

Soundoff!

PUBLISHED IN THE INTEREST OF THE FORT MEADE COMMUNITY

THURSDAY, SEPT. 27, 2018 | 70th Year Number 38
FTMEADESOUNDOFF.COM



Come fly with us

Annual butterfly release honors
Gold Star Mothers and Families
PG 10

NICOLE MUNCHEL/FOR BALTIMORE SUN MEDIA GROUP

Eshana Singh, 3, of Severn, carefully lets her butterfly out of the box at Saturday's Butterfly Release for Gold Star Mothers and Families.

DAY FOR KIDS

Fort Meade CYS hosts
worldwide color run

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UPCOMING EVENTS

Saturday, 9 a.m.: Push/Pull Contest – Murphy Field House

Oct. 7: Army Ten Miler – The Pentagon

Oct. 8: Federal Holiday, Columbus Day

Oct. 13: U.S. Navy Birthday

EQUIPPED FOR THE FUTURE

Army unveils new
media kits

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Soundoff!

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DEADLINES

Community notices

Friday, noon

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CIRCULATION

If you would like information about receiving *Soundoff!* on Fort Meade or are experiencing distribution issues, call 877-886-1206 or e-mail TP@baltsun.com.

Office hours are Monday through

Friday, 8 a.m. to 4 p.m., and Saturday through Sunday, 8 a.m. to noon.

Printed by offset method of reproduction as a civilian enterprise in the interest of the personnel at Fort George G. Meade, Maryland, by The Baltimore Sun Media Group, 501 N. Calvert St., Baltimore, MD 21278, every Thursday except the last Thursday of the year in conjunction with the Fort Meade Public Affairs Office. Requests for publication must reach the Public Affairs Office no later than Friday before the desired publication date. Mailing address: Post Public Affairs Office, Soundoff! IMME-MEA-PA, Bldg. 4409, Fort Meade, MD 20755-5025. Telephone: 301-677-5602; DSN: 622-5602.

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Guaranteed circulation: 12,339



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COMMANDER'S COLUMN

Doing Work for our Nation

Hello, Team Meade! As this is my first submission in our weekly SoundOff!, I would like to wholeheartedly recognize the warm reception of me and my family by our tenant organizations, residents, and local communities.

I've heard it said that the three primary "stressors" in one's life consists of moving to a new location, taking on a new job, and experiencing a significant relationship change. Well, my family and I just moved here; I assumed command of a very large and complex organization unlike anything I've experienced in my career; and my two oldest daughters are "all grown up" and out of the house. While all the components are there, the potential stress levels have been significantly minimized due to your friendly welcome and professional integration of this Soldier and his family onto Fort George G. Meade. We cannot thank you enough!

As I continue to get out and meet the team, I am truly in awe of the professionalism and drive that makes Fort George G. Meade our Nation's platform for Intelligence, Information and Cyber Operations. My primary role, the role to which you are to hold me accountable, is to ensure our joint Service Members and Civilian Corps employees operate in a safe and secure environment; have adequate infrastructure to facilitate their operations; and have access to programs to support and assist the readiness and resilience of our Service Members and their families. This involves a myriad of actions and projects that your Garrison is already working: from access control point construction at our gates to ensuring we have sidewalks in the right places; from major road widening projects to renovating single Service Member barracks buildings; from working with partner units to determine areas on Fort Meade for future growth to addressing mold remedia-



Garrison Commander Col. Erich C. Spragg

tion and lead-based paint compliancy. But this list just scratches the surface. As your Garrison Commander, I promise to do my best each and every day to provide you the support you deserve within the resources available to me. But I need your help.

As we move forward, I ask for your continued patience. I also ask for your ideas and suggestions, either through my weekly Open Door program (4 - 6 p.m., every Monday) or the Garrison's

ICE forum. More often than not, the best solutions are derived from the interactions of conversations and discussions that evolve into potential solutions - I welcome those discourses and rely on you being engaged in our Fort Meade community.

Finally, I ask for your support of our Morale, Welfare, and Recreation (MWR) programs and activities. We are at a decision point as to what FMWR services are showing self-sufficiency into the future, and which services may be better served by resources located in the larger community around Fort Meade. Specifically, we are in need of building a larger and more consistent customer base to maintain the quality and costs enjoyed today by our Fort Meade community. Our FMWR directorate has developed several different venues to serve our community, including dinner theaters, comedy show events and the extremely popular father-daughter and mother-son dance events. We need to use our MWR facilities and services, and take advantage of the value they provide for our quality of life.

I'm greatly excited to be part of the great future of this very important military installation that is primed for immediate and future next-generation operations. Fort Meade has the resources and support to build and renovate to make sure we can efficiently support our great tenants who are in the fight 24/7. *Team Meade!*

Commander's Open Door

Garrison Commander Col. Erich C. Spragg has an open door policy.

All service members, retirees, government employees, family members and community members age 18 or older are invited to address issues or concerns to the commander directly by visiting Spragg's office on Mondays from 4 to 6 p.m. at garrison headquarters in Hodges Hall, Bldg. 4551, Llewellyn Avenue.

Visitors are seen on a first-come, first-served basis. No appointment is necessary.

For more information, call 301-677-4844.



ALEXANDRA SNYDER/FORT MEADE PUBLIC AFFAIRS OFFICE

Natalie Snyder is all red and smiles after Fort Meade's 2018 CYS Worldwide Day of Play Color Run.



ALEXANDRA SNYDER/FORT MEADE PUBLIC AFFAIRS OFFICE

Water from above: the Fort Meade Fire Department was on hand at the race to offer a cooling mist to participants as they made their way around the course.

Worldwide Day of Play/Day for Kids

Fort Meade CYS hosts color run for kids

BY ALEX SNYDER,
Fort Meade Public Affairs Office

In honor of the Worldwide Day of Play/Day for Kids that took place across the globe Saturday, Fort Meade's Child and Youth Services hosted a Color Run for children and their families on post.

Nearly 300 participants lined up on the Chamberlain Ave. soccer field to run/walk a colorful mile long course Saturday morning. During the event, vibrant non-toxic powder was tossed on participants, resulting in a rainbow effect as they crossed the finish line. The Fort Meade Fire Department was also on hand to offer a cooling spray from their truck at the beginning of the race.

"Worldwide Day of Play/Day for Kids is an annual event designed to encourage children and parents to turn off the television and play, especially outdoors," said Talissa McMullen, Middle School Facility Director at the Fort Meade Teen

Center. "We have music and dancing- just lots of fun."

CYS has in recent years, always offered an outdoor activity for WWDOP/Day for Kids. This is the second year they have hosted a color run, according to McMullen.

Worldwide Day of Play was officially established Oct. 1, 2005, when children's television network Nickelodeon announced the day as a finale for their six-month-long 'Let's Just Play' campaign. Since then, it has been celebrated each year by organizations, communities and families across the globe.

"We had fun," said Alex Race, age 11, who attended the event with his parents and little sister, Mirai, age 8. "Getting all the colors on me was my favorite part."

"And the water [from the fire truck]," added Mirai!

Following the event, participants were invited to enjoy snacks and face painting, as well as take selfies at two photo booths on the field.

While the run was free, participants were encouraged to donate a non-perishable food item. More than 200 canned goods were collected and will be donated to area food banks that serve our community's most needy, McMullen said.



COURTESY PHOTO/FORT MEADE CYS

Fort Meade 2018 CYS Worldwide Day of Play.

PAIN AWARENESS MONTH

Communicating about pain

By Ms. Lily Daniels,
Regional Health Command Pacific

September is Pain Awareness Month, which enables people to contemplate pain, their pain, and how they may communicate their pain. Patients are used to answering a health care provider's question, "On a scale of one to 10, where does your pain rate?" What exactly do those numbers mean?

Dr. Diane Flynn, a primary care pain management advisor at the Interdisciplinary Pain Management Center at Madigan Army Medical Center on Joint Base Lewis-McChord, Washington, answers questions addressing what the pain scale is and communicating about pain.

Q: How is the pain scale used by doctors?

A: The pain scale provides an assessment of only one aspect of pain, the pain intensity. The Defense Health Agency advocates for assessing not just pain intensity, but how pain impacts an individual's life.

Assessing Pain

One tool that is available to medical providers in the military health system is the Defense and Veterans Pain Rating Scale (DVPRS), which includes an assessment of pain intensity as well as an assessment of how pain impacts general activity, sleep, mood and stress.

Q: How is one person's 5 on a pain scale valued against another person's 5?

A: The pain intensity portion of the DVPRS includes the 0-10 scale, in addition to facial expressions that convey the emotional component of pain, DVPRS uses the green-yellow-red prompts to convey the urgency of the pain intensity, and lastly the tool indicates phrases that correspond with the pain intensity. By using numerical, facial, color and text prompts, it helps to increase the likelihood that one person's 5/10 pain is similar to another person's 5/10 pain.

Q: What are other options for effectively

communicating a person's pain to a doctor?

A: In addition to the DVPRS tool which is often used by primary care providers, the military health system also developed a comprehensive, online pain assessment tool called the Pain Assessment Screening Tool and Outcomes Registry (PASTOR). It's used in some military pain specialty clinics and is being introduced at other clinics to provide a comprehensive assessment of each person's experience of pain and how it is impacting his or her life.

