

# Hawaii Marine



## Hawaii remembers 9/11

Kristen Wong | Hawaii Marines

Honolulu resident Karl Steininger waits as dignitaries head into the street to lead the procession during the 10th annual Mayor's Remembrance Walk, Sunday. Steininger, who currently works for the Honolulu Police Department, is retired from the New York Police Department, and was one of the first responders during the Sept. 11, 2001, attacks. Dignitaries, various government agencies, first responders, organizations, and other members of the community honored lives lost in the Sept. 11, 2001, attacks with a walk through Honolulu. Walkers paused for brief ceremonies at Honolulu Police Department headquarters, Honolulu Fire Department headquarters and Honolulu Hale with remarks by various speakers. The Royal Hawaiian Band and Halau Hula O Maiki performed during the closing ceremony at Honolulu Hale.

**Kristen Wong**  
*Hawaii Marine*

**HONOLULU** — On Sept. 11, 2001, terrorists hijacked American Airlines Flight 11 and United Airlines Flight 175, causing both planes to crash into the World Trade Center towers in New York. That same day, American Airlines Flight 77 and American Airlines Flight 93 were also hijacked, causing the

former to crash into the Pentagon, and the latter to crash in Shanksville, Pa. The Sunday afternoon traffic stood idle, and members of the public emerged on the sidewalks and balconies to watch the 10th annual Mayor's Remembrance Walk, Sunday. Special guests, government agencies, first responders and other members of the community gathered at the Honolulu Police Department's

headquarters on Beretania Street to remember the second historical large-scale attack on the nation since Dec. 7, 1941. With a warm smile, Kirk Caldwell, the mayor of Honolulu, shook hands with police officers, first responders and other attendees on the street, thanking them for attending. Among those attending this year were also representatives from American and

United Airlines. "Today we remember all of the victims of the September 11 attacks: the office workers, the passengers and flight crew, the pentagon employees, and of course, the firefighters, police officers and paramedics," said Louis M. Kealoha, the chief of police of HPD and a Honolulu native. "We're here today to

*See 9/11, A-7*

## Dempsey: Future of ISIL increasingly dim

**Lisa Ferdinando**  
*Defense Media Activity*

**BERLIN** — The future of the Islamic State of Iraq and the Levant is "increasingly dim" as more nations join the anti-ISIL effort, according to the chairman of the Joint Chiefs of Staff. Although the fight against ISIL is currently "tactically stalemated," with no "dramatic gains on either side," Iraq will move at the "speed of its governance, not at the speed of its military capability," Army Gen. Martin E. Dempsey said. Dempsey spoke to reporters on the start of his final foreign tour as the top U.S. military officer and also met with U.S. Embassy officials and German officials on Thursday. Dempsey applauded Germany for taking the lead in helping thousands of refugees who are streaming over its borders fleeing the violence in Syria, but said the causes of the mass migration must be resolved. "The refugee crisis has "galvanized Europe," Dempsey said. "There's an awakening of sorts that this refugee crisis has roots and those roots have to be addressed."

**ISIL fight requires long-term,**  
*See DEMPSEY, A-7*



D. Myles Cullen | Department of Defense

U.S. Army Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, returns a salute to a U.S. Marine Corps security guard at the U.S. Embassy in Berlin, Wednesday. Dempsey is in Germany to meet with military leaders and discuss military-to-military relationships.



Cpl. Brittney Vito | Marine Corps Base Hawaii

Marines with Aircraft Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay and first responders from the Federal Fire Department maneuver a simulated casualty while conducting casualty loading and offloading training at MCAS K-Bay aboard Marine Corps Base Hawaii, Sept. 2. The two-day training exercise familiarized ARFF Marines and first responders with the gear and procedures the Army uses in medical evacuation situations. "Training like this makes MCAS K-Bay (Marines) much more efficient in their jobs and also more comfortable dealing with stressful situations such as a casualty evacuations," said Marine Sgt. Alex Blackwell, ARFF assistant station captain and a Fort Knox Ky., native.

## Marines, Soldiers, first responders train for emergency

**Cpl. Brittney Vito**  
*Marine Corps Base Hawaii*

For Aircraft Rescue and Firefighting Marines, in peace or wartime, precious lives lie in the palm of their hands. Marines with ARFF Marine Corps Air Station Kaneohe Bay, first responders from the Federal Fire Department and Soldiers with Charlie Company, 3rd Battalion, 25th Aviation Regiment based out of Wheeler Army Airfield, conducted loading and offloading casualty training at the MCAS Air Terminal aboard Marine Corps Base Hawaii, Sept. 3.

In teams of four; comprised of two Marines and two first responders, the objective was to load a simulated casualty aboard a Black Hawk HH-60M Medevac Helicopter, unload the casualty and bring it to the safe zone. "This type of training is important because it promotes familiarity with each other's equipment, which results in better care for the patient," said Army Sgt. First Class Patrick Simon, a flight medic with Charlie Co., 3rd Bn., 25th Avn. Regt. "I am more than confident

*See LOADING, A-7*



**Practice makes perfect**  
MAG-24, 'Pegasus' conduct radiation training together at MCB Hawaii, **B-1**



**End of an era**  
Service members commemorate the end of World War II, **B-3**

**Saturday**  
High 86°  
Low 75°

**Sunday**  
High 86°  
Low 75°



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- Manpower management briefs schedule**
- Officer Manpower Overview and Executive Enlisted Manpower Brief: Oct. 22 from 8 to 9:30 a.m. in the base theater (For all officers)
  - First Term Alignment Plan Brief: Oct. 22 from 9:45 to 10:20 a.m. in the base theater (For first-term Marines)
  - Enlisted Manpower Brief: Oct. 22 from 9:45 to 10:45 a.m. in the base theater. (For units, battalion or squadron commanders and sergeants major, officers, staff noncommissioned officers)
  - Officer Manpower Overview and Executive Enlisted Manpower Brief: Oct. 23 from 8 to 9:30 a.m. in Pollock Theater at Camp H.M. Smith (For all officers)
  - Monitor interviews: Oct. 22 and 23 from 9 a.m. to 5 p.m. in classrooms 4 and 5 of the Combat Camera building for officer and enlisted monitors, respectively. The enlisted career counselor interviews are scheduled for Oct. 22 and 23 from 9 a.m. to 4:30 p.m. in classroom 1 of the Combat Camera building.

