

VOL. 1, NO. 1

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# RAVEN'S NEST

Newsletter of the 22nd MPAD Soldiers and Family Readiness Group

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## Welcome to the Raven's Nest

BY SGT. SHATYRA REED

Welcome to the Raven's Nest: your one-stop shop for news and happenings around the 22nd MPAD, Fort Bragg and surrounding areas.

Family is the driving force behind every Soldier in this unit. The 22nd MPAD Soldiers and Family Readiness Group (SFRG) serves as an avenue to promote Soldier and Family readiness by encouraging open and honest channels of communication between the command and Family members, while instilling confidence, cohesion, commitment, as well as a sense of well belonging.

The goal of the SFRG is to boost the morale by allowing the Soldiers to focus on military training, mobilization and deployment, while we take care of their Families in the rear.

This monthly newsletter is for you, the Family members of the 22nd MPAD. The purpose of this newsletter is to help Families understand the unit's mission and keep Families informed of benefits and resources available.

# COMMAND CORNER

## FROM THE DESK OF THE COMMANDER

BY MAJ. TABITHA HERNANDEZ

Ravens,

I hope our entire Raven family is looking forward to the upcoming holiday season. The holidays provide us a chance to spend quality time with friends and family and an opportunity to recharge our batteries for the challenges we might face in the upcoming year. Across this formation we have accomplished a great deal in the past few months and I could not be more proud of our Soldiers. Our success is in large part due to the love and support of our Families. Thank you!



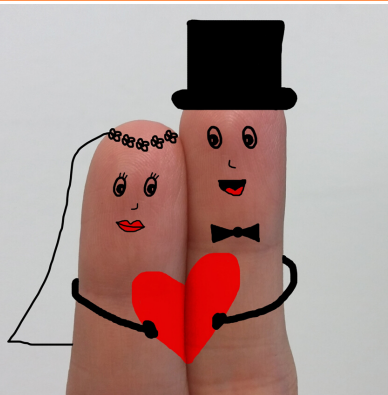
Both 1SG Crisp and I recognize that the strain on our troops and Families can at times be a challenge and thus, we have placed a renewed emphasis on our Family Readiness Program. Our aim is that our Soldiers and Families have mechanisms to remain resilient and find balance in their personal, professional, and military lives. We are very excited about this program for a number of reasons, and believe it will be invaluable to our Raven family and the standard for other commands to emulate.

As I conclude, I want to express my heartfelt wishes for a happy and safe holiday season. Raven Soldiers and Families are among the finest our Nation has to offer. I have no doubt that the detachment will continue to be extremely successful the remainder of this year and I look forward to what 2020 will bring.



### HAPPY BIRTHDAY!

Nov. 1 - Staff Sgt. Joshua Tucker  
Nov. 8 - Ellison Manternach  
Nov. 28 - Brandon Tucker



### HAPPY ANNIVERSARY!

Nov. 1 - Maj. Tabitha Hernandez &  
Maj. Francisco Hernandez  
Nov. 9 - Staff Sgt. Adrian Patoka &  
Mrs. Ashely Patoka



### WELCOME NEWCOMERS

Staff Sgt. Antonio Vincent & Family  
Staff Sgt. Adrian Patoka & Family  
Sgt. Brian Michelichi & Family  
Staff Sgt. Steven Donaldson & Family  
Sgt. 1st Class Gregory Sanders &  
Family



### NEWLY PROMOTED

Sgt. ShaTyra Reed  
Pfc. Brittany Downing

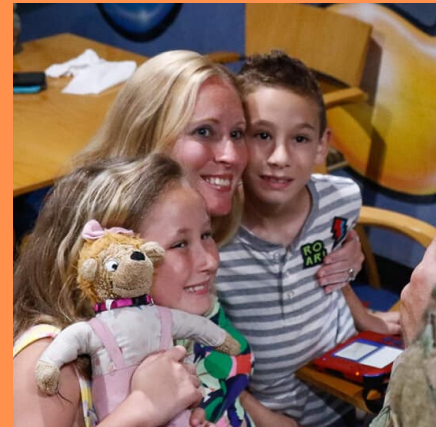


# SPOTLIGHT & FEATURE OF THE MONTH

## November is National Military Family Month

BY SGT. SHATYRA REED

Each year, November is designated as National Military Family Month. During this time, we celebrate the many contributions of military Families and show our appreciation for the sacrifices they make to support their service members.



No matter the sacrifice, military Families do what needs to be done and never stop giving. Sometimes that means putting a career on hold, moving from state to state (sometimes country to country) or juggling life's complexities.



We at the 22nd MPAD would like to thank the each and every Family members who support us every day, near and far. Nothing you do goes unnoticed.

## SAFETY TIP: WINTERIZE YOUR VEHICLE

BY PFC CARLOS CUEBAS



Hey, guys! Winter season is almost upon us. Here are some friendly tips to help keep you and your loved ones safe on the road this season.

Check your battery. Cold Weather can be tough on car batteries.

Change wiper blades and fill fluids. You need to be able to see the road clearly.

Consider snow tires or all-weather tires.

Check anti-freeze mixture. This will prevent coolant from freezing.

