



THE PONY EXPRESS

NEWSLETTER

VOLUME 3, ISSUE 4

RECRUITING STATION DALLAS

SEP 2013



INSIDE >>





THE PONY EXPRESS

NEWSLETTER



MAJ. CHARLES NICOL

WORDS FROM THE COMMANDING OFFICER

Greetings Marines and Families of RS Dallas!

I am happy to have had the opportunity to meet many of you during the recent months, and I look forward to meeting more of you at the Marine Corps Ball and in the years to come. As Fiscal Year 2013 comes to a close and we begin a new year, I want to thank each and every person in this command for their individual contributions. You should be proud of your hard work and the results that the RS achieved as a whole during Fiscal Year 2013. This has been a very successful year. For the families and friends of the Marines, you are the people behind the scenes who allow this RS to succeed. Without the dedication you have for your spouses and family, Fiscal Year 2013 would not have been nearly as successful. As we prepare to begin a new Fiscal Year, I will do everything I can to ensure that your Marines are set up for success with the resources and tools necessary for this unique duty.

As a husband and father of three boys, I understand the importance of quality time with your family and friends. Recruiting duty is incredibly demanding. It is a duty that requires each of us to sacrifice our time to ensure we find the most qualified young men and women to fill the ranks of our Corps. I cannot promise short work days or even that your Marine will be at every key event, but I can promise that together as a team we can increase the quality of life in RS Dallas. This will take commitment from all Marines in this station. I need every Marine to work effectively and efficiently during the day and to utilize systematic recruiting. As we make mission, and gain calendar control across the RS, it will increase the time with your families. I also challenge all members of this command to put their families first when they are away from the office.

My ultimate goal is that you and your Marine complete a successful tour with your family not only intact, but stronger than ever. In addition, I want to ensure that as Marines transition from RS Dallas they are set up for success in their future endeavors.

I know this duty is challenging and at times very lonely. I am committed to creating an atmosphere of trust and greatness within the RS. This RS is an extended family. Together as a family and functioning as one team- we will continue to move forward. Again, I thank you for your hard work during the past months and Fiscal Year 2013. I look forward to meeting each spouse or significant other at the upcoming Marine Corps Birthday Ball and for us all to enjoy a night of camaraderie.

Sincerely,

Charles D. Nicol Jr.

Major, USMC

Commanding Officer, RS Dallas





THE PONY EXPRESS

NEWSLETTER



MSGT. COLLINS AND FAMILY

DEPUTY FAMILY READINESS OFFICER

Wow! This year is really flying by. Summer has come and gone and the holiday season is almost upon us! Abby and I would like to welcome all of the new families to the RS and wish the best of luck to all of you in the current school year and upcoming holiday season. The beauty of recruiting duty is that it allows our spouses to be home for the holidays and not forward deployed. I ask each of you to cherish this time with your loved ones and be thankful for their health and safety.

I would like to share a few points from Mrs. Lisa Jackson (District Family Readiness Officer) to help young families with children navigate the school year and upcoming holiday season:

Sincerely,
MSgt John Collins

Develop a Routine- Developing a routine with your kids and keeping things similar to the way it is while attending school will make for an easier transition when school restarts following the holiday breaks.

Controlling Emotions- Children will always seek attention (negative or positive). Remember there is stress for them as well during this time of year with school and the holidays. Try to evenly distribute the love and praise if you have more one child in the house. This will decrease the chances of your child misbehaving; which will warrant a negative response from you.

Take Care of Self- Continue to do the activities that soothe your mind and body. Keeping your stress levels low helps you deal with the "roller coaster" of emotions and irritability that come with being back in school and dealing with the upcoming holiday season.

Balance is a good way to keep this recruiting duty life as enjoyable as possible. For more information about this and other topics related to infants and toddlers contact the New Parent Support Program aboard MCRD San Diego at (619) 524-0805.



RS Dallas - Deputy Family Readiness Officer - (214) 697-2148



THE PONY EXPRESS

NEWSLETTER

As your Uniformed Victim Advocate (UVA) I am confident to say that RS Dallas Marines know the options that are available to them or someone they know if they have been sexually assaulted. On May 29, 2013 we conducted our Take a STAND training and on 10 June 2013 the Commanding Officer personally conducted the Sexual Assault Prevention and Response (SAPR) Training. We covered and discussed the options that are available to you and someone you know if you have been sexually assaulted. If you or someone you know are a victim of sexual assault please call your Uniform Victim Advocate at (903) 530-1723. Advocates and



GYSgt. JOSE ROMERO

UNIFORMED VICTIM ADVOCATE

other professionals are on call 24 hours and are available to assist you. We want you to know that you are not alone. The DOD Safe Helpline is also available 24 hours for Restricted and Unrestricted reporting by a trained professional. Call (877) 955-5247 or click and chat <http://www.safehelpline.org/>.