Q: Acute or chronic, is there a difference when communicating pain?

A: There is a major difference between acute and chronic pain.

Pain Alert System

Acute pain is your body's alarm system, designed to protect you from harm. For example, when someone touches a hot stove their hand naturally withdraws, which limits the extent of the injury. When someone breaks a bone or goes through surgery, the pain that follows causes the person to become less active, giving the injured tissues the opportunity to mend. These are examples of acute pain which is pain that lasts only until the injury heals, then resolves. Acute pain often responds well to medications, ice and rest.

Chronic pain is pain that continues after the injury has healed, or begins with no known injury and lasts longer than three months or so. Chronic pain has no beneficial role. In fact, in many cases, chronic pain leads individuals to withdrawal from pleasurable activities and

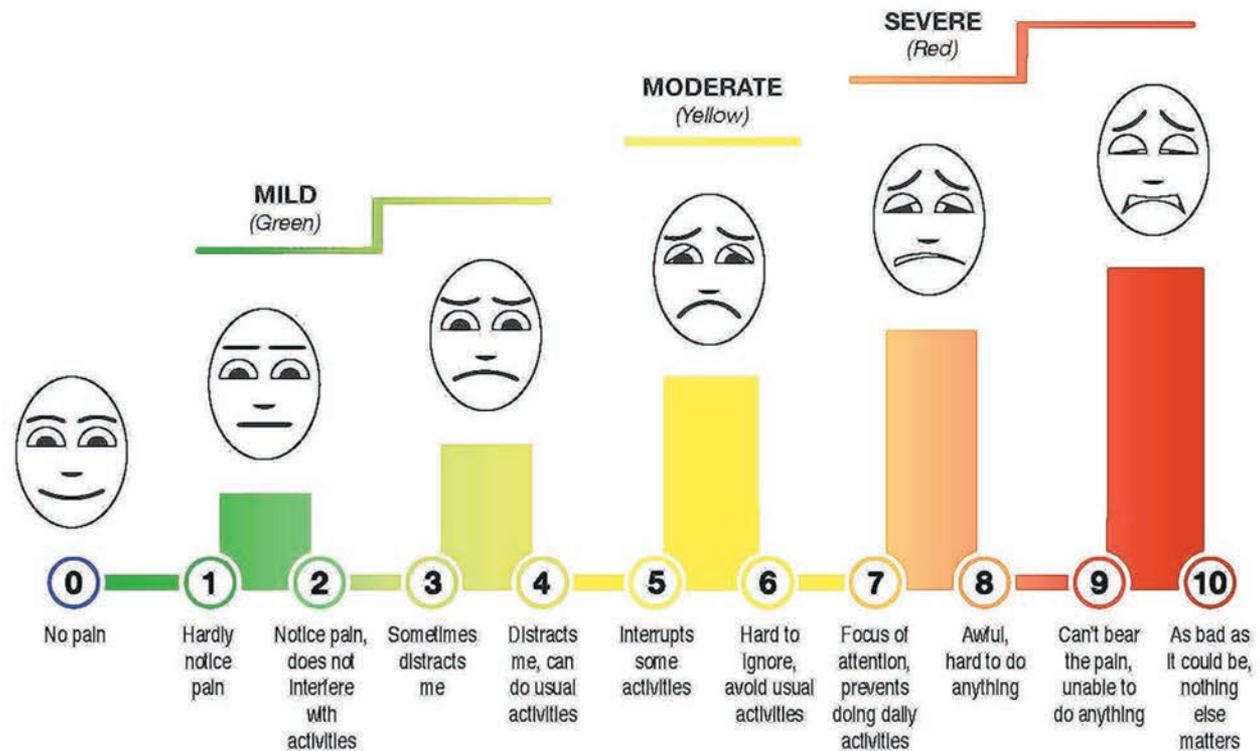
relationships and therefore can take a tremendous toll on those who experience it. Chronic pain often doesn't respond very well to medications and typically requires a multimodal treatment approach.

Q: Are there any special considerations when discussing pain with a service member? Or any other special groups (young, elderly, disabled, etc.)?

A: For all individuals with pain, the goal is to lead a satisfying life by engaging in activities that bring pleasure and give life meaning. Depending on the individual, this might mean spending more time being active with their children, competing in sports, or going for walks with a loved one.

For service members, we must also consider military readiness. Can this individual continue or resume military duties? If not, is a permanent profile needed? Is a medical board (MEB) indicated? If the individual is undergoing MEB, how can we ease the transition to VA care?

Defense and Veterans Pain Rating Scale



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ALL THINGS LEGAL

When good food goes bad

File claims for food spoilage due to power outage

BY DEBRA D. GREENE

Paralegal Specialist
Claims Division, OSJA

In the aftermath of severe weather events, the U.S. Army Center for Personnel Claims Support deals with issues involving power outages, power surges and spoiled food.

Like nearly everything else in the military, this issue is specifically addressed by regulation.

First, as implemented by Army Regulation 27-20, Chapter II, the Personnel Claims Act does not serve as either a disaster relief statute or a substitute for insurance.

Under the Personnel Claims Act, service members may seek financial relief due to “unusual occurrences.” An “unusual occurrence” is defined as a hazard outside the normal risks of day-to-day living and working.

Claims over spoiled food due to a power outage may be considered if the outage is of an “unusual duration.”

What constitutes an “unusual duration” in such a situation is determined on a case-by-case basis in accordance with existing Army regulations and policies.

However, before filing a claim with the CPCS, potential claimants should first file a claim with their own insurance company under any applicable personal property or renter’s insurance policy.

In the event that a claimant’s insurance coverage contains a deductible and the total value of the entire claim (including all other damages such as electronics as well as hotel fees) is less than this deductible amount, then claimants can file with CPCS.

Once arriving at PCLAIMS, the process of filing a claim is straight-forward. After all the necessary information is entered into PCLAIMS, claimants will be asked to verify and submit their claim.

Once the claim is verified, it will be electronically submitted to CPCS, which will investigate the claim and arrange for any appropriate payments.

For further information over Personnel Claims and PCLAIMS, go to <http://www.jagcnet.army.mil/PCLAIMS>.

To file a claim, go to <https://www.jagcnet.army.mil/PCLAIMS>.

For general information, contact the Claims Division, Office of the Staff Judge Advocate, 4217 Morrison St., Fort Meade, MD 20755-5030 or call 301-677-9898.

ALL THINGS LEGALS

CID warns of disaster fraud, scams

BY U.S. ARMY CRIMINAL INVESTIGATION COMMAND

The U.S. Army Criminal Investigation Command is alerting the Army community to be on the lookout for “Disaster Fraud” charitable schemes and repair scams.

“Disaster Fraud occurs after man-made or natural catastrophes such as the recent damage, storm surge and flooding caused by Hurricane Florence,” said Chris Grey, CID spokesman. “Often, dishonest individuals or contractors will use this opportunity to inflate damage estimates, or swindle homeowners in home repair, debris removal and other cleanup scams.

“These scammers will also exploit the disaster by seeking out those wishing to support and assist affected victims by soliciting fictitious charitable donations, sending fraudulent emails, or creating phony websites to solicit contributions or personal information resulting in identity theft.”

CID agents warn that some of these organizations are fraudulent or misleading at best because they do not have the infrastructure to support the affected disaster area.

Research Before Donating

Do not respond to unsolicited email (spam), links or attachments from these fake groups. In addition to stealing your identity, these links may also contain computer viruses and/or hijack your computer files for ransom.

The scammers will also focus on getting their victims to become emotionally invested to help those in need.

CID special agents recommend that people who want to give do research before donating. Ask detailed questions about the charity or organization, which includes basic information such as their name, address, telephone number, and if the charity is registered.

Request proof that a contribution is tax deductible or if the organization is tax exempt. Be cautious of out-of-state organizations, especially if their address is a post office box.

Officials also urge would-be donors to ensure monies are donated to trustworthy organizations and to make contributions directly to known and verified organizations rather than relying on a third party to do so.

Experts also advise that copycat websites are very active during natural disasters. Copycat websites will have links that appear similar to known web addresses.

It’s the same for some social media platforms.

An increased use of social media platforms using copycat websites and accounts of trusted organizations will be used to display devastating and emotional images, combined with a link, in an effort to get you to donate to those in need.

If you decide to donate, go directly to the organization’s website and do not donate using a link that has been sent via email or social media.

Be sure to check the organization’s verification. Most sites use a check mark behind the name to let you know that you are on or viewing a verified account.

Additionally, some crowdfunding and fundraising websites and accounts may not be used for the intended purpose of helping disaster victims. So beware of solicitations from these sites posing as legitimate organizations.

It is important to verify all organizations before donating.

Red Flags

In addition to charitable donations and email scams, victims should also beware of contractor and home repair fraud.

“Please keep in mind that legitimate and licensed repair contractors are quickly booked,” said Special Agent William Stakes Jr., CID’s Economic Crime program manager. “Do not overlook normal precautions and do not hire an untrustworthy or questionable freelancing handyman because you are eager to start the repairs quickly.

