

GUARDIAN WEEKEND

Trivia Night: The battle of the brightest, 3c

ALSO INSIDE

JBLM Culinary Team claims 22 medals, 3A

JBLM NORTHWEST

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WOMEN'S HISTORY MONTH

## Event honors women in military history

### 17th Field Artillery Brigade hosts annual event at French Theater

BY SGT. JACOB KOHRS  
17th Field Artillery Brigade

The 17th Field Artillery Brigade hosted I Corps' Women's History Month observance Tuesday at French Theater to honor trailblazing women in the military who paved the way for future generations.

"For too long, women were formally excluded from full

participation in our society and our democracy," said Chief Warrant Officer 2 Anusha Hutchinson, the master of ceremonies. "Because of the courage of so many bold women who dared to transcend preconceived expectations and prove that they are capable of doing all that a man could do and more, advances were made, discoveries

were revealed, barriers were broken and progress triumphed."

Chaplain (Col.) Yvonne Hudson was one of the two guest speakers at the event and a trailblazer herself. Hudson is the first female command chaplain of I Corps and the most senior female chaplain in the Army, but it wasn't an easy road for her.

"As a female chaplain, I am in a double male profession," Hudson said. "On average, the Army

SEE WOMEN, 10A



SGT. JACOB KOHRS 17th Field Artillery Brigade

Chaplain (Col.) Yvonne Hudson talks about being a female Army chaplain during the Women's History Month observance at French Theater Tuesday.

189TH COMBINED ARMS TRAINING BRIGADE BEST WARRIOR COMPETITION

## IT'S ALL ABOUT BALANCE



SPC. ERICA EARL 5th Mobile Public Affairs Detachment

Sgt. 1st Class David Bennett, an infantryman with 2nd Battalion, 358th Regiment, competes in the obstacle course portion of the 189th Combined Arms Training Brigade's Best Warrior Competition at Joint Base Lewis-McChord March 14.

### Competition helps Soldiers test their strength, knowledge and leadership

BY SPC. ERICA EARL  
5th Mobile Public Affairs Detachment

Sergeant First Class David Bennett, an infantryman from 2nd Battalion, 358th Regiment, won against two other competitors from his brigade in a series of physically and mentally exhausting tasks in the 189th Combined Arms Training Brigade's Best Warrior Competition

on Joint Base Lewis-McChord from March 13 to 16.

The quarterly competition tested the Soldiers' strength, knowledge and leadership abilities and included an Army Physical Fitness Test, urban orienteering, medical lanes, a foot march, a written examination, rifle marksmanship, an obstacle course and day and

SEE BEST, 10A



Staff Sgt. Matthew Gordon, of 2nd Battalion, 357th Regiment, competes during the 189th Combined Arms Training Brigade Best Warrior Competition March 13.

VIETNAM VETERANS DAY

## Free pins to honor Vietnam veterans

### Pins available at JBLM exchanges

Army and Air Force Exchange Service Public Affairs

In partnership with the United States of America Vietnam War Commemoration, the Army and Air Force Exchange Service and Defense Commissary Agency at Joint Base Lewis-McChord will honor all who served during the Vietnam War Thursday with free commemorative lapel pins marking the war's 50th anniversary.

Any Vietnam-era veteran who served on active duty between Nov. 1, 1955 and May 15, 1975, regardless of location, is invited to visit the Lewis Main Exchange or the McChord Field Exchange Thursday from 11 a.m. to 1 p.m. on National Vietnam War Veterans Day, to receive their United States of America Vietnam War Commemoration Vietnam Veteran Lapel Pin.

Complimentary Vietnam veteran bumper stickers will also be available at the event.

"The Lewis and McChord exchanges (are) privileged to partner with the commissary and the United States of America Vietnam War Commemoration to offer this token of our nation's appreciation to those who served during the Vietnam War," said exchange general manager, Mike Eimer.

The United States of America Vietnam War Commemoration is a program administered by the Office of the Secretary of

SEE PINS, 10A

DEPARTMENT OF DEFENSE

## Budget uncertainty harms readiness, secretaries say

BY SGT. 1ST CLASS JOSE IBARRA  
DOD News, Defense Media Activity  
WASHINGTON

Service secretaries addressed the challenges of providing taxpayers more defense value for their money, and getting innovation into warfighters' hands faster during a House Armed Services Committee hearing Tuesday on the Defense Department's proposed fiscal year 2019 budget.

According to defense officials, China and Russia are taking a more aggressive role on the world's stage and the U.S. must maintain its military edge.

The Army, Navy and Air Force service secretaries testified in support of the Department of Defense's proposed fiscal year 2019 budget of \$686 billion, highlighting that, if approved, it would provide the services the monetary means to field a more

SEE BUDGET, 10A



DANIEL TOROK U.S. Army Photo

Secretary of the Army Mark Esper, left, testifies at the House Armed Services Committee regarding the Fiscal Year 2019 Budget Request Tuesday.

IN THE NEWS



SPC. JONATHAN RIVERA-COLLAZO U.S. Army Photo

Sgt. 1st Class Daniel White assists the Tacoma Community Boat Builders March 3.

GREEN BERET HELPS YOUTH

A Green Beret from 1st Special Forces Group (Airborne) is impacting young lives for the better as a mentor for at-risk youth. See story, A3

## FAMILIES OVERCOMING UNDER STRESS



DEAN SIEMON Northwest Guardian

The walls in the office of Kimberly Crosby, Ph.D., JBLM FOCUS site director, are decorated with artwork made by military children since 2010.

## Helping families ‘refresh’

BY DEAN SIEMON  
*Northwest Guardian*

Living in an active-duty military family can bring stress, with events such as training exercises, Permanent Change of Station orders and deployments. It can be hard for families and couples to cope and find strength when they need it.

That's why Joint Base Lewis-McChord's FOCUS — families overcoming under stress — program provides resiliency training for military families and couples. The small staff of two resiliency trainers and a site director meet with each family/couple to identify misunderstandings, emotional stress and all factors putting unnecessary stress on the family.

Kimberly Crosby, Ph.D., FOCUS site director for both JBLM and Naval Air Station Whidbey Island, said she has noticed many military families already have a massive amount of strength to face these challenges.

“Sometimes coming to our program helps to refresh, refine or fine tune strengths they already have,” Crosby said. “Every family that comes in has a lot of strength already; our service just builds on that.”

According to Crosby, the FOCUS program was the result of curriculum developed from research in 2007 and 2008 by

the University of California, Los Angeles, Calif., and other partners. Although the program is still headquartered at UCLA, a contract in 2010 with the Navy Bureau of Medicine brought sites to more than 20 military installations.

In early 2017, FOCUS began a new contract with the Department of Defense. Crosby has been part of the efforts at JBLM for nearly eight years.

FOCUS refines five skills to help develop the strength to face the challenges of military service: managing feelings, communication, setting goals, problem solving and coping with deployment reminders. Typically, families come in for about six to eight visits, depending on their needs and schedules.

Once they have completed the course, Crosby said FOCUS reaches out to the family via phone call or email about a month after the last visit. Additional contacts are made six months from the final visit and then one year removed.

Crosby said she and her staff often want to check in with the family and if there is any need for additional support.

“It's to try and assure the family is maintaining the strengths they have built up,” Crosby said.

The program on JBLM has

resiliency training plans for military households as well as couples who are dealing with multiple stressors. Being married is not a requirement; service members and dating couples can benefit from the hands-on training.

Additionally, FOCUS also provides services for families of wounded warriors, who face a different set of challenges away from the battlefield. Still, the program works to establish communication, setting goals and improve the family's understanding of combat injuries and the recovery ahead.

Families or couples who are interested don't have to worry about a wait list, as the team tries not to have one, Crosby said. The team can schedule around the demands that a military family could have, offering appointments morning, noon or night.

“If a family comes to us, we want to schedule an appointment as soon as possible; we don't want to lose that momentum,” Crosby said. “We know it's not easy to pick up the phone and ask for help.”

For more information, call the JBLM FOCUS office at 253-966-6390 or send an email to [JBLM@focusproject.org](mailto:JBLM@focusproject.org).

Dean Siemon: 253-477-0235,  
[@deansiemon](mailto:@deansiemon)

## NEWS IN BRIEF

### Two JBLM Soldiers die in boating incident at American Lake

Private Jamanni Gibson, 21, of West Peoria, Ill., and Pvt. Jacques Means, 22, of Killeen, Texas, died Tuesday in a boating incident at American Lake.

The bodies of the two Soldiers were recovered at the lake by Joint Base Lewis-McChord emergency personnel, after receiving a report of missing kayakers.

Gibson enlisted in the U.S. Army in 2017, and served in the 2nd Battalion, 3rd Infantry Regiment, 1st Brigade, 2nd Infantry Division, since December 2017, as a motor transport operator. He was awarded the Army Achievement Medal, the National Defense Service Ribbon and the Army Service Ribbon.

Means also enlisted in the U.S. Army in 2017, and served in 23rd Brigade Engineer Battalion, 1st Bde. 2nd Inf. Div., since December 2017, as petroleum supply specialist. He was awarded the National Defense Service Medal and the Army Service Ribbon. Means is survived by his spouse.

“Our deepest condolences go out to the Soldiers' families,” said Maj. Gen. Willard Bureson III, the 7th Inf. Div. commanding general. “The entirety of the 7th Infantry Division mourns the loss of these Soldiers and honors their service to the nation.”

The circumstances surrounding the deaths are under investigation. For additional information, contact 7th Infantry Division Public Affairs: 253-477-5746 or 253-477-0173.

— 7TH INFANTRY DIVISION PUBLIC AFFAIRS

### USASOC conducting readiness exercise through March 30

Soldiers from an element of U.S. Army Special Operations Command, stationed at Joint Base Lewis-McChord, are conducting a routine military readiness exercise March 18-30. This type of exercise is used periodically to maintain a high level of combat readiness.

This element is the U.S. Army's premier special operations raid force that conducts forcible entry operations and special operations raids across the entire spectrum of combat. Soldiers must be ready to deploy worldwide with a moment's notice. Therefore, tough, realistic training conducted regularly gives a decisive edge for real-world missions. Training such as this is the best method to test their readiness capabilities.

Soldiers will use training ammunition and other training devices to make the exercise as real as possible. There will be periods of increased air traffic to include low-flying helicopters and fixed-wing airplanes during hours of darkness.

Increased aircraft activity will be observed Monday-Tuesday and Thursday-March 30 as aircraft depart McChord Field during the evening and return during the early morning hours.

This training exercise was coordinated with Joint Base Lewis-McChord and local officials. The training is closed to the public and the media.

Participating units are extremely sensitive to the impact that such military exercises have on local citizens. Units intend to train safely and courteously. Every measure will be taken to reduce the amount of noise associated with this training.

USASOC would like to thank Joint Base Lewis-McChord and the neighboring communities for their support during the exercise and their understanding of any inconveniences this training may cause.

For more information, contact the USASOC Public Affairs: 910-432-6005.

— U.S. ARMY SPECIAL OPERATIONS COMMAND PUBLIC AFFAIRS

### Courage Inn DFAC to ‘Go for Green,’ simplify nutrition

Joint Base Lewis-McChord's Courage Inn Dining Facility just launched the rebranded Go for Green program to help service members to identify and choose performance-boosting foods in military dining facilities and galleys.

G4G is a Department of Defense-wide program that optimizes the performance, readiness and health of service members by improving their nutrition environment. The latest nutrition science, input from DOD experts and best practices in community health promotion are the basis for the program. By labeling foods green, yellow or red for nutritional quality and low, moderate or high for sodium content, G4G makes it easier for service members to choose foods that best support optimal fitness.

G4G encourages service members to eat more green-coded foods daily, including whole grains, healthy fats, lean proteins, fruits and vegetables. Good eating habits support optimal physical and mental fitness, resilience and readiness. G4G aligns with Total Force Fitness and is compatible with numerous military initiatives.

For more information, visit: [tinyurl.com/yacubo80](http://tinyurl.com/yacubo80).

— COURAGE INN DINING FACILITY

### At Exchange Burger Kings, diners can swap fries for a salad for free

To help the Nation's fighting force maintain a BE FIT lifestyle, Soldiers and Airmen can now choose a side salad instead of fries for free with any combo meal at more than 160 Burger King restaurants at Army and Air Force Exchange Service locations worldwide.

“As a partner in the Healthy Army Community and Air Force Smart Fueling initiatives under the Secretary of Defense, the Exchange is dedicated to promoting readiness and resiliency among Soldiers, Airmen and their families,” said Air Force Chief Master Sgt. Luis Reyes, the Exchange's senior enlisted adviser. “Swapping fries for a salad is an easy modification to make a BE FIT lifestyle more achievable.”

Throughout its main stores, Express convenience stores and restaurants, the Exchange helps Soldiers and Airmen maintain a BE FIT lifestyle. The Exchange operates more than 1,700 quick-serve restaurants across the world.

— ARMY AND AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

### DOD's finest communicators to host recruitment brief April 12-13

The Joint Communications Unit will conduct a recruitment brief at Stone Education Center in Room C235 April 12 from 2 to 3 p.m. and April 13 from 10 to 11 a.m. to provide information on the unit, benefits and application process.

The JCU is a technical unit of the United States Special Operations Command charged to standardize and ensure interoperability of communication procedures and equipment of the Joint Special Operations Command and its subordinate units.

For more information, visit [jcu.mil](http://jcu.mil), call 910-243-0203 or email [jcurecruiting@jdi.socom.mil](mailto:jcurecruiting@jdi.socom.mil).

— THE JOINT COMMUNICATIONS UNIT

## COMMENTARY

## How to stay fire safe this spring season

BY ED CHAVEZ  
*JBLM Fire Prevention*

Spring is the best time of year to get prepared for the season when talking fire safety.

We all have heard the phrase “spring cleanup,” but I'll help you look at it from a fire safe stand point. We at Joint Base Lewis-McChord Fire Prevention encourage you to look around you house and get rid of unnecessary items accumulated over the year.

Those boxes you still have from Christmas — get rid of them. Or how about the thing that you couldn't fix and haven't got around to disposing of it: it's got to go.

Try to recycle unwanted items at the local recycling points on base. Here on JBLM, when you recycle, it helps the installation.

Clean your appliances indoors as well outdoors. Take a look at your dryers. When was the last time you cleaned out the dryer vent?

How about your exhaust hood over the stove? The buildup of grease makes for clogging the exhaust and can create a hazardous conditions with highly ignitable grease. Considering the outdoors, if you haven't used your BBQ grill since last fall, now is the time to get it ready.

Repairing or replacing the hose and inspecting the igniter should be on your to-do list. Also check the propane tank for rust and replace it if you find any.

Check the connections on the propane tank to ensure the fittings don't leak. Use a soap solution to check, and if at any time you smell gas, stop using the tank.

That old bag of charcoal? If it



SCOTT HANSEN Northwest Guardian / 2017

JBLM fire inspector Will Silva, right, shows Christy Aguirre and her daughter Amelia, 4, how to feel a door to detect fire during a fire safety lesson inside the JBLM Fire Prevention Trailer Oct. 11, 2017.

got wet, replace it.

Children should be kept at least three feet away from the cooking area.

How about your gardening equipment? Any gas driving equipment such as lawn mowers, weed whackers and pressure washers should be inspected and repaired. Replace all worn belts and hoses.

If you maintain it yourself, ensure that all gas or oil-soaked rags are disposed in a self-closing metal container.

When did you last check your smoke and carbon dioxide alarms to see if they are working? The National Fire Protection Association recommends that they be tested monthly.

Did you change batteries in your alarms when you sprang forward last week? When you test them, also test your evacuation plan to make sure everyone knows how to get out of the

house quickly and safely.

With the longer spring days, JBLM residents will spend more time outside and need to remain vigilant when the house is unoccupied. It's a good idea to check around the house before heading out for anything that could fuel a fire.

If children are allowed to be home alone, make sure they have an understanding of fire safety and cooking rules. Never leave a hot stove unattended. Make sure they know the evacuation procedures to including calling 9-1-1 in the event of emergency.

If you hire a babysitter, do they know what to do in case of a fire?

JBLM Fire Prevention will be at Family and Morale, Welfare and Recreation's Kids' Fest April 5 on Lewis Main to help you get prepared for spring. For more information, call 253-966-7164.

# Page Three

## QUOTE OF THE WEEK

“(United States Strategic Command) forces and capabilities underpin and enable all other joint force operations, he said. “(Stratcom) truly is a global war-fighting command, and the strength of its command is its people. The Soldiers, Sailors, Airmen, Marines and civilians of this enterprise have the most important mission in our entire department, in our entire nation. Their hard work and dedication ensures our nation’s strategic capabilities remain safe, secure, reliable and ready.”

**Air Force Gen. John Hyten**  
USSTRATCOM commander

## ALSO INSIDE



SPC. JOSEPH FRIEND 55th Combat Camera

**WARRIOR GAMES:** JBLM athletes compete at the Team Army Trials for the 2018 Department of Defense Warrior Games. **See story, 1B**

## NWGUARDIAN.COM

● **Army scientists develop pizza MREs:** Scientists in the Combat Feeding Directorate at the Natick Soldier Research, Development and Engineering Center have overcome the obstacles inherent in creating and producing a shelf-stable pizza to be included in the MRE. Most people are used to eating pizza that’s fresh or frozen, but creating a pizza for the warfighter in the field, in remote areas, or in combat presents a series of unique scientific challenges. MREs must stay shelf-stable for three years in temperatures up to 80 degrees Fahrenheit.

● **Operation Homefront honors spouses:** Operation Homefront and Southern New Hampshire University hosted a Homefront Celebration March 16



in Tacoma to celebrate more than 100 military spouses with an elegant night out. The honored guests were spouses of local active-duty service members, National Guard, Reserve, and post-9-11 wounded, ill or injured of all ranks. During the evening, a full-tuition scholarship was awarded to military spouse Stephanie Endicott, who will now begin working toward her degree.

