



# NEWS RELEASE

## Defense Commissary Agency

Corporate Communications

1300 E Avenue, Fort Lee, VA 23801-1800

Tel: (804) 734-8000, Ext. 8-6105 DSN: 687-8000, Ext. 8-6105

FAX: (804) 734-8248 DSN: 687-8248

[www.commissaries.com](http://www.commissaries.com)

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**Media Contact:** Kevin L. Robinson, public affairs specialist  
**Tel.:** (804) 734-8000, Ext. 4-8773  
**E-mail:** [kevin.robinson@deca.mil](mailto:kevin.robinson@deca.mil)

## Planning for bad weather

Commissaries offer savings on emergency supplies

*By Kevin L. Robinson,  
DeCA public affairs specialist*

**Note:** Go the DeCA website to read this news release [online](#).

**FORT LEE, Va.** – Hurricanes, tornadoes, cyclones, typhoons and other storms often occur with little time to prepare for the devastating disruption of normalcy.

Service members and their families can plan for that disruption by using their commissary benefit to purchase emergency supplies, said Army Command Sgt. Maj. Tomeka N. O’Neal, the Defense Commissary Agency’s senior enlisted advisor to the DeCA director.

“When the storm comes and all of a

**EMERGENCY PREPAREDNESS KIT**

- FOOD AND BEVERAGE**
  - 1 GALLON per person per day for 3 days
  - 3 DAY supply of non-perishable food
  - Manual can opener
  - Paper plates & cups or a mess kit
  - Plastic utensils
  - Paper towels
- MEDICINE AND HYGIENE**
  - First Aid Kit
  - Prescription Medicines
  - Glasses & Contact Lenses
  - Toiletry Items
  - Feminine Hygiene Supplies
  - Non-Prescription Medicines
  - Bleach & Eyedropper (to disinfect water)
  - Moist Towellelettes
  - Garbage Bags & Ties
- CLOTHING AND BEDDING**
  - Complete change of clothes
  - Sleeping Bag
  - Blankets
  - Coat or Jacket
- DOCUMENTS**
  - IDs
  - Credit Cards
  - Cash
  - Hard/Thumb Drive
  - Insurance Policies
  - Emergency Phone #s
- TOOLS AND ELECTRONICS**
  - Wrench or Pliers
  - Battery Radio
  - Flashlight
  - Extra Batteries
  - Phone & Charger
  - Paper & Pencil
  - Duct Tape
  - Matches
  - Fire Extinguisher
- CHILDREN AND INFANTS**
  - Bottles
  - Infant Formula
  - Diapers
  - Medication
  - Wipes
  - Books Games Puzzles
  - Blankets
  - Pacifier
  - Snacks
  - Shampoo
- AUTOMOBILE**
  - Map
  - Reflective Triangle
  - Car Phone Charger
  - Blanket
  - Kitty Litter for Traction
  - Jumper Cables
  - Ice Scraper
- PETS**
  - Collar with Tags
  - Leash
  - Kennel
  - Pet Bedding
  - Litter Box Waste Bags
  - Pet Food
  - Pet Toys
  - Pet Bowls
  - Pet Meds
  - Current Photo
- IMPORTANT**
  - Keep Emergency Kit in designated location
  - Fill cars with fuel or fully charge electric vehicles
  - Visit [Ready.gov](http://Ready.gov) for information & resources
- ADDITIONAL ITEMS FOR PEOPLE WITH DISABILITIES**

sudden you have no electricity, or you cannot get to the grocery store, which may also be closed – what’s your plan?” O’Neal said. “Before a bad day gets even worse, think ahead and save money as you use your commissary to help prepare for that emergency event.”

During last year’s hurricane season, there were 18 named storms with six becoming hurricanes and three classified as major hurricanes such as Hurricane Dorian that was classified as a Category 5. According to the NOAA, there were about 1,500 tornadoes in the United States last year, making 2019 one of the most active tornado seasons on record.

From April through Oct. 31, DeCA’s severe weather promotional package includes discounts on the following items: beef jerky and other assorted meat snacks, soup and chili mixes, canned goods, powdered milk, cereals, batteries, airtight bags, weather-ready flashlights, tape (all-weather, heavy-duty shipping and duct), first aid kits, lighters, matches, lanterns, candles, hand sanitizer and anti-bacterial wipes. Specific items may vary from store to store.

The North Atlantic hurricane season is June 1 to Nov. 30 and covers the North Atlantic Ocean, the Caribbean Sea and the Gulf of Mexico. Tornado season is April to July.

Each year [Colorado State University](#) presents its predictions for the hurricane season. The forecast for 2020 calls for 16 named storms, eight of which will be hurricanes, with four of the hurricanes potentially being category 3 or higher. [Accuweather](#) predicts 14 to 20 tropical storms, with the number of storms becoming hurricanes ranging from seven to 11.

The spring tornado forecast, according to [ustornadoes.com](#), is calling for an above average season.

Whether it’s Mother Nature or a manmade crisis, emergency preparedness officials encourage prior planning with a disaster supply kit that includes the following items:

- Water – at least one gallon daily, per person (three-day supply for evacuation, two-week supply for home)
- Nonperishable foods – canned meats, fruits, vegetables, dried fruits, nuts, raisins, cereal, crackers, cookies, energy bars, granola, peanut butter, and foods for infants and the elderly (three-day supply for evacuation, two-week supply for home)
- Paper goods – writing paper, paper plates, paper towels and toilet paper
- Writing utensils – pens, pencils (manual pencil sharpeners), markers
- Cooking items – pots, pans, baking sheets, cooking utensils, charcoal, a grill and a manual can opener
- First-aid kit – including bandages, medicines and prescription medications
- Cleaning materials – bleach, sanitizing spray, and hand and laundry soap
- Toiletries – personal hygiene items and moist wipes

- Pet care items – food, water, muzzle, leash, carrier, medications, medical records, and identification and immunization tags
- Lighting accessories – flashlights, batteries, candles and matches
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Duct tape, scissors
- Multipurpose tool
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates and insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Maps of the area
- Blankets or sleeping bags

“Throughout the year we advise our customers to be ready for any emergency, natural or manmade,” O’Neal said. “Even with the COVID-19 outbreak, we still want our customers to be prepared. However, regardless of the situation, we recommend that they calmly purchase what they need and avoid any panic buying to ensure products are available for others in their communities.”

For more information about disaster preparedness, go to the [DeCA website](#) for lists of resources.

**-DeCA-**

**About DeCA:** *The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Commissaries provide a military benefit, saving authorized patrons thousands of dollars annually on their purchases compared to similar products at commercial retailers. The discounted prices include a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America’s military and their families, and help recruit and retain the best and brightest men and women to serve their country.*

### **Stay Connected to Your Commissary Benefit**

COMMISSARIES.COM: Visit [www.commissaries.com](http://www.commissaries.com) to learn more about the Defense Commissary Agency: check out the latest news, find a store near you, see what's on sale, create a shopping list, learn of food and product recalls, scan employment opportunities, read frequently asked questions, submit a customer comment form online through DeCA's Your Action Line and more.

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