Enlisted and Officer military occupational specialty monitors will be available for personal interviews. One-on-one discussions between monitor and Marine ensures clear communication regarding the Marine Corps’ needs, while addressing the individual Marines’ desires. The interaction between Marines and their monitors is a fundamental and integral part of the command visit.

Kaneohe Bay Marines should contact Master Sgt. Ernesto Gilling-Strickland at [ernesto.gilling-stri@usmc.mil](mailto:ernesto.gilling-stri@usmc.mil) or 257-8897. Field grade officers will be available for interviews at Camp Smith Oct. 22 and 23. Company grade officers will be available for interviews at Kaneohe Bay Oct. 22 and 23 from 9 a.m. to 5 p.m. Camp Smith Marines should contact Thomas J. Sukalski or Maj. Vicky Ku at [thomas.sukalski@usmc.mil](mailto:thomas.sukalski@usmc.mil) or [dionne.ku@usmc.mil](mailto:dionne.ku@usmc.mil), or call 477-5834. Officers should visit their respective monitor's website to see if this is a requirement for their interview. Submit an interview request to POCs in the below format.

RANK:  
FULL NAME:  
UNIT:  
MOS:  
MONITOR:  
REQUESTED INTERVIEW DATE:  
TIME REQUESTED ON SAID DATE:  
PHONE #S (PRI & ALT):

See LINK below for list of monitors:

[https://www.manpower.usmc.mil/portal/page/portal/M\\_RA\\_HOME/MM/A\\_OA/OA\\_Roadshow](https://www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/A_OA/OA_Roadshow)

Hawaii Marine

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ICE Comments

**COMMENT:** As a military retiree, how can I be denied access to the base for medical, commissary and exchange services? Your new requirement of a base pass is onerous and unjustified.

**RESPONSE:** Dear <Name omitted>, as of Aug. 1, the base commanding officer directed that all vehicles entering MCB Hawaii will be registered with the military police. This includes vehicles driven by military retirees and their family members. Retirees have a choice of obtaining a decal valid for three years or a paper pass valid for one year. The intent is not to deny base access to authorized personnel such as yourself, but to ensure each vehicle on the installation is registered and those persons entering the installation are authorized. In the event a vehicle does not meet registration requirements, such as expired state registration, no proof of insurance, etc, the vehicle cannot be driven on the installation until the discrepancy is corrected. The driver, provided they hold a valid military identification card, is still authorized access. I hope this clears up your concerns.

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Visit the ICE site at <http://ice.disa.mil>.

TOP SHOT

Cpl. Brittney Vito | Marine Corps Base Hawaii

Marines with Aircraft Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay, are instructed by Sgt. 1st Class Patrick Simmons, a flight medic with Charlie Company, 3rd Battalion, 25th Aviation Regiment based out of Wheeler Army Airfield, while conducting casualty loading and offloading training at MCAS K-Bay aboard Marine Corps Base Hawaii, Sept. 2. Simmons, who has been a flight medic for 19 years, taught ARFF Marines and first responders from the Federal Fire Department the proper procedures to use during a casualty evacuation. “Training like this makes MCAS K-Bay (Marines) much more efficient in their jobs and also more comfortable dealing with stressful situations such as a casualty evacuation,” said Marine Sgt. Alex Blackwell, ARFF assistant station captain and a Fort Knox, Ky., native.



# AROUND THE CORPS

Your weekly guide to what's happening around the Corps

## OVERSEAS



Lance Cpl. Garrett White | 5th Marine Expeditionary Brigade  
U.S. Marines with Task Force Al Asad issue weapons and equipment to members of the 75th Iraqi Army Brigade at Al Asad Air Base, Iraq, Aug. 21. The Iraq Train and Equip Fund provides new individual and crew-served weapons and equipment, designed to standardize and enhance the training of Iraqi forces in the coalition effort to protect the Iraqi people and to degrade and destroy the Islamic State of Iraq and the Levant.

## WEST COAST



Lance Cpl. David Staten | Defense Media Activity - Marines  
A U.S. Navy landing craft air cushion comes ashore on a Marine Corps Base Camp Pendleton beach as part of an amphibious landing during Exercise Dawn Blitz 2015, Sept. 5. Dawn Blitz is a multinational training exercise designed to enhance Expeditionary Strike Group Three and 1st Marine Expeditionary Brigade's ability to conduct sea-based operations, amphibious landings, and command and control capabilities alongside Japan, Mexico and New Zealand.

## EAST COAST



Sgt. Justin Boling | Defense Media Activity - Marines  
Members of Company "Hotel Company," 2nd Battalion, 26th Marine Regiment and Rear Adm. Brent W. Scott, the Chaplain of the United States Marine Corps, return from laying a wreath during a remembrance ceremony held at the Marine Corps War Memorial at Arlington, Va., Sept. 3. The wreath was laid in honor of the 74 Marines and Sailors who did not come home.



# US Marines awarded for work in Australia

Cpl. Reba James  
U.S. Marine Corps Forces, Pacific

**NORTHERN TERRITORY, Australia** — U.S. Marines with 1st Battalion, 4th Marine Regiment and Marine Heavy Helicopter Squadron 463, Marine Rotational Force – Darwin attended the unveiling of a conservation and awareness display for threatened giant clams Monday at the Territory Wildlife Park in Berry Springs, Northern Territory, Australia.

The Marines and sailors with MRF-D have volunteered at the park since the beginning of their six-month rotation as a part of community engagement efforts, part of which was working on the exhibit with fellow participants.

