



# THE HERD



Sheppard Air Force Base, Texas - June 13, 2019

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## Oregon native aces AGE course

By Airman 1st Class Madeleine E. Remillard

Fifteen blocks of instruction. Eighty seven training days. Countless hours of hard work and dedication. This is what it takes to become an Air Force aerospace ground equipment apprentice.

[Click here for the story.](#)



## 364th Training Squadron students earn ACE award

By Airman 1st Class Madeleine E. Remillard

To earn the ACE award, an Airman must maintain a 100% average throughout an entire training course. Two Airmen from the 364th Training Squadron electrical and environmental course were able to remain dedicated to their training and earn this noteworthy award.

[Click for the article.](#)

### Finance Office **CLOSED** on June 14

The Finance office will close at 1100 on June 14 for an official function and will remain closed for the remainder of the day. Customer Service hours on that day will be 0900-1100

As a reminder, customer service hours are 0900-1600 Mon-Fri  
Tuesdays from 1600-1800 reserved for our AiT population

For more information call 940-676-4866

### Sheppard Clinic Town Hall Meeting - June 24

Sheppard Clinic leadership and experts available to answer your questions!

Defense Health Agency (DHA) Transition TRICARE Plus Program  
Access to Care; Appointments  
Questions on Urgent/Emergent Care  
AETC Family Day Clinic Schedules

1100-1200 @ Medical Clinic Assembly Area



# SHEPPARD IN PHOTOS

See more at: [www.sheppard.af.mil](http://www.sheppard.af.mil)



..... Train, Develop and Inspire Warriors: Combat Capability Starts Here



# WORD ON THE TWEET

[@AETCommand's](#) latest [#podcast](#) series dives into "Developing Mach-21 [#Airmen](#)," providing visibility on recruiting, training, [#education](#) and

[#DYK](#), Flight equipment has historically been designed to fit males because there are statistically more male [#aviators](#). The [@DeptofDefense](#) held an

[@AirForceReserve](#) [#Airmen](#) rescues an 8yr old boy from flood waters, in Prague, Oklahoma. [#USAF](#) <https://www.507arw.afrc.af.mil/News/>



**LGBT PRIDE HERITAGE MONTH**  
 "DO ASK & DO TELL, ADAPTING TO OVERCOME"  
 ALL PERMANENT PARTY & AFS WELCOME

**Pride Music Night**  
 Tuesday  
 11 June 2019 @ 1800  
 Base Theater  
 Military/Civilian UOD  
 Free showing of "MIB: (2008)"

**LGBT Panel Luncheon**  
 Tuesday  
 18 June 19 @ 1100-1300  
 Solid Rock Cafe  
 Military/Civilian UOD

**Light Up the Night Fun Run**  
 Friday  
 28 June 19 @ 2000  
 Start point: Mile Track

POC: SGT WILLIAM WALKER  
 WILLIAM.WALKER.71@USAF.MIL

## SAFETY CORNER

### IS YOUR VEHICLE SAFE?

by Mike Seekamp

82nd Training Wing Safety Office

Temperature spikes in a matter of minutes

You know parked cars get hot, but what you might not realize is that a car's interior temperature can rise 20 degrees in just 10 minutes. Leaving the windows cracked or rolled down does not slow heat acceleration, nor does it cool the interior, especially on wind-free days.

Sun exposure on a parked car has the same effect, even in mild outdoor temperatures. Never leave a child or a pet closed up in a parked car on a sunny day, even just for a minute!

Children and pets feel hot temperatures differently

Your dog does not feel the heat as you do. His body is designed to conserve heat. A dog's sweat glands are located on the pads of his feet and nose, and they are inadequate for cooling your dog's total body mass on hot days. The only innate cooling mechanism your dog has is panting. If a dog breathes in hot air, especially if he is panting, it doesn't take long for brain and organ damage to occur due to heat stroke.

A child's body can heat three to five times more quickly than that of an adult. Children also possess fewer sweat glands than adults and can't adapt quickly to an increase of temperature. A body temperature of 107 degrees is lethal.

How to Mitigate these Risk

-Put something you'll need in the back seat

-After loading your family into the car, place an object you'll need on arrival in the back perhaps your wallet, purse, or cell phone. Even on autopilot, a thorough car check after parking is guaranteed with this method.

