

1st Trimester FY13

BDUCATION



Recruiting Sub-Station Alexandria learned about the illustrious history of the Corps by visiting the Marine Corps Museum in Quantico, Va., during a pool function.

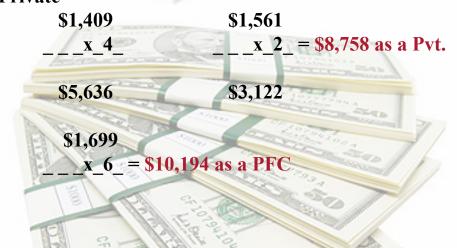
A LITTLE WORK PAYS OFF

You can earn an early promotion to private first class, if you refer to your recruiter two qualified individuals who enlist into the Marine Corps. There are people all around you who are potential Marines. You have friends at school who are curious about what you will be doing in the Marines. They might want to talk to your recruiter. Go over your yearbook with your recruiter and show them individuals that might be interested in the Marines. Talk to your friends during extra curicular activities. Get someone to enlist and make more money!

A private's proposed earnings could be \$1,409 a month for the first four months of service. He could earn \$1,561 from that point on. Promotion to private first class could earn you \$1,699 a month, a difference of \$290 a month during recruit training and a \$138 a month after recruit training.

You stand to lose a total of \$1,436 over that six month period.

Private



(PROPOSED) PFC Monthly Pay: \$1,699

Effective January 2013

VS.

Pvt. Monthly Pay: \$1,516

Effective January 2013



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Around the RS



Marcus Newby (number 13) flanked by Staff Sgt. Alex Garcia, Capt. Julian Kilcullen and Gunnery Sgt. John Ward was presented the Semper Fidelis Bowl jersey during a pep rally at Quince Orchard High School October 10, 2012. Newby will play in the Semper Fi All-American Bowl January 4, 2013 in Carson, Ca.

RS Frederick hosts many events due to having 11 recruiting sub-stations that span from West Virginia to the edges of D.C. and Baltimore.



RSS Rockville poolees get ready for an afternoon run with a warm up jog to the field near PCS Gaithersburg.



RSS Leesburg PT's on a cold winter morning in preperation for the IST.





Happy Birthday to the future Marines of RS Frederick.



