

Hawaii Marine

REMINDER: Basewide power outage • March 14 from 6:30 a.m. to 9 p.m.

Press Release

Marine Corps Base Hawaii

Residents may have noticed the most recent outage on Saturday went beyond its advertised end time. This was due to issues with one of the contractors involved in mapping and documenting existing utilities within Marine Corps Base Hawaii's electrical ducts. The issue has been addressed with the contractor and upcoming outages are expected to end as planned.

The remaining power outages are as follows:

March 14

6:30 a.m. to 9 p.m.
East side of the base

March 28

6:30 a.m. to 9 p.m.
East side of the base

April 11

6:30 a.m. to 10:30 p.m.
Entire base

April 25

6:30 a.m. to 9 p.m.
East side of the base

May 9

6:30 a.m. to 10:30 p.m.
Entire base

The recent and upcoming power outages on MCB Hawaii are necessary in order to upgrade various circuits and accommodate increased electrical loads.

The outages also allow for necessary maintenance, repairs to deteriorated electrical equipment as well as mapping and documenting other utility systems within our electrical ducts. While these outages are inconvenient, they pale in comparison to

inconvenience that would result from an unplanned large-scale outage caused by failure of a primary circuit.

Your patience with these outages is greatly appreciated. We understand they are terribly disruptive and ask that you understand they are very important in ensuring the long-term viability of our base electrical system.

For more information, prior to, during and after the outage, call the Marine Corps Base Hawaii Operations Center at 330-9636/257-8457/8474/3022 to confirm electrical power restoration. A flyer is available at www.mcbhawaii.marines.mil to the base community to help residents prepare for the outages. Click on the orange tab on the right hand side of the home page entitled "Power Outages Affecting Family Housing Will Continue 14 March 2015." Visit MCB Hawaii on Facebook for updates and reminders.

Be aware of speed traps off base

Press Release

Provost Marshal's Office

The gates of Marine Corps Base Hawaii are an important part of the safety and security of the installation. As we all know, the H-3 highway comes to an abrupt stop at the main H-3 Gate. In order to maintain the safety of the military police officers who work there and the safety of all other motorists and pedestrians who approach this gate, a speed limit of 25 mph has been posted.

You may have noticed MPs on the H-3 conducting speed enforcement operations. This is to reinforce the rules and regulations as well as promote safe driving habits. Too often drivers have approached the main gate at speeds of more than 50 mph. For all outbound traffic, we have partnered with the Honolulu Police Department in an effort to mitigate the risks of excessive speeds leaving the installation. In the near future, all motorists will notice an increased presence of HPD and the Provost Marshal's Office outside the gate.

The Mokapu Gate displays the same safety risks as people approach and exit the gate. This area is largely residential and there are often people running, walking and biking on the side of the road. There are numerous side streets that lead in and out of neighborhoods, so you will also notice a lot of cross-traffic in the area. The same partnered effort with HPD and PMO will take place at this gate as well.

What does this mean for you? Inform your Marines, sailors, family members and guests of the rules and regulations. Highlight the safety concerns that are there and reinforce good driving habits that will help prevent undesirable consequences.



Lance Cpl. Khalil Ross | Marine Corps Base Hawaii

The third gun of Bravo Battery, 1st Battalion, 12th Marine Regiment fires a 155 mm howitzer under camouflage netting on Pohakuloa Training Area during Operation Spartan Fury 15.2, Monday.

3...2...1...Fire!

Lance Cpl. Khalil Ross

Marine Corps Base Hawaii

POHAKULOA TRAINING AREA, Hawaii — Operation Spartan Fury 15.2 kicked off with a couple of bangs and a whole lot of shots.

Marines of 1st Battalion, 12th Marine Regiment headed to Pohakuloa Training Area on the Big Island of Hawaii, Feb. 25 and got settled into the area. It didn't take them long before they were heading to the machine gun range to re-familiarize themselves with the weapon

systems on Feb. 27.

"We're firing a .50-caliber machine gun, an Mk 19 grenade launcher and the M240B machine gun while mounted on the ground and on a turret with gas masks," said Maj. Jonathan Secor, Headquarters Battery commander, 1st Bn., 12th Marines.

Both Headquarters and Bravo Batteries need to be familiar with the weapons because they drive vehicles that have these weapons on them, he said.

"These Marines never went through any specific training for these weapon

systems like the infantry does," Secor said. "We have to establish a baseline of proficiency with these guys so they can operate these weapons effectively."

"This training really helped familiarize myself with the Mk 19, the weapon I was assigned to, and other machine guns I don't normally get a chance to use," said Cpl. John Kahrs, a fire directional control man with Headquarters Battery, 1st Bn., 12th Marines.

The Marines were able to consolidate

See FIRE, A-7



Lance Cpl. Adam O. Korolev | Marine Corps Base Hawaii

Beach patrons aboard Marine Corps Base Hawaii should avoid walking through, sitting and playing on the North Beach dunes. The dunes erosion are slowly being exacerbated by patrons and are an environmental concern.

S.O.S Save our sand

Lance Cpl. Adam O. Korolev

Marine Corps Base Hawaii

Beaches are a convenient luxury; they serve as natural bridges into an ocean of opportunities, or, simply, a comfortable and scenic place to lie down and relax, read, sleep or socialize. Service members, their families and veterans aboard Marine Corps Base Hawaii have access to their own private

beaches. However, the dunes which overlap North Beach are a natural resource vital for the survival of the beach itself, and are slowly being destroyed.

According to Todd Russell, the natural resources manager for the Environmental Compliance and Protection Department aboard MCB Hawaii, erosion at the entrance point of the

See S.O.S., A-7

Exercise Sandfisher opening doors for US, Singapore

Lance Cpl. Harley Thomas

Marine Corps Base Hawaii

Marines with Bravo Company, 3rd Reconnaissance Battalion, joined members of the Underwater Demolition Group with Singapore's Naval Diving Unit, to exchange dive tactics and training Feb. 27 in one of the School of Infantry-West classrooms in building 223 aboard Marine Corps Base Hawaii.

