

SUSTAINER

Department of the Army
Headquarters, First Army
4705 N. Wheeler Drive
Forest Park, Georgia 30297-5000

PERMANENT ORDERS: LA-11-DEL-002

The U.S. Army Reserve unit shown and their members are ordered to active duty in support of OIF
For the time period shown unless sooner released by proper authority.
Period: Initial 400 days
Authority: TITLE 10 USC, SECTION 12302/HQDA MSG 03124722
11
Mobilization category code: V
All unit personnel and equipment are to be mobilized to the theater of operations.

DECLASSIFICATION

NO BILZATO

Additional Instructions

(a) Pursuant to DA Form 100-10, Section II, under 13223, DTID 14 September 2001, unit above is relieved from present reserve component status and is ordered to active duty for a period of active duty not to exceed 25 days for mobilization processing. Proceed from present location to report to the unit by, (See Standard Name Line of Unit Home/Mobilization Training Center Arrival Dates). If upon reporting to the unit he/she may be released from active duty, returned to prior reserve status, and returned to his/her home address. The personnel will be subject to a subsequent medical deployment standards (whether because of a temporary or permanent medical condition) required for mobilization processing. If he/she is further ordered to active duty upon reporting to active duty, such period to include the period (not to exceed 25 days) required for mobilization processing. Demobilization of unit(s) is prohibited without prior approval of HQDA. Individual members of the unit will demobilize with the unit unless provisions of AR 600-8-24 or AR 635-200 apply. UICs will demobilize where it mobilizes, unless diverted per First Arm.

(b) Unit listed is ordered to active duty on the effective date as indicated. Unit strengths will not exceed 110% by the DA Mub Order referenced above. MSK unless specifically authorized to mob at 110% by the DA Mub Order referenced above. Reserve personnel requirement is IAW the Deployment Manual who are not qualified IAW with PKG.

(c) Authorized Level of Command

(d) This order constitutes an acknowledgment of receipt of hard copy of the information requested.

(d) This order constitutes authority for movement. Support units will not exceed the Mission Required Strength (MRS) as determined above. Unit is mobilizing in support of the Deployment Manning Document (DMD). Do not mobilize Soldiers when processing RC units.

(e) Unit personnel will mobilize with Organizational Clothing Items (OCI) as directed by AFMTCB. Support installations are directed to process requests from units to active duty when request can be validated by this order. Installations may direct units to AC units.

(f) Unit personnel will mobilize with Organizational Clothing Items (OCI) as directed by AFMTCB. Support installations are directed to process requests from units to active duty when request can be validated by this order. Installations may direct units to AC units.

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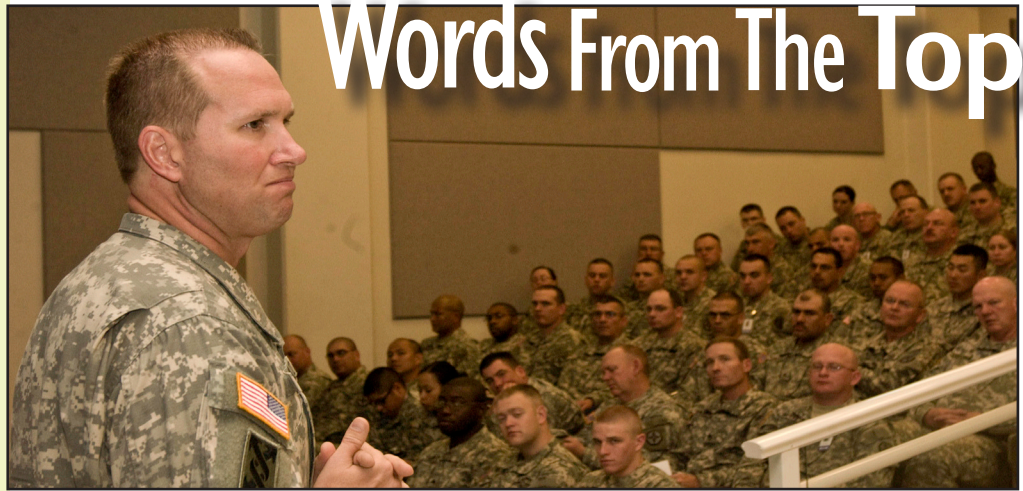
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Words From The Top



364th ESC Receives a Visit From the CSMAR



Saturday in the Park; Soldiers on scene as Lake Forest Park Celebrates 50th Anniversary



Kuwait

This is it!