“Seeing the unveiling gives a sense of accomplishment that (Marines) were able to put this together,” said Cpl. Jessie Koogler, an administrative clerk with Charlie Company, 1st Battalion, 4th Marines, MRF-D. “It feels great to be part of putting together a display in remembrance of these amazing animals; like (the park director) said, they were about 100 years old.”

Giant clams like those featured in the exhibit are a vulnerable species as a result of poaching for their meat and large shells, and the purpose of the new installment at the park is to raise awareness for their endangerment with an informational and tangible display.

“The Marines who volunteered on this project are a part of something that was meaningful,” said Shael Martin, director of the Territorial Wildlife Park with the Parks and Wildlife Commission of the Northern Territory. “This is to leave a legacy for the Marines’ six-month rotation, so when they go home they can be proud that they contributed to something amazing.”

The opportunity to work in the park was an excellent chance for the Marines to be part of the



Cpl. Reba James | U.S. Marine Corps Forces, Pacific

**U.S. Marine Corps Cpl. Clarissa Verastegui and Cpl. Jordy Reyna place wreaths at the unveiling of a giant clam conservation awareness display Monday at the Territory Wildlife Park, Berry Springs, Northern Territory, Australia. Marines and sailors with Marine Rotational Force – Darwin volunteered since the beginning of their six-month rotation in Australia to contribute to the park as part of their involvement with the local community.**

local community, improving their appreciation of Australian culture and awareness of the environment.

“Volunteering gives us a chance to really get to know the people here and build relationships with them, so they can get another aspect on what the Marine Corps is all about: not just fighting, but public relations and establishing that connection between the United States and Australia,” said Koogler, a native of Festus, Mo. “The Marines enjoyed it and have a sense of accomplishment because they genuinely wanted to help.”

It’s more meaningful of an opportunity because it’s not just having the Marines clean

up grounds, added Martin. The Marines got to learn about Australian wildlife and habitats.

“We’ve been volunteering here, we’ve gotten in waist-deep water in the whip ray exhibit to remove algae, moved debris from the exhibits and cleaned the cages of the reptile house,” according to Koogler. “It took 25 Marines about four hours to level the area in order to place gravel, pick up and move the giant clam shells using dollies, and place them at the conservation memorial.

Beyond purely military training, Marines’ involvement through community engagements in the Northern Territory shows their appreciation for Australia’s welcome.

“I value the chance to get out and do some work to help, and I’m thankful for the gen-

erosity of the Australians, and the hospitality they’ve shown us,” said Koogler.



**Shael Martin with the Parks and Wildlife Commission of the Northern Territory addresses the crowd during the unveiling of a giant clam conservation awareness display Monday at the Territory Wildlife Park, Berry Springs, Northern Territory, Australia.**





Cpl. Brittney Vito | Hawaii Marine

Marines with Aircraft Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay and first responders from the Federal Fire Department maneuver a simulated casualty into a Black Hawk HH-60M Medevac Helicopter while conducting casualty loading and offloading training at MCAS K-Bay aboard Marine Corps Base Hawaii, Sept. 2.

LOADING, from A-1

that we would be able to get the patient loaded efficiently and in a timely manner when we are put in (a real-life) situation.”

The Soldiers taught Marines and first responders on the proper procedures for loading a casualty into a Black Hawk Medevac Helicopter. The training gave them a chance to become familiar with the aircraft as well as the hand and arm signals used to communicate.

“It is extremely important we develop a good relationship with the first responders and the Army crew because when something happens and our expertise is required, it is imperative that

everyone is on the same page so everything will go smoothly,” said Marine Sgt. Alex Blackwell, MCAS K-Bay ARFF assistant station captain. “The training was extremely beneficial, (considering) our number one priority is to save lives.”

Simmons said the more they train together, the better they will work together in a real-life situation.

“Every time we get to do joint training like this, it will make the process go more smoothly,” said Simmon, a Macon, Ga., native. “On the second, third and fourth iteration of the training, the teams got faster and faster. The more we get to do this, the more we can knock out the rust and sharpen our skills.”

The Marines, Soldiers and first responders are scheduled to conduct mass casualty training in the coming weeks.

“Training like this makes MCAS (Marines) more efficient in their jobs and also more comfortable dealing with stressful situations such as a casualty evacuation,” said Blackwell, a Fort Knox, Ky., native. “It’s this type of training that is going to make the Marines confident in what they do and will be what saves someone’s life when the time comes to utilize this training.”

Joint training supports the mission of MCB Hawaii by sustaining combat readiness and ensures our Marines are properly trained and prepared for the unexpected.

9/11, from A-1

show their families that we have not forgotten their loved ones. We have not forgotten about the first responders who ran toward danger while everyone ran from it.”

After a brief ceremony at HPD headquarters, attendees made their way down Alapai Street, then continued to South Street toward the Honolulu Fire Department headquarters building, where everyone gathered for a second ceremony. Caldwell asked Brandon Elefante, the local city councilman for District 8, for an impromptu speech. Elefante, an Aiea, Hawaii, native, who was in high school when the attacks occurred, thanked everyone for attending the walk.

“It’s a day that we will always remember,” Elefante said. “Let us always remember that we are, truly, a great nation and we will continue to stand united as one.”

The fire department honored the fallen with a ceremonial bell ringing, and together, attendees joined local firefighters in reciting “A Firefighter’s Prayer.”

“Though separated by an ocean and a continent, the members of the Honolulu fire

department remained connected to the brothers and sister 343 firefighters in that terrorist attack,” said Manuel P. Neves, the fire chief of HFD. “Their bravery and commitment to the profession will never be forgotten. But let us not forget another terrorist attack on American soil that occurred in our backyard December 7, 1941, (which claimed the lives of) three Honolulu Fire Department members.”

Led by the rhythmic drumbeats of the Royal Hawaiian Band members in front, the group proceeded down Queen Street. They rounded the last corner on Punchbowl Street, and approached the final stop: Honolulu Hale.