“Do your research when hiring repair contractors.”

Stakes provided some red flags and important points to consider when hiring a contractor:

- Ensure the contractor hired is legitimate. Seek companies that are licensed and obtain three itemized bids before choosing a contractor.
 - Red flag: Contractor asks for cash up-front (advanced fee scheme).
 - Get a written estimate and don’t sign a blank contract. Get a second set of eyes to look over the contract. It’s always best to get a second opinion.
 - Don’t sign over your insurance settlement check and don’t pay with cash. Pay by credit card or check — and never the full amount up-front.
 - Have the work inspected. Hold the final payment until repair is completed to your satisfaction.
 - Don’t be pressured or fall for contractors claiming to offer a “one-day-only” special or discount for hiring them on the spot. Often after disasters, disreputable contractors will solicit door to door, offering to repair or clean up damage.
 - Beware of swindlers peddling “Mold-Free” certificates. There are no laws requiring homeowners to produce this credential.
 - Another good proactive measure is to take photos with the contractor and of business cards and contractor/vehicle licenses. Fraudsters are unlikely to cooperate.
- If you think you’ve been the victim of any of these scams, you can file a complaint with the Federal Trade Commission.

Disaster Fraud Resources

- National Center for Disaster Fraud: 866-720-5721
Email: disaster@leo.gov
 - Department of Homeland Security/FEMA Fraud Hotline: 800-323-8603
<https://www.oig.dhs.gov>
 - Federal Trade Commission: <https://www.ftccomplaintassistant.gov/#&panell-1>
- Helpful Links:
- Federal Trade Commission: <https://www.consumer.ftc.gov/articles/0074-giving-charity>
 - Directory of National Charities: <http://give.org/charity-reviews/national>

Editor’s note: Some information contained in this article is courtesy of the FBI, the National Center for Disaster Fraud and the National White Collar Crime Center.

For more information on CID, or to report a felony-level crime or provide information concerning a crime, contact your local CID office at cid.army.mil.

Water main flushing continues on post

BY AMERICAN WATER MILITARY SERVICES GROUP
Fort Meade

American Water's 2018 Annual Water Main Flushing Program is underway on post.

The purpose of the program is to provide the best quality water available to customers by removing any buildup of sediment that may have occurred in the water lines.

Flushing may result in some temporary

discoloration and the presence of sediment in your water. These conditions are not harmful and should be of very short duration.

Between 8 a.m. and 4 p.m., limit your use of water to help prevent discolored water reaching service lines to your residence.

Should you notice an increase in discolored water at your residence, flush all cold water faucets inside for 15 minutes.

If you have any water filters installed in

your building, check them as they may become dirty or clogged. We advise customers to have replacement filters on hand.

If the water does not clear up, call the Water Treatment Plant at 443-591-0909. This number is monitored 24/7, 365 days a year to address questions or concerns.

Areas that may be affected by planned flushing for Monday through Oct. 5 are:

- Llewellyn Avenue
- Wilson Street
- Ernie Pyle Street

- 5th Street
- Huber Road
- Magazine Road
- Wildlife Loop
- Range Road
- Red Bud Lane

Streets adjacent to Llewellyn Avenue and Ernie Pyle Street may see a temporary change in their water during flushing activities.

Signs will be posted ahead of any flushing activities to notify customers.

For more information, call the Water Treatment Plant at 443-591-0909.

COMMUNITY CRIME WATCH

COMPILED BY THE DIRECTORATE OF EMERGENCY SERVICES

■ **Sept. 7, Failure to obey traffic control device, failure to control speed to avoid a collision, and driving without a license:** DES responded to a non-injury traffic accident on Route 32 caused when the driver failed to change lanes per direction of a traffic-control sign trailer and collided with the trailer. The vehicle and trailer sustained major damage. The vehicle was towed.

■ **Sept. 7, Shoplifting:** DES responded to a reported shoplifting at the Exchange involving a military dependent who attempted to eat \$21 worth of snacks without paying.

■ **Sept. 8, Domestic disturbance:** DES responded to a reported domestic disturbance in the Midway Commons housing area involving a military member and his spouse who got into a verbal argument that turned physical when she struck him. He took her cellphone, she assaulted him, and he threw her to the ground.

■ **Sept. 9, Disorderly conduct:** DES responded to a reported disorderly conduct involving a military member who refused to comply with Department of the Army security guard directions, including presenting ID to access the post.

■ **Sept. 9, Failure to reduce speed in dangerous weather conditions:** DES responded to a non-injury traffic accident on Route 32 caused when the driver lost

control of her vehicle while negotiating a curve, left the roadway, struck the guardrail, re-entered and crossed the roadway, and struck the guardrail on the other side. The vehicle sustained major damage and was towed.

■ **Sept. 12, Hit-and-run traffic accident:** DES responded to a non-injury hit-and-run traffic accident in the parking lot of the Freedom Center barracks involving a military member whose vehicle was struck while parked and unattended. Investigation continues.

■ **Sept. 12, Failure to control speed to avoid a collision:** DES responded to a non-injury traffic accident at the intersection of Cooper Avenue and Rockenbach Road. The accident was caused when the driver (a government employee), while making a right turn, struck the rear of another vehicle stopped in the merge lane due to traffic. The other vehicle sustained major damage and was towed.

■ **Sept. 12, Identity theft:** DES responded to a reported identity theft involving a military dependent whose Social Security number was used by an unknown individual on a work application.

■ **Sept. 13, Failure to control speed to avoid a collision, driving with a suspended license and driving with expired registration:** DES responded to a non-injury traffic accident on the Route 175 on-ramp to Route 32 caused when the driver, while merging, struck the rear end of another vehicle, which was slowed in

the merge lane due to traffic. A friend who arrived to pick up the driver was also cited for driving with a suspended license. Both the driver and friend were picked up by another friend who had a valid driver's license.

■ **Sept. 13, Starting vehicle from stopped position when unsafe:** DES responded to a non-injury traffic accident in the parking lot of the Defense Information Systems Agency caused when the driver (a military member) struck another vehicle while pulling out of a parking space.

■ **Sept. 13, Fraud:** DES responded to a reported case of fraud involving a DoD contractor who received an unexpected check in the mail, later confirmed with her bank to be fraudulent. Investigation continues.

■ **Sept. 15, Speeding and driving with a suspended license:** DES conducted a traffic stop on Route 175 for speeding (59 mph in 40-mph zone) and determined the driver had a suspended license.

■ **Sept. 16, Assault:** DES responded to a reported assault of a military dependent by unknown individuals in a park in the Midway Commons housing area. Investigation continues.

■ **Sept. 17, Theft of government property:** DES responded to a reported theft of government property involving a military member whose two government laptops were taken from his hotel room over the weekend. Investigation continues.

■ **Sept. 17, Failure to reduce speed in dangerous weather conditions and failure to control speed to avoid a collision:** DES responded to a non-injury traffic accident on Mapes Road caused when the driver (a government employee) rear-ended a vehicle ahead, pushing it into another vehicle, which was stopped for a pedestrian crossing the road in a crosswalk. One vehicle sustained major damage and was towed.

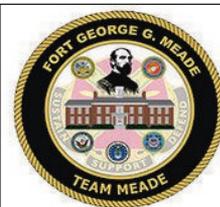
■ **Sept. 18, Speeding, driving with a suspended license and driving with expired registration:** DES conducted a traffic stop on Broadfoot Road for speeding (41 mph in a 25-mph zone) and determined the driver (a military member) had expired registration and a suspended driver's license.

■ **Sept. 19, Failure to stop for a stop sign and driving with suspended registration:** DES conducted a traffic stop at the intersection of Mapes Road and Rose Street for failing to stop at a stop sign and determined the driver (a DoD contractor) had suspended registration. The vehicle was towed.

DES Tip of the Week: Drivers, park only in authorized parking spaces. Parking in front of a no-parking sign? No-go. Parking within 30 feet of an intersection, 20 feet of a crosswalk or 15 feet of a fire hydrant? No-go. Parking on grass? No-go. Parking in a bus stop loading zone? No-go. Fines can be \$60 to \$70. #DrivingCommonSense #ItsTheLaw



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U.S. Army strengthens Cyber Ops

BY U.S. ARMY CYBER COMMAND

What is it?

The U.S. Army is engaged in the cyber domain every day to achieve and maintain superiority in cyberspace against the nation's adversaries. For the Army in Cyberspace, the number one priority is operating and defending Army networks, data, and weapons systems.

A strong Army posture across cyberspace and the information environment empowers Army, joint, and combined forces to enhance readiness and increase lethality.

Army Cyber moves

The Army Cyber Enterprise exists to build, train, operate, resource, expand and set policy for Army capabilities in cyberspace. To achieve this, the Army established:

- U.S. Army Cyber Command in 2010 as the Army's operational cyber unit. In 2017, ARCYBER became an Army Service Component Command to the joint U.S. Cyber Command headquartered at Fort George G. Meade, Md.

- The Army Cyber Institute in 2012 to develop intellectual capital and leverage subject matter experts to expand the



COURTESY PHOTO/U.S. ARMY CYBER COMMAND

Cyber operators use various means to hone and advance cyber domain skills, including participation in exercises and hands-on competitions.

knowledge base for Army cyber operations.

