



GUARDIAN WEEKEND

A preview of the ShamROCKin' Run 5K, 3c

ALSO INSIDE

Marines enable Bayonet Focus, 3A

JBLM NORTHWEST

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DIRECTORATE OF EMERGENCY SERVICES

New JBLM police chief a familiar face

Chief Robert Miller is the longest tenured police officer on JBLM

BY DEAN SIEMON
Northwest Guardian

Robert Miller was sworn into his role as police chief of Joint Base Lewis-McChord's Directorate of Emergency Services in front of military and civilian peers, as well as his family, Feb. 22 at the Lewis Main Chapel's Fellowship Hall.

Swearing in a police chief for a

police force is a relatively new concept on a military installation. Then again, so is the position of a civilian police chief; the role was first formed at JBLM in 2013. Miller is the second JBLM police chief; the first is current DES deputy director Ted Solonar, who was promoted last September.

"I think we have a great

opportunity with Chief Miller; he's the right guy at the right time," Solonar said. "I think he's a perfect fit, and I'm extremely confident in where he's going to lead this organization."

Miller has nearly 27 years of law enforcement experience that started during his eight years serving with the 504th Military Police Battalion, 1st Military Police Brigade — now the 42nd Military Police Brigade. Miller's

SEE CHIEF, 10A



DEAN SIEMON Northwest Guardian

Robert Miller, right, is sworn in as the new Chief of Police for JBLM during a ceremony at Lewis Main Chapel Feb. 22.

ARMY SPOUSE OF THE YEAR

Gold Star spouse's service honored

'This journey has been humbling'

BY STAFF SGT. MARCUS BUTLER
1st Special Forces Group (Airborne) Public Affairs

The role of the military spouse is one of selflessness and courage. It's a job that does not pay or come with any awards and means early mornings, late nights and frequently going weeks and months without a partner nearby. It regularly includes playing both mother and father, both good cop and bad, being a counselor, provider and director — or a combination of all three.

Countless men and women have taken on this role without complaint or hesitation. One story, in particular, shows the embodiment of these characteristics.

Krista Simpson Anderson, Gold Star Spouse and wife of an active duty Green Beret with the 1st Special Forces Group (Airborne), has been named the 2018 Army Spouse of the Year and the Joint Base Lewis-McChord Military Spouse of the Year.

"As Army Spouse of the Year, I am honored to have the opportunity to not only represent Special Forces spouses but all

SEE AWARD, 10A

IN THE NEWS



SENIOR AIRMAN TRYPHENA MAYHUGH
McKay Neel, left, is the 4th Airlift Squadron's new honorary pilot.

PILOT FOR A DAY

On Feb. 20, 10-year-old McKay Neel, left, became the newest honorary pilot in the 4th Airlift Squadron after a tour of Joint Base Lewis-McChord with his family and friends. See story, A2

WASHINGTON STATE PATRIOTIC DAY AND MASSING OF THE COLORS

IN HONOR OF THE FLAG



STAFF SGT. KENNETH PAWLAK 7th Infantry Division Public Affairs

Soldiers from the 7th Infantry Division join other patriotic organizations in the Massing of the Colors during the second annual Washington State Patriotic Day at Stadium High School Tacoma Saturday.

JBLM units participate in colorful patriotic celebration in Tacoma

BY STAFF SGT. KENNETH PAWLAK
7th Infantry Division Public Affairs

From the DuPont Cub Scouts to the 7th Infantry Division under I Corps, more than 100 national and organizational colors marched into Stadium High School's gymnasium as the greater Joint Base Lewis-McChord community came together to honor their devotion to the country Saturday at the Tacoma high school.

The second annual Washington State's Patriotic Day and Massing of the Colors honored one of our nation's founding fathers and the patriotic sacrifices of those who have served and are serving in the U.S. military.

"What a great event to be a part of, as we celebrate the 286th birthday of one the country's most notable patriots, President George Washington, the namesake of this state,"

SEE FLAG, 10A



Maj. Gen. Willard Bureson III, the 7th Infantry Division commanding general, speaks during the Washington State Patriotic Day Saturday.

HIRING OUR HEROES AND MILITARY SPOUSE PROGRAM

Spouses bring people skills, optimism to job fair

BY RUTH KINGSLAND
Northwest Guardian

Optimism filled the room as hundreds of military spouses and 80 local employers gathered for the Military Spouse Program Career Event reception at American Lake Conference Center Wednesday evening for the start of the two-day event.

Coordinated by Hiring our Heroes and the U.S. Chamber of Commerce Foundation, the event gave attendees a time to network, connect and learn

about job opportunities as well as find out what it takes to land a job and be successful in a variety of industries.

Colonel Nicole Lucas, Joint Base Lewis-McChord garrison commander, made the opening remarks, sharing insights into being a military spouse and why potential employers should consider hiring military spouses.

"Military spouses have remarkable skills," she said,

SEE FAIR, 10A



RUTH KINGSLAND Northwest Guardian

Col. Nicole Lucas speaks at the Military Spouse Program Career Event reception at the American Lake Conference Center Wednesday.

4TH AIRLIFT SQUADRON

Local special needs child becomes 'Pilot for a Day'

BY SENIOR AIRMAN TRYPHENA MAYHUGH
62nd Airlift Wing Public Affairs

If the proverb is true that laughter is the best medicine, then perhaps a smile could go a long way for a child with a serious or chronic condition.

On February 20, 10-year-old McKay Neel became the newest honorary pilot in the 4th Airlift Squadron as he and his family and friends received a tour of Joint Base Lewis-McChord.

Robert Branscom, Air Force Association Chapter 334 Pilot for a Day chairman and McKay's father's colleague, thought it might be an enjoyable experience for one of the Neel children.

"We have four children with special needs and had never been offered such a wonderful experience for one of our children," said Stephen Neel, McKay's father. "We could not say no to such an amazing gift of time and effort."

McKay, his parents and a few friends received a base tour to include a military working dog demonstration, a fire truck ride and spraying the hose, visiting the control tower, receiving survival, evasion, resistance and escape training that included a parachute simulation, a C-17 Globemaster III tour and a seat at the controls of a C-17 simulator.

For McChord's Pilot for a Day program, the hope is to spread a smile across the face of a participating child for the full day they are part of the McChord Field family as an honorary pilot.

With a motto stating, "A special day for our special kids," the McChord Field AFA is in charge of the program and is responsible for funding and child nominations.

"It has been outstanding," said Capt. Nick Cooley, 4th Airlift Squadron C-17 Globemaster III pilot who McKay shadowed during his tour. "He is just a happy child, and of course that helps a ton. I think every stop from the canine unit to the tower to the simulators has been a blast for him. It's been great."

For McKay, nothing could beat getting behind the wheel of a C-17 and pilot one for himself.



SENIOR AIRMAN TRYPHENA MAYHUGH U.S. Air Force Photo

McKay Neel sits in the pilot seat of a C-17 Globemaster III during his Pilot for a Day tour of McChord Field Feb. 20. During his day as a 4th Airlift Squadron pilot, McKay visited military working dogs, the fire department, survival, evasion, resistance and escape training office, a C-17 Globemaster III simulation and received of tour of a C-17.

"My favorite part of the tour was the flight simulator," he said. "I especially liked flying around Mt. Rainier."

The Pilot for a Day program provides a unique and in-depth experience for families who may not have had much experience or know much about military life.

"I think it's a great way to do community outreach and educate (the community) about the Air Force," said Jennifer Neel, McKay's mother. "I know I have a tendency to think of military bases and those working and living there as kind of exclusive, keeping to themselves without much interaction with the surrounding areas, but that is not accurate at all. A program like this is such a positive way to bridge the gap with local communities."

When it comes to Air Force personnel interacting with the children participating in Pilot for a Day, the excitement goes both ways.

"I feel like McKay, as a young child, I was looking forward to this more than he was," Cooley said. "I couldn't really sleep last night, just kind of excited to see his reaction, the smile on his face. I like showing off where I work. I'm really proud of the 4th AS; we have a lot of heritage and pride in our unit, so to be able to

share that with McKay today has been my favorite part."

During the tour, McKay received a flight suit and jacket, a 4th AS coin and badge, a SERE survival kit, a C-17 model and more to commemorate his day as an Air Force pilot.

"Steve and I were both really impressed with this program," Jennifer said. "We've never been involved with something like this and were amazed at all that was included. From the time and effort put into it to the experiences we got to have, and the gifts we received, it was all very impressive. But more than that we truly felt welcomed, like everyone we met was happy to have us there and give their time, not like they were just going through the motions. It's pretty incredible to feel a part of something like that. We are so grateful to Robert Branscom and Captain Cooley for all their efforts to make this such an amazing experience for our family, but especially for our son. I know this is a day he will always remember."

McKay's special day ended with cake and ice cream at the 4th AS to celebrate his successful mission as the squadron's newest honorary pilot.

For more information on the Pilot for a Day program, visit tinyurl.com/yanntmtf.

NEWS IN BRIEF

2017 Team McChord Annual Awards winners announced

Team McChord announced the 2017 annual award winners Feb. 23 during the Team McChord Annual Awards Banquet at the Club at McChord Field.

"To each of our award winners, you are among the best in the world," said Col. Rebecca Sonkiss, 62nd Airlift Wing commander. "To win an award from this team speaks volumes about you, but it also speaks volumes about your supervisors who took the time to mentor you, to grow you, to make you among the best."

The awards recognized the best in 14 different categories:

- Civilian Category I of the Year was Brandon Mudery, 62nd AW
- Civilian Category IIA of the Year was Greg Robbins, 62nd AW
- Civilian Category IIB of the Year was Justin Boyer, 62nd AW
- Civilian Category III of the Year was Charles Hawthorne, 627th Air Base Group
- Airman of the Year was Senior Airman Kyle Harper, 22nd Special Tactics Squadron
- Noncommissioned Officer of the Year was Tech. Sgt. Gregory Jenkins, 627th ABG
- Senior Noncommissioned Officer of the Year was Master Sgt. Kevin Peterson, 62nd AW
- First Sgt. of the Year was Master Sgt. Cale Hollingsworth, 62nd AW
- Junior Company Grade Officer of the Year was 1st Lt. David Wallace III, 627th ABG
- Company Grade Officer of the Year was Capt. Robert Young, 627th ABG
- Field Grade Officer of the Year was Maj. Sean McConville, 62nd AW
- Key Spouse of the Year was Lacey Culp, 62nd AW
- Innovation Team of the Year was the 627th ABG, 627th Force Support Squadron, food service section
- Service Award of the Year was 62nd AW, 8th Airlift Squadron key spouse

— 62ND AIRLIFT WING PUBLIC AFFAIRS

Army Emergency Relief to host rescheduled kickoff event Friday

The Joint Base Lewis-McChord Army Emergency Relief program will host its rescheduled campaign kickoff at Carey Theater Friday at 9:30 a.m.

The campaign, now-May 15, is about Soldiers in need and being a part of the Army tradition of "Soldiers helping Soldiers" and "Helping the Army take care of its own." Donations to AER are tax deductible and can be made with a personal check, allotment, cash, credit or debit card.

This is the 76th year of the AER campaign, which provides service members and their families emergency financial assistance in the form of interest-free loans, grants or a combination of both, during valid emergencies requiring immediate assistance. The program also provides scholarships for military spouses and children.

It also gives undergraduate-level education scholarships, based primarily on financial need, to children of Soldiers, spouses of active-duty Soldiers and Gold Star spouses. In 2017, JBLM's AER provided Soldiers and their families more than \$2.3 million in assistance. For more information, visit jblmmwr.com/acs/aer.html.

— RUTH KINGSLAND, NORTHWEST GUARDIAN

Army Officer Candidate School alumni reunion is March 25-29

Please make plans to attend the U.S. Army Officer Candidate School Alumni Association 2018 Reunion March 25-29 in Columbus, Ga.

The OCS Alumni Association represents all Army officers commissioned through any Officer Candidate School, regardless of previous locations or branch affiliation. More than 250,000 OCS graduates and 43 Medal of Honor awardees have provided leadership during peace and war. The OCS is located at Fort Benning, Ga., and continues to serve as a principal venue for officer accessions for the Army.

Reunion will include a Hall of Fame induction ceremony, reception, and formal dinner with the presentation of the Patterson Award. There will also be demonstrations and briefings at Fort Benning highlighting developments related to the OCS program and the opportunity to interact with current OCS candidates.

The reunion will be at the Columbus Marriott Hotel, 800 Front Ave. For more information, visit ocsalumni.org or call Nancy Ionoff at 813-917-4309.

— U.S. ARMY OFFICER CANDIDATE SCHOOL ALUMNI ASSOCIATION

Survivor Outreach Services moves location to Waller Hall

Survivor Outreach Services moved from its former location to Waller Hall, Building 2140. SOS is committed to serving families of the fallen. When you call, you will be connected to a dedicated person who will guide you through available agencies and help you get the benefits and support you need. For more information, call 1-866-963-2538.

— RUTH KINGSLAND, NORTHWEST GUARDIAN

Construction underway at Waller Hall, McVeigh, Grandstaff Library

Construction around the sidewalks and parking lots of the McVeigh Gym on Lewis Main began Feb. 12. The work will be done in five phases and is scheduled to be complete by Aug. 2.

Construction began Feb. 16 on the parking lot next to the Grandstaff Library and Waller Hall on Lewis Main. Grandstaff Library and Waller Hall remain open through construction.

Construction will be conducted in two phases. Phase one, from Feb. 16-June 8, will begin in the main parking lot located in front of Grandstaff Library and Waller Hall to include 10th Avenue which will also be closed down.

During this time, the main entrance to the library will be closed off, and access will not be allowed.

Patrons will be able to enter the building via the rear entrance located on the opposite side of the building near North 8th Street. The drive-up access book drop will be relocated to the pass-through located on Pendleton Avenue.

Phase two of the construction is set for June 8-Oct. 12. The remainder of the parking lot will be upgraded at that time to include parking in front of the Grandstaff Library as well as the end of Waller Hall and America's Credit Union.

— JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

MICROSOFT MILITARY PROGRAM

Microsoft training free at base libraries

BY RUTH KINGSLAND

Northwest Guardian

Service members considering a transition out of the military as well as anyone with access to Joint Base Lewis-McChord has the option to receive free training and certification with one of the country's leading software and technology companies by enrolling in the Microsoft Military Program, available at no cost at both McChord and Grandstaff libraries on base.

The program is funded by a state grant and enables service members and civilians to become certified in specific software applications that make up Microsoft Office specialist and Microsoft technical assistant positions, including Excel, PowerPoint, Outlook, Word, Cloud Fundamentals, Database Fundamentals, Networking, Security and Software Development Fundamentals.

"It could cost \$1,200 to get this same training and testing, including paying for proctors for the tests," said Liz Athey, digital literacy associate with Pierce County Libraries.

Athey led a 30-minute orientation to the Microsoft Military Program at McChord Library Wednesday. At the same time, a similar program was hosted at Grandstaff Library by another Pierce County Library staffer.

The orientation is offered the fourth Wednesday of the month at noon at both JBLM libraries.

The program is offered through coordination of Pierce County Libraries, JBLM libraries and Microsoft.

The software giant is headquartered in Redmond, Wash., and offers extensive training and job opportunities to veterans. Getting a foot in the door at the mega company and in other office and technical companies



SCOTT HANSEN Northwest Guardian

is a bit easier when a person has completed the Microsoft Military Program and taken certification tests, according to Sue Baldwin, librarian and branch manager at McChord Library on McChord Field.

"Being able to get the certification is a huge (advantage)," Baldwin said.

The program isn't specifically for getting a job at Microsoft, but having certification in the specific software programs is helpful at many businesses, Athey said.

Although the program has been offered since early 2017 at JBLM, it was revamped at the end of the year. It's now easily accessible for JBLM participants to complete their coursework online — either at home or at the JBLM libraries — and test at the Pierce County Library facilities.

According to Athey, in 2017, people enrolled in 621 courses through the program and 182 certifications were awarded.

Sergeant Ben King, 1st Squadron, 14th Cavalry Regiment, 1st Brigade, 2nd Infantry Division, attended Wednesday's orientation at McChord Library hoping to sign up for the HTML5 App Development Fundamentals certification program.

King is originally from

Vancouver, Wash., and after service in Korea and Georgia, he will transition out of JBLM in July. He's already earned a bachelor's degree in information technology through Columbia Southern University's online program, and wants to take advantage of any other educational programs, such as the Microsoft Military Program, before he goes out to land a job in the civilian world.

"The big thing is though I've done some web development ... I'm hoping the certification will help break down some of those (barriers to getting hired)," King said.

Athey said there's no expected time frame for completing courses, and people can work at their own pace. King said he hopes to finish his first course in about two weeks.

There are three steps involved in the program, Athey said: enroll, learn and certify.

Once a course is completed, the student receives a voucher from Pierce County Libraries for 60 days to complete testing, which can include practice tests.

For more information, call the Grandstaff Library at 253-967-5889 or McChord Library at 253-982-3454 or email: mmp@pcls.us.

Page Three

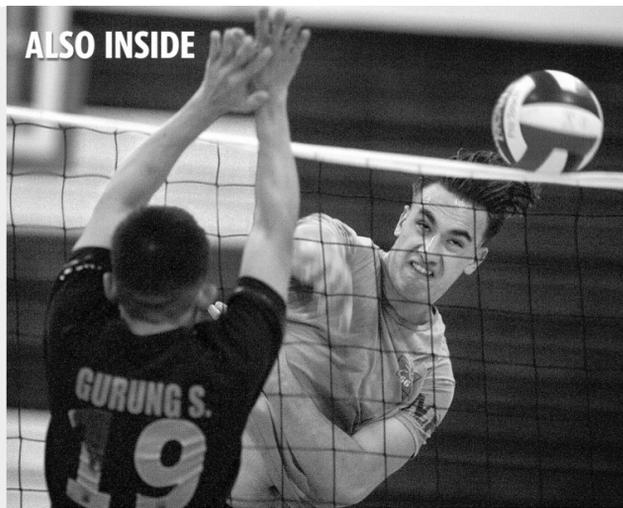
QUOTE OF THE WEEK

"The technological edge that we've enjoyed for three decades, and which (is) essential for us to fight and win these wars, still exists, but by no means (is) assured. As Americans, freedom is our birthright. But a perpetual technology advantage is not assured, and both must be vigorously defended."

Mark Mitchell

Deputy assistant secretary of defense for Special Operations

ALSO INSIDE



SCOTT HANSEN Northwest Guardian

VOLLEYBALL: 504th MP Bn. beat HHB, 17th FA Bde. to win the JBLM Commander's Cup Volleyball championship Wednesday. **See story, 1B**

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● **Dual-military couple weathers first deployment apart:** For six years, from high school sweethearts to Army Soldiers, Sgt. Karrington Austin and Spc. Dominique Austin, both assigned to 5th Squadron, 7th Cavalry Regiment at Fort Stewart, Ga., have been dedicated to each other with no end in sight. Although married life is tough for any couple, dual-military romances face unique obstacles, but can withstand the test of time with love.

