

# NOVEMBER NEWS

APRIL-MAY 2012

ISSUE DEUX

## MEET FLAT STANLEY

WHAT STARTED AS AN  
ELEMENTARY SCHOOL  
PROJECT HAS BECOME A  
NAVELSG FORWARD  
SENSATION



*THIS ISSUE FEATURES:*

NAVY CHIEFS' BIRTHDAY/NOV. WAVE COIN DESIGN

DV's VISIT/MUSTACHIO BASHIO

GIFTS FROM THE GIRLS

THE ADMINISTRATIVE DEPARTMENT / FITNESS  
AWARDS / ENTERTAINMENT / AND MUCH MORE...



## Note From The Editor

Sandy Greetings to NAVELSG FWD family, friends and shipmates:

The PAO team is proud to share with you our November NEWS Deux issue. The Sailors of NAVELSG FWD are working 24/7 around the AOR accomplishing our mission. The November News staff is dedicated to bringing a glimpse of the awesome sailors striving to achieve the mission, activities, daily life and accomplishments occurring throughout.

Captain Pionk charged all members in the command to use the deployment as an opportunity for professional and self improvement goals. Many sailors are taking classes and eligible sailors are working toward their EXW. The FCPOA and JEA are organizations for sailors to participate and get involved in the command and communities. Physical Fitness is a major priority for members for self improvement.

Members are taking advantage of the various exercise classes and 5k races. The Cruisebook committee at the various companies is an opportunity to get involved with the command by taking photos and submitting writing inputs about your companies. Get involved! We are always looking for submissions and photos detailing the mission and sailor life across the various areas. Please contact us with ideas, suggestions or submissions for stories and photos. Please share the link to the NOVEMBER NEWS DEUX issue with your family and friends at home.

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# GROUP COMMANDER

To the NAVELSG FWD Sailors, Families, Friends and other Shipmates - Greetings from Camp Arifjan Kuwait! I would like to dedicate this edition of the NAVELSG FWD Newsletter in memory of CAPT Lyman Foster, SC, USN. In the back of Tent 1, is a small display of a picture of a Navy CAPT, some medals, the U.S. Flag, and the words "9-11 – we will never forget". The photo and display is a memorial to CAPT Foster and the Compound which serves as the NAVESLG FWD HQs were dedicated in 2008 in his honor. I had the privilege of coming down from Iraq where I was deployed to participate in the dedication ceremony.

I was fortunate to have had the great opportunity to serve with CAPT Forster as his Deputy during the Navy Expeditionary Logistics Support Group Forward Bravo deployment from July 2004 thru April 2005. This was only the second rotation of navy units from Navy Expeditionary Logistics Support Group and we were still trying to figure out how to do things, how to get support, and most importantly how to take care of our sailors in this theater.

Our group consisted of over 500 sailors derived from three cargo handling battalions, from over 32 reserve centers across the United States. Our mission was to provide combat logistics in support of Operation Iraqi Freedom including port, fuels, postal and air cargo missions in Iraq and Kuwait. For this group to come together as one team could only be possible under the leadership of CAPT Foster. CAPT Foster set our group motto as "One Team, One Fight" and that became our mantra and rallying call. He was the driving force for our group and through his leadership, battalions dropped their individual allegiances and joined as one group to complete our mission.

I first met CAPT Foster when I was a LT and he was the Commanding Officer of Navy Cargo Handling Battalion Ten. He was extremely charismatic with a gregarious personality and one was naturally attracted to him and his leadership. He also had incredible interpersonal skills and he became a mentor to many young officers who have risen to great positions of responsibility and have risen to become great leaders.

To our sailors of Navy Expeditionary Logistics Support Group Forward Bravo, CAPT Foster was a father figure. To the officers and chiefs, he was the steadfast leader. To both, he portrayed confidence and certainty in a time of volatility and ambiguity.

He also had a unique calming ability and could always put sailors at ease. I remember on one occasion as we were conducting pre-deployment training in Williamsburg, VA, prior to deploying, that there was enormous tension in the air. 500 officers, chiefs, and sailors had come together in the course of a few weeks heading to Kuwait and Iraq with seemingly untested and unproven leaders. CAPT Foster, sensing this tension, gave the group a day off to relax. CAPT Foster lead from the front and his way of relaxing was in a t-shirt, pair of shorts, and flip



flops taking his dog out for a walk. This image resonated with the group in a positive manner and put the group at ease and eliminating the tension.

To all our sailors, he was a hero having survived the attacks on the World Trade Center on 9/11/2001. And now the hero had volunteered to lead the second and largest navy expeditionary combat logistics group in Operation Iraqi Freedom. It was through this inspiration that spawned leadership at all levels. For example, to commemorate 9/11 and in his honor, the First Class Petty Officers organized a formation at the Kuwait Naval Base spelling out 9/11/2004 and OIF II.

CAPT Foster was also widely respected by the enlisted community because of his early career in the navy as an enlisted sailor. Not forgetting his early naval career, CAPT Foster was a champion holding the Chief Petty Officer Pinning Ceremony and Season of Pride in theater. Although this is a common occurrence each year in theater now, both in Iraq and in Kuwait, it was through CAPT Foster's leadership early on that helped make this possible.

I remember vividly the day he departed theater. It was a beautiful Friday in late September and he and I had spent the day aboard the Theater Support Vessel out on the Persian Gulf near the Kuwait Naval Base. Later that evening, he left the theater unexpectedly. Even still, he never forgot our motto looking at me, with tears in his eyes saying "One Team, One Fight Deputy". Despite his departure from theater, he never forgot about his sailors from Navy Expeditionary Logistics Support Group Forward Bravo. When we left theater in April 2005, CAPT Foster greeted all eight planes of his sailors as they arrived home at Norfolk, VA. This had a strong impact on our sailors, completing the final chapter of a very successful deployment and bringing closure for many sailors who never got a chance to say good-bye to their leader.

Unfortunately, he passed away due to his illness and is buried at Arlington National Cemetery. When I think of the commitment, the dedication, the sacrifices he made to the sailors of NAVELSG FWD, I am filled with an emotion of admiration I cannot put into words. It is this frame of reference that I assume command of NAVELSG FWD and dedicate my tour in his memory.

CAPT Daniel Roman Pionk, SC, USN



# THE DEPUTY'S DILIGENCE



**Shipmates**---technology is wonderful. My first deployment in 1996 on the USS Carl Vinson (CVN-70) was the first to see the usage of "email" versus postal mail--for those that had email addresses. Texting and video chat were still a few years away. In fact, one of the more interesting means of communicating with friends and family involved the ships communications department sending 64-spaced messages (what eventually became text messages) via ham radio operators in the states. When was the last time you even thought about a ham radio? It was fun to do and provided a means to break the monotony of the deployment.

Obviously, technology has done many wonderful things to bridge the gap of separation for our sailors when they are on deployment. Today we do as many desert deployments as we do shipboard deployments, so many other avenues exist to communicate with friends and family back home like blogging, social media outlets, in addition to the computer video options. I hope that each of you are taking the time to communicate with people back home. It does sometimes mean a double-edged sword where you are privy to information almost instantaneously, but then the realization that there is little you may be able to do to act on it or assist with whatever is happening. None the less, having done both types deployment, one with many avenues of communication and one where you waited patiently for mail call and then sometimes were hugely disappointed you didn't receive anything....I'll take the multi-comms approach.

For the friends, families and colleagues that are back home for each of us, it may only be a few minutes here and there, but the messages you send and the time you take to video chat make a sailor's deployment just a little more bearable, a tad bit more relaxing and an immense morale booster. Thanks to each of you for those special moments. I hope that everyone's communications are LIMA CHARLIE for the rest of our time here.

Excelsior!  
Deputy

## Did you know...

### The 5 Pillars of the 21st Century Sailor Initiative Are:

READINESS/SAFETY/PHYSICAL FITNESS/INCLUSION

CONTINUUM OF SERVICE.

