What's **INSIDE**



535th Airlift Squadron airdrops over Big Island See page A-2



USS Oklahoma heroes identified, buried with full military honors See page A-4



MWR fitness helps patrons get a new start See page B-2



Edwin McCain to perform at JBPHH, PMRF See page B-5



February 2, 2018 www.issuu.com/navyregionhawaii www.hookelenews.com Volume 9 Issue 4 Homeport change JBPHH welcomes **USS Missouri** Sailors prepare the Virginia-class fast-attack submarine USS Missouri (SSN 780) for arrival at Joint Base Pearl Harbor-Hickam, after completing a change of homeport from Groton, Connecticut, Jan. 26. Photo by MC2 Michael H. Lee

MC2 Shaun Griffin

COMSUBPACPublic Affairs

The Pearl Harbor submarine community welcomed the crew of 160 Sailors and officers, along with their families, of the Virginia-class fast-attack submarine USS Missouri (SSN 780) to Joint Base Pearl Harbor-Hickam (JB-PHH) following a successful homeport change from Groton, Connecticut, Jan. 26.

Missouri is now assigned to Submarine Squadron One, and will be the 6th Virginia-class

submarine stationed at

"I can't thank enough the staff of Submarine Squadron One and COM-SUBPAC for facilitating this transfer," said Cmdr. George Howell, commanding officer of Missouri. "There are so many logistical arrangements to be made to get 160 crew members to Hawaii and they were there to help every step of the way."

Missouri was commissioned and christened by the ship's sponsor, Becky Gates, wife of former Secretary of Defense Robert Gates, during a ceremony at General Dynamics Electric Boat in Groton,

Connecticut, Dec. 5, 2009. Missouri is the fifth Navy ship to be named in honor of the state of Missouri. The last USS Missouri, the legendary battleship, saw action in World War II, the Korean War and the Persian Gulf War, and the battleship was also the site where Fleet Adm. Chester Nimitz, Gen. Douglas MacArthur and many other U.S. and Allied officers accepted the unconditional surrender of the Japanese at the end of World War

Missouri's senior enlisted Sailor commented how important support from the people in Hawaii was for a smooth transition from Groton.

"The Pearl Harbor community has been truly amazing to Mighty Mo, said Master Chief Raj Sodhi, Missouri's chief of the boat, and a native of Fairfax, Virginia. "They have addressed the individual needs of our families and Sailors and have worked hand-in-hand with our team to make us feel welcome and excited to call Hawaii our home

and ohana."

Howell also expressed his excitement to have finally arrived after the long journey from Connecticut.

"We're happy to finally be here in Hawaii," Howell said. "We left Groton, Connecticut with a foot of snow and a temperature of only 1 degree so pulling in here is a nice change."

Howell said the crew is excited to experience a new homeport as well as a

new culture. "The crew is very excited to experience the beauty of the island and the Hawaiian culture,"

Howell said. "We're also

looking forward to supporting the COMSUBPAC mission.

The 7,800-ton Missouri is 377-feet long, has a 34foot beam, and capable of diving depths greater than 800 feet and operate at speeds in excess of 25 knots submerged. Missouri is designed with a nuclear reactor plant that will not require refueling during the planned life of the ship — reducing lifecycle costs while increasing underway time.

For more news from Commander, Submarine Force, U.S. Pacific Fleet, visit ww.csp.navy.mil.

HO'OKELE A-2 • February 2, 2018



Photo by MC3 Jasen MorenoGarcia

The Arleigh Burke-Class guided-missile destroyer USS Michael Murphy (DDG 112) and the French frigate FNS Vendemiaire are underway in formation during a passing exercise (PASSEX) in the Pacific Ocean.

USS Michael Murphy conducts PASSEX with French Navy

Lt. j.g. Danielle Moser

Carl Vinson Strike Group Public Affairs

The Arleigh Burkeclass guided-missile destroyer USS Michael Murphy (DDG 112) and French frigate FNS Vendemiaire conducted a passing exercise (PAS-SEX), Jan. 29.

the ships operated in close proximity to one another. The exercise strengthened Sailors' application in shiphandling and navigation.

unique opportunity for Michael Murphy to con-

During the PASSEX tice shiphandling and warfighting skills," said Cmdr. Kevin Louis, commanding officer of Michael Murphy. "Working knowledge and practical together furthers our mutual ability to operate and see what can be "This exercise was a learned from each other."

A PASSEX is unique because it allows navies duct training with the to provide crews with

standing and communication skills with foreign vessels.

During Michael Murphy's exercise with the Operation Red Wings in French ship, Sailors practiced communication 2005. He was the first and shiphandling tech-

Michael Murphy was commissioned in 2012 French Navy and prac-real-life situations to and is named after U.S. U.S. Navy to receive the E. Meyer (DDG 108).

practice everyday watch- Navy SEAL Lt. Michael P. Murphy. Murphy was posthumously awarded the Medal of Honor for his heroic actions during Afghanistan, June 28,

person to be awarded

the medal for actions in

Afghanistan and was

the first member of the

award since the Vietnam

Michael Murphy operates under Destroyer Squadron 1. The squadron is deployed with Nimitz-class aircraft carrier USS Carl Vinson (CVN 70), Carrier Air Wing 2, guided-missile cruiser USS Lake Champlain (CG 57) and USS Wayne

535th Airlift Squadron airdrops over Big Island, Hawaii

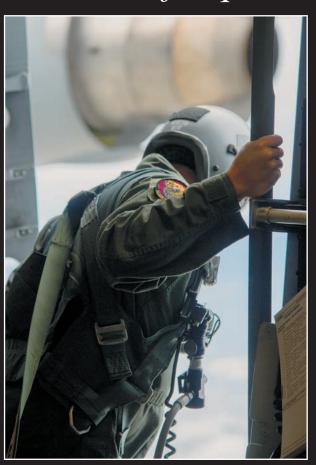




Photo by Tech. Sgt. Heather Redman

Left, Tech. Sgt. Douglas Tadevich, 535th Airlift Squadron loadmaster, observes the drop zone from a C-17 Globemaster III during an airdrop mission over Big Island, Hawaii, Jan. 25. Right, Members of the flight crew monitor a cargo pallet during the airdrop mission over Big Island. Airdrop missions are part of the routine training for aircrew and

Logistics Specialist 2nd Class Tenzin Chokdup, left, and Logistics Specialist 3rd Class Holland Brown, second from left, deliver mail to USS Pearl Harbor (LSD 52) during their port visit at JBPHH.

