

# THE KWAJALEIN HOURGLASS



The annual Tree Lighting Ceremony will be held today in the downtown area. For more, see page 11.

Photo by Dan Adler



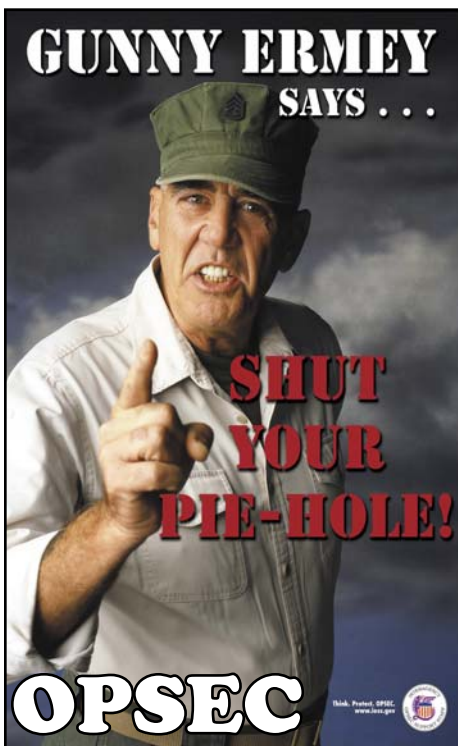
Want to submit a Community Notice? Cleaning out your quarters and need to submit a For Sale or Patio Sale? Did you lose or find something you want to advertise? No problem! Just e-mail all ads and announcements to [hourglass@smdck.smdc.army.mil](mailto:hourglass@smdck.smdc.army.mil) by Wednesday at noon to make it into that Saturday's paper. Ads are limited to 50 words each and run for two weeks. If you want the ad to run longer, you must resubmit every two weeks. Questions? Call 52114.

## THUMBS UP

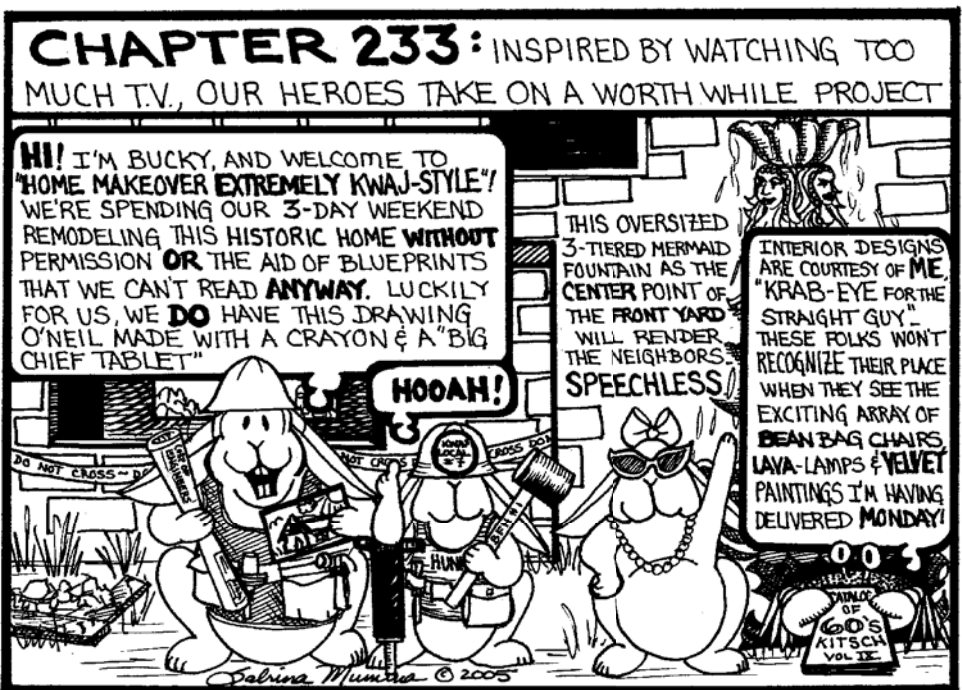


To the students and staff of the George Seitz Elementary School for creating 143 Christmas and holiday cards for soldiers in Afghanistan and Iraq. All the cards were so thoughtfully created.

To dock security personnel for your patience and great attitude when assisting donors and volunteers who request access to the Bargain Bazaar. Your willingness to unlock the gate makes it easier for us to keep the Bargain Bazaar running smoothly. Thank you.



## Buckminster and Friends by Sabrina Mumma



## THE KWAJALEIN HOURGLASS

The Kwajalein Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

The Kwajalein Hourglass is an authorized publication for military personnel, federal employees, contractor workers and their families assigned to U.S. Army Kwajalein Atoll. Contents of *The Hourglass* are not necessarily

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# Roi-Namur welcomes new physician assistant Michael Carney to the island

Article and photo by Sheila Bigelow  
Managing Editor

Roi-Namur is going to be the home of our newest hospital staff member, Michael Carney, who will be the full-time physician assistant on Roi. He arrived Oct. 6 and has been working out some credentialing issues on Kwajalein before heading to Roi. Carney is from New York and his medical license needs to be renewed before he can practice out here. His last post was in Saipan where he worked for three years as a physician assistant. Saipan is the largest island of the United States Commonwealth of the Northern Mariana Islands, a chain of 15 tropical islands in the western Pacific.

Carney grew up and went to school in New York City. There he attended the Sophie Davis School of Biomedical education, headquartered at City College of New York. He has been practicing medicine for about 11 years now.

Physician assistants are considered mid-level practitioners. They function like a physician and are able to do most of the same functions, but usually practice under their supervision. One of the main differences between a physician assistant and a physician is the amount of time spent in school; the length of a physician assistant program is about two-thirds that of medical school. For a physician, their rotations are approximately three to four months, whereas a physician assistant's rotations are just two months. The training to become a physician assistant was based on the World War II era when they were trying to make a lot of medical doctors quickly for the war. "If I was in WWII, I would be an MD," Carney explained. Carney's background is in orthopedics and emergency medicine.

Carney heard about Kwajalein on his tour in Saipan through a co-worker who was a lab technician that had spent some time working here on Kwajalein. Through word-of-mouth, Carney was told about Kwajalein and recently heard of the job opening.

