

THE KWAJALEIN HOURGLASS

What are you thankful for this year? For my family and friends; relationships are what is really important in life.

What is your favorite Thanksgiving tradition? When I was younger, gathering with my family at my mother's house for turkey, her special candied sweet potatoes as well as other traditional treats and then playing silly card games.

— DEBRA GOODWIN

What are you thankful for this year? I'm thankful for being with family, having fun and pie!

— BLAKE LARSON

What are you thankful for this year? I am grateful for the opportunity I have had to live on Kwaj and it has definitely changed my life for the better.

— ASHLEE SKINNER

Kwajalein residents are thankful for family, friends and more this Thanksgiving.

For more, see page 4.

File Photo

Colnel's Corner



I want to thank all the students who participated in the Nov. 18 Town Hall. You have provided our team with some excellent feedback on recent changes we've made here on the base. I take each of your comments and suggestions seriously, and I will do my very best to make recommended changes where appropriate. We are committed to open and honest communication with all the residences here on Kwajalein - especially the students at KHS. Thank you again for a lively and spirited discussion - what a great lesson this was for me personally.



THUMBS UP

To Cafe Pacific management for listening to suggestions on hard-boiled eggs and tuna with no mayo. Thank you for following through with healthier choices.

THUMBS DOWN

For the Country Club being closed on a holiday (Veterans Day).

Buckminster and Friends by Sabrina Mumma



Want to submit a Community Notice? Cleaning out your quarters and need to submit a For Sale or Patio Sale? Did you lose or find something you want to advertise? No Problem! Just e-mail all ads and announcements to hourglass@smdck.smdc.army.mil by Wednesday at noon to make it into that Saturday's paper. Ads are limited to 50 words each and run for two weeks. If you want the ad to run longer, you must resubmit every two weeks. Questions? Call 52114.

THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of The Hourglass are not necessarily

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Tommy Joesph and Elizabeth Forsyth are just two of the helpful employees you will find at the front desk of the Kwajalein Hospital.

Kwajalein Hospital available for routine, same-day visits, First-Stop, emergencies

Hourglass Reports

The Kwajalein Hospital is open for emergency services 24 hours a day, seven days a week. If it is after hours and the front door is closed, there is a telephone mounted on the wall next to the entrance with which to contact the duty staff.

The clinic hours at the hospital are 7 a.m.-4:30 p.m. on all regularly scheduled work days (Tuesday through Saturday), except Friday when the hours are 7-11:30 a.m. During clinic hours, medical providers see patients during the hours of 8:15-11 a.m. and 1-3:30 p.m. Appointments can be made in advance for non-acute visits, such as routine physicals, by calling 52223 or 52224 or by visiting the receptionist at the hospital. There are a limited number of same-day appointments that are held for acute care needs. Acute care is an illness or condition that is not an emergency, but which requires the attention of a physician. A same-day appointment can be made by the same means as a regular appointment.

First-Stop is a free walk-in service for minor illnesses or injuries that is provided for all employees on island, except domestic or other household employees. The

hours for First-Stop are 6:30-11 a.m. on all regularly scheduled work days.

Nurse visits are available during the hours of 7:30 a.m.-4:30 p.m. on all regularly scheduled work days. A nurse visit is not scheduled; it is a form of walk-in appointment. Nurses are able to provide treatments for a variety of conditions based on standing order protocols. If necessary, a nurse is able to quickly consult with a doctor for issues, such as prescription refills. If it is determined that the patient needs to see a physician, the patient can make an appointment at the front desk for a same-day appointment, if available, or for a later date. If the patient does not want to wait for an appointment, or if the condition is critical in the opinion of the medical staff, then the patient can be seen as soon as possible through the emergency room.

The hours of operation for the Pharmacy are 8-11:45 a.m. and 1:15-4:30 p.m. on all regularly scheduled work days, except Friday when the hours are 8 a.m.-12:15 p.m.

Immunizations are available on all regularly scheduled working days, except Friday, during the hours of 1:30-4 p.m.

*Happy
Thanksgiving*

Kwajalein is thankful for f

MANDIE MORRIS



What are you thankful for this year? To be able to spend winter in a place where it's sunny and warm.

What is your favorite Thanksgiving tradition? Black Friday shopping!

JANE EREKSON

What are you thankful for this year? My family and my Kwaj friends. What is your favorite Thanksgiving tradition? Getting together for the feast!

