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February 7, 2009

## 1-9 Cav. aids Iraqi village children



Photo by Spc. Creighton Holub

Pfc. Rachelle Halaska, a combat medic assigned to the 1st Squadron, 9th Cavalry Regiment, 4th Brigade Combat Team, 1st Cavalry Division, from Hartland, Wis., inspects a child's ear during a combined medical engagement at a clinic near Forward Operating Base Hunter Jan. 30.

SPC. CREIGHTON HOLUB  
4TH BCT, 1ST CAV. DIV.



FOB HUNTER – The Head Hunter Squadron's medical experts visited a small clinic, near the squadron's headquarters in southeastern Iraq to provide medical assistance Jan. 30.

The local Iraqis lined up in single file near the clinic's perimeter fence eagerly awaiting basic examinations and

medical advice from combat medics and a physician assistant assigned to the 1st Squadron, 9th Cavalry Regiment, 4th Brigade Combat Team, 1st Cavalry Division.

"(The Head Hunter Squadron's) help is very good for us," said Amle Jaffer, one of the Iraqi nurses at the clinic. "We generally have only Aspirin, water and basic medicines. Small clinics need lots of things that we don't always have."

The Head Hunter medical personnel taught the clinic's

See AID, page 4

# 8th MTR learns ropes from 589th Soldiers

Spc. TIFFANY EVANS  
41ST FB



FOB DELTA – Members of the Iraqi Army's 8th Motorized Transportation Regiment, located in Numaniyah, support the 8th IA Division with logistics, transportation and training.

Living side-by-side with the 8th MTR are about fifty Soldiers from the 589th Brigade Support Battalion, which make up a small Military Transition Team. Soldiers in the MiTT help teach proper logistics procedures, how to run a motor pool and how to fix military vehicles.

"We benefit from the American Soldiers knowledge and experience with up-armored vehicles," said Sgt. Tariq Kadum, 8th MTR mechanical sergeant. "Our mechanics have a shortage of experience with military vehicles, so it works to our advantage to have the American Soldiers advising us on how to fix and house these vehicles."

Kadum said another benefit has been receiving spare parts when there is a shortage. They have a grow-

ing fleet of vehicles and Soldiers, so all help is appreciated and respected.

"As every day passes, I see a growing knowledge and familiarity in how to run logistics in the Iraqi officers,"

said Maj. Gerardo Pulido, a native of Edcouch-etapas, Texas, MiTT team leader, B Co., 589th BSB. "This translates into confidence, which spreads through the ranks."



photo by Spc. Tiffany Evans

Brig. Gen. Jeffrey Buchanan, Multi – National Division-Center deputy commanding general for operations, tours the 8th MTR's working area on a battlefield circulation trip Jan. 29.

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Task Force 449



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# Security, safety important when Soldiers blog

SPC. DARRYL MONTGOMERY  
MND - C



**CAMP VICTORY** — In the old days of the military, a Soldier would write a letter, put it in an envelope and place it in the mail to be delivered in a few days time for his family to read.

In today's military though, Soldiers have the additional option of signing on the Worldwide Web and posting a Web Log, or Blog, and family members back home can read it instantly.

Throughout American history our service members have been the most credible, influential and authentic spokespersons for the U.S. military way of life, the Army Public Affairs Handbook says. Their diaries, letters and handwritten journals have provided some of the clearest and most authentic historic documentation of America's battles and warfare.

The age of handwritten diaries and letters is all but gone, the handbook states. They are being replaced by worldwide communication.

Social networking sites allow hundreds of people to know what's going on instantaneously, said Maj. Joseph Chretien, Headquarters and Headquarters Company, 10th Mountain Division, operations section, Future Operations, Operational Security Manager. Insurgents have ways to intercept information and are setting up their own accounts.

With the increased speed and capability of these digitized and wireless communications come increased personal and military unit responsibility, the handbook reads. As easily as Servicemembers can text message, e-mail or post information

to a Blog, our adversaries can retrieve and monitor these sources.