## JBLM CULINARY ARTS PROGRAM

# Military’s best chefs recognized

BY DANI JOHNSON  
*Combined Arms Support Command Public Affairs*

FORT LEE, Va. — Service members from the Joint Base Lewis-McChord Culinary Arts Program earned 22 medals at the 43rd annual Joint Culinary Training Exercise that wrapped up with an awards ceremony March 16 at Fort Lee, Va.

All in all, 332 American Culinary Federation medals were awarded to more than 200 military chefs.

Staff Sergeant Marc Susa, culinary arts specialist at JBLM, was recognized as Best Master Chef of the Year. Sgt. Clinton Bautista, also of JBLM, took gold in Best Exhibit, Culinary Showpiece.

For the fourth year in a row, Team Hawaii was recognized as the Culinary Team of the Year by the competition hosted by the United States Army Quartermaster School.

“It’s an honor and privilege to speak to you today. I wish I could have spent more time (at JCTE); I looked online and my mouth was watering,” said Lt. Gen. Aundre Piggee, Headquarters Department of the Army, deputy chief of staff, G4, Pentagon, Washington, D.C., at the opening of the awards ceremony. “I applaud your competition ... You now are better as individuals and will take back your knowledge and make your organizations better.”

JCTE started March 9 with the Armed Forces Chef of the Year event and continued until Mar. 15 with the culmination of the International Two-Chef Culinary Challenge. The exercise, administered by the Joint Culinary Center of Excellence, is the largest ACF-sanctioned competition in North America.

All the judging was done by ACF-certified judges who volunteered their time over eight days to provide feedback and critique the participants. This year’s exercise showcased the talent of 232



PETTY OFFICER 3RD CLASS PATRICK BAUER U.S. Navy photo

Sgt. Clinton Bautista, representing Joint Base Lewis McChord, plates a meal during the nutrition competition as part of the Joint Culinary Training Exercise at Fort Lee, Va., March 14.

military chefs from all military services around the globe — including four international teams.

“This week was about getting better — not only self but our units, the Army and all the organizations represented,” said Brig. Gen. Rodney Fogg, Quartermaster General and commandant, The Quartermaster School. “The 13 ACF judges were here to help you get better, to transfer their knowledge.”

ACF President and lead judge, Stafford Decambre, who has been a JCTE judge for 13 years and was on hand to assist in handing out the medals and awards.

“This is a huge competition that you were a part of, (and) the quality (of the entries) was extraordinary,” he said. “Use this experience to develop your professional networks, to commit to growth, focus on learning. Define

your cuisine and welcome feedback. Make your opportunities, get involved, cook to learn, have passion and love. You deserve everything you have received.”

This year, more than 2,800 people were on hand to watch 26 teams, with 450 entries, competing from all five service branches and four countries.

Seventeen teams vied for Culinary Team of the Year with Team Coast Guard as the runner up to Team Hawaii. Team Coast Guard student team was recognized as the best team with all five members having less than two years in culinary arts.

Sgt. 1st Class Steven Behr, culinary arts specialist, Fort Carson, Colo., won best Armed Forces Chef, and Spc. Naya Pender, culinary arts specialist, Team Europe, won Best Student Chef.

Team Coast Guard student

team, Susa and Pender are now eligible to attend the ACF National Convention and Show set for July 15 to 19 in New Orleans.

For the first time, JCTE recognized a Best in Show individual: Sgt. 1st Class Lagena Boggs, Fort Drum, N.Y., was recognized as one who stood out to the judges through her workmanship, attitude, passion, exemplary future leadership and epitomized culinary excellence.

Five countries — United States, France, Great Britain, Canada and Germany — participated in the international challenge with Team Germany coming out victorious.

Along with testing their skills in one of the many categories, 13 service members also tried for a spot on the U.S. Army Culinary Arts Team.

The USACAT is the military’s national culinary team and offers members the opportunity to

## Full list of JBLM medal recipients:

Sgt. Clinton Bautista — one gold, two silver

Spc. Clemmentee Fairley — two bronze

Spc. Luis Frutos — two silver, one bronze

Pfc. Jordon Harding — two bronze

Pfc. JC Jimenez — one silver, one bronze

Spc. Clarence Robinson — two silver, one bronze

Airman 1st Class Italia Sampson — one silver, one bronze

Staff Sgt. Paula Sanchez — one silver, one bronze

Spc. Omas Shaka — one silver, two bronze

compete in international-level events like the Culinary Olympics in Europe, while sharpening and broadening their skills. Pender and Spc. Kaitlyn Tran, Fort Carson, were selected for the team.

Competing chefs were judged based on ACF guidelines, so they were not competing against each other but against industry standards. Those who exceeded industry standards were given medals — 56 gold medals, 135 silver medals and 141 bronze medals were presented to military chefs who met the judging criteria.

Competing service members are afforded the opportunity to earn ACF certifications, a recognized industry-standard credential. These credentials help the chefs provide better service to their customers in the dining facilities, as well as acceptance in the civilian sector when the service member transitions out of the military.

## 1ST SPECIAL FORCES GROUP (AIRBORNE)

# Green Beret helps troubled youth get back on track

BY SPC. JONATHAN RIVERA-COLLAZO  
*1st Special Forces Group (Airborne)*

A Green Beret assigned to 1st Special Forces Group (Airborne) is impacting young lives for the better as he volunteers at Tacoma Community Boat Builders as a mentor for at-risk youth from the local community.

Sergeant First Class Daniel White, a native of Orange County, Calif., is no stranger to volunteering. He rose his hand to serve his country as an Airborne Paratrooper and as a Special Forces Green Beret — not just once, but three times over the course of his 24-year career.

White has now volunteered to serve again but, this time he’s giving back to his community by mentoring a few hours a week. He said he hopes to share some of the skills, lessons and values he’s developed in his time in the Army and in the Special Forces.

“What motivated me to volunteer was to continue to do something positive by giving back to the community,” White said. “Being a good life role model and helping those (youth) out provides a good meaning of self-worth.”

As a weapons sergeant, White has deployed in support of operations in Bosnia, the Philippines, Afghanistan, and Kuwait. He is currently the equal opportunity adviser at Headquarters and Headquarters Company, 1st SFG (A).

During his free time, White volunteers alongside fellow veterans, retirees and others willing to serve as a life coach, youth mentor, and friend.

Tacoma Community Boat Builders is a community-based program that focuses on teaching life skills to at-risk youth through boat building, carpentry and mentorship.

With the use of hands-on learning and productive environments, the staff members hope to deter youth from risky behaviors and provide them with other opportunities and familial support systems, according to Shannon Shea, Ph.D., TCBB’s executive director.

“We are looking to short circuit the fast track toward jail by restoration and prevention,” Shea said.

White has had first-hand experience with the transformative power and influence this program has on young minds.



SPC. JONATHAN RIVERA-COLLAZO U.S. Army Photo

Sgt. 1st Class Daniel White pours salt into a bucket at the Tacoma Community Boat Builders youth program in Tacoma March 3.

“Watching the kids graduate the program and then come back on their own is one of the most rewarding feelings,” he said. “Knowing that we made a difference and that they understand there is more to life than mischief is great.”

One of the most difficult challenges White said he and coworkers encounter is connecting with a group of young men from a different generation.

Relating to these young men is not the only obstacle White finds

himself facing. According to White, a lack of motivation is another struggle.

“A lot of these kids are here because they have to be here, so their motivation isn’t quite the same,” he said. “That sometimes can be a little trying, because their focus is elsewhere. But when they see the things they are able to do and accomplish, they get a greater appreciation for what we do.”

Despite these challenges, White has an easier time relating

to the youth in the program since he is younger than most of the staff working at the center, according to Karlie Johnson, administrative assistant at TCBB.

“He is a lot of fun, and the kids like him because he is funny,” Johnson said. “I like having his energy around, because it bridges the gap between our regular volunteers and our youth.”

Johnson believes White’s understanding of where these kids are coming from and where they are has improved since he began volunteering at the program. White’s military presence and empathy toward the children in the program make him a relatable role model, she said.

The ability to share stories and experiences helps take down barriers and builds strength, according to Johnson.

“The benefits and rewards of volunteering and giving back to the community go beyond the feeling of self-worth and accomplishing personal goals,” White said. “What programs like this do for the community is give the youth a chance to deviate from destructive paths and explore opportunities and careers that not many people have access to.”

# Viewpoint



**Commander, I Corps and  
Army Senior Commander, JBLM**  
Lt. Gen. Gary Volesky

**Commander, 62nd Airlift Wing and  
Air Force Senior Commander, JBLM**  
Col. Rebecca Sonkiss

**Joint Base Garrison Commander, JBLM**  
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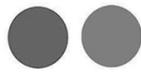
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## STRAIGHT TALK

To join the "Straight Talk" conversation, visit [facebook.com/JBLewisMcChord](https://facebook.com/JBLewisMcChord)



## What are your "nails on a chalkboard" grammatical pet peeves?

"I could care less" means you care. You 'couldn't care less' is when you don't care."

— ALICE ALLEN

"Should of." 'Of' is not a verb; it's a preposition."

— ANDY JARVIS

"Lemme axe you a question."

— REBECCA MARES

"The misuse of an apostrophe! For example, 'We are the Turners.' Not 'Turner's.' Using 'Turner's' would only be correct in a statement such as: 'We are going to the Turner's house.'"

— AMBER TURNER

"Can you be more pacific?"

— MELANIE JONES

"I seen that." The only thing you haven't seen is the inside of a dictionary. 'Supposably' is not a word. 'Intensive purposes' sounds super serious and intense. It's 'intents and purposes.' 'Should of,' 'would of' and 'could of.' It's 'should have,' 'would have' and 'could have.' The standard 'there,' 'their' and 'they're,' and 'too,' 'two' and 'to.'

— JUDY MONHOLLEN

## Next week's question

What have you purchased recently that you paid too much for?

## VIEW FROM THE TOP



TECH SGT. TIM CHACON U.S. Air Force Photo / 2016

Senior Airman Jacob Remstrom, right, and Staff Sgt. Nathan Kuhn, of 62nd Maintenance Squadron, remove a broken hydraulic reservoir on a C-17 Globemaster III at North Island Naval Station, Calif., Feb. 18, 2016.

# Military readiness vital to U.S. Mobility Forces

BY COL. ANTHONY BABCOCK  
62nd Maintenance Group

Our nation is a superpower because we can go wherever we need to, whenever we need to, for as long as we need to. Other nations may be able to launch a missile, sail a ship or deploy some small force to other parts of the world, but no other nation on Earth has Mobility Forces like ours.

Only our fleets of tankers and airlifters can deliver and sustain our nation's might, regardless of the distance, environment or circumstance. Often, we are the difference between hope and hopelessness.

Sometimes that might come in the form of combat forces, deployed to stop the actions of madmen. At other times it takes the shape of humanitarian supplies, rescue equipment and disaster relief workers running towards some of the worst situations imaginable — flooding, contagious disease or even nuclear accidents.

For some people, it is the start of an evacuation journey in the back of a large, loud gray aircraft to a place

where their families can be safer and perhaps have a chance at a better life.

No matter how our nation responds to the world's crises, the key to that response is you, the Airman who quietly and diligently does their part each and every day. Regardless of the responsibilities handed to you each day, what you do matters — because without you, our country could not be a force for good in the world.

When you keep yourself, your teammates and your unit ready, you keep your country safe by sustaining the ability of the mobility forces to project power around the globe.

Recently, readiness has meant additional training and qualifications for many of us. The conflicts we've been fighting haven't required us to be ready for things like chemical attacks or base defense, but there are nations prepared to make us use those skills in the future.

That is why, across our Air Force, we've been focusing on readiness skills, equipment and tactics. Here at JBLM, we've flown massive air-drop formations, loaded and maintained aircraft in chemical gear and prepared to take the fight to any enemy that foolishly chooses to test us.

We've demonstrated the

commitment and flexibility to be ready for any scenario. Our efforts have shown the world that our country cannot be threatened without great risk — and that has made many nations think twice about attacking us or our allies, knowing that they will not survive the fight.

In the future, many of us will be asked to deploy and fight. We will fight and win. There will be no chemical attack, no nuclear power capable of stopping us.

We will fight with pride and honor, confident in our teammates and our units. We will keep our country safe by taking the fight to our adversaries.

And when the fighting is over, and we have won, we will help those people to see the value of freedom, to have a chance at justice and liberty. We will continue to make the world a better place.

I am deeply grateful for each of you and all you do for this great nation. Some of you are at the beginning of your military careers, and others are serving again as civilian members of our Air Force.

Because of your service, our families and our fellow citizens have the opportunity to live in one of the greatest countries the world has ever known. Thank you for being the ready force our nation needs.

## CHAPEL SERVICES

### CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel  
Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)  
Sunday, 9 a.m. — Lewis Main Chapel  
Sunday, 9 a.m. — Madigan Chapel  
Sunday, 10 a.m. — McChord Chapel No. 2  
Sunday, noon — Lewis Main Chapel  
Sunday, 5 p.m. — Lewis Main Chapel  
Weekdays, noon — Lewis North Chapel  
Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125  
1st Friday, noon — McChord Chapel No. 2

### PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers' Chapel  
8:30 a.m. — Traditional — McChord Chapel No. 1  
10 a.m. — Contemporary — Four Chaplains Memorial Chapel  
10:30 a.m. — Collective — Lewis Main Chapel  
10:30 a.m. — Collective — Madigan Chapel  
10:30 a.m. — Contemporary — Evergreen Chapel  
11 a.m. — Contemporary — McChord Chapel Support Center  
11 a.m. — Gospel — Lewis North Chapel

### DIVERSE WORSHIP

**Jewish**  
Friday, 7 p.m. — Lewis Main Chapel  
**Islamic**  
Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125  
**Buddhist**  
Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959  
**Pagan/Wiccan**  
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

## JBLM SNAPSHOT



U.S. Army Photo

1st Brigade, 4th Infantry Division Soldiers drive a light tactical all-terrain vehicle off a CH-47 Chinook from 4th Combat Aviation Brigade during rapid delivery system training with 1st Special Forces Group (Airborne) personnel from Joint Base Lewis-McChord at U.S. Army Fort Carson March 15.

## THIS WEEK IN HISTORY

**March 23, 1806:** Lewis and Clark depart Fort Clatsop.

**March 24, 1958:** Elvis Presley is inducted into the U.S. Army.

**March 25, 1911:** Fire kills 145 at Triangle Shirtwaist factory.

**March 26, 1872:** Deadly earthquake hits California.

**March 27, 1905:** Fingerprint evidence is used to solve a British murder case.

**March 28, 1979:** Nuclear accident at Three Mile Island.

**March 29, 1929:** Herbert Hoover has telephone installed in Oval Office.

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**MARCH 27**  
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Wednesday  
**MARCH 28**  
4:00pm to 7:00pm

**Garfield Book Company Community Room**  
208 Garfield Street S #101 | Tacoma, WA 98444  
(Parkland/PLU area, just west of Pacific Avenue S)  
Served by Routes 1, 45 & 55

Thursday  
**MARCH 29**  
4:00pm to 7:00pm

**UW Tacoma – William W. Phillip Hall  
Jane Thompson Russell Student Commons –  
Room WPH 101A**  
1918 Pacific Avenue | Tacoma, WA 98402  
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# Education

CLOVER PARK SCHOOL DISTRICT

## STEM Fair makes many proud

BY RUTH KINGSLAND  
*Northwest Guardian*

LAKEWOOD — Tye Park Elementary School fifth-grader Evelyn Zeigler got surprising results when she tested balloons filled with various temperatures of water and yeast to see which balloons would rise the highest. The 11-year-old created the test and display board as one of hundreds of kindergarten through 12th grade students exhibiting during Clover Park School District's annual Science Technology Engineering and Mathematics Fair at Harrison Preparatory School March 10.

"Let me explain," Evelyn said, after sharing her amazement that refrigerated water beat hot water in her experiments.

"The cold water had to heat up to room temperature, so it kept rising," she said. "But the hot water went up fast — and because it began to lower its temperature to room temperature, it had no where to go, so it started to deflate."

Alexandrea Rood, 11, a student at Lakewood's Dower Elementary School, also enjoyed sharing her scientific findings at the STEM Fair.

Alexandrea's dad, Charles Rood, watched proudly as she explained that although the traditional baking soda version of the slimy substance, called Slime, was elastic and fun to play with, an alternate shaving cream version was sticky and not much fun.

"I watched a lot of Slime



RUTH KINGSLAND Northwest Guardian

videos (on YouTube), but baking soda makes the best Slime," she said.

Although the traditional science exhibit portion of the STEM Fair drew crowds, what took place in the school's gymnasium was the rowdiest side of the event.

There, the district's first grade level challenges took place, pitting kindergartners through fifth-graders in grade-specific activities of skill, dexterity, scientific thought-process and teamwork.

"The classes did a great job of incorporating the engineer design process," said Don Pruett, Clover Parks Schools' supervisor of

science curriculum, as he walked past the kindergarten challenge where each team designed and created a spaghetti and marshmallow tower.

"It's hard, but you do it like this," said 6-year-old Kira Sliwoski, a Carter Lake Elementary School kindergartener, as she and her classmates, J'den Reyes and Dante Magoon Barker, gingerly connected small marshmallows to the ends of uncooked noodles, forming a tepee on the table.

Kira's parents, Master Sgt. Rick Sliwoski, 62nd Aircraft Maintenance Squadron, and Master Sgt. Jessica Sliwoski, 446th Maintenance Group, laughed as they enjoyed their daughter's

interaction with her male teammates.

"She's never done a science fair before, but she's used to being bossy," Kira's mom said.

Tech Sergeant Jesse Reyes, 627th Security Forces Squadron, watched as his son, J'den designed the tower on paper before the three moved on to the construction phase.

The children practiced the activity a few times at school during the elimination process to select contestants for the STEM event, according to their teacher, Savannah Taylor. She said the kids were learning some engineering skills, but the most important lesson was collaboration

and teamwork.