NAVSUP FLC Pearl Harbor provides mail efficiencies to the fleet

Story and photo by Shannon Haney

NAVSUP FLC Pearl Harbor Public Affairs

Naval Supply Systems Command (NAVSUP) Fleet Logistics Center (FLC) Pearl Harbor Regional Mail Center introduced a paperless mail orderly web tool to Joint Base Pearl Harbor-Hickam (JBPHH) afloat and shore commands, November 2017 to January 2018.

We are leveraging innovative information technology to efficiently manage the mail orderly program," said James Mc-Caffrey, director of postal operations, NAVSUP FLC Pearl Harbor.

gertips."

The mail orderly web tool, developed by NAV-SUP Business Systems Center, is the result of a continuous performance improvement event to maximize the effective use of resources. It replaces the labor-intensive paper process and offers electronic forms that can be digitally signed, online training, and centralizes records. The mail orderly web tool is an automated and completely paperless

training records are now

online and easily retriev-

"Now we have a one- able; minimizing mail or-

process. 'We have significantly reduced the wait time at the mail pickup window," McCaffrey said. "All of the aloha." mail orderly forms and

stop resource at our fin- derly status checks."

With a high volume of mail coming and going from the mail center, it takes the combined effort of qualified and trained personnel to ensure

proper handling of mail. "We average about 25,000 pounds of mail a week and there are 1,300 mail orderlies aboard JBPHH," said Logistics Specialist 1st Class Maria Garcia, Regional Mail Center Leading Petty Officer, NAVSUP FLC Pearl Harbor. "Our team is innovative and resourceful and we are dedicated to providing service with

The mail orderly web tool is hosted on the NAV-

SUP web portal which

allows program manag-

ers access to check the

status of mail orderly training and forms with ease. This feature will aid commands during annual postal inspections. To increase efficiency

and effectiveness across the NAVSUP enterprise, the mail orderly web tool is available to other

NAVSUP FLC Pearl Harbor Regional Mail Center provides official and personal mail services to JBPHH afloat and shore commands, and visiting 3rd and 7th Fleet units. Over the past 20 years, they have served more than 800,000 customers, processed more than 150 million pieces of mail, saved customers more than \$1.5 million and supported more than 500 fleet units.

HO'OKELE February 2, 2018 • A-3

Diverse VIEWS (



Submitted by David D. Underwood Jr. and Air Force Capt. Ryan Critchfield

What do you plan to do after you retire?



Staff Sgt. Justen Ludowese 25th Air Support Operations Squadron

"Boat rescue back in my hometown. Basically an EMT for the local boaters on the lakes.'



Master Sgt. Laura Newton 392nd Intelligence Squadron

"When I retire from the military I would like to use the skills that the Air Force has given me and expand my horizons into the field of project management.



Senior Master Sgt. **Ricarte Tadeo** 624th Aeromedical Staging Squadron

"Planning on becoming an entrepreneur and opening a business in home inspections. My skills in identifying issues and paying attention to detail make me a good fit."



Bobby Blair COMSUBPAC

"I haven't given it much thought. I have over 10 years left and it's too far out."



CTT3 Daryl Hymel NIOC HAWAII

"I plan on being a mortician. As a kid, I worked as an assistant in a mortuary."



Lt. Anne Prisk COMLCSRON 1

"Depends on when I retire. I'll probably look for a type of business management role."

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com

COMMENTARY

Steven S. Giordano

Master Chief Petty Officer of the Navy



MCPON's message to the Chiefs Mess: It's in the creed

Editor's note: The following message was sent Jan. 26 by Master Chief Petty Officer of the Navy Steven S. Giordano to the Chiefs Mess.

Reflecting upon numerous conversations with you, my fellow chiefs, and the resounding voices of Sailors at all levels throughout the fleet, I have come to realize the expectations of a chief petty officer (CPO) may have become somewhat muddled. Please allow me to offer some clarity on this subject... It's in the creed. The creed states, 'More will be expected of you; more will be demanded of you." These words and others contained in the creed reminds us of our responsibilities as technical experts, continuous learners, coaches, decision-makers and communicators.

All of us, from the most junior chief to the master chief petty officer of the Navy must be focused in our collective effort to become an even stronger more capable and resilient force by centering ourselves on the CPO creed and our Navy core values to meet the expectations of our officers, Sailors, families and peers

Over the last year, I have traveled thousands of miles around the globe, visiting hundreds of organizations across every warfare community and speaking with tens of thousands of Sailors. It's immensely humbling to witness their commitment and listen to their stories. Nothing is more heartenare doing and having honest conversations deckplates. about what we can do better as a Navy.

These young minds have so much to offer.

They truly are the most talented force we have ever had. We only need to be sure to listen and reinforce our support. So, as you are conducting quarters, walking the deckplates and engaging in social media, remember our actions will either reinforce or weaken our core attributes of initiative, integrity, accountability and toughness throughout our ranks.

Keeping in mind, "challenge is good; a great and necessary reality which cannot mar you — which, in fact, strengthens you."

Bettering our Navy is going to take the whole team. Therefore, every chief must approach each day and every interaction — in person or on social media — with even the most junior of Sailors with an open mind; being receptive to the concerns, questions

As we embark on this new year, we must be more focused than ever on leading forward in our efforts to strengthen enlisted leader development for all ranks, tackle destructive behaviors even in our own ranks, and eliminate unnecessary burdens that distract us from our warfighting priority.

Additionally, based on your feedback and that of our Sailors, we need to do a better job of ensuring information flows between the strategic, operational and tactical levels. It's just as important for those on the deckplates to understand what's going on at the strategic level, as it is for those at the strategic ing than seeing first-hand what our Sailors level to understand the perspective from the

This duality is critical for our Navy's insights.

continued success. We need to improve in our ability to interpret higher echelon information and make it relevant to the Sailors operating on the deckplates. This requires a multi-pronged communication approach from NAVADMINs to all-hands calls and from emails to Facebook posts. However, while Sailors are connected online we must ensure they do not become disconnected from leadership.