The training was part of Exercise Sandfisher, an annual exercise that provides hands-on experience for Okinawa-based Marines specializing in combatant diving; small-boat operations; underwater navigation; high-altitude, high-opening parachuting and ground reconnaissance tactics. This year, the exercise also provided an oppor-



Lance Cpl. Harley Thomas | Marine Corps Base Hawaii

(From left to right:) Lt. Col. Francis Goh, the commanding officer for the Underwater Demolition Group with Singapore's Naval Dive Unit; Maj. Gen. James S. Hartsell, the mobilization assistant to the U.S. Pacific Command commander; and Capt. Richard Laszok, the company commander for Bravo Company, 3rd Reconnaissance Battalion, watch as members of the UDG give a presentation of Singapore's dive tactics Feb. 27 aboard Marine Corps Base Hawaii.

See RECON, A-7



Recruiting for rugby team

Coaches looking for 15 more players, B-1



Sudden death!

1/12, CLB-3 tie twice, battle in overtime, 1/12 victorious, 43-40, B-3

Saturday

High 71°
Low 64°

Sunday

High 73°
Low 65°

WORDS FROM THE BASE INSPECTOR

Uniform and Civilian Attire Regulations: Headwear

This is the first in a series of reminders to the Marine Corps Base Hawaii community that some portions of the Uniform and Civilian Attire Regulations have changed.

There will be a few weeks of education, during which time those not in regulation will be politely informed of the violation. Once the education period ends, violators shall be cited with a minor offense report for administrative record of the infraction. If repeatedly cited for violations of the regulation, an individual may be scheduled for a hearing with the base magistrate to explain their disregard for regulations and possibly face administrative action.

Individual appearance should be a matter of personal pride for all personnel aboard MCB Hawaii.

Whether an individual is a service member, dependent, civilian employee, retiree or guest, presenting a neat, conservative appearance is part of being a member of the MCB Hawaii community. Members of the MCB Hawaii community are held to a higher standard than the general off-base population and are representative of themselves, their sponsors, their service and the United States of America.

Headwear such as “doos rags,” bandanas, skullcaps and nylon stockings are inappropriate for service members at any time in public and are prohibited.

All headwear is to be worn in a manner it was designed. Ball caps will be worn with the bill to the front only, and this applies to men and women. When entering a building, all headwear shall be removed indoors on MCB

Hawaii. This applies to office spaces, retail and eatery establishments including the fitness centers, the MCB Hawaii commissary, exchange and Marine Mart. This applies to men and women. Exceptions may be made for work, hygiene or safety requirements, medical conditions and religious requirements.

Every person aboard this installation is a member of the MCB Hawaii community. These regulations are in place in order to make MCB Hawaii an enjoyable place to live and work for all members of the community. Please dress appropriately and enjoy being part of the community.

If you have questions, contact the Base Inspector's Office at KBAZ_HQBN_INSP@usmc.mil.

Semper Fidelis.

Lt. Col. D. H. Bohn

Base Inspector

Command inspector hotline: 257-8852

KBAZ_HQBN_INSP@usmc.mil

In accordance with Base Order 1020.5D

All headwear must be removed indoors



Hawaii Marine

www.mcbhawaii.marines.mil
www.hawaiimarine.com

Commanding Officer Col. Eric W. Schaefer
Base Sergeant Major Sgt. Maj. Gregory L. Hall
Public Affairs Chief Staff Sgt. Matthew Orr
Combat Correspondent Lance Cpl. Adam O. Korolev
Combat Correspondent Lance Cpl. Brittney Vella
Combat Correspondent Lance Cpl. Khalil Ross
Combat Correspondent Lance Cpl. Harley Thomas
Photojournalist Christine Cabalo
Photojournalist Kristen Wong
Graphic Artist Jay Parco

Hawaii Marine is an authorized publication for members of the Department of Defense.

Hawaii Marine is published by MidWeek Printing, Inc., a private firm in no way connected with the U.S. Marine Corps, under exclusive contract to the U.S. Marine Corps. Contents of Hawaii Marine are not necessarily the official views of, or endorsed by, the United States Government, the Department of Defense or the U.S. Marine Corps.

The appearance of advertising in Hawaii Marine, including inserts and supplements, does not constitute endorsement by the DoD, Department of the Navy or the U.S. Marine Corps of the products or services advertised.

Everything advertised in Hawaii Marine shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron.

Editorial content or public service announcements (i.e., all content other than paid advertisements) is edited, prepared and provided by the Public Affairs Office aboard Marine Corps Base Hawaii. Opinions expressed are not to be considered an official expression of the DoD, DoN or the USMC. Hawaii Marine is a free publication available at stands on Marine Corps Base Hawaii and neighboring businesses. If you are interested in obtaining copies by mail, please contact MidWeek Printing, Inc. at 529-4700. Submit items for Hawaii Marine to the managing editor no later than noon on the Friday prior to publication, using this address:

Hawaii Marine, Box 63062, Building 216,
MCB Hawaii, Kaneohe Bay, Hawaii 96863
Email: HawaiiMarineEditor@gmail.com
Fax: 257-2511, Phone: 257-8837

ICE COMMENTS

COMMENT: The hours at the gym are still horrible. Why not close 30 minutes earlier and open 30 minutes earlier? It doesn't seem fair that the morning crew has still lost 30 minutes, while the night crew got all of their hours back. Opening at 4:30 a.m. is factored into the schedule of those who like to get in a workout and then head to work for the rest of the day, and aren't able to get to the gym at other times. Thirty minutes doesn't seem like a significant time, but when you factor in the unit physical training sessions and availability of equipment, it gets busy very quickly. Also, the possibility of opening for at least a few hours on holidays would be nice.

RESPONSE: Thank you for your comments regarding the Semper Fit Center's hours of operation. The hours that were added were based on the usage of the facility. The majority of usage has been in the evening. We are still tracking to see if we will be able to utilize the Fleet Assistance Program to augment the staff with Marines which would allow us to restore all of our previous hours of operation.

Interactive Customer Evaluation is:

- A web-based tool for collecting feedback about the services provided by various organizations throughout the Department of Defense.
- Allows customers to submit online comment cards to rate the service providers that they have encountered at military bases and related facilities around the world.
- Allows service providers to collect customer satisfaction data in a standardized format which is stored in the ICE database.
- Provides customers with a convenient and efficient method to express their opinions to service providers and receive feedback.

ICE is NOT:

- To be used as a sole source to report safety concerns. **Base Safety should be contacted directly at 257-1830.**
- Intended for use to submit complaints regarding fellow employees or management, to spread rumors, to threaten or to make public announcements.