● **Stratcom commander discusses strategic deterrence mission:** Adversaries are evolving, and the United States needs to stay ahead of these threats to ensure it never enters a "fair fight," the commander of U.S. Strategic Command said in



Arlington, Va., Wednesday in a keynote address at the Association of the United States Army's discussion on Army air and missile defense. Air Force Gen. John Hyten said the top priority of his command is deterring the use of nuclear weapons, preventing the use of those weapons against the United States and its allies and preventing a catastrophic space or cyberspace activity.

7TH INFANTRY DIVISION

U.S. Marines aid Bayonet Focus

BY STAFF SGT. KENNETH PAWLAK
7th Infantry Division
Public Affairs

FORT HUNTER LIGGETT, Calif. — During Exercise Bayonet Focus 18-02, joint operations took place at Fort Hunter Liggett, Calif., as 60 U.S. Marines performed essential tasks for the 7th Infantry Division's unit exercise success.

Marines from the 1st Air Naval Gunfire Liaison Company, 1st Marine Expeditionary Force, performed in a variety of roles Jan. 27 to Feb. 16, enabling the 1st Brigade, 2nd Infantry Division and the 7th Infantry Division to certify the Stryker Brigade's individual and collective task readiness and proficiency in preparation the National Training Center/Fort Irwin Decisive Action Training Exercise 18-06, planned for April.

"Exercise Bayonet Focus provided 1st ANGLICO a unique opportunity to conduct our primary liaison mission in a large scale, division-sized exercise," said Lt. Col. Michael Hays, the 1st ANGLICO commander. "It allowed us to fully integrate our small teams the division, brigade, battalion and company levels, and facilitate fire support planning and execution at all echelons of command."

Hays said 1st ANGLICO participation helped enhance the joint nature of the exercise.

"(This) allowed the 7th Inf. Div. the opportunity to integrate Marines into their staff," he said. "Exercise Bayonet Focus provided us an excellent



STAFF SGT. KENNETH PAWLAK 7th Infantry Division Public Affairs

U.S. Marines from the 1st Air Naval Gunfire Liaison Company, 1st Marine Expeditionary Force, set up a communications satellite during Exercise Bayonet Focus 18-02 at Camp Roberts, Calif., Feb. 7. The exercise allowed Marines and Soldiers to build cohesion and develop a shared understanding of capabilities.

opportunity to learn the best practices for integration, interoperability and the passing of information."

Sergeant Evan Bunnell with the 1st ANGLICO said it is a rare occurrence when the unit is able to partner in an exercise of this magnitude.

"Being a liaison, I've learned quite a few things about the Army's procedures," he said. "The Army is vastly larger than the U.S. Marine Corps, and it takes getting used to."

Throughout Bayonet Focus, which officially kicked off Feb. 5, the partnership between Marines and Soldiers played a pivotal role in the overall success of the exercise.

"We were working in the fires section in processing fire missions to help shape the battlefield for 1st Brigade, so they could learn the different steps on how to process and clear fire missions to provide accurate fires for the lower echelons," said Sgt. John Vincent Paet, a

fire control noncommissioned officer from the 7th Inf. Div. "It's good to see how others operate (who) have similar jobs as you do in a different branch, where you can see the similarities. This helps build stronger bonds within the different branches of the military, by working together in training exercises."

The headquarters platoon of 1st ANGLICO from Camp Pendleton, Calif., supported Task Force Ghost, not only with fires

"Exercise Bayonet Focus provided 1st ANGLICO a unique opportunity to conduct our primary liaison mission in a large scale, division-sized exercise. It allowed us to fully integrate our small teams the division, brigade, battalion and company levels, and facilitate fire support planning and execution at all echelons of command."

Lt. Col. Michael Hays
Commander, 1st Air Naval Gunfire Liaison Company

support but also with logistics, fuel, food, and communications during this validation exercise. The Marines' support also helped to build and sustain readiness.

"ANGLICO was here for support," said Cpl. Brentley Hoglen, from the Camp Pendleton unit. "On our last convoy, we took 1st Brigade supplies such as food, water and fuel. That is pretty much what we do — support the brigade's units."

Marines were not only building and sustaining their shared understanding of each other's capabilities but also ensuring that Task Force Ghost is ready for its April NTC rotation and readiness for any mission.

"In any future conflict, the strength of the U.S. Armed Forces is our ability to work together as one large joint team," Hays said.

I CORPS

2nd Cav. talks equipment modifications with I Corps

BY STAFF SGT. JENNIFER BUNN
2nd Cavalry Regiment

ROSE BARRACKS, Germany — Senior and junior leadership from Field Artillery Squadron, 2nd Cavalry Regiment hosted an equipment modification discussion with Brig. Gen. Michel-Henri St-Louis (Canada), I Corps deputy commanding general-operations at Joint Base Lewis-McChord, and representatives from General Dynamics Land Systems Feb. 22 at the FA headquarters.

The main topic of discussion was about how to adapt a Stryker combat vehicle into a prime mover for a howitzer crew.

Following a formal presentation, St-Louis engaged the crew members in the motor pool, where they provided feedback from their personal experience after they tested the concept in the Grafenwoehr Training Area.

Although Soldiers at JBLM were the first to hook up a M777A2 howitzer to a Stryker, Staff Sgt. Colt Dietrich, a howitzer crew chief assigned to Archer Battery, and his crew are the first to drive the combination in a field environment.

"We are the first ones to actually drive it and test it on the road," Dietrich said. "I like it a lot. I think it's going to be a good advancement for us."

Currently, the howitzer crew tow their M777A2 with a M1083 Medium Tactical Vehicle, a general utility truck they also use to haul other equipment.



STAFF SGT. JENNIFER BUNN 2nd Cavalry Regiment

The crew travels in separate vehicles because the MTV cab only accommodates three people, and everyone else is in Humvees. A Stryker has sufficient space for the whole crew.

"The Stryker is going to help with mobility really," Dietrich said. "This is a safer vehicle. We are just testing it to see what the capabilities are between this and the M1083 prime mover. So, basically we are just seeing what's going to be more efficient for us."

To continue to be a leading force in Europe, 2nd Cavalry Regiment is committed to modernization and readiness. Soldiers are already training in the field with the new 30mm Stryker Infantry Carrier Vehicle-Dragon and a Stryker with the

Common Remotely Operated Weapon Station for a Javelin.

A modified Stryker for the howitzer crews would add to the regiment's mobility and lethality.

"I think as far as safety, survivability and capability, (the Stryker) is better compared to the vehicles we have now," Dietrich said.

Force protection is a main concern when comparing a Stryker to a medium tactical vehicle.

The Stryker, with a standard remotely-controlled weapon system mounted on top, gives the crew greater lethality for self-defense and protection. Also, the Infantry combat vehicle has a lower center of gravity than the medium tactical

vehicle, which reduces the roll over risk.

Furthermore, Infantry combat vehicles provide a separate seat for individual passengers and seat belts for safety, versus riding in the back of a medium tactical vehicle with flat seats and only a troop strap.

By mandate, Soldiers cannot ride in the back of a medium tactical vehicle on European roads anyway. The Regiment travels thousands of kilometers each year to participate in multinational exercises throughout Europe.

Between questions and answers Feb. 22, St-Louis was able to observe the crew going through the emplacement and displacement crew drill of the howitzer connection to the

A howitzer crew from Archer Battery, Field Artillery Squadron, 2nd Cavalry Regiment, demonstrates how cumbersome the tow device is for a M777 howitzer to hook up to a Stryker Combat Vehicle Feb. 22. The crew gave feedback on how a Stryker would need to be modified to carry a howitzer crew and their equipment during a mission.

Stryker with the current tow device.

"The current Stryker prime mover tow device needs to be reconfigured for a top mount design," said Maj. Jacob Estrada, operations officer for FA Squadron. "The current design requires Soldiers to lift the device to the howitzer barrel to attach it, while also balancing the howitzer. This means it takes four people rather than the standard two people, taking two Soldiers away from normal crew drill duties."

Estrada said engineers are confident it could be modified to lay across the top of the barrel instead, allowing its weight to rest on the howitzer barrel.

Additional considerations addressed included the greater fuel capacity the Stryker has versus the medium tactical vehicle, which allows for increased operational reach. The Stryker also provides a better communications platform.

Estrada said overall, Archer Battery and the howitzer crew were excited to execute the proof of concept and provide feedback so the relevant parties can conduct further analysis and begin making modifications.

"The I-Corps DCG-O engagement with Brig. Gen. St-Louis was a success," Estrada said. "We were able to provide informed, candid feedback to the DCG, Stryker Warfighting Forum, General Dynamics and the Army Test and Evaluation Command."

Viewpoint



**Commander, I Corps and
Army Senior Commander, JBLM**
Lt. Gen. Gary Volesky

**Commander, 62nd Airlift Wing and
Air Force Senior Commander, JBLM**
Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM
Col. Nicole Lucas

Public Affairs Officer
Joseph Piek

Editor
Bud McKay

Journalists
Dean Siemon
Ruth Kingsland

Assistant Editor
Pamela Kulokas

**Photojournalist,
Page Designer**
Scott Hansen

To contact the **Northwest Guardian**, call 253-477-0182. The newspaper office is in Building 1010, Joint Base Lewis-McChord, WA 98433-9500; email NWGEditor@nwguardian.com. Provide feedback online at <https://ice.disa.mil>.

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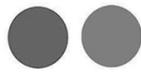
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STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



What's your favorite Meal, Ready-to-Eat?

"Frank and beans — way back in 1998, the dark brown MRE without individual heaters with the cheese package."

— JIMMIE HARRIS

"Chilli mac."

— BRANDON POSTON

"Back in the 90's the Pork with Rice in BBQ sauce would git-er-dun. Beef stew was second."

— DONALD JOHNSON

"Cheese tortellini."

— JORDIE HALL

"Beef stew sucked the least."

— ROBERT TINDELL

"Maple sausage patty."

— JESS NELSON

"Beef Enchilada."

— SARAH SPEARMAN

"Chicken fajita."

— THOMAS KNOLL

"Any of the pasta dishes, primavera for example."

— VERA SALDANA

Next week's question

How do you rate parking on JBLM? Are all reserved courtesy spaces necessary?

VIEW FROM THE TOP



STAFF SGT. DANIEL LIDDICOET U.S. Air Force Reserve Photo

Col. Sean Pierce, who took command of the 446th Airlift Wing in January, believes in being a servant leader.

Leadership starts with service to organization

BY COL. SEAN PIERCE

446th Airlift Wing Commander

January marked a change of pace for the Rainier Wing. We rang in the New Year and said goodbye to an incredibly instrumental wing commander, Col. Scott McLaughlin, who transitioned to become the Fourth Air Force director of staff.

During the change of command ceremony, where I became the 25th commander of the 446th Airlift Wing, I spoke about my command philosophy. Being a leader starts first with serving your organization.

It is through servant leadership that I want to empower members of the Rainier Wing to accomplish our mission. This leadership concept isn't just relevant for a Reserve wing; it is applicable to many different types of organizations.

As the leader of your organization, you set the stage for success or failure. The most effective leaders do not seek power, wealth, or fame; they seek to make a difference in the lives of others. Servant leadership enables others to lead and strengthens an organization by strengthening the people within that organization.

Servant leadership is about authentically leading and developing one's subordinates as well as oneself.

It's about the Air Force's core

value of service before self and placing unit needs above your individual needs. It's about striving for excellence and to mentor others so the entire organization thrives. It's about integrity and doing what is right all the time.

Being proactive about addressing shortfalls and issues is going to ensure our ability to meet future challenges. As a servant leader, I will do my best to employ the foresight to ensure members of our wing are a part of the decision-making process.

Having commitment to the growth of our officer and enlisted corps will also ensure we are positioned to groom the next generation of leaders.

Starting out as a helicopter flight leader with the California Army National Guard taught me a lot of things about leadership. So did a lot of the mentors I've had along the way. True leadership starts with knowing your organization at every level and making sure people have a voice and the confidence in themselves to use it.

The challenges and changes the military as a whole are experiencing will push leaders to switch into high gear to be able to flex to meet operational requirements. Making a difference in the lives of others through effective leadership will encourage military members and

future leaders to meet these challenges head on.

As the reserve component at Joint Base Lewis-McChord, our Reserve Citizen Airmen work to manage full-time civilian careers while ensuring they're ready to deploy when called upon. The key component to leading a part-time force is going to be ensuring they've got the resources needed to plan out support to worldwide operational missions. To accomplish this, stability and predictability are necessary.

The Air Force Reserve is now increasingly relied on for steady state readiness — from flying airlift channel, firefighting, aerial spray and hurricane hunter missions, to providing highly-skilled medical and aeromedical personnel.

Our role as a strategic force held in "reserve" evolved into an operational Reserve force. That's certainly descriptive of the Rainier Wing, as we support Operation Deep Freeze National Science Foundation research, providing continuity and expertise in one of the most austere environments in the world.

There is no doubt that 2018 will bring us many demanding situations. As leaders, it's on us to make decisions to take care of our people. Employing servant leadership is just one leadership tactic, but it's one that I take to heart and will remain committed to throughout my career.

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)

Sunday, 9 a.m. — Lewis Main Chapel

Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel No. 2

Sunday, noon — Lewis Main Chapel

Sunday, 5 p.m. — Lewis Main Chapel

Weekdays, noon — Lewis North Chapel

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125

1st Friday, noon — McChord Chapel No. 2

JBLM SNAPSHOT



CAPT. MATT BUNKER 2nd Brigade, 2nd Infantry Division

Soldiers from 8th Squadron, 1st Cavalry Regiment, 2nd Brigade, 2nd Infantry Division conducted air assault training with the 16th Combat Aviation Brigade in the snow and freezing temperatures at a training area on Lewis Main Feb. 22.

THIS WEEK IN HISTORY

March 2, 1917: Puerto Ricans become U.S. citizens, are recruited for war effort.

March 3, 1887: Helen Keller meets her miracle worker: Anne Sullivan.

March 4, 1944: Eighth Air Force bombs Berlin.

March 5, 1966: Staff Sgt. Barry Sadler hits #1 with "Ballad Of The Green Berets"

March 6, 2001: The death spiral of Napster begins.

March 7, 2010: Kathryn Bigelow becomes first female director to win an Oscar.

March 8, 1950: VW bus, icon of counterculture movement, produced.

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Season begins April 7 at the Lewis North Athletic Complex

Sign-up Meeting March 15 @ noon
Nelson Recreation Center

Registration Cost \$250 per team

League Tournament May 5

Players without teams encouraged to attend coaches meeting for team placement.

Open to JBLM Community ID cardholder ages 18+

For more information, visit JBLMmwr.com/intramural or contact the Intramural Sports Office at 253-967-1195.

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JOHNATHAN ARNESON
Bachelor of Science,
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*Source: "Cybersecurity Market Report," Cybersecurity Ventures, May 31, 2017.



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JBLM FAMILY & MORALE, WELFARE & RECREATION RECRUITING FAIR



FRIDAY, MARCH 9
EAGLES PRIDE GOLF COURSE
Off I-5 at Exit 116

8-10 a.m.
Applicants submit applications and resumes

9:45 a.m. - 3 p.m.
MWR facility managers conduct initial interviews & NAF HR may extend tentative job offers

SPORTS, FITNESS & AQUATICS FLEX POSITIONS: Recreation Assistant: NF-02, \$13.80-15 (9 at gyms); Custodial Worker: NA-02, \$12.60-13.86 (6 at gyms).

OUTDOOR RECREATION FLEX POSITIONS: Following marina jobs are seasonal not to exceed 1 OCT: Recreation Assistant: NF-02, \$13.80 (1 at Marina); Recreation Aid: NF-01 - \$11.50 (5 at Marina); Custodial Worker: NA-02, \$12.60-13.86 (2 at Marina).

BUSINESS OPERATIONS DIVISIONS FLEX POSITIONS: All at various MWR Food & Bev. operations: Bartender: NA-05, \$14.42-16.82; Food Service Worker: NA-02, \$12.60-14.71; Food and Beverage Attendant: NA-03, \$13.21-15.41; Custodial Worker: NA-02, \$12.60-14.71; Laborer: NA-00 (Golf), Recreation Assistant: NF-02 \$13.80 (Golf), Recreation Aid: NF-01, \$11.50 (Golf).

RECREATION FLEX POSITIONS: Recreation Assistant: NF-02, \$13.80 (2 at Special Events); Custodial Worker: NA-02, \$12.60-13.86 (Warrior Zone).

QUALIFICATION REQUIREMENTS Must be at least 18 years old, able to lift 40 pounds, possess a high school diploma, able to communicate (verbal and written) in English and favorable completion of pre-employment and background checks.

Applicants should bring their Social Security card and birth certificate and/or passport. Applicants need to submit TWO paper applications at the Recruitment Fair! Tentative job offers may be extended and preliminary background checks will be initiated. Download DA Form 3433 from JBLMmwr.com (Community Update page). Visit the fb.com/JBLMmwr events tab for updated listings.

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JBLM VOLUNTEER OF THE MONTH

Spouse enjoys helping museum

Hitsman named JBLM Volunteer of the Month

BY RUTH KINGSLAND
Northwest Guardian

With a history of volunteering in her community and a passion for learning, teaching and enjoying life, Lewis Army Museum volunteer Danielle Hitsman is Joint Base Lewis-McChord's March Volunteer of the Month.

Each month, the base honors one of about 3,000 volunteers from 300 nonprofit groups on and affiliated with the base.

"I love history, and I'm trying to be like a sponge — storing up every bit of information," Hitsman said of her time at the museum.

Hitsman has been a volunteer at the museum for the past year, working in its gift shop and behind the scenes, cataloging items and helping out with last year's Camp Lewis Centennial.

She's been an important part of much of what happens at the museum, according to Erik Flint, director at the Lewis Army Museum.

"Danielle has been consistently reliable, and she has assisted us with just about everything we do at the museum — from outreach and the gift shop to managing and assisting with take down of old exhibits and reconstruction of new ones," Flint said. "She was integral with the



Danielle Hitsman, left, assists a customer Camille Hefty, of Tacoma, while working in the gift shop at the Lewis Army Museum Feb. 23. Hitsman has been named JBLM Volunteer of the Month for March.

Centennial and reopening of the museum. I'm ruing the day her (family moves); hopefully that won't be for a long while."

Danielle is the wife of Sgt. Eric Hitsman, 46th Aviation Support Battalion, 16th Combat Aviation Brigade. The couple is originally from Phoenix.

She previously volunteered at an animal shelter in Phoenix, and the couple has three rescue dogs: Snickers, a 13-year-old Shih Tzu; Emma, an 11-year-old

Australian Kelpie; and Dutch, an 8-year-old Bullmastiff.

Danielle's previous volunteerism also included working with a children's ministry through her then-church, Redemption Church in Tempe, Ariz., and working with Feed My Starving Children, a Christian nonprofit organization that packages and distributes food for people in developing nations.

She graduated from Mountain Point High School in Phoenix in

2000 and earned her bachelor's in science and nursing from Arizona State University in 2004.

"After I graduated, I landed my dream job in nursing," she said.

Her previous position was as a nurse in the neuroscience intensive care unit at St. Joseph's Hospital and Medical Center in Phoenix.

However, seven years at the hospital took a toll on the young

"Danielle has been consistently reliable, and she has assisted us with just about everything we do at the museum — from outreach and the gift shop to managing and assisting with take down of old exhibits and reconstruction of new ones. She was integral with the Centennial and reopening of the museum. I'm ruing the day her (family moves); hopefully that won't be for a long while."