"These are great kids, but all my students are great," Taylor said.

She sat with Dante's mom, Victoria Magoon Barker, in the bleachers as they watched and cheered on the students.

"Mommy what do I do?" Dante asked, covering his eyes, as the top of the tower inverted down into the tepee.

"It's still standing," J'den said, as his group's project wobbled.

Over in the third grade section, 9-year-olds Maverick Sanchez and Logan Metzler from Meriwether Elementary School worked on an electromagnetic challenge to move washers and drop them in a cup. The team with the most washers in its cup won the challenge.

Maverick and Logan weren't able to get any washers in their cup; however, they still enjoyed the project. They were cheered on by their parents: Maelisa and Sgt. Matthew Sanchez, Alpha Company, Madigan Army Medical Center; and, Karri and Capt. Adam Metzler, 56th Multifunctional Medical Battalion, 62nd Medical Brigade; and Logan's siblings, Ivy, 10, and Tyler, 4.

Logan's 5-year-old brother Colby also was selected for the competition in the first grade category. He spent the morning with his teammates making a straw tower.

"It's OK if they didn't win," Maelisa Sanchez said. "It was a great experience, and they still made us very proud."

EDUCATION CAREERS

## Clover Park schools bring jobs to JBLM

BY RUTH KINGSLAND  
*Northwest Guardian*

A steady stream of hopeful, potential employees made their way through the Clover Park School District's Job Fair at Rainier Elementary School on Lewis Main Saturday, checking out the many open positions, applying for some and learning about others.

This was the first time the district has hosted a Job Fair on the installation. Prior events took place at the district office in Lakewood.

Although fewer than two dozen people attended the two-hour event, testing the waters by bringing the event to Joint Base Lewis-McChord yielded positive results, according to Lori Lienes, recruitment coordinator for CPSD.

"We had several people complete applications while at the Job Fair and it was a very positive and good event," Lienes said.

She expects to host a similar activity on the installation in the fall, if not sooner.

Tables were set up in the Rainier Elementary gymnasium with representatives from several departments with open positions, such as substitute teachers, bus drivers, maintenance and special education. A section with computers also was available for job



RUTH KINGSLAND Northwest Guardian

Jennifer Crouch applies for a food service job during a Clover Park School District Job Fair at Rainier Elementary School Saturday.

seekers to apply online.

Trang Tran, a childcare worker at Hillside Youth Center on Lewis Main, said she's hoping to get a job working with special needs children.

She and her husband, Spc. Binh Huynh, 864th Engineer Battalion, 555th Engineer Brigade, attended the event together. Huynh is transitioning out of the military in a few months.

The couple, who are originally from Vietnam but met while college students in San Francisco, have been married one year and

plan to stay in the Pacific Northwest.

Tran has a bachelor of science degree from San Francisco State University.

Huynh and Tran both speak English and Vietnamese. Huynh said he's hoping to get a job as an interpreter or other bilingual position.

He's currently working on earning a Microsoft certificate through Saint Martin's University, but he's open to several career options.

"If I see something I like, I may

apply," he said, as he and his wife stopped at various tables at the event.

Army spouse Jennifer Crouch spent some time filling out job applications. She's hoping to procure a food service worker job.

Crouch grew up in Germany as the daughter of a now-retired Army pilot, but she loves raising her family in the Northwest, she said.

She and her husband, Spc. Patrick Crouch, 1st Battalion, 23rd Infantry Regiment, 1st Brigade, 2nd Infantry Division, have four children in Clover Park Schools. Shiloh, 14, and Caleb, 11, are both students at Woodbrook Middle School, in Lakewood. Micah, 7, and Mia, 5, are both at Evergreen Elementary School on Lewis Main.

Jennifer Crouch said she'd like a job at Evergreen Elementary, but she's willing to take a job at another school.

"My son sees other parents working at his school and always tells me I should work (at Evergreen)," Crouch said. "I love to cook and I have a lot of energy, so I know I'd be a good food service worker."

Gina Peebles, spouse of Staff Sgt. Micheal Peebles, 8th Squadron, 1st Cavalry Regiment, 2nd Brigade, 2nd Infantry Division,

also is looking for a district job. She is originally from Eugene, Ore., and has two children: Schehl, 13, a student at Mann Middle School in Lakewood; and Levi, 10, a student at Meriwether Elementary School on Lewis Main.

Peebles said her parents are retired teachers, and she'd like to carry on the family tradition of educating young people.

She recently earned her bachelor of arts degree in psychology from the online Grand Canyon University and is about to begin working on a master's degree.

"I'm looking for a part time substitute teaching position, because I'd like to get some classroom experience under my belt," she said, adding she hopes to become a middle school or high school math and science teacher.

"Peebles, oh I've talked with you before," said Jody Pope, lead worker with student nutrition at CPSD. "It's good to put a face with a name."

She offered Peebles some advice:

"Make sure and put down some volunteer references, if it's been a long time since you've had a work supervisor," she said. "You want your resume to look as good as it can."

SUMMER YOUTH VOLUNTEER PROGRAM

## American Red Cross offers summer youth volunteer jobs

BY RUTH KINGSLAND  
*Northwest Guardian*

Young people interested in an opportunity to volunteer at Madigan Army Medical Center through the American Red Cross' Summer Youth Volunteer Program won't have a chance to get bored during their school vacation, and they might just come away with more direction and focus for their future.

The Red Cross on Joint Base Lewis-McChord offers an opportunity for youths ages 14 to 17 to explore and enjoy involvement in the medical community during the eight-week volunteer program.

Applications for the program will be accepted April 1 to May 1. Priority will be given to children of active-duty service members, retirees and veterans. Based on space in the program, children of civilians and others with base access also will be considered.

Last year, 20 young people participated in the program. Sarah Jacob, regional program

specialist for the American Red Cross' service to the Armed Forces Northwest Region, said she's hoping for 30 volunteers this year.

"It's a wonderful opportunity for kids to volunteer in an environment that's usually just open to (adult) volunteers," said Jacob, who is in charge of the Summer Youth Volunteer Program at JBLM.

For Tillicum High School seniors, Isabella Milanio and Cordell Johnson, the past three summers of volunteering in the radiology department at Madigan have been an awesome experience, both said.

The two 17 year olds live in DuPont and have been friends since middle school, Milanio said.

Both are military kids, and both have moms who work as health information managers at Madigan. Cordell is the son of Latosha and Warrant Officer 3 Corey Johnson, senior food adviser with Headquarters and



Courtesy Photo

Headquarters Company, 7th Infantry Division. Isabella's parents are Se and Edwin Milanio. Her father is an Army veteran.

Although the two young people are charting separate courses for college and careers, both said they enjoyed and learned a lot from volunteering at Madigan.

Johnson is a tuba player with the Tacoma Youth Symphony and plans to study media arts

and music performance at a college in Texas. Milanio has been accepted as a bio chemistry major at the University of Washington, in Seattle, and plans to pursue a career in medicine.

"I like doing Excel spreadsheets and inventory, so working in an administrative role was perfect for me," Johnson said.

In addition to volunteering three days a week at the hospital for three summers, Johnson

Tillicum High School seniors Isabella Milanio, left, and Cordell Johnson served as Red Cross volunteers in the radiology department at Madigan Army Medical Center the past three summers.

earns his spending money as a math tutor.

As for Milanio, shadowing the residents at Madigan was the highlight of her summers.

"I took the opportunity to talk with the residents, and it was nice exploring patient care," she said.

Although student volunteers aren't able to be in direct contact with the patients, Milanio and Johnson were allowed to watch various procedures through viewing rooms.

"I'm not sure yet what branch of medicine I want to go into, but being part of the Red Cross Summer Youth Volunteer Program was an exceptional opportunity," Milanio said. "It was the people who made it so great."

Johnson agreed. "The summer was filled with good people who made it a positive experience," he said. "That's why we kept coming back to do it again each summer."

For more information, visit: facebook.com/JBLMRedCross.

# Community Ledger

## ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to [nwgeditor@nwguardian.com](mailto:nwgeditor@nwguardian.com). Announcements can be viewed online at [nwguardian.com](http://nwguardian.com). The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



## SNAPSHOT

### Always training

Tigersharks from 1st Attack Reconnaissance Battalion, 229th Aviation Regiment, 16th Combat Aviation Brigade, head to Yakima Training Center to shoot gunnery Sunday.

STAFF SGT. JULIAN THOMMES  
U.S. Army Photo

## LET'S HEAR IT

What do you want to know in 2018? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

## SCHEDULED HOLIDAYS AND FAMILY DAYS

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

March 30 - Army DONSA  
April 2 - Army DONSA  
May 25 - Army DONSA  
May 28 - Memorial Day  
June 14 - Army DONSA  
June 15 - Army DONSA  
July 4 - Independence Day  
July 5 - Army DONSA

## MARCH MADNESS READING MANIA

Prereaders, early readers and chapter readers, stop by Book Patch Library this month to check out some crazy-cool books. Every time you check out books, you'll be entered into a weekly raffle. Prereaders and early readers need to check out 10 books or more and chapter readers three books or more. Two winners will be notified each Friday in March. Grandstaff and Book Patch libraries are at 2109 N. 10th Street on Pendleton Avenue on Lewis Main. For more information, call 253-967-5889.

## SIGN YOUTH UP FOR FREE KIDS' KRAFT

Your child can bring home a poetic word art project made at the Arts and Crafts Center's Kids' Kraft Friday from 3:30 to 5 p.m. Limited seating is available; students must preregister. The Arts and Crafts Center is located at 1121 Barnes Blvd. on McChord Field. For more information, call 253-982-6721/6718.

## ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit [jblmafcscheckappointments.com](http://jblmafcscheckappointments.com).

## BRING THE FAMILY TO FREE EASTER DASH

Everyone at Joint Base Lewis-McChord is invited to attend the annual Easter Dash, a free egg hunt at Cowan Stadium scheduled for March 31. Bring your own baskets for each child. Also look for a surprise visit from the Easter bunny. Special needs youth with parents can collect eggs at noon. Children ages 3 and younger can collect eggs at 12:30 p.m., ages 4 to 7 at 1 p.m. and ages 8 to 12 at 1:30 p.m. All youth will receive a free goody bag. Cowan Stadium is located at 2170 Bitar Ave. at 12th Street on Lewis Main.

## JBLM VOLUNTEER FAIR SET FOR APRIL 4

Attend the JBLM Volunteer Fair April 4 from 9 a.m. to noon at the Club at McChord Field, 700 Barnes Blvd., and meet organizations who have volunteer opportunities available on JBLM. For more information visit [jblm-volunteer-fair-2018.eventbrite.com](http://jblm-volunteer-fair-2018.eventbrite.com) or call 253-967-2324. Registration is not required.

## BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on Lewis Main. Two copies of commander-signed memorandums are required for admittance to the class. Next class is scheduled for April 4. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

## ENJOY FREE KIDS' FEST SET FOR APRIL 5

JBLM's Kids' Fest kicks off the celebration of Month of the Military Child April 5 from 1 to 4:30 p.m. at Family and Morale, Welfare and Recreation's Fest Tent and Bowl Arena Lanes at Lewis Main. Enjoy hands-on activities, exhibits, displays, interactive games, free bowling and entertainment. The Fest Tent is located next to Bowl Arena Lanes at 2200 Liggett Ave.

## RHC-P PROFESSIONAL DEVELOPMENT APRIL 9

Regional Health Command-Pacific invites the Joint Base Lewis-McChord medical community to attend a professional development session April 9 from 1 to 5:30 p.m. at American Lake Conference Center. Featured speakers are John Nance, author of "Why Hospitals Should Fly," and Kathleen Bartholomew. The topic of their presentation is, "What now? A dynamic and cutting-edge program for healthcare leaders and physicians." Materials for the session (optional/not required) may be purchased at the following link: <http://store.sec->

[ondriverhealthcare.com](http://ondriverhealthcare.com). Select the title, "Why Hospital's Should Fly." To preregister, call 253-967-8027.

## SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the second Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is set for April 12.

## JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation April 17 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit [jblmafcscheckappointments.com](http://jblmafcscheckappointments.com).

## RESERVE SPOTS FOR PARENT-SON DANCE

Enjoy a fun-filled evening at the Club at McChord Field's Parent-Son Dance May 4 from 6 to 9 p.m. with appetizers, cake, punch, coffee, tea and DJ dancing. Reservations and prepayment are required; the cost is \$20 per pair and \$8 per additional son. For reservations, call 253-982-5581/0718. Payment is

required prior to the event; no walk-ins allowed at the door.

## RESERVE TENTS, CABIN RENTALS ONLINE

Warm weather is on the way. Want to make reservations for tent camping, the travel camp or cabins at Lewis North? Reserve your place now at [JBLMmwr.Registration.com](http://JBLMmwr.Registration.com). Here's how:

- Sign in or create an account, if you don't have one yet.
- Click on Outdoor Recreation under Family and MWR programs.
- Click on Northwest Adventure Center on Lewis North, then click which type of reservation you'd like to make — tent camping, travel camps or cabins — and follow the instructions at each window or field.

For more information, call 253-967-7744. Make your reservations for McChord Field's Holiday Park by phone or in person. For more information, call 253-982-2206.

## SOS MOVES OFFICE TO WALLER HALL

Survivor Outreach Services moved from its former location to Waller Hall, 2140 Liggett Ave. It is now collocated with other support services in Waller Hall to better serve all Gold Star families. Check out the new space near Official Travel. SOS is committed to serving families of the fallen. When you call, you will be connected to a dedicated person who will guide you through available agencies and help you get the benefits and support you need. Save the date for an open house May 1. For more information, call 1-866-963-2538 or visit [fb.com/SOS-WASState](http://fb.com/SOS-WASState).

## TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at [jblmunlimited.com](http://jblmunlimited.com) or on Facebook at [facebook.com/jblmunlimited](https://facebook.com/jblmunlimited).

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

**Hawk Job Fair** take place Mondays (except DONSA and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Walk-ins are welcome.

**Career Skills Program Briefings** take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business brief.

**Work of Honor Corporate Networking Workshop** Wednesday at 1 p.m. at the Hawk Transition Center, located at 11577 41st Division Drive. For more information, visit [tinyurl.com/yblu6rvp](http://tinyurl.com/yblu6rvp).

**Hire G.I. Job Fair** Wednesday from 11 a.m. to 1 p.m. at the Club at McChord Field and March 29 from 11 a.m. to 1 p.m. at American Lake Conference Center. Interview face to face with more than 20 companies seeking talented, experienced and enthusiastic candidates. Transitioning service members, veterans and family members are welcome. Upload your resume to [hiregi.com](http://hiregi.com).

**Lean 6 Sigma White Belt Workshops** Wednesday-Thursday from 11:30 a.m. to 2 p.m. at the Hawk Transition Center, Room 217, located at 11577 41st Division Drive. Gain a fundamental comprehension of the Lean Six Sigma outline involving process improvement, variability, process performance and the specific roles team members play. Attendees lend support as either a project leader or as a team member. For more information, call,

253-967-3258.

**Brown Bag Mini Job Fair** Wednesdays from 11:30 a.m. to 1:30 p.m. in Hawk Transition Center's lobby. Walk-ins are welcome. Employer registration is now required by emailing [shenathan.d.burton2.civ@mail.mil](mailto:shenathan.d.burton2.civ@mail.mil) and [mitchel.s.watson.civ@mail.mil](mailto:mitchel.s.watson.civ@mail.mil).

**Get job training with Microsoft Military Program** Staff from the Pierce County Public Library are at McChord and Grandstaff libraries the fourth Wednesday of each month at noon to explain the benefits of the Microsoft Military Program. Pierce County Library. Staff members are also available from 11 a.m. to noon and 12:30 to 1:30 p.m. to answer individual questions. Once you enroll in this free program, you can take Microsoft certification tests for the office specialist and technical assistant certifications. Tests are free, and study materials are available. For more information, email [mmp@pcls.us](mailto:mmp@pcls.us). Grandstaff and Book Patch libraries are at 2109 N. 10th Street on Pendleton Avenue at Lewis Main; 253-967-5889. McChord Library is at 851 Lincoln Blvd. at McChord Field; 253-982-3454.

**C2C presents Cleared Candidate IT Recruitment Event** Thursday from 11 a.m. to 2 p.m. at Hawk Transition Center's auditorium, located at 11577 41st Division Drive. Meet with recruiters from Amazon Web Services and POWTEC Solutions for opportunities in IT for secret and top secret clearance holders. Preregistration is encouraged but not required: [tinyurl.com/yas2qz9q](http://tinyurl.com/yas2qz9q).

For more information, email [mhelfgottwaters@thurston-chamber.com](mailto:mhelfgottwaters@thurston-chamber.com).

**USO presents FBI Jobs** Thursday from 10 a.m. to 2 p.m. at the Boys and Girls Club-Lakewood, located at 10402 Kline St. SW, Lakewood. Active duty, spouses, transitioning service members and veterans are welcome. Come and hear about FBI experiences and careers. Learn how you can be part of the FBI team as a special agent, intelligence analyst and other positions. For more information, visit [tinyurl.com/y8gct4sm](http://tinyurl.com/y8gct4sm).

**Worksource Pierce Weekly Meetings** Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. For more information, call 253-593-7300 or email [backtowork@workforce-central.org](mailto:backtowork@workforce-central.org).

**Camo2Commerce** has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: [camo2commerce.com/heroes](http://camo2commerce.com/heroes) or email [rob@pacmtn.org](mailto:rob@pacmtn.org).

**Spotlight Events and Employer Hiring** Check for

employer spotlight events on social media at [facebook.com/jblmunlimited](https://facebook.com/jblmunlimited) for more information. Sign up at [sfltap.army.mil](mailto:sfltap.army.mil) or with your SFL-TAP Center at 253-967-3258/5599.