Visit the ICE site at <http://ice.disa.mil>. For ICE FAQs, visit [mcbhawaii.marines.mil](http://www.mcbhawaii.marines.mil), then click Departments, Business Performance, then ICE FAQs.

This week in Corps history: March 8, 1965: The 9th Marine Expeditionary Brigade landed at DaNang, Republic of Vietnam as the first U.S. ground combat troops to be committed to that conflict. The 3,500 men arrived both across the beach with Battalion Landing Team 3/9, and at DaNang Airfield with Battalion Landing Team 1/3.- U.S. Marine Corps History Division

MARINE CORPS BASE HAWAII EVENTS

FUTURE EVENTS

Semper Fit is seeking applications for the 2015 All-Marine Men's Soccer Team. The team will compete at the Armed Forces Soccer Championship May 13 through 21 at Marine Corps Air Station Miramar. Interested Marines must submit an application to the athletic director no later than March 26. This team is open to Marines only. For more information, call the athletic director at 254-7590.

Semper Fit is seeking applications for the 2015 All-Marine Skeet Team. The team will compete at the Armed Forces Skeet Championship May 8 through 15 in Charles City, Va. Interested Marines must submit an application to the athletic director no later than March 26. This team is open to Marines only. For more information, call the athletic director at 254-7590.

Semper Fit is seeking applications for the 2015 All-Marine Triathlon Team. The team will compete at the Armed Forces Triathlon Championship June 4 through 8 in Hammond, Ind. Interested Marines must submit an application to the athletic director no later than April 16. This team is open to Marines only. For more information, call the athletic director at 254-7590.

The Beast 10k, which is open to the public, is scheduled for March 21 at 7 a.m. The race goes from Dewey Square, up and down Radar Road, and along the Nu'upia Ponds trail.

Entry is open to individual runners and 10-person formations, both military and civilian. Formations can include military units, high school teams or friends who want to compete together. All formations must consist of 10 runners who must begin and finish together.

Registration is \$30 for individuals and \$140 for 10-person formations. Late fees will be charged for entries received after March 13 at a cost of \$10 for individuals and \$40 for formations. Register online at mccshawaii.com/races. Online registration closes March 17 at 4 p.m. A free, one-mile family fun run will be held following the race at no charge.

Race packets for civilians will be available for early pick-up at the H-3 main gate March 19 from noon to 5 p.m. Service members can pick up race packets at the Semper Fit Center, March 20 from 10 a.m. to 4 p.m. Packets may also be picked up the morning of the race beginning at 5:30 a.m. at Dewey Square. For more information, call 254-7590.

Register now for the Commander's Cup, scheduled April 3 from noon to 5 p.m. at the Kaneohe Klipper Golf Course. All ranks are welcome to play in this four-man scramble tournament. Registration prices are \$50 for E-1 to E-5, \$55 for E-6 to O-3, \$60 for O-4 and above as well as Department of Defense civilians. Civilian guests, who must participate with an authorized patron, pay \$69. There will be prizes. Team registrations will be accepted at the Klipper Pro Shop until close of business, April 1. If you have any questions, call the Pro Shop at 254-1745.

SUNDAY

There will be a USO Spring Troop Visit Sunday from 3 to 4 p.m. at Samuel Adams Sports Bar and Grill. Various celebrities and athletes will be making appearances before their variety show at Joint Base Pearl Harbor-Hickam.

Joint Base Pearl Harbor-Hickam will host the USO Spring Troop visit's with a free variety show at Ward Field at 6:30 p.m. Gates open at 5:15 p.m. The show is open to military and Department of Defense identification cardholders and their sponsored guests. For more information, visit www.greatlifehawaii.com.

MONDAY

The next Lifestyles, Insights, Networking, Knowledge and Skills for Parents/Extended Family class is scheduled Monday from 7 to 10 p.m. in building 244. This content focuses on parents and the extended family new to the Marine Corps community.

Participants will better understand the unique challenges military life often presents while increasing their ability to provide support and advice as the parent or family member of a Marine. This class is open to active duty and family members. Reservations are required. For more information, call Marine Corps Family Team Building at 257-2657.

TUESDAY

The Armed Forces Classification Test is scheduled Tuesday at 9 a.m. in classroom A of building 220. This is an opportunity to re-take ASVAB to earn higher scores for advancement, lateral moves, officer candidacy, etc. Classification Test Registration Forms for AFCT available at mccshawaii.com/ectesting. For more information, call Maria Fullenwider at 257-2158.

WEDNESDAY

If you're a Marine Corps Base Hawaii resident and your child is turning 5 years old by July 31, make sure your child is registered for kindergarten at Mokapu Elementary School. Register at Mokapu Elementary's cafeteria, Wednesday from 4:45 to 6:15 p.m. There will be refreshments, games and activities.

The next Permanent Change of Station and Moving Workshop is scheduled Wednesday from 8 a.m. to noon in classroom 7 of building 1090. This workshop is designed to give an outbound service member and families the information, resources and tools needed to plan their move.

The workshop is open to all active-duty service members and their spouses three to four months prior to departing island is recommended to take. Registration is required. Service members and spouses may call or go to mccshawaii.com/trpworkshops to register. If you can't make this workshop, the next workshop is March 25. For more information, call the Family Member Employment Assistance Program & Relocation Services at 257-8354.

The next base library book club meeting is Wednesday from 5:30 to 6:30 p.m. on the second floor of building 219. This month's book is "The Opposite of Loneliness" by Marina Keegan. The book club is open to adult members of the MCB Hawaii community. For more information, call Meri Healey at 254-7420.

THURSDAY

The "Debt Management: I Want to be Debt Free" class is scheduled Thursday from 10 to 11:30 a.m. This class will teach you how to budget your money and develop a debt reduction plan to help you achieve financial freedom. Register online at mccshawaii.com/pfmpworkshops or call the PFMP office. The class is held in classroom G of the Education Center. For more information, call 257-1232.

The next Breastfeeding Support Group meeting is Thursday from 10 to 11:30 a.m. in the Chaplain Joseph W. Estabrook Chapel. Learn and support other breastfeeding moms in a supportive atmosphere facilitated by a certified lactation educator. Babies and expectant parent are welcome. The group is open to all active duty, family members and Department of Defense civilians. For details, call 257-8803.