-If you have an infant, you know that rear-facing car seats can be tricky to monitor, especially if the child is sleeping. Try using a stuffed animal as a placeholder. When you secure your baby in the seat, bring the stuffed animal with you up front as a reminder.

- Store keys out of reach of little hands

- Not to be underestimated is a child's visceral capacity to play grown-up or to hide. Keep car keys secure in a high location, well away from little hands. You do not want your children entering your vehicle for any reason without your knowledge.

Source: <https://www.progressive.com/lifelines/on-the-road/hot-car-safety-tips/>

### Reduced Hours of Operation June 19, 2019

The following activities will close at 11am:  
Resource Management  
Education & Training  
Marketing  
Manpower  
NAF Human Resources  
Outdoor Recreation  
Information, Tickets & Travel  
Community Programs  
Library  
Levitow Fitness Center (24 Hour Access Available)  
Military Personnel Section  
Sheppard Club (bars open at 4pm)  
Main Pool

The following activities will go to minimum manning at 11am:  
Airman & Family Readiness Center  
Civilian Personnel  
South Bowling Center  
Post Office

The following activities will remain open regular hours:  
Pitsenbarger Fitness Center  
Child Development Center  
Madrigal Youth Center  
Dining Facilities  
Lodging

The following activities will delay opening:  
Airman's Club Rec Center (opens at 6pm)

82FSS



ALL BARE RIDERS ARE ENCOURAGED TO ATTEND  
WHAT: MOTORCYCLE AWARENESS RIDE / BURGER BURN  
WHEN: MONDAY, 17 JUNE 2019, 1043HRS, Kick Starts Up: 1100  
WHERE: COMMUNITY ACTIVITY CENTER PARKING LOT ON 5TH AVE  
BETWEEN AVE G AND AVE H  
WE WILL FINISH UP AT THE HOSPITAL PAVILION FOR A BURGER BURN



Chapter 21  
Sheppard AFB, TX

# VOLUNTEER OPPORTUNITIES



## **BURKBURNETT 'S JUNETEENTH**

June 14-15, 2019

Volunteers needed:

- Friday Evening 1730 -2130
- Assist with cooking and serving
- Set up tents, tables and chairs
- Act as road guards and directors for fun run
- Messenger deliverers
- Trash retrieval
- Assist vendors getting positioned and accommodated

Saturday's events will be a repeat of Friday with show time will be 0800. We will take care of their meals and drinks as well as any complimentary items available. There will be adequate time available for enjoying the festivities, at no cost. Mass shutdown will be approximately 1800 Saturday

Approximately 20 volunteers needed each day. Volunteers should report to the Burkburnett Community Center, located at Kramer and Davy Drive, at the extreme South end of Friendship Park, for instructions and accountability. Contact Mr. English, 915 433-9465.

## **AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS**

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights 2030 - 0030
- Drivers and Escorts: Will get a call from CQ at 2030 to verify they are still available to be a driver or an escort. When CQ receives a request for a ride, CQ will call both driver and escort. Driver will pick up escort first, and then pick up requester.
- For CQ: CQ will be at Sheppard INN by 2030 and get an AADD binder from Sheppard INN front desk. The binder has a list of volunteers (driver and escorts) and procedures for CQ. Food will be provided at Sheppard INN for CQ volunteers.
- If you are interested in volunteering please contact HWANG, JAEBEOM SrA USAF AETC 82 CPTS/FO to schedule your shift!

## **HUMANE SOCIETY OF WICHITA FALLS**

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society's Facebook and other social media
- For more information please contact Cheryl Miller at 940-855-4941, email [director@humanesocietyofwichtacounty.org](mailto:director@humanesocietyofwichtacounty.org), connect on Facebook @hsowfc (main page) / @wichtafallspaws (volunteer/donation page), or stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

## **FAITH REFUGE**

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

## **THE UPSIDE**

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.