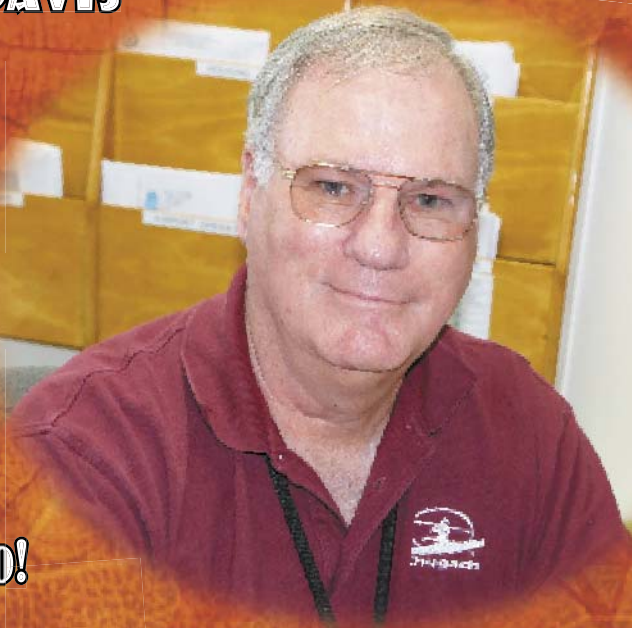


Family, friends this Thanksgiving

DON DAVIS

What are you thankful for this year? My health, loving family and living in a free country.

What is your favorite Thanksgiving tradition? Being with family — oh well, Kwaj people will do!



TERESA YOUNG

What are you thankful for this year? My family.



JULIE JONES

What are you thankful for this year?

Family and friends.

What is your favorite Thanksgiving tradition?

Watching football & spending time with friends.

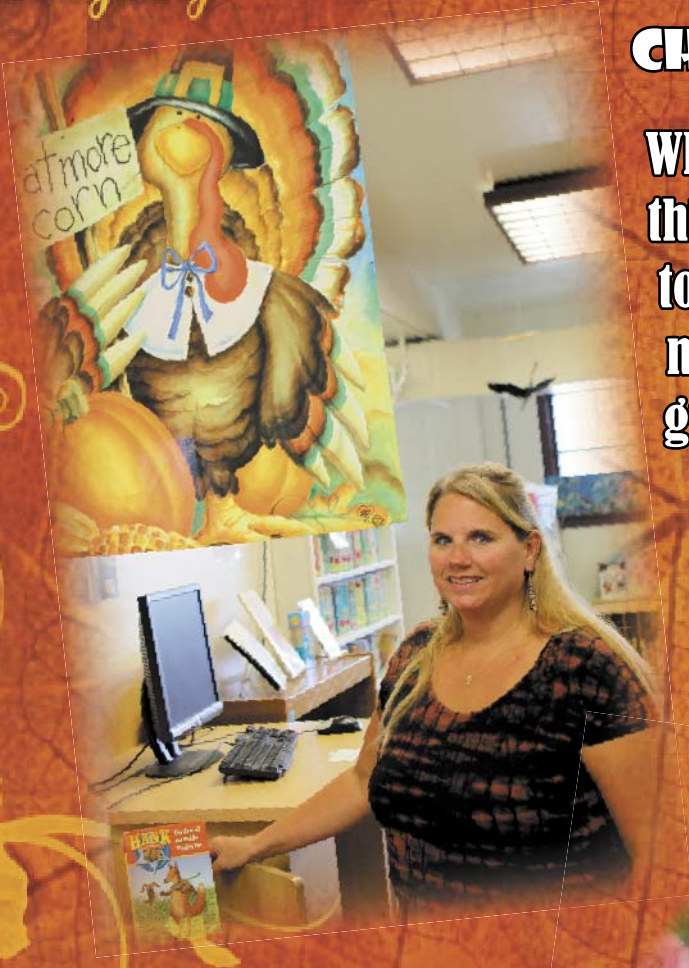


**By Sheila Bigelow
Managing Editor**

Happy Thanksgiving

CHRIS HADLEY

What are you thankful for this year? My family — I got to spend three months with my oldest daughter and granddaughter.



CLAIRE GRANT

What are you thankful for this year? My family and everything I can eat!



BARBARA ALQUIST

What are you thankful for this year? For the opportunity to work here at USAKA/RTS and to have the experience of living on Kwajalein Atoll. I am thankful that I am a 'new grandmother;' my only daughter, Bethany, had a son in October. I am very Blessed.