STAR NOTES



Brig. Gen. Jonathan G. Ives

Team:

The day we've worked so hard towards in the months past has arrived.

The 364th Expeditionary Sustainment Command is about to embark on its first deployment, an historic mission to the Middle East.

From the day the 364th was activated in September 2009, we knew the unit would eventually deploy overseas; we just didn't know when. We received the alert and mobilization orders on the same day in March, moving us up in the Army Force Generation (ARFOR-GEN) cycle. With a July mobilization date, all of us had to speed our efforts to ready the unit for overseas.

The number of tasks that needed to happen in four short months seemed

almost insurmountable. Soldiers from around the country transferred into our ranks to fill crucial vacancies. Equipment that was needed to control our sustainment mission needed to be fielded, and Soldiers had to be trained in its operation.

One of the most essential keys to our deployment readiness was attendance at Regional Training Center – West at Fort Hunter Liggett, Calif. This intense, three-week exercise honed our battle skills and got us ready to face whatever comes our way overseas. It challenged us mentally, physically, and tactically, and put us in the battle mindset needed to ensure success of our forces in the field.

In my last column, I spoke to you about Family readiness. Our Yellow

Ribbon training events held earlier this month in Las Vegas provided you and your Families with information and assets that can help while we're deployed. Our Yellow Ribbon team worked for months to put on an outstanding weekend of Family training, covering everything from the Tricare military health care program to family finance counseling. Our Soldiers can now deploy secure in the knowledge that their Families and those who stay behind will have a firm, established support system that will help them successfully weather our deployment, guaranteeing mission success at home and downrange.

But there have been other things going on at Fort Lawton as well.

During the run-up to mobilization, the 364th ESC staff has been preparing for the closure of the Leisy Army Reserve Center and the unit's move to its new location in Marysville this summer. Our Mission Support Element has been getting staffed to assume command and control of our downtrace while the ESC is deployed. I'm confident that we are leaving the care of our stateside Soldiers in good hands, and our downtrace can expect the same level of excellent support as it receives now.

As we get ready to say goodbye to our Families, friends, and loved ones, remember: you are about to embark on an historic event, the first use of an expeditionary sustainment command in its doctrinal role. As the 1st Theater Sustainment Command prepares to transition its long service in Kuwait, we will assume responsibility for the entire sustainment mission in the Mideast, stretching across the whole theater of operations.

You will face many challenges during our deployment, but of this I am certain: you will meet and tackle them all.

I am proud of each of you, and know you will excel.

Sustain the Fight!

THE CSM's CORNER



Command Sgt. Maj. Thomas Jennings

Noncommissioned officers are the backbone of the Army.” We’ve heard this phrase repeated throughout our careers, but do we really understand the meaning? Personally, I’ve heard this phrase used during difficult times and times of great circumstance.

Well, this is a time of great circumstance; follow along as I attempt to provide a clearer picture.

The 364th Expeditionary Sustainment Command will deploy to Kuwait in support of Operation New Dawn this September. Deployment is a huge task requiring professionalism, motivation, and leadership. The many

challenges presented during deployment will require our sergeants to be vigilant in their duties and steadfast in the spirit of the NCO creed. The expectation is that our backbone will sustain the tremendous weight of an extremely high-profile mission, interaction with sister agencies, the development and cohesion of Soldiers from more than 30 states, and the solidification of our corps.

Our NCOs will be placed into positions of responsibility and power. We will be empowered to make decisions, hold Soldiers accountable, and provide guidance to our officers.

