



An honor guard detail comprised of Sailors assigned to Navy Region Hawaii carry the casket of Machinist's Mate 1st Class Arthur Glenn at the National Memorial Cemetery of the Pacific in Honolulu, Hawaii, Aug. 21, 2018. Glenn was assigned to the USS Oklahoma on Dec. 7, 1941, which sustained fire from Japanese aircraft during Pearl Harbor.

U.S. Navy photo by
MC2 Seth Coulter

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An F-35B Lightning II aircraft with Marine Fighter Attack Squadron (VFMA) 121 taxis during carrier deck certifications on USS Wasp (LHD 1).

FAIR WINDS AND FOLLOWING SEAS, STORMY



U.S. Navy photo by Trice Denny

Naval Air Station Key West's color guard presents colors during Cmdr. John "Stormy" Fairweather's retirement ceremony at Trumbo Palms. Fairweather, left, was the Port, Surface and Subsurface Operations Officer and Special Warfare Liaison for NAS Key West. Fairweather retired after 27 years of service.

'ShipShape' future with healthier lifestyle

BY ABE1 ASHAWN ROBERTSON
Naval Branch Health Clinic
Key West

Naval Branch Health Clinic Key West is looking for motivated sailors who would like to join the Health Promotions team by becoming qualified Shipshape Program and/or Tobacco Cessation facilitators for their parent com-

mands. This is a great opportunity for you to be a part of a mission that's constantly shaping our armed forces into top physical and mental performers, one person at a time. Shipshape is an action-oriented, weight management program that is available to all active duty, retirees, and families. Tobacco Cessation assists people with quitting tobacco.

Training Schedule:

All training courses will be conducted at Naval Branch Health Clinic Key West. Shipshape training will begin Tuesday, at 9:30 a.m. Tobacco Cessation will begin Wednesday, at 8:30 a.m.

Shipshape pre-requisites are:
Be tobacco free.

see LIFESTYLE page 2

U.S. 2nd Fleet prepares to re-establish

FROM U.S. FLEET FORCES COMMAND PUBLIC AFFAIRS

Commander, U.S. 2nd Fleet (C2F) revealed a new crest and motto, designed to represent the fleet's new mission, Aug. 22, prior to the establishment ceremony on Aug. 24 in Norfolk, Virginia.

The symbolism is rich and reflective of the purpose of C2F. The logo's centerpiece

is a shield divided into two points. The top of the shield, the chief, is blue and signifies vigilance, perseverance and justice, while the bottom of the shield, the base, is divided into red and white pales. The red signifies military strength and courage, while white signifies integrity and peace.

The field is charged with the number "2," indicating the num-

bered fleet, as well as unification in achieving the Navy's mission in addressing changes in the security environment. Atop the shield is perched a bald eagle, the ultimate symbol of freedom, with its fierce, dominant talons representing the lethal maritime capabilities of the command. The shield is supported by a trident, an ancient

see 2ND FLEET page 2



Aug. 24

1912 - The collier, USS Jupiter, is launched. The vessel is the first electrically-propelled Navy ship.

Aug. 25

2017 - Hurricane Harvey strikes the Texas Gulf Coast. The Navy responds by sending 10 aircraft to provide humanitarian assistance.

Aug. 26

1912 - A detachment of Marines from USS Rainbow lands at Camp Nicholson, near Shanghai, China, to protect American interests from local revolutionaries.

Aug. 27

2007 - Vice Adm. Adam M. Robinson, Jr., becomes the first African-American to be appointed as Surgeon General of the Navy.

Aug. 28

1867 - Capt. William Reynolds of the screw sloop-of-war, USS Lackawanna, raises the U.S. flag over Midway Islands and takes formal possession of these islands for the U.S.

Aug. 29

1862 - The gunboat, USS Pittsburgh, supports Army troops landing at Eunice, Ark., during the Civil War.