Erik Flint

Director, Lewis Army Museum

nurse. Danielle said she burned out and needed a break.

About that time, her husband, who was working as a high school math teacher, decided the time was right to enter the military. JBLM is their first duty station.

While her spouse was deployed in Afghanistan last year, Danielle opted to spend her extra time as a volunteer on the installation, she said.

In addition to volunteerism and planning to eventually earn a master's degree in nursing so she can teach, Hitsman enjoys running, camping, road trips, growing plants and flowers and cooking.

JBLM VOLUNTEER OF THE YEAR AWARDS

Nominations welcomed for top volunteers

BY RUTH KINGSLAND
Northwest Guardian

Know someone who gives of their time and energy as a volunteer on or off the installation and deserves a little recognition for their enthusiasm, passion and good deeds?

Nominations are being accepted now to March 19 for Joint Base Lewis-McChord's Volunteer of the Year Awards. The awards include five categories of volunteerism and will be announced at the installation's annual Volunteer Award Recognition Luncheon at the Club at McChord Field, set for May 10 from 11:30 a.m. to 1 p.m.

"Without our volunteers, JBLM would look a lot different," said Lori Parker, manager of JBLM's Volunteer Corps Program, Directorate of Personnel and Family Readiness. "Our volunteers touch people's lives on a daily basis."

More than 3,000 people volunteer on a regular basis on the installation. Of those, only about 50 people are nominated each year. Many more are eligible for an award, but they lack a nomination, Parker said.

She's encouraging everyone who knows a volunteer who's



SCOTT HANSEN Northwest Guardian / 2017

doing a great job and is worthy of an award to consider taking a few moments to fill out an online nomination form and write up a short email — 750 words or less — about the person and why they should be given an award.

"It's very special to be nominated and for someone to recognize the accomplishments and contributions of a volunteer," Parker said, adding it's good to talk with the volunteer before

nominating them so you know of all the ways that person volunteers.

"Sometimes a volunteer is involved in several ways, and the nominator only knows they do one or two things," she said.

In addition to on-base volunteers, many JBLM service members and spouses live off base and volunteer in their own off-base communities, Parker said.

That's why three years ago, a

separate category "Community Volunteer" was added to the award categories. Those volunteer nominees can spend a majority or all of their time volunteering off base.

Here are the criteria for the other four categories:

- Adult Volunteer of the Year: JBLM volunteers who are civilians or spouses and family members of active duty.
- Active-Duty Volunteer of the

Year: JBLM volunteers who are active-duty service members stationed at JBLM.

- Retiree Volunteer of the Year: JBLM volunteer must be a retiree, spouse of a retiree or retired from a civilian job.

- Family Volunteer of the Year: nomination must include the impact and contributions of each family member as a JBLM volunteer.

One change to the awards this year is in the category of Active-Duty Volunteer of the Year. In the past, one volunteer was recognized in that category. This year, two winners will be recognized: one from the Army and one from the Air Force.

Nomination forms and category information fliers are available at the Installation Volunteer Office at the Family Resource Center, or by an email request to lori.j.parker2.civ@mail.mil or visit jblmafcs.com.

Nominations must be accompanied with a completed form and may be hand delivered to the Family Resource Center located at 4724 Idaho Ave. on Lewis Main, or emailed to lori.j.parker2.civ@mail.mil by March 19 at 4:30 p.m. For more information, call 253-967-2324.

MILITARY SAVES WEEK

Bank on it: Week encourages saving over spending

BY SUSAN MERKNER
U.S. Army Installation Management Command
JOINT BASE SAN ANTONIO, TEXAS

— Unless you have a money tree in your backyard, it's likely that growing your personal finances from a tiny acorn to a mighty oak takes constant vigilance.

Just like providing water and food to the garden, service members and their families must employ tactics such as saving regularly and avoiding too much debt.

"The financial readiness of Soldiers and their families is a priority for the Army because it has a direct effect on mission readiness," Lt. Gen. Kenneth Dahl, commanding general, U.S. Army Installation Management Command, said while signing a proclamation noting the observance of Military Saves Week that started Monday and continues through Saturday.

"Soldiers and their families who manage their finances successfully have less stress and worry over bills, and are better equipped to withstand the unique demands of Army life," Dahl said. "Sound money

management also helps them protect themselves against predatory lending and financial fraud."

This year's Military Saves theme is "Set a Goal. Make a Plan. Save Automatically."

The Military Saves proclamation, which Dahl signed Feb. 20 while accompanied by IMCOM Command Sgt. Maj. Melissa Judkins, states the importance of personal and household savings, calling it "fundamental to America's stability and vitality."

Service members and their families are encouraged to save regularly, set aside funds for retirement and pay off debt quickly.

"The knowledge that personal finances are secure at home facilitates Soldier readiness," Dahl said.

After the signing, Dahl informally asked some of his staff members, "Are you saving money?" All replied affirmatively.

Dahl also recommended that service members, families, civilians and retirees take the Military Saves pledge at to save money, reduce debt and build wealth over time:



SUSAN MERKNER IMCOM Public Affairs

Lt. Gen. Kenneth Dahl, U.S. Army Installation Management Command center, signs a Military Saves Week proclamation, joined by Command Sgt. Maj. Melissa Judkins, left, and Panesha Johnson Feb. 20.

tinyurl.com/y8zj85dg.

The pledge allows participants to choose a goal, such as creating an emergency fund; saving for retirement or a special trip; repaying debt; financing education; or moving a transition fund for bonds due to permanent change of station, temporary duty or shifting to civilian life. A contest linked to social media also is offered.

Army installations are hosting pledge drives and other events locally to reinforce the campaign's importance by joining with federal, state and local resources — including military banks and credit unions.

Military Saves is part of the nationwide America Saves Campaign conducted in cooperation with the Consumer Federation of America, one of

the Department of Defense's official financial readiness nonprofit partners.

Service members and families are encouraged to explore the variety of approved resources available:

- Blended Retirement System: militarypay.defense.gov/BlendedRetirement
- Military OneSource: militaryonesource.mil
- Military Saves: militarysaves.org
- Thrift Savings Plan: tsp.gov/index.html
- U.S. Army Community Service's Financial Readiness Program: myarmyonesource.com/FamilyProgramsandServices/FinancialReadiness/Default.aspx

- U.S. Army Family and Morale, Welfare and Recreation Financial Readiness Program: armymwr.com/programs-and-services/personal-assistance/financial-readiness

Taking advantage of these resources can help service members and families feel more financially secure — even without a money tree. For more information about local Military Saves Week events, visit tinyurl.com/ycutt99y.

Health Beat

MADIGAN SHOUT OUT

Wound Education Team

In collaboration with the University of Washington, clinical nurse specialists from Madigan Army Medical Center on Joint Base Lewis-McChord recently taught a six-week, 32 continuing education credit wound fundamentals course ending with a two-day workshop.

The course's focus on capability building and evidence-based practice is fundamental to readiness and two points of the Patient Caring-Touch System.

Team members Tracy Ball,



pictured left, Nancy Hodge, right, and Maj. Sarah Eccleston, center, who recently earned her Doctorate in Nursing Practice, and all of Madigan's clinical nurse specialists shined due to their dedication to excellence.

MADIGAN ARMY MEDICAL CENTER

GENERAL SERVICES

Emergency: 911
Nurse Advice Line: 1-800-874-2273, option 1
Madigan directory: 253-968-1110
Tricare Regional Appointment Center (TRAC): 800-404-4506
Tricare On-Line: tricareonline.com
United Health Care: uhc-militarywest.com, 877-988-9378
Pharmacy Refill: 253-968-2999
Tricare Express-Script pharmacy service: 877-363-1433 or www.express-scripts.com
Referral Coordination Center

Hotline: 253-968-2903
Patient Admissions: 253-968-3827/3829
Patient Advocacy: 253-968-1145
Beneficiary Counseling Assistance Coordinator: 253-968-3348/3491

BEHAVIORAL HEALTH SERVICES

Soldier Readiness Service: 253-968-5140
Child and Family Behavioral Health: 253-968-4843
Military One Source: 800-342-9647
National Suicide Prevention

Life Line: 800-273-8255 (Option 1)
Exceptional Family Member Program: 253-968-0254/1370
Armed Forces Blood Bank Center: 253-968-1850
Fisher House: 253-64-9283
Public Affairs Office: 253-968-1901
Veterinary Treatment Facility: 253-982-3951
Madigan Directory Assistance: 253-68-1110
Madigan Army Medical Center website: mamc.amedd.army.mil
Email: usarmy.jblm.medcom-mamc.mbx.pao@mail.mil
Fisher House: 253-964-9283

VISION HEALTH

Treatment is in clear sight

Madigan doctors offer new eye surgery option

BY KIRSTIN GRACE-SIMONS
Madigan Public Affairs

People tend to think youth brings the peak of physical health and as the body ages, that's when conditions set in that deteriorate health.

Keratoconus flies in the face of this thinking, because it is most commonly found in teenagers and young adults.

"My vision with my left eye was rapidly declining. Every time I went to the eye doctor, it was a new prescription," said Sean dela Pena, a high school senior whose mother, Maj. Ernestina dela Pena, is a nurse in the Primary Care Service Line at Madigan Army Medical Center.

The condition is a progressive thinning of the collagen fibers of the cornea — the flat surface of the eye.

"(The cornea) starts to warp and bow; it doesn't hold its normal shape," said Lt. Col. (Dr.) Patrick Munson, the chief of refractive surgery at Madigan.

Instead of a rounded dome, the surface of the eye becomes more of a rounded cone.

The result can be blurry or double vision, nearsightedness, astigmatism, increased light sensitivity and, in the worst cases, blindness. For dela Pena, the diagnosis was a bit scary.

"The doctor told me that if it does get worse, a transplant is required," he said.

Corneal transplants are among Madigan's more common types of transplants. Since keratoconus is a bar to enlistment, most of the patients seen for the condition are, like dela Pena, family members of active duty; some are retirees.

According to the National Eye Institute, keratoconus is



Joint Base Lewis-McChord family member Sean dela Pena undergoes corneal cross-linking at Madigan Army Medical Center Feb. 2. The procedure, new to Madigan Army Medical Center, exposes the eye to riboflavin — vitamin B2 — and ultra-violet light to create collagen fibers to strengthen the cornea.

BY KIRSTIN GRACE-SIMONS U.S. Army Photo

the most common corneal dystrophy — degeneration of tissue of the cornea — in the U.S., affecting one in every 2,000 Americans.

In the past, there was no treatment for the disease. The symptoms were managed until corneal transplant was necessary to retain or restore vision.

"Now, with corneal cross-linking we have our first therapy to treat that disease rather than just the symptoms," Munson said.

"(The procedure) involves creating more and more cross-links between the collagen fibers in the cornea to strengthen it," Munson said. "You've got support struts, (and) you're now putting cross beams to

connect them."

Approved by the U.S. Food and Drug Administration in April 2016, Fort Belvoir, the main eye research center in the Army, was the first Army site to start using this treatment. Madigan is the second.

The cross-linking procedure mimics what naturally occurs with aging by saturating the eye with riboflavin (vitamin B2) and exposing it to ultra-violet radiation — UVA light, also known as sunlight. This intensive dose of vitamin and UVA exposure spurs the formation of cross-linked fibers, strengthening the cornea.

Dela Pena was given a mild sedative before the procedure and some numbing drops. Col.

(Dr.) Mark Torres, Madigan's cornea specialist, removed the epithelium — the "skin" of the eye — and measured the cornea to determine if it was presenting the right conditions to proceed.

From there, Sol Epistola, an ophthalmic technician, kept constant watch over dela Pena, administering vitamin drops every two minutes for a 30-minute course.

"He made sure I was OK," dela Pena said, adding that Epistola asked how he was feeling and if he needed more numbing drops throughout.

Following the course of drops, dela Pena had a 30-minute exposure to the UVA light. The final step of the

"(The procedure) involves creating more and more cross-links between the collagen fibers in the cornea to strengthen it. You've got support struts, (and) you're now putting cross beams to connect them."

Lt. Col. (Dr.) Patrick Munson
 Chief of refractive surgery,
 Madigan Army Medical Center

process involved Torres putting a contact bandage on the eye.

Dela Pena said he found the contact uncomfortable during recovery.

"The whole time it felt like something was in your eye and you just wanted to take it out," he said.

Still, just weeks after the procedure, dela Pena said he notices improved vision in his left eye.

Munson said the success rate is 80 percent or higher. Some studies show rates above 90 percent. Success is defined as stabilization.

"Our goal is to grab the patient who can still wear the glasses or contacts and treat them then to stop the progression," Munson said.

This is one reason to be seen early for evaluation. Madigan has many options for dealing with all sorts of eye conditions.

Now, unlike before this treatment, dela Pena will be able to wear contacts and even get LASIK surgery after he has his right eye treated and both eyes heal fully.

All of this is very good news for him. Dela Pena is going to college in the fall to study aerospace engineering.

"I'd love to build rockets and do what I can to contribute to the greater picture," he said.

That is a goal that can take proper shape now.

REGIONAL HEALTH COMMAND-PACIFIC

Madigan doctor helps save plane passenger

Passenger lost oxygen, suffered chest pains in air

BY SUZANNE OVEL
Madigan Public Affairs

When a fellow passenger lost oxygen and experienced chest pains last summer while flying at 35,000 feet in the air, Dr. Curtis Hobbs stepped up to stabilize him and make sure he landed safely.

"You stood up and not just took care of the patient, but took care of family members and actually showed dignity and respect for everyone on that plane, and it takes a special effort to do that," said Brig. Gen. Bertram Providence, commander of Regional Health Command-Pacific, who recognized Hobbs with a commander's coin at Joint Base Lewis-McChord Jan. 31.

A Madigan endocrinologist with 33 years of experience as a doctor, Hobbs said this was the fourth or fifth time he has answered the call of an inflight medical emergency during his career.

"I would want people to do



RYAN GRAHAM Madigan Visual Information

the same for me, if I had some kind of inflight emergency," he said.

Last summer, Hobbs happened to be on a flight to Texas with retired Sgt. Maj. Cielito Pascual-Jackson and her husband Louis Jackson. About 30 minutes into the flight, Jackson became weak, lethargic and was turning blue.

"He had such a hard time

breathing and couldn't move. I felt he was having a heart attack," Pascual-Jackson said. "Dr. Hobbs came to the rescue ... He stayed with my husband all through the flight, constantly checking on him."

Hobbs used the airplane's medical supplies to address Jackson's ABCs: airway, breathing and circulation. He started Jackson on oxygen, improvised

a stabilization device for the oxygen bottle with a seat belt extender and then monitored his blood pressure and heart for the rest of the flight.

Hobbs kept notes of blood pressure readings and times to share with the emergency medical technicians on the ground.

"He remained with my husband until he was stabilized," Pascual-Jackson said.

Dr. Curtis Hobbs, of Madigan Army Medical Center, right, is recognized by Brig. Gen. Bertram Providence, commander of Regional Health Command-Pacific, Jan. 31 at Madigan Army Medical Center for helping to save an airplane passenger last summer.

"You stood up and not just took care of the patient, but took care of family members and actually showed dignity and respect for everyone on that plane, and it takes a special effort to do that."

Brig. Gen. Bertram Providence
 Commander, Regional Health Command-Pacific

"Even when we deplaned ... he stayed with us until the paramedics showed up."

Hobbs encourages others to help out with inflight emergencies, if they are able.

"I would encourage anyone with medical training not to be shy about raising your hand if that's what they ask," he said.

As for the Jacksons, they were grateful for Hobbs' help during their unexpected medical emergency.

"If not for him, no telling what would have happened to my husband," Pascual-Jackson said.

"Dr. Hobbs assured me all through that time, that my husband is going to be okay."

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT

Team McChord

Nominees enter the Club at McChord Field during the 2017 Team McChord Annual Awards Banquet Feb. 23. The awards recognized the best in 14 different categories, including civilians, enlisted, officers, teams and spouses.

AIRMAN 1ST CLASS SARA HOERICHS
62nd Airlift Wing Public Affairs

LET'S HEAR IT

What do you want to know in 2018? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

SCHEDULED HOLIDAYS AND FAMILY DAYS

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

March 30 - Army DONSA
April 2 - Army DONSA
May 25 - Army DONSA
May 28 - Memorial Day
June 14 - Army DONSA
June 15 - Army DONSA
July 4 - Independence Day
July 5 - Army DONSA
Aug. 3 - Army DONSA
Aug. 6 - Army DONSA
Aug. 31 - Army DONSA
Sept. 3 - Labor Day
Oct. 5 - Army DONSA
Oct. 8 - Columbus Day

MARCH MADNESS READING MANIA

Prereaders, early readers and chapter readers, stop by Book Patch Library this month to check out some crazy-cool books. Every time you check out books, you'll be entered into a weekly raffle. Prereaders and early readers need to check out 10 books or more and chapter readers three books or more. Two winners will be notified each Friday in March. Grandstaff and Book Patch libraries are at 2109 N. 10th Street on Pendleton Avenue on Lewis Main. For more information, call 253-967-5889.

MEET KNUFFLE BUNNY PLAYERS

Families with children ages 3 to 8 are invited to a special meet and greet, super-duper craft-tastic storytime Saturday at 1 p.m. at Book Patch Library. The special guest is Knuffle Bunny, presented by the Tacoma Musical Playhouse. Grandstaff and Book Patch libraries are located at 2109 N. 10th Street on Pendleton Avenue on Lewis Main. For more information, call 253-967-5889.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcs.checkappointments.com.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

New base housing residents are required to take a Family Housing Fire Safety class when they sign up for quarters at the Lewis-McChord Communities housing office. New residents will view a DVD at the housing office and digitally sign acknowledging viewing the presentation to ensure one-stop acceptance of quarters. For more information, call 253-966-7164.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on

Lewis Main. Two copies of commander-signed memorandums are required for admittance to the class. Next class is scheduled for Wednesday. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

KIDS LEARN DISASTER SAFETY

Families with children ages 4 to 8 can join Book Patch Library Thursday from 3 to 4 p.m. as a staff member from the American Red Cross introduces your children to natural disaster preparedness and home fire safety. You'll learn through a fun and engaging storytime with the instructor reading "No Dragons for Tea," as well as through other short activities. Grandstaff and Book Patch libraries are at 2109 N. 10th Street on Pendleton Avenue on Lewis Main. For more information, call 253-967-5889.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the second Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is scheduled to take place Thursday.

24-7 DAD CLASS FOR FATHERS

Join a class for dads, "24-7 Dad," where fathers support fathers. Learn how to become a better father, and receive support from other dads who understand the day-to-day struggle of raising children. Classes take place on the second

and third Tuesdays, every other month from 10 a.m. to noon at the 16th Combat Aviation Brigade's Raptor Resilience Center, 3204 Second Division Drive on Lewis Main. Next classes are March 13 and 20. Online registration is available by visiting jblmafcs.checkappointments.com, or call 253-967-5901 to register via phone. 253-967-6416.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

The McChord Library's Novel Navigators is an adult discussion group for book lovers that meets the second Wednesday of each month at the McChord Field Library at 4:30 p.m. The next meeting is March 14 to discuss "The Walk" by Richard Paul Evans. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

POTATOES CAN FUEL YOUR HEALTH

How many ways do you use potatoes? March is National Nutrition Month, so join the dietitians from Madigan's Nutrition Care Division as they read Tomie DePaola's classic book "Jamie O'Rourke and the Big Potato: an Irish Folktale," talk about how potatoes can help fuel an active lifestyle and demonstrate making and using potato stamps to decorate cards.