- The Cyber Center of Excellence in 2014, bringing together the Signal School and Cyber School in Ft. Gordon, Georgia, the Army's Power Projection Platform for cyber operations.

Other efforts to support the Army

capabilities in cyberspace include:

- In October 2015, the Army was the first service to establish a designated branch of the 17 series cyber personnel.

- In 2017, all 41 of the Army's Cyber Mission Force teams supporting the Fort Meade-based USCYBERCOM achieved full operational capability.

- In late 2017, the CCOE's Office of the Chief of Cyber implemented the Direct Commissioning Pilot Program in late 2017 to recruit highly skilled civilians to become Army cyber officers.

Continuing efforts

The Army Cyber Enterprise is rapidly developing and delivering resilient cyberspace capabilities.

- Beginning Oct. 1, 2018, the Electronic Warfare career field will officially merge with the Cyber career field.

- The Army's first expeditionary Cyber battalion, the Cyber Warfare Support Battalion, will be established to strengthen maneuver combat units.

- In 2020, ARCYBER will relocate to a purpose-built, modern headquarters complex in Fort Gordon, Georgia, converging the operational and institutional base of the Army Cyber Enterprise to one unified home.

Why important

Modernization secures networks, platforms and data to create cyberspace advantages that enhance operations across all domains. Cybersecurity is fundamental to enabling the Army's offensive and defensive activities in order to win in and through cyberspace.



PHOTO COURTESY OF EFMP

Victor, an EFMP participant, is assisted by Maryland Therapeutic Riding staff while enjoying time on one of the horses.

EFMP relaxes with therapeutic riding

BY CODY DAVIS
Staff Writer

The Exceptional Family Member Program took 17 families to Crownsville on Sunday for their annual Day at the Farm event.

Sonia Blyther, an EFMP spokesperson, said the program partnered with the Maryland Therapeutic Riding Center to provide special needs children with "a day of fun and exposure."

Children who attended the event rode horses on the farm's trails, participated in crafts projects, competed in a scavenger hunt and received lunch. Parents had the opportunity to ask questions about the different programs at the farm. The event was held for children ages 5 through 12.

Community members can call (301) 677-8435 for further information on EFMP and its events.



PHOTO COURTESY OF EFMP

Theresa, a service member at Fort Meade, rides one of the horses at the Maryland Therapeutic Riding Center.

Army equips first unit with new tactical media kits

BY DAN LAFONTAINE,
PEO C3T Public Affairs

The Army is fielding modern, standardized media kits to its tactical Public Affairs and Visual Information Soldiers to improve capabilities, save money and reduce logistical tasks.

Soldiers from the 55th Signal Company (Combat Camera) at Fort Meade, received 13 Tactical Digital Media, or TDM, kits in July, marking them as the first unit equipped with the new package.

"This kit will allow us to exceed customers' expectations and set a new standard in our career field," said Staff Sgt. Pedro Garcia Bibian, 3rd Platoon Sergeant, who has worked on the TDM project since testing kicked off in October 2017 at Aberdeen Proving Ground.

"I have used this equipment in the extreme cold weather of Alaska, and the system performed above my expectations; the production quality improved drastically compared with our old kits," he said. "This gives us the ability to stay up to date in the [Visual Information] field and enables us to transmit our message to the public a lot faster."

TDM Kits

TDM kits will enable Public Affairs and Visual Information Soldiers to gather, process and deliver digital audio, imagery and video files through kits composed of digital multimedia cameras, video-editing equipment, laptops, lighting, night-vision devices and audio gear. The TDM laptops are approved to operate on unclassified and classified Army computing networks. This step will be a significant milestone for these career fields, as connecting photo and video equipment to Army networks is not currently permitted because of security concerns.

Kyle Perkins has managed the acquisition, procurement, testing and fielding of the TDM kits for Army Project Manager Mission Command.

"The most satisfying aspect of managing this program has been working directly with the Soldiers who will operate the equipment and designing a system to meet their needs," Perkins said.

To improve Soldiers' ability for transmitting still photos and video files from remote locations, the TDM kits are compatible with the Lite variant of the inflatable Transportable Tactical Command Communications system. T2C2 Lite provides satellite connectivity to enable TDM users to send their data across the tactical network from remote locations without



U.S. ARMY PHOTO BY DAN LAFONTAINE, PEA C3T PUBLIC AFFAIRS

Staff Sgt. Pedro Garcia Bibian (left) and Spc. Christopher Bellanfent test the Transportable Tactical Command Communications-Lite system during Tactical Digital Media training at Aberdeen Proving Ground, Md., on Oct. 5, 2017.

the need of static network infrastructure. It can be used during disaster relief efforts, deployments and live broadcasts.

Garcia Bibian described numerous additional benefits from the TDM fielding.

"The new gear adds 4K video recording for creating better products as our current kit is limited to 1080p video format," he said. "The Wi-Fi option allows the user to easily transfer still images to a digital device that can be used to edit on the road. Operating the camera via portable device adds capabilities that the older kit did not allow without expensive add-ons. This also helps to operate equipment from a distance, permitting recording of dangerous documentation."

Program of record

Establishing TDM as an Army program of record will enable the Army to purchase equipment in bulk, at less than wholesale prices, while removing many logistical burdens from units, Perkins said.

- Kits will be standard issue to units through centralized procurement funding to eliminate the need for purchasing gear through their own funds, which was often expensive and time consuming.

- Because the equipment is now standardized, training becomes easier, readiness will increase, and equipment will be easier



DANISH ARMY CAPT. MICHAEL MARQUARD KRISTENSEN, CSTC AFGHANISTAN PUBLIC AFFAIRS OFFICER

U.S. Army Sgt. 1st Class E. L. Craig uses the Canon EOS C video camera during a key leader engagement in July 2017 between the Danish Ambassador to Afghanistan Jean-Charles Ellermann-Kingombe, the Resolute Support Command's Chief of Staff German Lt. Gen. Johann Langenegger, and the Afghan Judges of the Anti-Corruption Justice Center in Kabul, Afghanistan.

to maintain.

- Specialized equipment tailored to a unit's mission is now authorized. In addition, all kit components have national stock numbers to enable ordering through the standard Army supply system, which

saves time and money.

"This program has delivered a right-sized capability package that is fully supportable through the Army's organic supply system, which enables Soldiers to focus on the mission first," Perkins said.



BRIAN SPANN, FORT MEADE PUBLIC AFFAIRS OFFICE

Voncile Farmer leads the butterfly release with Garrison Cmd. Sgt. Major Brian Cullen, center, and Garrison Commander Col. Erich Spragg during Saturday's Gold Star Survivors event at Burba Lake.



NICOLE MUNCHEL/FOR BALTIMORE SUN MEDIA GROUP

Gold Star Mothers and Families released 250 butterflies Saturday afternoon at Burba Lake to honor and remember their loved ones.



NICOLE MUNCHEL/FOR BALTIMORE SUN MEDIA GROUP

Gold Star Mothers Maryland Chapter President Janice Chance of Owings Mills consoles Irma Robinson of Severn as she speaks about her late husband Army Sergeant 1st Class Tommy Robinson Jr. at Saturday's Butterfly Release.



BRIAN SPANN, FORT MEADE PUBLIC AFFAIRS OFFICE

Garrison leaders Command Sgt. Major Brian Cullen and Col. Erich Spragg open envelopes to release butterflies during Saturday's butterfly release.

Annual Butterfly Release Honors Gold Star Mothers and Families

BY ALEX SNYDER, Fort Meade Public Affairs Office

Hundreds of butterflies filled the sky above Burba Lake Sept. 22, as residents and Fort Meade leadership gathered in recognition of Gold Star Mothers and Families Day, and to pay tribute to Service Members who made the ultimate sacrifice.

This year marked the fourth iteration of

the release, sponsored by the Fort George G. Meade Survivor Outreach Services program. Voncile Farmer, Fort Meade Volunteer Program manager, organized the ceremony that was attended by approximately 150 members of the Fort Meade community.

"It's very important to keep that memory [of a lost loved one] alive," said Farmer. "Even if someone dies, you have them in your heart and memory."

Garrison Commander Col. Erich Spragg attended the event and spoke about what the day means and why it's recognized each year.

"On the last Sunday in September, America celebrates this important day in our culture," said Spragg. "A day that was created to recognize and honor those that have lost their son or daughter while serving our country in the United States Armed Forces."

Janice Chance, president and chaplain of the Maryland Chapter of American Gold Star Mothers was the ceremony's guest speaker.

Chance lost her son Marine Capt. Jesse Melton III on Sept. 9, 2008, when his Humvee hit a makeshift bomb in the Parwan province in Afghanistan.

Melton took the place of another Marine in a convoy on the day he lost his life, said Chance. The Marine's wife was expecting a

baby and he didn't want to miss the call announcing the birth of his child.

"Two days later, that Marine's baby was born. So that young lady has her daddy and her mommy," said Chance. "I believe Jesse's earthly mission was complete because of that."