So far, Carney is fond of his short time spent on Kwajalein. "It's a very nice little community," he said. "It's a little different than Saipan; this is a little more close-knit, a lot smaller." Saipan hosts about 60,000 residents compared to Kwajalein's 1,500. Carney seems to be moving in the direction of smaller and smaller communities, beginning in New York City, then to Saipan and finally to Kwajalein and eventually Roi.

Carney has yet to experience all that Kwajalein has to offer, but is looking forward to doing so once all his credentialing is worked out. He is looking forward to SCUBA diving and his quarters are on the edge of the Roi golf course, so he is expecting to get back into golf



**Michael Carney is the new physician assistant that will be practicing on Roi-Namur and Kwajalein when needed.**

soon and looks forward to working on his game a little. Carney has done a bit of SCUBA diving in the past, but didn't make it a passion. "I think here I'll keep occupied and it'll be a passion," he commented.

Adjusting to the Kwajalein climate and time zone was not too difficult for Carney, since he came directly from Saipan, which is very similar to Kwajalein in terms of weather; it too is situated on the equator and is only about 800 miles west of us. There is only a two-hour difference in time zones, so Carney's adjustment to our time here on Kwajalein was much easier than most who PCS from the States. "The waters are similar [at Kwajalein] and I like this part of the region," he said. "I think I'm more inclined to be in this part of the world. I just like being out in the Pacific."

Carney is unsure about how long he plans to stay on Kwajalein and Roi, and will be taking things one year at a time. But he does enjoy living in this area of the world, so it is possible that like many that come out here to work, his one or two year contract may turn into five or 10 quite easily.



# Quality of Life funds various proposals for Kwajalein, Roi-Namur communities

By **Sheila Bigelow**  
Managing Editor

**T**he Quality of Life Fund is one of the unique benefits here on Kwajalein and Roi-Namur. The Fund is managed by a QOL Committee made up of representatives to the various demographics on Kwajalein and Roi. The committee meets monthly and considers recommendations from all their constituents for potential funding. Proposals are presented to the QOL committee for funding consideration and are voted on by the voting-members of the committee.

The QOL Charter states: The QOL committee is an Integrated Product Team established in accordance with the KRS contract that results in an allocation of payments received under the provisions of the Indian Incentive Program to be used for the general improvement of the USAKA/RTS community. The committee includes reasonable representation from all organizations and activities maintaining a permanent presence at USAKA/RTS. The committee is responsible for accepting and reviewing input from all demographics of the USAKA/RTS community in order to identify and fund projects and programs that will enhance and improve the morale and living conditions of the USAKA/RTS community. The committee will avoid the use of the QOL funds to supplement

base-funded requirements and activities. A senior manager of KRS will serve as a non-voting member of the committee and will provide oversight of the committee's activities. Currently that member is Jim Willman, DPM of Business Services.

QOL has funded many projects on Kwajalein and Roi that you may have noticed, but may not have known where the funding came from. In the last year, QOL has funded more than \$150K in 2010 projects and more than \$1.5M since 2004.

Following are some of the QOL funded projects in 2010.

- Items for the Adult Recreation Center, including a pan set, a set of dishes, a blender, mixing bowls, and pool table felt.
- Items for Community Activity Center, including 23 sets of light to medium weight vinyl dumbbells placed at the Community Activity Center and Corlett Recreation Center gym and a 12-channel mixer for the sound system in the Corlett Recreation Center room six.
- The stainless steel sports bottles with the Kwajalein logo that were passed out at the Community Activities 'Get in the Mix' event in February and in

conjunction with Community Activities welcome tours was funded by QOL

- QOL vehicles are probably one of the most visible and utilized items funded by QOL. This past year, QOL purchased five additional vehicles, four 4-passenger golf carts and one 6-passenger golf cart. In total, QOL has funded the purchase of seven golf carts and one pick-up truck that are available for rental use on Kwajalein and Roi.

- Equipment for Holmberg Fairways, including ball washers, tee markers, yardage markers, water cooler stands, plastic outdoor patio furniture and



**Jim Willman hands out the Quality of Life Scholarship to Julianne Kirchner at the Kwajalein High School graduation ceremony June 5.**

carpet for the patio. Also, seven new benches were purchased and placed at the golf course, weather station and flagpoles.

- QOL provided the funds to cover both materials and labor for the replacement of the carpet in the Roi Outrigger Club.
- Scholarships for six Kwajalein High School graduating seniors were funded by QOL. Applicants were evaluated based on academic achievement and community activities contributions
- QOL has also funded equipment for the installation of public internet access to facilitate shared-usage of a non-mission internet network. This project also includes the DSL equipment needed to connect the homes to the fiber network for high speed internet access due in 2011.
- Projects that have been approved for funding but have yet to arrive are new Ivey Gym equipment to include inner thighs machine, adjustable incline bench and decline bench; a new Lab testing

machine for the Diabetic Clinic; a new computer for the music system at the Roi Outrigger Bar; a new antenna for the Roi-Namur Radio Station; additional DVD documentaries to be shown on both Roi and Kwajalein; new outdoor speakers to be placed at the main pavilion at Emon Beach, and a 12'x24' gazebo for the new laundry facility at the DSC.

If you have a request you would like to present to the QOL committee, simply contact your appropriate representative and they can get you scheduled to present your proposal or they can present to the committee on your behalf. Proposals are typically in a business case format so if you make a request, please be prepared to help gather information about work or purchase estimates and/or pictures and drawings.