Aug. 30

2007 - USS Denver (LPD 9) renders medical assistance to an ailing fisherman on board a Qatari-flagged bow while conducting Maritime Security Operations in the Persian Gulf.

“Patience in the Harvest”

The harvest is always greater than the seed. If you get discouraged over the size of the seed, you’ll give up on the depth of the harvest. When a farmer plants seeds they expect to see a harvest, but they also know that it takes time for those seeds to produce anything. This process does not happen overnight. They must be patient as they anticipate their harvest. If they were to try and speed up the process, they could ultimately destroy the crop they have tried to harvest.

The same goes for us as well. We must not become discouraged

as we anticipate the harvest from the seeds we have sown within our own lives. At some point you have planted seeds within

CHAPLAIN’S CORNER



NAS Key West
Command Chaplain

Lt. Cmdr.
Scott Mason

your career, family, friends, ministry, acquaintances, etc. The key to the matter is the process of time. What may seem small today, eventually will be greater in time. We must be patient and we too do not need to try and speed up the process. In time if we continue to tend to the seed but not rush the process we will eventually enjoy a more delectable harvest.

If you are one of those that is discouraged at the moment

because things don’t seem to be happening quick enough or happening at all just remember “Don’t give up in the now when God is working on your next!”

“While the earth remains, seedtime and harvest, cold and heat, winter and summer, and day and night shall not cease.” Genesis 8:22

Please come and join us on Sundays at 10:30 a.m. this Sunday we will be at the Community Center on Sigsbee Annex for worship service with our Praise Band and Children’s Church. Please visit our Facebook page (NAS Key West Chapel) for upcoming events. If you are in need of Chaplain Care, please call your Chaplains at 305-293-2318, Naval Air Station Key West, or 305-292-8788, Coast Guard Sector Key West.

Lifestyle

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Serve as a role model for healthy nutrition and physical activity.

Active duty applicants must be:

Within Physical Fitness Assessment (PFA) standards.

Within body composition

assessment (BCA) standards.

Physical readiness test (PRT) score of “Satisfactory” or above.

Rank of E-4 or higher (or approved on a case-by-case basis by the ShipShape Program Manager at Navy and Marine Corps Public Health Center).

Tobacco Cessation pre-requisites:

Rank of E-4 or higher.

Tobacco free (for at least six

months to one year) prior to attending the training.

Available to provide tobacco cessation counseling at their worksite/command for at least twelve months following training.

To sign up, contact Petty Officer Ashawn Robertson at 305-293-3857 or email at ashawn.a.robertson.mil@mail.mil.

2nd Fleet

continued from page 1

symbol of the sea representing power and control over the ocean.

Furthermore, the crest is emblazoned in full color on a geographical map centered on the North Atlantic Ocean, adjoining land masses signifying our enduring relationships with partners and allies. The three stars signify the rank of a vice admiral, who will com-

mand C2F.

The motto, “Ready to Fight,” personifies the spirit and dedication of the command, which maintains and equips maritime assets enhancing interoperability and lethality against foreign and domestic enemies who threaten regional or national security.

“Our new crest signifies our dedication and renewed focus on naval operations on the East

Coast and North Atlantic,” said

Vice Adm. Andrew “Woody” Lewis, commander, U.S. 2nd Fleet. “Building from our rich legacy, we wanted to pay homage to the old 2nd Fleet by including some aspects of the original crest – the eagle, the trident, the shield, and the map in the background –

but the new crest signifies our mission going forward, which addresses a new security environment and the modern war-

fighter.”

U.S. 2nd Fleet, to be headquartered in Norfolk, Virginia, will exercise operational and administrative authorities over assigned ships, aircraft and landing forces on the East Coast and the North Atlantic Ocean. Additionally, it will plan and conduct maritime, joint and combined operations and will train and recommend certification of combat-ready naval forces for maritime employment and operations around the globe. C2F will report to USFF.



