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# HO'OKELE

"Navigator"

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

April 27, 2018

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Volume 9 Issue 16



The Arleigh Burke-class guided-missile destroyer USS Preble (DDG 88) transits the Indian Ocean March 29.

## USS Preble returns

Story and photo by  
MC3 Morgan K. Nall

*Theodore Roosevelt  
Carrier Strike Group  
Public Affairs*

The Arleigh Burke-class guided-missile destroyer USS Preble (DDG 88) is scheduled to return to its homeport, Joint Base Pearl Harbor-Hickam (JBPHH), after a successful seven-month deployment to the U.S. 5th and 7th Fleet areas of responsibility (AOR) April 27.

While deployed, Preble conducted security, stability and freedom of navigation operations throughout the Arabian

Sea, Indo-Pacific region, and surrounding waters.

The ship was underway for more than 173 days and conducted approximately 1,000 flight hours with the ship's embarked Helicopter Maritime Strike Squadron (HSM) 37, Det. 5 Easyriders.

"I am extremely proud of the hard work and dedication Preble's Sailors have exhibited this deployment," said Cmdr. Allen Maxwell Jr., commanding officer of Preble. "We started this deployment ready to take on any mission that came our way, and we have done just that. This crew showed an incredible amount of resiliency and proved that we

are dedicated to achieving mission success and greatness in everything we do."

Preble began training and operating with the Theodore Roosevelt Carrier Strike Group (TRCSG) in April 2017 to improve mission readiness and cohesion as a strike group. Preble departed JBPHH Oct. 16.

Preble kicked off its deployment participating in the Three Carrier Strike Force Exercise — an exercise with TRCSG along with ships from the USS Nimitz (CVN 68) and USS Ronald Reagan (CVN 76) carrier strike groups and the Japanese Maritime Self-Defense Force and Republic of Korea navies,

sailing in close formation with more than a dozen other ships.

While operating in 5th Fleet, Preble conducted numerous strait transits and escorted several high-value assets, including the newly commissioned expeditionary sea base USS Lewis B. Puller (ESB 3).

Preble made international news when the crew of an MH-60R Sea Hawk helicopter assigned to HSM-37 spotted an Iranian vessel in distress approximately 60 miles off the coast of Iran, Dec. 16.

Preble's crew manned a firefighting and dewatering team, engineering team, and visit, board,

search and seizure team, as well as the small craft action team to stand a vigilant watch in case of hostile interactions.

Preble also conducted a passing exercise with the Indian Navy Talwar-class frigate INS Tarkash (F50). During the exercise, Sailors from both ships traded places for the afternoon as the ships practiced sailing in close formation.

Preble executed port visits to Agat, Guam; Manama, Kingdom of Bahrain; Jebel Ali, Dubai; Changi, Singapore; and Manila, Republic of the Philippines. While in port, Sailors volunteered in local communities, par-

ticipated in Morale, Welfare and Recreation tours, and experienced the culture of each location.

Sailors also put together care packages for victims of the Mayon volcano eruption in the Philippines; chopped vegetables at Willing Hearts Soup Kitchen in Singapore; and interacted with students at Marshall A. Sablan Elementary School in Guam.

Sailors who participated in the events also said they found it rewarding to give back to the communities they visited while in port.

Preble was deployed to the U.S. 7th and 5th Fleet AORs with the TRCSG.

## USS Theodore Roosevelt Strike Group pays visit

**Theodore Roosevelt  
Carrier Strike Group  
Public Affairs**

The aircraft carrier USS Theodore Roosevelt (CVN 71), embarked Carrier Air Wing (CVW) 17, the guided-missile cruiser USS Bunker Hill (CG 52), and guided-missile destroyers USS Preble (DDG 88) and USS Sampson (DDG 102) are scheduled to arrive at Joint Base Pearl Harbor-Hickam, for a regularly scheduled port call April 27.

Hawaii is the final port call for the ships of the Theodore Roosevelt Carrier Strike Group after a scheduled seven-month deployment to the 5th and 7th Fleet areas of operation supporting maritime security, theater security cooperation, and Operations Inherent Resolve and Freedom's Sentinel.

"These Sailors and Marines have had an incredible combat deployment and it is great to be back on U.S. soil," said Rear Adm. Steve Koehler, commander, Carrier Strike Group (CSG) 9. "They have tirelessly answered the call in support of national defense and the shared global maritime. They should be proud, and they have definitely earned this final port call before heading home to their loved ones."

Upon arrival to Pearl Harbor, the crew will stand at the rails and render honors to the fallen when passing the USS Arizona Memorial.

"Pearl Harbor is rich in military history, and an appropriate final visit to conclude operations in the Pacific," Koehler said. "This crew and the work they have accomplished has carried on the legacy

of the U.S. Navy."

While in Hawaii, the ships will welcome friends and family of the crew, otherwise known as "tigers." These tigers will remain embarked with the ships on their journey back to their homeport in San Diego, California, and they will experience shipboard life together with their Sailor.

"The Sailors and Marines aboard the Theodore Roosevelt have done a tremendous job the past seven months of making very challenging work look easy. We are proud of the crew's performance," said Capt. Carlos Sardiello, Theodore Roosevelt's commanding officer. "After enjoying this port call in Hawaii, we are looking forward to heartwarming reunions with our families and friends soon in our homeport."



Photo by MCSN Michael Colemanberry

Aviation Boatswain's Mate (Handling) 3rd Class Armando Castro signals to lower an aircraft elevator aboard the aircraft carrier USS Theodore Roosevelt (CVN 71) April 25.

The amphibious assault ship USS Bonhomme Richard (LHD 6) departs Sasebo, Japan April 18, capping six years of forward deployed service in the Indo-Pacific region.

Photo by MC2 Jordan Crouch



## USS Bonhomme Richard to arrive in Pearl Harbor, joins U.S. 3rd Fleet

**MC3 Zachary  
DiPadova**

*USS Bonhomme Richard  
Public Affairs*

The amphibious assault ship USS Bonhomme Richard (LHD 6) is expected to arrive in Pearl Harbor, today, marking the ship's first port visit since it entered U.S. 3rd Fleet.

Bonhomme Richard is stopping at Pearl Harbor as part of its transit from Sasebo, Japan, to San Diego, California where the ship will be permanently homeported.

"Our visit to Hawaii represents a new chapter in Bonhomme Richard's history, and we are proud to be part of that," said Capt. Larry McCul-

len, Bonhomme Richard's commanding officer. "There is very important naval history at Pearl Harbor, and the island is a beautiful place to visit. It will be good for the crew to experience both during our time in port."

Airman Dane Sandt, a Bonhomme Richard crew member from Branson, Missouri, was born in Hawaii and said he is excited about being able to return as a Sailor.

"I'm looking forward to manning the rails and rendering honors as we pull in to Pearl Harbor," said Sandt. "I was born in Hawaii and left shortly after, so I'm eager to return. I plan on getting an authentic Hawaiian breakfast and doing

some surfing during our off-duty time."

Forward-deployed to Japan since 2012, Bonhomme Richard has called Sasebo home for six years, serving as the flagship of Expeditionary Strike Group 7, providing a rapid-response capability for the U.S. 7th Fleet area of operations.

The ship is transiting to San Diego where it will conduct operations in 3rd Fleet prior to entering an extended maintenance availability, including upgrades and modernization to operate the F-35B Lightning II fighter aircraft.

For more information about Bonhomme Richard, visit [www.Facebook.com/ussbhr](http://www.Facebook.com/ussbhr).



# Students safe after temporary relocations

Navy Region Hawaii  
Public Affairs

Students and adults at Hickam Elementary School were relocated to nearby Nelles Chapel April 25 and again April 26 due to a strong chemical odor.

On April 26, first responders evaluated a number of students and several faculty members for symptoms including itchy eyes, sore throats and nausea. There were no injuries and no one was hospitalized.