### **Current Quality of Life Representatives**

Lynn Long: MIT/Lincoln Lab

John Payne: KRS Logistics (Chugach)

Steven Gauthier: USAKA

Torrey Landers: KRS Community Services

Kim Yarnes: KRS Community Activities

Tony Stephens: KRS Roi Community Activities

Sheila Bigelow: KRS/Unaccompanied

Sarah Stepchew: Raytheon/Family

Akino Lippwe: Kwajalein Police Department

Beth Turnbaugh: KRS Hospital

Lin Ezell: KRS Hospital

Melissa Peacock: High School/Student

Leimamo Wase: High School/Student

Cherie O'Brien: KRS Mission Operations

Kim Breen: KRS Finance

Kathy Bull: Berry Aviation

Brian Brady: KRS Mission Operations

John Irwin: KRS Mission Operations

Kurt Schwan: MIT/Lincoln Lab (Alternate)

Christie Guastella: KRS Finance (Alternate)

CW4 Dancy: USAKA (Alternate)

Mandie Morris: KRS Community Activities (Alternate)

Jeff Sudderth: KRS Logistics (Chugach) (Alternate)

Rich Cunrod: KRS Mission Operations (Alternate)

Burdell Welsh: Kwajalein Police Department (Alternate)

Beth Turnbaugh: KRS Hospital (Alternate)



Quality of Life purchased 2,500 stainless steel Kwajalein water bottles for the community.

# Kwajalein Exchange rewards those who 'Made the Grade'

By Sgt. 1st Class Jon Cupp  
AAFES Pacific Region Public Affairs

According to the American Academy of Pediatrics, military children, especially those with deployed parents, face unique stresses that often result in higher rates of school absenteeism and failure. Keeping these unique challenges in mind, the Army and Air Force Exchange Service established a unique educational rewards program that continues to receive high marks from students and parents alike.

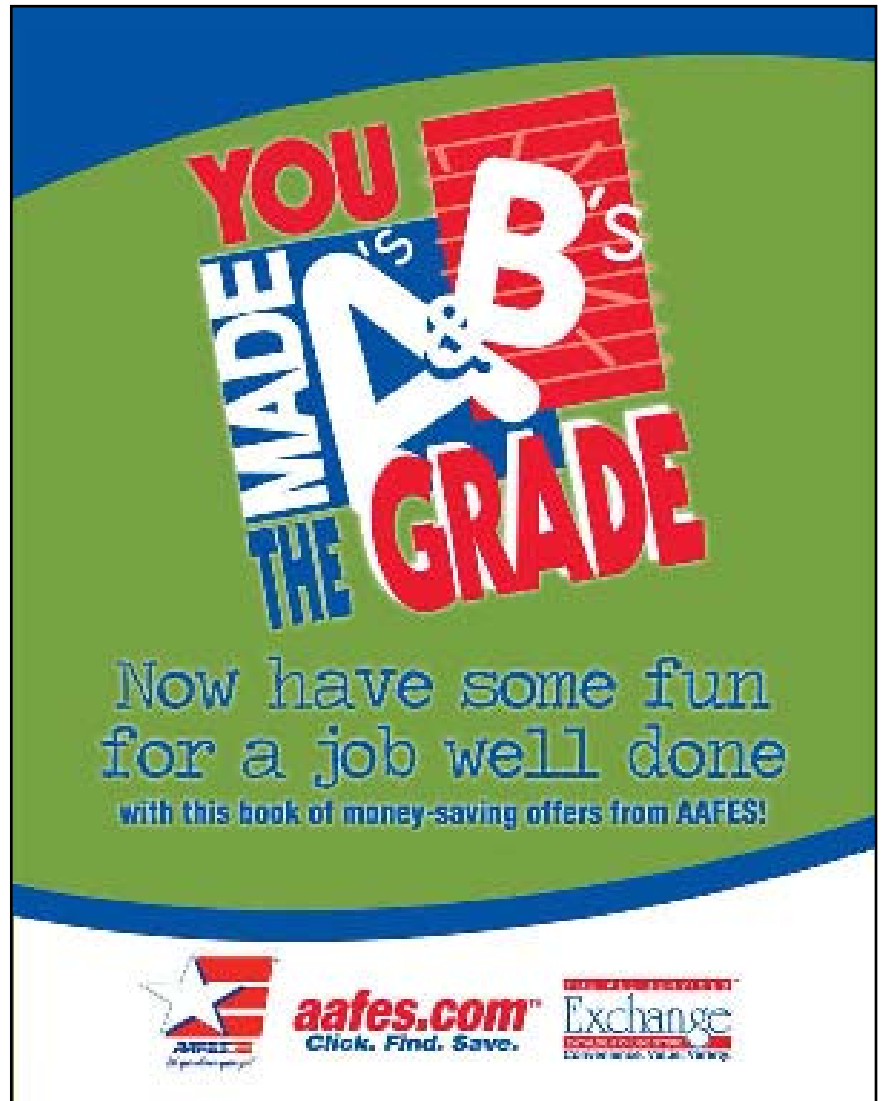
Now in its tenth consecutive year, the "You Made the Grade" program recognizes Kwajalein students who achieve a "B" average or better with a benefits-filled booklet. Exclusive offers include a free Burger King Kids meal or a Subway 6-inch combo, video rental and \$2 off any new release DVD at the Power Zone, to name a few.

Students who make the grade also can register for a drawing to win a savings bond worth up to \$5,000 by filling out and mailing an included entry form.

"It's simple; learning pays," said Alex Mamaril, AFFES Store Manager on Kwajalein. "Promoting the benefits of a good education is what makes this program so important to us and the community we serve. This effort represents an investment in our nation's future."

To receive the "You Made the Grade" booklet, students simply present a valid military ID card and proof of an overall "B" or better average to the Kwajalein Exchange. Students may receive one coupon package for every qualifying report card, but may enter the savings bond drawing only once per calendar year.

Kwajalein families can contact the Exchange at 52143 for more information about "You Made the Grade."



The Army & Air Force Exchange Service is a joint command and is directed by a Board of Directors which is responsible to the Secretaries of the Army and the Air Force through the Service Chiefs of Staff. The Exchange has the dual mission of providing authorized patrons with articles of merchandise and services and generating non-appropriated fund earnings as a supplemental source of funding for military Morale, Welfare and Recreation programs. To find out more about the Exchange history and mission or to view recent press releases please visit our Web site at <http://www.shopmyexchange.com>.





# Kwajalein Post Office has tips to make your holiday mailing needs run smoothly

## Hourglass Reports

**T**he holiday season is fast approaching and the Kwajalein Post Office wants to make sure all your packages and holiday cards get sent out on time.