Southernmost Flyer

COMMANDING OFFICER

Capt. Bobby J. Baker

EXECUTIVE OFFICER

Cmdr. Greg Brotherton

PUBLIC AFFAIRS OFFICER

Trice Denny

EDITOR

MC3 Arnesia McIntyre

This newspaper is an authorized publication for members of the military service and their families. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy and do not imply endorsement thereof.

The editorial content of this newspaper is prepared, edited and provided by the Public Affairs Office of Naval Air Station Key West, Florida. Additional copy and photographs provided by the readers of the Southernmost Flyer should be addressed to: Editor, Southernmost Flyer, Public Affairs Office, Naval Air Station, Box 9001, Key West, FL 33040-9001. Copy can also be e-mailed to arnesia.r.mcintyre@navy.mil. Telephone (305) 293-2425/2434. DSN 483-2425/2434.

Deadline for all editorial copy is 4 p.m. the Friday preceding publication. All articles must be submitted on disk in text format, written in upper/lower case style.

Coast Guard hosts applied suicide intervention skills training



U.S. Coast Guard photo by SK3 Alexious Munroe

Twenty-seven military members from local commands met at the United States Coast Guard Sector Key West for Applied Suicide Intervention Skills Training (ASIST) on Aug. 15th - 16th. ASIST trainers included USCG Atlantic Area Chaplain Bruce Boyle, USCG Sector Chaplain LT Derek Henson, Sector Command Master Chief Henry Audette, and MK2 Mary Mclenagan.

BY LT DEREK HENSON
USCG Sector Key West Chaplain

Applied Suicide Intervention (ASIST) was developed in 1983, and it is a two-day interactive workshop in suicide first aid.

ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. ASIST provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs. It helps you understand the ways that personal and societal attitudes affect views on suicide and inter-

ventions. Everyone needs recognize other important aspects of suicide prevention including life-promotion and self-care. After this training you will appreciate the value of improving and integrating suicide prevention resources in the community at large, and be able to identify the key elements of an effective suicide safety plan and the actions required to implement it. ASIST method helps reduce suicidal feelings in those at risk and is a cost-effective way to help address the problem of suicide. There are ASIST trained personnel all over the Florida Keys ready and willing to help out in your time of crisis. Chaplains are always available to talk and are 100% confidential.



Briefly...

Gift cards

Navy Exchange Service Command and the Defense Commissary Agency have teamed up to sell commissary gift cards at more than 40 NEX locations, including the Naval Air Station NEX on Sigsbee Park.

The DeCA gift card can be loaded with an amount range of \$5 - \$300. The gift cards will be located at NEX registers at the front of the stores.

ID renewal

All DOD ID cards can be renewed up to 90 days in advance, CAC and dependent ID cards included. Two

forms of ID are required; sponsors must sign/digitally sign Form 1172 for all dependent children.

For more information, call 305-293-3778.

MCHC members

The Multicultural Heritage Committee is looking for more people - Sailors and DOD civilians - to join the organization. The MCHC meets every Thursday at noon in Bldg. A-324 conference room, Boca Chica Field. For more information or questions, email PRC Michael Dees at michael.dees@navy.mil or ABH2 Daniel Suggs at daniel.a.suggs@navy.mil.

CSADD members

The Coalition of Sailors Against Destructive Decisions is currently looking for new members. Meetings are every Tuesday at 2 p.m. in the Air Ops Conference Room. CSADD a peer-to-peer mentorship program focusing on volunteerism and educating our young Sailors on the importance of good decision making. For more information, email AZCS (AW) Amy Shirelle Santos at amy-shirelle.santos@navy.mil.

Car Club

All automotive enthusiasts military, non-military,

and DOD are invited to join the Southern Keys Car Club. The SKCC meets up every Saturday at the Miami Subs on N. Roosevelt Blvd here in Key West at 7 p.m. The club puts together trips up the Keys, and to Miami. Members attend big car events up north and support local businesses or organizations. Events are posted on Facebook page at Southern Keys Car Club. For questions or more information contact OS2 Woolbright at 305-293-5758.



