



# The Protector News



In This Issue...  
546th MP Co. goes 600 Days DUI Free  
Dragoons ride to Ft. McAllister  
A Kickin' FRG  
F is for Family

The News Magazine of the 16th Military Police Brigade  
April 2012



## In This Edition of the Protector News

The Protector News is an official publication of the 16th Military Police Brigade.

The appearance of products, services and opinions in this newsletter does not constitute endorsement by the United States Military.

Public Affairs Officer:  
Captain Douglas Ray  
Public Affairs Specialist:  
Specialist Garrett Hernandez

### ON THE COVER:

Third Infantry Division  
Commanding General  
Maj. Gen. Robert "Abe"  
Abrams attached the 365  
Days DUI Free streamer  
to the 546th MP Com-  
pany's guidon, March 30.



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# Protector 6

**Colonel Chad McRee**  
**Commander of the 16th Military Police Brigade**

## Discipline

Discipline should drive our everyday lives. It determines the manner we accomplish missions, plan our days, and conduct our daily business. Discipline is at the heart of our ability to be good versus great. You see discipline and the lack of discipline everywhere you look. Have you ever gone to the Post Exchange and encountered a disinterested employee or entered an access control point where the Soldier was friendly, confident, and on their game? This in part is due to discipline. In the Army, our lives and our professional careers depend on Soldiers and families being disciplined. We must be disciplined in such a manner that our lives can be properly regimented in order to handle the complexities in a life that is filled with turbulence, unknowns and demands.

As the Army transitions and reduces in size discipline is going to be more important than ever. Discipline in conduct, discipline in competence (knowing your job), and discipline in the manner and approach each of us takes in dealing with the demands that future service in our Army will require. You have heard the old adage of "doing more with less," and this statement could not be truer. We will each be required to do things in support of our Army that we are unaccustomed. We will have more training requirements, going to the field; we will have more duty requirements, TDY and longer hours; and we will be far less tolerant of our Soldiers getting into negative circumstances, trouble.

Each of us must understand that now more than ever "actions will have consequences" and the consequences may result in a good Soldier not being good enough to serve in our Army any longer. While the leadership of this brigade certainly wants to retain good people that want to serve, we must all understand that service in our Army will be offered only to those who demonstrate daily, strong discipline in manner of conduct, on and off duty; competence in our Military Occupational Specialties; physical fitness, meeting height and weight standards-passing a PT Test; and displaying the potential to lead at higher levels will all impact those who desire to stay in our Army. So as each of you plan for the future, you must also determine if you are willing to commit to the values of our Army, maintain a healthy lifestyle complete with the discipline required to serve amongst the best and most capable Soldiers and Families of our Army. If this is a community you want to stay affiliated with, then you must commit now to achieving and maintaining this higher state of discipline, commitment, and determination. Our Army will benefit from your commitment and in turn, your life in the Profession of Arms will be invaluable to you and your family.

CHAD B. MCREE

COLONEL, MILITARY POLICE

COMMANDER, 16TH MILITARY POLICE BRIGADE

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# Protector 7

*Command Sergeant Major Todd Spradling*  
*Command Sergeant Major of the 16th Military Police Brigade*

I hope this month finds you all doing well. I am a little behind this month but working on this note to you from several thousand feet in the air. Thank you S6, communications section, for getting me squared away so I can accomplish something during these few hours in the air. I never thought in my life we would be reduced to having to conduct part of my work while flying from one place to another, seems very executive-like. With the exception of the screaming baby behind me, that was a joke.

The benefit of this trip was our opportunity to spend some quality time with our staff team out at Fort Leavenworth, Kansas in preparation for our exercise in June. The reality is that we really do not get the opportunity to spend as much time with those folks that work in the same building with us as many of you might think.

There was also some great benefit to the workshops we participated in to refresh many folks on how we operate as well as to give us each a barometer and understanding of how each member of the team functions. Frankly, I know that I am blessed to work with a great group of professionals each and every day but it is important to spend the time so I can know where they need mentorship and training as well as taking advantage of all the growth and mentorship that they provide to me.

I hope that each of us has a light bulb go off occasionally with the goal of that spark being to remind us of something we have learned or to shock us back in to reality of the fact that we still have more to learn or teach.

This last two days reminded me of a comment that I consistently told my junior Noncommissioned Officers when I was a Platoon Sergeant. I always tried to impress on them that if each of their Soldiers had a separate weapon or system, that they were ultimately responsible to be the expert at each and every one of the systems if they were going to provide their Soldiers with the best training possible. To prove the point to them, I would ask what the best way to employ each system was based on a specified threat. That sounds high speed doesn't it? It is! We teach 20 year olds how to lead their Soldiers in the best possible methods of employing about four or five different systems in concert so they are the most lethal force on the battlefield. This is a method of caring!

I am sharing this with each of you to help you understand how important it is to be an expert at your job. I did not say perfect, I said expert. There is something each of us can learn each day and there are lessons that we can share each day too. If you don't feel like an expert in your craft, what are you going to do about it? As real leaders we do not have an option other than to work each day at being an expert so we can train and mentor our Soldiers.

Remember each day that leaders lead in three directions too. Down, Across, and Up.

CSM Spradling

“Whirling Vortex of Ecstatic Bliss”



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## *From the Chaplain*

*Lieutenant Colonel Doug Peterson  
16th Military Police Brigade Chaplain*

Marriage. The most difficult job in the world. How to make it work.

This is the fourth of our discussions on why relatively few of us fully and deeply enjoy the marriage relationship and what we can do about it. My encouragement has been to invest an effort in introspection and personal growth toward making what we have even better.

This month: Dealing with conflict (Part 2).

Last time I suggested three critical concepts to govern our handling of conflict:

- Your spouse is not your enemy
- You can break the cycle of destructive patterns of conflict
- Look at conflict as an opportunity for personal growth

With that context laid, the one practical Rule of Engagement that I would emphasize in managing conflict is this: Attack the problem, not the person.

Is it easy and natural to attack the person? You bet it is!