Per the C.O.'s Uniform Policy, you can de-blouse in your immediate work space area, if you go outside, your blouse must be on with the sleeves down.

Boonie hats are authorized for NAVELSG Sailors while in theater.

The CNO's Navigation Plan, 2013-2017 is posted on the CMC's board in Tent 1.

The development and USE of UAV's is mentioned repeatedly. This is the wave of the future.

BCA percentages, weights, and measurements are under review. The Policy of a C.O. allowing a member to exceed BCA limits if a score of overall excellent was achieved was rescinded on 1 July, 2010

The rank of CPO was created on April 1st, 1893.

46 CPO's have been awarded the Medal of Honor.

On April 3rd. 1992, the first 5 Coed Recruit Companies graduated from NTC Orlando.

Thank you for your service to our country and Navy.

R/MC

AOCM (AW) Bob Garcia

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# HAPPY BIRTHDAY NAVY CHIEF PETTY OFFICERS



**Navy Chief Petty Officers serving in Kuwait celebrated the 119 birthday of the Chief Petty Officer rank on April 1.** The Kuwait Chief Petty Officers Association celebrated with BBQ, a meeting and the traditional cake cutting ceremony. Master Chief Petty Officer of the Navy Rick D. West (SS/SW) released the following Chief Petty Officer birthday message to the fleet March 28. “We’re not just celebrating another year of chiefs serving the Navy; we’re celebrating everything it means to be the chief. Our anchors are a symbol of a culture and a way of life. Since 1893, chiefs have been charged with the responsibility of ensuring our sailors are the best in the world, ready to carry out our Navy’s mission when our nation calls. 2012 is a significant year for us all as the United States Navy Memorial hosts the ‘Year of the Chief.’ The ‘Year of the Chief’ is a worldwide spotlight on the history and contributions of the Navy CPO mess. The ‘Year of the Chief’ will officially be launched on our birthday with a kick-off event held April 2 at the Navy Memorial. For more information on the ‘Year of the Chief’, visit Navy Memorial’s web page.”

The Rank of Chief Petty Officer was established in 1893. The question is often asked, “Who was the first Chief Petty Officer?” The answer is: “There was no first official Chief Petty Officer due to the fact that nearly all Petty Officers First Class from 1885 up to 1893 were automatically shifted to the Chief Petty Officer level.” The original rates of the first nine chiefs include : Chief Master-at-Arms, Chief Boatswain’s Mate, Chief Quartermaster, Chief Gunner’s Mate, Chief Machinist, Chief Carpenter’s Mate, also the rates included a Special



Branch of Chief Yeoman, Chief Apothecary, and Chief Band Masters.

A few facts about chief history; Jacob Wasbie, who served aboard the USS Alfred with John Paul Jones, official job title changed from Cook’s Mate to Chief Cook on 1 June 1776, before the concept of petty officers was ever formalized. The Navy’s first female chief was initiated into the mess on March 21, 1917; YNC Loretta Perfectus Walsh became the first female to achieve the rank of Chief Petty Officer in the U.S. Navy.

Boatswain Mate Chief Petty Officer Aguayo commented on transitioning process from First Class Petty Officer to Chief Petty Officer. “The biggest and best change I’ve seen for the mess is the implementing of the program ‘CPO 365.’” With the rise of the Navy’s new program ‘CPO 365’ the Navy has instilled new values and training methods to enhance and mold First Class Petty Officers into an ideal chief. One of the biggest milestones in the Navy is when an enlisted Sailor can “put on anchors”, making the rank of Chief Petty Officer. The six week period of transition from First Class Petty Officer to Chief Petty Officer is a highly guarded secret, but the overall concept of what it takes to be a Chief is not. The Master Chief of the Navy recognizes that Chiefs are not made in six weeks, and a continuous cycle of training needs to be in place, this is where the CPO 365 program developed from. For more information on CPO 365 please contact YN1 Joan Thomas at joan.m.thomas@kuwait.swa.army.mil to join the email list.

YN1 (AW) Lisa Rowe



# DIGITAL CORNER

**D**oes your computer crash constantly? Do you get the infamous “blue-screen of death”? Maybe your computer merely runs extremely slow? It might be a virus or you might just need to upgrade your computer. But how can you be sure? It is tricky to get a good diagnosis. In this edition of the Digital Corner we are going to talk about how can we diagnose and possibly get rid of some of the issues many users experience with their computers. There are 4 major virus symptoms:

1. Systems crash or Freezing.
2. It will run a program and restart randomly
3. “Error message” and pop-up alerts.
4. Your system suddenly runs slower, and the key here is suddenly. If it progressively slows down, it’s probably getting bogged down by too many programs running in the background or you may not have defragmented it recently (or ever). Maybe you are close to full capacity, the computer suddenly takes minutes to load a web page, or suddenly it takes 10 minutes to shutdown/ start-up; these are good clues that you have a virus. Other virus programs do not show these types of symptoms but yet you ask yourself “Why do I have new toolbars in my web browser, new shortcuts in the desktop that you don’t know what or where they came from. New icons in the system tray located in the bottom right of the computer.” All these are a day to day virus that might have been installed by opening a downloadable media or program from unknown websites. So what do you do once you have established you might have a virus? You take it to your local computer techie. Most computer savvy people will start troubleshooting by opening the command prompt, the task manager, and running the virus scans. Most viruses will not allow any of these to run, and they could be blocked or disabled. Some people will tell you to hit CTRL-ALT-DEL to launch the task manager and comb through programs (processes) to look for unfamiliar items. I think this is a bad idea. Virus writers are sneaky and will often name virus files to look like part of the Windows operating system or other common programs. Conversely, many legitimate parts of Windows have weird names that sound like viruses to a layman. I have heard horror stories of people thinking they were deleting a virus only to realize after a reboot that they had disabled a mandatory component of the operating system. The result is a dead computer that needs a complete Windows reinstallation. There are many free Virus scanners online that can tell you if you have some type of malware. Personally, I like to run two or three programs of malware scanners because they are so many viruses and different types of signatures that one scanner might not catch all of them. Listed below here are some Virus scanners and malware detectors. All of these programs are highly recommended by CNet and PC Magazine.

1. AVG
2. Avast
3. Malwarebytes.

**Tip:** before scanning with AVG or AVAST, you need to disable your current virus scanner (McAfee, Norton). These programs do not play well together and can interfere with each other. Also, after you diagnose and remove the virus, you may wish to keep one virus scanner, but you’ll want to trash the other

two since they can be real resource hogs running in the background. Once you have accomplished all the steps above you should have a clear idea of the problem. If it still running slow, your computer may need a quick tune or defragmentation. I hope these tips and tricks have helped you to have an idea of why your computer is running slow. If you have any questions feel free to email me at: [carlos.i.barbamarquez@kuwait.swa.navy.mil](mailto:carlos.i.barbamarquez@kuwait.swa.navy.mil). Until the next edition of The Digital Corner, have an awesome Navy day.





# Camp Al Ai Salem, Kuwait May 3, 2012

## NAVELSG FORWARD BRAVO COMPANY.

### Major General Dowd toured Bravo Company's compound on May 3

His visit was to view the improvements made to the PAX and Freedom yard facilities. The two star general seemed very impressed with Bravo Company Sailors who brought about these changes. Captain Pionk, Lieutenant Commander Mathieu, Command Master Chief Garcia from Camp Arifjan, along with Lieutenant Commander Anthonsen and Senior Chief Tindell, led General Dowd and his assistant around the compound.

Petty Officer First Class Melton Doyle will complete his third deployment station in NAVELSG Customs unit this November. His plans to improve the Customs mission began as he arrived on board in February 2012. With hard charger notions and a motivating spirit he was rewarded with a coin presented by General Dowd. While working the body scanner in PAX, Doyle noticed that he couldn't see the inside of the persons' legs where items could possibly be hidden. He imposed two new scanning positions and as a result the CBT technicians were able to find a three inch knife hidden on an ankle of a transiting Soldier.