Naval Air Station
KEY WEST

Meet a Teammate

Job Title: Admin Officer

Hometown: Saint Charles, Missouri

Prior Duty: CNRSE Jacksonville, Florida

Hobbies: Going to the beach, water sports.

Most Interesting Experience: Traveling and experiencing life as a tourist.

Future Plans: To experience all the tourist activities in Key West and to receive my boat license.

Tina McRae

MWR Update

Character Meet & Greet

Join us for the Southernmost Character Meet & Greet on Sept. 8 at Trumbo Palms. There will be two sessions: 10 – 11:30 a.m. and noon – 1:30 p.m. Tickets are on sale at the Tickets & Travel Office on Sigsbee Park. \$7 per person & children 2 & under are free. Limited tickets available and no tickets will be sold at the door. Princesses and Super Heroes include: Wonder Woman, Elsa & Anna, Cinderella, Jasmine, Belle, Captain America, Batman, Superman, Spider-man and Iron Man. A special thank you to our sponsors for their continued support: Fury Water Adventures, Southernmost VFW Post 3911, Military Affairs Committee, Navy League Key West Council, NAS Key West CPOA, Sparkling Ice [no federal endorsement implied]. For more information or questions, call at 305-293-2783.

Craft night

MWR Community Recreation offers a number of crafting opportunities each month at the Sigsbee Community Center. All supplies are provided and patrons are welcome to bring their favorite beverages. Most activities are open to children unless stated otherwise. Pre-registration is required. To register, make full payment at the Tickets & Travel Office on Sigsbee Park. Upcoming events:

Wednesday: Essential

Oils Sugar Scrubs

Vet Clinic

NAS Key West is hosting a quarterly vet clinic on Sept. 11 and 12 from 9 a.m. – 4 p.m. in Bldg. 1509 Spadefish Court on Sigsbee Park. To schedule an appointment or for questions email KeyWestVetServ@gmail.com and allow 48 hours for a reply. Appointments scheduled every 30 minutes. Open to Active duty, Retirees and families. Must provide valid ID.

Community rec

MWR Community Recreation offers events each month that offer the opportunity to explore Key West and other sites. All transportation departs from the Sigsbee Community Center across from the dog park. To reserve your seat, make payment at the Ticket & Travel Office on Sigsbee Park. For pricing and more event details call 305-563-0364 or visit the website www.NavyMWRKeyWest.com/events.

Liberty Programs

This program is for single or unaccompanied active duty military E-6 and below. To find out more about these events call at 305-797-4468 or email naskwliberty@gmail.com.

Summer Pool Hours

Due to staffing restric-

tions the Trumbo Pool hours are Fri. and Sat. 11 a.m. – 6 p.m. and Sun. noon – 5 p.m. The Splash Park on Sigsbee is unmanned, but if there are any issues or concerns over the weekend please call the Trumbo Pool at 305-293-4324.

Stay with us

MWR at NAS Key West offers a number of lodging opportunities locally as well

as at other bases across the country. If you are going on vacation, consider staying

see MWR page 5



SEPT
11 & 12
9 AM – 4 PM
BY APPOINTMENT

VET CLINIC

BLDG. 1509 UNIT A, SPADEFISH COURT, SIGSBEE PARK

CANINE TREATMENTS

- RABIES
- DISTEMPER COMBINATION & KENNEL COUGH VACCINATION
- HEARTWORM TEST
- FLEA & HEARTWORM PREVENTION

FELINE TREATMENTS

- RABIES
- DISTEMPER COMBINATION VACCINATION
- FLEA PREVENTION

TO SCHEDULE AN APPOINTMENT OR FOR QUESTIONS:
KEYWESTVETSERV@GMAIL.COM

PLEASE ALLOW 48 HOURS TO REPLY TO EMAILS. APPOINTMENTS SCHEDULED EVERY 30 MINUTES. OPEN TO ACTIVE DUTY, RETIREES & THEIR DEPENDENTS. MUST PROVIDE VALID ID.