Integrity, Courage, Accountability, Respect, and Excellence are words the

364th ESC NCO corps will live by. We shall hold true to the Army Values and lead by example. We will not fail!

Here is where “backbone of the Army” comes into play. This phrase identifies the strengths, weaknesses, professionalism, morale, ethics, courage, discipline, and overall state of the NCO corps. If our NCO corps is negligent in its duties or lackluster in its leadership, we will carry the burden of having no backbone or respect.

This is not the legacy any of you would want to leave after a year-long deployment.

Our challenge is to build on the experience, training and professionalism of each and every NCO assigned to this command. No NCO is more important than the other and our reliance on one another will provide a solid foundation that is strong, resilient and prepared. The NCO corps is a professional band of brothers and sisters who are proud, determined and able. Leading from the front and always by example, our NCOs will trumpet, “No one is more professional than I.”

The NCOs of the 364th ESC are the backbone of the Army. There will be no misunderstanding the phrase directed toward this corps because our hard work, commitment and dedication to Soldiers, unit, and mission remain true. Through deployment, release from active duty, and into the future, our NCO corps will show strength and resolve. We will never bend and never break to the pressures and stressors of those situations in which we find ourselves.

Sustain the Fight!



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Saturday in the Park

Soldiers on scene as Lake Forest Park Celebrates 50th Anniversary

LAKE FOREST PARK, Wash. – Park-goers were reminded of a piece of Lake Forest Park history June 18 as military vehicles and soldiers could be found on the top of a former Nike missile site here.

Now known as Horizon View Park, the land was one of 11 antiaircraft missile sites that ringed the Seattle area during the Cold War. Established in 1957, the site became a park and reservoir after being decommissioned in 1964.

“Lake Forest Park used to be a radar site, so we invited the Army here today to connect with our history,” said Keith Officer, the event coordinator with the city of Lake Forest Park.

Soldiers from the 364th Expeditionary Sustainment Command and the Seattle Recruiting Battalion came to help Lake Forest Park connect with its history and to celebrate the town’s 50th anniversary.

Visitors were able to get up close and experience the Army equipment at the celebration as 364th ESC Soldiers set up a Humvee and a 2.5-ton Light Medium Tactical Vehicle static display, while local recruiters answered questions and



Spc. Donnie McCullugh, an ammunition supply specialist with the 364th Expeditionary Sustainment Command, shows Alex Taylor how to start an Army LMTV at Lake Forest Park’s 50th anniversary celebration June 18.

gave people a great way to learn about opportunities in the Army.

“I really enjoy events like this. I like seeing everyone come together,” said Spc. Senyan Gabourel, an event volunteer and a paralegal with the 364th ESC’s staff judge advocate’s office.

“These events show people that we don’t just roll around in big trucks with big guns all day; they remind people that we’re people too,” Gabourel said.

Despite the rainy weather, people of all ages came to see the static displays. They were able to sit inside, start the

vehicles, and get an idea of what it’s like to drive a real military vehicle.

Hundreds of people attended the celebration. Many stopped by to visit the Soldiers and experience Army equipment for the first time. Officer, the Lake Forest Park event coordinator, said he was impressed with the Soldiers’ professionalism and interaction with the crowd.

“These Soldiers did a great job,” Officer said. “Waves and waves of children came through their part of this celebration, and everyone I saw leaving had a smile,” he said.

The 364th ESC Soldiers said they had a great time at the event, and saw it as a way to give back to the community.

“I answered questions and showed kids how to start the vehicles and honk the horn all day,” said Spc. Donnie McCullugh, an ammunition supply specialist with the 364th ESC.

“I really enjoy working with the kids at events like this one; the kids think it’s so cool that they’re in an Army truck,” McCullugh said.

“It makes me proud that I do what I do,” he added.

I WANT TO LIVE WITH MY PARENTS FOR THE NEXT 30 YEARS.