NAVFAC Hawaii and units from Joint Base Security and Federal Fire Department were among those who responded to the scene and investigated the source of the odor.

"We are thankful there were no injuries or serious illnesses today, and we are grateful to the first responders who helped us relocate and assess students and faculty," said Capt. Jeff Bernard, Joint Base commander.

"I want to assure parents that we will do everything possible to prevent another incident in which

we have to remove students from the school," Bernard added.

The source of the chemical odor is believed to be a nearby Bilge and Oily Water Treatment System, which is undergoing repairs. The strong odor was carried by the wind into the campus.

BOWTS removes pollutants in bilge water for proper disposal of waste in accordance with National Pollutant Discharge Elimination System permit requirements for oily waste water and metals.

"Thank you to all the parents for your understanding and patience as we work to prevent this from happening again," Bernard said.

In a letter to Hickam Elementary School parents and guardians on April 25, Principal Alisa Bender wrote, "The well-being of our students is top priority, and we are committed to providing a safe campus. I would like to commend our staff, teachers and students for their prompt response and cooperation."



Students evacuated Hickam Elementary School April 25 and 26 due to a strong odor. NAVFAC Hawaii and units from JBPHH Security and the Federal Fire Department responded to the scene.

Photo by MC2 Shaun Griffin

# Pearl Harbor bids farewell to Bremerton

The Los Angeles-class fast-attack submarine USS Bremerton (SSN 698) departs Joint Base Pearl Harbor-Hickam for the final time April 20.



Story and photo by  
MC2 Shaun Griffin

COMSUBPAC Public Affairs

On April 20, Joint Base Pearl Harbor-Hickam bid a final farewell to the Los Angeles-class fast-attack submarine USS Bremerton (SSN 698) as it transited to its namesake, Bremerton, Washington where it will begin the inactivation and decommissioning process.

As Bremerton departed, Sailors, submarine veterans,

friends and families of the crew looked on from the pier and celebrated its 37 years of service to the U.S. submarine force.

Homeported out of Pearl Harbor since 2003, Bremerton departed Hawaii with a special guest, Bremerton's first commanding officer, Capt. (Ret.) Thomas H. Anderson.

"It feels great to be here and the boat is in excellent condition," said Anderson, who commanded Bremerton from 1981-1982. "It's a tribute to the

hard work the crew has put in and it's really an honor to be a part of their last cruise."

Master Chief Fire Control Technician (Submarine) Wade Jacobson, Bremerton's chief of the boat, and a native of Alum Bank, Pennsylvania, thanked everyone for their support of Bremerton and its crew.

"It's tough saying goodbye to not only friends and family, but all the other entities that have taken care of the Badfish for the past 30-plus years," Jacobson said.

"They've devoted countless hours to ensure that the crew was trained and fully ready for every task we've accomplished over the life of the ship."

During Bremerton's 37 years of successful service, it completed 17 deployments while performing missions vital to national security and developing maritime partnerships with foreign western Pacific nations.

Jacobson acknowledged that the move from Pearl Harbor to

Bremerton will be bittersweet, but the crew is excited to be the last to represent the Washington warship.

"There's always something special about being the last crew to do things," Jacobson said. "We're looking forward to the final dive, the final surface, the final reactor shutdown, and many other 'final' events."

For more news from Commander, Submarine Force, U.S. Pacific Fleet, visit [www.csp.navy.mil](http://www.csp.navy.mil).

# JBPHH assists UH with Alzheimer's, autism research

MC2 William J. Blees

Navy Public Affairs  
Detachment West, Det.  
Northwest

Dr. Harry Davis, a researcher at the University of Hawaii (UH) at Manoa is working with Joint Base Pearl Harbor-Hickam (JBPHH) to extract marine sponges from Rainbow Bay Marina to be used for Alzheimer's and Autism research.

"The Navy is a strong advocate for education and technology. It's amazing to learn that the sponges found in the waters of our own marina may help research on brain structure and development," said Cmdr. Corey Hurd, JBPHH, chief staff officer.

Davis and his team have been studying sponges for more than a year. They were using sponges from floating docks at Hawaii Kai Marina until an ecological change produced algae blooms that killed the sponges. After searching for new healthy sponges,



Sponges grow on the floating docks of the Joint Base Pearl Harbor-Hickam Rainbow Bay Marina April 25. Various types of sponges found in the marina are the subject of research for Dr. Harry Davis, associate clinical professor at John A. Burns School of Medicine at University of Hawaii.

Photo by MC3 Jessica O. Blackwell

his team came across the ones on Rainbow Bay Marina. Due to the marina's stable environment with deep and moving water, sponge growth is ideal because there is little fresh-

water discharge.

The team primarily uses Blue Caribbean Sponges (*Sigmadocia Caerulea*).

"This particular type of sponge has a minimum

amount of autofluorescence that can hinder the labs use of fluorescence microscopy," Davis said.

The sponges can be difficult to find due to their ability to only colonize

certain substrates such as plastic of floating docks or concrete.

Davis' lab was granted permission to enter the dock and remove small amounts of sponge colo-

nies for research.

His team separates single stem cell and monitors their development into "mini-sponges" as they form networks of fibroblasts directed by the extracellular matrix. They then chemically manipulate the extracellular matrix and look at the effects on development.

"We believe that many neurological diseases, such as Alzheimer's and autism spectrum, involve the extracellular matrix," Davis said. "We have evidence that the extracellular matrix actually binds and distributes signaling molecules such as growth factors and cytokines. The sponges are an ideal simple system since we can manipulate the matrix to see if they can still form mini sponges and other native growth forms."

His team will be presenting posters at the American Society for Biochemistry and Molecular Biology Conference in San Diego from April 21-25. They are also in the process of publishing some of their work.



JOINT BASE PEARL HARBOR HICKAM

Staff Sgt. Briona Morris

65th Airlift Squadron

"My favorite national park is Muir Woods in California. I love the large redwoods and the views of being in the mountains."

Tech. Sgt. Elizabeth Strickland

735th Air Mobility Squadron

"The National Mall and Memorial Parks in Washington, D.C. I grew up in the Washington, D.C. Metro area and I would go there throughout my childhood to learn about America's history."

Tech. Sgt. Dave Hibson

15th Operations Support Squadron

"The Arches in Utah. I love the nature-made arches. It was most impressive. This is my favorite park because I took my family there, road trip, during (the) Christmas holiday and it was our very first road trip. My kids had a blast!"

CTTSN Skye Jensen

USS Michael Murphy

"Gulf Shores National Park, Florida. I love the clear water at the beach, most of the beach and nature is untouched and it's free for military personnel."

FC1 Mark Walker

USS Michael Murphy

"Yellowstone National Park. It's really gorgeous; the trees, the wildlife, and the hot springs."

AT2 James Turnbull

VPU-2 Squadron (MCBH Kaneohe Bay)

"Olympic National Forest, Washington State. I really like the drive through the forest on Highway 101, the nature is really unspoiled."

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com)

COMMENTARY

APRIL

Sexual Assault Awareness and Prevention Month

SAAPM

Cmdr. Hillary Darby

Navy Region Hawaii Sexual Assault Prevention and Response Officer

Raise your voice in prevention

Have you ever heard "Protecting our people, protects our mission?" What about "Step up and step in" or "If you see something wrong do something right?" We hear these phrases all the time, but does it really translate from the head to the heart? Do we just nod, put the check in the block for training, and move on to the next task, or do we pause to reflect the meaning behind the words?

Come on, you say, does this really apply to me? I don't think I know anyone that has been sexually assaulted, it's not really my problem. Think again.

Every 98 seconds, an American is sexually assaulted. Every eight minutes, that victim is a child. Every day hundreds of Americans are affected by sexual violence. That's why we need to start the conversation, not because it's a military problem, but because it is a societal problem that's in our own backyard.