To guarantee delivery for holiday packages, you should send them out by the end of November. That was a few days ago, so if you haven't done it yet, be sure to do it this week.

When sending your packages back to the States, you must have a customs form on a parcel larger than a normal-sized letter. If it is under one pound, use the small customs form. If it is over one pound, use the large customs form.

We know that you have family in friends in the States as well as here on Kwajalein. If you are

sending holiday cards or letters to Kwajalein residents, you must have the following information:

- Complete return address (including APO, AP 96555).
- Complete address of recipient.
- Must write 'MPS' in upper right-hand corner; it serves as your stamp.

If information is missing, your letter cannot be delivered.

If you would like to send a package to someone on Kwaj, we recommend ringing the doorbell and making a run for it. But, if you would like to send it through the mail, you address the package like you would a letter — with complete recipient address, return address and 'MPS' in upper right-hand corner. Please realize that MPS mail is not considered priority when mail is being sorted.

The Holiday Post Office Shuttle

Service offered by Automotive Services began Nov. 30 at 10 a.m. and ends on Dec. 31 at 12:30 p.m. Shuttle Service hours are as follows: 10 a.m.-12:39 p.m. and 3-6 p.m., Tuesday, Thursday, Friday and Saturday, 10 a.m.-12:30 p.m. on Wednesday. Please call 53341 or 58294 for service. Customers must travel with their package(s) to their quarters.

The holidays are the busiest time of the year for mail — not only outgoing, but incoming as well. Please check your mailboxes every day, even if it is not a mail day. Boxes tend to get full quickly and overflow.

If you would like to know if the mail has been processed or is still being processed on mail days, check the white board at the package pick-up window for information and updates on flights.

# Kwajalein moms and sons dance the night away at GLOW event

By Heidi Rowell  
Contributor

Sunday night on Kwajalein was all about GLOW. At least it was for the elementary school boys and their moms. The George Sietz Elementary School PTO sponsored its annual mother/son event in the multi-purpose room. Most of the boys were covered head to toe with glow necklaces. Many of them were very creative in their designs. They were told to wear all black on the invitations, beautifully created by Carla Warren, so they could look like glowing, dancing robots. The door greeters, Keith Brady and Austin Skinner, helped the boys adorn themselves with the 450 glow necklaces ordered for the event. Although not as elaborate as the boys, the moms also adorned several glow necklaces and looked fabulous booging down with their sons.

The room was equipped with the Disco Ball provided by Dick Shields. Strobe lights and neon signs illuminated the dance floor. The Vet's Hall generously allowed the PTO to use their black lights that created a very cool glowing effect for the room. Bill and Sylvia Jones also let



Trevan Nelson shows off his best dance moves for all the moms.

Photos by John Breen

the PTO use their disco lights that cast multi-colored lights that moved to the beat of the music. There was always a group of kids under those lights, mounted on the stage area, perfecting their dance moves. Busy taking pictures of all the dance action was John Breen.

There have been several mother/son themes over the past couple of years, including Lego Night and Star Wars Night, but the PTO decided to keep the event much like the annual Father/Daughter dance. The biggest difference was the Space Bar, operated by Kendall and Avonlea Westhoff

and Lisa Ansley, who served up delicious drinks like Coke floats, snow cones, Orange Julius and strawberry smoothies. All drinks were topped with whipped cream and gummy candy. The boys seemed to really like the special drinks judging by the smiles on their faces.

The music kept the boys and moms dancing for hours. There was more break dancing going on than this island has probably ever seen. Not to be outdone, the moms were more than eager to do the Macarena dance a few times. Surprisingly, a large number of the boys knew that dance as well. Allison Kickhofel, whose theme for the music play list was "Dancing through the decades," supplied the music for the dance. The DJ extraordinaire for the evening was Johnny Hadley dressed as Elvis. He provided the great mix of 50's music, disco, hip/hop and even some good old rock in roll. The night was complete with a little bit of freeze dancing and ever-popular Congo line.

It was a fun night for the elementary school boys and their moms on the island. A couple of the boys said it was the best mother/son night yet. Hopefully they will remember it forever as a great night out with their moms.



It's easy to see all the sons had a blast dancing and at the annual mother/son dance in the MP Room.



The boys wore black and fashioned themselves with glow necklaces.





Jacob Long impresses everyone with his breakdancing skills.



Kwajalein moms and sons do the Macarena together at the annual mother/son event.



The boys get silly dancing on the stage in their 'glow-wear' at the mother/son dance in the MP Room.



## Five Soldiers die in overseas contingency operations

**Lance Cpl. Ardenjoseph A. Buenagua**, 19, of San Jose, Calif., died Nov. 24 while conducting combat operations in Helmand province, Afghanistan. He was assigned to 1st Combat Engineer Battalion, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

**1st Lt. William J. Donnelly IV**, 27, of Picayune, Miss., died Nov. 25 while conducting combat operations in Helmand province, Afghanistan. He was assigned to 3rd Battalion, 5th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

**Pvt. Devon J. Harris**, 24, of Mesquite, Tex., died Nov. 27 in Wardak province, Afghanistan, of wounds suffered when insurgents attacked his unit with a rocket-propelled grenade. He was assigned to the Brigade Special Troops Battalion, 10th Mountain Division, at Ft. Polk, La.

**1st. Lt. Scott F. Milley**, 23, of Sudbury, Mass., died Nov. 30 in Logar province, Afghanistan, of wounds suffered when insurgents attacked his unit using small arms fire. He was assigned to the 2nd Battalion, 30th Infantry Regiment, 4th Brigade Combat Team, 10th Mountain

Division, Fort Polk, La.

**Lt. Col. Gwendolyn A. Locht**, 46, of Fort Walton Beach, Fla., was medically evacuated from Kandahar, Afghanistan, on May 22 for treatment of a non-combat related illness. She died Nov. 16 in Houston, Texas. Locht was assigned to the 96th Inpatient Operations Squadron, Eglin Air Force Base, Fla.