16th Military Police Brigade Chaplain  
Lieutenant Colonel Douglas Peterson

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On one occasion while I was stationed at Fort Hood, Texas, my wife called and asked me to stop for some bread at the commissary on my way home.

I was tired. It had been a long day, and I didn't feel like messing with anything that I really didn't have to mess with. But I stopped at the commissary just before closing and bought eight loaves for our family of 6 1/2. After arriving home, I carried the bread through the house to our freezer. I opened its top and impatiently and carelessly dumped the bread in.

My wife happened to be watching and said, "Doug, how come you just dumped the bread into the freezer like that? Normally, you are neat and orderly. Why did you do it like that?"

My reply went something like this: "Hey, I just walked by the kitchen on my way to the freezer, and I saw dirty dishes stacked to the ceiling. What in the world have you been doing for the past week???"

Needless to say, things degenerated from there and it was a long night for me in the doughhouse.

Now, what did I do? What should I have done? The mature thing would be for me to have said, "I'm sorry. Let me straighten out the bread." And that would have been the end of the story.

But instead, reacting to criticism, I attacked my wife. You see, there is something about human nature that doesn't like to be challenged, threatened, or attacked. Or how about accepting responsibility? Think again! And too often we are very good at either defending ourselves or attacking the other person in return.

What we need to do is to stop and ask ourselves: "What really is the issue at hand?" And then deal with that issue rather than attack the other person. Handling conflict should always be a positive, constructive process, not negative and destructive.

And watch out for other forms of personal attack:

- Name calling (labeling detracts from the issue)
- Being historical (bringing up all past crimes avoids the focus on the current issue)
- Mind-reading (pretending to know the person's motives is presumptuous; deal with the issue)
- Using the words "always" and "never" (blanket condemnatory statements again avoid the current single issue)

Attack the problem rather than the person. Intellectually, it's an easy concept. But putting it into practice may require consistent effort and self-discipline. The results, however, will be well-worth it.

Next month: What will hold your marriage together, even in the most difficult of circumstances? We'll look at the big "C" word.



# BRIGADE FAMILY READINESS

*Mrs. Julie McRee, 16th Military Police Brigade  
Family Readiness Group Leader*

*Julie's Jots....*

Have you looked around your unit lately? Multiple Single Soldier and Soldier events, Family Readiness Showcases, Pooch PT, Spring Fling, Welcome Baskets, multiple classes, special send-offs for our Soldiers as well as warm welcome homes, and the list continues with the special touches that our 16th MP Bde. Volunteers provide to our "One of a Kind" family. This mighty band of volunteers may be few in number, but they offer an abundance of support, strength, and spirit to our organization.

In the 16th MP BDE, we have over 3,400 Soldiers and add to that number the many faces of our family members. It's pretty impressive that 150 volunteers support the multiple events that go on throughout the 16th MP Bde. whether it's at the company, battalion, and/or brigade level. In the past year alone, these 150 volunteers contributed over 17,933 hours in support of our Soldiers and families. Chad and I can't thank you enough for always being the first to share your time, gifts, and talents in support of our "One of a Kind" unit family. Thank you!

Although Volunteer Appreciation Week has now come and gone, please don't ever miss the opportunity to thank those who are always thinking of you and trying to make the 16th MP Bde. a special place to work and serve. Just think if each one of us contributed an hour or two a month in support of our volunteers, Soldiers, and unit! This can be done by simply answering the emails and phone calls of those either checking on you or inviting you to one of the multiple events going on throughout the unit, take a moment to send in some cookies or treats in support of an event or activity, take an evening to help prepare a welcome or baby basket, share your good ideas for the way ahead, or maybe just show up in support of the events being planned for you! There truly is something for everyone!

In honor and thanks to those who provide so much for each of us .....

## **You Are Special**

"Special" is a word that is used to  
describe something one-of-a-kind.

Like a hug or a sunset  
or a person who spreads love  
with a smile or a kind gesture.

"Special" describes people who  
act from the heart and keep in mind the hearts of others.

"Special" applies to something that is admired and precious, and which can never be replaced.

"Special" is the word that best describes you.

--Written by Terri Fernandez.

## April—May 2012

### Significant Activities Calendar



Date	Time	Event
<b>April 2012</b>		
Tues., 24 Apr.	0930 1800	Fort Stewart CLIF (385th) HHC FRG Couponing Class – 503d Classroom
Wed., 25 Apr.	1100-1300 1530 1600-1700 1800-2200 1800 1830 1830-2030	National Administrative Professional's Day Fort Bragg Senior Spouse Community Update 385th Right Arm Night Iron Mike volunteer Award Ceremony – Ft Bragg Clug 543rd Spouse Meeting (91st) Jump (Sicily) 716th Volunteer Award Dinner 385th FRG Steering Committee Meeting 16th Spouse Resiliency Academy (Make up if needed) – BN Classroom 23rd Spring Tea/Coffee (91st)
Thurs., 26 Apr.	1330 1330	91st Award Ceremony XVIII Airborne Corps Retirement Ceremony 3ID Retirement Ceremony 101st Retirement Ceremony 23rd FRG Thanks Dinner (91st)
Fri., 27 Apr.	1300 1800	<b>Arbor Day</b> 551st Hooligan Challenge (716th) HHC Safety/Award Ceremony 293rd FRG Meeting (385th)
Sat., 28 Apr.	0900-1300	16th Spouse Resiliency Academy MRT Marathon – Bn Classroom
Sat-Sun., 28-29 Apr		Fort Bragg Father-Son Weekend
Fri-Sun., 27-29 Apr.		Fayetteville Dogwood Festival
Mon., 30 Apr.		218th Family Day (716th)
<b>May 2012</b>		
Mon-Tues, 1-2 May		AUSA Symposium
Tues., 1 May	1830	XVIII Airborne Corps Spouse Coffee