Information

If you or someone you know needs assistance please call:

Hawaii Air Force SAPR Crisis line: 449-7272 (Oahu)

Hawaii Navy SAPR Crisis line: 722-6192 (Oahu) or 551-1452 (PMRF)

DoD Safe Helpline: 877-995-5247

RAINN (for Civilians): 1-800-656-HOPE or 1-808-733-9038 (Oahu)

And it is unacceptable.

So what can you do? Start with the basics. Lead with integrity. Remember that on every level of leadership

the example we provide through our actions sets the expected standard for our peers and subordinates. Take care of those we serve by treating everyone with dignity and respect. If we truly embodied these principles, we would begin to attack these problems at the very root.

Have you ever seen someone trying to get another person to go home with them, or try to take advantage of another person who had too much to drink? Perhaps you thought, "That's none of my business." Get involved. You can approach and intervene in a constructive way. Ask a question directly, or offer a simple distraction such as grabbing a bite to eat. Don't wait for someone else to get involved, your actions today may stop a sexual assault.

It's your core values in action. Do what's right. It's that simple. Be prepared to help.

Aloha Welcome Academy will embrace 'aloha' culture

Navy Region Hawaii Public Affairs

Navy Region Hawaii will soon offer an enriched opportunity for reporting Sailors and Airmen who are new to Hawaii to adjust to their new community.

The program is the Aloha Welcome Academy (AWA). It is a three-day experience to help military and family members adjust to Hawaii, learn about the culture, and ensure a solid foundation for a successful tour.

"Your first impressions of a new command can influence your entire tour and can stay with you for a lifetime. We want newcomers to know — from the moment they arrive — they've come to the best duty station in the military," said Rear Adm. Brian Fort, commander, Navy Region Hawaii.

"Awa" in the Hawaiian language means "harbor" or the "way through the shoals." AWA will not replace the traditional command indoctrination, but complements indoctrination with tools for service members, civilian employees and families to succeed and enjoy their time in Hawaii.

Attendees can expect briefs about a variety of topics which include cultural history, Navy and Air Force history in Hawaii, Pearl Harbor historic sites, base amenities, leisure, inter-island travel, personnel readiness "101," energy conservation, healthcare, spouse employment, schooling, online conduct and Space "A" travel.

Participants will also visit the USS Arizona Memorial and have an Oahu guided bus tour sponsored by the Navy League.

The AWA inaugural class will be held May 14 at Club Pearl on Joint Base Pearl Harbor-Hickam.

Fort believes the program will help foster a positive atmosphere that can impact an individual's professional and personal duties while in Hawaii.

"Hawaii is a culture of aloha. We embrace that feeling in the cultures of our commands. It's all about integrity, respect, and taking care of people — with a deep appreciation of our mission and our good fortune to be stationed here," Fort said.

Newly-reporting military members, civilian employees and family members are welcome to attend. See your command representative to sign-up.

Nimitz throws out first pitch

Adm. Chester Nimitz (CINCPAC-POA) throws out the first ball in an exhibition baseball game at CINCPAC headquarters, Oahu, Hawaii, in 1942. Rear Adm. William R. Furlong stands behind the admiral to watch the throw.

Photo courtesy of Naval History & Heritage Command

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# ‘No Drone Zone’ at Hawaii military installations

Navy Region Hawaii Public Affairs

The Unmanned Aircraft Systems (UAS), commonly referred to as drones, are growing in popularity with both government and private users. To ensure the safety and security of military assets and personnel there are clear restrictions on flying drones over military bases.

All Navy and Marine Corps installations on Oahu are a “No Drone Zone” for all drones without prior approval. These zones also include all communities connected to the Pearl Harbor waterways and Red Hill.

UAS operations within a five-mile radius of Hickam Airfield including Joint Base Pearl Harbor-Hickam, base facilities and a 3-mile radius of their outlying landing fields is prohibited without the approval of the installation commander.

It is important to understand the rules when operating or flying a drone. In February 2018, a civilian-operated drone collided with a helicopter on Kauai. The responsible use of drones in compliance with the Federal Aviation Administration (FAA) guidelines helps ensure the safety of all people and property.


The FAA has created an app, B4UFLY, to help UAS users identify approved operating areas and includes a flight planning function. Any UAS flown over Navy installations without prior permission and coordination with the appropriate authorities is a violation of FAA regulations, the Uniform Code of Military Justice and possibly the Naval Criminal Investigative Service.

Coordination with the FAA and installation commander is needed prior to such activity.

File photo by Staff Sgt. Christopher Stoltz



# USS John Paul Jones receives Retention Excellence Award



Destroyer Squadron THREE ONE's Deputy Commodore Capt. Joe Ring joined Cmdr. Jesse Mink, commanding officer, USS John Paul Jones (DDG 53) in ceremoniously painting the anchors gold.

Photo by SN Aranza Valdez

**Ensign Marie Newkirk**

*USS John Paul Jones*  
*Public Affairs*

The guided-missile destroyer USS John Paul Jones (DDG 53) received the Retention Excellence Award, formerly known as the Golden Anchor Award, for fiscal year (FY) 2017.

In a ceremony held just underneath the centerline anchor April 10, Capt. Joe Ring, deputy commodore, Destroyer Squadron Three One joined the ship's Cmdr. Jesse Mink in ceremoniously painting the anchors gold.

Ring and Mink were

joined by many of the John Paul Jones Sailors who were proud to reenlist and ‘Stay Navy’ during 2017. These Sailors were given an opportunity to sign their names to the centerline anchor and forever become a part of the ship's proud history ... protected under a coat of gold paint.

The Retention Excellence Award is awarded to commands that meet the Chief of Naval Operations’ (CNO) retention goals during the previous fiscal year. Established by the United States Department of the Navy, the award is part of the Fleet

Retention Excellence Program. The award is based on a combination of criteria, including Career Development Boards (CDBs) — the Navy's program for planning individual Sailors' career progression and Career Waypoints (C-WAY) — the Navy's program for processing reenlistment quotas.

Achieving superior retention rates is a culmination of command climate, advancement support, and increased leadership opportunities. The ship is proud to display the symbolic “gold anchor” wherein the award derives its unofficial namesake.

# NAVSUP FLC Pearl Harbor receives second consecutive award

**Shannon Haney**

*NAVSUP FLC PH*  
*Public Affairs*

Flying high on the flagpole yardarm beneath the national ensign at Naval Supply Systems Command (NAVSUP) Fleet Logistics Center (FLC) Pearl Harbor is the blue and gold Retention Excellence pennant.

NAVSUP FLC Pearl Harbor won its second consecutive NAVSUP Retention Excellence Award, April 5. As a result, the command is authorized to continue flying the Retention Excellence pennant and display their gold anchor.

“Accomplishing this feat is a team effort, driven by our strong ‘Ohana’ culture,” said Capt. Eric Morgan, commanding officer of NAVSUP FLC Pearl Harbor. “The mentoring by our awesome Chiefs Mess and our engaged senior Sailors creates a family environment that embodies the best of the Navy.”

The NAVSUP Retention Excellence Award program recognizes superior command accomplishment in executing programs and policies, which best enable Sailors to grow and succeed in their Navy careers.

“Ensuring that our Sailors are informed and have the tools to make the best decisions for their future have been contributing factors to our high retention rate,” said Chief Logistics Specialist Michael Lee, command career counselor, NAVSUP FLC Pearl Harbor. “We are proud to win this award; it reflects the involvement of our senior leadership and the attitude of our command.”

Logistics Specialist 2nd Class Tenzin Chokdup, a Sailor who reenlisted for another six years, explained that the Navy helped him focus on his career goals and leads him in a positive direction.

“It was an easy choice to reenlist because I enjoy my job and the people that I work with,” Chokdup said. “I look forward to providing logistics support services in new locations and expanding my life experiences.”

Chokdup said he is excited about his reenlistment and that he is certain NAVSUP FLC Pearl Harbor has prepared him to be able to handle anything anywhere he goes in his naval career.