Gas Turbine System Technician Second Class Angela Hall received acknowledgment with a coin from General Dowd for her outstanding work as a Customs Inspector. Petty Officer Hall was one of the first persons from November Wave 1 to complete the requirements set to be a CDO. She has also volunteered to be one of five people receiving PSD orders to serve 45 days in Afghanistan training Afghanistan personnel in inspecting and certifying cargo to be shipped out of country. General Dowd asked PO2 Hall about her three young children and said he hopes to see her in Afghanistan.

Quarter Master Third Class James Campbell meet with the General to discuss a 30mm round he found while pulling duty on an X-ray machine used to view items inside the luggage of transiting personnel.

Aviation Boatswain's Mate David Ufkus received a greeting and coin from General Dowd for his outstanding improvement ideas and his hard work at becoming a fully qualified PAX inspector. ABF2 Ufkus designed a new traffic pattern for the PAX department resulting in a smoother and more adequate inspection process.

The General's visit ended with the Customs department giving General Dowd a Blue Customs T-shirt, which were designed for and worn by Navy Customs Personnel.

YN1 Rowe





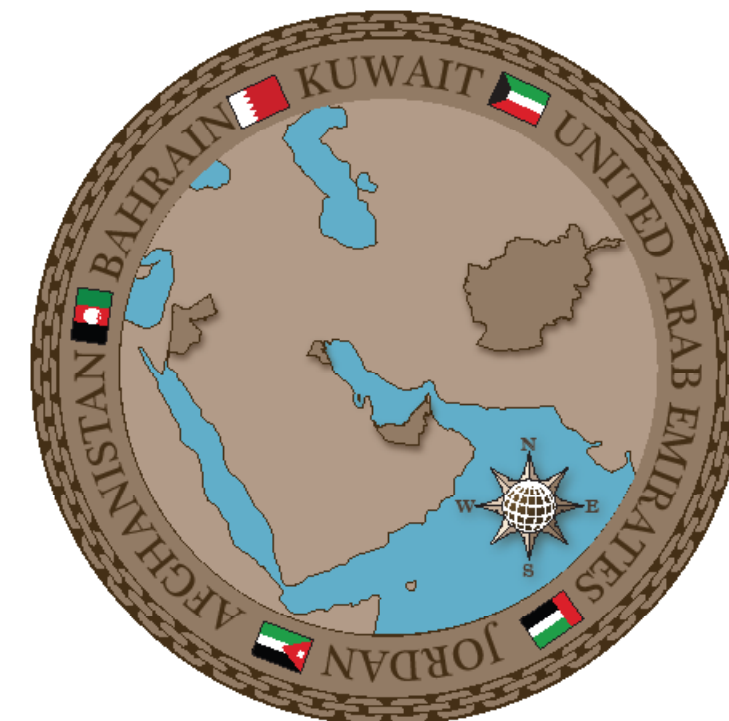
# November Wave Coin Design

by BM1 Oskins

QM3 Cloer



THE NOVEMBER WAVE COIN COMMITTEE



The November Wave Coin Design Committee was comprised of many talented and committed sailors. Lead by PAO with the task of developing a coin that not only represents November wave but uniquely identifies us. The level of the design process was one not taken lightly. With months of development and revisions to modify, and refine to arrive at just the right design that would represent November Wave.

The motto: 'In Unity There Is Strength' this represents the NAVELSG team in action. With multiple missions on-

going continuously at various locations, both here and abroad, the motto represents the many aspects of our command and the versatility of our sailors to perform as a cohesive team despite the many logistical hurdles we face every day. Without unity and team work there will be no success. Without strength there is weakness and only half-hearted efforts.

The logo: The octopus tentacles and anchor represents NAVELSG Forward and the Navy. Our customs mission is coming to a close and we as sailors are being pulled back to the sea as part of the (vision/direction per CNO) the logo represents Davie Jones Locker and the sea pulling

us back from the sands of the desert to where we truly belong.

The Overall Design: The chain encircling our coin on both sides is symbolic of our motto. Every link counts and together they form a strong unit and bond. The countries and their geographical locations of where we operate are indicative of us being 'nomadic', constantly moving to different areas performing our missions, never being in one place all the time. The points of the compass on the reverse side also are indicative of us operating in all locations and directions of the map.



# THE ADVENTURES OF FLAT STANLEY

Once upon a time (2012) in a land far, far away (Lexington Park, MD) there lived a little boy named R.J. Dodge. RJ was in the 2nd grader at Ridge Elementary School. His class was given a project entitled “Flat Stanley”. The principle behind “Flat Stanley” is to connect your child, student or classroom with other children or classrooms participating in the Project throughout the world. By sending out “flat” visitors, created by the children, through the mail (or digitally, with The Flat Stanley app), kids then discuss, track, and write about their flat character’s journey and adventures. I was fortunate enough to be asked by R.J. to help participate in this project. Little did I know that it would soon become a NAVELSG FWD phenomenon.

Flat Stanley’s first adventure occurred at Camp Arifjan, Kuwait with YN1 Joan Thomas, BM2 Steven Hall and ITC Michelle Broskovich. The Trio took “Flat Stanley” to various locations throughout base to visit Customs and ESS personnel. His adventure included rides on a HUMVEE, Kalmar, a Forklift. Flat Stanley assisted some U.S. Army personnel who seemed to need some training in land navigation. He also visited the Transportation Department (N43), the Wash Rack, Legal, Plans and Ops, Medical, PAO office, TSC Theater Support Command, The Chiefs Mess and 364th Sustainment Brigade office. We all stopped and had a refreshing drink at the local Starbucks prior to being CO for the day, trespassing on the General’s Grass, and dropping off unnamed items into the Amnesty Box.

Since those pictures have been posted on our NAVELSG FWD Facebook page, there have been several requests for “Flat Stanley” to visit other locations within the AOR. Currently Flat Stanley is on several new adventures which some might call “TOP SECRET” and we are all looking forward to seeing the pictures.

YN1 Joan Thomas









## NAVY EXPEDITIONARY LOGISTICS SUPPORT GROUP FORWARD (NAVESLG FWD)

### (N1) ADMINISTRATION DEPARTMENT

"Patriotism is easy to understand in America. It means looking out for yourself by looking out for your country." - Calvin Coolidge.

The Administrative Department at Navy Expeditionary Logistics Support Group Forward (NAVELSG FWD), Camp Arifjan, Kuwait is here to support our mission's personnel. As a Sailor in the Admin Department, one has the chance to be at the heart of Navy operation making sure that the needs of personnel are met. We have the ability to obtain and share knowledge in several ratings through key work stations within the Admin Office, includes correspondence, muster, pay, evaluations, area clearances, awards, and the transfer/leave desk. The administrative field provides an excellent opportunity to utilize ones people skills and gain outstanding office management experience.

Working in the Admin Department offers a tremendous opportunity to excel. A Sailor becomes a trusted member of one of the most important departments within the command. Our job is all about assisting others and helping Sailors with their individual needs and goals.

The world of Administration provides primary clerical support for the command as well as coordinating interface functions relating to personnel matters. Getting to know your Admin (N1) Personnel....

LT Matthew Lipsky is the N1 Administrative Officer. His duties and accomplishments are:

- Attends Meetings.
- His Grandmother sends wonderful goodies!
- Coordinates daily activities within the Administrative Department. Determines which information requires immediate attention of the executive, and delegates or refers other matters to various staff and departments.
- Coordinates office services, such as personnel, budget, and records management control.
- Attends Meetings.
- Advises other department heads and executes administrative policies at the direction of the executive.
- Liaison with the Army G1 and G8 (1st TSC, ARCENT, 365th, 595th)
- Represents the department by planning, coordinating and/or participating in meetings, conferences and in-service training sessions throughout the command.
- Attends meetings.