Since enemy personnel have access to anything posted to the web, Chretien said, Soldiers should be cautious about what they say and post.

"Don't give away times and locations. Never post any information on casualties or photos of casualties," Chretien said. "Don't post pictures of damaged or destroyed vehicles. Be careful of photos you post to accompany your blog."

Battle Damage Assessments should also be excluded from blogs. Although BDA isn't classified, it can still cause harm if the enemy uses it against us. It allows them to see how they

performed, said Chretien. It tells them what they need to do next time to be more effective.

All Department of Defense personnel must understand classified or unclassified information they have access to, including Soldiers' lifestyles, is valuable to our adversaries, according to the handbook.

Additionally, personnel must be sure that no laws or regulations are violated, states the handbook, and that ethical standards are maintained as described by DOD Directive 5500.7 and DOD 5500.7-R.

Army Regulation states Soldiers should have their websites checked annually, preferably by the commander, Chretien said. This allows

the commander to have a good idea what is going on with his Soldiers.

A Soldier can be ordered to take their website down if their blog violates OPSEC. If they can prove nothing is detrimental, they can then put it back up, Chretien added.

If they fail to follow the order, they can be punished under the Uniformed Code of Military Justice.

Service members should not talk about routine schedules or specifics about what is going on, said Chretien. That allows the enemy to set a schedule to act.

Finally, remember, once you post information, it cannot be removed. Ask yourself, "Is this how I want to be remembered?"