The heartbeat of communicating with our Sailors remains the chief! Stand-up in front of them and educate your Sailors on what's going on in the Navy. Challenge the communication model. If you believe you are not receiving information that is being brought to your attention by your Sailors, reach to the next level for guidance. Do not accept the "I don't know" answer. "Ask the chief is a household phrase."

We must not even for a second forget the incredible privilege it is to serve our Navy as chief petty officers. It is a privilege that must be earned every day.

We are the technical experts, the mentors, and trusted advisors. As chiefs, your words and actions must not waver from our abiding loyalty to the Navy, our core values, and the ideals that chief petty officers stand for. Being forever mindful "trust is inherent with the donning of the uniform of a chief."

On April 1, we will celebrate our 125th anniversary. It's been a strong 125 years of making our Navy run as its backbone, mistakes, capture our successes, and share

We must continue to engage, develop and challenge ourselves to be better. It's what we do as chiefs! "Your performance has assured us that you will wear the hat with the same pride as your comrades in arms before you." That's how we will strengthen the Navy this year and every year — from the sea floor to

Ultimately, we're seeking to continuously shape our Navy to become safer, more lethal, and enable it to build stronger partner-

The over 30,000 active and reserve chief petty officers who wear anchors are the conduits to making that happen. If you haven't done so yet this year, take time to read the CPO creed carefully and reflect on its meaning. There are no greater words of influence than what's written in the creed. It's timeless.

Take a hard look at the Creed as you embark on 2018. Read it, understand it, and live by it. Separately, our daily duties, mission and challenges may be unique, but the creed is the marrow that bonds us together into a unified backbone for the Navy.

I urge all of you to strive to be visible, confidently humble deckplate leaders, more authentic, competent and courageous in leading our Navy team forward every day. Challenge yourself and accept those of your

"The exalted position you have now achieved — and the word exalted is used advisedly — exists because of the attitude but we have plenty to learn. Learn from the and performance of the chiefs before you. It shall exist only as long as you and your fellow chiefs maintain these standards."

Navy reminds Sailors to participate in personal, professional choices survey

CNP Public Affairs

The Navy's biennial Personal and Professional Choices Survey is available for selected Sailors until Feb. 23.

This Secretary of the Navy-directed survey collects data and comments

fleet to gauge the overall readiness of the Navy and the present-day impact of policies on Sailors. The survey touches on issues such as career development, work-life balance, adoption leave and family planning. Par-

and completely voluntary, but highly encouraged by

Navy leadership. The 2018 survey began Jan. 17 and will close on Feb. 23. The survey has been sent to 80,000 randomly selected active duty Sailors. Notification ymous and completely

from Sailors across the ticipation is anonymous emails will be sent to par-voluntary, but Navy leadticipants from both the Chief of Naval Personnel and the survey platform Max.gov, urging Sailors to use this opportunity to provide their feedback to the Navv.

Participation is anon-

ership strongly encourages selected Sailors to participate.

If you were selected to participate, please take advantage of this opportunity to provide the

Navy feedback. Survey results are ex-

pected to be released in August and will be posted on Navy's Inclusion and Diversity website. Questions on the survey may be addressed to the Office of Inclusion and Diversity (OPNAV N1D) at altn_ usn_inclusion_and_diversity@navy.mil.

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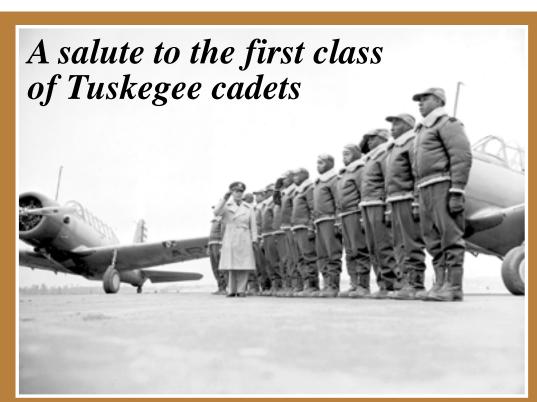
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Maj. James A. Ellison returns the salute of Mac Ross, as he reviews the first class of Tuskegee cadets at the flight line at U.S. Army Air Corps basic and advanced flying school. They are shown with Vultee BT-13 trainers in the background at Tuskegee, Alabama, 1941. Tuskegee Airmen were a group of African American military aviators who served in World War II. February is African American History Month.

A-4 • February 2, 2018 **HO'OKELE**

USS Oklahoma heroes identified, buried with honor





Photos by MC2 Claire Farin and Sgt. Lloyd M. Villanueva

Sailors assigned to Navy Region Hawaii (CNRH) transport the remains of U.S. Navy Reserve Chief Water Tender Paul R. Wright at the National Memorial Cemetery of the Pacific, Jan. 25. A Sailor assigned to CNRH presents the American flag to a family member. Wright was recently identified through DNA analysis with the help of the Defense POW/MIA Accounting Agency and returned to his family for burial with full military honors.





Photo by Staff Sgt. Jose Rodriguez Guzman

The American flag is folded over the remains of Seaman 1st Class John Savidge at the National Memorial Cemetery of the Pacific, Jan. 26. A Sailor presents the American flag to a family member. Savidge was recently identified through DNA analysis with the help of the DPAA and returned to his family for burial with full military honors.

507th ARW supports Exercise Sentry Aloha

Airman 1st Class Eric M. Fisher

507th Air Refueling Wing

Editor's note: Exercise Sentry Aloha 18-1 held at Joint Base Pearl Harbor-Hickam, ended Jan 24.

The 507th Air Refueling Wing (ARW) Reserve Citizen Airmen flew 10 aerial refueling missions in a KC-135R Stratotanker Jan. 10-24, in support of Exercise Sentry Aloha, hosted by the Hawaii Air National

Wing located at Joint Base Pearl Harbor-Hickam (JB-PHH).

Sentry Aloha is an ongoing series of combat exercises conducted by the HIANG several times a year. This iteration involved more than 900 personnel and nearly 40 aircraft from five other states. The 154th Wing is the largest Air National Guard wing in the U.S.

Other visiting units in-

Guard's (HIANG) 154th from 513th Air Control out a few challenges. Group, Tinker AFB, Oklahoma, F-16 Falcons from 354th Fighter Wing, Eielson AFB, Alaska, and F-15 Eagles from 144th FW, Fresno Air National Guard Base, California.