- Book Patch Library: March 14 at 10:30 a.m. and 3 p.m.
- McChord Library: March 22 at 11 a.m. and 3 p.m.

Grandstaff and Book Patch libraries are located at 2109 N. 10th on Pendleton Avenue on Lewis Main; 253-967-5889. McChord Library is located at 851

Lincoln Blvd. on McChord Field. For more information, call 253-982-3454.

JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation March 20 at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcs.checkappointments.com.

ATTEND MONTHLY KIDS' BOOK CLUB

Kids in grades three to five are invited to join McChord Field Library's monthly Kids' Book Club meeting the third Wednesday of the month at 4 p.m. Read fun books, meet fun people. Parents, bring your children by the McChord Field Library now to register and get a copy of this month's book. Check out "Gregor the Overlander" by Suzanne Collins for the March 21 book club meeting. The library is located at 851 Lincoln Blvd. on McChord Field. For more information, call 253-982-3454.

BRING THE FAMILY TO FREE EASTER DASH

Everyone at Joint Base Lewis-McChord is invited to the annual Easter Dash, a free egg hunt at Cowan Stadium March 31. Bring

your own baskets for each child. Also look for a surprise visit from the Easter bunny. Special needs youth with parents can collect eggs at noon. Ages 3 and younger can collect eggs at 12:30 p.m., ages 4 to 7 at 1 and ages 8 to 12 at 1:30. All youth receive a free goody bag. Cowan Stadium is located at 2170 Bitar Ave. at 12th Street on Lewis Main.

JBLM VOLUNTEER FAIR SET FOR APRIL 4

Attend the JBLM Volunteer Fair April 4 from 9 a.m. to noon at the Club at McChord Field, 700 Barnes Blvd., and meet organizations who have volunteer opportunities available on JBLM. For more information visit jblm-volunteer-fair-2018.eventbrite.com or call 253-967-2324. Registration is not required.

RESERVE TENTS, CABIN RENTALS ONLINE

Warm weather is on the way. Want to make reservations for tent camping, the travel camp or cabins at Lewis North? It's now easier with online reservations. Reserve your place now at JBLMmwr.Registration.com. Here's how:

- Sign in or create an account if you don't have one yet.
- Click on Outdoor Recreation under Family and MWR programs.
- Click on Northwest Adventure Center on Lewis North, then click which type of reservation you'd like to make — tent camping, travel camps or cabins — and follow the instructions at each window or field.

For more information, call 253-967-7744. Make your reservations for McChord Field's Holiday Park by phone or in person. Call 253-982-2206 for more information.

SCORE THE BEST DEALS ON TEXTBOOKS

The next college quarter starts soon. You don't have to break the bank on books; let Family and Morale, Welfare and Recreation's Bookstore inside Stone Education Center help you get your books for less. For more information, call the bookstore at 253-964-8185.

FREE BIKE RENTALS NOW AVAILABLE

The GO Bike program has expanded availability to include Department of Defense family members ages 18 and older. Now all DOD employees, their family members ages 18 and older and JBLM contract employees can check out a free GO Bike for up to two weeks. Use the bikes to run errands, get to appointments or spend some exercise time outside. Find the GO Bike check-out locations on GOLewis.MCChord.com.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. You can accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel.dod.mil. Defense Personal Property System is a centralized, integrated one-stop source for managing personal property moves. For more information, visit move.mil.

GET CREATIVE AT ARTS AND CRAFTS CENTER

Relax, de-stress and learn a new skill at the Arts and Crafts Center on McChord Field. Scheduled classes include sculpture, painting, drawing, book binding, knitting, sewing, quilting, Zentangle, matting/framing and more creative ideas. For current class descriptions and schedules, visit jblmmwr.com/arts_crafts. For more information, call 253-982-6723.

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs!
Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Hawk Job Fair take place Mondays (except DONSA and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business.brief.

WorkSource Veterans Service Orientation Briefings First and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton. Next meeting is Wednesday. For more information, call 206-205-3500.

Brown Bag Mini Job Fair Wednesdays from 11:30 a.m. to 1:30 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma.

For more information, call 253-593-7300 or email work@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

What's My Next Move? Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is set for March 12. Email kmyers@esd.wa.gov, or call 253-552-2547.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/jblmunlimited for more information. Sign up at sfl-tap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

Boots to Business Three-day workshop covers topics related to how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three is a field trip. Classes are at Hawk Transition Center. For more information, call 253-967-3258.

Military to Manufacturing Career Pathways Program is a

manufacturing industry-driven program sponsored by the Center for Advanced Manufacturing Puget Sound. M2M is a two-day workshop focusing on entry-level, semi-skilled, skilled and leadership positions. Emphasis is placed on helping military personnel understand advanced manufacturing and the skills translation from military to manufacturing positions. CAMPS works through the process that results in job placement. For more information, email Stacie Buchanan at stacie.buchanan@campus-us.com or Marcus Warren at marcus.warren@campus-us.com.

Onward to Opportunity The NW Edge is a six-week program facilitated by different partnering agencies providing specialized transition workshops covering: speaking civilian, social media-LinkedIn, WA state economic demographics, resume tailoring, interviews, WA state opportunities, and a NW Edge social with employers. For more information, email Ben Dufay at bjdufay@syrr.edu.

AGENCY PUBLIC RECORDS OFFICER IN LACEY

Washington State Department of Ecology — Salary: \$56,844.00 - \$74,604.00 annually. The Administrative Services Division within the Department of Ecology is looking to fill an agency public records officer position. This position is located in the headquarters office in Lacey. The employee oversees the agency's compliance with the Public Records Act. This position

researches and analyzes PRA legal requirements to develop and refine agency policies and procedures to improve compliance and efficiency. For more information, visit careers.wa.gov.

REGIONAL FLATBED TRUCK DRIVER IN MILTON

VETERANS — Salary: \$1,000 per week minimum guaranteed. VETRANS is looking for regional flatbed drivers with CDL Class A. Regional drivers work Monday-Friday and are typically home two or three nights during week. We require clean motor vehicle record, two years tractor/trailer experience (flatbed preferred), and doubles/triples endorsement are desirable. The focus is on safety, customer service and profitable runs. For more information, visit go-vetrans.com/jobs.

FIBER OPTIC TECHNICIAN POSITION IN MILTON

Cannon Construction — Salary: DOQ. Cannon Companies is hiring team members with a telecommunications cabling background. Positions will remain open until filled. Cannon Companies provides copper and fiber inside/outside plant data networks for corporations and government agencies around the world. Cannon is a proven leader in the industry because of its commitment to safety, quality, integrity and teamwork. Cannon is located at 406 Porter Way in Milton, Wash. For more information, visit tinyurl.com/ybo3j3gb or email hr@cannonconstructioninc.com.

FROM PAGE 1A

CHIEF

police career continued when he worked as a detective for the Department of the Army in Alaska.

In 2004, he returned to JBLM to help stand up the installation's civilian police force as one of two hires by the 1st MP Bde. He is the longest tenured JBLM police officer.

Having worked several roles in the department — patrolman, detective, patrol supervisor, watch command and deputy chief of police — Miller said he considers his new position as the pinnacle of his field.

"This is something that I've looked forward to and striven for obviously many years," Miller said. "Being able to come into this position with the men and women working and serve them

and serve the community, it's a humbling experience and it's an honor."

Colonel Thomas Russell-Tutty, JBLM DES director, spoke during the ceremony about the long list of candidates for the position.

He said he usually favors bringing in somebody from the outside to provide fresh ideas for the team; however, it's hard to argue Miller's qualifications for not only his work on the base, but for his work with civilian police forces outside the installation.

Russell-Tutty said the JBLM police chief is someone who has to be on a first-name basis with neighboring communities, as well as on JBLM.

"When in the business of being a first responder, boundaries on a map have no meaning," Russell-Tutty said. "Isn't that what we just saw in December with the Amtrak derailment?



DEAN SIEMON Northwest Guardian

Robert Miller, right, shakes hands with peers from Joint Base Lewis-McChord and civilian police departments after being sworn as the new JBLM police chief Feb. 22.

Everybody came, and everybody helped."

Miller said the JBLM police

department has made great strides in forming positive relationships with city, county and

state departments. He is focused on community-oriented policing, which he said can be tougher on a military installation than in the civilian community.

"I'd like to see more community involvement," Miller said. "Host some forums within the community so they can bring issues they may have that maybe we can address in new ways."

Miller remains a captain in the U.S. Army Reserve under the 390th Military Police Battalion based on JBLM.

Miller credited his wife Sharon and their two children, Amanda, 14, and Nick, 12, for their support during his military and law enforcement career.

"Having a family support system there to help facilitate those moves is paramount to a successful career," Miller said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1A

FLAG

said keynote speaker Maj. Gen. Willard Burleson III, the 7th Infantry Division commanding general.

Burleson pointed out that the day was about saluting those who observe the patriotic traditions of the nation.

"Also of significant importance as noted in (Washington State) Gov. (Jay) Inslee's proclamation is to also honor our country's other veterans and patriots — especially those who have given their lives in wartime service, and to salute Washingtonians for the patriotic acts and achievements," he said.

Honoring the American flag was the centerpiece of the ceremony. Patriotic organizations such as veteran, civic, military fraternal, churches, school, Girl and Boy Scouts of America and military organizations carried



STAFF SGT. KENNETH PAWLAK 7th Infantry Division Public Affairs

Soldiers from 2nd Brigade, 2nd Infantry Division participate in the annual Washington State Patriotic Day event in Tacoma Saturday.

their respective colors and the American flag honoring the nation.

"Massing of the Colors is a patriotic ceremony held to rededicate our faith in the United

"To all of you in attendance, our elected officials, our military, our service organizations: thank you for what you do for our country and for each other. You carry on the tradition of patriotism for which we celebrate."

Maj. Gen. Willard Burleson III the 7th Infantry Division commanding general

States and to present our support to the national colors and the servicemen and servicewomen those colors represent," said retired U.S. Air Force Col. Dave Gibson, commander-in-chief and chief executive officer of the Military Order of the World Wars. "It combines the colors and color guards of active, reserve and National Guard

military components, and veteran, civic and patriotic organizations."

Headed by General John "Black Jack" Pershing, who served in WWI, the Massing of the Colors began in 1919 by military officers. In 1923, the Military Order of the World Wars assumed responsibility for the Massing of the Colors nationwide and still has that responsibility today.

MOWW chapters conduct Massing of the Colors ceremonies throughout the United States and are in the process of planning the next Washington State Patriotic Day. It is tentatively scheduled for February 23, 2019, at Stadium High School gymnasium.

"To all of you in attendance, our elected officials, our military, our service organizations: thank you for what you do for our country and for each other," Burleson said. "You carry on the tradition of patriotism for which we celebrate."

FROM PAGE 1A

AWARD

Army spouses," she said. "This journey has been humbling. As I read many of the profiles, I felt so honored to be a part of such selfless servants."

Anderson serves her community through an organization she co-founded, The Unquiet Professional, serving Gold Star families and veterans in times of need.

The Military Spouse of the Year award was founded by Military Spouse magazine in 2008 to honor military spouses from all branches of service and highlight those who support and maintain the home front while their service members train and deploy for combat operations.

Even in this moment of recognition, Anderson said she hopes she can redirect the spotlight to better the lives of Special Forces spouses around the world. Her own journey as a military spouse has not been easy.

"One day I was a military spouse. The next I was a military widow," Anderson said. "Having remarried, I am once again a proud military spouse, and I want other military spouses to see through my journey that we



Courtesy Photo

2018 Army Military Spouse of the Year Krista Simpson Anderson and her sons, Gabriel and Michael, pose for a photo at the Hands On Children's Museum in Olympia in 2014.

all have the strength to get through anything."

Her goal, she said, is to raise awareness of the multifaceted role of military spouses.

"I want to show others that military spouses are fierce and graceful," Anderson said. "I want to empower not only the military spouse but all women, to be who they are meant to be. I want to prove that following your husband around the world doesn't mean you're weak and highlight the selfless service we provide daily."

Knowing that marriage is a team effort, Master Sgt. Gus

Anderson, Krista's husband, is comfortable in switching his role to supporting her passion to give back.

"I think this opportunity for Krista is amazing," he said. "By far, she is one of the most motivated, dedicated and caring individuals I have ever met in my life. She has always been supportive of me and my career path, so it's an honor now to be able to step back and support her."

Leaders from 1st SFG (A) are also impressed by and grateful to Anderson for her desire and commitment to serve.

"Krista's recognition as the Army Spouse of the Year is well deserved and a reflection of her dedication to the families of our Nation's heroes," said Maj. James Self, commander, Bravo Company, 2nd Battalion, 1st SFG (A). "I could not be more proud to call Krista a member of our team."

Self also acknowledged how Anderson embodies the characteristics of Special Forces spouses.

"Special Forces spouses are unique and consistently demonstrate unparalleled loyalty and resilience," Self said. "Krista has never sought recognition for herself. Her main interest is consistently using her own experiences and resources to support our families."

Two of Anderson's smallest supporters are also among her biggest fans: Michael, 8, and Gabriel, 6, are proud of their mother.

"I am so happy for my mom, and I want to congratulate her," Michael said. "She works hard for us at home and other military families."

In 2013, Anderson's life dramatically changed in a blink of an eye when her then-husband Staff Sgt. Michael Simpson was killed following an improvised explosive attack in Afghanistan.

"When I was sitting on the tarmac, I remember waiting for them to bring his flag-draped casket off the plane," she said. "I looked over to see all of our family and friends crying, and I decided that I will show them that I would be okay. I didn't know how strong I could be until that moment."

Anderson relied on her faith and the support of others to gather up the pieces and continue to seek out the peace she felt her family deserved.

"My focus is on love," she said.

Anderson's focus is providing friendship and support, developing strength among the spouses and instilling faith and resilience in her children.

"My priority is teaching (my children) that no matter what situations you go through in life, lead with your faith, and grace will follow," she said. "Michael's legacy plays a major role in our lives every day. Gus and I teach our boys to treat and care for others the way our faith teaches us. Strength, resilience and kindness got us through the most difficult of times."

Krista is now in the running for the overall Military Spouse of the Year which is slated to be announced in May 2018.

FROM PAGE 1A

FAIR

ticking off a list including: the ability to multitask, work independently and as a team member and handle problems and unexpected emergencies with relative ease.

Military spouses also have some outstanding abilities and attitudes, according to Lucas.

"Sixty-eight percent of military spouses volunteer ... that's nearly three times as much as their civilian counterparts," she said.

Lucas also addressed some concerns potential employers might have.

"When you take a look at our resumes, you might see some gaps in (employment) history," she said, adding that likely is because the spouse was busy volunteering or living in a remote area with limited employment opportunities.

Nele Robertson, spouse of Sgt. Adam Robertson, 864th Engineer Battalion, 555th Engineer Brigade, has had a few employment gaps during her 14 years in the United States. That's partially because she was earning her



RUTH KINGSLAND Northwest Guardian

Military spouse Erin DeFlorio, left, chats with Lauren Cyran, right, an employment specialist with Military Spouse Employment Partnership, about employment opportunities through Military One Source during the Military Spouse Hiring Reception at American Lake Conference Center Wednesday.

bachelor's degree in general business from the University of Washington, she said.

She attended the event hoping to connect with a local organization and find a job.

"Starbucks, Microsoft and Amazon look promising," she said. "Amazon has a lot of the opportunities I am looking for."

Robertson also stopped at the

Cintas Corporation booth, where Gary Barquet, Cintas business consultant, and Marisa Foster-Peebles, human resources recruiter, shared some of the benefits of working with the company.

"Cintas is one of the top companies for hiring veterans and military spouses," Barquet said.

A variety of businesses and

organizations made up several-dozen employers at the event, from local police departments and hospitality companies to healthcare and customer service.

La Quinta Inns and Suites has hired hundreds of military fellows and spouses, according to James Begin, veteran and general manager for La Quinta.

Begin spoke of one military spouse who recently moved up the ladder from front desk clerk to management.

Having 900 hotels across the country makes jobs with La Quinta a good option for military families because it's an easy transition from one state to another, Begin said.

"The last military fellowship a (service member) went through, he wanted to move to Texas," Begin said. "We just hired him as a general manager in Austin, Texas."

Specialist Kami Jones, 502nd Military Intelligence Battalion, 201st Expeditionary Military Intelligence Brigade, has been at JBLM for two years and plans to transition out of the military in February 2019. She and her husband have a toddler and are expecting a second child in April.

Jones is a linguist and previously worked as a development specialist, creating curriculum for companies. She's hoping to find a civilian job after her five years in the military that will blend her military skills with her prior work history.

Jones recently completed a bachelor's degree in business management and is working on her master's degree in sports and fitness management through Troy University online.

"I've got some time to look for a job, but I'm hoping this (job fair) will give me some ideas," she said.

Veteran and military spouse Jean Hernandez transitioned out of the military in January after two years in the Army. His wife is 1st Lt. Rocio Carranza, of 14th Brigade Engineer Battalion, 2nd Brigade, 2nd Infantry Division.

Hernandez gave out most of the seven resumes he brought in the first hour of the event Thursday. Although he said he's not confident his resume fully reflects his abilities, he's hoping meeting employers face-to-face will enhance his job potential.

"Some things you just can't put on a resume, but being able to talk with people gives me a chance to shine," he said.

Sports

VETERAN GOLFERS ASSOCIATION

Former JBLM Airman moving VGA ahead

Lucas O'Neill helping to market VGA as West Regional director

BY DEAN SIEMON
Northwest Guardian

As the West Regional director for the Veteran Golfers Association, Lucas O'Neill knows how different the competitive atmosphere at a VGA tournament can be from other competitive men's leagues and events. This is especially true considering how often he played during his Air Force service.

Although VGA tournaments can be competitive, they are not very cutthroat. In fact, most of

the talk is between a mixture of active-duty, retirees and veterans all coming together to play a sport they enjoy.

"It's more than just a game," O'Neill said. "It's more than just trying to win a trophy. It's the idea of truly connecting with other people and connecting outside of the game of golf."

O'Neill was stationed at Joint Base Lewis-McChord from 2005 to late 2014 and is currently a staff sergeant with the 124th Maintenance Squadron, Idaho

Air National Guard. After multiple deployments around the world, he finally settled down as an instructor teaching C-17 aircraft maintenance.

During his time on JBLM, O'Neill was a regular for Team Air Force during the annual Rainier Cup — a tournament featuring local Air Force, Army and Navy teams, each with 40-person squads of active-duty and retirees, as well as family members.

He also played in other tournaments on and around JBLM like the Fort Lewis Amateur Golf Tournament and the USO



Staff Sgt. Lucas O'Neill, an Airman with the Idaho Air National Guard and former airman with the 62nd Air Maintenance Squadron on JBLM, serves as West Regional director for the Veteran Golfers Association.

SEE VGA, 2B

Courtesy Photo

JBLM COMMANDER'S CUP VOLLEYBALL CHAMPIONSHIP



SCOTT HANSEN Northwest Guardian

504th MP Bn.'s Ryan Failor, right, connects on one of his game-high 22 kills in the volleyball title match at Soldiers Field House Wednesday.