# VOLUNTEER OPPORTUNITIES



- Parents can share experiences with other parents
- For more information email [misti@theupsideWF.org](mailto:misti@theupsideWF.org) or visit the website [www.theupsidewf.org](http://www.theupsidewf.org)

## SATURDAY BUILD DAYS

- Help build a home for a local family
- Every Saturday - 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site
- Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at [www.vol-habitat@habitatwf.com](http://www.vol-habitat@habitatwf.com)

## WICHITA FALLS COMMUNITY ORCHESTRA

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email [WFCCommunityOrchestra@gmail.com](mailto:WFCCommunityOrchestra@gmail.com) or visit [www.wichitafallscommunityorchestra.com](http://www.wichitafallscommunityorchestra.com)

## PRODUCE EXPRESS BAGS

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway
- For more information email [betsilujan@wfafb.org](mailto:betsilujan@wfafb.org). To sign up call 940-766-2322 or email [wendellgriffin@wfafb.org](mailto:wendellgriffin@wfafb.org)

**Big Brothers, Big Sisters** 940-767-2447 or [wfinfo@bbbstx.org](mailto:wfinfo@bbbstx.org)

**Patsy's House** 940-723-1646

**Children's Aid Society** 940-322-3141

**Boys and Girls Club of Wichita Falls and Burkburnett** 940-322-2012

**Christmas in Action** 940-696-9393

**Read 2 Learn January Jones** 940-235-1009  
or [jbjones@wfid.net](mailto:jbjones@wfid.net)

**Faith Mission** 940-723-5663

**Salvation Army** 940-687-2051

**Faith Mission Donation Center** 940-766-0705

**Faith Refuge** 940-322-4673

**Wichita Falls Adult Literacy Council** 940-766-1954

**First Step** 940-723-1646

**Food Bank** 940-766-2322

**Wichita Falls Area Food Bank** 940-766-2322  
[terrymorton@wfafb.org](mailto:terrymorton@wfafb.org)

**Sheppard AFB Thrift Shop** 940-676-3173 or DSN 736-3173

**Wild Bird Rescue** 940-691-0828 or  
[paige29072@yahoo.com](mailto:paige29072@yahoo.com)

**Habitat for Humanity** 940-716-9300

**Whispers of Hope** 940-696-8044



## Time to prepare for EOY process

Although it feels like we just closed out Fiscal Year 2018, the current fiscal year closeout will hit you before you know it. Unit resource management and mission requirement owners should begin working with the 82nd Contracting Squadron as soon as possible to start building their End-of-Year requirement list. If you are aware of a requirement, it is never too early to begin preparation and coordination with your local contracting and finance offices. In fact, the earlier you are prepared, the more likely your chances are to receive additional funding for requirements prior to end of year should funding come down. The earlier a requirement is identified, the earlier the acquisition process begins, the greater the likelihood of success to create more positive opportunities for your organization to achieve project goals and objectives. Units are encouraged to have their requirements completed and submitted by June 17, 2019.

## Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or over-age AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

## Finance Office Hours

The Finance Office will be closed for training every third Wednesday of the month beginning on Jan. 16, 2019. Customer service hours on those days will be 1-4 p.m. As a reminder, customer service hours are 9 a.m.-4 p.m. Monday-Friday, with Tuesdays from 4-6 p.m. reserved for our AiT population. For more information call 940-676-4866.

## Public Affairs streamlining multimedia work order process

- Support for graphics, video and command information products will begin once an AF IMT 833 is submitted to public affairs by email to [82.trw.pav@us.af.mil](mailto:82.trw.pav@us.af.mil). Products approved for public affairs support include still photography, motion photography, audio, video, photo and broadcast journalism products, and graphics as well as news and feature articles to be published on the Sheppard Air Force Base public website at [www.sheppard.af.mil](http://www.sheppard.af.mil).
- Requesters must complete items 7-12, 16-22, and 24 on the AF IMT 833. Work will not be authorized until the requester completes each field as required. This is to ensure the public affairs staff has the most accurate and descriptive information needed to successfully complete the request.
- Customers needing official photos can call the photo studio at 940-676-6620 or 940-676-2732 to schedule an appointment. An AF IMT 833 will be filled out electronically during the appointment.
- The AF IMT 833 can be downloaded [here](#) or by going to the Public Affairs page on the Sheppard AFB public website. Call 940-676-7239 for more information.



GUARDIANS OF FREEDOM

SHEPPARD AIR SHOW

2019