According to 507th Aircraft Maintenance Squadron avionics technician. Staff Sgt. Zachary Ludwig, the 507th ARW KC-135R Stratotanker has refueled most of these aircraft types during Sentry Aloha, but

'We've had a couple of minor maintenance issues," Ludwig said. "We come from a wide variety of backgrounds and experiences, so we were able to fix the problems with minimal impact to the mission."

The 507th ARW Reserve Citizen Airmen also performed aerial refueling with F-22 Raptors from the 199th Fighter Squadron, part of the 154th Wing, and the 19th Fighter Squadron, 15th Wing at JBPHH.

According to 465th Air ence to keep everyone ca-Refueling Squadron KC-135 pilot, 1st Lt. Brenden Valenti, from Tinker AFB, Oklahoma, participating in the exercise provided real-world training for all Airmen.

"Anytime we go support

an exercise or another unit outside of Oklahoma, the flight protocols are slightly different," he said. The last thing we want is for certain skill sets to atrophy, so being here has given invaluable experipable and ready." Valenti also said that

Sentry Aloha allowed different organizations the opportunity to interact. We had active duty,

Guard and Reserve all working together to support the mission," Valenti said. "And for new Airmen like me, it gives us a chance to see how the lines disappear in order to get the job done. We're all Airmen and it's one team, one



Photo by Tech. Sgt. Samantha Mathison

Two 154th Wing Hawaii National Guard F-22 Raptors from Joint Base Pearl Harbor-Hickam, fly from Tinker Air Force Base, Oklahoma, Jan. 22, in support of Exercise Sentry Aloha.

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Photo by MC1 Demetrius Kennon

Above, Sailors and Marines assigned to the amphibious assault ship USS America (LHA 6) secure from standing at the rails as the ship departs Joint Base Pearl Harbor-Hickam Jan. 25 after a scheduled port visit. America and its amphibious ready group are returning from a seven-month deployment to the U.S. 3rd, 5th and 7th fleet areas of operation.

At right, Republic of Korea (ROK) Chief of Navy, Adm. Hyun-seong Um, center, and ROK and U.S. officers render salutes during a wreathlaying ceremony at National Memorial Cemetery of the Pacific at Punchbowl, Jan. 25. Um was on a twoday visit to Oahu, meeting with U.S. military leaders in the Pacific.

Photo by MC1 Phillip Pavlovich







At left, The Navy Jack featuring a rattlesnake, 13 red-and-white stripes and the "Don't Tread On Me" motto — soars in the sky directly beneath the American flag at NAVSUP FLC Pearl Harbor in honor of 17 Sailors killed in a pair of Pacific collisions last year. Rear Adm. Brian Fort, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, directed the base headquarters building at JBPHH, to fly the First Navy Jack throughout 2018. NAVSUP FLC Pearl Harbor followed in their footsteps.

Photo by Shannon Haney

At left, Secretary of the Air Force Heather Wilson and her husband, Jay Hone, walk with Pacific Air Forces (PACAF) Commander Gen. Terrence O'Shaughnessy, upon her arrival to the PACAF headquarters building at Joint Base Pearl Harbor-Hickam, Jan. 23. This was the first leg of her Indo-Pacific tour, allowing her to meet with allies and partners as well as Airmen and their families in Hawaii, Guam, the Philippines, the Republic of Korea and Japan.

Photo by Staff Sgt. Jack Sanders



At left, Adm. Harry Harris, commander of U.S. Pacific Command (USPACOM), has a conversation with U.S. Secretary of Defense James Mattis upon his arrival at Joint Base Pearl Harbor-Hickam, Jan. 25. Mattis was on travel in the **USPACOM** area of responsibility, where he was met with leaders from Indonesia and Vietnam to discuss safety, security and shared interests.

Photo by MC2 James Mullen HO'OKELE February 2, 2018 • B-1



Living History Day celebrates battleship's anniversaries

Story and photos by Battleship Missouri Memorial

History came to life Jan. 27 at the Battleship Missouri Memorial for Living History Day. The daylong event featured performances by the U.S. Army 25th Infantry Division Tropic Knights Band, high school jazz bands, re-enactment presentations, special tours and historic exhibits.

Living History Day signifies two important anniversaries for the Mighty Mo — its launch into service on Jan. 29, 1944, and the public opening as an historic attraction on Jan. 29, 1999.

The USS Missouri played an integral part in the Allied Forces success in the Pacific in World

A view from the deck of the Battleship

War II, which concluded with the formal surrender by Japan on the hallowed decks of the Mighty Mo.

"Living History Day is a day to look back and honor the USS Missouri and all the men and women who have fought for America's freedoms," said Michael Carr, president and CEO of the USS Missouri Memorial Association, caretaker of the Battleship Missouri Memorial.

Attendees were able to experience exhibits of military vehicles, memorabilia and wartime weaponry, oral history and re-enactment presentations from the World War II era, tour the battleship and take part in all the activities provided.







Above left, A vintage 1946 Globe Swift aircraft flies over the Mighty Mo. Above right, Celtic Pipes & Drums of Hawaii perform in front of the Mighty Mo.



B-2 • February 2, 2018

Ex-NIOC player shines in huge Swish victory

Story and photo by Randy Dela Cruz

Sports Editor, Hoʻokele

After the first game this season, the Hawaii Swish said aloha to Lt. Mark Veazey, who departed the islands after two years of service at Pacific Command to pursue a post-graduate degree courtesy of the Navy.

While the local professional basketball franchise of the American Basketball Association (ABA) will definitely miss having Veazey's towering 6-foot-11-inch presence inside the paint, the Swish aren't short on firepower — especially when it comes to players with a tough military background.

In the team's runaway, 139-79, win over the visiting Chicago Vipers on Jan. 26 at the Neal S. Blaisdell Center in Honolulu, the Swish didn't have far to look to find another veteran to replace the departed Veazey.

At 6-feet-6-inches tall, former Navy Information Operations Command (NIOC) star forward Sean Caddell may not have the height of Veazey, but his heart is

Caddell, who led NIOC to back-to-back Joint Base Pearl Harbor-Hickam intramural basketball championships in 2012-13, checked into the game against the Vipers with 5:53 remaining in the first quarter and immediately made an impact with his strong inside play and hard-as-nails effort under the boards.