## May 2012

### Significant Activities Calendar



Date	Time	Event
<b>May 2012</b>		
Wed., 2 May	0900	Fort Campbell Information Exchange (716th)
	1015	101st Division Senior Spouse Meeting (716th)
	1300	101st Sustainment BDE Steering Committee Meeting (716th)
	1700	716th FRG Leader Meeting
	1800	716th FRG Steering Committee Meeting
Wed., 2 May	0900	Fort Campbell Information Exchange (716th)
	1015	101st Division Senior Spouse Meeting (716th)
	1300	101st Sustainment BDE Steering Committee Meeting (716th)
	1700	716th FRG Leader Meeting
	1745-2100	Jump (Sicily)
	1800	503d Family Newcomers Brief
	1800	716th FRG Steering Committee Meeting
Thurs-Sat, 3-19 May		Fort Bragg Fair
Thurs., 3 May	1130-1300	FBAOSC Luncheon
	1800	HHD, 503d FRG Meeting
	1800	HHD, 716th FRG Planning Meeting - USO
Fri., 4 May	1030	503d Awards Ceremony
	1130	HHC Safety/Award Ceremony
		551st FRG Organ. Day (716th)
	TBD	23rd FRG Fundraiser (91st)
Sat., 5 May	1800	XVIII Airborne Corps CG Farewell
Thurs-Sat, 3-19 May		Fort Bragg Fair
Sun-Fri., 6-11 May		III Corps Vicksburg Staff Ride
Mon-Thurs., 7-17 May		Federal Eagle
Tues., 8 May	0800-1200	Foreign Jump (Luzon)
	0900-1200	Campbell Spouses
		511th FRG Meeting/Brunch (91st)
	1700	561st FRG Meeting - Company Area (716th)
	1830	503d Spouses Coffee
Wed., 9 May	1730	503d FRG Steering Committee Meeting
	1830(T)	BDE FRG Steering Committee Meeting - VTC (CO Level FRG Ldrs)
	1830	42nd FRG Meeting
Thur-Fri, 10-11 May		Fort Bragg Military Spouse Day Conference



## May 2012

### Significant Activities Calendar



Date	Time	Event
<b>May 2012</b>		
Thur., 10 May		Fort Bragg Spouse Conference – Day 1 (You Can Be Creative)
	1530	XVIII Corps LPD (Sports USA)
	1600	Fort Bragg Boss Night
	1800	42nd FRG Meeting
	1800	65th FRG Meeting
		563rd FRG Meeting (91st)
	1830	Fort Bragg NCO Spouse Meeting (E5 and above)
Fri., 11 May		Military Spouse Appreciation Day
		Fort Bragg Spouse Conference – Day 2 (Solider for a Day)
		503d Safety Stand Down Day
		42nd BBQ
		551st Change of Command (716th)
Sun., 13 May		<b>Happy Mother's Day</b>
Mon-Thurs.; 14-17 May (0900-1200)		Fort Bragg Scream Free Parenting (Casablanca Neighborhood Center)
Tues., 15 May		XVIII Airborne Corps CG Transition Ceremony
Wed., 16 May	0050-0500	Jump (Sicily)
	1130	06+ Spouse Luncheon
	1630	Right Arm Night
	1830-2030	16th Spouse Resiliency Academy Final Class and Graduation – 503d Classroom
Thurs., 17 May	0800	MSC LDR Breakfast
	0900	HHC Family Advocacy
	1130	Fort Bragg Asian Pacific Heritage Luncheon
	1800	108th FRG Meeting (503d)
		23rd FRG Meeting (91st)
		101st Volunteer Recognition Ceremony
Fri., 18 May	(T)	BDE Memorial
Fri-Sat, 18-19 May		Fort Bragg Retiree Appreciation Days
Sat., 19 May	0900	Fort Bragg Family 5K Walk/Run
	1800	21st FRG Meeting at Laser Tag
Mon-Fri, 21-24 May		Fort Bragg Clean Sweep
Mon., 21 May	1730	543rd FRG Meeting – OPSEC (91st)
	1830(T)	16th Care Team Meeting

## May—June 2012

### Significant Activities Calendar



Date	Time	Event
<b>May 2012</b>		
Tues., 22 May	1800 (T) 1800	HHC FRG Event 118th FRG Meeting
Wed., 23 May	1730 1800 1830	HHD, 91st FRG Meeting 194th FRG Meeting – FRC (716th) One of a Kind Coffee
Thurs., 24 May	1000 1300 1700 1800	XVIII Airborne Corps Retirement Ceremony HHC Safety/Award Ceremony 218th FRG Family Day (716th) HHD, 503d Deployment Safety Briefing 543rd FRG Fundraiser (91st)
Fri-Mon, 25-28 May		XVIII Airborne Corps Memorial Day Training Holiday
Sun., 27 May		Coca-Cola 600
Mon., 28 May		<b>Memorial Day</b>
Wed., 30 May	1100-1300 1500-2000 1700 1900 (T)	Fort Bragg Senior Spouse Community Update Jump (Sicily) 716th FRG Leaders Meeting 16th FRG sponsored Event ( <i>FRG Leadership PD</i> )
<b>June 2012</b>		
Fri., 1 June	1030	91st Award Ceremony 503d Awards Ceremony 23rd FRG Event (91st) XVIII Airborne Corps Hail and Farewell
Tues., 5 June	1830	XVIII Airborne Corps Spouse Coffee
Wed., 6 June	1700	716th FRG Steering Committee Meeting 23rd FRG Coffee (91st)
Thurs., 7 June	0830 1800	MSC Leadership Breakfast 91st FRG Steering Committee Meeting HHD, 503d FRG Meeting
Fri., 8 June		Cumberland County Last Day of School 91st Award Ceremony 511th FRG Meeting/BBQ (91st)
Mon-Fri., 11-22 June		III Corps WFX (Ft Hood)

