

Hawaii Marine



FALLEN K-BAY MARINE AWARDED NAVY CROSS

Sgt. Luis Vega | 1st Marine Division Combat Camera

Secretary of the Navy Ray Mabus presents the Navy Cross to Rosa Peralta, the mother of the late Sgt. Rafael Peralta, aboard Marine Corps Base Camp Pendleton, Calif., Monday. Sgt. Rafael Peralta was awarded the Navy Cross posthumously, after sacrificing his life by absorbing the blast of an enemy grenade, shielding fellow Marines only a few feet away while serving with Regimental Combat Team 7, 1st Marine Division, in Fallujah, Al Anbar province, Iraq, on Nov. 15, 2004. Peralta was with 1st Battalion, 3rd Marine Regiment.

Cpl. William Perkins
1st Marine Division

MARINE CORPS BASE CAMP PENDLETON, Calif. — Secretary of the Navy Ray Mabus awarded the Navy Cross to Rosa Peralta, the mother of the late Sgt. Rafael Peralta, aboard Marine Corps Base Camp Pendleton, Calif., Monday.

According to the award citation, Sgt. Rafael Peralta was awarded the Navy Cross posthumously, after sacrificing his life by absorbing the blast of an enemy grenade, shielding fellow Marines only a few feet away while serving with Regimental Combat Team 7, 1st Marine Division, in Fallujah, Al Anbar province, Iraq, on Nov. 15, 2004.

Peralta was assigned to 1st Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, Marine Corps Base Hawaii.

Throughout the ceremony, several people stepped forward to talk about Peralta and to express their gratitude for his actions. The first to speak was Rafael's brother, Ricardo Peralta.

Ricardo enlisted in the Marine Corps in 2010 as an infantryman to follow in his brother's footsteps.

Ricardo spoke for his family when he said there's nothing that can replace the sense of pride they have for Rafael and his actions.

See CROSS, A-7

Lava Dogs, JROTC clean up channel

Christine Cabalo
Hawaii Marine

The waters of Mokapu Central Drainage Channel are flowing cleaner after 1st Battalion, 3rd Marine Regiment and 60 visiting high school students took action.

The two groups joined forces to clean the natural resource and were guided by the Environmental Compliance and Protection Department. The channel helps prevent flooding on base by channeling storm water away and is constantly flowing as

long as it remains free of debris. The water moves from near the Kaneohe Klipper Golf Course, through Mokapu Elementary School and empties into larger bodies of water like Nuupia Ponds and Kaneohe Bay.

"It's important that debris (from the channel) doesn't get into the ponds or the bay," said Lance Bookless, senior natural resources manager at Marine Corps Base Hawaii. "Floating items can be a navigation hazard, and we need to protect the wildlife living in the ponds."

Several "Lava Dogs" dredged through the thick mud in Nuupia Ponds to haul out two displaced wooden logs. After wrestling the heavy items from the mud, they rolled the wood to the shore of the Nuupia Ponds running trail nearby its 3rd Street entrance.

Then the group re-joined the rest of their unit to pull out trash and abandoned items from further up in the channel. The "Lava Dogs" formed a human chain across the body of water,

See CHANNEL, A-7



Cpl. Khalil Ross | Marine Corps Base Hawaii

Sgt. Samuel Keaulii, a reconnaissance dive chief with 4th Force Reconnaissance Company, sits back and fixes his boot blousing 10,000 feet in the air while looking down at Marine Corps Air Station Kaneohe Bay, aboard Marine Corps Base Hawaii, Monday. There were three Marines standing ready to jump out of the UH-1Y Huey helicopter.

What goes up

Cpl. Khalil Ross
Marine Corps Base Hawaii

It's not every day that someone goes up in a helicopter to 10,000 feet and fixes their laces before they head back down by parachute. That's just one of the things Marines from 4th Force Reconnaissance Company Hawaii detachment did Monday through Thursday aboard Marine Corps Base Hawaii at Marine Corps Air Station Kaneohe Bay.

Utilizing a UH-1Y Huey, seven Marines from 4th Force Recon did both low-level static line and free fall jumps. A static line jump involves immediate deployment of the parachute whereas, free fall delays the deployment of the parachute until the optimal height.

Cpl. David Holt, the assistant team leader, has conducted nearly 50 jumps and enjoyed every second of them.

"It's a freeing feeling," the Honolulu native said. "You can really control yourself and where you (fall)."

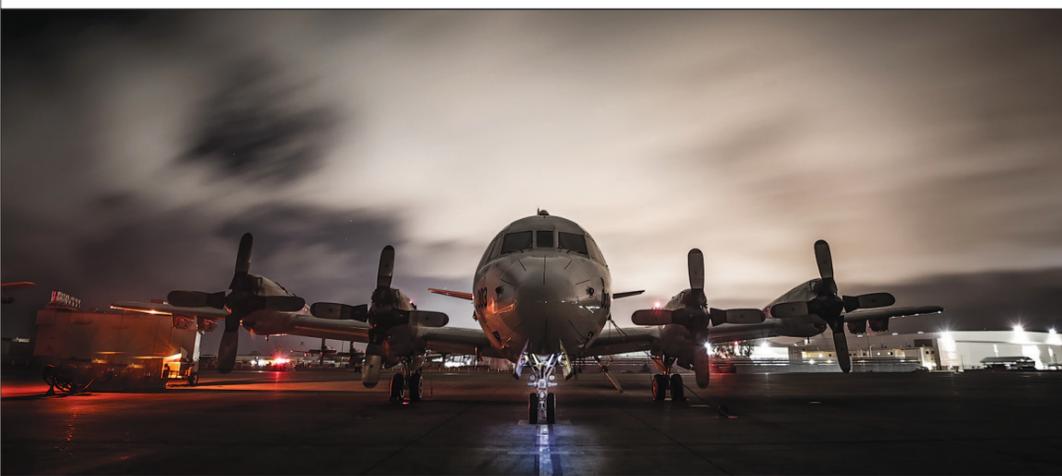
Holt said that when he ascends in the helicopter he is always checking his gear and making sure it's in the right spot. He said safety is always the biggest thing they are watching out for.

"(I'm) always thinking ahead (about) where I am

See UP, A-7

Top shot of the MONTH

"Top Shot of the Month" is a contest for amateur photographers aboard Marine Corps Base Hawaii. See the base's Facebook page for the next opportunity to enter. This month's winner is: Aaron Rosa



"I'm a naval flight officer attached to Patrol Squadron 9. I love all types of photography especially landscapes, portraits, long exposure and street photography. I wanted to do a photo shoot during a base-wide power outage in order to take a long exposure shot and capture the drama of the clouds as well as our squadron colors shining out of the nose wheel well. A blue and a yellow glow light hidden in the doors gave that effect. Unfortunately this was the final shot of the night as the power began to come back on an hour early."



Hit the surf
Hawaii service members, DoD civilians compete in All-Military Surf Classic in Ewa Beach, B-1



Living like Marines
High school students in Cadet Leadership Course visit Kaneohe Bay, B-5

Saturday

High 83°
Low 74°

Sunday

High 83°
Low 74°

FROM THE DESK OF THE BASE INSPECTOR

Distracted Driving

Base Order 5560 is the Base Motor Vehicle and Traffic Regulations. In accordance with this order, driving a motor vehicle while talking on a cellphone or texting without a hands-free device is prohibited.

Distracted driving is an epidemic on America's roadways. In 2013, 3,154 people were killed and an estimated 424,000 were injured in motor vehicle crashes involving a distracted driver. Texting and cell phone use behind the wheel takes your eyes off the road, your hands off the wheel, and your focus off driving – putting the driver and others in danger. For more information, visit www.distraction.gov/.

Marine Corps Base Hawaii is committed to the safety of its service members, residents, guests and the entire community by enforcing existing regulations to fight the epidemic of distracted driving. Drivers

will be cited for distracted driving and may lose driving privileges aboard MCB Hawaii. Additionally, new policies and procedures are being developed to stop the incidents of distracted driving and hold violators accountable.