What is your favorite Thanksgiving tradition? My family sings Christmas songs while we prepare our Thanksgiving meal. My mother is a very good cook and has passed down several family recipes which we cook every year. The best part is listening to my mother and dad say grace before dinner. It's a very special time of the year for our entire family.



BRANDON PRICE

What are you thankful for this year? Family, friends and a new baby on the way.

What is your favorite Thanksgiving tradition? Smoked turkey.



Happy Thanksgiving

WILL MCPHATTER

**What are you thankful for this year?
Amazing fishing trips on Kwaj.
What is your favorite Thanksgiving tra-
dition? Going to the PDR and eating
with all my friends and family.**



JUSTIN FERGESON

**What is your favorite Thanksgiving tradi-
tion? The big bird on the table!**



KERRI CARSON

**What are you thankful for this year? My
family and friends all over and all the
good times that we've had together.
And great pairs of shoes, of course!
What is your favorite Thanksgiving
tradition? Wrapping up in blankets
and watching holiday movies or go-
ing on a chilly walk with my family
to digest the meal.**





Sixteen servicemembers die in Afghanistan

Staff Sgt. Kevin M. Pape, 30, of Fort Wayne, Ind., died Nov. 16 in Konar province, Afghanistan, of wounds suffered when insurgents attacked his unit using small arms fire. He was assigned to the 1st Battalion, 75th Ranger Regiment, Hunter Army Airfield, Ga.

Staff Sgt. Javier O. Ortiz Rivera, 26, of Rochester, N.Y., died Nov. 16 while conducting combat operations in Helmand province, Afghanistan. He was assigned to 1st Battalion, 8th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Five soldiers supporting Operation Enduring Freedom died Nov. 14 in Kunar province, Afghanistan, when insurgents attacked their unit with small arms fire. Killed were **Spc. Shane H. Ahmed**, 31, of Chesterfield, Mich., **Spc. Nathan E. Lillard**, 26, of Knoxville, Tenn., **Spc. Scott T. Nagorski**, 27, of Greenfield, Wis. **Spc. Jesse A. Snow**, 25, of Fairborn, Ohio. and **Pfc. Christian M. Warriner**, 19, of Mills River, N.C. They were assigned to the 1st Battalion, 327th Infantry Regiment, 1st Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Staff Sgt. David P. Senft, 27, of Grass Valley, Calif., died Nov. 15 at Kandahar Airfield, Afghanistan, of

injuries sustained in a non-combat related incident. He was assigned to the 5th Battalion, 101st Aviation Regiment, 101st Combat Aviation Brigade, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Pfc. Kyle M. Holder, 18, of Conroe, Texas, died Nov. 17 at Kandahar Airfield, Afghanistan, of injuries sustained in a non-combat incident. He was assigned to the 1st Squadron, 38th Cavalry Regiment (Reconnaissance and Surveillance), 525th Battlefield Surveillance Brigade, XVIII Airborne Corps, Fort Bragg, N.C.

Sgt. Justin E. Culbreth, 26, of Colorado Springs, Colo., died Nov. 17 at Panjway district, Afghanistan, of wounds suffered when insurgents attacked his unit using an improvised explosive device. He was assigned to the 1st Battalion, 187th Infantry Regiment, 3rd Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Sgt. Jason T. Smith, 28, of Colorado Springs, Colo., died Nov. 19 while conducting combat operations in Helmand province, Afghanistan. He was assigned to the Explosive Ordnance Disposal Branch, Headquarters and Headquarters Squadron, Marine Corps Air Station Iwakuni, Marine Corps Bases Japan, Iwakuni, Japan.

Staff Sgt. Lolani W. Gandy, 36, of Pago Pago, American Samoa, died Nov. 19 in Balad, Iraq, in a non-combat related incident. He was assigned to the 103rd Expeditionary Sustainment Command, Des Moines, Iowa.

Sgt. David J. Luff Jr., 29, of Hamilton, Ohio, died Nov. 21 in Tikrit, Iraq, of wounds suffered when insurgents attacked his unit with small arms fire. He was assigned to the 1st Battalion, 27th Infantry Regiment, 2nd Brigade Combat Team, 25th Infantry Division, Schofield Barracks, Hawaii.

Spc. David S. Robinson, 25, of Fort Smith, Ark., died Nov. 20 in Qalat, Afghanistan, of injuries suffered in a non-combat related accident. He was assigned to the 2nd Squadron, 2nd Stryker Cavalry Regiment, Vilseck, Germany.