YNC Claudia Marshall is the N1 LCPO, her duties include:

- Attends meetings.
- Supervises, specialized and administrative support personnel; assigns, reviews and evaluates their work.
- Performs office management duties; interprets statutes, regulations, policies and procedures and communicates their interpretation to the command.
- Dallas Cowboys Fan
- Reviews and recommends technological and procedural changes to ensure compliance with policy and improve work processes.
- Serves as a lead worker on special projects.
- "This wasn't in the brochure" (Private Benjamin)
- Attends Meetings.

YN1 Joan Thomas is the N1 LPO, and her duties include:

- Point of Contact for any Administrative needs throughout the command.
- Enters and manipulates data and information in word processing, spreadsheet, and database applications by creating word processing templates and form letters, macros and functions, or tables. (Rosters)
- Takes pride in her department's personnel for doing an outstanding job both in and out of the office.

YN1(AW) Deyvonndra Pitts is the N1 ALPO and her duties include:

- Government Travel Card Liaison; she acts as the Command bridge between Citi Bank and NAVELSG.
- MEDEVAC and E-Leave Coordinator, She is solely responsible for the processing of Emergency Leave and MEDEVAC from start to finish.
- PSD Little Creek Liaison; she handles all ESS pay accounts which includes the processing of leave request, pay corrections, Travel Claims, etc.
- Awards Co-Manager, Emergency Demobilization Coordinator, Evaluations, FITREPS, Admin Duty Officer Command
- ACFL; She is very active and a key player in the Command's Fitness Program. YN1 Pitts maintains 306 accounts within PRIMIS.
- PCB Manager; Manages the berthing arrangements and everyday comforts and joys of PCB 1482 for 22 residents.
- Admin Diva!
- FCPOA MWR Representative.

YN1 Darren Fallas

- Awards Manager for NAVELSG FWD. He is in charge for preparing award recommendations for the boarding process and subsequent signature by the Group Commander NAVELSG FWD by for the Commander 364th ESC Army awards.
- Master Guitar Player!
- Relocation Petty Officer for N1 ADMIN. His responsibilities are to help coordinate and develop a moving strategy for all Property Book Items and N1 personnel.
- Other duties involve daily muster reports, records management and correspondence administrator.
- A true Blues Brother!

PS2 Misty Parker

- Pay/Disbursing Clerk-process all pay inquiries, corrections, and transmittals.
- PSD Bahrain Liaison-POC for any communications needed between NAVELSG FWD and PSD Bahrain.
- Country Line Dance Tutor!
- Duty Defense Travel Assistant-Reviewer for NAVELSG member's orders/ travel claims submitted through DTS Travel. Executes all per diem and initial travel claims for all of NAVELSG FWD.
- Personnel Records-process, update, inputs and corrects entries into all member's personnel records.
- A true Country Star!
- American Red Cross Volunteer- volunteers 4-6 hours per week

YN2 Darcy Kelly

- Customer Service GURU!!!
- Assistant Records Management Petty Officer
- Service Record Maintenance Petty Officer
- Gate Keeper
- Supply Clerk
- Equipage Petty Officer

YN2 Qiana Jones

- Mustering Petty Officer
- Customs Breakdown Manager
- Correspondence Petty Officer
- She will track you down, no matter where you are!!
- WTP Liaison

YN2 Ryan Marici

- He will get you where you are going!
- TDY/PCS POC for Orders
- Assistant Mustering Petty Officer
- Connex Box Master!
- Correspondence Clerk

Every job in admin, no matter how big or small is all part of the bigger picture of taking care of NAVELSG FWD Personnel and we are more than happy to serve you. Come by and see us!









# FITNESS

## Camp LSA, Kuwait 15 May 2012

Petty Officer First Class LaRhonda Fusilier represented Bravo Company, bring home the female 1st place medal in her age group for the Army Reserve 104th Birthday 5K run, April 23rd 2012. Petty Officer Fusilier also received a 3rd place medal for the Mile Marker Fitness Challenge, running 70.8 mile from April-May 2012. Her motto is "To stay as fit as possible and always try to do your best"

By LaRhonda Fusilier



# Comedians Visit Kuwait

## Camp LSA, Kuwait

Comedians Willie Tyler and Del Harrison visited Camp LSA on May 08, 2012, their visit included a tour to the Army Command cell and Navy Customs unit compound. Willie and Del arrived in the Middle East late night on the 7th of May and got straight to work hosting a show at Camp Virginia

The tired duo and their crew picked up the pace while visiting Navy Customs, Passenger Transiting Tent and meeting with sailors and transiting soldiers. Del and Willie were met at the front gate by Senior Chief Tendell and Commanding Officer, Lieutenant Commander Anthonson to host the tour. The guests seem quite amused while viewing Bravos Amnesty department's display of prohibited items which were confiscated from transiting personnel.

Sailors from Bravo company enjoyed the comedians' performance, YN1 Fusilier was called on stage to act as the arms of Willie's ventriloquist doll Lester. Willie was ten years old when he began using his sister's discarded dolls to perform comedy shows for his friends and family. He purchased his first ventriloquist doll for thirty-five dollars.

The 1900 comedy show concluded with autographs and picture taking in the MWR tent.





# CHARLIE COMPANY'S HARD CHARGER AWARDEES



GM2 ATKINSON, NATHAN  
STERILE



A02(AW) MENDIOLA, JAVIER  
SPOD

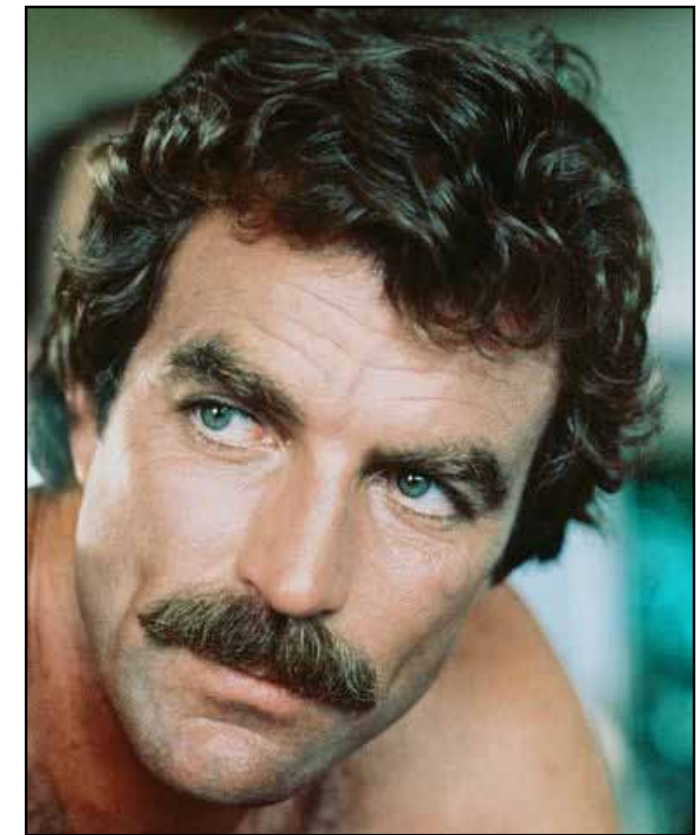


PR3 ABUNDO, JEROME  
WASHRACK

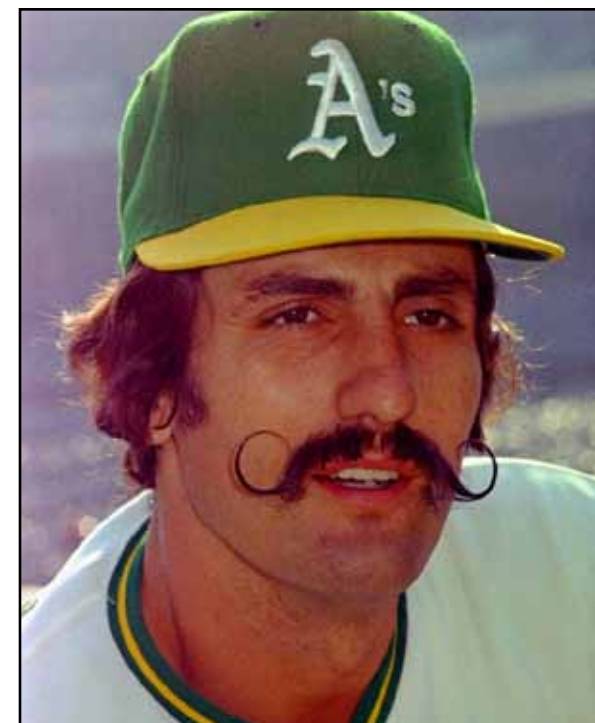


YN1 AMBROSE, SCOTT  
N CODES

CONGRATULATIONS



What do Geraldo Rivera, Tom Selleck, Rollie Fingers and Charles Chaplin have in common with the Sailors of NAVELSG FWD?