## June 2012

### Significant Activities Calendar



Date	Time	Event
<b>June 2012</b>		
Mon., 11 June	1730	543rd FRG Meeting/MFLC
Tues., 12 June	0800	CSF MRT Breakfast
	1830	503d Spouses Coffee
Wed., 13 June	1600	101st Eagle Remembrance Ceremony
	1800	21st FRG Meeting with Planning and Redeployment Information (BN Classroom)
	1800	42nd FRG Meeting
Thurs., 14 June		91st Award Ceremony
	1530	Corps LPD (Sports USA)
	1800	65th FRG Meeting
	1800	101st Volunteer Recognition Ceremony
	1830(T)	BDE FRG Steering Committee Meeting – VTC
	1830	(TBD)
		Fort Bragg NCO Spouse Meeting (E5 and above)
Fri-Sun, 15-17 June		XVIII Airborne Corps Training Holiday
Sun., 17 June		<b>Happy Father's Day</b>
Mon., 18 June	1830(T)	16th Care Team Meeting
Tues., 19 June	1800	118th FRG Meeting
Wed., 20 Jun.	(T)	HHC FRG Meeting
		HHD, 91st FRG Meeting
Thurs., 21 June	0800	XVIII Airborne Corps MSC LDR Breakfast
		Fort Bragg Garrison Change of Command
		River Fest (Ft. Drum)
	1000	XVIII Airborne Corps Retirement Ceremony
	1800	108th FRG Meeting
	1830 (T)	One of a Kind Coffee
Fri., 22 June		91st Award Ceremony
	1000	XVIII Airborne Corps Assumption of Command
	1600	DCG Retirement Ceremony
	1700-2100	Father-Daughter Ball – FT Bragg Club
Sat., 23 June	0900	Fort Bragg Family 5K Walk/Run
Mon-Thurs.; 25-28 Jun. (0900-1200)		Fort Bragg Scream Free Parenting (Clubhouse at Linden Oaks)
Tues., 26 June	1900 (T)	16th FRG sponsored event

## *June 2012*

### *Significant Activities Calendar*



Date	Time	Event
<b>June 2012</b>		
Wed., 27 June	1100-1300	Fort Bragg Senior Spouse Community Update
Thurs., 28 June	1530	101st Retirement Ceremony
Fri., 29 June		23rd FRG Strawberry Picking (91st)
Fri-Mon, 29 Jun-2 Jul.		XVIII Airborne Corps Fourth of July Training Holiday





**INTEGRITY:  
DOING THE RIGHT  
THING WHEN NO ONE  
IS LOOKING.**





## **Sentinel 6**

### **Captain Bryan Deaubler**

*Headquarters and Headquarters Company, Fort Bragg, North Carolina*



Headquarters and Headquarters Company has been pretty busy this past month with a full court press in preparing for the War-Fighter Exercise this coming June. Soldiers from each section contributed significantly in setting up our proposed Tactical Operations Center in our motor pool every Monday. A lot of valuable lessons were learned and some good camaraderie was shared in the pain staking process of erecting a large tent in 15 mph wind gusts! As well, HHC also completed some good individual training, qualifying 5 Soldiers on their M249 weapon system and certifying 7 Soldiers to train the Combat Survival Testing in April 2012.

The highlight of the month occurred on the last day of the month in our FRG Spring Eggstravaganza. Despite the weather's best attempt to cancel the event, over 70 Soldiers and Family Members showed up for the festivities. I want to extend a special thanks to the Vargas family, namely Mary Vargas. Mary was asked to coordinate the games and egg hunts for the event. Mary, along with her husband MAJ Jose Vargas, built and created several fun games to include, a ring and bean bag toss, an indoor golf course, an over the curtain fishing with carrots game, and numerous other crafts and games to keep everyone engaged and happy despite the rain outside. 1SG Joe Bayne worked the grill and the highlight of the event was a visit by the Easter Bunny, played by 2LT Matt Hall, followed by an Easter egg hunt. Thanks to everyone that assisted with the set-up and games and thanks to all our Families that braved the weather and attended the event.

Our Next FRG event is a couponing Class on the 24th of April, 1800-1930. RSVPs are out so please come and join us in learning how to save some green!



*Captain Bryan D. Deaubler  
Headquarters and Headquarters Company*

CPT Bryan D Deaubler  
HHC, 16th MP Bde. Commander





# HHC Eggstravaganza



HHC and the 42nd MP Det. Easter celebration at the 503rd MP Bn. classroom.



# 42nd Military Police Detachment

Hello Soldiers, Families and friends of the Detachment. The Detachment has had yet another busy month. I hope that this newsletter finds you and your family well. This issue is packed with lots of information and stories about the amazing things our Soldiers are doing. With the Soldiers out and about conducting their daily duties and missions, I want to ensure that the Families are not left in the dark about what is happening in the unit. I feel that overall, our FRG contact is improving and we are able to reach more and more Families every day. One of our greatest tools to do this is our Facebook page. It is there for you all to get a quick snapshot of what the unit is up to and the great things the Soldiers are doing.

Last month, I announced that 1SG Donahue would be leaving the Detachment and we would be receiving a new First Sergeant. Over the course of the last month and a half, 1SG Hom has made changes within the unit which some of you may have seen and been affected by. The unit is changing and we are taking huge steps forward as a team. Change is always something that is difficult at first but in the end, with these changes, our unit is making drastic improvements on a daily basis. This is because of the hard work and dedication of the Soldiers as well as strong support from all of the Families. Some of you had the opportunity to meet 1SG Hom at the FRG meeting this month, and if you were unable to attend, please feel free to stop by and say hello!

Our volunteer list continues to grow. As I speak with spouses about opportunities there is genuine interest which is great. Our last two meetings we have even had a parent come out and express interest in the FRG. Deb Fowler, SFC Marston's mother, has attended meetings and wants to become a volunteer and possibly fill multiple positions!! Please know that we welcome ALL Family within the detachment so if there are any other Parents out there that would like to become involved with the unit please don't be shy.

One of the biggest events the Detachment has in the near future is the return of the Djibouti Soldiers from Africa. While their timeline is still very vague, we have nonetheless begun to plan for their arrival. We will be holding briefings for the Families to prepare them for the return of their Soldiers. Once the Soldiers come back and do some mandatory training they will be allowed to go on Block Leave. Prior to this leave we will be having a culminating event with the unit to celebrate their return. In the last few months we have had 7 Soldiers return from Deployment. A majority of these have been Military Working Dog Handlers. What I would like to do is celebrate the return of all these outstanding Soldiers at this event. We will recognize their accomplishments and their Families as well. As always, I am open for ideas and suggestions to make this event the very best we can for the Soldiers and Families. If you have any ideas please let myself or Megan Alcorn know! I hope you all have a great month and can get outside to enjoy some of the beautiful weather.