MWR

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with MWR on other installations for an amazing experience and great rates. Navy Getaways Campground and Navy Getaways Vacation Rentals can be booked by calling 877-NAVY-BED or online at the website www.dodlodging.net. Active duty can reserve up to one year in advance and retired military and DoD civilians can book up to six months in advance. To contact the Campground Office locally call 305-293-4432 and to contact Vacation Rentals locally call at 305-293-5000.

Dining with MWR

Looking to change up your lunch routine or try out a new happy hour location? MWR has a number of great dining options for you to try.

Fly Away Café at Navigator's is located at the Boca Chica Marina and is open Mon. – Fri. from 10 a.m. – 7 p.m. and Sat. and Sun. from 10 a.m. – 5 p.m. Check out their daily specials and wide selection of coffee options. Catering is available.

Airlanes Grill is located inside the bowling center on Boca Chica and is open for breakfast from 6:30 a.m.

– 11 a.m. and for lunch/dinner from 11 a.m. – 9 p.m. Mon. – Fri. and on Saturday from noon – 6 p.m.

Sunset Lounge is located overlooking the water on Sigsbee Park next to the Sigsbee Marina and offers a full service bar from Wed. – Sun. from 4 – 10 p.m. with the kitchen closing at 9 p.m. New menu & daily dinner specials. Catering is available.

Beachside Grill is located at Beach Patio Recreation Center on Truman Annex and is open from 10 a.m. – 5 p.m. with daily lunch specials.

Free Bowling

The Airlanes Bowling Center on Boca Chica is open 3 – 10:30 p.m. Mon., Tue., Thur. and Friday, 11 a.m. – 10:30 p.m. Wed. and noon – 6 p.m. Sat. The Airlanes Grill is open 6:30 – 11 a.m. for breakfast, 11 a.m. – 9 p.m. for lunch and dinner and noon – 6 p.m. on Sat. Active duty military can bowl for free every Wednesday from 11 a.m. – 1 p.m.

Fitness Center

The fitness center on Boca Chica is open from 5 a.m. – 8:30 p.m. Monday – Friday and 9 a.m. – 4 p.m. Saturday and Sunday.

All fitness classes are free to authorized patrons and are designed for all fitness levels, from beginner to advanced. The fitness schedule is subject to change without notice. Call 305-293-2480 for more information or questions.

BCCS: Boca Chica Cycling Studio
BCES: Boca Chica Exercise Studio
BCG: Boca Chica Gym
SCC: Sigsbee Community Center
*Active Duty Only

Monday

Yoga - 6:30 - 7:45 p.m., SCC

Tuesday

Cycling - 5:30 - 6:15 p.m., BCCS

Wednesday

HIIT - 4:30 - 5:15 p.m., BCG

Thursday

Command PT * - 6:45 - 7:45 a.m. BCG

Yoga Strength - 5:30 - 6:30 p.m. BCES

Job opportunities

There are currently a number of open positions within MWR and NGIS. This week's highlighted jobs are: Bartenders and Recreation Assistant at multiple MWR facilities. There are also open posi-

tions for bartenders, child care workers, maintenance workers and more. For a full list of jobs, visit the website www.NavyMWRKeyWest.com/jobs.

MWR Website

Morale Welfare and Recreation has a website and APP that provides our patrons with a full list of facilities, programs, services and current employment opportunities. Visit the website www.navymwr-keywest.com to find out what MWR has to offer: Restaurants and bars, sports and fitness, child care, leisure recreation, pool and splash parks, special events, gear rentals, marinas, lodging, discounted attraction tickets and more.

Visit the Apple or Android APP store and search for NavyMWR Key West. Other sources of information are Facebook and Twitter "NAS Key West MWR" and the Weekly Activities Sheet. Email your questions or concerns to mwrnaskw@gmail.com.



This week at FFSC

IA spouse & family discussion group

Monday, 9 a.m. - 10 a.m.

