



My

CFAY

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Weekly
週刊

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Sept. 25, 2025

Fair Winds and Following Seas Capt. Sobol



Photos by MC2 Quinton A. Lee, CFAY Public Affairs

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ISSUE:

CFAY Holds
Change of Command

MWR Events

Beyond the Gate



AROUND CFAY

CFAY Welcomes Capt. Jonathan Hopkins as Commanding Officer

Story by Sheryl Sullivan, CFAY Public Affairs

Commander, Fleet Activities Yokosuka (CFAY) held a Change of Command Ceremony Friday, Sept. 19, 2025 in the C-2 Auditorium on Command Hill at the installation's main base.

Capt. Jonathan A. "Jon" Hopkins relieved Capt. Les Sobol at the time-honored tradition.

CFAY Sailors, family, friends, and distinguished visitors from the Japan Self-Defense Force and local officials attended the formal ceremony to recognize Capt. Sobol for his time as installation commander.



Capt. Jonathan Hopkins reads his orders during the Commander, Fleet Activities Yokosuka (CFAY) change of command ceremony at CFAY headquarters. (Photo by MC2 Quinton A. Lee, CFAY Public Affairs)

Sobol dedicated his speech to his loved ones and friends, but spent most of his time recognizing the 1,500 Sailors and employees who served under his command.

"Every ship that pulls in for supplies, every family that moves into a safe home, every forward-deployed unit ready to answer the call, it all happens because of you. You are the foundation upon which the readiness of the Seventh Fleet is built," Sobol said.

Over the past three years, Sobol delivered exceptional service to 84 partner organizations and a community of 29,000 and kept 14 forward-deployed warships—including the U.S. 7th Fleet flagship and the Navy's only permanently forward-deployed aircraft carrier—ready to fight by expertly guiding port services and shore logistics through more than 23,000 safe, precise harbor movements.

Sobol drove critical infrastructure upgrades, strengthened confidence in military housing and quality-of-life programs, and laid the groundwork for future Fleet readiness.



Capt. Jonathan Hopkins, right, relieves Capt. Les Sobol as Commander, Fleet Activities Yokosuka (CFAY) during the Change of Command Ceremony at CFAY headquarters. (Photo by Sheryl Sullivan, CFAY Public Affairs)

In 2022, improvements to Pier 5 included upgrades to shore power to meet modern Fleet requirements of 4160 volts, the ability to accommodate a 140-mobile truck crane, a 20-ton forklift, and emergency vehicles, and developing a 205m x 35m fixed, single-deck pier creating additional space for a safer and more effective workplace during maintenance.



Capt. Jonathan Hopkins, right, relieves Capt. Les Sobol as Commander, Fleet Activities Yokosuka (CFAY) during the change of command ceremony at CFAY headquarters (Photo by MC2 Quinton A. Lee, CFAY Public Affairs)

Sobol also initiated multiple projects set to improve quality-of-life for Sailors and their families from upgrading Heating, Ventilation, and Air Conditioning (HVAC) systems at the Purdy Fitness Center to multi-million dollar upgrades to several Unaccompanied Housing buildings.



Capt. Jonathan Hopkins, Commander, Fleet Activities Yokosuka (CFAY), wife and daughter receive flowers during the CFAY change of command ceremony at CFAY headquarters. (Photo by MC2 Quinton A. Lee, CFAY Public Affairs)

Sobol deepened coordination with Japanese hosts, bringing CFAY, tenant commands, local municipalities, civic groups, and government agencies closer together. His work was recognized by City of Yokosuka Mayor Katsuaki Kamiji with a framed Letter of Appreciation from the city.

Following Sobol's speech, Hopkins formally took the helm as CFAY's 40th commanding officer.