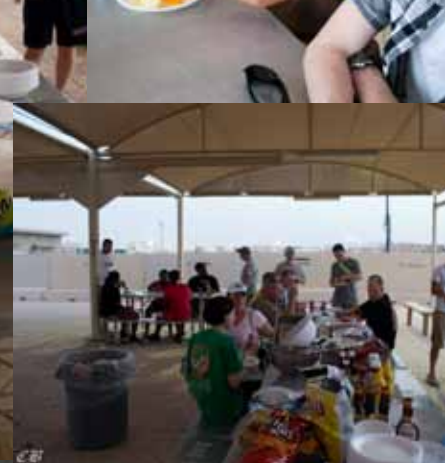


***“AWESOME MUSTACHES.”***  
What started off as a joke among the Sailors soon turned out into an all out growing brawl to see who could grow the best mustache. MWR sponsored the event of a mustache growing competition where sailors will grow a mustache for a month and at the end a huge

**MUSTACHIO BASHIO**  
Written and Glorified by The One And The Only BM2 Steven Hall



# THE MUSTACHIO BASHIO BARBECUE





# THE WAR OF 1812

BY GM2 HENRICH

When we ponder wars in America's past, few people give a lot of thought to the War of 1812. It gets lost somewhere between the groundbreaking stature of the Revolution and the overwhelming public interest in the Civil War, and compared to the sheer enormity of World War Two and the much more recent war in Vietnam, it's no surprise that this short war with England draws a blank for a lot of folks. However, a lot happened during the War of 1812 that Americans may take for granted: Francis Scott Key wrote a poem that later became our national anthem, and 1812 was the last time there was an invasion on American soil. Imagine enemy troops today burning Washington D.C. to the ground, taking over the White House, and eating a meal abandoned by a president who fled the capital for fear of being captured. Unthinkable! Yet most Americans remain only dimly aware of the War of 1812 and its importance. And that's a pity, a shame really, all the more so when one considers that most sailors haven't the foggiest idea about a war that sorely tested and proved American prowess at sea and saw shining examples of naval heroism and resolve under fire.

Fought in an age of "wooden ships and iron men," the War of 1812 brims over with daring acts of heroism under fire. Our small, but formidable Navy challenged the might of Britain, the greatest naval power on the planet at the time, England's seasoned and salty veterans fresh from the struggle with Napoleon's Navy. (Trafalgar, Lord Nelson, and all that rot! His Majesty's Navy wasn't a pushover.) Consisting of less than a dozen

vessels and crewed by a mere 5000 sailors and 1000 marines, the Navy, barely eighteen years of age, was tasked with breaking a British blockade that severely crippled the American economy and threatened the livelihoods of hundreds of thousands of American seafarers. Under the leadership of a solid core of officers who had seen action against France and the Barbary pirates (Look it up, folks!) well-drilled American whalers, merchant seamen, and fishermen swelled the Navy's ranks and proved decisive in providing victories at sea. Though American naval strength was never enough to break the blockade, ( Eighty-five British ships patrolled American waters. Figure the odds. ) the Navy showed both Britain and the world that American sea power should not be taken lightly. And, so what? What's a nearly forgotten war fought two-hundred years ago got to do with us?

A lot! It has everything to do with pride, professionalism and downright guts in an hour of chaos when things couldn't be worse. Let's look at our two most famous examples: the *USS Constitution* and Commodore Oliver Hazzard Perry's incredible victory at the Battle of Lake Erie. First, consider how the *Constitution* got her nickname. During an engagement with the British ship *Guerriere* in the Atlantic, she took cannon shots directly to her hull, which, instead of laying her open, simply bounced off. The crew later dubbed her "Old Ironsides". Under the capable command of captain Isaac Hull, the *Constitution* went on to deliver shattering barrages to the *Guerriere*, delivering such a pummeling that when Hull asked her captain if he was ready to strike her colors and surrender, he replied "Well, I don't know; our mizzen mast is gone, our main mast is gone, and, upon the whole, you may say we have struck our flag." What can we draw from this? For starters, look at the professionalism and craftsmanship that went into building and maintaining the *Constitution*. Dense oak doubled the hull strength and made the ship nearly impregnable. Secondly, she was designed for speed, and once outran a squadron of British ships in a chase that lasted fifty-seven hours. The folks who built her put the best of themselves into every plank, broadside, keel, and yard arm to ensure she was strong and swift; her crew endured repetitive drills and long hours knowing that life or death, victory or defeat, rested in the balance. As sailors, we all understand this kind of professionalism, and no matter how much we like to begrudge and complain, knowing the stakes, we invest our sweat, blood, and pride into everything we do. (By the way, back then old salts referred to complaining as "growlin'", and like us, they did it an awful lot. Personally, I think it's every sailor's given right.)

Secondly, consider the incredible feat of Commodore Oliver Hazzard Perry at Lake Erie. When Perry's flagship was shattered by British cannon fire, he abandoned the flaming hulk in a rowboat carrying with him a banner that read *Don't Give Up The Ship*. The now famous banner honored of the last words of a close friend of Perry's, a Captain Lawrence, who, while mortally wounded, implored the survivors of his own crew to fight to the last as their ship was overwhelmed by a British boarding party. Rowing through to another ship, Perry had the cannons double-loaded and drove the ship straight into the British line. Letting loose devastating salvos from both port and starboard which wreaked havoc on four British ships, Perry's daring strike broke his enemy's morale, thus winning the day and securing the vital sea lane of Lake Erie for America. Think about this: How many times have we, metaphorically, been blown out of the water and felt like giving up? We must remember that no matter how dire the situation, there are *always* options. Simply carrying his banner of *Don't Give Up The Ship*, though truly inspirational, did not win the day. Perry saw his remaining options, judged them wisely, and most importantly, had the guts to carry his plan through to victory.

So there it is, two great lessons from an all-but-forgotten war fought two hundred years ago, a fight that saw the Navy at its most glorious. As members of that most distinguished service, it sometimes does us good to look back at such moments, to remember who we are, and what we are called upon to do, and more importantly,





# GIFTS FROM THE GIRLS

**M**orale had dropped; Sailors were on quarreling and frays abounding with the increasing temperatures. To a point there seemed nothing that could turn these Sailors around, that is until a Girl Scout Troop #807 from Ponte Verda, Florida sent the Sailors of NAVELSG FWD the holy grail of cookies.

Boxes piled on top one another formed a pyramid in the class room of tent 3 as Sailors stacked around them to get their pictures taken with the 8th wonder of Kuwait. Smiles flooded each face as they tore the boxes fighting for their favorite box of goodies. Sailor's arms filled full with boxes, silently thanking the Girl Scouts that sent them, just what the doctor ordered.