*Captain Michael T. Nicholson  
42nd Military Police Detachment*

CPT Michael T. Nicholson  
42nd MP Det., 16th MP Bde. Commander



# we're on Facebook!

The 16th Military Police Brigade is on Facebook!

Our Official page can be found at:

[www.facebook.com/16th.MP.Brigade](http://www.facebook.com/16th.MP.Brigade)

Become a fan today and stay updated with photos from training events and good news stories of Soldiers from the 16th Military Police Brigade! Also check out the 385th MP Bn. and 716th MP Bn. Facebook pages!





## **Guardian 6** **Lieutenant Colonel Guenther Pearson** *91st Military Police Battalion, Fort Drum, New York*



Greetings from the North Country! We have “sprung ahead” in full swing and Spring is upon us, we think. In last month’s edition of “Guardian 6 Sends” we discussed comprehensive fitness and overall wellness of Soldiers and family members. For this edition, CSM Burton and I would like to take a minute and discuss “Success.”

Earlier this week, I took my Platoon Leaders on a foot march. As we pushed up and down the hills with a good 50 pounds on our backs, I brought the “success” topic up with my junior officer leadership to get their ideas on what exactly “success” is made of. Here are a few ideas that came out of a little over two hours of Battalion Commander and Platoon Leader time together which I put in the “best practice” category:

1. Successful people think before they act while considering consequences and possible solutions to any action that they are about to take.
2. Successful people are persistent even if what they believe seems impossible.
3. Successful people believe in their capabilities and love to see everyone around them succeed.
4. Successful people use general knowledge and common sense in every step of their foot-march-journey to success.
5. Successful people are generous and share their knowledge with others. By doing so, they bring about awareness, more interest and more ideas from other successful people.



Lieutenant Colonel Guenther Pearson  
91st Military Police Battalion

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Across the Guardian Battalion, we have many success stories to share. I can share that through direct NCO and Officer leadership, I have a Company in my formation that has not had a DUI in over 330 days. The Guardians recently had 12 Soldiers graduate the Warrior Leader Course, 7 were on the Commandant’s List. The Guardian Battalion also had 3 Noncommissioned Officers recognized via bronze and silver medals as representatives of the Fort Drum Culinary Arts Competition held at Fort Lee, VA earlier in March. In a word, outstanding! The list of successes goes on and on and I personally thank you all for your contributions that make our Battalion a successful and growing organization of professionals.

My hat is off to each Soldier and family member of the 91st MP Battalion and the successes that they bring to the table each and every day. Honor Above All and Climb to Glory!

LTC Guenther Pearson  
91st MP BN Commander



## 385th Military Police Battalion Rear Detachment

As any Leader will tell you, the worst phone call you receive is the one that informs you that we just lost one of our own. Unfortunately over the last ten years, we have become more proficient in this process and most units know how to handle this situation. I would like to call to your attention the importance that the Family Readiness Groups and CARE Teams can provide to a command during this difficult time and task.

On February 23rd 2012, the 385th MP Bn. lost two of our own—SGT Joshua Born and SGT Joseph Conrad. The Rear Detachment was prepared and but never really ready to deal with such a dramatic event. As the organization worked through the requirements to support the notification process and prepare to support the Soldiers and families of our fallen comrades; the one group we immediately reached out to was the Family Readiness Groups and the battalion Care Teams.



Major Ryan C. Dickerson

The response and out pouring of support from our FRGs and CARE Teams was nothing short of impressive. These volunteers sprang into action and response with questions of "what do you need? Or what can we do?" No questions asked, they understood the magnitude of the situation and the implied requirements that would be needed to support the families. They were ready to support not just through the initial days but they were prepared to sustain the effort throughout and continue to maintain a ready posture for the families to this day.

The 385th MP Bn. is blessed in the fact that three of our FRG leaders are also volunteers on the installation and support the installation Army Community Services. The assets and resources that these family leaders brought with them absolutely allowed the unit, the Soldiers and families handle this difficult situation much better. Because of their involvement the FRG was able to share with us immediately their knowledge of resiliency, support programs, and installation capabilities to families during a casualty situation; thus improving our readiness and allowing us to respond with action instead of many questions of uncertainty.

I wanted to share this perspective of our situation with the entire brigade to provide each of you another example of the importance of Family Readiness Group and how our Family Leaders and volunteers support us as an Army. God willing, you will never need to have your Family Leaders utilize this training and knowledge but if you do, it is best that they have it. Family Readiness Group has truly increased our capabilities as a battalion and our successes could not have been achieved without the support and effort of our Family Leaders and volunteers.

As always, our thoughts and prayers remain for all Soldiers and Families across each battalion and the entire 16th Military Police Brigade. MSG (P) Wilkerson and I wish each of you the best and hope this finds you all in good health and spirits.

Major Ryan C. Dickerson  
385th MP BN Rear Detachment Commander

Army Strong!

Rock of the Marne!

Too Dragoon!





## 385th MP Bn. Uses “Special Sauce” to Remain DUI Free

Kaytrina Curtis

Fort Stewart Public Affairs

Organizational day may seem like a day off for some Soldiers. However, April 2-6, the Soldiers of the 385th Military Police Battalion, held an organizational week which helps them to bond together. This bonding is the ingredients that have pushed these military police to remain DUI free for more than 600 days.

As Soldiers stood in formation March 30, Third Infantry Division Commanding General Major Gen. Robert “Abe” Abrams attached another streamer to the 546th MP Company’s guidon. The streamer was not for a successful deployment, but for maintaining their Marne Pride Pledge promise. The Soldiers of the 546th MP Co., 3rd ID celebrate more than 600 days DUI free.