## APPLICATION DEVELOPER IT SPECIALIST 4

Washington State Department of Ecology — Salary: \$58,284 to \$76,464 annually. The Air Quality program's IT and Telemetry Unit in the technical services section in Lacey is looking for a senior-level application software developer/programmer. In order to broaden the candidate pool, this recruitment is open at the in-training level for job seekers that qualify at the information technology specialist 3 level. The IT and Telemetry Unit encourages fully-qualified information technology specialist 4 with the latest technology skills to apply. For more information, visit [careers.wa.gov](http://careers.wa.gov).

## SENIOR ACCOUNTING MANAGER IN AUBURN

Aero Controls, Inc. — Salary: DOQ. The senior accounting manager is responsible for managing the accounting department and producing company financial statements. This includes supervising the accounting team of four accounts payable and receivable personnel engaged in general or specialized accounting functions ensuring that work is properly allocated and completed in a timely and accurate manner. For more information, visit [aerocontrols.com](http://aerocontrols.com).

Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without a car. For more information, call 253-966-3939 or visit [GOLewisMcChord.com](http://GOLewisMcChord.com).

## MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is designed to improve the process of securing available housing for relocating military families. Visit [ahrn.com](http://ahrn.com). Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information, visit [defensetravel.dod.mil](http://defensetravel.dod.mil). Defense Personal Property System is a centralized, integrated one-stop source for managing personal property moves. For more information, visit [move.mil](http://move.mil).

## JOIN THE MONTHLY SCRAPBOOKING CLUB

If you're into scrapbooking and want to socialize with others, check out this monthly club, located at 1121 Barnes Blvd. on McChord Field. For more information, call 253-982-6721/6718.

## GET CREATIVE AT ARTS AND CRAFTS CENTER

Relax, de-stress and learn a new skill at the Arts and Crafts Center on McChord Field. Scheduled classes include sculpture, painting, drawing, book binding, knitting, sewing, quilting, Zentangle, matting/framing and more creative ideas. For current class descriptions and schedules, visit [jblmmwr.com/arts\\_crafts](http://jblmmwr.com/arts_crafts). For more information, call 253-982-6723.

## SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications from Pierce County and the base. For more information, call 253-966-7526 or visit [tinyurl.com/gl5g3sq](http://tinyurl.com/gl5g3sq).

## JBLM FAMILY HOUSING FIRE SAFETY CLASS

New base housing residents are required to take a Family Housing Fire Safety class when they sign up for quarters at the Lewis-McChord Communities housing office. New residents will view a DVD at the housing office and digitally sign acknowledging viewing the presentation to ensure one-stop acceptance of quarters. For more information, call 253-966-7164.

## CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the base Energy Program has launched the Energy Waste Hotline. The primary objective of this hotline is to collect information about day-burners, incandescent bulbs, damaged fixtures, steam leaks and nonfunctional thermostats, etc. If you notice any opportunity to reduce energy waste, call or text 253-219-2394.

FROM PAGE 1A

## WOMEN

only has 40 female chaplains at any one time and four to five thousand male chaplains. It is particularly difficult for women to become ministers because many churches still believe that we should not preach or teach, be ordained, or endorsed.”

Hudson also talked about the difficulties of dealing with the cruelty of some male seminary students and dealing with churches not wanting to endorse or host her as a minister. Yet she persisted in her calling, and joined the Army to make sure that she could preach God’s word.

“Whether you are male or



SGT. JACOB KOHRS 17th Field Artillery Brigade

Command Sgt. Maj. Phelicea Redd speaks to service members during the Women’s History Month observance at French Theater Tuesday.

female, the Army tells us that we can face adversity with personal courage,” Hudson said. “It

may be a long, slow process of moving forward, but if our actions — even if they are not

popular — are correct and right, then we can be successful.”

Command Sergeant Major Phelicea Redd, the command sergeant major of 308th Brigade Support Battalion, 17th Field Artillery Brigade, also spoke at the event.

“We have trailblazers among us,” she said. “In the 17th Field Artillery Brigade and the Division Artillery, we have female (cannon crew members) and (multiple launch rocket system crew members), so we have witnessed firsthand the integration of females into the field artillery.”

Redd went on to speak about not setting a goal to be the first, but to focus on excelling at everything. She advised attendees when they reach the top, to turn around and teach others to

follow the path. Yet, while heading to the top, expect adversity and challenges.

Not all will excel, she said; some will break. How one reacts will determine far they will go.

“This event is about those of you here in the audience (who) will shape the military,” Redd said. “As a steward of this profession, it is about inspiring others, so that one day you can take my place.”

Even though this was a celebration of the women who broke through the glass ceiling, the final message is about one of the core Army values: personal courage, the guest speakers said.

“So I just want you to know,” Hudson said. “If you (hear one thing) from me today: you can do it! Whatever you want to do, you can make it happen.”

FROM PAGE 1A

## BEST

night land navigation — among other tasks.

Bennett said the competition is a way to check the skills Soldiers learn over time while exercising resiliency under stress.

“The Best Warrior Competition keeps Soldiers from being stagnant,” Bennett said.

“There’s multiple layers to it. It’s about having a physical and mental balance. You have to keep pushing beyond what’s comfortable and drive on.”

Staff Sergeant Matthew Gordon, a cavalry scout with the 2nd Battalion, 357th Regiment, and Staff Sgt. Colby Robertson, a multiple launch rocket system crew member with the 3rd Battalion, 358th Field Artillery Regiment, were also selected by their units to compete because of the leadership displayed in their careers.

“We take pride in what we do,” Gordon said. “This competition identifies those who want something to strive for and to excel and be above average.”

Robertson, who had just in-processed at JBLM a week prior to the competition, said events like the Best Warrior Competition develop well-rounded Soldiers.

“You have to be strong, smart and able to remain calm under pressure,” he said.

Over the multiple-day event, competitors said they had to switch back and forth between tasks of strength and tasks of military knowledge, as well as push through exhaustion and stress.

The 8-mile ruck march that began at 4 a.m. on the second day of the competition, for example, was an unknown distance to the competitors.

“The ruck march stands out to me, because we had to power through without knowing how long it was or where the turnaround point was,” Robertson said.

The medical lanes were also a challenge, he said.

Competitors performed medical aid in a chaotic environment with new complications constantly added to the scenario. They worked with a remote-controlled mannequin that could be made to bleed, move and appear to breathe.

In the urban orienteering task, competitors navigated to scattered stations to test their skills



SPC. ERICA EARL 5th Mobile Public Affairs Detachment

Sgt. 1st Class David Bennett, an infantryman with the 2nd Battalion, 358th Regiment, competes in the rifle marksmanship portion of the 189th Combined Arms Training Brigade’s Best Warrior Competition on Joint Base Lewis-McChord March 14.

not only in finding their way around, but also in weapons assembly, camouflage and radio operations.

The competition concluded with a board appearance.

Bennet is preparing to compete in similar tasks in the First Army Division West Best Warrior Competition Monday to March 30 at Fort Hood, Texas, where he will represent the 189th CAT Bde.

“It feels good to compete,” Bennet said. “It’s worth it, because it allows me to see where I’m at as a Soldier and what my strengths are. It also shows me I’m further along in some areas than I thought I was, and that I’m strong in areas that I thought I was not.”

The winner of the First Army Division West Best Warrior Competition will go on to compete in the First Army Best Warrior Competition at Fort Knox, Ky., for a chance to compete in the FORSCOM Best Warrior Competition at Fort Bragg, N.C.



ABOVE: Sgt. 1st Class David Bennett, an infantryman with 2nd Battalion, 358th Regiment, competes in the Counter Improvised Explosive Device portion of the 189th Combined Arms Training Brigade’s Best Warrior Competition at Joint Base Lewis-McChord March 15.

AT LEFT: Staff Sgt. Matthew Gordon, a cavalry scout with 2nd Battalion, 357th Regiment, competes in the obstacle course portion of the 189th Combined Arms Training Brigade’s Best Warrior Competition on Joint Base Lewis-McChord March 14.

Vietnam veterans who served on active duty between Nov. 1, 1955, and May 15, 1975 are eligible to receive a lapel pin at the Lewis Main or McChord Field exchanges.



CONNOR HAMMET Army and Air Force Exchange Service

FROM PAGE 1A

## PINS

Defense to commemorate the 50th anniversary of the Vietnam War. The U.S. began commemoration of the Vietnam War’s 50th anniversary in 2012 and will continue through Veterans Day 2025.

The exchange is a 50th Anniversary Vietnam War Commemorative Partner, planning and conducting events and activities that recognize Vietnam

veterans and their families for service, valor and sacrifice in conjunction with the commemoration.

“Too few of those who served during Vietnam received the homecoming their distinguished service deserved,” Einer said. “We are truly honored to be a part of this commemoration and to do our part to honor the distinguished service of our Vietnam veterans.”

Those who are unable to come to the Lewis or McChord exchanges for a lapel pin Thursday should visit vietnamwar

50th.com/events to find an upcoming event or find a Commemorative Partner in their area at vietnamwar50th.com/partners/partner\_map.

For those who still need assistance locating an opportunity to receive a lapel pin on behalf of a grateful nation, please contact the commemoration office at 877-387-9951 or whs.vnwar50th@mail.mil.

For more information, contact the Lewis Main Exchange at 253-964-3161 or the McChord Field Exchange at 253-582-3110.

FROM PAGE 1A

## BUDGET

lethal force as outlined in the National Defense Strategy.

“We must have predictable, adequate, sustained and timely funding. Fiscal uncertainty has done a great deal to erode our readiness and hamper our ability to modernize,” Army Secretary Mark Esper said.

Esper also pointed out the restrictions under the continuing

resolution, which limits the services’ ability to initiate new projects and increase the quantities of munitions, directly impacting the training and readiness of the force.

Continuing resolutions and budget uncertainty have hurt military readiness and wasted tax dollars, the officials said.

“About \$4 billion burned in a trash can,” said Navy Secretary Richard Spencer when describing what continuing resolutions have cost the Navy. “It is critical, absolutely critical, that we

get a continuous form of funding in order to manage the industrial base to put us back on a footing to be out there (protecting the seas).”

And the defense budget sequester “did more damage to the United States Air Force and our ability to defend the nation than anything our advisories have done in the last 10 years — we did it to ourselves,” Air Force Secretary Heather Wilson said.

“We cut 30,000 people out of the Air Force, reduced (the force) by 10 fighter squadrons,

and (reduced) weapons systems sustainment,” she added.

Problems with pilot retention can be tied directly back to sequester, Wilson said.

The Army is looking into a number of initiatives to save taxpayers’ money, Esper said. One initiative being discussed, he said, could save the Army more than \$1 billion annually by consolidating and rationalizing its contracting services.

The Navy secretary said he agreed with Esper’s philosophy on revising contracting rules. Changing the thought process

and attitudes on how DOD performs contracting services, Spencer said, can help with cost savings.

One cost-saving area the Air Force has identified is using artificial intelligence tools for intelligence, surveillance and reconnaissance analysis, Wilson said.

“Right now, we have a lot of intelligence analysis, a lot of people watching full-motion video. That’s not a good use of money, or time. And in that case, time is money,” she said.

# Sports

## ARMED FORCES BOWLING CHAMPIONSHIP

# Four JBLM bowlers invited to Army trials

## Qualifiers to compete at Armed Forces Bowling Championships

BY DEAN SIEMON  
*Northwest Guardian*

Four bowlers from Joint Base Lewis-McChord are going to the All-Army bowling trial camp April 10 to 13 in Fort Lee, Va., to earn spots on the Army Team for the 2018 Armed Forces Bowling Championships April 14 to 17: Staff Sgt. Christopher Heron, Staff Sgt. Chris Arterburn, Col. Elizabeth Delbridge-Keogh and Master Sgt. Robert Robinson.

Arterburn, of the 46th

Aviation Support Battalion, 16th Combat Aviation Brigade at Joint Base Lewis-McChord, said he has likely spent more time at the bowling alley than at home since he was eight years old growing up in Olympia.

By age 13, Arterburn was traveling up to the greater Seattle area for junior tournaments. Bowling became an intermittent activity after he joined the Army in 2010 at age 21. During the last eight years, he tried to form a packet for the All-Army team

trials for the Armed Forces Bowling Championships, but work priorities got in the way.

"Field experiences, school, deployments — they all seemed to line up in the first four months of the year," Arterburn said.

This year he saw his chance. With the help of Staff Sgt. Christopher Heron, of Headquarters and Headquarters Battalion, 17th Field Artillery Brigade, Arterburn was able to submit his packet and subsequently earn his invite to the All-Army bowling trial camp April 10 to 13 in Fort Lee, Va.



DEAN SIEMON Northwest Guardian

Col. Elizabeth Delbridge-Keogh, left, is scheduled to attend the All-Army bowling trial camp in Fort Lee, Va., April 10-13.

SEE BOWLING, 2B

## 2018 WARRIOR GAMES



SPC. NATHANAEL MERCADO 55th Combat Camera

Spc. Angela Euson, of the Warrior Transition Battalion, Joint Base Lewis-McChord, trains for the swimming event at Fort Bliss, Texas, Feb. 28.

# JBLM ATHLETES SHINE AT ARMY TEAM TRIALS

## Ten athletes combine for 41 medals at trials

BY DEAN SIEMON  
*Northwest Guardian*

Specialist Angela Euson of Joint Base Lewis-McChord's Warrior Transition Battalion returned to Washington state with seven gold medals from events in swimming and track and field earned during the 2018 Warrior Games Army Trials March 2 to 9 at Fort Bliss, Texas.

She did it even with a broken right wrist she suffered from a snowboarding accident two weeks before. Still, Euson's efforts were enough for her to be invited March 14 to Team Army for the Department of Defense's Warrior Games June 2 to 9 at the U.S. Air Force Academy near Colorado Springs, Colo.

"I couldn't believe it," Euson said. "I'm

SEE TRIALS, 2B



SPC. JOSEPH FRIEND 55th Combat Camera

Sgt. 1st Class James Shields, assigned to Madigan Army Medical Center, crosses the finish line at a cycling event during the Army Trials at Fort Bliss, Texas, March 4.

## ON THE SCHEDULE

### YOUTH SPRING SPORTS CAMPS REGISTRATION

**Youth:** Register now for spring break camps and clinics hosted by Child and Youth Services. Start Smart, CYS Soccer and Flag Football enrollments are open through Tuesday; camps are April 2-4. Cost is \$35 per youth in football and soccer, \$25 for Start Smart. First Tee Gold Camps 1 and 2, as well as the Lil' Drivers enrollments are open through April 25. Register online at [jblmcsregistration.com](http://jblmcsregistration.com). For more information, call 253-967-2405.

### INTRAMURAL BASKETBALL MEETINGS THIS WEEK

**Intramurals:** Joint Base Lewis-McChord's Commander's Cup basketball representative meetings are Wednesday at noon at the Nelson Recreation Center and Thursday at noon at the McChord Fitness Center. League play will tip off April 17 with a championship tourney June 4-7. League is open to active-duty service members on JBLM. For more information, call 253-967-1195 or visit [jblmmwr.com/intramural](http://jblmmwr.com/intramural).

### WOMEN'S BASKETBALL LEAGUE MEETING THURSDAY

**Intramurals:** Joint Base Lewis-McChord's open women's basketball league starts April 7 at the McChord Field Fitness Center, with a league tournament May 19-20. Information meeting is Thursday at 6 p.m. at the Nelson Recreation Center. Registration cost is \$20 per player. Open to all JBLM community ID cardholders ages 18 and older. For more information, call 253-967-1195 or visit [jblmmwr.com/intramural](http://jblmmwr.com/intramural).

### ARMED FORCES KIDS' RUN SIGN-UP OPEN

**Youth:** The 2018 Armed Forces Kids' Run sign-up period is open through March 31. Registration forms and drop-off boxes are available at Joint Base Lewis-McChord's Child and Youth Services Sports and at both commissary locations. The run is April 14 at 9 a.m. at Cowan Stadium on Lewis Main. Day-of registration opens at 8 a.m.

### JBLM LIFEGUARD TRAINING SCHEDULED FOR APRIL 2-6

**Aquatics:** Aquatics staff is offering an American Red Cross Blended Learning lifeguard certification course April 2-6 at Keeler Pool, 9993 Garfield St. Students must be age 15 and pass a pretest that includes a 300-yard swim, a two-minute tread and underwater retrieval. Schedule a pretest at Kimbro Pool at McVeigh Sports and Fitness Center: 253-967-5026.

## FORT BRAGG COMBATIVES TOURNAMENT

# Soldier's passion for combatives keeps him ready to fight

BY STAFF SGT. SAMUEL NORTHRUP

*1st Brigade, 2nd Infantry Division*  
Private Todd Bevan has been fascinated with combatives and physical fitness for years.

Before joining the Army, he was a Brazilian jiu-jitsu and CrossFit instructor at a gym in Ohio. As soon as he took leave after basic training, he was on the mat back home to hone his skills.

"It's not that I have to go to the gym; I want to go to

the gym," said Bevan, a Bridgeport, Ohio, native. "I want to be on the mats as much as possible."

Hand-to-hand fighting is one of the highest levels of human competition, Bevan said. It infers status as an individual; there is no coming back from losing a fight.

Shortly after arriving to 1st Battalion, 23rd Infantry Regiment, 1st Brigade, 2nd Infantry Division in January 2018, Bevan was selected by his first sergeant

to compete in the brigade-level combatives tournament that took place Jan. 18.

"It was my first day in the unit," Bevan said. "People were pumped up in a fight atmosphere. I was in bliss and felt right at home."

For Bevan, combatives is what he calls kinetic chess. It is about positioning the body to do the most damage to the opponent while receiving the least amount



SGT. CHRISTOPHER GALLAGHER 82nd Airborne Division

Pvt. Todd Bevan, right, competes at the 2018 Fort Bragg Combatives Tournament at the Ritz-Epps Physical Fitness Center March 2.