The American Gold Star Mothers organization was founded before the end of World War II for mothers whose children have died during military service. The

group regularly volunteers with veterans and military service groups. More than 200 Gold Star Mothers and Families have been identified in the Fort Meade area.

"We're determined to carry on the legacy of our children's service," said Chance. "The pain is there and it's real, but we have chosen to move forward from that pain. It's therapeutic when you're out serving. You cannot stay depressed when you're out serving."

JIBBER JABBER – OPINION

Out on its shield

I don't like Green Bay Packer linebacker Clay Matthews. Never have – Not when he was at USC, not his stupid sack dances – either the predator <https://bit.ly/2Du70Cd> or Val Venis <https://bit.ly/2Iez3o6> – and especially not his hair <https://bit.ly/2xBOz9k>.

He seems like the kind of dude who shoved kids in lockers and doled out wedgies like “Stone Cold” Steve Austin gave out stunners <https://bit.ly/1LtzXew>.

But, Clay has does play football the right way – fast, hard, aggressive. He's certainly on edge, but has never been considered dirty.

So why has he been flagged for roughing the passer three times in the last three weeks?

The answer is simple, the NFL has gone too soft.

Don't believe me – I'm just a fan.

You don't even have to believe Matthews, who just received a fine for his hit against the Redskins, which sparked the following comments <https://bit.ly/2N2mJYK>.

But you should believe his quarterback, Aaron Rodgers, whose injury last season sparked the league's over-correction and reemphasis on sissifying the game. <https://bit.ly/2Dw9Oit>.

Rodgers has raised multiple issues with the NFL's competition committee's new emphasis on protecting the quarterback. According to the league's web site, “The officiating department will emphasize that the defender is responsible for avoiding landing on the quarterback when taking him to the ground.” <https://bit.ly/2NBfAUu>.

Now I'm neither an athlete nor a physicist, but I did read NASA's synopsis of Newton's first and second laws of motion, and the bottom line is it is fairly



Chad T. Jones

PUBLIC AFFAIRS OFFICER

impossible for objects in motion, e.g., 250 pound linebackers running full speed at a QB, to just stop in midair until they are stopped by the ground. <https://go.nasa.gov/2NLJwEf>.

Attempts to break this law tend to lead to people breaking their body and pain.

Just ask Miami's William Hayes who is now out for the season after tearing his ACL because he tried to go all “Matrix” while sacking Oakland's Derek Carr. <https://bit.ly/2NAR7yu>.

I get that the health and well-being of a defensive lineman is not as important to the NFL as that of a QB. The NFL has always been a quarterback-driven league, and it makes sense for the league to protect its prize assets.

I've also supported a majority of the rules emphasizing player safety and concussion protocols, but this new emphasis where players can now be flagged simply for landing wrong isn't safe for a majority of players and is turning the sport I've loved for 40 years into something I barely recognize and, frankly, stinks.

If I want to see people running around untouched, diving and catching things, I'll watch ultimate Frisbee. But what I, and a vast majority of people want to see is football, which is a collision sport where you win by beating an opponent into submission.

So, if football cannot figure out how to give us that within the confines of 21st-century sensibilities, then America's game will find itself going out on its shield the way gladiators did. Their exploits can be stored somewhere in the cloud for future generations to see how violent those 20th-century humans used to be.

If you have comments on this or anything to do with sports, contact me at chad.t.jones.civ@mail.mil.

SPORTS SHORTS

'Pigskin Pick'em' contest

The “Pigskin Pick'em” contest runs through Dec. 30 at The Lanes.

Watch Sunday's 1 p.m. and 4 p.m. games on The Lane's large screens, plus play the “Pigskin Pick'em” contest to enter to win weekly prizes.

The weekly winners will be entered to win a final grand prize.

The contest is offered at no charge. Rules are available at The Lanes.

For more information, call 301-677-5541, visit The Lanes or go online to meade.armymwr.com.

Push/Pull Contest

Raise the Bar Push/Pull Contest is Saturday at 9 a.m. at Murphy Field House.

The event is open to all ranks and services. Participants must be at least 18 years old.

Active-duty service members, retirees, Reservists, DoD civilians and family members must show a valid ID card.

Registration fees: Deadlift: \$20; Bench Press \$20; and Both Lifts: \$35

Early weigh-in is Friday from 9 a.m. to 6 p.m. Same-day weigh-in is Sept. 29 from 7:30-8:30 a.m.

Additional details are available at the fitness centers.

To register or for more information, call 301-677-2349 or email Sylvia.l.garcia.naf@mail.mil.

Volunteer coaches needed

Volunteer coaches are needed for all sports in the Fort Meade Child & Youth Services' Sports Program.

Coaches receive a discount for their children enrolled in the program.

For more information, call CYS Sports at 301-677-1315.

Youth Winter Sports

Registration for Youth Winter Sports begins Monday.

The season runs from Dec. 3 through March 2.

The CYS Youth Sports Program is open to children of active-duty and retired service members, DoD civilian employees, NSA personnel, and contractors on Fort Meade.

- Clinic Basketball, ages 3-4: Cost is \$25.
- Basketball, ages 5-15: Cost is \$55.
- Clinic Futsal, ages 3-4: Cost is \$25.
- Futsal, ages 5-11: Cost is \$55.
- Cheerleading, ages 5-15: Cost is \$55.
- Volleyball, ages 9-14: Cost is \$55.

Register online at <https://webtrac.mwr.army.mil/webtrac/meade-cyms.html>.

Parents may also register at the CYS Central Registration Office, 1900 Reece

Road.

For more information, call CYS Sports at 301-677-1315.

Youth Basketball Camp

Youth Basketball Camp is Nov. 26-30 from 6 to 8 p.m. for ages 5 to 15.

Cost is \$35.

Register online at <https://webtrac.mwr.army.mil/webtrac/meade-cyms.html> or at the CYS Central Registration Office, 1900 Reece Road.

For more information, call CYS Sports at 301-677-1315.

OSC Let's Glow Bowling

Join the Fort Meade Officers' Spouses' Club and Let's Glow Bowling on Oct. 13 from 5-7 p.m. at The Lanes.

The event includes two games of bowling, shoe rental and a finger food buffet. Neon '80s attire is encouraged.

Tickets cost \$20 with food and \$10 without food.

The event is open to the public. Children are welcome.

The OSC is seeking lane sponsors and silent auction items for this event.

For more information, email ftmeadeosc2vp@gmail.com.

Zumba Halloween Party

Zumba Halloween Costume Party, a non-stop dancing party, is Oct. 19 from 5-7 p.m. at Gaffney Fitness Center.

The free event will feature a line-up of instructors and great music.

Costumes are encouraged.

The event is suitable for all fitness levels.

For more information, call 301-677-3716.

Lifeguards needed

The Directorate of Family and Morale, Welfare and Recreation's Community Recreation Division-Sports is seeking lifeguards for the indoor swimming pool at Gaffney Fitness Center.

Pay is \$13 per hour. Flexible and part-time and full-time positions are available.

For information, call 301-677-5822.

No Excuse Mom workouts

No Excuse Mom Fort Meade meets five days a week for free, child-friendly workouts.

The group meets weekdays at 9 a.m. in the main playground area next to Burba Lake.

All fitness levels and children are welcome. The fitness group often holds challenges and contests online.

For more information, email Lina Harris at harris.lina4@gmail.com.



Find us on Facebook at
[Facebook.com/ftmeade](https://www.facebook.com/ftmeade)

NEWS & NOTES

The deadline for Soundoff! community "News and Notes" is **Friday at noon**. All submissions are posted at the editor's discretion and may be edited for space and grammar.

Look for additional community events at ftmeadesoundoff.com, on the Fort Meade website at ftmeade.army.mil and the Fort Meade Facebook page at facebook.com/ftmeade.

Process to submit announcements

Community members can publicize their upcoming event, meeting or class on the Soundoff! community announcements page by visiting ftmeade.army.mil and clicking on the Public Affairs Office tab and calling the listed phone number or emailing larry.whitley.civ@mail.mil. Requests should be submitted at least two weeks before the date of the event, meeting or class.

NEWS & EVENTS

VCC hours

Regular operating hours at the Demps Visitor Control Center are Monday to Friday from 7:30 a.m. to 4 p.m. at 902 Reece Road.

The VCC is closed weekends and from 7 a.m. to noon on the third Wednesday of each month for training.

All individuals who do not have a DoD-issued identification card must go to the VCC for a day pass.

Visit the VCC at least 10 business days in advance to apply for a long-term access pass.

Visitors who arrive on post when the VCC is closed must be escorted on post by an authorized DoD cardholder.

This includes weekends and federal holidays.

For more information, call the VCC at 301-677-1064 or visit the Fort Meade Facebook page for announcements on temporary changes to operating hours.

Fort Meade Welcome Guides

The 2018 Fort Meade Welcome Guides are available for individual and unit use.

For information and distribution, call the Fort Meade Public Affairs Office at 301-677-5602 or 301-677-1388.

Gate hours

Operating hours at Fort Meade's access control points have been adjusted due to a temporary shortage of security guards, according to the Directorate of Emergency Services.



Better Opportunities for Single Servicemembers

BOSS!

Escape with BOSS!

An Escape Room Adventure!