Please ensure all members of the military community may enjoy MCB Hawaii by complying with the base regulations and behaving responsibly. If you have a question for the inspector, please email KBAZ_HQBN_INSP@usmc.mil.

Semper Fidelis.
Lt. Col. D. H. Bohn
Command inspector
Marine Corps Base Hawaii
general hotline: 257-8852
KBAZ_HQBN_INSP@usmc.mil



Hawaii Marine

www.mcbhawaii.marines.mil
www.hawaiimarine.com

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This week in Corps history: June 12, 1961: President John F. Kennedy signed a presidential proclamation calling for the American flag to be flown at the Marine Corps War Memorial in Arlington, Va., "at all times during the day and night." Discussions between the attorney general's office and Marine Corps officials earlier in 1961 on improving the visibility and appearance of the monument led to the proposal to fly the flag continuously, which by law could only be done by congressional legislation or by presidential proclamation.

- U.S. Marine Corps History Division

ICE COMMENTS

How to make an effective ICE comment

- Be clear about the problem. Outline the main points of contention before you complain.
- Know your rights. Familiarize yourself with existing policies.
- Tell the service provider exactly what you want. An apology? A replacement? Clarification? Be clear and factual.
- Contact the relevant authority. Make sure the person you complain to has the power to do something about it.
- Keep good records. Take names, track dates, keep receipts and all packaging.
- Stay calm. Escalation rarely brings the best results. Be polite but direct. An articulate complaint speaks volumes.
- Play nice. Keep the customer service karma in balance by passing along words of praise when due.

Interactive Customer Evaluation is:

- A web-based tool for collecting feedback about the services provided by various organizations throughout the Department of Defense.
- Allows customers to submit online comment cards to rate the service providers that they have encountered at military bases and related facilities around the world.
- Allows service providers to collect customer satisfaction data in a standardized format which is stored in the ICE database.
- Provides customers with a convenient and efficient method to express their opinions to service providers and receive feedback.

ICE is NOT:

- To be used as a sole source to report safety concerns. **Base Safety should be contacted directly at 257-1830.**
- Intended for use to submit complaints regarding fellow employees or management, to spread rumors, to threaten or to make public announcements.

Visit the ICE site at <http://ice.disa.mil>. For ICE FAQs, visit mcbhawaii.marines.mil, then click Departments, Business Performance, then ICE FAQs.

MARINE CORPS BASE HAWAII EVENTS

ANNOUNCEMENTS

The Marine Corps Base Hawaii post office has Click-N-Ship pamphlets available for patrons. The pamphlets contain websites and instructions how to prepare packages at home to ship. Patrons are able save money and print postage from usps.com, as well as order free shipping supplies. For more information, visit the base post office or call 257-2008.

The Marine Corps wants to hear about your permanent change of station experiences with school-age children. Your voice will have an impact on the future K-12 education support services we offer. Participate in a brief survey to provide input related to your children's school experiences. Find the survey at www.surveymonkey.com/s/K12MarinePCS.

Homes are available for rent on Marine Corps Base Hawaii for basic housing allowance-eligible single and geo-bachelor service members. Those eligible include active-duty Army, Navy, Air Force, Marines, Coast Guard, National Guardsmen and reservists. Visit www.fcmarineshawaii.com for information. Apply now by calling 1-866-340-0122. You may also come to the Forest City office at 1571 Lawrence Road with questions or to apply.

Semper Fit is looking for a volunteer to coach Marine Corps Base Hawaii's Varsity Soccer Team. Eligibility is open to anyone with base access, ages 18 and older. We do not have a specific date for the season to start. We need to form a team first. Coaches should have previous experience playing and coaching. No certifications are required since they will not be coaching children. Commitment time is two to three days per week to include practice time and tournaments on weekends. Interested applicants should contact Semper Fit's athletic director at 254-7590 or shipesk@usmc-mccs.org.

Many of the TRICARE enrollment-related letters that used to be physically mailed are now available at www.dmdc.osd.mil/milconnect. Instead of receiving

them in the mail, beneficiaries whose email address is on file will receive an email directing them to the Mil Connect website where they can view or download their documents. For more information, call Heidi Vazquez at 473-1880.

FUTURE EVENTS

The U.S. Marine Corps Forces, Pacific Band has an upcoming summer concert series June 19, July 17 and Aug. 21 at 6 p.m. at Mololani Community Park and at Manana Housing.

The Surf and Turf 5K is scheduled for June 20 at 6:30 a.m. The race will start and finish at The Officers' Club and take runners through the Kaneohe Klipper Golf Course and along North Beach. The race is open to the public, and is \$25 per person until today. There is a \$10 late registration fee after today. For more information, call the race coordinator at 254-7590.

Service members and their families, children included, are invited to a Ramadan Iftar, scheduled for June 25 from 5:30 to 9 p.m. at Hickam Chapel. Attire is semi-formal; business casual or aloha attire is acceptable. Service members are asked to wear the uniform of the day.

This event is done annually to encourage and boost interfaith relationships and discuss the importance of Ramadan holy month. The event is open for all Muslims and non-Muslims. The Imam of Muslim Association of Hawaii will be present and other VIPS to answer any questions regarding the Islamic faith. For more information, call Gunnery Sgt. Jimi Khamisi at 760-586-9355.

The Kaneohe Bay Armed Services YMCA and 1st Battalion, 3rd Marine Regiment are scheduled to host a Father Daughter Dance, June 27 from 5:30 to 9 p.m. at The Officers' Club.

Tickets are on sale now at \$60 per father and daughter pair, and \$20 for each additional daughter. and can be purchased from the "Lava Dogs" family readiness officer, Orin Lucas, in building 6720R across from McDonalds. Get your

tickets early, as there is limited seating. There are no tickets available at the door.

The Single Marine & Sailor Program is offering a volunteer opportunity at the Hawaiian Humane Society for June 28, from 8 a.m. to noon. Sign up by June 23.

The opportunity is open to all single or unaccompanied Marines and Sailors. Assist with the dog running program, as well as other duties. Transportation will be provided. Call Karley Peterson at 254-7593 with questions or to register.

All ranks are welcome to play in the Commander's Cup Golf Tournament, scheduled for Aug. 7, from noon to 5 p.m. The format is a four-man scramble. Team registrations will be accepted at the Klipper Pro Shop until close of business, Aug. 5. For more information, call 254-1745.

SATURDAY

Sign up for the Summer Reading Program: Read to the Rhythm. The program kicks off at the base library, Saturday from 10 a.m. to noon. There will be prizes, activities and entertainment. For more information, call the base library at 254-7624.

Weed Warriors are needed Saturday, from 8 to 11:30 a.m. Join the Sierra Club, community volunteers and Environmental Compliance and Protection Department staff to remove invasive trees and shrubs from the historic Nuupia Ponds and wildlife wetland habitats on base. Meet at H-3 Gate Pass House parking lot at 8 a.m. From there, volunteers will proceed with Environmental personnel to the work site. The base will provide cotton gloves and tools. Wear old clothes, closed-toe shoes and sunscreen. Bring plenty of water. Expect to get dirty. Letters of appreciation will be issued to all military members. For questions contact Lance Bookless at lance.bookless1@usmc.mil or 257-7000.

MONDAY

The SAT and ACT tests are scheduled

for Monday at 9 a.m. in classroom A of the Education Center.

These college-level entrance exams required by some schools and officer commissioning programs. Available to military personnel only. For more information, call the Education Center at 257-2158.

TUESDAY

The Personal Financial Management Program is offering a class on budgeting, scheduled for Tuesday from 8:30 to 10 a.m. in classroom G of building 220.

Get control of your financial affairs, develop financial goals and develop a budget that will get you on the road to wealth. This workshop is open to all active duty, family members and Department of Defense civilians. Visit www.mccshawaii.com/pfmpworkshops to register for this class. For more information, call PFMP at 257-7783/1232.

The next Lifestyles, Insights, Networking, Knowledge and Skills for Spouses class is scheduled for Tuesday from 5 to 9 p.m. in the conference room of building 244. This event is provided by spouses for spouses to help acquire the knowledge and develop the skills to successfully meet the challenges ahead and make new friends. The class is open to all active-duty Marine Corps and Navy spouses. Reservations are required. For more information, call Marine Corps Family Team Building at 257-2657.