AROUND THE CORPS

Your weekly guide to what's happening around the Corps

East Coast



Cpl. Scott Whiting

MARINE CORPS BASE CAMP LEJEUNE, N.C. — The faint sound of rustling thickets whispered through a training area aboard Marine Corps Base Camp Lejeune, N.C., as Marines from Alpha Company, 8th Engineer Support Battalion practiced patrolling tactics, Feb. 26. Approximately 20 Marines were broken up into two squads and each given objectives to accomplish while patrolling the densely wooded area.

See https://www.dvidshub.net/news/155550/8th-esb-patrols-camp-lejeune#.VPTIILPF_dI for full story

Morón Air Base, Spain, — Gunnery Sgt. Darrell Livings, a volunteer from Special-Purpose Marine Air-Ground Task Force Crisis Response-Africa, reads with a student at an elementary school, Feb. 27. Livings read one on one with students to help improve their reading proficiency and give back to the community.

See <https://www.dvidshub.net/image/1791554/learning-community-us-marines-read-with-students-spain#.VPYIqbPF8jU> for full story

West Coast



Cpl. James Marchetti

MARINE CORPS AIR STATION YUMA, Ariz. — The only military airshow in Arizona for this year started with the evening Twilight Show at Marine Corps Air Station Yuma, Ariz., Feb. 27. Open to the public, the event included aerial pyrotechnics, a concert and performances by civilian and military aircraft. Maj. John Gibson, the director of the Yuma Airshow, remarked that the Twilight Show was brought back due to its acclaimed reception in 2014.

See https://www.dvidshub.net/news/155636/mcas-yuma-airshow-takes-community-supporters-storm#.VPTKSbPF_dI for full story

Overseas



Sgt. Paul Peterson

NEW 'PEGASUS' COMMANDER FLIES IN

PMO Corner

PMO corner is a recurring series provided by the Provost Marshal's Office, providing crime prevention and safety information to Marine Corps Base Hawaii.

Lost and Found

Here is a list of the items currently stored in our Lost and Found storage:

- two bikes
- two scooters
- driver's license
- medic bag
- Navy Federal Credit Union card
- USAA credit card
- Social Security card
- Chevrolet car key
- meal card
- sport watch
- sunglasses
- wallet

Lost and Found is located at PMO in the Physical Security section of building 1095.

A person claiming ownership of items is required to provide a detailed description and proof of ownership of the article prior to release. Call Jessica Burns at 257-8312, for more information.

PMO contacts

To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant: **257-1018/2123 (building 1096)**

Check in/out, fingerprinting or weapon registration: **257-6994 (building 1095)**

Pet registration, fishing regulations or lost/found animals, contact the PMO game warden: **257-1821 (building 3099)**

Vehicle decals, base passes and vehicle registration: **257-2047/0183 (building 1637/1095 for MCB Hawaii)**
477-8734/8735 (building 601 for Camp H.M. Smith)

Traffic regulations, citations or traffic court, contact the Traffic Court bailiff: **257-6991/6992 (building 1095)**

For all other numbers not listed, contact base information: **449-7110**

For more information, visit the PMO website:

<http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx>

In an emergency, call 911



Lt. Col. Richard P. Matyskiela (left center), outgoing commanding officer, and Lt. Col. Edward J. Pavelka, incoming commanding officer, Marine Heavy Helicopter Squadron 463, prepare to render salutes during the pass in review portion of their change of command ceremony between Hangars 101 and 102, Feb. 26. Matyskiela, a native of Silverdale, Penn., relinquished command of "Pegasus" to Pavelka, a native of Des Moines, Iowa. Matyskiela also received a Meritorious Service Medal during the ceremony for his service as commanding officer. He will now be serving as the executive officer for Marine Aircraft Group 24. Pavelka was previously the executive officer and CH-53 detachment officer in charge for Western Pacific 13-2 deployment with the 13th Marine Expeditionary Unit.



ABOVE: Lt. Col. Richard P. Matyskiela (right), outgoing commanding officer, congratulates Lt. Col. Edward J. Pavelka, incoming commanding officer, HMH-463. Matyskiela became the commanding officer of "Pegasus" in April 2013. He has also previously served with the now-deactivated "Ugly Angels," Marine Heavy Helicopter Squadron 362.

LEFT: Lt. Col. Edward J. Pavelka, incoming commanding officer, receives the unit colors from Lt. Col. Richard P. Matyskiela, outgoing commanding officer, HMH-463.

Photos by Kristen Wong | Hawaii Marine

Repay with kindness: NMCRS drive kicks off

Christine Cabalo

Hawaii Marine

Marines and sailors are stepping up to support each other through the Navy-Marine Corps Relief Society.

The Kaneohe Bay branch of the society started its 2015 Active-Duty Fund Drive by gathering members of Marine Corps Base Hawaii units during a kickoff event held Thursday. Volunteers are taking donations and speaking out about the society's programs through the end of the fund drive, April 30.

"The average person thinks NMCRS only has money for loans to pay bills," said Navy Lt. James Williams, this year's drive coordinator and the Marine Corps Air Station Kaneohe Bay Air Traffic Control facility officer. "But they have all sorts of services for disaster relief and education assistance. I've learned so much about the society since I've been this year's fund drive coordinator and gotten help from them. I (whole) heartedly support this program."

Williams, of New Bern, N.C., was in a financially rough spot when he was a junior officer but was saved from debt when the society stepped in. When his wife learned her father was dying, his family needed help to fly back to see her family. Williams said the emergency came at a challenging time when he had just moved duty stations and his wife was seeking employment while pregnant.

"I thought about taking out a loan, but then remembered to go speak with NMCRS," he said. "In literally about 20 to 30 minutes after speaking with them I had money to get a plane ticket for me, my wife and son. It worked out so we could see her father before he died."

Since the society helped him, Williams has regularly made it a point to donate or help out NMCRS at each military installation he's assigned to. He's also shared with colleagues and fellow service members about the society's interest-free loans, budgeting programs and educational assistance.