6 OCTOBER 2018

Free of charge and transportation provided.

Participants try two themed, interactive rooms and attempt to break out in a race against the clock! Learn to work as a member of a team to increase critical thinking and problem solving skills.

ROOM THEME: Ghostbusters

ROOM THEME: Curse of the Mummy

Open to ALL single Service Members

Registration begins 24 September at 1600 at signmeup.com/127817

Contact BOSS on our social media sites:
 Facebook.com/FtMeadeBOSS @ftmeadeboss
 or call the Fort Meade BOSS President:
 SPC Tenekeya E. McGaskey at 301-677-6868
www.meade.army.mil/booss

● Mapes Road/Route 32 ACP closes at 6 p.m. on weekends and federal holidays.

After 6 p.m., ID cardholders must use the Reece Road entrance to gain access to Fort Meade.

● Weekday operating hours for the Mapes Road/Route 32 ACP remain unchanged: Monday to Friday from 5:30 a.m. to 9 p.m.

● Rockenbach Road ACP's new weekday operating hours: 5:30 a.m. to 6 p.m.

● Rockenbach ACP's new weekend operating hours: Closed weekends

● Reece Road and Llewellyn Avenue ACP operating hours remain unchanged.

OSJA walk-in appointments

Walk-in appointments will not be available Tuesday at the Fort Meade Legal Assistance Division of the Office of the

Staff Judge Advocate Office.

Regular walk in services will resume Oct. 9 beginning at 8 a.m.

To be scheduled for a walk-in consultation, visit the Legal Assistance Division, located at 4217 Morrison St., Suite 120, on Tuesdays at 8 a.m.

For more information, call the Legal Assistance Division at 301-677-9504 or 301-677-9536.

New hours for Kimbrough's Occupational Health and Lab

Beginning Monday, Kimbrough Ambulatory Care Center is implementing new operating hours for its Occupational Health Services and for its Laboratory services.

● Occupational Health Services hours will be Monday to Friday from 7:30 a.m. to 4

p.m. The office is closed from noon to 1 p.m. for lunch.

● Laboratory services new hours will be Monday to Friday from 7 a.m. to 5 p.m.

Suit up for success

The second annual "Marching Our Veterans Back to Work" fair is Saturday from 9 a.m. to 2 p.m. at 8110 Maple Lawn Blvd. in Fulton, Md.

The free event is open to all warriors and is hosted by Councilman Dr. Calvin Ball (Howard County), Councilman Pete Smith (Anne Arundel County) and retired Col. Mike Rogers.

Free business attire will be offered to service members and veterans transitioning into the civilian workforce

Participants may select one donated suit as well as shoes (male and female), ties, purses and more.

The free suit giveaway is from 9 a.m. to noon. Registration is required for that time period. Register online at <http://movbtw2.doattend.com/>.

The free suit giveaway continues from noon to 2 p.m. No registration is required during this time. Bring your military ID.

Trained professionals will be on hand to take measurements and offer tips for "dressing for success."

Tailoring services will not be offered.

The resource fair also will feature businesses seeking to hire; organizations offering employment assistance; resume writing tips; Veterans Affairs assistance; free health screenings; and financial, educational and information resources.

For more information, go to veterans.maryland.gov.

Military Spouse Hiring Reception

The Military Spouse Hiring Reception is Oct. 18 from 7-9 p.m. at the Maryland Live! Casino in Arundel Mills, 7002 Arundel Mills Circle, Hanover.

The free event is open to all military spouses, spouses of veterans, and Gold Star spouses as well as employers and service organizations.

Service members and veterans are also welcome.

Join Hiring Our Heroes and Military Corps Career Connect (C3) to network with vetted employers, community leaders, senior military spouses and other job seekers. Bring resumes.

The event will feature a Corporate Fellowship Program information session and C3 career transition assistance.

Representatives from C3 will be available to discuss free classes and training for industry credentials, certifications and licenses.

A photographer will be on site to take

See **NEWS & NOTES**, page 14

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free professional headshots.

To register for the event, go to hiringourheroes.org/events.

Employee Assistance Program

The U.S. Army Employee Assistance Program, located at 2466 85th Medical Battalion Ave., offers a variety of services.

- EAP is free and confidential,
- EAP is available to Department of Army civilian employee; spouses and family members of active-duty service members; and retired military members and eligible family members.
- EAP is available to members of the Army National Guard and U.S. Army Reserve when not on active duty.
- EAP assists all who are eligible in identifying and resolving personal concerns such as financial and marital issues, short-term counseling, and referrals.
- EAP assists supervisors in addressing performance issues.

To schedule an appointment, call 301-677-7981

Live wolf showing

The National Wildlife Visitor Center will present three showings of a live wolf on Oct. 20 at 10901 Scarlet Tanager Loop in Laurel.

Showings are at 10 a.m., 12:30 p.m. and 3 p.m.

Tickets cost \$10 for ages 13 and older, and \$5 for ages 12 and younger.

Ironwood Wolves will bring its wolf ambassador, Luther. Each one-hour program includes a discussion of the family life, habitat, diet, and myths and facts about wolves.

Learn the important role that wolves play in the ecosystem.

After the program, explore the National Wildlife Visitor Center wolf exhibit and other displays.

In addition, enjoy "Family Fun: Wonderful Wolves" and learn more about wolves with hands-on activities, games and crafts. The exhibit is included in the ticket price.

For more information, go to <https://livewolfatpatuxentre-searchrefuge.eventbrite.com>.

Hourly Care Services

Hourly Care Services are available at Child Development Center IV and Family Child Care.

CDC spaces are available from 9 a.m. to 4 p.m. FCC hourly spaces are based upon provider availability.

Cost is \$4 per child, per hour.

Register with CYS parent Central Services at 1900 Reece Road or call 301-677-1149.

For more information, call CDC IV at 301-677-9454 or 301-677-9438; or Family Child Care at 301-677-1160.

Fleet Week and Air Show

Maryland Fleet Week and Air Show Baltimore is Wednesday to Oct. 9, from Martin State Airport in Middle River to Baltimore's Inner Harbor.

More than a dozen ships will participate, including U.S. Navy and Coast Guard, Canadian and British naval ships as well as sea service vessels and traditional sailing ships.

Ships will be available for tours at the Inner Harbor, Fells Point, Canton and Locust Point from Oct. 4-8 from 1 to 6 p.m.

The U.S. Air Force Thunderbirds will headline the air show Oct. 6-7 from noon to 4 p.m. with flying demonstrations from the F-16 Fighting Falcon. Other performances will include the Canadian F-18 demo; the GEICO Skytypers (a flight squadron of six vintage World War II aircraft); and a salute to the hometown team with the USAF A-10 Demo Group, Scott Francis (with his daring MXS maneuvers).

Watch the show from Fort McHenry National Monument and Historic Shrine, the Inner Harbor or any downtown rooftop.

The event also features free entertainment, food and exhibits throughout the area including exhibitors and vendors from maritime, military, cultural and historical organizations.

Aircraft will be on display at Martin State Airport. Visitors can meet with the pilots and watch the air show aviators take off and land.

New this year is the Fleet Week 5K Race on Oct. 7, which wraps around the Inner Harbor.

For more information, go to <https://www.visitmaryland.org/things-to-do/fleet-week>.

Murder Mystery Dinner

"Murder at the Masquerade," a Masquerade Murder Mystery Dinner & Show, is Oct. 27 at 5 p.m. at Club Meade.

Dinner is at 6 p.m. Show begins at 6:30 p.m.

The event is open to the Fort Meade community.

Evening wear, ball gowns Venetian masks, suits, tuxedos or costumes are suggested for this "glamorous evening of mystery, intrigue and murder."

Cost is \$35 in advance for Club Meade members; \$40 in advance for non-members; and \$50 at the door.

To purchase tickets or for more information, call 301-677-6969.

VA Medical Center seeks volunteer patient escorts

The Baltimore VA Medical Center needs volunteers to serve as patient escorts Monday to Friday from 8 a.m. to 4 p.m.

Volunteers may choose their own schedule.

Patient escorts transport patients to various locations within the medical center, including the main lobby and breezeway, the parking garage, and to the University of Maryland Medical Center, as needed.

Escorts must be able to push wheelchairs, stretchers, beds and other transporting devices in order to deliver patients to the requested areas.

Escorts must be able to make quick decisions and be open to asking for assistance when needed.

They also assist visitors in finding their destination within the medical center and present a cheerful, friendly attitude toward patients, staff, visitors and members of the public.

Escorts must undergo training and a background check, and be able to maintain patient confidentiality at all times.

For more information, call Amanda Tuwalski at 410-605-7100.

Free child ID kits

Free child ID kits for ages 5 to 12 will be distributed Oct. 13 from 10 a.m. to 2 p.m. at the Fort Meade Fire Department, 6619 Mapes Road.

Signs outside the fire engine bay will direct patrons to the event area. Park in the Club Meade parking lot.

The ID kit is a technology-based system that aids in the reporting time if a child is missing or abducted. The system records a digital video with voice, fingerprints, DNA and images.

Parents will receive a CD that includes their child's pertinent information.