Two soldiers supporting Operation Enduring Freedom died Nov. 22 in Kandahar province, Afghanistan, of wounds suffered when insurgents attacked their unit with an improvised explosive device. They were assigned to the 2nd Battalion, 502nd Infantry Regiment, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky. Killed were **Staff Sgt. Sean M. Flannery**, 29, of Wyomissing, Pa.; and **Spc. William K. Middleton**, 26, of Norfolk, Va.



Honor Roll

for first quarter ending Oct. 30



High honor roll (3.6667 and higher) Grade 7: Alex Burnley, Addison Cossey, Allison Hibberts, Samuel Jahnke, Liliana Klinger, Kornkanok Mahachai, Kaile'a Moseley*, Danielle Rivera*, David Sholar*, Michael Sykes*, Adam Tiffany and Eric Tiffany; Grade 8: Mereille Bishop and Molly Premo; Grade 9: Lindsay Cochran, Leightyn Cossey, Maddy Greene, Jennifer Hibberts, John Sholar*, Andrea Tiffany and Shenandoah Wrobel*; Grade 10: Mary Doerries, Kori Dowell, Megan George, Mary McPhatter, Mariah Moore, Alexis Nelson, Eva Seelye and Mekailah Stephens; Grade 11: Jonathan Bishop*, Jarem Erekson and Jacob Jahnke; Grade 12: Melissa Peacock*, Aaron Mathieson and Leimamo Wase.

Honor roll (3.5 - 3.7) Grade 7: Claire Grant; Grade 8: Dave Bonham, Reab deBrum, Daniel Grimes, Jordan Hadley, Stephen Parrish and Roanna Zackhras; Grade 10: Ashlee Skinner and Shannon Wilkinson; Grade 12: Cayley Corrado and Tyler Stepchew.

Merit roll (3.0 - 3.49) Grade 7: Dustin Bonham, Chance Bowser, Elizabeth Doerries, Dayna Hepler, Wyatt Jones, Wayland Sanborn, David Stewart, Ciara Swanby, Allison Tomas and Jared Wase; Grade 8: Mamolyn Anni and Annalee Nelson; Grade 9: Ann-Marie Hepler, Eltina John, Bokean Kemem, Christopher Sanborn and Jefferson Wase; Grade 10: Valorie Jack, Malkie Locak, Renu Nonthra and Natasha Tomas; Grade 11: Lauren Amador, Shawn Brady, Johannah Dye, Maggie Fronzak and Connor Malloy; Grade 12: Kyle Cassidy, Coty Davis, Shelby Hadley, Jake Villarreal, Carrie West and America Wrobel.

* 4.0 grade average

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at www.krsjv.com, on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at www.krsjv.com.

KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

LOST

INSULATED snack pack for BumbleBride stroller, green exterior, blue interior, zipper top and velcro tabs. Lost Nov. 16 on Lagoon between Glass and Coral Sands Beaches. Call 59154.

FOUND

TWO PAIRS of reading glasses at the YYWC Silent Auction. Call 54798.

MONEY on Ocean Road, Nov. 15 in the morning. Call 50937.

Religious Services

Catholic

5:30 p.m., Saturday, in Island Memorial Chapel.
9:15 a.m., Sunday, in Island Memorial Chapel.

Protestant

8 and 11 a.m., Sunday, on Kwaj.
Roi-Namur service at 7 p.m. on Friday

Baptist

9:40 a.m., Sunday, in elementary school music room.

Latter-day Saints

10 a.m., Sunday, in CRC, Room 3.

Jewish services

Second Friday of the month in the REB. Times will vary. Contact the Chaplain's office, 53505, for more

WANTED

SEA KAYAK. Call 54876

FOR SALE

SOLEUS air dehumidifier, CFM-40E, 40 pint, very quiet, \$110. Please call 52853.

COLUMBIA mark II sailboat, 26 feet, in the water on one year, mooring, dinghy and 5HP motor, boat shack, trailer, five sails in excellent condition, CD/iPod/radio/stereo, 2009 10HP Honda kicker, toilet, sink, VHF radio, life sling, barbeque grill, 406 EPIRB, swim platform, sleeps four, everything works and is a great boat, sailed to many places here at Kwaj and to Namu Atoll, buying a bigger boat, \$12,000. Call Ryan Vahle 52222 or 52590.