Recruit Training Matrix

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	12	Intro USMC Values			"	CrtCrs/Sprints (B&U) F 880yd + CbtCond x 2 L	-	
		Ethics Hist & Struct MCMAP Fund MCMAP		Haircuts – 1 F CrtCrs/Sprints (B&U)L	Haircuts – 1 L 880yd + CbtCond x 2 F	880yd + CbtCond x 2 L Commitment Combat Care II	Interior Guard PA Combat Care I PA Customs &	
		Intro to Close Order Drill UCMJ	Punches	Bayonet Tech L/F Combat Care I: IFAK	Core Beliefs History 1775-1897	CVGD: Eth Decision Making CVGD: UCMJ: NJP	Courtesies PA CVGD:Integrity: Theft CVGD:Core Beliefs	
	T6	Interior Guard I	Customs & Courtesies	USMC Uniforms	CVGD: Personal Values	CVGD: UCMJ: NJP	CVGD:Core Beliefs	
		2.0 Mi I/E Run/Bases F	W History 1898-1940	440yd + CbtCond x 5 F 2.0 Mi I/E Run/Bases L	Haircuts – 2		02	
	Pugil Sticks I Lower Body Strikes	440yd + CbtCond x 5 L Uppr Body Strikes CVGD: Commitment:	USMC Mission/Org Honor	Combat Care III Falls/Leg Sweep L CVGD: Moral Strength	MCX-1 Combat Care II,III PA	5 Km Hike Fall/Leg Swp F	Combat Care IV PA	N
	USMC Problem Solving Courage Direct Deposit	To become a Marine	Code of Conduct USMC Leadership Dental Surgery (R1(L))	CVGD:Code/Conduct I	Sm Unit Leadership Law of Land Warfare	Combat Care IV Interior Guard II CVGD: Honor Night Sentry	CVGD: USMC Ldrshp CVGD: Law of War I-	
	T12	CVGD: Problem Solving	T14	Dental Surgery (R1(F))	Equal Opportunity	T17	ROE S3	
	Confidence Course I L	Confidence Course F	CtCrs/Spts/TugWar(B&U)	MCMAP EndCrs F O'Crs/Case Evac L Knife Tech L	MCMAP EndCrs L Pugil Sticks II F Counter to Chokes/Holds			H
5	O'Crs/Case Evac F Armed Manipulate F	Pugil Sticks II L Counter to Chokes/Holds L Sexual Harassment	Counter To Strikes Chokes	Armed Manipulate L CVGD: Sexual Harassment	History 1946-1953 Suicide Prevention	8 Km Hike		=
	Knife Tech F Combat Care V Initial Travel L/F	Substance Abuse Combat Care VI History 1941-1945	Combat Care V, VI PA CVGD: Equal Opportunity	CVGD: Subt Abuse1: Drugs CVGD: Small Unit Leadership Haircuts – 3 F	CVGD: MOH: Daly Haircuts – 3 L Dental (R2(L/F))	Hazing History 1954-1975 SDI Inspection	CVGD: Hazing CVGD: Suicide Prevention	A
	m T18	T19	T20	T21		T23	S4	
	6						•	
4.	Unarmed Manipulations History 1976-2006		2.5 MiRun/Bases L	O'Crs II/CASEVAC F	MCMAP Qual L/F Dental (R3(F))	2.5 Mi Run/Bases F		
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	PFI-1 L Haircuts – 4 L/F	Rappel/Fast Rope L/F M40 Field Mask Gas Chamber	MCX-2 L Individual Photos L Dental (R4(L))	MCX-2 F Individual Photos F Dental (R4(F))	INNOCS-2 Thrift Savings Plan Initial Written Retest	10 Km Hike CVGD: Subst Abuse 2	CUCD ALL	
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6		880yd + CbtCond x 3 Prone Position	T32 Grouping Ex Sitting Position	T33 Haircuts – 5 MCMAP EndCrs II Kneeling Position	T34 Standing Position	Inventory PFT	S6 CVGD: ProfConduct CVGD: Cour/Commit:	E TWO
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Sergeant Major's Corner

You have made one of the greatest and most difficult decisions in your life. Your family and friends might not and may never understand your reasons for joining. The steps you took to join our ranks are just the first of many steps towards becoming the person that you are capable of being. There will come a time when you will doubt yourself, your decision and your ability. Recruit training is designed to be that way. Your recruiters are held to a very high standard. They will get you prepared for the rigors of recruit training. You must do your part by ensuring you are mentally, physically and emotionally prepared. This includes getting into and staying in shape, getting good grades (for those in school) and studying the Basic Marine knowledge you were given. Any work you put in now will pay dividends when you get to boot camp, ensuring you are ahead of the game and not drawing undue attention for being "lost in the sauce".



Stay out of trouble and follow the Poolee Code of Conduct you were given. If something changes in your life, let your recruiter know immediately. Finally, here is a secret to the success of becoming a Marine: if you do not want to come back to your hometown without the Eagle, Globe and Anchor, then you will not. If it sounds really simple... that is because it is. That alone can keep you going when you're tired, hungry and just want to lie down. Stay engaged until your objective is met... then attack a new one. Good luck to those of you who are shipping soon, I hope to shake your hand and say "Good job, Marine!"

Sqt. Maj. Sweeney

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COMMANDING OFFICER Maj. J. Birchfield

EXECUTIVE OFFICER Capt. J. Kilcullen

SERGEANT MAJOR Sgt. Maj. W. E. Sweeney

POOL PROGRAM SPECIALIST Staff Sgt. M. Norville EDITOR Cpl. A. Williams

Commanding Officer's Corner

To the future Marines of RS Frederick, congratulations on your decision to serve your country, there is no path more honorable.