“We hold this walk to honor those who fell, those who survived and those whose lives were changed forever that day,” said Misty Kelai, the executive director of the Mayor’s Office of Culture & the Arts. “We honor those who sacrificed their lives so that others could live, for those who continue to ensure our freedom, safety and security. We honor those who continue to make countless sacrifices and put their lives on the line every single

day. They’re all who serve in our military and other branches of our federal government in all positions here and around the world.”

The Royal Hawaiian Band performed the national anthem and Hawaii Ponoï. Kaukaleialii Akau, performed a traditional Hawaiian oli, or chant, and Rabbi Ken Aronowitz of Temple Emanuel delivered a blessing, and filling the silent evening air with the sonorous cry of his shofar, or ram’s horn. Representatives from numerous organizations and agencies presented flowers for the fallen. Halau Hula O Maiki also performed a hula.

“Some of us may wonder (if we are) going to continue to do this every year and why we do it,” said Caldwell, a Hilo, Hawaii native. “As we’ve heard from others, it’s not to forget those who gave their last full measure of devotion, running to danger while so many ran away. (It) is to remind all of us how horrible terror can be, and if we don’t remind ourselves, it’s easy to forget and allow it to grow. For me it means working on myself in my own heart and to come from a place of love, even when I feel anger and frustration.”

DEMPSEY, from A-1

transregional approach

Dempsey said ISIL could be defeated on the battlefield by an introduction of NATO or US forces, but unless the root causes of its ideology are addressed, the problem of extremism will resurface.

“This is one where we have to ensure that we’ve achieved both tactical and strategic success,” he said.

According to Dempsey, the effort is long-term and requires a dedicated, transregional approach and at a sustainable level of effort.

“We’ve been effective in slowing and in fact in preventing them regaining any momentum,” he said.

NATO talks on ISIL

The chairman will meet with fellow chiefs of defense at a NATO meeting in Istanbul before making his way to Estonia. He said he plans to press his counterparts on addressing state and non-state threats.

There has been a “rising sense of urgency about ensuring that we were collaborating to the degree necessary” on those two “distinct problems,” he said.

A ‘decade or more’ to resolve ISIL problem

A lasting solution against ISIL, Dempsey said, includes good governance, inclusiveness, education and the creation of jobs.

“ISIL is today’s manifestation of a much deeper and broader long-term issue, which is pervasive instability, disenfranchised groups, ethnic conflict (and) religious conflict in the Middle East and North Africa that will take a decade or more to resolve.”

Dempsey said the underlying issues that allowed ISIL to be created are not going to be resolved in the near future.

“We have to look at it over time and achieve a sustainable level of effort that the military instrument can be used and integrated into other lines of effort that relate to diplomacy, economics and information,” he said.

Turkish cooperation in the fight

Turkey recently began participating in the air campaign against ISIL. “I don’t at all worry that Turkey hasn’t been a good, solid ally of the United States and NATO,” Dempsey said, pointing to that country’s involvement in the Middle East and Afghanistan.

“We may have (experienced) a bit of a rough patch there, but I think we’re through it and now we’re working on the problem,” Dempsey said.

With Turkey recently going after the militant Kurdish nationalist group known as the PKK, it may have been “unhelpful” diplomatically, but “militarily didn’t distract from what we were trying to accomplish with them against ISIL in northern Syria - and they certainly have the resources to be able to confront both threats.”

Over the last six months, the Turks’ understanding of the ISIL threat has probably moved a bit closer to ours and as a result of that, they’ve given us some accesses and entered into some of the strike operations, Dempsey said.

Governance is the problem in Iraq

Dempsey said the withdrawal of Iraqi forces from Ramadi earlier this year was due to poor leadership. He said the forces didn’t have confidence that the central government would provide them with the necessary logistics support.

“Ramadi was no doubt a setback, at least to the confidence and morale of the Iraqi security forces,” he said. “It’s recoverable because the leaders have been replaced, some of the shortcomings have been identified and we’re working with them to address them.”

Dempsey said the popular mobilization forces, or PMF, left some holes in the battlefield that ISIL filled. He said the Iraqi security forces are on their way to being a credible force for the central government.

“There is internal debate, discussion and dissent about who’s going to be the prominent force in Iraq,” Dempsey said. “That’s a very important debate and how that debate turns out will probably determine the future of Iraq.”



# Sports & Lifestyle



The Combat Logistics Battalion 3 “Cell Block 3” team poses with the flag football championship trophy. The winning team was awarded a trophy and was able to get the next day off of work to recuperate from the flag football championship game.

## CLB-3 defeats 21st Dental in flag football championship game

**Lance Cpl. Zachary Orr**  
*Marine Corps Base Hawaii*

Neither wind or rain could stop the game for Marines and Sailors of 21st Dental Company and Combat Logistics Battalion 3 as they competed against each other during the flag football championship game held at Pop Warner Field aboard Marine Corps Base Hawaii, Sept. 3.

Although the winners of the flag football championship get bragging rights and a trophy, every team builds teamwork and camaraderie amongst each other throughout the season.

“We will be playing at 6 p.m. tonight rain or shine,” said Christina Rizzello, the intramural coordinator for MCCS Semper Fit.

“Football is my passion,” said German Thompson, a defensive back for 21st Dental. “I love it.”

Before the game started, 21st Dental conversed about how they were going to win.

Players with 21st Dental ran the ball for the first drive of the game and managed to gain some yards, but were forced to turn the ball over to CLB-3.

By throwing to various wide receivers, Adrian Diaz, a Los Angeles native, and the quarterback for CLB-3, led his team down the field and into the end zone, putting them up on the scoreboard 6-0.

Cody Clark, a defensive back for CLB-3, and a Springfield, Mo., native, dropped an interception that would have given them the ball on the 40-yard line.

Clark’s error earned him shouts from teammates on the sideline; such as “How could you drop that?” and “You better make up for that one!”