I want to remind you; this command's sexual assault policy is that this crime has no place in our unit. Our Commanding Officer is committed to maintaining a workplace environment that rejects sexual assault. We believe training is the key to prevent sexual assault. This is why our Sexual Assault Prevention training program focuses on preventing sexual assault, improving sexual assault, improving a victim's access to service, and expediting the proper handling and resolution of a sexual assault case.

Remember, all military personnel are responsible for preventing and responding to sexual assault. Be a **LEADER**. Be a **MARINE**. Take a stand to prevent sexual assault.

Available Resources

Unit UVA: GySgt Jose Romero
Office: (214) 431-0314
Cell: (903)530-1723
Email: jose.romero@marines.usmc.mil

HQMC SAPR: (703) 432-9765.
Web:

www.usmc.mccs.org/SAPRO
DOD SAPRO: www.sapr.mil

DOD Safe HelpLine: (877)
995-5247. Web:
www.safehelpline.org





THE PONY EXPRESS

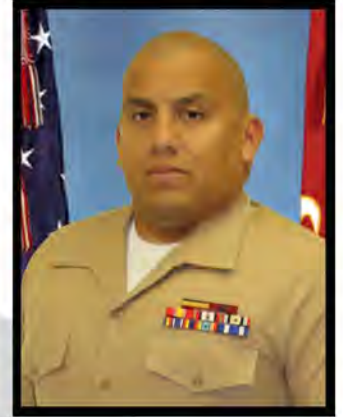
NEWSLETTER

OVERALL RECRUITER OF THE 4TH
QUARTER

SGT BRAVO

RSS TYLER

POINTS: 41



OVERALL ROOKIE RECRUITER OF THE
4TH QUARTER



SGT BOGGS

RSS MESQUITE

POINTS: 48

OVERALL RSS OF THE 2ND
QUARTER

RSS GARLAND

MSGT CASTILLO

POINTS: 18.9





THE PONY EXPRESS

NEWSLETTER

HAIL AND FAREWELL

NAME	STATION
GYSGT MAURICE IRVIN RSS BRYANT	MALS-14, MAG-14 CHERRY POINT, NC
GYSGT ERIC GREER RS DALLAS HQ	MCB CAMP BUTLER OKINAWA, JAPAN
SGT MAXWELL PERRY JR RSS DALLAS NORTH	1ST MLG CAMP PENDLETON, CA
CAPT JOHN SANCHEZ RS DALLAS HQ	QUANTICO, VA
MSGT PHILLIP STATEN RSS TYLER	MCRS BATON ROUGE, LA
MAJ KARL TINSON RS DALLAS HQ	QUANTICO, VA
SSGT MARTIN HOLTZMAN JR RSS DALLAS SOUTH	2/2 CAMP LEJEUNE
GYSGT GALEN MARSHALL RSS DALLAS SOUTH	29 PALMS, CA
SGTMAJ DOUGLAS CUTSAIL III RS DALLAS HQ	MCRD SAN DIEGO, CA

NEW ADDITIONS

MAJ. CHARLES NICOL JR
COMMANDING OFFICER
RS DALLAS HQ

SGT. CODY HILL
RECRUITER
RSS LONGVIEW

SGT. JOSHUA ISOM
RECRUITER
RSS BRYANT

WELCOME NEW MARINE BABIES

SGT SMITH
RSS LONGVIEW
GABRIEL ALAN SMITH
BORN ON:
AUGUST 12, 2013





THE PONY EXPRESS

NEWSLETTER

ANNIVERSARIES

NAME	RSS	DATE
SGT KRISTOPHER AND OSHAWNECI NIX	PLANO	JULY 2
GYSGT DAVID AND QUINN RAMBO	LITTLE ROCK	JULY 8
GYSGT STEPHEN AND MELANIE MAY	ARKANSAS MEPS	JULY 14
SGT DAVID AND MAGEN HUNTER	BRYANT	AUGUST 2
SGT DENARD AND SHANADRA BALLARD	DALLAS NORTH	AUGUST 3
MSGT PAUL AND DEBRA CASTILLO	GARLAND	AUGUST 18
SGT NORBERT AND LAURA LOGSDON III	DALLAS NORTH	AUGUST 19
SSGT WILLIAM AND SHARLYN PENA	DALLAS NORTH	AUGUST 23
SSGT ANDREW AND LISA JACKSON	BRYANT	AUGUST 26
CAPT CLINTON AND CARA LUDWIG	RS DALLAS HQ	SEPTEMBER 3
SSGT NICHOLAS AND VANESSA BREDEHOFT	DALLAS MEPS	SEPTEMBER 5
SGT RICHARD AND RACHEL ELSIE III	BRYANT	SEPTEMBER 16
SGT DAVID AND VIVIANA MENDOZA	RS DALLAS HQ	SEPTEMBER 20
GYSGT DUSTIN AND LAIKEN DEATON	LITTLE ROCK	SEPTEMBER 25

PROMOTIONS

GYSGT DAVID RAMBO
RSS LITTLE ROCK
AUGUST 1, 2013



RS DALLAS PHOTO MONTAGE



RS DALLAS PHOTO MONTAGE