504TH MP BN. WINS VOLLEYBALL TITLE

Ryan Failor's 22 kills power three-set win

BY DEAN SIEMON
Northwest Guardian

One could say that Ryan Failor was "killing it" during the Joint Base Lewis-McChord Commander's Cup Volleyball Championship Wednesday at Soldiers Field House. His 22 kills led the 504th Military Police Battalion, 42nd Military Police Brigade to defeat Headquarters and Headquarters Battalion, 17th Field Artillery Brigade.

The 504th MP Bn. forced too many hitting errors to lose the first set 25-22, six of which belonged to Failor and his powerful striking. Failor, who said he didn't aim for holes in the HHB, 17th FA Bde. defense during the first set, was able to change things up as the 504th MP Bn. won the



Members of 504th MP Bn. receive their medals after winning the JBLM Commander's Cup Volleyball championship match at Soldiers Field House on Lewis Main Wednesday.

SEE TITLE, 2B

ON THE SCHEDULE

DEMONSTRATION PLANNED FOR YOUTH BOXING EVENT

Youth: SKIESUnlimited invites families with children ages 5 to 17 to a free Boxing Open House at 6398 Garcia Blvd., Lewis Main Thursday from 3:30 to 5 p.m. Kids will learn skills like effective listening, following directions, developing discipline, self-control and more. There will be demonstrations and prizes.

HOOPS 4 HEROES GAME SCHEDULED FOR THURSDAY

Sports: The Captain Meriwether Lewis Chapter of the Association of the United States Army will host the Hoops 4 Heroes basketball exhibition game at Pierce College — Fort Steilacoom Thursday at 6 p.m. The "Soldiers vs. First Responders" game will feature service members from Joint Base Lewis-McChord playing against local law enforcement, firefighters and emergency technicians. Donations will benefit the AUSA chapter.

SHAMROCKIN' RUN 5K TO OPEN JBLM RACE SEASON

Races: The first race of 2018 for Joint Base Lewis-McChord is the ShamROCKin' Run 5K and Kids' Rainbow Rush 1K outside Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main March 10. Packet pick-up opens at 8:30 a.m. with a costume contest at 9:30 a.m. The 1K begins at 10 a.m., followed by the 5K at 10:30. The 5K fee is currently \$25 for military ID cardholders and \$35 for others. The fee for the kids' 1K is \$20 with military affiliation; \$25 without. Register by 11:59 p.m. Wednesday for possible T-shirt. Register online at tinyurl.com/yaucutv9.

JBLM INTRAMURAL SOCCER SEASON BEGINS MARCH 12

Intramurals: The Joint Base Lewis-McChord Commander's Cup soccer season kicks off March 12. Active-duty service members at on JBLM can apply; unit entry deadline is Wednesday. For more information, call 253-967-9210 or email sports@jblmmwr.com.

JBLM OPEN LEAGUE SOFTBALL STARTS APRIL 7

Intramurals: All Joint Base Lewis-McChord community military ID cardholders, ages 18 and older, are invited to participate in the JBLM open spring softball league starting April 7 at the Lewis North Athletic Complex. An informational meeting is March 15 at noon at Nelson Recreation Center. Cost is \$250 per team. For more information, visit jblmmwr.com/intramural.

ARMED FORCES WRESTLING CHAMPIONSHIPS

Army claims 17th straight title with 33-10 win over Marines

BY GARY ABBOTT
U.S. Armed Forces Sports
MCB CAMP LEJEUNE, N.C.

— Winning eight of the 10 bouts, the U.S. Army defeated the U.S. Marine Corps, 33-10, to claim its 17th straight Armed Forces freestyle team title Sunday.

The championship dual meet was a battle between two motivated and talented teams. Although the team score was not close, most of the individual matches were very competitive

from the opening whistle.

The key to the Army win was the bonus point bouts, including three pins scored by Sgt. Max Nowry (U.S. Army) at 57kg/125.6 lbs., Spc. Ellis Coleman (U.S. Army) at 70kg/154.3 lbs. and Pfc. Jacob Mitchell (U.S. Army) at 125kg/275.5 lbs.

The Marines had a pair of dual meet winners, as Sgt. John Stefanowicz at 92kg/202.8 lbs. and Capt. Daniel Miller at 97 kg/213.8 lbs. emerged victorious.

In the third-place match, the U.S. Navy defeated the U.S. Air Force, 23-21.

The dual meet was tied 20-20 going into the heavyweight bouts, where Petty Officer 3rd Class Logan Renas of the Navy beat Senior Airman Eric Lapotsky of the U.S. Air Force, 8-3.

All of the individual gold medals went to a member of the U.S. Army or U.S. Marine Corps



LT. JOE PAINTER U.S. Navy Photo

Army 2nd Lt. Michael Hooker, of the Wisconsin Army National Guard, battles Marine 1st Lt. Peyton Walsh of Camp Lejeune, N.C., at 77 kg.

SEE TITLE, 2B



DEAN SIEMON Northwest Guardian / 2016

Anthony Manalo competes during the 2016 Veteran Golfers Association West Regional tournament at Whispering Firs Golf Course on Lewis Main.

FROM PAGE 1B

VGA

Northwest's Red, White and Blue Classic. A native of Kuna, Idaho, O'Neill started playing golf at a young age, but didn't pick it up until his senior year of high school.

"I got more competitive about it and serious about it in the Air Force," he said.

O'Neill didn't have the chance to participate in the VGA events that started in 2015. Eagles Pride Golf Course on Lewis Main hosted one of the first regional tournaments where 10 qualified for the first VGA National Championship at Pinehurst No. 2 in North Carolina.

O'Neill first learned about the VGA when he found out about

the association in 2014 as he was moving back to Idaho to join the Air National Guard.

"I sent them an email and asked about the chances of starting a chapter in Idaho," O'Neill said. "It wasn't until October 2016 when they called me about starting a VGA Idaho chapter."

O'Neill was the lead for the chapter's first year in 2017, which had 65 members — the most new members of any VGA chapter that year. The previous West Regional director had to step down due to personal reasons.

O'Neill was informed at the 2017 West Super Regional tournament that we would become the next regional director. He was presented with the VGA's official blue jacket worn by regional directors.

Moving forward, O'Neill is

hoping to help contribute to the continued growth of the VGA, which started with 400 members in 2015. Membership grew to 700 in 2016, a little more than 2,000 in 2017 and is currently on pace to break 3,000 members for the 2018 season.

O'Neill said he hopes the VGA can get as much exposure to the military community as possible, which is why Eagles Pride will return to the West Region schedule June 9. He also hopes to continue adding more tournaments at courses either on military installations or in neighboring cities.

"We're still pretty unknown," O'Neill said. "There's not a lot of people who know about the VGA."

Dean Siemon: 253-477-0235, @deansiemon



SCOTT HANSEN Northwest Guardian

504th MP Bn.'s Francine Lane, left, attempts to block a kill by HHB, 17th FA Bde.'s Scott Manning during the JBLM Commander's Cup Volleyball championship match at Soldiers Field House Wednesday. 504th MP Bn. defeated HHB, 17th FA Bde. 22-25, 25-15, 15-7.

FROM PAGE 1B

TITLE

second and third sets by scores of 25-15 and 15-7 respectively.

"I was getting a little up there and losing focus on swings," Failor said. "I think I was trying to hit it hard as I could without placement."

While he certainly mixed things up with some taps over the net here and there, Failor was still hitting some bombs near the end. One kill went off an opponent's arm, hit the ceiling, ricocheted off a gymnasium wall and back onto the court — reminiscent of the 1997 Robin Williams film "Flubber."

Although Failor was credited with the most kills, he gave credit to teammates like Noah Howard, Jessica Pope and team captain Francine Lane.

"Passes from the blocks and to the setters were great," Failor said.

The match featured two quality teams that went 5-1 in the regular season. The 504th MP Bn. only lost to the HHB, 17th FA Bde., who only lost in a forfeit to the 308th Brigade Support Battalion.

Moments before the championship match, HHB, 17th FA Bde. was scheduled to play in the final semifinal match against Headquarters and Headquarters Company, 593rd Expeditionary Sustainment Command. That match also went three sets with the brigade losing the first set 25-22, then dominating the second set 25-15. HHB, 17th FA

Bde. started out on a 7-0 run to win the third set 15-9.

Despite maintaining momentum in the championship's first set, HHB, 17th FA Bde. started to commit a number of fouls by hitting the net or crossing over the half-court line during block or kill attempts.

"It was a lot of setting errors and in passing," said Scott Manning, HHB, 17th FA Bde. team captain. "We hadn't practiced. We just got back from the field."

This was the difficulty HHB, 17th FA Bde. expected to face before the Commander's Cup volleyball postseason tournament began.

"I feel like (the 504th MP Bn.) was our (main) competition, and I knew we were going to face them in the championship," Manning said.

The 504th MP Bn. team certainly had the experience within its lineup. Failor first played the sport at the Spokane Boys Volleyball Club while growing up in Northern Idaho. His family took him across the state line to start playing at age 7.

Lane played NCAA Division I volleyball for the Army Black Knights at the U.S. Military Academy at West Point, N.Y., from 2009 to 2013. Since she hadn't played since her senior season, Lane enjoyed building the 504th MP Bn. team to win this year's JBLM volleyball title.

"Just meeting other players in our battalion with different experiences is really fun," Lane said.

Dean Siemon: 253-477-0235, @deansiemon



SCOTT HANSEN Northwest Guardian



ABOVE: HHB, 17th FA Bde.'s Scott Manning blocks a kill attempt during the championship match at Soldiers Field House on Lewis Main Wednesday.

AT LEFT: Members of 504th MP Bn. pose for team photo after their 22-25, 25-15, 15-7 win over HHB, 17th FA Bde.

FROM PAGE 1B

TITLE

teams.

Seven 2017 Armed Forces freestyle champions were able to repeat as Armed Forces champions again: Spc. Michael Fuenffinger at 61kg/134.4 lbs., Sgt. Ryan Mango at 65kg/143.3 lbs., Spc. Ellis Coleman at 70kg/154.3 lbs., Spc. Isaac Dukes at 74kg/163.1 lbs., 1st Lt. Matt Brown at 79kg/174.1 lbs. and Sgt. Vladyslav Dombrovskiy at 86kg/189.5 lbs. of the Army, plus Capt. Daniel Miller at

97kg/213.8 lbs. for the Marines.

The other individual champions were Sgt. Max Nowry of the U.S. Army at 57kg/125.6 lbs., Sgt. John Stefanowicz (U.S. Marines) at 92kg/202.8 lbs. and Pfc. Jacob Mitchell (U.S. Army) at 125kg/275.5 lbs.

There were five double champions, winners of both the freestyle and Greco-Roman events: Nowry, Mango and Coleman of the Army and Stefanowicz and Miller of the Marines.

In the morning session, Army defeated the U.S. Air Force, 38-4, and the U.S. Navy, 39-3, while the Marines scored a 34-8 win over the U.S. Navy and then

defeated the U.S. Air Force, 39-6.

ARMY BEATS MARINES, 26-11 FOR GRECO-ROMAN TITLE

Powered by six wins and a forfeit, the defending champion U.S. Army defeated host U.S. Marines Corps, 26-11, in a spirited Greco-Roman championship dual meet on Saturday afternoon at 2018 Armed Forces Wrestling Championships at Marine Corps Base, Camp Lejeune, N.C.

It was the U.S. Army's 17th straight Armed Forces Greco-Roman title, finishing with a perfect 3-0 record

and seven individual gold medalists.

Army received a forfeit win at 63 kg, the start of a four-match run of victories which gave them an edge they would not surrender. Winning consecutive bouts for the Army were 1st Lt. Marco Lara at 67kg/147.7 lbs., Spc. Ellis Coleman at 72 kg/158.7 lbs. and 2nd Lt. Michael Hooker at 77 kg/169.7 lbs.

Two of the wins were decisions, as Lara defeated German Diaz, 4-0 and Coleman, a 2012 Olympian, outlasted Sgt. Raymond Bunker, 5-1. But it was Hooker's pin over in 1:23 which really ignited the Army drive to

repeat and helped put the match out of reach.

The Marines halted the streak at Sgt. John Stefanowicz was solid in a 4-2 win over Sgt. Vladyslav Dombrovskiy, 4-2. The teams traded 9-0 technical fall wins in the next two bouts, as Army Sgt. Courtney Myers stopped Vaughn Monreal Berner at 87kg/191.8 lbs. and Marine Capt. Daniel Miller beat Pete Gounaridis 97kg/213.8 lbs.

With the match already clinched, 2nd Lt. Toby Erickson of the Army added a 9-0 technical fall over Sgt. Trent Osnes to close out the win for the defending champions.



Saturday, March 10 MWR FEST TENT

2200 Liggett Ave. at Lewis Main

Early registration for the 5K by Feb. 28 includes T-shirt in your size, custom pint glass, finisher medal, drink ticket & banger!

Enjoy live music, costume contests and a beer garden.

Also join us for the after-party at Samuel Adams Brewhouse JBLM!

Registration link at JBLMmwr.com/races



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KIDS MONTHLY BOOK CLUB

Kids in grades 3, 4 and 5 are invited to join our new Kids Monthly Book Club. Read fun books! Meet fun people! This Book Club will meet the third Wednesday of the month.

Stop by the McChord Library to get a copy of this month's book "Gregor the Overlander" by Suzanne Collins.

**MARCH 21 | 4 P.M.
MCCHORD LIBRARY**

851 Lincoln Blvd. McChord Field 253-982-3454

JBLMmwr.com/libraries

HAPPY BIRTHDAY Dr. Seuss

McChord Library

**MARCH 2
4-5 P.M.**

Ages 3 and older are invited to attend, so come to party and bring a friend!

Storytime, snacks & games.

851 Lincoln Blvd. McChord Field 253-982-3454

**FRIDAY, MARCH 23
TRIVIA NIGHT**

LIVE TRIVIA WITH DJ K-POD

AT THE **MCCHORD PUB** STARTING AT 5PM

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Easter DASH

MARCH 31

FREE!

COWAN STADIUM

EFMP Families – Noon
18 months-3 years – 12:30 p.m.
4-7 years – 1 p.m.
8-12 years – 1:30 p.m.

A surprise visit from the Easter Bunny!
BOSS IS LOOKING FOR VOLUNTEERS!
FOR DETAILS CALL: 253-967-5636

TACOMA MUSICAL PLAYHOUSE FAMILY THEATER PRESENTS

KNUFFLE BUNNY
A CAUTIONARY TALE

Saturday, March 3
Book Patch Library
1p.m. | Ages 3-8

You're invited to a special meet-and-greet plus a super-duper craft-tastic storytime. Our special guest is Knuffle Bunny, presented by the Tacoma Musical Playhouse. No registration required. For more details, call 253-967-5533.

2109 N. 10th & Pendleton | Lewis Main | JBLMmwr.com/libraries

Open Spring Softball

Season begins April 7 at the Lewis North Athletic Complex

Sign-up Meeting
March 15 @ noon
Nelson Recreation Center

Registration Cost
\$250 per team

League Tournament May 5

Players without teams encouraged to attend coaches meeting for team placement.

Open to JBLM Community ID cardholder ages 18+

For more information, visit JBLMmwr.com/intramural or contact the Intramural Sports Office at 253-967-1195.

American Red Cross

Join the American Red Cross for a brief introduction to natural disaster preparedness and home fire safety! Participants will learn through a fun and engaging storytime with the instructor reading "No Dragons for Tea" as well as through other short activities.

Thursday, March 8
3-4 p.m.
Ages 4-8

No registration required. For more details, call 253-967-5533.

2109 N. 10th & Pendleton Lewis Main
JBLMmwr.com/libraries

GRANDSTAFF LIBRARY

STEAM
Science Technology Engineering Arts Math

MAKERSPACE

First Friday of the month | 6-7:30 p.m.

January 5
Littlebits Coding
Ages 8 & older

February 2
Dash & Dot
Ages 6 & older

March 2
Makey Makey
Ages 6 & older

April 6
Ozobot
Ages 6 & older

May 4
Drones
Ages 14 & older

Our library's Makerspace will inspire all participants to uncover their talents and interests by making, producing, solving, creating, collaborating and thinking.

For more details, call 253-967-5533.

2109 N. 10th & Pendleton Lewis Main
JBLMmwr.com/libraries

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EVERY WEDNESDAY

WINTER 2018
STARTED JAN. 24

REGISTRATION: 6 PM
TOURNAMENT: 6:30 PM
\$7 ENTRY FEE

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AGES 18+ FOR DETAILS CALL: (253)477-5756

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† Please see our website for additional information about institutional and programmatic accreditation.



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Saturday, March 10 MWR FEST TENT



2200 Liggett Ave. at Lewis Main
Packet pick-up 8:30-9:30AM • 1K starts 10 • 5K starts 10:30

Enjoy live music, costume contests and a beer garden.
Also join us for the after-party at Samuel Adams Brewhouse JBLM!

Registration link at JBLMmwr.com/races

| Registration & Pricing | LATE REGISTRATION March 1 at midnight – March 7 at 11:59PM (No T-shirt guarantee) | DAY OF RACE ON-SITE REGISTRATION (No T-shirt) |
|--|---|---|
| Military Affiliated – All DOD ID Card Holders | \$25 5K / \$20 1K | \$35 5K / \$25 1K |
| No Military Affiliation | \$35 5K / \$25 1K | \$45 5K / \$30 1K |

JBLM FAMILY & MORALE, WELFARE & RECREATION



RECRUITING FAIR



FRIDAY, MARCH 9

EAGLES PRIDE GOLF COURSE

Off I-5 at Exit 116

8-10 a.m.
Applicants submit applications and resumes

9:45 a.m.-3 p.m.
MWR facility managers conduct initial interviews & NAF HR may extend tentative job offers

SPORTS, FITNESS & AQUATICS FLEX POSITIONS: Recreation Assistant: NF-02, \$13.80-15 (9 at gyms); Custodial Worker: NA-02, \$12.60-13.86 (6 at gyms).

OUTDOOR RECREATION FLEX POSITIONS: Following marina jobs are seasonal not to exceed 1 OCT: Recreation Assistant: NF-02, \$13.80 (1 at Marina); Recreation Aid: NF-01 - \$11.50 (5 at Marina); Custodial Worker: NA-02, \$12.60-13.86 (2 at Marina).

BUSINESS OPERATIONS DIVISIONS FLEX POSITIONS: All at various MWR Food & Bev. operations: Bartender: NA-05, \$14.42-16.82; Food Service Worker: NA-02, \$12.60-14.71; Food and Beverage Attendant: NA-03, \$13.21-15.41; Custodial Worker: NA-02, \$12.60-14.71; Laborer: NA-00 (Golf), Recreation Assistant: NF-02 \$13.80 (Golf), Recreation Aid: NF-01, \$11.50 (Golf).

RECREATION FLEX POSITIONS: Recreation Assistant: NF-02, \$13.80 (2 at Special Events); Custodial Worker: NA-02, \$12.60-13.86 (Warrior Zone).

QUALIFICATION REQUIREMENTS Must be at least 18 years old, able to lift 40 pounds, possess a high school diploma, able to communicate (verbal and written) in English and favorable completion of pre-employment and background checks.