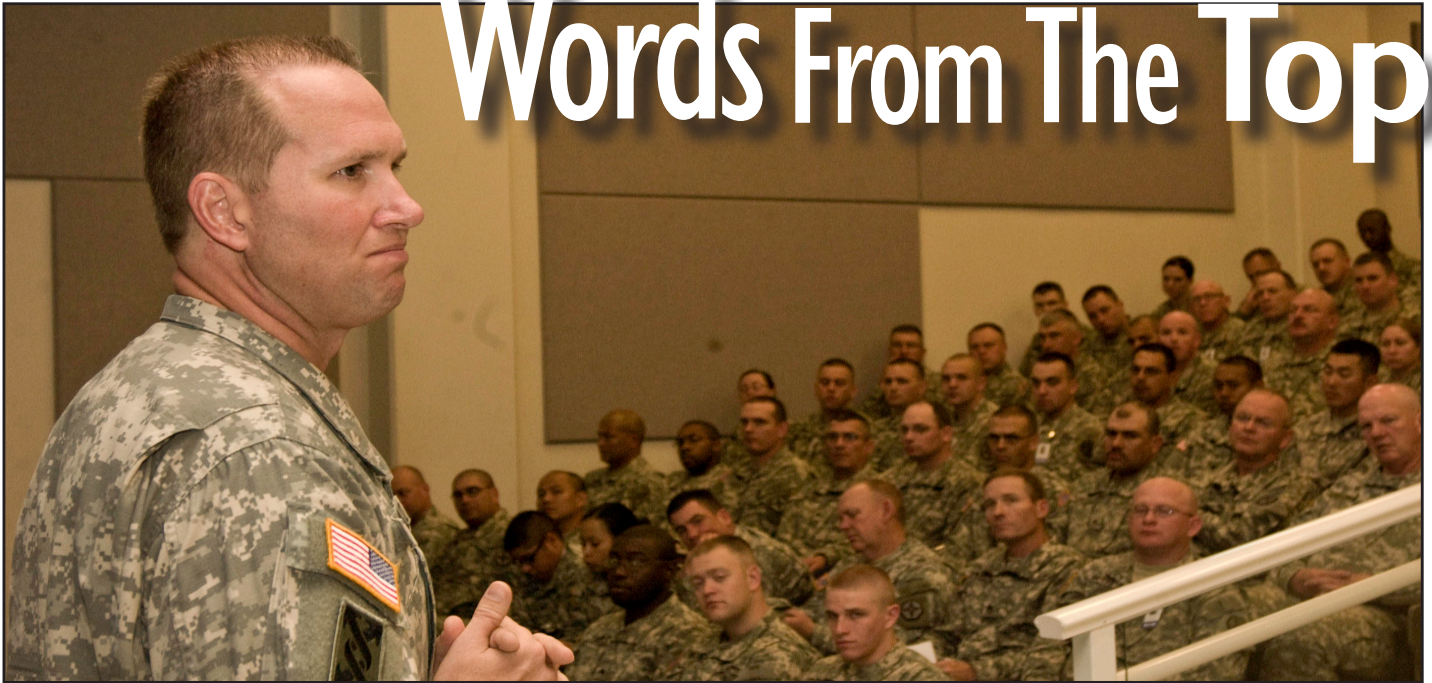


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Words From The Top



364th ESC Receives a Visit From the CSMAR

Christopher Bigelow
364th ESC Photojournalist

Soldiers of the 364th Expeditionary Sustainment Command received some lessons in leadership from the top on June 5, when Command Sgt. Maj. Michael Schultz, command sergeant major of the Army Reserve, paid a visit to Fort Lawton.

"The goal of this ESC is to rotate out and back safe, with some good NCO development and Esprit de corps at the end," said Schultz, as he addressed the 364th ESC Soldiers.

"The sergeant major spoke about why it's important for individual Soldiers to have their own value system and apply those values in order to continue a growing sense of duty," said Pfc. Jeffrey Stockman, a human resources specialist with the 364th ESC.

