seen is 'Friday the 13th;' I remember the movie being really scary as a kid."



#### STGSN Austin Hodges USS Chafee (DDG 90)

"The scariest movie I have seen is 'Insidious.' The movie really affected me because it seems like the movie could have happened in real life."

Lt. Col. Richard Yenke 624th Aeromedical Staging Squadron

"'Psycho.' Norman Bates just ain't

## Air Force releases new SAPR strategy

Secretary of the Air Force **Public Affairs** 

WASHINGTON (AFNS)-Air Force leaders released a fiveyear sexual assault prevention and response strategy that will guide the Air Force in developing a robust prevention model while continually honing response capabilities today.

The secretary, chief of staff and chief master sergeant of the Air Force signed a foreword to the strategy, charging all Airmen with the forced across the different environresponsibility of preventing sexual assault.

"Sexual assault prevention is critical to the health, morale and welfare of Airmen and ultimately essential to Air Force readiness," said Secretary of the Air Force Deborah Lee James.

'This strategy lays out the deliberate, science-based process we will follow to eradicate this crime from our ranks."

The two-part document outlines both response and prevention strategies. Although Airmen will likely be familiar with the programs included in the response portion of the strategy, the prevention strategy presents a new phase in Air Force SAPR efforts, said Dr. Andra Tharp, an Air Force sexual assault prevention and response highly qualified prevention expert.

"Using a public health approach to prevention, the strategy will use proven lations and behaviors of individuals, prevention programs, policies and best practices to reduce risk factors and enhance protective factors," Tharp said. "Fostering skills such as being an active and engaged bystander, managing emotions and resisting peer pressure are proven approaches to preventing violence."

lence before it occurs, promoting prevention at every level, and providing ongoing prevention activities that reflect the unique roles and development of each Airman.

In line with the Defense Department strategy published in April 2014, the Air Force strategy promotes a comprehensive prevention approach that ensures prevention messages and skills are consistent and rein-

ments in which an Airman may live and work.

"Our Air Force family comes from all walks of life, but we all work together to protect our nation," said Air Force Chief of Staff Gen. Mark A. Welsh III.

"Our core values are what bind each of us together, and it's on us to take the time to really know our people. We're all part of the solution or there is no solution," he said.

According to the strategy, a key longterm objective of SAPR programs is to provide every Airman with standardized, developmental education and training throughout their career, strengthening the Air Force culture of dignity and respect and sustaining an environment inhospitable to sexual assault perpetrators. Effective enhanced developmental education and training will be tailored to address specific popugroups and cultures.

"We're moving away from a one-sizefits-all approach to prevention and thinking hard about who needs what and when," Tharp said.

"We know that risk factors change as people age and that an Airman's role in prevention might change as he The Sexual Assault Prevention or she takes on different leadership Strategy lays out the sexual assault roles, so we are moving toward a more

prevention tenets: preventing vio- nuanced approach to prevention that focuses on delivering relevant skills and messages to the right people at the right time.'

> The strategy document explains factors that put an individual at risk for perpetration such as previous unhealthy experiences, beliefs or relationships, and outlines a plan to tailor training to address risk factors in every setting.

> 'We listened to Airmen's concerns, and we're excited about the new model that will be introduced to the force," said Chief Master Sgt. of the Air Force James A. Cody.

> 'It's on us to ensure our Airmen are trained appropriately to shape our culture in a manner that does not allow sexual assault or harassment to occur.'

> Airmen will begin seeing portions of the prevention strategy in action this year. The Air Force SAPR office is working with a contracted prevention training company to tailor the company's training to address specific populations and behaviors of individuals, groups and cultures within the Air Force.

> Focus groups to assist in this effort are currently ongoing at Little Rock Air Force Base, Ark. and Keesler Air Force Base, Miss., and the new training will be presented to Airmen beginning in January 2016. Additionally, major commands across the Air Force have already begun to use advisory boards or existing installation delivery systems to support the rollout of the prevention strategy and new training model.

> "Sexual assault has a direct impact on our Airmen and our mission. Our Airmen deserve to carry out our vital missions in an environment where they are treated with respect and dignity," James said. "We will not stop looking for ways to improve until we have an Air Force free from sexual assault.'

DWI? OVUII? Hawaii's driving laws explained

Staff Sgt. Christopher Stoltz

#### 15th Wing Public Affairs

While Hawaii is full of pleasant surprises, it can also provide some surprising ones to those who do not know the local laws in place.

Unfortunately, in some instances, this ignorance of the laws has led to situations which did not end well for those who decided to have a drink and drive.

claiming to only have one drink.

According to McKeever, in addition to having established legal limits on blood alcohol content, or BAC, Hawaii has a specific set of laws called OVUII (operating a vehicle under the influence of an intoxicant)

Under this law, if a police officer believes alcohol is involved in an accident or incident regarding a vehicle, or in any fashion, the officer person's blood alcohol content. The other portion of Hawaii's OVUII law many drink with dinner and be people do not know about is implied consent laws. refuse to take or fail a chem-

ministrative Driver's Li- judgment," Nguyen said. cense Revocation Office (ADLRO), will automatically suspend your license," McKeever said.

black and white, there ever, they said it is always a seems to be shades of grey when it comes to determining impairment and one's ability to 'handle' their alcohol.

if a person seems impaired vary from person to person there and get home safely. and the issue comes down to McKeever, Joint Base Pearl can then administer a impairment," said Air Force situation in which you canchemical test to determine a Capt. Ashleigh Nguyen, not drive, get a taxi. It is 15th Wing assistant staff judge advocate.

themselves in trouble after ical test, the Department of You have to use common Transportation, and the Ad- sense and exercise good

> In addition to exercising good judgment when drinking, Nguyen and McKeever said the smartest idea is to Now while the laws are never drink and drive. Howgood idea to have contingencies in place.

> "My advice would be to always have a plan," said Mc-Keever. "That means "Alcohol tolerance levels always have a way to get





Provided by Lt. Paul Fylstra and David D. Underwood Jr. Want to see your command featured in Diverse Views?

Got opinions to share? Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Air Force Capt. Lance A. Harbor-Hickam security operations officer, said ignorance of the laws where service members are stationed is not a valid defense in a court of law. In addition, he said there have been instances where service members have found

"One person may have a completely fine to drive, whereas another person This means that if you may have just one drink and be too impaired to drive.

Lastly, if you are stuck in a much cheaper than a DUI (driving under the influence, DWI (driving while intoxicated), or OVUII."

Under Hawaii law, regarding operating a vehicle under the influence of an intoxicant.

(a) A person commits the offense of operating a vehicle under the influence of an intoxicant if the person operates or assumes actual physical control of a vehicle.

• While under the influence of alcohol in an amount sufficient to impair the person's normal mental faculties or ability to care for the person and guard against casualty.

• While under the influence of any drug that impairs the person's ability to operate the vehicle in a careful and prudent manner

• With .08 or more grams of alcohol per two hundred ten liters of breath or

• With .08 or more grams of alcohol per one hundred milliliters or cubic centimeters of blood.

For more information about Hawaii's OVUII laws, visit http://ow.ly/TYfXa.