WEDNESDAY

The Personal Readiness Seminar is scheduled for Wednesday from 9 a.m. to 3:30 p.m. in classroom E of building 220. This class helps Marines receive basic personal financial education within 90 days of arrival at their first permanent duty station per Marine Corps Order 1700.37.

Topics include introduction to Personal & Professional Development, income overview, savings and investing, living expenses (wants vs. needs), legal rights and more. Register at www.mccshawaii.com/pfmpworkshops. For more information, call PFMP at 257-7783/1232.

AROUND THE CORPS

Your weekly guide to what's happening around the Corps

East Coast

West Coast



Cpl. Joshua W. Brown | 26th Marine Expeditionary Unit

1st Lt. James P. Salka (right), the executive officer of Company E, Battalion Landing Team 2nd Battalion, 6th Marine Regiment, 26th Marine Expeditionary Unit, is congratulated by Maj. Gen. Brian D. Beaudreault (left), the commanding general of 2nd Marine Division, for receiving the Bronze Star Medal during an awards ceremony aboard Marine Corps Base Camp Lejeune, N.C., Monday. Salka received the Bronze Star Medal with a combat distinguishing device for heroic service in connection with combat operations in Afghanistan.

See <https://www.dvidshub.net/news/165945/marine-with-bl-2-6-awarded-bronze-star#.VXdDSmRVhHw> for full story



Cpl. Brendan King | Marine Corps Air Station Yuma

Brig. Gen. Edward Banta (right), the commanding general of Marine Corps Installations West, presents Lt. Col. Michael Swift, the commanding officer of Headquarters and Headquarters Squadron, with the Chief of Naval Operations Aviation Safety Award for 2014 aboard Marine Corps Air Station Yuma, Ariz., June 4.

See <https://www.dvidshub.net/news/165656/mcas-yuma-awarded-aviation-safety#.VXdetWRVhHw> for full story

Overseas



Cpl. Erik Estrada | U.S. Marine Corps Forces, Pacific

Sgt. Thomas DiOttaviano, a U.S. Marine Corps Forces, Pacific Band Brass Quartet trumpeter, performs at the Ambassador's residence, June 4. The Brass Quartet performed for U.S. Embassy staff and Indonesian citizens at an Independence Day performance that is being held a month ahead of time due to the upcoming month of Ramadhan. This is the first time that the band has played in Indonesia.

See <https://www.dvidshub.net/news/165757/marforpac-band-helps-us-embassy-jakarta-celebrate-4th-july#.VXdFc2RVhHw> for full story



Christine Cabalo | Hawaii Marine

TWO TYPES OF PEOPLE: 3RD MARINE REGIMENT HOSTS RELIEF, APPOINTMENT

Sgt. Maj. Alfonso Via, incoming sergeant major for 3rd Marine Regiment, accepts the sword of office from Col. Timothy Winand, commanding officer of 3rd Marines at Dewey Square, Monday. Via, of Colorado Springs, Colo. was previously the site sergeant major for Marine Air Support Squadron 6 in Chicopee, Mass. He takes the position from Sgt. Maj. Vincent Santiago, (right) of Merizo, Guam. Santiago will be the division sergeant major for 3rd Marine Division in Okinawa, Japan.

PCS season: Moving household goods

Lance Cpl. Harley Thomas
Marine Corps Base Hawaii

It's that time in your career — time for you to change duty stations. You have your departure date. You have your ticket out of Hawaii. You even have a carrier for your dog, Scruffy. But wait a minute ... what are you doing with your belongings, now boxed away and stacked to the ceiling?

During a permanent change of station, many service members may wait to deal with their household goods until the final days of their time in Hawaii. A lot of service members receive their orders months before heading to the Distribution Management Office. By the time many finally get to DMO, they end up waiting longer before receiving their belongings at their new duty station.

Cpl. Victoria Ellis, a household goods clerk with DMO, said visiting her office is one of the first things Marines should do, as shipping their belongings may take anywhere from 36 to 65 days, depending on where they are PCSing. For household goods going overseas, the usual transport time is 60 days; for goods going to the East Coast, 65; Midwest, 55; and West Coast, 45.

"It is important for (service members) to be there for their shipment because they would be the ones to let (the shippers) know if they want something packaged a certain way and to make



Courtesy photo

There are several things to consider when it comes to moving household goods for a permanent change of station. Service members can get information at the PCS and Moving Workshop, coordinated by the Family Member Employment Program and Relocation Services.

sure they're not throwing everything into one box — no one is going to care more about their stuff than the actual person," Ellis said.

The total weight of household goods shipped must be under that service member's weight entitlements, meaning the total amount one can transport, correlating with their rank

and marital status.

Marie Calvo, the program manager of the Family Member Employment Assistance Program and Relocation Services, said that because the average service member typically relocates often during a 20-year career, it's important for service members and their families know how to move and

ship their goods, and what programs are available to them should they remain on the island after their belongings are gone.

Calvo said she encourages service members and their spouses to attend the PCS and Moving Workshop because while they may be able to get the information online or by word-of-mouth, there is nothing better than actually learning it in person.

Run by the Marine Corps Community Services' FMEAPRS, the workshop provides further information regarding the shipment of one's household goods or personally owned vehicle, and the usage of programs such as the Lending Locker.

The workshop also provides an opportunity to talk to various department representatives, such as the Finance Office, Legal Assistance and the Personal Financial Management Program. Registration is required, but service members do not need their orders to attend and may attend the workshop multiple times, if desired.

The next PCS and Moving Workshops are scheduled for June 24 and July 8 from 8 a.m. to noon. Classes are held in classroom 7 of building 1090. Registration for the workshop is required. Orders are not required to attend. For more information regarding the PCS and Moving Workshop, call 257-8354 or visit mccshawaii.com/trpworkshops.

EOD Marines make summer reading program a blast

Kristen Wong
Hawaii Marine

HONOLULU — Families gathered on the lawn Saturday morning in front of the Hawaii State Library to meet super heroes dressed in spandex, bright colors, uniforms — and bomb suits.

Marines from Marine Corps Base Hawaii's explosive ordnance disposal department brought their equipment to the Super Hero Bon Dance, an event that this year helped kick off the state library's summer reading program, which features a "heroes" theme. This year was unique, because the library's previous bon dances were not usually paired with the kickoff event for the reading program.

The library staff initially approached the base to coordinate the Marines' participation for the kickoff.

"The Marines are among our military's heroes," said Paul H. Mark, the public information officer for the Hawaii State Public Library System. "The Marine Corps Base Hawaii's Explosive Ordnance Disposal Team was selected not only because they are special military heroes but also because they are 'real-life' heroes who put their lives at risk protecting us from harm."

This isn't the first public



Photos by Kristen Wong | Hawaii Marine

Gunnery Sgt. Raymond Conard, operations and training chief for Marine Corps Base Hawaii's Explosive Ordnance Disposal, shows Tyler Endo how to use the MK 1 Mod O PackBot during the Super Hero Bon Dance at the Hawaii State Library, Saturday.

visit for the EOD Marines, who have also brought their equipment to demonstrate at Wayland Baptist University.

"It's always good to build relations in the community," said Gunnery Sgt. Raymond Conard, the operations and training chief at EOD.

The Marines set up on the side of the library with firefighters and police officers in an area designated Hero Alley. From there, Conard initially sent the MK 1 Mod O PackBot to pick up loose trash on the sidewalk.

"(Displays at events) really helps the public to see what kind of things the Marines do," said Roosevelt High School student Jordan Sun, who tried out the MK 1 Mod O PackBot. "Marines are cool (and) very interesting."

Sun, 16, is a member of the Roosevelt Junior Reserve Officers' Training Corps, and volunteered with his fellow class-

mates at the Super Hero Bon Dance. The Honolulu resident said while meeting the Marines on Saturday, he learned about enlistment and EOD jobs. He said he plans to join the Marine Corps as an officer after college.