Less than a minute after enter-

ing the game, Caddell found himself at the front of a fast break, before finishing off a lay-up on a pass from team owner/player Geremy Robinson.

After scoring five points in the first quarter, Caddell went on to score at least one basket in all three remaining periods to finish with 13 points in the lopsided win that kept the Swish perfect with a record of 2-0.

The Swish opened with an unblemished 4-0 record in their inaugural season in 2017 and has yet to be defeated in the ABA.

"We practice how we play," Caddell said about the team's exciting win. "Our practices are real intense. We go at it three, four times a week and everybody is showing up every night and putting in hard work. It shows every time we step out on the court."

Swish head coach Artie Wilson, a former basketball and baseball star at the University of Hawaii back in the early 1970s, has heaped praises on the team's military players that also includes active-duty Marine Lance Cpl. Jarren James.

Besides maturity and discipline, Wilson said that the addition of armed forces members have helped the team become unified.

"Well, one, the guys have bought into a team concept and two, we just do what we do," Wilson said. "There is a lot of work that still needs to be done, but I like the chemistry that we have. The guys are learning to play together and play hard. When we

ing the game, Caddell found himself at the front of a fast break, success."

Caddell's first basket of the game put the Swish up by 20 points at 27-7, then with 4:12 remaining in the second quarter, a thunderous two-hand stuff by Leon Ballard off a dime by Charlie Aslesen jacked up the lead to 30 at 58-28.

With the game well in hand, Wilson emptied the bench and freely rotated players in and out of the game.

A total of 10 players got on the scoreboard for the Swish, with Ballard leading the way with 26, Aslesen with 24 and Robinson adding 22.

Caddell said that with so many competitors on the team, the level of play never falls no matter who is on the court.

"It's 15 guys challenging for playing time," Caddell said. "When you're on the court, you've got to produce or you've got to sit down."

As a second-year player on the team, Caddell said that he hopes to play for the Swish for as long as he can.

Wilson said that if fans come out and support the team, they would be treated with an exciting brand of basketball that will keep fans entertained.

"I would like the people to just come out here and give it a shot," he said. "Come out and watch the effort, style and level of play. It's the kind of basketball, like the old days when I played, where you go up and down the floor. I think we play very exciting basketball."



Sean Caddell takes it strong to the hoop to put down two of his 13 points.

MWR Fitness helps patrons get a new start in 2018

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Hickam Memorial Fitness Center was filled with smiling faces as customers worked up a sweat at a new promotion held Jan. 27. Participants at the free "New Year, New You" got a sampling of various exercise programs offered at the center.

Dozens of patrons turned out for this first-time event, with many sticking it out for almost the entire three-hour, six-class session.

The schedule was both varied and challenging, starting with the more intense cycling and Turbo Kick classes. The schedule progressed into Tahula (hula as exercise), Strong by Zumba and regular Zumba before ending with yoga. Patrons also received free smoothie samples and could get five-minute massages from onsite therapists.

Frieda Chandler, fitness program director, organized the event and was very pleased with the turnout.

"We had new people, regulars and people that are just testing it out. I think it's gone really well. I'm very happy," Chandler said.

Chandler said a similar program is done each year at the Joint Base Pearl Harbor-Hickam Fitness Center. She thought bringing it to the Hickam side would be a good way for customers to get to know



the instructors and classes.

"We called it New Year, New You not just because of the physical perspective, but more of getting out there, engaging with people, finding out that they don't have to be scared of the fitness classes," Chandler said.

She added it's about them having fun while they work out.

"The mindset, the perspective is to not be afraid, and say 'I can do it, I can do the classes," Chandler said.

According to Chandler, feed-

back was very positive. Some who thought classes like Tahula and Turbo Kick wasn't for them told her it was a good workout, allaying their fears of trying something new.

"You look at the people smiling, they're enjoying it. That's the best part ever," Chandler said.

"The best customer comments are coming from people who aren't even in the class," said Dawn Pierce, director of JBPHH Fitness Department.

She observed other patrons watching and looking very interested.

"They didn't feel good enough to get out there yet, but they were really enticed by what they saw," Pierce said.

Chandler credits Pierce for supporting her to make the program a success in its first incarnation and hopes to improve on it.

"It's going to get better each time. We learn what we should do, what we need more. We want to give what the people want," she said.

She is hoping to have different activities throughout the year.

As a fitness specialist, Chandler said it's important to engage in something.

"People think they have to make big plans and that's why they fail. Start with little things, take one class, come to the gym once a week, or get out and go hiking. It's about trying to change the mindset," Chandler said. **HO'OKELE** February 2, 2018 • B-3

613th AOC bounces back to win first game of season

Story and photo by Randy Dela Cruz

Sports Editor, Hoʻokele

After dropping their first game of the season last week, the 613th Air and Space Operation Center (613 AOC) used a tough man-to-man defense to get their game back on track and defeat the 324th Intelligence Squadron (324 IS) Tigers, 53-33. They did it on Jan. 31 in a Red Division intramural basketball matchup at Joint Base Pearl Harbor-Hickam Fitness Center.

Against the Tigers, the 613 AOC turned up the heat on defense right from the start of the game to break out to an 8-0

The Tigers were held scoreless for the first six minutes of the game, while Tech. Sgt. Brandon Hawkins got the offense started for the 613 AOC with two baskets.

Hawkins led all scorers with 16 points in the team's 20-point win, which evened the 613 AOC's record at 1-1.

"For us just getting started in the season, we've got to play defense and rebound," said head coach and starting post-player Master Sgt. Abi Scott. "Honestly, at this point in the game, we're still trying to figure out who can do what within our team. Those guys (the Tigers) were kind of short manned, so we wanted to kind of pressure up a little bit and get out and run if we could. At the end of the day, every time we broke from the huddle, we want to talk about defense and rebounding the ball.'

