

January 2010 Issue Number Ten * Published by the SRSC Public Affairs Section

Up Front

CSMR: Part of a long military heritage

By 1LT Roy Twaddell For Warrior Words

American Soldiers who risk their lives are honored in the moment of conflict, but sometimes the public gets forgetful about paying the proper respect for their sacrifice.

To remind wounded, injured and sick veterans of their country's continuing appreciation, 16 CSMR Soldiers and eight relatives and friends visited the Spinal Cord Injury Ward and Main Hospital of the VA Hospital in Long Beach on Dec. 20.

"The purpose of our annual visit is three-fold," said CPT Christopher Fowler, a chaplain with the CSMR. "First, to thank the veterans [patients] for their service to their country; second, to remind them that



Photo by SSG John Thompson

Continued on page 8 CPT MICHA

CPT MICHAEL TALBOT visits veteran at VA Hospital in Long Beach.

Chaplain's Corner **The value of humility**

Perhaps you have heard the expression: "A person wrapped up in himself (or herself) is a very small package indeed!" It seems the more we concern ourselves with our own needs and issues, the more self-focused (and selfish) we become. When this happens, God is not likely to use us to minister to others; and those people we thought were friends will drift away from us.



CPT CHRISTOPHER

FOWLER

The Apostle Paul had every reason to be prideful. He was highly educated, had a keen intellect, and was a gifted

public speaker. Yet, Paul referred to himself as the "chief among sinners" and a "bondservant" (freewill slave) of the Lord. In his letter to the church at Philippi, Paul wrote: "Do nothing from selfishness or empty conceit, but with humility of mind [and spirit] regard one another as more important than yourselves. Do not merely look out for your own personal interests, but also for the interests of others."

"Selfless Service" is the <u>fourth</u> of the seven Army Values. It means to put the welfare of the nation, the Army, and your fellow soldiers before your own. Selfishness can ruin a unit, but genuine humility can strengthen and sustain it. Selfless service leads to organizational teamwork and encompasses discipline, self-control and faith in the system. As we lay aside selfishness, treat others with respect, and consider their needs more important than our own, the outcome will be a more cohesive and effective CSMR!



Southern Regional Support Command COL MARC BRESLOW COMMANDING

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THIRTY-NINE CSMR Soldiers completed their Basic Orientation Course held in October and November in Los Alamitos.

Back to Basics for More CSMR Soldiers

Next step: the development of 'Teach, Access, Counsel' Officers

On Nov. 7, 39 soldiers from the Southern Regional Support Command (SRSC) graduated from the second Basic Orientation Course (BOC) to be held at JFTB Los Alamitos during the FY 2009 training year.

Members of Class 02-09 received their certificates during a formal ceremony conducted by the SRSC Commander, COL Marc Breslow and CSM Robert Crebbs.

Class 02-09 honors were awarded to: **Honor Graduates:**

1LT Ronald Alexander (Prior Service) SPC Ingrid Enoex-Fistori (Non Prior Service)

Distinguished Graduate:

PFC Christopher Livelsberger Both 2009 BOC courses were presented by the newly formed 1st Regional Training Company, Provisional (1-RTC), in accordance with the guidelines of CSMR Regulations and HQ CSMR G-3 directives.

The commander of 1-RTC, CW3

"I am honored to have been given the opportunity to serve with such an outstanding group of Soldiers."

Rolando Quiambao, had this to say about the new unit and its new training mission: "I am honored to have been given the opportunity to serve with such an outstanding group of Soldiers.

"Both the full-time unit members and part-time instructors of 1-RTC have been instrumental in completing our assigned mission and I am looking forward to conducting many more days of quality training during FY 2010," he added.

1-RTC is also tentatively tasked with the mission of executing all institutional

CSMR training at JFTB including the future BNCOC and ANCOC courses. Both courses are currently undergoing curriculum development and will be presented at a date TBD pending HQ CSMR G-3 final approval.

All current and future 1-RTC training will be conducted under the supervision of 'Teach, Access, Counsel' (TAC) Officers.

To accommodate the need for qualified instructors, a special SRSC "TAC Certification Course" (TCC) will be conducted with the objective of standardizing instructor (TAC) capabilities in order to staff and execute the forthcoming FY 2010 training schedule.