A shady figure contacted LT Lipsky, a man with a heart of gold, about these boxes of cookies, the good LT couldn't refuse. The Girl Scout Troop #807 began working their little fingers to the bone, ensuring each box of cookies were properly packaged and sent to Camp Arifjan, Kuwait.

Like blood hounds, the Sailors caught aroma of the cookies, wavering in the wind of vicious the sand storm. LT Lipsky contacted the MWR/Public Affairs Office. He wanted to schedule a photo shoot to show his appreciation and distribute them among his Sailors.

Boosting morale, even just a little, these cookies were all it took to once again put smiles on the Sailors faces that were dropping day by day. Now these faces were being stuffed with Thin Mints and Tagalongs, crumbs dropping to the floor, much to the CFL's chagrin. The Sailors of NAVELSG FWD owe these Girl Scouts more thanks than they can even imagine, they sent the best cookies in the World and warm wishes that put big smiles on their faces

**BM2 Steven Hall**





# ADMIRAL SCOTT'S VISIT TO ALPHA

A collage of 30 photographs documenting Admiral Scott's visit to Alpha. The images show Admiral Scott interacting with various groups of personnel, including a large group in a hall, a group in a dining hall, and a group in a gymnasium. He is seen speaking at a podium, sitting at a table, and standing with various individuals. A banner in the background reads "WELCOME BACK! UNITED STATES NAVY".



# THE SUNSHADE



**B**ring your guns, grenades, tanks and humvees on down to the November wave sun shades. Try with all your might to get them pass check point one. Chances are you will fail. November wave has changed the way the sunshade works and increased security for the best. So far no one has passed this point and will continue with their perfect record.

What was once controlled chaos evolution has turned into a well organized evolution thanks to the work of Petty Officer Lobue and his working party.

"I was randomly picked during INDOC to work in PAX," Stated HT2 Daniel Lobue as he escorted me through the sunshade pointing out all the changes that they have made. One of the first changes they made was to improve Sterility. "There was no sterile area when we first got here so we had to create one and properly enforce it."

Outside of the sunshade a chain link fence blocks off all the doors. These forces redeploying members to enter and exit through a designated door. The one way in enforces the sterility containment process for the rotator.

When you enter the doors of the sunshade prepare for the most in-depth search of your life. An amnesty brief will be conducted as the CBCA personnel herd the re-deploying members like sheep to a closed off area. In the area is where a very attractive amnesty booth. The booth kindly asks for your contraband donations. I would strongly encourage donations, consequences are severe for offenders.

Once you have exited the amnesty booth the curtain swings open, a CBCA agent awaits you. They will guide you to your next check stations. Members will wait in line to be screened by the left or right x-ray machine. The CBCA operators are highly trained and will identify any contraband that tries to sneak past them.

"Training has become crucial due to recent event. The 202nd EOD has provided dummy rounds for our personal to spot as bags go through our x-ray machines." BM1 Edward Oskins.

If your anything like me, then you have the newest model rocket launcher stashed away in your sea bag...Always being prepared. Too bad your bag is going through the x-ray machine, now to recreate the scene from Lord of the Ring as the operator yells "You shall not pass!" and the cops slap on a shiny set of cuffs. Now don't you wish you had donated to the amnesty box earlier, like you were briefed.

Due to the recent renovations, improvements, and training the NAVELSG FWD NOVEMBERS ALPHA PAX CBCAS have converted the previous chaos that once was is now a well organized and sterile evolution. "At the rate we are going, we are on par to have a program that is running just as good if not better then professional custom agents." Lt Adam Scott.





# DOING THE MISSION









# DARRYL WORLEY CONCERT

Camp Ali Al Salem, 30 April 2012

Country music sensation, Darryl Worley appeared in concert at “The Rock” Ali Al Salem, Kuwait on April 30, to a packed theater of over 300 men and women. Darryl made mention during his performance that of all his 10 tours to the Middle East, this one was an inspirational and life-changing event. This tour allowed Darryl to visit some of the most remote Forward Operating Bases in Afghanistan to perform to our Special Operations Forces that otherwise would not be able to attend concerts at the larger bases. With the support of Armed Forces Entertainment, MWR, and the Stars and Stripes the tour was a success. Along with Darryl was his longtime friend and guitarist Jeff “Squaw” Jared. The two performed for 90 minutes and concluded with their song “Have You Forgotten”, Which is a patriotic song written in memory of September 11th, 2001.

Darryl and Jeff are big supporters of our military and are not ashamed to admit it. He said he is honored and humbled every time the he performs these tours to our troops and will continue to do so as long as he is able. After the performance, Darryl and Jeff took time to personally meet and greet with each individual. They took photos and signed autographs ensuring that no one was left out. He commended troops for all of the sacrifices endured to keep our country safe. Darryl and his band have sacrificed time with his family and friends and risked his life to be in some of these remote locations in the Middle East for the benefit of the troops. We sincerely thank Darryl and his band for their support.



-Petty Officer First Class Charles Movant meeting with Darryl Worley



-Petty Officer First Class Charles Movant meeting with “Squaw” Jeff Jared.

## CAMP ARIFJAN AWARDS



BM2 KYLE DAHLKE  
EXW



LS2 KEVIN SMITH  
MILITARY OUTSTANDING VOLUNTARY SERVICE METAL



BM2 DAVID FRICK  
EXW



HM3 GEOFFREY GUTIERREZ-LAGUNDA  
BLUE JACKET OF THE QUARTER (FIRST QUARTER)



A02 CLAUDIA CANNON  
JUNIOR SAILOR OF QUARTER (FIRST QUARTER)







## LT MITCHELL B. HOSKINS

**NAVELSG FWD hosted a promotion ceremony on Sunday, April 1, 2012. Captain Daniel R Pionk promoted Lieutenant Junior Grade Mitchell B Hoskins of Gaithersburg, MD to the rank Lieutenant. Captain Pionk complimented LT Hoskins dedication to duty and the command. Following the official ceremony LT Hoskins hosted a pizza lunch in the wardroom vice a traditional wetting down. A good time was had by all.**



## CAMP PATRIOT MWR TRIP

**In an effort to increase morale and camaraderie the MWR committee gets together with the Base representatives and put together events and activities that the sailors and soldiers of Camp Patriot can take advantage of. The trips include visiting off post areas such as Aquariums, Malls, Towers and even various Mosques. These trips are offered at a discounted rate so everyone has the opportunity to participate. During these trips, lunch is offered at one of the many 5 star restaurants out in Kuwait City. After weeks or even months of seeing the same repetitive scenery on post, stagnant and exhausted emotions tend to creep in. This could lead to poor attention to detail which in turn affects job completion and can get people hurt. Having these events adds something different to the everyday routine and lets sailors and soldiers see a different and brighter side of Kuwait.**

**One of the tours that the customs department took advantage of was the Kuwait House of National Memorial Museum. The trip included a tour guide that explained the rise and fall of Kuwait and the conflicts between Iraq and Kuwait. After the tour the crew was treated to an all you can eat buffet at the Radisson Blu restaurant.**