Kaneohe Bay branch volunteers assisted 676 clients in 2014, according to the branch's five-year statistical records. Those clients included supporting 181



Christine Cabalo | Hawaii Marine

Tess Cox, a client services assistant lead and Julie Duszak, a case worker, gather brochures and posters for other volunteers to hand out in support of the Navy-Marine Corps Relief Society, Wednesday. The society's Active Duty Fund Drive continues until April 30.

participants for the society's "Budget for Baby" program that provides financial planning to expecting couples. The society also supported 787 in-home nurse visits for active-duty service members with newborns and retirees who needed assistance with chronic health conditions.

Williams said during the drive he will also be reaching out to sailors and Marines so they know about the society's Quick Assist Loans and budgeting help. Unlike other types of widely available loans, the NMCRS offers them without interest.

The society's loan service was a priceless asset to Cpl. Joseph Lahnmon, an expeditionary airfield technician with Marine Wing Support Detachment 24.

He's used their loan system for getting needed car repair work done to ensure he and his wife could continue to commute smoothly at their jobs. He recently sought help from the society in November when his wife needed emergency dental work that would have otherwise left her in pain.

"The biggest kicker for us was the interest-free part of the loan," said Lahnmon, of Jackson, Tenn. "We had a relaxed payback. The other loans that were available to us had a significant interest asking for at least 10 percent interest."

Like Williams, Lahnmon said since receiving help from NMCRS he's talked to his fellow Marines about how the society can help them. He said he

appreciates how they offer free advice to avoid getting high interest loans and ensure no one is financially ripped off.

Both Lahnmon and Williams said the donations make a difference and they appreciate how service members can negotiate the terms of their loans or take allotments from their paychecks.

"You never know — you may be the person that needs help," Williams said. "The (NMCRS) offers so many things, like interest-free loans, that can help someone struggling."

For more information about the society, call 257-1972 or see www.nmcrs.org/kaneohebay. The Kaneohe Bay branch is located in building 4016 near the Provost Marshal's Office and open weekdays from 8 a.m. to 4 p.m.

FIRE, from A-1

the weapon systems and effectively use the training time, which helped the unit overall, he said.

After the machine gun range Headquarters and Bravo Batteries went out to the field to conduct movement and displacement training. The Marines went out and laid down a position, fully equipped it, then packed it up and moved to a new position. They did this as many as two times a day and night while conducting artillery fire between movements. Artillery can't maintain a position for long, due to the enemy's ability to locate their position.

In between these position movements Bravo Battery fired on targets that Headquarters Battery's fire direction center picks out.

"We have five (M777 lightweight towed howitzers) executing artillery live-fire here at (PTA)," said 1st Lt. Michael Stevens, Bravo Battery executive officer.

He said the reason they do this training is to improve the battalions overall proficiency in artillery operations.

Bravo Battery selected two howitzers from the five to conduct direct fire.

"That's a task in combat when you



Lance Cpl. Khalil Ross | Marine Corps Base Hawaii

Two Marines of Headquarters Battery 1st Battalion, 12th Marine Regiment fire a .50-caliber machine gun at Pohakuloa Training Area during Operation Spartan Fury 15.2, Feb. 27.

have an enemy charging a position within a certain range, you lower the barrel and aim down the sights," Stevens said.

The two teams drive into a new area and drop the howitzers, then proceed to dig in spots to ground the weapons. The recoil of the howitzer is so powerful that without digging it in and firing the weapon wouldn't stay on target.

"In terms of hands-on experience the training we do with live-fire artillery is irreplaceable," Stevens said.

proficiency," Laszok said. "This exercise gave us an opportunity to work closely with our counterparts and it's important we do, (so we may further) foster our partnership with Singapore's military and better understand what they're capable of."

Maj. Gen. James S. Hartsell, the mobilization assistant to the PACOM commander, said there is a great relationship between the two nations' militaries because of the work the U.S. has done with Singapore over the years.

"Sharing our knowledge and tactics like this only better our relationship with Singapore," Hartsell said. "This partnership improves because we now know more about each other. We understand them more, and they better understand us. Coming together like this improves our communication and, in turn, our ability to execute together."

Hartsell said the 3rd Recon. Marines might work with the NDU in the future, so it's important to have the opportunity to sit down, face-to-face, in order

S.O.S, from A-1

beach is a problem, which could be easily mitigated.

"You're going to have natural sand migration, but, the problem is when it gets up to its high area, and the sand is all gone, you need something to hold back the ocean," Russell said. "The dunes are like a sand bank. When they erode down and get pushed down into the beach, it gets pushed out into the ocean and we may lose that."

Beach patrons may not understand the importance of the dunes and their role as a natural resource that allows for the recycling of sand onto the beach. Over time, the dunes naturally erode and the sand gradually pours onto the beach and is swept away by the ocean's current. Yet, as beach-goers agitate the dunes, it exacerbates the trickle-down process, which could eventually lead to needless spending on beach maintenance. The dunes become aggravated when patrons run around, camp and sometimes even sled down them with their boogie boards. Russell said that as long as this behavior ceases, the base would not have to preserve the beach unnaturally.

"Here we have this natural sand repository, and we don't have to spend a bunch of money to firm up our shoreline, Russell said. "As long as we don't run around all over (the dunes),

to share their tactics and techniques, increasing the proficiency of both units.

"It's great for our Marines to see what other military services do," Hartsell said. "Members with the NDU show us what they go through for their specific diving or reconnaissance skill sets, and we get to see the similarities. Our Marines get to see Singapore's proficiency and quality of the dive unit, and know they are like that because of their training. It validates what our Marines have been through to get to where they are today."

Hartsell said as soon as he heard Singapore was training with the U.S., he wanted to physically come out and show them how important they are as a partner. He said he wanted to show support for members of Singapore's NDU and reconnaissance Marines, and each unit benefited from the exchange.

"The U.S. is a very valuable partner to us, not only for the NDU, but for the Singapore armed forces as a whole," said Lt. Col. Francis Goh, the commanding officer for the UDG. "We're always happy

and as long as we don't try to camp out."

Beach nourishment is the process of installing materials that are alien to the shoreline, such as sea walls or revetments, and are sometimes the only options to restore beaches. In some cases, the solutions themselves can lead to further erosion.

The conservation of the dunes is not only an environmental concern, but a historical one as well. The dunes are a part of the Mokapu burial area, which is an archeological site. Nearly 1,600 remains were recovered from the dunes before World War II.