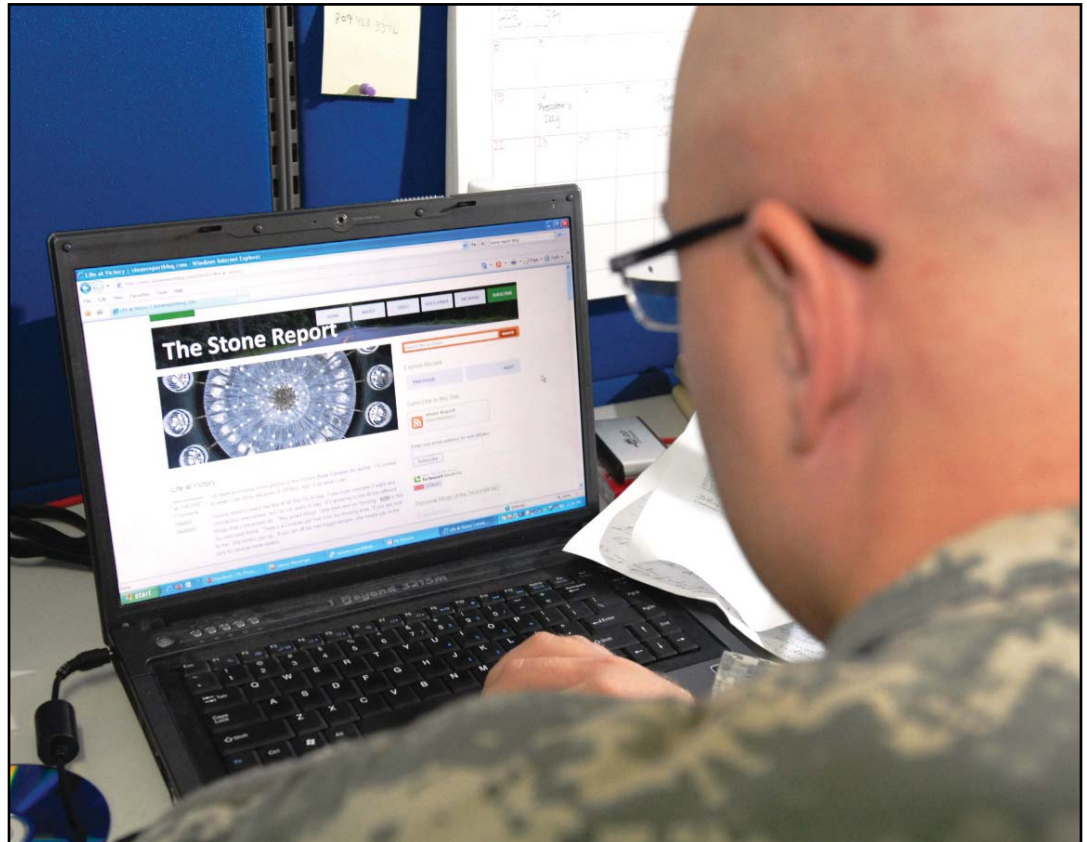


Photo by Spc. Darryl Montgomery

**A Soldier reads about what is happening in his unit through a blog. Blogs are becoming more and more popular for Soldiers to communicate back home. OPSEC should always be incorporated in blogs Soldiers write.**



## AID

### From page 1

nurses how to get more out of the medicines and treatments than they were able to provide before the event. Despite the village's lackluster medical inventory, the Iraqi nurses learned when to use certain medicines and the best way to apply them.

"These people don't have a lot," said Capt. Julie Cyr, the 27th Brigade Support Battalion's medical planner who assisted during the mission. "It was a heartfelt deed because they need our help."

The medical advice varied from explaining to parents why their children won't sleep well at night to dealing with bacterial infections in the children's ears and mouths.

The 1-9's troops also provided shoes and clothing to as many Iraqi children as possible during the event.

The operation was the squadron's first combined medical engagement since building Forward Operating Base Hunter in the Maysan province during September.



Photos by Spc. Creighton Holub

(Top) Sgt. 1st Class Mark Schenk, the medical noncommissioned officer assigned to the 1st Squadron, 9th Cavalry Regiment, 4th Brigade Combat Team, 1st Cavalry Division, listens to an Iraqi boy's chest during a combined medical engagement at a clinic near Forward Operating Base Hunter Jan. 30. (Bottom) A Soldier from the 1st Squadron, 9th Cavalry Regiment, 4th Brigade Combat Team, 1st Cavalry Division, plays with Iraqi children waiting in line during a combined medical engagement near Forward Operating Base Hunter Jan. 30.



## Staff Section Round-up

# Chaplain's Family Life Minute

The deepest intimacy that is possible in marriage is spiritual in nature. It enhances our intimacy on every other level—mental, emotional, and sexual. Our spirits are the deepest parts of us—and they are the real us.

The real us is what we must reveal in order for our partner to know our heart.