**From right to left: MR1 Burnett, AT2 Laurent, Chief Hreha, HT3 Cousins**



# MWR TRIP CONT'D





# MWR TRIP CONT'D

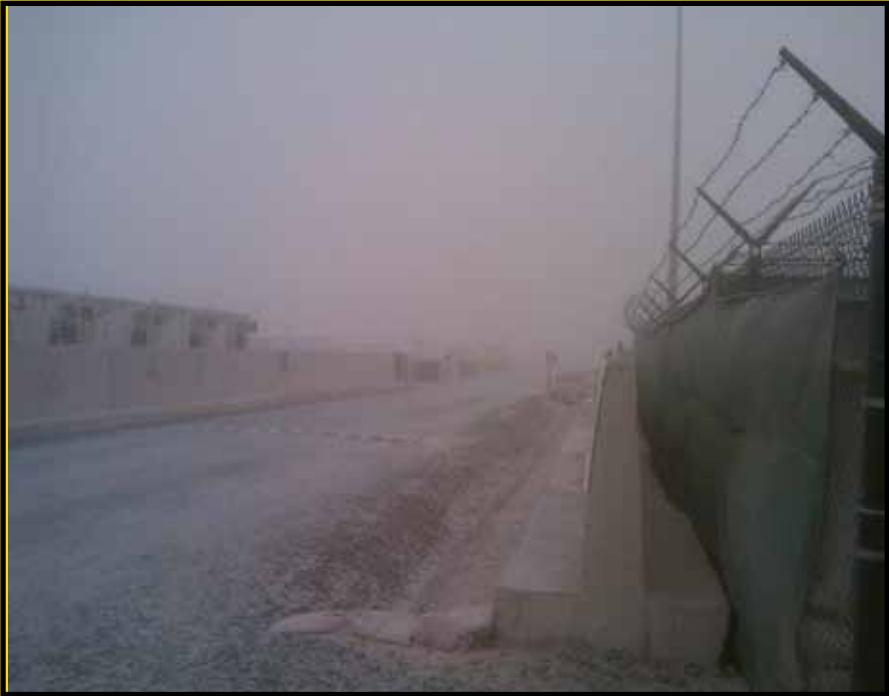




# BRAVO AT WORK









# SAILORS CELEBRATING BIRTHDAYS IN APRIL

BM1 COREY BRAXTON 3 APR  
CDR MARK WARGELIN 4 APR  
CS3 ERIC WILLIAMS 5 APR  
ET2 CHRISTOPHER ROLLINGS 5 APR  
BM1 ADAM WARD 6 APR  
AO2 CLAUDIA CANNON 6 APR  
MM3 ABEL OLOGBO 7 APR  
AO2 JUSTIN REDGER 8 APR  
PS1 AUSTIN GARRUBA 9 APR  
MR2 KEITH COOVER 9 APR  
EM2 VIRGINIA JOHNS 10 APR  
BM2 MATTTHEW REYNOLDS 10 APR  
OS2 TERRANCE STOKES 12 APR  
EM2 MOHAMMED ABUNASSER 13 APR  
OS1 MARK RULO 13 APR  
QM3 DAWNALYN PADGETT 14 APR  
QM3 ROBERTO FERNANDEZ 15 APR  
MM2 JULES JEANLOUIS 15 APR  
EA1 KEVIN HAYNES 17 APR  
ET1 FREDERICK GORDON 17 APR  
ABF1 JERALD CARTER 18 APR  
YN1 LISA ROWE 18 APR  
CM2 ZACHERY ROYER 19 APR  
AZ2 SEREDA THOMPSON 19 APR  
AOC EDWARD MULLER 22APR  
BM2 IAN GRANSTON 23 APR  
STG2 THINH NGUYEN 24 APR  
BM3 SCOTT ARNOLD 24 APR  
AO2 SERGIO NUNEZ 25 APR  
ET3 ANTONIO MUNOZ 25 APR  
BM2 STEVEN HALL 26 APR  
ET2 VERNON CASH 27 APR  
BM2 JOMOSANDREW TABIN 28 APR  
HM3 GEOFFREY, GUTIERREZLAGUNDA 28 APR  
FC3 JOHN HEMBREE 30 APR  
HT2 DANIEL LOBUE 30 APR

# SAILORS CELEBRATING BIRTHDAYS IN MAY

YN1 SANDRA WILLIAMS 1MAY  
ABF3 JEREMY PELFREY 2 MAY  
BM2 DAVID FRICK 5 MAY  
CS2 TUONG VIEN 5 MAY  
ABF1 ANDY TRINH 6 MAY  
GM1 ANTHONY SCHNEIDER 7 MAY  
BM2 CHICOLIAN MACMILLIAN 7 MAY  
MN2 ANTHONY DEVINCENT 8 MAY  
ABH3 RAYMOND PACHECO 9 MAY  
GM1 MICHAEL IRVING 9 MAY  
ABH3 NIKIWILLI CRUZ 10 MAY  
YN2 RYAN MARICI 11 MAY  
LTJG MITCHELL HOSKINS 11 MAY  
AE3 VIJAYENDRANAUTH JAINAUTH 12 MAY  
MM3 CORY MUSHAKIAN 12 MAY  
ABH3 ANTONIO DAVIS 12 MAY  
STG2 CHRISTOPHER JONES 16 MAY  
AM3 JOEL LEE 17 MAY  
BM1 DAVID SCHARF 17 MAY  
HT1 CORDALE STANFORD 19 MAY  
AT2 LUCAS WISTE 21 MAY  
ABH2 STEVEN RODRIGUEZ 21 MAY  
CRD PATRICK HAYDEN 21 MAY  
GM2 ERIC SMITH 23 MAY  
LS3 AARON HINSPATER 23 MAY  
AO2 ANTWAN WHARWOOD 24 MAY  
BM1 NEASIA SMITH 25 MAY  
AO2 THUONG NGUYEN 25 MAY  
BM1 NEASIA SMITH 25 MAY  
AO2 THUONG NGUYEN 25 MAY  
GM2 REBECCA ROPP 25 MAY  
STS4 BRADLEY ODANIEL 27 MAY  
LSC MICHAEL RUPUTZ 28 MAY  
LCDR AARON ANTHONSEN 28 MAY  
BMC TIMOTHY SHEPKE 29 MAY  
LCDR KENDALL KALSTAD 30 MAY  
MRC RICHARD HERRICK 31 MAY







# MIDLAKES MEMORIAL DAY 2012

by HTCS Mark Watts

**F**or the past twenty five years the teachers and students of Midlakes Primary School in Clifton Springs, a small town in the heart of the finger lakes of upstate New York have been celebrating Memorial Day with the first grade. In the beginning the event was held under the trees in the side lawn of the school. The students would invite local Veterans to join them and sit in a place of honor in the Veterans only section, usually a few rows of metal folding chairs with a sign stating “Veteran” taped to the back.

The children would learn a patriotic song or perhaps a poem to recognize the significance of the day. Parents would proudly watch from the gallery as Veterans mostly from World War II and Korea would sit quietly and fight back tears of joy and sorrow as these little voices joined to thank them for their service and sacrifice. Afterwards a small gathering would take place in the cafeteria and the children would follow Moms and Dads home carrying an American flag given to each of them by the local American Legion. The Veterans would return to their wives and husbands and the day would close for another year.

As the years went by the audience changed but the program remained for the most part the same. Less World WarII Veterans would show up replaced by more Vietnam Veterans. The usual folding metal chairs were there along with the “Veteran” signs taped awkwardly to the backs. At the end of the day the children would gather with the guests in the cafeteria and Moms and Dads would tote their little ones home with their American flags in hand.

My first experience with this program was on the occasion of my nephew being one of those tiny tots with an American flag in hand. I was asked to attend so he would see a familiar face in the crowd and of course I was allowed into the rows of folding metal chairs with the “Veteran” sign taped to the back. The Guest Speaker was Retired Marine Colonel Richard Van Horn. As I sat with the tears of pride rolling down my cheeks among the other Veterans with the same tears rolling down theirs I realized that these kids were learning something more than just a poem or song. They were learning about the price of freedom. They would hopefully remember some of what the real message was being told to them was.

A few years later I was given the opportunity to share my stories with these tiny tots when I was asked to speak to my daughter’s first grade class about my experiences in the Navy. I was scared to death when faced with over 100 awe struck faces each of which had questions about life in the military, or what my ribbons

mean, or why are there flags on graves at Memorial Day etc. There was and still is one child every year that seems to come up with a question I don’t have an answer to. These kids get it when someone takes a few hours of time and spends it with them. They stand tall with pride when you take their questions and for the most part they remember the lessons given to them because someone other than their teacher gave them just a bit of their time and listened to their curious questions.