## Navy has 'cool' accomplishment with South Pole landing

#### **Official U.S. Navy photo**

On Oct. 31, 1956, Rear Adm. George J. Dufek and his crew of six landed a R4D Skytrain nicknamed Que Sera Sera on the ice at the South Pole. They were the first Americans to set foot at the South Pole and plant the U.S. flag and the first men to land on the pole from the air.



## 10'OKELE

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# , MCPON visit USS John Paul Jones

#### Story and photo by Ensign Logan Wilk

USS John Paul Jones (DDG 53) Public Affairs

Paul Jones (DDG 53) recently hosted Chief of Naval Operations (CNO) Adm. John Richardson and Master Chief Petty Officer of the Navy Mike D. Stevens for a tour of the warship and to celebrate the Navy's 240th birthday.

Richardson began his visit with a breakfast prepared by Senior Chief Culinary Specialist Lynval Weise and Culinary Specialist 1st Class Kerel Carter.

Following breakfast, Richardson and Stevens enjoyed a tour of John Paul Jones' combat information center (CIC) and number one main engine room (MER 1). While in CIC, the CNO

cer's seat as he viewed a presentation on the Aegis Baseline 9C system.

Lt. Deacon Marshall, combat systems officer, spoke of the new advancements and Sailors on the USS John milestones the crew has reached within the past year, including the longest surface to air engagement in naval history and the first successful simultaneous surface to air and ballistic missile defense engagement.

In MER 1, Lt. Jeremy Chase, chief engineer, demonstrated how the universal control consoles (UCC), installed in all main spaces, give watch standers the ability to monitor equipment from any location and allow young Sailors to simulate various engineering casualties by placing the UCC in training mode.

On the second level, Gas Turbine Specialist (Mechan-



ical) 2nd Class Logan Chief of Naval Operations Adm. John Richardson visits Sailors on the USS John Paul Jones sat in the tactical action offi- Chatigny and Gas Turbine (DDG 53) Oct. 13 as part of the Navy's 240th birthday celebration.

Specialist (Mechanical) Fireman Recruit Jared Haupenthal, spoke of the work they do in the engine room and the capabilities of the LM2500 gas turbine engine.

At the conclusion of his tour, Richardson spoke to the crew about the significance of spending the Navy's 240th birthday on the warship named in honor of the father of the American Navy and the hope that the John Paul Jones and her crew brings to future Sailors.

In accordance with naval tradition, Richardson, the oldest Sailor aboard, and the youngest Sailor, Hull Technician Fireman Recruit Zachary Steward, cut the cake with a sword to symbolize the commitment that Sailors make in the service of our country and to remind the crew of the important role the Navy plays in defending freedom and democracy around the world.

## Wounded Warriors take to waves at Fort DeRussy Beach

Story and photo by **Brandon Bosworth** 

Assistant Editor, Ho`okele

Every month, the nonprofit group AccessSurf holds a special event in which they provide disabled military personnel with specialized surfboards, stand-up paddleboards and flotation devices so that the service members can safely experience aquatic recreation in Hawaii's ocean environment.

October's event was held Oct. 21 at Fort DeRussy Beach in conjunction with another nonprofit, the Wounded Warrior Ohana.

"We take service members and their families for outings off base," said Mark Marble, site coordinator for



Disabled service members take to the waves at an event hosted by AccessSurf on Oct. 21 at Fort DeRussy Beach. (Additional photo on page A-5.)

a member of Wounded Warrior Ohana and founder of AccessSurf.

"Being in a new environthe Military Adaptive ment helps them relax and check for \$10,000 to the as well as the activities pro-Sports Program based at is very beneficial. It gives

press a little," Marble said. At the event, Hilton Hawaiian Village Waikiki for the presentation. The those who enjoyed some Beach Resort presented a event also included lunch Wounded Warrior Ohana. vided by AccessSurf.

Schofield Barracks and also them a chance to decom- More than 50 disabled serfamilies were in attendance

Army Maj. Karen Faught vice members and their from Schofield Barracks and her spouse were among time in the ocean, courtesy of AccessSurf.

"We went out on the wa-

ter trike," she said. "It was fun. Later we're going to do some paddleboarding.'

**Electronics Technician** 2nd Class Allen Pacheco, Makalapa Clinic, Joint Base Pearl Harbor-Hickam, took the waves for some surfing.

"This is my third time surfing with AccessSurf," he said. "It's really fun and a great opportunity to relax.

AccessSurf holds Wounded Warrior events for disabled service members on the third Wednesday of every month. Locations alternate between Fort DeRussy Beach and White Plains Beach.

(For more information, visit www.accessurf.org. To learn more about Wounded Warrior Ohana, visit their Facebook page at www.face book.com/ WoundedWarrior Ohana.)



Sonar Technician (Surface) 1st Class Larry Sehorn, assigned to the guided-missile destroyer USS Preble (DDG 88), prepares to greet his son during a homecoming ceremony Oct. 23 at Joint Base Pearl Harbor-Hickam.



U.S. Navy photo by MC3 Katarzyna Kobiljak



U.S. Navy photo by MC2 Jo

(Above) Lt. David Indiveri, assigned to the Easyriders of Helicopter Maritime Strike Squadron (HSM) 37 Detachment 4 at Marine Corps Base Hawaii, plays with his daughter during a homecoming Oct. 22.

(Above) Electronics Technician 2nd Class James Whatley embraces his daughter during a homecoming ceremony Oct. 23 at Joint Base Pearl Harbor-Hickam.



U.S. Navy photo by MC3 Katarzyna Kobiljak (Above) Aviation Structural Mechanic 2nd Class Eric Beyer, a plane captain assigned to the Easyriders of Helicopter Maritime Strike Squadron (HSM) 37 at Marine Corps Base Hawaii, signals MH-60R Sea Hawk (HSM) 37 helicopters during landing.



U.S Navy photo by Brandon Bosworth Army Maj. Karen Faught and her spouse try out a water trike at an event for disabled service members held Oct. 21 at Fort DeRussy Beach.



U.S. Navy photo by Ensign Logan Wilk (Above) Chief of Naval Operations Adm. John Richardson and Master Chief Petty Officer of the Navy Mike D. Stevens celebrate the Navy's 240th birthday, Oct. 13, with Sailors on the USS John Paul Jones (DDG 53).

## ALS research shows link between disease and military veterans

Story and photo by Blair Martin Gradel

Joint Base Pearl Harbor-Hickam Public Affairs

According to the Amyotrophic Lateral Sclerosis (ALS)Association, there is emerging research that now suggests a link between ALS and military service.

ALS, also known as Lou Gehrig's disease, is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord.

The findings came from two research studies at Harvard University School of Public Health published in 2013 that found military service members are 60 percent more likely of contracting ALS than those who did not serve in the military.

"An association between military service in general and development of ALS has been recognized for a long time," said Army Maj. Charlotte Kastl, chief of neurology service at Tripler Army Medical Center. "The reason for this is

not clear. Some studies question whether environmental exposure to toxic or infectious agents is a trigger for ALS."

"However, the bottom line is that we still don't have a definitive answer as to what causes ALS," she



Navy Reservist and ALS survivor Jeff Conway sits with his dog, Kimchi, inside his Oahu home. When Conway was diagnosed at the age of 44 in March 2014, he became the youngest diagnosed veteran with ALS living in Hawaii.

added. "More scientific research needs to be done in the military and non-military population."