“Anything we advise our Sailors to do, we help along the way with mentorship, study time, in-rate training and a strong Chiefs Mess,” said Master Chief Petty Officer Gary Daniels, senior enlisted advisor, NAVSUP FLC Pearl Harbor.

“Your success represents commitment to the growth and development of your Sailors and serves as the foundation of fleet readiness,” said NAVSUP Commander Rear Adm. Jonathan A. Yuen. “Congratulations and well done!”



U.S. Navy file photo

Logistics Specialist 2nd Class Tenzin Chokdup reenlists for six years on Kilo 8 Pier at Pearl Harbor, Dec. 15, 2017. Capt. Eric Morgan, commanding officer, NAVSUP FLC Pearl Harbor, serves as the reenlisting officer and together, they recite the oath of enlistment.





# Pearl Harbor-Hickam

## Highlights

Photo by MC3 Morgan K. Nall

Seaman Katherina R. Pacheco handles lines aboard the Arleigh Burke-class guided-missile destroyer USS Preble (DDG 88) as the ship arrives for a scheduled port visit in Manila, Republic of the Philippines April 11. Preble is deployed with the Theodore Roosevelt Carrier Strike Group in the U.S. 7th Fleet area of operations in support of maritime security operations and theater security cooperation efforts.



Photo by MC1 Corwin M. Colbert

Hawaii-area Sailors and families participated in the second in a series of planned cleanups working in conjunction with State of Hawaii along Nimitz Highway in Honolulu April 13. The goal of the cleanup is to improve the conditions of the neighborhood.



Photo courtesy of USS Hopper

A family member checks out equipment aboard USS Hopper, this week. The USS Hopper hosted a family cruise day, which included activities like golfing and family games.



Photo by Master Sgt. Theanne Herrmann

U.S. Air Force Tech. Sgt. Aaron Cui, Capt. Elbert Laza, Senior Master Sgt. Maria Tailo, and Master Sgt. Cyrus Kam, along with other members of the Air Force Reserve's 624th Regional Support Group, collect rubbish near Fort Kamehameha and along the beach April 20, at Joint Base Pearl Harbor-Hickam, in recognition of Earth Day.



Photo by MC3 Nicholas Burgains

Sailors assigned to the Arleigh Burke-class guided-missile destroyer USS Halsey (DDG 97) fire M9 handguns during a live-fire exercise in the South China Sea April 16. Halsey is currently underway with the Theodore Roosevelt Carrier Strike Group on a regularly scheduled deployment to the U.S. 7th Fleet area of operations in support of maritime security operations and theater security cooperation efforts.



MONTH OF THE  
MILITARY  
CHILD

HO'OKELE

Life & Leisure



Chris Singleton, MLB analyst with ESPN and master of ceremonies for the Operation Homefront's annual awards gala, speaks to award recipient Shelby Barber.

Story and photos by  
Operation Homefront

Shelby Barber, a local Air Force military family member, received the Military Child of the Year Award for Innovation during Operation Homefront's annual awards gala in Arlington, Virginia April 19.

This is the 10th anniversary of the awards, which each year has provided extraordinary young recipients with opportunities to be recognized by senior military leaders, elected officials, celebrities and other remarkable military children.

The award recipients were selected for their scholarship, volunteerism, leadership, extracurricular involvement, and other criteria while facing the challenges of military family life.

Six of the awardees represented the armed forces branch in which their parent either serves or has served — Army, Marine Corps, Navy, Air Force, Coast Guard and the National Guard. A panel of independent judges with ties to the military-support community se-



Shelby Barber, the recipient of the Operation Homefront 2018 Military Child of the Year Award for Innovation, spent the afternoon with Booz Allen Hamilton to brainstorm about her project to help children who suffer from allergies April 17.

lected the awardees.

The seventh awardee received the Military Child of the Year® Award for Innovation.

This award is presented to a military child who has designed a bold and creative solution

to address a local, regional or global challenge.

Shelby Barber, a 17-year-old senior at James Campbell High School, is developing a device that combines the features of two current medical devices

and aids anyone that suffers from severe allergies.

Being an allergy patient herself and having a love for anything and everything medical drove her idea.

“Children in elementary schools are my target audience because I want them to feel safe when having to use life-saving equipment, so they can use it on their own if they are in a situation they would need to use it in,” Shelby said.

“I think children need help for their protection. Making equipment that deals with needles needs to be as user-friendly as possible for the safety of the person getting injected and the distributor ... I want to see this project succeed for the better of human health and everyday lives.”

The daughter of Air Force Tech. Sgt. Mark Barber and Elizabeth Barber, Shelby has a 4.3 GPA, and is a member of the National Honor Society. She volunteers for numerous organizations, such as Special Olympics, Habitat for Humanity and the March of Dimes.

During their time in the nation's capital, the winners visited members of Congress on Capitol Hill and toured the National Museum of American History.

Each award recipient received \$10,000, a laptop computer and a free cruise.



Children pick out books during the Books on Bases event at the Ka Makani Community Center, Joint Base Pearl Harbor-Hickam, April 13.

U.S. Air Force photo by Tech. Sgt. Heather Redman

Blue Star Families deliver joy, books to Joint Base

Tech. Sgt. Heather Redman  
15th Wing Public Affairs

April is designated as the Month of the Military Child (MOMC) by the Department of Defense Education Activity. To celebrate our joint team's families, this year Joint Base Pearl Harbor-Hickam (JBPHH) teamed up with Blue Star Families to bring the Books on Bases event to Hawaii April 13.

“This is our third year teaming up with Blue Star Families and I'm excited for the turnout we had,” said Senior Airman Michael Reeves, 15th Wing broadcast journalist.

“These books were a small token for us to show our appreciation to children for the sacrifices they make on our behalf.”

The free event hosted by the 15th Wing, provided more than 600 books to military families across JBPHH.

“As military members we spend a majority of our time away from our families,” Reeves added.

“It's important to make the most of the few hours we have in the evenings, and I can't think of a better way of making those hours count than reading at night with my son.”

The MOMC is a way to celebrate the unique aspects of being a military

child that most children outside the military may never have to face, such as extended family separations, frequent moves, and the stress of deployments.

According to Defense Media Activity, the average child in a military family will move six to nine times during a school career, three times more frequently than non-military families.

“Everything we go through can be tough,” Reeves said.

“The deployments, temporary duty assignments, exercises, and training can be a heavy burden on any military member. Growing up as a military child and now having one, I know the stress that can have on a family.”