KRS and CMSI Job Listings for On-Island Positions will be available at the Kwajalein, Roi-Namur and Ebeye Dock Security Check Point bulletin boards, the bulletin board by the Continental Travel Office, the Roi-Namur Terminal/Post Office bulletin board and at Human Resources in Building 700. Job Listings for Contract Positions will be available at [www.krsjv.com](http://www.krsjv.com), on the bulletin board by the Continental Travel Office and on the Roi-Namur Terminal/Post Office bulletin board. Full job descriptions and requirements for Contract openings are located online at [www.krsjv.com](http://www.krsjv.com).

KRS employment applications are continually accepted for Casual Positions in the Community Services Departments, Medical Department and the HR Temp Pool. Some of the Casual positions are: Recreation Aides, Medical Office, Media Services Specialist, Substitute Teacher, and HR Temp Pool Office Support. Questions? Call 54916.

#### LOST

BLUE water bottle with black flip-top lid. Last seen at Ivey Gym. Call 54876.

TORTOISE shell prescription sunglasses. Please call 51160 at work or 55613 at home.

#### WANTED

ESPRESSO maker and little tykes style plastic slide in good condition. Call 53693.

TWO-DRAWER file cabinet in good condition. Call Barb at 52728 or 52262.

WESTERN Digital WDHD player and also any large external drives to archive DVD library. Call 53290.

## Religious Services

### Catholic

5:30 p.m., Saturday, in Island Memorial Chapel.  
9:15 a.m., Sunday, in Island Memorial Chapel.

### Protestant

8 and 11 a.m., Sunday, on Kwaj.  
Roi-Namur service at 7 p.m. on Friday

### Baptist

9:40 a.m., Sunday, in elementary school music room.

### Latter-day Saints

10 a.m., Sunday, in CRC, Room 3.

### Jewish services

Second Friday of the month in the REB. Times will vary. Contact the Chaplain's office, 53505, for more

#### PATIO SALE

TODAY, 11 a.m.-4:15 p.m. and Monday, 8 a.m.-noon, quarters 124-F.

MONDAY, 6:30 a.m.-noon, quarters 229-B.

MONDAY, 8 a.m.-noon, quarters 121-E. New toys and games, kids and adult clothes and shoes, blankets, beach chairs, DVDs, games for Wii and Xbox 360, PSP with games, dance shoes and dance clothes.

MONDAY, 8-11 a.m., quarters 214-B. Assorted household items.

#### FOR SALE

ORCHIDS and other plants. Please call 50939 or come by at 473-A.

CHRISTMAS tree, 7 feet tall, excellent condition, \$40; christmas lights, \$5 each and girl's dresses, size 14, great for christmas, dance or special occasions, worn once, \$25 each. Call 52544.

DISHWASHER, butcher block top, fits in 400 series housing, \$100. Please call Bryan at work, 51433, or home, 52036.

GIANT simple bike, white, decent condition, rides well, \$100. Call 52434 and leave a message.

RECLINER, \$75; queen-size bed frame, \$125; JVC TV/VCR, \$25; Panasonic VCR, \$25; clock radio/CD player, \$10 and assorted plants. Call 51034 between 7 a.m.-9 p.m.

Portable Dishwasher for 400 series with attachments to connect permanently, \$100 and Dell laptop Vostro A860 1.6 GHZ, 2GB ram, 140 GB hard drive, Vista OS, like new, \$400. Call Bryan at work, 51433, or at home, 52036.

THREE scooters, one year old, A5 large 200 millimeter wheel Razor, normal Razor and a kick-and-go scooter, \$20 each or all three for \$50. Call 52642.

AQUARIUM, 30 gallon, hood light, filter system, many extra parts, \$75. Call 53759.

CANNONDALE Prophet mountain bike, 2008, full suspension, light weight brushed aluminum frame, zero rust, excellent condition, retails for \$1,800, asking \$1,000 or best offer. Call Jason at 52663.

PROM dresses, many colors and styles, dance shoes and dance clothes. Call 53221.

DELL Inspiron 2650 laptop with case, \$100 and Dell flat screen monitor, 22 inch, \$100. Call Dennis at 51850 or 54489.

RED SEADOO, 2002, needs new engine or rebuilt, boat shack 30, \$500; red and tan Renell boat, 19 feet, inboard-motor, needs fiberglass work, with boat shack 52, \$6,000; Lamborghini female bike, \$25; waterproof housing for iPod Nano, second generation, \$20; Puma soccer shoes, women's, size seven, used twice, \$15; two male Sun bicycles, \$75 each and camping utensils set, new, \$20. Call BJ at 52279 or 52222 or email [brianne.l.mcdonald@gmail.com](mailto:brianne.l.mcdonald@gmail.com).

CAL 20 SAILBOAT, good condition, new mooring lines, bottom recently cleaned, includes extra parts, safety

#### KRS/CMSI/BAI Employees Only

Employees enrolled in the company-sponsored health benefit plan will be required provide the necessary documents to your FCE HR Benefits Representatives in order to maintain dependent coverage or add new dependents to your health benefit plan. If you haven't submitted the DEV form and/or documents yet, you must do so by Dec. 15. Contact your FCE HR Benefits Representatives at 50939 or 51888 with any questions. Forms, FAQs and additional information are available on the HR Sharepoint site.

gear, storage shed with tools and four HP outboard kicker motor, \$5,000. Call 51357 or 50617 for more information.

PANASONIC microwave, 1100 watt, kitchen size, \$60. For more information, please call Jane at 53704.

COLUMBIA mark II sailboat, 26 feet, in the water on one year, mooring, dinghy and 5HP motor, boat shack, trailer, five sails in excellent condition, CD/iPod/radio/stereo, 2009 10HP Honda kicker, toilet, sink, VHF radio, life sling, barbeque grill, 406 EPIRB, swim platform, sleeps four, everything hook and is a great boat, sailed to many places here at Kwaj and to Namu Atoll, buying a bigger boat, \$12,000. Call Ryan Vahle 52222 or 52590.

BAYLINER Trophy, 1990, 23 feet; Twin Yamaha, 2006, 115HP, four-stroke engine, 140 gallon internal fuel tank and new trailer, \$35,000. Call 58240.