Parents Night Out

Child Development Center IV will host Parents Night Out featuring fun fall activities on Oct. 19 from 6:30-10:30 p.m. at 85th Medical Battalion Ave.

Registration begins Monday.

Child care will be provided for children ages 6 weeks to 11 years old. Children are encouraged to wear their favorite costume or themed attire.

Cost is \$30 per child and is non-refundable. Space is limited.

All children must be registered with Child and Youth Services prior to the event.

Register at Parent Central Services, 1900 Reece Road.

For information, call 301-677-7823.

Auto Skills Center

The Automotive Skills Center offers safety classes Thursdays and Fridays at 12:30 and 6:30 p.m. and Sundays at 3:30 p.m. at 6530 Taylor Ave.

Safety classes are required to use the facility. Registration is not required.

New car lifts are now available to reduce wait times.

For information, call 301-677-5542.

Sip & Create

The Fort Meade Arts & Crafts Center presents Sip & Create on Oct. 12 and Nov. 16 at 7 p.m. at Club Meade.

Cost is \$45 and includes 16" x 20" canvas, paint, apron and two beverages including wine, beer, soda and water.

Other snacks and beverages are available for purchase.

The event is open to ages 16 and older. Those age 18 and younger must be accompanied by a parent or guardian.

The minimum class size required is 20 participants. The maximum is 35.

An instructor will offer step-by-step guidance to create an original piece of art to take home.

The project for Oct. 12 is "Autumn Path." Registration is required by Oct. 5.

The project for Nov. 16 is "Winter Woods." Registration is required by Nov. 9.

Register at the Arts & Crafts Center, 6530 York Ave. or calling 301-677-7809.

For details, visit meade.armymwr.com.

Pet holiday photos

The Family Pet Care Center will offer holiday photo sessions on the following days:

● Halloween: Oct. 22-26

● Christmas: Dec. 17-21

Discounts are offered for boarded pets and pets enrolled in Doggie Day Care.

For information, call 301-677-4059.

Office of Veterans and Military Families

The Howard County Office of Veterans and Military Families recognizes the growing needs of the more than 20,000 veterans who live in Howard County.

For assistance, call 410-313-6400 or email veterans@howardcountymd.gov.

EDUCATION**Joint Services classes**

Joint Services offers workshops and briefings by Army Community Service at the Community Readiness Center, 830 Chisholm Ave., and the Navy Fleet and Family Support Center at 2212 Chisholm Ave., unless otherwise noted.

The free classes are open to active-duty service members and family mem-

bers, DoD civilian employees and retirees. Registration is required for each class.

Life Skills

● **Effective Communication:** Today at 1 p.m., FFSC

To register, call FFSC at 301-677-9017 or ACS at 301-677-5590, or visit fortmeadeacs.checkappointments.com.

YOUTH

Youth activities

Child and Youth Services offers a variety of activities at the Youth Center, 3102 MacArthur Road.

Activities are free for members and \$2 for non-members.

● **Teen Fortnite Tournament:** Today at 4 p.m.

Youth Center hours are Monday to Thursday from 1 to 8 p.m. and Friday from 1-9 p.m.

For more information, call 301-677-6054 or go to meade.armymwr.com.

CYS registration

Child and Youth Services offers spaces for the 2018-2019 school year via the website militarychildcare.com.

The CYS Before and After School program is open to eligible CYS patrons, active-duty service members and DoD civilian employees.

For more information, call 301-677-1149.

RECREATION

Out & About

● **Baltimore ComicCon** is Friday from 1-7 p.m., Saturday from 10 a.m. to 7 p.m. and Sunday from 10 a.m. to 5 p.m. at the Baltimore Convention Center, Pratt and Howard streets.

The 18th annual comic book convention brings hundreds of cartoonists and comics creators and millions of comic books to Baltimore.

Ticket prices vary. Admission for children ages 10 and younger is free with a paid adult general admission. This does not include special ticketed events.

For more information, go to baltimore-comiccon.com.

● **Antique Arms Show** is Saturday from 9 a.m. to 5 p.m. and Sunday from 9 a.m. to 2 p.m. at the Maryland State Fairgrounds, 2200 York Road, Timonium.

Admission costs \$10 each day.

The event features antique weapons and military collectables to 1945 including antique firearms, swords, uniforms, flags, books and art.

For more information, call 540-672-4845 or email Show@marylandmilitariashow.com.

● **"Escape With BOSS!"** on Oct. 6. The free adventure is hosted by Better Opportunities for Single Service Members.

Transportation is provided.

BOSS events are open to all single service members.

Participants may try two themed, interactive rooms and attempt to break out in a race against the clock. The rooms have a movie theme: "Ghostbusters" and "The Curse of the Mummy."

Register at signmeup.com/127817 or call the Fort Meade BOSS president, Spc. Tenekeyia E. McGaskey, at 301-677-6868/

● **Maryland Renaissance Festival** runs Saturdays and Sundays from 10 a.m. to 7 p.m. through Oct. 22 at the Crownsville Fairgrounds in Annapolis, rain or shine.

For ticket prices or more information, go to marylandrennfest.com.

MEETINGS

● **Families Dealing with Deployment** meets the first and third Monday of every month from 5:30-6:30 p.m. at the Family Advocacy Program, 2462 85th Medical Battalion Ave.

The next meeting is Monday. Children are welcome.

The group is for families experiencing an upcoming or current deployment, or returning service members.

For information, call 301-677-7823.

● **Daddy & Me** interactive playgroup for fathers with children ages 2-4 meets the first and third Monday of every month from 5-6 p.m. at the Family Advocacy Program Center.

The next meeting is Monday. Registration is required for each session.

For information, call 301-677-4118.

● **Kritikos Toastmasters Club** meets the first three Mondays of every month at 6:15 p.m. at Perry's Restaurant, 1210 Annapolis Road, Odenton.

The next meeting is Monday.

For information, go to 1686.toastmastersclubs.org or call 410-305-9190.

● **Retired Officers' Wives' Club** will meet Tuesday at 11 a.m. at Club Meade. Reservations are required by noon today.

The event will feature a Victorian Autumn Tea, which will include mini scones, cranberry chicken salad, tuna salad, cucumber sandwiches, fruit and dessert.

Cost is \$20.

Reservations must now be made by calling Lorrie Short at 410-305-0232 or by email to rowcreervations@gmail.com.

Annual membership dues cost \$25, but are currently \$12.50 for the remainder of this ROWC year. Members may bring guests.

For more information, call Audrey Rothstein, ROWC president, at 443-454-7974.

● **Monthly Prayer Breakfast**, hosted by the Religious Support Office, is held the first Thursday of every month at 7 a.m. at Club Meade.

The next prayer breakfast is Oct. 4.

There is no cost for the buffet. Menu includes eggs, bacon, sausage, pastries and fruit.

All Fort Meade employees, civilian and military personnel, and family members are invited.

For information, call 301-677-6703.

● **Fort Meade First Class Petty Officer Association** meets the first Thursday of every month at 3 p.m. at The Lanes at Fort Meade.

The next meeting is Oct. 4. Training begins at 2 p.m.

The FCPOA welcomes all active-duty, Reserve and retired first class petty officers in the Fort Meade area.

For more information, email MD-FCPOA@gmail.com or go to fortmeade-fcpoa.org.

● **Sip and Share**, hosted by the Exceptional Family Member Program, meets the first Thursday of every month from 9:30-10:30 a.m. at the Fort Meade USO, 8612 6th Armored Cavalry Road.

The next get-together is Oct. 4.

For more information or to register, call 301-677-4779.

● **Meade Rod and Gun Club** meets the first Thursday of the month at 7 p.m. at Perry's Restaurant and Odie's Pub at 1210 Annapolis Road, Odenton, in the banquet hall in back of the building.

The next meeting is Oct. 4. Dinner is served at 6 p.m.

For more information, call Charisma Wooten at 240-568-6055.

● **National Alliance on Mental Illness of Anne Arundel County** offers a free support group for families with a loved one suffering from mental illness.

Meetings are held the first Thursday of every month at 7 p.m. at the Odenton Library, 1325 Annapolis Road.

The next meeting is Oct. 4.

For information, visit namiaac.org.

● **Fort Meade E-9 Association** meets the first Sunday of every month at 10 a.m. at VFW Post 160 at 2597 Dorsey Road, Glen Burnie.

The next meeting is Oct. 7.

The association is open to active-duty, retired, Reserve and National Guard E-9s of any uniformed service.

All E-9s in this area are invited.

For more information or a schedule of events, go to e9association.org.

For information about VFW Post 160, visit <http://vfwpost160.webs.com>.

● **Glen Burnie NARFE Chapter 1519** meets the second Tuesday of each month at 1 p.m. at the Holy Trinity Parish Hall, 7436 Baltimore Annapolis Blvd., Glen Burnie.

The next meeting of the National Active and Retired Federal Employees is Oct. 9.

For more information, call Barbara Jacobs at 410-969-5980.

MOVIES

The movie schedule is subject to change. For a recorded announcement of showings, call 301-677-5324. Further listings are available on the Army and Air Force Exchange Service website at www.aafes.com.