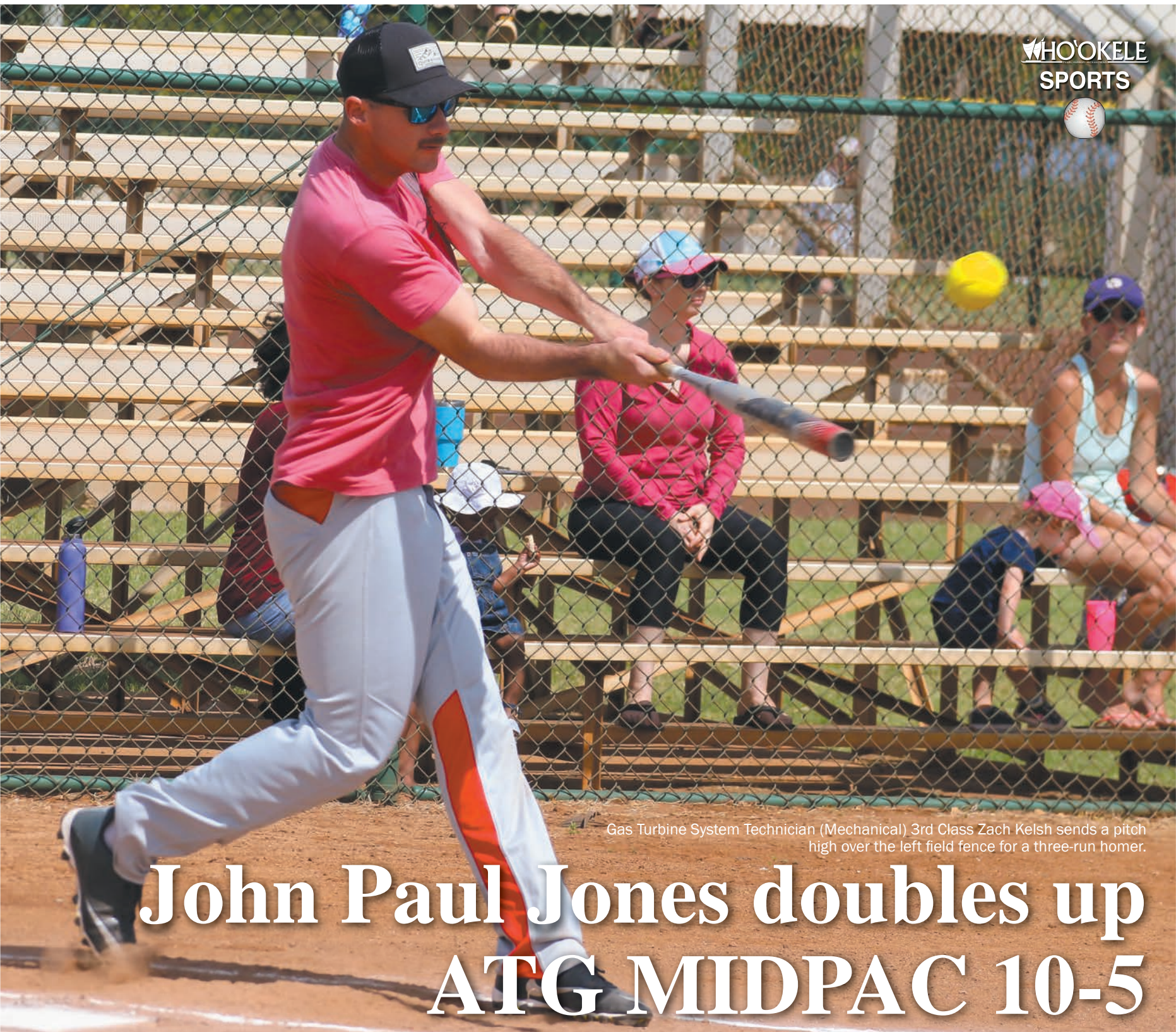
While the MOMC acknowledges the changes military children go through, it also highlights the importance of the support systems in place for military families.

JBPHH has several programs to help children and their families adjust to changes.

From clinical counseling to the Families OverComing Under Stress program there are several avenues to choose from to meet each family's needs.

For more information about JBPHH Family Support programs visit <https://www.greatlifehawaii.com/programs/f166d033-c7be-40d7-b059-573293e7fec2>.





Gas Turbine System Technician (Mechanical) 3rd Class Zach Kelsh sends a pitch high over the left field fence for a three-run homer.

# John Paul Jones doubles up ATG MIDPAC 10-5

Story and photo by  
**Randy Dela Cruz**  
*Sports Editor, Ho'okele*

USS John Paul Jones (DDG 53) got off to a fast start and used the moment to polish off Afloat Training Group Middle Pacific (ATG MIDPAC) by a score of 10-5 April 21 in an Afloat Division intramural softball matchup at Hickam Softball Complex, Joint Base Pearl Harbor-Hickam.

Springboarded by a three-run jack off the bat of Gas Turbine System Technician (Mechanical) 3rd Class Zach Kelsh in the first inning, John Paul Jones followed up with a big fifth inning to win their first game of the season to start off at 1-0, while ATG MIDPAC dropped to 2-0.

As Kelsh and his teammates gave pitcher Chief Electrician's Mate Thomas Byers all the support he would need, Byers was equally tough on the mound as he posted four goose eggs for the complete-game win.

"I was a little nervous today, it was the first game," Byers said. "But after we took a lead, it took a little bit of the edge off."

After starting off a little shaky, Byers quickly settled down and allowed only two runs from the second inning to the seventh.

"I was trying to throw different speeds," Byers explained. "I tried throwing a little quicker, a little higher, a little lower, but still (tried) to keep it in the box."

While Byers was setting the pace with a strong outing on the mound, John Paul Jones bats came out on fire – especially

Kelsh, who flexed his muscles in his very first at-bat.

With two outs and two men on base, Kelsh crushed a pitch that left no doubt about where it was going to land, as the ball sailed over the left field fence with plenty of room to spare to give John Paul Jones a 3-0 lead in the top of the first inning.

ATG MIDPAC started its own rally in the bottom of the frame, when Boatswain's Mate 2nd Class Justin Albert singled to drive in two runs.

Later in the inning, ATG MIDPAC tied the score on an RBI single over the infield from the bat of Chief Boatswain's Mate Jason Runner, who tomahawked a pitch well above the strike zone for the base hit.

With the score tied at 3-3, John Paul Jones went back out

in front in the top of the second inning on single by Gas Turbine System Technician (Mechanical) Fireman Ian Lenz that drove in a run to make it 4-3.

After Byers shut out ATG MIDPAC in the bottom of the second, he led off the top of the third inning with a single and was driven in off of a clutch two-out hit by Ensign Alejandro Mata to make it 5-3.

Chief Cryptologic Technician (Collection) Josh Smith pulled ATG MIDPAC to within a run, when he slammed a pitch for a triple and then proceeded home on a throwing error that made it 5-4.

However, John Paul Jones picked up another run in the fourth inning on an RBI single by Sonar Technician Surface 3rd Class Joey Begonia and then the

team broke the game wide open with another three-run inning in the top of the fifth.

In the deciding three-run inning, Mata picked up his second RBI of the game, while teammate Quartermaster 3rd Class Alden Brown plated the second run of the inning.

"We got some good hitters," Byers said. "We got confidence in our bats for the most part. We got three or four guys that hit the ball a long way."

Despite only getting in four practices before their season opener, John Paul Jones played well in all phases of the game.

"For the most part, we're pretty solid," Byers pointed out. "Intramurals, PT, we can horse around, but we're a bunch of athletic guys and we keep the optimism up."

## Webinar on maternity and newborn coverage

Having a baby or adopting? Or, maybe you already have a newborn or newly adopted child. Register for the “TRICARE Program Options for Maternity and Newborn Care Coverage” webinar on Monday, April 30, from 1 to 2 p.m. (ET). This webinar will cover TRICARE health care coverage options for you and your growing family.

TRICARE covers medically necessary maternity care. This includes prenatal care, labor and delivery, post-partum care, and treatment of any complications. Your guidelines for getting care vary based on your TRICARE program and where you live. This webinar will highlight how to get maternity care if you have a TRICARE Prime option, TRICARE Select option, or premium-based TRICARE program option, like TRICARE Young Adult.

When your newborn or newly adopted child arrives, you want to ensure they have TRICARE coverage, too. This webinar will also cover how to get TRICARE coverage for your new child and well-child care. To ensure TRICARE coverage, it's important to register your child in the Defense Enrollment Eligibility Reporting System (DEERS). A database of information on uniformed services members (sponsors), U.S.-sponsored foreign military, Department of Defense (DoD) and uniformed services civilians, other personnel as directed by the DoD, and their family members. You need to register in DEERS to get TRICARE. All newborn and adopted children must be registered in DEERS within 90 days if stateside, or 120 days if overseas.

Planning for a child is a fun and exciting time in your life. TRICARE provides several resources to help you prepare for a child. Visit “Having a Baby or Adopting” to learn more about your coverage and more. To register for the webinar, visit <https://go.usa.gov/xQB8Q>.