SEE SOLDIER, 2B

FROM PAGE 1B

## BOWLING

The top four males and females will represent the Army in the Armed Forces Bowling Championship April 14 to 17.

"I got the text earlier this week while I was in the field, and it made my whole field experience a lot better," Arterburn said.

He joins three other JBLM bowlers who received invitations to try out for the All-Army team: Delbridge-Keogh and Robinson, both of Headquarters and Headquarters Company, 593rd Expeditionary Sustainment Command, as well as Heron.

Heron competed last year as the Army men finished third out of the four teams. Navy won in the men's championship, followed by Air Force and Marine Corps in fourth.

He started bowling for fun with family and friends at age 15, but stopped for about 10 years after joining the Army,



DEAN SIEMON Northwest Guardian

Staff Sgt. Christopher Heron, left, Staff Sgt. Chris Arterburn, middle, and Col. Elizabeth Delbridge-Keogh, talk about the upcoming Armed Forces Bowling Championship before a league night at Bowl Arena Lanes on Lewis Main March 16.

picking it up again in 2008. Last year was Heron's first appearance at the Armed Forces Bowling Championships.

He said he was nervous at first, not because of the

competition, but because of the camaraderie established by regulars who attend the tournament year after year.

"They have these bonds and friendships, and I'm the new

guy," Heron said. "But it actually wasn't hard to fit in. I knew two or three of them (before-hand). The nerves went away really fast."

Delbridge-Keogh agreed with that sentiment. She has participated in the All-Army trial camp in 2015 and 2017, just missing out on making the Army team; although she was added to the Marine Corps' team in 2017.

She said it can be helpful to see familiar faces not only from military tournaments every year, but in recreational leagues like the Friday Night Moonlighters league at Bowl Arena Lanes on Lewis Main.

"Yes it's a competition, and we're struggling to be in the top four at the end of the day, but it's a camaraderie," Delbridge-Keogh said. "It's really nice to have the same friends and family; I consider it family there every year."

The trials scheduled for April 10-13 will require each bowler to throw a total of 36 games over two days. After that, the teams are formed, and the eight total

bowlers for each service team compete in singles, doubles, mixed doubles and an overall team event.

"Bowling is really 90 percent mental and 10 percent physical," Delbridge-Keogh said. "For All-Army, it can be a little bit more than 10 percent physical. It's hard to throw 36 games and then go right into another tournament."

Robinson said with a laugh that he should have been doing push-ups and becoming familiar with energy drinks going into the trial's workload. With 30 years of bowling experience under his belt, he's looking forward to his first trip to the All-Army trial camp and, hopefully, his first run in the Armed Forces Bowling Championships.

"To go to the trials is a big deal, but to be selected to represent the Army and play against (the other service teams) would be doggone nice," Robinson said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B

## TRIALS

still super excited. I love competing, so this is exactly what I want to do."

Although she will hope to be healed in time for the Warrior Games, the wrist injury did force Euson to make a change for field events like the discus and shot put. Coaches helped her learn how to throw with her left hand instead of her dominant right hand.

Despite her throwing feeling a little unnatural, Euson still registered a throw of 15.05 meters for discus gold and then a throw of 6.75 meters to earn gold in the shot put.

"I didn't think I would throw anywhere near where I did," she said.

Euson wore a cast protector on during swimming events, but a leak formed. Luckily, she was able to procure a waterproof cast.

She took gold in her division in four swimming events: the 50-meter freestyle (39.33 seconds), the 100-meter freestyle (1:35.42), 50-meter backstroke (45.77) and the 50-meter breaststroke (1:02.09).

"It was like a fin," Euson said. "The wrist was straight (during strokes), so I cut into the water. It just felt like it was dragged a little."

Euson, who entered the JBLM WTB last August due to an eating disorder, rounded out her gold collection in the female 100-meter dash with a time of 17.45 seconds.

Another JBLM athlete who was very busy during the Army Trials was Sgt. 1st Class Heather Moran, now an Army reserve medical readiness noncommissioned officer for the 364th Expeditionary Sustainment Command in Marysville, Wash. Moran competed in every event except archery and powerlifting.

Having entered adaptive sports after knee reconstruction placed her in the JBLM WTB last spring, Moran returned to the Army Trials to earn a total of nine medals — two gold medals in her division of shot put (25.43 meters) and discus (7.07 meters), as well as a gold in her division's 100-meter dash (19.72 seconds).

Moran's discus was three meters better than her throw in last year's Department of Defense Warrior Games. She credits the improvement to a year's worth of physical therapy and training.

"Now I have to see if I can push it another one or two (meters) before the games," Moran said.

She also took silver in the women's recumbent open cycling event with a time of 28:41 and silver in shooting's air rifle prone competition with a score of 384.7, defeated by fellow JBLM Soldier



SPC. NATHANAEI MERCADO 55th Combat Camera

Sgt. 1st Class Heather Moran, assigned to the 364th Expeditionary Sustainment Command in Marysville, Wash., competes in the shot put field event at Fort Bliss, Texas, March 6.



MARCY SANCHEZ Regional Health Command-Central

Staff Sgt. Felix Correa, of Joint Base Lewis-McChord, attempts a lift during powerlifting training for one of two inaugural competitions at the 2018 Army Trials at Fort Bliss, Texas.

Staff Sgt. Felix Correa.

Moran earned silver in rowing, a silver and two bronze in swimming.

Moran also received her invitation to Team Army and will return to the Warrior Games competition for the second con-

secutive year. She said recalling the phone call where she heard the news gave her a smile on her face, along with goosebumps.

"Even though we're wounded or ill or injured, this is an Olympic level (competition)," Moran said. "It is goosebump-producing, exciting, empowering, and it reinforces my words to my children that there isn't anything you can't do."

An additional eight athletes from JBLM brought home medals:

- Capt. Stephen Levit - Three gold in track, two silver in field.
- Sgt. 1st Class James Shields - Three gold in swimming, one silver, one bronze in cycling.
- Spc. Nick Cathcart - One silver in field, one bronze in powerlifting, one bronze in swimming.
- Staff Sgt. Felix Correa - One gold in shooting, two silver in swimming.
- Sgt. 1st Class Daniel Foiles - Two gold in field, one gold in powerlifting.
- Sgt. Katherine Morrin - One gold, one silver in field, one silver in powerlifting.
- Sgt. Chistian Rennie - Two gold in cycling.
- Sgt. Steven Wurth - One silver in cycling.

Along with Euson and Moran, Shields, Foiles and Wurth were also selected for the Army Team to compete against wounded warriors from the Air Force, Navy, Marine Corps and Coast Guard.

FROM PAGE 1B

## SOLDIER

of damage, he said.

A fighter must train and know what he is going to do, especially with the jiu-jitsu, Bevan said. A fighter has to stay one step ahead.

"That is how I was able to finish the guy in the finals," Bevan said. "I knew where that

fight was going before my opponent did. As soon as we hit the floor, I knew I had him."

During the Annual Fort Bragg Combatives Tournament that took place Feb. 28 to March 3 at Fort Bragg, N.C., Bevan initially won first place in the Light Heavyweight class. He placed third in the same weight class March 3.

"I believe combatives goes hand-in-hand with readiness,"

Bevan said. "It is all about building that warrior culture and warrior mindset. It is one of fight or flight. You don't know how you are going to react until you receive that first shot in the face."

Bevan said he plans to continue pursuing his passion for martial arts. He sees himself becoming a combatives instructor in the Army and eventually going back to teaching jiu-jitsu when he retires.



SGT. CHRISTOPHER GALLAGHER U.S. Army Photo

Pvt. Todd Bevan, right, competes during round two of the 2018 Fort Bragg Combatives Tournament March 2.



**MARCH 31**

# Easter DASH

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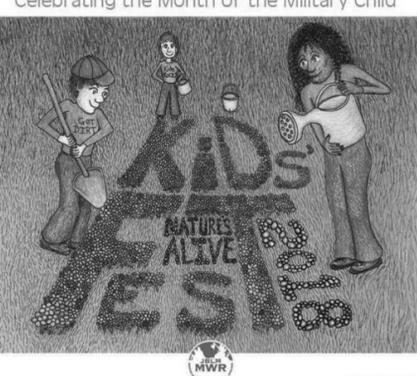
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Sunday, April 1  
 The Club at McChord Field

Seatings at 10 a.m., noon & 2 p.m.  
 \$28.95 Ages 13 & older, \$14.95 Ages 4-12,  
 Ages 3 & younger eat free.

Club members get a \$2 discount  
 Reservations required  
 Call 253-982-5581

Celebrating the Month of the Military Child



## KIDS FESTO

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Tickets: **\$15/couple**  
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[JBLMmwrRegistration.com](http://JBLMmwrRegistration.com)

Ages 18 & up

Food, beer and wine available for purchase.

CIRQUE STYLE ACROBATS DUO ENCHANTMENT  
 CONTORTIONIST ANNA BROWN

**FRIDAY, MARCH 23**

# TRIVIA NIGHT

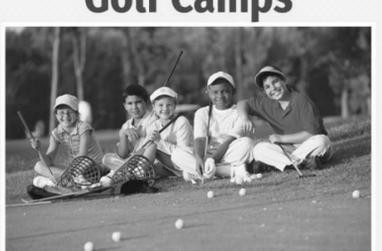
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Camp 2 for ages 7-18:  
 Thursdays at Whispering Firs, April 26-May 31  
 4:15-5:45 p.m. | \$35

Lil' Drivers for ages 5-6:  
 Thursdays at Eagles Pride, April 26-May 31  
 4:15-5:15 p.m. | \$25

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**9AM-1PM**

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 For details, email [speialevents@JBLMmwr.com](mailto:speialevents@JBLMmwr.com).

You must be an authorized ID cardholder to sell.

Joint Base Lewis-McChord

## OPEN FLAG FOOTBALL



Rep Meeting:  
 March 29 at 6 p.m.  
 Nelson Recreation Center  
 3168 2nd Div. Dr., Lewis Main

Registration:  
 \$300 per team

League Play:  
 April 14

League Tournament:  
 May 22-24

Players without teams encouraged to attend coaches meeting for team placement

For more information visit [JBLMmwr.com/intramural](http://JBLMmwr.com/intramural) or contact the Intramural sports office at 253-967-1195.

Open to JBLM community ID cardholders ages 18+

12th Annual

## NW Military Masters Bowling Tournament

Saturday, April 21

Check-in: 9 a.m.  
 Practice: 9:30 a.m.  
 Qualifying: 10 a.m.

Entry: \$100 Cash

1st place prize: \$1,000  
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JOINT BASE LEWIS-McCHORD

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REP MEETING:  
 March 28 at noon  
 Nelson Rec Center  
 March 29 at noon  
 McChord Fitness Center

League Play:  
 April 17

CC Championship:  
 June 4-7

For more information visit [JBLMmwr.com/intramural](http://JBLMmwr.com/intramural) or contact the Intramural Sports Office at 253-967-1195

Open to active duty service members attached to JBLM only

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 \$7 ENTRY FEE

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or  **/JBLMSportsFitnessAquatics**

## JBLM BODYBUILDING CHAMPIONSHIP

**Awards:** Trophies will be awarded to the top three finishers in each division. Overall winners' trophies will be awarded to the top male and female contestants. Female and male Best Poser plaques will also be awarded.

### JOINT BASE LEWIS-McCHORD BODYBUILDING CHAMPIONSHIP ENTRY FORM

**Check-in Time:** All competitors must check-in no later than 8:30 am for weigh-in. There will be a contestants briefing at 8:45 am. Prejudging will begin at 9 am. Evening show will begin at 5 pm.

**Music:** Contestants will not be permitted to use music during the prejudging. Music for the evening show must be provided by contestants on their own CD. CDs must be labeled and submitted at check-in time. Each competitor will have 60 seconds during the evening show. Your music must be 60 seconds in length. It is your responsibility to ensure your music is correct. Label your CD in large letters showing your full name and division.

Fill out, enclose \$25 entry fee and return no later than 5 p.m. on July 27, 2018 to Soldiers Field House, Bldg 3236 2nd Division & Handrich, Joint Base Lewis-McChord, WA 98433.

For more information call (253) 967-5776.

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Phone Number (Work): \_\_\_\_\_ (Home): \_\_\_\_\_

Military Unit (when applicable): \_\_\_\_\_

Division (please check one - no crossovers): \_\_\_\_\_ Height: \_\_\_\_\_ Age: \_\_\_\_\_

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 Figure

**Men's:**

- Physique  
 Classic Physique

**Men's Bodybuilding:**

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 Heavyweight (187.25 & over)

**Women's Physique:**

- Lightweight (125 & under)  
 Middleweight (over 125 to 140)  
 Heavyweight (over 140)

Introduction information (hobbies, sports, profession, etc) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Nelson Recreation Center

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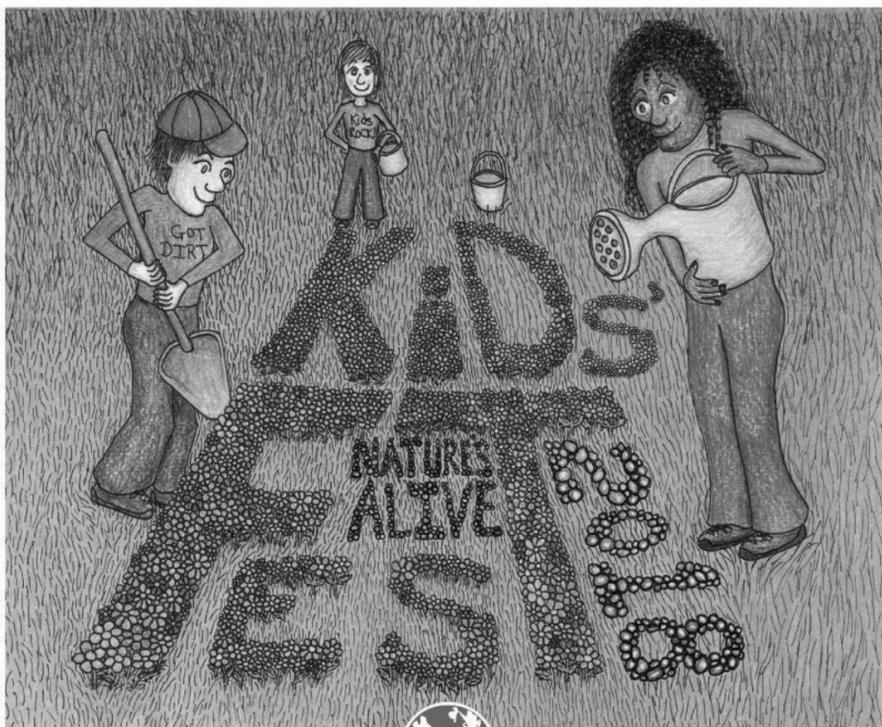


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SECTION C

**ALSO INSIDE:**

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COVER STORY

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## FOR THE WEEK OF MARCH 23-29

23

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11 a.m. to 1 p.m. Fish and chips and a drink for \$8 Fridays. Add a cup of clam chowder for \$1.50 more.

**STRIKE ZONE AT SOUNDERS LANES**

11 a.m. to 10 p.m. Shrimp basket for \$8.25.

24

**WARRIOR ZONE**

2 p.m. Pool Tournament. Winners receive a trophy and \$250 gift card for first place, \$100 gift card for second and \$50 gift card for third. Ages 18 and older.

**SOUNDERS LANES**

11 a.m. to midnight. Cosmic Blacklight Bowling 7 to 11 p.m. Two hours for \$12.

**JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY**

Battle Bean at AFC Arena	253-964-8837
Bowl Arena Strike Zone	253-967-4661
Caddy Shack Bar & Grill	253-964-2792
Cascade Community Center/ Heroes Lounge	253-964-0331
Globemaster Grill at McChord Club	253-982-5581
McChord Catering	253-982-8175
The Bistro at Russell Landing	253-964-2813
The Warrior Zone (Lewis North)	253-477-5833
Whispering Firs Habanero Mexican Grill	253-982-3271
To see menus, visit <a href="http://JBLMmwr.com">JBLMmwr.com</a> .	

25

**SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE**

Open to the public. Come in for great meals, good brew and your favorite sports.

**WHISPERING FIRS HABAÑERO MEXICAN GRILL**

7:30 to 10:30 a.m. Enjoy a traditional breakfast with a view.

26

**STRIKE ZONE AT SOUNDERS LANES**

11 a.m. to 8 p.m. Chicken club combo for \$8.25.

**HABAÑERO MEXICAN GRILL**

7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Buy one lunch burrito and get the second lunch burrito half off.

**BATTLE BEAN AT McCHORD FIELD**

7 to 11 a.m. Order breakfast with your made-to-order coffee.

**BATTLE BEAN AT STONE EDUCATION CENTER**

7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

27

**WHISPERING FIRS HABAÑERO MEXICAN GRILL**

7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Cheese quesadilla, soup and fountain drink for \$7.50.

**STRIKE ZONE AT SOUNDERS LANES**

11 a.m. to 8 p.m. Swedish meatballs for \$8.25.

**WARRIOR ZONE**

Try the Zone's turkey, Thai chicken, chicken chiptotle and turkey Caesar wraps stuffed with great flavor and seasonings. Also indulge in tuna salad, veggie, roast beef, turkey and chicken sandwiches. Ages 18 and older.

28

**STRIKE ZONE AT SOUNDERS LANES**

11 a.m. to 8 p.m. Chicken bacon ranch wrap for \$8.25.

**WHISPERING FIRS HABAÑERO MEXICAN GRILL**

7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. The hefty six-pound burrito challenge is back. Order between 11 a.m. and 2 p.m. If you can eat it in 45 minutes or less, it's on the house.

**STRIKE ZONE AT BOWL ARENA LANES**

4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane beforehand by calling 253-967-4661.

29

**SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE**

Open to the public. Come in for great meals, good brew and your favorite sports viewing.

**McCHORD GRILL**

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, soup of the day, burgers and sandwiches with fries.