What I need from you now is a commitment to graduate from Recruit Training at Parris Island. Do not go to boot camp if you are not going to stay there until you are a Marine. It is going to be tough and especially the first few weeks will be very intense. That's okay. You will graduate as long as you keep trying. I set very high standards for your recruiters. If I ship you to Parris Island, then I know you have what it takes.

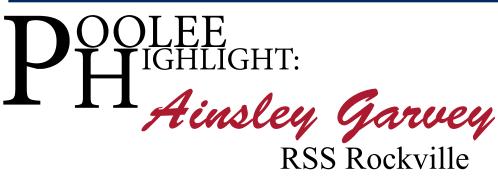
Maj. James Birchfield III



Do you have the number for your Staff Non-Commisioned Officer-in-Charge?

RSS Alexandria	(877) 323-9426	RSS Fredericksburg	(888) 870-4224
SNCOIC	Staff Sgt. Santiago	SNCOIC	Gunnery Sgt. Hanzlik
RSS Chantilly	(877) 344-9082	RSS Martinsburg	(877) 744-8436
SNCOIC	Staff Sgt. Smith	SNCOIC	Gunnery Sgt. Harper
RSS Silver Spring	(877) 323-9404	RSS Rockville	(877) 343-9119
SNCOIC	Staff Sgt. Net	SNCOIC	Gunnery Sgt. Ward
RSS Morgantown	(800) 892-8016	RSS Leesburg	(877) 744-8436
SNCOIC	Staff Sgt. Miller	SNCOIC	Staff Sgt. McNew
RSS Frederick	(877) 744-8625	RSS Woodbridge	(888) 870-4375
NCOIC	Sgt. Thomas	SNCOIC	Gunnery Sgt. Paulk
RSS Warrenton SNCOIC	(540) 428-4367 Staff Sgt. Wetzel		





Why did you decide to join the Marine Corps?

"I decided to join the Marine Corps to become the best of the best."

When do you leave for boot camp? "July 8th."

What is your military occupational specialty?

"My MOS rigth now we don't know, I'm shooting for intel or military police."

Did you play any high school sports?

"I wrestled. You can't blame anyone else if you loose. It's just you and your opponet."

What do you expect to get out of Marine Corps boot camp?

"I expect to become physically tough, mentally tough and also very disciplined. Confidence."

What question do you have about boot camp?

"If I mess with the drill instructors, will I become better? Will they push me hard enough so I become better?"

Where do you want to go in the Marine **Corps?**

"I would want to go into reconnaissance or MARSOC, that's where I would want to go."



Garvey, Poolee, soon to be a United States Marine from **Recruiting Sub-Station** Rockville, Md.

"What I really want to do is Recon!" ~Talking about his goals in the Corps.

Garvey learning Marine Corps Martial Arts during a pool fuction held by RSS Rockville, Rockville, Md.



PAIN IS WEAKNESS LEAVING THE BODY.

THE QUESTION ISN'T HOW MUCH MORE CAN YOU TAKE, BUT HOW MUCH MORE CAN YOU GIVE. JUST WHEN YOU'RE READY TO QUIT, YOUR MIND SAYS PUSH HARDER YOU LISTEN. SENSING AN INNER STRENGTH THAT WASN'T THERE BEFORE AND SUDDENLY YOU DISCOVER -YOU NO LONGER FEEL PAIN.



KNOWLEDGE - Having professional knowledge and understanding your Marines. **LOYALTY** - The quality of faithfulness to the country, the Corps, the unit, to one's seniors, subordinates, and peers. **ENDURANCE** - The mental and physical stamina to withstand pain, fatigue, stress, and hardship.

Marine Corps News

New Covers for Females

October 3 // By Cpl. Amber Williams

FREDERICK — Over the next several months you will see female Marines in three different covers (hats); the current bucket cover, the new improved female dress cover and the current male dress cover. The goal is to see how Marines and the public react to the improved female dress cover and the male dress cover. Recruiting Stations from 4th Marine Corps District are participating in targeted evaluations. Recruiting Station Frederick had one of the first fittings out of 11 recruiting stations.