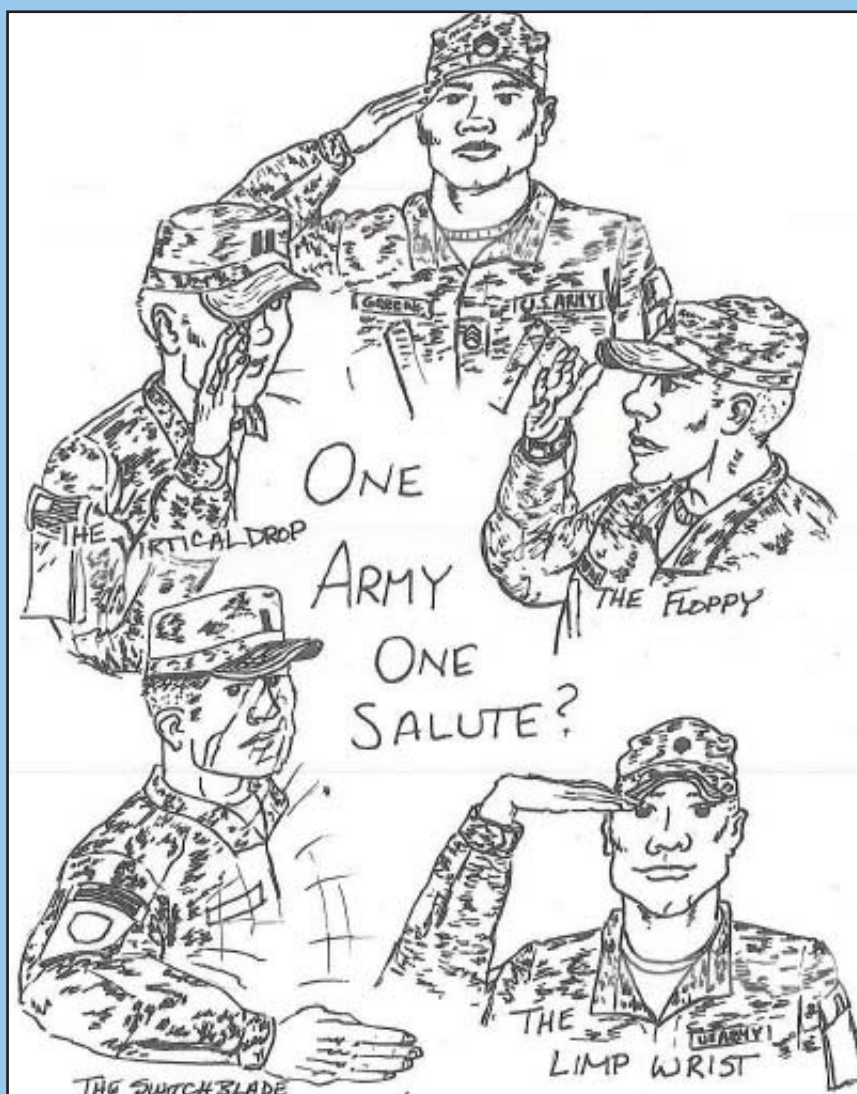
To really understand how marriage works, we must realize that there is an invisible element that joins us together, heart-to-heart. That element is the connection to the God of our faith. No other connection is as effective at enabling

hearts to connect well.

No level of communication or romance can replace the importance of our God connection. Connecting with God and each other through praying and reflecting together is essential. The other aspects of marriage will be infinitely enhanced. So, let us connect with our God and each other as we "climb to glory."

Ch. (Maj.) Paul Ramsey  
MND-C Family Life Chaplain

## The Meaning of Life



Sgt. 1st Class Jeffrey Mullett

## Valentine's Day Shoutouts

Send your sweetheart a love note from Iraq!



The Multi-National Division – Center public affairs office will be holding final shoutouts for Valentine's Day.

**Who:** You!  
**What:** Video Valentine  
**When:** Feb. 9 at 10 a.m.  
**Where:** Outside division headquarters  
**Why:** To show your love to those back home.

If you are deployed with your spouse or know someone who is and would like to do a live interview for Valentine's Day, please contact Staff Sgt. Brian Raley at [brian.rale@iraq.centcom.mil](mailto:brian.rale@iraq.centcom.mil)

# Headline Round-up

## World News:

BEIJING - China declared an emergency Feb. 5 in eight provinces suffering a serious drought that has left nearly 4 million people without proper drinking water and is threatening millions of acres of crops. The Office of State Flood Control and Drought Relief posted a notice on its Web site declaring the situation a level-two emergency on the country's four-level scale. It called it a drought "rarely seen in history."

## U.S. News:

The mantra of American business these days is: Do more with less. New jobless claims soared to a more than 26-year high in the latest week and a record number of Americans are receiving jobless benefits, according to government data released Feb. 5. Meanwhile, productivity soared at the end of last year as companies cut the number of hours worked faster than output declined, a reflection of the massive number of layoffs. The only bright spot was that with all the job cuts, labor costs have slowed, removing one threat of inflation.

## Entertainment:

LOS ANGELES - There's still sex to be had in the city, even though Carrie Bradshaw has settled down with one man. New Line Cinema spokeswoman Candice McDonough confirms that "Sex and the City" star Sarah Jessica Parker, her three co-stars and writer-director Michael Patrick King are signed for a sequel to last year's hit movie.