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# Ten-run rally helps Shipyard beat SUBPAC in six

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility (PHNSY/IMF) rallied for 10 runs in the top of the second inning to defeat Submarine Force U.S. Pacific Fleet (SUBPAC), 18-10 April 24 in a Red Division intramural softball showdown at Hickam Softball Complex, Joint Base Pearl Harbor-Hickam.

With the win, PHNSY/IMF is now 2-0 in the season, while SUBPAC dropped its second game in three tries.

The bats came out early for PHNSY/IMF as the team rallied with two outs in the top of the second inning.

The team got its first run on a fielding error by SUBPAC, which led to the first RBI on a single by Chief Electronics Technicians (Nuclear Power) Jason Polzin.

Then with the bases loaded, Chief Electrician's Mate (Nuclear Power) Alan Abad smashed a hard grounder to third, which handcuffed the third baseman and cleared the bases — leaving Abad standing on second.

Electrician's Mate (Nuclear Submarine) 1st Class Andrew Spera followed up with single to drive in Abad and keep the rally alive.

Later with runners on first and second, pitcher Senior Chief Machinist's Mate (Nuclear Power) Matt Matte helped his own cause by roping a single to center field that drove in one run to make it 7-0.

A double to the gap by Machinist's Mate (Nuclear Power) 1st Class Tyler Craven plated two more runners to make it 9-0, before Craven got driven in with a double off the left-field fence by Machinist's Mate 2nd Class Michael Kramer for a 10-0 advantage.

"That's the beauty of a rally," Matte said. "As soon as people start playing, it's



Senior Chief Machinist's Mate (Nuclear Power) Matt Matte stays focused on the ball before driving it to the outfield. On the mound, Matte went the distance to pick up the win for Shipyard.

contagious. Everybody just swings the bat and it keeps going."

Still even up by 10 runs, Matte stated that nothing is safe against a team like SUBPAC, which is known to score runs in bunches as well.

"SUBPAC is a good team," he said. "They always put a challenge up for us. I'm never comfortable. You never know what they (SUBPAC) are going to do and they're capable of doing a lot."

In the bottom of the third,

SUBPAC showed exactly what Matte meant, as the team, after getting the leadoff batter on base on an error, responded with six straight hits to drive in five runs and cut the lead in half.

The big hits in the inning came off the bats of Senior Chief Electronics Technician (Submarine Navigation) Martin Franklin and Lt. Mitch Hennessy, who both knocked in two runs apiece with base hits.

As the game entered into

the later innings, Shipyard saw their once huge lead shrink down to four at 13-9.

However in the top of sixth inning, the team exploded once again to put the game away for good.

In the sixth, Sonar Technician (Submarine) 2nd Class Ryan Parker smashed a triple that drove in two runs, before getting driven in on a hit by Kramer.

Electrician's Mate (Nuclear Power) 1st Class Joshua Nimis picked the final two runs

of the game for Shipyard on a single with runners in scoring position at second and third.

Matte, who just recently returned to the team, said that even through the PHNSY/IMF is filled with new players, he believes that the squad will contend for the Joint Base softball title just as they did last season.

"Looks like we got a strong team," he said. "We want to win the whole thing. We got second last year and we want first this year."

# 324th IS pushes near to the top with win over TFDU



Senior Airman Matthew Gessner pushes the ball forward on a header, before moving in for a score.

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

The 324th Intelligence Squadron (324 IS) got two goals from team captain Senior Airman Matthew Gessner and used a strong defense to take a 3-0 victory over the Thunder From Down Under (TFDU) April 21 in a White Division intramural soccer matchup at Earhart Field, Joint Base Pearl Harbor-Hickam.

The 324 IS, which started off the day in sixth place, is poised to jump up in the standings by a couple of notches after raising its record to 3-1-2, while TFDU, a combined squad comprised of USS Chicago (SSN 771) and USS North Carolina (SSN 777), fell to 1-4-1.

"I think we've settled into a more consistent nine," Gessner said. "We got a couple of quick goals and we capitalized on our speed, as opposed to how we worked the ball, so we need to work on passing the ball."

Gessner was a key player in the 324 IS's attack, as he used his quickness and ability to move the ball and advance toward the goal.

His aggressiveness paid off early in the first half, when he headed the ball to the goal and followed up with kick that got past the goalkeeper and into the net to give his team a 1-0 lead.

On the play, as Gessner came toward the goal from the left wing, the defense, including the keeper, shifted to meet him and slow his progress.

Gessner saw a quick opening and blasted the ball to the goal, but had the shot blocked by a defender.

Luckily, the ball ricocheted off Gessner's shin and sailed to a wide-open spot that was vacated by the goalkeeper for the score.

"I got the ball, looked and said I can beat my guy," Gessner said. "Somehow, I think when we mashed together, I think he kicked the ball into my shin. The ball looped over and the keeper was off his line. It was really unfortunate for him."

The goal was the only score

in the first half, but coming out of the break, the 324 IS raised the bar to put more pressure on TFDU.

About midway into the second half, the pressure paid off, when Tech. Sgt. Casey Lipe was on the spot to score the team's second goal of the game.

"The defense made a mistake and I just capitalized on the mistake," Lipe said. "I just happened to be in the right place."

With the score at 2-0 the situation looked bleak for TFDU, as the 324 IS was shutting down the team's attack at midfield.

"It was definitely easier with them down one guy," Lipe pointed out. "They were getting tired and we exploited that by pressuring and running after them and making sure that they didn't get any time on the ball."

Gessner also added that communication was the key that made the team's defense click.

"It was pretty straightforward," Gessner explained. "I think (TFDU) only got one or two shots on goal."

Finally, Gessner put the game away for good, when he scored his second goal of the game late in the second half.

Capt. Jenna Whetsel set up the goal, as she pushed the ball in front of the pack and motioned Gessner to get open.

Whetsel booted a perfect pass to Gessner, who took care of the goalie on a one-on-one matchup.

"That was all Jenna," Gessner pointed out. "She set up a perfect ball. I just had to get my touch right and that was it."

As the team moves up in the standings, Gessner said that while there is much more room to grow, he believes that the team is progressing nicely.

At this point in the season, Gessner said if he could redo anything from this year, he would like to try and avenge the loss that the team suffered at the hands of division leader Navy Information Operations Command (NIOC) Hawaii.

"I'd like a rematch with NIOC," he said. "I felt like we played really well in the first half, but we let our guard down and that's when they kind of sucker punched us."





● **Ohana Paint Night** returns April 27 from 5:30 to 7:30 p.m. at the Hickam Arts & Crafts Center. An experienced instructor leads a parent and child step-by-step through a featured painting of the night. In the end, each have a personal completed masterpiece. Cost of this activity is \$35 per person, includes all art supplies and is open to ages 8 and up. Advance registration is available online. For more information, call 448-9907.

● **Eat the Street Shuttle** departs April 27 at 6:30 p.m. from the Hickam ITT office. Avoid the traffic and parking woes by hopping on the ITT shuttle to the biggest food truck rally on the island. Cost is only \$7 for roundtrip transportation. For more information, call 448-2295.

● **Abandoned Vehicle Auction** happens April 28 from 8 a.m. to 2 p.m. at the abandoned car lot on South Avenue near Porter Gate. Vehicles are sold “as is” with no guarantees of its condition. Winning bidders are responsible for transporting the vehicle. This event is open to military DoD cardholders only. For more information, call 471-9072.

● **Chinatown Food & Historic Walking Tour** takes place April 28 from 8:30 a.m. to 1 p.m. departing from the Hickam ITT office. Discover the intriguing history of Honolulu’s Chinatown and sample ethnic treats along the way. Cost of this activity is \$35 for adults and \$30 for children 3 to 11 years. For more information, call 448-2295.

● **MWR Leisure & Travel Showcase** takes place April 28 from 9 a.m. to 2 p.m. at the Navy Exchange Mall Courtyard. Get expert travel advice, information on popular activities and more directly from the vendors that offer them. You may even win one of the fabulous prizes. Cost of this event is free. For more information, call 422-4067.