Meet and catch up with other IA families in the area, and explore some of the unique challenges faced by IA Families. The time together helps make connections with other families facing similar issues. Sign up with Emilee Anderson at emilee.anderson@navy.mil or call 305-293-4410.

Financial specialist training

Monday-Friday, 8 a.m. - 4 p.m.

This five-day class teaches the basics on a vast array of personal financial management topics. In addition, it provides the guidelines on how CFSs can take information back to their command and their fellow sailors. Come learn how to build your personal wealth while helping your shipmates. Must be an E-6 or above with one year remaining at unit. For more information, contact Emilee Anderson at emilee.anderson@navy.mil or call 305-293-4410.

FFSC offers many services including deployment support, relocation assistance, family employment readiness, life skills education, personal financial management, crisis incident response and training, sexual assault prevention and response, ombudsman support, transition assistance management, family advocacy and professional counseling. For more information or to request services, call 305-293-4408 or visit the center at 804 Sigsbee Rd., Sigsbee Park.



NAS Key West MWR
NavyMWRKeywest.com



To be placed on the e-mail distribution list:

cathy.robinson1@navy.mil - please provide your name & command

Stay informed!

follow NAS Key West on



NAS Classifieds

FOR SALE

2004 Champion 198 Bass Boat with 2014 Mercury 225 Pro Max Gen 2 engine with 280 hours with a 2004 Champion Tandem wheel trailer with stainless steel fenders and custom wheels. Electronics package with Lowrance GPS, 8-foot and 10-foot HD fish finders. Boat comes with bow mount electric trolling motor, jack plate and numerous extras. Call 561-602-3461.

Key West - House for sale, 3BR/2BA, 1610 SQ FT, fenced double lot with crystal clear 15x35' lap pool, hot tub, concert patios, tropical landscape, large bedrooms, remodeled master bath w/ walk in shower and bench, Brazilian hardwood floors throughout, Florida sunroom and many more features. Lots of storage, move-in-ready, furniture negotiable. Call Laurie at 407-334-7910 or email at marian.ringle@yahoo.com.

FOR RENT

Big Pine Key - House for rent, 2BR/1.5BA, furnished, W/D available. Basic cable included. Quiet area. No smoking, no pets. Yearly lease. \$1,850 per month plus utilities. F/L/S. Call Deb at 305-304-4855.

Big Pine Key - 2BR/2BA Stilt Custom home with covered screen porch and patio. Fenced pearock yard. Wood dock & davits, beautiful canal and boating access to Pine Channel. No pets, no-smokers. Utilities NOT included. Available Aug 1. Unfurnished. 1st month rent, Security/damage deposit and last month rent to move in. Annual Rental \$2,600 monthly. Call Laurie at Rose Dell & Associates 706-699-1442

Key Haven - 3BR/1BA, storage and laundry room, W/D, full kitchen family room. Exclusive use of one driveway. Shared use of back yard deck and firepit. Pet friendly with a fenced yard. Open water/no canal. \$2,700, includes electric, water, sewer. F/L and \$1,000 security deposit. No regular boat dock use; occasional boat dock use by agreement. Call Ron at 305-923-0550.

Key West - 1BR/1BA, apartment on the 7th floor. No pets, central A/C, basic cable, security, parking, pool. All tiled floor, laundry on each floor. \$1800 per month, plus water and

electric. Call or text Didier at 305-304-1758.

Key West - 1BR/1BA, kitchen dining area, living room. No pets. Private. \$1,575. Deposit \$1,400. No last. Must see to appreciate. Call Mrs. Sellers at 305-434-2047.