All soldiers in the ranks of E-5 to E-7 interested in the TCC course please contact CW3 Quiambao for further information.

Email: rolando.quiambao@us.army. mil

Training



Photos by SSG Jim Tortolano

1LT HECTOR MASCORRO (far right) was the OIC for the M-9 training at Camp Roberts on Nov. 21. CSMR Soldiers from the SRSC's 3rd Battalion provided weapons qualification training for California National Guard Soldiers on a mission that covered six days at the facility north of Paso Robles.

Having a 'blast' at Camp Roberts

Cold weather doesn't keep 3rd Battalion from giving CNG a helping hand

By SSG Jim Tortolano Warrior Words

A chilling wind whipped across the Central California coast. Rain fell and temperatures dropped into the low thirties. The barracks at Camp Roberts offered creature comforts that said "no-frills" in bold face. "It's a lot of fun," gushed SGT

"It's a lot of fun," gushed SGT Verge A. Kiphulian of the CSMR Southern Regional Support Command's 3rd Battalion. "This is my first time at Camp Roberts and it's a blast!"

He and 17 other CSMR Soldiers

spent up to six days at the National Guard facility north of Paso Robles helping to train California National Guard Soldiers with firearms qualifications. The advance party of nine Soldiers arrived on Nov. 17, and were joined by nine others three days later. The mission was completed Nov. 22.

"We're providing individual weapons qualifications training to rear detachment personnel of the 40th [Infantry Division's] Special Troops Battalion," said LTC Fredrick Tribble, who commands the 3rd Battalion. "Our job is to ensure they fire the Army weapons table for the M-9 pistol safely and consistent with military weapons procedure."

Earlier in the week, the CSMR Soldiers trained with a California National Guard advance team on how to run the range for the M-4 rifle, assisting as line safeties on the range.

Speaking of his Soldiers, Tribble said "They have been enjoying their time at Camp Roberts, even with the bare-bone Spartan barracks. Our people have worked very hard. The

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dedication of the Soldiers in the 3rd Battalion is something I'm always impressed with; the fact that they would take time out of their lives to come here and provide training."

Although the mission, based out of the Joint Forces Training Base in Los Alamitos, was state active duty, it was SAD without pay or

> "If it takes four or five hours, we don't care. As long as everyone comes home safe and sound and without a scratch."

reimbursement. Soldiers traveled in privately-owned vehicles on a trip that takes five or more hours each way.

The training involves more than showing up and watching while CNG Soldiers bang away at targets. CSMR troopers rose and arrived early, examining the range, checking out arms, ammunition and safety equipment from National Guard offices.



LTC FREDRICK TRIBBLE is the commander of the 3rd Battalion.

Throughout the mission, the emphasis was on being helpful and being careful.



MSG MARC MELISSAS (right) guides a CNG Soldier on the pistol range.

"I'm glad we had a bunch of motivated Soldiers," said 2LT Hector Mascorro, who was OIC for the M-9 training. "It's important to do everything carefully and not try to rush things. If it takes four or five hours, we don't care. As long as everybody comes home safe and sound and without a scratch."

The unit got good reviews from the National Guardsmen they worked with.

"I believe they appreciate it every well," said SGT Kiphulian. "I've heard nothing but great things."

Tribble echoed that. "The National Guard has been very impressed with our professionalism, and they were very grateful," he said. "It's my hope we're going to have a long and fruitful relationship between us and the Guard, as we continue to support their training needs and they give us opportunities to serve our state and nation."

Training

CSMR PMOs Teach Army Counterparts

Soldiers with law enforcement background travel to Ft. Irwin

By CW2 Rick DeLaTorre Warrior Words

Getting the job done right and getting kudos for it continues to be the calling card of the CSMR's PMO Section based at Los Alamitos JFTB.

Teams of PMO Soldiers have been recently providing special supplemental training to a new set of clients — components of the Army Garrison MP stationed at the Ft. Irwin National Training Center.

The PMO has gained a reputation for top-quality supplemental instruction over the years through its successful evolutions with local National Guard MP units that focus on practical civilian law enforcement techniques and tactics.