The other company, 385th Headquarters, Headquarters Detachment, were also presented with a streamer for having more than 500 days DUI free.

The main elements that helped them maintain their promise is the leadership, camaraderie and respect that is built throughout the battalion.

“I have been in three different units and it just gets better for me every time because its seems like my [MP Family] just keeps getting bigger,” said Capt. Warren Bannister, HHD 385th MP Bn. “We pride ourselves in taking care of our own.”

Captain Bannister is not speaking in reference to looking the other way when someone in their “MP Family” makes a mistake or gets caught drinking and driving, but by providing prevention before something as tragic as a DUI or worse, occurs. From the top of the leadership ladder down, the Soldiers of this battalion band together. One way is their open door policy. If a Soldier finds him or herself in trouble after having a few too many drinks, leadership encourages the Soldier to contact them.

“First of all, what I think that I would say to them is not to be embarrassed,” said Master Sgt. Lavander Wilkerson, 385th MP Bn. “That’s the first step ... they are admitting that they have had too much to drink and that they need assistance. So the first thing that I would tell that Soldier, is no problem, stay in place, either myself or somebody in your leadership will go out to retrieve you.”

This type of sentiment falls right in line with the Marne Pride Pledge all Soldiers stationed at Fort Stewart-Hunter Army Airfield signed. In part, the Soldiers have pledged to “drive safely, not drive impaired, nor get in the car with an unsafe driver.” The pledge was signed by Maj. Gen. Abrams Aug. 30, 2011 and put into effect Sept. 1 that same year.

“It’s no different from a Soldier’s first enlistment in the military,” Master Sgt. Wilkerson said, “it’s a binding contract that we want Soldiers to continue to fulfill.”

One way that leadership show they care is by preaching the message of safety often throughout the battalion. Many have followed their lead.

“We have to uphold the law,” said Spc. Amanda Tasnadi, 546th MP Co. “We can’t uphold the law if we are going to be shady about it with people [even] within our battalion. No one is above the law. Just remember to have a plan and be ready for anything, [because] anything can happen.”

“We know Soldiers are going to partake in alcohol. We understand that,” Master Sgt. Wilkerson said. “But we want to make sure that there are safety measures in place to ensure that when those things do occur [they know] that we got their back, and that we make sure that Soldier gets home safely.



Third Infantry Division Commanding General Maj. Gen. Robert “Abe” Abrams speaks with Soldiers from 385th MP Bn. before attaching the 365 Days DUI Free streamer to the 546th MP Company’s guidon, March 30.





# Dragoons ride to Ft. McAllister

The officers of the 385th Military Police Battalion conducted a staff ride on 28 March at historic Fort McAllister, GA. 18 officers attended the event and were accompanied by the curator of the 3rd Infantry Division Museum, Mr. Walter Meeks. Mr. Meeks assisted the group in understanding not only the actions that took place during the battle but the similarities between Soldiers then and now. Located south of Savannah on the banks of the Ogeechee River, Fort McAllister is the best preserved earthwork fortification of the Confederacy. The fort was attacked seven times by Union ships but did not fall until 1864, ending General Sherman's "March to the Sea".

The officers began the day by conducting a tough session of physical training together. The session, led by former NCO Academy cadre, was an opportunity to better learn the concepts behind physical readiness training. The day ended with a post-trip meal which assisted in building cohesion and camaraderie amongst the unit's leaders.





# Dragoon's Organizational Week

It is not often that 385th MP Bn. gets to gather as a battalion and celebrate the camaraderie that comes with being a U.S. Army soldier. The 385th put together a Battalion Organizational week in order to bring the hard working Marne Police and family together and have a fun week of good food, fun and competitive sport and family fun.

Day 1: April 2, Day one kicked off with a double elimination basketball tournament. The event took place on the Newman Gym indoor basketball courts and ran from 8:30 a.m. to 3:00 p.m. All the athletes worked hard to snag the top spot, but only one could be the champion. The Tournament champions were the 293rd MP Co., Warriors!

Day 2: April 3, Tuesday was a double elimination softball tournament. The tournament took place on the post softball fields and ran from 8:00 a.m. to 4:00p.m. The tournament was a very competitive environment with all the athletes playing their best. The tournament champions were the 546th MP Co., Regulators! Families came out and enjoyed the FRG tent with some delicious hamburgers and hotdogs. There was also an Easter egg hunt provided for kids of the families.

Day 3: April 4, On Wednesday, a very competitive spouse competition took place. The spouses arrived at 7:00 a.m. ready to go. The competition consisted of a 1 min push-up, 1 min sit-up, and 1 mile run PT test, an obstacle course, an M4 EST, a 1SG board, finishing up with D&C. The spouse champions were the 546th MP Co., Regulators!



546th player.  
SGT Becker playing catcher behind the home plate.

Day 4: April 5, Thursday was packed with a lot of physical challenges. The day kicked off at 9:0 a.m. with a multiple Crossfit workout tournament. Every team consisted of 3 athletes and every workout brought something new to the table. Amongst the workouts were kettle bell swings, tire flips, burpees, air squats, pull-ups and many more intense exercises. There was also a 400m run followed by a M9 stress shoot using sim rounds. The winner of the Crossfit competition was HHD Dragoons! The day's activities ended with a tug-of-war competition with all companies putting forth their strongest competitors. The winner of the tug-of-war competition was the 293rd MP Company Warriors!

At the end of day 4, beaten and tired, the Marne Police gather for one last closing formation on Dragoon Field. Several soldiers and family members were specially rewarded well deserved achievements and all the soldiers were excited to see who won the very close in points overall Commanders Cup. The Overall 385th MP Battalion Organizational week champions are the 546th MP Company. Congratulations Regulators!



139th MP Co., PATRIOTS!  
SPC Taylor handling the ball on offense.