"Yokosuka is so much more than a duty station to me, it's where my family has laughed, cried, and built a life. It's a blessing to now serve the community that has given so much to us," said Hopkins who has served multiple tours in Yokosuka including USS Cushing (DD 985), USS John S. McCain (DDG 56), USS Milius (DDG 69) where he held command, on the staff of Commander, 7th Fleet, and most recently as the commanding officer of Afloat Training Group Western Pacific.

CFAY provides, maintains, and operates base facilities and services in support of 7th Fleet's forward-deployed naval forces, 84 tenant commands, and more than 27,000 military and civilian personnel and their families.



Capt. Les Sobol, left, and Capt. Jonathan Hopkins, Commander, Fleet Activities Yokosuka (CFAY), pose for a photo and shake hands after the CFAY change of command ceremony at CFAY headquarters. (Photo by MC2 Quinton A. Lee, CFAY Public Affairs)



TCCOR

DEFINITIONS
RESPONSES
GUIDELINES

TCCOR 4

DESTRUCTIVE WINDS
POSSIBLE WITHIN

72 hours



STOCK UP

- water
- food
- supplies

TCCOR 3

DESTRUCTIVE WINDS
POSSIBLE WITHIN

48 hours



CONDUCT
general clean up

CHECK
emergency kits
and fuel

TCCOR 2

DESTRUCTIVE WINDS
POSSIBLE WITHIN

24 hours



SECURE
outside items



TCCOR 1

DESTRUCTIVE WINDS
ANTICIPATED WITHIN

12 hours



All nonessential
activities **SHOULD** be
discontinued.
Commanders may
curtail activities.
DODEA close

FINAL CHECK
food and emergency
supplies

TCCOR 1

EMERGENCY

DESTRUCTIVE WINDS ARE
OCCURRING



All but emergency
personnel remain
in quarters.

**DODEA
REMAIN CLOSED**

TCCOR 1

RECOVERY



Destructive winds are no
longer occurring or
forecasted to occur but
hazards may exist from
typhoon aftermath.
Nonessential functions
remain closed, until All
Clear is established. All but
emergency personnel
remain in quarters.

**DODEA
REMAIN CLOSED**

TCCOR

STORM WATCH



High winds may include gusts
exceeding 50 knots and/or
sustained winds meeting
TCCOR-1 C criteria. The storm
is also close enough to the
area that a heightened alert
status is necessary in order to
rapidly establish elevated
TCCOR conditions.

Nonessential functions
remain closed, until All Clear
is established. All but
emergency personnel
remain in quarters.

**DODEA
REMAIN CLOSED**

TCCOR

ALL CLEAR

THE STORM IS OVER

The storm is over and not
forecasted to return and
recovery efforts are
complete.



RESUME
normal activities

BEGIN
general clean up

CPR Training, Basic Life Support, Baby Sitting Basics, and Mindful Movement

CPR/AED/First Aid Course (\$18)

- Sunday Sept. 28, 1 to 4 p.m.
- Thursday Oct. 2, 1 to 4 p.m.
- Saturday Oct. 9, 1 to 4 p.m.

Basic Life Support (\$12)

- Email for dates

Baby Sitting Basics (\$15)

- The course lasts two days, and attendance on both days is necessary for completion. Email for dates!

Mindful Movement - Family and Adult only class (Free class. No referral needed)

Learn movement, breathing and relaxation techniques.

- Email your class request at least two weeks in advance. Yokosuka@redcross.org

Classes may be added based on community need and instructor availability.

All classes are Blended Learning Courses with an online and an instructor led classroom skills session. To register, email: Yokosuka@redcross.org with the class and preferred date/time. You will receive a payment link and be asked to send your receipt in order to guarantee a spot in the course. Enroll today!



**American
Red Cross**

FFSC WEEKLY

More details on CFAY FFSC YOKOSUKA FB page



AOB/ICR

Sep. 30 - Oct. 2 at 8:00 A.M.

Pre-Marriage Seminar

October 1 at 9:30 A.M.

Sponsorship On-Demand

October 2 at 8:00 A.M. (Virtual)

Resiliency Bootcamp

October 2 at 11:30 A.M.