Fred Fisher serves as President and CEO of the ALS Foundation Golden WestChapter, responsible for serving those living with ALS in 31 counties of California and Hawaii.

According to Fisher, one of the biggest challenges for

diagnosing the disease is that many of its symptoms (such as slurred speech, shortness of breath and weakness in muscles) mimic those of other treatable illnesses.

"ALS is a disease where there is no blood test or no muscle biopsy or anything that can determine that a person has the disease or not," Fisher explained. "So

the process of diagnosis is quite lengthy and literally involves ruling out anything else it could be."

Fisher said there are close to 2,000 veterans diagnosed with ALS currently living in the U.S. In his chapter alone, there are nearly 200 veterans living with the disability, with nine of them living in Hawaii. When Jeff Conway, a Navy Reservist and a member of the Greater West Chapter, was diagnosed in March 2014 at age 44, he became the youngest diagnosed veteran with ALS living on Oahu.

"You kind of take your health for granted when you are in the military to a certain extent," said the Ohio native. "When everything is good, you have the vanity of your youth because you are healthy and fit. You don't think later in your 40s that this kind of thing can ever happen to you or your family."

Conway, a former Navy pilot, said his symptoms began in 2011 when he experienced twitches in his muscles.

"From the time I started seeing my PCM [primary care manager] to the time I was given a formal diagnosis was close to three years," he said. "It's a real struggle to get the diagnosis since there is no test, but once you are in the VA system it's a great place to be."

In 2008, the Department of Veteran Affairs (VA) implemented regulations to establish a presumption of service connection for ALS. Under this regulation, veterans, upon diagnosis of ALS, immediately receive 100 percent disability and the most comprehensive medical package that the VA has ever issued.

After receiving his diagnosis, Conway now stresses the importance of learning how to navigate the complex processes for receiving benefits from the Department of Veterans Affairs.

"The important thing for veterans to know is to be proactive because by the time your condition deteriorates and you need something, like a power wheelchair, it's too late to ask," he explained.

"If I can give anyone any advice, it's that no one is going to care more about your health than you, so how the [medical process] works and be prepared to ask all the right questions about how the process works and how it affects your taxes, social security and so on," he added.

The ALS Foundation is included in the Combined Federal Campaign (CFC). Federal and state employees, as well as members of the military, can participate in the workplace by giving through this program. Donors can designate the ALS Association by writing 11997 on the workplace giving form.

(For more information on ALS and the ALS Foundation, visit als-hawaii.org)

STORY

**IDEAS?** 

Contact the

Ho'okele editor

for guidelines

and story/photo

submission

requirements

Phone:

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**WHO'OKELE** 

# Making strides against breast cancer



More than 200 teams turned out at Richardson Field, Oct. 24, turning the Ford Island Bridge into a sea of pink during the American Cancer Society Making Strides Against Breast Cancer 5K. More than 4,000 people united in raising more than \$180,000 for the Making Strides Hawaii chapter in celebration of survivorship and sharing in the effort to end breast cancer.

# HOOKELE Online

## NAVSUP FLC Pearl Harbor concludes Feds Feed Families food drive

#### Story and photo by Patricia Ledford

#### NAVSUP Fleet Logistics Center Pearl Harbor

"Open with smile" were words that offered some food for thought as the Naval Supply Systems Command (NAVSUP) Fleet Logistics Center (FLC) Pearl Harbor concluded its Feds Feed Families Food Drive earlier this month.

The message was penned by a Sailor on many of the donated cans and boxes of food, in hopes of sharing a little "aloha" and encouragement with the recipients.

This year was the first time NAVSUP FLC Pearl Harbor participated independently in the national food drive. In two weeks, NAVSUP FLC Pearl Harbor collected more than 1,210 pounds of food for the local Hawaii Food Bank.

The clock was ticking as there was limited time to generate awareness and momentum for the drive. Thus began the brainstorming of motivational slogans:

• Beans, soup or spam ... bring a can of whatever you can



bag of rice goes a long way • One can, "can" make a sites. difference

Meanwhile, personnel at thought turned into some friendly competition, ulti- Bank. mately resulting in a lot of food.

quality assurance inspector, helped organize a challenge supervisors and non-supercountry store display showed their commitment to an initiative that united in need." personnel and ignited a spark to work toward a common goal.

NAVSUP FLC Pearl Harbor partnered with the Hawaii Food Bank to collect, warehouse and distribute large quantities of both perishable and nonperishable food to 200

Personal Property Shipping Office set up the "country store" collection point for the Feds Feed Families food drive.

• A little "aloha" and a member agencies and at several neighbor island

The Hawaii Food Bank distributed 969,281 pounds the Joint Personal Prop- of food in September and is erty Shipping Office in need of food donations all (JPPSO) were tuning up year long. Several persontheir creative engines. The nel were inspired by the wheels were turning, ideas initiative and sought out started to rev and soon a other volunteer opportunities with the Hawaii Food

Kim Bartenstein, Hawaii Food Bank food drive man-Daniele Haili, JPPSO ager, expressed her appreciation to NAVSUP FLC Pearl Harbor in a message between the stating, "Mahalo for your generous support of the visors. The department's Hawaii Food Bank. Your donations will help feed one in five Oahu residents

Supporting the Hawaii Food Bank can give nourishment and hope to:

• More than 32,387 keiki (children).

• More than 33,000 kupuna (elderly).

• The homeless, working poor, disabled and veterans, people recovering from substance or domestic abuse.

"On behalf of the Personnel from the Joint 224,000 Oahu residents, you will help feed this year, mahalo for your loyal support of the Hawaii Food Bank," said Bartenstein.

# Veterans Day 'shout-out' available for all Sailors

#### Navy Office of **Community Outreach**

For the upcoming Veterans Day holiday, the Navy Office of Community Outreach (NAVCO) is offering an opportunity all Sailors an opportunity to create and share short, recorded shout-outs of 15-

in their hometowns.

Eastern Standard Time Nov. 6.

Sailors can call 1-855-6289) and record their shout-outs.

key message to veterans ter voice directions and record their message us-The deadline is 8 a.m. ing a template script after the beep.

"Hi, I'm Navy (rank OUR-NAVY (1-855-687- and full name) from for your service and for (home town and home state), and currently democracy around the Sailors should wait for serving at (command) or world. Go Navy!'

20 seconds with a Navy a 3 to 5-second pause af- aboard (ship), operating out of (duty station) or forward in the (AOR).

defending freedom and

Once the Sailors hang audibly and clearly. In up, the audio file will be addition, they should automatically sent to tailor it to their com-"I want to salute all the NAVCO's email, where mand, area of responsiveterans in (home town), it will be screened be- bility and hometown The script is as follows: and across America this fore being shared with they are recognizing. If Veterans Day! Thank you radio media outlets in NAVCO cannot underthe Sailors' hometowns. stand the Sailor's name, their shout-outs with their shout-out will be

They should deliver hometown or command, enthusiasm, and speak unusable.





# events planned for today, tomorrow

#### Joint Base Pearl Harbor-Hickam **Public Affairs**

HO'OKE

• The Seabees will hold a haunted warehouse from 5 to 10 p.m. today at 350 Port Royal St., Joint Base Pearl Harbor-Hickam. The entrance fee is \$5. The event will include a spooky jump house, creepy dunk tank and scary face painting. (For more information, call 222-3493.)