● **Movie and Pajama Party** with MWR & MFSC gets the fun started April 28 at 10 a.m. at Sharkey Theater. Youth are welcome to wear their jammies and get in a relaxed

environment for a day to talk about being comfortable in their feelings, learning about resiliency, then watching the movie “Inside Out.” Cost of this event is free. For more information, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com)

● **Golf Clinic** hits the green at 1 p.m. Apr 28 at Mamala Bay Golf Course. Enjoy this introduction to the great game of golf. This is a free activity and advance registration is welcome. For more information, call 449-2304.

● **Pailolo Channel Swim Challenge** runs from May 1 to 31 at all JBPHH pools. You have the month to swim the equivalent of the channel that runs from Maui to Molokai, approximately 9 miles/14.5km. First 15 participants to complete this challenge will receive a fun prize. Cost of this activity is free. For more information, call 473-0394.

● **Mother’s Day Massage Special** runs from May 1 to 31 at Hickam Fitness Center Massage Therapy & Spa Services. Get three hours of complete bliss with the Heavenly Spa Package, which includes a body scrub and wrap, followed by a massage and self-renewal facial. Cost of this activity is \$180 and is open to ages 18 and up. For more information, call 448-2214.

● **Golf Demo Day** happens May 2 from 3:30 to 6:30 p.m. at the Navy-Marine Golf Course. Here’s your chance to try some of the new equipment for free. For more information, call 471-0142.

● **Fiesta Fun Run 5K** hits the road at 6:30 a.m. May 5 at the Hickam Memorial Fitness Center. Get a healthy start to Cinco de Mayo with a refreshing run. Prizes will be given to winners in several categories. Registration starts at 6 a.m. the same day. For more information, call 448-2214.

● **43<sup>rd</sup> Annual Spring Craft Fair** is happening from 9 a.m. to 3 p.m. May 5 at the Hickam Arts & Crafts Center. Featuring over 120 booths of original arts and crafts, just in time for Mother’s Day gift ideas. There will also be live entertainment, pony rides, delicious food and a dog show at 10 a.m. For more information, call 448-9907.

# Tish Rabe entertains families

Story and photo by Kristen Wong

Life & Leisure Editor, Ho’okele

Best-selling author Tish Rabe visited Joint Base Pearl Harbor-Hickam (JBPHH) April 25.

The author of approximately 170 books did a presentation at the JBPHH Library in the afternoon and at Sharkey Theater in the evening.

Rabe, who has never been to Hawaii before, is also vacationing with her husband, John, for their 30th wedding anniversary.

“It’s just beautiful,” she said of Hawaii. “The people are so friendly and nice and it was really my honor to come and meet these kids.”

Rabe grew up with a love for singing and writing, graduating from Ithaca College with a four-year vocal performance degree.

“It never occurred to me in a million years that I would end up as a children’s book author,” she said.

In 1996, Dr. Seuss Enterprises chose Rabe to write science-oriented books for a new line called The Cat in the Hat’s Learning Library. She also has held various positions, from senior producer for Children’s Media at Random House to editorial director and music producer for Soundprints. She travels to various places, entertaining and meeting children.

During the presentation at JBPHH, Rabe talked about her professional

journey, adding in excerpts from her books, and singing for the children. Afterward, she took photos with families and signed a free copy of her book, “The Tree Doctor,” for each child attending.

“We live on Hickam so we try to come to all the base activities,” said Elizabeth Rondeau, who brought her son, Jaxon, to the library for Rabe’s presentation.

Rondeau, a former teacher for pre-school disabled children, owns numerous children’s books, including several of Rabe’s, which she brought along to the event. Some of the books Rondeau brought were the ones Rabe presented.

“(Jaxon) was excited so he was following along,” she said.

Navy spouse Kristin McNab brought her children to the presentation. They had previously seen Rabe at an event in Connecticut, and she learned this time around that they are both Ithaca College graduates.

“A friend of ours was just selling some of her children’s books and I said ‘Perfect! We can bring (the books to the event),’” McNab said. “(My son) Ray is tickled to have a book.”

Rabe said she wants to inspire children to start reading and writing early, and wants to show them that life paths like hers can change.

“I’m very, very proud of the books I do and I love sharing the joy of reading with the children I meet,” Rabe said.

*For more information about the author, visit [tishrabe.com](http://tishrabe.com).*



Best-selling author Tish Rabe signs a book for Hōkūlani Venturini at the Joint Base Pearl Harbor-Hickam Library April 25.





**ACTIVE DUTY NMCRS FUND DRIVE**  
**NOW** — Commander, Navy Region Hawaii (CNRH) extended the Navy-Marine Corps Relief Society (NMCRS) Fund Drive campaign through today. CNRH requests continued support during this year's fund drive. To view the status of the NMCRS Fund Drive, visit <http://nmcrsfunddrive.org/pearlharbor>. For more information, email [stephen.gubbins1@navy.mil](mailto:stephen.gubbins1@navy.mil) or call 473-7501.

**EAT THE STREET**  
**TODAY** — The Eat the Street shuttle departs at 6:30 p.m. from the Hickam ITT office. Avoid the traffic and parking woes by hopping on the ITT shuttle to the biggest food truck rally on the island. Cost is only \$7 for roundtrip transportation. For more information, call 448-2295.

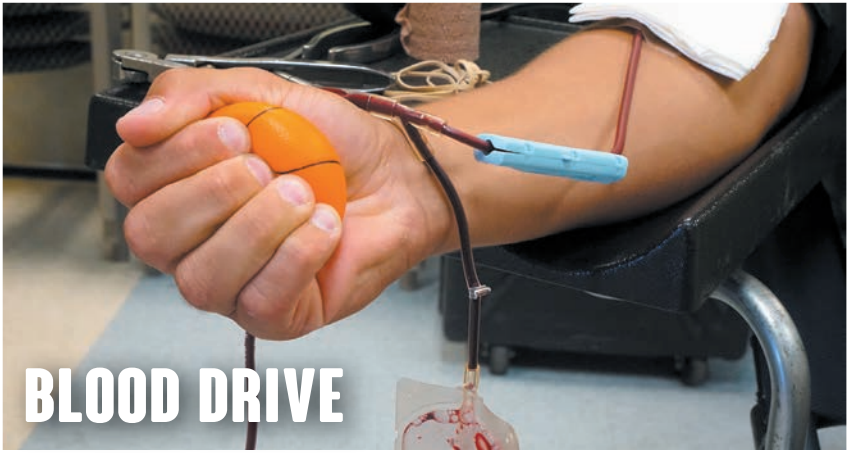
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**NOW** — You can register for classes at [www.greatlifehawaii.com/family-support/mfsc-class-schedule](http://www.greatlifehawaii.com/family-support/mfsc-class-schedule) or call 474-1999 for more information.

**TOY DEPARTMENT GRAND OPENING**  
**APRIL 28** — “Heroes Needed” to celebrate the grand opening of the Toy Department relocating to the Big White Tent (NEX Mall – lower parking lot), from 11 a.m. to 3 p.m. This event is free to authorized patrons only.

**NATIONAL TAKE-BACK INITIATIVE**  
**APRIL 28** — Turn in your unused or expired medication for safe, anonymous disposal at the Pearl Harbor NEX main lobby from 10 a.m. to 2 p.m. Other military locations include the Marine Corps Exchange and the Schofield Barracks Exchange. New or used needles and syringes will not be accepted. For more information, visit [www.dea.gov](http://www.dea.gov) or call 541-1930.

**THE YEAR TO EXPLORE**  
**APRIL 28** — Get expert travel advice and learn about fun activities and attractions from vendors from 9 a.m. to 2 p.m. at the NEX Mall courtyard. Make this “The Year to Explore!” Admission is free. There will be prizes, grand prize giveaways of trips & attractions from vendors, entertainment and much more. For more information, call 422-4067 or 422-0139.