**WARRIOR ZONE DINING**

10 a.m. to 11 p.m. Try our hot-from-the-oven flatbread pizzas, fresh-grilled sandwiches and more. Also order Battle Bean coffee drinks for an instant boost. Ages 18 and older.

**STRIKE ZONE AT SOUNDERS LANES**

11 a.m. to 8 p.m. Beef stroganoff for \$8.25.

## AT THE MOVIES

Carey Theater  
on Lewis Main

<b>Annihilation (R)</b>	Friday at 7 p.m.
<b>Early Man (PG)</b>	Saturday at 1 p.m.
<b>Game Night (R)</b>	Saturday at 7 p.m.
<b>Peter Rabbit (PG)</b>	Sunday at 1 p.m.
<b>Black Panther (PG-13)</b>	Sunday at 7 p.m.

## MOVIE TIMES

For movie times, contact your local theater.

## TACOMA AREA

**BLUE MOUSE THEATRE: 253-752-9500**

**GRAND CINEMA: 253-593-4474**

**LAKEWOOD TOWNE CENTER CINEMAS: Not available by phone, online [fandango.com](http://fandango.com)**

**REGAL LAKEWOOD STADIUM 15: 844-462-7342 411#**

**CENTURY POINT RUSTON AND XD: Not available by phone, online [cinemark.com](http://cinemark.com)**

## PUYALLUP

**LONGSTON PLACE: 253-770-9901**  
**SOUTH HILL MALL SIX: 253-445-8801**

## BONNEY LAKE

**REGAL TALL FIRS 10: 253-891-5445**

## GIG HARBOR

**GALAXY UPTOWN THEATRE: 253-857-7469**

## PORT ORCHARD

**REGAL SOUTH SOUND 10: 360-871-2294**

## SOUTH KING COUNTY

**CENTURY FEDERAL WAY 16: 253-946-0942**

**FEDERAL WAY GATEWAY 8: Not available by phone, online [fandango.com](http://fandango.com)**

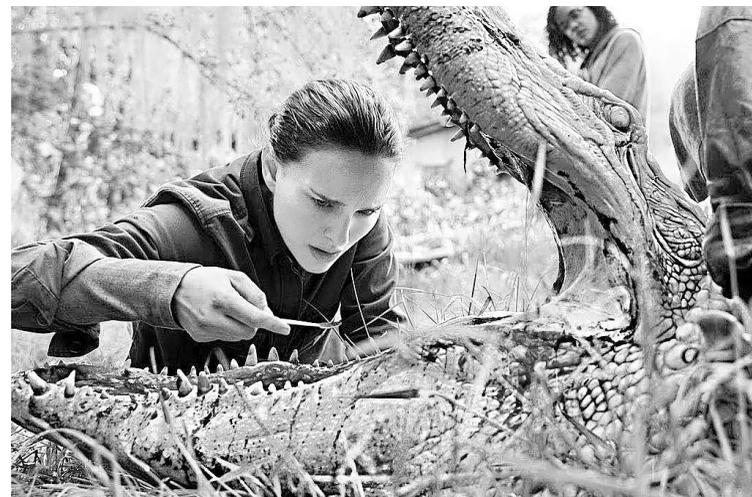
## YELM

**YELM CINEMAS: 360-400-3456**

## OLYMPIA/LACEY

**MARTIN VILLAGE STADIUM 16: 360-455-5003**

**CENTURY OLYMPIA: 360-943-0769**



Paramount Pictures

Natalie Portman, Jennifer Jason Leigh, Gina Rodriguez, Tessa Thompson, Tuva Novotny and Oscar Isaac star in the new Paramount Pictures release, "Annihilation."



SCOTT HANSEN Northwest Guardian

Teammates (from middle left) Sgt. 1st Class Ruben Torres, Sgt. Ty Wooley, Sgt. 1st Class Galen Vine and Maureen Torres, of JBLM, listen as host Karl “K-Pod” Berger, left, selects from questions on general knowledge, music and movies during a semimonthly Trivia Night at the Samuel Adams Brewhouse on Lewis Main March 23.

Host Karl “K-Pod” Berger reads a question for competitors during Trivia Night at Samuel Adams Brewhouse March 23.



## TRIVIA NIGHTS ON JBLM

# Battle of the brightest

BY DEAN SIEMON  
*Northwest Guardian*

Joint Base Lewis-McChord has several different ways to train and test physical abilities, but there are also two venues hosting a battleground of the minds.

Samuel Adams Brewhouse on Lewis Main and the Club at McChord Field have Trivia Night events scheduled this month, inviting service members to test their knowledge against their peers.

Tamara Fogel, manager of Sam Adams Brewhouse, said the brewhouse began hosting trivia events last spring through the fall, and several people asked

SEE TRIVIA, 11C



JBLM Outdoor Recreation / 2017

Joint Base Lewis-McChord's Outdoor Recreation team is hosting a Spring Equinox Yoga Session event inside McChord Field's Adventures Unlimited Friday at 6 p.m.

## MARCH 23 SPRING EQUINOX YOGA SESSION

The season of new beginnings is upon us. With the arrival of spring, we shift from the hibernation of the winter months to an awakening of sunshine and greenery. Spring invites us to open back up, delight in warmer days and plan new adventures. Support the body through this transition with a 60-minute class away from the studio for balance as we prepare for this upcoming season. Minimum age: 12; children younger than 18 must be accompanied by an adult. Class is at 6 p.m. at McChord Field's Adventures Unlimited. Register

at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com).  
**\$17.**

## MARCH 24 EXPLORE VICORIA, B.C. DURING DAY TRIP

Hop on the ferry and spend the day exploring Victoria, B.C., by foot. Downtown Victoria has everything from antique shops to artisan chocolate shops. Also visit the Royal B.C. Museum or watch a thrilling IMAX film. Trip fee includes walk-on round-trip ferry ticket and transportation to and from Port Angeles, Wash. Depart from the Northwest Adventure Center at Lewis North at 4:30 a.m. or McChord Field's Adventures Unlimited at 4:45 a.m. Passport or an enhanced

driver's licensed is required for this trip. **\$85; \$70** for ages 5 to 11; **\$55** for ages 5 and younger.

## SNOW TUBING FUN FOR THE WHOLE FAMILY

Travel to one of Washington's best tubing hills for a day in the snow. Dress warmly, and get ready to go for a wild ride. Tubing is a blast for all ages. Snow tubes and transportation provided. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. or McChord Field's Adventures Unlimited at 9 a.m. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$45; \$25** for ages 6 to 12; **\$5** for ages 5 and younger.

## MARCH 24-25 INTRO TO SKI MOUNTAINEERING

Anyone who travels in the backcountry in winter conditions knows the statistical probability of encountering an avalanche jumps dramatically. Indeed, every single person who spends time in the mountains in a winter context will encounter avalanche terrain and avalanche conditions. Join the Northwest Adventure Center for an instructional day on skis or snowboards and learn all about avalanche awareness. Tye Peak is an amazing place to see much varied terrain and learn about avalanches. Ground transportation,

backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$200.**

## MARCH 25 BACKCOUNTRY SKI, SNOWMOBILE TRIP

Take a snowmobile tour around Sasse Mountain in Cle Elum, Wash., for fun, action, beauty and excitement. For those looking for the most fun-filled winter experience, this is a great snowmobiling trip through the Cascade Mountains. Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers.

Minimum age to drive: 16. Backcountry skiing and snowboarding refers to areas not covered by a resort or lifts including terrain reached by hiking, splitboarding, touring or sledging (snowmobile). The backcountry usually has the best snow because it's not easily accessible to others. Join Northwest Adventure Center guides for a mega-fueled snowmobiling adventure where you can get dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again. Ground transportation, snowmobile, backcountry ski or split snowboard, avalanche

SEE OUT, 8C

EVENTS

COMMUNITY

**Tacoma Spring Wedding Expo** 9:30 a.m. to 3 p.m. Friday-Sunday. Tacoma Dome, 2727 E D St., Tacoma. bridesclub.com/Tacoma-Spring-Wedding-Expo.

**Puyallup Rotary Crab Feed and Oyster Dinner** 5 p.m. Friday. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. Benefiting Youth Advocacy in Puyallup School District. puyalluprotaty.org.

**Northwest Rodarama: Rod and Custom Show** 9 a.m. to 9 p.m. Saturday and 9 a.m. to 5 p.m. Sunday. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. \$16-\$18. nwrrodarama.com.

**Metro Parks Mud Run** 10 a.m. and 11:30 a.m. Saturday. Swan Creek Park, East 42nd Street and East Roosevelt Ave., Tacoma. \$30-\$40. Register at tiny-url.com/yckxa832.

**Historical 4th U.S. Infantry Regiment Company C** 10 a.m. to 5 p.m. Saturday. With the Civil War living historians of Company C, U.S. 4th Infantry Regiment. Highlights include displays of period uniforms, weapons and equipment, as well as a display of Civil War era surgical instruments. Toys and games also will be available for all ages. Lewis Army Museum, 4320 Main St. on Joint Base Lewis-McChord. Free. 253-967-7206. lewisarmymuseum.com/events.

**Treatment Plant Tour and Tinkering Studio** 10 a.m. to 4 p.m. Saturday. LOTT's WET Science Center, 500 Adams St. NE, Olympia. In celebration of World Water Day. Presentation followed by a tour begins at 1 p.m. Tour participants must be 10 or older and wear sturdy closed shoes. Throughout the day, think with your hands by constructing and creating design projects sure to inspire budding engineers, inventors, and tinkerers. Free. 360-664-2333. wetsciencecenter.org.

**T-Town: Play, Explore and Learn** 10 a.m. to 3 p.m. Saturday. Tacoma Dome, 2727 E. D St., Tacoma. City services expo, learn services available, how city government works, share ideas and feedback. Free.

**Kitten Shower** 1 to 4 p.m. Saturday. Tacoma and Pierce County Humane Society, 2608 Center St., Tacoma. Event equips foster volunteers with



HOLLY RAMER The Associated Press

The Olympia Parks, Arts and Recreation Department is sponsoring an Introduction to Fly Fishing course at the Olympia Community Center Monday. Cost is \$39.

the supplies needed to care for foster kittens and cats. Donate to the program in advance at the Society's Amazon Wish List: amzn.to/2FCnVDw or by making a cash donation at thehumane-society.org. Donations can also be dropped off at the open house itself, where attendees can cuddle kittens, participate in a craft activity, enjoy light refreshments, mingle with foster volunteers and Society staff. 253-383-2733.

**Clan Gordon Pipe Band's Annual Tartan Ball** 6:30 p.m. Saturday. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. cgpb.org.

**Annual Slider Cook-Off** 6:30 to 10 p.m. Saturday. Museum of Glass, 1801 Dock St., Tacoma. Enjoy delicious sliders from local South Sound restaurants, catch John Miller working glass magic in the Hot Shop, and dance to The Nines. Starting at \$35. 253-284-4719, museumof-glass.org.

**World Storytelling Night** 7 to 9 p.m. Saturday. Antique Sandwich Company, 5102 N. Pearl St., Tacoma. Fireside Storytellers League will host. Event is open to the public free of charge. Donations accepted. Free. 253-222-9705, facebook.com/FiresideStorytellingLeague.

**Free Neighborhood Nights at Tacoma Art Museum** 5 to 8 p.m. Thursdays. Tacoma Art Museum, 1701 Pacific Ave., Tacoma. Open late and free to the community. Find your inner artist and sketch in the galleries with an expert teaching artist. Test your knowledge and win prizes with live trivia. Free. tacomaartmuseum.org/events.

**The Jordan World Circus** 1 and 7:30 p.m. March 30, 11 a.m., 3 and 7 p.m. March 31, 1 and 4 p.m. April 1. Washington State Fair Event Center, 110 Ninth Ave. SW, Puyallup. \$14-\$18. thefair.com.

**PAW Patrol Lve! Race To The Rescue** 6 p.m. April 2. McCaw

Hall, 321 Mercer St., Seattle. \$19-\$65. Ticketmaster.

**Community Clean Up Central Tacoma** 10 a.m. to 1:45 p.m. May 19. Franklin Elementary School, 1402 S. Lawrence St., Tacoma. Free. Volunteer registration at 253-242-3579.

ARTS AND MUSIC

**"The Room" Screening** 11 p.m. Friday. The Grand Cinema, 606 Fawcett Ave., Tacoma. \$10.50. 253-572-6062, grandcinema.com.

**Two Piano/One Piano Four Hands** 7:30 p.m. Friday. Schneck Concert Hall, University of Puget Sound, 1500 N. Warner St., Tacoma. \$10-\$15. 253-879-3100.

**UP for Arts Spring Arts and Concerts Series** 7 p.m. Friday. University Place Civic/Library Atrium, 3609 Market Place, University Place. Baritone Ryan Christopher Bede will perform songs of the British Isles. Fea-

tured artist wildlife and nature photographer Dan Suckow. Series continues 7 p.m. April 27. Award winning pianist and composer Jennifer Thomas will perform works from her albums. Also featured watercolor artist Cindy Baij. \$15 adults; \$5 students; free for UP for Art members. Tickets at door. upforarts.org.

**Return to the Forbidden Planet** 8 p.m. Thursdays to Saturdays, 2 p.m. Sundays through March 31. Centerstage Theater, 3200 SW Dash Point Road, Federal Way. \$12-\$29. 253-661-1444, centerstagetheatre.com.

**Bonnie J. Miller Exhibit** Through Tuesday. Pierce College Puyallup Fine Arts Gallery, Arts and Allied Health Bldg Lobby, Puyallup.

**A Song of Creation: Art Installation** Through March 30. St. Andrew's Episcopal Church, 7410 S. 12th St., Tacoma. Biblical canticle in Anglican and Roman

Catholic liturgy depicting glory of Creation by artist Jean Tudor in enamel on copper. 253-564-4402, saintandrewstacoma.org.

**With a Loving Eye: The Photographs of Jini Dellaccio** 10 a.m. to 5 p.m. Tuesday-Saturday; 1 to 5 p.m. Sundays through April 29. Harbor History Museum, 4121 Harborview Drive, Gig Harbor. Inaugural exhibit of the museum's new Traveling Exhibition program. harborhistorymuseum.org.

**Anne Donane** Through April 5. Puyallup City Hall, Fifth Floor, 333 S. Meridian, Puyallup. More than 30 paintings, including many Pacific Northwest landscapes.

SEE EVENTS, 9C

**BLUEMOUSE THEATRE**  
**THE GREATEST SHOWMAN**  
Nightly at 7:00 pm • Rated PG  
Sat & Sun Matinee at 4:00 pm  
ROCKY HORROR PICTURE SHOW SATURDAY AT 11:30 PM  
253-752-9500 www.bluemousetheatre.com

**THE GRAND CINEMA**  
606 S Fawcett Ave  
GRANDCINEMA.COM  
253-593-4474

**Thoroughbreds (R)**  
Fri-Sat: 2:00, 4:20, 6:40, 9:05  
Sun: 11:45 AM, 2:00, 4:20, 6:40, 9:05  
Mon-Tue: 2:00, 4:20, 6:40, 9:05  
Wed: 2:00, 4:20, 6:40  
Thu: 2:00, 4:20, 6:40, 9:05

**Oh Lucy! (NR)**  
Fri-Sun: 1:45, 6:15; Mon-Thu: 4:00, 8:40  
**Leaning Into the Wind (PG)**  
Fri-Sun: 11:30 AM, 4:00, 8:40  
Mon: 1:45, 6:15; Tue: 6:15  
Wed-Thu: 1:45, 6:15

**A Fantastic Woman (R)**  
Fri-Sat: 1:15, 3:30, 8:20  
Sun-Thu: 1:15, 3:30, 6:00, 8:20

**The Shape of Water (R)**  
Fri: 3:40, 6:20, 9:00  
Sat-Mon: 1:00, 3:40, 6:20, 9:00  
Tue: 1:00, 3:40  
Wed: 1:00, 3:40, 6:20, 9:00  
Thu: 1:00, 3:40, 9:00

**A Brief History of Time (G)**  
Fri: 11:45 AM, 1:40, 6:00  
Sat: 11:45 AM, 6:00

**The Room (R)**  
WEIRD ELEPHANT SERIES: Fri: 11:00

**The Disaster Artist (R)**  
WEIRD ELEPHANT SERIES: Sat: 11:00

**BPM (beats per minute) (NR)**  
TUESDAY FILM SERIES: Tue: 1:00, 6:20

Now serving local beer & wine daily!  
Tacoma's only nonprofit movie theater.



OWEN SWEENEY Invision/AP

Boy George and Culture Club are scheduled to perform at the Washington State Fair in Puyallup Sept. 13. Tickets are on sale now.

### ON SALE THIS WEEK

**BOY GEORGE AND CULTURE CLUB** Sept. 13. Washington State Fair, Puyallup. Tickets go on sale Friday.

**G-EAZY** July 20. White River Amphitheatre, Auburn. Tickets go on sale Friday.

**COURTNEY BARNETT: TELL ME HOW YOU REALLY FEEL** Oct. 12. The Paramount Theatre, Seattle. Tickets go on sale Friday

**BRETT ELDRIDGE WITH RUNAWAY JUNE AND DEVIN DAWSON** Sept. 20 Washington State Fair, Puyallup. Tickets go on sale Saturday.

**JAY-Z AND BEYONCE** Oct. 4. Century Link Field, Seattle. Tickets go on sale Monday.

### ALREADY ON SALE

**TREVOR NOAH** 7:30 p.m. Friday. Paramount Theatre, Seattle.

**TIME MACHINE/MASHINA VREMENI** 8 p.m. Wednesday. Moore Theatre, Seattle.

**SOMO: THE RESERVATIONS TOUR** 8 p.m. March 30. Neptune Theatre, Seattle.

**PAW PATROL LIVE: RAVE TO THE RESCUE** April 3. McCaw Hall, Seattle.

**KEITH SWEAT** 8:30 p.m. April 7. Emerald Queen Casino, Tacoma.

**MONSTER ENERGY AMA SUPERCROSS** April 7. Century-

Link Field, Seattle.