• The 515th Air Mobility Operations Wing will hold its annual haunted house today at 290 Vickers Ave., building 1050 on the Hickam side of Joint Base Pearl Harbor-Hickam. Doors open at 7 p.m. Admission is \$10 for ages 13 and up and \$5 for

p.m. Admission is \$10 for ages 15 and up and \$5 for children ages 12 and below. (For more information, call Tech. Sgt. Daniel Wooten at 789-9930.)
A Halloween party for patrons ages 21 and older will be held from 6 to 10 p.m. today at Sam Choy's Island Style Seafood & Grille. Patrons can listen to music from a DJ, and the event will include a costume contest, games and prizes. It will be held on the Hapa Deck and Bar and there will be a \$5 cover charge. (For more information, call 422-3002.)

• Joint Base Morale, Welfare and Recreation's free pre-Halloween family bash will be held from 4 to 7 p.m. today at the Makai Recreation Center parking lot and basketball courts, on the Hickam side of Joint Base at 1859 McChord St. The event is free and open to military and Department of Defense civilian families. (For more information,

visit www.greatlifehawaii.com.) • A Halloween dinner with Liberty will be held from 6 to 7 p.m. today at Beeman Center. Participants can dress in costumes. Pumpkins will be available for carving. The event is open to single, active-duty military E1 to E6 only. (For more information, call 473-2583.)

• A Hawaii Academy Gymnastics Spooktacular will be held from 5 to 9 p.m. today at building 1680, near Bloch Arena. The event is open to all ages. An adult needs to accompany children under age 5. The event cost is \$7 per hour for non-members and \$5 for members. Mini-lessons will be taught by instructors, and participants are encouraged to wear costumes for the costume contest. Games and prizes will be featured throughout the night. (For more information, call 422-2223.)

• Joint Base Morale, Welfare and Recreation



eisure

Photo by MC1 Meranda Keller (MORE INSIDE B7) Seabees haunted warehouse: Construction Battalion Maintenance Unit (CBMU) 303 haunted warehouse volunteers prepare to frighten unsuspecting visitors.

five rooms filled with terrifying creatures, Participants can buy one game of bowling and get Hollywood madmen and bloody scenes. The line will open at 6:30 p.m. in front of the Makai Recreation Center main entrance. (For more information, visit www.greatlifehawaii.com.)

• A Halloween parade and trick-or-treating for children ages 12 and under will be held Saturday throughout the Hickam Exchange. A costume con-test, prizes and games will be held from 11 a.m. to p.m. (For more information, email newmanbe@aafes.com.)

• A Spooktacular Halloween with Hello Kitty will be held from 11 a.m. to 1 p.m. Saturday at the Pearl Harbor Navy Exchange mall children's department. Authorized patrons can meet Hello Kitty and get a free balloon. (For more information, call 423-3287 or email Stephanie.Lau@nexweb.org.)

• A Halloween costume contest will begin at 1 p.m. Saturday at Sharkey Theater. The event will

family members ages 13 and older. There will be ter on the Pearl Harbor side of Joint Base. one free. In addition, free treats will be available. Shoe rental will be available for an extra cost. (For more information, call 473-2574.)

• A Circus of the Dead haunted house with Liberty will begin at 8 p.m. Saturday at Pearlridge Center. Transportation will leave from Liberty Express at 6 p.m., Beeman Center at 6:30 p.m., Instant Liberty at 6:45 p.m. and Makai Recreation Center at 7 p.m. Participants who sign up with Liberty will receive a fast pass valued at \$25 to avoid lines. Participants are encouraged to dress up in Halloween costumes. The event is open to single, active-duty military E1 to E6 only. (For more information, call 473-2583.)

• A Halloween party and costume contest for adults will begin at 11 p.m. Saturday at The Country Bar, Joint Base Pearl Harbor-Hickam. The event is open to ages 18 and older. Participants can dress in their favorite costume include free treats and free movie passes to the to enter a contest to win prizes. Contest cate-2:30 p.m. movie for all patrons dressed in costume. gories include male, female and couples. The bar Prizes will be awarded by age categories. (*For more* will open at 8:30 p.m. Those who would like to

will hold its free Massacre on McChord Street haunted house from 7 to 9:30 p.m. today at Makai Recreation Center. The event is open to all military, Department of Defense employees and their from 3:30 to 5:30 p.m. Saturday at the bowling cen- (For more information, call 473-1743.)

information, call 473-0726.)

enter the costume contest need to sign up before • A cosmic bowling Halloween party will be held 11 p.m. There is no cover charge for this event.

#### full of treats, not ke sure Halloween

#### Joint Base Pearl Harbor-Hickam Public Affairs

Joint Base trick-or-treating hours are 5 to 8 p.m. on Halloween.

The 735th Air Mobility Squadron (AMC) will offer the services of X-raying Halloween candies from 5 to 8 p.m. Saturday and noon to 5 p.m. Sunday.

The intent is to promote and provide a safe Halloween experience for military families.

Joint Base authorized personnel can bring their collected treats and they will be X-rayed to inspect for any foreign and/or unsafe substances.

For more information, call Master Sgt. Nelson Tomala at 447-7267.

Below are some Halloween safety questions for adults and children to ask themselves.

#### For children:

• Do you buy or make costumes that are flame resistant and short enough to prevent tripping and falls? Do you wear shoes that fit and make sure accessories (such as swords) are of soft, flexible material?

ייררווו



- Do you wear costumes bright enough to be clearly visible to motorists?
- Do you decorate costumes with reflective tape that will glow in the car's headlights? Are your bags or sacks light colored or decorated with reflective tape?

• Do you use masks that don't restrict breathing or obscure vision? Try face painting instead. • Do you carry a flashlight?

- Will children always be accompanied by an adult or older, responsible child?
- Will children visit homes where they know the residents and where the outside lights are on?
- Do you remind your children that they shouldn't enter homes unless they are accompanied by an adult?
- Will you make sure that all treats are checked by an adult before eaten?
- Will you make sure children obey all traffic laws?
- Will you tell children not to run? Do you caution children against running out from between parked cars or across lawns and yards where ornaments or furniture present dangers?
- Do you make sure children use sidewalks, cross streets at corners or crosswalks, and obey all traffic signals when crossing streets?
- Do you make sure to set a curfew and stress the importance of returning home on time?

#### For homeowners:

- If you expect trick-or-treaters, do you turn on outdoor lights and prepare your lawns, steps and porches by removing anything that could be a tripping hazard?
- Will you use only battery-operated lights for ack-o'-lanterns (no open flames)?
- Will you secure all pets inside the house to avoid contact with trick-or-treaters?

For motorists:

- Will you drive slowly in residential areas and watch out for children darting from behind and between parked cars?
- At night, will you watch for children in dark clothing walking down the road, in the shoulder of the road or on the median?
- Will you watch carefully for trick-or-treaters when backing vehicles out of driveways?

Illustration courtesy thinkstock.com

# Port Royal rips Moon Howlers in 28-0 blowout



Seaman Apprentice Tariq Jackson leaps up to rip down a pass near the Moon Howlers end zone.

#### Story and photo by Randy Dela Cruz

#### Sports Editor, Ho'okele

Since suffering a loss in week one, USS Port Royal (CG 73) made believers out of the navsavers by rolling their way to three straight wins.