Sgt. Ethan Downs, a Marine training in EOD, and Sgt. Gerardo Muro, an EOD technician, put on heavy, dark green bomb suits, each weighing 64 pounds, and a

13-pound helmet. Downs and Muro walked out to the lawn and took pictures with attendees.

As the morning progressed, more families visited Hero Alley. Members of the public, particularly children, waited for a chance to control the MK 1 Mod O PackBot or the MK 2 Mod O TALON.

For the fourth consecutive year, the public gathered at the large lawn for the bon dance, visiting various booths and enjoying refreshments and activities. Several members of the library staff were on hand to help people register for the program, while costumed volunteers from Hawaii Hero Alliance and the Pacific Outpost of the 501st Legion made their rounds and posed for photo opportunities.

"The Marines were very responsive and accommodating to our request," Mark said. "We are very happy that they accepted our invitation to participate and their presence helped make our Super Hero Bon Dance event a resounding success."

In keeping with the Japanese tradition of the Obon Festival, a summer observance honoring one's ancestors, coordinators incorporated elements of the bon dance into the event to honor another type of super

hero — those who've come before us.

"We wanted to create a dynamic and memorable event for this year's Summer Reading Programs' kickoff, and what better way to celebrate our 'heroes' theme in Hawaii than to combine it with a 'live' bon dance and super heroes," Mark said.

There was a small stage in the center of the lawn representing the typical yagura, or bandstand, which is usually a higher tower-like structure for the musicians. The public was encouraged to wear traditional Obon season dress: happi coats and yukatas, or summer kimonos. People circled the "yagura," dancing to music.

The program, which runs from May 31 through July 18, caters to readers of varying ages, depending on the location. Participants must complete one book a week to receive an incentive, while supplies last, at their local library. Though this main event kicked off the program statewide, each of the state's 50 public libraries is also hosting smaller events for the program.



Kaleoakalani (second from left) and Keoni Kuhia pose with Downs and Muro.



ABOVE: Luke Herring meets Sgts. Gerardo Muro and Ethan Downs from Marine Corps Base Hawaii's Explosive Ordnance Disposal, wearing bomb suits. LEFT: Conard shows Maegan and Kaedan Lee how to use the MK 1 Mod O PackBot.

Preparing MCBH for hurricane season

Lance Cpl. Harley Thomas

Marine Corps Base Hawaii

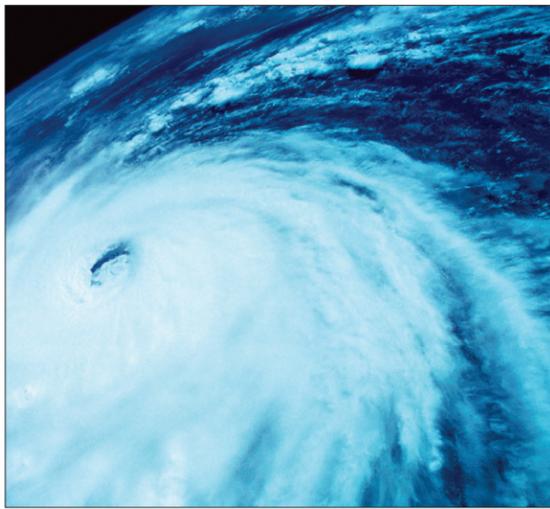
While Hawaii may not have been hit by the eye of a major hurricane since 1992, when Hurricane Iniki caused nearly \$2 billion worth of damage to the island of Kauai, the Marine Corps Base Hawaii community should still be prepared.

Hawaii's hurricane season spans from June to November and is a perfect time for service members and their families to prepare for a natural disaster. To begin preparing, they should build an emergency kit and make a family communication plan, a way for one's family to communicate if they are separated when disaster strikes.

"Hurricanes can cause life and property-threatening (hazards) such as flooding, storm surges, high winds and tornadoes," said the Hawaii Red Cross in a hurricane awareness press release. "(We) recommend that residents update their family evacuation plan, emergency preparedness kit and get better prepared. Preparation is the best protection against the dangers of a hurricane."

"Ready," a national public service advertising campaign designed to educate and help people prepare for all emergency situations, stated that one of the first things people should do when preparing for hurricane season is know their surroundings and the area around their property. This way, people may better understand how it will be affected when storm surge or tidal flooding are forecasted.

"Learn the elevation level of your property and whether the land is flood-prone, as well as identify levees and dams in your area and determine whether they pose a hazard to you," the website states. "It's also important to learn community hurricane evacuation routes and how to find higher ground, as those will help determine where you would go and how you would get



Courtesy photo

Hawaii's hurricane season spans from June to November. Ready.gov and Hawaii Red Cross define hurricanes as severe tropical storms that "can cause life and property-threatening hazards, such as flooding, storm surges, high winds and tornadoes."

there if you needed to evacuate."

For MCB Hawaii, the evacuation shelters include: the Chaplain Joseph W. Estabrook Chapel, the Semper Fit Center gym, the bowling alley, Kahuna's and the base theater. Community members are advised to move inward, away from the coast.

"Ready" also stated that, should a natural disaster occur, it's important to make sure personal property is secure.

"Cover all of your home's windows," the site states. "Permanent storm shutters offer the best protection for windows. Another year-round option would be instal-

lation of laminated glass with impact-resizing glazing. Bring in all outdoor furniture, decorations, garbage cans and anything else that is not tied down."

Members of the community should also make an emergency preparedness kit ahead of time, including a portable, water resistant container and enough supplies to last a week.

"Check your kit and replace perishable stock every six months," the Hawaii Red Cross stated in their press release. "Whether you purchase a kit or choose to build your own, your seven-day kit should include: one gallon of water per person, per day; non-perishable food items, as well as a manual can opener; a battery-powered or hand-crank radio, flashlight and plenty of extra batteries; a first aid kit; prescription and non-prescription medication items, including medical supplies like extra hearing aid batteries or syringes; copies of important documents, including birth certificates, insurance policies, a medication list and pertinent medical information, proof of address, deed to the home and social security cards; extra cash; blankets or sleeping bags per person; pet supplies and maps of the area."

It is recommended that every household meets together to develop a household disaster plan. The plan should include two meeting places, one outside your home and one outside your neighborhood, advanced preparations for your pets, an out-of-area contact person and an evacuation route.

"By taking a few simple actions like making an emergency kit and a family plan, you can prepare for hurricanes and other emergencies," said Coralie Matayoshi, CEO of the Hawaii Red Cross. "Even if you took action to prepare last hurricane season, it's important that you revisit and update your communication plan and check your kit for expired items. Being prepared in advance can be a lifesaving measure when a storm threatens our islands."

Get connected with MCB Hawaii mass notification system

Press Release

Emergency Operations Center

Hurricane season started June 1 and will continue until Nov. 30. Marine Corps Base Hawaii has the ability to contact you during an emergency with important information. For example, if a hurricane is headed toward MCB Hawaii, Installation Protection personnel can send an alert that will warn the base community. Alerts can also provide valuable information such as shelter locations and safety precautions.

To get connected please complete the following steps:

1. Download the AtHoc Notifier app (it's free) from the Google Play or Apple App stores. There is no app for Blackberry at this time.
2. Register with the email address of the active duty service member or Department of Defense civilian employee. For example: junior.marine@usmc.mil. Dependents can enter in their sponsors base email account.

Personal email accounts (gmail, Hotmail, aol, etc.) will not be accepted.

3. A verification will be sent to the email account provided. Active duty service member or DoD civilian employee must verify the request via their work email. Dependents will need to coordinate with their sponsor to verify the request in their email.
4. Open the AtHoc Notifier app from your smartphone. Enter your organizational code. For Kaneohe Bay personnel: kaneohebay.mil. For Camp H.M. Smith personnel: campsmith.mil

By utilizing this app you will be given the most up-to-date information in an emergency. If you have any questions of concerns, please contact:

Aleena O'Connor
Installation Protection
257-8460
aleena.oconnor@usmc.mil

A 'SHOE-IN' TO WIN



Photos by Kristen Wong | Hawaii Marine

ABOVE: Ryan Anderson, a Marine Aviation Logistics Squadron 24 Sailor, attempts to earn more points for the "Lava Java Burritos" team. Participant Joshua Shannon, a Marine with Air Rescue Firefighting at Marine Corps Air Station Kaneohe Bay, waits his turn during the 101 Days of Summer Horseshoe Tournament at Riseley Field, Wednesday. **BELOW:** Participant Shayne Rollings, a MALS-24 Sailor, takes his turn in the tournament.