Schultz spoke with Soldiers about safety and the importance of military bearing, personal development, and getting back to the basics.

Schultz suggested noncommissioned officers use his version of military bearing, or what he called HOA, Hypocrisy, Ownership, and Acting.

Schultz told the soldiers to not be hypocrites. NCOs were told to ask themselves: "Are you doing the right things, and are you leading by example?"

Schultz explained that an NCO leads from the front, and he expects all NCOs' behavior and bearing to be a guide for their younger Soldiers.

"Take ownership of your actions and your Soldiers," said Schultz, as he explained how the Army's new Structured Self Development courses and promotion point system will affect all NCO and junior enlisted promotions. Schultz said it's the NCOs' job to ensure that their Soldiers' and their own careers are on track.

"Act; do something about it," Schultz said. "NCOs and Soldiers do not look the other way: they act and they make on-the-spot corrections when they see the

wrong thing."

"It's important for leaders to manifest the qualities of an NCO to help guide future NCOs in the Army," said Staff Sgt. Tacardon, in regards to Schultz' guide to military bearing.

"There are a lot of upcoming changes in the Army's future, but our Army values and military bearing should continue to remain the same," Tacardon added.

"The CSM's speech made it clear to me that admirable leaders make the biggest impact on young Soldiers; leaders have to put out an outstanding image to set an example for young Soldiers," said Stockman.

"Don't be complacent," Schultz warned in regards to safety. "Don't take risks and end up a non-combat death."

As he closed his remarks, Schultz had some parting words for the 364th ESC Soldiers, who are scheduled to mobilize at the end of July for service in Kuwait.

"Remember; everyone steps on the plane, everyone steps off the plane," he said.



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364TH ESC TOTE STORAGE BOX

What's in yours?





Pfc. Taji Thomas

G-1, Human Resources Specialist

"I've got my Rock Band drums and guitars and my blanky in mine."



Staff Sgt. Thomas Gay

G-4, Senior Maintenance Tech.

"Movies, Xbox my laptop; I think I have just about everything in there."



Spc. Clark Bussell

Paralegal Specialist

"My entire library and an industrial size bottle of tanning lotion."



Spc. Donnie McCullugh

Ammo Supply Specialist

"My Xbox, sheets, pillows, everything. This box is huge."

This is it! Kuwait

Capt. Christopher Larsen
364th ESC PAO

As the 364th Expeditionary Sustainment Command mobilizes and prepares to deploy overseas, its Soldiers might be asking themselves, "What's Kuwait going to be like?" Those who've deployed previously will sum it up in one word: "hot."

But while

that's true, Kuwait also offers Soldiers a lot to see and do off duty, and when time and force-protection measures permit.

Soldiers who have deployed to Kuwait say the area offers many opportunities, from state-of-the-art gymnasiums to education.

"The best thing about Camp Arifjan is it has plenty of resources," said Maj. David L. Godfrey, Jr., commander of the Portland (Ore.) Military Entrance Processing station. Godfrey returned in March from his deployment as the 1st Sustainment Brigade's human resources operations branch chief.



"I was able to finish my master's degree online," he said. "It's also a great time to set a goal and achieve it with fewer distractions than we face at home."

Soldiers deploying to Kuwait should take note of the country's rich history. First mentioned in texts by the ancient Greeks, permanent settlements in Kuwait began to appear during the seventh century. The nation's capital, Kuwait City, was founded in the 18th century.

After the discovery of oil in 1937, Kuwait took on a more strategic and economic role. Development of the nation's petroleum industry was delayed by World War II, but by the early 1950s, development skyrocketed and Kuwait became a major economic force in the Middle East.

Granted independence by Great Britain in 1961, Kuwait continued its economic and industrial growth. To the north, however, Iraq revived claims that Kuwait was actually part of that country. Occasional threats of military intervention by Western powers kept Iraq at bay until 1990. Again, Iraq claimed Kuwait was a province and that Kuwait was stealing oil from Iraq's side of the border.