Old Town - 1BR/1BA, small furnished studio, W/D on site, no kitchen but microwave and refrigerator. F/L and \$1,000 security deposit. Separate entrance, family setting, off-street parking, one person only. \$1,000 per month, utilities/ high speed internet included. Minimum six month lease; one year lease preferred. Text Bob at 305-744-3350 or email at hinkel100@gmail.com

Stock Island - 1BR/1BA, apartment for rent. \$1,850 per month, utilities included. Central A/C, non-smoking, no pets, totally private, separate entry and yard. Available August 1st. Call or text Didier at 305-304-1758. **Summerland Key** - 2 BR/2BA 1300 sqft long term annual rental. Airport house, flow thru wide boating canal with concrete seawall davits. Screened porch 400sqft and huge garage airport hanger downstairs 1300sqft enough to park all your toys. Open floor plan and spacious master bedroom. central a/c. nice neighborhood. \$3,400 Monthly. Call Laurie at Rose Dell & Associates 706-699-1442

Summerland Key - 2BR/2BA 1554 sq.ft unfurnished on ocean side of US-1. Wide flow through canal good boating access, open spacious floor plan. W/D hook up, stove fridge, microwave, dishwasher, central ac & heat. Tile and carpet, each bedroom has all tile bath. \$3,400 Monthly. First month rent and Security/ damage deposit to move in. Call Laurie at Rose Dell & Associates 706-699-1442

HELP WANTED

JIATF- Joint Interagency Task Force (JIATF) South is accepting applications in the local recruiting area only for a Lt Specialist (Projmgt), GG-2210-12 "Term" position located in Key West, FL. Incumbent will serve as Primary DISA Circuit Officer performing duties as described in applicable DISA instructions and command policy, including ordering new circuits, maintaining circuit records

and diagrams, tracking and resolving circuit outages within the Command for the Joint Interagency Task Force (JIATF) South, Truman annex, Key West, FL. If interested please reference JIATFS-020 for more information at southcom.key-west.jiatts-j1.list.jobs@mail.mil

Womankind - Womankind, Key West's non-profit provider of family planning, gynecological, and primary care, is looking an administrative assistant. Applicants with top customer service skills and strong computer proficiency are sought to join our happy office. Tasks include assisting with grants; fundraisers; outreach; and the administrative side of the office including scanning, faxing, and filing, etc. Flexible hours are available. So, if you'd like to work only while your kids are in school, this could be that perfect opportunity. Email resumes to Cali Roberts at croberts@womankindkeywest.org

Mel Fisher Expeditions - Mel Fisher Expeditions are the World Leaders in Historic Shipwreck Recovery. Our Mission is to locate, recover and conserve these historic and priceless treasures of the deep and make them available to the general public. We are a family owned business and have instilled a caring and supportive family atmosphere in our workplace. Mel Fisher Expeditions is looking for an ambitious, outgoing, self-driven individual to support our sales department. This is a full time position. No experience necessary for the right individual. Training provided. Full time & benefits. Send resume to hr@melfisher.com.

NAS KEY WEST CLASS-IFIEDS are free for active-duty and retired personnel, their families and civilian base employees only. Deadline for submissions is noon the Tuesday prior to that Friday's issue. Make submissions to the NAS Key West Public Affairs Office by email, arnesia.r.mcintyre@navy.mil; mail, P.O. Box 9001, Key West, FL 33040-9001; or fax submissions to 305-293-2627. Unless otherwise directed, ads will run for four issues. Name and phone number must accompany all requests in order for them to be considered for publication. For more information, call 305-293-2434.