"The ancient native Hawaiians, they lived out here from 1200 to 1400 A.D., and were living here on campsites," said June Cleghorn, the senior cultural resources manager for the Environmental Compliance and Protection Department. "It's important we preserve the beach for cultural reasons, and that these dunes be as stable as they can."

Russell said the maintenance of MCB Hawaii and its beaches is concern all residents should stay conscientious of.

"If the Marine Corps still wants to use this base 5,000 years from now, they're going to have to protect those dunes because (they will) want to have a base here," Russell said. "The dunes are something that helps protect our installation."

RECON, from A-1

tunity for the Marines to conduct bilateral training with Singapore's Navy.

"We've been showing (the NDU) our capabilities, limitations and planning process to give them a general overview of how reconnaissance Marines operate," said Capt. Richard Laszok, the Bravo Co. commander with 3rd Recon. Bn. "We showed them what we could bring to the table in any future partnership during exercises or partnered operations."

Laszok said the focus of the exchange was to look at the tactics, techniques, planning and procedures of each group. He said exercises such as these support a portion of the U.S. Pacific Command commander's campaign to maintain friendly relationships with other nations within the PACOM area of responsibility.

"Every Marine who participated got something out of this and it has certainly increased our reconnaissance

to share our real world experience and learn from each other. By reaching out, we are able to keep ourselves relevant and maintain our ability to build a competent and professional military force."

Goh said because today's world is so interconnected, it is important to maintain these ties so, when they need to call upon a friend for help, they have links they are able to utilize.

"This exercise allowed us to continue to build interoperability between the two countries and, at the same time, maintain the kind of relationship that is important in today's world," Goh said. "I just want to thank the Marines, and I appreciate all the help they have given us. They have really helped my divers but, while my members did do a good job, they need to remember to stay sharp and stay open so they may continue to learn. I hope this relationship between the U.S. and Singapore will continue, (with) this trust and understanding, where we can learn and share openly as we move toward the future."

Sports & Lifestyle

K-Bay Phalanx on prowl



Members of the Kaneohe Bay Phalanx conduct practice drills at Riseley Field Wednesday in preparation for Saturday's game. The KBP is the only military team on the island and is in search for more players within the military community.

Photos by Lance Cpl. Brittney Vella | Marine Corps Base Hawaii

RUGBY

The Kaneohe Bay Phalanx, a team on base, is the only military rugby team on-island and is in search of more players. The team is part of the Hawaiian Rugby Union. The KBP practices at Riseley Field aboard MCB Hawaii on Tuesdays and Thursdays at 5 p.m. Games are held Saturdays at Kapiolani Park in Honolulu. No experience is necessary to join. The team has three games left in it's regular season before they approach the playoffs.

Once the season is over, 7's season, which features seven players per team instead of the standard 15 players, starts up in mid-April. When the next seasons starts, the seven-player teams will play games in a rugby variation that allows for shorter matches and quicker scoring.

The rugby sevens format is gaining popularity worldwide, with teams in Hong Kong, Kenya and Samoa. The rugby sevens style of play will also be a featured game in the 2016 Summer Olympics, the first time the rugby variation will be featured. The last time standard rugby union play was part of the Olympic games was in 1924.

Kevin Pirtle, a flanker for KBP, says the full-contact sport is aggressive and a great stress reliever for Marines and sailors. It's an adult league but open to all ability levels. The team's next game is Saturday at 11 a.m.

Those interested in playing on the base rugby team can contact Kevin Pirtle at (619)-948-6132 or Quincy Pearson at (570)-591-0653.



Joseph Balayti, a back for KBP, surges towards the defense during practice Wednesday.

A member of the KBP forms a ruck during offensive and defensive drills.

PASS *IN* REVIEW

Your weekly guide to the best aspects of entertainment

Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...

1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.

2/4 — High And To The Right

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there's nothing better to do.

3/4 — On Target

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.

4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



Better Know A Critic

Kristen Wong admits she sometimes has to be dragged to movies that she later finds to be outstanding. She loves movies that make her care about the characters and sympathize with their plight. She enjoys action, fantasy, comedy and dabbles in horror.

THIS WEEK'S RATING:

(High and to the Right)

'Lazarus Effect' has negative effects

Kristen Wong
Hawaii Marine

"The Lazarus Effect," which came out Feb. 27, is like a beautiful three-tiered cake — that somebody clumsily dropped on the way out of the kitchen, and never made it to the event.

This horror movie had evidence of a good foundation, good actors prepared to lend their rich, talented ingredients, and a production team that could mix it all together and make something wonderful. But it all came crashing down in a mess with lousy dialogue, puzzling plot elements and unloveable characters.

Researchers Zoe (Olivia Wilde) and Frank (Mark Duplass), who are also engaged to be married, are developing a serum to help coma patients. In one of their experiments, the researchers bring a euthanized dog, Rocky, back to life. Zoe, Frank and their assistants, Niko and Clay, and Eva, a student filming the experiments, celebrate. Soon, however, the university discovers what they've done, and cancels the project, allowing

an outside company to seize all of their work. The five are determined to prove that the work is still theirs, and attempt to recreate the experiment with what little resources they have left. But then, something goes terribly wrong.

The film already started losing me in the first few minutes, experimenting first on a pig, then on a dog. I'm not here to argue about animal experimentation in this review, but it's not something I agree with, and not a great way to get me to like a movie. But I pressed on.

The movie moved on painfully slow, because I did not understand how attempting to bring dead animals back to life was ethical or an ideal way to help coma patients. This movie had "playing God" written all over it.

If you watch enough movies, you'll figure out that most screenwriters will choose the same moral of the story: "Don't play God." It's plain and simple. What happens when the main characters in a movie play God? They pay a heavy price: Either they barely escape with their lives, or they die.

That being said, why should I sympa-

thize with or even care about the safety of these poor idiotic scientists who just shot themselves in the foot? More importantly, why should I sit through the rest of this movie? But remember, I said it had a good foundation. The idea had potential, but the execution had to be successful. "Jurassic Park" made me care about the characters despite their attempt to "play God." "The Lazarus Effect" did not.

Frank went from obsessive scientist to obsessive loving husband to remorseful tragic hero. His pathetic attempt to "stop" his evil wife was laughable. Clay is a disrespectful jerk. Eva was a nervous wreck toward the end, which I would have been had I been in her shoes, but I had no reason to root for her or even like her. She had no back story.