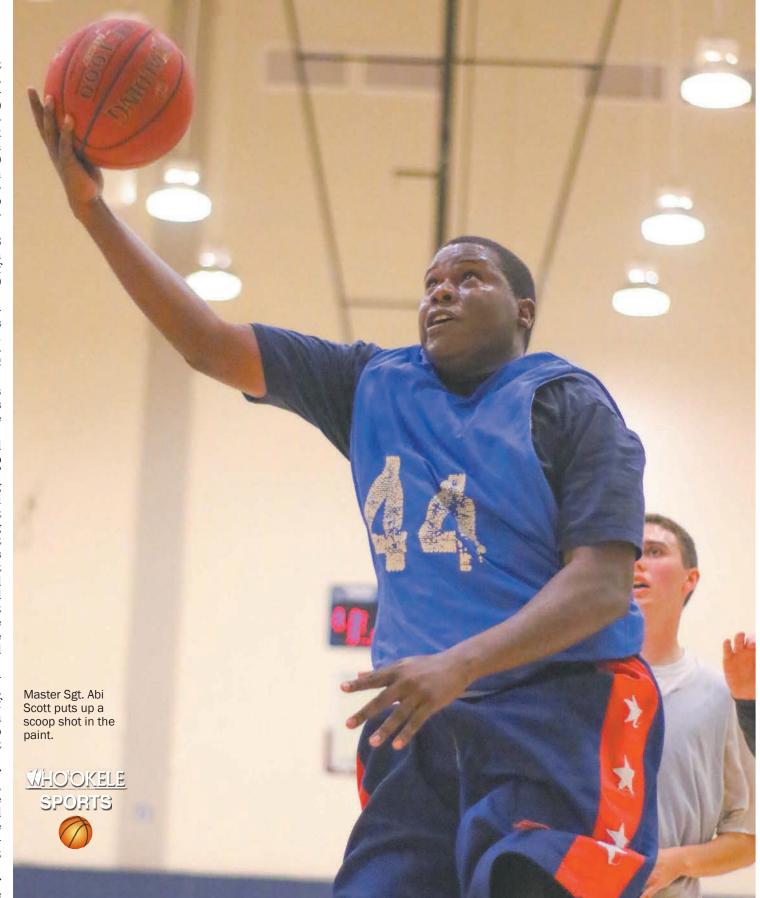
With the 613 AOC controlling the tempo of the game, Scott called on the services of big man Jordan Granger, a military family member, who made his impact felt right

Right off the bench, Granger caught the Tigers off guard, when he set up just beyond the three-point arc and swished an outside jumper that gave the 613 AOC their first double-digit lead of the game at

Two minutes later, Granger was the man on the spot once again, as he gathered up an offensive board and kissed the ball off the glass for two more points and a 19-5 advantage.

Scott said that it was great to see Granger produce inside and outside of the key and recalled telling the 6-foot-6-inch forward to just play his game as he stepped onto the court.

"Jordan, the first game we played last week, I think we tried to focus him down low,"



to give him the opportunity and liberty to shoot the shot and play the game that he's comfortable with doing.

While Scott said that the team's bread and butter on offense is to still get the ball down low, he doesn't want anybody to feel restricted and inhibited from shooting the rock.

"Initially, we always want to Scott said. "We didn't want to look at our big men," he said. that guy." do that this game. We wanted "At this level of basketball, if The str

you've got a guy that's six-six like we do, he should be able to put the ball in the hole down low. We do have guys who can slash and shoot, so we want to look for those guys to cut to the basket, but at the end of the day, everybody's got the green light. We want to take the pressure off our guys to try and force it into this guy or

The strategy to move the ball left on the clock, 1st Lt. Margoing to make some noise."

around on offense continued to be effective in the second half, as the 613 AOC steadily increased their lead.

Eight minutes into the second half, even Scott stepped away from the paint and sank a trey that raised the advantage to 15 points at 37-21.

Down the stretch, Granger added his second three-pointer I don't think it would be too of the game and with only 2:21 far-reaching to say that we're

fought back and with 3:58 remaining in the first half, com-

pletely erased the deficit on a

basket by Yeaman that tied the

Back-to-back baskets by Staff

Sgt. Roy Jackson put the 647

CES back out in front by four

at 21-17, but another basket by

Yeaman cut the lead down to

their lead with another basket just before halftime, Yeaman

added one final clutch play with

a basket-and-one to pull his

team to within a point at 23-22

Yeaman, as were the eight points

added by teammate Tech. Sgt.

Robert Ford, were instrumental

in keeping the 8 IS within strik-

While star forward Staff

ing distance of the 647 CES.

The seven first-half points by

After the 647 CES added to

score at 17-17.

at intermission.

cus Hendricks put the final exclamation mark on the win by hitting an open jumper that put the lead at 20 points.

"We want to compete," Scott said about the team's plans for this season. "We want to go out there and make a name for ourselves. We definitely want to make the playoffs and

8 IS pulls through with come-from-behind victory



Tech. Sgt. Robert Ford is about to shoot a floater for two of his gamehigh 16 points.

Sgt. Elvis Shaw was struggling to find his range, the 647 CES opened up the second half with strong performances from guards Master Sgt. Brent Jordan and Tech. Sgt. Jonathan

Dodson immediately breathed life into the stagnant CES of-

fense by gunning down five points on a trey and jump shot to start off the second half. Then at the 14:59 mark, Jordan scored on a drive to the bas-

ket that opened up a 10-point lead at 34-24 — forcing a timeout by the 8 IS. Yeaman said what happened

strengthened the team's resolve to come back.

When we called a timeout, Carroll (Staff Sgt. Patrick) starting getting on us saying 'Hey, we're better than this," Yeaman said. "He said that if we just play our game, we'll do it and sure enough, we did."

After the pep talk by Carroll, the momentum of the game really started to shift when Ford sank back-to-back treys to make it a one-point game at 35-34.

On the next trip down the floor, Staff Sgt. Michael Garel came through with a trey of his own to put the 8 IS in front at 37-35.

Although the shot by Garel was huge, the trey hit by Yeaman at the 2:24 mark turned out to be the dagger that put the CES away for good. "It felt good," Yeaman said

about his clutch shot late in the game. "I felt confident that my teammates would get the rebound (in case of a miss). I play with these guys forever and they hustle." The 2-0 record to start off the

season could turn out to be a huge advantage for the 8 IS, as there are only four teams in the Over 30 Division this season. Yeaman said that if the team

just keeps focused and has fun, he and his teammates could be on the verge of something spe-"We just try not over-think it

and just play our game," he said. during the short break changed We just talk about how much the direction of the game and fun it is."