Later in the game, Clark redeemed himself by getting



Players from Combat Logistics Battalion 3 and 21st Dental Company shake hands at Pop Warner Field aboard Marine Corps Base Hawaii Sept. 3. The game ended with CLB-3 victorious over 21st Dental, 30-6.

an interception, giving CLB-3 the chance to score going into halftime time with an overall score of 12-0.

During halftime, players from 21st Dental discussed how they could switch up their defense to better oppose the other team.

“(The) coach was calm about it,” Thompson said. “He wasn’t yelling. He just let us know we needed to change our defense.”

On the first drive of the

second half, players from 21st Dental applied that information and managed to stop CLB-3. After the turnover, they threw a touchdown pass down the field but it was called back due to a penalty for holding.

“The touchdown they called back definitely had an effect on us,” Thompson said.

21st Dental did not let the penalty stop them. Throwing a 40-yard pass resulted in a touchdown. They were

not able to make a 2-point conversion but still brought the score to 12-6.

Despite attempts to put pressure on CLB-3, Diaz was still able to score on a run. This put points on the board, making it 18-6.

By the end of the game, CLB-3 won the flag football championship with an overall score of 30-6. They went undefeated the whole season, including the playoffs.

The referees said players

are competitive and trash talk each other on the field in attempts to distract each other and throw each others focus off but that’s only on the field.

“We try to play and have fun,” said Desmond Nance, a wide receiver for CLB-3.

CLB-3 won the flag football championship and got a trophy, but that’s not the only thing they got.

“We get the day off,” Nance. “They can go enjoy their day to themselves to recuperate.”



AT EASE

Your weekly dose of non-mandatory fun in Hawaii Marine

As you unwind reading the paper while you eat breakfast in the morning, wait at the doctor’s office or ride the bus home, check out “At Ease” for some stress relief. Look no further for a funny story, a comic or a puzzle. Are you a budding journalist? Do you have some witty stories, movie reviews or insightful columns our base readers might enjoy? Email your submissions to [hawaiimarineeditor@gmail.com](mailto:hawaiimarineeditor@gmail.com). Please keep your submissions approximately 500 words, and make sure to include your first and last name along with a title for your article. Hawaii Marine staff reviews content and edits submissions. No explicit content, graphic language or topics inappropriate for a general audience. If you have any questions, feel free to call 257-8837.

# In the shadow of death: remembering 9/11

**Lisa Smith Molinari**  
*Contributing Writer*

Fourteen years ago, I gasped audibly, slapped my hands over my mouth, and felt the queasy sting of tears. I had just seen live footage of the south tower of the World Trade Center collapse to the ground in a horrifying explosion.

We all remember where we were when we got the terrifying news that America was under attack. The footage, the images, the stunned correspondents’ reports were not everyday news.

We were used to the endless string of statistics and polls, the latest sensational trial, the steady beat of violent crimes, the political scandals, the relapsed Hollywood entertainers and the tragic multiple car pile-ups. Delivered to us over the radio waves during our morning commutes, in our coffee-stained local newspapers and on the kitchen television while we were cooking pork chops.

Those stories sparked dinner chitchat, but were soon forgotten.

But the news on Sept. 11 was very

different. It was raw, unaltered, and delivered the clear message that our lives would never be the same.

The 9/11 attacks left a collective gaping wound on the American psyche, which would, surely, never be forgotten.

Or would it?

For those with a personal connection to the nearly 3,000 dead (including 72 law enforcement officers, 343 firefighters, and 55 military personnel) the wound of 9/11 remains painfully fresh, and the yearly anniversary continues to be a day of deep sadness.

For others like me, a protective scab has formed. September 11th is a fairly normal day for us, but it is interspersed with moments of remembrance, when we bow our heads in silence and shudder thinking of the images that shocked us 14 years ago.

But for some, the trauma, the historic death toll, and the graphic images are hazy. Clouded by years of desensitizing war, and the ebb and flow of every day life, September 11th seems like any other day. To complacent adults, and

to the younger generation who grew up in a world where Islamic State militants upload videos of gruesome beheadings to YouTube, the 9/11 terror attacks may not seem like that big of a deal.

But they’d be wrong.

September 11th should always stand out as a pivotal day in U.S. history, when Americans were slapped in the face with the frightening truth that terrorists will stop at nothing to accomplish their hateful goals.

Furthermore, the U.S. military responded to the 9/11 attacks by launching Operations Enduring Freedom, Iraqi Freedom and New Dawn. As of this writing, 6,855 U.S. service members have died fighting in those missions, approximately 52,000 U.S. warriors have been wounded, and an estimated 400,000 U.S. veterans have been diagnosed with Post Traumatic Stress Disorder according to [woundedwarriorproject.org](http://woundedwarriorproject.org).

If that isn’t enough to bring the significance of September 11th to the forefront, then one need only consider

any one of the innocent men, women and children who died that day.

Think of Todd Beamer for instance. He was one of 37 passengers on United Flight 93 who realized that their hijackers were on a suicide mission. Beamer, while making plans with other passengers and flight attendants to thwart the hijackers’ plot to crash the plane into a building, asked Lisa Jefferson, the GTE Airphone supervisor he was speaking with on the seatback telephone, to recite the Lord’s Prayer’s and the Psalm 23:1-6 with him. After praying, Beamer said to his fellow passengers, “Are you ready? Okay. Let’s roll,” before they heroically rushed the cockpit and the plane crashed into an empty field in Shanksville, Pa.

If we are ever to successfully combat terrorism, the intervening 14 years should not bury our outrage under the minutiae of everyday life. Every September 11th, we must remove the bandage, rip the scab off the wound and feel the raw pain anew.

[www.themeatandpotatoesoflife.com](http://www.themeatandpotatoesoflife.com)

Created by: GySgt Charles Wolf (ret.)