Movies start Fridays at 6:30 p.m., Saturdays at 6 p.m. and Sundays at 2 p.m. PRICES: Tickets are \$6 for adults (12 and older) and \$4 for children.

Today through October 6



NICOLA DOVE/FOCUS FEATURES

Friday: The Little Stranger (R) After a doctor is called to visit a crumbling manor, strange things begin to occur.

Saturday: The Happytime Murders (R) When the puppet cast of a '90s children's TV show begin to get murdered one by one, a disgraced LAPD detective-turned-private eye puppet takes on the case.

Sunday: Searching (PG-13) After his 16-year-old daughter goes missing, a desperate father breaks into her laptop to look for clues to find her.

October 5: The Nun (R) A priest with a haunted past and a novice on the threshold of her final vows are sent by the Vatican to investigate the death of a young nun in Romania and confront a malevolent force in the form of a demonic nun.

October 6: (Two Showings)

1. ***Free Distributor Appreciation Advance Screening – Free Admission – (PG-13) at 1400. Tickets available at your local Exchange Food Court. Seating open to non-ticket holders 30 minutes prior to Showtime.

2. **Peppermint (R)** at 1800. Five years after her husband and daughter are killed in a senseless act of violence, a woman comes back from self-imposed exile to seek revenge against those responsible and the system that let them go free.

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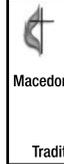
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Traditional Worship 11:00 AM • Wednesday Bible Study 6:30 PM

MONDAY

Shacharit Service - AHCC - 6:20 a.m.

TUESDAY

Shacharit Service - AHCC - 6:20 a.m.
Jewish Luncheon & Mincha Service - AHCC - Noon
Catholic Women of the Chapel - MPC - 9:30 a.m.
Installation Prayer Breakfast - First Tuesday of the
Month - Club Meade 7:00 a.m.

WEDNESDAY

Shacharit Service - AHCC - 6:20 a.m.
Protestant Women of the Chapel - AHCC - 0900
*Childcare provided
Non-Denominational Bible Study & Luncheon
- MPC - 1145

Thursday

Shacharit Service - AHCC - 6:20 a.m.

FRIDAY

Shacharit Service - AHCC - 6:20 a.m.
Islamic Prayer* - AHCC 1:00 p.m.

SATURDAY

Protestant Men of the Chapel (Gospel)
3rd Saturday of the Month - AHCC - 9:00 a.m.

SUNDAY

Contemporary Protestant (CHAPEL NEXT)
- CAV - 10:30 a.m.
Gospel Service - AHCC - 11:00 a.m.
Latter Day Saints (Mormon) - CAV - 9:00 a.m.
Roman Catholic Mass - AHCC - 9:00 a.m.
Traditional Protestant - MPC - 10:30 a.m.

Fort Meade Chapel Services and Programs

Locations:

PoC = Post Chapel
CavC = Calvary Chapel
ChaC = Chapel Center

Historic Main Post Chapel - MPC
4419 Llewellyn & Roberts Ave.
Phone: (301) 677-6703

*Garrison Chaplain's Administrative Offices

Cavalry Chapel - CAV
8465 Simonds St. & 6th Armored Cavalry Rd.
Phone: (301) 677-6035

Argonne Hills Chapel Center - AHCC
7100 Rockenbach Rd. & Grandea Ave.
Phone: (301) 677-6035

* Chaplain Family Life Center

** ON-CALL DUTY CHAPLAIN - In the event of an emergency, if you are unable to reach your Unit Chaplain, call (301) 677-6622; or contact the Installation Chaplain's Office, (301) 677-6703. Ask for assistance from the On-Call Duty Chaplain. The On-Call Duty Chaplain will return your call and provide immediate assistance.

* The F&GM Chaplains office and Islamic Community has a designated room (Room 124) at Argonne Hills Chapel Center for daily prayers during Ramadan and Jummah services. For more information, contact Mr. Chad Jones at: (301) 677-1301.

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SELF-CENTERED: With eight answers about you-know-who
by Mark McClain

ACROSS

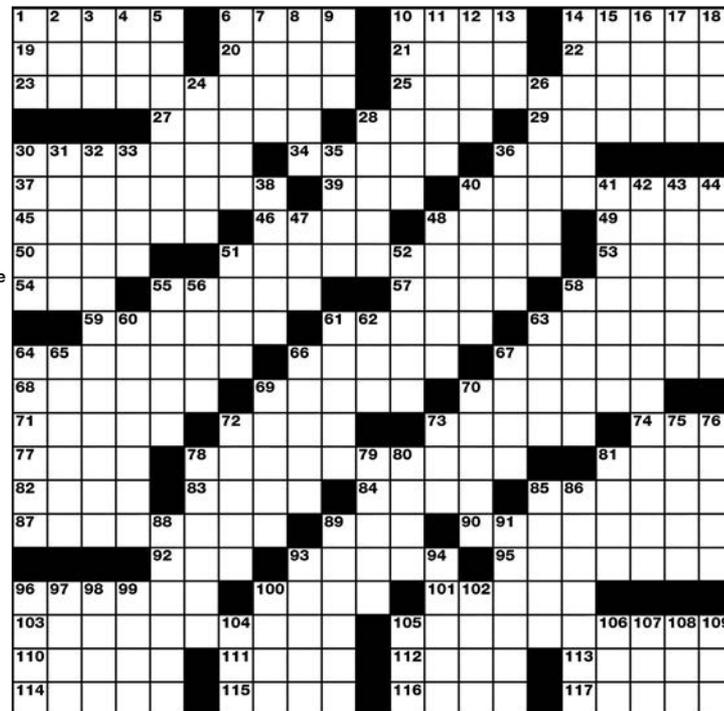
- 1 Had in mind
6 Musical postscript
10 *Casablanca* woman
14 Insert, as text
19 Come up
20 What oxygen lacks
21 Uncluttered
22 Less congenial
23 Turn sugar brown
25 Joining of giants
27 Face-down
28 Jockey's concern
29 Defeats
30 747 rival
34 Up on a globe
36 After-school event sponsor
37 Big name in cognac
39 False account
40 Gives advice to
45 Unabridged
46 Refinable minerals
48 Arizona river
49 Rapper seen on *Law & Order: SVU*
50 Leak slowly
51 Tending to moralize
53 Bit of dust
54 Poetic contraction
55 Incentivizes
57 One on the move
58 Hair preparation
59 Some track stars
61 Outfits for attorneys
63 How saints are often painted
64 Convenient feature
66 Charitable recipient
67 Titles differently
68 Moves a little
69 Bottom-of-barrel
70 Paris-born philosopher
71 Thorny plant
72 Via, for short

DOWN

- 73 Supposed source of Solomon's wealth
74 *Conan* aier
77 Arabian sultanate
78 With a flickery glow
81 One of Canada's First Nations
82 South African Peace Nobel
83 Many Manets
84 Quarterback setback
85 Sauté and simmer
87 Forestation limit
89 FDR successor
90 Caused to clam up
92 Angry state
93 Don't really try
95 Freedom from self-centeredness
96 W. Florida city
100 Dental image
101 Two-legged support
103 One with a Visa, say
105 Presented evidence for
110 French farewell
111 Opposite sides
112 ___ about (circa)
113 To some degree, slangily
114 ___ with faint praise
115 Wagon wheel connector
116 Eye-color determinant
117 It wears on a tire

ACROSS

- 8 Gross fraction
9 A word with you
10 Capone, through much of the '30s
11 Freeloader
12 Evergreen herb
13 ___ later date
14 It inspired the Frisbee
15 Tract fraction, perhaps
16 Omen
17 Started a hole
18 Makes a blunder
24 Wipe off
26 Reciprocal
28 Reflector in some telescopes
30 Ones close-by
31 Actress Zellweger
32 Between extremes
33 Small cut
35 Designer Cassini
36 Completely opposite
38 Letter-closing word
40 Alludes to
41 Rather close
42 B-school statistical subject
43 Allow to observe
44 Noble mounts
47 GPS lines
48 Garden adornment
51 Dozen in a box
52 White wader
55 Not so forthright
56 Friends of the family, often
58 Blows off steam
60 Casting director's type
61 Discussion venue
62 Helpful contacts
63 On hand
64 "Who's on First?" straight man
65 Indistinct sound



- 66 Campus quarters
67 Chimed
69 As long as
70 Descends slowly
72 "To ___ own self be true"
73 Amp-jack label
75 Under siege
76 Run-down
78 Evening bash
79 Opinion piece
80 Charlie Brown outburst
81 Mr. Peanut accessory
85 Bear flowers
86 Most clearly embarrassed
88 Chem lab colorant
89 Vocally scratchy
91 Mixed with extraneous matter
93 Basket for bass
94 Sort of steak
96 Whole slew
80 Charlie Brown outburst
97 Cry of success
98 Stiffly formal
99 First family's home
100 PlayStation alternative
102 Desktop art
104 Drama teacher's deg., often
105 Follow aggressively
106 "... iron bars a cage"
107 III, in modern Rome
108 Sorority letter
109 Family nickname

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You can contact puzzle editor Stanley Newman at www.StanXwords.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762. Please send a self-addressed, stamped envelope if you'd like a reply.

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