SOMNIO Westridge women's running shoes, size eight, used twice, \$40; USB PC game controller plus two shooting games, \$20 and full-size collapsible camera tripod in great condition, \$30. Call 51621.

SIMMONS Comforpedic memory foam bed, king-size, includes two pillows, \$3,000 and Electra Townie Balloon 3i, aluminum frame, new, \$70. Call 55880.

CHARBROIL smoker, \$25; Penn 30 Int'l Reel w/all roller rod, \$120; pasta maker, \$20; Gorham crystal vase, 14 inch, \$25; seven bags lawn fertilizer, \$10 and cooler, 80 quart, \$35. Call 51889.

SUN BIKE, women's, never ridden, \$300; restored women's Sun bike with gooseneck, new crank bearings, seat, \$150 and ten assorted front and rear aluminum rims, 26 inch, \$25. Call 52642.

PHILLIPS flat screen LCD TV, 22 inch, \$250 and 8GB Sansa Fuze MP3/MP4 player, \$70. Call 50165 or 50937.

CAL 20 SAILBOAT, good condition, new mooring lines, bottom recently cleaned, includes extra parts, safety gear, storage shed with tools and four HP outboard kicker motor, \$5,000. Call 51357 or 50617 for more information.

SUN BIKES, two, \$50 each; black entertainment center for flat screen TV, \$50; leaf blower and vacuum, \$25 and rug cleaning machine, \$50. Call 52797.

SOFA, dark green olive, in good condition. Call 50165.

COMMUNITY NOTICES

KWAJALEIN Yacht Club November meeting will be today at the yacht club to elect next year's officers. Happy hour will be at 5:30 p.m., meeting will be at 6:30 p.m. and dinner will be at 7. Turkey will be provided, bring your Thanksgiving leftovers to share. Questions, call Mark 56526.

CHILD YOUTH and School Services will hold the bi-annual babysitter training classes from 8:30 a.m.-4:30 p.m. today and from 8:30-11:30 a.m.

KRS/CMSI/BAI Employees Only

Employees enrolled in the company-sponsored health benefit plan will be required provide the necessary documents to your FCE HR Benefits Representatives in order to maintain dependent coverage or add new dependents to your health benefit plan. If you haven't submitted the DEV form and/or documents yet, you must do so by Dec. 15. Contact your FCE HR Benefits Representatives at 50939 or 51888 with any questions.

Forms, FAQs and additional information are available on the HR

on Nov. 29. Anyone 13 or older as of Nov. 1 may attend. Red Cross basic aid and child development information will be given. Space is limited. Call Susannah Jones at 53610 to register.

BIRTHDAY BASH is today at 7:30 p.m. at the Ocean View Club. Must be at least 21 years old. Deadline for the sing-up is Nov 25 at the Retail Office Building 805, Room 1 next to the Bowling Center. Questions, call 58228.

THE FINAL holiday wreath sale is from 10 a.m.-2 p.m. on Nov. 29 at the AAFES Porch. Wreaths are selling out fast. Come support the cub scouts and make your home smell beautiful. Wreaths will be delivered for free around the second week of December.

YARD SALE, "Bring It, Sale It," sponsored by Kwajalein Scuba Club, will be held from 9 a.m.-noon on Nov. 29 at the Pacific Club. This sale is open to all island residents. To reserve a table contact Jim Bishop at home 50894. Tables are \$5 each and payable the day of the event.

HOLIDAY POST OFFICE Shuttle Service offered by Automotive Services will begin Nov. 30 at 10 a.m. and end Dec. 31 at 12:30 p.m. Shuttle service hours are from 10 a.m.-12:30 p.m. and 3 p.m.-6 p.m. on Tuesday, Thursday, Friday and Saturday. Wednesday service is from 10 a.m.-12:30 p.m. Customers must travel with their packages to their quarters. Please call 53341 or 58294 for service.

CHRISTMAS is coming. Kid's creative clay class will be making coiled Christmas trees this month. Class size is limited so sign up now. The first class is at 6:30 p.m. on Nov.30. We will glaze them in the second class which will be at 6:30 p.m. on Dec.10.