Zoe is inexplicably evil because of one childhood traumatic event. I think Eva said she was "stuck in her personal hell." The writers tried to put two more characters in their own "personal hell," but they paled in comparison to Zoe, and seemed to be a separate, incomplete plot element that fizzled out in the background. In the end Niko was the only one left worth a salt, and he was a secondary character. It's my opinion that there was nothing the actors could really do aside from rewrite the whole script to make their characters any more likeable.

Moving on to the scare tactics of the movie, there were psychologically exhausting scenes that might have frightened me had I been going through them myself. They were just annoying to watch in a movie. Plus, the first third of the movie was filled with moments where I would perk up and think, "Oh, here we go, now it's going to get interesting ... oh, wait ... no, it's not ..." Fast forward maybe 10 minutes



later, I'm thinking "Ok, now's the big pay-off ... wait, that's it?"

There was one moment when the audience was warned that Rocky may go "Cujo" (The evil dog from the 1983 horror movie). Rocky, however, never went "Cujo." He did eat an entire bag of chips though. Oh, the horror.

During the last third of the movie, Zoe goes "Phoenix." Remember in "X-Men" when Jean Grey becomes "The Phoenix" and loses control of herself and destroys everything and does whatever she wants? Same thing. In fact, it's so similar, it's almost a rip-off.

The end was a twist, but not a real shocker. It seems every horror movie wants to jump on the twist bandwagon nowadays that the novelty is lost. This movie will probably keep you on the edge of your seat, waiting to leave the theater as soon as possible.

SUDOKU

						4	6	9
9	3	6	4	5				2
	1			7		8		
1	2		9					
				2	7		9	1
	7	9		6		2		
	9							
3					4	6		7
5	6		7	1		9	4	

Level: Beginner

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	4	6	3	1	7	2	5	9
7	2	9	4	6	5	1	8	3
3	1	3	9	8	7	2	6	4
4	5	2	1	6	3	9	7	8
1	6	3	7	2	8	5	9	4
6	9	4	5	7	8	6	1	2
5	3	8	6	9	7	4	1	2
9	3	6	1	7	2	4	5	8
7	5	8	1	3	2	4	6	9

ANSWER:



"Remind me again... We did buy the FOAMY LETTERS for HIM to play with... Right?"

BATH TIME WITH DADDY

<p>"Seventh Son" (in 3-D) PG-13 Today 6:30 p.m.</p> <p>"Black or White" PG-13 Today 9:15 p.m.</p> <p>"The Spongebob Movie: Sponge Out of Water" PG Saturday 6:30 p.m.</p> <p>"Project Almanac" PG-13 Saturday 9:15 p.m.</p> <p>"The Spongebob Movie: Sponge Out of Water" PG Sunday 2 p.m.</p> <p>"Jupiter Ascending" PG-13 Sunday 6:30 p.m.</p> <p>"Seventh Son" PG-13 Wednesday 6:30 p.m.</p>	<p>Prices: All shows are \$5 for adults and \$3.25 for children. All 3-D shows are \$8 for adults and \$6 for children. For ticket pricing, the base theater box office defines an adult as a patron 12 years and older and defines a child as a patron from 6 to 11 years old. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.</p>
---	---

STAIRS CLOSED FOR REPAIRS

Plants, trash, dried brush and other debris on both of the off-limits staircases leading to North Beach were cleared off, Feb. 27. Both sets of concrete stairs leading to North Beach are still closed as the Base Inspector's Office conducts maintenance to ensure the stairs are safe. The stairs were closed in April 2014 due to deteriorating infrastructure and hazards for safely accessing the area.

Those authorized to enter North Beach should take the temporary stairs accessible from the gated entrance near the lifeguard station, on the northeastern side of the Kaneohe Klipper Golf Course.



Christine Cabalo | Hawaii Marine

PAYING IT FORWARD BY CUTTING BACK



CWO2 Matthew Smith | Marine Corps Base Hawaii Combat Camera



Photo courtesy of Todd Russell

MARINE CORPS TRAINING AREA BELLOWS, Hawaii — Dozens of Kailua High School students and teachers volunteered to clear overgrowth and invasive plant species in the training area near Waimanalo Stream, Feb. 27. The group was briefed by the Marine Corps Base Hawaii Environmental Compliance and Protection Department before completing several maintenance projects in the area. A service project like this is an annual event for the students at Kailua High School.

1/12 snatches win from CLB-3 TSC in sudden death face-off

Kristen Wong

Hawaii Marine

In a sudden death match, 1st Battalion, 12th Marine Regiment came out victorious against Combat Logistics Battalion 3 Transport Services Company, 43-40, during an intramural basketball game, Monday at the Semper Fit Center gym.

Despite having lost six players in the last game, 1st Bn., 12th Marines were able to beat another CLB-3 in a previous game by 30 points.

Jordan Young, 1st Bn., 12th Marines' shooting guard, said he hoped they would do the same again that night.

Young commented that although his team is exceptional in speed, they need to make more time for practice.

"(If we practiced more) outside of the game our team would be unstoppable," Young said.

The entire evening was filled with fouls, as CLB-3 TSC racked up a total of 16, 1st Bn., 12th Marines, accrued 12. One player received an administrative technical foul for wearing shorts with pockets, which violated game regulations.

At halftime, the 1st Bn., 12th Marines was leading the game, 18-17.

"We're a little more sluggish coming down court," said CLB-3 TSC center Nick Beaton. "We could do better on defense."

The seconds ticked away to the end of the game, and the teams were tied, 38-38. The buzzer sounded. Additional seconds of play were granted as a tie breaker. Young's mad dash for the basket was abruptly ended by the buzzer. The clock



Kristen Wong | Hawaii Marine

Combat Logistics Battalion 3 Transport Services Company players Nick Beaton and James Didomenico tail 1st Battalion, 12th Marine Regiment player Jauvaurion McCray V as he scrambles for the ball during an intramural basketball game at the Semper Fit Center gym, Monday.

reset to little more than three minutes. The teams were given another tip-off, and fought to break the tie — to no avail.

One team was fouled, and awarded two free shots, and just when it seemed the game would end, another foul occurred, and the other team was also awarded two free shots. The game was tied, again, this time, 40-40.