Applicants should bring their Social Security card and birth certificate and/or passport. Applicants need to submit TWO paper applications at the Recruitment Fair! Tentative job offers may be extended and preliminary background checks will be initiated. Download DA Form 3433 from JBLMmwr.com (Community Update page). Visit the [fb.com/JBLMmwr](https://www.facebook.com/JBLMmwr) events tab for updated listings.

2018 JOINT BASE LEWIS-MCCHORD SPORTS CALENDAR



| | | |
|-----------------|---|---|
| January | CC Volleyball | Jan 15 |
| February | CC Bowling Open Women's Volleyball | Feb 8 Feb 17 |
| March | Shamrock n' Run 5K/1K CC Soccer | Mar 10 Mar 12 |
| April | Open Women's Basketball Open Softball CC Golf Open Flag Football CC Basketball CC 10 Miler Qualifier Awareness Run 5K | Apr 7 Apr 7 Apr 9 Apr 14 Apr 17 Apr 20 Apr 28 |
| May | Down n' Dirty Mud Run | May 12 |
| June | CC Softball Sound to Narrows 12K Military Run Open Basketball Open Volleyball | Jun 11 Jun 9 Jun 16 Jun 16 |
| July | Freedom Run 10 Miles/5K/1K | Jul 4 |
| August | Pacific Pathways Sprint Triathlon CC Paintball Open Softball II CC Flag Football Salmon Run 12K/5K/1K | Aug 4 Aug 11 Aug 18 Aug 20 Aug 25 |
| October | CC Indoor Soccer Zombie Apocalypse Run 5K/1K CC 5K Championship | Oct 1 Oct 13 Oct 19 |
| November | CC Swim Meet Turkey Trot 5K/1K | Nov 6-8 Nov 17 |
| December | Jingle Bell Jog 5K/1K | Dec 8 |

Commander's Cup leagues are divided into four divisions:
7th ID / Independent / 593rd ESC / McChord

All leagues will have a mandatory coaches meeting prior to the start date
For more information on the sports program:
253-966-1156 or sports@jblmmwr.com



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Joint Base Lewis-McChord MWR's fun, food, travel & well-being guide

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JBLM
NORTHWEST

guardian weekend

SECTION C

ALSO INSIDE:

For more fun things to do,
see the JBLM calendar. 2C



COVER STORY

Rockin' the green theme

A preview
of the JBLM
ShamROCKin'
Run 5K, 3C

FOR THE WEEK OF MARCH 2-8

2

SAMUEL ADAMS BREWHOUSE JBLM

4 p.m. to midnight. Play trivia tonight for prizes from 7 to 9 p.m. Teams can be up to four people; prizes awarded to the top two teams.

McCHORD PUB 4 to 8:30 p.m. Drop in to relax after work. Enjoy programs on four overhead televisions and challenge your friends to a game of darts or Texas Hold Em.

McCHORD GRILL

11 a.m. to 1 p.m. Fish, chips and a drink for \$8. Add a cup of clam chowder for \$1.50 more.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 10 p.m. Chicken-fried steak for \$8.25.

3

SOUNDERS LANES

11 a.m. to midnight. Cosmic Blacklight Bowling from 7 to 9 p.m. Two hours plus shoe rental for \$12 per person, plus the Laser Maze and PAC-Man.

SAMUEL ADAMS BREWHOUSE JBLM

4 to 11 p.m. Watch your favorite sports with appetizers and brew.

4

SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE

Open to the public. Come in for great meals, good brew and your favorite sports.

WHISPERING FIRS HABAÑERO MEXICAN GRILL

7:30 to 10:30 a.m. Enjoy a traditional Sunday breakfast with a view.

5

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Chicken cordon bleu for \$8.25.

HABAÑERO MEXICAN GRILL

7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Buy one lunch burrito and get the second half off.

BATTLE BEAN AT McCHORD FIELD

7 to 11 a.m. Order breakfast with your made-to-order coffee.

BATTLE BEAN AT STONE EDUCATION CENTER

7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

6

WHISPERING FIRS HABAÑERO MEXICAN GRILL

7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. Cheese quesadilla, soup and fountain drink for \$7.50.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Chicken-bacon ranch wrap for \$8.25.

WARRIOR ZONE

Try the Zone's turkey, Thai chicken, chicken chipotle and turkey Caesar wraps stuffed with great flavor and seasonings. Also indulge in tuna salad, veggie, roast beef, turkey and chicken sandwiches. Ages 18 and older only.

7

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Spaghetti and meatballs for \$8.25.

WHISPERING FIRS HABAÑERO MEXICAN GRILL

7:30 to 10:30 a.m. and 11 a.m. to 2 p.m. The hefty 6-pound burrito challenge is back. Order between 11 a.m. and 2 p.m. If you can eat it in 45 minutes or less, it's on the house.

STRIKE ZONE AT BOWL ARENA LANES

4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

8

McCHORD GRILL

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, soup of the day, burgers and sandwiches with fries.

WARRIOR ZONE DINING

10 a.m. to 11 p.m. Try our hot-from-the-oven flatbread pizzas, fresh-grilled sandwiches and more. Order Battle Bean coffee drinks for an instant boost. Ages 18 and older only.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Beef stroganoff for \$8.25.

SAMUEL ADAMS BREWHOUSE AT EAGLES PRIDE

Open to the public. Come in for great meals, good brew and your favorite sports.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

| | |
|---|--------------|
| Battle Bean at AFC Arena | 253-964-8837 |
| Bowl Arena Strike Zone | 253-967-4661 |
| Caddy Shack Bar & Grill | 253-964-2792 |
| Cascade Community Center/ Heroes Lounge | 253-964-0331 |
| Globemaster Grill at McChord Club | 253-982-5581 |
| McChord Catering | 253-982-8175 |
| The Bistro at Russell Landing | 253-964-2813 |
| The Warrior Zone (Lewis North) | 253-477-5833 |
| Whispering Firs Habanero Mexican Grill | 253-982-3271 |
| To see menus, visit JBLMmwr.com. | |

AT THE MOVIES

Carey Theater
on Lewis Main

Winchester (PG-13)

Friday at 7 p.m.

Ferdinand (PG)

Saturday at 1 p.m.

12 Strong (R)

Saturday at 7 p.m.

Ferdinand (PG)

Sunday at 1 p.m.

Winchester (PG-13)

Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

TACOMA AREA

BLUE MOUSE THEATRE: 253-752-9500

GRAND CINEMA: 253-593-4474

LAKEWOOD TOWNE CENTER

CINEMAS: Not available by phone,

online fandango.com

REGAL LAKEWOOD STADIUM 15: 844-462-7342 411#

CENTURY POINT RUSTON AND XD:

Not available by phone, online cinemark.com

PUYALLUP

LONGSTON PLACE: 253-770-9901

SOUTH HILL MALL SIX: 253-445-8801

BONNEY LAKE

REGAL TALL FIRS 10: 253-891-5445

GIG HARBOR

GALAXY UPTOWN THEATRE: 253-857-7469

PORT ORCHARD

REGAL SOUTH SOUND 10: 360-871-2294

SOUTH KING COUNTY

CENTURY FEDERAL WAY 16: 253-946-0942

FEDERAL WAY GATEWAY 8: Not available by phone, online fandango.com

YELM

YELM CINEMAS: 360-400-3456

OLYMPIA/LACEY

MARTIN VILLAGE STADIUM 16: 360-455-5003

CENTURY OLYMPIA: 360-943-0769



Liongate CBS Films

Helen Mirren, Jason Clarke and Sarah Snook star in the new Liongate CBS Films release, "Winchester."



SCOTT HANSEN Northwest Guardian / 2017

JBLM SHAMROCKIN' RUN 5K

RUN FOR THE GREEN

BY DEAN SIEMON
Northwest Guardian

With a new theme and new name, the Joint Base Lewis-McChord ShamROCKin' Run kicks off the 2018

JBLM Race schedule at Family and Morale, Welfare and Recreation's Festival Tent on Lewis Main March 10.

Carlissa Jenkins considers herself lucky to be one of the lead coordinators for this year's

event, and it's not just from the luck of Irish stemming from the St. Patrick's theme.

Family and MWR's Development System made the

SEE GREEN, 8C



ABOVE: Participants will come dressed appropriately for the annual JBLM ShamROCKin' Run 5K on Lewis Main March 10.

AT LEFT: Gina Wadleigh, of Olympia, sports a green hat and glasses at the 2017 race on Lewis Main.

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EVENTS
COMMUNITY

Gig Harbor Dragons' Dragon Flea Market 10 a.m. to 5 p.m. Friday and Saturday. Old Peninsula Gardens, 5503 Wollochet Dr. NW, Gig Harbor. Collectibles, antiques, jewelry, books, small furniture, housewares, sporting goods, garden items and more. Exciting raffle events will be held twice a day. The proceeds from the sale benefit the Gig Harbor Youth and Adult Dragon Boat Teams. 253-225-0144.

Pacific Northwest Coleman Collectors Annual Display 9:30 a.m. to 5 p.m. Saturday. Best Western Plus Lacey Inn and Suites, 8326 Quinault Drive NE, Lacey. Displaying vintage Coleman lanterns, stoves, coolers, jugs, irons and more. If you have an older no longer working Coleman item, bring it and we will show you how to get it operating once more. Free. 206-257-8957, colemancollectors-forum.com/calendar.

Dino Days at Burke Museum 10 a.m. to 5 p.m. Saturday and Sunday. Burke Museum, Northeast 45th St. and 17th Avenue Northeast, Seattle. Join us for prehistoric fun. Become a Junior Paleontologist by completing fossil challenges, talk to paleontologists about their research and careers and see hundreds of prehistoric plants and animals. \$7.50-\$10. 206-543-5590, burkemuseum.org.

Tacoma Buddhist Temple's Sukiyaki Dinner 11 a.m. to 3 p.m. Sunday. Tacoma Buddhist Temple, 1717 S. Fawcett Ave., Tacoma. Enjoy traditionally prepared sukiyaki, plus teriyaki chicken, mochi (sweet rice) cupcakes and mochi ice cream at this popular community event. Menu items range from \$1 to \$13. 253-627-1417, tacomabt.org.

Free Neighborhood Nights at Tacoma Art Museum 5 to 8 p.m. Thursdays. Tacoma Art Museum, 1701 Pacific Ave., Tacoma. Open late and free to the community. Find your inner artist and sketch in the galleries with an expert teaching artist. Test your knowledge and win prizes with live trivia. tacomaartmuseum.org/events.

Meeker Mansion Psychic Fair 10 a.m. to 4 p.m. March 10. Meeker Mansion, 312 Spring St., Puyallup. \$5 entry fee will be used for the restoration of the mansion and psychics will charge



SCOTT HANSEN Northwest Guardian / 2016

additional fees. 253-848-1770, meekermansion.org.

The People's Gathering: A Revolution in Consciousness Conference 8 a.m. to 5 p.m. March 14. Pacific Lutheran University — Anderson University Center, Park Avenue South and 122nd Street South, Tacoma. A professional/personal development learning experience and networking opportunity designed to move the "Race Conversation" forward. The conference creates a supportive space in which participants engage in frank and open dialogue about race and racial disparities that are systematically present in work, school and everyday life. \$225 General Admission; \$125 Students. 253-535-7722, plu.edu/peoplesgathering.

Seattle Kennel Club Dog Show 8 a.m. to 5 p.m. March 10-11. CenturyLink Field Events Center, 800 Occidental Ave., Seattle. With demonstrations, competition. Learn about breeds, agility, obedience and rally action. \$8-\$12. seattledogshow.org.

Free Family Flick: The Last Starfighter 10 a.m. March 17. Grand Cinema, 606 S. Fawcett Ave., Tacoma. 1984 sci-fi movie, seating is free for all, first come basis. Free. grandcinema.com.

T-Town: Play, Explore and Learn 10 a.m. to 3 p.m. March 24. Tacoma Dome, 2727 E D St., Tacoma. City services expo, learn services available, how city

government works, share ideas and feedback. Free.

GROUPS

Square Pegs Adult Autism Support Group 6 to 8 p.m. First and third Wednesdays. Elmer's Restaurant, 7427 S. Hosmer St., Tacoma. Ongoing discussion group. Free. 206-696-5794, meetup.com/Squarepegs.

Memory (Alzheimer's) Cafe 3 to 4:30 p.m. Fourth Wednesday. Elmer's Restaurant, 7427 S. Hosmer St., Tacoma. A regular gathering of individuals with memory loss and their caregivers for a meal, conversation and entertainment. 253-722-5691, lcsnw.org.

ONGOING

Black Hills Audubon Society Bird Walk 8 a.m. to noon Wednesdays. Nisqually National Wildlife Refuge, 100 Brown Farm Road., Olympia. Phil Kelley leads a bird walk at \$3 parking fee.

TALKS

Pierce County Conversations: Student Loans, Debt and Managing Debt Accumulation 3:30 p.m. March 2. Lakewood Library, 6300 Wildaire Road SW, Lakewood. Learn how student debt accumulation affects your financial future and other life goals. Free. 253-548-3302, piercecountylibrary.org.

Talk with Historian Michael Hemp 1 to 3 p.m. Saturday. Foss

Waterway Seaport, 705 Dock St., Tacoma. "Conjunction." Revealing exciting new horizons for Pacific Northwest history, our cultural and literary connections, marine science and maritime interests and a new travel and hospitality industry potential throughout Puget Sound and the Pacific Northwest. 253-272-2750, fosswaterwayseaport.org.

Five Wishes and More 12:10 p.m. Monday. Pierce County Annex, 2401 S. 35th Street, Tacoma. 6:30 p.m. Tuesday. Graham Library, 9202 224th St. E., Graham. 6:30 p.m. Wednesday. South Hill Library, 15420 Meridian E., Puyallup. 10 a.m. March 10. Pierce County Community Connections — Sound View Building, 3602 Pacific Ave., Tacoma. Helping people better understand their own values and the relationships that are most important to them when it comes to their care. An informational presentation. Free; No RSVP required. 253-798-4600, PierceADRC.org.

Shared Housing Services 12:30 to 1:30 p.m. Monday. Puyallup Activity Center, 210 W. Pioneer, Puyallup. Shared Housing Services offers individuals innovative and affordable solutions to prevent homelessness and foster independence through home sharing programs. Free. 253-841-5548.

Northwest Wildlife Road Trips 10:30 to 11:30 a.m. and 4:30 to 5:30 p.m. Thursday. Tacoma AAA Cruise and Travel

The Black Hills Audubon Society will conduct a Bird Walk at the Nisqually National Wildlife Refuge in Olympia Wednesday from 8 a.m. to noon.

Financial Foundations — Credit 6:30 p.m. Tuesday. Parkland/ Spanaway Library, 13718 Pacific Ave. S., Tacoma. Learn how to establish credit, your responsibilities as a borrower and how to monitor your credit using credit reports and credit scores. Free. 253-548-3304, piercecounty-library.org/calendar.

South Sound Wedding Workshop 2 to 4 p.m. March 10. Titlow Lodge, 8425 Sixth Ave., Tacoma. Engaged couples, their wedding party and parents are invited to attend to learn helpful tips from premier South Sound wedding professionals. Each couple will receive a bag filled with goodies, including a copy of the South

SEE EVENTS, 10C

BLUEMOUSE THEATRE
THREE BILLBOARDS OUTSIDE
EBBING, MISSOURI
Nightly at 7:00 pm • Rated R
Sat & Sun Matinee at 3:45 pm
253-752-9500 www.bluemousetheatre.com

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606 S Fawcett Ave
GRANDCINEMA.COM
253-593-4474

The Young Karl Marx (NR)
Fri-Thu: 12:15, 8:25

Call Me By Your Name (R)
Fri-Mon: 3:10, 6:00, 8:55; Tue: 3:10, 8:55
Wed-Thu: 3:10, 6:00, 8:55

Phantom Thread (R)
Fri-Thu: 12:00, 2:45, 5:35

The Post (PG-13)
Fri: 4:05, 6:40, 9:15
Sat-Sun: 1:40, 4:05, 6:40, 9:15
Mon: 1:40, 4:05, 9:15
Tue: 1:40, 4:05, 6:40, 9:15
Wed: 1:40, 4:05, 9:15
Thu: 1:40, 4:05, 6:40, 9:15

The Shape of Water (R)
Fri: 1:30, 8:45; Sat: 1:30, 8:40
Sun-Mon: 1:30, 8:45; Tue: 8:45
Wed-Thu: 1:30, 8:45

Lady Bird (R)
Fri-Sun: 11:20 AM, 4:15, 6:30
Mon-Wed: 4:15, 6:30; Thu: 4:15

Mohawk (NR)
WEIRD ELEPHANT SERIES: Sat: 11:00

Human Flow (PG-13)
TUESDAY FILM SERIES: Tue: 1:15, 6:00

The Living Fire (NR)
SISTER CITIES FILM FESTIVAL
Thu: 6:30

Now serving local beer & wine!
Tacoma's only nonprofit movie theater.

WORKSHOPS

Life After High School:

MARCH 2**MOONLIGHT SNOWSHOE TRIP AT SNOQUALMIE**

Head to the Snoqualmie Pass area to snowshoe in the moonlight. Dress warm because you won't see the sun on this trip. Difficulty: beginner; distance: 1.5 miles; elevation gain: 50 feet; time: two hours.

Depart from the Northwest Adventure Center at Lewis North at 5:30 p.m. or McChord Field's Adventures Unlimited at 6 p.m. Register at JBLMmwrRegistration.com. **\$50.**

MARCH 3**SNOWSHOE ADVENTURE AT SNOW LAKE**

The Pacific Northwest is a unique location with mountains offering visitors tranquility in vast forests, high alpine lakes and breathtaking scenery. Snow Lake is no exception. Nestled in the central Cascades, this lake is accessed up 2,000 feet of elevation gain to an overlook of the snow covered valley. Due to winter conditions, location is subject to change for safety reasons.

Difficulty: moderate; distance: 8 miles; time: three to four hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Meet at the Northwest Adventure Center at Lewis North at 8:30 a.m. Register at JBLMmwrRegistration.com. **\$65.**

MARCH 3-4**BASIC ALPINE CLIMB CLASSROOM COURSE**

During this course, you'll receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. Unlike Rainier, the Cascades are part of a huge mountain range with scores of peaks topping 8,000 feet, upwards of 400 glaciers and countless permanent snowfields. This program is designed for the beginner or intermediate climber who wishes to develop strong fundamental skills in all aspects of snow and glacier climbing. It serves as a prerequisite for many basic-level climbs and is a stepping stone to more technically difficult mountains, including Denali.



KAWEKA STONEY JBLM Outdoor Recreation / 2017

The Joint Base Lewis-McChord Outdoor Recreation team will host a backcountry skiing trip at the Cascade Mountains March 10.

This course has served as a springboard to many climbing careers, including numerous Rainier summiteers, and has developed a foundation of skills for hundreds of independent climbers. Taught over two weekends, the first half is classroom based skill sessions. The following weekend is an overnight field skills practice on the slopes. Register at JBLMmwrRegistration.com. **\$125.**

MARCH 4**SNOW TUBING FOR ALL AGES**

Travel to one of Washington's best tubing hills for a day in the snow. Dress warmly and get ready to go for a wild ride. Tubing is a blast for all ages. Snow tubes and transportation provided. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. or McChord Field's Adventures Unlimited at 9 a.m.