On Oct. 24, Port Royal continued to ride up the Afloat Division by crushing USS Columbus (SSN 762) Moon Howlers, 28-0, in a mercv-rule-shortened flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Quarterback Information Systems Technician 3rd Class Angelo Messina threw for three touchdowns and ran in for another, while the defense pitched a shutout to help Port Royal improve their record to 3-1. The Moon Howlers lost

for the fifth time this season to go along with one victory.

"Pretty much what we've been doing is getting here two hours before each game," Messina said about the team's three-game win streak. "That helps everybody get loose, and I start getting the timing down with the guys. Our defense is shutting people down. We're looking pretty good right now."

Messina got things started right out of the gates after getting the ball set up on the Port Royal 27 after a Moon Howlers turnover.

On second down, Messina took off for a 43-yard gain to Systems Technician 2nd us.'

Howlers 17.

Four plays later, Messina called his own number one

more time and cleared the goal line on a three-yard scamper for a touchdown.

Royal forced the Moon Howlers to punt after only four plays to start their next drive in good field position at the 38.

Messina picked up 11 yards on a completion to the 27 on the first play from scrimmage and then, three plays later, took a shot into highlights a Port Royal the end zone.

The QB hooked up with Operations Specialist 3rd Class Corey Beck for the team's second touchdown of the game and a 14-0 lead going into halftime.

Port Royal got the ball first to start off the second half, and the team picked up right where it left off in the first half.

Messina, led the team on nine plays to complete.

During the drive, the QB connected on two long completions to Seaman Apprentice Tariq Jackson that helped the team march down to the Moon but added that even if Howlers' three-yard line. Then, on first and goal, Messina hit Fireman Recruit Clive Gunter II with a short pass for a touchdown.

Royal wasn't quite done vet.

possession, Information

place the ball on the Moon Class Ryan Fox intercepted a pass and set up Port Royal with a first and goal-to-go from the seven.

On the first play from scrimmage, Messina closed the books on the game with Holding a 7-0 lead, Port his third touchdown toss of the game.

Messina completed a short scoring pass to Gas Turbine System (Mechanical) 3rd Class Charles Mason for the final score of the day.

The four touchdowns by the offense and zero points allowed by the defense team that is solid on both sides of the ball.

Fox, who anchors the Port Royal's defense from his middle linebacker position, said that when the balanced attack is running on all cylinders, the team is hard to beat.

Still, he admits that there is room for improvement.

"We got a lot of improvea 65-yard drive that took ment left," he said. "We're not jelled to where we want to be, but a couple more games, we'll be right where we want to be."

Messina also thinks that the best is yet to come things stay the same, he doesn't think Port Royal will lose another game this season.

"When we're clicking like this we're unbeatable," Up by three scores, Port Messina stated. "If the defense is making stops like that and our offense is scor-On the Moon Howlers next ing on every possession, it's going to be tough to beat

## Asheville defense preserves one-point win over O'Kane

#### Story and photo by Randy Dela Cruz

#### Sports Editor, Ho'okele

Middle linebacker Chief Machinist's Mate Tim Hall picked off a pass in the red zone to thwart an advancing USS O'Kane (DDG-77) and preserve a 7-6 victory for USS Asheville (SSN 758) Oct. 24 in an Afloat Division intramural flag football matchup at Ward Field, Joint Base Pearl Harbor-Hickam.

Asheville quarterback Electrician's Mate 2nd Class Michael Fajardo, with the ball resting on his own 39, needed only three plays to move 41 yards and score the first touchdown of the game.

The final 24 vards of the drive came on a pass play to Culinary Specialist Seaman Recruit Knya Davis for six points and the lead.

Fajardo completed a pass to convert the point after touchdown (PAT) and give Asheville a 7-0 lead that Hall's interception complet- stood up through halftime.



Chinn went for the long pass into the end zone intended for Tabor.

Tabor went up for the pass and appeared to have made the catch for a gamewinning touchdown.

However, the ball came loose when Tabor fell to the ground and referees nullified the catch.

"I thought I had it the whole way," Tabor said. "I guess when I came down, the ball hit the ground. I didn't know.'

After the catch was ruled incomplete, Chinn went

ed a solid day for the Asheville team's loan touchdown and point-after conversion long enough to raise Asheville's their own 25. league record to 6-0.

the .500 mark at 2-3.

"We usually rely on our offense to put up big pictures," Hall said. "But there was a couple of games this season where the offense stalled out, so we kind of rely on the defense to come up with the big play."

Early on, it appeared that Asheville was going to blow the game open as the team drive and then regained the ball on a turnover.

Coming out of the break, defense, which protected the Asheville was forced to punt after only four plays, which set up the O'Kane at

Quarterback Boatswain's O'Kane, which entered Mate 1st Class Corey Chinn the showdown at 2-2, have moved the ball to the 36 now dropped a game under and then on third down Chinn went over the top and hit Boatswain's Mate Seaman Jahleen Tabor at the Asheville 10 to set up first and goal-to-goal.

On the very next play, Chinn went back to the air and connected with Culinary Specialist Seaman Alex Brown in the end zone for six points.

However, O'Kane failed easily scored on its first to convert on their PAT and that turned out to be costly.

Electronic Technician 2nd Class Abel Pajas knocks down a pass while playing defense for USS Asheville (SSN 758).

With only 1:22 remaining on the clock, O'Kane had one final opportunity to pull out a win.

Chinn kept the drive alive Asheville 37. by completing a clutch pass

Starting from his own 38, that placed the ball on the

Another completion put on fourth down to Brown the ball on the 25, and then powered-large crews."

back to the air, but Hall, who had missed out on an interception on the same drive, wouldn't be denied the second time around as he picked off the pass and secured the game.

As the only undefeated team in the Afloat Division, Hall said that it's a credit to Asheville to stand out as a submarine among the ships.

"Usually as you're playing subs and surface, we have limited people," Hall pointed out. "We don't have that big of a crew, so it's whoever comes out and plays. It's surprising that we have enough young, athletic people that we're able to keep up with the high-

## Red hot 690th COS topples division-leading Bulls

## Story and photo by Randy Dela Cruz

#### Sports Editor, Ho'okele

Quarterback Senior Airman Kyle Wyatt punched the ball in from 10 yards out to give 690th Cyberspace Operations Squadron (690 COS) a 24-18 overtime victory over the 647th Civil Engineer on Oct. 27 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

On the first play from scrimmage in OT, Wyatt rolled to his left and after seeing all of the receivers covered, the QB took off down the left sideline and into the end zone for the game-winning score.

"Honestly, I didn't think about running," Wyatt said. "From the beginning, I was like I'm gassed. I said we were just going to line up the play and someone's going to be open, but I saw it and just went for it."

The win was the team's fifth in a row after opening the season with back-toback defeats and handed the Bulls their first loss of the season.

Against the Bulls, the 690 COS struck first with a scoring drive that covered 65 yards on only five plays.

During the drive, Wyatt completed two passes and then scrambled for 15 yards to place the ball at his own 35.

On the very next play, Wyatt unloaded a deep pass down the right sideline that was intended for Staff Sgt. Jacee Lawary.