Smooth Move

October 3 at 9:00 A.M.

Military Spouse 101

October 3 at 1:00 P.M.

SAPR VA Refresher

October 3 at 1:00 P.M.

Enjoying Japanese Food at Home

October 3 at 1:30 P.M.

See something you like? Sign up via email: ffscinfo@us.navy.mil



YOKOHAMA

JAPANESE DINNER BOAT CRUISE

October 4 • 4 - 10:15 p.m.

Indulge in a luxurious meal featuring Wagyu beef, sashimi and grilled fish aboard a traditional Japanese houseboat, all while seeing the picturesque sights of Yokohama Bay.

\$120 / person (ages 12+ only)
Trip cost includes dinner, cruise, and round-trip transportation.

For details call MWR Tickets & Travel
at 046-896-5056.



YOKOSUKA

FRIENDSHIP DAY

SAVE THE DATE

Sunday, October 5
Gates Open • 10 a.m.



Fireworks

@ 5:55 p.m.

Ship Visit • Live Entertainment • Food • Games



GIVE PARENTS A BREAK

Saturday, October 18 • 4:30 - 10 P.M.

In support of the Navy Ball

Locations

Duncan CDC

Children ages
6 weeks - 5* year olds
*Pre-kindergarten

Third Avenue SAC

Children ages
5* - 12 year olds
*Kindergarteners



Reservations are available now!

CFAY Child and Youth Program is supporting the Navy Ball located at Club A on Saturday, October 18.

People with a Navy Ball ticket can make reservations until Friday, October 3.

Dinner will be served. Fees for Hourly Care are \$44 total. Fees must be paid in advance. No refunds.

For details, please call CYP Admin Office at 046-816-4079, or Duncan CDC at 046-816-3219 or Third Avenue SAC at 046-816-3439.



Celebrating 250 Years *Navy Ball* YOKOSUKA

October 18, 2025
Club Alliance
Dinner Dress Blues



NAVY BIRTHDAY 5K

OCT.10

PURDY PAVILLION • 11:30 A.M.
FREE EVENT • REGISTER ON SITE



For more information or to sign up, please call the Fitness Office at 046-896-4486



Navy 250th Early Birthday Celebration

Officers' Club

September 27 • 4 - 8 p.m. • Kosano Dining Room & Kurofune Lounge
Receive 50% off any appetizer from the Kosano Dining Room menu or the Kurofune Lounge menu with select beverage purchase. For details call 243-5002/5624 or from off base 046-816-5002/5624.

Club Alliance • Taste & Toast

September 27 • Sports Bar (3F) • Doors open at 5 p.m.
Celebrate the Navy's 250th Birthday with a delicious savory buffet, live band and more!
Tickets are \$25 and are available for purchase through September 26 at Club Alliance's 2nd Floor Cash Cage. For details call 243-3786/5985 or from off base 046-816-3786/5985. Open to ages 20 and up.

Club Takemiya • Taste & Toast Special Meal

October 13 • 11 a.m. - 9 p.m.
Enjoy rib eye steak, barbecue chicken, buttered corn on the cob, rice pilaf and your choice of cake from the menu. \$25. Takeout available. For details, call 246-8077 or from off base 046-806-8077.

Drink responsibly. Do not Drink and Drive.

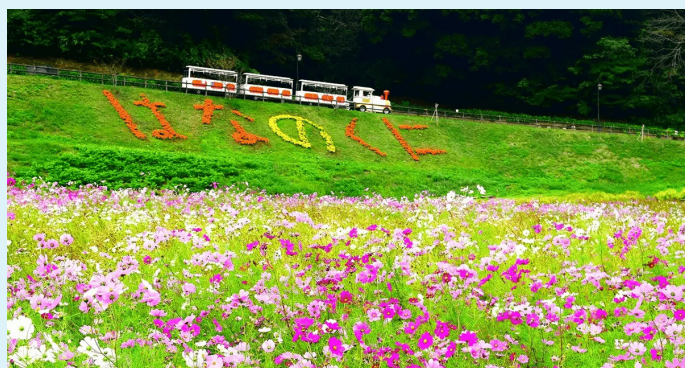
BEYOND THE GATE



Civil Engineering Festival Sept. 28 (Sunday)