**BILL MAHER** 8 p.m. April 14. Paramount Theatre, Seattle.

**PBR TOUR** April 14-15. Tacoma Dome, Tacoma.

**JUDAS PRIEST: FIREPOWER 2018 NORTH AMERICAN TOUR** April 15. ShoWare Center, Kent.

**ALVIN AILEY AMERICAN DANCE THEATER** 8 p.m. April 27 and 28; 2 p.m. April 29. Paramount Theatre, Seattle.

**CASPAR BABYPANTS** 10:30 a.m. April 28. Neptune Theatre, Seattle.

**KHALID: THE ROXY TOUR** May 3. WaMu Theater, Seattle.

**KENDRICK LAMAR** 7:30 p.m. May 5. White River Amphitheatre, Auburn.

**LITTLE BIG SHOW NO. 21: NADA SURF, CELEBRATING THE 15TH ANNIVERSARY OF LET GO** 8 p.m. May 9. Neptune

Theatre, Seattle.

**SEVEN LIONS: CHRONICLES** 6 p.m. May 12. WaMu Theater, Seattle.

**ANDREW LLOYD WEBBER'S "LOVE NEVER DIES"** 2 and 8 p.m. May 12. Paramount Theatre, Seattle.

**PINK: BEAUTIFUL TRAUMA WORLD TOUR** 7:30 p.m. May 13. KeyArena, Seattle.

**DAVID BLAINE** 8 p.m. May 16. Paramount Theatre, Seattle.

**PAUL SIMON HOMEWARD BOUND FAREWELL TOUR** 8 p.m. May 18. KeyArena, Seattle.

**KOOL AND THE GANG** 8:30 p.m. May 19. Emerald Queen Casino, Tacoma.

**CHRIS YOUNG: LOSING SLEEP WORLD TOUR 2018** 7:30 p.m. May 19. Tacoma Dome.

SEE TICKETS, 7C



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Sunday, April 1st  
9am-2pm

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# EVENTS

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**BROADWAY CENTER PRESENTS**  
**The Twilight Zone UnScripted**  
**Mar. 24 • 7:30 p.m. • Pantages Theater**  
Tickets start at \$19

Enter a dimension of improvisation in the style of the classic sci-fi tv series. Fueled by audience imagination, the night promises to be uniquely entertaining.

## BEETHOVEN & BRAHMS

Sarah Ioannides, conductor  
Charles Butler, trumpet

SYMPHONY



TACOMA

SARAH IOANNIDES  
MUSIC DIRECTOR



**Sun. Mar 25 | 2:30 pm**

**Rialto Theater**

Tickets start at \$19.50

Beethoven/Cooper: Symphony No. 10

Haydn: Trumpet Concerto

Brahms: Symphony No. 1

Performance sponsors:



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BROADWAY CENTER PRESENTS



**April 7 • 5:00 - 9:00 p.m.**  
Tacoma Armory

**VIP \$60 • Regular \$40**  
**Designated Driver \$12**  
**Must be 21+ for entry**

A wine tasting event!  
Enjoy tastings from 20+ Northwest wines, spirits, and ciders vendors; food and artisan vendors; and silent auction to benefit Arts Education.

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## TACOMA'S HISTORIC THEATER DISTRICT

SEASON SPONSORS



FROM PAGE 6C

# TICKETS

**STARS ON ICE** 7:30 p.m. May 20. KeyArena, Seattle.

**WEIRD AL YANKOVIC: ILL ADVISED TOUR** 8 p.m. May 20. The Moore Theater, Seattle.

**SASQUATCH MUSIC FESTIVAL** 3 p.m. May 25-27. The Gorge Amphitheatre, George.

**MAROON 5** 7:30 p.m. May 30. Tacoma Dome.

**THIRD DAY - FAREWELL TOUR** 7:30 p.m. May 31. Moore Theatre, Seattle.

**CELTIC WOMAN: HOME-COMING TOUR** 7:30 p.m. June 2. Paramount Theatre, Seattle.

**NATALIA LAFOURCADE** 8 p.m. June 2. Neptune Theatre, Seattle.

**BRIAN MCKNIGHT** 8:30 p.m. June 2. Emerald Queen Casino, Tacoma.

**JAMES TAYLOR AND BONNIE RAITT** 7:30 p.m. June 6. KeyArena, Seattle.

**LISA LAMPANELLI** 8 p.m. June 8. Neptune Theatre, Seattle.

**KEVIN HART IRRESPONSIBLE TOUR** 7 p.m. June 14. KeyArena, Seattle.

**DANE COOK** 8:30 p.m. June 16. Emerald Queen Casino, Tacoma.

**JIMMY BUFFETT AND THE CORAL REEFER BAND** 8 p.m. June 23. KeyArena, Seattle.

**ANDREA BOCELLI IN CONCERT WITH THE SEATTLE SYMPHONY** 7:30 p.m. June 24. KeyArena, Seattle.

**DEAD AND COMPANY SUMMER TOUR** 7 p.m. June 29. Gorge Amphitheater, George.

**KENNY CHESNEY: TRIP AROUND THE SUN TOUR** 4 p.m. July 7. CenturyLink Field, Seattle.

**LOGIC WITH NF: "THE BOBBY TARANTINO VS. EVERYBODY TOUR"** 7 p.m. July 13. White River Amphitheatre, Auburn.

**TIM MCGRAW AND FAITH HILL SOUL2SOUL WORLD TOUR 2018** 7:30 p.m. July 13. KeyArena, Seattle.

**BILL BURR** 7 p.m. July 15. Paramount Theatre, Seattle.

**PENTATONIX** 8:30 p.m. July 15. White River Amphitheatre, Auburn.

**PHISH** 7:30 p.m. July 20-22. The Gorge Amphitheater, George.

**CHRIS STAPLETON "ALL AMERICAN ROAD SHOW"** 7

p.m. July 21. White River Amphitheatre, Auburn.

**FOREIGNER - JUKE BOX HEROES TOUR** 7 p.m. July 27. White River Amphitheatre, Auburn.

**NIALL HORAN: FLICKER WORLD TOUR** 7 p.m. Aug. 2. White River Amphitheatre, Auburn.

**WEEZER AND PIXIES** 7:30 p.m. Aug. 4. White River Amphitheatre, Auburn.

**PEARL JAM** 7:30 p.m. Aug. 8 and 10. Safeco Field, Seattle.

**DARYL HALL AND JOHN OATES WITH TRAIN** 6 p.m. Aug. 11. KeyArena, Seattle.

**JACK WHITE** 8 p.m. Aug. 13. WaMu Theater, Seattle.

**LADY ANTEBELLUM AND DARIUS RUCKER** 7 p.m. Aug. 19. White River Amphitheatre, Auburn.

**SMASHING PUMPKINS SHINY AND OH SO BRIGHT NORTH AMERICAN TOUR** 7 p.m. Aug. 24. KeyArena, Seattle.

**ED SHEERAN: 2018 NORTH AMERICAN TOUR** 7 p.m. Aug. 25. CenturyLink Field, Seattle.

**ZAC BROWN BAND: DOWN THE RABBIT HOLE LIVE** 7 p.m. Aug. 31. Safeco Field, Seattle.

**DAVE MATTHEWS BAND** Aug. 31-Sept. 2. Gorge Amphitheatre, George.

**ROD STEWART, WITH SPECIAL GUEST CYNDI LAUPER** 7:30 p.m. Sept. 1. White River Amphitheatre, Auburn.

**GAME OF THRONES LIVE CONCERT EXPERIENCE** Sept. 6. Key Arena, Seattle.

**FOO FIGHTERS: CONCRETE AND GOLD TOUR** Sept. 1. Safeco Field, Seattle.

**EVANESCENCE AND LINDSEY STIRLING** 7 p.m. Sept. 7. White River Amphitheatre, Auburn.

**SAM SMITH: THE THRILL OF IT ALL TOUR** 8 p.m. Sept. 8. KeyArena, Seattle.

**WRANGLER PRO RODEO TOUR FINALE** Sept. 8-9. Washington State Fair, Puyallup.

**RAIN: A TRIBUTE TO THE BEATLES** 7:30 p.m. Sept. 10. Washington State Fair, Puyallup.

**LUCIUS: AN INTIMATE, ACOUSTIC PERFORMANCE** 8 p.m. Sept. 12. Moore Theatre, Seattle.

**TERRY FATOR** 7:30 p.m. Sept. 14. Washington State Fair, Puyallup.

**THE AVETT BROTHERS AND THE HEAD AND THE HEART** 5 p.m. Sept. 15. Gorge Amphitheater, George.

**TOBY KEITH WITH NED LEDOUX** 7:30 p.m. Sept. 15.

Washington State Fair, Puyallup.

**LAUREN DAIGLE WITH ZACH WILLIAMS** 7:30 p.m. Sept. 17.

Washington State Fair, Puyallup.  
**GABRIEL "FLUFFY" IGLESIAS** 7:30 p.m. Sept. 22. Washington State Fair, Puyallup.

**RASCAL FLATS** 7:30 p.m. Sept. 23. Washington State Fair, Puyallup.

**CHILDISH GAMBINO WITH RAE SREMMURD** 6:30 p.m. Sept. 29. KeyArena, Seattle.

**JOURNEY AND DEF LEPPARD** 7 p.m. Sept. 29. Gorge Amphitheater, George.

**JUSTIN TIMBERLAKE: THE MAN OF THE WOODS** 7:30 p.m. Nov. 12. Tacoma Dome.

**PENN AND TELLER** 8 p.m. Nov. 30. Paramount Theatre, Seattle.



MATT SAYLES Invision/AP

Beyonce and Jay-Z are scheduled to perform at Century Link Field in Seattle Oct. 4. Tickets go on sale Monday.

# artix

MARCH 23 - APRIL 1 • FRI/SAT 7:30PM • SUN 2:00PM

Tacoma Little Theatre

## JESUS CHRIST SUPERSTAR

210 N I Street Tacoma, WA 98403  
Andrew Lloyd Webber's rock opera, Jesus Christ Superstar, is a timeless work set against the backdrop of an extraordinary and universally-known series of events but seen, unusually, through the eyes of Judas Iscariot.  
Ticket Info: \$26 (Adult) \$24 (SR/ST/MI) \$22 (Children 12 and under) Pay what you can March 22 at 7:30pm. www.tacomalittletheatre.com 253-272-2281

MARCH 25 SUNDAY 5PM

Immanuel Presbyterian Church

## BLUES VESPERS

901 N J Street Tacoma, WA 98403  
The Andy T Band featuring Alabama Mike is a potent new blend of blues talent. The group pairs veteran Nashville guitarist Andy Talamantez with the dynamic San Francisco Bay area singer Michael A. Benjamin, aka Alabama Mike. Come check them out!

Ticket Info: Free. 253.627.8371 iptacoma.org



MARCH 30-APRIL 22 • FRI & SAT 8PM • SUN 2PM

Lakewood Playhouse

## PETER AND THE STARCATCHER

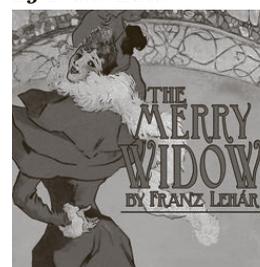
5729 Lakewood Towne Center BLVD SW Lakewood, WA 98496  
Peter and the Starcatcher playfully explores the depth of greed and despair... and the bonds of friendship, duty, and love.  
**LAKEWOOD: Shop, Eat, Play, Stay!**  
Ticket Info: Full Price \$26. Seniors/Military \$23. Student/Educators \$20. 253-588-1142 or online www.lakewoodplayhouse.org

APRIL 14 & 20, 7:30PM • APRIL 22, 2PM

Tacoma Opera presents

## THE MERRY WIDOW

By Franz Lehár



Rialto Theater  
Don't miss the intrigue and romance of Tacoma Opera's last production of the 50th anniversary season, *The Merry Widow*.

Ticket Info: \$25 - \$90. Box Office: 253-591-5894 For tickets & info visit tacomaopera.com.



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For advertising information, contact Olivia Bidleman 253.597.8809 • Fax 253.597.8263

FROM PAGE 4C

# OUT

beacon, shovel, probe and airbag included. Depart from the Northwest Adventure Center at Lewis North at 7 a.m. Snowmobiling, **\$185**; snowmobile passengers ages 15 and younger, **\$75**; backcountry skiing, **\$165**. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com).

## RUBY BEACH PHOTOGRAPHY TRIP

Ruby Beach is one of the most beautiful and accessible beaches in Olympic National Park. With tide pools and sea stacks, this is a photographer's paradise. Spend time photographing the beach and try to capture an amazing sunset. Even in rain, this area is great to capture interesting images. Depart from the Northwest Adventure Center at Lewis North at 2:30 p.m. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$65**.

## MARCH 31

### EXPEDITION PLANNING AND LOGISTICS

This course is intended for our Denali expedition team members, but all who wish to learn about expedition planning are welcome. In this course, we cover basic logistics, route planning, weather routing, contingencies, travel options, permits requirements and many other considerations.

Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$95**.

## APRIL 6

### YOGA CLASS SPECIALLY DESIGNED FOR HIKERS

Hikers can commonly spend the entire day outdoors. They've been on Washington's sandy beaches, winding trails and beautiful views. They've also been hiking up, down, across and zigzagging along paths.

This inevitably leads to tight calves, hamstrings, hips and quads. Join other outdoor recreators in a 60-minute yoga class away from the studio designed specifically for preparing the muscles to endure the adventures ahead this winter.

Classes will be held at McChord Field's Adventures



JBLM Outdoor Recreation / 2017

Joint Base Lewis-McChord's Outdoor Recreation team has several upcoming photography trips with Kaweka Stoney, including an introduction class April 8.

Unlimited at 6 p.m., surrounded by inspiring outdoor equipment. Minimum age: 12. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$17**.

## APRIL 7

### MONTHLY FREE TRAVEL PHOTOGRAPHY SEMINAR

Join us for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use the camera gear in a few hours with experienced instructors.

This introduction class will go over the basics of being a photographer who travels around

the world.

Work with an avid traveler and international photographer on what it means to photograph outside of the local environment.

Learn how experienced photographers respectfully capture the faces of people they interact with, perfectly shoot the scenic moments that make the experience special and even learn how to care for the camera equipment while traveling.

No equipment necessary. Class is at 11 a.m. at McChord Field's Adventures Unlimited. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **Free**.

## AN INTRODUCTION TO MOUNTAIN BIKING

Experience the thrill of mountain biking. The class will start by addressing proper bike fit and making any necessary adjustments to each participant's bike. Next, guides will demonstrate riding techniques, including body and pedal position, shifting, braking, climbing, descending and navigating minor obstacles on the trail. They'll also go over important communication skills and mountain biking trail etiquette with the aim of keeping multi-use trails open and safe for everyone. And finally, they'll practice

all these new skills on a great trail ride. Minimum age: 14; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$35**.

## APRIL 7-8

### JBLM BASIC ALPINE CLIMBING FIELD COURSE

Receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. It serves as a prerequisite for many of the Northwest Adventure Center's basic-level

climbs and is a stepping stone to more technically difficult mountains, including Denali. This is the second half of the Basic Alpine Course classroom portion. This course is an overnight in deep snow conditions to practice all the skills learned in the classroom. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$125**.

## APRIL 8

### INTRODUCTION TO PHOTOGRAPHY SESSION

This is the perfect training session for anyone looking to learn the fundamentals of

## FROM PAGE 5C EVENTS

**Finding Tacoma: The Changing Faces of the Northwest Environment** 8 a.m. to 4 p.m. Monday-Friday, or by appointment through April 4. Pacific Lutheran University — University Gallery, 12180 Park Ave. S., Tacoma. The University Gallery features the latest photography of PLU Professor Bea Geller, drawn from work completed during her recent sabbatical.

**“Our Dreams” Mixed Media Exhibit** April 13-June 17. Seymour Conservatory, 316 S. G St., Tacoma. Works by the women of Hilltop Artists’ Arts Connect Program using glass, paint, paper, writing and sound. Artists reception: 5 to 7 p.m. April 13.

**Michael Johnson’s Sculptures; Wenda Gu: Landcape Ink on Paper; Wang Dongling’s Calligraphy** 10 a.m. to 5 p.m. weekdays; noon to 5 p.m. Saturdays through April 14. Kittedredge Gallery — University of Puget Sound, 1500 N. Warner St., Tacoma. Closing reception 5 to 7 p.m. April 13.

**Ebb and Flow** 8 a.m. to 5 p.m. weekdays through April 27. Tahoma Center Gallery — Catholic Community Services, 1323 S. Yakima Ave., Tacoma. Rainier League of Arts juried show will have a variety of styles with the theme of water. 253-502-2617.

**Steilacoom Fireside Gallery: Guest Artist Series** 9 a.m. to 7:30 p.m. Monday-Thursday, 9 a.m. to 4:30 p.m. Fridays through April 30. Steilacoom Community Center, 2301 S. Worthington St., Steilacoom-Featuring Donna Graham and Elaine Fister Erickson, both of Pacific Gallery Artists. Free.

## GROUPS

**Square Pegs Adult Autism Support Group** 6 to 8 p.m. First and third Wednesdays. Elmer’s Restaurant, 7427 S. Hosmer St., Tacoma. Ongoing discussion group. Free. 206-696-5794, meetup.com/Squarepegs.

**Memory (Alzheimer’s) Cafe** 3 to 4:30 p.m. Fourth Wednesday. Elmer’s Restaurant, 7427 S. Hosmer St., Tacoma. A regular gathering of individuals with memory loss and their caregivers for a meal, conversation

and entertainment. 253-722-5691, lcsnw.org.

## ONGOING

**Black Hills Audubon Society Bird Walk** 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road, Olympia. Phil Kelley leads a bird walk. \$3 parking fee.

