



FORT MCCOY

LIGHTNING WARRIOR

COMBAT SUPPORT TRAINING EXERCISE 78-12-01

Fort McCoy Wis.

17 July 2012

78th Training Division CSTX kicks off

We welcome you to the 78th Training Division (Operations) Combat Support Training Exercise 78-12-01.

The Combat Support Training Exercise is designed to address the collective task training needs of your units.

~ Brig. Gen. Bryan Wayne Wampler



Brig. Gen. Bryan Wayne Wampler

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78th Division Safety Section CSTX Bulletin



Story by Master Sgt. John C. McDevitt
CSTX Safety NCOIC

Safety! Safety! Safety! You cant say it enough! Accidents happen, but when they can be prevented there is "no excuse." Thats why we prepare the Composite Risk Management Worksheet- DA Form 7566, APR 2005. We as leaders must do this to ensure the safety of our Soldiers.

When units go into a mission blind without assessing the risk, accidents will happen. Sometimes it is just a matter of time. To allievate these unknown accidents we must do a DA Form 7566.

Not sure on how to complete one? Obtain GTA-21-08-001, 10 July 2007.

These can be obtained at any post Training Support Branch or go to the following website: https://sdl.train.army.mil/catalog/view/100.ATSC/F6A5CB71A64C-4E00-89E3-DEB175A51813-1274430020853/21-08-001/2108001_top.htm.

Also, remember we have reached Catagory V every day during this CSTX. So leaders, please ensure your Soldiers are drinking plenty of water.

Army Safe is Army Strong!

If you have any questions please feel free to contact us at 608-388-4843.

Wild Parsnip

DESCRIPTION: Wild parsnip is a member of the Umbelliferae (parsnip) family. Rosettes grow close to the ground and bear leaves averaging six inches in height. The plant has a long, thick taproot, which is edible. Flowering plants produce a single, thick stem that contains hundreds of yellow umbellate flowers. The lateral flowers often overtop the terminal flowers. Depending on the habitat and growing conditions, individual flowering plants range to over four feet in height. Leaves are alternate, pinnately compound, branched, and have saw-toothed edges. Each leaf has 5-15 ovate to oblong leaflets with variable toothed edges and deep lobes.



FLOWER HEAD



SEEDS



LEAF

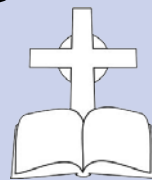


SKIN RASH

WARNING-- Care should be taken to avoid getting sap from the plant on your skin. The sap of wild parsnip, when on the skin and in the presence of sunlight, can cause severe rash with blistering and discoloration that may result in scarring. This chemical reaction is referred to as phytophotodermatitis.

Communicating with God

*"If my people who are called by My name will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land."
~II Chronicles 7:14, NKJV*



God in this passage of the Bible wants us to pray. When we pray to God we open the floodgates of heaven to ourselves which are full of blessings.

We communicate with God and begin to

understand His will and plans for our lives. God loves the sinner but hates the sin. He is forgiving and we need forgiveness if we are ever to see Him face-to-face in the Kingdom of God.

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U.S. Army Photo by Pfc. James Bradford

Army Maj. Elizabeth Waterman, a nurse assigned to the 1207th United States Army Hospital, located in Fort Benning, Ga., from Panama City, Fla., explains medication side effects to **Army Spc. Kendrick Ladd**, a wheeled vehicle mechanic assigned to the 957th Quartermaster located in Grand Prairie, Texas, from Dallas Texas.

Medics on site at CSTX training

**Story by Pfc. James Bradford
372nd MPAD**



FORT MCCOY, Wis. Training is now in full swing here at Fort McCoy and joining the Soldiers during their training is a group to ensure we can stay in the fight. A staff of trained medics and dentists are working diligently throughout the length of this year's annual training exercise.

Medical facilities are located on the main post and Tactical Assembly Area (TAA) Cranberry. The facility set up on the main post has sick call from 7 a.m. to 8 a.m. along with a 24-hour clinic to accommodate all emergencies. Approximately 41 medics are expected to be here for the event. Should there be an issue that needs a higher level of attention there is another facility close by.

The dental facility is located at FOB Freedom and hours of operation are from 6 a.m. to 9 p.m. Any Soldier can visit, however the Soldiers actively training in the exercises will have priority treatment.



Photo by Army Major Jeniffer Vale, 78th Training Division

Firemen dispatched during CSTX Training

A Mobility Multi-Purpose Wheeled Vehicle (HUMVEE) caught fire during a CSTX training exercise, here, July 14. Soldiers in a vehicle following behind, radioed ahead to warn the driver and passengers of the first vehicle, that there was thick white smoke coming from their vehicle. The Soldiers did manage to momentarily put out the fire, but because of a fluid leak, the vehicle caught back on fire with huge flames burning next to the woodline. Range Control was notified along with the fire department being dispatched, who then contained the situation. The four Soldiers were taken to the nearest Troop Medical Center by the Safety Officers. It was reported that all four Soldiers were uninjured.