

310th Sustainment Command (Expeditionary) Sustainer News



LEADER COMMENTS

BG Vincent B. Barker



I would first like to welcome COL Stephen R. Smith as the Commander of the 643rd Regional Support Group! COL Smith comes to the 643rd RSG from the Chief of Staff position at the 310th ESC, and from a recent tour of active duty mobilization with the 310th ESC at Fort Hood, Texas. He is an absolute professional and leader, and I know he is committed to ensuring the best mentorship for our commanders under the 643rd RSG. I'd also like to thank COL William J. McLaen for his great leadership as he leaves the Commander position at the 643rd RSG. The 643rd has grown by leaps and bounds under COL McLaen, and the Soldiers

of the 643rd RSG have always been able to depend on COL McLaen's leadership, mentoring, and mission focus. I know he will continue his great leadership as he moves to take over as 310th ESC Chief of Staff. Next I'd like to take a moment to reconnect with what is important – our fellow teammates. [More...](#)

310th ESC Direct Reporting Units



55th Sust. BDE



398th FIN MGMT CTR



38th RSG



22 MH DET (TM A)



643rd RSG



HHC, 310th ESC

CSM Levi Maynard



The 310th Sustainment Command (Expeditionary) completed a very successful mobilization to Fort Hood, Texas, during 2015. There, we provided mission oversight of logistical operations for III Corps in support of four US Army Divisions, nine separate functional brigades, and deployed an Advise and Assist Team to Iraq in support of Operation Inherent Resolve. As a result, the 310th ESC is in full gear, preparing for the next call, the next mission. Readiness is my number one focus for this year. Reports of current "hot spot" and violent activities occurring around the world dictate that the 310th ESC must be prepared, [More...](#)



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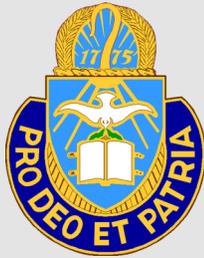




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Chaplain, 310th ESC



Words of inspiration from the 310th ESC Chaplain

by: Maj. Doug W. Hedrick , Chaplain, 310th ESC

Marriage relationships in the military are a challenge. Isn't it interesting how the little quirks we laughed about (or overlooked) when we were dating become annoyances once we're married and dealing with mission critical issues like parenting, household chores and money? Here are some ways I have found that will help turn your differences into strengths, instead of sources of conflict. What brought you together? What did you appreciate about your spouse when you met? For me, I really appreciated my wife's commitment to her faith and staying healthy... [More...](#)

Command Chief Warrant Officer (CCWO), 310th ESC

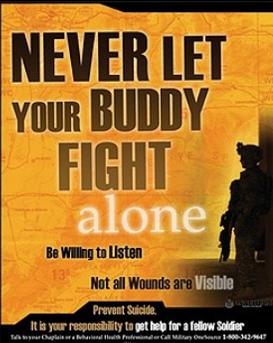


310th ESC Warrant Officer Call to Action!

by: CW4 James E. Savage, CCWO, 310th ESC

During the March Battle Training Assembly here at the 310th ESC at Ft. Ben. Harrison, the warrant officers assigned to the headquarters met with Brig. Gen. Vincent B. Barker, the commanding general of the 310th ESC, to introduce ourselves to him and brief him on our job specialties. The group reflected the years of experience of the 310th ESC warrant officer corps and the incredible variation in terms of service for our warrant officers, but one thing that was immediately apparent to me was that we need new blood in our ranks, [More...](#)

SUICIDE PREVENTION PROGRAM MANAGER (SPPM)



MILITARY CRISIS LINE 1-800-273-8255
OPTION 1
Contact Fort Family
Toll-Free: (866) 345-8248
Email: help@fortfamily.org
arfp.fortfamily.org
National Suicide Prevention Lifeline
Toll-Free: (800) 273-TALK (8255)
Safe Helpline - Sexual Assault Support for the DoD Community
Toll-Free: (877) 995-5247

Army ACE Suicide Intervention Program

The *Army ACE Suicide Intervention* (ACE-SI) Program is a three-hour training that provides Soldiers with the awareness, knowledge, and skills necessary to intervene with those at risk for suicide. *ACE* stands for *Ask, Care, and Escort*. The purpose of *ACE* is to help Soldiers and junior leaders become more aware of steps they can take to prevent suicides and confident in their ability to do so. The class must take place in a classroom environment. To coordinate a class, please contact your Suicide Prevention Program Manager at (office) 317-377-2222 or Email: terri.j.lee.civ@mail.mil, [More...](#)



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310th ESC SHARP

Live 1-on-1 Help Confidential Worldwide 24/7

Help is just a **Click, Call or Text** away!



Click www.SafeHelpline.org

Call 877-995-5247

Text* 55-247 (INSIDE THE U.S.)
202-470-5546 (OUTSIDE THE U.S.)