CROWN LINE boat, 27 feet, all fiberglass, V hull fishing cruiser, 350 mercruiser, plus 15 HP, boathouse 309 and trailer. Call to inquire at 59662 or e-mail: [hammerheadherb@hotmail.com](mailto:hammerheadherb@hotmail.com).

BOAT LOT 19 with Cal 20 and mooring, \$1,500 or best offer and Pontoon raft, \$300 or best offer. Call Dennis at home, 54676, or work, 54321.

FRIGIDAIRE energy star dehumidifier, 70 pint, new, \$275. Please call Jay at 52529 or 53651.

QUEEN-SIZE Sleep Number bed, \$1,000 or best offer; Sony TV, 27 inch, with remotes, \$100 or best offer and Sony receiver, \$50. Call 52674.

FISHER-PRICE space saver high chair, three-position recliner, height adjustment, converts to a booster seat for toddler dining, \$45. Call Stephanie at 51213 if interested.

SOLEUS air dehumidifier, CFM-40E, 40 pint, very quiet, \$110. Please call 52853.

SOMNIO Westridge women's running shoes, size eight, used twice, \$40; USB PC game controller plus two shooting games, \$20 and full-size collapsible camera tripod in great condition, \$30. Call 51621.

## Café Pacific

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 11
Pot Roast	Beef tips in burgundy	Italian meatballs	Pork cutlets	Huli huli chicken	Beef round	Broiled porkchops
Herb broiled chicken	Breaded veal cutlet	Grilled chicken	Chili mac	Soyu salmon	Turkey pot pie	Hawaiian pizza
Huevos Rancheros	Three cheese quiche	Spaghetti	Hawaiian steak	Veggie thai noodles	Baked tofu	Three cheese pizza
Grill: Brunch station open	Grill: Brunch station open	Grill: Pasta bar	Grill: Gribaldi sub	Grill: Teriyaki burgers	Grill: N/A	Grill: Mushroom burger
Tonight	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Sausage lasagna	Short ribs	BBQ pork butt	Salisbury steak	Carved beef	Roast porkloin	Pancakes
Veggie lasagna	Chicken paprikash	Turkey/peapod stir-fry	Chicken curry	Chicken in pineapple	Beef tips	Fried chicken
Turkey tetrazzini	Veggie quesadillas	Ranch style beans	Oriental stir-fry	Broiled ono	Penne in tomatos	Smoked ham



## COMMUNITY NOTICES

SANTA'S arrival parade and the Christmas tree lighting is today. Santa will arrive between 5-5:15 p.m. at the Small Boat Marina with the following parade being between 5:15-6 p.m. The 43rd annual Tree Lighting ceremony will be from 6:15 p.m.-sunset and will feature local performers a drawing for AAFES prizes. At 7 p.m. the Community Band will hold a concert featuring holiday favorites.

IN PREPARATION of the Tree Lighting ceremony, bike racks will be moved out of the downtown area today and the entire downtown area will be closed to bike traffic as of 1 p.m. Your cooperation is appreciated.

KARAOKE night, we heard your voices and as of Dec. 5 karaoke will be at 8 p.m.-1 a.m. every Sunday at Ocean View. Questions, call Darren Moore at 55599.

LADIES, it's time for our annual CWF Christmas Ornament Exchange and dinner at 5 p.m., Dec. 5, in the R.E.B. Join us for a delicious dinner and a roaring good time with a Yankee Christmas gift ornament exchange. Questions? Contact the Chapel Office for Paige, 50900, or Cindy, 52370.

NEED ROOM for Santa's gifts at your house? Clean out your children's closets and donate those toys to the Bargain Bazaar. Drop off during business hours or call 53686 for pick up at your quarters on Dec. 6.

THE DOWNTOWN Kwaj area will be under event construction setting up tents, tables, chairs, bleachers and a portable stage from Nov. 30-Dec. 7. Please use caution while in the area.

CYSS Start Smart Tee Ball 2011 parent and child skill development program is open to boys and girls ages three to five in Pre-K. Register from Dec. 7-Jan. 8. Program dates are from Jan. 26-March 2. Stop by CYSS Central Registration Office, Building 358 for Program Registration or call 53796 for more info.

CYSS Youth baseball, softball, coach pitch and tee ball registration is open from Dec. 7-Jan. 8. Player fee is \$45. The season dates are from Jan. 20-March 12. Open to everyone in kindergarten through sixth grade. Volunteer coaching opportunities available. Registration and league information at CYSS Central Registration Building 358 or contact 52158.

THE NEXT Kwajalein School Advisory Council meeting is at 7 p.m., Dec. 8, in the Elementary School Coconut room.

PARENTS, the Dinner Around The World potluck is from 5:30-7:30 p.m., Dec. 11 in the Coconut Room at the Elementary School. Registration dates are Nov. 24-Dec. 8. Visit CYSS Central Registration to sign up. This event is open to all CYSS registered families.

GIRL TALK is in need of Christmas decorations for the Laundromat. All donations will be graciously accepted until Dec. 11. If you would like to donate, please contact Masina McCollum at 51459. Help spread Christmas cheer.

CELEBRATE the holidays luau style with fellow Kwajalein Scuba Club members at 6:30 p.m., Dec. 12, at the Pacific Club. Main dish, beverages and entertainment provided. Please bring a side dish to share. Free to members. Contact Jeff Griswold at [ibjgriswold@yahoo.com](mailto:ibjgriswold@yahoo.com) for more



# Holiday Band Concerts

## Community Band Christmas Carol Concert

After tree-lighting ceremony, Dec. 4

## Junior/Senior High Choir and Band Holiday Concert

7 p.m., Dec. 9, MP Room

## Elementary Choir and Band Holiday Concert

7 p.m., Dec. 14, MP Room



information and to RSVP.

THE REB will be displaying Nativity sets of all varieties from the hobby shop, homemade, and sets from around the world from 6-8 p.m. on Dec. 13. Come see the displays, enjoy the Christmas spirit and eat some Christmas treats. If you want to display a nativity set call Erikka at 59815.