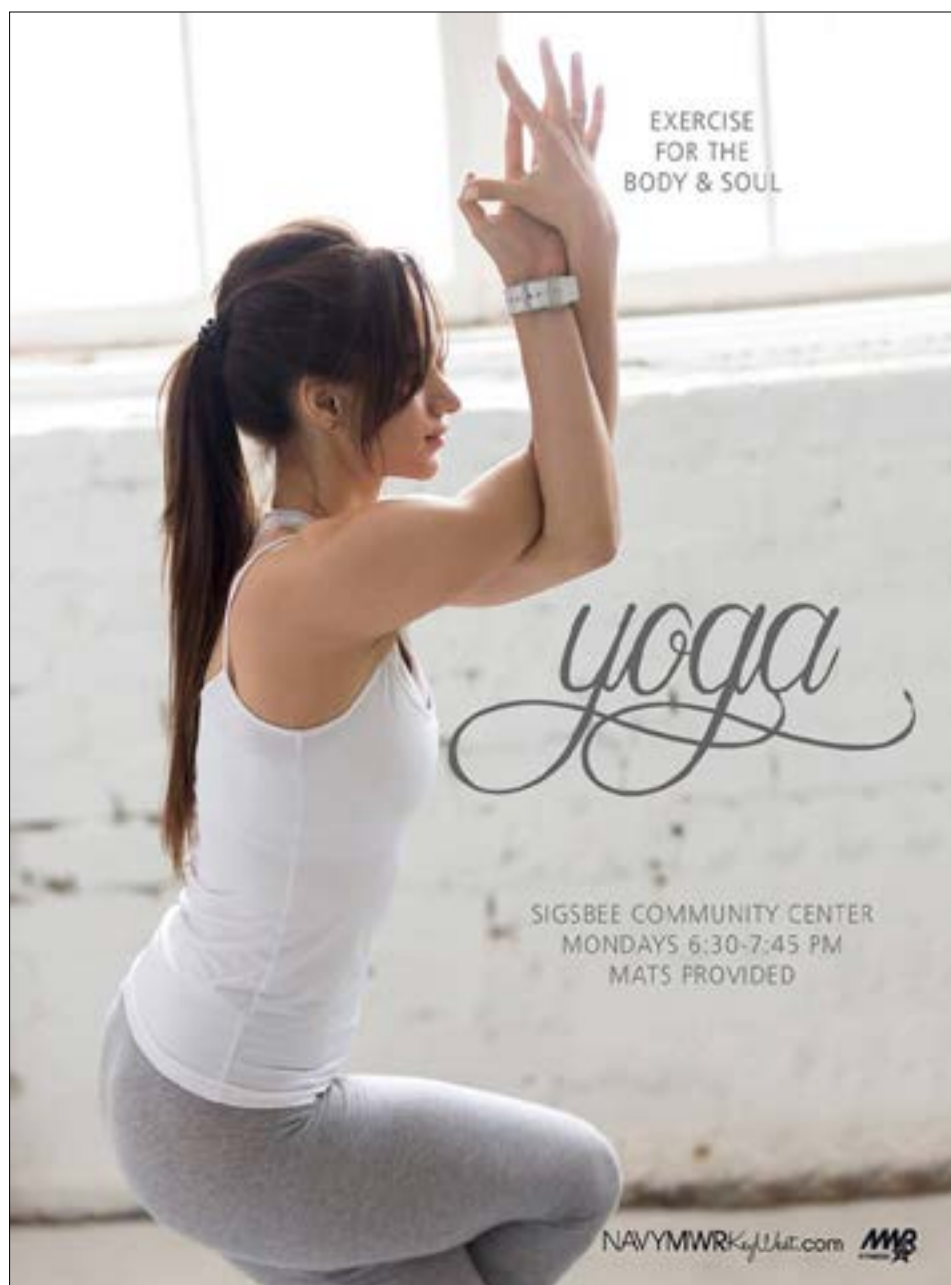


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CNIC



EXERCISE FOR THE BODY & SOUL

yoga

SIGSBEE COMMUNITY CENTER
MONDAYS 6:30-7:45 PM
MATS PROVIDED

NAVYMWRLat.com **MWR**



Safety is everyone's job!

2018 Total Military and Civilian Mishaps: 1
Military - 0; Civilian - 1

Days since last civilian DART* mishap: 150
Days since last military mishap: 497

* DART (Days Away, Restricted/Transferred) - a mishap that results in light duty, days off or work transfer due to injury.



Edward P. Donohue
NAS Key West Safety Manager
(305) 293-2314

Information as of August 22, 2018