BOAT ORIENTATION classes will be every other month. The next classes will be Dec. 1 and 2. Sign up at the

Café Pacific

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 4
Breaded pork cutlet	Salisbury steak	Smokey chicken	Italian sausage	Meatloaf	Pan fried chicken	Cajun grumbo
Turkey/peapod stir-fry	Teriyaki chicken	Beef tips in burgundy	Spaghetti	Breaded chicken strips	Seafood pizza	Meat/cheese turnovers
Eggs benedict	Strawberry crepes	Egg noodles	Chicken/corn saute	Veggie stir-fry	Taco pizza	Breaded clam strips
Grill: Brunch station open	Grill: Brunch station open	Grill: Superbird	Grill: Pasta bar	Grill: Grilled cheese	Grill: N/A	Grill: Teriyaki burger
Tonight	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Shanghai ribs	Swedish meatballs	Taco bar	Swiss steak	Sirloin steak	Breaded pork chops	Thai veggie pasta
Thai shrimp pasta	Fish and chips	Black bean casserole	Tuscan chicken	Blue cheese chicken	Chicken scallopini	Mongolian beef
Tso's chicken	Oriental stir-fry	Chef's choice	Rice/barley casserole	Noodles romanoff	Boiled potatoes	Chicken sukiyaki

Small Boat Marina or the Community Activities Main Office.

SANTA'S arrival parade and the Christmas tree lighting is Dec. 4. Santa will arrive between 5-5:15 p.m. at the Small Boat Marina with the following parade being between 5:15-6 p.m. The 43rd annual Tree Lighting ceremony will be from 6:15 p.m.-sunset and will feature local performers a drawing for AAFES prizes. At 7 p.m. the Community Band will hold a concert featuring holiday favorites.

NEED ROOM for Santa's gifts at your house? Clean out your children's closets and donate those toys to the Bargain Bazaar. Drop off during business hours or call 53686 for pick up at your quarters on Dec. 6.

THE NEXT Kwajalein School Advisory Council meeting is at 7 p.m., Dec. 8, in the Elementary School Coconut room.

PARENTS, the Dinner Around The World potluck is from 5:30-7:30 p.m., Dec. 11 In the Coconut Room at the Elementary School. Registration dates are Nov. 24-Dec. 8. Visit CYSS Central Registration to sign up. This event is open to all CYSS registered families.

KRS/CMSI/BAI Dependent Eligibility Verification deadline is Dec. 15. Please submit to Marilyn Engvall, FCE Benefit Representative at Marilyn.Engvall.ctr@smcck.smdc.army.mil documents to FCE Benefits for a Jan. 1 effective date. If the eligible employee needs to request the documents from www.vitalchek.com, www.vitalrec.com, or another source, please allow for USPS mailing times so the documents arrive prior to the deadline and approximately four to six weeks for processing and receipt of such documents is needed.

KWAJALEIN Jr/Sr High School and CYSS "A Holiday Art Exhibit" is from 6:30-8 p.m. on Dec. 16 at the Namu Weto Youth Center. Come view the fabulous artwork created by our Island teens and help choose which pieces will be selected to enter the Boys and Girls Club of America National Fine Arts Contest.

SMALL BOAT MARINA winter hours, November to February, are 1-6 p.m. on Thursday, 7:30 a.m.-6 p.m. on Friday through Monday and closed Tuesday and Wednesday.

THE AMERICAN LEGION AUXILIARY is looking for a few good women to join our ranks. Any woman who has a father, grandfather, mother, brother, sister, son, or daughter who has served honorably in the past or is currently serving in the military is eligible to join. In addition, any woman who served and was honorably discharged can join the ALA. We are a patriotic organization that supports troops and their families and disabled vets. If you wish to join, please contact Amy at 52681 for further information.

THE BARGAIN BAZAAR needs your donations. Pick-ups are scheduled for the first Monday of each month. Call 53686 and leave your name, phone, and quarters number.

Holiday Band Concerts




Second and Third Grade Holiday Concert
7 p.m., Dec. 2, MP Room

Community Band Christmas Carol Concert
After tree-lighting ceremony, Dec. 4

Junior/Senior High Choir and Band Holiday Concert
7 p.m., Dec. 9, MP Room

Elementary Choir and Band Holiday Concert
7 p.m., Dec. 14, MP Room

KWAJALEIN SCUBA CLUB'S underwater photo contest subject for November is "Anything Goes." E-mail entries to Photocontest@kwajaleinclub.com. See the KSC website for rule changes. Questions call Marc Rivera at 50704.

GEORGE SEITZ ELEMENTARY SCHOOL will be holding our third annual Used Book/Game Fair in March 2011. We need donations of used books, games and educational DVDs. Donations can be dropped off at the school or a member of the PTO can pick them up from you. All types of books, paperback, hardback, fiction, non-fiction, young readers, etc. If you have any questions or need items to be picked up please call Jennifer, 52200.