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SINCE THEN, I'VE BEEN MY  
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HOME STEADER S

SUDOKU

5	2		6	8				9
1			5	9				
		3			7			
	9					1		
				5	6			
			1	4				8
4			8				3	6
	3					2		
	8		4			9		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	8	6	4	3	5	9	7	1
7	3	5	1	2	8	4		
4	1	8	7	2	5	3	9	6
3	5	2	1	4	6	9	7	8
8	7	1	3	5	6	4	2	9
6	9	4	7	2	8	1	5	3
9	6	3	2	1	7	8	4	5
1	4	8	5	9	3	6	2	7
5	2	7	6	8	4	3	1	9

ANSWER:

Movie Times

THE WORLD'S MOST DANGEROUS TIMES  
CREATED THE WORLD'S MOST DANGEROUS GROUP

STRAIGHT  
OUTTA  
COMPTON

THE STORY OF N.W.A

“Ricki and the Flash” PG-13 Today | 6:30 p.m.

“Fantastic Four” PG-13 Today | 9:15 p.m.

“The Man from U.N.C.L.E.” PG-13 Saturday | 6:30 p.m.

“Straight Outta Compton” R Saturday | 9:15 p.m.

“Shaun The Sheep Movie” PG Sunday | 2 p.m.

“Mission Impossible: Rogue Nation” PG-13 Sunday | 6:30 p.m.

“Straight Outta Compton” R Wednesday | 6:30 p.m.

**Prices:** All shows are \$5 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 years and older and defines a child as a patron from 6 to 11 years old. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for details.



# WWII end commemorated aboard Missouri

**Air Force Staff Sgt. Chris Hubenthal**

*Defense Media Activity – Hawaii News Bureau*

**JOINT BASE PEARL HARBOR-HICKAM** — Military service members, civilians and veterans celebrated the 70th anniversary of the end of World War II aboard the Battleship Missouri Memorial, Sept. 2.

Seventy years ago, Gen. Douglas MacArthur oversaw the signing of Imperial Japan’s instrument of surrender on board the Missouri. The ceremony honored the historical event by starting at 9:02 a.m., the exact time MacArthur began the official proceedings.

U.S. Navy Adm. Scott Swift, commander of U.S. Pacific Fleet, spoke of the significance of the historical event as part of his speech during the ceremony.

“It’s truly a day of reverence, commemorating the millions of departed and surviving veterans of WWII,” Swift said. “It’s about mourning the civilians of all nations whose passing is more poignant in light of their innocence. It’s about the enduring commitment to allies, partners and friends, a commitment to ensure such tragic losses and sacrifices are not for naught.”



U.S. Air Force photo by Staff Sgt. Christopher Hubenthal)

**Members of the Defense Information Systems Agency Pacific Joint Honor Guard conduct a flag folding ceremony during the 70th anniversary of the end of World War II aboard the Battleship Missouri Memorial located on Ford Island, Sept. 2, at Joint Base Pearl Harbor-Hickam, Hawaii.**

Swift added that there is a continued responsibility to fulfill today and ensure that the commitments made 70 years ago are maintained.

“Our legacy will be how well we preserve the peace given as a gift from these hallowed decks,”

Swift said.

Tim Guard, chairman of the USS Missouri Memorial Association; Congressman Mark Takai, U.S. representative for Hawaii; and U.S. Senator for Hawaii; Brian Schatz, all spoke about the relevance of the his-

torical date and how it helped shape the relationship between the United States and Japan today.

“All the speakers today came back to the same theme of the closing of WWII that occurred on these decks,” Swift said. “Two

countries that were bitter rivals in WWII are now the strongest of allied partners. It’s an affirmation of the task we’ve all taken on 70 years ago and to continue to take that task forward with all of our allies and partners in the Pacific.”

U.S. Congresswoman Tulsi Gabbard, representative of Hawaii’s 2nd Congressional District, talked about why the event was meaningful to her.

“Today is such a special day,” Gabbard said. “It’s a day that I’ve been reflecting on how grateful I am just to be in the presence of some of these great heroes who came before us. We had 10 sailors here today who were here Sept. 2, 1945, for that signing ceremony. It’s a great opportunity to remember what this is all about and the sacrifices of those who came before us.”

The commemoration by the Battleship Missouri Memorial also featured an exhibit of rare historic artifacts that were part of the ceremony 70 years ago, including the two pens used by Fleet Adm. Chester Nimitz to sign the Japanese Instrument of Surrender on behalf of the United States, and one of the pens used by MacArthur as supreme commander for the Allied Powers.



Photos by Cpl. Brittney Vito | Marine Corps Base Hawaii

**Chemical, Biological, Radiological, Nuclear Marines with Marine Aircraft Group 24 conduct point surveillance during a simulated mission at Boondocker Training Area aboard Marine Corps Base Hawaii, Sept. 2.**



**Chemical, Biological, Radiological, Nuclear Marines with Marine Aircraft Group 24, board a CH-53E Super Stallion after completing point surveillance during a simulated mission at Boondocker Training Area, Sept. 2.**

## CBRN MARINES HONE RADIATION DETECTION SKILLS

**BELOW:** Staff Sgt. Nicholas Davidson, a crew chief with Marine Heavy Helicopter Squadron 463, analyzes his surroundings while flying back to the base. During point surveillance, Marines must visit numerous checkpoints where they use an AN-PDR 77, a device that detects and measures alpha, gamma and x-ray radiation. During the training mission, a simulated detonation of highly enriched uranium radiological dispersal device was performed and the Marines needed to locate the presence of gamma radiation. Marine Heavy Helicopter Squadron 463 provided aerial support for the CBRN Marines.







Cpl. Chris Ward, a Marine currently assigned to the base working party through the Fleet Assistance Program, and a Watertown, N.Y., native; removes lime and calcium build up from the Mokapu Gate sign, Wednesday.

# CLEANING THE FINER DETAILS

LEFT: Ward finishes cleaning the Mokapu Gate sign, Thursday.