On Aug. 2, 1990, Iraq invaded and annexed Kuwait. After Iraq failed to comply with United Nations resolutions calling for it to leave, a U.S.-led and U.N.-backed coalition attacked Iraqi forces in January 1991. In the aftermath of a 96-hour ground offensive, Iraqi forces fled Kuwait, and a cease-fire was called by President

George H.W. Bush. The cease-fire went into effect on Feb. 28, and Iraqi forces surrendered on March 3.

Since the end of the first Gulf War, Kuwait has been a vital strategic partner of the United States. Kuwait serves as a major logistical hub and staging area for U.S. forces in the Middle East. The U.S. is the Kuwait's largest supplier of goods and services – Kuwait imported more than \$2.14 billion worth of products from the U.S. in 2006.

Troops serving in Kuwait have a variety of Morale, Welfare and Recreation activities available to them.



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Kuwait Facts

from the U.S. State Department

Geography

Area: 17,820 sq. km. (6,880 sq. mi.); approx. size of New Jersey.

Cities: Capital - Kuwait City.

Terrain: Almost entirely flat desert plain (highest elevation point-306m).

Climate: Summers intensely hot and dry with average highs ranging from 108°-120°F; winters are short (Dec.-Feb.) and cool, averaging 50°-80°F, with limited rain.

People

Nationality: Noun and adjective - Kuwaiti(s).

Population (2009 est.): 3,520,000 including approximately 1.06 million Kuwaiti citizens, 2.36 million non-Kuwaiti nationals, and 100,000 stateless persons.

Annual population growth rate (2009 est.): 3.549%.

Ethnic groups: Kuwaiti 45%, other Arab 35%, South Asian 9%, Iranian 4%, other 7%.

Religion: Muslim est. 85% (Sunni 70%, Shi'a 30% among Kuwaitis), with sizable Hindu, Christian, and Buddhist communities.

Languages: Arabic (official). English is widely spoken.

Education: Compulsory from ages 6-14; free at all levels for Kuwaitis, including higher education. Adult literacy (age 15 and over) - 93.3% for the total population (male 94.4%, female 91%).

Health: Infant mortality rate (2009 est.)-8.97 deaths/1,000 live births. Life expectancy (2009 est.) - 76.51 yrs. male, 78.96 yrs. female.

Workforce (2009 est.): 2.091 million (75% male, 25% female; 20% Kuwaiti citizens).

Government

Type: Constitutional hereditary emirate.

Independence: June 19, 1961 (from U.K.).

Constitution: Approved and promulgated November 11, 1962.

Branches: Executive - Amir (head of state); prime minister (head of government); Council of Ministers (cabinet) is appointed by prime minister and approved by the Amir. Legislative - unicameral National Assembly of 50 elected members who serve 4-year terms plus all ministers, who serve as ex officio members. Judicial - High Court of Appeal.

Political parties: None; formal political parties have no legal status, although de facto political blocs exist.

Elections: No executive branch elections; the Amir is hereditary; prime minister and crown prince are appointed by the Amir.

Suffrage: Adult males and since 2005, adult females who are 21, have been citizens for 20 years, and are not in the security forces. Women participated as voters and candidates in parliamentary elections for the first time in 2006.

Economy

GDP (official exchange rate, 2010 est.): \$115 billion.

Real GDP growth rate (2010 est.): 2%.

Natural resources: Oil, natural gas, fish.

Agriculture (about 0.3% of GDP): With the exception of fish, most food is imported. Cultivated land--1%.

Industry (about 48.3% of GDP): Types--petroleum extraction and refining, fertilizer, chemicals, desalination, construction materials.

Services (about 51.4% of GDP): public administration, finance, real estate, trade, hotels, and restaurants.

Trade (2010 est.): Exports--\$63.27 billion f.o.b.: oil (93%). Major markets--Japan 18.4%, South Korea 14.6%.

India 11.5%, U.S. 8.9%, Singapore 7.9%, China 6.1%.