Christine Cabalo | Hawaii Marine

Members of 1st Battalion, 3rd Marine Regiment dredge through the mud in Nuupia Ponds to haul out a log polluting the area during a cleanup held Monday.

CHANNEL, from A-1

collecting dumped items both big and small. The high school students, all with Junior Reserve Officers' Training Corps and visiting the base for the week, gathered the collected trash into bags.

"We powered through parts that were particularly tough," said Capt. John Steele, remain behind element officer in charge, 1st Bn., 3rd Marines. "It was easier to keep on the line, throwing (trash) up on shore or putting it into a trash bag we kept on shore."

A trio of JROTC students from Kailua High School took the extra step of getting into the hip-level water to pull out items and scout ahead of the main group. James Higgins, Lloyd Salas and Logan Hinshaw, pulled out a car seat, bottles, electric fans and other abandoned gear.

"It was very convenient having the students help us," said Sgt. Christopher Longhenry, a member of 1st Bn., 3rd Marines who helped move the logs and worked in the channel. "We could focus on searching and getting things out while they could bag it up. We didn't have to split up a lot of time working in water."

Bookless said the channel collects water drained from base housing and other nearby areas, so it's important to keep lawns neat to avoid items being swept away. He said dumping in the channel is a federal crime and he hopes more people become aware of the problem.

Both Steele and Longhenry said they were shocked to pull out as many dumped items as they did. Among the found items were a stereo speaker, three pairs of military combat boots, a camping stool, an office chair and six bicycles.

"I didn't realize a lot the things were in there due to normally high water level," Steele said. "We found speakers and a lot of abandoned trash that shouldn't be there. It was interesting experience for us, but the take away is don't throw anything in the channel. Otherwise you or your buddies will be taking it out later."

UP, from A-1

exiting or my body position (when I jump)," Holt said. "As you get more comfortable in the helicopter you are able to take in the view and appreciate it."

Sgt. Ryan Mulrooney, the team leader, said there isn't anything quite like free falling.

"I'm always a little nervous when I jump but it's just awesome," the Los Angeles native said. "There is no other way to describe it, it's the ultimate rush."

Mulrooney said the process of jumping is simple. Once someone is strapped in they must repeatedly check the gear and deploy at the right time. The preparation is the hardest part; the rest is just falling down, he said.

"You're doing checks the whole way down," Mulrooney said. "You need to check that the pilot chute, the reserve pack rip cords (and handles) are all in place. Checking all your gear is important because if anything goes wrong you need to know what you have and where it is."

That's just a few of the things to check for during low-level static line jumps.

"You (also) have to remember to check the altimeter while falling," Holt said. "If you forget, for say five seconds, you (may be drastically) lower than you (think) and (might not be able to) deploy in time. Missing



Cpl. Khalil Ross | Marine Corps Base Hawaii

Sgt. Samuel Keaulii, a reconnaissance dive chief with 4th Force Recon, dives head first out of a UH-1Y Huey helicopter 10,000 feet in the air at Marine Corps Air Station Kaneohe Bay Monday.

just one of the steps can be catastrophic to an operation. It is all very (meticulous); even handing off of the rope can be extremely (critical)."

The company is a reservist

reconnaissance detachment based out of Alameda, Calif. The Hawaii detachment conducts training on island and across the Pacific region, as well.

CROSS, from A-1

"Regardless of any sort of award, buildings or ships being named after him, it doesn't take away from the sense of pride that we all share," Ricardo said. "Those of us that have worked beside him and worn the uniform have a sense of pride (and nothing can take that away)."

Ricardo also said his brother didn't care about medals or decorations; he just wanted to serve as an infantryman.

"In the end, Navy Cross, Medal of Honor, it doesn't matter," he stated. "It's all good."

Staff Sgt. Adam Morrison, one of the

Marines with Peralta when the grenade detonated, stated that if it wasn't for Peralta's actions, he would have been fatally wounded.

The Peralta family said they have appreciated the support the Navy and Marine Corps has given in order to preserve the memory of the fallen warrior.

Peralta's legacy will live on through the stories and memorabilia left behind. This fall, the U.S. Navy will christen an Arleigh Burke-class destroyer with his name, and his battle-worn rifle along with a letter written to Ricardo will be displayed in the National Museum of the Marine Corps in Quantico, Va.

Sports & Lifestyle



Photos by Lance Cpl. Aaron S. Patterson | Marine Corps Base Hawaii Combat Camera

Marines with Weapons Company, 2nd Battalion, 3rd Marine Regiment, participate in the tug of war competition against Fox Company, 2nd Bn., 3rd Marines, during the battalion's first Warrior Games at the volleyball court aboard Marine Corps Base Hawaii, June 5. The "Island Warriors" created the inaugural Warrior Games.

Let the 'Island' Warrior Games begin

Cpl. Adam O. Korolev
Marine Corps Base Hawaii

Marines with 2nd Battalion, 3rd Marine Regiment, met at Riseley Field June 5 for the first installment of the Warrior Games before departing for their unit deployment program to the Pacific.

The Warrior Games consist of various team and individual events, such as the tug of war and the "Cindy," an event which requires Marines to do as many pushups, pull-ups and air squats as they can and a 15-kilometer relay race. Weapons Company is currently in the lead with the most points.

According to Pfc. Gregory Lovick Jr., a rifleman with Echo Co., 2nd Bn., 3rd Marines, the team building event provides Marines, who may deploy in the future, a chance to test their physical and

mental capabilities.

"This shows which companies have the most physically and mentally strong Marines," the Detroit native said. "It's a good time and it shows which Marines are willing to (persevere)."

Although Lovick didn't do as well as he wanted to, he said he enjoyed himself and understands that while each person excels in a particular skill, collectively, Marines can achieve a lot.

"I don't feel too good (about) this event," Lovick said of the one he was participating in. I didn't volunteer for it, and would have preferred to do an event I am more capable in, like running or sports events. Upper body strength isn't my strong point, but I am having fun and this builds unit morale. It forces (our units) to push each other and allows for us to get

used to each other before we go on deployment."

The Warrior Games will be going on through 2nd Bn., 3rd Marines' deployment, and will vary in events.

"This is the first installment of the games," said Cpl. Cody Negrette, the operations chief for Golf Co., 2nd Bn., 3rd Marines. "It includes events ranging from pugil sticks and basketball to chess, to see who may be the most intelligent team."

Negrette, a Phoenix native, also competed in the "Cindy" and tug of war.

"We are doing this to decide who has the best strength, endurance and unit morale," he said. "We are (slated) to go to a lot of Asian Pacific countries. This is good for the units because it increases morale, and gives (the winner) bragging rights."



A Marine competes in a relay race during the Warrior Games. Weapons Company is currently in the lead.

SURFERS CATCH WAVES AT ALL-MILITARY SURF CLASSIC



Jay Parco | Marine Corps Base Hawaii

EWA BEACH, Hawaii — A competitor catches a wave during his heat at the annual Hawaiian Island Creations and Quiksilver All-Military Surf Classic at White Plains Beach, Saturday. The competition was open to all active-duty service members, reservists, retired, Department of Defense civilians and dependents. Participants could enter one of four divisions: DoD long board, DoD short board, active-duty military long board and active-duty military short board.

AT EASE



Your weekly dose of non-mandatory fun in Hawaii Marine

As you unwind reading the paper at breakfast, wait in the lobby of the doctor's office or ride the bus home, check out "At Ease" for some stress relief. Look no further for a funny story, a comic or a puzzle. Are you a budding journalist? Do you have some witty stories, movie reviews or insightful columns our base readers might enjoy? Email your submissions to hawaiimarineeditor@gmail.com. Please keep your submissions approximately 500 words, and make sure to include your first and last name along with a title for your article. Hawaii Marine staff reviews content and edits submissions. No explicit content, graphic language or topics inappropriate for a general audience will be accepted. If you have any questions, feel free to call 257-8837.