Stock vehicle with emergency supplies and water. You never know if an emergency occurs and you have to shelter inside your car.

# LOCAL HAPPENINGS

## Events Around Fort Bragg & Surrounding Areas

### **BOSS Carowinds Day Trip**

When: Saturday, November 2, 8 a.m.

Where: Carowinds, Charlotte, NC

Cost: Free for single Soldiers and geographical bachelors

Registration required. Space is limited. Registration deadline: October 30, 2019. Register at the BOSS Office.

### **The 23rd Annual Fort Bragg 10 Miler**

When: Saturday, November 2, 7:05 p.m.

Where: Sports USA (on Longstreet Rd. on Fort Bragg.

Cost: \$25 to \$50

The 23rd Annual Fort Bragg 10 Miler is an MWR activity to promote a healthy active lifestyle within the Fort Bragg community. This event is open to the public. Register at Zippyreg.com. For more info, call (910) 907-3617.

**\*The MPAD will have a team. Please come out the cheer them on!**

### **Exceptional Family Member Program Fall Festival**

When: Saturday, November 2, 1 p.m.

Where: Soldier and Family Readiness Center

Cost: Free to attend

Games, prizes, crafts, & fun! For more information, call (910) 907-3405.

### **SiM Spouses in Military Expo**

When: Thursday, November 7, 9 a.m. – 3 p.m.

Where: Rudolph Jones Student Center, 1200 Murchison Road, Fayetteville, N.C.

Cost: Free for Military spouses

Presented by Piedmont Natural Gas, the event plans to host about 300 active-duty military spouses for a day of fun and information introducing them to all that Fayetteville and Cumberland County has to offer.

### **Fayetteville Woodpeckers Fall Festival**

When: Saturday, November 9, noon to 4 p.m.

Where: Segra Stadium, 460 Hay Street, Fayetteville, NC 28301

Cost: Free to attend

The Fayetteville Woodpeckers welcome veterans, their families and the Fayetteville community to Segra Stadium following the Heroes Homecoming Veterans Day Parade for a fall festival that will include activities geared for everyone and batting practice in the Woodpeckers batting cages and special discounts in the team store, the Birds Nest. Dogs will be allowed in for this event..

### **Veteran's Day Run 5K and 1 mile**

When: Sunday, November 10, 9 a.m. – 1 p.m.

Where: 335 Ray Ave, Fayetteville, NC

Cost: \$25 to \$40

Come out to Festival Park to celebrate Veteran's Day with a fun run.

### **Food Truck Rodeo**

When: Sunday, November 10, noon - 6 p.m.

Where: Fayetteville St, Raleigh, NC

Cost: Free to attend

A 1/2 mile of food trucks and restaurants spread out over 11 city blocks. More than 50 food trucks from across the state of N.C. will be on site with seating setup for over 1,000 people on the sidewalk

### **BOSS Thanksgiving**

When: Wednesday, November 13, 11:30 a.m.

Where: Iron Mike Conference Center

Cost: Free to attend

Come join us for a Thanksgiving meal! There will be raffles, prizes and more! Open to single Soldiers only. Registration required.

Registration deadline: November 5, 2019. Register at the BOSS Office. For more info, call (910) 396-7751

### **Got Ink Tattoo Contest - Final Judging**

When: Friday, November 15, 7 p.m.

Where: Bldg. 0-9127 McKellar's Rd. Fort Bragg, NC

Cost: Free to attend

Come see the best tattoos on Fort Bragg! Live judging of our Got Ink Contest will begin at 7 p.m. at McKellar's Lodge. Open to everyone.

### **75th Annual Raleigh Christmas Parade**

When: Saturday, November 23,

Where: Downtown Raleigh

Cost: Free to attend

The Raleigh Christmas Parade is the largest Christmas parade between Washington, D.C., and Atlanta. Over 250,000 will watch the parade live from home and over 60,000 will attend the parade in person.

### **Paw Patrol Skate**

When: Saturday, November 30, 11:30 a.m. – 1:30 p.m.

Where: Round-A-Bout Skating Center Eutaw Location

Cost: \$5 admission and \$2 regular skate rental

Meet and skate with Chase from Paw Patrol!

## NOTABLE DATES

November 1 - Pay Day Activities

November 8 - Training Holiday (No work)

November 11 - Veteran's Day (No work)

November 13 - 22nd MPAD SFRG Meeting

November 25 - 22nd MPAD Friendsgiving Dinner

November 28 - Thanksgiving Day (No work)

November 29 - Training Holiday (No work)

December 6 - Pay Day Activities

December 11 - 22nd MPAD SFRG Meeting

December 16 - Half-day schedule begins

December 24 - Training Holiday (No work)

December 25 - Christmas Day (No work)

December 31 - Training Holiday (No work)



# IN CASE YOU MISSED IT



## HOW TO SEE D.C. IN UNDER AN HOUR AND A HALF

Our very own Pfc. Nathaniel Gayle participated in the Army Ten-Miler in Washington, D.C., on Oct. 13. His official run time was 1:19:49. Cheering him on along the way was his wife, Maria Hernandez. Make sure to congratulate them on a job well done!