Story and photo by Randy Dela Cruz

Sports Editor, Hoʻokele

Last week, the 8th Intelligence Squadron (8 IS) pulled victory from the jaws of defeat. Master Sgt. Joe Morris hit a jumper from midcourt to the tie game before the team went on to win in overtime.

On Jan. 30, the 8 IS may have solidified their reputation as comeback kids in the White Division Over 30 League. The team rose from 10 points behind in the second half to topple the 647th Civil Engineer Squadron (647 CES), 47-42, in an intramural basketball showdown at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam.

The 647 CES are the defending Over 30 champions and were riding an undefeated streak that dated back from the start of last

"We've been talking about playing in the Over 30 since the beginning of the year," said Tech. Sgt. William Yeaman, whose trey with 2:24 remaining on the clock gave the 8 IS a 44-42 lead. "We all play together on our off time, so we said let's play in the Over 30 and let's have fun. That's what we did."

Despite squaring off against the defending champions, the 8 IS showed no signs of intimidation even after the team got off to

a slow start and immediately fell behind by a score of 7-0.

Slowly but surely, the 8 IS

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PMRF Sailors help with science fair

Sailors from Pacific Missile Range Facility (PMRF) went to Lihue Jan. 26, to help Kauai High School with their science fair as part of the PMRF initiative to promote Science, Technology, Engineering and Mathematics (S.T.E.M.).

Photo courtesy of Pacific Missile Range Facility

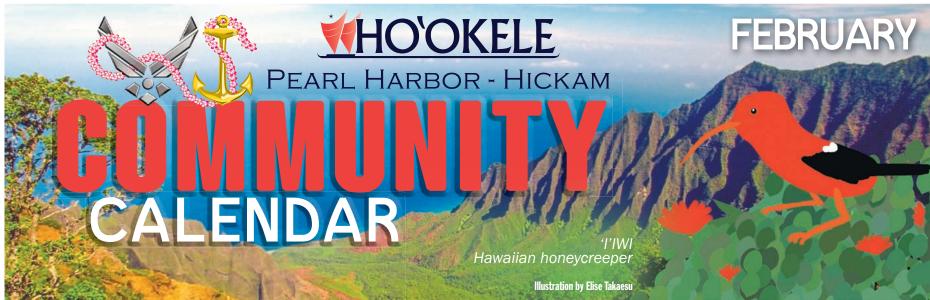


Registration for craft fair begins today

- Patrons can enter the Valentine's Day is for Lovers drawing now through Feb. 10 at Hickam and Pearl Harbor bowling centers. They can sign up for the chance to win a large pizza from Harbor Grill and two movie passes to Sharkey Theater. It is free to enter and the winner will be notified on Feb. 12. For more information, call 448-9959.
- Vendor registration for the 43rd annual Spring Craft Fair begins Feb. 2 at the Joint Base Pearl Harbor-Hickam Arts and Crafts Center. Items sold at the fair need to be handmade by the vendor. The fee is \$75 for a 15-foot-by-15-foot space or \$105 for two to share. The craft fair will be held on May 5. For more information, call 448-9907.
- Edwin McCain Trio concert will be held at 6 p.m. Feb. 3 at the Historic Hickam Officers' Club. Known for his top 40 hits "I'll Be" and "I Could Not Ask for More," McCain and his trio will perform live on the Grand Lanai. Food purchased next door at Wright Bros. Cafe and Grille can be brought into the event. No other outside food or beverages are permitted. Beverages will be available for purchase. Seating is limited and on a first come, first serve basis. For more information, visit www. greatlifehawaii.com.
- The free Big Game Party will begin at 11 a.m. Feb. 4 at Club Pearl Brews & Cues, building 1557. Patrons can watch the Super Bowl while having free pupus and possibly winning one of the giveaways during the game. Admission is open to ages 18 years and older. For more information, call 473-1743.

- Free Cupid 5K Run will begin at 7 a.m. Feb. 6 at the Wahiawa Annex Fitness Center. This 5K run consists of hills and flat areas. For more information, call 653-5542.
- Free intramural racquetball tournament takes place from 11 a.m. to 1 p.m. Feb. 6 to 9 at the Joint Base Pearl Harbor-Hickam Fitness Center. This event is open to JBPHH active duty, Department of Defense civilians and family members 18 and over. For more information, call 473-2494 or 473-2437.
- Free golf demo day will be held from 3:30 to 6:30 p.m. Feb. 7 at the Navy-Marine Golf Course. This is a chance to try out some of the latest golf equipment at the driving range. For more information, call 471-0142.
- Free "Do What You Love" event will be held from 6 to 8 p.m. Feb. 7 at the Pacific Fleet Boathouse. Patrons can watch this 60-minute musical conversation blending performance and seminar from Lucie Lynch and Marcia Zina Mager. Registration is required. For more information, call 474-1999 or email at MFSCHawaii@navy.mil.
- Free golf clinic will be on the green at 9:30 a.m. Feb. 8 at Barbers Point Golf Course. Pre-registration is encouraged. For more information, call 682-1911.
- 18-hole scramble golf tournament tees off from 3:30 to 6:30 p.m. Feb. 9 at Barbers Point Golf Course. Patrons can test what they learned in the clinics and form a two-person team to challenge the course. The cost of this event is \$60 and includes golf fees, food and prizes. For more information, call 682-1911.

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VOLUNTEER COACHES NEEDED

NOW — Volunteer coaches are needed for Joint Base Morale, Welfare and Recreation Youth Sports in volleyball and track and field. Practices start March 26 and finish May 26. Practices are two to three times a week for one or 1.5 hours. There are pre-season trainings and meetings and games are on Saturdays. To sign up, volunteers can visit the Youth Sports Office in the Bloch Arena parking lot. If they have youth signed up for the sport they coach, the next sports season their youth will be able to participate for free. Coaches need to sign up by Feb. 14.

HOSC SCHOLARSHIPS

NOW – Each year the Hickam Officers' Spouses' Club (HOSC) awards multiple scholarships to military family members to help further their educations. Applicants may apply in one of the following categories: high school senior, continuing education and spouse. Applications are available now at www.hickamosc.com/ scholarships and need to be received by March 1. Recipients will be chosen in April and will be honored at the HOSC annual scholarship awards banquet. FMI: email hoscscholarship@gmail.com.