The Meat and Potatoes of Life: The Realities of Now

Lisa Smith Molinari
Submission

Back then, you danced. I mean you really danced.

During your 20s and 30s, you'd hear a song that would make you spring to your feet. Channeling the beat of the music through gyrating torso and limbs, you swung your hair in loop-de-loops just for laughs. Rivulets of sweat trickled down your back, and when your evening was done, you slept like a rock.

You danced often. At cousins' weddings. At military balls. On Friday nights with good friends who came over for dinner and didn't end up leaving until 1 a.m. At bars or nightclubs you were still young enough to patronize without looking pathetic.

Now, in your 40s and 50s, dancing just isn't the same.

For the most part, you sit and watch. But every once in a while, like an old dog who's feeling frisky, you give it a go. A really good '80s song fools you into believing you've still got it, so you shuffle to the dance floor doing a sort of pre-dance — biting your bottom lip with one fist pumping in the air — that signals everyone else to pay attention.

Once positioned, you begin, but soon realize that your body doesn't dance spontaneously like it used to. You must deliberately recall the moves

that used to come so freely, as you awkwardly recreate "The Roger Rabbit," "The Van Halen Jump" and "The Hair Swing" from faded memory. Eventually, thirst and a twinge of humiliation prompt you to go back to your seat.

Later, in the wee hours, you bolt awake when your calf seizes up with cramps. In the morning, you discover that you have a kink in your neck and won't be able to turn your head to the side for four or five more days.

Back then, in your 20s and 30s, you and your spouse were still discovering yourselves and setting standards for your life. "Perhaps we're the kind of people who surf, play the harmonica in a coworker's band, bake gourmet biscotti, ride Harleys or run marathons?"

"When we buy or rent a home, we will absolutely insist on stainless steel appliances. We'll use the china from our wedding registry every Thanksgiving. Romance will not be diminished when we have kids. Our children will be born using the Bradley Method, they will only eat homemade organic baby food, and will strictly adhere to a system of marble jar behavior rewards as set forth in the June issue of Parenting Magazine."

Now, after decades of adulthood, your days of self-discovery are behind you. Life happened, and you were too busy working, paying taxes, raising kids, coping with deployments and keeping your marriage intact to both-

er with building your identity. In the process, you simply became who you are, naturally.

Today is my 49th birthday.

My husband has been in the Navy for 27 years. Our base house has mismatched appliances and tumbleweeds of dog hair. I drive a minivan and take fiber supplements. My husband is bald and falls asleep in his recliner. I haven't seen our wedding china since we boxed it for storage before an overseas move seven years ago. The money we dreamed we might spend on exotic travel and trendy décor ended up being used on braces for our three kids, mortgages, fan belts, plumbers' bills and college funds. Our idea of a great Friday night is fire-pitting with the neighbors and still being in bed by 11 p.m.

Life isn't as we imagined it back then, but believe it or not, we're happier than we could have dreamed.

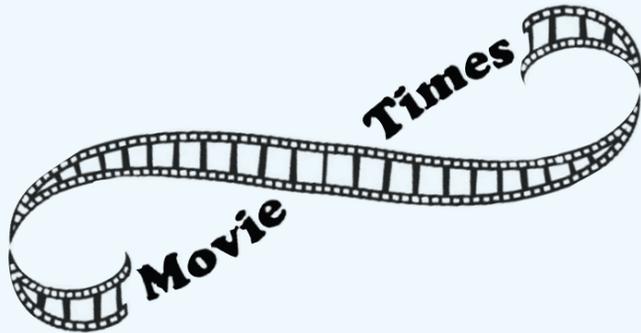
You see, after more than two decades of marriage, parenting and military life, I may not dance all that much anymore. But I've gained the wisdom to know that it's the love of family, the companionship of friends, the honor of military service and the richness of life experiences that really matter.

So today, when people tell me, "Happy Birthday!" I say to myself, "Bingo."

www.themeatandpotatoesoflife.com



Lisa Smith Molinari is an award-winning syndicated columnist, author, blogger and speaker. After earning a coveted spot on the Law Review and graduating cum laude from law school, Molinari was on top of the world, envisioning a future that included promotions and partnerships. What she didn't know was that she would fall in love with a military man, have a bunch of kids, move all over the world, and neglect her legal career to manage their hectic military life. One of her essays got published in "The Washington Post," and the rest is pretty much history. Molinari and her family are currently stationed at the Naval War College in Newport, R.I.



Prices: All shows are \$5 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 years and older and defines a child as a patron from 6 to 11 years old. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.

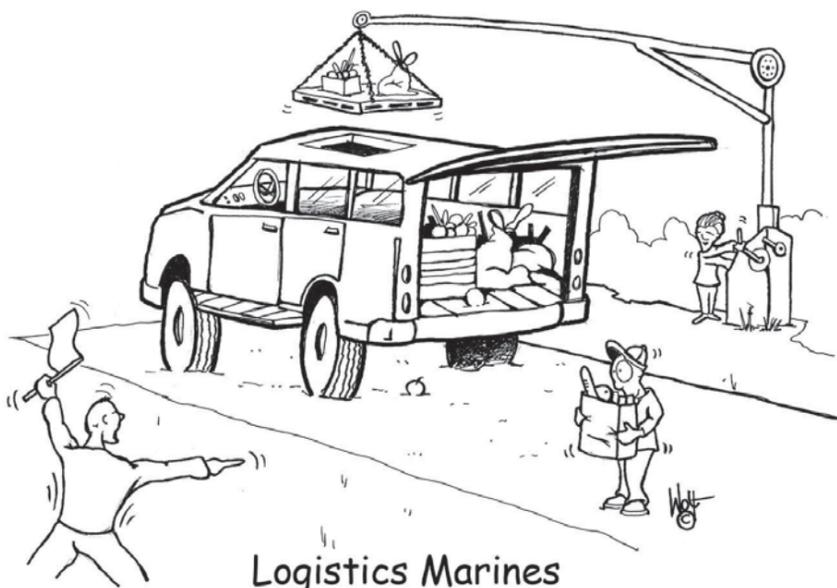
- "Hot Pursuit" PG-13 Today | 6:30 p.m.
- "Mad Max: Fury Road" R Today | 9:15 p.m.
- "Pitch Perfect 2" PG-13 Saturday | 6:30 p.m.
- "The Water Diviner" PG-13 Saturday | 9:15 p.m.
- "Pitch Perfect 2" PG-13 Sunday | 2 p.m.
- "Mad Max: Fury Road" R Sunday | 6:30 p.m.
- "Mad Max: Fury Road" R Wednesday | 6:30 p.m.

Created by: GySgt Charles Wolf (USMC, retired)

SEMPERTOONS

THE GREATEST MARINE CARTOONS ON THE PLANET!

"Operation Commissary is a GO!!!!..Steady...., UP...Steady...., Good...! NOW,...You there,..."Cargo Transporter"...., proceed to the pantry!!"



SUDOKU

		8	6		9		5	
				4				8
				8			6	
7	1			6				
			3					5
2			7		5	6		
	4	2						3
					1			
6			4	3		9		1

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	5	7	4	3	8	9	2	1
3	8	9	2	7	1	5	4	6
1	4	2	9	5	6	8	7	3
2	9	3	7	1	5	6	8	4
8	6	4	3	9	2	7	1	5
7	1	5	8	6	4	2	3	9
9	7	1	5	8	3	4	6	2
5	2	6	1	4	7	3	9	8
4	3	8	6	2	9	1	5	7

ANSWER:

Get your feet wet with summer swim lessons

Kristen Wong

Hawaii Marine

Andrew Thiel is soaking from head to toe, his eyes hiding behind a small pair of clear goggles, and he has the biggest smile on his face, waiting for his cue.

“Duck dive!” calls his swimming instructor, L.J. Szalai.