\$45; ages 6 to 12, **\$25;** ages 3

and younger, **\$5.** Register at JBLMmwrRegistration.com.

CROSS-COUNTRY SKIING AT LAKE EASTON

A great day of cross-country skiing at Lake Easton is made up of a combination of short trails, rolling hills, groomed trails and beautiful views. Gear, transportation and instruction are provided. Skiers must go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Meet at McChord Field's Adventures Unlimited at 8 a.m. Difficulty: moderate; distance: 5 miles; elevation gain: 50 feet; time: three hours. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. **\$65.**

MARCH 8-11**WINTER EXPEDITION MOUNTAINEERING**

During this course, partici-

pants will receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. Unlike Rainier, the Cascades are part of a huge mountain range with scores of peaks topping 8,000 feet, upwards of 400 glaciers and countless permanent snowfields. This program is designed for intermediate climbers who wish to develop strong fundamental skills in all aspects of snow and glacier climbing. It serves as a prerequisite for and is a stepping stone to more technically difficult mountains, including Denali. Taught over four days as overnight field skills practice on the slopes. Register at JBLMmwrRegistration.com. **\$350.**

MARCH 9**YOGA CLASS DESIGNED FOR SKIERS**

Skiing and snowboarding go together with yoga like peas and carrots. Like yoga, skiing is an

activity where focus and strength is essential. Both require complete concentration of mind and attention to the body and what will make it perform with every swerve, bump and steepening of the slope. Join other outdoor recreators in a 60-minute class away from the studio designed specifically for preparing the muscles to endure long runs down a powdery hill this winter. Class takes place at 6 p.m. at McChord Field's Adventures Unlimited building surrounded by inspiring outdoor gear. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at JBLMmwrRegistration.com. **\$17.**

MARCH 10**LEARN THE BASICS IN PHOTOGRAPHY 101**

This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone is a new photographer needing to

learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students on firm ground for advancing their photography. Learn the basic principles of photography including:

- Camera settings: Learn the settings and get your camera set up right.

- Depth of field: What it is and how to use it to make better photos.

- Exposure: Get it right in the field without any fuss.

- Focus: Learn how focus is affected and how to take control of it.

- Composition: Explore the rules and learn when to break them.

Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. **\$45.**

BACKCOUNTRY SKIING AT CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. JBLM Outdoor Recreation's trip provides all the gear you need to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16; children younger than 18 must be accompanied by an adult. Anyone who participates must be an intermediate skier. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

MARCH 11**SNOWSHOE TRIP AT COMMONWEALTH BASIN**

The Cascades in the winter is a snowshoeing paradise and none more so than Commonwealth Basin at the Snoqualmie Pass. The proliferation of snow keeps the trail ever changing.

Soft blankets smooth the landscape forming snow bridges

ON SALE THIS WEEK

JIMMY BUFFETT AND THE CORAL REEFER BAND June 23. KeyArena, Seattle. Tickets go on sale Friday.

DAVID BLAINE May 16. Paramount Theatre, Seattle. Tickets go on sale Friday.

TERRY FATOR Sept. 14. Washington State Fair, Puyallup. Tickets go on sale Saturday.

ANDREW LLOYD WEBBER'S "LOVE NEVER DIES" May 12. Paramount Theatre, Seattle. Tickets go on sale Monday

PENTATONIX July 15. White River Amphitheatre, Auburn. Tickets go on sale March 9.

ALREADY ON SALE

JOEL MCHALE 7 p.m. Saturday. Moore Theater, Seattle.

JAY PHAROAH 7 p.m. Thursday. Neptune Theatre, Seattle.

LORDE'S MELODRAMA WORLD TOUR 7 p.m. March 9. KeyArena, Seattle.

RICHARD MARX 8 p.m. March 9, Tulalip Resort Casino.

JEFF DUNHAM: PASSIVELY AGGRESSIVE 5 p.m. March 10. Tacoma Dome.

BLUE OYSTER CULT 8 p.m. March 10. Emerald Queen Casino, Tacoma.

CHIPPENDALES 6 p.m. March 17. Tulalip Resort Casino, Tulalip.

TREVOR NOAH 7:30 p.m. March 23. Paramount Theatre, Seattle.

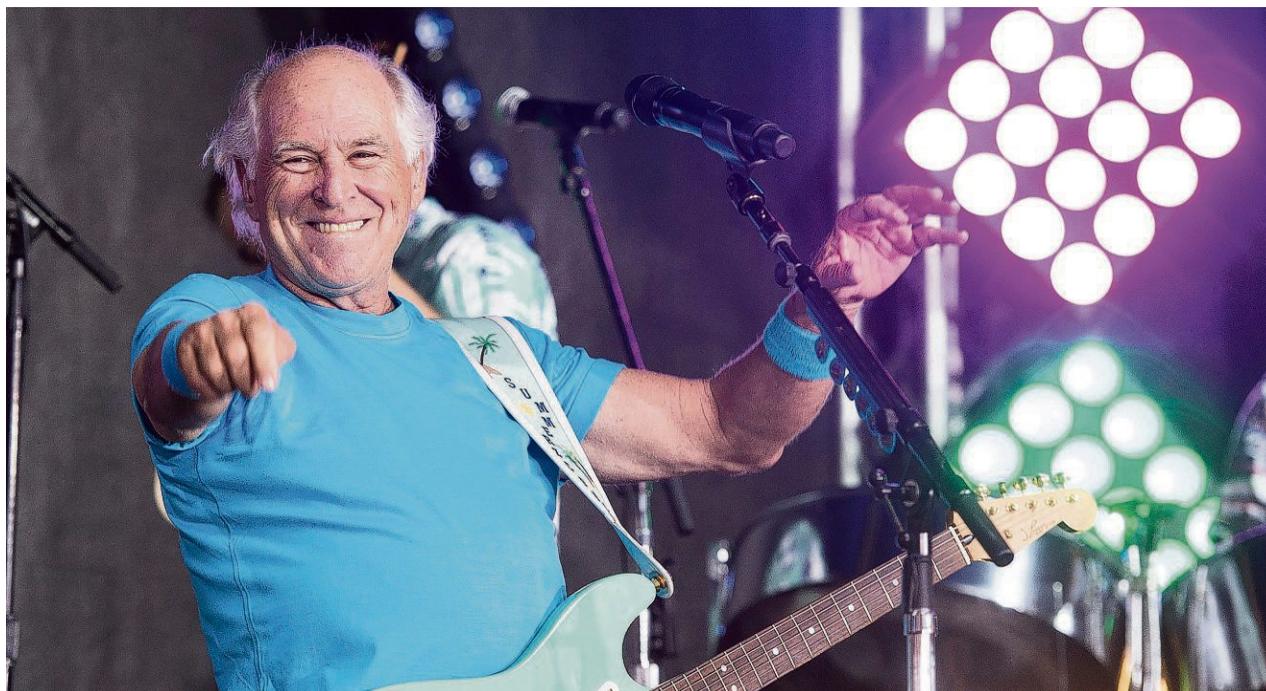
TIME MACHINE/MASHINA VREMENI 8 p.m. March 28. Moore Theatre, Seattle.

SOMO: THE RESERVATIONS TOUR 8 p.m. March 30. Neptune Theatre, Seattle.

PAW PATROL LIVE: RAVE TO THE RESCUE April 3. McCaw Hall, Seattle.

KEITH SWEAT 8:30 p.m. April 7. Emerald Queen Casino, Tacoma.

MONSTER ENERGY AMA SUPERCROSS April 7. Century-



CHARLES SYKES Invision/AP

Jimmy Buffett and The Coral Reefer Band will perform at KeyArena in Seattle June 23. Tickets are now available.

Link Field, Seattle.

BILL MAHER 8 p.m. April 14. Paramount Theatre, Seattle.

PBR TOUR April 14-15. Tacoma Dome, Tacoma.

JUDAS PRIEST: FIREPOWER 2018 NORTH AMERICAN TOUR April 15. ShoWare Center, Kent.

ALVIN AILEY AMERICAN DANCE THEATER 8 p.m. April 27 and 28; 2 p.m. April 29. Paramount Theatre, Seattle.

CASPAR BABYPANTS 10:30 a.m. April 28. Neptune Theatre, Seattle.

KHALID: THE ROXY TOUR May 3. WaMu Theater, Seattle.

KENDRICK LAMAR 7:30 p.m. May 5. White River Amphitheatre, Auburn.

LITTLE BIG SHOW NO. 21: NADA SURF, CELEBRATING THE 15TH ANNIVERSARY OF

LET GO 8 p.m. May 9. Neptune Theatre, Seattle.

SEVEN LIONS: CHRONICLES 6 p.m. May 12. WaMu Theater, Seattle.

PINK: BEAUTIFUL TRAUMA WORLD TOUR 7:30 p.m. May 13. KeyArena, Seattle.

PAUL SIMON HOMEWARD BOUND FAREWELL TOUR 8 p.m. May 18. KeyArena, Seattle.

KOOL AND THE GANG 8:30 p.m. May 19. Emerald Queen Casino, Tacoma.

CHRIS YOUNG: LOSING SLEEP WORLD TOUR 2018 7:30 p.m. May 19. Tacoma Dome.

STARS ON ICE 7:30 p.m. May 20. KeyArena, Seattle.

WEIRD AL YANKOVIC: ILL ADVISED TOUR 8 p.m. May 20. The Moore Theater, Seattle.

SASQUATCH MUSIC FESTIV-

AL 3 p.m. May 25-27. The Gorge Amphitheatre, George.

MAROON 5 7:30 p.m. May 30. Tacoma Dome.

CELTIC WOMAN: HOME-COMING TOUR 7:30 p.m. June 2. Paramount Theatre, Seattle.

NATALIA LAFOURCADE 8 p.m. June 2. Neptune Theatre, Seattle.

JAMES TAYLOR AND BONNIE RAITT 7:30 p.m. June 6. KeyArena, Seattle.

KEVIN HART IRRESPONSIBLE TOUR 7 p.m. June 14. KeyArena, Seattle.

JIMMY BUFFETT AND THE CORAL REEFER BAND 8 p.m. June 23. KeyArena, Seattle.

ANDREA BOCELLI IN CONCERT WITH THE SEATTLE SYMPHONY 7:30 p.m. June 24. KeyArena, Seattle.

DEAD AND COMPANY SUMMER TOUR 7 p.m. June 29. Gorge Amphitheatre, George.

KENNY CHESNEY: TRIP AROUND THE SUN TOUR 4 p.m. July 7. CenturyLink Field, Seattle.

TIM MCGRAW AND FAITH HILL SOUL2SOUL WORLD TOUR 2018 July 13. KeyArena, Seattle.

PHISH 7:30 p.m. July 20-22. The Gorge Amphitheatre, George.

CHRIS STAPLETON "ALL AMERICAN ROAD SHOW" 7 p.m. July 21. White River Amphitheatre, Auburn.

FOREIGNER - JUKE BOX HEROES TOUR 7 p.m. July 27. White River Amphitheatre, Auburn.

NIALL HORAN: FLICKER

WORLD TOUR 7 p.m. Aug. 2. White River Amphitheatre, Auburn.

WEEZER AND PIXIES 7:30 p.m. Aug. 4. White River Amphitheatre, Auburn.

PEARL JAM 7:30 p.m. Aug. 8 and 10. Safeco Field, Seattle.

DARYL HALL AND JOHN OATES WITH TRAIN 6 p.m. Aug. 11. KeyArena, Seattle.

JACK WHITE 8 p.m. Aug. 13. WaMu Theater, Seattle.

SMASHING PUMPKINS SHINY AND OH SO BRIGHT NORTH AMERICAN TOUR 7 p.m. Aug. 24. KeyArena, Seattle.

ED SHEERAN: 2018 NORTH AMERICAN TOUR 7 p.m. Aug. 25. CenturyLink Field, Seattle.

ZAC BROWN BAND: DOWN THE RABBIT HOLE LIVE 7 p.m. Aug. 31. Safeco Field, Seattle.

DAVE MATTHEWS BAND Aug. 31-Sept. 2. Gorge Amphitheatre, George.

ROD STEWART, WITH SPECIAL GUEST CYNDI LAUPER 7:30 p.m. Sept. 1. White River Amphitheatre, Auburn.

GAME OF THRONES LIVE CONCERT EXPERIENCE Sept. 6. Key Arena, Seattle.

FOO FIGHTERS: CONCRETE AND GOLD TOUR Sept. 1. Safeco Field, Seattle.

SAM SMITH: THE THRILL OF IT ALL TOUR 8 p.m. Sept. 8. KeyArena, Seattle.

RAIN: A TRIBUTE TO THE BEATLES 7:30 p.m. Sept. 10. Washington State Fair, Puyallup.

TOBY KEITH WITH NED LEDOUX 7:30 p.m. Sept. 15. Washington State Fair, Puyallup.

GABRIEL "FLUFFY" IGLESIAS 7:30 p.m. Sept. 22. Washington State Fair, Puyallup.

RASCAL FLATS 7:30 p.m. Sept. 23. Washington State Fair, Puyallup.

JOURNEY AND DEF LEPPARD 7 p.m. Sept. 29. Gorge Amphitheatre, George.

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If you go

What: JBLM ShamROCKin' Run

Where: Family and MWR's Festival Tent, 2200 Liggett Ave., Lewis Main

When: Packet pick-up and registration at 8:30 a.m. Costume contest at 9:30 a.m. Kids Rockin' Rainbow Rush 1K at 10 a.m. 5K run at 10:30 a.m.

FROM PAGE 3C

GREEN

decision to give more of its employees the chance to take the lead on 2018 fun runs. Jenkins, who is coordinating along with Abigail Crosby, considers it a fun challenge.

"This is my first event in general that I've worked on, and it was a lot of fun to take an event that has very high expectations in the public and make it even better," said Jenkins, who is an administrative assistant for the Northwest Adventure Center.

The most notable change for returning JBLM runners is the slight name change. For years, the St. Patrick's themed fun run was called the Shamrock 'n Run. The new ShamROCKin' name calls attention to the event's new rock and roll theme.

The America's First Corps Band's "Courage" rock group will perform live inside Family and MWR's Fest Tent, where Jenkins said the band hopes to create a concert vibe that is new and refreshing for JBLM's running enthusiasts.

"We want people to walk in and not even recognize that it's the Fest Tent and think they're at a concert," Jenkins said.

Jenkins said both rock and Irish themes are welcome in the fun run's costume contest. Prizes will be given away to the best and most creative individual, youth and family or group.



SCOTT HANSEN Northwest Guardian / 2017

The JBLM ShamROCKin' Run 5K will take place outside Family and Morale, Welfare and Recreation's Festival Tent on Lewis Main March 10.

One idea is to have a group dress up like the famous rock band U2, which hails from Ireland. Jenkins said she would love to see a group dress up like the band KISS, but with green.

"We're definitely going to be looking for people who are incorporating the rock and roll and St. Patrick's Day together," Jenkins said.

The event is expected to attract hundreds of runners — both dedicated athletes and those who might be doing their

first 5K. With the inclusion of a kids' 1K run, the entire military community can enjoy the event.

"I ran the run last year," Jenkins said. "I don't really work out that often, and I think it gives people an chance to have fun while being active."

The fun run will include crafting activities for both kids and adults, who can pain beer steins provided by the JBLM Arts and Crafts Center to be fired up and baked for a later pick-up. Adult crafting costs \$12 per person.

Runners ages 21 and older will receive a custom pint glass along with their finisher's medal. The glass earns one free fill inside the Fest Tent, where Guinness Blonde, colored green, and Red Top from Silver City Brewery will be served.

Registered runners will also receive a collectors race bib and a grilled Irish banger sausage. T-shirts are guaranteed to all preregistered runners, but T-shirts are also likely available to those who sign up before the late registration period

concludes Wednesday at 11:59 p.m.

Military-affiliated runners pay \$25 for the 5K and \$20 for the 1K. Others pay \$35 for the 5K and \$25 for the 1K.

Military runners who register the day of the event will pay \$35 for the 5K and \$25 for the 1K. Prices are \$45 (5K) and \$30 (1K) for all others.

For more information, visit jblmmwr.com/races.

Dean Siemon: 253-477-0235,
[@deansiemon](mailto:deansiemon)

FROM PAGE 6C

OUT

over creeks and making stumps look like soft bumps in the landscape. Distance: 8 miles, roundtrip; elevation gain: 2,300 feet.

Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$65.**

PHOTOGRAPHING THE SITES OF SEATTLE

Seattle is full of beautiful and interesting sites, and on this excursion, photographers will travel to a few of the locations, learning various techniques for landscape and cityscape photography.

From Kerry Park to Ballard Locks, from the Seattle waterfront to the Seattle Center, Seattle is a photographer's paradise to hone your skills.

Depart from the Northwest Adventure Center at Lewis North at 9 a.m. or McChord Field's Adventures Unlimited at 9:30 a.m. Register at JBLMmwrRegistration.com. **\$65.**

SNOWMOBILING, BACKCOUNTRY SKIING

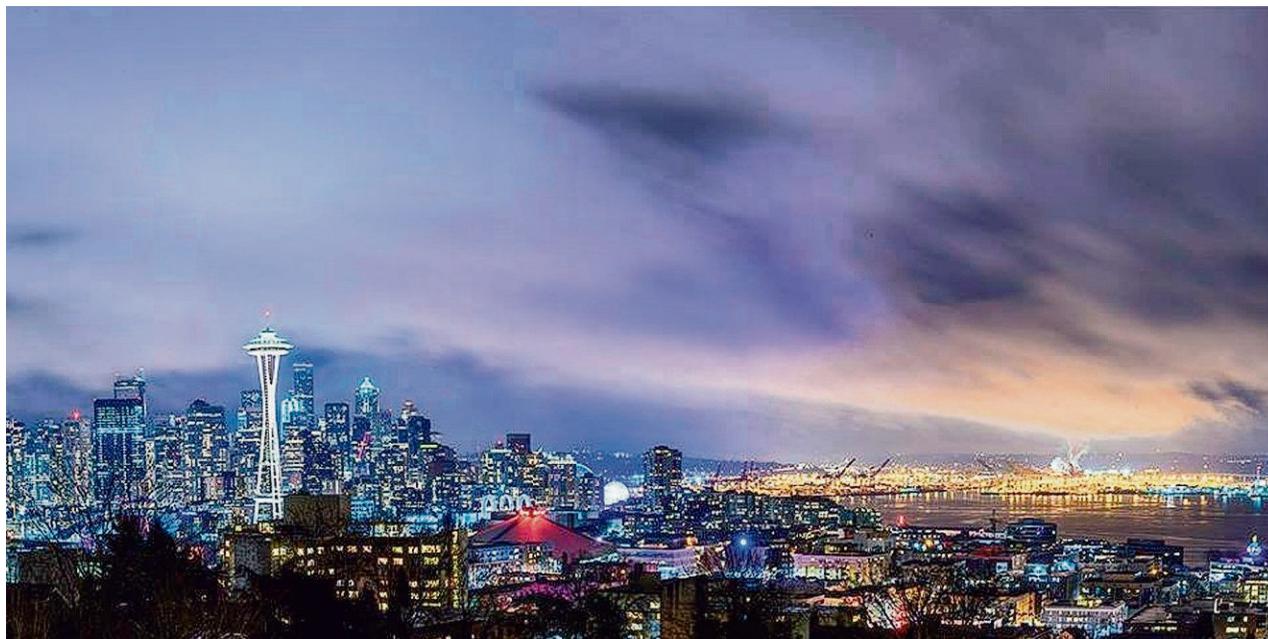
Take a snowmobile tour around Sasse Mountain in Cle Elum for fun, action, beauty and excitement. Anyone who is looking for the most fun-filled winter experience should check out this snowmobiling trip through the Cascade Mountains.

Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16.

Backcountry skiing/snowboarding refers to areas not covered by a resort or lifts including terrain reached by hiking, split-boarding, touring or sledging (snowmobile).

The backcountry usually has the best snow because it's not easily accessible to others (almost all of the best snowboard vids are filmed in the backcountry).

Participants can enjoy a mega-fueled snowmobiling adventure where they can get dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again.



KAWEKA STONEY JBLM Outdoor Recreation / 2017

Photography enthusiasts will get a chance to learn some of the finer points of taking pictures of the Seattle skyline during a trip set for March 11.

Ground transportation, snowmobile, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included.

Depart from the Northwest Adventure Center at Lewis North at 7 a.m. Register at JBLMmwrRegistration.com. **\$185** for snowmobiling; **\$75** for passengers ages 14 and younger; **\$165** for backcountry skiing.

MARCH 17
PACIFIC NORTHWEST WATERFALL TOUR

Explore the great concentration of waterfalls in the continental United States. The tour will be traveling along the historic Columbia River Highway, which has an abundance of small waterfalls viewable from the road.

The group will stop and see at least five major waterfalls, to include the world-famous Multnomah Falls, which plunges more than 620 feet from its origins. There will be a stop in Hood River, Ore., for lunch. Trip fee includes round-trip transportation.

A great trip for the entire family. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. **\$70; \$45** for ages 5 to 12; **\$20** for ages 4 and younger.

CROSS-COUNTRY SKI AT KEECHELUS LAKE

This will be a great day in the snow-filled Cascades spent skiing along Keechelus Lake near Snoqualmie Pass. Gear, transportation and basic instruction are provided. Please go to the Northwest Adventure Center to be fitted for gear no later than the day before trip. Difficulty: easy; distance: 5 miles; time: three hours. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$65.**

'WOMEN IN THE WOODS' SEMINAR

Join McChord Field's Adventures Unlimited for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use necessary gear in a few hours with the expert instructors. This introduction class will go over being a woman in the woods. Work with a female adventure instructor to learn tips on being a powerful woman while backpacking, rock climbing or even skiing in the backcountry. Learn what gear to use, what feminine hygiene products to bring and what it means to be

all that is woman away from civilization. The seminar is designed give women some tested tips to make it even more

enjoyable. Exploring the wilderness is an incredibly empowering and life changing experience. No equipment necessary.

SEE OUT, 11C

This class takes place at 11 a.m. Register at JBLMmwrRegistration.com. **Free.**

MARCH 17-18
JBLM BASIC ALPINE CLIMBING COURSE

Receive hands-on climbing and climber's safety training in Washington's glorious Cascade Range. It serves as a prerequisite for many of JBLM Outdoor Recreation's basic-level climbs and is a stepping stone to more technically difficult mountains, including Denali. This is the second half of the Basic Alpine Course classroom portion. This course is overnight in deep snow conditions to practice all the skills learned in the classroom. Register at JBLMmwrRegistration.com. **\$125.**

MARCH 18
INTRODUCTION TO BACKCOUNTRY SKIING

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry

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EVENTS

Sound Wedding and Event magazine. Free. Register at southsoundweddingshow.com/workshops.

NIGHTLIFE

FRIDAY

Open Mic Night All ages, family friendly. 6 to 10 p.m., Urban Timber Coffee, 6621 166th Ave. E., Sumner. All ages, family friendly. 253-826-3936.

Magician Cary Durgin 6 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Sam Bogle, Andy Pinto, Fantastic Fogman, Holie L. and Ayden 7:30 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. \$7-\$10. realarttacoma.com.

Gary Gulman 7:30 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$20-\$32. 253-282-7203, tacomacomedyclub.com.

Billy Stoops and Hambone Wilson 8 p.m. The Valley Pub 1206 Puyallup Ave., Tacoma. 253-248-4265.

Get Dead, Hilltop Rats, My Life in Black and White, Good Touch, Millhous 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$8-\$12. Ages 21 and older only. 253-396-9169.

Second String and Rats 8 p.m. Louie G's, 5219 Pacific Highway E, Fife. \$10. 253-926-9700.

Chapter 5 9 p.m. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777.

Harmonious Funk 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

KryBoys 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

SATURDAY

Gary Gulman 7:30 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$20-\$32. 253-282-7203, tacomacomedyclub.com.

Live Music Featuring Blues, Breds and Barbecue 8 p.m., Uncle Thurm's Finger Lickin' Ribs and Chicken, 3709 S. G St., Tacoma. 253-475-1881.

Chapter 5 9 p.m. Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma. 253-594-7777.

Harmonious Funk 9 p.m. Great American Casino 10117 South Tacoma Way, Lakewood. 253-396-0500.

Method 13, Monsters Among Gods, Saint Helen and Vial Experiment 9 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Sonic Funk Orchestra 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

KryBoys 9 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$7-\$8. 253-396-9169.

SUNDAY

Groovin' Higher Jazz Orchestra and Country Roadhouse Jam with Dave Nichols 5 and 8:30 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Steve Jessup 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$23. 253-282-7203, tacomacomedyclub.com.

Tim Hall Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma, 253-476-1421.

MONDAY

Open Mic with Chuck Gay 8 p.m. The Swiss, 1904 S. Jefferson, Tacoma. 253-572-2821.

Rockaraoke with Live Band 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. 253-396-9169.

TUESDAY

The Comedy Voice! 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. Final Round hosted by the Travis Nelson. Free. 253-282-7203, tacomacomedyclub.com.

Blues Jam with Roger Williamson 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Karaoke with Virginia 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

WEDNESDAY

Blu Tonz 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Caliente Salsa Dancing 7 p.m. La Fondita Mexican Restaurant, 2620 N. Proctor St., Tacoma. With DJ Arturo Rodriguez. Salsa dance lessons from 7- 8 p.m. Music and dancing from 8 p.m. to close. \$15 for salsa lessons and cover, \$10 for cover only. 253-752-2878, facebook.com/pg/LaFonditaProctorDistrict/events.

Open Mic Comedy 8 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedyclub.com.

Open Mic with Virginia 8 p.m. Rock The Dock, 535 Dock St., Tacoma, 253-272-5004.

FEB. 16 - MAR. 11, 2018 • FRI. & SAT. 8PM • SUN. 2PM

Lakewood Playhouse

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Ticket Info: Full Price \$26 Seniors/Military \$23 Students/Educators \$20 (253) 588-0042 or online www.lakewoodplayhouse.org

March 4

Sunday

3:00P.M

Tacoma Young Artists Orchestra

A ROMAN FESTIVAL

Rialto Theater
Featuring student soloist Casey Kim in Sibelius' Violin Concerto and Respighi's Roman Festivals. Sponsored by The Greater Tacoma Community Foundation.
Ticket Info: Tickets are \$14 for main level and \$25 for balcony. Call (253) 627-2792 to purchase tickets.

MARCH 9 - APRIL 1 • FRI/SAT 7:30PM • SUN 2:00PM

Tacoma Little Theatre

JESUS CHRIST SUPERSTAR

210 N I Street Tacoma, WA 98403
Andrew Lloyd Webber's rock opera, Jesus Christ Superstar, is a timeless work set against the backdrop of an extraordinary and universally-known series of events but seen, unusually, through the eyes of Judas Iscariot.
Ticket Info: \$24 (Adult) \$22 (SR/ST/MI) \$20 (Children 12 and under) Pay what you can March 22 at 7:30pm. www.tacomalittletheatre.com 253-272-2281

MARCH 10-18 • SATURDAY 11AM & 2PM • SUNDAY 2PM

TMP Family Theater

KNUFFLE BUNNY: A CAUTIONARY MUSICAL

Tacoma Musical Playhouse
7116 Sixth Avenue Tacoma, WA 98406
A trip to the Laundromat takes a turn when "somebunny" is left behind in the musical that is full of adventure and gigantic dancing laundry.
Ticket Info: \$15 Adults | \$13 Senior, Military, Students | \$12 Children (12 and under) \$10 Groups of 10 or more.
Reserved Seating 253-565-6867 | tmp.org

MAR 8 • THURS 730PM

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"Hearing Howard Levy play...an experience you are not likely to forget"
-Peninsula Reviews
"Levy does the seemingly impossible" - Chicago Jazz Magazine
Ticket Info: Tickets \$12 at the UPS Information Center, www.tickets.pugetsound.edu, or call 253-879-3100
Presented by ASUPS Performing Arts



MARCH 2-4, 2018 • FRI/SAT 7:30PM • SUN 2:00PM

Camp TMP's Young at Heart Players

YOU'RE A GOOD MAN CHARLIE BROWN

7116 Sixth Avenue Tacoma, WA 98406
Good grief! TMP's Young at Heart Players - a program for actors over the age of 50-brings to you Charlie Brown and the whole Peanuts gang!
Ticket Info: \$15 Adults | \$13 Senior, Military, Students | \$12 Children (12 and under) \$10 Groups of 10 or more.
253-565-6867

MARCH 9, 2018

FRIDAY

7:30 PM

Second City Camber Series

MASTERPIECE SERIES: "NEIGHBORS & VISITORS"

First Lutheran Church
Texas' Harrington String Quartet explores connections between the masterworks of the past and the work of Samuel Jones, former Composer-in-Residence of the Seattle Symphony and resident of the South Sound.
Ticket Info: \$25 Regular Admission, \$23 Seniors or Military, Under 18 free (253) 572-TUNE (8863)/www.sccchamberseries.org

TUESDAY MARCH 6 7PM

Immanuel Presbyterian Church

BOOK EVENT: AMBER CANTORNA

901 North J Street Tacoma WA
Conversation Book Signing Reception

Refocusing My Family: Coming Out, Being Cast Out and Discovering the True Love of God, is Amber's journey from the suffocating expectations of Focus on the Family to the liberating joy of claiming her own identity.

Ticket Info: Free. 253.627.8371
iptacoma.org



MARCH 9-10, MARCH 15-17, 7:30PM; MARCH 18, 2PM

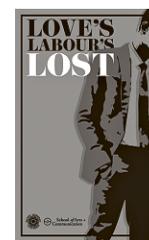
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and PLU Community
Free 18 and younger



FROM PAGE 9C

OUT

access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. The Northwest Adventure Center's trip provides all the gear needed to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16; children younger than 18 must be accompanied by an adult. Anyone who participates must be an intermediate skier. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at JBLMmwrRegistration.com. **\$110.**

PEDDLES AND PINTS
IN WOODINVILLE

Joint the Northwest Adventure Center as the group heads to Woodinville and bike along the Sammamish River Trail to Marymoor Park and back. The trip will conclude with a tour of the famous Red Hook Brewery and dinner at the Forecaster Pub. Minimum age: 21. Difficulty: beginner-intermediate; Distance: 12.5 miles. Departure time and location: Northwest Adventure Center at 10 a.m. No McChord pickup. Preregistration required. **\$60.**

MARCH 20

SEA KAYAK
SKILLS CLASS

The Northwest Adventure Center offers five levels of the two-hour kayak skills class. Participants can start at any time and master as many of the five levels as they would like.

- Level 1: Proper paddling techniques and how to buddy rescue.
- Level 2: Edging maneuvers and self-rescue.
- Level 3: Recovery techniques and muscle memory exercises for the roll.
- Level 4: Multi-day kayak trip prep and T-rescue.
- Level 5: Learning the kayak roll.

After the fifth level, continue to perfect the roll. Minimum age: 12; children younger than 18

must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at JBLMmwrRegistration.com. **\$35.**

MARCH 23
SPRING EQUINOX
YOGA SESSION

The season of new beginnings is upon us. With the arrival of spring, we shift from the hibernation of the winter months to an awakening of sunshine and greenery. Spring invites us to open back up, delight in warmer days and plan new adventures. Support the body through this transition with a 60-minute class away from the studio for balance as we prepare for this upcoming season. Minimum age: 12; children younger than 18 must be accompanied by an adult. Class is at 6 p.m. at McChord Field's Adventures Unlimited. Register at JBLMmwrRegistration.com. **\$17.**

MARCH 30-
APRIL 2OREGON COAST
PHOTO EXPEDITION

This is the trip for those who want to photograph some of the most exciting and dynamic coastal regions in the country. The focus will be to photograph scenic beaches, quaint harbors, bridges, lighthouses and tidal pools. This workshop involves trail hiking to reach some locations, some hikes will be about a half-mile each way, and others will be a much shorter distance. The elevation drop to some beaches will be about 150 feet. Walking surfaces are generally uneven and hiking boots are recommended. Cost of trip includes transportation, lodging and instruction on photography and post processing. Not included in trip cost are incidental expenses and food. Numerous restaurants and opportunity for sightseeing are located in short distance of workshop locations. Depart from the Northwest Adventure Center at Lewis North at 10 a.m. Preregistration is required before Wednesday at noon. Register at JBLMmwrRegistration.com. **\$750.**

MAY 7-31

PLAN YOUR DENALI
EXPEDITION

Formerly known as Mount

McKinley in Alaska, the highest mountain in North America has been the goal of aspiring high-altitude climbers since it was first climbed in 1913. Its reputation as a highly-coveted summit derives from its location near the Arctic Circle and the Pacific Ocean (Gulf of Alaska) giving it some of the most ferocious weather in the world. Because of its notorious weather and ease of access, some climbers use Denali as a training ground for climbing the 8,000 meter peaks of the Himalaya and for extended expeditions in the Arctic or Antarctic. For the peak baggers, Denali is the highpoint of the Denali Borough, the state of Alaska, the United States, the Alaska Range and all of North America. Denali offers one of the world's greatest expedition challenges. While it is exceeded in elevation by peaks in South America and Asia, its great height above the Alaskan plain make it a severe test of personal strength, team work and logistics. No peak in the world has greater relief. Denali rises 17,000 feet above its surrounding plain; Kilimanjaro is 14,000 feet and Everest is 13,000 feet. Vertical elevation gain on Everest from the normal base camp for the South Col route is 11,000 feet; from the landing spot on the



JBLM Outdoor Recreation / 2014

The Sea Kayak Skills class taught by JBLM Outdoor Recreation goes over several techniques and safety tricks, including rolls and assisted rolls.

Kahiltna Glacier Denali's summit rises another 13,000 feet. Further, the mountain (and all mountains this far north or south) behaves like it's taller than it really is — the reason being that the barometric pressure in the northern/southern latitudes is less than at the equator which

makes climbers feel higher than they really are. West Buttress and the climb is undoubtedly considered as an exceptional mountaineering challenge. Nowhere in the world does one travel with so much gear over so much vertical in such a hostile environment. Although there are

no technically difficult sections on the route, many stretches of "The Butt" leave very little margin for error (the lower glacier in warm conditions, Windy Corner, the Autobahn, Denali Pass and the Summit Ridge). Register at JBLMmwrRegistration.com. **\$5,000.**



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TACOMA'S HISTORIC THEATER DISTRICT
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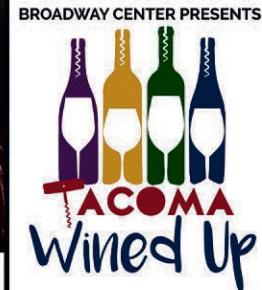
Mar. 2 • 7:30 p.m.
Mar. 3 • 3:00 & 7:30 p.m.
Theater on the Square
Tickets start at \$14
The one-man play about former Supreme Court Justice and his role in the civil rights movement.



BROADWAY CENTER PRESENTS
Twilight Zone UnScripted
Mar. 24 • 7:30 p.m.
Pantages Theater
Tickets start at \$19
Enter a dimension of improvisation in the style of classic sci-fi tv series.



BROADWAY CENTER PRESENTS
TODRICK HALL AMERICAN IDOL: THE FORBIDDEN TOUR
APRIL 5
Apr. 5 • 7:30 p.m. • Pantages Theater
Tickets start at \$19
You've seen him on American Idol and Ru-Paul's Drag Race. This Broadway and YouTube star is a powerhouse in entertainment!

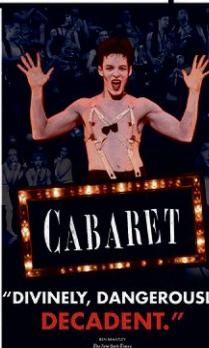


BROADWAY CENTER PRESENTS
TACOMA Wined Up
Apr. 7 • 5:00 p.m.
Tacoma Armory
VIP Tickets: \$60
Early admission at 4 p.m., tokens, reserve wine tastings, wine glass!
Regular: \$40
10 tasting tokens!
Designated Driver: \$12
A wine tasting event featuring 20+ Northwest wines, spirits, and ciders; food and artisan vendors; and silent auction to benefit Arts Education.
MUST BE 21+ FOR ENTRY
SPONSORS: LEXUS Lexus of Tacoma, WASHINGTON'S LOTTERY

BROADWAY CENTER PRESENTS
Dennis Miller
Apr. 8 • 7:30 p.m.
Pantages Theater
Tickets start at \$39
Fox News commentator, syndicated radio talk show host, and SNL alum offers sharp, edgy wit and outspoken takes on today's hot topics.
Mature themes and language, adults only.



BROADWAY CENTER PRESENTS
CABARET
Apr. 10 • 7:30 p.m.
Pantages Theater
Tickets start at \$55
Broadway's definitive Tony-winning musical masterpiece!



BROADWAY CENTER PRESENTS
Deepak Chopra
Apr. 12 • 7:30 p.m.
Pantages Theater
Tickets start at \$39
The New York Times bestselling author shares a unique "whole system" approach that integrates mind and body into one entity.



BROADWAY CENTER PRESENTS
Pink Martini WITH CHINA FORBES
Apr. 20 • 7:30 p.m. • Pantages Theater
Tickets start at \$34
The Northwest's favorite little orchestra!



BROADWAY CENTER PRESENTS
Ukrainian Shadow Theatre Fireflies
Apr. 29 • 3:00 p.m.
Pantages Theater
Tickets start at \$19
The beauty of visual storytelling in a shadow fusion of color, shape and music.



BROADWAY CENTER PRESENTS
Dixie's Tupperware Party
May 6 • 7:30 p.m.
Pantages Theater
Tickets start at \$39
Enjoy a good ol' fashioned Tupperware Party filled with funny and outrageous tales!



BROADWAY CENTER PRESENTS
The Weepies
Hideaway 10 Year Anniversary Tour
May 18 • 7:30 p.m. • Rialto Theater
Tickets start at \$29
With 7 records in 10 years, the stars have aligned to celebrate folk-pop duo in concert on a rare tour!



BROADWAY CENTER PRESENTS
Seven Things I've Learned: An Afternoon with Ira Glass
June 24 • 3:00 p.m.
Rialto Theater
Tickets start at \$29
Hear creator, producer & host of This American Life in an intimate venue!