Lawary made an overthe-head catch and then proceeded to streak into the end zone untouched for a touchdown and 6-0 lead.

Undaunted by the score, Bulls quarterback Staff Sgt. Labronze Paden made use of his legs to pick up 44 yards on back-to-back rushes of 10 and 34 yards to place the ball on the 690 COS 21-yard line.



Staff Sgt. Jacee Lawary beats 647 CES defensive backs Staff Sgt. Labronze Paden and Staff Sgt. Nick Brandenberg before making an over-the-head catch for a touchdown and 6-0 lead for the 690th Cyberspace Operations Squadron (690 COS.)

pass to Staff Sgt. Nick field. Brandenberg for a touchdown and 6-6 tie.

On their next possession, Wyatt had the 690 COS knocking on the door by leading a drive into the Bulls' red zone.

However, Staff Sgt. Jeremy Johnson picked off Paden was back on his a Wyatt pass in the end zone to stop the threat.

Back on offense, Paden tried to get things started

Paden topped off the by throwing a pass into the back to the lead by directdrive with a three-yard flat on the right side of the ing another 65-yard-scoring

The play turned out to be a disaster for the Bulls when 690 COS corner back Staff Sgt. Carl Sanders stole the pass and took it to the house for a pick six and a 12-6 lead going into halftime.

After intermission, horse and needed only two runs to cover 72 yards and re-tie the score at 12-12.

drive on eight plays.

The final play of the drive came on a 25-yard pass to Senior Airman Omar Henry, who took the catchand-run all the way into the end zone for an 18-12 lead.

With only 1:27 remaining on the clock, the 690 COS appeared on their way to a win in regulation time. Instead, Bulls defensive

Wyatt led the 690 COS back Tech. Sgt. Brian

Matthews intercepted a zone," Lawary said. "Anyway into the end zone to tie the game up at 18-18.

gave the Bulls a chance to end it in regulation, but time ran out before the team the game-winning score by could punch it in.

In overtime, the Bulls got end zone.

Wyatt pass and ran all the thing crosses me, I'm going to pick it up. I guess he (the receiver) went behind me Another pick by Matthews and he didn't see me, so I with 37 seconds on the clock just put my hands on it and caught it.'

The interception set up Wyatt.

"This is huge," Wyatt the ball first but lost the said about the win. "They advantage when Lawary were an undefeated team, picked off a pass into the and we've been talking about it all week. We're "I was just playing my going to keep it rolling."

## Naval Health Clinic Hawaii closed Nov. 6

#### All Naval Health Hawaii tion refills, laboratory draws,

My Favorite Photo...



Don Robbins, Ho'okele editor, took this photo recently while walking on the Pearl Harbor Bike Path in Aiea. How to submit: Send your (non-posed) photos to editor@hookelenews.com.

operations will be closed etc.

Nov. 6. This includes all medical and dental facili-Base Hawaii mil/sites/nhch. Corps Kaneohe Bay and Pearl Providers will be attending required training.

ment scheduling, prescrip- call 864-4705.

All clinics will re-open for regular business hours ties at Branch Health Nov. 9. For NHCH hours of Clinics Makalapa, Camp operation, visit the website Smith, Wahiawa, Marine at http://www.med.navy.

Beneficiaries can speak Harbor Naval Shipyard. to a health care provider at any time the clinics are closed by calling the toll-Beneficiaries are asked to free "nurse advice line" at take this into consideration 1-800-874-2273, option 1. when scheduling care. All For emergencies, call 911 routine care should be or go to Tripler Army planned prior to or after Medical Center. For active Nov. 6. This includes appoint- duty dental emergencies,

#### Upcoming blood drives

• Nov. 2 and 3, 9 a.m. to 1 p.m., room 2A207, Tripler Army Medical Center.



• Nov. 4, 11 a.m. to 3 p.m., main exchange, Schofield Barracks.

(For more information, contact Michelle Lele-Himalaya, Armed Services Blood Program, Tripler Army Medical Center, at 433-6699 or email Michelle.Lele.civ@mail.mil.)

## All Navy personnel responsible for preventing underage drinking

#### **Anna Marie General**

Joint Base Pearl Harbor-Hickam Public Affairs

According to the National Institute of Alcohol Abuse and Alcoholism, underage drinking is widespread public health problem that poses many risks to young individuals who often don't realize the damaging effects drinking can have on their lives, their families and communities.

Based on COMNAVREGHI-INST 5350.5, alcohol abuse by service members can seriously tal health, jeopardize their safedamage their physical and men- ty and the safety of others, and



"It is the responsibility of all Navy personnel to promote a climate intolerant of alcohol abuse, ensuring that all bers. Sailors under the age of 21 shall not consume alcohol beverages," said Chief Boatswain's Mate Neizen Pascual, Navy Region Hawaii alcohol and drug control officer.

"This is a question of core values. We represent the United States Navy on and off duty. We expect Sailors to do the right thing 24/7," said Navy Region Hawaii Command Master Chief John Ullery.

thinkstock.com

Service members under the age of 21 are prohibited from instruction subjects military consuming alcohol and the dis- members to the full range of tribution of alcohol to persons administrative and disciunder the age of 21 is also prohibited, regardless of whether or not they are service mem-

"The instruction prohibits all Sailors in Hawaii from giving alcohol to anyone under 21. Any Sailor doing so can be subject to disciplinary and/or administrative action," said Lt. Cmdr. Jason Ayeroff, Navy Region Hawaii staff judge advocate.

In addition to the general regulation of the instruction, service members are prohibited to sell, offer for sale, and influence the sale, serve, deliver or give alcohol to any person under the age of 21.

Violating the policy of the plinary actions available, which include informal counseling, comments in fitness reports and evaluations, punitive measures including nonjudicial punishment, and courts martial and processing for administrative separation in accordance with the Uniform Code of Military Justice (UCMJ) and Navy Military Personnel Manual (MILSPERMAN).

(For more information about underage drinking, visit the Centers for Disease Control and Prevention website at http://go.usa.gov/ 3ShmF or the National Institute on Alcohol Abuse and Alcoholism at http://go.usa.gov/3ShyA.)

## Your Weekly Fun with MWR Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



## MWR scene features late-night activities

#### Helen Ko

Joint Base Morale, Welfare and Recreation

For some people, their day doesn't start until the sun goes down. While others are winding down for the day, some are up and ready for the nightlife.

Joint Base Pearl Harbor-Hickam offers activities to do with friends or families for a night out all week or weekend long.

#### Movies

Patrons can save time to Sharkey Theater, located at Joint Base behind the bowling center on the Pearl ters on the Pearl Harbor dy or kids' movies. Ticket bar for pizzas, burgers and

for blockbuster hits. For and from 8:30 to 11 p.m. adults, ticket prices are \$5 (\$7 for 3D movies) and for centers. kids, \$3 (\$5 for 3D movies). For those who are hearing and visually impaired, the theater offers personal

devices. Free advanced screenings at Sharkey Theater pop up each month. Visit greatlifehawaii to see the full listings of movies.