The 3-year-old plunges beneath the water like a duck searching for fish. For Thiel, it’s the best part of his Tuesday swimming lessons at the base pool this summer.

Though swimming lessons are also offered in the spring and fall, summer is the busiest time, according to Szalai, an American Red Cross water safety instructor certified swim instructor at the base pool.

Szalai has been with the base pool for about a year and a half and has been a certified lifeguard for 12 years.

As a swim instructor, she said she enjoys seeing the children get excited about learning something new and seeing the parents feel relieved to see their children swimming.

Group lessons are available twice a week for eight sessions. The next eight-session swimming lessons run from July 7 through 31. Patrons can choose between a Tuesday-Thursday schedule or Wednesday-Friday schedule for the sessions, which are generally held between 11:55 a.m. and 5:10 p.m. The next series of three-session swimming lessons runs from July 11 through 25. The three-session lessons are offered on Saturdays.

Active duty service members and patrons with sponsors of varying ages are eligible to register for swimming lessons. There are six different skill levels offered. Patrons may take private, semi-private or group lessons.

Each type and level is offered at different times. During “Learn to Swim 2” for instance, students learn techniques such as how to float on their back and front, while during “Learn to Swim 5” students learn how to dive from a kneeling and standing position.

Szalai recommends students bring goggles and sunscreen when arriving for lessons. During the winter months, she reminds patrons that the pool tends to be colder, and outfitting children in



Kristen Wong | Hawaii Marine

L.J. Szalai, water safety instructor certified swim instructor, engages in a swimming lesson with Andrew Thiel, 3, at the base pool, Tuesday. Swimming lessons are available at the base pool during the summer.

wetsuits encourages them to stay in the water longer. The base pool has other equipment available for use, such as kickboards and water toys.

“I think (swimming is) a great life lesson especially on an island surrounded by water,” Szalai said. “I try to get everyone in just to learn basic floating survival techniques just to help in any case of emergency especially out here. It’s definitely something you want to put your younger kids in and keep them going. I (also) encourage (adults) to learn if they don’t know.”

The thought of swimming may be daunting for some, regardless of age. Szalai advises first-time swimmers to “stick with it” and practice.

“Always give it a try,” Szalai said. “(Practice), that’s all it is.”

Szalai recommends that adults sign up for private lessons. Private lessons are on a first come, first serve basis, and slots for private lessons tend to fill quickly.

Those taking swimming lessons might surprise you. She said sometimes, active duty service members have come in for swimming lessons when they want to work on techniques for swim qualification.

For more information about swimming lessons, call the base pool at 254-7655 or visit mccshawaii.com/aquatics. Brochures found online and at the base pool give details about pricing for each type of lesson.

BASE POOL HOURS

March through October

Monday CLOSED

Tuesday through Friday

11 a.m. to 1 p.m. Lap swim
1 to 6 p.m. Lap/Open swim

**Saturday/Sunday/
Holiday**

Noon to 5 p.m.
Lap/Open swim

Finding a balance between Corps, culture

Cpl. Adam O. Korolev

Marine Corps Base Hawaii

Asian Americans and Pacific Islanders dominate the demographics of Hawaii. Their rich, cultural heritage is found not only in Hawaii, but all over the world. Like most commemorative months, Asian-Pacific American Heritage Month began as a congressional bill. It was signed in June of 1977, and the first 10 days in May were designated as Asian Pacific Heritage Week. It wasn't until President George H.W. Bush's term that the commemorative week was extended to its current place on the calendar.

Among the Pacific Islanders on Oahu wearing the Marine Corps uniform is Sgt. Aysia Acfalle, an administrative chief with the Base Inspector's Office aboard Marine Corps Base Hawaii. She was born at Naval Medical Center San Diego, and comes from a family with a military background and strong Guamanian roots. She found herself following in her father's footsteps by balancing the Marine Corps traditions and ethos with her native culture.

"A lot of my family members were Marines," Acfalle said. "My dad is a former Marine, who served in Operation Desert Storm, and my brother is a Marine."

Acfalle moved to Guam as a child, and after spending a considerable amount of time there, adopted many of the common traditions and courtesies indigenous to the Pacific Islands before returning to the U.S.

"There are a lot of (customs) in Guam that I didn't really see in the U.S.," Acfalle said. "(I saw more) holding the door open for people, giving the proper greeting, and saying hello (to somebody) you don't know."

Fortunately for Acfalle, the Marine Corps' chivalry instilled within Marines meshes with some of her heritage's. However, some do not, and she must find ways to marry institutional expectations with personal ideals.

"I find myself struggling with the age (barrier)," Acfalle said. "In my culture, anything an adult or elder says goes. You don't argue with it, that's just how it is. In our culture, age is the



Photos by Cpl. Adam O. Korolev | Marine Corps Base Hawaii

ABOVE: Sgt. Aysia Acfalle, an administrative chief with the Base Inspector's Office aboard Marine Corps Base Hawaii, finishes work at her computer on Wednesday. Acfalle, a Guamanian, found that by balancing her heritage's customs with the Marine Corps' ethos made her a more open minded Marine when dealing with others.

RIGHT: Acfalle, an avid weightlifter, joined the Marine Corps because of its physical fitness standards, and believes that it is important to maintain health and fitness.

rank structure."

It is not uncommon for a service member within any branch of service to rank higher than somebody older and at times, the age gap can be considerable.

"When I joined the Marine Corps, my first challenge as a young corporal was when I had a 35-year-old lance corporal under my charge," Acfalle said. "I found it difficult telling somebody who is older than me what to do."

Through her own experiences, Acfalle remedies this internal conflict by being open-minded and unassuming of Marines. Young or old, she realizes that everybody has their own experiences.

"(I) have to be respectful of those older than me, because although

they're a (lower) rank than me, they have experienced more in life than I, and I use that as a tool," she said. "Although the Marine Corps is a (non-stop) commitment, there are a lot of things in life that you can implement into your Marine Corps life. Whatever (my elders) have learned through their life, that I wasn't even alive for, they can share that with me and allow me to be a better Marine."

Marines from all walks of life, ethnic backgrounds and cultures tie the Marine Corps together, forming a homogenous fighting force. The Marine Corps prides itself on its obedience to orders and its traditional background, however that does not mean Marines have to sacrifice their heritage. Rather, they must find a balance.





Photos by Staff Sgt. Matthew F. Orr | Marine Corps Base Hawaii

ABOVE: High school students attempt to complete a team-building mission at the Leadership Reaction Course at Boondocker Training Area aboard Marine Corps Base Hawaii, Tuesday. A total of 60 students in the Junior Reserve Officers' Training Corps visited as part of a weeklong Cadet Leadership Course.

RIGHT: A team of students in the JROTC attempt to move several boards across a designated area during the LRC. The students also toured the base's training simulators and assisted in cleaning out Mokapu Central Drainage Channel during their weeklong visit.



JROTC students discover Corps lifestyle

Christine Cabalo

Hawaii Marine

Sixty high school students stepped out of the classroom to learn a lesson from Marines during a weeklong visit to Marine Corps Base Hawaii, which concludes Saturday.

The students were part of the Cadet Leadership Course, a summer program for high school students in the Junior Reserve Officers' Training Corps. The majority of participants were from Oahu high schools with an Air Force-affiliated JROTC. Three visiting students came from Federal Way High School in Federal Way, Wash. and were chaperoned by an instructor formerly based in Hawaii.

"Although we're an Air Force-affiliated group, we really appreciate the great hospitality the Marines have provided," said retired Air Force Lt. Col. John Sykes, the senior aerospace science instructor at Kaiser High School. "They roll out the red carpet and provide our students with really cool training opportunities."

Students had a hands-on look at Marine Corps operations for the six-day visit. The group stayed in barracks used by visiting foreign military units and ate alongside Marines at Anderson Hall Dining Facility. While on base, the cadets completed routine morning physical training and interacted with several base units.

Cadets learned about the many career paths in the Marine Corps and developed their leadership skills. Waterfront Operations taught the group about Mokapu Peninsula and its

security protocol. The cadets saw aircraft in action with personnel from Marine Aircraft Group 24. The group also toured and practiced with training simulators on base.