## Enforcer 6

Lieutenant Colonel Terry Nihart

503rd Military Police Battalion (Airborne), Fort Bragg, North Carolina



Happy Easter to the 503rd Military Police Battalion (Airborne) Soldiers, leaders, families and friends! It has been a busy month for the 503rd family as we prepare to deploy the HHD, while simultaneously standing up our battalion rear headquarters. Some of our key highlighted events this month include:

- CPL Stanton Update - As some of you may have heard, CPL Stanton is making miraculous progress in his fight to begin walking again. He has been fitted with prosthetics and recently took a trip to the D.C. zoo with his family. He continues to amaze us with his steady progress. Please continue to keep him in your thoughts and prayers.

- Single Soldier Day - On March 2, we celebrated the contributions of our single Soldiers. Family members of the battalion provided food and games for all single Soldiers. The event culminated with a dunk tank and pie in the face competition which raised over \$800 for our BOSS program.

- HHD Rear/Forward - The HHD finished its predeployment training culminating in a convoy live fire and is currently on block leave through April 15. Upon return to Ft. Bragg, the company will begin final preparations for deployment to Afghanistan. The HHD rear headquarters also officially activated on Mar. 31 and will maintain command and control of the HQ until their redeployment o/a February 2013.

- DUI Prevention Campaign - LTC Nihart and CSM Counts finished this month with an initiative to personally discuss the negative consequences of a DUI (specifically on family members and friends) with each platoon in the Battalion. They completed these talks after questioning all of the Bn's Soldiers who received DUIs and obtaining feedback on what they could do to prevent incidents from happening in the future.

- Training - 65th MP Co. completed its green cycle training this month completing a nearly two-week field training exercise (FTX) focusing on team/squad level training attaining task proficiency in several areas, while the 108th MP Co. (AASLT) eagerly awaits key training events in their green cycle in April.

- Volunteer Appreciation Ceremony - on Mar. 26, we honored 22 of our volunteers at the Main Post Theatre. Each volunteer received a plaque, etched vase and a single rose thanking them for their service. Upon completion of the ceremony, a luncheon was provided for the volunteers and their spouses catered by New Deli.

- Rock Beyond Belief Concert - On March 31, we supported this event on the Main Post Parade Field with professional law enforcement and quick reaction force capabilities from the 21st MP Co. (Abn.) and 65th MP Co. These two platoon's worth of Soldiers and Leaders received nothing but praise from our DES/PMO Leaders.

ATW!

LTC Terry Nihart  
503rd MP BN Commander



Lieutenant Colonel Terry Nihart  
503rd Military Police Battalion

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## Peacekeeper 6

Lieutenant Colonel David Thompson

716th Military Police Battalion, Fort Campbell, Kentucky



Greetings Soldiers, families, and friends! Spring is finally upon us here at Camp Julien! More than two months into our mission, the Soldiers of Task Force Peacekeeper are in high spirits and executing their mission with increasing expertise and efficiency. Every day we develop stronger working relationships with our Afghan counterparts at the 202nd Afghan Uniformed Police (AUP) Zone Headquarters, and every day we sharpen our skills in all facets of our mission.

The snow has melted, and to take advantage of the beautiful weather, HHD recently coordinated a company run up a nearby hill to the "Pancake House," the old Soviet Officer's Club adjacent to the Queen's Palace. Though running up the hill was a challenge, 1.88 miles uphill, the view from the top was worth the effort!

HHD continues its leadership role in the Camps Julien and Dubs community, especially in the realm of postal operations. Thunder Soldiers assumed the mail mission to create a consistent and reliable postal operation that has garnered praise from the Kabul Base Cluster leadership. CSM John Smiley, the Task Force Hydra command sergeant major, traveled to Camp Julien last week to award coins of excellence to SGT Elmer Romero and PFC Andrea Curtis for their outstanding performance and dedicated work ethic in building the Julien/Dubs postal program. Plans are already in place to exploit this success by constructing a new mail facility and relocating operations to Camp Julien in preparation for the closure of Camp Dubs.

On April 1st, the 127th MP Company transitioned authority to the 110th MP Company. Personnel from both units worked diligently to share lessons learned, learn the ropes, and provide essential mission continuity. I know the Hell Raisers will do an amazing job taking over duties from the Speed & Power Soldiers in their missions throughout Laghman Province!

The Guardians of the 381st MP Company have officially taken over the mission set from and relieved the 164th MP Company Outlaws. In addition to their area security duties around Bagram Air Field (BAF), the Soldiers of the 381st are partnered with units from the Afghan National Army (ANA) to conduct patrols and deter insurgent activity in the region. The Guardians have not skipped a beat in their transition with the Outlaws!

The 549th MP Company continues its outstanding work in partnering with Afghan National Security Forces (ANSF) in Nangarhar Province. While one element of the Enforcers recently oversaw Afghan-led opium eradication, another worked with Afghan police to capture one of Nangarhar's most wanted. At every level of our Task Force, Soldiers work to build Afghan capabilities that will ultimately lead to their independence from Coalition Forces support.

I hope everyone enjoys the great weather this season, and remember to "Stay khub'ast, my friends!"  
Air Assault!

LTC David Thompson  
716th MP BN Commander



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716th Military Police Battalion

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# 716th Rear Provisional Battalion

On behalf of LTC Thompson and CSM Smoot, greetings from Fort Campbell, Kentucky! SGM Darden and I are blessed to be the Provisional Command Team for this fantastic unit. Life on Fort Campbell in the 716th Military Police Battalion has been moving quickly over the past several months. Since the beginning of March, 36 Soldiers have earned the coveted Air Assault Badge, we swept the 16th MP Brigade Soldier and NCO of the year competition, 14 Soldiers received various meritorious awards, we bid farewell to 15 Soldiers due to PCS/ETS, welcomed 23 new Soldiers, and celebrated the arrival of 6 new baby Peacekeepers. All six units in the battalion also passed the U.S. Army Department of Emergency Services (DES) 18-month inspection, earning IMCOM level recognition. 716th MP Bn. units also have conducted alert/marshal/recall drills in order to prepare for potential contingency operations such as no-notice deployments and train on responding to an active shooter incident on post.