DURING THE BAKERY and Café Pacific renovation project, please stay clear of work area downtown to allow staff to safely complete their work.

CHRISTMAS is coming and so are the trees. Live Christmas trees are being pre-sold at the high school office for \$70. The shipment is very limited so the trees will be sold on a first-come basis. Trees are high-quality and long lasting. High school students will deliver the trees free to your home around the second week in December. If you have friends who are off-island and think they want a tree, help them out by purchasing one for them too. Please call the high school office at 52011 with questions.

THE PEST Management Department is asking

for help. With the almost continuous rain for the last month, water is accumulating and not evaporating quickly as usual. Mosquitoes are developing in the standing water; it takes about four to seven days to develop from egg to adult. Please ensure any receptacle that will hold water is emptied daily such as flower pots and saucers, bike trailers, sea shells, recycling trash containers and sagging patio covers. Help reduce the mosquito population throughout the atoll. Please call 54840 or 54738 with any questions.

SURFSIDE SALON is open Monday through Friday except two Fridays a month we are on Roi. We have same day and next day appointments available. We also take walk-ins everyday when slots are open. Call 53319 for appointments. Watch for all natural products coming to the salon soon.

Bingo is canceled until the end of December. Questions? Contact Retail Services at 53933.

EFFECTIVE Jan. 5, Continental Micronesia's island hopper will experience schedule changes. Flight 956 to Majuro and Honolulu will arrive on Kwajalein at 6:35 p.m. and depart at 7:30 p.m. on Mondays, Wednesdays and Fridays. Check-in will be from 4:15-5:45 p.m. Flight 957 to Kosrae, Pohnpei, Chuuk and Guam will arrive on Kwajalein at 10:25 a.m. and depart at 11 a.m. on Tuesdays, Thursdays and Saturdays. Check-in will be from 9:30-10 a.m. The Kwajalein International Flight Schedule may be viewed on the USAKAWEB

Café Roi						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 4
Roast chicken	Meatballs	Grilled chicken	Grilled cheese	Chicken/avocado sandwich	Italian sausage	BBQ beef
Black beans and sausage	Grilled chicken	Brisket	Boiled beef	Shredded beef	Chicken tacos	Baked chicken
Southern benedict	Breakfast pizza	Marinated vegetables	Mushroom stroganoff	Refried beans	Marinated vegetables	Potato wedges
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 4
BBQ ribs	Grilled cod	Missile burgers	Steak night	Fried chicken	Egg rolls	Cabbage rolls
Fish fillet	Bleu cheese chicken	Turkey chili	Huli huli chicken	Seafood pasta	Mashed potatoes	Mongolian beef
Chorizo	Corn on the cob	Baked beans	Three cheese pasta	Sweet and sour chicken	Cornbread	Fried rice

business Intranet on the Logistics-Chugach page. Please contact Aviation Commercial Services at 52660 with questions.

INTERNATIONAL students are invited to join the US Coast Guard Academy (USCGA) Class of 2015. Only 36 cadets will receive USCGA scholarships. The four-year program offers undergraduates a bachelor's degree in science or engineering along with military training. Applicants must have an excellent command of the English language, be between 17-23 years old, and take the SAT or ACT. The deadline for submission is March 15. For more information visit USCGA's website at USCGA.edu or call (860)7016678.

ONE OF THE seven routine sampling points within the reclaim water distribution system on Kwajalein frequently does not meet the chlorine residual standard. Although this situation does not require you to take any precautions, public notification is required annually under these circumstances. It is important to note that the water entering the distribution systems is acceptable and all other sampling points meet or exceed compliance standards. Samples taken thus far have been negative for the presence of coliform bacteria. Please contact the Utilities Department at 51847 or the Environmental Department at 51134 if you have any questions regarding this notice or the suitability of the water systems.

E-TALK. A dig permit is required for all excavations greater than six inches below grade at USAKA.

SAFELY SPEAKING. Before using any scaffold, make sure you know how to safely use it and that it has been inspected by a qualified and competent person. Never use a scaffold that has a red or white tag posted on it.

TEACH OUR KIDS to be green. Turn off your lights, computer and TV when not in use. Don't let water run continuously when brushing your teeth. Use cotton or recycled material bags instead of plastic. Recycle your plastic bags and used paper.