**SPAM JAM**  
**APRIL 28** — Each year, 35,000 guests and local residents gather for Hawaii’s most beloved and delicious annual event – the Waikiki Spam Jam Festival. Celebrating its 16th anniversary, the festival will fill Kalakaua Avenue with food, live music, entertainment and more from 4 to 10 p.m. Hawaiian arts and craft vendors will be showcasing their products.



**BLOOD DRIVE**

**APRIL 30** — In support of the Armed Services Blood Program, Tripler Army Medical Center's Donor Center will host a blood drive at the Pearl Harbor Memorial Chapel April 30 from 10 a.m. to 1 p.m. If you are interested in donating blood, call to schedule an appointment at 433-6148. For more information, visit [www.militaryblood.dod.mil](http://www.militaryblood.dod.mil).

Hawaii’s love affair with SPAM dates back almost 90 years, when the pre-cooked luncheon meat was served to American military. Admission to the family-friendly event is free.

**26TH ANNUAL “I LOVE KAILUA” TOWN PARTY**

**APRIL 29** — Get ready to celebrate Kailua’s biggest event of the year: the 26th Annual “I Love Kailua” Town Party, taking place on Kailua Road in Windward Oahu from 11 a.m. to 4 p.m. More than 50 Windward artists and hand-crafters will have their work on sale. There will also be plant and orchid sales. Visitors can enjoy food, entertainment; a keiki fun zone with rides and jumpers; Adventist Health Castle’s mini health fair with free screenings; and other community groups. Organizers encourage Kailua residents to walk or bike to the pedestrian-friendly event. For more information, visit [www.LKOC.org](http://www.LKOC.org) or call Amy Hammond at 234-0404.

**FEDERAL EMPLOYMENT 101**  
**APRIL 30** — This event is scheduled from 4:30 to 6:30 p.m. at MFSC Pearl Harbor. The application process for federal jobs can feel overwhelming but the benefits of civil service are worth the effort. We will help you navigate the USAJobs website and understand the application process from start to finish. Federal resumes are different than private sector resumes and we will teach you how to build a competitive application. We will also cover topics such as hiring preferences and programs for veterans and military spouses.

**TRANQUIL SEAS: STRESS AND SELF-CARE**  
**APRIL 30** — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. Self-

care is a critical element in managing stress, preventing burnout and achieving a sense of fulfillment. Evaluate ways you can build self-care into your daily routine, be mindful through your activities and reach your fullest potential.

**91ST ANNUAL LEI DAY CELEBRATION**  
**MAY 1** — Don’t miss this special Hawaiian celebration of lei from 9 a.m. to 5:30 p.m. The event includes live entertainment, food booths and a lei-making contest at Kapiolani Park and bandstand in Waikiki.

**SPONSOR TRAINING**  
**MAY 1** — This class is scheduled from 1 to 3 p.m. at MFSC Wahiawa, and provides the new sponsor information, resources, and tools needed to assist incoming personnel and families, in order to ease their transition to a new environment. Spouses are encouraged to attend.

**EMERGENCY WORKSHOP**  
**MAY 2** — CORE Hawaii is scheduled to host a workshop for military spouses of service members E-7 and above, from 6 to 9 p.m. on the rooftop lanai at Cycle City/Harley Davidson at 600 Puuloa Road. RSVP at <https://tinyurl.com/COREbeprepared>. For more information, email [corehawaii@gmail.com](mailto:corehawaii@gmail.com).

**USAF PRE-SEPARATION BRIEFING**  
**MAY 2** — This briefing is scheduled from 8 to 11 a.m. at MFSC Hickam. DoDI 1332.35 mandates separating and retiring members receive Pre-Separation Counseling NLT 90 days prior to separation. Attending 12 months prior for separatees and 24 months prior for retirees is highly encouraged. This mandatory counseling covers VA benefits and entitlements, employment, education, medical, and community resources, among others.

**RECRUITING EVENT: US CUSTOMS AND BORDER PROTECTION**  
**MAY 2** — This event is scheduled from 1 to 3 p.m. at MFSC Pearl Harbor. The U.S. Customs and Border Protection Agency is focused 24/7 on securing international land borders and coastal waters and safeguarding the American people from terrorists and their weapons, drug smuggling and illegal entry of undocumented aliens.

**DEVELOPING SELF-ESTEEM IN CHILDREN**  
**MAY 3** — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. Did you know a parent’s behavior can influence their child’s thinking? Learn the “language of encouragement” and the importance of building self-esteem in children. Discover the power of mutual respect and how to understand the difference between praise and encouragement.

**INAUGURAL DIAMOND MUDDER**  
**MAY 4** — Test your mettle with a distance run and challenge events starting at 7:30 a.m. on Joint Base Pearl Harbor-Hickam’s Atterbury Circle. The fee is \$300 for a four-person team, or \$75 per person. The two categories include “Light with no ruck” and “Heavy with 35-pound ruck. The fee includes a T-shirt, medallion and a free barbecue. The event is open to military ID cardholders, their family members and Department of Defense personnel who are 16 years or older. For more information, visit <https://www.eventbrite.com/e/jbphh-diamond-mudder-tickets-44347528652?aff=es2> or call 456-0764 or 449-1519.

**NEX SUMMER JOB FAIR**  
**MAY 5** — A job fair is scheduled from 9 a.m. to noon at the NEX Mall. They are looking for summer hires ranging from cashier to warehouse to customer service to admin positions. Interested candidates may visit <https://www.MyNavyExchange.jobs> to apply prior to the fair so employers can have resumes on hand. For more information, call 423-3287.

**NATIONAL PUPPY DAY WITH OSPCA**  
**MAY 5** — Pearl Harbor NEX and Oahu SPCA have teamed up to celebrate National Puppy Day from 11 a.m. to 2 p.m. at the NEX Pet Shop. OSPCA will be bringing their latest litter of puppies and adult dogs. Hawaii Pet Insurance and Tails of Aloha will also be there to assist with any animal care questions. Stop by the NEX Pet Shop on 4888 Bougainville Dr. to adopt a new family member. Open to authorized patrons only. For more information, call Stephanie Lau at 423-3287.



Pacific Rim: Uprising

Jake Pentecost is a once-promising Jaeger pilot whose legendary father gave his life to secure humanity’s victory against the monstrous Kaiju. Jake has since abandoned his training only to become caught up in a criminal underworld. But when an even more unstoppable threat is unleashed to tear through cities and bring the world to its knees, Jake is given one last chance by his estranged sister, Mako Mori, to live up to his father’s legacy.

*\*Movie schedules are subject to change without notice.*

MOVIE SHOWTIMES

SHARKEY THEATER

**FRIDAY — APRIL 27**  
7 p.m. • Pacific Rim: Uprising (PG-13)

**SATURDAY — APRIL 28**  
11 a.m. • Inside Out (NDVD - Free Admission) (PG)  
2:30 p.m. • Sherlock Gnomes (PG)  
4:40 p.m. • Ready Player One (PG-13)

**SUNDAY — APRIL 29**  
1:30 p.m. • Sherlock Gnomes (3-D) (PG)  
3:30 p.m. • I Can Only Imagine (PG)  
6 p.m. • Pacific Rim: Uprising (PG-13)

HICKAM MEMORIAL THEATER

**FRIDAY — APRIL 27**  
7 p.m. • Ready Player One (PG-13)

**SATURDAY — APRIL 28**  
3 p.m. • A Wrinkle in Time (PG)  
6 p.m. • Ready Player One (PG-13)

**SUNDAY — APRIL 29**  
1:30 p.m. • Sherlock Gnomes (PG)  
4 p.m. • Pacific Rim Uprising (PG-13)

**THURSDAY — MAY 3**  
6:30 p.m. • Paul, Apostle of Christ (PG-13)