The students also had the opportunity to try out physical tasks Marines take on during training. They handled physical obstacles while building problem-solving skills in the Leadership Reaction Course at Boondocker Training Area.

"(The LRC) is a good opportunity to challenge the cadets mentally and physically," said retired Air Force Lt. Col. Ted Pierson, the senior aerospace science instructor at Kailua High School and who assisted in coordinating the events for the Cadet Leadership Course. "They met (the day before) and had to come together as a team. With the nine schools we have participating, one person from each school was on each team for the course."

The group tested their strength running the base's obstacle course and practiced principles of the Marine Corps Martial Arts Program with members of Headquarters Battalion. With a final task of taking to the skies with flight instructors out of Honolulu International Airport today, the group is scheduled to graduate Saturday.

"They thrive with hands-on activities," Sykes said. "(The cadet's) reaction (to these activities) is great versus only having lectures."

The course runs every two years. Due to high demand, students are only allowed to participate in the course once in their high school career. T.J. Tigley, a 15-year-

old student from Kaiser High School, said he's thankful for the opportunity to see Marine Corps operations up close.

"I think this will have the biggest impact on our skills and leadership," Tigley said.

While they were visiting, the students took the time to help the base community by assisting members of 1st Battalion, 3rd Marine Regiment with the cleanup of the Mokapu Central Drainage Channel. On the first day of the course, the students rolled up their sleeves to collect and clear debris. The community service project was just as significant to complete as the rest of the activities during the week for Hanamei Shao, a 15-year-old Kaiser High School student.

"An important part of leadership is serving the community," she said. "Getting this experience makes it even more meaningful for us to be here."

Shao, aspiring to be an Air Force

pediatrician, said JROTC is great to join.

"You meet cool people and have a lot of fun," she said. "This has helped us grow and accept more responsibilities."

For other students looking to the join the Marine Corps, the course offered a glimpse at a future military occupational specialty. Brandt Kohrer, a 17-year-old student from Kapolei High School, said he plans to join the Corps after he finishes college. Kohrer said he would be the first Marine in his family and hopes to be an infantry officer. Like several students in the course, Kohrer said he was amazed at the Marines' dedication and attention to detail.

"Halfway through my JROTC program, as I was looking at the Marine Corps career programs, I thought, 'This is my kind of lifestyle,'" Kohrer said. "The Marines treat everything importantly. There's orderliness, pride in being on time and great camaraderie."

COMMUNITY BRIEFS/VOLUNTEER OPPORTUNITIES

Enjoy rides, games, more at 50th State Fair

The annual 50th State Fair is scheduled to open its doors today starting at 6 p.m., Saturday at 4 p.m. and Sunday at noon, at the Aloha Stadium in Honolulu.

Remaining dates for the summer include June 19 through 21, June 26 through 28 and July 3 through 5. There are games, rides, entertainment and more. For more information about parking and admission fees, visit www.ekfernandez.com/events/50th.asp.

McCully-Moiliili Public Library screening ‘The Maze Runner’

McCully-Moiliili Public Library is hosting a free showing of “The Maze Runner” Saturday at 10:30 a.m.

Staring Dylan O’Brien, Kaya Scodelario and Will Poulter. This 113-minute movie is rated PG-13 and is suitable for ages 10 and older. Free popcorn and fruit punch will be provided, courtesy of the Friends of the McCully-Moiliili Library. For more information, call 973-1099.

Families welcome at UH Kids First Film Festival

The University of Hawaii “Kids First!” Film Festival is scheduled to show “Belle and Sebastian” Sunday from 3 to 5 p.m. in the Art Auditorium building of the UH-Manoa campus in Honolulu. Admission is free, and on a first come, first serve basis. Doors open at 2:30 p.m. The next movie in this film series is an animated German film called “The Seventh Dwarf,” scheduled for June 12. For more information, visit www.summer.hawaii.edu/kidsfirst.

Volunteer to assist with Heeia Estuary Restoration

Hui o Koolaupoko is looking for volunteers for the Heeia Estuary Restoration Project Saturday from 9 a.m. to noon at Heeia State Park on 46-465 Kamehameha Highway. The project is aimed at improving water quality and increasing habitat for native aquatic animal species by removing invasive

plants and replanting native Hawaiian species along a portion of the Heeia Stream estuary.

This year’s workdays are also the second Saturday of August, September, October and December. Volunteers under age 16 must have adult supervision. Participants under the age of 18 attending without their parent or legal guardian must bring a signed waiver. All others will sign the waiver upon arrival. For more information, visit www.huihawaii.org/get-involved.html.

What to bring:

- closed-toe shoes (required)
- attire to get wet and muddy
- water bottle
- sun/rain protection
- towel
- change of clothes, bag for dirty clothes

Enjoy bluegrass music at Kaneohe Public Library

The “Li’l Bluegrass Shack Band,” consisting of five musicians, is scheduled to play traditional bluegrass and discuss its’ roots in American music, Wednesday at 6:30 p.m. at the Kaneohe Public Library.

Bluegrass music is a form of American roots music, and a subgenre of country music. Inspired by the music of Appalachia, it has mixed roots in Irish, Scottish, Welsh and English traditional music, and also later influenced by the music of African-Americans through incorporation of jazz elements. This one-hour program is suitable for all ages. Young children must be accompanied by a parent or caregiver. For more information, call 233-5676.

Mustang Road Show for Wahiawa Annex scheduled

After meeting Marines and Sailors during its first two Mustang Road Shows, the Navy Mustang Association Hawaii Chapter will complete its first series of road shows this month, June 18 from 12:30 to 4 p.m. at the Hale Anue Nue building on the Joint Base Pearl Harbor-Hickam’s Wahiawa Annex. The show is primarily for Sailors and

Marines assigned in Wahiawa, but also for Sailors or Marines who may have missed previous opportunities at JBPHH or at Marine Corps Base Hawaii.

In two shows to date, more than 220 Sailors and Marines have attended, to learn about enlisted to officer commissioning programs.

An added benefit of the road shows for future and/or potential applicants, is the additional support being provided by on-island Mustangs (prior-enlisted Officers) and Mustang-selectees (enlisted personnel recently selected for commission) attending the road shows as well. Those attending Mustangs and selectees have and will continue to help out with the road shows by helping field questions, providing additional insights and have also availed themselves to serve as mentors and/or potential board members or interviewers for applicants.

USO to host twilight tribute at Sea Life Park

The Third Annual Twilight Tribute to the Troops is scheduled for June 20 from 3 to 9 p.m. at Sea Life Park. Free admission will be granted to all military and their dependents. The park will be closed to the public. Active-duty service members, reservists, retirees and dependents should bring their military identification cards. Free off-site parking is available at Bellows Air Force Station beginning at 2:30 p.m. with continuous shuttle service to and from Sea Life Park. Dolphin encounters are available at special rates with advanced reservation. Reserve early due to limited space. For more information, call 259-2500. USO Hawaii has posted a flier on Facebook with frequently asked questions about the event.

Find used books at 68th annual book sale

The 68th annual Friends of the Library of Hawaii Book Sale is scheduled for June 20 through 27 in the cafeteria of McKinley High School.

The times are as follows:

June 20: 9 a.m. to 9 p.m.

June 21: 9 a.m. to 6 p.m.

June 22 through 25: 11 a.m. to 7 p.m.

June 26: 11 a.m. to 8 p.m.

June 27: 9 a.m. to 8 p.m.

For more information, visit friendsofthelibraryofhawaii.org, or call 536-4174.

Celebrate Korean culture at festival in Honolulu

Come and experience Korean culture from the past and the present at the 14th Annual Korean Festival, one of the largest cultural festivals of the year in Hawaii. The festival is scheduled July 11 from 10 a.m. to 8 p.m. at Magic Island in Ala Moana Beach Park.

The Korean Festival presents a unique, authentic taste of Korean culture through food, dance, art, music and entertainment. The program of festival events includes performances such as taekwondo (Korean martial arts) demonstration, Korean fan and drum dances, and a Korean song contest.