Download the app on iTunes or Google Play

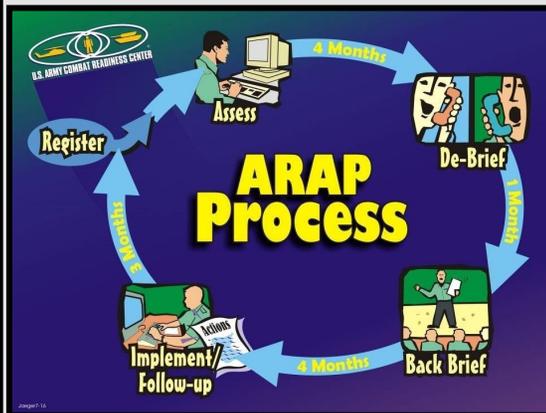
*Text your location for the nearest support resources

310th ESC Readiness Initiative SHARP Summit Campaign (RISSC)

by: Mr. Chris Carlson, SARC, 310th ESC

The first-ever 310th ESC Readiness Initiative SHARP Summit Campaign (RISSC) was held at the SPC Luke P. Frist Army Reserve Center, Indianapolis, IN on 4 Dec., 2015. This historic conference brought Commanders and Victim Advocates together with local resources to improve readiness and focus on recognizing and preventing sexual assault and sexual harassment. [More...](#)

310th ESC Safety



310th ESC Army Readiness Assessment Program/Army Safety Excellence Streamer

by: Mr. John Clark , Safety, 310th ESC

I would like to congratulate the Commander of the 373rd QM BN, Lt. Col. James Smith for his recent completion of the Army Readiness Assessment Program! Lt. Col. Smith was presented their certificate of completion dated March 7, 2016. For those of you who are not familiar with the Army Readiness Assessment Program (ARAP), it is a closed-loop system of unit measurement, improvement, and re-evaluation for battalion level... [More...](#)

Follow the 310th ESC on Social Media





310th Sustainment Command (Expeditionary) News



TOP STORY



Brig. Gen. Vincent B. Barker promoted and assumes command of the 310th ESC

Brig. Gen. Vincent B. Barker assumed command of the Army Reserve's 310th Sustainment Command (Expeditionary) from Brig. Gen. Michael Dillard, who has served as the 310th ESC Commanding General... [More](#)

NEWS

643rd RSG Change of Command

WHITEHALL, Ohio - The guidon for the Army Reserve's 643rd Regional Support Group, 310th Sustainment Command (Expeditionary) was handed to a new commander at a change-of-command ceremony held here April 9, at the Whitehall, Ohio, Army Reserve Center headquarters... [More](#)



Social media PRT with the 811th OD Company

By 811th OD Company Unit Public Affairs Representative Sgt. Christopher J. Henry

Army Reserve Staff Sgt. Dawn-Noel P. Dunbar, assigned to the 811th Ordnance Company, 321st Ordnance Battalion, based in Raineville W.Va., has innovatively created a way to coordinate social media and Physical Readiness Training (PRT) to increase unit readiness and motivation... [More](#)



497th CSSB sustains the fight at NTC Rotation 16-03

by 497th CSSB Unit Public Affairs Representative Sgt. Garrett Stockdale

It was up to the Soldiers of the 497th CSSB to sustain and support the forward operating units in the austere simulated deployment environment of the desert post during Decisive Action, NTC Rotation 16-03, at Fort Irwin this year... [More](#)



55th Sust. Brig. NCO selected for 'Not in My Squad'

by Command Sgt. Maj. Sonja A. Brewer

Sgt. 1st Class Christopher O. Loring is one Soldier who can say that they were promoted by the Sgt. Maj. of the Army. The senior human resources NCO, assigned to the 398th CSSB, got the opportunity after he was selected to serve on Sgt. Maj. of the Army Dailey's 'Not in My Squad' (NIMS) initiative... [More](#)



Follow the 310th ESC on Social Media





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TOP STORY



310th ESC 2016 Best Warrior Competition

Army Reserve Soldiers from around the 310th Sustainment Command (Expeditionary) and the 3rd Transportation Brigade (Expeditionary) entered the ultimate test during the 310th ESC 2016 Best Warrior Competition, held from Feb. 26 through 2 March, 2016 here. This year's Best Warrior Competition encountered freezing weather conditions, adding to the challenge for the Soldiers competing in the event. The Soldiers and non-commissioned officers competed in events starting with the Army Physical Fitness... [More](#)

Follow the 310th ESC on Social Media



NEWS

766th Transportation Battalion participates in WAREX 78-16-01

by SSG Bryanne M. Peterson, Public Affairs NCOIC for the 55th Sust. Bde.

The Soldiers of the 766th Transportation Battalion, based in South Bend, Ind., stood at the ready, nearly as stiff as the cold metal of their vehicles- it was after all a particularly brutal New Jersey winter... [More](#)



38th RSG providing needed RSOI support for WAREX 78-16-01

The Soldiers of the 38th RSG were on mission to provide primary coordination and organization of reverse reception, staging, onward movement, and integration (RSOI) for this year's WAREX 78-16-01 at Joint Base McGuire-Dix-Lakehurst while running COL Victory, an austere outpost of hundreds of Soldiers and the operational hub for the Fort Dix exercise location... [More](#)



310th ESC NCO sets the standard, volunteers time, helps for Veterans Day

Soldiers like Army Reserve Sgt. Lynnelle S. Long celebrated this Veterans Day volunteering their time for others. Long volunteered her Veterans Day holiday with disabled veterans at the Richard L. Roudebush Veterans Administration Medical Center in Indianapolis to rouse spirits and honor their commitment, service and sacrifice.... [More](#)



310th ESC Sustainer competes in the Indiana Norwegian Foot March

Army Reserve Sgt. 1st Class Ian J. Marano, from the 310th Sustainment Command (Expeditionary), put the heat on for the 14th annual Norwegian Foot March at the University of Southern Indiana, Nov. 7... [More](#)