KRS/CMSI/BAI Dependent Eligibility Verification deadline is Dec. 15. Please submit to Marilyn Engvall, FCE Benefit Representative at [Marilyn.Engvall.ctr@smck.smck.army.mil](mailto:Marilyn.Engvall.ctr@smck.smck.army.mil) documents to FCE Benefits for a Jan. 1 effective date. If the eligible employee needs to request the documents from [www.vitalchek.com](http://www.vitalchek.com), [www.vitalrec.com](http://www.vitalrec.com), or another source, please allow for USPS mailing times so the documents arrive prior to the deadline and approximately four to six weeks for processing and receipt of such documents is needed.

KWAJALEIN Jr/Sr High School and CYSS "A Holiday Art Exhibit" is from 6:30-8 p.m. on Dec. 16 at the Namo Weto Youth Center. Come view the fabulous artwork created by our Island teens and help choose which pieces will be selected to enter the Boys and Girls Club of America National Fine Arts Contest.

SIGN UP for the December Birthday Bash by Dec. 16 for the Dec. 18 bash. Stop by the Retail Services Office Building 805 to sign up. Must be 21 years old to enjoy your complimentary cocktails and cake. Questions, call the Retail Office at 58228.

HOLIDAY POST OFFICE Shuttle Service offered by Automotive Services will begin Nov. 30 at 10 a.m. and end Dec. 31 at 12:30 p.m. Shuttle service hours are from 10 a.m.-12:30 p.m. and 3 p.m.-6 p.m. on Tuesday, Thursday, Friday and Saturday. Wednesday service is from 10 a.m.-12:30 p.m. Customers must travel with their packages to their quarters. Please call 53341 or 58294 for service.

SMALL BOAT MARINA winter hours, November to February, are 1-6 p.m. on Thursday, 7:30 a.m.-6 p.m. on Friday through Monday and closed Tuesday and Wednesday.

THE AMERICAN LEGION AUXILIARY is looking for a few good women to join our ranks. Any woman who has a father, grandfather, mother, brother, sister, son, or daughter who

has served honorably in the past or is currently serving in the military is eligible to join. In addition, any woman who served and was honorably discharged can join the ALA. We are a patriotic organization that supports troops and their families and disabled vets. If you wish to join, please contact Amy at 52681 for further information.

THE BARGAIN BAZAAR needs your donations. Pick-ups are scheduled for the first Monday of each month. Call 53686 and leave your name, phone, and quarters number.

GEORGE SEITZ ELEMENTARY SCHOOL will be holding our third annual Used Book/Game Fair in March 2011. We need donations of used books, games and educational DVDs. Donations can be dropped off at the school or a member of the PTO can pick them up from you. All types of books, paperback, hardback, fiction, non-fiction, young readers, etc. If you have any questions or need items to be picked up please call Jennifer, 52200.

DURING THE BAKERY and Café Pacific renovation project, please stay clear of work area downtown to allow staff to safely complete their work.

THE PEST Management Department is asking for help. With the almost continuous rain for the last month, water is accumulating and not evaporating quickly as usual. Mosquitoes are developing in the standing water; it takes about four to seven days to develop from egg to adult. Please ensure any receptacle that will hold water is emptied daily such as flower pots and saucers, bike trailers, sea shells, recycling trash containers and sagging patio covers. Help reduce the mosquito population throughout the atoll. Please call 54840 or 54738 with any questions.

SURFSIDE SALON is open Monday through Friday except two Fridays a month we are on Roi. We have same day and next day appointments available. We also take walk-ins everyday when slots are open. Call 53319 for appointments. Watch for all natural products coming to the salon soon.

Bingo is canceled until the end of December. Questions? Contact Retail Services at 53933.

NEW YEARS Eve bingo blow-out is coming soon. Questions, call Darren Moore at 55599.

## Café Roi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 11
Pork Loin	Chicken Chilaquiles	Chicken and Pesto	Rubbed Ribs	Cuban Sandwich	French Dip Sandwiches	Teri-Burgers
Chicken	Beef Machaca	Cheddar Meatloaf	Baked Chicken	Ropa Vieja Beef	Corn Dogs	Turkey Dumplings
Sweet Potatoes	Pico de Gallo	Pasta Primavera	Potato Wedges	Roast Potatoes	Vegetable of the Day	Home fries
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Dec. 11
Pork Cutlets	Baked Chicken	Teriyaki Chicken	Carved steamship	Fried Chicken	Pizzas	Beef Shoulder
Dijon Chicken	Pot Roast	Ginger Mahi	Turkey Pot-Pie	Grilled Pork	Cheese Manicotti	Pasta
Marinated Vegetables	Garlic Mashed Potatoes	Fried Rice	Corn on the Cob	Biscuits and Gravy	Vegetable of the Day	Vegetable of the Day

EFFECTIVE Jan. 5, Continental Micronesia's island hopper will experience schedule changes. Flight 956 to Majuro and Honolulu will arrive on Kwajalein at 6:35 p.m. and depart at 7:30 p.m. on Mondays, Wednesdays and Fridays. Check-in will be from 4:15-5:45 p.m. Flight 957 to Kosrae, Pohnpei, Chuuk and Guam will arrive on Kwajalein at 10:25 a.m. and depart at 11 a.m. on Tuesdays, Thursdays and Saturdays. Check-in will be from 9:30-10 a.m. The Kwajalein International Flight Schedule may be viewed on the USAKAWEB business Intranet on the Logistics-Chugach page. Please contact Aviation Commercial Services at 52660 with questions.

INTERNATIONAL students are invited to join the US Coast Guard Academy (USCGA) Class of 2015. Only 36 cadets will receive USCGA scholarships. The four-year program offers undergraduates a bachelor's degree in science or engineering along with military training. Applicants must have an excellent command of the English language, be between 17-23 years old, and take the SAT or ACT. The deadline for submission is March 15. For more information visit USCGA's website at USCGA.edu or call (860)7016678.

THE AMERICAN Legion Auxiliary would like to thank all the third and fifth graders for writing letters to the troops and for all your donations of goodies and supplies. Because of you, we were able to send 28 troops some letters and a care package for Christmas. Thanks also to Post 44 for helping with postage and packaging. You really make a difference.