LEFT: Lance Cpl. Kevin Campbell, a Marine currently assigned to the base working party through the Fleet Assistance Program and a Jacksonville, N.C., native; scrubs the Mokapu Gate sign in building 204, Wednesday. ABOVE: Cpl. Corey Jason, a Marine assigned the base working party through the Fleet Assistance Program and a Tulsa, Okla., native, finishes cleaning the Mokapu Gate sign in building 204 aboard Marine Corps Base Hawaii, Thursday. The Marines removed the lime and calcium that has collected over time on the “Marine Corps Base Hawaii Kaneohe Bay” sign displayed at the Mokapu Gate. After scrubbing the letters clean, the Marines coated the sign with an aluminum prefinishing solution, followed by an aluminum conversion solution and metal polish.

Photos by Kristen Wong | Hawaii Marine



# ‘Golden Swordsmen’ return to MCB Hawaii

**Lt. j.g. Karl Petracek**  
*Patrol Squadron 47*

Patrol Squadron 47 recently returned home to Marine Corps Base Hawaii from a seven-month deployment.

Over the past seven months, on any given day, VP-47 maintainers and aircrews conducted operational missions that spanned an area north of the Arctic Circle to south of the Equator and stretching across the Mediterranean Sea and into the Black Sea to accomplish strategic and operational objectives set by combatant commanders for both U.S. European Command and U.S. Africa Command.

The “Golden Swordsmen” of VP-47 operated from sites in Iceland, Norway, Poland, Italy, Greece and the African nation of Djibouti. They were executing the full spectrum of maritime patrol and reconnaissance force capabilities to include anti-submarine warfare, maritime domain awareness, overland intelligence, surveillance and reconnaissance, counterterrorism and strengthening the NATO alliance while expanding partnerships with like-minded nations throughout the two continents.

The squadron’s signature teamwork and mission focus was translated into a force-multiplier for the combatant commanders. More than 200 maintenance professionals worked 24 hours a day, seven days a week in 12-hour shifts amassing more than 98,000 man-hours of maintenance on their P-3C aircraft.

“(The squadron’s) 2015 deployment showcased the P-3C Orion in every battle space for which it was designed,” said Navy Lt. Spencer Washom, the aircrew mission commander of VP-47. “Aircrew were able to put their training to use in



Kristen Wong | Hawaii Marine

**Navy Lt. Cmdr. Jeremy Lyon, an administrative officer with Patrol Squadron 47, of Kailua, Hawaii, reunites with his family at Hangar 104 aboard Marine Corps Base Hawaii, Aug. 28. During their seven-month deployment, the ‘Golden Swordsmen’ of VP-47 conducted operations in various countries including Greece, Italy and Djibouti.**

dynamic and multinational environment. Everything from hunting submarines 200 feet above the cold surface waters in the North Sea to providing real-time counterterrorism intelligence to special forces on the ground in the blazing heat of Africa.”

The relentless drive ensured a 95 percent availability rate of aircraft “ready-for-tasking.” This synergized teamwork enabled squadron aircrews to fly more than 5,100 hours and 780 sorties to achieve an unprecedented 99 percent mission completion rate.

“I am truly humbled to have had the opportunity to deploy forward and work with the finest collection of naval aviation professionals in the world,” said Cmdr. Erik Cyre, the commanding officer of VP-47, in an address to the squadron upon his return to MCB Hawaii. “Team Sword delivered excellence in every facet of forward operations. Our maintenance department consistently provided the finest, most well maintained and mission capable aircraft in the fleet, and our aircrew utilized those assets to their fullest, delivering on-sta-

tion excellence on any mission, in every environment, wherever tasking demanded and on time throughout two (Areas Of Responsibility). Our support personnel ensured that our Sailors and their families were superbly taken care of throughout a rigorous seven-month-plus period away from home. I could not be prouder of the professionalism, dedication and ‘can-do’ attitude displayed by Team Sword on a truly phenomenal deployment.”

Throughout the deployment, the “Golden Swordsmen” continued their tradition

of safe, effective and efficient mission execution, furthering the command’s record of more than 20 years and 125,000 mishap-free flight hours.

Now home again with family and friends, VP-47 will continue to maintain its reputation for operational excellence as it prepares to support national exercises and conduct an 11-month training cycle in preparation for its final combat deployment with the aging P-3C Orion in 2016. The squadron is scheduled to begin its transition to the new P-8 Poseidon in 2017.



## COMMUNITY, BASE BRIEFS/VOLUNTEER OPPORTUNITIES

### Jewish services scheduled at Joint Base

The Aloha Jewish Chapel, located on Joint Base Pearl Harbor-Hickam at the Makalapa Gate is scheduled to host Jewish services on the following dates and times:

#### Rosh Hashanah

- Sunday
  - Evening service: 7:30 to 9 p.m.
- Monday
  - Morning service: 9:30 to 11:30 a.m.
  - Tashlich Ceremony: 11:45 a.m. to 12:15 p.m.

#### Yom Kippur

- Sept. 22
    - Kol Nidre service: 7:30 to 9 p.m.
  - Sept. 23
    - Morning service: 9:30 to 11:30 a.m.
    - Yizkor/memorial service: 4:30 to 5:15 p.m.
    - Neilah/closing service: 5:30 to 6:45 p.m. (followed by a breakfast meal)
- For more information, contact Chaplain Emily Rosenzweig at emily.rosenzweig@usmc.mil or 257-5518.

### 101 Days of Summer ends today with fair

The 101 Days of Summer program comes to a finale with the Health, Wellness and Fitness Fair today from 10 a.m. to 1 p.m. at K-Bay Mokapu Mall. Visit various vendors and talk to experts at informational booths to learn more about how you can live a healthier lifestyle. For details, call 254-7636.

### Join walkers for suicide prevention walk

The annual Out of the Darkness Community Walk is scheduled for Saturday at 9 a.m. at Ala Moana Beach Park as part of Suicide Prevention Month activities planned in Hawaii. More than 350 Out of the Darkness Community Walks are being held nationwide this fall. The walk supports the American Foundation for Suicide Prevention’s local and national programs and its goal to reduce the annual rate of suicide 20 percent by 2025.