DEEP-FRYING safety. Place the fryer in an open area away from all walls, fences or other structure. Raise and lower food slowly to reduce splatter and avoid burns. If a fire occurs immediately call 911. Do not attempt to extinguish the fire with water.

Recreational Diving

Effective immediately, recreational diving is not allowed when the dive chamber is unavailable. The 50 ft dive limit, previously indicated by the No. 6 pennant at the harbor, has been suspended pending a review by USAKA. Until further notice, the No. 6 pennant means "NO DIVING PERMITTED."

Hours when the dive chamber is normally available, unless down or committed for mission support are:

Sunday-Monday 7:30 a.m.-6 p.m.

Tuesday-Wednesday 7 a.m.-4 p.m.

Thursday-Saturday 7 a.m.-6 p.m.

Designated holidays 7 a.m.-4 p.m.

All other periods the chamber is considered unavailable and under the interim command directive, no SCUBA diving is permitted.

Kwajalein Hospital Hours of Operation

Emergency services are available 24 hours a day, seven days a week. If it is after hours and the front door is closed, there is a telephone mounted on the wall next to the entrance to contact the duty staff.

Clinic hours at the hospital are 7 a.m.-4:30 p.m. on all regularly scheduled work days, except Friday hours which are 7-11:30 a.m. Medical providers see patients from 8:15-11 a.m. and 1-3:30 p.m. Appointments can be made in advance by calling 52223 or 52224 or by visiting the receptionist.

First-Stop is a free walk-in service from 6:30-11 a.m. on work days for minor illnesses or injuries that is provided for all employees on island, except domestic or other household employees.

Nurse visits are available from 7:30 a.m.-4:30 p.m. on work days. A nurse visit is walk-in. If it is determined that the patient needs to see a physician, the patient can make an appointment at the front desk for a same-day appointment if available.

Pharmacy hours are 8-11:45 a.m. and 1:15-4:30 p.m. on a work days, except Friday hours which are 8 a.m.-12:15 p.m.

Immunizations are available on all regularly scheduled working days, except Friday, from 1:30-4 p.m.



Weather courtesy of RTS Weather

Sunday: Partly sunny, 20 percent showers. Winds: ENE-ESE at 10-15 knots.

Monday: Partly sunny, 20 percent showers. Winds: ENE-E at 10-15 knots.

Tuesday: Mostly sunny, 10 percent showers. Winds: ENE-E at 13-18 knots.

Wednesday: Mostly sunny, 10 percent showers. Winds: ENE-E at 13-18 knots.

Thursday: Mostly sunny, 10 percent showers. Winds: NE-ESE at 13-18 knots.

Friday: Partly sunny, 20 percent showers. Winds: ENE-E at 10-15 knots.

Annual total: 64.49 inches

Annual deviation: -16.12 inches

Call 54700 for updated forecasts or visit www.rts-wx.com.

Sunrise/set Moonrise/set High Tide Low Tide

Sunday	6:47 a.m./6:27 p.m.	12:09 p.m.	8:43 a.m., 2.7'	2:36 a.m., 0.3'
			8:57 p.m., 3.5'	2:27 p.m., 0.9'
Monday	6:47 a.m./6:27 p.m.	12:25 a.m./12:55 p.m.	10:10 a.m., 2.7'	3:48 a.m., 0.5'
			10:22 p.m., 3.2'	4:01 p.m., 1.1'
Tuesday	6:48 a.m./6:27 p.m.	1:18 a.m./1:41 p.m.	11:41 a.m., 3.0'	5:08 a.m., 0.5'
			11:52 p.m., 3.1'	5:46 p.m., 1.0'
Wednesday	6:48 a.m./6:28 p.m.	2:11 a.m./2:27 p.m.		6:20 a.m., 0.4'
			12:53 p.m., 3.4'	7:09 a.m., 0.7'
Thursday	6:49 a.m./6:28 p.m.	3:06 a.m./3:15 p.m.	1:07 a.m., 3.2'	7:18 a.m., 0.2'
			1:47 p.m., 3.9'	8:10 p.m., 0.2'
Friday	6:49 a.m./6:28 p.m.	4:02 a.m./4:06 p.m.	2:06 a.m., 3.3'	8:06 a.m., 0.0'
			2:34 p.m., 4.3'	9:00 p.m., -0.1'
Dec. 4	6:50 a.m./6:28 p.m.	5:00 a.m./4:59 p.m.	2:55 a.m., 3.4'	8:49 a.m., -0.2'
			3:15 p.m., 4.6'	9:43 p.m., -0.4'