A recruiting unit is known to wear the dress uniform more often and was an obvious choice when deciding which type of unit should test the covers, according to Steve Davis, the team leader of the Combat, Cold Weather & Dress Clothing Team at Marine Corps Systems Command.

"Over 30 females (from

4th MCD) will be dawning different covers until January," said Davis.

The effort to change the female cover was started over 11 years ago by General James T. Conway, the 34th Commandant of the Marine Corps, explained Davis. About three years ago it was going to go to sea bags (meaning a Marine would receive the item in boot camp) when it was decided to test the male dress covers on females as well.

Now females all across the district will be wearing the improved female dress cover until sometime in December. They will switch covers in December to the male dress cover. The improved female cover has a straight up and down edge instead of the lip like the male dress cover. "Those are cute," said Sgt. Arlene Tibbs when she first picked up the improved female dress cover.

Tibbs is a recruiter with Recruiting Station Frederick. "I like this one because it looks girly (looking at the improved female dress cover)... maybe the recruiters should wear this one (pointing at the improved female cover), but in the fleet we should wear this one (pointing to the male dress cover)," she said. Tibbs thought the public would respond better to the female looking cover, but she expressed a desire to see uniformity in the fleet.

Davis said, at the end of the trial period Tibbs will have a chance to actually put that in her survey and it could be an option. Uniformity is the main reason for the new cover, said Davis. The female cover is considered to be too different from the male cover. "The change will show we're all the same with the cover being more similar, it will show there isn't a difference between male and female Marines. We're all Marines," said Tibbs.

She also jokingly admitted that one of her deciding factors in joining the Corps was the Marine Dress Uniform. "I was like awww man, when I saw the female cover (for the first time)." It did

> not have the same effect. "I am glad they are changing it," she said.

The financial aspect is also a deciding factor for some Marines. "For the functionality the male (dress) cover comes in piece meal. You don't have to replace the whole thing," said GySgt. Kristine Terrell, the 4th MCD Musician Placement Director.

Terrell liked the look of the

improved female cover. She also said that there are two reasons to appreciate the male dress cover, the first being functionality and the second being uniformity between males and females.

It be less of a financial burden to the Marines, and it will cost the Department of Defense less. The cover will not have to be bid out to a new contract for production. They can just increase production of the male cover on the current contract. Thus reducing the cost from production to finished product, explained Davis.

There is over a forty dollar difference between the current female cover and the male dress cover according to the cost comparison chart released by Marine Corps Systems Command.

After years of design, debate and testing the cover will go up for review in April by the Commandant General James F. Amos according to Davis. "It could be instantaneous or it could take several months to be approved," he said.

Davis explained the approval process will begin after all the data is collected. The surveys are being given to several units who have worn the covers over the last three months. The survey process should end mid-January 2013.

4th MCD and bands from 2nd Marine Aircraft Wing, 1st Marine Division and Marine Corps Reserves are all involved in the evaluation. The surveys will be used to put together comprehensive reports so the commandant can make the most informed decision when it goes up for review in April.

4th Marine Corps District is part of Marine Corps History in the making.





Marine Corps Rank



Poolee Code of Conduct



- I I am a future Marine. I will not use illegal drugs, nor will I tolerate or associate with those who do.
- II I will adhere to the highest mental, moral and physical standards that qualified me to become a United States Marine and I will immediately notify my recruiter of any changes to my enlistment status.
- **III** I will always conduct myself in a manner that is befitting the title Marine and prepare myself both mentally and physically for the rigors of recruit training.
- **IV** I will never stop asking other individuals to join me in the ranks of the Corps and will provide my recruiter any assistance asked of me to find future Marines.
- V I am responsible for contacting my recruiter at least once a week and attending all scheduled pool functions while I am a member of the Delayed Entry Program.
- VI I will never forget that I am a future Marine, responsible for my actions, and bound by my oath of enlistment to serve this country honorably as a United States Marine.