### Join YWCA for Kokokahi Community Fair

The YWCA of Oahu has scheduled its Kokokahi Community Fair for Saturday from 9 a.m. to 4 p.m. Admission is free, and there is valet parking onsite at 45-035 Kaneohe Bay Dr. There will be family-friendly fun and games, celebrating the windward community and its Hawaiian heritage. For more information, visit ywcaoahu.org.

### Lunch and learn explores VA benefits

The Veteran Affairs Benefits Office on base is scheduled to host an upcoming Lunch and Learn information session Sept. 21 in classroom C of the Education Center. The topic will be “Education Benefits and Transfer of Entitlement.” Bring your own lunch and learn

what benefits you may be eligible for and how to apply. These free sessions are open to all service members, veterans and spouses. On Oct. 14, in classroom C, the topic will be “Disability Claims and Compensation.” For details, contact Kelvin Bradford at 257-9922 or kelvin.bradford@calibresys.com.

### Eid-UI-Adha scheduled for Sept. 23 and 24

The religious holiday Eid-UI-Adha starts Sept. 23 and 24. Prayers will be at the Manoa Mosque discretion, located at 1935 Aleo Place. For more information, call Gunnery Sgt. Jimi Khamisi at 760-586-9355.

### Car, truck, motorcycle show scheduled at Hickam

The Petrolhead Meet & Greet is scheduled for Sept. 27 from 9 a.m. to 2 p.m. at the Hickam Bowling Center parking lot aboard Joint Base Pearl Harbor-Hickam. Come see what the other troops are driving. Bring out your project car, truck or motorcycle. If interested in displaying your vehicle, email petrolplatoon@gmail.com.

### SM&SP needs volunteers for Special Olympics

The Single Marine & Sailor Program is recruiting volunteers for the Special Olympics Hawaii Bowl-A-Thon Sept. 26 from 11:30 a.m. to 3:30 p.m. Duties include being lane officials for the bowling tournament. Volunteers receive a letter of appreciation and a T-shirt. Sign-up by Sept. 22. For more information, call the SM&SP coordinator at 254-7593.

### Oahu artists to open spaces

The 2nd Annual Oahu Open Studios event is free and open to the public. The opening celebration and preview exhibition is scheduled for Nov. 6 from 6 to 9 p.m. in the lobby of Bishop Place in downtown Honolulu, at 1132 Bishop St. There, attendees can obtain a copy of the OOS Guidebook containing an artist directory and maps directing them to different studios and exhibition spaces around the island.

The OOS self-guided tours for Central, North Shore and Windward Oahu tours are scheduled for Nov. 7 and 8, from 11 a.m. to 6 p.m., and Leeward Oahu tours (from Makaha to Honolulu to Hawaii Kai) are scheduled for Nov. 14 and 15 from 11 a.m. to 6 p.m. Directional signs will be posted on roadways, at intersections and at artist studios and exhibition spaces to guide visitors. For details, visit www.OahuOpenStudios.com.

### VA launches new no-cost training programs

The Department of Veterans Affairs recently launched two new no-cost training programs, Accelerated Learning Programs and VA Learning Hubs, to help transitioning service members and veterans,

from all eras, learn skills, earn credentials, and advance in civilian careers following separation from service.

VA is piloting ALPs this summer with seven courses focusing on building skills and certifications needed to advance in high-demand careers in information technology. Each ALP course is offered at no cost and includes free referral and support services. Visit the ALP website to learn more or apply. For details, email veteranemployment.vbaco@va.gov.

### Students invited to join program

Through the White House’s new Every Kid in a Park program, fourth grade students can now visit www.everykidinapark.gov, complete an activity and obtain a free annual entry pass to more than 2,000 federal recreation areas nationwide.

In Hawaii, the 4th grade students’ free annual pass covers entrance fees at Haleakala National Park, Hawaii Volcanoes National Park, and Puuhonua O Honaunau National Historical Park. The World War II Valor in the Pacific National Monument does not charge an entrance fee.

The pass is valid through Aug. 31, 2016. Teachers can contact valr\_education@nps.gov for more information and to schedule field trips.



# GUNNY'S FIT CORNER

If you could change one thing about yourself, what would it be? Would it be your hair? Your wardrobe? Your attitude? If you're anything like the rest of us living and breathing humans on this Earth, the vast majority of us want to change the way we look.

In a world where every magazine has someone with rock-hard abs or a slim and trim bikini body gracing the cover, you can only hope to have that same look. But then you look down and reality hits. You don't have a six, four or even a two pack. At some point in time we've all said we want to get ourselves together and get on the straight and narrow.

"I'm starting on Monday!" you say.

Then Monday comes and you never get going. Why? Excuses come to mind, like "Oh, I'm just so busy," or "The gym is just way too crowded."

If this is you, then let me



Photos Courtesy of Gunnery Sgt. Dimyas C. Perdue

tell you something. You don't have to start on Monday and the gym isn't always packed. What you need is a little push to get yourself going on the road to being a happier, healthier and more fit you. Well, your "push" and motivation has arrived.



If you can make the promise to yourself to get started and stay committed, I can make the promise to you to give you all the information you need regarding fat loss, muscle gain, physical fitness test and physical readiness training preparation and much more.

But who am I? What makes me so qualified to give you information?

My name is Gunnery Sgt. Dimyas C. Perdue and I'm a nobody who wants to make everybody a little better one day at a time. But if that's not enough, I'm a national-level bodybuilder and men's physique champion with certifications in fitness nutrition, exercise therapy,

strength conditioning and much more. I'm also pursuing a bachelor's degree in health and nutrition with a goal of becoming a registered dietitian.

I got started in the fitness industry after struggling to find myself after returning from deployments. I found the new me in the form of weights and protein shakes and since then I've been addicted — to changing my life and impacting as many others as possible.

Over the next few weeks you will receive informative articles relating to nutrition, supplementation and workouts. I hope you're ready to kick this thing off because I am. Until then, stay smart. Stay strong. Stay fit!!