## Quote of the Day

*Criticism is most effective when it sounds like praise.*  
- Arnold Glasow

### ACROSS:

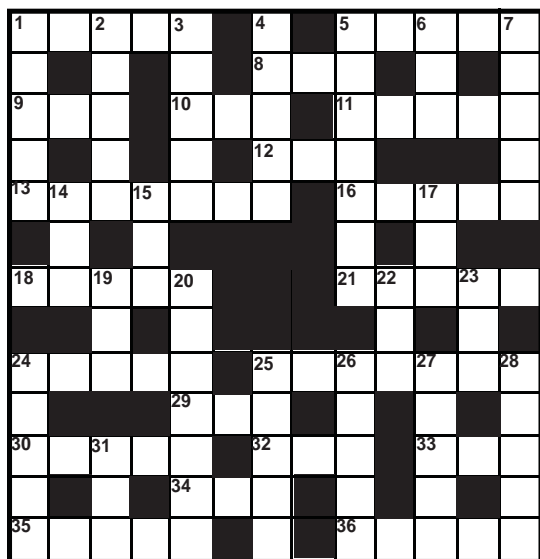
1. Your pump
5. Son of Venus
8. Permanent tint
9. All want them flat (abbr)
10. A long time \_\_\_\_\_
11. Elegantly sumptuous (pl)
12. Radioimmunoassay
13. Appetites end
16. Again
18. Some Valentines are

### 21. M.O.P.

24. Airplanes, for example
25. Kiwis-genus
29. A wee boy
30. Harry Potter's nemesis
32. Can stain
33. Sweet \_\_\_\_\_
34. Sorrow
35. Fowls come from
36. Controversial art

### DOWN:

1. A bitch goes through them
2. On the pro list
3. The crown of beauty
4. One \_\_\_\_\_s their Valentine
5. Green, with envy?
6. Peace
7. A date in the 1970's may include this
14. Shakespearean fuss
15. Bed & Breakfast
17. Involuntary
19. The color of love
20. Butter, Daisies, Ochre
22. A pro, the best
23. Of sunshine
24. Truly, \_\_\_\_\_, deeply
25. Farewell
26. \_\_\_\_\_ of your love
27. Fast
28. For broken bones
31. A hole puncher



## AROUND THE COMMUNITY

### Lion's Den

Feb. 7  
Salsa Lesson @ 8 p.m.  
Fridays  
"Gospel Hour: Moments of Joy"  
@ noon

### Fishbowl Gym

Feb. 7  
Full Body Aerobics @ 6 a.m.  
Feb. 14  
Valentine's Day fun run.  
Registration from 7 a.m. - 8 a.m. Race start @ 8 a.m.  
March 27  
Relay for Life HOPE Ceremony  
@ 8 p.m.  
March 28  
Cancer awareness 5K/10K walk/run. Free t-shirt and continental breakfast. Race begin @ 7 a.m.

### Freedom Chapel

Violin teacher needed. Contact Col. Andrew Baan (Andrew.baan@iraq.centcom.mil) for more information.

### Slayer

Feb. 7  
R & B group "FRESH" is performing on Slayer's gazebo in front of the fishbowl gym @ 7:30 p.m.

### Liberty

Feb. 22  
Sweet 16 5 K Run. Race begins at "Z" Lake @ 7 a.m. FREE T-shirts to the top 115 finishers. POC: Spc. Daniel Balderas 485-0411 or daniel.balderas@iraq.centcom.mil

### Babylon Theatre

Feb. 16  
Newcomers Brief @ 1 p.m.  
Feb. 17  
Fire Warden Course @ 1 p.m.  
Feb. 18  
Fire Extinguisher Class @ 1 p.m.