9:30 a.m. to 3 p.m. | Verny Park (1-minute walk from Yokosuka main base Verny Gate)

There will be various stage events like hip-hop dance, cheer dance, wind ensemble, also various experience events and food trucks.



Kurihama Flower Park Cosmos Festival Until Nov. 3 (Monday)

10 a.m. to 5 p.m. | Kurihama Flower Park (15-minute walk from JR Kurihama Station, JO-01 or Keikyū Kurihama Station, KK-67)

See one million cosmos of different varieties bloom across the park. This luxurious park utilizes the natural terrain and features seasonal flowers throughout the year. During the festival period, there will be various events such as large cardboard maze (Sept. 20 to 23, Oct. 11 to 13) and game stalls (Sept. 27, 28 and Oct. 18, 19. Free cosmos picking will be held, Nov. 2 and 3 from 2 to 4 p.m.



17th Miura Yoichi

Oct. 4 (Saturday) and 5 (Sunday)

4 to 9 p.m. | Misaki Shitamachi Shopping Street (15-minute bus ride from Keikyū Misakiguchi Station, KK-72, to Misaki Port bus stop)

Miura Yoichi is an event where you can enjoy the distinctive food of Miura city such as “Misaki no Maguro (Tuna)” and the unique atmosphere of the port city while eating around. In addition, “Miura One-hand Food (A food you can eat immediately on the spot while holding it in one hand) Festival” will be held as a new event. Please enjoy Miura’s night in a port city which still maintains the atmosphere of the Showa era while eating one-hand food.



Yokosuka Fish Festival Oct. 5 (Sunday)

7 a.m. to 12 p.m. | Yokosuka Fish Market (9-minute walk from Keikyū Horinouchi Station, KK-61)

Come check out a tuna filleting show (10:10 a.m.), fish auctions and taste fresh local seafood at the annual Yokosuka Fish Festival. A free shuttle bus will be available from in front of Tokyo-Kyushu Ferry near Ichigo Port Market or DoCoMo shop Yokosuka leaving every 10 -15 minutes from 6:30 to 10:10 a.m.

NEWS AND NOTICES

MOTORCYCLE SAFETY CLASSES: ENROLLMENT CHANGES

Starting Oct. 1, the Navy Safety Command has directed that all motorcycle training be advertised in the new safety program of record, Risk Management Information (RMI). To sign up for Motorcycle Safety Classes, you have to have an RMI account assigned by your command. For SOFA sponsored APF, NAF civilians and contractors that have a CAC, RMI accounts will be approved by the SOFA sponsoring unit. Dependents without a CAC must be enrolled by the sponsoring unit. For more information, contact your Departmental Safety Representative or your command Collateral Duty Safety Officer.

USNH YOKOSUKA PATIENT FAMILY PARTNERSHIP COUNCIL

Want to effect change and be a part of healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY. Join us at the upcoming meetings.

- Oct. 7 from 4 to 5 p.m. at CRC, 4th floor, AOB Auditorium
- Nov. 4 from 9 to 10 a.m. at CRC, 4th floor, AOB Auditorium
- Dec. 9 from 11:45 a.m. to 12:45 p.m. at USNH Yokosuka, 3rd floor, Command Auditorium

To learn more, email: dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil, visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council>

WOMAN'S HEALTH DAY

The USNH Yokosuka OB/GYN Clinic is hosting a walk-in Women's Health Day Clinic on Sept. 30. No appointment needed!

Time: 8 to 11 a.m./1 to 3 p.m.