#### Cosmic bowling

Cosmic bowling is a fun time for friends and families. The lights go down and and money by heading over music goes up while the glowing colors light up the lanes at both bowling cen-Harbor side, to watch the and Hickam side of Joint latest action, horror, come- Base. There's also a snack prices are half the cost of other food and beverages. going into town, and 3D Cosmic bowling hours are head over to the 10th Puka 5215.)

movies are also available from 7 to 11 p.m. Fridays Lounge, located right next Saturdays at both bowling

#### Golf at dusk

Patrons can head over to Ke'alohi Golf Course to play at the only military golf course on the island that lights up when the sun goes down to play a game of golf in the cool breeze. The course also offers foot golf until closing. For \$5 a person, patrons can have a night out without having to Hickam Harbor while star spend a lot. This flat 9-hole golf

course is open late until 10 them explore the ocean p.m. Patrons can take advantage of the late night perks like limited waiting time and keeping cool under the field lights instead of the sun. After a night of golf, golfers can Recreation office at 449-

to the main office, for a cold beverage, late night food, darts or sports on the big screen.

#### Moonlight paddle

If patrons are into relaxing at night and want to get away from the bustling nightlife, they can try an evening moonlight paddle with the staff at MWR Outdoor Recreation. Participants can kayak along the waters of gazing and taking in the breeze while guides help surrounding the harbor. It costs \$25 per person for this two-hour moonlight paddle.

(For more information, call the MWR Outdoor



**MWR Marketing photo** A patron plays a game at MWR late night cosmic bowling.



This year's JBPHH Golf Championship will be held at Mamala Bay Golf Course and Navy-Marine Golf Course.

## JBPHH golf tournament is now accepting entries

#### Helen Ko

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

This year's Joint Base Pearl Harbor-Hickam Golf Championship will be held at two golf courses-Mamala Bay Golf Course and Navy-Marine Golf Course. The event will be held on Nov. 14 and Nov. 15. Navy-Marine Golf Course ians. Those interested in and concludes at Mamala signing up can visit the Bay Golf Course. The entry pro shop at either golf deadline is Nov. 10. Prizes course or call 449-2304 or will be awarded to the top 471-0142 for more inforthree winners for each flight. mation.

"This event is unique because it is played on two golf courses, Navy-Marine and Mamala Bay, making for a more challenging tournament," said Carl Kelly, Mamala Bay Golf Course manager.

Registration is \$50 per person. The JBPHH Golf Championship is an individual stroke play competition and is open to eligible users only. The tourna-The tournament begins at ment is not open to civil-

**MWR Marketing photo** 

#### OCTOBER

#### **UH MILITARY APPRECIATION DAY**

SATURDAY — The University of Hawaii's ninth annual Military Appreciation Day will begin at 4:30 p.m. as the Rainbow Warriors host the United States Air Force Academy at Aloha Stadium. The pre-game show will feature the Navy League honoring a key spouse from each branch of service. The ceremony will also honor a number of local Vietnam veterans. Discounted tickets are available for active duty, Reservists, retired members of the military and Department of Defense civilians. The Air Force Academy Association of Graduates (AOG) will hold a tailgate party from 3 to 4:30 p.m. Saturday at Aloha Stadium. The U.S. Air Force Academy athletic department will also hold an impromptu pep rally beginning at 3 p.m. today in front of the Missing Man Formation at Joint Base Pearl Harbor-Hickam. FMI: scott.heinlein@us.af.mil.

#### LEGO BRICK-OR-TREAT

SATURDAY — Authorized patrons of all ages can participate in a Halloween brick-or-treat event from noon to 4 p.m. at the Pearl Harbor Navy Exchange white tent in the lower parking lot. Participants can build their creations, play games and enter to win a backpack prize pack. FMI: 423-3287 or Stephanie.Lau@nexweb.org.

#### NOVEMBER

#### TOYS FOR TOTS DRIVE

1 — Pearl Harbor Navy Exchange (NEX) and the Marine Corps will hold a Toys for Tots drive for children in need from Nov. 1 to Dec. 15. Customers can drop new, unwrapped toys in collection boxes at the NEX aloha center concierge desk mall rotunda. FMI: 423-3287 or Stephanie.Lau@nexweb.org.

#### ENLISTED WOMEN IN SUBMARINES ROAD SHOW

**3** — An Enlisted Women in Submarines Road Show will be held at 10:30 a.m. and 2 p.m. at the Pearl Harbor Memorial Chapel. A team of submariners will visit Pearl Harbor to talk to female Sailors interested in becoming submariners. FMI: CMC Jay Cherland at 473-1378.

#### JBPHH GRADUATION CEREMONY

6 — The Joint Base Pearl Harbor-Hickam military recognition ceremony for college graduates will begin at 9 a.m. at the Historic Hickam Officers Club Ianai. There will be 60 graduates from the Navy and Air Force who will participate. Capt. Stanley Keeve Jr., commander of Joint Base Pearl Harbor-Hickam, will be the guest speaker. FMI: 473-1252 or gwyen.nosse@navy.mil.

#### KAPUAIKAULA MAKAHIKI

7 — The annual makahiki (festival) at Kapuaikaula (Hickam) will begin at 9 a.m. at Hickam Harbor Beach. The event honors Hawaii's rich past and heritage with an annual celebration involving a procession of canoes from Iroquois Point, offering of ho'okupu (gifts) and popular games of skill for all guests. The Joint Base population is invited to participate. FMI: Patty Colemon at 473-0369 or Grace Hewlen at 473-2926.

#### **ADVANCED SCREENINGS**

7, 14 — A free advance screening of the movie "The 33" will be held Nov. 7 at Hickam Memorial Theater. In addition, a free advance screening of "Kilo Two Bravo" will be held Nov. 14 at Hickam Memorial Theater. Doors open at 2 p.m. The movie starts at 4 p.m. for both films. Tickets will be available at the Hickam food court. FMI: 422-4425.

#### **AMERICAN GIRL EVENT**

7 — An American Girl event with the newest character, Maryellen, will be held from 10 a.m. to 3:30 p.m. at the Pearl Harbor Navy Exchange mall second floor. Reservations for the event end today. The event will include activities, crafts and entertainment. Authorized patrons can sign up their children at the NEX aloha center. FMI: 423-3287 or Stephanie.Lau@nexweb.org.

#### **TURKEY TROT**

7 — A turkey trot 10K race will begin at 7 a.m. at Dewey Square, Marine Corps Base Hawaii, Kaneohe Bay. The event is open to the public. Participants can register at the Semper Fit Center or online. Online registration closes Nov. 3. FMI: mccshawaii.com/races.

#### **ITT VETERANS DAY SALUTE**

10 — A free Veterans Day salute will be held from 4:30 to 6:30 p.m. at Foster Point Pavilion at Hickam Harbor. Entertainment will be provided by the Air Force Band of the Pacific. The event will feature light pupus, leisure and travel vendors and prize give-aways. The grand prize will be a trip for two to Maui. Registration is required. FMI: 448-2295 or visit the Information, Tickets and Travel Hickam office.

#### WATER FOR THE WORLD REGISTRATION

14, 15 — Registration for a Water for the World event will be held from 11 a.m. to 2 p.m. Nov. 14 and 15 at the Pearl Harbor Navy Exchange mall shoe department. The focus of the event will be supplying clean water across the globe. The Water for the World 5K walk/run will be held Dec. 26 starting at Waikiki Shell. FMI: 423-3287 or Stephanie.Lau@nexweb.org.