> "They want us back for as much as we can give them. They've been very happy with us."

But during 2009 the delivery of PMO services at Ft. Irwin has meant an expansion of eager clients. In addition to the MP companies at the post, the training has been provided to Department of Defense police forces and private security contractors who also provide law

enforcement at the sprawling base that includes offices, banks, schools and a shopping center.

"They want us back for as much as we can give them," said LTC Frank Naumann about the overall reaction to the CSMR's training. "They've been very happy with us."

The classroom and field coursework has been customized for the Ft. Irwin environment and has included classic police methodology such as basic patrol techniques, vehicle stops, domestic violence scenarios, weapons use at night, crime scene management and death scene investigations. The training also has involved CPR and exercises dealing with active shooter crisis situations.

The goals, according to the PMO commanders, have been to provide reality-based learning, use practice set-



CSMR SGT Ed Godfrey is awarded an Army Achievement Medal from the staff at Fr. Irwin.

tings to sharpen skills and otherwise help the personnel get ready for anything that may come their way.

The training got a positive write-up in the base newspaper, High Desert Warrior, which highlighted the practicality of what was being taught.

Army SSG Lucero, an MP for seven years with two combat tours in Iraq, said in the story that the training helped her as a leader. "I've dealt with the combat side of being an MP, so this definitely has given me a better perspective of the garrison portion of my job," she said. "It's helped me realize that there are potential threats out there."

Another affirmative comment in the story came from an Army MP, SPC Robert Cover, who said the training was current and extensive. He also said it was some of the best he had received as an MP in the Army.

"It's taught me different types of techniques," he said. "I'm very grateful for it and very excited about it."

The appreciation for the CSMR's work extended to SGT Eric Krause, who was awarded an Army Achievement Medal as the outstanding instructor for training work he did in the fall with the PMO teams.

PMO team members have taken on the new assignments with their typical enthusiasm and can-do spirit, and with the heartfelt understanding that delivering the extra training can help avoid injuries, possibly save lives and generally make Ft. Irwin a safer community.

Celebration





THE COLOR GUARD presents the national and state standards.

A night of fellowship and cheer

The Holiday Party and "Dining Out", an evening of entertainment and cheer, was held on Dec. 12 at the Phoenix Club in Anaheim. It was sponsored by the Order of Constantine the Great and Saint Helen in concert with the commanders of the Southern Regional Support Command. Highlights included a video year-in-review shot and edited by SPC Randy Idle and live entertainment including a "candle dance" and music by California Rockslyde. **Photos by SSG Robert Davison.**



MSG ROBERT CREBBS with wife Arlene.



THE CANDLE DANCE





"Operation Gratitude" was held at the Van Nuys Armory with the moving Vietnam Veterans Wall to honor those who served our country. CSMR Soldiers participated in the event, including CW3 Richard Ringwald, who is seen returning a snappy salute to a member of the Patriot Guard motorcycle group.

Remembering the veterans at the VA hospital

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God loves them and we are praying for them. And third, to give them gift bags with items they can use during their hospital stay."

The group assembled at the Joint Forces Training Base in Los Alamitos and caravanned to the VA hospital. For the next two hours, the Soldiers and others visited over 100 veterans, giving out holiday cheer, well wishes, 120 gift bags and prayers.

This is your newsletter

Warrior Words is the quarterly newsletter of the Southern Regional Support Command of the California State Military Reserve.

That means that the job of the staff of *Warrior Words* — drawn from the public affairs section — is to inform you and help give recognition to you about your work in the CSMR.

We encourage you to contribute material for publication. We publish it four times a year, so editions are in January, April, July and October. A limited number of print copies are available; we strive to e-mail copies of *Warrior Words* to as many Soldiers in the SRSC as we can.

If you wish to contribute, or to request a PDF (portable document format) version of the newsletter, to make a suggestion or request a correction, please e-mail us at <u>warriorwords@mac.com</u>.

Articles submissions should be made in a .doc format in Microsoft Word (not docx). Photos should be accompanied by a cutline (caption) describing what's in the image, and naming the people depicted in the photo (including rank, first and last name).

File sizes of photos should not exceed eight megs; anything more tends to choke our e-mail system.