The motivation around the battalion is high as we begin entering the warmer-than-normal spring months. The 163rd Military Police Detachment "Enforcers" have begun the bike patrol mission and they continue to prepare their Military Working Dog teams for certification. Three MWD teams have recently certified thanks to the "Enforcers'" tough new training regimen. The 194th Military Police Company said farewell to CPT and Mrs. Mason and welcomed CPT Stanley into the "Warrior" Family in the change of command ceremony held on 16 March 2012. The "Warriors" assumed road duties on 1 April after completing Peacekeeper reintegration, including the Warrior Adventure Quest. The "Warriors" are still in reset and are preparing for the unit's Initial Command Inspections as part of the Battalion Command Inspection Program, beginning at the end of April. The 218th Military Police Company, the Legionnaires, has conducted amber cycle training, platoon level training, Combat Life Saver, and a range density in order to prepare for their upcoming JRTC rotation. The 551st Military Police Company, the Hooligans, performed superbly on the road and is now currently in amber cycle training preparing for their upcoming change of command on May 11. The 561st Military Police Company Rear Detachment "Champions" has started initial preparations for the redeployment of their forward Soldiers.

SPC McIntire, 194th Military Police Company, was awarded an impact Army Achievement Medal on 22 March 2012 for her heroic response to a potentially fatal incident. SPC McIntire performed life-saving actions on a 4-year-old boy who was choking and not breathing. Even during her off duty time, she was ready to perform in a moment's notice to the training she receives daily in the Army at a moment's notice.

In preparation for the Warfighter Competition this September, 13 Soldiers participated in a Battalion-led selection process that included a ruck march, PT test, land navigation, the Air Assault Obstacle Course, and several other difficult events. In the end, 5 Soldiers were selected to train in the upcoming months to represent the "Peacekeepers" in this grueling competition.

On 30 March 2012, 22 Peacekeeper officers traveled to Fort Donelson, TN for Officer Professional Development. The intent was to train on applying the principles of war in the context of a local historical battle as well as develop camaraderie among the team. This Staff Ride gave the officers the opportunity to bring training to life by walking on a Civil War battlefield rather than learn through PowerPoint slides in a classroom.

On the home front, the Family Readiness Groups have been busy welcoming new Families and supporting our Soldiers, both deployed and in garrison. The HHD and 163rd Military Police Detachment FRGs held Easter egg hunts. The 163rd also held a bowling night for Families and Soldiers. The 218th and 551st Military Police Company FRGs had a blast using the Engagement Skills Trainer, allowing spouses to practice firing the weapons that their Soldiers use.

The Rear Provisional Battalion continues to remember and support the deployed Peacekeepers of the HHD, 716th Military Police Battalion, Thunder, 561st Military Police Company, the Champions, and the individual 163rd Military Police Detachment MWD teams, who are deployed in support of OEF. We continue to send our best wishes to all Soldiers and Families across the 16th MP Brigade and the 101st Sustainment Brigade. God Speed and Air Assault!



*Rear Detachment Commander  
MAJ Brian Carlson*





## A Kickin' FRG

### 716th MP Bn. spouses learn self-defense

The Headquarters and Headquarters Detachment FRG has been very active in the last month. The group held a self-defense class taught by Jenn Renken of the Clarksville Mixed Martial Arts Academy. Everyone had a great time learning a few techniques to help if they should ever find themselves in a dire situation. Some of the older children really got involved and learned a few defense techniques as well.

"It was great to learn a few moves" stated Angee Calvert.

During the month of March the group held a meeting, and MSG Solarzano conducted a presentation on OPSEC. The Group followed up with a craft night where the spouses created a deployment countdown frame. They had a great turnout and really enjoyed getting together to work on this. They all look forward to finding more things that they can do like this.



Michaela Sharp learns how to knee her attacker by Jenn Renken.



Jen Renken, from CMMAA, teaches Elle Curry, how to flip John Renken, from CMMAA.



# F is for Family

by Katy Longfellow, 551st MP CO FRG Leader

FRG is an Army-wide term that we all are familiar with: Family Readiness Group. Essentially, its core purpose is to provide support and resources to our Soldiers' Families, helping to build strong, resilient, and transformative individual family units who are able to overcome the challenges of a military lifestyle. But in order to accomplish this goal, some believe you must take "family" a little bit further.

The FRG of 551st MP CO, the Hooligans, 716th MP BN, has long upheld the belief that in order for individuals to succeed within their own personal families, they must also embrace their greater Army family and recognize that it can be their strongest line of support through many hardships and trials. The 551st Soldiers and family members, who have come to be known as the "Hooligan Nation," put maximum effort into unifying Soldiers, spouses, children, and even extended and geographically far-removed family members. The spirit of the Army family is an attitude of camaraderie that starts with a commander and first sergeant and trickles down through platoon leaders, platoon sergeants, then from squad leaders and team leaders to each Soldier who carries it home to family members as well. It's an alliance to take care of each other, whether as battle buddies or from family to family as spouses support other spouses and lend a helping hand or a listening ear.

The 551st FRG has built a high level of participation by focusing on an important aspect of what families do best, have fun! Planning these monthly events has not been based on formatted meetings or briefs, but instead targets family-friendly events that can appeal equally to Soldiers, whether married or single, as well as spouses and children. An opportunity for this family of Hooligans to unite in a relaxed setting and enjoy the company of one another will also build the mutual support that may be needed in more trying times. The most recent example of this spirit of camaraderie was the Hooligan EST and potluck held in March. This event on the Engagement Skills

Trainer gave spouses and children an opportunity for hands-on action with the current weapons used for training Soldiers. The simulator had scenario-based shooting events and allowed Soldiers to share their knowledge and bond with their Families, as well as giving Family members a fun and inviting atmosphere to mingle, laugh, and share in the experience together. By adding a potluck to the event, the 551st Hooligans believed it provided a family-like disposition that could foster good conversation and relationship-building opportunities. These opportunities become priceless when it comes time for an individual to reach out for help, and they know just where they can find it. Suddenly, FRG becomes merely a label for something bigger, something better and far more powerful than what could ever be written in any Army Regulation. It becomes the truest form of family!





To send your story ideas and pictures to the 16th Military Police  
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