ONE OF THE seven routine sampling points within the reclaim water distribution system on Kwajalein frequently does not meet the chlorine residual standard. Although this situation does not require you to take any precautions, public notification is required annually under these circumstances. It is important to note that the water entering the distribution systems is acceptable and all other sampling points meet or exceed compliance standards. Samples taken thus far have been negative for the presence of coliform bacteria. Please contact the Utilities Department at 51847 or the Environmental Department at 51134 if you have any questions regarding this notice or the suitability of the water systems.

ORDER your holiday bakery needs such as cakes, pies, breads and pastries early. Stop by the Mobile Kitchen from 6 a.m.-noon on Tuesday-Saturday to place your orders. Questions? Call the bakery at 53445.

HURRY, schedule your catered holiday party with us or plan your catering pick-up. Limited dates available. Call 53338 for details.

RECENT sightings of small Portuguese Man-of-War, dime-size, have been identified oceanside on Kwajalein. Take extra precautions when you are in the water. To prevent injuries, avoid the areas they frequent. They are commonly

oceanside but have been seen in the lagoon and around beaches as well. Symptoms of a sting are burning, redness, stinging, swelling of lymph nodes and long welt lines. In severe reactions, difficulty breathing and cardiac arrest may occur. If stung, rinse the area with plenty of water and remove tentacles by rinsing with water or lifting off with a credit card. If the reaction is severe, contact emergency services.

REMINDER to all residents that it is USAKA policy that when walking your pet you have items capable of picking up and disposing of animal feces. There have been numerous reports of residents walking their pets over the last few weeks that have not been picking up after their pets. Please be good neighbors and pick up after your pet.

SAFELY SPEAKING. Teach your children the basic rules of the road. If your child has an electric powered vehicle, or power wheels, teach him or her to use it safely. Do not ride it on the road.

TEACH OUR KIDS to be green. Turn off your lights, computer and TV when not in use. Don't let water run continuously when brushing your teeth. Use cotton or recycled material bags instead of plastic. Recycle your plastic bags and used paper.

DEEP-FRYING safety. Place the fryer in an open area away from all walls, fences or other structure. Raise and lower food slowly to reduce splatter and avoid burns. If a fire occurs immediately call 911. Do not attempt to extinguish the fire with water.

## Recreational Diving

Effective immediately, recreational diving is not allowed when the dive chamber is unavailable. The 50 ft dive limit, previously indicated by the No. 6 pennant at the harbor, has been suspended pending a review by USAKA. Until further notice, the No. 6 pennant means "NO DIVING PERMITTED."

Hours when the dive chamber is normally available, unless down or committed for mission support are:

Sunday-Monday 7:30 a.m.-6 p.m.

Tuesday-Wednesday 7 a.m.-4 p.m.

Thursday-Saturday 7 a.m.-6 p.m.

Designated holidays 7 a.m.-4 p.m.

All other periods the chamber is considered unavailable and under the interim command directive, no SCUBA diving is permitted.

## Patriotic Christmas Card Contest

On very short notice, staff and students created 143 Christmas cards for soldiers in Afghanistan and Iraq. It was a very hard choice picking the winning Christmas card because all the cards were so thoughtfully created for our soldiers.

### Winner

Lauren Sykes, 3rd Grade with teachers Alex McGlenn and Anne Alrick



### Winner

Ben Jahnke, 5th Grade, with teacher Anne Jahnke



Honorable mentions: Maliana McCollum, Kindergarten teacher Jennifer Cossey Kim O'Rourke, 1st grade teacher Kathi Dover Talisa Provolt, 1st grade teacher Karen Brady Hannah Finley, 2nd grade teacher Kathleen Schroeder Rickiana Andrew, 4th grade teacher Deanna Cain Matthew Grimes and 6th grade teacher Tarah Yurovchak

## Weather courtesy of RTS Weather

Sunday: Mostly sunny, 10 percent showers. Winds: ENE-ESE at 5-10 knots.

Monday: Partly sunny, 20 percent showers. Winds: NE-E at 8-13 knots.

Tuesday: Partly sunny, 20 percent showers. Winds: NE-ESE at 9-14 knots.

Wednesday: Mostly sunny, 10 percent showers. Winds: ENE at 10-15 knots.

Thursday: Mostly sunny, 10 percent showers. Winds: ENE at 10-15 knots.

Friday: Mostly sunny, 10 percent showers. Winds: NE-ESE at 9-14 knots.

Annual total: 84.35 inches

Annual deviation: -8.37 inches

Call 54700 for updated forecasts or visit [www.rts-wx.com](http://www.rts-wx.com).

## Sunrise/set Moonrise/set High Tide Low Tide

Sunday	6:50 a.m./6:29 p.m.	6:00 a.m./5:56 p.m.	3:38 a.m., 3.5' 3:54 p.m., 4.8'	9:29 a.m., -0.3' 10:23 p.m., -0.6'
Monday	6:51 a.m./6:29 p.m.	6:58 a.m./6:53 p.m.	4:18 a.m., 3.5' 4:31 p.m., 4.8'	10:06 a.m., -0.4' 11:00 p.m., -0.6'
Tuesday	6:51 a.m./6:29 p.m.	7:55 a.m./7:50 p.m.	4:55 a.m., 3.4' 5:06 p.m., 4.7'	10:42 a.m., -0.4' 11:35 p.m., -0.5'
Wednesday	6:52 a.m./6:30 p.m.	8:48 a.m./8:45 p.m.	5:30 a.m., 3.3' 5:41 p.m., 4.5'	11:17 a.m., -0.2'
Thursday	6:52 a.m./6:30 p.m.	9:37 a.m./9:36 p.m.	6:05 a.m., 3.2' 6:15 p.m., 4.3'	12:10 a.m., -0.4' 11:51 p.m., 0.0'
Friday	6:53 a.m./6:31 p.m.	10:22 a.m./10:25 p.m.	6:39 a.m., 3.0' 6:48 p.m., 4.0'	12:44 a.m., -0.1' 12:25 p.m., 0.2'
Dec. 11	6:53 a.m./6:31 p.m.	11:03 a.m./11:11 p.m.	7:17 a.m., 2.9' 7:24 p.m., 3.6'	1:20 a.m., 0.2' 1:01 p.m., 0.5'