## **EVEREST**

On the morning of May 10, 1996, climbers (Jason Clarke, Josh Brolin) from two expeditions start their final ascent toward the summit of Mount Everest, the highest point on Earth. With little warning, a violent storm strikes the mountain, engulfing the adventurers in one of the fiercest blizzards ever encountered by man.

#### SHARKEY THEATER

TODAY 10/30 7:00 PM Hotel Transylvania 2 (3-D) (PG)

SATURDAY 10/31 2:30 PM Hotel Transylvania 2 (PG) 4:40 PM Pan (PG) 7:10 PM The Intern (PG)

SUNDAY 11/1 2:30 PM Pan (3-D) (PG) 4:50 PM Maze Runner: Scorch Trials (PG-13) 7:20 PM The Perfect Guy (PG)

THURSDAY 11/5 7:00 PM Sicario (R)

#### HICKAM MEMORIAL THEATER

TODAY 10/30 6:00 PM Hotel Transylvania 2 (PG)

SATURDAY 10/31 2:00 PM Hotel Transylvania 2 (PG) 6:00 PM Everest (PG-13)

SUNDAY 11/1 2:00 PM Hotel Transylvania 2 (PG) 6:00 PM Maze Runner: The Scorch Trials (PG-13)

THURSDAY 11/5 7:00 PM Everest (PG-13) 7:00 PM The Perfect Guy (PG-13)







Photos by Tom Quatch, Lilikoi Photography & Sun Sets Photography Top left, Miss Vamp contestants work the crowd at the opening of the show. Left, Chief Career Counselor Desiree Rivers puts on makeup before going on stage. Above, Rivers answers the judges during the Q&A portion of the pageant.

# Navy chief by day, vampire by night

#### **Brandon Bosworth**

#### Assistant Editor, Ho'okele

Chief Career Counselor Command, Joint Base Navy chief: competent, professional, dedicated. But she has another, more engaging in outdoor activimysterious, what some ties such as hunting and may even call darker, side. fishing with her family.

with seven other women, enjoyed dancing and drawcompeted in the fifth annual Miss Vamp Hawaii historic Hawaii Theater.

Miss Vamp Hawaii is a KTUH radio host DJ as a surprise to Rivers.

Nocturna and produced yearly by DJ Nocturna and partner her Lana Saldania. The beauty pageant is designed for Desiree Rivers, Naval women who want to show Submarine Support off their inner vampire. It incorporates the contes-Pearl Harbor-Hickam, is in tants' intelligence, personmany ways a typical U.S. ality, creativity, talent and passion.

Rivers grew up in Seattle On Oct. 18 she, along However, she always ing as well. "I was always an odd

pageant held at Honolulu's duck who never quite fit in," said Rivers.

The invitation from DJ beauty pageant created in Nocturna to compete in 2010 by promoter and Miss Vamp Hawaii came



Photos by Brandon Bosworth and Joe Marquez At left, Chief Career Counselor Desiree Rivers in uniform. At right, Rivers in her vampire costume.

"I'd gone to lots of for Miss Vamp Hawaii," Nocturna's events, and she said Rivers. "Then I met all thought I would be perfect the other girls, and every-



one was so nice I couldn't say no. I love vampires, and I love dressing up and I love people."

For Rivers, the people said. are a key reason for her fondness of the goth community.

"They are always so accepting of everyone," she said. "It doesn't matter who you are."

This is in no way contra-Rivers' Navy career.

professional and hold myself to a higher standard," she said. "I am a chief and I am a chief all the time, but I'm also my own person."

participating in Miss Vamp Hawaii was "empowering."

"I was nauseous before going on stage, but once you come out it's all about the performance," she

Rivers did not win the title of Miss Vamp Hawaii, acknowledging that the competition was "phenomenal." She would love to compete again, but next October she will be at her new duty dictory or at odds with station in Bremerton, Wash. She hopes to start "I am a consummate a similar Miss Vamp pageant there.

"Miss Vamp is a celebration of women," she said. "It celebrates our differences rather than society's ideas of perfection. It's a Rivers said that actually confidence-builder and a chance to meet lifelong friends."

October 30, 2015 Hoʻokele B-7

# Seabees to continue tonight 616



At left, Construction Battalion Maintenance Unit (CBMU) 303 haunted house volunteer Lilly Vetter wants her new friends that pass by to stop and play with her. The pig butcher, top right, stares at patrons waiting to enter. Above, a crazed clown waits in his cage while screams of fear from approaching victims echo through the haunted warehouse.

## Story and photos by MC1 Meranda Keller

Navy Public Affairs Support Element Detachment Hawaii

The Construction Battalion Main-tenance Unit (CBMU) 303 created and

fee is \$5 per person. The warehouse is located at 350 Port Royal St. across from the Joint Base police station. "We rely on volunteers to help lay out a floor plan, build it, come up with a theme

and to play roles in the actual event," said Steelworker 2nd Class William Baird, attached to Naval Facilities Engineering attached to Naval Facilities Engineering Command. "Last year's theme was 'Creepy Carnival.' This year has an 'Out of the Movies'-type of theme to include an axe man, chainsaw massacre and a butcher, just to name a few." Several participants wore masks, face paint fake blood alabarate acetumee

Several participants wore masks, face paint, fake blood, elaborate costumes and staged themselves along the dark- ed to visit the haunted warehouse.

ened hallways to enhance the visitors' experiences as they navigated the cre-

ative set-up. "It's great being a part of this because you get to play somebody else," said Builder 2nd Class Roland Palacios. "Also, there's the chance to scare some-

The Construction Data tenance Unit (CBMU) 303 created and operated their annual haunted ware-house, Oct. 23, 24 and 29 at Joint Base Pearl Harbor-Hickam. The warehouse will be open again today from 5 to 10 p.m. and the entrance fee is \$5 per person. The warehouse is non-part Roval St. across from

"I still feel nervous; it was a great experience," said Ilaria DeSantis, who was experiencing her very first haunted house experience. "The actors impersonated their parts very well, and my chil-

approaches and more guests are expect-

### 515th AMOW to host haunted house today

#### Staff Sgt. Christopher Stoltz

15th Wing Public Affairs

The 515th Air Operations Mobility Building at 290 Vickers Ave. (building 1050 on the Hickam side of Joint Base) will be transformed into a lair of horror today.

4

The haunted house will begin at 7 p.m. It will cost \$5 admission for children ages 12 and younger and \$10 for ages 13 and up. According to Master Sgt. Christopher Link, 515th AMOW inspections superintendent, the haunted house will run until there are no longer any people standing outside.

Featuring a variety of genres, the haunted house will include creatures, bugs, horror-movie monsters, cramped spaces and pitch-black corridors for those who wish to test their resolve.

Link said the haunted house began 9930.)

last year as result of the 515th AMOW booster club's efforts.

"We have spent approximately 100 hours of off-duty time transforming the building into something that will provide even more scares than last year," Link said. "There will be a dozen different scenes across both floors, with a minimum of 40 actors at any given time."

The attraction begins on the second floor of the 515th AMOW building and leads down a long and narrow set of hallways. If the participant is brave enough to make it through the first series of scares, they will venture down the stairs in an elevator that lends to the overall ambiance.

"Please come out and support the house," said Link. "You might leave the haunted house with an elevated heart rate, but I doubt you will leave the house disappointed."

(For more information, call 789-