Location: USNH Yokosuka OB/GYN Clinic
We're offering:

- Full contraception services (IUD/Nexplanon placement/removal, OCPs, Depo shots)
- PAP Smears
- STI Screenings

- HPV Vaccines
- Open to all TRICARE beneficiaries and Space A personnel.

FLU SHOT SEASON IS ALMOST HERE

U.S. Naval Hospital Yokosuka is holding mass influenza vaccination events this fall. Protect yourself, your family, and your shipmates – mark your calendar now!

Ikego Housing Area

- Oct. 17, 2:15 to 6 p.m. | Ikego Elementary School
- Oct. 18, 9 a.m. to 1 p.m. | Ikego Elementary School

Main Base

- Oct. 23, 11 a.m. to 6 p.m. | Fleet Rec Gym
 - Oct. 24, 11 a.m. to 6 p.m. | Fleet Rec Gym
 - Oct. 25, 9 a.m. to 1 p.m. | Fleet Rec Gym
 - Nov. 13, 11 a.m. to 6 p.m. | Fleet Rec Gym
 - Nov. 14, 11 a.m. to 6 p.m. | Fleet Rec Gym
 - Nov. 15, 9 a.m. to 1 p.m. | Fleet Rec Gym
- Open to all TRICARE Beneficiaries and Space A personnel.

ANIMAL VISITATION PROGRAM

If you have a dog, Red Cross Yokosuka needs you! For program requirements and questions, email jacee.maldonado@redcross.org or yokosuka@redcross.org. All participating dogs must successfully complete the AKC Canine Good Citizen Evaluation.

VOLUNTEER WITH US

Use the Yokosuka FPO zip code 96349.

- Military Treatment Facility
- Disaster Team
- Special Events
- Office Support
- Youth Preparedness
- Youth clubs

Email: yokosuka@redcross.org

LOOKING FOR GIRL SCOUT VOLUNTEERS

Make new friends, have fun, and make a difference at Yokosuka! Email: amiller@girlscouts.org.

CONSTRUCTION AND CLOSURES

Yokosuka: Howard Street and Nimitz

Boulevard partial closure until Sept. 28.

Closures will only be on the weekends. Two way traffic will be maintained. Flagmen will be posted around work areas.

- Vacant Lot full closure until Dec. 30. The vacant lot between the Post Office and NMCRS Thrift Shop will be used as a laydown area for contractors doing various work around base.

- C Street full closure until Sept. 25. The Yokopon bus will be re-routed down Leahy street, stops will remain the same.

Pedestrian routes will be open on either side of the project.

- Gridley Tunnel closure. First closure (until February 2026) is for temporary high voltage power bypass. Second closure is for permanent high voltage power repairs. The second closure (from Feb. 1, 2026 to July 31, 2028) is only for vehicular traffic. Tunnel will be open for pedestrian and bicycle traffic.

- Carney Gate water line replacement. Construction period until Nov. 26. Expect detours and periodic closures for waterline replacement construction. Two-way traffic to be maintained. Most of the work will occur overnight.

- Nimitz Boulevard and Gridley Lane partial road closure. Closure period from Sept. 20 to Nov. 26, 8 p.m. to 5 a.m. Two-way traffic will be maintained with flagmen.

- Vandegrift Lane full road closure until October.

- The parking lot immediately in front of ATG is secured through 2027 in support of the NSST Shiphandling Trainer construction. Additionally, half of the 12-hour parking lot is also secured to support NSST construction material laydown and management.

Ikego: Yasakayato Street will be partially closed from 8 a.m. to 4:30 p.m. until Dec. 25. Installation of communication and electrical lines. Connect water main to new Child and Youth programs building. Flagmen will be posted on both sides to allow two-way traffic.

- Ikego CDC parking lot partial closure until Sept. 30. 14 additional parking spots and Five parallel spots will be closed for the new CDC construction area.

 Commander Fleet Activities Yokosuka

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