# Solution Saturday

## Saturday, Jan. 31

N	E	S	T	S		N	E	E	D	S
O		W		E	G	O		O		U
S	U	E		M		S	A	N	D	S
E		A	R	I	S	E	S			H
Y	E	T		H		S	A	R	I	
	V		N	I	E	C	E		O	
S	E	W	S		L		S	E	E	K
E			E	N	L	I	S	T		N
E	V	A	D	E		D		H	U	E
P		C		A	T	E		Y		E
S	T	E	E	R		A	T	L	A	S

from Puzzler's Cave: The Online Crossword Community

## Monday, Feb. 2

2	5	3	1	6	8	4	7	9
9	7	1	2	4	5	6	8	3
6	4	8	7	9	3	5	1	2
4	6	2	3	8	1	7	9	5
5	1	7	4	2	9	8	3	6
3	8	9	5	7	6	1	2	4
7	3	5	6	1	2	9	4	8
8	2	4	9	5	7	3	6	1
1	9	6	8	3	4	2	5	7

from LiveWire Puzzles

## Tuesday, Feb. 3

1	2	9	5	8	7	3	4	6
5	3	6	2	4	9	7	8	1
4	7	8	6	3	1	9	5	2
7	4	2	8	9	6	1	3	5
9	5	3	1	7	4	6	2	8
8	6	1	3	5	2	4	7	9
2	9	4	7	6	8	5	1	3
3	1	7	9	2	5	8	6	4
6	8	5	4	1	3	2	9	7

from LiveWire Puzzles

## Wednesday, Feb. 4

5	8	1	6	2	4	7	9	3
2	6	9	5	7	3	4	8	1
3	4	7	8	9	1	5	6	2
1	5	6	4	3	8	2	7	9
8	3	2	7	5	9	6	1	4
9	7	4	1	6	2	8	3	5
4	1	5	9	8	6	3	2	7
6	9	3	2	4	7	1	5	8
7	2	8	3	1	5	9	4	6

from LiveWire Puzzles

## Thursday, Feb. 5

3	1	6	4	2	9	8	5	7
7	2	5	1	3	8	9	6	4
8	4	9	5	7	6	1	2	3
4	7	3	6	9	1	2	8	5
9	5	1	2	8	4	3	7	6
2	6	8	3	5	7	4	1	9
5	8	4	7	1	3	6	9	2
1	3	2	9	6	5	7	4	8
6	9	7	8	4	2	5	3	1

from LiveWire Puzzles

P	I	H	S	D	N	E	I	R	F	D	I	P	U	C	A	L
V	D	H	S	U	R	C	A	C	F	B	A	L	E	N	D	O
N	Y	N	T	I	A	E	A	S	O	L	C	T	O	Y	M	V
S	R	N	E	N	S	N	L	Y	E	H	O	I	E	R	I	B
T	L	E	D	I	D	S	F	A	O	N	T	W	S	A	R	I
R	E	Y	S	L	R	E	C	T	C	T	L	E	U	E	R	I
A	W	S	E	R	I	F	O	N	A	I	A	I	C	R	R	I
E	S	E	E	E	L	L	R	D	S	O	O	M	B	S	D	S
H	J	C	N	S	A	V	T	R	O	N	U	N	T	E	D	S
T	G	D	N	T	O	T	O	P	I	P	O	A	S	F	N	A
E	N	Y	E	A	R	O	L	L	G	C	F	E	H	I	T	
E	I	S	D	U	M	R	B	E	L	O	V	E	D	B	I	G
W	L	O	D	R	P	O	A	F	F	E	C	T	I	O	N	P
S	R	E	M	A	L	F	R	E	N	T	R	A	P	A	R	
E	A	Y	C	N	A	F	O	R	E	V	E	R	L	I	K	E
R	D	R	O	T	I	U	S	D	N	O	I	T	O	V	E	D

from LiveWire Puzzles

## Friday, Feb. 6

3	5	7	6	9	8	4	1	2
8	4	2	7	1	5	9	3	6
6	9	1	4	2	3	5	7	8
1	6	8	2	4	7	3	5	9
7	2	5	8	3	9	1	6	4
4	3	9	1	5	6	2	8	7
5	7	3	9	8	4	6	2	1
9	1	6	3	7	2	8	4	5
2	8	4	5	6	1	7	9	3

from LiveWire Puzzles

To find out the answer to each day's puzzle right away, go to:



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