Imports--\$21.61 billion f.o.b.: food, construction materials, vehicles and parts, clothing. **Major suppliers:** U.S. 11.9%, Japan 9.2%, Germany 8.1%, China 7.6%, Saudi Arabia 7%, Italy 4.8%, U.K. 4.2% (2008 est.).

People

Over 90% of the population lives in a 500-square kilometer area surrounding Kuwait City. The majority of people residing in Kuwait are of Arab origin; fewer than half are originally from the Arabian Peninsula. The discovery of oil drew many Arabs from nearby states. Following the 1991 liberation of Kuwait, the government made an effort to reduce the expatriate population by limiting the entry of workers from nations whose leaders had supported Iraq during the Gulf War. Kuwait later abandoned this policy, and currently has a sizable foreign labor force (approximately 68% of the total population is non-Kuwaiti).

Approximately 85% of the country's total population are Muslims, including nearly all of its 1.06 million citizens. Approximately 70%-75% of citizens, including the ruling family, belong to the Sunni branch of Islam. The remaining Kuwaiti citizens, with the exception of about 100-200 Christians and a few Baha'is, are Shi'a. Among expatriates, there are an estimated 450,000 Christians, 400,000 Hindus, and 100,000 Buddhists.

Kuwait's 93.3% literacy rate is the result of extensive government support for the education system. Public school education, including Kuwait University, is free, but access is restricted for foreign residents. The government sponsors the foreign study of qualified students abroad for degrees not offered at Kuwait University.

This is it! ... continued



"MWR has trips to different places," said Sgt. Maj. Pedro Gomez, of the 364th ESC's Mission Support Element. "Plus, they have a game room, a place to rent movies for free, and disc jockeys to have Salsa night, old school night and country music night."

Gomez, who was at Camp Arifjan in 2010, said that while work shifts can be long – 12 to 14 hours in some instances – facilities available to Soldiers make the time pass quickly.

"The gyms are a 24-hour operation, and there are three of them, one in Zone 6 and two in Zone 1," he said. There are three dining facilities, one in Zone 6, one in Zone 2 and one in Zone 1. The hours of operation are different, but the good thing about Zone 2 DFAC



All photos courtesy 364th ESC Command Group

was that on Sunday, it was open 8:00 a.m. to 1:30 p.m. for Sunday brunch."

Housing at Camp Arifjan varies, but Soldiers said that overall, it's not too bad.

"Living conditions are pretty decent for a deployment," Godfrey said. "Enlisted Soldiers and most officers live in two-person rooms, with bathrooms at each end of the building on each floor of a two-story building."

Godfrey said senior officers and sergeants major live in another area, located in Zone 6. "The rooms are small, but they offer privacy and low noise," he said, "and there are laundry trailers and a Starbucks in the compound."

Camp Arifjan has complete Post Exchange facilities; three are

located throughout the base. The Zone 1 PX is considered the main exchange, and Soldiers who have been stationed in Kuwait said almost anything they needed could be found there.

"If they don't have it you can use mail order to receive anything you need or have a Family member ship it," Godfrey said.

Since the 364th ESC will be fully engaged around the clock in its real-world mission, the deployment will give Soldiers the opportunity to work alongside their counterparts from the Active Army and other nations.

For some, this will be the most valuable part of their mobilization.


"The best things were the soldiers and how we worked together solving problems," said Sgt. 1st

Class Reginald Frazier, of the 364th ESC's G-3 section, "and completing assigned missions, along with the knowledge I gained from experienced personnel."

Frazier was assigned at Camp Arifjan in 2006 and said that while his job kept him busy, the MWR facilities gave him a chance to relax after a long day.

"The MWR provided constant activities for us such as concerts, parties, and tournaments to break the monotony of day-to-day work," he said. "I spent most of my time working, but I did make time to play in many of the MWR-sponsored pool tournaments.

"I didn't win any of them, but I had fun trying," he said.



Thank you. Thank you. Thank you.

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