One could hear tired groans echoing throughout the gym as the clock reset again. Young

sunk a three-pointer, and with a loud cry, cheered, making 1st Bn., 12th Marines victorious, 43-40.

"We didn't beat them by 30, but a win's a win for 1/12," Young said.

But CLB-3 TSC's coach kept a positive vibe.

"We played absolutely wonderful tonight," said CLB-3 TSC coach James Didomenico. "We're a young team, it's a first season together as a team from few different units, separate

sections ... we lost double overtime by three — it happens. But we're coming together as a team very well and (in) the last two games there (has been) a dramatic change in our play. I'm proud of the guys."

He said if there was anything he would like the team to work on, it would be even more focus on teamwork.

"(The players should get) out of that single player mentality," Didomenico said. "Keep your head up and look

for open passes, the open man. Don't just keep your head down."

Didomenico had nothing but positive feedback for the opposing team, referees and scorekeepers.

"They played hard as a team," he said.

The next game is Monday at 6:30 p.m. between the Marine Aviation Logistics Squadron 24 Warriors and CLB-3 Comm at the Semper Fit gym. For more information, call 254-7590.

COMMUNITY, VOLUNTEER BRIEFS

Windward Choral Society to perform free concert

Members of the Windward Choral Society will sing together in “The Storm is Passing Over: A Celebration of African-American Gospel and Spirituals,” Sunday. The free concert is scheduled to start at 5 p.m. at 920 Keolu Drive in St. John Vianney Parish. The concert features special guest baritone Leon Williams.

WaikiKitchen returns Sunday

Gourmet restaurants will gather together to celebrate Hawaii’s favorite foods at WaikiKitchen. Admission is free to this food festival, scheduled Sunday from 8 a.m. to 2 p.m. at Kapiolani Park.

WaikiKitchen is part of the Honolulu Rainbow Ekiden. Ekiden, a long distance relay race, was a concept born in Japan more than 90 years ago as a sport to unify teams in a competitive environment. At the end of the Ekiden is the WaikiKitchen Food Festival. For more information, visit www.honoluluiekiden.com

Traveling exhibit to premiere at Pacific Aviation Museum

Pacific Aviation Museum Pearl Harbor, the site of America’s first aviation battlefield, will serve as the first stop of the “National Memories” 2015 United States tour, March 14.

The exhibit, which first went on display in the southern Chinese city of Shenzhen in 2010, has toured through mainland China and Taiwan. Through the use of imagery and more than 100 historic photos taken by the 164th U.S. Signal Photo Company in the China Burma India Theater, “National Memories” brings to life the unusual and little known camaraderie that existed between Chinese and U.S. soldiers as their countries joined forces during World War II.

The exhibit is free to museum members or with museum admission. For more information about the exhibit or other events, call 441-1007 or email edu-

cation@pacificaviationmuseum.org.

Bellows AFS to host St. Paddy’s run

Bellows Air Force Station is hosting its second annual, free nighttime fun-run and St. Paddy’s Day party, March 14.

Dress up in shamrock green or festive costume at Turtle Cove from 5:30 to 9 p.m. Glow sticks and LEDs welcome. Kealohalani performing live from 6:30 to 8:30 p.m. Snack items available for purchase. Check-in for the run starts at 6 p.m., and the race starts at 7 p.m.

Prizes will be awarded. Participants will encounter sand, asphalt and dirt trails, so wear shoes and bring a flashlight or head lamp. Swag bags available for the first 50 entrants. No pre-registration is required. The event is not recommended for children ages 7 and younger. For details, call 259-4112.

Volunteers needed for upcoming kickball tournament

P.A.R.E.N.T.S. Inc. is recruiting volunteers for its 4th Annual Kickball Tournament. The tournament is scheduled for April 11 at Kaneohe District Park. Shifts start at 6 a.m., with the last shift ending at 6 p.m. Shifts will be in four-hour increments, and volunteers can help with as many shifts as they’d like. The tournament helps support the nonprofit, which is working to end child abuse and neglect in Hawaii.

Volunteer shift times are as follows:

- 6 to 10 a.m.
- 10 a.m. to 2 p.m.
- 2 to 6 p.m.

All volunteers will be provided with light snacks and refreshments throughout the day. Volunteers who are signed up for the 10 a.m. to 2 p.m. shift will receive lunch. Volunteers will also be provided with a T-shirt.

For more information or to download a registration form, visit www.hawaiiiparents.org/2015-kickball-tournament.

Email or fax completed forms to Tara Buckley, Oahu program director, at tara@hawaiiiparents.org or 247-0447.

Register for lei making workshops

The Department of Parks and Recreation will hold free lei making workshops before the 88th Annual Lei Day Celebration at Queen Kapiolani Regional Park and Bandstand.

The lei contest exhibit will be open to the public on May 1, from 1 to 4:30 p.m., in the area between the bandstand and the Waikiki Shell. There are categories for all ages and skill levels, so everyone is encouraged to enter. For more information, visit www.honolulu.gov/parks, access the “Programs and Classes” link on the left hand side, then the “Lei Day Celebration” link.

Habitat for Humanity seeks volunteers from community

No construction experience is necessary. Honolulu Habitat for Humanity brings volunteers from the local community and communities all over the globe to build homes with low-income families in Oahu.

The need for affordable housing remains high on Oahu, and Honolulu Habitat is attempting to increase the rate at which it builds in order to help as many families as possible.

In order to participate and become a volunteer, register at volunteerup.com/Login.asp?w=i&o=227.

Volunteerup.com provides a calendar that shows all the ongoing projects, scheduled dates.

Volunteer for international conference

Volunteers are needed as greeters, ushers and for several other positions during the Pacific Rim International Conference on Disability and Diversity.

The conference is scheduled May 18 and 19 at the Hawaii Convention Center

in Honolulu. Keynote speakers will discuss a wide variety of topics on diversity and disability including mental health concerns and disability access. For more information call 956-7539 or email prinfo@hawaii.edu.

Arts and crafts volunteers needed at TAMC

The American Red Cross is seeking volunteers interested in improving the quality of stay for patients and their families at Tripler Army Medical Center through arts and humanities.

Those interested in volunteering can contact Yolanda Gainwell at 433-6631 or yolanda.m.gainwell.vol@mail.mil.