TAX ASSISTANCE CENTER

NOW— The Navy Tax Assistance Center is now open at the Navy College Building, 1260 Pierce St., building 679, Joint Base Pearl Harbor-Hickam. The center is in classroom 11 on the first floor. The Tax Assistance Center will be open Monday, Wednesday, and Friday from 8 a.m. to 1 p.m. Unlike in past years, the tax assistance center will only provide service to service members E1-E6 and their dependents with the ability to electronically file individual tax returns through internet-based software applications. Internal Revenue Service (IRS)-certified tax personnel assist with questions but do not prepare individual tax returns. Volunteers are critical to the success of the Tax Assistance Center. To participate, volunteers will complete a self-study program to obtain advanced and military IRS certifications. Service members or their family members interested in volunteering at the Tax Assistance center full-time or parttime should contact Lt. Rosemarie Lombardi by phone at 473-1394 or email Rosemarie.Lombardi@navy.mil or Lt. Kevin Griffin by phone at 473-1387 or email Kevin.R.Griffin@navy.mil. The Tax Assistance Center relies on local commands for supplies, including papers,



FEB. 3, 5 — Edwin McCain Trio will hold a free concert at 6 p.m. Feb. 3 at the Historic Hickam Officers' Club. The concert is presented by Navy Entertainment and is open to all base-eligible patrons. They are known for top 40 hits "I'll Be" and "I Could Not Ask for More." FMI: www.greatlifehawaii.com. In addition, the Edwin McCain Trio will hold a free concert at Shenanigans at Pacific Missile Range Facility at 6 p.m. Feb. 5. The concert is open to PMRF-affiliated personnel. FMI: https://pmrf.greatlifehawaii.com/.

pens and toner cartridges (NT-PE250 C toner for Lexmark E250D printer and E206 A11A toner for Lexmark E260D printer).

BLOOD DRIVE AT NEX

FEB. 5 — An Armed Services Blood Program blood drive will be held from 11 a.m. to 3 p.m. at the Pearl Harbor Navy Exchange main entrance. All donations made will directly support Tripler Army Medical Center, deployed service members, military missions and their families. FMI: Michelle Lele-Himalaya at 433-6699 or visit www.militaryblood.dod.

TIME MANAGEMENT

FEB. **5** — A time management class will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii.com/familysupport/mfsc-class-schedule or call 474-

SELF ESTEEM IN CHILDREN

FEB. 6 — A class on developing selfesteem in children will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. FMI: www.

greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

FEDERAL EMPLOYMENT 101

FEB. 6 — A class on the application process for federal jobs will be held from 2:30 to 6:30 p.m. at Military and Family Support Center Hickam. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

KEY SPOUSE INITIAL TRAINING

FEB. 6 — Key spouse initial training will be held from 8 a.m. to 2 p.m. at Military and Family Support Center Hickam. It is open to all appointed U.S. Air Force key spouses, commanders and first sergeants. FMI: www.greatlifehawaii.com/familysupport/mfsc-class-schedule or call 474-

AWARENESS TRAINING

FEB. 6 — Key spouse Sexual Assault Prevention and Response (SAPR) and suicide awareness training will be held from 2 to 3 p.m. at Military and Family Support Center Hickam. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

SPONSOR TRAINING

FEB. 6 — Sponsor training will be held from 1 to 3 p.m. at Military and Family Support Center Wahiawa. The training is to give the sponsor information to help incoming personnel and families ease their transition to a new environment. Spouses are encouraged to attend. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

MOTIVATIONAL PRESENTATION

FEB. 7 — A free motivational presentation about self-worth and never giving up on your dreams will be held at 6 p.m. at the Pacific Fleet boathouse. Registration is required. FMI: Raegan Patrick-Mudd or Georgia Thompson at 808-474-1999.

PARENTS: YOUR TEENS AND DATING

FEB. 7 — A class to provide parents with information to help guide their teens in building positive dating relationships and keeping teens safe will be held from 5 to 7 p.m. at Military and Family Support Center Hickam. FMI: www.greatlifehawaii.com/ family-support/mfsc-class-schedule or call 474-1999.

EFMP COFFEE TALK

FEB. 8 — A coffee talk event will be held from 9 to 10 a.m. at Military and Family Support Center Pearl Harbor for Exceptional Family Member Program (EFMP) families to connect with each other. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

PEOPLE SKILLS

FEB. 8 — A class on mastering the art of people skills for professional development will be held from 1 to 3 p.m. at Military and Family Support Center Hickam. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

SMOOTH MOVE

FEB. 8 — A Smooth Move workshop will be held from 8 to 11:30 a.m. at Military and Family Support Center Pearl Harbor. It will feature speakers to give participants a better understanding of the permanent change of station (PCS) process. FMI: www.greatlifehawaii.com/family-support/ mfsc-class-schedule or call 474-1999.

PMRF CUSTOM CAR SHOW

FEB. 10 — The free Morale, Welfare and Recreation Custom Car Show will be held from 11 a.m. to 4 p.m. at Pacific Missile Range Facility Barking Sands Shenanigans parking lot. FMI: https://pmrf. greatlifehawaii.com/.



MOVIE SHOWTIMES

SHARKEY THEATER

TODAY - FEB. 2

7:00 PM • Star Wars: The Last Jedi (3-D) (PG-13)

SATURDAY - FEB. 3

2:30 PM • Ferdinand (PG)

4:50 PM • The Greatest Showman (PG)

7:00 PM • Jumanji: Welcome to the Jungle (PG-13)

SUNDAY - FEB. 4

2:30 PM • Ferdinand (3-D) (PG)

5:00 PM • Pitch Perfect 3 (PG-13)

7:10 PM • All The Money In The World (R)

THURSDAY - FEB. 8

7:00 PM • Star Wars: The Last Jedi (PG-13)

HICKAM MEMORIAL THEATER

TODAY - FEB. 2

7:00 PM • Insidious: The Last Key (R)

SATURDAY - FEB. 3

3:00 PM • The Greatest Showman (PG)

6:00 PM • Lady Bird (R)

SUNDAY - FEB. 4

1:30 PM • Ferdinand (PG)

4:00 PM • Jumanji: Welcome to the Jungle (PG-13)

THURSDAY - FEB. 8

6:30 PM • Molly's Game (R)

The Greatest Showman

Inspired by the imagination of P. T. Barnum, The Greatest Showman is an original musical that celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.