## SAFETY FIRST

The Manternach Family enjoyed a day with Sparky and Marshall from Paw Patrol during the Cumberland County Safety Day at the Cross Creek Mall, Oct. 19.



## TRUNK OR TREAT



Soldiers and Family members of the 22nd MPAD attended a trunk or treat hosted by the HHBN, XVIII Airborne Corps Trunk or Treat Oct. 30.

## Resource of the Month Army Emergency Relief

AER is a private nonprofit organization that provides emergency financial assistance in the form of grants and loans to Soldiers and their Families.

AER provides help with emergency financial needs for food, rent or utilities, emergency transportation, vehicle repair, funeral expenses and much more.

For more information visit AER on the third floor of the Soldier Support Center or call (910) 396-2507

<https://bragg.armymwr.com/programs/aer>



### 2019 Holiday Hearts

Applications  
Accepted October 7 – November 15

- Conducted in partnership with the Armed Services YMCA
- Targets Soldiers E4 and below with a VERIFIED financial hardship; E5 and above must have AER referral
- Provides gifts for the children living in the home
- Tree available in ACS week of November 12; great opportunity for groups, offices, etc. to adopt a Family
- Forms in your packet and available through the website – <http://bragg.armymwr.com/programs/acs>
- For more information, contact Alice Stephens, 910-396-2458, or [alice.d.stephens.civ@mail.mil](mailto:alice.d.stephens.civ@mail.mil)



### Coming Soon...



#### November 2019

Mini Mall Panda Express

#### January 2020

Mini Mall Starbucks Drive Thru

#### Date TBD

Fazoli's at Smoke Bomb Hill

#### Estimated March 2020

Muscle Maker Grill at South Post

#### Image Upgrades

- Pope Express - estimated completion January 2020
- Honeycutt Express - estimated completion January 2020
- New Opening Hours at Linden Oaks Express



Fort Bragg, NC

## So you know...

### Fort Bragg Thanksgiving Medical Services

#### Thursday, 28 Nov & Friday, 29 Nov

- No change to essential 24/7 Emergency Medicine and Inpatient Services, 24/7 MHS nurse advice line and military crisis line.

#### Thursday, 28 Nov

- Open - Urgent Care Clinic
- Closed - pharmacies, primary care health clinics, community based medical homes, and specialty care clinics

#### Friday, 29 Nov

- Open - Urgent Care Clinic; main pharmacy and annex pharmacy (0800 to 1600)
- Closed - primary care health clinics, community based medical homes, and specialty care

#### Saturday, 30 Nov

- Open - Pharmacy annex (0830 - 1600).

## VOLUNTEERS NEEDED

The SFRG is run solely by volunteers; in conjunction with the commander, Maj. Hernandez and the SFRG Liaison, Sgt. Reed. Volunteering for the SFRG allows you to give back to the Families and community partners who support you.

An SFRG volunteer is someone passionate about supporting others through the trials, tribulations, successes and triumphs of military life. The goal of an SFRG volunteer is to create a community of camaraderie within the military "Family". To some, this will be the only support system they have when a deployment happens. Welcoming new Family members and helping them integrate into military life is an important focus of the SFRG.

Volunteering can be done in formal and informal ways. Formal positions within the SFRG include:

- SFRG Leader, SFRG Co-leader, Treasurer, Secretary and Key Callers. Informal positions within the SFRG may include (but are not limited to): Welcome/Hospitality Committee, Newsletter Staff, Child Activity Coordinator, Photographer and many, many more!

No matter the amount of time you have, large or small, there is always a position within the SFRG volunteers for you! If you are interested in filling a volunteer position, please come to the monthly SFRG meetings or contact the SFRG staff at [22ndmpadsfrg@gmail.com](mailto:22ndmpadsfrg@gmail.com)

# **22nd Mobile Public Affairs Detachment**

**Soldiers and Family Readiness Group Monthly Meeting**

**Wednesday, November 13**

**6 p.m.**

**22nd MPAD Headquarters**

**2-1246 Macomb St, Fort Bragg, NC 28307**

Meet the command team, mingle with other Families and stay up to date with unit information. Bring the kids, movie and snacks will be provided.

**We are looking for Family members to fill SFRG positions.**

**For more information please contact  
Sgt. ShaTyra Reed at 904-566-9208**





22ND MPAD SFRG INVITES YOU TO OUR

# FRIENDSGIVING

Potluck Dinner

MONDAY, NOVEMBER 25, 2019

DINNER STARTS AT 5PM

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Corvias Casablanca/Corregidor Community Center  
301 N Dougherty Dr  
Fort Bragg, North Carolina 28307

WE ASK THAT YOU SIGN UP TO BRING YOUR FAVORITE DISH, DESSERT OR DRINK  
[HTTPS://WWW.SIGNUPGENIUS.COM/GO/9040D4FADAC22A7F85-FRIENDSGIVING](https://www.signupgenius.com/go/9040D4FADAC22A7F85-FRIENDSGIVING)

FOR MORE INFORMATION PLEASE CONTACT SGT SHATYRA REED 904-566-9208