

Top-Rated Medical Alarm

Medical Alert Monitoring
24/7

29⁹⁵
month

Recommended by:
Good Housekeeping
As Top-Rated Medical Alarm
Member Since 2008



- Free Equipment • Easy Setup
- Free Shipping • Nationwide Service

Order Now!

Call today:
1-888-714-7318



Stryker Rejuvenate® Hip Replacement Has Been RECALLED



Stryker Orthopaedics has voluntarily recalled its **Rejuvenate® modular** and **ABG II modular-neck hip stems** due to corrosion where the neck and module meet.

This corrosion may release material into the tissue around the hip replacement which may lead to:

Pain Swelling

Need For Revision Surgery Metal Toxicity

If you or a loved one had a Rejuvenate® modular or ABG II modular-neck hip stem **implanted since 2009**, call the law firm of Carby & Carby toll free at 1-888-580-3784.

Carby & Carby, PC
ATTORNEYS AT LAW
513 State Street, P.O. Box 1047, Natchez, MS 39121

WESTERFIELD,
JANOUSH & BELL, P.A.
307 Cotton Row, Suite 1, Cleveland, MS, 38732

CALL 1-888-580-3784

FREE BACKGROUND INFORMATION AVAILABLE UPON REQUEST.

Warning!

STRYKER HIP RECALL

Did you receive a Stryker Hip Device between 2009-2012?

Have you received notice of the recall from your surgeon?

Rejuvenate and ABG II Models RECALLED.

If so you may be entitled to substantial compensation.

Contact:
MARS, MARS & MARS, P.A.
Attorneys at Law
507-A Center Avenue
Philadelphia, MS 39350
(Toll Free) 1-800-650-2152
OR DIRECT: 601-656-2152

Free Background information available upon request to a Mississippi attorney. The listing of these areas of practice does not indicate any certification of expertise therein.



Make the Switch to Dish Today and Save Up To 50%*



Promotional Packages starting at only ...

\$19.99
mo.
for 12 months

FREE

PREMIUM MOVIE CHANNELS

HBO CINEMAX

SHOWTIME starz

For 3 months.

SIX PACKAGES UNDER \$50

ASK ABOUT HIGH SPEED INTERNET AS LOW AS ...

\$14.95
mo.

where available

FREE

SAME DAY INSTALLATION IN UP TO 6 ROOMS Where available

CALL TODAY- INSTALLED TODAY!

Prices valid for 12 months. Requires 24-month agreement.

Call Now and Ask How to Save Up To 50%*

1-888-471-1216

Call 7 days a week 8am - 11pm EST Promo Code: MB0113

**Savings applies to AT120, AT120+, AT200, and AT250 with HD programming, 2 year agreement and credit qualification. Discount applied to first year of service in form of online and promotional credits plus free HD for Life which is a \$10/mo credit.



AUTHORIZED RETAILER



U.S. Photo by Spc. Karen Sampson
Sgt. 1st Class Corey Garner, , presents Master Sgt. Maranda McCorvey, 158th Infantry Brigade equal opportunity advisor, with a plant representing women's strength at the Women's History Month Observance at Camp Shelby Joint Forces Training Center.

100
Continued from Page 1

history who fought for equality, and we see the women of today who continue to carry the work of those who have come before us.”

“They all have the same thing in common,” said McCorvey. “They have a vision

and an inner strength to see that vision or dream obtained. We see proof of that today with observances like this.”

Colonel Christopher Forbes, 158th Infantry Brigade commander said, “We honor these women by celebrating those who stand up for equality. Women are the heroines of then and now.”

U.S. Army Photo by Sgt. Vannessa L. Josey
158th Infantry Brigade Commander, Col. Christopher Forbes, presents Jerry D. Holifield, vice president of Channel Control Merchants, LLC, a memento of appreciation for speaking at the Women's History Month Observance at Camp Shelby Joint Forces Training Center.

QATAR

Continued from Page 1

Prior to pre-mobilization training, the 3rd BN, 116th FA accomplished weapons conversion training. A timely process, the battalion trained from a track vehicle M270 Multiple Launch Rocket System to utilizing the new M142 High Mobility Artillery Rocket System (HIMARS). The M142 HIMARS is a medium tactical vehicle equipped to launch one to six rockets.

“We had a very short turn-around between training on the new weapon system to pre-mobilization,” said Lloyd.

Baxter said that the training has been successful and attributes members of the battalion.

“I am fortunate as a commander to have Soldiers with the battalion having been on multiple deployments,” said Baxter. “Some I deployed to Iraq with in 2005, so I know them personally as well as professionally.”

Baxter sees this experience a great benchmark for the lower enlisted Soldiers on their first deployment.

“This by far is a great introduction to what it is like to be deployed,” said Baxter. “There are a lot of other hardships with a deployment than just the combat

U.S. Army photo by Spc. Lam Phi Nguyen, 3rd BN 116th FA
The Florida National Guard's 3rd Battalion, 116th Field Artillery Soldiers participate in range qualifications March 22. The 3rd BN, 116th FA are training with 177th Armored Brigade, 1st Army Division East for their final validations before deployment.

environment alone.”

“The Soldiers experience being away from their families and not being engaged with their dependents at all times,” he said. “However, unlike other deployments of more aggressive posture they do not have to worry about the threat of not coming home.”

First Army ensures mobilization

training is relevant, realistic and reflects the most current conditions Soldiers will face in theater. First Army Division East directly supports the Chief of Staff of the Army's priority of providing trained, equipped and ready forces to win the current fight, while maintaining responsiveness for unforeseen contingencies.

Assess

Continued from Page 1

following types of questions is a good start:

- Do you prefer working with people, data or things?
- Do you prefer working indoors, outdoors or a mix of both?
- Do you want to work for a large or small company?
- Do you want to interact with others a great deal, a little bit or not at all?
- Do you want to work independently or on a team?
- Are you more comfortable as a team leader or member?
- Which of your jobs in your past did you enjoy the most? Why?
- What do you like to do in your

spare time?

- What are your hobbies?
- Do you want to create, Design, Install, Troubleshoot, Teach, Travel, Coordinate, Answer questions, Ask questions, Inspect, Write, Build, Analyze, or Synthesize.
- If you had to describe five or six of your happiest moments at work, would they have a common thread? What was it about those moments that gave you true satisfaction and what type of civilian environment might give you the same enjoyment?

There are thousands of similar questions to ask yourself in pursuit of self-knowledge. I recommend reading What Color is Your Parachute, by Richard Bolles or any other book that offers self-assessment, long before

your separation date.

As you learn more about your own vocational values and preferences, you will be able to piece together a picture of what your next career will look like.

As a result, when you finally do arrive at your transition point, deciding on objectives, writing resumes, interviewing and evaluating job offers will be considerably easier. And your new civilian career will be financially, professionally and personally rewarding.

Soldiers and their spouses are encouraged to attend a pre-separation briefing no later than one year prior to separation or two years prior to retirement. Call the Fort Rucker ACAP Center at (334) 255-2558, the Camp Shelby, MS ACAP Office at (601) 558-2298, and the Eglin A&FRC at (850) 882-9060 for an appointment.