The program has evolved with the building of a new school. The audience now includes Iraq and Afghanistan Veterans, our World War II Veterans are scarce but some still manage to come and share their time with these kids and help teach them about the story of freedom, their freedom. The chairs have improved some but still have the same “Veteran” sign taped awkwardly to the back. This year was a bit different. Unable to attend the usual class time and thanks to a very helpful PAO and a little technology I was able to bring to this year’s class the same lesson to these same kids with the same American flag that has been case for twenty five years. The lesson of why these children have their freedom is in one worth telling. It’s one the children want to know and its one they will hopefully remember and pass on to others perhaps to their children when they are in first grade. These children are an investment one that is worthy of our time. They are the future.





# MIDLAKES MEMORIAL CONT'D

## THE STUDENTS ON THE OTHER END



# MEMORIAL MOMENTS

## FROM CHARLIE COMPANY





CAMP ARIFJAN  
**PACIFIC ISLAND FESTIVAL**  
PHOTOS BY: CPT SEAN PISAPIN



**COMICS READY TO ENTERTAIN**

MA1 CRYSTAL JARRETT AND CPT SEAN PISAPIA







CARMEN  
LYNCH

JODI  
BORRELLO

KARA  
KLENK



# THE JEA

The Junior Enlisted Association is an organization made up of E5 and below sailors who seek to be an integral part of the command. The organization gives these sailors an opportunity to influence the command, while growing both personally and professionally. In a sea of First Class and Chiefs, the JEA provides a voice to the junior enlisted of NAVELSG Forward.

One of the main focuses of the JEA is community involvement, and shining a positive light on the outstanding sailors that make up the Navy, and specifically NAVELSG Forward November. The JEA believes that through volunteer efforts around the base they can foster a strong sense of support and community, and reach across the other branches of the military and continue to develop the bond that exists, regardless of the uniform that is worn.

With this in mind, the JEA set out in February to become as involved as possible. The first, and most obvious opportunity, was to provide support to the MWR for all of the 5K runs on base. Through memorial day the JEA has provided over thirty volunteers to assist with the distribution of water and serve as road guards for seven 5k events resulting in over sixty hours of volunteer efforts.

Another opportunity the JEA took advantage of was assisting the MWR with events and parties on base. Two large efforts where the cinco de mayo celebration, as well as the Asian Pacific Heritage Luau. For both of these events the JEA worked tirelessly in helping set up and tear down the structures and games the MWR used. Over ten sailors volunteered for this, providing extensive assistance and coming along side other military and civilian personnel to ensure these events were both fun and successful.

The JEA was also instrumental in the Supply Corps Ball held at Camp Arifjan in March. Five volunteers assisted in setting up, tearing down, and providing much needed support throughout the night. The event was attended by many distinguished visitors, and the JEA's pride and professionalism we on display and brought credit to all junior enlisted within the NAVELSG Forward command.

In addition to the events listed above the JEA also provides volunteer efforts at the Red Cross as well as tutoring services with the Education Center. The JEA continues to be proactive in seeking out ways to show Camp Arifjan the sense of community that the Navy believes in. They continue to pursue these efforts with fervor and they remain dedicate to doing so as long as the opportunities present themselves-

By: AT2 ERIC FENSKE



## A Day In The Life Of The Stan

Hello and greetings from Camp Bastion Afghanistan!  
After a busy couple of months, ACD-4 has finally reached their halfway point. The past month we have moved to a newly constructed LSA/Barracks. It was a good move for the most part. We are blessed and fortunate to now have the luxury of sleeping and eating across from the flight line where we work. The internet access isn't that great but we make it work. ACD makes the best out of every situation and it has actually has caused us to become closer. Every so often we go outside and meet our neighbors and bond over an hour long (or two) game of UNO. There are also many ACD folks who have become "Gym Rats", with many showing noticeable weight loss. EXW has also been a priority and we are actively working hard to achieve a pin from this deployment.

We are excited to bring on the next half of our deployment and are counting down the days until we can be reunited with our families again!

### FLAG FOOTBALL

While the weather has started to heat up, so has the competitiveness here at LNK. ACD-4 has been able to enjoy playing flag football and participating in Gladiator Week along with the marines of MALS 16. Although we may not win all the time, we do enjoy a good challenge!



### GLADIATOR WEEK



LTJG Adams-Jones takes a turn at the tire toss



LS2 Harris= Tire tossin' champ!



BM2 Parrott checks out his throw.

### ACD-4 Celebrates Memorial Day



Memorial Day is a special day for all military members and families. This is the day to pay additional respects to our fallen heroes. Being here in Afghanistan makes this day especially hard for us. We are making the same sacrifice as the fallen. As we pay tribute to the fallen men and women of the U.S. Forces, we fly flags for our shipmates to commemorate this day. With each flag we fly, includes a certificate stating who the flag is flown for and the date the flag was flown. It is an honor to serve our great country and carry on the legacy of the fallen. Gone but not forgotten.



~BM2 Laurie Seliga



# NAVELSG FWD NOVEMBER SOFTBALL

The sailors of Navy Expeditionary Logistic Support Group Forward, November have recently completed their first season of softball at Camp Arifjan, Kuwait. This was a great way for the command to come together and display the Navy's sense of team work and support while also providing an excellent way to build camaraderie.

As expected with a team that had never played together before, the Sand Sailors struggled out of the gate and had a difficult time overcoming the lack of familiarity. While playing a competitive style of softball and digging deep and fighting until the end of every game, the Sand Sailors soon found themselves losers of their first five games.

Undeterred by the lack of results on the field, the Sand Sailors continued to work hard. Spurred by head coach LS3 Hinspater and assistant coach AO1 Graham, the Sand Sailors held weekly practices on Sunday's at the Zone 6 field, working on baseball fundamentals and batting. Soon, the hard work and diligence would prove evident on the field.

Coming into the last five games of the season it was obvious that the tides were turning for the Sand Sailors. They began winning games convincingly, and finished the season with an outstanding four wins in the last five games. Not to be lost in the effort on the field is the support the team began receiving from the command as a whole. The bleachers were full of sailors, from E4's to our very own Captain Pionk, urging and cheering and providing the team with the extra enthusiasm that was dearly needed. This, coupled with the work of the team, was instrumental in making the season an enjoyable success.

The team was made up of BM2 Benson, BM2 Buchannon, OS1 Carrano, AT2 Fenske, BM2 Frick, AO1 Graham, AM1 Hanson, LS3 Hinspater, GM1 Irving, IT1 Judson, OSC Lee, YNC Marshall, HMC Oshea, AD2 Rajo, LSC Roberts, YN2 Smith, and HM3 Smith. Every sailor involved was a vital part to the team, and instrumental to its success on and off the field. Look for the team to participate in upcoming tournaments and seasons while they remain here at Camp Arifjan.

AT2 Erick Fenskie





# KELLIE PICKLER LIVE AT CAMP ARIFJAN



**pictures by: IT1(EXW) Melinda Judson  
AO1 Maurice Graham  
CPT Sean Pisapia**



# ACD



## NEXT ISSUE WILL INCLUDE:

### EOD

TRAINING AT BRAVO

### COLLEGE TUITION ASSISTANCE

IMPORTANT INFORMATION AND SEE WHO IS TAKING ADVANTAGE OF THIS GREAT OPPORTUNITY

### MICHAEL MURPHY CHALLENGE

THE WORKOUT OF ALL WORKOUTS, GET ALL THE DETAILS

### COMPANY SAILORS IN THE SPOTLIGHT

SAILOR WHO SHOWED THE MOST DEDICATION

### BIRTHDAYS

SAILOR CELEBRATING BIRTHDAYS IN THE MONTHS OF JUNE AND JULY

### EXW

FIRST STEP TO A FULFILLING CAREER

### THE HISTORY PAGE

PO HEINRICH STEP BACK IN TIME

**and MUCH MORE!!**