## TALKS

**Oh My Gosh, Now What?** Noon Friday. Pierce County Annex, 2401 S. 35th St., Tacoma. Part 6: “Where can I turn for help? What are the resources I can rely on?” Free; no RSVP required. 253-798-4600, PierceADRC.org.

## WORKSHOPS

**Free Legal Advice** 12:30 to 1:30 p.m. Friday. Puyallup Activity Center, 210 W. Pioneer, Puyallup. Having proper estate planning documents such as wills and durable powers of attorney is an essential part of planning for and protecting your future. Free.

**Introduction to Fly Fishing** 6 to 8 p.m. Monday. Learn fly fishing from experienced members of South Sound Fly Fishers club. Class will be conducted on consecutive Monday evenings in March. To register call Olympia Parks, Arts and Recreation Dept. at 360-753-8380 or register on-line at: olympiawa.gov. Olympia Community Center, 222 Columbia St. NW, Olympia. \$39.

**Creative U: Writing From The Inside Out, A Poetry Workshop** 1 to 3:15 p.m. Saturday. Write descriptions of scenes experienced, allowing participants to relive personal history using senses and memories, applying poetic license for effect. Patrick Dixon is a writer and photographer retired from careers in teaching and commercial fishing. Bring writing materials. Registration is required and will begin at 10 a.m. Olympia Timberland Library, 313 Eighth Ave. S. Olympia. Free. 360-352-0595.

**Writer’s Workshop With Award Winning Author Scott Spackey** 2:15 to 3:45 p.m. Saturday. Olympia Community Center, 222 Columbia St. N.W. Olympia. Free or \$8 suggested donation. 661-904-5353, life-mind.com.

**Effectively Solving All Our Problems: Knowing Where To Turn In Difficult Times** 6 to 7:15

p.m. Tuesday. Tushita Kadampa Buddhist Center, 211 Legion Way S.W. Olympia. Cost \$10 per class; \$5 for Students and Seniors; Free for Members. 360-754-7787, meditateinolympia.org.

**AAA Driver Improvement Program** 9 a.m. to 4 p.m. Wednesday. Griffin Fire Department, 3707 Steamboat Loop N.W., Olympia. \$18 per person 800-462-3728, wa.aaa.com/traffic-safety/driver-improvement/western-wa-driver-improvement.

**Emergency Preparedness** 5 to 6:30 p.m. Thursday. Learn about personal, family, and community preparedness from a member of the Thurston County Emergency Management team. Lacey Timberland Library, 500 College St. SE, Lacey. Free. events.trlib.org/evanced/lib/events/signup.asp?ID=76315.

**Beginner Square Dancing Lessons** 7 to 9 p.m. Thursdays. Sumner VFW Hall, 1705 Willow St., Sumner. Weekly lessons take individuals of all ages step by step from simple moves to all you need to know to dance mainstream. No partner or previous knowledge necessary. Beginners are paired with more experienced dancers in a fun welcoming atmosphere. \$5. 360-463-8532, squaredance-rainier.org/classes.

**Tacoma Women’s Sailing Association’s Spring Sailing Classes** Tuesdays starting April 10. On the water training for six weeks. Sign up by calling Nini Tayet, 253-686-3307, or Rod, 253-686-3282.

**Tahoma Audubon Budding Scientist Classes** 9:45 to 10:45 a.m. and 1:45 to 2:45 p.m. April 16. Tacoma Nature Center, 1919 S. Tyler St., Tacoma. Features story-time, sensory-based activities, songs and outside time. Theme is Animal Homes. May 14 is Plants. \$3-\$5 per child. Registration encouraged. 253-404-3930.

## NIGHTLIFE

### FRIDAY

**Magic With Cary Durgin** 6 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

**Open Mic Night** 6 to 10 p.m. All ages, family friendly. Urban Timber Coffee, 6621 166th Ave. E., Sumner. 253-826-3936.

**Corey Holcomb** 7:30 and 10 p.m. Friday and Saturday. 8 p.m.

Sunday. Tacoma Comedy Club, 933 Market St., Tacoma. \$25-\$33. 253-282-7203, tacomacomedy-club.com.

**Monsterwatch, The Lightweight Champs, Bad Saint and Etchings** 7:30 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacom.com.

**Notorious 253** 9 p.m. Friday and Saturday. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777.

**Harmonious Funk** 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

### SATURDAY

**Spring Rockcital with Dace’s Rock ‘n’ More Music Academy** 12:30 to 4:30 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

**“Sundae and Mrs. Goessl” Husband and Wife Musical Duo** 3 to 5 p.m. CRAFT.19 Espresso and Creperie, 1201 Main St., Sumner. Free. facebook.com/craft19coffee.

**From the Future, Vendetta Red, Regress, Himiko Cloud and School of Rock Issaquah** 7 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacom.com.

**Red Classic Rock** 8 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

**Washed in Black and Star-gazer** 8 p.m. Louie G’s, 5219 Pacific Highway E, Fife. \$15. 253-926-9700.

**Live Music Featuring Blues, Brews and Barbecue** 8 p.m. Uncle Thurm’s Finger Lickin’ Ribs and Chicken, 3709 S. G St., Tacoma. 253-475-1881.

### SUNDAY

**Kareem Kandi World Orchestra** 5 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

**Patty Allen** 7 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

**Country Roadhouse Jam with Dave Nichols** 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

**Tim Hall Band** 8 p.m. Dawson’s Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.

**Kevin Schlereth, Oajaq, Jacob Kelly and Coyote** 8 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacom.com.

## MONDAY

**Open Mic with Chuck Gay** 7 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

**Rockaroake with a Live Band** 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. 253-396-9169.

## TUESDAY

**Stadium High Jazz Concert** 5 to 7 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

**New Talent Tuesdays** 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

**Blues Jam with Roger Williams** 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

**Karaoke with Virginia** 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

## WEDNESDAY

**Dream Ring, Spiller, Source of All Sorrows, What Haunts You and Save Bandit** 7:30 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$10. realarttacom.com.

**The Blu Tonez** 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

**Open Mic** 8 p.m. Tacoma

Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.

**Mike’s Movie Riff Off** 8 p.m. A movie night to berate, mock and interject on the classiest trash that cinema has to offer. Acme Tavern, 1310 Tacoma Ave. S. Tacoma. 253-503-6712.

**D4G Talent Showcase with Malik Banks** 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

## THURSDAY

**Benefit Concert for Deputy McCartney featuring Rural Route 3, Pierce County Pipers, Clownfish Spike, Lynn Sorenson and Jeff Kath-an** 6 to 11 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

**Power Rock Jam with Howard Comfort** 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way. 253-473-2255.

**Billy Shew Band** 8 p.m. Dawson’s Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.

**Open Mic with Dustin** 8 p.m. Rock The Dock, 535 Dock St., Tacoma. 253-272-5004.

**Sam Morrill** 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. 253-282-7203, tacomacomedyclub.com.



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Two house pastas with house sauce dishes for **\$16.99**

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FROM PAGE 8C

## OUT

photography. Whether someone is a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography including:

- Camera settings: Learn the settings and get the camera set up right.
- Depth of field: What it is and how to use it to make better photos.
- Exposure: Get it right in the field without any fuss.
- Focus: Learn how focus is affected and how to take control of it.
- Composition: Explore the rules and learn when to break them.

Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$45.**

## APRIL 14

## CHANCE TO WATCH WHALES IN PNW

The early spring provides one of the best whale watching opportunities in Washington. The Pacific Northwest is home to a vast array of wildlife. The diverse ecosystems range from the mountain ranges to the numerous island and waterways to the open ocean. The Pacific Northwest is home to bears, elk, mountain lions, eagles, salmon, giant Pacific octopus, whales and more. The highlight for most visitors is the resident and transient orcas, humpback whales, minke whales and gray whales. Depart from the Northwest Adventure Center at Lewis North at 7 a.m. and McChord Field's Adventures Unlimited at 7:15 a.m. Preregistration is required by April 11 at noon. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$80; \$60** for ages 3 to 17; **\$25** for ages 2 and younger.

## BACKCOUNTRY SKI IN CASCADE MOUNTAINS

Ski all over the Cascade

Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. This trip provides all the gear someone would need to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16; children younger than 18 must be accompanied by an adult. All participants must be intermediate skiers. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$110.**

## APRIL 15

## FREE SEMINAR ON 'LEAVE NO TRACE' PRINCIPLES

Join instructors from JBLM Outdoor Recreation for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use outdoor gear in a few hours with expert instructors. At this seminar, discuss the "Leave No Trace" principles. The future of wilderness camping, hikes and other sustainable outdoor recreation depends on more people adopting what's known as "Leave No Trace" principles. The instructors will discuss the seven principles to provide a framework for outdoor recreation decision-making. No equipment necessary. This class takes place at 11 a.m. at McChord Field's Adventures Unlimited. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **Free.**

## APRIL 17

## SEA KAYAK SKILLS CLASS

Instructors from JBLM Outdoor Recreation offer five levels of the two-hour kayak skills class. Participants can start at any time and master as many of the five levels as they would like.

- Level 1: Proper paddling techniques and how to buddy rescue.
- Level 2: Edging maneuvers and self-rescue.
- Level 3: Recovery

SEE OUT, 12C



JBLM Outdoor Recreation / 2017

Joint Base Lewis-McChord's Outdoor Recreation is hosting a backcountry skiing trip in the Cascade Mountains April 14.

*Newly Renovated*  
*LaQuinta*

## Easter Brunch Buffet

Bring Your Whole Family  
**9:30am - 2:30pm**

Roast Baron of Beef	Chicken Cordon Bleu
Baked Ham	Sausage, Bacon, Eggs
Eggs Benedict	Biscuits & Gravy
Poached Salmon	Assorted Salads
Belgian Waffles	Desserts and more!

**Seniors: \$19**  
**Children (5-12): \$14**  
**Adults: \$24**  
**4 & under FREE**



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# FALL SPECIAL!



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Per 24 Hour Day

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**LOT A** 18220 Int'l Blvd • **LOT B** 2907 South 170th St • **LOT C** 16025 Int'l Blvd

## If you go

### TRIVIA AT MCCORD PUB

**Where:** The Club at McChord Field, 700 Barnes Blvd., McChord Field.

**When:** Friday at 5 p.m.

**Cost:** No cover. Free food for club members, bar specials, prizes and more. For more information, call 253-982-5581.

### TRIVIA NIGHT AT SAM ADAMS

**Where:** Samuel Adams Brewhouse, 2400 Bitar Ave., Lewis Main.

**When:** April 6 and 20, May 4 and 18, June 1, 15 and 29, July 13 and 27 and August 10 and 24 from 7 to 9 p.m.

**Cost:** No cover. Family-friendly. Prizes given to first and second place teams. For more information, call 253-964-2012.



SCOTT HANSEN Northwest Guardian

Host Karl "K-Pod" Berger, middle, helps tabulate the first round score for teammates (from left) Sgt. 1st Class Galen Vine, Sgt. First Class Ruben Torres and Sgt. Ty Wooley during the twice-monthly Trivia Night at Samuel Adams Brewhouse on Lewis Main March 23.

## FROM PAGE 3C

# TRIVIA

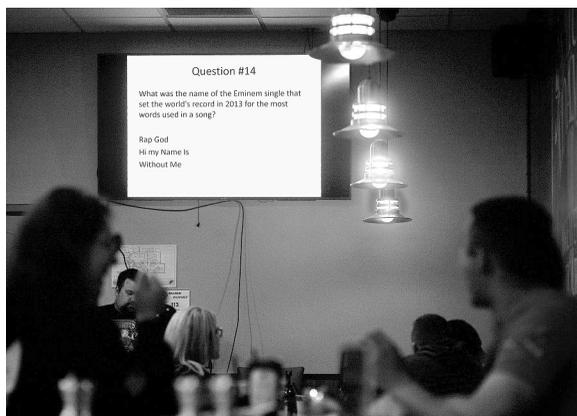
about the Trivia Night's return.

This year, the twice-per-month competitions began in February; the next one is scheduled for April 6 from 7 to 9 p.m.

"It's just something different on (base)," Fogel said. "What we're trying to do is bring events like this on the base so (service members) don't have to leave the base."

Fogel said she saw similar events at restaurants in nearby DuPont presented by K-Pod Entertainment and hosted by DJ K-Pod. It just so happened that he had availability on Friday nights, and that's when Trivia Nights began on Lewis Main.

The brewhouse's Trivia Night is a family-friendly event where teams of four are formed to compete for first and second place prizes.



Each Trivia Night has a theme or genre chosen by DJ K-Pod, such as general knowledge to a seasonal-based category, such as Halloween History last October.

"He's done the 1980s (theme) and also a movie-themed trivia,"

Fogel said. "We try to let people know what the theme will be (ahead of time on social media)."

Sam Adams' trivia nights are planned for: April 6 and 20, May 4 and 18, June 1, 15 and 29, July

13 and 27 and August 10 and 24. A music trivia question appears on the big screen during Trivia Night at Samuel Adams Brewhouse on Lewis Main March 23.

13 and 27 and August 10 and 24. Sergeant Margaret Jochman-Corr, of 1st Squadron, 14th Cavalry Regiment, 1st Brigade, 2nd Infantry Division, and Sgt. Nelson Gabriel, of Headquarters and Headquarters Company, 1st Bde. 2nd Inf. Div., are both regulars at Sam Adams and said they enjoy coming each time.

"We encourage people to come out and have some fun," Jochman-Corr said. "All the knowledge sitting in your head — there's a place for it here."

The Club at McChord Field will host its next Trivia Night Friday inside the Pub and Deli starting at 5 p.m. This event is open to JBLM community members ages 21 and older.

Maykayla Powell, assistant business manager of the Club at McChord Field, said the last

Trivia Night Feb. 2 attracted about 45 people.

"We're really trying to bring customers into the pub, into our facility and give the service members something to do on a Friday night," she said.

The Club at McChord Field's event will offer prizes for first and second place with Exchange gift cards. There is no cover, and club members receive a free buffet meal during the event.

Food and drink specials will be available when the doors open at 4 p.m., an hour before Trivia Night kicks off.

"If people want to come in early to get a good seat or get a drink, they definitely can," Powell said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 10C

## OUT

techniques and muscle memory exercises for the roll.

- Level 4: Multi-day kayak trip prep and T-rescue.
- Level 5: Learning the kayak roll.

After the fifth level, continue to perfect the roll. Minimum age: 12; children younger than 18 must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$35.**

APRIL 21-22

## BASIC ALPINE CLIMBING COURSE AT CASCADES

Receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. It serves as a prerequisite for many of JBLM Outdoor Recreation's basic-level climbs and is a stepping stone to more technically-difficult mountains, including Denali. This is the second half of the Basic Alpine Course classroom portion. This

course is an overnight trip in deep snow conditions to practice all the skills learned in the classroom. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$125.**

MAY 7-31

## PLAN YOUR DENALI CLIMBING EXPEDITION

Formerly known as Mount McKinley in Alaska, the highest mountain in North America has been the goal of aspiring high-altitude climbers since it was first climbed in 1913. Its reputation as a highly-coveted summit derives from its location near the Arctic Circle and the Pacific Ocean (Gulf of Alaska), giving it some of the most ferocious weather in the world. Because of its notorious weather and ease of access, some climbers use Denali as a training ground for climbing the 8,000 meter peaks of the Himalaya and for extended expeditions in the Arctic or Antarctic. For the peak baggers, Denali is the highpoint of the Denali Borough, the state of Alaska, the United States, the Alaska Range and all of North America.

Denali offers one of the

world's greatest expedition challenges. Although it is exceeded in elevation by peaks in South America and Asia, its great height above the Alaskan plain make it a severe test of personal strength, team work and logistics. No peak in the world has greater relief. Denali rises 17,000 feet above its surrounding plain; Kilimanjaro is 14,000 feet and Everest is 13,000 feet. Vertical elevation gain on Everest from the normal base camp for the South Col route is 11,000 feet; from the landing spot on the Kahiltna Glacier Denali's summit rises another 13,000 feet. Further, the mountain (and all mountains this far north or south) behaves like it's taller than it really is — the reason being that the barometric pressure in the northern/southern latitudes is less than at the equator which makes climbers feel higher than they really are.

West Buttress and the climb is undoubtedly considered as an exceptional mountaineering challenge.

Although there are no technically difficult sections on the route, many stretches of "The Butt" leave very little margin for error. Furthermore, the West



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Even though spring has officially begun, there are still several snow-related adventures in the coming months like skiing, snow tubing and mountain climbing.

Buttress is just as exposed as any other route to Denali's legendary weather.

Prospective climbers should be highly competent in travel on moderately steep snow/ice

slopes and exposed traverses. Register at [JBLMmwrRegistration.com](http://JBLMmwrRegistration.com). **\$5,000.**

**SPRING BREAK 6**  
A BEACH PARTY IN THE SAND

Hysteria • Def Leppard Tribute From Seattle  
Friday, March 30th

Nearly Dan • Performing the Music of Steely Dan  
Saturday, March 31st

Faithfully • Journey Tribute

Friday, April 6th & Saturday, April 7th

Doors 7:00 PM | Shows 8:00 PM • Tickets \$10 Advance & \$15 Day of Show



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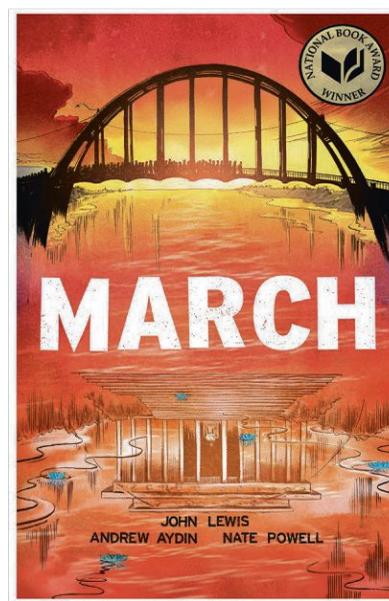


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